



TSCAP 2026 Annual Convention Program

Welcome to Galveston!

CME Presentations Online

The link to download speaker presentations was sent via email to all registered attendees: www.txpsych.org/tscap2026-syllabus. We recommend downloading the presentations before the sessions.

Use our custom QR code to access them as well!



Exhibitor Form & Door Prizes

Visit with all our exhibitors and have them initial your **yellow** exhibitor drawing form. Submit the bottom portion with your printed name at the registration desk for the opportunity to win door prizes during refreshment breaks at 10:35am and 2:00pm. Must be present in the exhibit hall to win!

Saturday Lunch, 12:00 – 1:00 pm

Legislative update (you will have an orange dot on your name badge if you registered for lunch)



Sunday TSCAP Annual Business Meeting Breakfast, 8:00 – 9:00 am

Must be registered for the breakfast (you will have a blue dot on your name badge if you registered)



SATURDAY CME

Evaluation –

CME requirement

Please use this QR code to access the electronic evaluation for our SATURDAY CME program and speakers:



SUNDAY CME

Evaluation –

CME requirement

Please use this QR code to access the electronic evaluation for our SUNDAY CME program and speakers:



Foundation Donation

Use this QR code to make a donation to the Texas Foundation for Psychiatric Education and Research





Texas Society of Child and Adolescent Psychiatry

2026 Annual Convention and Scientific Program

PROGRAM SCHEDULE

Friday, July 17

4:30 pm – 8:30 pm	Registration
4:30 pm – 6:00 pm	Exhibitor Set-Up
5:00 pm – 6:30 pm	TSCAP Executive Committee Meeting
6:30 pm – 8:00 pm	Welcome Reception with Exhibitors and Poster Session

Saturday, July 18

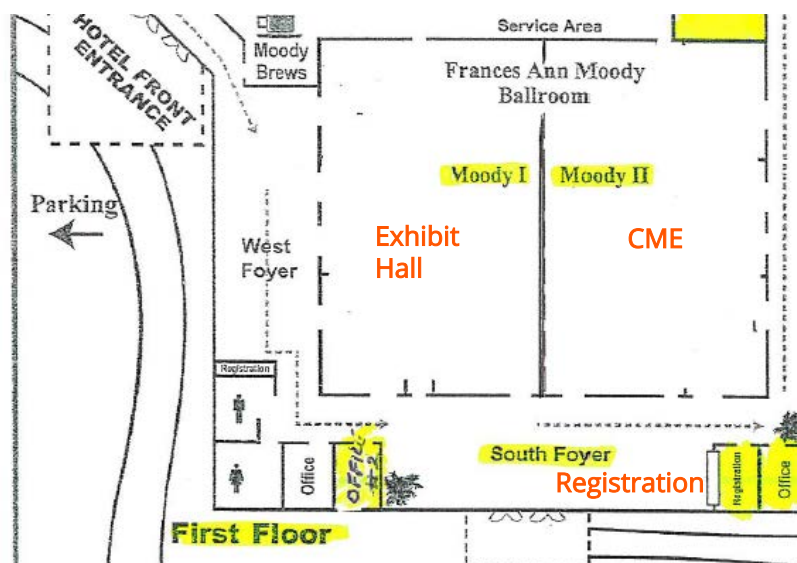
Six (6) AMA PRA Category 1 Credits™

7:00 am – 3:00 pm	Registration
7:30 am – 8:15 am	Continental Breakfast with Exhibitors and Poster Session
8:15 am – 4:30 pm	CME Scientific Program
9:15 am – 9:35 am	Refreshment Break with Exhibitors and Poster Session
10:35 am – 10:55 am	Refreshment Break and Door Prizes with Exhibitors and Poster Session
12:00 pm – 1:00 pm	Luncheon & Legislative Update
2:00 pm – 2:20 pm	Refreshment Break and Door Prize with Exhibitors and Poster Session
2:30 pm	Exhibit Hall and Poster Session End
5:00 pm – 7:15 pm	Psychiatry in Cinema

Sunday, July 19

Two (2) AMA PRA Category 1 Credits™

8:00 am – 1:00 pm	Registration
8:00 am – 9:00 am	TSCAP Annual Business Meeting and Breakfast
9:00 am – 1:00 pm	Scientific Program





Texas Society of Child and Adolescent Psychiatry

2026 Scientific Program

“Advances in Child and Adolescent Psychiatry: Evidence-Based Treatment, Emerging Therapies, and Systems of Care”

8 AMA PRA Category 1 Credits™

with 4 of the Hours designated for Medical Ethics/Professional Responsibility

SCIENTIFIC PROGRAM SCHEDULE

Saturday July 18, 2026

8:05 am – 8:15 am

Opening Remarks

8:15 am – 9:15 am

Transdiagnostic Psychopharmacology: Managing Multiple Comorbidities

Steven R. Pliszka, MD

Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Identify common patterns of psychiatric comorbidity in children and adolescents that complicate medication selection and sequencing.
- Prioritize treatment targets when managing co-occurring ADHD, mood, anxiety, and behavioral disorders.
- Apply transdiagnostic principles to medication selection and sequencing in complex clinical presentations.
- Evaluate the risks and benefits of polypharmacy when managing youth with multiple psychiatric diagnoses. Refreshment Break with Door Prize Drawings, Exhibitors, and Poster Session

9:15 am – 9:35 am

Refreshment Break with Exhibitors and Poster Session

9:35 am – 10:35 am

Clinical and Neurobiological Advances in Ketamine and ECT for Children and Adolescents

Joao Luciano de Quevedo, MD, PhD

Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Apply current evidence and consensus guidelines for the use of ketamine and ECT in children and adolescents with severe, treatment-resistant psychiatric disorders.
- Incorporate developmental and family-centered considerations into shared decision-making for somatic treatments in pediatric populations.
- Compare ketamine and ECT in pediatric practice with respect to speed of response, durability, safety, and clinical appropriateness.
- Discuss emerging research, regulatory considerations, and future directions in somatic treatments for pediatric psychiatry.

10:35 am – 10:55 am

Refreshment Break with Door Prize Drawings, Exhibitors, and Poster Session

10:55 am – 11:55 am

Emerging Evidence and Clinical Translation in Transcranial Magnetic Stimulation

Emine Rabia Ayvaci, MD

Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Apply current evidence and clinical guidance to the appropriate use of transcranial magnetic stimulation (TMS) in children and adolescents with psychiatric disorders.
- Implement age-appropriate TMS protocols, dosing parameters, safety monitoring, and outcome evaluation in pediatric populations.
- Evaluate safety and tolerability considerations, including consent/assent and family-centered care.
- Recognize evolving research, regulatory considerations, and future directions impacting the use of TMS in child and adolescent psychiatry.

12:00 pm – 1:00 pm

Legislative Luncheon

1:00 pm – 2:00 pm

Psychopharmacology Update on Management of Irritability and Aggression in Youth with ASD

Alice Mao, MD

Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Identify first-line medications for managing behavioral symptoms in autism.
- Discuss emerging or evidence-supported pharmacologic agents for autism-related symptoms.
- Differentiate treatment strategies for ASD with co-morbid ADHD, anxiety, or mood disorders.
- Assess risks and benefits of off-label prescribing and complementary agents.
- Apply case-based medication decision-making to complex autism presentations.

2:00 pm – 2:20 pm

Refreshment Break with Door Prize Drawings, Exhibitors, and Poster Session

2:20 pm – 4:20 pm

Ethics Panel: Advancing Child and Adolescent Mental Health Care Through Collaboration with Texas Local Mental Health Authorities

Carol Nati, MD, MS, DLFAPA; Amber Pastusek, MD, MSHA

Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Describe the role of Texas LMHAs/LBHAs in the public behavioral health system for children, adolescents, and transition-age youth, including state-mandated services and levels of care.
- Identify LMHA-provided resources for youth and families, including outpatient services, crisis services, mobile crisis teams, intensive community-based programs, and wraparound supports.
- Navigate access to LMHA services in Texas, including eligibility criteria, intake and referral pathways, and coordination with Medicaid, schools, child welfare, and juvenile justice systems.
- Collaborate effectively as community providers with LMHAs/LBHAs to expedite referrals, ensure continuity of care, and address high-risk clinical situations.
- Recognize ethical, legal, and systems-based challenges unique to publicly funded child and adolescent mental health care, including consent/assent, confidentiality, and care transitions.

4:20 pm - 4:30 pm

Closing Remarks

Sunday July 19, 2026

9:00 am – 9:15 am

Opening Remarks

9:15 am – 11:15 am

Ethics: Developmentally Informed Advocacy and Accommodations Across Childhood and Adolescence

Seema Jacob, PsyD; Myesha Morgan, PhD; Joseph Guillory, MD, PSS

Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Describe the role of Early Childhood Intervention (ECI) and related early support systems in addressing developmental, behavioral, and mental health needs in preschool-age children.
- Recognize ethical considerations unique to early childhood, including developmental vulnerability, parental decision-making, and best-interest standards.
- Differentiate educational accommodation mechanisms, including Section 504 plans and Individualized Education Programs (IEPs), as they relate to psychiatric diagnoses and functional impairment.
- Discuss psychiatric considerations in homebound instruction, school reintegration planning, and manifestation determinations.
- Address ethical and clinical considerations in shared decision-making, guardianship, and capacity assessment for transition-age youth.
- Recognize population-specific considerations, including autism spectrum disorder and other neurodevelopmental conditions, during the transition to adulthood.

11:15 am – 11:30 am

Closing Remarks

CME PROGRAM OBJECTIVES / TARGET AUDIENCE This live activity has been designed with didactic lectures supplemented with panel discussion, clinical vignettes, audiovisual presentations, case presentation and discussion in multiple educational sessions. The program is designed to provide its target audience of Child and Adolescent Psychiatrists, Adult Psychiatrists, Pediatricians and Primary Care Physicians with clinically relevant information to advance the physicians' competence so that they may develop strategies to apply the knowledge, skills and judgement from the educational activity into their practice. Physicians often encounter patients that have both psychiatric and neurologic symptoms related to a single etiology. These conditions are inherently complex and often require additional considerations and collaboration between specialties. The objectives of this program aim to equip the attendees with the ability to better assess and care for patients with a variety of diagnoses, treatment options, and special needs.

IDENTIFIED PRACTICE GAPS / NEEDS ASSESSMENT

TSCAP has incorporated into this CME activity the relevant educational needs concerning competence that underline the professional practice gaps of our participants.

ACCREDITATION STATEMENT This activity has been planned and implemented in accordance with the Essential Areas accreditation requirements and policies of the Texas Medical Association (TMA) through the Joint Providership of the Texas Society of Psychiatric Physicians and the Texas Society of Child and Adolescent Psychiatry. TSPP is accredited by the TMA to provide continuing education for physicians.

CREDIT STATEMENT The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of eight (8) *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

MEDICAL ETHICS and/or PROFESSIONAL RESPONSIBILITY STATEMENT The Ethics Presentation: “Advancing Child and Adolescent Mental Health Care Through Collaboration with Texas Local Mental Health Authorities” has been designated by the Texas Society of Psychiatric Physicians for a total of two (2) credits of education in medical ethics and/or professional responsibility. The Ethics Presentation: “Developmentally Informed Advocacy and Accommodations Across Childhood and

Adolescence” has been designated by the Texas Society of Psychiatric Physicians for a total of two (2) credits of education in medical ethics and/or professional responsibility.

FACULTY AND PLANNERS DISCLOSURE POLICY In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered to the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the education activity. TSPP will disclose to learners the existence (or non-existence) of all relevant financial relationship(s) that the faculty and planners did (or did not) have with any ineligible companies concerned with the content of the educational presentation. Disclosure will occur prior to the presentation through written communication.

Disclosure of Relevant Financial Relationships

Texas Society of Child and Adolescent Psychiatry

Annual Convention & Scientific Program

“Advances in Child and Adolescent Psychiatry: Evidence-Based Treatment, Emerging Therapies, and Systems of Care”

July 18-19, 2026

Policies and standards of the Texas Society of Psychiatric Physicians, Texas Medical Association, the Accreditation Council for Continuing Medical Education, and the American Medical Association require that speakers and planners for continuing medical education activities disclose any relevant financial relationships they may have with commercial interests whose products, devices or services may be discussed in the content of a CME activity.

The following Speakers and Planners for this CME activity have NO relevant financial relationships to disclose:

PLANNERS — Executive Committee and Program Committee

Aurif Abedi, MD	Faiz Khan, MD
Alcides Amador, MD	Mohsin Khan, MD
Denise Baughn, MD	Mili Khandheria, MD
Jamon Blood, MD	Micah Knobles, MD
Dieter Burckhardt	Jacquelyn LaGrone, MD
Kaylee Davis-Bordovsky, MD	Jasmine Liu-Zarzuela, MD
Melissa DeFilippis, MD	Robin Mallet, MD
Andrew Diederich, MD	Sarah Martin, MD
Lisa Falls, MD	Ranna Parekh, MD
Kavelle Gosine, MD	Michael Preston, MD
Shahzain Hasan, MD	Nakia Scott, MD
Catherine Karni, MD	Joseph Shotwell, MD
Katie Kerr, MD	Sarah Wakefield, MD

SPEAKERS

Emine Rabia Ayvaci, MD	Myesha Morgan, PhD
Joseph Guillory, MD, PSS	Carol Nati, MD, MS, DLFAPA
Seema Jacob, PsyD	Amber Pastusek, MD, MSHA

The following Speakers for this CME activity have relevant financial relationships to disclose:

Steven R. Pliszka, MD

Supernus Pharmaceuticals — Expert Witness

João L. de Quevedo, MD, PhD

Research Support, paid to institution — LivaNova; Neumora Therapeutics; Johnson & Johnson; Alto Neuroscience; Compass Pathways

Consultant — LivaNova; Libbs

Speaker / Honoraria — Intra-Cellular Therapies; EMS; Libbs; Johnson & Johnson; Viatrix

Royalties — Grupo A/Artmed; Elsevier/Academic Press

Alice R. Mao, MD

Supernus; Otsuka; TRIS — Honorarium

All relevant financial relationships have been mitigated in accordance with the ACCME/TMA Standards for Integrity and Independence in Accredited Continuing Education.



Texas Society of Child and Adolescent Psychiatry
Annual Convention & CME Program

THANK YOU TO OUR EXHIBITORS

AbbVie

Alora Pharmaceuticals

American Professional Agency

Kendra Scott

MagVenture

Professional Risk Management Services

Qbtech, Inc.

**TAMU Naresh K. Vashisht College of Medicine,
Dept. of Psychiatry**

**Texas Foundation for
Psychiatric Education and Research**

**UT Health Houston –
Behavioral Science Campus**

EXHIBIT SCHEDULE

Friday, July 17th

4:30pm – 6:00pm	Exhibit Hall Setup
6:30pm – 8:00pm	Welcome Reception with Exhibitors

Saturday, July 18th

7:30am – 2:30pm	Exhibit Hall
7:30am – 8:15am	Breakfast with Exhibitors
9:15am – 9:35am	Refreshment Break with Exhibitors
10:35am – 10:55am	Refreshment Break and Door Prize Drawings with Exhibitors
12:00pm – 1:00pm	Government Affairs Lunch Program for Paid Registrants
2:00pm – 2:20pm	Refreshment Break and Door Prize Drawings with Exhibitors
2:30pm	Exhibit Hall Closes



Texas Society of Child and Adolescent Psychiatry
2026 Annual Convention and Scientific Program

POSTER PRESENTATIONS

Please make plans to visit with and express your appreciation to the dedicated Medical Students and Resident/Fellow Members that participated in this year's Poster Session!

Posters will be on display July 17th and 18th

Baptist Hospitals of Southeast Texas

*Cannabis-Based Treatments for Core Autism Symptoms in Children and Adolescents:
An Updated Systematic Review*

Aditi Sarker, MD, MPH; Muhammad Yusuf, MD, PGY1; Hobab Aslam, MD, PGY3; Dakota Carter, MD

Baptist Hospitals of Southeast Texas

*Impact of tVNS on Executive Functions and Behavioral Outcomes &
As a Potential Treatment Modality for Comorbid ADHD and Autism Spectrum Disorder:
Literature Review and Clinical Perspectives*

Gursimrat Bhatti, MD; Aditi Sarker; Pari Desai; Raheel Memon; Dakota Carter

Baylor College of Medicine

*Focused or Frightened? A Literature Review and Supplemental Case of
Stimulant-Associated Psychosis in a Pediatric Patient with ADHD and ASD*

Chase Robinson, MS4; Gracie Onyia, MS; Rima Abram, MS; Saumia Thomas, DO; Sohail Nibras, MD

Baylor College of Medicine

*Diagnoses and the Divine: Understanding Psychosis in the
Context of Religion and Spirituality with Literature and Retrospective Chart Review*

Gracie Onyia, MS2; Sahiti Pydimarri, MS; Rima Abram, MS; Chase Robinson, MS; Sohail Nibras, MD

Baylor College of Medicine

Predictors of Prolonged Hospitalization in Pediatric Catatonia: The Role of Age and Lorazepam Dose
Julia Gex, MS2; Jeff Huynh, BSA; Sohail Nibras, MD

Baylor College of Medicine

*The Future of Pediatric Psychiatry Documentation? Understanding the Effects of Ambient
AI Scribes on Clinician Practices at the Largest Children's Hospital in the United States*

Laura Valderrábano, MS; Salonee Shah; Andrew Wang; Aiesha Polakampalli; Anh Truong

Baylor College of Medicine

Catastrophic Neurological Consequences of Poorly Controlled Mood Disorders in Adolescents
Michelle Miao, MS3

Baylor College of Medicine

Behind the Bellyache: Undiagnosed Adolescent Anxiety Masked as an Acute Trichobezoar
Nevin Lewis, MS2; Jenny E Lee, MD

Baylor College of Medicine

*When Gains Impact the Brain: Literature Review with Case Exploring a Potential Link
Between Creatine Supplementation and Psychosis with Catatonia*

Rima S. Abram, MS2; Gracie Onyia, MS; Chase Robinson, MS; Kara Shannon; Jenny Lee

Baylor College of Medicine

A Turning Point: Ketamine in Complex Pediatric OCD — Literature Review with a Case
Teresa Lyons, MS2; Madeline Graham, MD; Mary Louisa Angly, MD; Sohail Nibras, MD

Center for Addiction Medicine, Massachusetts General Hospital

It's Not Just a Phase, Mom: The Psychiatric Burden of Climate Worry in Middle and High School Students
Pranav Jayaraman, MD, MPH; James McKowen; Jasmeen Kaur; James McKowen

Cleveland Clinic

*Protective Factors Against Psychological Distress in Heavy Social Media-Using Adolescents:
A Cross-Sectional Analysis of the 2023 Youth Risk Behavior Survey*

Parth Modi; Shivani Malavia, MBBS; Preya Rana; Avinash Rathod, MPH; Zeeshan Mansuri



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Dell Medical School – UT Austin

*Acute Effects of aiTBS on Adolescent Cognition:
Secondary Outcomes from A Pilot Trial*

Dharsan Selvakumar, MS2; Emma Ableman, MS4

JPS

*Digital Technology in Pediatric Mood & Behavioral Disorders:
Social Media Risks and AI-Driven Therapeutic Interventions*

Faiz Khan, MD; Umer Jalil, MD, PGY-3

McGovern Medical School at UTHealth Houston

*Longitudinal Predictors of Medication Adherence in Children and Adolescents
with ADHD Using Measurement Based Care*

Paris Nix, MS3; Kerri L. Daniel, BS; Bruno Kluwe-Schiavon, PhD; Cesar A. Soutullo, MD, PhD

TIGMER Psychiatry

Scrolling Into a Diagnosis:

Social Media and ADHD Self-Diagnosis in Adolescents

Emerson Thomas, DO; Madeline Wallach, DO; Candace Romo, MD

University of New Mexico School of Medicine

Beyond Family Structure:

The Impact of Systemic Macro-Stressors on Pediatric Mental Health in Single-Parent Households

Abdalrahman Elaksher, MS2; Mohammad Murtuza, MD; Majd Hawwar, MD

UTMB

*Real-World Outcomes of Ketamine and Esketamine in
Adolescent Treatment-Resistant Depression: A Matched Cohort Study*

Angel Nguyen, MS3; Uneeb Ullah, MS; Adeeb Ahmed; Thomas Wieck

UTMB

Brighter Minds Through Brain Buddies:

A Qualitative Analysis of a Behavioral Health Focused After-School Program

Anika Sinha, MS4; Snehal Kumar, BS; Akshaya Venkatesh, BA, MS; Noah Joseph, BS; Samantha Davis, BS

UTMB

*Trends in Telemedicine Utilization and Childhood ADHD Diagnoses:
A 15-year Retrospective Analysis*

Chikobi Ezenwukwa, MS3; Caitlyn Long, BS; Thomas Wieck, MD

UTRGV Psychiatry

Toys as Tools:

The Role of Play in Rapport-Building

Faiza Ahmad, MD; Umer Jalil, MD

UTRGV Psychiatry

Psychiatric Comorbidities in Esports Athletes:

A Review of the Current Literature

Umer Jalil, MD; Faiza Ahmad, MD

UTSW Medical Center

Strengthening the Pipeline:

*Launching the Resident/Fellow Member Section
of the Texas Society of Child and Adolescent Psychiatry*

Jasmine Liu-Zarzuela, MD, MPH

You're Invited!



JOIN US FOR AN EVENT WITH KENDRA SCOTT!

DATE & TIME

July 17th and 18th
VIRTUAL GIVEBACK

Visit www.kendrascott.com and use code **GIVEBACK-MIBIB** at checkout!

DETAILS

Join us for a give back event with Kendra Scott! and 20% of your purchase will benefit the **Texas Foundation for Psychiatric Education and Research.**



**Texas Foundation for
Psychiatric Education and Research**

Code is valid 7/17/26 – 7/18/26