

# [TSPP 2026 Spring Conference Program](#)

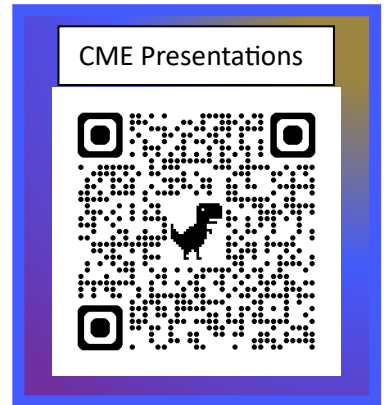
Thank you for joining us this weekend in Austin for the TSPP Spring Committee Meetings & CME Program!

## CME Presentations Online

The link to online speaker presentations was sent via email to all registered attendees:

[www.txpsych.org/tspp-spring-2026-syllabus](http://www.txpsych.org/tspp-spring-2026-syllabus)

**Please note that Wi-Fi will not be available in the meeting rooms. We strongly encourage attendees to download the CME presentations to your phone/laptop before arriving.**



## Exhibitor Form & Door Prizes

Visit with all our exhibitors and have them initial your **GREEN** exhibitor drawing form.

Submit the bottom portion with your printed name on Saturday for the opportunity to win door prizes during refreshment breaks at 11:50am and 2:50pm. Must be present in the Exhibit Hall at time of drawings to win.

## Saturday Lunch, 12:10 – 1:10 pm

Posthumous Award Presentation for A. David Axelrad, MD

Legislative update by the Federation of Texas Psychiatry Public Policy Consultant, Eric Woomer.

*Registered/Paid Luncheon Attendees Only – your badge will have an orange dot on it*



## Saturday Dinner Reception, 7:15 – 9:00 pm

Following the CME Program Saturday, unwind alongside colleagues and friends at our dinner reception.

*Registered/Paid Dinner Attendees Only – your badge will have a blue dot on it*



## Sunday Executive Council Breakfast Meeting, 9:00 – 11:00 am

### Online Program Evaluation – CME requirement

Please use this QR code to access the electronic evaluation for our CME program and speakers:

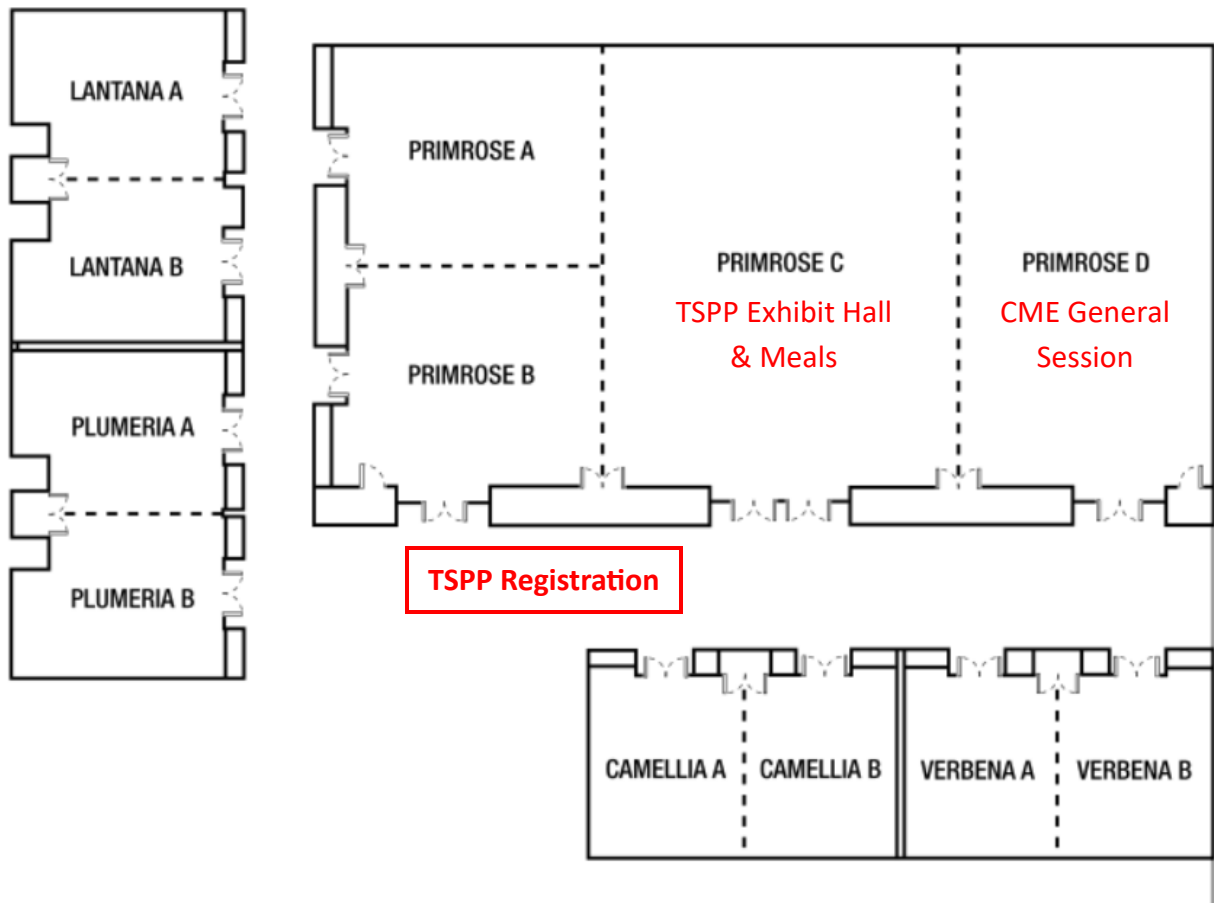


### Attendee Information

View all conference information included in your attendee packet using this QR code below:



# MEETING ROOMS



Barton

Restaurant

TSPP

Hotel Lobby

&

Entrance

## The Westin Austin at The Domain

11301 Domain Dr, Austin, TX 78758

Self-parking:

0-4 Hours - \$8.00 (plus tax)

4-8 Hours - \$16.00 (plus tax)

8-24 Hours - \$24.00 (plus tax)

Valet parking:

0-4 Hours - \$18.00 (plus tax)

4-8 Hours - \$26.00 (plus tax)

8-24 Hours - \$34.00 (plus tax)



# TSPP Spring Committee Meetings and Continuing Medical Education Program



April 24-26, 2026 • The Westin Austin at The Domain

## “Contemporary Issues and Innovations in Psychiatric Practice”

### PROGRAM SCHEDULE

#### Friday, April 24

4:00 pm – 8:30 pm	Registration	
5:00 pm - 6:00 pm	Texas Academy of Psychiatry Board of Trustees Meeting	.Plumeria B
5:00 pm – 6:00 pm	Chapter Leadership Forum Meeting	.Plumeria A
5:00 pm – 6:00 pm	TSCAP Executive Committee	.Lantana A
6:00 pm – 7:30 pm	Federation Delegate Assembly Meeting	.Plumeria A
7:30 pm – 9:30 pm	Member Mixer and Sponsored Teva Presentation	.Primrose D

#### Saturday, April 25

7:00 am – 7:00 pm	Registration	
7:00 am – 8:15 am	Foundation Board of Directors Breakfast Meeting	.Lantana B
7:30 am – 9:30 am	Continental Breakfast	.Primrose C
7:30 am - 6:00 pm	Exhibits & Posters	.Primrose C
8:30 am – 10:00 am	<b>COUNCIL ON LEADERSHIP MEETINGS</b>	
	• Ethics Committee	.Camellia B
	• Distinguished Fellowship Committee	.Lantana B
	• Finance Committee	.Plumeria A
	• Professional Practice Management Committee	.Plumeria B
	• CME Committee	.Verbena A
	• Resident-Fellow Training Section	.Verbena B
10:00 am – 10:20 am	Refreshment Break with Exhibitors and Poster Session	.Primrose C
10:20 am – 11:50 am	<b>COUNCILS ON SERVICE &amp; EDUCATION MEETINGS</b>	
	• Academic Psychiatry Committee	.Lantana B
	• Children & Adolescents Committee	.Camellia B
	• Forensic Psychiatry Committee	.Plumeria A
	• Public Mental Health Services Committee	.Plumeria B
11:50 am – 12:10 pm	Refreshment Break and Door Prize Drawings with Exhibitors and Poster Session	.Primrose C
12:10 pm – 1:10 pm	Lunch Program (and Government Affairs Council on Advocacy Meeting)	.Primrose C
1:10 pm – 7:10 pm	<b>SCIENTIFIC PROGRAM:</b> “Contemporary Issues and Innovations in Psychiatric Practice”	.Primrose D
2:50 pm – 3:10 pm	Refreshment Break and Door Prize Drawings with Exhibitors and Poster Session	.Primrose C
7:15 pm – 9:00 pm	Dinner Reception	.Barton

#### Sunday, April 26

8:30 am – 9:30 am	Registration	
9:00 am – 11:00 am	Executive Council Breakfast Meeting	.Primrose D

# DISCLOSURE OF RELEVANT FINANCIAL RELATIONSHIPS

Texas Society of Psychiatric Physicians

“Contemporary Issues and Innovations in Psychiatric Practice”

April 25, 2026

Policies and standards of the Texas Society of Psychiatric Physicians, Texas Medical Association, the Accreditation Council for Continuing Medical Education, and the American Medical Association require that speakers and planners for continuing medical education activities disclose any relevant financial relationships they may have with commercial interests whose products, devices or services may be discussed in the content of a CME activity.

## The following Speakers and Planners for this CME activity have **NO** relevant financial relationships to disclose:

R. Andrew Harper, MD, DFAPA	Planner	Michael Miller, MD	Planner
John Casada, MD, PhD, FAPA	Planner	Jefferson Nelson, MD	Planner
Alcides Amador, MD	Planner	Omar Pinjari, MD	Planner
Elin Barth-Berg, MD	Planner	Michael Rayel, MD	Planner
Andrew Brylowski, MD	Planner	Marsal Sanches, MD, PhD	Planner
Deepti Chopra, MD	Planner	Leslie Secrest, MD, DLFAPA	Planner
Jessica Dasch, MD	Planner	Asim Shah, MD	Planner
Karen Duong, DO	Planner	Monika Thangada, MD	Planner
Melissa Eshelman, MD, DFAPA	Planner	Susan Wynne, MD	Planner
Gary Etter, MD	Planner	Jordan Yee, MD	Planner
Maher A. Karam Hage, MD, FAPA	Planner	Dieter Burckhardt	Planner
Sheila LoboPrabhu, MD	Planner	Sowmya Boddhula, MD	Speaker
Muruga Loganathan, MD	Planner	Viv Babber, MD	Speaker
Michael McClam, MD	Planner	Manizeh Mirza-Gruber, MD	Speaker

## The following Speaker for this CME activity has financial relationships to disclose:

D. Jeffrey Newport, MD, MS, MDiv has received research support from Eli Lilly, Glaxo SmithKline (GSK), Janssen, Magnus Medical, the National Alliance for Research on Schizophrenia and Depression (NARSAD), the National Institutes of Health (NIH), Navitor, Reunion Neuroscience, Sage Therapeutics, Supernus Pharmaceuticals, Takeda Pharmaceuticals, the Texas Health & Human Services Commission, the US Department of Defense (DOD), and Wyeth. He has served on speakers' bureaus and/or received honoraria from Astra-Zeneca, Eli Lilly, GSK, Pfizer and Wyeth. He has served on advisory boards for GSK, Janssen, Merck, and Sage Therapeutics. He has served as a consultant to Sage Therapeutics. Neither he nor family members have ever held equity positions in biomedical or pharmaceutical corporations.

**These relationships have been reviewed & determined not to be relevant to the content of this CME activity.**

### CME PROGRAM GOAL / TARGET AUDIENCE

This live activity has been designed in a format consisting of case study presentations, lectures and direct discussion to provide its primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice. Information and data will address new developments in treatments and new directions in research to address the professional practice gaps of the learners and advance the physicians' competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of

the information presented in the educational activity into their practice. The learning objectives for this activity have been designed to address clinician -competence.

### NEEDS ASSESSMENT

TSPP has incorporated into this CME activity the relevant educational needs concerning competence that underline the professional practice gaps of our participants.

### ACCREDITATION STATEMENT

The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

### CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of five (5) *AMA PRA Category 1 Credits*<sup>SM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

### ETHICS DESIGNATION STATEMENT

The presentation entitled “Artificial Intelligence in Psychiatry: Foundations for Ethical and Responsible Clinical Practice” has been designated by the Texas Society of Psychiatric Physicians for one and half (1.5) hours of education in medical ethics and/or professional responsibility.

### FACULTY AND PLANNER DISCLOSURE POLICY

The Texas Society of Psychiatric Physicians will disclose to participants the existence of any relevant financial relationships between faculty members, TSPP staff, and members who planned, authored, contributed to, and/or reviewed the content of this activity, and any commercial interest discussed in this educational activity. Disclosure will occur through written communication in the syllabus/handout material.



# TSPP Spring Committee Meetings and Continuing Medical Education Program

April 25, 2026 • The Westin Austin at The Domain



## “Contemporary Issues and Innovations in Psychiatric Practice”

5 AMA PRA Category 1 Credits™ with 1.5 of the Hours designated for Medical Ethics/Professional Responsibility

### Maternal-Fetal Psychiatry: Managing Psychiatric High-Risk Pregnancies

1:20-2:50pm (maximum 1.5 credit hours)

D. Jeffrey Newport, MD, MS, MDiv

**Objectives:** The learning objectives for this activity have been designed to address clinician competence.

Upon conclusion of the activity participants should be able to:

- Understand the prevalence of prenatal mental illness and maternal use of CNS active medications during pregnancy.
- Describe the potential adverse impact of maternal mental illness during gestation including its impact on maternal health behaviors, obstetrical and delivery complications, and fetal neurodevelopment.
- Identify the risks and benefits of psychotropic treatment during pregnancy and lactation.
- Use a model for a rational application of psychotropic reproductive safety data to prenatal decision making.

### Thyroid Disorders – What every Psychiatrist Should Know

3:10-4:10pm (maximum 1 credit hour)

Sowmya Boddhula, MD

**Objectives:** The learning objectives for this activity have been designed to address clinician competence.

Upon conclusion of the activity participants should be able to:

- Identify common endocrine disorders.
- Know when to refer to an endocrinologist.
- Be cognizant of how endocrine disorders may exacerbate/contribute to psychiatric symptoms.

### Ethics: Artificial Intelligence in Psychiatry: Foundations for Ethical and Responsible Clinical Practice

4:20-5:50pm (maximum 1.5 credit hours)

Viv Babber, MD

**Objectives:** The learning objectives for this activity have been designed to address clinician competence.

Upon conclusion of the activity participants should be able to:

- Build AI literacy and fluency to recognize appropriate versus high-risk AI applications in psychiatric practice, including clinical and operational tools, while identifying governance, bias, and patient-safety risks.
- Evaluate AI tools through an ethical and regulatory lens, applying state requirements and organizational guidelines to protect patient trust and uphold professional accountability.
- Develop the capability to lead proactive, responsible AI adoption and implementation within private practice and clinical settings, grounded in sound governance and clinical judgment.

### Mindfulness in Practice: Everyday Tools for Healing, Presence, and Connection

6:00-7:00pm (maximum 1 credit hour)

Manizeh Mirza-Gruber, MD

**Objectives:** The learning objectives for this activity have been designed to address clinician competence.

Upon conclusion of the activity participants should be able to:

- Identify and practice key elements of several mindfulness-based teachings and practices.
- Apply simple practices of formal and informal mindfulness into their daily life for themselves and others and experience its many mind-body healing benefits.
- Connect more mindfully in thought, word, and action both personally and professionally.

#### CME PROGRAM GOAL/TARGET AUDIENCE

This live activity has been designed in a format consisting of case study presentations, lectures and direct discussion to provide its primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice. Information and data will address new developments in treatments and new directions in research to address the professional practice gaps of the learners and advance the physicians' competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in

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# TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

## Spring Committee Meetings and Continuing Medical Education Program

### POSTER PRESENTATIONS

*Please make plans to visit with and express your appreciation to the dedicated Medical Students and Resident/Fellow Members that are participating in this year's Poster Session!*

#### UTRGV School of Medicine

##### *Blurred Lines: Visual Dysfunction and the Diagnostic Challenge of Pediatric ADHD*

Kaylin Arpaia, MS4

Alcides Amador, MD - Psychiatry Clerkship Director and Assistant Professor at UTRGV

#### Department of Psychiatry and Behavioral Science at UTHealth Houston

##### *Phenotype-based Multi-gene Pharmacogenetic Burden and Its Association with Baseline Severity and Short-term Outcomes in a Tertiary Mood Disorders Clinic*

Marina Seixas Studart e Neves

Joao L. De Quevedo, Md, PhD – Executive Director of the Center for Interventional Psychiatry, McGovern;  
Giselli Scaini, PharmD, PhD - Assistant Professor in Fialice, McGovern; Camilla Gusmao, MD – Research Assistant of the Center for Interventional Psychiatry, McGovern;  
Howard Junior, M.Sc., PhD – Research of the Department of Morphology, Federal University of Ceara, Brazil

#### Baylor College of Medicine

##### *Exposure and Escalation: Pornography Addiction as a Catalyst for Aggression and Sexual Compulsion in Adolescents*

Margaret Hancock, MS2

Idrees S. Chaudhry, BS; Eric J. Choi, BS; Gabriella F. Rodriguez, MD; Sohail A. Nibras, MD

#### Baylor College of Medicine

##### *More Than Mutism: Catatonia as a Neuropsychiatric Manifestation of Intracranial Neoplasms*

Harris Hafeez, BS

Idrees S. Chaudhry, BS; Eric J. Choi, BS; Gabriella F. Rodriguez, MD; Sohail A. Nibras, MD

#### Austin Family Psychiatry/ Westlake High School

##### *PESoMind: A Dance-Based Intervention for Adolescent Stress Management and Emotional Regulation*

Tara Srinivasan

Afshan Khan, MD

#### Sam Houston State University College of Osteopathic Medicine

##### *Management of Steroid-Induced Psychosis and Mania in a Patient with Bipolar I Disorder and Ulcerative Colitis: A Case Report*

Hamza Alhasan, MS

Zaryab Alam, BSA; Asad Ansaria; Faiz Khan, MD

#### Texas Institute for Graduate Medical Education and Research - Psychiatry

##### *Clinical Capacity Assessment in Psychiatric Inpatients: A Focused Review of Current Evaluation Strategies and Influencing Factors*

Kaitlyn Thompson, DO

Morgan Haag, DO - TIGMER Psychiatry - PGY-2; Bradley D'Souza, DO - TIGMER Psychiatry - PGY-1  
Arianne Felicitas, DO - TIGMER Psychiatry - PGY-3; Rohini Mehta, MD - UIWSOM - Faculty Mentor

#### Dell Medical School

##### *Social Support, PTSD, and Depression Following Cognitive Processing Therapy in Pregnant Women*

Emma Ableman, MS3

Jeni Wade, LCSW-S, Department of Psychiatry and Behavioral Sciences Dell Medical School  
Valerie Rosen, M.D., Department of Psychiatry and Behavioral Sciences Dell Medical School  
Jeffrey Newport, M.D., M.S., Department of Psychiatry and Behavioral Sciences Dell Medical School  
Erin Richardson, MSN, RN, PMHNP-BC, Department of Psychiatry and Behavioral Sciences Dell Medical School

#### University of the Incarnate Word

##### *Glutamate Receptor Modulation in Treatment-Resistant Obsessive-Compulsive Disorder: A Systematic Review of Ketamine and Memantine*

Rima Romolia, MS3

Melissa Teets, MS3, University of the Incarnate Word School of Osteopathic Medicine  
Ramaswamy N. Sharma, PhD, MS, HDSE, Former Professor of Histopathology, University of the Incarnate Word School of Osteopathic Medicine

#### The University of Texas at Austin Dell Medical School

##### *Chemsex Among Gay, Bisexual, and Men Who Have Sex with Men: Stigma and Perceived Lack of Social Support as Barriers to Cessation*

Paul Fliedner, MS3

Jake Samora, M.A., Ph.D. Student, University of Texas at Austin Steve Hicks School of Social Work;  
Freda Coren, M.D., University of Texas at Austin Dell Medical School; Phillip Schnarrs, Ph.D., University of Pittsburgh School of Public Health

#### University of Texas Rio Grande Valley School of Medicine

##### *"Consult Psych": Diagnostic Overshadowing in Medicine – A Literature Review & Case Study*

Faiza Ahmad, MD

Umer Jalil, MD

#### University of Texas Rio Grande Valley

##### *Intersecting Psychosocial Stressors:*

##### *Islamophobia, Conflict-Related Media Exposure, and Mental Health Outcomes Among Muslim Populations in Western Countries*

Abeer Toma, MS4

Samah Jabr MD, Razan Sadi

#### Texas College of Osteopathic Medicine

##### *Nigella sativa ('Black Seed') and Psychiatric Outcomes in Muslim Populations*

Zaid Nathani, MS3

Zaid Qaddura

#### Round Rock High School

##### *Baseline Symptoms and Treatment Sessions in Patients Receiving Ketamine-Assisted Psychotherapy in an Outpatient Clinic*

Eshal Umar

Qazi Javed MD



TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

# THANK YOU TO OUR CONFERENCE SPONSORS

## PLATINUM SPONSOR



## GOLD SPONSORS



## EXHIBITORS

- |  |   |
|--|---|
| Abbvie                                       | Qbtech Inc.   |
| American Professional Agency                 | Teva Medical Affairs                                    |
| Austin Psychiatric Society                   | Teva Pharmaceuticals                                    |
| Geode Health                                 | Texas Foundation for Psychiatric Education and Research |
| HealthTech USA                               | The Menninger Clinic                                    |
| Kendra Scott                                 | UTMB – Correctional Mngd. Care                          |
| Professional Risk Management Services (PRMS) |   |

### EXHIBIT SCHEDULE

Saturday, April 25th

7:00am	Exhibit Hall Setup
7:30am – 4:00pm	Exhibit Hall
10:00am – 10:20am	Refreshment Break with Exhibitors
11:50am – 12:10pm	Refreshment Break and Door Prize Drawings with Exhibitors
12:10pm – 1:10pm	Government Affairs Lunch Program for Paid Registrants
2:50pm – 3:10pm	Refreshment Break and Door Prize Drawings with Exhibitors

# *Shine Bright, Do Good*



JOIN US FOR A KENDRA GIVES BACK EVENT

## DATE & TIME

Saturday, April 25, 2026  
10:00 am - 1:00 pm

## DETAILS

**Kendra Gives Back to the  
Texas Society of Psychiatric Physicians!**

Enjoy shopping for good! 20% of all purchases will benefit the Texas Foundation for Psychiatric Education and Research!

Can't make it? Shop online at [KendraScott.com](https://KendraScott.com) using the code below  
4/25/26-4/26/26

**GIVEBACK-LRFKM**



KENDRA SCOTT



Texas Foundation for  
Psychiatric Education and Research

To make a charitable contribution directly to the Texas Foundation for Psychiatric Education and Research, visit [www.txpsych.org/foundation](http://www.txpsych.org/foundation) or scan this QR code:

