

# Texas Psychiatrist



## Join Us Next Month in Austin!

Brigitte Bailey, MD, President, Texas Society of Psychiatry Physicians

It's not too late to register for the TSPP Spring Conference and CME Program, April 19-21 in Austin. Learn the latest about "Cutting Edge Issues in Psychiatry" including: Behavioral Strategies to Manage Aggression and Agitation; Medications for Opioid Use Disorder; Recognizing and Responding to Child Sex Trafficking; and Special Legal Issues for Adults with Mental Illness. Presented by experts in the industry, these CME sessions will provide you with information that is sure to help you in your practice.

The Spring Conference will be at the Westin at the Domain in Austin, surrounded by the thriving Domain area including retail, nightlife, restaurants, group activities, and more. TSPP has negotiated a discounted rate at the Westin if you reserve by April 5th. Friday and Saturday morning, TSPP

Committees will be meeting to plan for the year ahead. If you are interested in joining a TSPP committee, sign up at <https://www.txpsych.org/tspp/committees>. Register to attend the Saturday Legislative Luncheon, where our Public

The CME program will begin after lunch and offer up to 5 *AMA PRA Category 1 Credits™*, then will be followed by a Dinner Reception for registered attendees and guests. Our receptions are always the highlight of each conference, providing atten-



Brigitte Bailey, MD

Join us April 19-21 in Austin for the TSPP Spring Conference and CME Program. The CME sessions will provide you with information that is sure to help you in your practice.

Policy Consultant Eric Woomer will provide an Advocacy Update regarding elections and the upcoming legislative session. We will also be presenting the Special Service Award during the luncheon, honoring Stephen Saklad, PharmD of San Antonio.

dees to catch up with colleagues and friends while enjoying delicious food and libations. You can register online at <https://www.txpsych.org/tspp2024spring-meeting/>. TSPP is seeking nominations from

Chapter Leaders for Award Recipients who will be honored during the TSPP Annual Convention in November during the Awards Banquet. Please submit your recommendations for outstanding leadership by April 15th, and the TSPP Nominating Committee will review candidates prior to the TSPP Spring Conference. Please email [txpsychiatry@txpsych.org](mailto:txpsychiatry@txpsych.org) with any questions. I hope to see you all in Austin! ■



## A Productive Year

Melissa Eshelman, MD, DLFAPA, President of the Texas Academy of Psychiatry

After the TSPP 2023 Spring Meeting, I assumed responsibility for leading the Texas Academy of Psychiatry. Our excellent former TAP president, Mike Arambula, and TAP leadership decided during his tenure to offer regular and short CME opportunities for TAP members, as well as TSPP and TSCAP members. Our Executive Director, Dieter Burkhardt, assisted with coordinating these webinars. On June 10, TAP provided the first 2-hour CME webinar on the topic: **Psychopharmacology: Risk Management and Legal Implications of Prescribing**. We had over 50 members and non-members in attendance and excellent feedback.

On September 9, TAP hosted **Risk Management: Requests for Information**

**and Liability for the Acts of Others**. On December 12, TAP hosted the 3rd CME webinar, **Minimizing Risk When Treating Depressed and Suicidal Patients & Top 10 Risks when Providing Outpatient Behavioral Healthcare**. Both webinars were very well received, and we had excellent Q&A from our attendees. At the time I am writing this column, we have plans to host a 4th CME webinar on March 23 on the topics: **Telepsychiatry: What the Future Holds – A Risk Management Perspective and Risk Management Considerations when Documenting Medical Records**. I hope many of you were able to attend.

In addition to the 4 CME webinars this past year, TAP leadership hosted a 1hr panel discussion on November 9 at the

TSPP 2023 Fall Annual Convention and CME program to review changes in the laws that affect patient care, specifically the new laws that had taken effect following the 88th legislative session on September 1st. I am honored to have had the opportunity to lead the Texas Academy of Psychiatry over the last year. After the TSPP 2024 Spring Meeting, I will be passing on the baton to Ken Hopper, who will continue to provide outstanding leadership. For those psychiatrists reading this and who may not be familiar with Texas Academy of Psychiatry: TAP was established in 2004 to provide Texas psychiatrists with a choice of membership in organized psychiatry without the requirement of dual membership in a national organization.



Melissa Eshelman, MD, DLFAPA

Membership is available to physicians with a current medical license without restrictions and who have a residency training certificate from an approved psychiatric residency program. To apply for membership please go to <https://www.txpsych.org/academy/> or contact Dieter Burkhardt at [TAP@txpsych.org](mailto:TAP@txpsych.org). Thanks everyone! ■

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TSPP  
Spring Conference  
and Scientific Program  
**Register Now**  
**Cutting Edge Issues  
in Psychiatry**  
April 19-21, 2024  
Austin, TX



**Register Online**  
TSCAP Annual Convention  
and Scientific Program  
**Bridging the Divide:  
Improving the Integration of  
Psychiatry and Neurology**  
July 19-21, 2024  
Kalahari Resorts  
Round Rock, TX



The Federation of Texas Psychiatry has furthered our mission to serve as a United Voice for Psychiatry on social media! Follow us on Twitter @FedTXPsych; Facebook, Instagram and LinkedIn



# Texas Society of Psychiatric Physicians Spring Committee Meetings and Continuing Medical Education Program

## "Cutting Edge Issues in Psychiatry"

April 19-21, 2024  
Westin at the Domain • Austin, Texas

**R**egister and plan to attend the 2024 committee meetings and Spring CME Program of the Texas Society of Psychiatric Physicians on April 19-21, 2024 at the Westin at the Domain, 11410 Century Oaks Terrace, Austin, TX 78758.

### MEETING HIGHLIGHTS

- TSPP Spring CME Program 5 AMA PRA Category 1 Credit(s)<sup>™</sup>
- TSPP Committee Meetings – Open to all Members, including Residents and Fellows in Training
- Networking with Colleagues from Around the State of Texas
- Exhibits that offer Business Practice Tools, Malpractice Insurance and Employment Opportunities
- TSPP Government Affairs Committee & Luncheon Program
- Complimentary Refreshments for registered attendees
- TSPP Executive Council Meeting and Installation of Officers for 2024-25

### MEETING LOCATION / INFORMATION



The 2024 TSPP Spring Committee Meetings and Scientific Program is returning to the Westin at the Domain Austin, 11410 Century Oaks Terrace, Austin, TX 78758. Located in a trendy and fun Texas neighborhood, the Westin is the epitome of Austin culture. The hotel has an onsite restaurant – Urban, 24-hour Fitness Studio, and outdoor pool. The surrounding Domain area boasts upscale shopping, delicious restaurants and unforgettable nightlife.

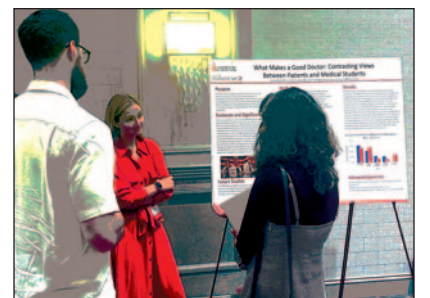
The Domain offers a wide variety of entertainment including iPic Theaters, Top Golf, Punch Bowl Social, and more!

For more things to do in Austin, visit <https://www.austintexas.org/>

### SPONSOR & EXHIBITOR INFORMATION

Exhibits will be open throughout the day Saturday to provide you with information designed to enhance your practice and improve the optimal delivery of medical care to your patients. Various Sponsorship opportunities are available as well including the Resident-Fellow Mixer, Luncheon, Dinner Reception and more. Sponsor-Exhibitor Prospectus: <https://www.txpsych.org/tspp2024springmeeting/>

**Thanks to our TSPP Exhibitors**  
*American Professional Agency*  
*Crownview Co-Occurring Institute*  
*Karuna Therapeutics*  
*Neurocrine Biosciences*  
*Otsuka*  
*Professional Risk Management Services*  
*Texas Foundation for Psychiatric Education and Research*  
*UTMB Correctional Managed Care*  
*U.S. Army*  
*Wellness Connection*



### POSTER SESSION ABSTRACT SUBMISSION

Medical Students, Residents and Fellows in Training who are members of APA/TSPP, TSCAP or TAP will have Poster Presentations on display throughout the day on Saturday, April 20th. Be sure to stop and visit with our presenters!

### HOTEL RESERVATIONS

TSPP has negotiated a small block of rooms with a discounted room rate of \$239 for reservations placed BEFORE April 5th. To take advantage of this rate, visit: <https://book.passkey.com/TSPPConference>

Booking a room within the TSPP room block is an important way to support TSPP and helps to keep the overall meeting registration fee and costs as low as possible. Booking outside of the TSPP block, or at another hotel could expose TSPP to monetary charges for attrition. Plus, staying in the hotel keeps you connected with all the activities and networking opportunities during the event. Please help us help you by booking your room at the hotel hosting the meeting and within the TSPP room block.

### PROGRAM SCHEDULE

#### Friday, April 19

- |                   |   |
|-------------------|---|
| 4:00 pm – 8:30 pm | Registration  |
| 5:00 pm – 6:00 pm | Texas Academy of Psychiatry Board of Trustees Meeting |
| 6:00 pm – 7:30 pm | Chapter Leadership Forum Meeting                      |
| 6:00 pm – 7:30 pm | TSCAP Executive Committee                             |
| 7:30 pm – 9:00 pm | Federation Delegate Assembly Meeting                  |
| 8:00 pm – 9:30 pm | Resident Fellow Mixer                                 |

#### Saturday, April 20

- |                    |   |
|--------------------|---|
| 7:00 am – 7:00 pm  | Registration                                    |
| 7:00 am – 8:15 am  | Foundation Board of Directors Breakfast Meeting |
| 7:00 am – 8:00 am  | Exhibit Hall & Poster Presentation Set Up       |
| 7:30 am – 9:30 am  | Continental Breakfast                           |
| 8:00 am – 7:00 pm  | Exhibits & Posters                              |
| 8:30 am – 10:00 am | <b>COUNCIL ON LEADERSHIP MEETINGS</b>           |

- Ethics Committee
- Distinguished Fellowship Committee
- Finance Committee
- Professional Practice Management Committee
- CME Committee
- Resident-Fellow Training Section

- |                     |  |
|---------------------|--|
| 10:00 am – 10:20 am | Refreshment Break with Exhibitors and Poster Session |
| 10:20 am – 11:50 am | <b>COUNCILS ON SERVICE &amp; EDUCATION MEETINGS</b>  |

- Academic Psychiatry Committee
- Children & Adolescents Committee
- Forensic Psychiatry Committee
- Public Mental Health Services Committee

- |                     |  |
|---------------------|--|
| 11:50 am – 12:10 pm | Refreshment Break and Door Prize Drawings with Exhibitors and Poster Session |
| 12:10 pm – 1:10 pm  | Lunch Program (and Government Affairs Council on Advocacy Meeting)           |
| 1:10 pm – 7:10 pm   | <b>SCIENTIFIC PROGRAM: "Cutting Edge Issues in Psychiatry"</b>               |
| 3:20 pm – 3:40 pm   | Refreshment Break and Door Prize Drawings with Exhibitors and Poster Session |
| 7:15 pm – 9:00 pm   | Dinner Reception   |

#### Sunday, April 21

- |                    |   |
|--------------------|---|
| 8:30 am – 11:00 am | Registration  |
| 9:00 am – 11:00 am | Executive Council Meeting and Complimentary Continental Breakfast for Meeting Registrants |

Agenda times and room assignments subject to change.





# Texas Society of Psychiatric Physicians Spring Committee Meetings and Continuing Medical Education Program

## *“Cutting Edge Issues in Psychiatry”*

5 AMA PRA Category 1 Credit(s)<sup>™</sup>

April 19-21, 2024  
Westin at the Domain • Austin, Texas

### Behavioral Strategies to Manage Aggression and Agitation

(maximum 2 credit hours)

Izabella Dutra de Abreu, MD & Daniela Vela, PhD

**Objectives:** The learning objectives for this activity has been designed to address clinician competence.

Upon conclusion of the activity participants should be able to:

- Describe behavioral strategies for intervention with aggressive/agitated patients.
- Identify appropriate behavioral approaches for the agitated patient with dementia.
- Describe the risks/benefits of behavioral interventions for aggression and agitation.

### Medications for Opioid Use Disorder

(maximum 1 credit hour)

Sidarth Wakhlu, MD

**Objectives:** The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Recognize the prevalence of OUD and how our role as physicians now is no longer rooted only in prevention by limiting prescriptions available, but in actively treating the patients with OUD.
- Appreciate the impact MOUD has on outcomes compared to behavioral interventions alone.
- Recognize the neurobiological underpinnings of opioid use disorder in order to better combat stigma.
- Identify the medications that are FDA approved for treating OUD, recognizing risks, benefits, side effects and alternatives to each.
- Identify the role of harm reduction measures in substance use disorder treatment, particularly relevant to OUD.

### Special Legal Issues for Adults with Mental Illness, Medical Illness and for Adults with Dementia

(maximum 1 credit hour)

Brittany Taylor, JD

**Objectives:** The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Identify which legal documents will be needed for patients and how these can assist the patient, based on the clinical issues.
- Have knowledge of the type of attorney who can draw up these documents.
- Understand the limitations of legal documents regarding patients.
- Have a working understanding of the following legal documents: Directive to Physicians and Family or Surrogates, Statutory Durable Power of Attorney, Medical Power of Attorney and HIPAA Release Authorization.

### Recognizing and Responding to Child Sex Trafficking

(maximum 1 credit hour)

Lora Spiller, MD

**Objectives:** The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Increase ability to recognize the signs and symptoms of human trafficking.
- Develop a clearer understanding of next steps when trafficking is suspected.
- Recognize the role of the psychiatrist in supporting trafficking survivors.
- Appreciate how an integrated healthcare approach and multidisciplinary team can improve survivor engagement.

## Committee Meeting RSVP

If you are sending a printed/ scanned registration form, please check ALL committee meetings that you are a member of and plan to attend, and return with registration and payment.

☐ **Chapter Leadership Forum**

Friday, 6-7:30pm

☐ **Federation Delegate Assembly Meeting**

Friday, 7:30-9pm

**Council on Leadership & Education Meetings**

Saturday, 8:30-10am

☐ Ethics

☐ Distinguished Fellowship

☐ Finance

☐ Professional Practice Management

☐ CME

☐ Resident-Fellow Member Section

**Council on Service Meetings**

Saturday, 10:20-11:50am

☐ Academic Psychiatry

☐ Child/Adolescent Psychiatry

☐ Forensic Psychiatry

☐ Public Mental Health Svcs

### CME Program Goal / Target Audience

This live activity has been designed in a format consisting of case study presentations, lectures and direct discussion to provide its primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice. Information and data will address new developments in treatments and new directions in research to address the professional practice gaps of the learners and advance the physicians' competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice. The learning objectives for this activity have been designed to address clinician competence.

### NEEDS ASSESSMENT

TSPP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of our participants.

### ACCREDITATION STATEMENT

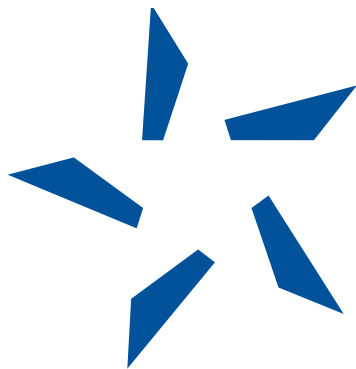
The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

### CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of five (5) *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

### FACULTY AND PLANNERS DISCLOSURE POLICY

The Texas Society of Psychiatric Physicians will disclose to participants the existence of any relevant financial relationships between faculty members, TSPP staff and members, who planned, authored, contributed to, and/or reviewed the content of this activity, and any commercial interest discussed in this educational activity. Disclosure will occur through written communication in the syllabus/handout material.



Texas Society of Psychiatric Physicians

# Spring Meeting & CME Program

April 19-21, 2024 • Austin, Texas

**MAIL...** (pay by credit card or check)  
Texas Society of Psychiatric Physicians  
401 West 15th Street, Suite 675, Austin, TX 78701

(The following options require credit card payment)  
**E-MAIL...** TSPP@txpsych.org  
**PHONE...** 512.478.0605  
**ONLINE...** http://www.txpsych.org

To remit payment online, complete this form and return to TSPP@txpsych.org via email. An email invoice will be sent to you for payment.

REGISTRATION

NAME as it should appear on badge

CREDENTIALS (for name badge)

E-MAIL ADDRESS FOR MEETING CONFIRMATION

Please check if you are a: ☐ APA Distinguished Life Fellow ☐ APA Distinguished Fellow ☐ APA Fellow ☐ APA Life Fellow ☐ APA Life Member

ADDRESS / CITY / STATE / ZIP:

PHONE/FAX

Name and city for name badge, if different than listed above:

REGISTRATION FEE

<input type="checkbox"/> SATURDAY LUNCH	\$50.00	
<input type="checkbox"/> CME PROGRAM		
TSPP / ACADEMY / TSCAP Member	\$195.00	
RESIDENT-FELLOW IN TRAINING / TSPP / ACADEMY / TSCAP MEMBER	\$45.00**	
** NO CHARGE, if your Program Training Director registers for the CME Program.		
NON-MEMBER PHYSICIAN	\$245.00	
NON-MEMBER RESIDENT-FELLOW PHYSICIAN, MEDICAL STUDENT	\$55.00	
ALLIED HEALTH PROFESSIONAL	\$180.00	
**Enter Program Director's name here:		

<input type="checkbox"/> SATURDAY DINNER		
TSPP / ACADEMY / TSCAP Member	\$60.00	
RESIDENT-FELLOW IN TRAINING / TSPP / ACADEMY / TSCAP MEMBER	\$50.00	
NON-MEMBER PHYSICIAN	\$100.00	
NON-MEMBER RESIDENT-FELLOW PHYSICIAN, MEDICAL STUDENT	\$60.00	
SPOUSE/GUEST/ALLIED HEALTH PROFESSIONAL (no CME, dinner only)	\$85.00	

Name(s) for name badge

MEETING SYLLABUS ORDER

<input type="checkbox"/> Meeting Syllabus in Color	\$155.00	
<input type="checkbox"/> Meeting Syllabus in Black & White	\$125.00	
<input type="checkbox"/> Online Meeting Syllabus	No Charge	
<input type="checkbox"/> Vegetarian Plate Requested.		
No additional fee if requested prior to March 31 otherwise there will be an additional fee of \$15.00		

 If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605.

Total Registration Fees

METHOD OF PAYMENT:

☐ Check in the Amount of \$ Make Checks Payable to Texas Society of Psychiatric Physicians

Please Charge \$ To My: ☐ VISA ☐ MasterCard ☐ American Express

Credit Card # Expiration Date:

3 or 4 Digit Code on Back of Card on Right of Signature Panel

Name of Cardholder (as it appears on card)

Signature

Our conference would not be possible without the support of our sponsors and exhibitors. Conference partners, speakers, sponsors and exhibitors will receive a list of all conference participants, including your name, organization and mailing address (no phone numbers or emails will be shared).

☐ Check here if you DO NOT want your name and information included on this list.

ADDRESS WHERE YOU RECEIVE YOUR CREDIT CARD STATEMENT (include address, city, state, zip):

CANCELLATION POLICY: In the event of cancellation, a full refund will be made if written notice is received in the TSPP office by March 31, 2024, less a 25% processing charge. NO REFUNDS will be given after March 31, 2024.





# Join us for the TSCAP Annual Convention!

Laura Stone, MD, President, Texas Society of Child and Adolescent Psychiatry



Laura Stone, MD

The topic of this year's CME program is "Bridging the Divide: Improving the Integration of Psychiatry and Neurology." The only organ deemed complicated enough to be the primary focus of two specialties is the brain. There is a bidirectional relationship between psychiatric and neurologic conditions, each at times presenting as the other. How do we divide which symptoms are due to a neurologic condition versus a psychiatric one? When does a patient need to see both specialists? Will the number of combined psychiatry/neurology residency programs or behavioral neurology and neuropsychiatry fellowships increase? One day will we co-exist within one clinic or one department so that we function as a multidisciplinary team?

As the fields of psychiatry and neurology

continue to advance, we gain an improved understanding of the etiologies, presentations, and treatments of a vast array of disorders. During the TSCAP Annual Convention and Scientific Program at Kalahari Resort in Round Rock on July 19-21, a variety of speakers will share their expertise and experiences with conditions that involve both psychiatry and neurology.

On Saturday morning, pediatric neurologist Jeff Waugh, M.D., Ph.D., from UT Southwestern will discuss how functional neurological disorders impact patients and the importance of specialized treatment. Qazi Javed, M.D., psychiatrist at Innovative Psychiatry-Austin will present on pediatric acute-onset neuropsychiatric syndrome, specifically as it relates to the ecological systems theory. The genetics of autism and developmental delay will be dis-

cussed by Joseph Ray, M.D., pediatric medical geneticist from UTMB. Mr. Eric Woomer, the public policy consultant for the Federation of Texas Psychiatry will present a legislative update during the Saturday luncheon. Lastly, we will learn about the use of ECT, Ketamine, and TMS in the adolescent population from Neil Puri, M.D., psychiatrist from Baylor and the Menninger Clinic.

On Sunday, Sarah Wakefield, M.D., child/adolescent and forensic psychiatrist from Texas Tech will present on the effects of perinatal substance use. Wrapping up the conference, a diverse panel will discuss the neuroethics involved in working with patients with special needs. The panel includes Patricia Evans, M.D., Ph.D., pediatric neurologist from UT Southwestern; Mary Ann Morris, Ph.D., psychometrician at UT Southwestern; and Tresi Weeks, J.D.,

attorney and founder of The Weeks Law Firm.

Register today for the scientific program and prepare to earn up to 8 AMA PRA Category 1 CME Credits™, with two of the credit hours designated for medical ethics. The weekend will be a wonderful mix of education and fun! ■

## Empowering the Next Generation of Psychiatrists

### A Resident's Perspective on the APA Psychotherapy Caucus TAI Curriculum

Mario Montelongo, PGY-2, McGovern Medical School at UTHealth, Co-Chair, TSPP Resident-Fellow Section

Dear Colleagues... As a psychiatry resident deeply immersed in the evolving landscape of mental health care, I am thrilled to share my experiences with an innovative curriculum developed by the APA Psychotherapy Caucus Training Advancement Initiative (TAI) Curriculum and Program Development Workgroup. This curriculum represents a significant leap forward in psychiatric education, bridging the gap between traditional psychotherapy training and the demands of contemporary practice.

#### A Groundbreaking Curriculum

The TAI curriculum aligns with ACGME requirements and was endorsed by the American Association of Directors of Psychiatric Residency Training as a model curriculum. It offers a comprehensive framework designed to equip early-stage psychiatry residents with a robust foundation in psychotherapy. It emphasizes the therapeutic relationship as a core

element of clinical care, integrating cutting-edge neuroscience with a rich tapestry of psychotherapeutic approaches. This integrative perspective ensures that we, as residents, are prepared to navigate the complexities of patient care with empathy, skill, and a deep understanding of the biological underpinnings of psychotherapy.

#### Modules Tailored for Comprehensive Learning

Spanning seven meticulously crafted modules, the curriculum covers essential topics such as Integrative Psychotherapy, Neuroscience, Attachment Theory, Systems Theory, Trauma, Formulation, and the Interpersonal Stance. Each module is infused with practical exercises, clinical case illustrations, and discussions, facilitating not just theoretical understanding but also the application of knowledge in real-world settings.

#### Transformative Impact on Resident Training

The focus on the therapeutic relationship, backed by neuroscientific insights, has opened new avenues for understanding patient care beyond the confines of diagnostic categories. The curriculum's comprehensive approach may enriched resident's ability to employ psychotherapy across various clinical contexts, fostering a nuanced appreciation for the art and science of mental health care.

#### A Call to Embrace the Curriculum

I wholeheartedly endorse the TAI curriculum to my fellow residents and the broader psychiatric community in Texas. Its adoption represents a commitment to advancing psychiatric education and, ultimately, improving patient care. By embracing this curriculum, we can ensure that the next generation of psychiatrists is well-equipped to meet the challenges of our profession

with knowledge, empathy, and an unwavering dedication to healing.

#### Conclusion

The APA Psychotherapy Caucus TAI Curriculum stands as a beacon of progress in psychiatric education. Its integrative, evidence-based approach prepares residents for a future where psychotherapy remains a cornerstone of patient care. I urge my colleagues and training programs across Texas to consider integrating this curriculum into their educational frameworks. Together, we can forge a future where every psychiatrist emerges from residency with the skills, knowledge, and compassion necessary to make a profound difference in the lives of those we serve.

For a copy of the curriculum please visit <https://www.integrativecurriculum.net/>

For questions, please reach out to myself (Mario.Montelongo@uht.tmc.edu), or Dr. Joshua Pretsky (pretsky@ucla.edu) ■

## PRACTICING PART-TIME? WE CAN COVER YOU

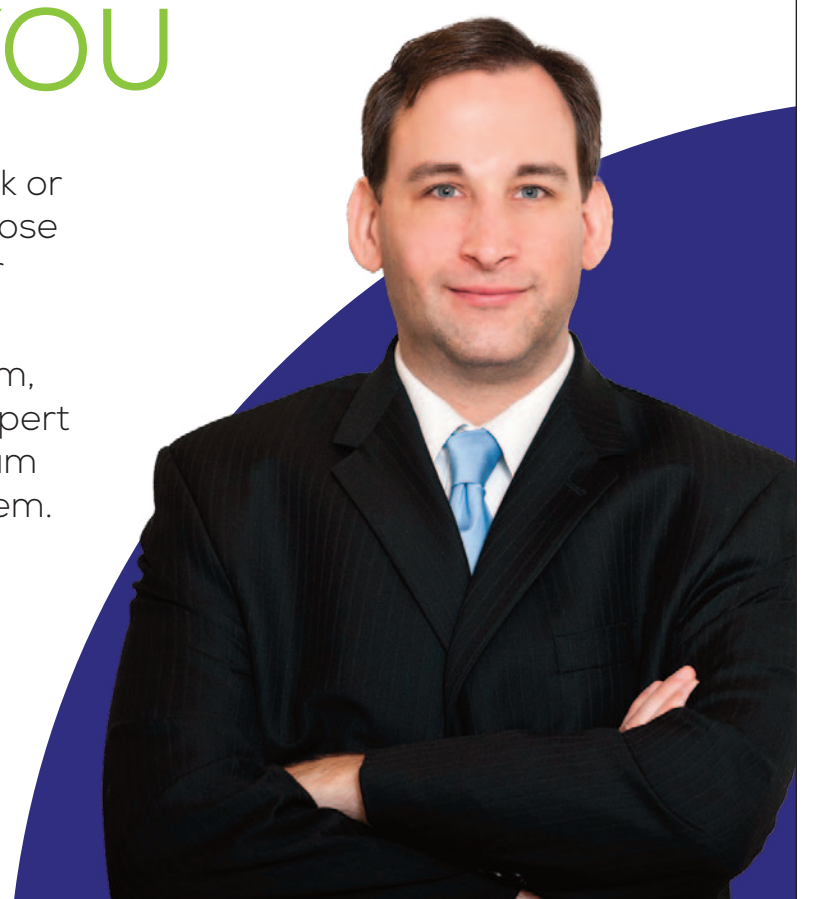
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Texas Society of Child & Adolescent Psychiatry

Annual Convention and Scientific Program

Bridging the Divide:  
Improving the Integration of Psychiatry and Neurology

July 19-21, 2024 • Kalahari Resort | Round Rock, Texas

8.0 AMA PRA Category 1 Credits™

EARLY BIRD REGISTRATION NOW OPEN!

Register online: <https://www.txpsych.org/tscap2024annualconvention/>

GENERAL INFORMATION

MEETING LOCATION

Join us for the 2024 TSCAP Annual Convention at America's largest indoor waterpark resort! Kalahari Resort is 223,000 sq ft filled with Wet. Wild. Fun. Come splash around! From the custom-crafted artwork on the convention center walls to furniture in guest rooms, recorded music from the streets of Cape Town and original crafts for guest souvenirs, Kalahari has a passion for sharing the beauty of Africa with resort guests and is committed to giving back to the people, places and cultures that inspire the resort.

Endless Entertainment! Experience world-class dining with a variety of signature dining options to choose from. Pamper yourself, relax and rejuvenate your mind, body and spirit at Spa Kalahari & Salon. Sneak in a workout at the Fitness & Training Center. Bring out your inner child at Tom Foolerys Adventure Park: 80,000 square feet of fun and excitement with rides and an arcade! The resort campus also offers Live Entertainment, Escape Rooms, B-Lux Bowling, and shopping. Learn more at <https://www.kalahariresorts.com/texas/>.

Whether you plan to travel alone or with your family, there's fun for everyone at Kalahari Resort located at 3001 Kalahari Blvd, Round Rock, TX 78655. Register Today!

HOTEL RESERVATIONS

Discounted TSCAP rooms at the rate of \$239 plus taxes and fees (room rates to the public are over \$700 on those days!) are available to program registrants BEFORE



JUNE 26 or upon sellout, whichever occurs first. Please book your room as soon as possible because once our group block is filled, we will not be able to receive additional rooms from the hotel. It is an extremely popular resort in the summer and will sell out. To take advantage of this excellent rate, visit: <https://book.passkey.com/e/50769997>.

Special Reminder: Booking a room within the TSCAP room block is an important way to help keep the overall meeting registration fee and costs as low as possible. Booking "outside of the TSCAP block" or at another hotel could expose TSCAP to monetary damages for hotel room block attrition, which may then necessitate an increase in future meeting registration rates. Plus, staying in the hotel keeps you connected with all the activities and networking opportunities during the event. Please book your room at the Kalahari Resort hosting the meeting and within the TSCAP room block.

OPENING WELCOME RECEPTION FRIDAY

Make plans to attend the complimentary festive Welcome Reception with Exhibitors on Friday evening, 6:30 pm - 8:00 pm. Visit

throughout the evening with your friends, colleagues and exhibitors in a fun-filled, relaxing atmosphere and complete your entry for the special door prize drawings to be awarded on Saturday!

EXHIBIT HALL

TSCAP's Welcome Reception, Breakfast, Lunch and Refreshment Breaks, will be held in the Exhibit Hall. Exhibits will be open throughout the evening Friday, and all-day Saturday, and will provide you with information designed to enhance your practice and help improve the optimal delivery of medical care to your patients.

Welcome Reception  
Friday - 6:30 - 8:00 pm

Continental Breakfast  
Saturday - 7:30 am - 8:15 am

Refreshment Break & Door Prize Drawings  
Saturday - 10:30 am - 10:50 am

Refreshment Break & Door Prize Drawings  
Saturday - 11:50 am - 12:10 pm

Legislative Luncheon Program  
Saturday - 12:10 pm - 1:10 pm

Happy Hour and Door Prize Drawings  
Saturday - 3:30 pm - 5:00 pm

Exhibitors Tear Down and Depart  
Saturday - 5:00 pm

CME SCIENTIFIC PROGRAM

The CME Scientific Program will be held on Saturday and Sunday.

POSTER SESSION

Medical Students, Residents and Fellows in Training who are members of TSCAP have been invited to submit a poster for presentation / display throughout the day on Saturday, July 20th. Make plans to attend and view the posters, meet the presenters, and discuss their presentations.

Deadline to submit  
an abstract is May 1st:  
<https://www.txpsych.org/tscap2024annualconvention/>

HAPPY HOUR

Unwind at the conclusion of Saturday's CME sessions at our happy hour! Complimentary – for registered Scientific Program attendees only.

ANNUAL MEETING BREAKFAST

The Annual TSCAP Business Meeting and Breakfast will be held Sunday, 8:00 am – 9:00 am. Register to attend for an annual review from TSCAP, and to help plan for the year ahead!

PROGRAM AT A GLANCE

<b>Friday, July 19</b>	
4:30 pm – 8:30 pm	Registration . . . . .Reg area
4:30 pm – 6:00 pm	Exhibitor Set-Up . . . . .Cypress/Portia
5:00 pm – 6:30 pm	TSCAP Executive Committee Meeting . . . . .Acacia
6:30 pm – 8:00 pm	Welcome Reception with Exhibitors . . . . .Cypress/Portia
<b>Saturday, July 20</b>	
Five (5) AMA PRA Category 1 Credits™	
7:00 am – 5:00 pm	Registration . . . . .Reg area
7:30 am – 8:15 am	Continental Breakfast with Exhibitors . . . . .Cypress/Portia
8:15 am – 3:30 pm	Scientific Program . . . . .Banyan/Crown Palm
10:30 am – 10:50 am	Refreshment Break and Door Prize Drawings . . . . .Cypress/Portia
11:50 am – 12:10 pm	Refreshment Break and Door Prize Drawings . . . . .Cypress/Portia
12:10 pm – 1:10 pm	Luncheon & Legislative Update . . . . .Cypress/Portia
3:30 pm – 5:00 pm	Happy Hour, Poster Presentations, Door Prize Drawings . . . . .Cypress/Portia
5:00 pm – 5:30 pm	Exhibits Teardown / Depart . . . . .Cypress/Portia
<b>Sunday, July 21</b>	
Three (3) AMA PRA Category 1 Credits™	
8:00 am – 1:00 pm	Registration . . . . .Reg area
8:00 am – 9:00 am	TSCAP Annual Business Meeting and Breakfast . . . . .Cypress/Portia or Acacia
	Open to All Registered Member Attendees. See Registration Form for Payment Information.
9:00 am – 1:00 pm	Scientific Program . . . . .Banyan/Crown Palm
10:15 am – 10:30 am	Refreshment Break . . . . .Banyan/Crown Palm Foyer



# Bridging the Divide: Improving the Integration of Psychiatry and Neurology

## SCIENTIFIC PROGRAM SCHEDULE

<b>Saturday, July 20, 2024</b> Five (5) AMA PRA Category 1 Credits™	
8:15 am - 8:30 am	<b>Welcome &amp; Opening Remarks</b>
8:30 am - 9:30 am	<b>Functional Neurological Disorders</b> – Jeff Waugh, MD, PhD <b>Objectives:</b> The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of this program, participants should be able to: <ul style="list-style-type: none"><li>Recognize a few of the structural brain abnormalities associated with functional neurological disorder.</li><li>Appreciate the impact of stigma, in part propagated by healthcare systems, on patients with functional symptoms.</li><li>Understand the components of an FND-focused treatment team and how to tailor therapy to individual patients.</li></ul>
9:30 am - 10:30 am	<b>Psychosocial Stressors in Pediatric Acute-onset Neuropsychiatric Syndrome (PANS); An Opportunity to Improve Outcomes</b> – Qazi Javed, MD, FAPA, ABIHM <b>Objectives:</b> The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of this program, participants should be able to: <ul style="list-style-type: none"><li>Use the ecological systems theory to identify the multiple domains that can contribute to the development of a child with PANS.</li><li>Identify how a child with PANS can affect the multiple ecological domains around itself.</li><li>Identify the areas of impact a child psychiatrist can have to help guide treatment.</li></ul>
10:30 am - 10:50 am	<b>Refreshment Break with Door Prize Drawings, Exhibitors, and Poster Session</b>
10:50 am - 11:50 am	<b>Genetics of Autism and Developmental Delay: We are Still Learning</b> – Joseph Ray, MD <b>Objectives:</b> The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of this program, participants should be able to: <ul style="list-style-type: none"><li>Explain the genetic diagnostic strategy for autism and developmental delay.</li><li>Discuss the limitations of genetic testing.</li><li>Understand how to coordinate care with providers for testing.</li></ul>
11:50 am - 12:10 pm	<b>Refreshment Break with Door Prize Drawings, Exhibitors, and Poster Session</b>
12:10 pm - 1:10 pm	<b>Lunch &amp; Legislative Update</b>
1:10 pm - 3:10 pm	<b>ECT, Ketamine, and TMS for Adolescents: What we Know, When to Refer, and What to Expect</b> – Neil Puri, MD <b>Objectives:</b> The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of this program, participants should be able to: <ul style="list-style-type: none"><li>Discuss the indications and contraindications for electroconvulsive therapy, ketamine/esketamine treatment, and transcranial magnetic stimulation.</li><li>Explain the efficacy of electroconvulsive therapy, ketamine/esketamine treatment, and transcranial magnetic stimulation.</li><li>Plan co-management strategies for patients receiving electroconvulsive therapy, ketamine/esketamine treatment, and transcranial magnetic stimulation.</li></ul>
3:10 pm - 3:30 pm	<b>Closing Remarks</b>
<b>Sunday, July 21, 2024</b> Three (3) AMA PRA Category 1 Credits™, with 2 of the Hours Designated for Medical Ethics/Professional Responsibility	
9:00 am - 9:15 am	<b>Welcome &amp; Opening Remarks</b>
9:15 am - 10:15 am	<b>Complications and Opportunities in the Assessment and Treatment of Perinatal Substance Use</b> – Sarah Wakefield, MD <b>Objectives:</b> The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of this program, participants should be able to: <ul style="list-style-type: none"><li>Understand the risks and effects of drug exposure to the fetus.</li><li>Identify long-term consequences on child development.</li><li>Recognize strategies for prevention and support for affected families.</li><li>Address stigma and misconceptions surrounding this issue.</li><li>Identify resources for seeking help and treatment.</li></ul>
10:15 am - 10:30 am	<b>Refreshment Break</b>
10:30 am - 12:30 pm	<b>ETHICS: Neuroethics in the Field of Special Needs Individuals</b> – Patricia Evans, MD, PhD; Mary Ann Morris, PhD, BCSE; Tresi Weeks, JD <b>Objectives:</b> The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of this program, participants should be able to: <ul style="list-style-type: none"><li>Identify the bioethical issues impacting three major groups: the individual and their families and advocates, health care providers, and government agencies.</li><li>Learn about the roles, limits, and supports of governmental and regulatory agencies that help protect vulnerable individuals.</li><li>Recognize the importance of balancing the best possible diagnosis against the most closely tailored educational and social resources that are needed for the individual's particular phase of life.</li><li>Identify available school services, the rights of the student/family, and how to advocate for them.</li></ul>
12:30 pm - 1:00 pm	<b>Closing Remarks</b>

### TARGET AUDIENCE / PROGRAM OBJECTIVES

This live activity has been designed with didactic lectures supplemented with panel discussion, clinical vignettes, audiovisual presentations, case presentation and discussion in multiple educational sessions. The program is designed to provide its target audience of Child and Adolescent Psychiatrists, Adult Psychiatrists, Pediatricians and Primary Care Physicians with clinically relevant information to advance the physicians' competence so that they may develop strategies to apply the knowledge, skills and judgement from the educational activity into their practice. Physicians often encounter patients that have both psychiatric and neurologic symptoms related to a single etiology. These conditions are inherently complex and often require additional considerations

and collaboration between specialties. The objectives of this program aim to equip the attendees with the ability to better assess and care for patients with a variety of diagnoses, treatment options, and special needs.

### IDENTIFIED PRACTICE GAPS / NEEDS ASSESSMENT

TSCAP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of the participants.

### ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the Essential Areas accreditation requirements and policies of the Texas Medical Association (TMA) through the Joint Providership of the Texas Society of Psychiatric Physicians and the

Texas Society of Child and Adolescent Psychiatry. TSPP is accredited by the TMA to provide continuing education for physicians.

### CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of eight (8) *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### MEDICAL ETHICS AND/OR PROFESSIONAL RESPONSIBILITY STATEMENT

The Ethics Presentation: "ETHICS: Neuroethics in the Field of Special Needs Individuals" has been designated by the Texas Society of Psychiatric Physicians for a total of two (2) credits of education in medical ethics and/or professional responsibility.

### FACULTY AND PLANNERS DISCLOSURE POLICY

In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered to the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the education activity. TSPP will disclose to learners the existence (or non-existence) of all relevant financial -relationship(s) that the faculty and planners did (or did not) have with any ineligible companies concerned with the content of the educational presentation. Disclosure will occur prior to the presentation through written communication.

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## CALENDAR OF MEETINGS

### APRIL

**19-21 TSPP Spring Conference**  
*Last Chance to Register! Register Today*  
<https://www.txpsych.org/tspp2024springmeeting/>

### MAY

**2-4 TexMed 2024**  
Dallas, TX  
<https://www.texmed.org/TexMed/>

### MAY

**4-8 APA Annual Meeting, New York City**  
<https://www.psychiatry.org/psychiatrists/meetings/annual-meeting/registration>

**9-11 Society of Biological Psychiatry (SOBP) Annual Scientific Meeting**  
Austin, TX  
More information online

### JULY

**19-21 TSCAP Annual Convention**  
Kalahari Resort, Round Rock, TX  
Register Online – Early Bird Registration ends April 30th  
<https://www.txpsych.org/tscap2024annualconvention/>

### OCTOBER

**14-19 AACAP 71st Annual Meeting**  
Seattle, WA  
[https://www.aacap.org/AACAP/CME\\_and\\_Meetings/Future\\_Annual\\_Meetings.aspx](https://www.aacap.org/AACAP/CME_and_Meetings/Future_Annual_Meetings.aspx)

## JOB BANK

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation's **JOB BANK** on its website at [txpsych.org/careers](http://txpsych.org/careers). The Federation's JOB BANK could be just what you have been looking for.