

Texas Psychiatrist



TSPP is Home and Family

Brigitte Bailey, MD, President, Texas Society of Psychiatry Physicians



Brigitte Bailey, MD

Hello everyone. Summer is over, and fall is beginning. Fall is the time for our annual TSPP November meeting. This year it is in Fort Worth at the Omni Fort Worth, November 9th – 12th.

I have been involved with TSPP and TSCAP since I was a resident. This meeting is like going home and seeing family, I have not seen for a while. And like home and family, everyone is welcome.

TSPP provides a place for multigenerational gathering of colleagues, residents, medical students, and family. It is a place to learn about what everyone has been doing, the type of practice they are engaged in, and what is going on with our families. It is a place to share knowledge about current topics in psychiatry. It is a safe place to dialog about any and everything. It is a place where one can be a mentor or be mentored.

It is a place of networking. It is a place for making lifelong connections. TSPP is home and family.

TSPP has been a home for many psychiatrists and trainees since it was established in 1956. It has flourished as an organization for 67 years because of its members and by staying relevant. TSPP remains true to its roots of providing the highest quality of comprehensive psychiatric care for patients, families, and communities. It is also an organization that is flexible and willing to adapt and grow. Some of the best changes are our partnerships with other Texas medical associations and our lobbying efforts protecting psychiatric care. Our lobbying strategies have been so successful, they are being modeled by other state and national organizations.

To remain successful as a safe and wel-

coming home where family gather, and as a protector of psychiatry for physicians, patients, and families, TSPP needs to continue to grow its membership and maximize attendance at its November and Spring meetings. It is not too late to join the TSPP family reunion at the November meeting in Fort Worth <https://www.txpsych.org/tspp2023fallmeeting/>. If you truly must miss an exciting reunion, please ensure you have paid your 2023 dues and consider paying your 2024 dues early.

If you need a little more to entice you to attend the November meeting, there are many local Fort Worth events happening at the same time as our conference.

Check out Visit Fort Worth's website. The Lone Star Film Festival and the Cowtown: Birthplace of Western Swing Music Festival will be November 10-12, [\[worth.com/\]\(https://www.forth.com/\). Other things to do that might be of interest:

- The Fort Worth Herd experience**
- Stockyards**
- Sundance Square**
- Live music**
- Great dining and nightlife venues**
- Scavenger hunts**
- Guided tours, Museums,**
- Fort Worth Zoo, Botanic Gardens**](https://www.fort-</p></div><div data-bbox=)



88th Texas Legislature: Property Tax Relief, Paxton Trial, and a Third Called Special Session

Eric Woomer, Federation of Texas Psychiatry Public Policy Consultant



Eric Woomer

Despite the traditional end of the Regular Legislative Session in May, the Legislature has continued to work. The House and Senate were called back to business by Governor Greg Abbott earlier this summer for two Special Sessions. The focus was on lasting property tax cuts as well as building a pathway towards eliminating school property taxes. After a failed First Called Special Session in June, the two chambers were able to find a compromise in the Second Called Special Session in July, passing a \$18.6 billion property tax relief package that includes a combination of tools to help homeowners and businesses in Texas. Gov. Abbott signed SB 2 and SB 3 on July 22nd, which included provisions compressing the school tax rate by more than \$7 billion, an increase in the homestead exemption to \$100,000, a temporary 20% appraisal cap, and franchise tax exemptions.

After a little over a month back in their districts, members of the Texas Senate returned to Austin to begin the impeachment trial of Attorney General Ken Paxton. The proceedings began on September 5th, and after two weeks of testimony and arguments from both sides, the Senate voted to acquit Paxton on all sixteen articles of impeachment. Two Republican senators, Sen. Robert Nichols and Sen. Kelly Hancock, broke ranks to vote for conviction on some articles, while the majority of Republicans supported acquittal. The articles of impeachment against Paxton primarily accused him of accepting bribes and abusing his office. During the trial, seven former senior Paxton aides testified about their concerns regarding Paxton's relationship with Austin real estate developer Nate Paul and their decision to report him to the FBI. Upon conclusion of the proceedings,

Lt. Governor Dan Patrick called for changes to the impeachment process and an audit of impeachment expenditures.

The fallout from the trial has widened the divide between the House and Senate and significantly sharpened the tensions between the Lt. Gov. Patrick and House Speaker Dade Phelan as both leaders took aim at one another on various media platforms. Speaker Phelan is also under attack by his own party, after the State Republican Party approved a resolution seeking his resignation and some House members have indicated that they will take action to unseat the Speaker during the upcoming special session. However, Speaker Phelan is not alone in drawing fire from the trail. GOP House members (and possibly some senators) may face further retribution from more GOP hardliners in the March, 2024 primary.

Amidst all this tension, the Legislature is reconvening for a third special session. On September 26th, Gov. Abbott sent a letter to the House and Senate leaders, informing them that lawmakers would be called back on October 9th at 1:00 p.m. While school choice is expected to be the primary focus, border security and some of the legislative priorities that were vetoed by Gov. Abbott could find a place on the agenda.

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November 9-12 TSPP 67th Annual Convention and Scientific Program

Omni Fort Worth Hotel

Visit
[txpsych.org/tspp2023fallmeeting](https://www.txpsych.org/tspp2023fallmeeting)
to register and book your room today!



The Federation of Texas Psychiatry has furthered our mission to serve as a United Voice for Psychiatry on social media! Follow us on Twitter @FedTXPsych; Facebook, Instagram and LinkedIn

On a separate note, September 1st marked the start of the state's new fiscal year and the recently-approved budget going into effect. Also, 773 new laws became effective as well.

November 2023 General Election: Constitutional Amendments and House District 2

Voters will head to the polls on November 7th to consider a total of fourteen proposed constitutional amendments. The propositions before Texas voters include some major issues for Texas such as implementation of the property tax relief passed during the special session, funding water infrastructure, broadband expansion by

establishing a dedicated fund to assist expansion, investing in the electrical grid and energy reliability through the creation of an energy fund to support the construction and operation of generation facilities, a cost of living adjustment (or COLA) for retired teachers, and more. If you want more information on the 14 proposed constitutional amendments, please visit the Secretary of State's website at www.sos.texas.gov.

Voters of House District 2 will also go to polls on November 7th to choose their candidate to serve out the expired term of Bryan Slaton, the lawmaker expelled by his House colleague for his misconduct with a former staffer and abuse of the office.

Early voting begins October 23rd, running through November 3, 2023.

Elections in 2024:

March primaries are not far away with candidates having until December 11th to file their intent to be on the 2024 ballot. While the field of candidates is still unfolding, eleven Texas House members have decided not to seek re-election in 2024, with a handful looking at higher office runs. Members that are not returning in 2025 are:

- Rep. Four Price (R-Amarillo)
- Rep. Abel Herrero (D-Robstown)
- Rep. Lina Ortego (D-El Paso)
- Rep. John Raney (R-Bryan)

- Rep. Tracy King (D-Uvalde)
- Rep. Ed Thompson (R-Pearland)
- Rep. Doc Anderson (R-Waco)
- Rep. Rhett Andrews Bowers (D-Rowlett) running for U.S. Congress
- Rep. Julie Johnson (D-Farmers Branch) running for U.S. Congress
- Rep. Carl Sherman (D-DeSoto) running for U.S. Senate

Of note, one of the March Primary races to watch will be Democrats U.S. Rep. Colin Allred of Dallas, State Sen. Roland Gutierrez of San Antonio, and State Rep. Carl Sherman of DeSoto will challenge U.S. Sen. Ted Cruz, GOP incumbent seeking reelection next year. As always, it is a pleasure to serve the Federation as your voice at the Texas Capitol. ■

Mental Health Professionals Loan Repayment Program

As reported by the Federation of Texas Psychiatry Public Policy Advisor, Eric Woome, in the last publication of the Texas Psychiatrist, the Mental Health Loan Repayment Program receiving a significant increase in appropriations (from \$2 million over the previous

biennium to \$28 million for the next cycle). The purpose of the Mental Health Professionals Loan Repayment Program is to encourage mental health professionals to practice in a Mental Health Professional Shortage Area (MHPSA) and provide ser-

vices to individuals, groups, and families to help them manage and overcome their mental health challenges. The application window for 2023-24 is now open. To begin your application you must create an account by going to CBPass at <https://www1.highered.texas.gov/cbpass/>.

Psychiatrists must be eligible to take the exam for board certification to receive their final year of repayment assistance. For more information, visit hhloans.com/index or visit our news item at www.txpsych.org/texas-psychiatry-news-and-updates. ■



A Year of Ongoing Learning with TAP

Melissa Eshelman, MD, DLFAPA, President, Texas Academy of Psychiatry

We want to express our sincere thanks to everyone who joined our recent CME Webinar on September 9, hosted by the Texas Academy of Psychiatry (TAP). This insightful session, titled “Risk Management: Requests for Information and Liability for the Acts of Others,” was presented by Charles D. Cash, JD, LLM, of

PRMS. We had an attendance of over 40 participants, and the event was marked by an excellent Q&A on various issues faced by psychiatrists regarding patient information management and related legal concerns. For those attending the TSPP Annual Convention and CME program (and I hope everyone reading this is!), I am also pleased

to announce that TAP will be hosting a 1hr panel discussion on Friday, November 9, from 2:30-3:30pm at the Omni Fort Worth to review changes in the laws that affect patient care, specifically the new laws that have taken effect following the 88th legislative session on September 1st. For members of TAP who are not members of TSPP or TSCAP, please note that you are also eligible for discounted member pricing for the TSPP CME program. As we approach the end of the year, we are pleased to announce our final webinar of 2023, presented by the American Professional Agency. This two-hour session, scheduled for 10 am on December 2, will focus on “Minimizing Risk When Treating



Melissa Eshelman, MD, DLFAPA

Depressed and Suicidal Patients” and explore the “Top 10 Risks when Providing Outpatient Behavioral Healthcare.” Registration details will be available on our website (<https://www.txpsych.org/conferences-events/>) in the coming week. We appreciate your continued support and look forward to sharing more learning opportunities and insights in the future. ■

An Integrative Approach to Mental Health & Dual Diagnosis PHP/IOP for Adolescents

Arlington • McKinney • Forney, TX

- Full-time Psychiatrists on site 5 days a week
- Providing same day complimentary assessments by licensed clinicians
- Addressing academics with our Academic Counselors
- Providing complimentary transportation to and from our clinics

972-325-2633

Join a TSPP Committee Today!

As we approach the 67th Annual TSPP Convention, we extend a warm invitation for you to play a vital role in shaping the future of Psychiatry. At TSPP, our mission is to advance the highest quality of comprehensive psychiatric care for patients, families, and communities. Your individual membership is a cornerstone in helping us collectively achieve this mission, supporting quality CME programs and advocating for Psychiatry's legislative voice. Your personal involvement in TSPP's activities offers an opportunity to influence the trajectory of our field. By serving on our committees, you can contribute your insights and expertise, network with colleagues across the State, and engage in meaningful discussions about practice, patient care, legislative matters, and medical education. Selecting the committee that aligns with your interests is easy! Visit www.txpsych.org/tspp/committees to express your preferences.

our choices will be thoughtfully considered by the TSPP President for approval. Committee appointments are typically for three years. Here's a list of committees open for participation by all TSPP voting members:

- Government Affairs Committee
- Council on Continuing Medical Education Committee
- Professional Practice Management Committee
- Academic Psychiatry Committee
- Children & Adolescents Committee
- Forensic Psychiatry Committee
- Public Mental Health Services Committee
- Finance Committee

Save the date: The above committees will meet in person on November 10, 2024, at the Omni Fort Worth. Your active involvement not only benefits our profession but also facilitates personal and professional growth. Join us in making a lasting impact on the field of Psychiatry. ■



TSPP 67th Annual Convention and Scientific Program

November 9-12, 2023 • Omni Fort Worth Hotel • Fort Worth, Texas
“Bridging the Gaps: Embracing Diversity in Psychiatric Care”

MEETING LOCATION

The 67th Annual Convention and Scientific Program will take place at the Omni Fort Worth, located at 1300 Houston St, Fort Worth, TX 76102. Conveniently located in the heart of downtown, the hotel is steps from the Fort Worth Convention Center and within walking distance of things to do in Fort Worth, including historic sites, restaurants and nightlife.



SATURDAY MORNING MEDITATION

Please join Dr. Manizheh Mirza-Gruber, M.D., a holistic and integrative psychiatrist, and Certified Mindfulness Meditation Teacher as she leads you through a rejuvenating guided meditation for self-care and mindful presence to begin your day. 7:00am Saturday, Omni Hotel, 3rd floor Greenspace. No prior experience required! [Sign up online to attend.](#)

THURSDAY – RESIDENT FELLOW MIXER

Open to all Residents registered for the conference. Please RSVP at <https://forms.gle/Ns4VSdvB944EAL4J7>. Sponsored by: The Doctors Company.

FRIDAY – TEXAS ACADEMY OF PSYCHIATRY PROGRAM

OPEN TO ALL ATTENDEES – FREE for Texas Academy of Psychiatry Members / \$25 for TAP NON-Members. Not a member of TAP? If you are already a member of TSPP or TSCAP you can join the Texas Academy of Psychiatry as a Member for only \$25.00 (email TAP@txpsych.org for a TAP application to join or go online at www.txpsych.org/Academy/ to download an application). Not interested in membership in TAP yet, you can still register and attend the TAP Program for \$25.00 Registration Fee.

AWARDS RECEPTION / BANQUET

Saturday evening festivities begin with a complimentary wine and cheese reception for registrants attending the Awards Banquet honoring the 2023 TSPP Award Recipients for their outstanding contributions to Psychiatry. Register early to reserve a table for your group at this memorable evening!

Discounted hotel rooms available until October 17th. BOOK TODAY!

TSPP 2023 Poster Abstract Presentations

Medical Students, Residents and Fellows in Training who are members of TSPP, TSCAP, and TAP will be presenting posters at the TSPP 67th Annual Convention and Scientific Program during the Friday Evening Welcome Reception and Saturday Continental Breakfast and refreshment breaks, November 10-11, at the Omni Hotel Fort Worth. We urge all attendees to visit with our members-in-training!

DAILY SCHEDULE

Thursday, November 9

- | | |
|-------------------|--------------------------------------|
| 2:00 pm – 8:30 pm | Registration |
| 6:00 pm – 8:00 pm | TSCAP Executive Committee |
| 7:00 pm – 8:00 pm | Chapter Leadership Forum Meeting |
| 7:00 pm – 8:30 pm | Resident Fellow Mixer |
| 8:00 pm – 9:30 pm | Federation Delegate Assembly Meeting |

Friday, November 10

- | | |
|---------------------|---|
| 7:30 am – 8:30 pm | Registration |
| 8:00 am – 9:00 am | Foundation Board of Directors Breakfast Meeting |
| 9:00 am – 11:30 am | Exhibit Hall Set Up |
| 8:30 am – 5:00 pm | Committee Refreshments |
| 9:00 am – 10:30 am | COUNCIL ON LEADERSHIP MEETINGS |
| | • Ethics Committee |
| | • Distinguished Fellowship Committee |
| | • Finance Committee |
| 10:45 am – 12:15 pm | COUNCIL ON SERVICE MEETINGS |
| | • Academic Psychiatry Committee |
| | • Children & Adolescents Committee |
| | • Forensic Psychiatry Committee |
| | • Public Mental Health Services Committee |
| 12:30 pm – 1:30 pm | Committee Members’ Luncheon |
| 12:30 pm – 1:30 pm | TSPP Officer Orientation |
| 1:30 pm – 2:00 pm | Texas Academy of Psychiatry Board of Trustees Meeting |
| 1:30 pm – 2:30 pm | Resident Fellow Member Section and Academic Psychiatry Committee Workshop |
| 2:00 pm – 5:30 pm | Exhibits AND Poster Presenters Session Set Up |
| 2:30 pm – 3:30 pm | Texas Academy of Psychiatry Program |
| 2:00 pm – 3:30 pm | COUNCIL ON EDUCATION MEETINGS |
| | • Continuing Medical Education Committee |
| | • Professional Practice Management Committee |
| 2:30 pm – 3:30 pm | Resident-Fellow Section Committee Meeting |
| 3:45 pm – 5:00 pm | COUNCIL ON ADVOCACY MEETING |
| | • Government Affairs Committee |

- | | |
|-------------------|---|
| 5:00 pm – 6:30 pm | Executive Council Meeting |
| 6:30 pm – 8:30 pm | Welcome Reception with Exhibitors AND Poster Session for Meeting Registrants and Paid Guests |
| 6:30 pm – 8:30 pm | Kendra Scott Jewelry Trunk Show to Benefit the Texas Foundation for Psychiatric Education and Research |

Saturday November 11

- | | |
|---------------------|---|
| 7:00 am – 7:30 am | Meditation |
| 7:30 am – 7:00 pm | Registration |
| 7:30 am – 4:30 pm | Exhibits Open and Poster Session |
| 7:30 am – 1:30 pm | Kendra Scott Jewelry Trunk Show to Benefit the Texas Foundation for Psychiatric Education and Research |
| 7:30 am – 8:15 am | Complimentary Continental Breakfast in Exhibit Hall for Meeting Registrants and Paid Guests |
| 8:15 am – 5:20 pm | SCIENTIFIC PROGRAM |
| | “Bridging the Gaps: Embracing Diversity in Psychiatric Care” |
| 10:30 am – 10:50 am | Refreshment Break and Door Prize Drawings with Exhibitors and Poster Session |
| 11:50 am – 12:10 pm | Refreshment Break with Door Prize Drawings with Exhibitors and Poster Session |
| 12:10 pm – 1:30 pm | Lunch |
| 3:45 pm – 4:05 pm | Refreshment Break and Door Prize Drawings with Exhibitors and Poster Session |
| 4:30 pm | Exhibits and Poster Session Closes |
| 6:30 pm – 7:00 pm | Reception for Awards Banquet Registrants Pre-Function |
| 7:00 pm – 9:30 pm | Awards Banquet |

Sunday November 12

- | | |
|--------------------|---|
| 7:00 am – 2:00 pm | Registration |
| 8:00 am – 10:30 am | Complimentary Continental Breakfast for Meeting Registrants and Paid Guests |
| 8:15 am – 12:00 pm | SCIENTIFIC PROGRAM |
| | “Bridging the Gaps: Embracing Diversity in Psychiatric Care” |
| 9:30 am – 9:45 am | Refreshment Break |

TSPP 67th Annual Convention and Scientific Program

November 9-12, 2023 • Omni Fort Worth Hotel • Fort Worth, Texas

“Bridging the Gaps: Embracing Diversity in Psychiatric Care”

November 11-12, 2023

Nine (9) AMA PRA Category 1 Credits™,
with 2 of the Hours Designated for Medical Ethics/Professional Responsibility

SCIENTIFIC PROGRAM SCHEDULE		CME PROGRAM GOAL / TARGET AUDIENCE
Saturday November 11, 2023		<p>This live activity has been designed in a format consisting of case study presentations, lectures and direct discussion to provide its primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice. Information and data will address new developments in treatments and new directions in research to address the professional practice gaps of the learners and advance the physicians' competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice. The learning objectives for this activity have been designed to address clinician competence.</p> <p>NEEDS ASSESSMENT</p> <p>TSPP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of our participants.</p> <p>ACCREDITATION STATEMENT</p> <p>The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.</p> <p>CREDIT STATEMENT</p> <p>The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of nine (9) AMA PRA Category I Credit™. Physicians should claim only the credit commensurate with the extent of their participation in this activity.</p> <p>ETHICS DESIGNATION STATEMENT</p> <p>The presentation entitled “Special Issues in Guardianship” has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.</p> <p>FACULTY AND PLANNERS DISCLOSURE POLICY</p> <p>The Texas Society of Psychiatric Physicians will disclose to participants the existence of any relevant financial relationships between faculty members, TSPP staff and members, who planned, authored, contributed to, and/or reviewed the content of this activity, and any commercial interest discussed in this educational activity. Disclosure will occur through written communication in the syllabus/handout material.</p>
8:15 am – 8:30 am	Opening Remarks	
8:30 am – 10:30 am	<p>Treatment Updates for Perinatal Mental Health Conditions Latoya Frolov, MD, and Meitra Doty, MD</p> <p>Objectives: <i>The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:</i></p> <ul style="list-style-type: none">• Describe the challenges and issues in assessing perinatal mental health disorders• Identify the medications that can safely be used during pregnancy and while breast feeding• Discuss the common treatment strategies in treating perinatal mental health disorders	
10:30 am – 10:50 am	Refreshment Break with Door Prize Drawings with Exhibitors	
10:50 am – 11:50 am	<p>Autism Spectrum Disorders in Adults: Challenges and Strategies in Management Arthur Westover, MD</p> <p>Objectives: <i>The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:</i></p> <ul style="list-style-type: none">• Describe the challenges and issues treating ASD in adults• Describe the role of psychiatry as a field moving forward in meeting the growing needs of the adult ASD population• Discuss team-based approaches to treating severe behavioral challenges in adults with ASD	
11:50 am – 12:10 pm	Refreshment Break with Door Prize Drawings with Exhibitors and Poster Session	
12:10 pm – 1:30 pm	Federation Business Meeting Lunch	
1:30 pm – 3:00 pm	<p>Reaching Out to LGBTQ+ Patients M. Brett Cooper, MD</p> <p>Objectives: <i>The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:</i></p> <ul style="list-style-type: none">• Identify behaviors that demonstrate (or do not demonstrate) a positive attitude toward sexual minorities• Identify psychiatric diagnoses that have increased prevalence in sexual minorities and ways that these diagnoses may present differently.• Identify cultural factors that may impair formation of a therapeutic relationship or increase prevalence of psychiatric illness in sexual minorities.• Identify affirming practices that increase efficacy of treatment.	
3:00 pm – 3:20 pm	Refreshment Break with Door Prize Drawings with Exhibitors and Poster Session	
3:20 pm – 4:50 pm	<p>Update on the Science and Applications of Psychedelics in Mental Health Treatment Charles Nemeroff, PhD, MD</p> <p>Objectives: <i>The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:</i></p> <ul style="list-style-type: none">• Describe the challenges and issues in using psychedelics in treating mental health disorders• Identify the psychedelic medications that can be used in treating mental health disorders• Discuss the emerging evidence for utilizing psychedelics in treating mental health disorders	
4:50 pm – 5:00 pm	Closing Remarks	
Sunday November 12, 2023		
8:15 am – 8:30 am	Opening Remarks	
8:30 am – 10:30 am	<p>Ethics: Special Issues in Guardianship Edward Poa, MD</p> <p>Objectives: <i>The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:</i></p> <ul style="list-style-type: none">• Identify when a patient requires a guardian• Discuss how to pursue guardianship for a patient• Identify when guardianship is no longer indicated and know who to notify	
10:30 am – 10:50 am	Refreshment Break	
10:50 am – 11:50 am	<p>Update on Telepsychiatry Amber Pastusek, MD</p> <p>Objectives: <i>The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:</i></p> <ul style="list-style-type: none">• Discuss how telepsychiatry practices changed post pandemic• Identify best practices and regulations regarding use of telepsychiatry• Identify what resources psychiatrists can rely on for the most up-to-date information for their practice of medicine with telepsychiatry	
11:45 am – 12:00 pm	Closing Remarks	

COVID-19

You may review the COVID Guidelines to keep this gathering as safe and healthy as possible for all of our attendees. By voluntarily participating in the TSPP Annual Meeting education, events, and receptions, you agree to the following:

- Acknowledge it's not possible to eliminate exposure to COVID19.
- Assume all risks related to exposure to COVID-19.
- Comply with all Omni Fort Worth and TSPP safety measures.
- Comply with applicable COVID-19 ordinances, laws, regulations, and guidelines.
- Accept TSPP's COVID-19, Assumption of the Risk, Release, and Indemnification Agreement (provided at the Registration Desk upon request).

If you are experiencing, or within the five days prior, have experienced signs or symptoms of COVID-19; believe that you may have been exposed to a confirmed or suspected case of COVID-19; or have been diagnosed with COVID-19 and are not yet cleared as noncontagious by a physician or qualified health care provider we ask that you contact the TSPP office at (512) 458-0605

- TSPP has a welcoming and respectful environment. Attendees are welcome to wear a mask.

Please note: By registering for this event, I grant TSPP permission to use my image for promotional purposes. I further understand and agree that my photo may be used in the TSPP E-News, on the TSPP website on TSPP social media, or in other promotional materials.

Donate Today to the RFM Travel Fund

We have an exciting opportunity to make a significant impact and invest in the future of our profession. The Texas Society of Psychiatric Physicians (TSPP) is proud to introduce the TSPP Scholarship Fund, a meaningful initiative designed to support our members-in-training.

Your generous contributions to the Scholarship Fund will directly assist our resident-fellow psychiatrists in covering expenses related to travel and accommodation when they attend TSPP meetings and CME programs. While our members-in-training already benefit from substantial registration discounts, financial constraints can still stand in the way of their participation. By contributing to the Scholarship Fund, you become a vital part of helping shape the future of our organization.

We recognize that our members-in-training are the lifeblood of TSPP, and by offering them support, we not only invest in their professional growth but also bolster the strength of our entire community.

We'd like to clarify that while professional dues and Scholarship Fund donations may not be claimed as charitable contributions, they are typically deductible as ordinary and necessary business expenses, with the exclusion of the estimated percentage of dues used for lobbying. For your reference, the estimated lobbying expenses for 2023-24 are approximately 10%.

Your contributions can make a tangible difference in the lives and careers of our members-in-training. Complete the donation form at www.txpsych.org/tspp and join us in empowering the future of Psychiatry!

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

67TH ANNUAL CONVENTION & SCIENTIFIC PROGRAM

November 9-12, 2023 • Omni Fort Worth Hotel

MAIL... (pay by credit card or check)
Texas Society of Psychiatric Physicians
401 West 15th Street, Suite 675, Austin, TX 78701
(The following options require credit card payment)
E-MAIL... tspp@txpsych.org
ONLINE ... <http://www.txpsych.org>

To remit payment online, complete this form and return to tspp@txpsych.org via email. An email invoice will be sent to you via Quickbooks for payment.

NAME

E-MAIL

Please check if you are a: ☐ APA Fellow ☐ APA Distinguished Fellow ☐ APA Distinguished Life Fellow ☐ APA Life Fellow ☐ APA Life

ADDRESS

CITY

STATE

ZIP

PHONE

NAME(S) GUEST(S) ATTENDING (for name badges)

REGISTRATION FEES

Indicate the **NUMBER** of individuals who are registered for each event in the appropriate enrollment category listed below. Please note the enrollment fees are **PER PERSON** and your payment should reflect the proper fee for the number of individuals registered per event.

NUMBER ATTENDING EVENT

AFTER 10/15

Committee Attendee Lunch – Friday

☐ Lunch

\$50

RESIDENT SECTION PROGRAM

RFM and Academic Psychiatry Joint Program

☐ No Chg

Texas Academy of Psychiatry Program – Friday

☐ TAP Member

No Chg

☐ Non TAP Member

\$25

Reception w/ Exhibitors – Friday

☐ NOT Registered or Scientific Program

\$55

☐ Registered for Scientific Program

No Chg

Lunch – Saturday

☐ TSPP/ACADEMY/TSCAP Member

\$45

☐ TSPP/ACADEMY/TSCAP Non-Member

\$55

☐ TSPP/ACADEMY/TSCAP Trainee Member/MS

\$30

☐ TSPP/ACADEMY/TSCAP Trainee Non-Member/MS

\$40

☐ Guest

\$50

Awards Banquet and Gala – Saturday

☐ Former TSPP Award Recipient

No Chg

☐ Awards Banquet (TSPP/TAP/TSCAP Member)

\$65

☐ Awards Banquet Non-Member/Spouse/Guest

\$75

☐ Reserved Table for 8*

\$500

* Name(s) for Reserved Table:

☐ Vegetarian Plate Requested (for lunch and/or dinner registration). No additional fee if requested prior to 10/15, otherwise there will be an additional fee of \$15.00

MY SPECIAL DIETARY NEEDS: (ie, Gluten Free or Lactose Free, etc)

NUMBER ATTENDING EVENT

AFTER 10/15

SCIENTIFIC PROGRAM – Saturday and Sunday

Registration includes your online program syllabus, complimentary continental breakfast and AM / PM refreshment breaks.

☐ TSPP/ACADEMY/TSCAP Member

\$295

☐ Non-Member Physician

\$345

☐ TSPP/ACADEMY/TSCAP Trainee Member

\$45

**If your Training Director, Associate or Assistant Program Director's registers for the Scientific Program, your Scientific Program Fee is \$0.00. Enter your Director's name below if they have registered for the Scientific Program:

NAME:

☐ Non-Member RFM (Trainee)

\$60

☐ Non-Member Medical Students

\$35

☐ Medical Students

\$30

Medical Students and Resident Members: If you present a poster, your registration fee for the Scientific Program AND Saturday Lunch is waived.

☐ Allied Health Professional

\$195

☐ Spouse / Guest (No CME Credit)

\$165

CME Meeting Syllabus Order

☐ Online Meeting Syllabus

No Chg

☐ CME Meeting Syllabus In Black/White

\$125

☐ CME Meeting Syllabus In Color

\$155

☐ Check here if you DO NOT want your name and information included on the attendee list provided to conference sponsors and exhibitors.

☐ If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605.

TOTAL REGISTRATION FEE

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DEA Extends Telehealth Flexibilities Through Dec 31, 2024

The Drug Enforcement Administration (DEA) and the Department of Health and Human Services (HHS) have jointly announced a second temporary extension of telehealth flexibilities related to the prescription of controlled medications in response to the COVID-19 pandemic. These flexibilities provide exceptions to the existing DEA regulations and will now remain in

effect through December 31, 2024. Under these extended telemedicine flexibilities, healthcare practitioners are authorized to prescribe schedule II-V controlled medications through audio-video telemedicine encounters. This includes the prescription of III-V narcotic-controlled medications that have been approved by the FDA for the treatment

of opioid use disorder via audio-only telemedicine encounters. The DEA is actively assessing feedback received during the comment period for a proposed rule and from listening sessions that took place in September. Their goal is to develop and implement new standards or safeguards related to telehealth practices by the fall of 2024.

This extension of telehealth flexibilities is part of the ongoing efforts to adapt healthcare practices to the challenges posed by the COVID-19 pandemic and to ensure continued access to necessary medications and medical care through telemedicine. It provides healthcare providers with the flexibility needed to deliver care remotely while maintaining regulatory oversight and patient safety. ■

Exciting News for Our Valued Members! Member Login Now Live!

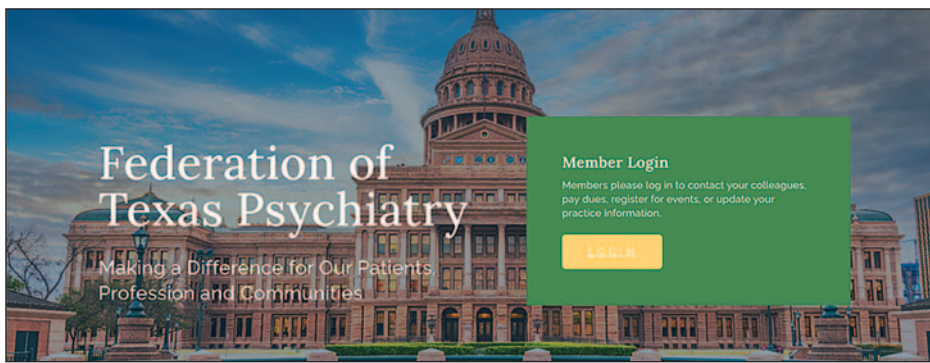
We are thrilled to bring you an exciting update in our ongoing efforts to enhance your membership experience. As part of our commitment to offering you the highest level of value and engagement, we are delighted to introduce the new Members Only area on our website.

Access the new login page at: <https://members.txpsych.org/portal>. If you have not logged in before, simply click “Forgot Password” and a reset link will be sent to the email address currently on file. If you are unsure which address is in our system, simply email us at txpsychiatry@txpsych.org or call us at (512) 478-0605 for assistance.

The Members Only area empowers you

with greater control over your membership:

- Streamlined Renewals:** Dues renewals are now available online. One you are logged into your profile, simply select “Pay Open Invoices.” Please note that 2024 renewals have already been posted to your profile. If your dues are managed by your employer and they require access to pay on your behalf, please contact txpsychiatry@txpsych.org and we will create a related billing account for you.
- Effortless Event Registration:** TSPP and TSCAP event registrations can be completed online in one simple step. Please ensure you are logged in to receive discounted member pricing!
- Showcase Your Identity:** Add a personal



touch by uploading your logo or headshot, making your profile uniquely yours. 4. **Network with Colleagues:** Reach out to other members. A members-only directly is available to view other member profiles and securely send messages using an online form.

If you have any questions, feedback, or concerns, our dedicated team is here to assist you. Feel free to reach out to us at 512-478-0605 or via email at txypsihpsychiatry@txpsych.org. ■



Support Your Foundation this Holiday Season

Richard Noel, M.D., DFAPA, Chair, Texas Foundation for Psychiatric Education and Research

Greetings from the Foundation! As you are aware, the Texas Foundation for Psychiatric Education and Research exists to promote research and education to the lay public, professionals in other fields, and psychiatrists. Thus, the Foundation is proud to sponsor the annual TSPP Convention and Scientific Program, this year being held at the Omni Hotel in Fort Worth November 9-12. I attended my first annual meeting in November 1989 in San Antonio, as a PG-2 resident; I have not missed a meeting since then.

The meeting always offers informative and practical education that we can use when we return to our practices afterward. The meeting this year includes subjects on Perinatal Mental Health Conditions, Autism Spectrum Disorders, LGBTQ patients, and Psychedelics in Mental Health Treatment (by nationally acclaimed authority Dr. Charles Nemeroff, MD, PhD). The Sunday program includes an Ethics presentation on Guardianship and an update on Telepsychiatry. I always look forward to attending the annual meeting, where I can learn the latest in psychiatric treatment that I can utilize for the benefit of my patients. I also treasure the opportunity to meet and catch up with friends and colleagues from around the state, and the opportunity to make new friends and acquaintances. Like for most of us who love what we do, the annual meeting offers a welcome break from the every day pressures of daily practice, one remedy for the

I always look forward to attending the annual meeting, where I can learn the latest in psychiatric treatment that I can utilize for the benefit of my patients. I also treasure the opportunity to meet and catch up with friends and colleagues from around the state...

burnout that is so prevalent in the field of medicine. We are welcoming back Kendra Scott's Jewelry Trunk Show this year to benefit the Texas Foundation for Psychiatric Education

and Research. This year will feature an extended trunk show – Friday during the Welcome Reception, plus Saturday morning as well. 20% of all proceeds on-site will be donated to the Foundation. Start your



Richard Noel, MD, DFAPA

holiday shopping and help contribute! **I look forward to seeing you in Fort Worth!**

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<p>Texas Foundation for Psychiatric Education and Research • 401 West 15th Street, Suite 675, Austin, Texas 78701. <i>Your contribution is tax deductible to the full extent of the law. Thank you for your support!</i></p>	

AWARDS RECEPTION / BANQUET

Join us on Saturday night for a evening of recognition and celebration at the TSPP Annual Awards Banquet! The banquet is a celebration where we honor the remarkable 2023 TSPP Award Recipients for their exceptional contributions to the field of Psychiatry. To ensure you have a spot at this memorable event, we encourage you to register early and even consider reserving a table for your group. It's an opportunity to come together, appreciate excellence, and enjoy a wonderful evening of recognition and camaraderie.

Distinguished Service Award	Psychiatric Excellence Award	Psychiatric Excellence Award	Special Service Award	Spencer Bayles Outstanding Member of the Year
				
James Baker, MD	Lawrence Hauser MD	Dr. Terry McMahon MD	Stephen Saklad, PharmD	Daryl Knox MD

FEDERATION OF TEXAS PSYCHIATRY JOHN R BUSH LEADERSHIP EXCELLENCE AWARD

Richard Noel, MD

The John R. Bush Award, instituted in 2016, was created to acknowledge those exceptional psychiatrists who have demonstrated unwavering dedication to providing outstanding leadership. This commitment extends over a substantial period, and their efforts have significantly contributed to the advancement of the highest standards in psychiatric practice and the delivery of top-quality care for our patients.

We are proud to announce that this esteemed award will be conferred during the Federation of Texas Psychiatry's luncheon on Saturday, November 11. We warmly invite you to join us at this event and take the opportunity to express your gratitude to your esteemed colleague. Through his exceptional leadership in organized psychiatry, he has made a remarkable impact on our field.



In Memoriam

Honoring the Legacies of Dr. Edgar Nace and Dr. James Hageman

It is with heavy hearts that we remember and honor two remarkable psychiatrists who have left an indelible mark on the field of mental health in Texas. Dr. Edgar Nace and Dr. James Hageman, both esteemed practitioners, have passed away, leaving behind a legacy of compassion, dedication, and service.



Dr. Edgar Nace, an icon in the realm of addiction psychiatry, devoted his life to alleviating the suffering of those battling addiction and mental illness. His extensive career, which included establishing substance abuse programs and advocating for patients with dual diagnoses, showcased his unwavering commitment to the betterment of others. Dr. Nace's humility, kindness, and empathy touched the lives of countless individuals, regardless of their background or circumstances.



Dr. James Hageman, fondly known as "Jay," was a dedicated psychiatrist who prioritized his patients and family above all else. His journey from chief of psychiatry at Austin Diagnostic Clinic and medical director for the child and adolescent psychiatric unit at St. Davids Medical to opening his private practice in Cedar Park reflected his deep-seated commitment to providing quality mental health care. Jay's love for storytelling, music, and stargazing mirrored his warm and personable nature. As we bid farewell to these exceptional individuals, we remember their profound impact on the psychiatric community and the countless lives they touched. Dr. Nace and Dr. Hageman's legacies will continue to inspire us to uphold the values of compassion, service, and dedication in our pursuit of mental health care. Our thoughts are with their families and loved ones during this time of remembrance and reflection.

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JOB BANK

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation's **JOB BANK** on its website at www.txpsych.org/careers/. The Federation's JOB BANK could be just what you have been looking for.

CALENDAR OF MEETINGS

2023

NOVEMBER

- 3-5** **APA Assembly Meeting**
Baltimore, Maryland
- 9-12** **TSPP Annual Convention & Awards Gala**
Fort Worth, TX
REGISTER ONLINE: <https://www.txpsych.org/tspp2023fallmeeting/>



2024

APRIL

- 19-21** **TSPP Spring conference**
Save the Date

MAY

- 4-8** **APA Annual Meeting**
New York City, NY
<https://www.psychiatry.org/psychiatrists/meetings/annual-meeting>

JULY

- 19-21** **TSCAP Annual Convention**
Kalahari Resort, Round Rock, TX
Save the date!