

Texas Psychiatrist



Join us at the Live TSCAP Annual Convention and CME Program

Phillip Balfanz, MD, MBA, President, Texas Society of Child and Adolescent Psychiatry

Please join the Texas Society of Child and Adolescent Psychiatrists at Moody Gardens in Galveston July 8th -10th. We last met in Galveston when Nakia Scott, MD was TSCAP president in 2018, and we once again have the opportunity to see each other in person after over two years! I am so excited to get to see you all in person and I hope you are looking forward to reconnecting with colleagues you may have not seen in some time.

The program is “Road to Recovery: Treatment and Prevention of Trauma in Children and Adolescents.” We will have the opportunity to learn and discuss the topic from a bio-psycho-social-spiritual perspective with our speakers and discussants. Amy Garrett, PhD will start of the program with identifying brain networks

associated with traumatic stress and the changes seen after treatment. Rene Olvera, MD MPH will follow with the effects of Adverse Childhood Experiences on developing brains. Jennifer Hughes, PhD, MPH will identify risk factors and explore how to incorporate evidence-based assessment of suicide in youth. Drs. Busby, Dodd, Kirk, and Gushanas will be discussants in a panel about working with traumatized youth and Urszula Kelley, MD will explore the neurobiology as well as the implications of understanding attachment. The following day, Drs. Gushanas and Kirk will look at traumatic bereavement including evaluation and intervention. The program will conclude with our Ethics discussion about the Texas Child Mental Health Consortium with Luanne Southern, MSW, Laurel

Williams, MD and Sarah Wakefield MD.

Change is perpetually upon us, and hopefully, we can influence that change toward progress. I am excited to learn from our wonderful group of speakers! I am grateful to the executive committee, our Chief Strategy Officer Debbie Giarratano, and administrative assistant MJ Miller for helping bring this program together. I am also thankful for our membership's willingness to lead in addressing everything going on in the world, including the ongoing COVID pandemic and the Youth Mental Health Crisis, the effect on access to mental health care related to the politicization of gender-affirming care, and the trauma of mass violence events like that in Uvalde. The foresight our organization has had continues to put us in a position to meet



Phillip Balfanz, MD, MBA

our objectives in our daily practice of medicine, supporting the work of the Texas Child Mental Health Care Consortium and advocating at the legislature with the wisdom of Eric Woomer and Courtney Williamson.

Thank you for allowing me to serve over this last year as TSCAP President and I look forward to continuing to support Dr. Debra Atkisson as TSCAP President over this next year! Please join us in Galveston with the registration information below. ■



Texas Society of Child & Adolescent Psychiatry

Annual Convention & Scientific Program

Road to Recovery:

Treatment and Prevention of Trauma in Child and Adolescents

July 8-10, 2022 • Moody Gardens Hotel, Galveston, Texas



GENERAL INFORMATION

MEETING LOCATION

TSCAP's Annual Convention and Scientific Program will be held at the Moody Gardens Hotel, One Hope Blvd., Galveston, Texas. Moody Gardens boasts diverse Galveston attractions. Activities include its massive pyramids, with one focused on the rainforest and the other on ocean life. Moody Gardens also has Galveston's premier golf course, 3D and 4D movie theaters, Discovery Museum, the Colonel Paddlewheel Boat, Rope and Zip Line. Fun for everyone!

OPENING WELCOME RECEPTION WITH EXHIBITORS

Make plans to attend the complimentary Welcome Reception with

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Exhibitors on Friday evening, 6:30 pm - 8:30 pm, Moody I Ballroom, Moody Gardens Hotel. Visit throughout the evening with your friends, colleagues and exhibitors in a fun-filled, relaxing atmosphere and be sure to stop by the exhibitors' booths to complete your entry form for the special door prize drawings to be awarded on Saturday!

EXHIBITS

TSCAP's Welcome Reception, Continental Breakfasts and Refreshment Breaks, will be held in the Moody I Ballroom of the Moody Gardens Hotel. Exhibits will be open throughout the evening, Friday and during the day, Saturday, and will provide you with information designed to enhance your practice and help improve the optimal delivery of medical care to your patients. In addition, there will be 'job fair' exhibitors who have employment opportunities for Psychiatrists in the State of Texas.

Welcome Reception
Friday – 6:30 - 8:30 pm

Continental Breakfast
Saturday – 7:30 am - 8:30 am

Refreshment Break/Door Prize Drawings
Saturday – 10:30 am - 10:50 am

HOTEL RESERVATIONS

Special TSCAP discounted room rates at the rate of \$209.00 are available to program registrants **BEFORE JUNE 16 or upon sellout**, whichever occurs first. Make your hotel reservation today by using the Booking Link:

<https://reseze.net/servlet/SendPage?hotelid=1722&skipfirstpage=true&page=3619> or calling Moody Gardens Hotel's Central Reservations at 1-888-388-8484, EXT 2 and referring to group name Texas Society of Child and Adolescent Psychiatry.



Refreshment Break/Door Prize Drawings
Saturday – 11:50 am - 12:10 pm

Refreshment Break with Exhibitors and Door Prize Drawings
Saturday - 2:10 pm - 2:30 pm

Exhibitors Tear Down and Depart
Saturday – 3:00 pm - 5:00 pm

Refreshment Break
(no door prize drawings)
Sunday – 11:15 am – 11:30 am,
Lobby Foyer

CME SCIENTIFIC PROGRAM

The CME Scientific Program will be held on Saturday and Sunday in the Moody II Ballroom of the Moody Gardens Hotel.

ANNUAL MEETING BREAKFAST

The Annual TSCAP Business Meeting and Breakfast will be held Sunday, 7:45 am - 8:45 am in the Garden Cay room, located opposite the hotel lobby bar/registration desk, of the Moody Gardens Hotel. ■

EXHIBITS

TSCAP would like to thank the following Sponsors who will have exhibits with job opportunities available in Texas and information about Malpractice Insurance at the meeting:

GOLD

MindPath Health

BRONZE

American Professional Agency, Inc.

The Menninger Clinic

UTMB Correctional Managed Care

UTHGV-TCHAT



Texas Society of Child & Adolescent Psychiatry

Annual Convention & Scientific Program

Road to Recovery: Treatment and Prevention of Trauma in Child and Adolescents

July 8-10, 2022 • Moody Gardens Hotel, Galveston, Texas



Danielle Busby, Ph.D.
Assistant Professor
Pediatrics – Psychology
Baylor College of Medicine
Houston, Texas
Vice President of Professional
Relations and Liaison
Black Mental Wellness, Corp
Houston, Texas



Cody Dodd, Ph.D.
ChAssistant Professor
Psychiatry and Behavioral
Sciences
UTMB School of Medicine
Houston, Texas



Amy Garrett, Ph.D.
Director
Neuroimaging Core for
Department of Psychiatry
Assistant Professor
Department of Radiology and
Psychiatry
Long School of Medicine
UT Health San Antonio
San Antonio, Texas



Kim Gushanas, Ph.D.
Assistant Professor
Licensed Psychologist
Department of Psychiatry and
Behavioral Sciences
UTMB School of Medicine,
Galveston, Texas



Jennifer L. Hughes, Ph.D., M.P.H.
Psychologist and Clinical Scholar
Big Lots Behavioral Services, Nationwide
Children's Hospital
Associate Professor
Department of Psychiatry and Behavioral
Health
The Ohio State University
Adjunct Associate Professor
Department of Psychiatry
UT Southwestern Medical Center
Dallas, Texas



Urszula Kelley, M.D.
Chief of Service for Psychiatry
Children's Medical Center
Plano, Texas
Professor
Department of Psychiatry
UT Southwestern Medical Center
Dallas, Texas



Claire Kirk, Ph.D.
Assistant Professor
Psychiatry and Behavioral
Sciences
UTMB School of Medicine
Houston, Texas



Rene Olvera, M.D., M.P.H.
Professor and Vice Chairman for
Community Psychiatry
UTHSC San Antonio
Chief Medical Officer, Center for
Health Care Services
San Antonio, Texas



Luanne Southern, M.S.W.
Executive Director
Texas Child Mental Health Care
Consortium
Houston, Texas



Sarah Mallard Wakefield, M.D.
Chair, Department of Psychiatry
Director of Child and Adolescent
Psychiatry Services
Texas Tech University Health
Sciences Center
Specializing in Child/Adolescent,
Forensic and Perinatal Psychiatry
Services



Laurel Williams, M.D.
Medical Director
Centralized Operation Support Hub,
Psychiatry & Behavioral Sciences
Texas Child Mental Health Care
Consortium
Professor
Menninger Department of Psychiatry &
Behavioral Sciences
Baylor College of Medicine
Houston, Texas

PROGRAM AT A GLANCE

Friday, July 8

8:00 am-8:30 pm
8:00 am-2:00 pm
2:00 pm-5:00 pm
5:00 pm-6:30 pm
6:30 pm-8:30 pm

Registration
Exhibit Set-Up
Exhibit Vendor Set-Up
TSCAP Executive Committee Meeting
Welcome Reception with Exhibitors

Group Registration Desk, Moody Ballroom Foyer, Moody Gardens Hotel
Moody Ballroom 1, Moody Gardens Hotel
Moody Ballroom 1, Moody Gardens Hotel
Board Room, 9th Floor, Moody Gardens Hotel
Moody I Ballroom, Moody Gardens Hotel

Saturday, July 9

7:00 am-5:00 pm
7:30 am-8:30 am
8:00 am-4:00 pm

Registration
Continental Breakfast with Exhibitors
Scientific Program

Note: For Saturday's Program, to reduce expenses, refreshments will be set in one location, in the Exhibit Hall, Moody I Ballroom

Group Registration Desk, Moody Ballroom Foyer, Moody Gardens Hotel
Moody I Ballroom, Moody Gardens Hotel
Moody II Ballroom, Moody Gardens Hotel

10:30 am-10:50 am
11:50 am-12:10 pm
12:05 pm

Refreshment Break and Door Prize Drawings
Refreshment Break and Door Prize Drawings
Lunch for CME Program Registrants

Note: Boxed lunches will be provided during the CME program

Moody II Ballroom, Moody Gardens Hotel
Moody I Ballroom, Moody Gardens Hotel
Moody II Ballroom, Moody Gardens Hotel

2:10 pm-2:30 pm
3:00 pm-5:00 pm

Refreshment Break and Door Prize Drawings
Exhibits Teardown / Depart

Moody I Ballroom, Moody Gardens Hotel
Moody I Ballroom, Moody Gardens Hotel

Sunday, July 10

7:00 am - 2:00 pm
7:45 am - 8:45 am

Registration
TSCAP Annual Business Meeting and Breakfast
Open to All Attendees
See Registration Form for Payment Information

Group Registration Desk, Moody Ballroom Foyer, Moody Gardens Hotel
Garden Cay Room
*located opposite the hotel lobby bar/
registration desk of the Moody Gardens Hotel*

8:45 am - 12:45 pm
11:15 am - 11:30 am

Scientific Program
Refreshment Break

Moody II Ballroom, Moody Gardens Hotel
Moody Gardens II, Ballroom Foyer, Moody Gardens



Road to Recovery:

Treatment and Prevention of Trauma in Child and Adolescents

TARGET AUDIENCE / PROGRAM OBJECTIVES

This live activity has been designed with didactic lectures supplemented with panel discussion, clinical vignettes, audiovisual presentations, direct discussion and case presentation and discussion in multiple educational sessions.

The program is designed to provide its' target audience of Child and Adolescent Psychiatrists, Adult Psychiatrists, Pediatricians and Primary Care Physicians with clinically relevant information to advance the physicians' competence and provide them with effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

Physicians encounter the effects of trauma in practice regularly. The barriers include being able to recognize the signs of trauma when it may be difficult for patients to express this, understanding the biological, psychological, sociologic and spiritual effects of trauma over time. Objectives are to improve recognition and treatment of youth who have experienced trauma. Identify and stimulate conversation and action around system and policy changes that may reduce trauma as well as improve treatment for those who have already experienced trauma.

IDENTIFIED PRACTICE GAPS / NEEDS ASSESSMENT

TSCAP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of the participants. Recognizing neurobiological, psychological, and cultural basis for risk to exposure to trauma throughout development and what interventions may prevent or ameliorate the effects of this trauma. Identifying who may be at risk, how to collect history. Gaps addressed will include understanding brain network responses to trauma therapy in youth; Identifying neurobiological processes and behavioral consequences of stress on early development; Improving clinician's competency in evaluation for and prevention of child and adolescent suicide in light of recent statistics that reveal a disturbing upward trend in this population; Making clinicians aware of the new statewide programs to increase access to children's mental health services and to expand the children's mental health work force; Understanding the origin and recognizing disorganized attachment in patients with a history of trauma; Identifying how best to approach suspected trauma in children and adolescents; Discussing the effects of secondary-trauma on children and adolescents.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of the Texas Society of Psychiatric Physicians and the Texas Society of Child and Adolescent Psychiatry. The Texas Society of Psychiatric Physicians is accredited by TMA to provide continuing education for physicians.

CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of nine (9) *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

MEDICAL ETHICS AND/OR PROFESSIONAL RESPONSIBILITY STATEMENT

The Ethics Presentation: "ETHICS: The Texas Child Mental Health Consortium: Where We've Been and Where We Are Going" has been designated by the Texas Society of Psychiatric Physicians for a total of two (2) credits of education in medical ethics and/or professional responsibility.

FACULTY AND PLANNERS DISCLOSURE POLICY

In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered to the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the education activity. TSPP will disclose to learners the existence (or non-existence) of all relevant financial relationship(s) that the faculty and planners did (or did not) have with any ineligible companies concerned with the content of the educational presentation. Disclosure will occur prior to the presentation through written communication in the syllabus / handout materials.

SCIENTIFIC PROGRAM SCHEDULE

Saturday, July 9, 2022

Six (6) *AMA PRA Category 1 Credits™*

8:00 am - 8:30 am	Welcome & Opening Remarks
8:30 am - 9:30 am	Neural Changes Accompanying Symptom Improvement During Trauma Focused Therapy Amy S. Garrett, Ph.D. Objectives: The learning objectives for this activity has been designed to address clinical competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none">Identify brain networks associated with traumatic stress in youthRecognize changes in brain function that accompany symptom improvement during trauma-focused therapy for youth
9:30 am - 10:30 am	Adverse Childhood Experience and the Developing Brain Rene L. Olvera, M.D., MPH Objectives: The learning objectives for this activity has been designed to address clinical competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none">Describe the impact of trauma on the stress response system.Identify impacts of early adverse life experiences on brain development.Describe how biological insults to brain development increase the risk of future violent behavior.
10:30 am - 10:50 am	Refreshment Break
10:50 am - 11:50 am	Addressing the Growing Epidemic of Child and Adolescent Suicide Jennifer L. Hughes, PhD, MPH Objectives: The learning objectives for this activity has been designed to address clinical competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none">Identify risk factors and warning signs for child and adolescent suicideDescribe sociocultural contributing factors affecting children and adolescents.Incorporate evidence based systematic methods of child and adolescent suicide assessment into clinical practice
11:50 am - 12:10 pm	Refreshment Break
12:05 pm	Lunch for CME Program Registrants NOTE: Boxed lunches will be provided during the CME program
12:10 pm - 2:10 pm	PANEL: Clinical Considerations in Working with Traumatized and At-Risk Youth Danielle Busby, Ph.D., Cody Dodd, Ph.D., Claire Kirk, Ph.D., & Kim Gushanas, Ph.D. Objectives: The learning objectives for this activity has been designed to address clinical competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none">Integrate knowledge of acute and post-traumatic stress reactions in youth to sensitively evaluate trauma history, risk and protective factors in trauma-exposed youth and families.Recognize risk factors for post-traumatic Stress common to Texas youth.Identify core features of preventative psychoeducation and interventions that psychiatrists can use to promote resilience in trauma exposed youth.Refer to evidence-based psychosocial interventions for patients based on age, trauma factors, and culturally appropriate care.
2:10 pm - 2:30 pm	Refreshment Break
2:30 pm - 3:30 pm	Attachment Disorganization: From Childhood Trauma to Subsequent Psychopathology Urszula Kelley, M.D. Objectives: The learning objectives for this activity has been designed to address clinical competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none">Identify features of each classification of attachmentExplain the origins and neurobiology of disorganized attachmentDiscuss clinical implications of attachment research
3:30 pm - 4:00 pm	Closing Remarks

Sunday, July 10, 2022

Three (3) *AMA PRA Category 1 Credits™*, with 2 of the Hours Designated for Medical Ethics/Professional Responsibility

8:45 am - 9:15 am	Welcome & Opening Remarks
9:15 am - 11:15 am	Traumatic Bereavement in Youth: Evaluation & Intervention Kim Gushanas, Ph.D. & Claire Kirk, Ph.D. Objectives: The learning objectives for this activity has been designed to address clinical competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none">Identify common reactions to traumatic bereavement in youth across development.Evaluate risk and protective factors for in youth who have experienced or are anticipating a traumatic deathRecognize features of adaptive and maladaptive grief in youth and caregiversPromote adaptive grieving in traumatized youth and caregiversIdentify when a referral for intervention is recommended
11:15 am - 11:30 am	Refreshment Break
11:30 am - 12:30 pm	ETHICS: The Texas Child Mental Health Consortium: Where We've Been and Where We Are Going Luanne Southern, MSW, Laurel Williams, M.D., & Sarah Mallard Wakefield, M.D. Objectives: The learning objectives for this activity has been designed to address clinical competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none">Provide background on Senate Bill 11 from the 86th Texas Legislature.Provide information on the Texas Child Mental Health Care Consortium.Provide information on the specific Consortium programs and goals.Update regarding American Rescue Plan Act funds and support.
12:30 pm - 12:45 pm	Closing Remarks



2022 BALLOT

ELECTION OF OFFICERS

Please complete this ballot and return to TSCAP by mail (401 West 15th Street #675, Austin, Texas 78701) or email tscapofc@aol.com by JULY 5, 2022.

Results will be announced at the Annual Business Meeting on July 10, 2022.

Program and Registration Form for TSCAP Annual Meeting at Moody Gardens available below or at www.txpsych.org, Conferences and Events Tab.

PRESIDENT ELECT 2022-23 (check one)

- ☐ Laura Stone, MD, Dallas (for Dr. Debra Atkisson’s Expiring Term)
- ☐ Other _____

SECRETARY-TREASURER 2022-23 (check one)

- ☐ Andrew Diederich, MD, Dallas (for Dr. Laura Stone’s Expiring Term)
- ☐ Other _____

COUNCILOR 2022-2025 (check one)

- ☐ Mrudula Rao, MD, San Antonio 2022-25 (Renewed term)
- ☐ Other _____

COUNCILOR 2022-2023 (check one)

- ☐ Catherine Karni, MD, Dallas 2022-25 (for Unexpired Term of Jonathan Dowben, MD)
- ☐ Other _____

AACAP DELEGATE 2022-2025 (check one)

- ☐ Sabrina Browne, MD, North Richland Hills (for Dr. Tushar Desai’s Expiring Term)
- ☐ Other _____



TSCAP LEADERSHIP 2021-2022

OFFICERS

President

Phillip Balfanz, MD (2021-22)

President-Elect

Debra Atkisson, MD (2021-22)

Secretary/Treasurer

Laura Stone, MD (2021-22)

Immediate Past President

Melissa DeFilippis, MD (2021-22)

COUNCILORS

James Norcross, MD (2021-24)

Jonathan Dowben, MD (2020-23)

Mrudula Rao, MD (2019-22)

AACAP DELEGATES

Lisa Falls, MD (2021-24)

Andrew Diederich, MD (2019-22)

Joseph Shotwell, MD (2021-24)

Nakia Scott, MD (2020-23)

Mili Khandheria, MD (2021-24)

Mohsin Khan, MD (2021-24)

Sarah Wakefield, MD (2021-24)

Jessica Sandoval, MD (2021-24)

AACAP ALTERNATE DELEGATES

Melissa DeFilippis, MD (2021-24)

Regina Cavanaugh, MD (2021-24)

Ross Tatum, MD (2019-22)



TSCAP Annual Convention & Scientific Program

“Road to Recovery: Treatment and Prevention of Trauma in Children and Adolescents”

JULY 8-10, 2022 • Moody Gardens Hotel, Galveston, Texas

REGISTRATION

NAME	DEGREE		
MAILING ADDRESS	CITY	STATE	ZIP
TELEPHONE NUMBER	FAX NUMBER	E-MAIL	

Name(s) of Guest(s) Attending _____

SCIENTIFIC PROGRAM REGISTRATION (includes Scientific Program, Saturday Continental Breakfast, Saturday lunch at 12:05 pm in the CME Program, Saturday & Sunday Refreshment Breaks.

	Before June 16	After June 16	
TSCAP Member Physician	\$195	\$215	_____
Non-Member Physician	\$250	\$270	_____
Spouse / Guest Claiming CME Credit	\$195	\$215	_____
Allied Health Professional / Spouse / Guest	\$180	\$200	_____
TSCAP Member Trainee	\$15	\$30	_____
Non-Member Trainee	\$25	\$50	_____
Medical Student	\$10	\$20	_____
Non-Member Medical Student	\$15	\$30	_____

SOCIAL EVENTS

☐ Friday Welcome Reception

Name(s) Attending Reception: _____

☐ Sunday Membership Business Breakfast


TSCAP Member	\$15	\$20	_____
Non-Members/Guests/Spouse/Child	\$20	\$25	_____

Name(s) Attending Breakfast: _____

MEETING SYLLABUS ORDER

<input type="checkbox"/> Online Meeting Syllabus	Free	Free	_____
<input type="checkbox"/> Color Printed Copy	\$75	\$100	_____
<input type="checkbox"/> Black & White Copy	\$50	\$75	_____

☐ Vegetarian Plate Requested. No additional fee if requested prior to June 16, otherwise there will be an additional fee of \$15.00.

 If you require any special assistance to fully participate in this conference, please contact TSCAP via e-mail tscapofc@aol.com or 512/478-0605.

TOTAL REGISTRATION

PAYMENT INFORMATION

Check in the Amount of \$_____ Make Checks Payable to Texas Society of Child and Adolescent Psychiatry

Please Charge \$_____ To My: ☐ VISA ☐ MasterCard ☐ American Express

Credit Card # _____ Expiration Date: _____

3 or 4 Digit Security Code on Back of Card on Right of Signature Panel _____

Name of Cardholder (as it appears on card) _____

Signature _____

ADDRESS WHERE YOU RECEIVE YOUR CREDIT CARD STATEMENT (include address, city, state, zip): _____

CANCELLATIONS – Deadline for cancellation is June 16, 2022. In the event of cancellation, a full refund will be made if written notice is received in the TSCAP office by June 16, 2022, less a 25% handling charge. NO REFUNDS WILL BE GIVEN AFTER June 16, 2022.



Committee Preferences 2022-23

THANK YOU for your continued membership and support in strengthening the voice of Psychiatry in Texas! TSPP's mission is to develop the highest quality of comprehensive psychiatric care for patients, families, and communities and your individual membership helps collectively accomplish that goal by enabling TSPP to continue to provide quality CME programs and a strong legislative voice for Psychiatry.

Your personal involvement in TSPP's activities also helps to shape the future of Psychiatry. With this in mind, TSPP invites you to serve on committees this year by selecting from the list in the preference form, the committees you have an interest in (Please try to limit your selection to one Committee per Council listing to avoid potential meeting conflicts). Participation in committees also provides an opportunity to informally network with your colleagues from around the State and share issues and concerns about your practice, patient care,

legislative matters and medical education.

To make your selection and submit your committee preferences, complete Name/ Address/Email and place an "X" in the appropriate committee columns and email to tsppofc@aol.com, fax to 512-478-5223 or mail it to TSPP, 401 West 15th St., Ste. 675, Austin, Texas 78701. Your selections must be received by TSPP by July 31. Your preferences will be considered by TSPP President Karen Dineen Wagner, M.D., PhD when she begins making appointments. Appointments are generally for 3 years. Confirmation of committee appointments will be mailed in August. Information about each of the committee's charges is listed below the committee preference form.

Committees will meet in November 2022 and April 2023. If you have any questions please do not hesitate to contact our office via email tsppofc@aol.com or leave a telephone message at 512-478-0605 for a return call. ■

COMMITTEE CHARGES 2022-23

COUNCIL ON ADVOCACY
GOVERNMENT AFFAIRS: To monitor present and proposed legislation and regulation at all government levels that could affect services to psychiatric patients; to attempt to ensure such legislation is in conformity with the principles of scientific care; to propose needed legislation or regulation, in liaison with other interested groups when appropriate, that would benefit psychiatric patients and the psychiatric profession in its efforts to treat patients effectively; and, to monitor court developments affecting patients and members.

COUNCIL ON EDUCATION
CONTINUING MEDICAL EDUCATION: To develop the Scientific Program for the Texas Society of Psychiatric Physicians' Annual Meeting in accordance with the Essentials as outlined in the Texas Medical Association's CME Guidelines, after receiving approval both from the Executive Council and the Finance Committee for particular plans; and, to assist the President-Elect in the development of the Scientific Program for the Texas Medical Association Section on Psychiatry.

PROFESSIONAL PRACTICE MANAGEMENT: To review clinical practice issues affecting members in any practice setting (eg regulations, reimbursement, technology, office procedure, etc) and propose educational programs and policies to

improve the delivery of care to patients and to enhance the practice of psychiatry. As needed, review and update existing practice guidelines and develop new guidelines for the practice of psychiatry.

RESIDENT-FELLOW MEMBER SECTION: To review the needs and concerns of members-in-training as seen by the residents to facilitate more resident involvement with appropriate TSPP Committees; and, to provide a forum for members-in-training for collegial sharing of mutual concerns and ideas.

COUNCIL ON SERVICE
ACADEMIC PSYCHIATRY: To provide a forum for psychiatrists employed by academic centers to network and to share information of mutual interest and concern about their academic settings.

CHILDREN & ADOLESCENTS: To monitor developments in the field of child and adolescent psychiatry, in both the private and public sectors, and to inform the membership of issues and policies affecting the care and treatment of children and adolescents.

PUBLIC MENTAL HEALTH SERVICES: To review the effectiveness of the organization of clinical services, and the funding for public mental health services administered and/or provided by State and local public agencies; and, to assess the authority, roles, and functions of psychiatrists in public

Committee Preferences 2022-23

NAME

ADDRESSCITYSTATEZIP

EMAIL

COUNCILS & COMMITTEES 2022-23	Current Member	Request Reappointment	Wish to Resign	Request New Appointment
COUNCIL ON ADVOCACY				
Government Affairs				
COUNCIL ON EDUCATION				
Continuing Medical Education				
Resident-Fellow Member Section				
Professional Practice Management				
COUNCIL ON SERVICE				
Academic Psychiatry				
Children & Adolescents				
Forensic Psychiatry				
Public Mental Health Services				
COUNCIL ON FELLOWSHIP				
Chapter Leadership Forum (1)				
COUNCIL ON LEADERSHIP				
Constitution & Bylaws (2)				
Ethics (2)				
Distinguished Fellowship (2)				
Finance				
Nominating (3)				

(1) Chapter Officers and Representatives (2) Appointed by Chapter (3) Past Presidents

mental health services.

FORENSIC PSYCHIATRY: To review the legal aspects of civil, criminal, correctional and legislative issues that affect patients and the practice of psychiatry.

COUNCIL ON FELLOWSHIP
CHAPTER LEADERSHIP FORUM: To provide a forum for Chapter leaders to meet and discuss issues of mutual interest regarding Chapter operations.

COUNCIL ON LEADERSHIP
CONSTITUTION & BYLAWS: To prepare, as necessary, changes in the Constitution

and Bylaws as mandated, either by vote within the Society or changes in APA structure which affect the District Branch structure as well; to review the Constitution and Bylaws and submit recommendations for possible improvement of the current document.

ETHICS: To undertake the confidential investigation of complaints of unethical behavior or practices against Texas Society of Psychiatric Physicians' members in accordance with APA procedures approved by the Assembly and the Board of Trustees.

DISTINGUISHED FELLOWSHIP: To coordinate all nominations for advancement of Distinguished Fellowship in the American Psychiatric Association and make recommendations to the Executive Council regarding Fellowship recommendations.

FINANCE: To prepare an annual operating budget, taking into account previous years' income and expenses, and requests from individual committees and other components; to review requests from members regarding dues adjustments and recommend appropriate actions to the Executive Council; to oversee and advise on investment strategies for reserve funds; to present financial statements; to make recommendations to the Executive Council and the membership as to the financial needs of the Society; and to develop strategies to recruit and retain members.

NOMINATING: To recommend a slate of officers to the membership at the annual meeting as per Chapter VI, Section VI of the TSPP Bylaws; to screen nominations for the Distinguished Service Award, the Special Service Award, and the Psychiatric Excellence Award and other awards approved by the Executive Council, and to make recommendations in regard to these matters to the Executive Council. ■

78,000+

PSYCHIATRY-SPECIFIC RISK MANAGEMENT ISSUES ADDRESSED

IN ADDITION TO 1,500+ COVID-19 RELATED CALLS ANSWERED

WE SUPPORT YOU

Having addressed more than 78,000 psychiatry-specific risk management issues on the Risk Management Consultation Service helpline since 1997, our experienced and knowledgeable team of in-house risk managers is committed to providing assistance when you need it most. And with a library of 360+ risk management articles and frequent updates related to COVID-19, our clients have access to informative and timely resources free of charge.

SUPPORT

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CHARLES D. CASH, JD, LL.M., ARM

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JUNE/JULY 2022

TEXAS PSYCHIATRIST

5



Foundation 2022 Annual Fundraising Campaign

Richard Noel, M.D., DFAPA, Chair, Texas Foundation for Psychiatric Education and Research



Richard Noel, MD, DFAPA

The Foundation continues! Hello. This is my first letter as Chairman of the Texas Foundation for Psychiatric Education and Research. This has been an exciting year as the nation continues to recover from the lockdown of COVID and we begin to have in-person meetings again. I look forward to seeing friends and colleagues in our upcoming Federation meetings.

Our Foundation plays a major role in supporting our activities in organized psychiatry. We support education on all levels: of the public – through support of our chapters during Mental Illness Awareness Week; of legislators – very important to educate our lawmakers so they may make sound policies that allow us to help our patients; of physicians – through support of our annual meetings, especially the annual meeting in November. With the help of the Foundation, TSPP, TSCAP, and TAP are able to offer quality CME that help us provide the best care for our patients. No contribution is too small, or too big! Steady giving over time from our members has allowed the Foundation to grow and provide support for these activities.

Also, over the years the Foundation has been able to support special conferences (e.g., one on insanity defense several years ago) as well as various research

projects. As the Foundation grows, we will be able to provide more support.

Finally, I wish to acknowledge all the work of my predecessor, Clay Sawyer MD, in his support of the Foundation these past many years – Clay has been my mentor since I was a medical student. I will try hard to follow his fine example! And, of course I acknowledge the contributions of John Bush, Debbie Giarratano and staff through the years of keeping our Federation activities going. ■

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Transitions Ahead, Now and in the Future

CSO Debbie Giarratano Retires, Federation Members' Help in Uvalde

Daniel B. Pearson, III, M.D., DLFAPA, Chair, Federation of Texas Psychiatry



Daniel Pearson, III, MD, DLFAPA

So much is going on in the news that sometimes I think about being an ascetic hermit. I know that really is not very likely, and since my wife would probably not approve, so I thought I might share some random thoughts.

First, the Federation of Texas Psychiatry, our administrative organization associated with all of our clinical and lobbying efforts, is undergoing a transition. The Executive Board is searching for an Executive Director with the many varied skills and experience necessary to administer the Federation's day-to-day business of taking care of the other organizations - TSPP, TSCAP, the Academy and the Texas Foundation for Psychiatric Education and Research.

We are in the process of interviewing several interesting candidates and hopefully by the time this Newsletter makes it to the psychiatrists of Texas, we should be well on the way to having such a person.

We had hopes of finding that one person who can juggle the many hats necessary to keep all of the organizations functioning, but finding someone who can step into Debbie Giarratano's big shoes as Executive Director has shown to be a very daunting task.

In the meantime, our former Executive Director and now Chief Strategy Officer, Debbie Giarratano, is assisting the Executive Board in this search.

Debbie has been with Texas psychiatry for 34 years and she along with John Bush, had been the leadership team that so capably piloted the organizations through some

very choppy waters over the years.

With this search under way, Debbie will be stepping away from the organization and opening a new chapter of her life.

We will miss Debbie.

Also very actively involved in the task of choosing a new Executive Director is the Executive Board as well as several past members of the Board, who have been willing to share their wisdom. The search committee is greatly appreciated.

So not associated with the Federation, per se, I have been thinking a lot about other items in the news, especially the senseless massacre of young children and dedicated teachers in Uvalde, Texas. The several psychiatric organizations, especially The Texas Society of Child and Adolescent Psychiatry has been in meetings seeking and planning ways to assist and aid the Uvalde community that is in such pain.

The President of TSCAP, Phillip Balfanz, MD, will be taking part further in those discussions and we will hear more from him about that, I am sure.

Uvalde also brings to my thoughts the concept of Evil. Though I want to believe all people are basically good. Such senseless acts also seem to prove that Pure Evil does exist. What could be in a young person that leads to such horrendous decisions is beyond me. And yet, I still do believe there is more Good in the world than Evil, though sometimes it seems Evil is becoming more visible if not more prevalent, and possibly more tolerate. Maybe I was just not looking

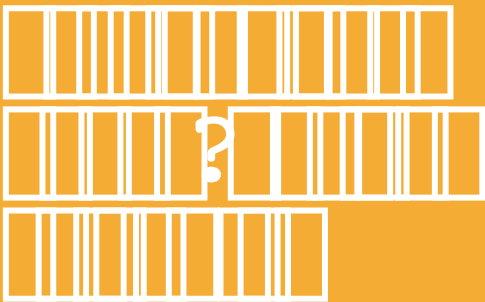
or not seeing it. Oh, of course, there was Evil, but it always seemed to be "somewhere over there"; in Germany with the Nazi Reich, or in the USSR with Stalin's purges or in Africa or wherever senseless persecution and senseless killings are everyday occurrences. But when those tragedies seem to be coming to my country and near my home, it makes me believe the world is changing. I know that change is inevitable, but when that change is making so many more hurt, then I don't want my world to change in that way.

Talking about Good and Evil, is not a new theme, but what can we do to improve that balance?

Perhaps some of the ways we can help our world may be by the very responses to the Uvalde community, not just with counseling, not just by TSCAP, not just churches, but all of us together. I believe that these are the Good in the world that may be able to undo what Evil has done.

And we must keep trying, keep standing against Evil. ■

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Texas Academy of Psychiatry Update

Michael R. Arambula, MD, PharmD, DLFAPA, President, Texas Academy of Psychiatry

On March 5th, 2022, the Texas Academy of Psychiatry hosted our first official CME program, in conjunction with the American Professional Agency. This 5-hour program included discussions in four major areas of professional risk; these included documentation, treating high risk patients, telepsychiatry and risks associated with outpatient treatment. All of the presentations were excellent and to the point and the question/answer periods allowed interesting discussion, as well.

We had a good participation for our first CME offering.

I would also like to take this as an opportunity to thank all of the outstanding speakers we heard on the program and to

thank all of the participants who joined us for the Academy's CME webinar. I believe the topics were appreciated by everyone.

I also want to express appreciation to Ms. M.J. Miller of the Federation of Texas Psychiatry, Administrative Assistant, and to Debbie Giaritano, the Federation Chief Strategist, for all of their efforts in making this, our first program, a big success.

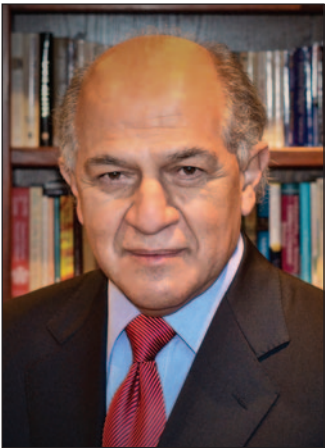
This program represents an opportunity to offer a variety of topics, perhaps not readily available through other CME sources, is also a good reason to be a member of the Texas Academy of Psychiatry.

TSPP members and members of the Texas Child and Adolescent Psychiatric Society, receive a substantial discount

when joining the Academy.

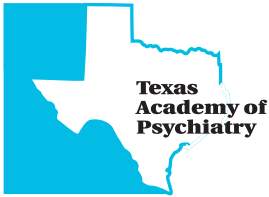
Academy membership also offers an opportunity for unaffiliated psychiatrists to take part in CME and the valuable professional association of organized Texas psychiatry.

For additional information about the annual meeting, our CME programs and / or membership, please visit the Federation of Texas Psychiatry's website, www.txpsychiatry.org and click on Conferences & Events.



Michael R. Arambula, MD, PharmD, DLFAPA

To apply for membership go to <https://www.txpsych.org/academy> or email TXPsychiatry@aol.com



Academy Recruitment Drive

Advocates for Patients and Quality Psychiatric Care

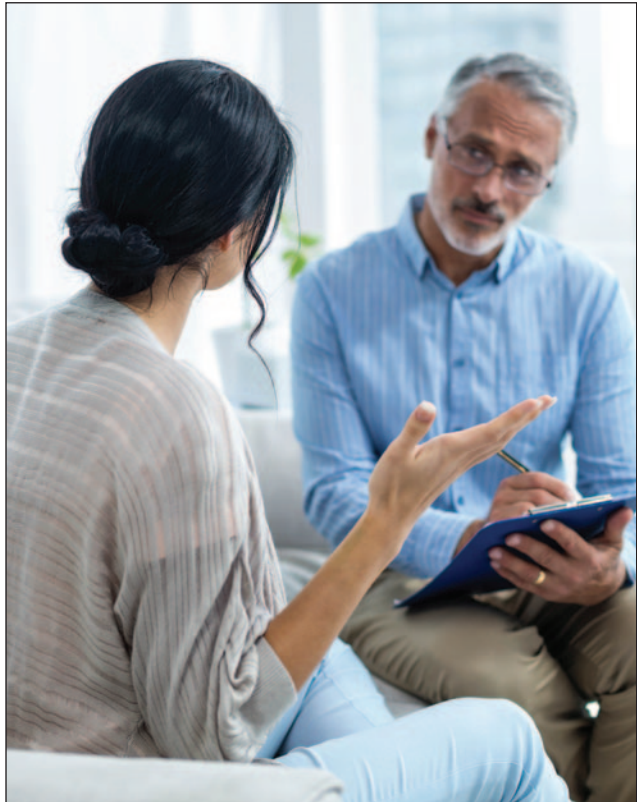
Help Strengthen the Voice of Psychiatry in Texas!

Objectives of the Academy

- To promote the common professional interests of its members;
- to improve the treatment, rehabilitation, and care of the mentally ill, the intellectually challenged, and the emotionally disturbed;
- to advance the standards of all psychiatric services and facilities;
- to promote research, professional education in psychiatry and allied fields, and the prevention of psychiatric disabilities;
- to foster the cooperation of all who are concerned with the medical, psychological, social and legal aspects of mental health and illness;
- to make psychiatric knowledge available to other practitioners of medicine, to scientists, and to the public;
- to promote the best interests of patients and those actually or potentially making uses of mental health services;
- to coordinate and work in concert with other state professional psychiatric associations on joint public and professional education projects and public policy advocacy; and,
- to advocate for its members.

The Texas Academy of Psychiatry was established in 2004 to provide psychiatrists with a choice of membership in organized psychiatry without a requirement of dual membership in a national organization. Membership is available to physicians with a current medical license without restrictions and who have a residency training certificate from an approved psychiatric residency program. Classes of membership include: Member-in-Training, General Member, Fellow (8 years of membership and/or recognized by APA as a Fellow or Distinguished Fellow), Retired member, and Associate member (a member in good standing with TSPP or TSCAP). All classes of members have voting privileges.

- ### MEMBERSHIP BENEFITS
- Discounted CME
 - Legislative Advocacy
 - Newsletters
 - No requirement of dual membership in a national organization
 - Members-In-Training have \$0 annual dues
 - TSPP & TSCAP members are eligible for discounted annual TAP dues of \$25



- ### NETWORKING AND MENTORSHIP
- Connect with innovative and experienced professionals to build and sustain a successful psychiatric career and practice
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CALENDAR OF MEETINGS

JULY

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NOVEMBER

**SAVE THE DATES
11-14 Texas Society of Psychiatric Physicians
Annual Convention & CME Scientific Program**

JOB BANK

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation's **JOB BANK** on its website at www.txpsych.org. The Federation's **JOB BANK** could be just what you have been looking for.



**The Federation of Texas Psychiatry has
furthered our mission to serve as a United
Voice for Psychiatry by taking to Twitter!
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