

Texas Psychiatrist



All Eyes on Fort Worth this November 9-12!

Brigitte Bailey, MD, President, Texas Society of Psychiatry Physicians

This year marks the 67th Annual TSPP Convention and Scientific Program, and I am excited to share some highlights of what will be a memorable event at the Omni Fort Worth, November 9-12 (see registration details on page 5). The title of the fall program is “Bridging the Gaps: Embracing Diversity in Psychiatric Care,” and our CME Committee, led by Co-Chairs Dr. Andrew Harper and Dr. John Casada, have put together an amazing program that looks at treatment updates for perinatal mental health conditions, recognizing autism spectrum disorders that present after childhood, reaching out to LGBTQ+ patients, psychedelics in mental health

treatment, special issues in guardianship, and updates on telepsychiatry. The CME Committee has worked very hard to get excellent speakers for each of these topics and I am confident that this program will provide value to a wide audience.

As always, the Friday prior to the CME program (November 10) will be used for meetings of the various TSPP Committees as required by our bylaws. If you are not currently a member and wish to join, please complete the online committee preference form on our site at txpsych.org/tspp/committees or fill out the committee form on page 6 and mail to the TSPP office at 401 West 15th St. Suite 675, Austin, TX 78701.

Additional information and registration details can also be found on our recently updated website at txpsych.org/tspp2023fallmeeting. Here you can also register and make payment directly, making it faster and easier than ever before (no more waiting for an email invoice). Alternately, you can also complete the registration form on page 5 and mail a check to the TSPP office.

Speaking of our new website, all TSPP members should have received an invitation email to login to the new members-only portal to update their profile. In this new section of the site, you can search a private directory to find other members of



Brigitte Bailey, MD

TSPP, TSCAP and TAP. It is also possible to search by Committee or Chapter, making it easier than ever to keep up with your colleagues and share information. If you have not gotten the invitation to update your profile or the link has expired, please email TSPP@txpsych.org and a member of the team will assist you. ■



88th Texas Legislature: Overview

Eric Woomer, Federation of Texas Psychiatry Public Policy Consultant

After a five-month whirlwind, the 88th Texas Legislature adjourned Sine Die on May 29th. Members filed a remarkable total of more than 8,000 bills, passing 15%, including important legislation related to grid reliability, teacher retirement system funding, ending gender modification procedures for minors, extending Medicaid eligibility for new mothers to a full year, protecting consumer data, and reducing the risks to children from social media. However, tension and disagreements between the two chambers' leaders left big-ticket items undone at the close of session, including property tax relief, public school voucher, teacher pay raises, and border security.

As anticipated, Governor Greg Abbott called the Legislature back immediately for a First Called Special Session with two items on the call: property tax relief through tax compression and border security by addressing human trafficking. The House and Senate gavelled back in on May 30th, and within days, the House passed their versions of legislation aligned to the Governor's call, and then adjourned for the

remainder of the special session. The Senate continued working for the full 30 days before adjourning on Tuesday, June 27th.

The timing of the special session coincided with the Governor's veto period, which ran through June 18th. Gov. Abbott extensively leveraged his veto power in a fruitless attempt to garner a compromise between the chambers on the property tax issue. In the end, Gov. Abbott vetoed 76 bills, a personal record, second only to Governor Rick Perry at 83 in 2001.

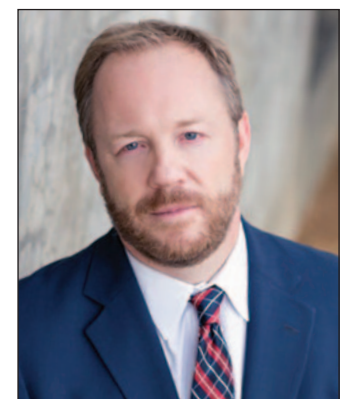
Given the failure to pass any legislation in the first called session, Gov. Abbott wasted no time calling lawmakers into a Second Called Special Session, which began immediately on June 30th, and focused solely on property taxes. At this time, the House and the Senate are searching a pathway for a compromise to grant more than \$17 billion in property tax relief.

Two other inauspicious issues made the 88th Legislature particularly noteworthy. First, the House voted to expel Rep. Bryan Slayton due to his inappropriate behavior and misconduct with one of his female staff

members. Second, the House voted 121-23 to adopt twenty articles of impeachment against Attorney General Ken Paxton for misuse of his office. It is the first such impeachment since 1975. General Paxton has been removed from office pending trial in the Senate, which has been scheduled to begin September 5th. As of late, Paxton has indicated that he will not testify at the trial, but the Senate can compel him to do so. The story continues to develop, and Federation members interested in watching the Senate proceedings can do so by visiting the Senate's website at www.senate.texas.gov and going to the Live Video feed for the chamber.

88th Texas Legislature: Appropriations, Federation Priorities and Other Legislation

Returning to more conventional legislative activities: Mental health was a top priority for the Legislature as it has been over consecutive sessions, and significant investments were made in addressing mental health from many angles. On the budget side, the appropriations for strengthening



Eric Woomer

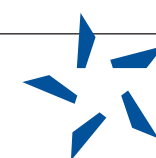
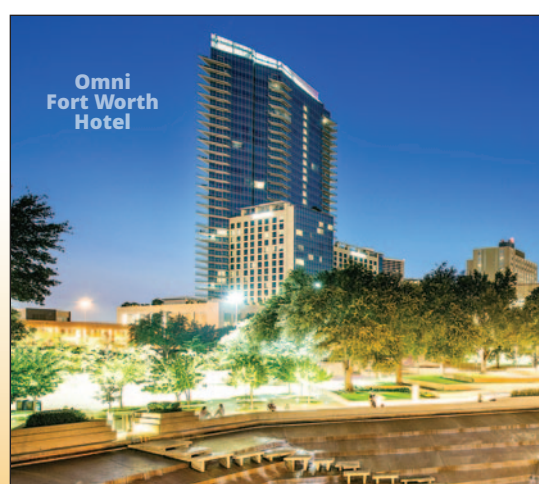
mental health services totaled over \$9 billion to support programs administered by the Health and Human Services Commission (HHSC). These include funding areas such as mental health community hospitals, new and ongoing construction of state hospitals, expanding competency restoration and addressing forensic waitlist, additional dollars for high-risk children programs including new services specifically helping the community of Uvalde, and much more.

Additionally, budget writers adopted an additional \$99 million for Graduate Medical Education to continue moving Texas forward in achieving a 1:1 ratio for residency positions. Appropriations also addressed

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REGISTER NOW!

November 9-12

TSPP 67th Annual Convention and Scientific Program

Omni Fort Worth Hotel

Visit

txpsych.org/tspp2023fallmeeting
to register and book your room today!



The Federation of Texas Psychiatry has furthered our mission to serve as a United Voice for Psychiatry on social media! Follow us on Twitter @FedTXPsych; Facebook, Instagram and LinkedIn

workforce shortages including investing new general revenue dollars to support psychiatry programs at our higher education institutions. The Federation led an effort to fund additional forensic psychiatry fellowships, and successfully secured \$5 million for the 2024-25 biennium to support that effort. This program will be administered by the Texas Higher Education Coordinating Board (THECB), and we are currently working with the agency on implementation.

The Texas Child Mental Health Consortium, another priority for the Federation, received \$280 million for the biennium to support and expand the Consortium's programs and services. Additionally, an effort led by a coalition of mental and behavioral health advocates, including the Federation, resulted in the Mental Health Loan Repayment Program receiving a significant increase in appropriations (from \$2 million over the previous biennium to \$28 million for the next cycle), as well as two bills expanding the eligibility of the program, House Bill 2100 by Rep Four Price/Sen. Charles Schwertner and Senate Bill 532 by Sen. Royce West/Rep. John Kuempel.

Our team tracked over 350 bills for the Federation across a diverse set of policy issues. Here is a snapshot of the outcome:

Federation Priorities:

Psychiatry Innovation Grant/Behavioral Health Innovation Program: HB 400 by Rep. Stephanie Klick addresses workforce shortages in psychiatry through creating two new grant and merit-based programs. It creates the Psychiatry Innovation Grant program to support the state's health related institutions, and establishes the Behavioral Health Innovation Program to award incentive payments to institutions of higher education for innovative training and retention programs to increase the number of mental health professionals. The legislation was signed by Gov. Abbott, but there not an appropriation made to fund these programs at the THECB, which limits implementation opportunities. That issue likely will need to be addressed in the 2025 session.

Step Therapy Protocols for Serious Mental Illness: The Federation was successful in passing HB 1337 by Rep. Lacey Hull, which regulates step therapy protocols under commercial insurance for prescription drugs for serious mental illness. HB 1337 is one of two bills where the Federation led advocacy efforts to address barriers to mediation access for serious mental illness. In 2021, we passed SB 2822 that streamlined the prior authorization process around antipsychotics under the Medicaid program, and now in 2023, we were able address commercial insurance with the passage of HB 1337. The legislation was signed by Gov. Abbott and is effective on September 1, 2023.

Emergency Detention Orders: HB 3504 by Rep. Jeff Leach was the primary vehicle for streamlining the emergency detention process and allowing the use of technology to quickly communicate with judges where needed. The Federation and other advocates have been working on this issue over consecutive sessions. The bill passed the

Several bills with scope of practice implications were filed by multiple members, and the Federation worked with the House of Medicine to protect physician practices.

House and was referred to the Senate Criminal Justice, but no further action was taken. However, our team was able to get key provisions of the bill amended into SB 1624 by Sen. Judith Zaffirini, which was signed by Gov. Abbott and is effective September 1, 2023.

Psychology Prescribing: HB 343 by Rep. Vikki Goodwin was familiar legislation for the Federation, granting independent practice of psychologists. The Federation met with Rep. Goodwin during the interim prior to session to share our concerns and opposition to the bill. While the bill was referred to House Public Health, no further action was taken, killing the bill for the session.

Advanced Practice Registered Nurses (APRN) Independent Practice: HB 4071 by Rep. Klick and SB 1700 by Sen. Cesar Blanco would have given certain APRNs the ability to practice independently in specific settings. These bills did not recieve a hearing in either the House or Senate, and died for the session.

Other Legislation:

SB 26 by Sen. Lois Kolkhorst was omnibus legislation related to mental and behav-

ioral health that touched state hospitals, mental health waitlists, competency restoration and step-down options, and transparency by the local mental health authorities and behavioral health organizations. It created the Innovation Matching Grant Program for Mental Health Early Intervention and Treatment, which requires HHSC to establish a matching grant program to support community-based initiatives that promote identification of mental health issues and improve access to early intervention and treatment for children and families.

Sen. Kolkhorst also filed SB 595 which would have enhanced parental consent procedures for public schools when conducting psychological or psychiatric examinations, tests, or treatments on students. A number of mental health advocates and providers were concerned that SB 595 was overly broad and constrictive, and the bill died in the House. However, Sen. Kolkhorst amended its provisions onto another controversial bill, HB 890, but the House failed to take further action on that legislation, so it died as well.

HB 2337 by Rep. Tom Oliverson would

have provided intensive outpatient services and partial hospitalization services under Medicaid. The bill made it over to the Senate, but never received a hearing. Rep. Oliverson was able to amend the bill's provisions into SB 1677 by Sen. Charles Perry, but concerns by Senate leadership led to the language getting stripped out in conference.

Several bills with scope of practice implications were filed by multiple members, and the Federation worked with the House of Medicine to protect physician practices. Of note, two guardianship bills ultimately included language to address scope concerns – HB 3009 by Rep. Gary Vandeaver, which added provisions increasing supervision requirements for APRNs, and SB 1624 by Sen. Zaffirini, which included provisions limiting the role of psychologists in guardianship proceedings to the confines of their licensed authority.

With no property tax compromise on the immediate horizon, observers expect the House and Senate to continue to meet in special sessions in the near term. The impeachment trial of Gen. Paxton begins in September, 2023 and is expected to run all month, and most political watchers expect Gov. Abbott to call a special session in the October time from to address public school vouchers, and perhaps other issues. It looks to be a long, hot summer and fall in Austin. As always, thank you for allowing us to be your voice at the state Capitol. ■



2023 Mental Illness Awareness Week

Richard Noel, M.D., DFAPA,
Chair, Texas Foundation for Psychiatric Education and Research

Every year the Foundation helps to fund local TSPP chapter activities during Mental Illness Awareness Week, this year falling on the week of October 1-7. We encourage each Chapter to send in an application to the Foundation for consideration. We judge applications based on innovation, partnership with other organizations, and community impact. This week offers a great opportunity to educate the

public about mental illness and its' treatments; it is important to inform the public that they do not have to "suffer in silence" – Recovery is Possible!

About the Foundation: The Texas Foundation for Psychiatric Education and Research was formed in 1991 as a charitable ((501(c)(3)) organization committed to raising funds toward professional education for all physicians regarding psychiatry,



Richard Noel, MD, DFAPA

toward the education of the public regarding psychiatric disorders and sources of help, and toward the support of research regarding psychiatric care. ■

TEXAS FOUNDATION FOR PSYCHIATRIC EDUCATION AND RESEARCH

To Request an Electronic Invoice to Remit Your Foundation Donation,
Email and specify the amount you wish to donate and an electronic invoice will be emailed to you.

I am pleased to support the Foundation with a contribution of:

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☐ I am pleased to commit a pledge of \$ _____ payable on (date) _____

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Make Checks Payable to "Texas Foundation for Psychiatric Education and Research"

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Your contribution is tax deductible to the full extent of the law. Thank you for your support!



TSPP 67th Annual Convention and Scientific Program

November 9-12, 2023 • Omni Fort Worth Hotel • Fort Worth, Texas
“Bridging the Gaps: Embracing Diversity in Psychiatric Care”

MEETING LOCATION

The 67th Annual Convention and Scientific Program will take place at the Omni Fort Worth, located at 1300 Houston St, Fort Worth, TX 76102. Conveniently located in the heart of downtown, the hotel is steps from the Fort Worth Convention Center and within walking distance of things to do in Fort Worth, including historic sites, restaurants and nightlife.



HOTEL RESERVATIONS

To place a hotel reservation at the TSPP discounted room rate of \$249 visit our website at <https://www.txpsych.org/tspp2023fallmeeting/>.

Booking a room within the TSPP room block is an important way to help keep the overall meeting registration fee and costs as low as possible. Booking “outside of the TSPP block” or at another hotel could expose TSPP to monetary damages for hotel room block attrition which may then necessitate an increase in future meeting registration rates. Plus, staying in the hotel keeps you connected with all the activities and networking opportunities during the event. Please “help us help you” by booking your room at the hotel hosting the meeting and within the TSPP room block.

FRIDAY – TEXAS ACADEMY OF PSYCHIATRY PROGRAM

OPEN TO ALL ATTENDEES – FREE for Texas Academy of Psychiatry Members / \$25 for TAP NON-Members. Not a member of TAP? If you are already a member of TSPP or

TSCAP you can join the Texas Academy of Psychiatry as a Member for only \$25.00 (email TAP@txpsych.org for a TAP application to join or go online at www.txpsych.org Academy to download an application). Not interested in membership in TAP yet, you can still register and attend the TAP Program for \$25.00 Registration Fee.

AWARDS RECEPTION / BANQUET

Saturday evening festivities begin with a complimentary wine and cheese reception for registrants attending the Awards Banquet honoring the 2023 TSPP Award Recipients for their outstanding contributions to Psychiatry. Register early to reserve a table for your group at this memorable evening! ■

TSPP 2023 Poster Abstract Submissions

Medical Students, Residents and Fellows in Training who are members of TSPP, TSCAP, and TAP are invited to submit a poster for presentation/display at the TSPP 67th Annual Convention and Scientific Program during the Friday Evening Welcome Reception and Saturday Continental Breakfast and refreshment breaks, November 10-11, at the Omni Hotel Fort Worth.

Complete the Poster Presentation Application Form on website at www.txpsych.org/tspp2023fallmeeting/ by no later than October 15th. If your poster is selected for presentation, your registration fee for the Scientific Program AND Saturday Lunch is waived. Presenters are responsible for their own travel arrangements and expenses.

DAILY SCHEDULE		
Thursday, November 9		
2:00 pm – 8:30 pm	Registration	
6:00 pm – 8:00 pm	TSCAP Executive Committee	
7:00 pm – 8:00 pm	Chapter Leadership Forum Meeting	
7:00 pm – 8:30 pm	Resident Fellow Mixer	
8:00 pm – 9:30 pm	Federation Delegate Assembly Meeting	
Friday, November 10		
7:30 am – 8:30 pm	Registration	
8:00 am – 9:00 am	Foundation Board of Directors Breakfast Meeting	
9:00 am – 11:30 am	Exhibit Hall Set Up	
8:30 am – 5:00 pm	Committee Refreshments	
9:00 am – 10:30 am	COUNCIL ON LEADERSHIP MEETINGS	
	• Ethics Committee	
	• Distinguished Fellowship Committee	
	• Finance Committee	
10:45 am – 12:15 pm	COUNCIL ON SERVICE MEETINGS	
	• Academic Psychiatry Committee	
	• Children & Adolescents Committee	
	• Forensic Psychiatry Committee	
	• Public Mental Health Services Committee	
12:30 pm – 1:30 pm	Committee Members' Luncheon	
12:30 pm – 1:30 pm	TSPP Officer Orientation	
1:30 pm – 2:00 pm	Texas Academy of Psychiatry Board of Trustees Meeting	
1:30 pm – 2:30 pm	Resident Fellow Member Section and Academic Psychiatry Committee Workshop	
2:00 pm – 5:30 pm	Exhibits AND Poster Presenters Session Set Up	
2:30 pm – 3:30 pm	Texas Academy of Psychiatry Program	
2:00 pm – 3:30 pm	COUNCIL ON EDUCATION MEETINGS	
	• Continuing Medical Education Committee	
	• Professional Practice Management Committee	
2:30 pm – 3:30 pm	Resident-Fellow Section Committee Meeting	
3:45 pm – 5:00 pm	COUNCIL ON ADVOCACY MEETING	
	• Government Affairs Committee	
5:00 pm – 6:30 pm	Executive Council Meeting	
6:30 pm – 8:30 pm	Welcome Reception with Exhibitors AND Poster Session for Meeting Registrants and Paid Guests	
Saturday November 11		
7:30 am – 7:00 pm	Registration	
7:30 am – 4:30 pm	Exhibits Open and Poster Session	
7:30 am – 8:15 am	Complimentary Continental Breakfast in Exhibit Hall for Meeting Registrants and Paid Guests	
8:15 am – 5:20 pm	SCIENTIFIC PROGRAM	
	“Bridging the Gaps: Embracing Diversity in Psychiatric Care”	
10:30 am – 10:50 am	Refreshment Break and Door Prize Drawings with Exhibitors and Poster Session	
11:50 am – 12:10 pm	Refreshment Break with Door Prize Drawings with Exhibitors and Poster Session	
12:10 pm – 1:30 pm	Lunch	
3:45 pm – 4:05 pm	Refreshment Break and Door Prize Drawings with Exhibitors and Poster Session	
4:30 pm	Exhibits and Poster Session Closes	
6:30 pm – 7:00 pm	Reception for Awards Banquet Registrants Pre-Function	
7:00 pm – 9:30 pm	Awards Banquet	
Sunday November 12		
7:00 am – 2:00 pm	Registration	
8:00 am – 10:30 am	Complimentary Continental Breakfast for Meeting Registrants and Paid Guests	
8:15 am – 12:00 pm	SCIENTIFIC PROGRAM	
	“Bridging the Gaps: Embracing Diversity in Psychiatric Care”	
9:30 am – 9:45 am	Refreshment Break	

TSPP 67th Annual Convention and Scientific Program

November 9-12, 2023 • Omni Fort Worth Hotel • Fort Worth, Texas

“Bridging the Gaps: Embracing Diversity in Psychiatric Care”

November 11-12, 2023

Nine (9) AMA PRA Category 1 Credits™,
with 2 of the Hours Designated for Medical Ethics/Professional Responsibility

SCIENTIFIC PROGRAM SCHEDULE		CME PROGRAM GOAL / TARGET AUDIENCE
Saturday November 11, 2023		<p>This live activity has been designed in a format consisting of case study presentations, lectures and direct discussion to provide its primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice. Information and data will address new developments in treatments and new directions in research to address the professional practice gaps of the learners and advance the physicians' competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice. The learning objectives for this activity have been designed to address clinician competence.</p> <p>NEEDS ASSESSMENT</p> <p>TSPP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of our participants.</p> <p>ACCREDITATION STATEMENT</p> <p>The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.</p> <p>CREDIT STATEMENT</p> <p>The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of nine (9) AMA PRA Category I Credit™. Physicians should claim only the credit commensurate with the extent of their participation in this activity.</p> <p>ETHICS DESIGNATION STATEMENT</p> <p>The presentation entitled “Special Issues in Guardianship” has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.</p> <p>FACULTY AND PLANNERS DISCLOSURE POLICY</p> <p>The Texas Society of Psychiatric Physicians will disclose to participants the existence of any relevant financial relationships between faculty members, TSPP staff and members, who planned, authored, contributed to, and/or reviewed the content of this activity, and any commercial interest discussed in this educational activity. Disclosure will occur through written communication in the syllabus/handout material.</p>
8:15 am – 8:30 am	Opening Remarks	
8:30 am – 10:30 am	<p>Treatment Updates for Perinatal Mental Health Conditions Latoya Frolov, MD, and Meitra Doty, MD</p> <p>Objectives: <i>The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:</i></p> <ul style="list-style-type: none">• Describe the challenges and issues in assessing perinatal mental health disorders• Identify the medications that can safely be used during pregnancy and while breast feeding• Discuss the common treatment strategies in treating perinatal mental health disorders	
10:30 am – 10:50 am	Refreshment Break with Door Prize Drawings with Exhibitors	
10:50 am – 11:50 am	<p>Recognizing Autism Spectrum Disorders That Present After Childhood: Challenges and Strategies in Diagnosis and Management Arthur Westover, MD</p> <p>Objectives: <i>The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:</i></p> <ul style="list-style-type: none">• Describe the challenges and issues in diagnosing and treating ASD presenting after childhood• Identify the current assessment techniques for ASD assessment in clinical practice• Discuss the influence of social media on the self-diagnosis of ASD	
11:50 am – 12:10 pm	Refreshment Break with Door Prize Drawings with Exhibitors and Poster Session	
12:10 pm – 1:30 pm	Federation Business Meeting Lunch	
1:30 pm – 3:00 pm	<p>Reaching Out to LGBTQ+ Patients M. Brett Cooper, MD</p> <p>Objectives: <i>The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:</i></p> <ul style="list-style-type: none">• Identify behaviors that demonstrate (or do not demonstrate) a positive attitude toward sexual minorities• Identify psychiatric diagnoses that have increased prevalence in sexual minorities and ways that these diagnoses may present differently.• Identify cultural factors that may impair formation of a therapeutic relationship or increase prevalence of psychiatric illness in sexual minorities.• Identify affirming practices that increase efficacy of treatment.	
3:00 pm – 3:20 pm	Refreshment Break with Door Prize Drawings with Exhibitors and Poster Session	
3:20 pm – 4:50 pm	<p>Update on the Science and Applications of Psychedelics in Mental Health Treatment Charles Nemeroff, PhD, MD</p> <p>Objectives: <i>The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:</i></p> <ul style="list-style-type: none">• Describe the challenges and issues in using psychedelics in treating mental health disorders• Identify the psychedelic medications that can be used in treating mental health disorders• Discuss the emerging evidence for utilizing psychedelics in treating mental health disorders	
4:50 pm – 5:00 pm	Closing Remarks	
Sunday November 12, 2023		
8:15 am – 8:30 am	Opening Remarks	
8:30 am – 10:30 am	<p>Ethics: Special Issues in Guardianship Edward Poa, MD</p> <p>Objectives: <i>The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:</i></p> <ul style="list-style-type: none">• Identify when a patient requires a guardian• Discuss how to pursue guardianship for a patient• Identify when guardianship is no longer indicated and know who to notify	
10:30 am – 10:50 am	Refreshment Break	
10:50 am – 11:50 am	<p>Update on Telepsychiatry Amber Pastusek, MD</p> <p>Objectives: <i>The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:</i></p> <ul style="list-style-type: none">• Discuss how telepsychiatry practices changed post pandemic• Identify best practices and regulations regarding use of telepsychiatry• Identify what resources psychiatrists can rely on for the most up-to-date information for their practice of medicine with telepsychiatry	
11:45 am – 12:00 pm	Closing Remarks	

COVID-19

You may review the COVID Guidelines to keep this gathering as safe and healthy as possible for all of our attendees. By voluntarily participating in the TSPP Annual Meeting education, events, and receptions, you agree to the following:

- Acknowledge it's not possible to eliminate exposure to COVID19.
- Assume all risks related to exposure to COVID-19.
- Comply with all Omni Fort Worth and TSPP safety measures.
- Comply with applicable COVID-19 ordinances, laws, regulations, and guidelines.
- Accept TSPP's COVID-19, Assumption of the Risk, Release, and Indemnification Agreement (provided at the Registration Desk upon request).

If you are experiencing, or within the five days prior, have experienced signs or symptoms of COVID-19; believe that you may have been exposed to a confirmed or suspected case of COVID-19; or have been diagnosed with COVID-19 and are not yet cleared as noncontagious by a physician or qualified health care provider we ask that you contact the TSPP office at (512) 458-0605

- TSPP has a welcoming and respectful environment. Attendees are welcome to wear a mask.

Please note: By registering for this event, I grant TSPP permission to use my image for promotional purposes. I further understand and agree that my photo may be used in the TSPP E-News, on the TSPP website on TSPP social media, or in other promotional materials.

Calling all TSPP Resident-Fellow Members!

Max Galvan, MD,
Co-Chair TSPP RFM Section

We would like to invite our fellow colleagues to register for the 2023 TSPP Annual Convention and Scientific Program scheduled for November 9th - 12th. Please encourage your training director or assistant/associate program director to sign up. If they register for the scientific program, TSPP will generously waive the registration fee for all trainees from that residency.

Furthermore, we encourage trainees and medical students to showcase their work in our poster presentations, slated for November 10th - 11th. If your abstract gains approval, presenters will be rewarded with a complimentary registration for the CME program and a delightful lunch on Saturday.

Lastly, we urge you to consider contributing to the TSPP RFM Travel Scholarship Funds. Many of our trainees cite finances as a barrier to participating in TSPP events. Your contribution, no matter how small, can make a significant difference! Contact TSPP@txpsych.org to make your pledge today!

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

67TH ANNUAL CONVENTION & SCIENTIFIC PROGRAM

November 9-12, 2023 • Omni Fort Worth Hotel

MAIL... (pay by credit card or check)
Texas Society of Psychiatric Physicians
401 West 15th Street, Suite 675, Austin, TX 78701
(The following options require credit card payment)
E-MAIL... tspp@txpsych.org
ONLINE ... <http://www.txpsych.org>
FAX ... (512) 478-5223

To remit payment online, complete this form and return to tspp@txpsych.org via email. An email invoice will be sent to you via Quickbooks for payment.

NAME

E-MAIL

Please check if you are a: ☐ APA Fellow ☐ APA Distinguished Fellow ☐ APA Distinguished Life Fellow ☐ APA Life Fellow ☐ APA Life

ADDRESS

CITY

STATE

ZIP

PHONE

NAME(S) GUEST(S) ATTENDING (for name badges)

REGISTRATION FEES

Indicate the **NUMBER** of individuals who are registered for each event in the appropriate enrollment category listed below. Please note the enrollment fees are **PER PERSON** and your payment should reflect the proper fee for the number of individuals registered per event.

NUMBER ATTENDING EVENT

BEFORE 10/15

AFTER 10/15

Committee Attendee Lunch – Friday

☐ Lunch

\$40

\$50

RESIDENT SECTION PROGRAM

RFM and Academic Psychiatry Joint Program

☐ No Chg

Texas Academy of Psychiatry Program – Friday

☐ TAP Member

No Chg

No Chg

☐ Non TAP Member

\$25

\$25

Reception w/ Exhibitors – Friday

☐ NOT Registered or Scientific Program

\$50

\$55

☐ Registered for Scientific Program

No Chg

Lunch – Saturday

☐ TSPP/ACADEMY/TSCAP Member

\$40

\$45

☐ TSPP/ACADEMY/TSCAP Non-Member

\$50

\$55

☐ TSPP/ACADEMY/TSCAP Trainee Member/MS

\$25

\$30

☐ TSPP/ACADEMY/TSCAP Trainee Non-Member/MS

\$35

\$40

☐ Guest

\$45

\$50

Awards Banquet and Gala – Saturday

☐ Former TSPP Award Recipient

No Chg

No Chg

☐ Awards Banquet (TSPP/TAP/TSCAP Member)

\$55

\$65

☐ Awards Banquet Non-Member/Spouse/Guest

\$65

\$75

☐ Reserved Table for 8*

\$400

\$500

* Name(s) for Reserved Table:

NUMBER ATTENDING EVENT

BEFORE 10/15

AFTER 10/15

SCIENTIFIC PROGRAM – Saturday and Sunday

Registration includes your online program syllabus, complimentary continental breakfast and AM / PM refreshment breaks.

☐ TSPP/ACADEMY/TSCAP Member

\$275

\$295

☐ Non-Member Physician

\$325

\$345

☐ TSPP/ACADEMY/TSCAP Trainee Member

\$35

\$45

**If your Training Director, Associate or Assistant Program Director's registers for the Scientific Program, your Scientific Program Fee is \$0.00. Enter your Director's name below if they have registered for the Scientific Program:

NAME:

☐ Non-Member RFM (Trainee)

\$50

\$60

☐ Non-Member Medical Students

\$30

\$35

☐ Medical Students

\$25

\$30

Medical Students and Resident Members: If you present a poster, your registration fee for the Scientific Program AND Saturday Lunch is waived.

☐ Allied Health Professional

\$180

\$195

☐ Spouse / Guest (No CME Credit)

\$145

\$165

CME Meeting Syllabus Order

☐ Online Meeting Syllabus

No Chg

☐ CME Meeting Syllabus In Black/White

\$125

☐ CME Meeting Syllabus In Color

\$155

☐ Check here if you DO NOT want your name and information included on the attendee list provided to conference sponsors and exhibitors.

 If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605.

TOTAL REGISTRATION FEE

\$

METHOD OF PAYMENT:

Check in the Amount of \$ Make Checks Payable to Texas Society of Psychiatric Physicians

Please Charge \$ To My: ☒ VISA ☐ MasterCard ☐ American Express

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Committee Preferences 2023-24

THANK YOU for your continued membership and support in strengthening the voice of Psychiatry in Texas! TSPP's mission is to develop the highest quality of comprehensive psychiatric care for patients, families, and communities and your individual membership helps collectively accomplish that goal by enabling TSPP to continue to provide quality CME programs and a strong legislative voice for Psychiatry.

Your personal involvement in TSPP's activities also helps to shape the future of Psychiatry. With this in mind, TSPP invites you to serve on committees this year by selecting from the list in the preference form, the committees you have an interest in (Please try to limit your selection to one Committee per Council listing to avoid potential meeting conflicts). Participation in committees also provides an opportunity to informally network with your colleagues from around the State and share issues and concerns about your practice, patient

care, legislative matters and medical education.

To make your selection and submit your committee preferences, complete Name/Address/Email and place an "X" in the appropriate committee columns and email to TSPP@txpsych.org, fax to 512-478-5223 or mail it to TSPP, 401 West 15th St., Ste. 675, Austin, Texas 78701. Your preferences will be considered by TSPP President Brigitte Bailey, MD, when she begins making appointments. Appointments are generally for 3 years. Information about each of the committee's charges is listed below the committee preference form.

Committee will meet in person at the TSPP Annual Convention and Scientific Program, November 9-10, at the Omni Fort Worth Hotel. If you have any questions please do not hesitate to contact our office via email TSPP@txpsych.org or call us at 512-478-0605.

COMMITTEE CHARGES 2023-24

COUNCIL ON ADVOCACY
GOVERNMENT AFFAIRS: To monitor present and proposed legislation and regulation at all government levels that could affect services to psychiatric patients; to attempt to ensure such legislation is in conformity with the principles of scientific care; to propose needed legislation or regulation, in liaison with other interested groups when appropriate, that would benefit psychiatric patients and the psychiatric profession in its efforts to treat patients effectively; and, to monitor court developments affecting patients and members.

COUNCIL ON EDUCATION
CONTINUING MEDICAL EDUCATION: To develop the Scientific Program for the Texas Society of Psychiatric Physicians' Annual Meeting in accordance with the Essentials as outlined in the Texas Medical Association's CME Guidelines, after receiving approval both from the Executive Council and the Finance Committee for particular plans; and, to assist the President-Elect in the development of the Scientific Program for the Texas Medical Association Section on Psychiatry.

PROFESSIONAL PRACTICE MANAGEMENT: To review clinical practice issues affecting members in any practice setting (eg regulations, reimbursement, technology, office procedure, etc) and propose educational programs and policies to improve the delivery of care to patients and

to enhance the practice of psychiatry. As needed, review and update existing practice guidelines and develop new guidelines for the practice of psychiatry.

RESIDENT-FELLOW MEMBER SECTION: To review the needs and concerns of members-in-training as seen by the residents to facilitate more resident involvement with appropriate TSPP Committees; and, to provide a forum for members-in-training for collegial sharing of mutual concerns and ideas.

COUNCIL ON SERVICE
ACADEMIC PSYCHIATRY: To provide a forum for psychiatrists employed by academic centers to network and to share information of mutual interest and concern about their academic settings.

CHILDREN & ADOLESCENTS: To monitor developments in the field of child and adolescent psychiatry, in both the private and public sectors, and to inform the membership of issues and policies affecting the care and treatment of children and adolescents.

PUBLIC MENTAL HEALTH SERVICES: To review the effectiveness of the organization of clinical services, and the funding for public mental health services administered and/or provided by State and local public agencies; and, to assess the authority, roles, and functions of psychiatrists in public mental health services.

FORENSIC PSYCHIATRY: To review the

Committee Preferences 2023-24

NAME

ADDRESSCITYSTATEZIP

EMAIL

COUNCILS & COMMITTEES 2023-24	Current Member	Request Reappointment	Wish to Resign	Request New Appointment
COUNCIL ON ADVOCACY				
Government Affairs				
COUNCIL ON EDUCATION				
Continuing Medical Education				
Resident-Fellow Member Section				
Professional Practice Management				
COUNCIL ON SERVICE				
Academic Psychiatry				
Children & Adolescents				
Forensic Psychiatry				
Public Mental Health Services				
COUNCIL ON FELLOWSHIP				
Chapter Leadership Forum (1)				
COUNCIL ON LEADERSHIP				
Constitution & Bylaws (2)				
Ethics (2)				
Distinguished Fellowship (2)				
Finance				
Nominating (3)				

(1) Chapter Officers and Representatives (2) Appointed by Chapter (3) Past Presidents

legal aspects of civil, criminal, correctional and legislative issues that affect patients and the practice of psychiatry.

COUNCIL ON FELLOWSHIP
CHAPTER LEADERSHIP FORUM: To provide a forum for Chapter leaders to meet and discuss issues of mutual interest regarding Chapter operations.

COUNCIL ON LEADERSHIP
CONSTITUTION & BYLAWS: To prepare, as necessary, changes in the Constitution and Bylaws as mandated, either by vote within the Society or changes in APA

structure which affect the District Branch structure as well; to review the Constitution and Bylaws and submit recommendations for possible improvement of the current document.

ETHICS: To undertake the confidential investigation of complaints of unethical behavior or practices against Texas Society of Psychiatric Physicians' members in accordance with APA procedures approved by the Assembly and the Board of Trustees.

DISTINGUISHED FELLOWSHIP: To coordinate all nominations for advancement of Distinguished Fellowship in the American Psychiatric Association and make recommendations to the Executive Council regarding Fellowship recommendations.

FINANCE: To prepare an annual operating budget, taking into account previous years' income and expenses, and requests from individual committees and other components; to review requests from members regarding dues adjustments and recommend appropriate actions to the Executive Council; to oversee and advise on investment strategies for reserve funds; to present financial statements; to make recommendations to the Executive Council and the membership as to the financial needs of the Society; and to develop strategies to recruit and retain members.

NOMINATING: To recommend a slate of officers to the membership at the annual meeting as per Chapter VI, Section VI of the TSPP Bylaws; to screen nominations for the Distinguished Service Award, the Special Service Award, and the Psychiatric Excellence Award and other awards approved by the Executive Council, and to make recommendations in regard to these matters to the Executive Council. ■

TSPP 67h Annual Convention

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Omni Fort Worth Hotel, Fort Worth, TX

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to receive a prospectus and application!



Thriving in 2023 with Engaging CME Webinars

Melissa Eshelman, MD, DLFAPA, President, Texas Academy of Psychiatry

The Texas Academy of Psychiatry (TAP) presented its first CME webinar of 2023 in July and we were very pleased to have over 50 members and non-members in attendance. The presentation “Psychopharmacology: Risk Management and Legal Implications of Prescribing,” was delivered by Charles D. Cash, JD, LLM, Associate Director of Risk Management at PRMS and was very well received with extensive Q&A from the attendees. Based on the success of this program, TAP is committed to providing regular virtual CME programs throughout the year. The next

one is scheduled for September 9, 2023, on the topic “Risk Management: Requests for Information and Liability for the Acts of Others.” Mr. Cash is an excellent speaker and the CME webinar will be very informative. **The target audience for the program is psychiatrists, but other physicians, allied health professionals and medical students/residents/fellows are welcome to register and attend.** Registration will remain open until 9am on September 9, 2023 – please see <https://www.txpsych.org/conferences-events/> for more information. TAP was established in 2004 to provide

psychiatrists with a choice of membership in organized psychiatry without the requirement of dual membership in a national organization. Membership is available to physicians with a current medical license without restrictions and who have a residency training certificate from an approved psychiatric residency program. Classes of membership include: Member-in-Training, General Member, Fellow (8 years of membership and/or recognized by APA as a Fellow or Distinguished Fellow), Retired Member, and Associate Member (a member in good standing with TSPP or



Melissa Eshelman, MD, DLFAPA

TSCAP). All classes of members have voting privileges. Please consider joining TAP. To apply for membership or for more information, contact Dieter Burckhardt at TAP@txpsych.org. ■



TSCAP’s Annual Convention Highlights

Laura Stone, MD, President, Texas Society of Child and Adolescent Psychiatry

In my first column as the newly elected TSCAP President, it is my honor to share some highlights of the 2023 TSCAP Annual Convention and Scientific Program that took place in San Antonio from July 21-23. As usual, the annual meeting saw the installation of our 2023-24 officers, which included me as president, Andrew Diederich, MD, as president-elect, Joseph Shotwell, MD, as Secretary/Treasurer, and Debra Atkisson, MD, as our immediate past-president. This year we also welcomed three new AACAP delegates: Alcides Amador, MD (Mission), Robin Mallet, MD (Houston), and Sarah Martin, MD (El Paso). We additionally acknowledged and accepted the resignation of Regina Cavanaugh, MD, who served as an AACAP Alternate Delegate. On behalf of TSCAP, I would like to extend our sincere appreciation for her dedicated service over the

course of many years. In addition to an exceptionally well-received CME program focusing on the impact of the pandemic on our patients, we also hosted poster presentations from residents, fellows, and medical students from across the state (18 in all!). I would also like to take a moment to thank Debra Atkisson, MD, for her outstanding contribution to TSCAP as president from 2022-23. Her critical role in all aspects of the society, from leading development of the CME program to her active engagement in government affairs during a charged legislative session, has left some pretty big shoes to fill. Looking forward, I am working with the executive committee to expand opportunities for member engagement to continue to foster an environment of collaboration and fellowship. For those interested in joining

TSCAP, please visit our website at www.txpsych.org for more information. Becoming a member of our society allows individuals to stay informed, actively participate in advocacy efforts, and contribute to the advancement of child and adolescent psychiatry. If you are already a member and would like to increase your involvement in the organization, please TSCAP@txpsych.org. ■



Laura Stone, MD

TSCAP HIGHLIGHTS



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<http://www.txpsych.org> (website)

CALENDAR OF MEETINGS

SEPTEMBER

- 9 **Texas Academy of Psychiatry Virtual CME Webinar**
Risk Management: Requests for Information and Liability for the Acts of Others

OCTOBER

- 6-7 **Texas Medical Association Fall Conference**
"Wellness First – Supporting Physician Health"
Hyatt Regency Lost Pines
www.texmed.org
- 23-28 **American Academy of Child and Adolescent Psychiatry Annual Meeting**
New York, NY
www.aacap.org

NOVEMBER

- 9-12 **Texas Society of Psychiatric Physicians Annual Convention and Scientific Program**
Ft. Worth, TX
www.txpsych.org



JOB BANK

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation's **JOB BANK** on its website at www.txpsych.org. The Federation's **JOB BANK** could be just what you have been looking for.