

Texas Psychiatrist



TSCAP: Planning for 2023!

Debra Atkisson, MD, DLFAPA, President, Texas Society of Child and Adolescent Psychiatry



Debra Atkisson, MD, DLFAPA

Join the Texas Society of Child and Adolescent Psychiatry as we meet for our Annual Convention & Scientific Program in San Antonio on July 21-23. This year we are discussing “Picking up the Pieces: Impact of the Pandemic.” We will have seven hours of continuing medical education that will reflect upon timely information for all of us. Our program will address issues faced by child psychiatrists, psychiatrists, family medicine physicians, and pediatricians.

The experts bringing us these educational programs will travel from all areas across our state to discuss how this is pertinent to Texans. We will be brought up to date on the new Child Psychiatric Screenings, which all patients

should have, by Sarah Wakefield, MD, from Lubbock. Our systems of care issues with patients in the Emergency Department and the juvenile justice system will be discussed by a panel consisting of a child psychiatrist, Dr. Brian Dixon, and a pediatrician, Dr. Ric Bonnell. Both practice in the Fort Worth community. From Angleton, Texas, we will have a panel of school therapists, Christina Cortinas and Gwendolyn Franks-Carter discussing the specific challenges their school district faced from the pandemic and how they responded to these challenges. Joining them will be Dr. Phyllis Hamilton, a school psychologist, who was involved in school-based initiatives and interventions statewide in response to the pandemic. Dr. Alison

Wilkinson-Smith will come to us from Dallas to discuss the neuropsychiatric sequelae of COVID. Dr. E'leyna Garcia will travel from Galveston to discuss the psychological impact of COVID. We are so fortunate to have so many expert speakers coming from all over our state to increase our knowledge about all of the different aspects of how the pandemic has impacted all of us.

All physicians are impacted by what happens within familysystems, and when children are struggling, the family struggles. We are all still working with our children to help them begin to develop a sense of security and normalcy after these past three years. Some children do not remember what life was like before the pandemic

occurred. We are needed more than ever to help those who are struggling to find their balance. Invite your primary care peers to join us in San Antonio. All of us will find the information helpful as we move forward. I look forward to seeing all of you in San Antonio! [Register Online.](#) ■



Legislative Session is wrapping up

Eric Woomer, Federation of Texas Psychiatry Public Policy Consultant

**Article written May 15, 2023. Post-Session update will be included in the next newsletter issue.*

The Texas Legislature has a little under two weeks to finish business before Sine Die, the last day of session. Here are a few highlights of recent activities:

Allegations of sexual impropriety sent shockwaves through the Capitol and led to an investigation by the House General Investigating Committee of Rep. Bryan Slaton. The Committee ultimately found Rep. Slaton had engaged in inappropriate sexual conduct with an aide, among other acts of misconduct. The Committee recommended the expulsion, and on Tuesday, May 9th, the House unanimously voted to expel Rep. Slaton. The last time a member was expelled from the House was 1927. Governor Greg Abbott will need to call a special election to fill the remaining term for House District 2.

Members in both Chambers are working overtime to keep their priority bills alive as end of session deadlines begin to be reached. We are beginning to see more procedural moves by members in the House such as calling frequent “points of order” (alleging violations of House rules) and “chubbing” (asking rambling questions of every bill author to draw out debate) that have permanently put particular bills to rest and/or slowed down the legislative process. One of

the more significant end-of-session deadlines occurred on May 11th, which was the last day that the House could consider House bills and House joint resolutions. When the House concluded its business on Thursday, over 140 House bills that had been scheduled for debate but were unable to be considered by the midnight deadline were declared dead, and many more that had not been calendared at all also met their demise. However, nothing is truly dead until Sine Die.

As legislative activities enter the final stretch, days are getting longer, tension is growing, and session fatigue is settling in. Moreover, House and Senate leadership have offered differing approaches to significant policy issues such as property taxes, school vouchers, electricity reform and more. These discrepancies have resulted in a public back-and-forth of criticisms between the two chambers, causing rumors to swirl

about a special session if priority bills are not passed. It may be that Governor Abbott brings back the Legislature in September on school vouchers, and perhaps other topics.

We have been working hard on behalf of the Federation to see our priorities get to the Governor's desk. On the budget side, we have thus far been successful in attracting the support of both the House and the Senate to adopt an appropriation for our forensic fellowship program. The budget Conference Committee adopted an appropriation of \$5 million for the program. In addition, the House and the Senate adopted the same appropriation amount at \$28 million over the next biennium for the mental health loan repayment program, which is a significant increase from previous years. Furthermore, appropriators continued their investment in the Texas Child Mental Health Care Consortium (TCMHCC) by funding the



Eric Woomer

organization's programs and services at \$140 million per fiscal year. Finally, we have also worked alongside the larger medical community to continue the state's investments in Graduate Medical Education (GME) to meet the 1:1 ratio. GME appropriations for the biennium total \$233.1 million.

Looking at the Federation priority bills, here is a snapshot of where our bills are:

Psychiatry Innovation Grant/Behavioral Health Innovation Program: HB 400 by Rep.

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VIRTUAL
TAP CME Webinar
*Psychopharmacology:
Risk Management and
Legal Implications of
Prescribing*

Saturday, June 10, 2023
10:00am – noon
2.0 AMA PRA Category 1 Credits™

Register online:
www.txpsych.org/conferences-events/



REGISTRATION NOW OPEN!
**TSCAP Annual
Convention
and
Scientific Program**
*Picking up the Pieces:
Impact of the Pandemic*

July 21-23, 2023
Westin Riverwalk Hotel | San Antonio, TX
7.0 AMA PRA Category 1 Credits™

Register online:
www.txpsych.org/conferences-events/



SAVE THE DATE
**TSPP Annual
Convention
and Scientific
Program**

**November 9-12, 2023 Ft.
Worth, TX**

Registration and
information will be
available in July. Please save
the date and check
www.txpsych.org
for updates.



The Federation of Texas Psychiatry has furthered our mission to serve as a United Voice for Psychiatry on social media! Follow us on Twitter @FedTXPsych; Facebook, Instagram and LinkedIn



Texas Academy of Psychiatry: What are the Benefits?

Melissa Eshelman, MD, DLFAPA, President, Texas Academy of Psychiatry



Melissa Eshelman, MD, DLFAPA

When I moved back to Texas in 2009, I got involved in my local Chapter (Austin Psychiatric Society) and then TSPP. As a new TSPP member, I did not know anything about the member organization, the Texas Academy of Psychiatry (known as the Academy or TAP). As I became more involved, I learned about the member organizations of the Federation of Texas Psychiatry, including TAP.

TSPP is a district branch of the APA. And most are aware of the requirement of dual membership; to be a member of APA you must be a member of TSPP. That is how it was in the 2 state psychiatric organizations where I was previously a member. However, there are some psychiatrists in Texas who'd like to be involved in state organized psychiatry without having to be a member of a

national organization. The Texas Academy of Psychiatry was established in 2004 to provide that option and make sure that Texas psychiatrists could be involved with TSPP without having to have membership in the APA. A psychiatrist can become a member of TAP and receive benefits comparable to those offered by TSPP. TAP annual membership dues are \$410 for psychiatrists. TSPP/TSCAP members are eligible for discounted TAP membership dues. Medical students, psychiatry residents and fellows can join TAP at no cost. TAP has many purposes and objectives, including, but not limited to: promoting common professional interests, professional psychiatric education, psychiatric knowledge to others and improving the care of our patients in Texas.

I am taking over leadership of TAP from my colleague, Mike Arambula. As he wrote in a prior article, TAP leadership decided to present regular CME opportunities for our members. The Texas Academy of Psychiatry is hosting a 2-hour webinar on 6/10 titled "Psychopharmacology: Risk Management and Legal Implications of Prescribing". This CME presentation will include issues associated with prescribing medications, including controlled substances, informed consent for adults and minors. and risk management in prescribing for minors. Registration has opened for the TAP virtual CME: [click here to register online](#). TAP leadership is also planning a CME webinar on 9/9 that we are planning to include topics of medical records requests, supervision of

NPs, liability of acts of others, documentation in EHRs and nonadherent patients. These are all risk management topics that will provide benefits for Texas psychiatrists in clinical practice.

Go online to <https://www.txpsych.org/academy/> to learn more about TAP. I hope many of you register and consider joining the Texas Academy of Psychiatry!



Psychopharmacology: Risk Management and Legal Implications of Prescribing VIRTUAL CME LIVE ACTIVITY WEBINAR

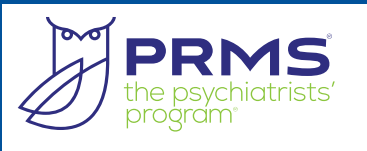
2.0 AMA PRA Category 1 Credits™

Saturday, June 10, 2023 | 10 a.m. – noon

REGISTER ONLINE

www.txpsych.org/texas-academy-of-psychiatry-virtual-cme-live-activity-webinar/

Presented by



Charles D. Cash, JD, LLM
Content Developer, Speaker
Associate Director of
Risk Management, PRMS

Unwanted outcomes related to medications are the greatest cause of loss for psychiatrists. As we emerge from the COVID public health emergency (PHE), the prescription drug abuse epidemic likely will become a priority again for the nation and for the states.

Unfortunately, drug overdose deaths increased during the PHE. Even for psychiatrists who have a long history of safe prescribing practices, renewed focus on laws and regulations and the professional liability risks associated with prescribing controlled and non-controlled substances is called for. Discussion will include issues related to informed consent and prescribing for minors.

Educational Objectives

At the conclusion of this program, attendees will be able to:

- Describe common allegations of negligence related to prescribing
- Recognize the risks of prescribing for minors
- Describe the purpose and necessary steps in the informed consent process
- Recognize special issues involved in consent for treatment of minors
- Implement three strategies for minimizing risks associated with prescribing controlled substances

Target Audience

This activity has been designed to meet the educational needs of psychiatrists and other physicians providing clinical care to psychiatric patients.

Planners and Faculty

Charles D. Cash, JD, LLM – Content Developer, Speaker, Associate Director of Risk Management, PRMS

Mr. Cash has no relevant financial relationships with ineligible companies.

Accreditation Statement

Professional Risk Management Services (PRMS) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

AMA Credit Designation Statement

Professional Risk Management Services (PRMS) designates this live activity for a maximum of 2.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure of Conflicts of Interest

PRMS does not accept financial support from ineligible companies for CME activities.

Method of Participation

Physicians must attend the live activity and complete a Post Activity Learning Assessment Tool and Credit Application form to receive a Credit Certificate.

Estimated Time to Complete

2.0 hours, exclusive of breaks

Disclaimer

The purpose of this activity is to provide general information on risk management issues. The information presented does not constitute legal advice.



Looking Back at the TSPP Spring Meeting and CME Program

Brigitte Bailey, MD, President, Texas Society of Psychiatry Physicians

I am pleased to report the success of our most recent in-person TSPP Spring Meeting and CME Program at the AT&T Hotel and Conference Center in Austin held April 21-23. It is always a pleasure to see colleagues come together from across the state, to share ideas and stay informed on issues that affect us all.

The CME Program entitled “Updates on Evidence-based Practice: Genetic Disorders, Anxiolytics, and Rational Pharmacology” was well attended and the responses we collected were over-

whelmingly positive. On behalf of TSPP I would like to extend my appreciation to our excellent speakers: Dr. John Hettema, Dr. Marisa Touns, Dr. Tawny Smith, and Dr. Stephen Saklad.

We are now working to build on this success and use the feedback we received as we develop our next CME program for our fall meeting slated for November 9-12 (location will be confirmed soon – please visit our website at www.txpsych.org for updates!).

A particular highlight of the weekend was the presentation of the Dr. Spencer

Bayles 2022 Outstanding TSPP Member Award to Dr. Leslie Secrest in recognition of his longstanding and consistent participation and leadership in TSPP. Dr. Secrest is a former TSPP President and currently chairs the Government Affairs Committee and we are all grateful for the significant contributions he has made to our organization over the years.

I would also like to take a moment to thank our sponsors and exhibitors whose support is vital to the continuing success of our events.



Brigitte Bailey, MD



Passing of the Gavel – Karen Dineen Wagner, MD, DLFAPA, passes the President’s Gavel to incoming TSPP President Brigitte Bailey, MD



Leslie H. Secrest, MD, DLFAPA, Spencer Bayles 2022 Outstanding Member Award Winner, with A. David Axelrad, MD, DLFAPA



Outgoing TSPP President Karen Dineen Wagner, MD, DLFAPA, receives recognition for her outstanding service, by TSPP Executive Director Dieter Burckhardt



Leslie H. Secrest, MD, DLFAPA, is presented the Dr. Spencer Bayles 2022 Outstanding Member Award by Daniel Pearson, MD, DLFAPA



Newly elected TSPP Executive Committee Officers – President Brigitte Bailey, MD, President Elect Phillip Balfanz, MD, Secretary-Treasurer Melissa Deuter, MD



Outgoing RFM Co-Chair Funso Oladunjoye, MD, (center), with incoming Co-Chairs Mario Montelongo, MD, and Max Galvan, MD

Thanks to our TSPP Sponsors & Exhibitors

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American Professional Agency
THNK | Forensic Psychiatry Consultants

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Texas Foundation for Psychiatric Education and Research
The Doctors Company
UTMB Correctional Managed Care
U.S. Army



In Support of Psychiatric Education and Research

Richard Noel, M.D., DFAPA, Chair, Texas Foundation for Psychiatric Education and Research

Greetings from the Texas Foundation for Psychiatric Education and Research. The foundation was founded in 1991 as a charitable 501(c)(3) organization committed to raising funds toward professional education for all physicians regarding psychiatric matters; toward the education of the public regarding psychiatric disorders and sources of help, and toward the support of research regarding psychiatric care.

The Foundation's ongoing and major contributions have included funding chapter activities teaching the public during Mental Illness Awareness week as well as funding the educational activities of the Federation's constituent organizations, TSPP, TSCAP, and the Texas Academy of Psychiatry. Also throughout the years the Foundation has funded special projects, such as a seminar on the Insanity Defense in Texas several years ago.

Your contributions to the Foundation help to fund these important activities (and are of course directly deductible for your yearly income taxes). The Foundation's contributions to the yearly CME activities

of the Federation's constituent organizations help keep the fees very reasonable, allowing for high quality CME here in Texas.

We welcome your contributions in order

to allow the Foundation to continue to fund these important activities. Also, if you have an idea for a project you would like the Foundation to fund, let us know.



Richard Noel, MD, DFAPA

TEXAS FOUNDATION FOR PSYCHIATRIC EDUCATION AND RESEARCH

To Request an Electronic Invoice to Remit Your Foundation Donation, Email and specify the amount you wish to donate and an electronic invoice will be emailed to you.

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☐ Check in the Amount of \$ _____
Make Checks Payable to "Texas Foundation for Psychiatric Education and Research"

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Your contribution is tax deductible to the full extent of the law. Thank you for your support!



Texas Society of Child & Adolescent Psychiatry

Annual Convention and Scientific Program



Picking up the Pieces: Impact of the Pandemic

July 21-23, 2023 | Westin Riverwalk Hotel | San Antonio, Texas
7.0 AMA PRA Category 1 Credits™

REGISTRATION NOW OPEN!

Register online: www.txpsych.org/conferences-events/tscap-2023-annual-convention/

GENERAL INFORMATION

MEETING LOCATION

TSCAP's Annual Convention and Scientific Program will be held at the Westin Riverwalk Hotel. Located on the banks of the historic Riverwalk, the Westin Riverwalk, San Antonio Hotel features a heated outdoor pool and WestinWORKOUT® Fitness Studio. The Woodhouse Day Spa® is an oasis-like spa that ensures rejuvenation. Savor authentic Italian cuisine and river views from the patio of Zocca Cuisine d'Italia located in the hotel or sample the delicious options at the hotel's café or pool bar. In addition, the Westin Riverwalk offers guests direct access to one of the most charming and beloved Texas destinations, the San Antonio Riverwalk. Whether you set out on foot or by the water taxi that picks up outside of the hotel on the banks of the river, the hotel's location overlooking the Riverwalk invites you to explore the myriad restaurants, shops and entertainment venues that line the banks of the San Antonio River as it winds through downtown. Wander a bit further and you'll discover rich sites of culture and the arts. Breathe in some Texas history at The Alamo and the Spanish Governor's Palace, stroll through Market Square, or sip a cold microbrew at the Historic Pearl Brewery. Great family attractions, including the San Antonio Zoo and Six Flags Fiesta Texas are nearby!

HOTEL RESERVATIONS

Discounted TSCAP rooms at the rates of \$189 traditional / \$239 deluxe plus taxes (room rates to the public are \$265-\$379 on those days) are available to program registrants BEFORE JUNE 30 or upon sell-out, whichever occurs first. Make your hotel reservation today by using the Booking Link below, or calling the hotel's Central Reservations at 1-888-627-8396, and referring to group name TSCAP:

<https://book.passkey.com/gt/219129365?gtid=53a2b963d66241e376c9e8d8ebdefd74>

Special Reminder: Booking a room within the TSCAP room block is an important way to help keep the overall meeting registration fee and costs as low as possible. Booking "outside of the TSCAP block" or at another hotel could expose TSCAP to monetary damages for hotel room block attrition, which may then necessitate an increase in future meeting registration rates. Plus, staying in the hotel keeps you connected with all the activities and networking opportunities during the event. Please [book your room at the Westin Riverwalk hotel hosting the meeting and within the TSCAP room block.](#)

OPENING WELCOME RECEPTION FRIDAY

Make plans to attend the complimentary festive Welcome Reception with Exhibitors on Friday evening, 6:30 pm - 8:30 pm. Visit throughout the evening with your friends, colleagues and exhibitors in a fun-filled, relaxing atmosphere and complete your entry for the special door prize drawings to be awarded on Saturday!

EXHIBIT HALL

TSCAP's Welcome Reception, Breakfast, Lunch and Refreshment Breaks, will be held in the Exhibit Hall. Exhibits will be open throughout the evening Friday, and all-day Saturday, and will provide you with information designed to enhance your practice and help improve the optimal delivery of medical care to your patients.

Welcome Reception
Friday - 6:30 - 8:30 pm

Continental Breakfast
Saturday - 7:30 am - 8:30 am

Refreshment Break & Door Prize Drawings
Saturday - 10:30 am - 10:50 am

Refreshment Break & Door Prize Drawings
Saturday - 11:50 am - 12:10 pm

Luncheon + Government Affairs Update
Saturday - 12:10 pm - 1:10 pm

Happy Hour and Door Prize Drawings – new this year!
Saturday – 3:30 pm – 4:30 pm
Exhibitors Tear Down and Depart
Saturday - 4:30 pm

CME SCIENTIFIC PROGRAM

The CME Scientific Program will be held on Saturday and Sunday.

POSTER SESSION

Medical Students, Residents and Fellows in Training who are *members* of TSCAP have been invited to submit a poster for presentation / display during the Saturday Happy Hour. Make plans to attend and view the posters, meet the presenters, and discuss their presentations. [Submit an abstract online.](#)

HAPPY HOUR – new this year!
At the conclusion of Saturday's CME sessions, let's Fiesta! Mingle over refreshing margaritas before heading to the Riverwalk, view the Poster Session Presentations, and possibly win a door prize! *Complimentary – for registered attendees only.*

ANNUAL MEETING BREAKFAST
The Annual TSCAP Business Meeting and Breakfast will be held Sunday, 7:45 am - 8:45 am. Register to attend for an annual review from TSCAP, and to help plan for the year ahead!

PROGRAM AT A GLANCE

Friday, July 21

2:00 pm-8:30 pm	Registration	Hotel Main Lobby
2:00 pm-5:00 pm	Exhibitor Set-Up	Navarro A Ballroom
5:00 pm-6:30 pm	TSCAP Executive Committee Meeting	El Rincon de Maria, Lobby Level
6:30 pm-8:30 pm	Welcome Reception with Exhibitors	Navarro A Ballroom

Saturday, July 22 Five (5) AMA PRA Category 1 Credits™

7:00 am-5:00 pm	Registration	Hotel Main Lobby
7:30 am-8:30 am	Continental Breakfast with Exhibitors	Navarro A Ballroom
8:00 am-3:30 pm	Scientific Program	Navarro B Ballroom
10:30 am-10:50 am	Refreshment Break and Door Prize Drawings	Navarro A Ballroom
11:50 am-12:10 pm	Refreshment Break and Door Prize Drawings	Navarro A Ballroom
12:10 pm-1:10 pm	Luncheon & Legislative Update	Navarro A Ballroom
3:30 pm-4:30 pm	Happy Hour, Poster Presentations, Door Prize Drawings	Navarro A Ballroom
4:30 pm-6:00 pm	Exhibits Teardown / Depart	Navarro A Ballroom

Sunday, July 23 Two (2) AMA PRA Category 1 Credits™

7:15 am - 11:30 am	Registration	Hotel Main Lobby
7:45 am - 8:45 am	TSCAP Annual Business Meeting and Breakfast <i>Open to All Attendees. See Registration Form for Payment Information.</i>	Navarro A Ballroom
9:00 am - 11:30 am	Scientific Program	Navarro B Ballroom
10:15 am - 11:30 am	Refreshment Break	Navarro B Ballroom Foyer



Texas Society of Child & Adolescent Psychiatry

Scientific Program Schedule 2023

SATURDAY, JULY 22, 2023 Five (5) <i>AMA PRA Category 1 Credits™</i>		1:10 pm - 3:10 pm	PANEL: COVID-19 Impacts on the Texas Education System Christina Cortinas, M.S., LPC; Phyllis Hamilton, MA, LSSP, NCSP; Gwendolyn Franks-Carter, LCSW
8:00 am - 8:30 am	Welcome & Opening Remarks		
8:30 am - 9:30 am	Long-Term Neuropsychiatric Outcomes for Pediatric Patients Following COVID-19 Infection Alison Wilkinson-Smith, PhD		Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of this program, participants should be able to: <ul style="list-style-type: none">• The learner will explore the impacts of the COVID-19 pandemic on Texas students through case discussions• The learner will appreciate the challenges the COVID-19 pandemic posed on the public education system of Texas• The learner will be able to understand and identify school-based initiatives that are emerging in response to the impacts of the COVID-19 pandemic
9:30 am - 10:30 am	Psychological Impacts of COVID E'leyna Garcia, PhD	3:10 pm - 3:20 pm	Closing Remarks
	Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of this program, participants should be able to: <ul style="list-style-type: none">• Identify possible after-effects in child and adolescent patients who have recovered from COVID-19• Develop appropriate treatment plans for child and adolescent patients who have recovered from COVID-19• Provide helpful education to patients and their families regarding long-term effects of COVID-19	3:30 pm - 4:30 pm	Refreshment Break/Poster Presentations
10:30 am - 10:50 am	Refreshment Break		
10:50 am - 11:50 am	Updates in Youth Mental Health Screenings Sarah Wakefield, MD		SUNDAY, JULY 23, 2023 Two (2) <i>AMA PRA Category 1 Credits™</i> , with 2 of the Hours Designated for Medical Ethics/ Professional Responsibility
	Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of this program, participants should be able to: <ul style="list-style-type: none">• Outline anxiety and depression screening guidelines in the primary care setting• Review the evidence base of measurement-based care• Discuss implementation of measurement-based care	9:00 am - 9:15 am	Welcome & Opening Remarks
11:50 am - 12:10 pm	Refreshment Break	9:15 am - 11:15 am	ETHICS: Systems of Care: From ED Forward Brian Dixon, MD; Ric Bonnell, MD
12:10 pm - 1:10 pm	Lunch & Legislative Update		Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of this program, participants should be able to: <ul style="list-style-type: none">• Identify a better understanding of the medicolegal entanglements to providing quality care for pre- and post- adjudicated youth in the ER• Prescribe multiple med-psych treatment modalities (including psychopharmacology) employed for youth in the private juvenile justice system• Develop a way to identify the importance of care coordination between physicians, law enforcement, and private jail industry
		10:15 am - 11:15 am	Refreshment Break
		11:15 am - 11:30 am	Closing Remarks

TARGET AUDIENCE / PROGRAM OBJECTIVES

This live activity has been designed with didactic lectures supplemented with panel discussion, clinical vignettes, audiovisual presentations, direct discussion and case presentation and discussion in multiple educational sessions. The program is designed to provide its' target audience of Child and Adolescent Psychiatrists, Adult Psychiatrists, Pediatricians and Primary Care Physicians with clinically relevant information to advance the physicians' competence and provide them with effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice. Physicians encounter the effects of trauma in practice regularly. The barriers include being able to recognize the signs of trauma when it may be difficult for patients to express this, understanding the biological, psychological, sociologic and spiritual effects of trauma over time. Objectives are to improve recognition and treatment of youth who have experienced trauma. Identify and stimulate conversation and action around system and policy changes that may reduce trauma as well as improve treatment for those who have already experienced trauma.

IDENTIFIED PRACTICE GAPS / NEEDS ASSESSMENT

TSCAP has incorporated into this CME

activity the relevant educational needs concerning competence that underlie the professional practice gaps of the participants. Recognizing neurobiological, psychological, and cultural basis for risk to exposure to trauma throughout development and what interventions may prevent or ameliorate the effects of this trauma. Identifying who may be at risk, how to collect history. Gaps addressed will include understanding brain network responses to trauma therapy in youth; Identifying neurobiological processes and behavioral consequences of stress on early development; Improving clinician's competency in evaluation for and prevention of child and adolescent suicide in light of recent statistics that reveal a disturbing upward trend in this population; Making clinicians aware of the new state- wide programs to increase access to children's mental health services and to expand the children's mental health work force; Understanding the origin and recognizing disorganized attachment in patients with a history of trauma; Identifying how best to approach suspected trauma in children and adolescents; Discussing the effects of secondary trauma on children and adolescents.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the Essential Areas accreditation requirements and policies of the Texas Medical Association (TMA) through the Joint Providership of the Texas Society of

S P E A K E R S

Alison Wilkinson-Smith, PhD, ABPP

E'leyna Garcia, PhD

Sarah Wakefield, MD

Panel:
Christina Cortinas M.S., LPC;
Phyllis Hamilton, M.A, LSSP, NCSP;
Gwendolyn Franks-Carter, LCSW

Brian Dixon, MD and Ric Bonnell, MD

Psychiatric Physicians and the Texas Society of Child and Adolescent Psychiatry. TSPP is accredited by the TMA to provide continuing education for physicians.

CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of seven (7) AMA PRA Category I Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

MEDICAL ETHICS AND/OR PROFESSIONAL RESPONSIBILITY STATEMENT

The Ethics Presentation: "ETHICS: Systems of Care: From ED Forward" has been designated by the Texas Society of Psychiatric Physicians for a total of two (2) credits of education in medical ethics and/or professional responsibility.

FACULTY AND PLANNERS DISCLOSURE POLICY

In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered to the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the education activity. TSPP will disclose to learners the existence (or non-existence) of all relevant financial relationship(s) that the faculty and planners did (or did not) have with any ineligible companies concerned with the content of the educational presentation. Disclosure will occur prior to the presentation through written communication in the syllabus / handout materials.



Texas Society of Child & Adolescent Psychiatry

Annual Convention and Scientific Program



TSCAP Annual Convention & Scientific Program

*Picking up the Pieces:
Impact of the Pandemic*

July 21-23, 2023 | Westin Riverwalk Hotel | San Antonio, TX

MAIL... (pay by credit card or check)
Texas Society of Child and Adolescent Psychiatry
401 West 15th Street, Suite 675, Austin, TX 78701
(The following options require credit card payment)
E-MAIL... TSCAP@txpsych.org
ONLINE ... <http://www.txpsych.org>
FAX ... (512) 478-5223

To remit payment online, complete this form and return to TSCAP@txpsych.org via email. An email invoice will be sent to you via Quickbooks for payment.

REGISTRATION

NAME	DEGREE
MAILING ADDRESS	CITY
STATE	ZIP
TELEPHONE NUMBER	FAX NUMBER
E-MAIL	

Name badge will include name, degree and city as listed above, unless indicated otherwise: _____

SCIENTIFIC PROGRAM REGISTRATION

(Includes Welcome Reception, Scientific Program, Saturday Lunch & Happy Hour, Saturday & Sunday Refreshment Breaks – for registered attendees).

	Before June 30	After June 30	
TSCAP/TSPP/TAP Member Physician	\$220	\$240	_____
Non-Member Physician	\$275	\$295	_____
Spouse / Guest Claiming CME Credit	\$220	\$240	_____
Allied Health Professional / Spouse / Guest	\$205	\$225	_____
TSCAP/TSPP/TAP Member Trainee	\$35	\$45	_____
Non-Member Trainee	\$45	\$55	_____
Medical Student	\$25	\$35	_____
Non-Member Medical Student	\$30	\$40	_____

TSCAP Member Medical Students, Residents and Fellows: If you present a poster, your registration fee for the Scientific Program AND Saturday Lunch is waived.

SOCIAL EVENTS

☐ Check if you plan to attend the **Friday Welcome Reception**

☐ **Add Spouse/Guest Friday – \$25 - (name for badge):** _____

☐ Check if you plan to attend the **Saturday Happy Hour** (registered attendees only)

☐ **Sunday Annual Business Meeting Breakfast**

TSCAP Member	\$25	\$30	_____
Non-Members/Guests/Spouse	\$30	\$35	_____

Name(s) of guests attending breakfast _____

MEETING SYLLABUS ORDER

<input type="checkbox"/> Online Meeting Syllabus	Free	Free	_____
<input type="checkbox"/> Color Printed Copy	\$100	\$150	_____
<input type="checkbox"/> Black & White Copy	\$75	\$125	_____

☐ **Vegetarian Plate Requested, or other dietary restrictions:** _____



If you require any special assistance to fully participate in this conference, please contact TSCAP via e-mail tscap@txpsych.org or 512/478-0605.

☐ Our conference would not be possible without the support of our sponsors and exhibitors. Conference partners, speakers, sponsors and exhibitors will receive a list of all conference participants, including your name and mailing address (no phone numbers or emails will be shared). Check here if you DO NOT want your name and address included on this list.

**TOTAL
REGISTRATION**

PAYMENT INFORMATION

Check in the Amount of \$ _____ *Make Checks Payable to Texas Society of Child and Adolescent Psychiatry*

Please Charge \$ _____ To My: ☐ **VISA** ☐ **MasterCard** ☐ **American Express**

Credit Card # _____ Expiration Date: _____

3 or 4 Digit Security Code on Back of Card on Right of Signature Panel _____

Name of Cardholder (as it appears on card) _____

Signature _____

ADDRESS WHERE YOU RECEIVE YOUR CREDIT CARD STATEMENT (include address, city, state, zip): _____

CANCELLATIONS – Deadline for cancellation is June 30, 2023. In the event of cancellation, a full refund will be made if written notice is received in the TSCAP office by June 30, 2023, less a 25% handling charge. NO REFUNDS WILL BE GIVEN AFTER June 30, 2023



2023 BALLOT ELECTION OF OFFICERS

Please complete this ballot and return to TSCAP by mail (401 West 15th Street #675, Austin, Texas 78701) or email TSCAP@txpsych.org by July 15, 2023.

Results will be announced at the Annual Business Meeting on July 23, 2023.

Program and Registration Form for TSCAP Annual Meeting the Westin Riverwalk available below or at www.txpsych.org, Conferences and Events Tab.

PRESIDENT ELECT 2023-24 (check one)

☐ Andrew Diederich, MD, Dallas (for Dr. Laura Stone's Expiring Term)

☐ Other _____

SECRETARY-TREASURER 2023-24 (check one)

☐ Joseph Shotwell, MD, Galveston (for Dr. Andrew Diederich's Expiring Term)

☐ Other _____

AACAP Delegate 2023-2026 (check one)

☐ Alcides Amador, MD, Mission ☐ Other _____

AACAP Delegate 2023-2026 (check one)

☐ Robin Mallet, MD, Houston ☐ Other _____

AACAP DELEGATE 2023-2026 (check one)

☐ Sarah Martin, MD, El Paso ☐ Other _____

APA Practice Guidelines for the Treatment of Patients with Borderline Personality Disorder

Please send comments by June 23, 2023

TSPP has received a request from the APA for members to review and comment on the draft “Practice Guideline for the Treatment of Patients with Borderline Personality Disorder.”

The APA’s Guideline Writing Group drafted the guideline based on a systematic review of the available evidence. Each statement (recommendation or suggestion) is separately rated according to the strength of the supporting research evidence and the balance of possible benefits and harms of the recommended or suggested

actions. In addition to specific statements, the draft guideline includes a review of strategies and caveats when implementing the recommendations and a discussion of the appropriateness of the recommendations to inform quality improvement activities.

A PDF version of the draft is available on the APA website at www.psychiatry.org/psy-chiatrists/practice/clinical-practice-guidelines/review-draft-guidelines. The deadline to comment is June 23, 2023.

APA is asking that comments be emailed

to guidelines@psych.org using the online Microsoft Word comment form. Please include the following information:

- Reference each comment by page and line number, and include a reference or rationale for your comment.
- Disclose any relevant potential conflicts of interest, e.g., significant industry or other financial relationships you have that may be relevant to evaluating your comment.
- Include an email address and/or phone

number where we can contact you for additional information about your input, if necessary.

- Everyone who submits comments has the opportunity to be acknowledged in the published guideline. If you choose to be recognized, please list your name and academic degree or your organization name as you would like them to be listed.

If you have any questions, APA has asked you to contact Jennifer Medicus, APA Practice Guidelines, at guidelines@psych.org. ■

Legislative Session is wrapping up

continued from page 1

Stephanie Klick seeks to address workforce shortages in psychiatry through two new grant and merit-based programs. First, it would create the Psychiatry Innovation Grant program to support the state’s health related institutions; and second, establishes an incentive payment program for institutions of higher education with training and retention programs that increase the number of mental health professionals. On May 18th, it was voted favorably from Senate Committee on Health and Human Services.

Step Therapy Protocols for Serious Mental Illness: HB 1337 by Rep. Lacey Hull addresses step therapy protocols for health benefit plans covering prescription drugs for serious mental illness. It prevents health plans from requiring enrollees to fail more than one drug before the prescribed medication is provided and limits the implementation of step therapy protocols to once per plan year. The legislation was voted favorably from Senate Health and Human Services Committee on May 17th.

Emergency Detention Orders: HB 3504 by Rep. Jeff Leach and SB 1433 by Sen. Chuy Hinojosa the Emergency Room holds legislation that will streamline the emergency detention process and employ electronic communications with judges where needed. We have been coordinating with the Texas Medical Association, Texas Hospital Association, emergency room physicians, law enforcement, and other stakeholders on this important legislation. HB 3504 has passed the House and been referred to Senate Committee on Criminal Justice, while SB 1433 is out of the Senate and pending a hearing in House Public Health.

Psychology Prescribing: HB 343 by Rep. Vikki Goodwin was referred to House Public Health and no action taken on the legislation thereafter. The legislation is dead for the session.

Advanced Practice Registered Nurses (APRN) Independent Practice: HB 4071 by Rep. Stephanie Klick and SB 1700 by Sen. Cesar Blanco would give certain APRNs the ability to practice independently in specific settings. No action has been taken on either bill, and the issue appears to be dead for the session.

Mental Health and Brain Research Institute of Texas: HB 15 by Rep. Senfronia Thompson creates the Mental Health and Brain Research Institute of Texas, aiming at accelerating innovation in mental health and brain research. The bill passed the House and is pending referral to committee in the Senate, but it could have problems

passing the second chamber.

Mental Health Funding: SB 26 by Sen. Lois Kolkhorst is an omnibus bill related to mental and behavioral health addressing a number of areas across the spectrum from state hospitals, mental health waitlists, competency restoration and step-down options, and transparency plus accountability by the local mental health authorities and behavioral health organizations. The legislation was voted favorably from the House Committee on Public Health on May 18th.

Mental Health Loan Repayment Program – Program Expansion: There have been several bills expanding the program’s eligibility criteria as well as making payment and program changes. SB 532 by Sen. Royce West and HB 2100 by Rep. Four Price are both moving through the process – SB 532 was voted favorably from the House Committee on Higher Education on May 16th, while HB 2100 is placed on the Senate Intent Calendar for May 17th.

School Safety and Student Mental Health: SB 11 carried by Sen. Robert Nichols, and a priority bill for Lt. Governor Patrick, is the omnibus school safety bill, and addressing issues following the Robb Elementary shooting in Uvalde. The bill was voted favorably from the House Committee on Public Education as substituted on May 16th.

Outpatient and Partial Hospitalization: HB 2337 by Rep. Tom Oliverson relates to

provision of certain intensive outpatient services and partial hospitalization services under Medicaid. Partial hospitalization and intensive outpatient treatment services are not expressly included as behavioral health services for purposes of Medicaid coverage, thereby the bill seeks to help Medicaid beneficiaries access a wider range of services by including intensive outpatient services and partial hospitalization services among the behavioral health services covered under the state’s Medicaid managed care program. HB 2337 has been referred to Senate Health and Human Services Committee and is awaiting a hearing. However, Rep. Oliverson amended SB 1677 by Sen. Charles Perry with the language of HB 2337. SB 1677 passed the House on Friday, May 19th.

Here is a look at some additional bills that deal with larger health care and physician issues:

- **Gender Affirming Care:** SB 14 by Sen. Donna Campbell, and carried in the House by Rep. Oliverson, was passed by the House with one floor amendment adding a severability clause. The bill now heads to Gov. Abbott’s desk.
- **Non-Compete:** SB 1534 by Sen. Charles Schwertner restricts non-compete agreements for physicians and other health care providers, limiting these covenants to 1 year and 5 miles in urban areas and 20 miles in rural areas. The bill was voted favorably from the House Public Health Committee on May 18th.

- **Telemedicine and Telehealth:** SB 2527 by Sen. Donna Campbell modifies standards of care for telemedicine and telehealth, requiring an in-person visit, and puts in place guardrails that were relaxed especially related to schedule II substances. The bill was voted favorably from the House Public Health Committee on May 18th.
- **Medicaid Drug Formulary:** HB 1283 by Rep. Tom Oliverson maintains a single statewide vendor drug formulary in the hands of the state under Health and Human Services Commission rather than transitioning to the managed care organizations (MCOs). The bill was voted favorably from the Senate Health and Human Services Committee on May 17th.
- **HB 2960:** Rep. Briscoe Cain filed HB 2960 which related to applicability of a defense to prosecution for an offense carrying a handgun in certain prohibited locations. The bill protects individuals from legal consequences resulting from unknowingly carrying a handgun into a prohibited location due to lack of awareness. We worked with the author to ensure the bill did not inadvertently erode legislation we successfully passed several sessions ago related to prohibiting handguns at a state hospital. The bill has been referred to Senate State Affairs.

We will provide a full update after May 29th, at the conclusion of the 88th Texas Legislature. Thank you for allowing us to be your voice at the state Capitol. ■


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CALENDAR OF MEETINGS

JUNE

- 10 **Texas Academy of Psychiatry**
Virtual CME Webinar "Psychopharmacology: Risk Management and Legal Implications of Prescribing"
Register online: www.txpsych.org/conferences-events/

JULY

- 21-23 **Texas Society of Child and Adolescent Psychiatry**
Annual Meeting and Scientific Program
Westin Riverwalk Hotel, San Antonio, TX
Register online: www.txpsych.org/conferences-events/

SEPTEMBER

- 9 **Texas Academy of Psychiatry Virtual CME Webinar**
(Registration opening July - www.txpsych.org/conferences-events/)

OCTOBER

- 6-7 **Texas Medical Association Fall Conference**
"Wellness First – Supporting Physician Health"
Hyatt Regency Lost Pines
www.texmed.org
- 23-28 **American Academy of Child and Adolescent Psychiatry**
Annual Meeting
New York, NY
www.aacap.org

NOVEMBER

SAVE THE DATE

- 9-12 **Texas Society of Psychiatric Physicians**
Annual Convention and Scientific Program
Ft. Worth, TX
www.txpsych.org