

# Texas Psychiatrist



## Register Today!

Karen Dineen Wagner, MD, PhD, President, Texas Society of Psychiatry Physicians



Karen Dineen Wagner, MD, PhD

On behalf of the Texas Society of Psychiatric Physicians, I am excited to announce that registration is open for our annual TSPP Spring Committee Meeting and Continuing Medical Education program. This conference is scheduled to run the weekend of April 21-23 in Austin at the AT&T Conference Center and Hotel, located adjacent to the University of Texas Campus.

The CME program “Updates on Evidence-based Practice: Genetic Disorders, Anxiolytics, and Rational Pharmacology” offers up to five (5) *AMA PRA Category 1 Credit(s)*™ for attendees.

Speaking on the topic “Utility of Genetic Testing in Guiding Psychopharmacothera-

peutic Choice” is Stephen Saklad, Pharm.D, BCPP, who will discuss interpreting data obtained from genetic testing and how genetic testing data may improve clinical judgment in treatment planning.

Also presenting this year will be Tanwy Smith, Pharm.D, and Marisa Toups, MD, with their engaging session entitled “Psychopharmacology: Myth vs. Fact” in which they compare commonly believed medication adverse effects myths to the facts from literature.

Finally, it our pleasure to welcome John Hettema, MD, from Texas A&M Health Sciences Center to present on “Rationale Use of Anxiolytics” regarding appropriate

anxiolytic selection for various clinical presentations.

The committees of the Council on Leadership, Council on Education and Council on Service will meet throughout the weekend – see page 4 for a detailed agenda. If you are a member of TSPP and would like to join a committee, please complete the Committee Preferences form on page 5 or visit [txpsych.org/tspp](http://txpsych.org/tspp) and click on the Committee Preferences link. Please also note that not all committee are open and some require nomination from your TSPP Chapter leadership.

**The deadline for booking a room at our negotiated preferred rate is April 7th, so if**

**you are intending to join, we urge you to book early.** You can find all relevant information of the program and hotel booking on our website at [www.txpsych.org](http://www.txpsych.org) or email us at [TSPP@txpsych.org](mailto:TSPP@txpsych.org).

I look forward to seeing you in Austin at the TSPP meeting. ■



## TSCAP: Planning for 2023!

Debra Atkisson, MD, DLFAPA, President, Texas Society of Child and Adolescent Psychiatry

Continuing Medical Education is vital today. Before the pandemic, we saw the statistics listed below. Since the pandemic, we have seen increases in the need for psychiatric services for our children and adolescents. The Centers for Disease Control in 2018-2019 reported the following statistics for our teenagers:

- 15.1% had a major depressive episode.
- 36.7% had persistent feelings of sadness or hopelessness.
- 4.1% had a substance use disorder.
- 1.6% had an alcohol use disorder.
- 3.2% had an illicit drug use disorder.
- 18.8% seriously considered attempting suicide.
- 15.7% made a suicide plan.
- 8.9% attempted suicide.
- 2.5% made a suicide attempt requiring medical treatment.

Bitsko RH, Claussen AH, Lichtstein J, Black LJ, Everett Jones S, Danielson MD, Hoenig JM, Davis Jack SP, Brody DJ, Gyawali S, Maenner MM, Warner M, Holland KM, Perou R, Crosby AE, Blumberg SJ, Avenevoli S, Kaminski JW, Ghandour RM. Surveillance of Children's Mental Health – United States, 2013 – 2019 MMWR, , 2022 / 71(Suppl-2);1–42.

*I have become even more aware of how much primary care physicians need assistance in understanding approaches with the child and adolescent psychiatric patient.*

Join the Texas Society of Child and Adolescent Psychiatry as we meet for our CME convention in San Antonio on July 21-23. This year we are discussing “Picking up the Pieces: Impact of the Pandemic.” We will have seven hours of continuing medical education covering the neuropsychiatric, psychological, and educational impact of COVID. We will be brought up to date on the new Child Psychiatric Screenings which all patients should have. Our systems of care issues with patients in the Emergency Department will be dis-

cussed by a panel of pediatricians who work in the ED and child psychiatrists. In conversations I have been having with primary care physicians in my community, I have become even more aware of how much they need assistance in understanding approaches with the child and adolescent psychiatric patient. For this reason, we developed continuing medical education to fill this need. The work we do in TSCAP to put together CME of this quality to be presented for all across our state is beneficial for those physicians and also for

the children and families who will benefit from the sharing of this knowledge. All physicians are impacted by what happens within family systems, and when children are struggling, the family struggles. Invite primary care physicians and pediatricians to our meeting. All can benefit. Join us! ■



Debra Atkisson, MD, DLFAPA



### TSPP Spring Conference and Scientific Program

**Register Now**

*Updates on Evidence-based Practice: Genetic Disorders, Anxiolytics, and Rational Pharmacology*  
April 21-23, 2023



**Save the Date**  
**VIRTUAL**

**CME Live Activity Webinar**  
*Risk Management: Psychopharmacology, Medication Management for Minors, Informed Consent*  
Saturday, June 10, 2023



**Save the Date**  
**TSCAP Annual Convention and Scientific Program**

*Picking up the Pieces: Impact of the Pandemic*  
July 21-23, 2023

## INSIDE

2023 Legislative Session .....	2
Capitol Day 2023 .....	2
TAP Update and CME Webinar .....	3
Distinguished Fellowship Awards .....	3
TSPP Spring Meeting and CME .....	4
Calendar of Events .....	6



LinkedIn

The Federation of Texas Psychiatry has furthered our mission to serve as a United Voice for Psychiatry on social media! Follow us on Twitter @FedTXPsych; Facebook and LinkedIn





# 88th Legislative Session Underway

Eric Woomer, Federation of Texas Psychiatry Public Policy Consultant



Eric Woomer

The 88th legislative session kicked off on January 10th, 2023, and lawmakers are off and running for their biennial 140-day sprint!

Prior to the session kicking off, Comptroller Glenn Hegar presented his highly anticipated revenue estimate. Texas has seen an unprecedented economic growth post pandemic, and tax revenue derived from rising inflation on goods and services, higher than average natural gas prices, and an influx on significant federal funds over the course of the current biennium has given the state a budget surplus not seen before. Comptroller Hegar calculated \$188 billion in revenue available for general-purpose spending during the 2024-25 biennium, a 26% increase from the previous biennium. This includes an expected surplus of \$32.7 billion from the previous two-year budget cycle.

In the House, Rep. Dade Phelan, was re-elected speaker by a vote of 143-3, and called on lawmakers to work together to pass meaningful legislation for Texans. Governor Greg Abbott and Lt. Governor Dan Patrick were sworn in on the 17th of January 2023 and both outlined their priorities for the upcoming session. Gov. Abbott proposed a comprehensive plan to increase funding for public schools, expand border security, reduce taxes, increase the number of charter schools, expand access to vocational training, provide more resources for students with special needs, reduce the cost of college tuition, invest in safe schools, and fight the fentanyl crisis. Lt. Gov. Patrick also

championed tax relief, including increasing the homestead exemption to \$70,000, as well as expanding parental rights including school choice, increasing rural law enforcement pay, expanding the state's mental healthcare hospital system, and continuing to invest in border security.

On the 23rd of January, Lt. Gov. Patrick announced Senate committee assignments for the 88th Legislature. Many of the fifteen standing committees are set to be led by the same lawmakers as prior years. Texas House committees have yet to be released, but we expect an announcement by Speaker Phelan in early February.

As we head into the meat of the legislative session, there are several mental health related issues we expect to be top priorities for the Federation.

**APRN Scope Expansion:** The Federation will continue to actively oppose any expansion into independent practice by advanced practice registered nurses (APRNs) and other mid-level providers. However, we do anticipate multiple bills to be filed due to the health care workforce shortages, under the theory that such expansion will ease the shortage.

**Psychology prescribing:** As anticipated, Rep. Vikki Goodwin refiled a psychology prescribing bill, House Bill 343. We met with Rep. Goodwin earlier this year and shared our reservations about this issue, and we reaffirmed our opposition to the legislation. With Texas' growing mental health need and a shortage of mental health resources, Texas lawmakers should

appreciate and understand that removing barriers to psychologists prescribing medication will erode safe mental health care and expose patients to needless risk, without truly saving any money or increasing access to care.

**Loan Repayment:** Stakeholders, including the Federation, have been working on state efforts to supplement workforce shortages within psychiatry and mental health professions. In the budget initially filed, the Mental Health Loan Repayment Program was increased from \$2 million to \$28 million through Texas Higher Education Coordination Board (THECB).

**Forensic Psychiatry:** A particular focus for the Federation has been the dearth of forensic psychiatry fellowship programs. Lawmakers have been developing legislation to promote additional psychiatrists and other mental health professionals, and the Federation has been working with stakeholders to develop a mechanism and funding for additional forensic psychiatrists, perhaps through the THECB or through the mental health consortium connected with the schools of psychiatry in Texas.

**Emergency Detentions:** We are likely to see legislation to address the longstanding problem of emergency detentions orders (EDOs) for patients suffering acute mental health episodes. The bill(s) will authorize and fund the creation of an electronic platform for accelerating mental health emergency detentions applications and add some needed clarity to the law, to ensure

that the EDO process is efficient, transparent, and accountable.

**Severe Mental Illness (SMI) Step Therapy:** The Federation is leading the effort to curb onerous step therapy or "fail first" treatment requirements for patients with Severe Mental Illness (SMI). Being required to fail on multiple medications can have severe impacts on patients and their mental well-being. Failure to adhere to an appropriate medication management plan can lead to a devastating cycle of mental and physical illnesses and an array of complications that increase healthcare costs and reduce quality of life.

Sen. Jose Menendez (Senate Bill 452) and Rep. Lacey Hull (House Bill 1337) have filed bills will limit "fail first" practices in commercial plans by prohibiting health plans from requiring adult SMI patients to either fail or successfully respond to more than one drug at initial diagnosis, as well as limit medication switching to once annually, and only to identical medications.

Feel free to contact our team or the Federation if you have any questions or concerns. As always, we are pleased to be your voice at the state capitol. ■

## Capitol Day 2023

The Federation of Texas Psychiatry welcomed TSPP, TSCAP and TAP members from across the state for Capitol Day 2023. The program began on March 6th with a virtual advocacy training program led by our Public Policy Analyst, Eric Woomer, to review key issues and prepare for legislative meetings. On March 7th, in conjunction with TMA's First Tuesdays, our group of psychiatric physicians descended on the Capitol to speak with the offices of 28 senators and representatives to discuss issues related to scope of practice, emergency detention, workforce, and removing barriers to care.







# Time Marches On

Michael R. Arambula, MD, PharmD, DLFAPA, President, Texas Academy of Psychiatry

The year seems to have flown by and my tenure as TAP President is about up. My wife told me that our perception of time is inherently linked to how much time we have already lived. In plain language, time will seem to leave old folks in the dust over time. Professor Bejan, a Duke Mechanical Engineer, explained that it was a Physics Flow concept and that the distortion of time was related to both the state of our brains as we age and the number of mental images our brain encountered and organized. He said there was an inverse proportional relationship between processing stimuli in the brain and the sense of time passing by; and hence, as we become older, the rate at which changes in mental images are perceived by our brains decrease, which leads to a sense of time speeding up. So...as I'm thinking about this abstract concept and it's taking some extra time, I already know that I'm not as strong as I used to be, and God forbid that I'll have to run anywhere soon. So I guess all this time stuff is just another reminder that I'm getting old and tomorrow will arrive sooner than I expect it. Come to think of it, that means our upcoming TAP CME Conference on June 10th is right around the corner.

Commensurate with the addition of our exceptional Executive Director (Mr. Burckhardt), TAP leadership have decided to present, regular – maybe even quarterly – and shorter CME opportunities for our members, which of course includes all TSPP and TSCAP members, since we are one for all and all for one. This coming

June, we will offer a 2-hour series of virtual risk management presentations on (1) Psychopharmacology: Risk Management and Legal Implications of Prescribing, (2) Medication Management for Minors, and (3) Informed Consent for Adults and Minors. Please join us. Then, Melissa Eshelman will have taken over the helm, and I assure you that we will be just fine in (her) excellent hands.

Before I sign off, I want to remind you that TAP members are not required to join

the APA (and pay \$1060 annual collective dues), that we – TAP, TSPP, TSCAP members – all practice in this Great State and know how to take care of those in our backyard, and that we need input from all our Texas psychiatrists. Please join our collective efforts. Annual dues are only \$450 (we only recently raised our dues after 20 years, at great deliberation), and all medical students and psychiatry residents can join TAP at no cost. ■



Michael R. Arambula, MD, PharmD, DLFAPA

## WHY PRMS?

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Since 1986, PRMS has provided professional liability insurance for individual healthcare providers and group practices across the country, delivering customized insurance products, preeminent risk management services, and unparalleled claims and litigation expertise.

As the field of psychiatry evolves in the face of the COVID-19 pandemic, now more than ever, we're here for our doctors with timely risk management support, updates, and the latest resources. Our psychiatry-specific expertise, paired with our long-standing ability to defend and support our clients, allows us to keep you covered — with more than an insurance policy.

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ASSOCIATE DIRECTOR, CLAIMS

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## Congratulations to 2023 Fellows/Distinguished Fellows

Melissa Eshelman, MD, Chair, TSPP Distinguished Fellowship Committee

Congratulations to the newly recognized 2023 Fellows and Distinguished Fellows of the APA from our TSPP Membership!

### 2023 Fellows (FAPA)

- Stacy Leon, MD
- Hong Chai, MD
- Gabriel Garza, MD
- Tulasi Goriparthi, MD
- Karma Hudson, MD
- Yasin Ibrahim, MD
- Krishna Kambhampati, MD
- Ruben Pinero Fuentes, MD
- Lynn Spillar, MD
- Brent Turnipseed, MD
- Sarah Wakefield, MD

Being a Fellow is an honorary designation to recognize APA members who have demonstrated allegiance to their profession and commitment to the on-going work of the Association. There is a 30-day review period for the district branch to

offer comments about the Fellowship candidate. Approval by the APA Membership Committee takes place in the fall, and approval by the APA Board of Trustees takes place in December. For eligibility criteria and to apply, go to <https://www.psychiatry.org/join-apa/become-a-fellow/fellow-of-the-apa>. APA will begin accepting applications mid-February. Fellow applications must be submitted by September 1.

### 2023 Distinguished Fellow (DFAPA)

- Esteban Gonzalez, MD
- Melissa DeFilippis, MD
- Cheryl Hurd, MD, MA
- Michelle Magid, MD, MBA
- Asim Shah, MD
- Steven Starks, MD

Distinguished Fellowship is awarded to outstanding psychiatrists who have made significant contributions to the psychiatric profession in at least five of the following areas: administration, teaching,

scientific and scholarly publications, volunteering in mental health and medical activities of social significance, community involvement, as well as for clinical excellence. Distinguished Fellow is the highest membership honor the APA bestows upon members.

\*\*\*\*\*

If you are considering applying for Distinguished Fellowship status, please review the DFAPA requirements at <https://www.psychiatry.org/membership/honorary-fellowship/dfapa> and then contact your Chapter Representative to the TSPP Distinguished Fellowship Committee to discuss your interest. If you don't have a local chapter representative, contact TSPP via email at [TxPsychiatry@txpsych.org](mailto:TxPsychiatry@txpsych.org), and one of the Distinguished Fellowship Committee members will be designated to serve as your advisor. A member of the Distinguished Fellowship committee can review eligibility requirements and the information needed for the Nomination Form. By mid-February each year, APA will notify TSPP of the opening of the application process and provide access to the APA



Melissa Eshelman, MD, DLFAPA

portal. TSPP will then be able to direct qualified members to the APA portal to complete their applications online and upload letters of recommendation. TSPP will review all fully completed applications at the Spring 2023 Meeting on 4/21/2023 to decide whether to nominate the member to APA for Distinguished Fellow status. Distinguished Fellowship nominations must be submitted by TSPP to APA by July 1. The APA Membership Committee reviews the nomination in the fall and the APA Board of Trustees makes their final determination in December.

Both the newly elected FAPA and DFAPA nominees will be recognized during the Convocation of Distinguished Fellows during the 2023 APA Annual Meeting in San Francisco, CA, this upcoming May. Please extend your congratulations to these outstanding Texas psychiatrists! ■



Texas Society of Psychiatric Physicians

# Spring Committee Meetings and Continuing Medical Education Program

*“Updates on Evidence-based Practice:  
Genetic Disorders, Anxiolytics, and Rational Pharmacology”*

April 21-23, 2023 • AT&T Hotel and Conference Center • Austin, Texas

Register early and plan to attend the 2023 committee meetings and Spring CME Program of the Texas Society of Psychiatric Physicians on April 21-23, 2023 at the AT&T Hotel and Conference Center, 1900 University Ave, Austin, TX. Other organization meetings will be held April 22 and the TSPP Executive Council Meeting, April 23.

MEETING HIGHLIGHTS

- TSPP Spring CME Program 5 AMA PRA Category 1 Credit(s)<sup>™</sup>
- TSPP Committee Meetings – Open to all Members, including Residents and Fellows in Training
- Networking with Colleagues from Around the State of Texas
- Exhibits that offer Business Practice Tools, Malpractice Insurance and Employment Opportunities
- TSPP Government Affairs Committee & Luncheon Program
- Complimentary Refreshments & Reception
- TSPP Executive Council Meeting and Installation of Officers for 2023-24



MEETING LOCATION / INFORMATION

Located in the heart of Austin, the AT&T Hotel and Conference Center is on the University of Texas at Austin's campus and minutes from the center of Downtown Austin and the State Capitol, in a culturally rich neighborhood near many restaurants, museums, Lady Bird Lake and a jogging path, live music venues, bars, and more! The Texas limestone archways mimic the iconic UT Tower. Take a dip in the saltwater, heated outdoor pool or work up a sweat in the Fitness Center, open 24 hours a day. Visit the Texas State Capitol building, less than 3 blocks away from the hotel. There is no shortage of fine dining options downtown Austin, whether you're in the mood for Fleming's or Perry's Steakhouse (their Friday porkchop lunch is a must!), Roaring Fork, Truluck's or Eddie V's for prime seafood, Red Ash or Taverna for Italian, La Condesa or Iron Cactus for Mexican cuisine, Lambert's or the world famous Franklin barbecue! Or, plan to remain in the hotel and enjoy our four culinary concepts that range from thoughtful and elegant dishes to healthy morning starters. Whether you're casually relaxing after a long day or on the move, you'll never have to wander far for quality cuisine. One thing's for sure: you will not be bored in Austin!

For more things to do in Austin, visit <https://www.austintexas.org/>

HOTEL RESERVATIONS

TSPP has negotiated a small block of rooms with a discounted room rate of \$279 for reservations placed **BEFORE April 7th**. To take advantage of this rate, visit:

<https://book.passkey.com/go/TSPPCO0423>

Additional conference information can be found on the Federation of Texas Psychiatry's website at [www.txpsych.org](http://www.txpsych.org).

*\*Booking a room within the TSPP room block is an important way to support TSPP and helps to keep the overall meeting registration fee and costs as low as possible. Booking outside of the TSPP block, or at another hotel could expose TSPP to monetary charges for attrition. Plus, staying in the hotel keeps you connected with all the activities and networking opportunities during the event. Please help us help you by booking your room at the hotel hosting the meeting and within the TSPP room block.*

EXHIBITS

Exhibits will be open throughout the day Saturday to provide you with information designed to enhance your practice and improve the optimal delivery of medical care to your patients. In addition there will be 'job fair' exhibitors who have employment opportunities for Psychiatrists in the State of Texas.

PROGRAM SCHEDULE

Friday, April 21

4:00 pm - 10:00 pm	Temporary Registration Desk	Conference Foyer
6:00 pm - 7:30 pm	Chapter Leadership Forum	Classroom 103
6:00 pm - 7:30 pm	TSCAP Executive Committee Meeting	Classroom 104
7:30 pm - 9:00 pm	Federation Delegate Assembly Meeting	Classroom 105
8:00 pm - 9:00 pm	Resident-Fellow Mixer	TBD

Saturday, April 22

7:00 am - 9:00 pm	Registration	Conference Foyer
7:00 am - 8:15 am	Foundation Board of Directors Breakfast Meeting	Classroom 103
7:30 am - 9:20 am	Continental Breakfast	Conference Foyer
8:30 am - 10:00 am	<b>Council on Leadership Meetings:</b> Ethics Distinguished Fellowship Finance	Classroom 103 Classroom 104 Classroom 105
	<b>Council on Education Meetings:</b> Continuing Medical Education Professional Practice Management	Classroom 103 Classroom 104
10:00 am - 10:20 am	Refreshment Break / Visit with Exhibitors and Door Prize Drawings	Zlotnik Ballroom 1/2
10:20 am - 11:50 pm	<b>Council on Service Meetings:</b> Academic Psychiatry Children and Adolescents Psychiatry Forensic Psychiatry Public Mental Health Services	Classroom 103 Classroom 104 Classroom 105 Classroom 107
11:50 pm - 12:10 pm	Refreshment Break / Visit with Exhibitors and Door Prize Drawings	Zlotnik Ballroom 3
12:10 pm - 1:10 pm	Lunch Program (and Government Affairs Council on Advocacy Meeting)	Zlotnik Ballroom 1/2
1:10 pm - 2:00 pm	Texas Academy of Psychiatry Board of Directors Meeting	Classroom 103
1:10 pm - 2:00 pm	Resident Fellow Member in Training Section	Classroom 105
2:00 pm - 7:30 pm	<b>CME SCIENTIFIC PROGRAM:</b> <b>“Updates on Evidence-based Practice”</b>	Zlotnik Ballroom 1/2
2:00 pm - 4:00 pm	<b>“Genetic Testing”</b> Stephen R. Saklad, Pharm.D., BCPP	
4:00 pm - 4:20 pm	Refreshment Break / Visit with Exhibitors and Door Prize Drawings	Zlotnik Ballroom 1/2
4:20 pm - 6:20 pm	<b>“Psychopharmacology: Myth vs. Fact”</b> Tawny Smith, PharmD & Marisa Toups, MD	
6:20 pm - 6:30 pm	Break	Zlotnik Ballroom 1/2
6:30 pm - 7:30 pm	<b>“Rationale Use of Anxiolytics”</b> John Hettema, MD	
7:30 pm - 9:00 pm	Reception and Dinner	

Sunday, April 23

9:00 am - 11:00 am	Executive Council Meeting	Classroom 105
	Continental Breakfast and Installation of Officers for 2023-24	

Agenda times and room assignments subject to change.





Texas Society of Psychiatric Physicians

# Spring Committee Meetings and Scientific Program

April 21-23, 2023

## “Updates on Evidence-based Practice: Genetic Disorders, Anxiolytics, and Rational Pharmacology”

5 AMA PRA Category 1 Credit(s)<sup>™</sup>

### Utility of Genetic Testing in Guiding Psychopharmacotherapeutic Choice (maximum 2 credit hours)



**Stephen R. Saklad, Pharm.D., BCPP**

Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity, participants should be able to:

- Improve basic knowledge of usefulness and quality of data obtained from genetic testing.
- Improve skill in interpreting data obtained from genetic testing.
- Demonstrate how genetic testing data and skillful interpretation improve clinical judgment in treatment planning for psychiatric illness.

### Psychopharmacology: Myth vs. Fact (maximum 2 credit hours)



**Tawny Smith, PharmD**



**Marisa Touns, MD**

Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity, participants should be able to:

- Compare commonly believed medication adverse effect myths to the facts from the literature.
- Evaluate the evidence of use of lithium in patients with renal impairment.
- Summarize the evidence-based use of bupropion for antidepressant-induced sexual side effects.

### Rationale Use of Anxiolytics (maximum 1 credit hour) – virtual



**John Hettema, MD**

Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity, participants should be able to:

- Discuss the indications and use for typical anxiolytic medications.
- Identify appropriate anxiolytic selection for various clinical presentations.
- Describe the risks/benefits and treatment duration for common anxiolytic medications.

### Committee Meeting RSVP

If you are sending a printed/scanned registration form, please check ALL committee meetings that you are a member of and plan to attend, and return with registration and payment.

Please note: if you are only attending committee meetings and not registered for the CME Scientific Program, meals are not included.

☐ **Chapter Leadership Forum**  
Friday, 6-7:30pm

☐ **Federation Delegate Assembly Meeting**  
Friday, 7:30-9pm

**Council on Leadership Meetings** Saturday, 8:30-10am

- ☐ Ethics  
☐ Distinguished  
☐ Fellowship  
☐ Finance

**Council on Education Meetings** Saturday, 8:30-10am

- ☐ Continuing Medical Educ.  
☐ Professional Practice Mngt  
☐ Resident-Fellow Mbr Section

**Council on Service Meetings** Saturday, 10:20-11:50am

- ☐ Academic Psychiatry  
☐ Child/Adolescent Psychiatry  
☐ Forensic Psychiatry  
☐ Public Mental Health Svcs

### CME PROGRAM GOAL / TARGET AUDIENCE

This live activity has been designed in a format consisting of case study presentations, lectures and direct discussion to provide its primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice. Information and data will address new developments in treatments and new directions in research to address the professional practice gaps of the learners and advance the physicians' competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice. The learning objectives for this activity have been designed to address clinician competence.

### NEEDS ASSESSMENT

TSPP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of our participants.

### ACCREDITATION STATEMENT

The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

### CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of five (5) *AMA PRA Category 1 Credits<sup>™</sup>*. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

### FACULTY AND PLANNERS DISCLOSURE POLICY

The Texas Society of Psychiatric Physicians will disclose to participants the existence of any relevant financial relationships between faculty members, TSPP staff and members, who planned, authored, contributed to, and/or reviewed the content of this activity, and any commercial interest discussed in this educational activity. Disclosure will occur through written communication in the syllabus/handout material.



## Texas Society of Psychiatric Physicians and Texas Academy of Psychiatry Spring Meeting & CME Program – April 21-23, 2023 • Austin, Texas



**MAIL...** (pay by credit card or check)  
Texas Society of Psychiatric Physicians  
401 West 15th Street, Suite 675, Austin, TX 78701

(The following options require credit card payment)

**E-MAIL...** TXpsychiatry@txpsych.org  
**ONLINE...** http://www.txpsych.org

**FAX...** 512.478.5223  
**PHONE...** 512.478.0605

To remit payment online, complete this form and return to TXpsychiatry@txpsych.org via email. An email invoice will be sent to you via Quickbooks for payment.

### REGISTRATION

NAME

E-MAIL ADDRESS FOR MEETING CONFIRMATION

Please check if you are a: ☐ APA Distinguished Life Fellow ☐ APA Distinguished Fellow ☐ APA Fellow ☐ APA Life Fellow ☐ APA Life Member

ADDRESS / CITY / STATE / ZIP:

PHONE/FAX

**Name and city for name badge, if different than listed above:** \_\_\_\_\_

### REGISTRATION FEE

<input type="checkbox"/> <b>SATURDAY LUNCH</b>	\$40.00	_____
<input type="checkbox"/> <b>CME PROGRAM</b>		
TSPP / ACADEMY / TSCAP Member	\$175.00	_____
RESIDENT-FELLOW IN TRAINING / TSPP / ACADEMY / TSCAP MEMBER	\$35.00**	_____
** NO CHARGE, if your Program Training Director registers for the CME Program.		
NON-MEMBER PHYSICIAN	\$225.00	_____
NON-MEMBER RESIDENT-FELLOW PHYSICIAN, MEDICAL STUDENT	\$45.00	_____
ALLIED HEALTH PROFESSIONAL	\$165.00	_____
<b>**Enter Program Director's name here:</b> _____		
<input type="checkbox"/> <b>SATURDAY DINNER</b>		
TSPP / ACADEMY / TSCAP Member	\$55.00	_____
RESIDENT-FELLOW IN TRAINING / TSPP / ACADEMY / TSCAP MEMBER	\$45.00	_____
NON-MEMBER PHYSICIAN	\$95.00	_____
NON-MEMBER RESIDENT-FELLOW PHYSICIAN, MEDICAL STUDENT	\$55.00	_____
SPOUSE/GUEST (no CME, dinner only)	\$85.00	_____

**Name(s) for name badge** \_\_\_\_\_

### MEETING SYLLABUS ORDER

<input type="checkbox"/> Meeting Syllabus in Color	\$155.00	_____
<input type="checkbox"/> Meeting Syllabus in Black & White	\$125.00	_____
<input type="checkbox"/> Online Meeting Syllabus	No Charge	_____

☐ **Vegetarian Plate Requested.**  
No additional fee if requested prior to March 31 otherwise there will be an additional fee of \$15.00

If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605.

**Total Registration Fees**

### METHOD OF PAYMENT:

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## CALENDAR OF MEETINGS

### APRIL

**21-23 TSPP & TAP Spring Committee Meetings and Continuing Medical Education**  
Austin, TX  
[www.txpsych.org](http://www.txpsych.org)

### MAY

**19-20 TexMed 2023**  
Fort Worth, TX  
[www.texmed.org](http://www.texmed.org)  
**20-24 American Psychiatric Association Annual Meeting**  
San Francisco, CA  
[www.psychiatry.org](http://www.psychiatry.org)

### JUNE

**10 Texas Academy of Psychiatry Virtual CME Webinar "Risk Management"**

### JULY

**21-23 Texas Society of Child and Adolescent Psychiatry Annual Meeting and Scientific Program**  
San Antonio, TX  
[www.txpsych.org](http://www.txpsych.org)

### OCTOBER

**6-7 Texas Medical Association Fall Conference "Wellness First – Supporting Physician Health"**  
Hyatt Regency Lost Pines  
[www.texmed.org](http://www.texmed.org)  
**23-28 American Academy of Child and Adolescent Psychiatry Annual Meeting**  
New York, NY  
[www.aacap.org](http://www.aacap.org)

### NOVEMBER

**9-12 Texas Society of Psychiatric Physicians Annual Convention and Scientific Program**  
Location: TBD  
[www.txpsych.org](http://www.txpsych.org)

## JOB BANK

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation's **JOB BANK** on its website at [www.txpsych.org](http://www.txpsych.org). The Federation's **JOB BANK** could be just what you have been looking for.