

Texas Psychiatrist



2022 – A Tumultuous Year

Daniel B. Pearson, III, M.D., DLFAPA, Chair, Federation of Texas Psychiatry



Daniel Pearson, III, MD, DLFAPA

This last year has been a tumultuous year for all of us, I believe. We all have in some ways had to learn to live with COVID and in some ways live in spite of COVID.

Our Spring meeting was virtual and quite successful. But it is hard to call it a meeting, when we are not really meeting, and I mean face-to-face.

When the Texas Society of Child and Adolescent Psychiatry had their annual meeting in the summer in Galveston in person, and we saw the reception that got, TSPP made the decision to get back together in person as well for the Fall TSPP / Texas Academy meeting. I think most people were quite happy to be back in a real meeting.

Another reason this last year has been a challenge for the Executive Committee of the Federation of Texas Psychiatry was the task of finding a person to step into the position of Executive Director. The position is quite demanding and entails a very broad range of needed skills and knowledge. The Committee feels we have found such a person in Dieter Burckhardt.

As Chair of the Federation of Texas Psychiatry Executive Committee, I would

like to acknowledge everyone who worked tirelessly to make the Texas Society of Psychiatric Physicians / Texas Academy of Psychiatry Fall meeting in Houston a huge success. That includes everyone from the committees that choose the topics for the scientific sessions, all the way to the registration desk, and everyone in between.

I would especially like to thank Dieter Burckhardt, our new Executive Director. He is the main reason the meeting ran so smoothly and went off without a hitch and in record time.

For our members and other interested parties, I would like to review the structure of the organizations that make up Texas Psychiatry and some of the benefits our organizations provide for our members and Texas Psychiatry as a whole.

There are several moving parts that work in conjunction to represent as much of psychiatry as possible. The largest piece, and historically the main piece, is of course the Texas Society of Psychiatric Physicians (TSPP). This also is the part that is linked to the American Psychiatric Association (the APA) and is our connection to the larger community of psychiatry nationally.

At our state level, TSPP is the main driving force for our patients and for the good of the profession. TSPP is always active as a resource to the Texas legislature regarding legislation affecting our patients, often as witnesses testifying in front of various committees. This activity goes on when the legislature is in session as well as in between sessions, when much of the heavy work is done.

Another piece of the puzzle is the Texas Academy of Psychiatry. This organization was established to accommodate individuals or even organizations who otherwise could not or did not wish to join TSPP, and yet could take part in Texas psychiatry.

A third major piece that also is an important part of Texas Psychiatry is the Texas Society of Child and Adolescent Psychiatry, which though closely associated with TSPP has its own annual meeting, separate from the TSPP annual meetings.

Lastly, the piece of the puzzle which is our charity arm, is the Texas Foundation for Psychiatric Education and Research. The Foundation is a source of support for the chapter charity projects such as Mental Health Week each year. The Foundation can

also support grants for research projects.

Over all of these is the Federation of Texas Psychiatry. It is the administrative umbrella that takes care of the business of administering the nuts and bolts of each of the parts of Texas Psychiatry. It is the Federation that employs the Executive Director and any others necessary to make it all run smoothly.

The Executive Committee of the Federation, is made up of very dedicated individuals who have put in much time and energy in the selection of Dieter Burckhardt as our new Executive Director. I believe he has very clearly demonstrated his skill and resourcefulness and we are pleased and honored for him to be part of the Family of Texas Psychiatry and we look forward to a long and rewarding association. ■



Annual Convention, a Huge Success

Karen Dineen Wagner, MD, PhD, President, Texas Society of Psychiatry Physicians

A major accomplishment for TSPP this year was to have our first in person meeting since 2019. The TSPP 66th Annual Convention and Scientific Program was held in Houston November 10-13, 2022 and was a huge success. The Continuing Medical Education Committee organized a scientific program focused on common drugs of abuse, examining challenges, risks and potential therapeutic benefits. A wide range of topics were covered such as opioids, marijuana, sedative hypnotics, muscle relaxants, psychedelics, and behavioral treatments for substance abuse. The speakers were informative, engaging and provided participants with relevant informa-

tion for their clinical practices. Committee sessions were active with members focused on addressing issues related to the committees' topic. Research poster sessions featured the work of residents, fellows, and medical students. A highlight of the meeting was the opportunity to socialize with colleagues and friends. That sense of camaraderie has been missing from virtual meetings.

We have already set dates for future in person meetings. The meeting in Austin will be held April 21-23, 2023. The 67th Annual TSPP Convention and Scientific Program will be held November 9-12, 2023. Please save the dates for these meetings, and I do hope that you will be able to attend.

Congratulations to the 2022 TSPP Award Winners

TSPP Special Service Award
Mark Jacobs, MD

TSPP Distinguished Service Award
Jane Ripperger-Suhler, MD

TSPP Psychiatric Excellence Award
Phillip Balfanz, MD.



Karen Dineen Wagner, MD, PhD

I would like to encourage TSPP members to participate in our committees. The work of these committees strengthen the goals and mission of our organization. A list of the committees is included in the

article below. If you would like to participate in a particular committee, please send an email to TSPP@txpsych.org and let us know you are interested in that committee.

Have a wonderful holiday season. I look forward to seeing all of you at the April meeting in Austin. ■

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Committee Preferences 2022-23

Participation in committees provides an opportunity to informally network with your colleagues from around the state and share issues and concerns about your practice, patient care, legislative matters and medical education.

Your preferences will be considered by TSPP President Karen Dineen Wagner, M.D., PhD when she begins making appointments. Appointments are generally for 3 years. Committees will meet at the November and April conferences. If you have any questions, please do not hesitate to contact our office via email tspp@txpsych.org or call us at 512-478-0605.

- COUNCIL ON ADVOCACY** – Government Affairs Committee
- COUNCIL ON EDUCATION** – Continuing Medical Education Committee, Resident-Fellow Member Section Committee, Professional Practice Management Committee
- COUNCIL ON SERVICE** – Academic Psychiatry Committee, Children & Adolescents Committee, Forensic Psychiatry Committee, Public Mental Health Services Committee
- COUNCIL ON FELLOWSHIP** – Council on

- Fellowship Committee (Chapter officers and representatives)
- COUNCIL ON LEADERSHIP** – Constitution & Bylaws Committee (Appointed by Chapter), Ethics Committee (Appointed by Chapter), Distinguished Fellowship Committee (Appointed by Chapter), Finance Committee, Nominating Committee (Past three TSPP Presidents)

Committee Preferences can be submitted online at
<https://www.txpsych.org/tspp/>



Legislative Session Coming to an End

Eric Woomer, Federation of Texas Psychiatry Public Policy Consultant

A busy 2022 is quickly coming to an end with the next stop being the start of the 88th Legislative Session on January 10, 2023. We anticipate the discussion around mental health to remain a top discussion item in both Chambers. In addition, we expect this coming session to be more line with traditional sessions of the past with the Capitol halls filled with activity. Pre-filing of legislation began on November 10th, and over 900 bills were filed on the first day, covering a diverse set of policy issues.

This legislative interim was significantly shorter due to multiple special sessions, plus the tragedy in Uvalde led to expanded committee work and the establishment of House and Senate special committees to investigate and examine school safety, mental health, firearm safety and more.

Additionally, state leadership alongside the House and Senate immediately responded with the deployment of resources from across state agencies to Uvalde as well as transferred millions of dollars towards expanding services and programs to aid the Uvalde community and residents including mental health services and supports from Texas Child Mental Health Care Consortium.

When the Senate special committee met, Dr. Celeste Caballero, a pediatrician, testified on behalf of TMA, the Federation of Texas Psychiatrists, Texas Pediatric Society, and the Texas Academy of Family Physicians, among others. A psychiatrist with Dell Children's Medical Center, Dr. Roshni Koli, also testified. The focus was on opportunities to strengthen the state's mental health system but also clinical and community intervention. Testimony focused on the strain from the pandemic; lack of access due to mental health services due to significant workforce shortages; adverse childhood experiences; and much more.

Across these and other hearings, increasing access to psychiatry is a common theme. The Legislature understands the significance of the shortage and we anticipate legislation and budgetary actions for mental health services and supports, as well as to address

workforce shortages across several health care provider groups and industries, including psychiatry and mental health professionals.

As we head into session, there are several mental health related issues we expect to be top priority issues for the Federation. Two of the top legislative priorities remain opposition to psychology prescribing and scope of practice expansion for APRNs and other midlevel providers. As anticipated, Rep. Vikki Goodwin refiled a psychology prescribing bill. We met with Rep. Goodwin earlier this year and shared our reservations about this issue, and we reaffirmed our opposition to the legislation.

We will continue to actively oppose any expansion into independent practice by APRNs, but we anticipate multiple pieces of legislation to be filed due to the health care workforce shortages we are experiencing and under the theory that such expansion will ease shortage. To date, we have not seen legislation filed in this regard.

Other issues will include step therapy for patients with serious mental illness. SB 2051, filed during the 87th Legislature by Sen. Jose Menendez, limited step therapy for this population but did not pass. However, we are coordinating with stakeholders to reintroduce the bill and secure its passage. We will continue to support funding for the physician and mental health loan repayment programs, and already know the Senate intends to file legislation increasing the awarded amount for the mental health loan repayment program and requesting additional appropriations between \$5m and \$15m for expanding this program.

The Federation has always been supportive and active in the discussions regarding graduate medical education (GME), will continue to do so this legislative session. Texas' present population is 29.5M, and it is expected to grow to 35M by 2030. To keep up with the state's growth combined with the rise of medical school enrollment, and to maintain the state's target ratio of 1.1 to 1 entry-level residency positions per Texas

medical school graduates, 325 new entry-level residency slots are needed by 2027. It is estimated that an additional \$20 million is needed to maintain the target ratio of 1.1 to 1 and support the GME positions that have been created through the state GME Expansion Grant program. We will be monitoring budgetary discussions and actions around GME and any additional appropriations for GME.

We saw over \$200M in appropriations to support the Texas Child Mental Health Care Consortium's work since its inception in 2019, and we anticipate the Legislature continued support for this effort, including additional appropriations to expand its work. Last session, the Legislature allocated \$400M into projects that would add more than 500 inpatient psychiatric beds across the state as well as revamp aging state hospitals. We still need to do more to meet the demand - people wait an average of 180 days for a non-maximum-security bed and 366 days for a maximum-security bed. Ideally, the state is targeting 50 public beds per 100,000 people; Texas currently has fewer than 8 per 100,000.

When the Legislature convenes in January, the Texas Comptroller will release the Biennial Revenue Estimate setting the financial stage for legislative spending. On July 14th, Comptroller Glen Hegar gave an updated revenue estimate after months of historic economic growth in Texas. The Comptroller projected then that the Legislature will have approximately \$27 billion come January. However, this amount could be predicted to increase to \$30 billion or more. The Economic Stabilization Fund or the "Rainy Day Fund" is estimated to have a balance of \$15 billion.

On November 8th, Texas voters went to the polls to cast their ballots. All GOP incumbents of statewide offices won re-election: Governor Greg Abbott, Lt. Governor Dan Patrick, Attorney General Paxton, Comptroller Glenn Hegar, Agriculture Commissioner Sid Miller, and Railroad Commissioner Wayne Christian. Texas



Eric Woomer

Senator Dawn Buckingham won her race for General Land Commissioner. Every incumbent Senator won re-election, mostly by wide margins, and the six open seats are now held by five Republicans and one Democrat. The Senate now looks at a 19-12 partisan split, with the GOP holding the majority. For the Texas House, there were very few surprises, with majority of incumbents holding their seats. Prior to the election, the partisan split in the House was 86-64, with Republicans holding the majority, and post-election, the margin has stayed the same. Speaker Date Phelan is likely to remain comfortable in charge of the House, but does have a Republican challenger, Rep. Tony Tinderholt.

Overall, both Chambers are likely to operate without significant operational changes, however, there are discussions about consolidating Senate committees as well as in both Chambers, naming only GOP chairs for committees. In closing, the 88th Legislature convenes January 10th for 140 days. The first few days of session are reserved for ceremonial activities as well as voting for the House Speaker and passing each respective Chamber's rules. We expect committee chairs and assignments to be named sometime in February then when March arrives, the first legislative deadline comes into play on March 10th being the last day for filing legislation. The final months of session (March, April, May) is when the bulk of the Legislature's work is done and begins the march toward Sine Die, the last day of the Regular Legislative Session, May 29th, 2023.

As always, it is a pleasure serving you and thank you for allowing us to be your voice at the Texas Capitol. ■

TSPP Representatives to APA Annual Update 2022

Debra Atkisson, MD, DLFAPA; David Axelrad, MD, DLFAPA, Daryl Knox, MD, DLFAPA; and Michael Arambula PharmD, MD, DLFAPA

So many changes have occurred in how we represent TSPP in our APA meetings since the advent of the Pandemic. Now we meet virtually for our Area 5 meetings, which encompasses the region of the USA from West Virginia down to Florida and across to Texas. Area 5 constitutes thirteen states and is a strong presence in the American Psychiatric Association. Our Area has impacted policy through Action Papers and strong leaders in the APA Assembly.

Area 5 met virtually on March 26 and this was the first meeting in which Dr. Kaylee Davis-Bordovsky took the role of Area 5 Resident Fellow Member Representative for Area 5; last year she served as the Deputy Representative. She represented the interests of Resident and Fellow Members across all of Area 5 well. She shows leadership in all of our meetings which reflects well upon the Texas Society of Psychiatric Physicians.

In May the APA Assembly met in person for the first time since the advent of the Pandemic in New Orleans the weekend of May 20 before the Annual APA meeting. This meeting held special significance for Texas since Steven Starks, MD from

Houston was elected by the Assembly as the Recorder of the Assembly. He is the first Assembly officer elected from Texas and represents our state very well. At this meeting, Debra Atkisson, MD received the Area 5 Resident Fellow Member Mentor award which was presented by Kaylee Davis-Bordovsky, MD.

A significant action that APA is now putting into place in an effort to improve our awareness about Diversion, Equity, and Inclusion by having volunteer members at each Area meeting observe interactions, take notes, and compare their findings. From this ongoing observations, we will receive feedback about the interactions and how people may be unaware of the ways in which they may not be promoting DEI efforts.

September brought the next Area 5 meeting in Baltimore, Maryland. The meeting occurred in conjunction with the Southern Psychiatric Association meeting. A great deal of discussion was centered upon a proposed Action Paper that would recommend the age at which an individual can buy a gun be raised to age 18.

In November the APA Assembly met



Debra Atkisson, MD, accepting Area 5 Mentor Award nominated by Dr. Davis-Bordovsky

again virtually. In this meeting two significant Action Papers passed. The first Action Paper recommended that no APA meetings occur in a state in which the APA female staff members who might be pregnant could not receive medical care if they had an emergency medical



Recorder Steven Starks, MD, from Texas and Drs Debra Atkisson and Davis-Bordovsky at New Orleans APA Assembly meeting

event due to their pregnancy. The other Action Paper that passed involved the increasing of the age to buy guns to age 21. Both of these Action Papers were voted upon by strength.

The 176th APA meeting will occur in San Francisco May 20-24, 2023. ■



TSCAP: Planning for 2023!

Debra Atkisson, MD, DLFAPA, President, Texas Society of Child and Adolescent Psychiatry



Debra Atkisson, MD, DLFAPA

The Texas Society of Child and Adolescent Psychiatry Executive committee has flexed during this past year to address many issues. Our past President, Philip Balfanz, MD, headed a task force for TSPP to address a policy for the treatment of transgender children and adolescents. The tragic shooting in Uvalde led members of our organization to be involved in the discussion and planning for the community. Once again Dr. Balfanz in his role as our President was involved with meetings in which several stakeholders discussed ways to assist the community. We know that the impact upon this community will be enduring.

Our TSCAP Executive Committee met to

discuss our plans for the upcoming year. We know that the Texas Legislature will be meeting again and Eric Woomer, our lobbyist, discussed how we will all be needed to meet with legislators when child and adolescent issues surface. We have a group of members who are prepared to testify in hearings once again if needed. The psychologists are working with a House member to have a bill brought forward to grant them the privilege of practicing medicine and prescribing medications. I met virtually with representatives from the Texas Psychological Association, House Representative Vicki Goodwin who would be bringing this bill forward, and Eric Woomer to discuss their desire to be able to prescribe medications for their patients.

The points I made in our meeting include the best approach for our patients: continued GME growth; CPAN/Telemedicine; and Collaborative Care/Medical Home models. We no doubt will need to be prepared to help our legislators understand how we can best address the needs of our Texas children and adolescents.

We are planning a robust Continuing Medical Education meeting for July 21-23, 2023 is “Picking up the Pieces: Impact of the Pandemic” which will offer seven hours of Category 1 CME covering a number of issues impacting children, adolescents, families, and school systems. Mark your calendar for this event in 2023.

All of us impact the functioning of family

systems whether we practice child psychiatry or general psychiatry. Our patients are never treated in a vacuum and all of us must be alert to the many forces impacting our Texas families. Thank all of you for everything you do to improve the lives of our children. ■



It’s the season for giving

Richard Noel, M.D., DFAPA, Chair, Texas Foundation for Psychiatric Education and Research

It was great having an in person meeting of TSPP after 3 years! Friends and colleagues from around the state enjoyed meeting each other again, in person and

not just on Zoom. We enjoyed superb CME. Also, there was the opportunity for people to give to the Texas Foundation for Psychiatric Education and Research. This



Richard Noel, MD, DFAPA

year, we were able to give grants to the North Texas and Bexar County chapters for their activities with Mental Illness Awareness Week this past October. We were a Platinum Sponsor for the annual meeting, thus allowing TSPP to offer top quality CME at a very reasonable rate. In previous years the Foundation has also given money to special projects, such as a conference on the Insanity Defense. These grants are not possible without the generous contributions of our members in the Federation of Psychiatry. Our contributions were down these past three years, when we were not having in person meetings. Now, in person

meetings are back! Many people wait until the end of the year to decide on their charitable contributions. I ask that you remember your Foundation during this season of giving, so that we can continue in our mission to help further psychiatric education and research in Texas. ■

TEXAS FOUNDATION FOR PSYCHIATRIC EDUCATION AND RESEARCH

To Request an Electronic Invoice to Remit Your Foundation Donation, Email and specify the amount you wish to donate and an electronic invoice will be emailed to you.

I am pleased to support the Foundation with a contribution of:
☐ \$50 ☐ \$100 ☐ \$250 ☐ \$500 ☐ \$1000
☐ \$ _____
☐ I am pleased to commit a pledge of \$ _____ payable on (date) _____
☐ Check in the Amount of \$ _____
Make Checks Payable to "Texas Foundation for Psychiatric Education and Research"
Please Charge \$ _____ To My: ☐ VISA ☐ MasterCard
Credit Card # _____ Exp. Date: _____
3 Digit Code on Back of Card on Right of Signature Panel _____
Name of Cardholder (as it appears on card) _____
Signature _____
Zip Code where you receive your credit card statement _____

DONOR INFORMATION

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Contact me about a PLANNED GIFT.

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☐ A Gift of Insurance
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Texas Foundation for Psychiatric Education and Research • 401 West 15th Street, Suite 675, Austin, Texas 78701.
Your contribution is tax deductible to the full extent of the law. Thank you for your support!

Resident-Fellow Member Scholarship Fund Accepting Donations

Approved by the TSPP Executive Council in 2017, the TSPP Resident-Fellow Member Travel Scholarship Fund was created for the purpose of reducing the cost of travel expenses for qualifying Resident-Fellow Members to attend TSPP’s meetings. All funding is provided solely by voluntary donations from members, and for the 2022 TSPP Convention and Scientific Program held at the Houston Marriott by the Galleria, four Resident-Fellow Members were provided with hotel accommodation to ease the burden of participating in the section meetings and poster presentations. We hope you will consider supporting this initiative to provide more opportunities for RFM participation at our events. ■

TSPP RESIDENT-FELLOW MEMBER TRAVEL SCHOLARSHIP FUND

Yes! I want to make a donation in the amount of \$ _____

Name as it appears on card: _____

Card number: _____ Expiration _____ Security Code _____

Or by check, payable to **Texas Society of Psychiatric Physicians**, 401 West 15th Street, Suite #675, Austin, TX 78701. Do NOT make check payable to RFM Scholarship Program or it will be returned. You may write RFM Scholarship in the Notes Section of Your Check.

Professional dues and/or Scholarship Fund donations may not be claimed as charitable contributions but may be deductible as ordinary and necessary business expense, less the estimated percentage of the dues used for lobbying. Estimated lobbying expenses for 2022-23 are 10%.

TSPP RFM Committee Update

Our first in person conference since the COVID-19 pandemic was filled with many events. We held our first in person trainee happy hour, sponsored by Mindpath. We distributed the first travel scholarships for trainees coming from across Texas. We had a robust poster session with over 10 submissions in a short amount of time. Our trainee workshop, featuring speakers for Private Practice and Neurostimulation (Dr. Heathman and Dr. Quevedo, respectively), had 17 trainees in attendance. During our committee meeting, one of our residents, Dr. Max Galvan, facilitated a discussion on advocacy and how to get involved in organized medicine. We discussed the subcommittee crafting a statement on gender affirming care and future ways to improve our programming. Trainees expressed a desire to have more resources such as a Voter Guide, Policy Book, and introduction course on advocacy. Improvements to the website were suggested to allow for streamlined membership sign up, registration for the conferences, and easier user interface, which are all works in progress. We had our

RFM Co-Chairs (l-r): Dr. Funso Oladunjoye, Dr. Mario Montelongo, and Dr. Vinh-Son Nguyen

chair election and are excited to welcome Dr. Mario Montelongo from UT Houston as Chair-Elect for the following term of 2023 - 2024. Overall, we had good engagement and are excited to be meeting in person again in the following year during Capitol Day and the April Conference both in Austin, TX. Reminder: If your residency or fellowship training director signs up for a TSPP Conference, then trainees in that training program can sign up for that respective conference for free! ■

NOVEMBER/DECEMBER 2022

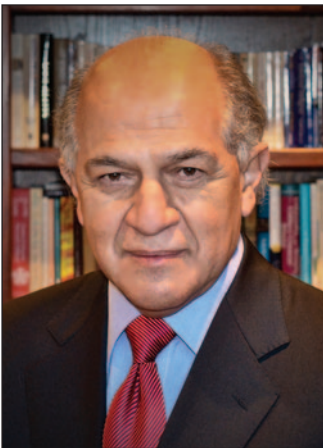
TEXAS PSYCHIATRIST

3



Texas Academy of Psychiatry Update

Michael R. Arambula, MD, PharmD, DLFAPA, President, Texas Academy of Psychiatry



Michael R. Arambula, MD, PharmD, DLFAPA

I hope that some of you were able to attend our recent Fall Conference in Houston. I picked up a few CME credits and seeing everyone again was simply ‘great’. The in-person conference also reminded me why I am a member of both the Texas Academy of Psychiatry and the Texas Society of Psychiatric Physicians. I currently wear two hats – as TAP President and the Immediate Past President of TSPP. Some of you might wonder if I’m overdoing it, but I have my wife’s permission so that means I’m not. So why both? Simply said, I love what I do and still have enough gas in the tank to think that we can shape the future of psychiatric care in our Great State. During my tenure on the Texas Medical Board, I came to appreciate how the healthcare of our patients / citizens (and physician licensure) has been delegated to each / our State

since the inception of our nation - per the 10th Amendment (also called the Federalism Amendment). I could write extensively about my experiences on the Board regarding this subject matter but rather, I will emphasize to you how much more important our local voice is when our legislators explore mental health care in our State. Indeed, The Federation of Texas Psychiatry was created to serve this purpose and I enthusiastically invite you to join us at our table. So why both? Well, I joined the American Psychiatric Association during residency training and certainly enjoyed attending their very large conferences, where I met / networked with colleagues across the country, the latter of which paved the way for some of my career advances. However, I’d like to say that I became wiser along the way, when I learned that my pro-

fessional contributions to mental health care improvements for our citizens were more attainable, substantive, and gratifying, when I was a part-time public servant (within State agencies) surrounded by talented colleagues, public members, and staff who shared the same ideals. So why both? Well...we don’t have to. TAP members come to the same conferences as TSPP members and participate in our collective endeavors to improve mental health care for our patients at a significantly reduced price. TAP members are not required to join the APA (and pay \$1060 annual collective dues), akin to Texas Medical Association members who do not belong to the American Medical Association. Yet, we – TAP, TSPP, TSCAP members – all practice in this Great State and know how to take care of those in our backyard, so to say. But our State is grand,

and we need input from all Texas psychiatrists. Please join our collective effort. Annual dues are only \$410 (we only recently raised our dues after 20 years, at great deliberation), and all medical students and psychiatry residents can join TAP at no cost. Hope to see you next spring in Austin. Y’all come back now! ■

Texas Academy of Psychiatry Recruitment Drive

Advocates for Patients and Quality Psychiatric Care

Help Strengthen the Voice of Psychiatry in Texas!

The TEXAS ACADEMY OF PSYCHIATRY was formed in 2004 to provide additional membership options for Texas psychiatrists. Texas psychiatrists may become members of the Academy without the mandated dual membership requirement of APA/TSPP. Academy members will receive benefits comparable to those offered by TSPP, except for APA benefits. The Academy and TSPP are independent organizations, with their own respective governing bodies. Membership is available to physicians with a current medical license without restrictions and who have a residency training certificate from an approved psychiatric residency program. Classes of membership include: Member-in-Training, General Member, Fellow (8 years of membership and/or recognized by APA as a Fellow or Distinguished Fellow), Retired Member, and Associate Member (a member in good standing with TSPP or TSCAP). All class of members shall have voting privileges.

- DUES**
The Board of Directors establishes annual dues for its members. Current dues structure is as follows:
- Member in Training\$50.00
 - General Member\$410.00
 - Fellow\$410.00
 - Retired Member\$150.00
 - Associate Member / TSPP/ APA Member in Good Standing\$25.00

Texas Academy of Psychiatry

The purposes and objectives of the Academy are:

- A. to promote the common professional interests of its members;
- B. to improve the treatment, rehabilitation, and care of the mentally ill, the mentally retarded, and the emotionally disturbed;
- C. to advance the standards of all psychiatric services and facilities;
- D. to promote research, professional education in psychiatry and allied fields, and the prevention of psychiatric disabilities;
- E. to foster the cooperation of all who are concerned with the medical, psychological, social and legal aspects of mental health and illness;
- F. to make psychiatric knowledge available to other practitioners of medicine, to scientists, and to the public;
- G. to promote the best interests of patients and those actually or potentially making use of mental health services;
- H. to coordinate and work in concert with other state professional psychiatric associations on joint public and professional education projects and public policy advocacy; and,
- I. to advocate for its members.

Complete and return your membership application (also available online at www.txpsych.org – Academy – or telephone 512-478-0605 or email txpsychiatry@txpsych.org) and remit with your membership dues and you will receive special Member Discounted rates for registration fees at the Spring Convention and Scientific Program, April 21-23 in Austin.



TEXAS ACADEMY OF PSYCHIATRY
401 West 15th Street, Suite 675, Austin, Texas 78701
Tele: 512/478-0605; Fax: 512/478-5223; Email: TXPsychiatry@aol.com

MEMBERSHIP APPLICATION

I am applying for membership in the Texas Academy of Psychiatry (Academy), as follows:

- ☐ **Member-in-Training:** I am a physician in a psychiatric residency training program approved by the Residency Review Committee for Psychiatry of the Accreditation Council for Graduate Medical Education, the Royal College of Physicians and Surgeons of Canada or the American Osteopathic Association. Annual Dues: \$0
- ☐ **General Membership:** I am a physician who has completed acceptable psychiatry training (as approved by the Residency Review Committee for Psychiatry of the Accreditation Council for Graduate Medical Education or the American Osteopathic Association) and I have a valid license to practice medicine or I have an academic, research or governmental position that does not require licensure. Annual Dues: \$250 first year, \$410.00 thereafter.
- ☐ **Fellow:** I am a physician who has received the designation of Fellow or Distinguished Fellow from the American Psychiatric Association (APA). Year _____. Annual Dues: \$250 first year, \$410.00 thereafter.
- ☐ **Retired:** I am a physician who has fully retired from the practice of medicine. Year _____. Annual Dues: \$95 first year, \$150 thereafter.
- ☐ **Associate Membership:** I am a physician who is currently a member in good standing with the Texas Society of Psychiatric Physicians (TSPP), a District Branch of the American Psychiatric Association and/or the Texas Society of Child and Adolescent Psychiatry (TSCAP) a Regional Council of the American Academy of Child and Adolescent Psychiatry. Annual Dues: \$25.00.

1. CONTACT INFORMATION

Last Name	First Name	Middle Initial	Suffix	Degree
Mailing Address	City	State	Zip	
Telephone ()	Fax ()	Email		

2. DEMOGRAPHIC DATA The following categories are for statistical purposes only.

Birthdate ____/____/____ Gender: ☐ Female ☐ Male

3. LICENSURE and TRAINING

Are you licensed to practice medicine in Texas by the Texas Medical Board? ☐ Yes ☐ No Other _____

☐ I completed a residency training program in Psychiatry on _____ at _____.

Signature _____ Date _____

Please return this application along with your dues payment

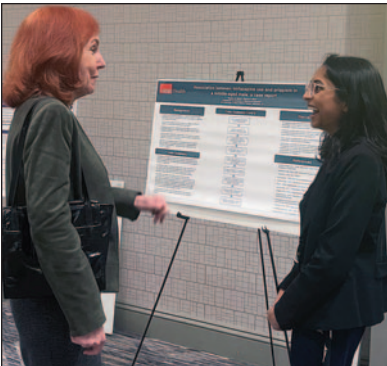
If paying by Check, mail to: Texas Academy of Psychiatry, 401 West 15th Street, Suite 675, Austin, TX 78701

If paying by Credit Card, email application to: TXPsychiatry@txpsych.org & once received you will be sent a link to pay your dues online.



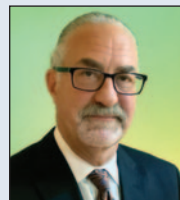
TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS 66th Annual Convention and Scientific Program

IMAGES FROM THE CONVENTION



2022 Awards

On Saturday, November 12, 2022 the TSPP Awards Banquet was held at the JW Marriott Houston by the Galleria to recognize outstanding contributions to Psychiatry.



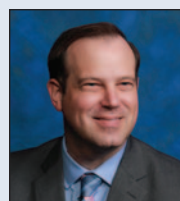
SPECIAL SERVICE AWARD

The TSPP Special Service Award was established in 1975 to recognize persons who have rendered outstanding service to psychiatry and to persons served by psychiatry in the community. This year TSPP honored Mark S. Jacobs, MD, with this prestigious award.



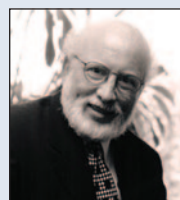
DISTINGUISHED SERVICE AWARD

The purpose of this Award shall be to recognize members of the Texas Society of Psychiatric Physicians who have made broad contributions to psychiatry over an extended period of time. This year the TSPP bestowed the honor of this award to Jane Ripperger-Suhler, MD, FAPA.



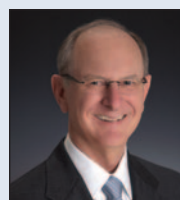
PSYCHIATRIC EXCELLENCE AWARD

The purpose of this Award shall be to recognize members of the Texas Society of Psychiatric Physicians who have demonstrated a sustained and unusual degree of excellence in psychiatric endeavors. TSPP is proud to honor Phillip Balfanz, MD, with this award.



FEDERATION OF TEXAS PSYCHIATRY - JOHN R BUSH LEADERSHIP EXCELLENCE AWARD

This award named for John R. Bush was established in 2016 to recognize psychiatrists who unselfishly provide outstanding leadership, over a sustained period of time, through organized psychiatry advancing the highest standards of psychiatric practice and quality psychiatric care for patients. The award was presented to A. David Axelrad, MD, during the Federation of Texas Psychiatry's luncheon on Saturday, November 12.



DR. SPENCER BAYLES OUTSTANDING TSPP MEMBER AWARD

This award, named in memory of Dr. Spencer Bayles, was established in 2010 to recognize members for outstanding and consistent participation in TSPP activities. The Federation proudly honors Leslie Secret, MD, for this award to be presented at the Spring Meeting and CME program in Austin, April 21-23.

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Reminder on APA Retired and Semi-retired Member Class Designation

In 2022 APA implemented changes regarding Life Member status and added two new classifications for Retired and Semi-retired. Life Members, Life Fellows, Distinguished Life Fellows, and Life Associate Members are those whose years of active membership in the Association plus age at the start of the fiscal year equal 95 (rule of 95) before 2021. After the 2021 renewal year, no individual shall be eligible for the rule of 95. Beginning in 2022, General Members may attain Semi-retired status if they are near retirement age and work less than 15 hours per week. Semi-retired members pay one-half the highest dues rate (\$205 per year for TSPP). Retired members, defined as those that are fully retired from all administrative and clinical responsibilities, pay one-third of the highest dues rate (\$136.65 per year for TSPP). The status of a member will not change until the member has been determined by the APA to meet the qualifications of the relevant category. To change your membership category to Retired or Semi-retired, please log into your member profile at my.psychiatry.org and click "Retired Opt In" on the left side of the page.

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The TEXAS PSYCHIATRIST is published 5 times a year. Members of Federation member organizations are encouraged to submit articles for possible publication. Deadline for submitting copy to the Federation Executive Office is the first day of the publication month. Copy must be edited, acceptable for publication.

Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

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CALENDAR OF MEETINGS

JANUARY

- 27-28 Texas Medical Association 2023 Winter Conference**
"One Voice: Advocating for Our Patients and Profession"
Hyatt Regency, Austin
www.texmed.org

APRIL

- 21-23 TSPP & TAP Spring Committee Meetings and Continuing Medical Education**
Austin, TX
www.txpsych.org

MAY

- 19-20 TexMed 2023**
Fort Worth, TX
www.texmed.org
- 20-24 American Psychiatric Association Annual Meeting**
San Francisco, CA
www.psychiatry.org

JULY

- 21-23 Texas Society of Child and Adolescent Psychiatry Annual Meeting and Scientific Program**
Location: TBD
www.txpsych.org

OCTOBER

- 6-7 Texas Medical Association Fall Conference**
"Wellness First – Supporting Physician Health"
Hyatt Regency Lost Pines
www.texmed.org
- 23-28 American Academy of Child and Adolescent Psychiatry Annual Meeting**
New York, NY
www.aacap.org

NOVEMBER

- 9-12 Texas Society of Psychiatric Physicians Annual Convention and Scientific Program**
Location: TBD
www.txpsych.org

JOB BANK

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation's **JOB BANK** on its website at www.txpsych.org. The Federation's **JOB BANK** could be just what you have been looking for.