

Texas Psychiatrist



Introducing Our New Executive Director

Karen Dineen Wagner, MD, PhD, President, Texas Society of Psychiatry Physicians

We would like to thank Debbie Giarratano for her years of dedication and tireless efforts to make TSPP vital and strong. We wish her much happiness and joy in her retirement.

I am delighted to introduce Dieter Burckhardt as our new Executive Director for the Federation of Texas Psychiatry. In this role, he will work closely with TSPP.



Dieter Burckhardt

Dieter brings extensive experience working in multi-site healthcare systems with a

focus on business development, marketing, and operations. His career in healthcare started in Bangkok, Thailand, supporting international marketing for Thailand's largest private healthcare group. Wanting to further his career in healthcare, he then took a role leading marketing and communications for the quality improvement institute within Hamad Medical Corporation, the principal government provider for tertiary care in Qatar. Following his three-year contracted term, he chose to return to Thailand to lead the International

Affiliation Center at Bangkok Dusit Medical Services. In this role, he oversaw a wide range of training and quality improvement programs working in partnership with hospitals in the US and Europe.

A graduate of the University of Texas at Austin, Dieter returned to Texas in 2019 to be closer to his family. We are excited to welcome Dieter to the Federation of Texas Psychiatry and believe his track record of physician engagement and business development make him an ideal fit for the needs of our organizations.



Karen Dineen Wagner, MD, PhD

Please reserve the date November, 10-13, 2022 for the upcoming TSPP meeting. Details about the conference can be found starting on page five of this newsletter. ■



Legislative Sessions were very busy

Eric Woomer, Federation of Texas Psychiatry Public Policy Consultant

The 2022 Legislative Interim has been one of the busiest on record, especially around the discussion of mental health. Several committees were charged with looking at the mental health system and services in Texas leading up to the next legislative session. Due to multiple special sessions in 2021, the legislative interim is significantly shorter than in more traditional times, meaning committees have a compressed window to tackle interim charges. And with the unimaginable tragedy that struck the small community of Uvalde, Texas, the political and policy priority landscape changed overnight.

In response to the Uvalde school shooting, Gov. Greg Abbott asked the Legislature to convene special committees in both chambers to examine topics related to school safety, mental health, social media, police training, and firearm safety. Gov. Abbott also directed the Texas Health and Human Services Commission (HHSC) to use all available resources to ensure mental health support services are available to every child in the Uvalde community as well as to work alongside the Texas Education Agency (TEA) and the Texas Child Mental Health Care Consortium to provide behavioral health resources and community support.

House Speaker Dade Phelan created the Special Investigative Committee on Robb Elementary Shooting, a three-member

body looking into the tragedy and the law enforcement response, as well as expanded the existing House Committee on Youth Health and Safety to include members from the Uvalde area. Meanwhile, Lt. Gov. Patrick created the Senate Special Committee to Protect All Texans.

Meanwhile, the Texas medical community came together quickly following the Uvalde shooting. The Texas Medical Association (TMA) convened a "mental health rapid response team" led by TMA President, Dr. George Floyd, with Dr. Phillip Balfanz participating on behalf the Federation. The group is looking at ways to further assist Uvalde, and policy and programmatic priorities for consideration in the 2023 legislative session, as well as coordination with state health care leadership. HHSC has a robust response team well-positioned to respond this kind of tragedy, with an array of community mental health resources and care coordination apparatus to assist communities. State efforts include: making a \$5 million investment to establish a long-term Family Resiliency Center in Uvalde County; directing the Texas School Safety Center to conduct comprehensive school safety reviews to ensure all Texas public schools are following the appropriate procedures to maximize school safety; instructing the TEA to create a new "chief of school safety and security" position within

the agency; and to identify additional actions to make schools more secure before the new school year and to develop strategies for increased presence of trained law enforcement and school marshals on campuses.

In late June, House and Senate leadership and budget writers transferred \$100.5 million to state agencies and programs to enhance school safety and mental health services in Uvalde and throughout Texas. Some of the services and programs funded included:

- \$5.8 million to expand the Texas Child Health Access Through Telemedicine (TCHAT) statewide;
- \$4.7 million to HHSC to increase Multisystemic Therapy (MST) across the state;
- \$950,000 to HHSC to expand Coordinated Specialty Care (CSC) teams across the state; and
- \$5 million will be used by the Hill Country Mental Health & Developmental Disabilities Center to assist in evaluating mental health services in the Uvalde community and preparing a needs assessment for the legislature.

To date, House and Senate committees have conducted hearings, including in the community of Uvalde. When the Senate Committee met on June 22nd, Dr. Celeste Caballero, a pediatrician, testified on behalf



Eric Woomer

of TMA, the Federation of Texas Psychiatrists, Texas Pediatric Society, and the Texas Academy of Family Physicians, among others. A psychiatrist with Dell Children's Medical Center, Dr. Roshni Koli, also testified. The focus was on opportunities to strengthen the state's mental health system but also clinical and community intervention. Witnesses pointed out that: The strain from the pandemic — compounded by recent tragedies — have contributed to rising rates of Texans needing mental health treatment.

Too many patients cannot access treatment due to a strained mental health system and workforce, high rates of uninsured, and network inadequacy.

Gun violence, including rising rates of suicide among adults and children, stems from many factors, but some include

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Register Now!
November 10-13 TSPP
66th Annual Conference
and Scientific Program
JW Marriott Houston by the Galleria
visit
https://www.txpsych.org/tspp_2022/
to book your stay today!



A Mental Health Crisis in Children and Teens

Debra Atkisson, MD, DLFAPA, President, Texas Society of Child and Adolescent Psychiatry



Debra Atkisson, MD, DLFAPA

We see the words “Mental Health Crisis” and “Mental Health Pandemic” on the fronts of newspapers and in our news headlines. All of us who have been treating children and adolescents for years would say that this crisis did not happen just during the COVID-19 Pandemic, although the mental health of our youth was definitely impacted during the past two years. We know that we have been in a mental health state of emergency for some time.

In 2019, 13% of teenagers reported having a major depressive episode. In data from the CDC, in 2018 we saw an increase of suicide rates in the 10 to 24 age group increase by almost 60%. And this was prior to the pandemic. In the National Risk Behavior Survey which collected data school in public high schools in 2015, 2017, and 2019, we saw that 44,000 teens responded. Of that group, 7,500 reported that they had suicidal ideation. Of that group 35% had attempted and another 38%

had planned suicide but not attempted it. Since the COVID-19 pandemic. In the initial days of the pandemic, fewer children and adolescents presented to emergency rooms with suicidal ideation as all of us sheltered in place. Unfortunately, the numbers have once again increased. What do we do? Child and Adolescent psychiatrists gathered in Galveston for our first in-person meeting since the pandemic began. We quickly found in our meetings that our ability to come together and discuss solutions to tackle this crisis has

remained as strong as ever. We heard lectures about the impact of trauma on children and adolescents and clinical considerations in working with them, as well as the impact of adverse childhood experience and the developing brain. We received updates on the initiatives developed which link primary care physicians to child and adolescent psychiatrists (CPAN – Child Psychiatry Access Network) and also ways for child and adolescent psychiatrists to impact the classroom (TCHATT – Texas Child Health Access through Telemedicine).

This is what WE do in child and adolescent psychiatry. We work together to disseminate knowledge and treatment approaches in order to help those children and adolescents, their families, and their communities. This is what we have always done. And we reach out to our other mental health colleagues, the primary care physicians, and the school systems to share our expertise with them. As part of the Federation of Texas Psychiatry, we invite all psychiatrists to join us at our meetings in the future. And ALL psychiatrists – let’s come together as we have in Texas to stand against this mental health crisis. Together we are better in this fight. ■

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And this was prior to the pandemic.



Mental Illness Awareness Week 2022

Richard Noel, M.D., DFAPA, Chair, Texas Foundation for Psychiatric Education and Research



Richard Noel, MD, DFAPA

Hello. October is an important month focusing on mental health awareness:

- October 2-8, **Mental Illness Awareness Week**, which coincides with National Depression Screening Day on October 6
- Oct. 4, **National Day of Prayer for Mental Illness Recovery and Understanding**
- Oct. 10, **World Mental Health Day**

Every year the Foundation helps to fund local TSPP chapter activities during this week; we encourage each Chapter to send in an application to the Foundation for consideration. We judge applications based on innovation, partnership with other organizations, and community impact. This week offers a great opportunity to educate the public about mental illness and its treatments; it is important to inform the

public that they do not have to “suffer in silence”—Recovery is Possible!

About the Foundation:

The Texas Foundation for Psychiatric Education and Research was formed in 1991 as a charitable ((501(c)(3)) organization committed to raising funds toward professional education for all physicians regarding psychiatry, toward the education of the pub-

lic regarding psychiatric disorders and sources of help, and toward the support of research regarding psychiatric care. ■

TEXAS FOUNDATION FOR PSYCHIATRIC EDUCATION AND RESEARCH

To Request an Electronic Invoice to Remit Your Foundation Donation, Email and specify the amount you wish to donate and an electronic invoice will be emailed to you.

I am pleased to support the Foundation with a contribution of:

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Your contribution is tax deductible to the full extent of the law. Thank you for your support!

POSTER SESSION ABSTRACT SUBMISSION

Medical Students, Residents and Fellows in Training who are members of APA/TSPP, TSCAP or TAP have been invited to submit a poster for presentation / display during the Friday Evening Welcome Reception and Saturday Continental Breakfast and Refreshment Breaks.

Please visit https://www.txpsych.org/tspp_2022/ to submit an abstract.

Submission Deadline: October 15th.
Email events@txpsych.org with questions.



Academy Recruitment Drive

Advocates for Patients and Quality Psychiatric Care

Help Strengthen the Voice of Psychiatry in Texas!

Objectives of the Academy

- To promote the common professional interests of its members;
- to improve the treatment, rehabilitation, and care of the mentally ill, the intellectually challenged, and the emotionally disturbed;
- to advance the standards of all psychiatric services and facilities;
- to promote research, professional education in psychiatry and allied fields, and the prevention of psychiatric disabilities;
- to foster the cooperation of all who are concerned with the medical, psychological, social and legal aspects of mental health and illness;
- to make psychiatric knowledge available to other practitioners of medicine, to scientists, and to the public;
- to promote the best interests of patients and those actually or potentially making uses of mental health services;
- to coordinate and work in concert with other state professional psychiatric associations on joint public and professional education projects and public policy advocacy; and,
- to advocate for its members.

The Texas Academy of Psychiatry was established in 2004 to provide psychiatrists with a choice of membership in organized psychiatry without a requirement of dual membership in a national organization. Membership is available to

physicians with a current medical license without restrictions and who have a residency training certificate from an approved psychiatric residency program. Classes of membership include: Member-in-Training, General Member, Fellow (8

years of membership and/or recognized by APA as a Fellow or Distinguished Fellow), Retired member, and Associate member (a member in good standing with TSPP or TSCAP). All classes of members have voting privileges. ■

MEMBERSHIP BENEFITS

- Discounted CME
- Legislative Advocacy
- Newsletters
- No requirement of dual membership in a national organization
- Members-In-Training have \$0 annual dues
- TSPP & TSCAP members are eligible for discounted annual TAP dues of \$25



NETWORKING AND MENTORSHIP

- Connect with innovative and experienced professionals to build and sustain a successful psychiatric career and practice
- Guidance and camaraderie during the entire span of your career.
- Semi-annual virtual and live CME meetings enable you to meet peers face-to-face.
- Leadership opportunities as officers/representatives on the TAP Board of Directors.

Legislative Sessions were very busy

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“toxic” stress, enduring childhood adversity, and a frayed health and community safety net that leaves many children and families without the health care and social services they need to overcome them.

Supporting proven child, family and community interventions paired with augmented investments in health and social services can help reduce violence by promoting healthy, nurtured, and resilient children and families.

Across these hearings, increasing access to psychiatry is a common theme. Nearly every county in Texas has a shortage of psychiatrists and other mental health professionals with several counties having no psychiatrists at all. The Senate Committee discussed extensively ways to connect general practitioners to psychiatrist, as well as increasing the numbers of psychiatrists.

In 2019, the Legislature created the Texas Child Mental Health Care Consortium with an initial investment of \$100M and repeated that investment of \$100M in 2021. This allowed the Consortium to launch several initiatives leveraging resources between health-related institutions, primary care providers, and the psychiatry community to improve the mental health delivery system for children and adolescents.

As a part of these efforts, the Child Psychiatry Access Network (CPAN) connects primary care physicians with a Pediatric psychiatrist or mental health clinician utilizing telemedicine technology to help address a patient’s mental and behavioral health issues through training, consultation, and care coordination from a team approach. Physicians looking to enroll in CPAN can visit <https://tcmhcc.utsystem.edu/cpan/> and physicians looking for CPAN assistance can call 1-888-901-2726.

In addition, the Consortium administers the TCHAT which provides telemedicine or telehealth programs to school districts to help identify and assess the behavioral health needs of children and adolescents and provide access to mental health services. TCHAT is not available to all students across Texas yet, but the program’s website has an interactive map available to find where services are available: <https://tcmhcc.utsystem.edu/tchat/>

Increasing coordination between primary care providers and psychiatrists remains central to our advocacy efforts. In addition, we have been reaching out to these two special committees as well as other committees that had their interim charges expanded to include mental and behavioral health such as the House Committee on Youth Health and Safety to offer the Federation’s expertise as a resource.

Outside the focus on Uvalde and school safety, several legislative hearings are schedule for August and September. The House Committee on Youth Health and Safety is meeting on August 8th, to consider the role of online communications in mass violence and technology resources to mitigate and report threats. We are working with Federation leadership to submit comments discussing views on the need for increased emphasis on child and adolescent mental health.



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This allowed the Consortium to launch several initiatives leveraging resources between health-related institutions, primary care providers, and the psychiatry community to improve the mental health delivery system for children and adolescents.

Senate Health and Human Services Committee will consider one of the more important interim charges - health care workforce shortages - at the August 23rd hearing. There have been discussions across the mental and behavioral health advocacy community to increase funding to the mental health loan repayment program, bringing parity between this program and the physician loan repayment program. We have been working with Sen. Royce West, who has expressed interest in carrying this funding request before the Legislature.

On the election front, Texas voters went to the polls to cast their ballots on May 24th in the state’s 2022 primary runoff election. At the statewide level, key races included Attorney General, Land Commissioner, and Railroad Commission. While Lt. Gov. Dan Patrick faces challenger Mike Collier in November, he is likely to remain in control

of the Texas Senate. Gov. Abbott, of course, will face former U.S. Rep. Beto O’Rourke.

Incumbent Attorney General Ken Paxton overwhelmingly defeated General Land Commissioner George P. Bush. In the Democratic primary runoff, Rochelle Garza fought off challenger, Joe Jaworski.

Senator Dawn Buckingham, a physician, prevailed against Dr. Tim Westley and will face Jay Kleberg in November for the General Land Office. Comptroller Glen Hegar does have a challenger in November, Janet Dudding, but it is unlikely he will lose this seat.

The Senate will have six new senators when the Legislature convenes in January. The Texas Senate is presently composed of 18 Republicans and 13 Democrats. While we can’t predict the election results, the Senate will see a final split of 19-12 favoring the GOP. The Texas House has a partisan split of 86 Republicans and 64 Democrats

with the GOP likely picking up a few new seats. However, these changes will likely not cross any procedural threshold that would change how the two chambers operate.

The state’s fiscal posture continues to improve. On July 14th, Comptroller Glenn Hegar released a revised revenue estimate after months of historic economic growth in Texas. The Comptroller projects the Legislature will have an ending balance for Fiscal Year 2023 (ends August 31st, 2023) of \$26.95 billion. The previous estimate was \$12 billion. The Economic Stabilization Fund (or “Rainy Day” Fund) is estimated to have a balance of \$13.66 billion at the end of the fiscal year. While the revised estimate feels like a windfall for the Legislature and budget writers, Comptroller Hegar has cautioned the Legislature that this revised estimate is subject to change and economic factors of rising costs, inflation, supply chain issues, workforce struggles, global issues, and much more.

State agencies are preparing their Legislative Appropriations Requests (LARs). Each agency will submit their funding request for the upcoming biennium (2024-2025) including any exceptional items, which are special item requests for additional funding above the baseline. We anticipate these LARs to be released starting in August.

Given the revenue surplus, the balance of the Rainy Day Fund, and approximately \$3 billion of remaining federal funds tied to the American Rescue Plant Act of 2021, we anticipate a number of policy areas receiving significant attention for appropriations: property tax relief, border crisis, cost overruns on state related investments and projects, infrastructure, a \$4 billion to \$5billion Medicaid shortfall, and state employee pay raises. Other significant policy issues facing lawmakers are sure to include foster care system, water & infrastructure investment, electricity reforms, Medicaid coverage postpartum, border security, abortion in a post-Dobbs world, and gender affirming care.

As always, thank you for allowing us to be your voice at the Texas Capitol. ■

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TEXAS PSYCHIATRIST

SEPTEMBER/OCTOBER 2022



TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

66rd Annual Convention and Scientific Program

November 10-13, 2022 • JW Marriott Houston by the Galleria • Houston, Texas

Problem or Panacea:

Challenges, Risks and Benefits of Common Drugs of Abuse

GENERAL INFORMATION

MEETING LOCATION

The TSPP 66th Annual Convention and Scientific Program will be held at the JW Marriott Houston by the Galleria, 5150 Westheimer Rd, Houston, TX 77056. This luxury Uptown Houston hotel is situated across from The Galleria, the city's premier mall. Other area attractions, including the Houston Zoo and Downtown Aquarium, are also within easy reach of the hotel.

HOTEL RESERVATIONS

To place a hotel reservation at the TSPP discounted room rate of \$199, please visit the Federation of Texas Psychiatry's website and click on the link located under the tab for "Conference & Events." or enter http://www.txpsych.org/tspp_2022/ in your web browser.

MEDICAL STUDENTS/RESIDENTS/ FELLOWS IN TRAINING POSTER SESSION

Medical Students, Residents and Fellows in Training who are *members* of APA/TSPP, TSCAP or TAP have been invited to submit a poster for presentation / display during the Friday Evening Welcome Reception and Saturday Continental Breakfast and Refreshment Breaks. Make plans to attend to view the posters and meet the presenters and discuss their presentation.

THURSDAY – GOLF OUTING – For convention attendees, guests and golf enthusiasts arriving early, please indicate on the registration form if you are interested in playing a round of golf at 12:00 pm. Additional information about the golf play and fees will be emailed to you.

FRIDAY – SPECIAL PROGRAM FOR MEDICAL STUDENTS AND RESIDENT-FELLOW MEMBERS – the RFM Section has planned a special joint workshop, 1:30-2:20 pm, FRIDAY, for all TSPP/TSCAP/TAP medical students and resident members.

TEXAS ACADEMY OF PSYCHIATRY PROGRAM – OPEN TO ALL ATTENDEES – FREE for Texas Academy of Psychiatry Members / \$25 for TAP NON-Members. Not a member of TAP? If you are already a member of TSPP or TSCAP you can join the Texas Academy of Psychiatry as a Member for only \$25.00 (email TSPP@txpsych.org for a TAP application to join or go online at www.txpsych.org to download an application). Not interested in membership in TAP yet, you can still register and attend the TAP Program for a \$25.00 Registration Fee – see registration form.

Thursday, November 10

2:00 pm – 8:30 pm	Registration
6:00 pm – 8:00 pm	TSCAP Executive Committee
7:00 pm– 8:00 pm	Chapter Leadership Forum Meeting
8:00 pm – 9:30 pm	Federation Delegate Assembly Meeting

Friday, November 11

7:30 am – 8:30 pm	Registration
8:00 am – 9:00 am	Foundation Board of Directors Breakfast Meeting
8:00 am – 12:00 pm	Exhibit Hall Set Up
8:30 am – 5:00 pm	Committee Refreshments
9:00 am – 10:30 am	COUNCIL ON LEADERSHIP MEETINGS Ethics Committee Distinguished Fellowship Committee Finance Committee
10:45 am – 12:15 pm	COUNCIL ON SERVICE MEETINGS Academic Psychiatry Committee Children & Adolescents Committee Forensic Psychiatry Committee Public Mental Health Services Committee
12:00 pm – 5:00 pm	Exhibits AND Poster Presenters Session Set Up
12:30 pm – 1:30 pm	Committee Members' Luncheon
12:30 pm – 1:30 pm	TSPP Officer Orientation
1:30 pm – 2:00 pm	Texas Academy of Psychiatry Board of Trustees Meeting
1:30 pm – 2:20 pm	RFM Workshop
2:30 pm – 3:30 pm	Resident-Fellow Section Committee Meeting
2:00 pm – 3:30 pm	COUNCIL ON EDUCATION MEETINGS Continuing Medical Education Committee Professional Practice Management Committee
3:45 pm – 5:00 pm	COUNCIL ON ADVOCACY MEETING Government Affairs Committee
5:00 pm – 6:00 pm	Executive Council Meeting
6:00 pm – 8:30 pm	Welcome Reception with Exhibitors AND Poster Session for Meeting Registrants and Paid Guests

Saturday, November 12

7:30 am – 8:30 pm	Registration
7:30 am – 4:30 pm	Exhibits Open and Poster Session
7:30 am – 8:15 am	Complimentary Continental Breakfast in Exhibit Hall for Meeting Registrants and Paid Guests
8:15 am – 5:20 pm	SCIENTIFIC PROGRAM – Problem or Panacea: Challenges, Risks and Benefits of Common Drugs of Abuse
10:30 am – 10:50 am	Refreshment Break and Door Prize Drawings with Exhibitors and Poster Session
11:50 am – 12:10 pm	Refreshment Break with Door Prize Drawings with Exhibitors and Poster Session
12:10 pm – 1:30 pm	Lunch
3:45 pm – 4:05 pm	Refreshment Break and Door Prize Drawings with Exhibitors and Poster Session
4:30 pm	Exhibits and Poster Session Closes
6:30 pm – 7:00 pm	Reception for Awards Banquet Registrants
7:00 pm – 9:30 pm	Awards Banquet

Sunday, November 13

7:00 am – 2:00 pm	Registration
8:00 am – 10:30 am	Complimentary Continental Breakfast for Meeting Registrants and Paid Guests
8:15 am – 12:00 pm	SCIENTIFIC PROGRAM – Problem or Panacea: Challenges, Risks and Benefits of Common Drugs of Abuse
9:30 am – 9:45 am	Refreshment Break

SPECIAL REMINDER

Booking a room within the TSPP room block is an important way to help keep the overall meeting registration fee and costs as low as possible. Booking "outside of the TSPP block" or at another hotel could expose TSPP to monetary damages for hotel room block attrition which may then necessitate an increase in future meeting registration rates. Plus, staying in the hotel keeps you connected with all the activities and networking opportunities during the event. Please "help us help you" by booking your room at the hotel hosting the meeting and within the TSPP room block. Visit http://www.txpsych.org/tspp_2022

EXHIBIT SCHEDULE

Friday, November 11

8:00 am – 12:00 pm	Exhibit Hall Set Up
12:00 pm – 5:00 pm	Exhibits AND Poster Session Set Up
6:00 pm – 8:30 pm	Welcome Reception with Exhibitors AND Poster Session for Meeting Registrants and Paid Guests

Saturday, November 12

7:30 am – 4:30 pm	Exhibits Open and Poster Session
7:30 am – 8:15 am	Complimentary Continental Breakfast in Exhibit Hall for Meeting Registrants and Paid Guests
10:30 am – 10:50 am	Refreshment Break with Door Prize Drawings with Exhibitors and Poster Session
11:50 am – 12:10 pm	Refreshment Break with Door Prize Drawings with Exhibitors and Poster Session
3:45 pm – 4:05 pm	Refreshment Break with Door Prize Drawings with Exhibitors and Poster Session
4:30 pm	Exhibits and Poster Session Closes

SCIENTIFIC PROGRAM

Problem or Panacea:
Challenges, Risks and Benefits of Common Drugs of Abuse

November 12-13, 2022

Nine (9) AMA PRA Category 1 Credits™,
with 1 of the Hours Designated for Medical Ethics/Professional Responsibility

SATURDAY, NOVEMBER 12

8:15 am – 8:30 am	Opening Remarks	3:45 pm – 4:00 pm	Refreshment Break in Expo Hall
8:30 am – 9:30 am	Behavioral Treatment of Substance Abuse – Joy Schmitz, PhD Objectives: The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none">recognize patients with substance use disorders who would benefit from addition of behavioral treatments such as contingency management.directly provide behavioral treatment (such as contingency management) or to make informed referrals to other providers who provide behavioral treatment for substance use disorders.	4:00 pm – 5:00 pm	Safety issues in the use of sedative-hypnotics, muscle relaxants and alcohol – Austin De La Cruz, PharmD Objectives: The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none">identify that numerous classes of prescription medications that can interact with alcoholrecognize the importance of a full patient assessment in order to identify potential drug interactions with alcohol and central nervous system medicationsasses the pharmacokinetic and pharmacodynamic interactions associated with alcohol useevaluate the interactions associated with alcohol and over the counter and herbal medications
9:30 am – 10:30 am	Smoking Cessation and Synthetic Nicotine – Maher Karam-Hage, MD Objectives: The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none">identify, diagnose and treat tobacco use disorder in their practice as an essential part of their practice		
10:30 am – 10:50 am	Refreshment Break in Expo Hall		
10:50 am – 11:50 am	Opioid Contaminants in Stimulants – Samantha Roseberry, PharmD Objectives: The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none">identify that the use of illicit psychostimulants such as methamphetamine and cocaine has increased, particularly among those using opioidsrecognize that those patients with stimulant use disorders may not necessarily spontaneously report that they are also using opioidsidentify that stimulant co-use specifically methamphetamine, and stimulant co-involvement in overdose fatalities, including among people with opioid use disorder, are of growing concern in the USA and around the world		
11:50 am – 12:10 pm	Refreshment Break with Door Prizes		
12:10 pm – 1:30 pm	Lunch		
1:45 pm – 3:45 pm	Therapeutic Use of Marijuana and Psychedelics: What Should I Tell my Patient? Daryl Shorter, MD Objectives: The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none">describe the current status of the evidence on the therapeutic use of marijuana and psychedelics in the treatment of mental illnessesidentify strategies aiming at optimizing the discussion and education of patients with regards to the available evidence mentioned above		

SUNDAY, NOVEMBER 13

8:15 am – 8:30 am	Opening Remarks
8:30 am – 10:30 am	The Opiod Overdose Epidemic – Andres A Avellaneda Ojeda, MD Objectives: The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none">identify and diagnosis of opioid use disorderidentify pharmacologic interventions for opioid use disordermultidisciplinary approach to treat pregnant patient with opioid use disorder
10:30 am – 10:45 am	Refreshment Break
10:45 am – 11:45 am	Ethical Perspectives on Psychiatric Treatment Selection – John Sadler, MD Objectives: The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none">explain why treatment selection is an ethical actdescribe several relevant clinician virtues in psychiatric treatment selectionshow how attention to clinician virtues assist in addressing patient values in evidence-based practice.
11:45 am – 12:00 pm	Closing Remarks

CME PROGRAM GOAL / TARGET AUDIENCE

This live activity has been designed in a format consisting of case study presentations, lectures and direct discussion to provide its primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice. Information and data will address new developments in treatments and new directions in research to address the professional practice gaps of the learners and advance the physicians’ competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice. The learning objectives for this activity have been designed to address clinician competence.

NEEDS ASSESSMENT

TSPP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of our participants.

ACCREDITATION STATEMENT

The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of nine (9) *AMA PRA Category I Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

ETHICS DESIGNATION STATEMENT

The presentation entitled “Ethical Perspectives on Psychiatric Treatment Selection” has been designated by the Texas Society of Psychiatric Physicians for one (1) hour of education in medical ethics and/or professional responsibility.

FACULTY AND PLANNERS
DISCLOSURE POLICY

The Texas Society of Psychiatric Physicians will disclose to participants the existence of any relevant financial relationships between faculty members, TSPP staff and members, who planned, authored, contributed to, and/or reviewed the content of this activity, and any commercial interest discussed in this educational activity. Disclosure will occur through written communication in the syllabus/handout material.

COVID-19

You may review the COVID Guidelines to keep this gathering as safe and healthy as possible for all of our attendees. By voluntarily participating in the TSPP Annual Meeting education, events, and receptions, you agree to the following:

- Acknowledge it's not possible to eliminate exposure to COVID-19.
- Assume all risks related to exposure to COVID-19.
- Comply with all JW Marriott Houston by the Galleria and TSPP safety measures.
- Comply with applicable COVID-19 ordinances, laws, regulations, and guidelines.
- Accept TSPP's COVID-19, Assumption of the Risk, Release, and Indemnification Agreement (provided at the Registration Desk upon request).

If you are experiencing, or within the five days prior, have experienced signs or symptoms of COVID-19; believe that you may have been exposed to a confirmed or suspected case of COVID-19; or have been diagnosed with COVID-19 and are not yet cleared as non-contagious by a physician or qualified health care provider we ask that you contact the TSPP office at (512) 458-0605

- TSPP has a welcoming and respectful environment. Attendees are welcome to wear a mask.



Please note: By registering for this event, I grant TSPP permission to use my image for promotional purposes. I further understand and agree that my photo may be used in the TSPP E-News, on the TSPP website on TSPP social media, or in other promotional materials.

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66TH ANNUAL
CONVENTION & SCIENTIFIC PROGRAM

November 10-13, 2022
JW Marriott Houston by the Galleries

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Indicate the **NUMBER** of individuals who are registered for each event in the appropriate enrollment category listed below. Please note the enrollment fees are **PER PERSON** and your payment should reflect the proper fee for the number of individuals registered per event.

NUMBER ATTENDING EVENT

AFTER 10/15

Golf Outing – Thursday
☐ Please Send Me Additional Information.
Committee Attendee Lunch – Friday
☐ Lunch
RESIDENT SECTION PROGRAM
RFM and Academic Psychiatry Joint Program
☐
Texas Academy of Psychiatry Program – Friday
☐ TAP Member
☐ Non TAP Member
Reception w/ Exhibitors – Friday
☐ NOT Registered or Scientific Program
☐ Registered for Scientific Program
Lunch – Saturday
☐ TSPP/ACADEMY/TSCAP Member
☐ TSPP/ACADEMY/TSCAP Non-Member
☐ TSPP/ACADEMY/TSCAP Trainee Member/MS
☐ TSPP/ACADEMY/TSCAP Trainee Non-Member/MS
☐ Guest
Awards Banquet and Gala – Saturday
☐ Former TSPP Award Recipient
☐ Awards Banquet
☐ Reserved Table for 8*
* Name(s) for Reserved Table:
☐ **Vegetarian Plate Requested (for lunch and/or dinner registration). No additional fee if requested prior to 10/15, otherwise there will be an additional fee of \$15.00**
MY SPECIAL DIETARY NEEDS: (ie, Gluten Free or Lactose Free, etc)

NUMBER ATTENDING EVENT

AFTER 10/15

SCIENTIFIC PROGRAM – Saturday and Sunday
Registration includes your online program syllabus, complimentary continental breakfast and AM / PM refreshment breaks.
☐ TSPP/ACADEMY/TSCAP Member
☐ Non-Member Physician
☐ TSPP/ACADEMY/TSCAP Trainee Member
****If your Training Director, Associate or Assistant Program Director's registers for the Scientific Program, your Scientific Program Fee is \$0.00. Enter your Director's name below if they have registered for the Scientific Program:**
NAME:
☐ Non-Member RFM (Trainee)
☐ Non-Member Medical Students
☐ Medical Students
Medical Students and Resident Members: If you present a poster, your registration fee for the Scientific Program AND Saturday Lunch is waived.
☐ Allied Health Professional
☐ Spouse / Guest (No CME Credit)
CME Meeting Syllabus Order
☐ Online Meeting Syllabus
☐ CME Meeting Syllabus In Black/White
☐ CME Meeting Syllabus In Color
☐ Check here if you DO NOT want your name and information included on the attendee list provided to conference sponsors and exhibitors.
 If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605.

TOTAL REGISTRATION FEE

\$

METHOD OF PAYMENT:

☐ Check in the Amount of \$ _____ *Make Checks Payable to Texas Society of Psychiatric Physicians*
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CANCELLATION POLICY: In the event of cancellation, a full refund will be made if written notice is received in the TSPP office by October 15, 2022, less a 25% processing charge. NO REFUNDS will be given after October 15, 2022.

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SEPTEMBER/OCTOBER 2022

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7

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JULY 2023

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**21-23 Texas Society of Child and Adolescent Psychiatrists
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