

Texas Psychiatrist



The Never-ending Story of Legislative Sessions

Eric Woomer, Federation of Texas Psychiatry Public Policy Consultant



Eric Woomer

For Texas lawmakers and the advocacy community, 2021 was a never-ending legislative story. Not only did the Legislature meet for 140 days in Regular Session, but when several conservative legislative priorities were not resolved, Governor Greg Abbott called three consecutive special sessions, running from July through mid-October. For the First Called Special Session, the major issues included bail reform, election integrity, border security, social media censorship, funding for the legislature, family violence prevention, transgender participation in youth sports, a thirteenth check for teacher retirement system, critical race theory. However, the Democrats broke quorum and fled to Washington DC, thereby halting the business of the Texas House. The Senate passed all the Governor’s agenda items, but without a House quorum, the session ended with nothing substantive passing.

However, Gov. Abbott immediately called the Legislature back for a second round, with new items added to the Second Call relating to abortion-inducing drugs, radioactive waste, primary elections, employer mandates, and legislative quorum requirements. With tensions high and patience running thin, a handful of House Democrats returned to Texas on August 19th to resume business. Subsequently, nearly all the items on the agenda passed in one form or another.

In late September, Gov. Abbott called a Third Special Session, focusing on redistricting, appropriating \$16 billion in federal funds from the American Rescue Plan Act (ARPA), and issues related to transgender student athletes. Four additional items were later added related to additional property tax relief, a constitutional amendment giving magistrates broader discretion to deny bail, increased penalties for illegal voting, a prohibition on governmental vaccine mandates, and tuition revenue bonds for higher education construction. The House and Senate finally adjourned on October 18th, and the Legislature passed

everything on the Governor’s agenda except the increased penalty for illegal voting and the ban on vaccine mandates – this after many Texas businesses public health interests pushed back against the bill.

Of the \$16B in federal funds appropriated during the special sessions, the Legislature continued its commitment to mental health issues, especially for children and adolescents, with \$113M appropriated to the Texas Child Mental Health Care Consortium. These dollars continue the Consortium’s previous efforts and expand services to include pregnant women and mothers who are one year postpartum. An additional \$238M will be used for the construction of the new Dallas State Hospital.

Additionally, after the first of the year, Lt. Governor Dan Patrick appointed Senator Joan Huffman (R-Houston) as Chair of the powerful Senate Finance committee, after former Chair, Sen. Jane Nelson (D-Flower Mound) choose not to seek re-election shortly in 2021.

New Maps, New Court Challenges:

Although development of the census data was delayed due to COVID and other factors, the Legislature was able to pass new maps during the Third Special Session for the Texas House and Senate, as well as the Texas Congressional Delegation and the State Board of Education. Texas gained two additional seats at the congressional level, raising the delegation number to 38 (and 40 electoral votes in future presidential elections). The maps in large part protect incumbents and maintain the GOP majority in both chambers of the legislature and in the Congressional delegation. Over the last decade, the state saw significant growth in urban centers while rural Texas loss population, and minorities made up most of the population growth.

Challengers of the new maps argue that the new lines are not reflective of the minority population growth and diminish voting rights. The U.S. Department of Justice filed a lawsuit against Texas in December, among other lawsuits by individuals and organizations. If the courts side with the federal government, Texas could be required to hold 2022 elections under existing maps, redraw certain districts, or see court-drawn districts. Nonetheless, until the courts rule, candidates filed for office and are campaigning under the new maps.

Elections 2022:

In 2022, all statewide elected officials as well as House and Senate members are up for re-election. The past several months saw several Senators and Representatives announcing their intention to retire from office. In addition to Finance Chair Sen. Nelson, some of the key Senate announcements include longstanding members Sen. Eddie Lucio (D-McAllen), Sen. Kel Seliger (R-Amarillo), and Sen. Larry Taylor (R-Friendswood). On the House side, 25 members have declared they will not be returning - among them are a veteran lawmaker of 30 years, Rep. Garnet Coleman (D- Houston), and House State Affairs Chair, Rep. Chris Paddie (R-Marshall), who oversaw much of the legislation in response to Winter Storm Uri. Other members decided to seek higher office, at the congressional level as well as statewide, and some members have been “paired” in the same district under the new maps - meaning only one will return. All told, there could be as many as seven new senators and 30+ new representatives. With the primaries just two months away, there have been some interesting changes for the Texas House, including HD 118 in

San Antonio flipping parties, with former Republican State Rep. John Lujan winning the seat previously been held by Democrat Rep. Leo Pacheco (D-San Antonio). In addition, Rep. Ryan Guillen, from Laredo, switched from the Democrats to the Republican party, partly because the new map of his district was drawn to favor GOP candidates. The margin in the House is now 86 Republicans and 64 Democrats.

Looking Ahead:

The 88th Texas Legislature will convene in January 2023, and while interim activities in the House and Senate were slowed by the special sessions, House Speaker Dade Phelan (R-Beaumont) recently called on the House Committee Chairs to submit interim charge recommendations for study over the coming months. It looks like the Senate will wait until after the primaries. We anticipate interim work to begin in the Spring and continue through the Summer, but likely wrapping up in time to give lawmakers a chance to focus on their November election. We will continue to keep Federation members updated as we see interim activities get underway. Please do not hesitate to contact the Federation if you have any questions or concerns. As always, thank you for allowing our team to represent you at the Texas Capitol! ■

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VIRTUAL
CME Live Activity Webinar Risk Management Strategies Minimizing Your Risk in 2022
SATURDAY MARCH 5, 2022



VIRTUAL
TSPP/TAP Spring Conference and Scientific Program
Too Many Cooks: Resisting Unnecessary Polypharmacy
April 21-24, 2022



SAVE THE DATE
TSCAP Annual Convention and Scientific Program
Road to Recovery: Treatment and Prevention of Trauma in Children and Adolescents
July 8-10, 2022
Moody Gardens in Galveston



The Federation of Texas Psychiatry has furthered our mission to serve as a United Voice for Psychiatry by taking to Twitter! You can follow us on Twitter @FedTXPsych



Academy CME Webinar Registration Open

Daniel B. Pearson, III, M.D., DLFAPA, President, Texas Academy of Psychiatry



Daniel Pearson, III, MD, DLFAPA

CME Program Registration is Open! The Texas Academy of Psychiatry first Virtual CME Webinar will be held on **March 5** and is open to all member and non-member Psychiatrists in Texas, with discounted registration rates extended to TAP, TSPP and TSCAP members.

This timely Special Risk Management Webinar is presented by American Professional Agency and hosted by the Texas Academy of

Psychiatry. The CME webinar was created to provide ALL psychiatrists with risk management strategies in patient care documentation; minimizing their risk when treating depressed and suicidal patients; identifying potential risks and applying risk mitigation strategies when using Telepsychiatry; and, utilizing best practices and risk mitigation tools and techniques to address the top 10 risks when providing outpatient behavioral healthcare. ■

Texas Academy of Psychiatry Recruitment Drive

Advocates for Patients and Quality Psychiatric Care

Help Strengthen the Voice of Psychiatry in Texas!

Objectives of the Academy

- To promote the common professional interests of its members;
- to improve the treatment, rehabilitation, and care of the mentally ill, the intellectually challenged, and the emotionally disturbed;
- to advance the standards of all psychiatric services and facilities;
- to promote research, professional education in psychiatry and allied fields, and the prevention of psychiatric disabilities;
- to foster the cooperation of all who are concerned with the medical, psychological, social and legal aspects of mental health and illness;
- to make psychiatric knowledge available to other practitioners of medicine, to scientists, and to the public;
- to promote the best interests of patients and those actually or potentially making uses of mental health services;
- to coordinate and work in concert with other state professional psychiatric associations on joint public and professional education projects and public policy advocacy; and,
- to advocate for its members.

The Texas Academy of Psychiatry was established in 2004 to provide psychiatrists with a choice of membership in organized psychiatry without a requirement of dual membership in a national organization. Membership is available to

physicians with a current medical license without restrictions and who have a residency training certificate from an approved psychiatric residency program. Classes of membership include: Member-in-Training, General Member, Fellow (8

years of membership and/or recognized by APA as a Fellow or Distinguished Fellow), Retired member, and Associate member (a member in good standing with TSPP or TSCAP). All classes of members have voting privileges. ■

To apply for membership go to
<https://www.txpsych.org/academy/> or email TXPsychiatry@aol.com



Risk Management Strategies: Minimizing Your Risk in 2022

VIRTUAL LIVE CME WEBINAR

March 5, 2022

MAIL... (pay by credit card or check)

Texas Academy of Psychiatry
401 West 15th Street, Suite 675, Austin, TX 78701

(The following options require credit card payment)

E-MAIL... TSPPofc@aol.com

ONLINE... <http://www.txpsych.org>

FAX...

PHONE...

512.478.5223

512.478.0605

ONLINE PAYMENT... To remit payment online, complete this form and return to tsppofc@aol.com via email and request an email invoice from Quickbooks Online.

REGISTRATION FORM

Login instructions provided with registration. If you do not already have the free Zoom account loaded on your device you will need to do so prior to March 5 in order to access the program. The program will begin promptly at 9:45 am so please plan to log on between 9:30 am - 9:45 am to allow time for you to address and eliminate any access difficulties you may have. Thank you for registering!

LAST NAME	FIRST NAME	CREDENTIALS (MD/DO, PA, NP, AHP, SPECIFY OTHER CREDENTIALS)	
SPECIALTY		EMAIL ADDRESS	
MAILING ADDRESS		CITY	STATE ZIP
PHONE		FAX	

PARTICIPATION POLICY – The Texas Society of Psychiatric Physicians' policy is to promote an environment of mutual respect, well-being, and collegiality at its meetings. TSPP values and benefits from the diverse opinions its members hold on the issues with which the Society and the psychiatric profession are confronted. All individuals participating in the (live or virtual) meetings agree to conduct themselves in a manner appropriate for health care professionals. This includes respect for the intellectual property of others, proper display and use of meeting badges, and the avoidance of aggressive or inappropriate behavior towards others. Individuals participating in TSPP sponsored meetings agree to listen respectfully to all views presented, be courteous to others regardless of whether you agree or disagree with the views presented, and to exhibit the professionalism and collegiality expected of psychiatrists. If an individual believes that these rules have been violated or acceptable social decorum has otherwise been breached, he or she shall contact TSPP staff to help with the situation. TSPP reserves the right to remove meeting access rights of any individual violating this policy and will not provide a refund. By registering for this meeting, you agree to abide by the Participation Policy as described above.

REGISTRATION FEE SCHEDULE

CME PROGRAM

<input type="checkbox"/> TAP / TSPP / TSCAP MEMBER	\$60.00	
<input type="checkbox"/> RESIDENT FELLOW MEMBER (IN TRAINING) TAP / TSPP / TSCAP	\$15.00	
<input type="checkbox"/> MEDICAL STUDENT MEMBER, APA AND/OR AACAP	\$10.00	
<input type="checkbox"/> NON-MEMBER PHYSICIAN	\$80.00	
<input type="checkbox"/> NON-MEMBER ESIDENT FELLOW MEMBER IN TRAINING OR MEDICAL STUDENT	\$20.00	
<input type="checkbox"/> ALLIED HEALTH PROFESSIONAL	\$60.00	

Total Registration Fees

METHOD OF PAYMENT:

☐ Check in the Amount of \$_____ Make Checks Payable to Texas Academy of Psychiatry
Please Charge \$_____ To My: ☐ VISA ☐ MasterCard ☐ American Express

Credit Card # _____ Expiration Date: _____

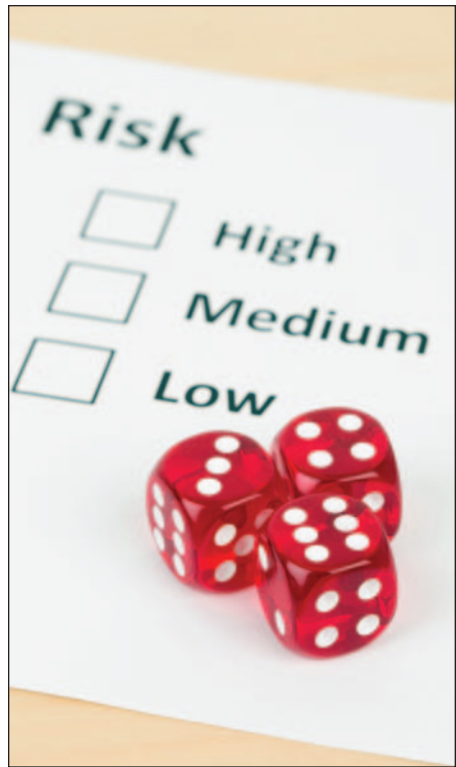
3 or 4 Digit Security Code _____

Name of Cardholder (as it appears on card) _____

Signature _____

ADDRESS WHERE YOU RECEIVE YOUR CREDIT CARD STATEMENT (include address, city, state, zip): _____

Cancellation Policy: No REFUNDS given after March 1.



TEXAS ACADEMY OF PSYCHIATRY

Risk Management Strategies Minimizing Your Risk in 2022

Virtual CME Live Activity Webinar
SATURDAY, MARCH 5, 2022
9:30 AM – 2:30 PM CST VIA ZOOM
Four (4) AMA PRA Category 1 Credits™

CME WEBINAR TARGET AUDIENCE, ALL MEMBER AND NON MEMBER PSYCHIATRISTS
PROGRAM PRESENTED BY **AMERICAN PROFESSIONAL AGENCY**
HOSTED BY **TEXAS ACADEMY OF PSYCHIATRY**

WEBINAR PRESENTERS



Gloria Umali
RN, BSN, MS, MPA, CPHRM
Assistant Vice President,
Risk Management Group



Denise Neal
RN, BSN, MJ, CPHRM, FASHRM
Assistant Vice President,
Risk Management Group



Allison M. Funicelli
MPA, CCLA, CPHRM, ARM, FASHRM
Assistant Vice President,
Risk Management Group



Tracey Angelo
BSN, CPHRM
Assistant Vice President,
Risk Management Group

ACCREDITATION STATEMENT

4 AMA PRA Category 1 Credits™

This activity has been planned and implanted in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychiatric Association (APA) and AP Agency. The APA is accredited by the ACCME to provide continuing medical education for physicians.

The APA designates this live activity for a maximum of 4 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

SCIENTIFIC PROGRAM SCHEDULE

Presented in Central Time Zone 9:30 am – 2:30 pm

9:30 am – 9:45 am

9:45 am – 10:00 am

10:00 am – 10:45 am

10:45 am – 11:00 am

11:00 am – 11:45 am

11:45 am – 12:00 pm

12:00 pm – 12:15 pm

12:15 pm – 1:00 pm

1:00 pm – 1:15 pm

1:15 pm – 2:00 pm

2:00 pm – 2:15 pm

2:15 pm – 2:30 pm

Attendees Log On to Virtual Webinar (Login instructions provided with registration)

Welcome and Introductions

Daniel Pearson, III, MD, President, Texas Academy of Psychiatry

Documentation: The Basics and Beyond

Gloria Umali, RN, BSN, MS, MPA, CPHRM

Assistant Vice President, Risk Management Group

Documentation is the foundation for communication for patient care, is one of the basic risk management tools, and is a reflection of professionalism and the credibility of the psychiatrist. It is also one of the most rushed or overlooked “required tasks.” Documentation is vital to the defense of a licensing complaint or malpractice allegation and may be reviewed by many others, including the patient and potentially a jury.

Objectives: Webinar attendees will be able to:

- Describe how documentation is used for defense with litigation
- Explain basic documentation principles
- Identify risks associated with documentation in the electronic health record
- Apply best practices for documentation in the medical record

Questions & Answers via Chat Feature Following Presentation

Minimizing Risk When Treating Depressed and Suicidal Patients

Denise Neal, RN, BSN, MJ, CPHRM, FASHRM

Assistant Vice President, Risk Management Group

That COVID-19 has negatively impacted the mental health of Americans, especially related to depression and suicidal ideation, has been established by the American Psychiatric Association, the Center for Disease Control (CDC) and other agencies. The demand for mental health/psychiatric care has expanded rapidly with an increased focus on the role, and some would allege, responsibility, of keeping patients safe. But not all psychiatrists are aware of the potential liability risks with treating depressed and/or suicidal patients or the risk management strategies to mitigate those risks.

This webinar will assist participants to identify the potential liability exposures associated with caring for adult and adolescent patients with depression and/or at risk for suicide and will provide practical risk management strategies that can be used right away to help lessen the liability exposures.

Objectives: Webinar attendees will be able to:

- Review the impact of the coronavirus pandemic on the mental health of patients
- Discuss liability exposure for psychiatrists treating depression and increased suicidal ideation in multiple age groups
- Apply risk management strategies to reduce the potential liability when treating depressed and/or suicidal patients

Questions & Answers via Chat Feature Following Presentation

Break

Telepsychiatry: What the Future Holds – A Risk Management Perspective

Allison M. Funicelli, MPA, CCLA, CPHRM, ARM, FASHRM

Assistant Vice President, Risk Management Group

Telepsychiatry is an effective means to treat patients and to expand their access to mental health services. This webinar provides an overview of key legal, regulatory, privacy and security considerations, including standard of care, licensure, online prescribing and medication management, informed consent, international telemedicine, as well as anticipated regulatory change and competencies, such as digital literacy. Potential risks with the expanded use of telepsychiatry and risk mitigation strategies when using this modality will be discussed.

Objectives: Webinar attendees will be able to:

- Identify legal, regulatory, safety and security considerations as well as general standard of care issues when using telepsychiatry
- Explain risk management and liability exposures when using telepsychiatry
- Apply risk strategies to mitigate liability exposures

Questions & Answers via Chat Feature Following Presentation

Top 10 Risks When Providing Outpatient Behavioral Healthcare

Tracey Angelo, BSN, CPHRM

Assistant Vice President, Risk Management Group

With an increase in outpatient behavioral health visits comes an increase in the potential for claims and litigation. It is important for psychiatrists to recognize the types of risks associated without patient behavioral healthcare and how to mitigate those risks. Litigation is expensive and time consuming. Avoiding risk can save the stress it places on psychiatrists and the expense to the practice related to defining behavioral health claims.

This webinar will identify the types of risks associated with outpatient behavioral health facilities, recognize situations that may give rise to a medical malpractice claim or licensing complaint, and provide best practices and risk mitigation tools and techniques to avoid a board complaint or medical malpractice claim related to outpatient behavioral healthcare.

Objectives: Webinar attendees will be able to:

- Identify the types of risks associated with outpatient behavioral health services
- Describe situations that may give rise to medical malpractice claims or licensing complaints
- Utilize best practices and risk mitigation tools and techniques to avoid a board complaint or medical malpractice claim related to outpatient behavioral healthcare

Questions & Answers via Chat Feature Following Presentation

Closing Remarks, Adjournment

Daniel Pearson, III, MD, President Texas Academy of Psychiatry



Here We Go Again

Michael R. Arambula, MD, PharmD, DLFAPA, President, Texas Society of Psychiatry Physicians



Michael R. Arambula, MD, PharmD, DLFAPA

Here we go again. Just when it seemed as if this pesky virus was on its way out, another mutation has emerged this winter. When will this ever end? Is this Mother Nature's idea of a *Poltergeist*? Did you know that *Poltergeist* is a German term, originating from the word *poltern* (to make a sound or to rumble) and *geist* (a ghost or spirit)? Known for the noisy, physical disturbances it caused, the *Poltergeist* tale is centuries old, and even Jung and Freud disagreed about its origin.

Indeed, this viral pandemic has caused substantial disorder in our lives, where work and routines and families fell victim to its siege. Do you remember when the roads were empty? Do you remember when many grocery shelves were empty? When was the last time you attended a full-fledged family gathering?

The lives of my father and father-in-law were uprooted by World War II. My father was fortunate to survive the decimation of

his 110th Regiment during The Battle of the Bulge, even though his brothers did not make it back home from the War. My father-in-law left his home in Berlin and a legacy of esteemed physicians in his family and escaped to America, while some of his relatives met their fate in a concentration camp. Serendipitously, I met my wife many years later because of their resilience.

Silver linings exist. I exercise in my home. I enjoy prepping and cooking meals with my wife. We also enjoy virtual travel experiences watching Netflix series filmed in other countries – with sub-titles, of course. I make virtual home visits with my patients. And although this may be a rather trivial and insignificant detail, I was invited to a virtual meeting with the members of my favorite Jazz group during the pandemic a while back, and that hourlong experience with them and (probably) a dozen other fans from around the world would have never happened, but for the

pandemic. Still, I am mindful that others I knew and never met, fell victim to this deadly virus.

I don't know about you, but my patients still have many questions about this persistent virus and the pandemic and what they should do about it. Hence, I have tried the keep up with the basics of vaccines and prophylactic hygiene, and lessons learned from the initial outbreak. I don't know everything, and I don't tell my patients what to do because (1) that is not what the spirit of 'Informed Consent' is all about and (2) my wife's cousin - a German Academician – once told me years ago that Americans can't be told what to do because we once went to war against England for the same reason. Hmmm. I never thought of us like that.

Unbiased information is powerful and comforting, and I suspect that is why my patients seek my guidance about this lingering virus. These days, it is difficult if not impossible to find a single resource which I

can depend on to provide me with unbiased information which I can share with my patients. Then again, I accept the lessons learned from my childhood about the three blind men and the elephant. So maybe life has not changed as much as our routines have – the 'day-tight compartments' which Dr. Osler wrote about many years ago. Regardless, embrace life and Be that unbiased source of information and comfort to your patients. We'll get through this. Be Safe and Be Well. ■

CONGRATULATIONS...

Congratulations to these newly recognized 2022 Fellows and Distinguished Fellows of the APA from our TSPP Membership! Both the newly elected FAPA and DFAPA nominees will be recognized during the Convocation of Distinguished Fellows at the 2022 APA Annual Meeting in May in New Orleans.

2022 Fellows (FAPA)

- Tiya Johnson, MD
- Arturo Rios, MD
- Brian Skop, MD
- Clark Terrell, MD
- Lauren Wilson, MD

Being a **Fellow** is an honorary designation to recognize APA members who have demonstrated allegiance to their profession and commitment to the on-going work of the Association. There is a 30-day review

period for the district branch to offer comments about the Fellowship candidate. Approval by the APA Membership Committee takes place in the fall, and approval by the APA Board of Trustees takes place in December. **For eligibility criteria and to apply, go to <https://www.psychiatry.org/join-apa/become-a-fellow/fellow-of-the-apa>.** APA will begin accepting applications mid-February. Fellow applications must be submitted by September 1.

2022 Distinguished Fellow (DFAPA)

Ali Asghar-Ali, MD

Distinguished Fellowship is awarded to outstanding psychiatrists who have made significant contributions to the psychiatric profession in at least five of the following areas: administration, teaching, scientific

and scholarly publications, volunteering in mental health and medical activities of social significance, community involvement, as well as for clinical excellence. Distinguished Fellow is the highest membership honor the APA bestows upon members.

If you are considering applying for Distinguished Fellowship status, please review the DFAPA requirements at <https://www.psychiatry.org/join-apa/become-a-fellow/distinguished-fellow-of-the-apa> and then contact your Chapter Representative to the TSPP Distinguished Fellowship Committee to discuss your interest. If you don't have a local chapter representative, contact TSPP via email at tsppofc@aol.com, and one of the Distinguished Fellowship Committee members will be designated to serve as your advisor. A member of the

Distinguished Fellowship committee can review eligibility requirements and the information needed for the Nomination Form. By mid-February each year, APA will notify TSPP of the opening of the application process and provide access to the APA portal. TSPP will then be able to direct qualified members to the APA portal to complete their applications online and upload letters of recommendation. TSPP will review all fully completed applications at the TSPP Distinguished Fellowship Committee Meeting on **April 22** to decide whether to nominate the member to APA for Distinguished Fellow status. Distinguished Fellowship nominations must be submitted by TSPP to APA by July 1. The APA Membership Committee reviews the nomination in the fall and the APA Board of Trustees makes their final determination in December. ■

Texas Society of Psychiatric Physicians & Texas Academy of Psychiatry Spring Committee Meetings/CME Program April 21-24

PROGRAM SCHEDULE

THURSDAY April 21, 2022		12:10 pm –1:10 pm	Council on Service Committees
5:00 pm – 6:00 pm	Foundation Board of Directors Meeting		Forensic Psychiatry Committee
6:05 pm – 7:05 pm	Federation Delegate Assembly		Public Mental Health Services Committee
FRIDAY April 22, 2022		1:10 pm – 1:40 pm	Break (30 min)
Component and Committee Meetings		1:40 pm– 2:40 pm	Government Affairs Committee
8:30 am – 9:30 am	Chapter Leadership Forum	3:40 pm – 4:10 pm	Break (30 min) open for sponsor session
9:35 am - 10:35 am	Council on Education Committees	4:10 pm – 5:40 pm	Texas Academy of Psychiatry Board of Trustees
	Continuing Medical Education Committee	5:40 pm– 7:10 pm	TSCAP Executive Committee
	Professional Practice Management Committee	6:00 pm– 7:00 pm	Resident-Fellow Committee Meeting
10:35 am – 11:05 am	Break (30 min) Open for sponsor session		
11:05 am –12:05 pm	Council on Leadership Committees		
	Ethics Committee		
	Distinguished Fellowship Committee		
	Finance Committee		
12:10 pm –1:10 pm	Council on Service Committees		
	Academic Psychiatry Committee		
	Children & Adolescents Psychiatry Committee		
		SATURDAY April 23, 2022	
		TSPP / TAP JOINT PROVIDER CME PROGRAM	
		9:00 am-1:45 pm	CME PROGRAM
			<i>"Too Many Cooks: Resisting Unnecessary Polypharmacy"</i>
		SUNDAY April 24, 2022	
		8:30 am – 10:30 am	TSPP Executive Council Meeting and Installation of Officers for 2022-23



Texas Society of Psychiatric Physicians & Texas Academy of Psychiatry
Spring Continuing Medical Education Program
Too Many Cooks:
Resisting Unnecessary Polypharmacy



VIRTUAL LIVE CME WEBINAR – Saturday, April 23, 2022

Four (4) AMA PRA Category 1 Credits™,
with 2 of the Hours Designated for Medical Ethics/Professional Responsibility

TARGET AUDIENCE / PROGRAM OBJECTIVES – This virtual activity has been designed in a lecture format with case examples followed by an interactive audience question and answer period to provide its' primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date evidence-based data that can be translated into clinical practice. The program is designed to provide its' target audience of Psychiatrists, as well as other medical specialties, with clinically relevant information to advance the physicians' competence and provide them with effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

IDENTIFIED PRACTICE GAPS / NEEDS ASSESSMENT – TSPP identified educational needs and professional gaps from members expressed needs and in medical literature and incorporated it into the CME activity to address the relevant educational needs concerning competence that underlie the professional practice gaps of the participants.

Polypharmacy requires clinicians to make complex ethical and medical decisions that balance the ethical principles of autonomy, beneficence, and nonmaleficence. The increased number of available medications, their numerous pharmacological interactions, frequency of comorbid conditions, and the physician's desire to provide effective care make such ethical choices intellectually, emotionally, and morally difficult.

This session will cover the potential risks and benefits of polypharmacy as it raises conflicts between patient autonomy, a patient's expectation of effective treatment, and the physician's duty of nonmaleficence. All prescribing clinicians face these issues, and physicians especially in their roles as primary providers of care and supervisors of midlevel providers. Though all patients are potentially at risk, special emphasis on geriatric patients, those with multiple comorbidities, and those having (or at risk for) substance use disorders is needed.

Chronic pain is a frequent comorbidity with psychiatric disorders. As such, patients are often treated with multiple medications with a high probability to produce dangerous interactions or additive effects. Since both pain and psychiatric illnesses increase suffering and impair functioning, treatment for both is important, though sometimes difficult to manage safely.

This session will cover 1. Common interactions between psychiatric medications and pain control medications. 2. Medications of useful for both psychiatric care and treatment of pain. 3. Medical and non-medical treatments for psychiatric illness and pain that can be combined to address both conditions.

Polypharmacy is commonly utilized in the pharmacological management of patients with severe mental illnesses, such as schizophrenia, bipolar disorder, and major depressive disorder. This activity addresses the risks and safety concerns associated with polypharmacy, as well as general standards for the rationale use of polypharmacy in the case of patients with resistant-to-treatment mental disorders.

Content: epidemiological aspects of polypharmacy among individuals with severe mental illnesses; risks and morbidity associated with polypharmacy; polypharmacy as a strategy in the management of resistant-to-treatment several mental illnesses: general principles Relation to scope of practice of prescribers: yes Specific patient groups: yes (individuals with severe mental illnesses) yes

ACCREDITATION STATEMENT – This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint provider-ship of Texas Society of Psychiatric Physicians and Texas Academy of Psychiatry. The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

CREDIT STATEMENT – The Texas Society of Psychiatric Physicians designates this virtual Live Activity for a maximum of four (4) AMA PRA Category 1 Credits™ Physicians should claim only the credit commensurate with the extent of their participation in the activity.

MEDICAL ETHICS AND/OR PROFESSIONAL RESPONSIBILITY STATEMENT – The presentation, The Ethical Implications of Polypharmacy, and, the presentation ETHICS: Health Information Sharing: The New Interoperability and Information Blocking Regulations have been designated by Texas Society of Psychiatric Physicians for two (2) credits of education in medical ethics and/or professional responsibility.

FACULTY AND PLANNERS DISCLOSURE POLICY – In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered to the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the educational activity.

TSPP will disclose to learners the existence (or non-existence) of all relevant financial relationship(s) that the faculty and planners did (or did not) have with any commercial interest concerned with the content of the educational presentation. Disclosure will occur at the beginning of the Virtual CME Activity through verbal and written slide display.

FOR TSPPTSP/ TAP REGISTRATION visit
www.txpsych.org / Conference & Events or call 512-478-0605

Scientific Program Schedule

Presented in Central Time Zone

8:45 am - 8:55 am	Log onto Virtual Webinar (Zoom) to be admitted to the CME Program, starts promptly at 9:00 am
9:00 am - 9:15 am	Opening Remarks and Welcome
9:15 am - 10:15 am	ETHICS: The Ethical Implications of Polypharmacy – Wesley Boyd, M.D., Ph.D. Objectives: The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none">Identify ways that polypharmacy affects patient autonomy, beneficence, and nonmaleficence (both positively and negatively). Identify essential ways that polypharmacy creates conflict between the above ethical demands.Construct multiple treatment plans and assess them with regard to how they balance the ethical demands as applied to specific groups of patients, such as the elderly, those with substance use disorders, and those with multiple medical comorbidities.
10:15 am - 11:15 am	ETHICS: Health Information Sharing: The New Interoperability and Information Blocking Regulations -- Shannon Vogel & Kelly Flanagan, J.D. Objectives: The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of this activity participants should be able to: <ul style="list-style-type: none">Revise and implement changes in their practice's or facility's medical records privacy policies to meet current regulations;Share electronic health information appropriately with other treating practitioners and with patients to improve patient care and foster the doctor-patient relationship; andDescribe and explain to colleagues in their practices or facilities the scope of these medical record (health information) changes,the benefits to practitioners and patients in implementing these rules and how these regulations align with HIPAA
11:15 am - 11:30 am	Break
11:30 am - 12:30 pm	Polypharmacy in Managing Comorbid Chronic Pain and Psychiatric Disorders -- Alan C. Swann, M.D. Objectives: The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none">Identify significant interactions between psychiatric medications and medications commonly used to control chronic pain. Modify treatment plans to safely address comorbid psychiatric illness and chronic pain.Coordinate care with clinicians commonly involved in treating comorbid conditions, such as primary care clinicians, pain specialists, physical therapists, etc.Adapt treatment plans based on specific patient characteristics (i.e. geriatric, substance use disorder, other medical comorbidity).
12:30 pm - 1:30 pm	Polypharmacy and Serious Mental Illness: Addressing the Combination of Antipsychotics When Treating Schizophrenia – Olaoluwa Okusaga, M.D. Objectives: The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none">Describe the current status of polypharmacy in the treatment of patients with severe mental illnesses.Identify the risks and potential safety concerns associated with polypharmacy in the management of patients with severe mental illnesses.Apply basic principles related to the safe and effective use of polypharmacy in patients with severe mental disorders.
1:30 pm - 1:45 pm	Closing Remarks

Speakers



Wesley Boyd, M.D., Ph.D.
Professor
Center for Medical Ethics
and Health Policy
Baylor College of Medicine
Houston, Texas



Kelly Flanagan, J.D.
Assistant General Counsel
Texas Medical Association
Austin, Texas



Olaoluwa Okusaga, M.D.
Associate Professor
Psychiatry & Behavioral
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Medicine Houston, Texas
Staff Psychiatrist
Michael E. DeBakey VA
Medical Center
Houston, Texas



Alan C. Swann, M.D.
Professor Menninger
Department of Psychiatry
and Behavioral Sciences
Baylor College of Medicine
Houston, Texas



Shannon Vogel
Associate Vice President
Health Information
Technology Texas Medical
Association Austin, Texas



Tuning In

Phillip Balfanz, MD, FAPA, President, Texas Society of Child and Adolescent Psychiatry



Phillip Balfanz, MD

What is it about music that can move us to emotion? What about a great baseball game or a tennis match that gets us excited? Maybe it is the ability to be attuned to what the artist or athlete is communicating through those skills. In the last newsletter, Dr. Arambula spoke to the practice one goes through to develop skills and the effort required to change behaviors. This is also a way to have some influence over emotion.

I recently listened to an audiobook by Edward Brodtkin and Ashley Pallathra called Missing Each Other, where they discuss attunement. They describe four components of attunement: relaxed awareness, listening, understanding, and mutual responsiveness. They also describe exercises to develop these skills. I find it more difficult across a two-dimensional screen or

behind a mask. Under stress, I become misattuned, and some might say unpleasant.

As physicians, we try our best to be attuned to our patients. We use caution as sometimes our medications have side effects that can interfere with relaxed awareness and subsequently alter our patients’ ability to attune. We also do this with our interactions with our patients, their families, colleagues, and communities.

Many developmental tasks for us as humans rely on practicing and developing attunement. Parent-child attachment theory may be one of the first ways this had begun to be studied more formally. As psychiatrists, many of the things we help our patients deal with difficulties in attunement, including autism and trauma. Better attunement might do wonders for our state and country’s politics and public health and

help us recognize how much we all share.

Trauma is an assault on relaxed awareness and understanding as well as causing a shift into unbalanced mutual responsiveness. Attunement becomes much more challenging when trying to manage grief, loss, and shame. In Selma Fraiberg, Edna Adelson, and Vivian Shapiro’s “Ghosts in the Nursery,” there is transgenerational misattunement from trauma in the past. In my simplified understanding, they describe how it is possible to transcend guilt and shame through listening and demonstrating understanding to help the parent-child bond become more attuned.

I hope you will be able to join us July 8th - 10th, 2022 at Moody Gardens in Galveston for the live TSCAP Annual Convention and CME event “Road To Recovery: Treatment and Prevention of Trauma in Children and

Adolescents.” We have many outstanding speakers on topics such as Attachment Disorganization, Neural Changes Accompanying Symptom Improvement During Trauma-Focused Therapy for Youth, Adverse Childhood Experience and the Developing Brain, Addressing the Epidemic of Youth Suicide, and an update on The Texas Child Mental Health Consortium. I hope you will have the opportunity to see each other, reconnect, and tune in! ■



Texas Society of Child & Adolescent Psychiatry Annual Convention & Scientific Program *Road to Recovery: Treatment and Prevention of Trauma in Child and Adolescents* July 8-10, 2022 • Moody Gardens Hotel, Galveston, Texas



GENERAL INFORMATION

MEETING LOCATION

TSCAP’s Annual Convention and Scientific Program will be held at the Moody Gardens Hotel, One Hope Blvd., Galveston, Texas. Moody Gardens boasts diverse Galveston attractions. Activities include its massive pyramids, with one focused on the rainforest and the other on ocean life. Moody Gardens also has Galveston’s premier golf course, 3D and 4D movie theaters, Discovery Museum, the Colonel Paddlewheel Boat, Rope and Zip Line. Fun for everyone!

HOTEL RESERVATIONS

Special Reminder: Booking a room within the TSPP room block is an important way to help keep the overall meeting registration fee and costs as low as possible. Booking “outside of the TSPP block” or at another hotel could expose TSPP to monetary damages for hotel room block attrition which may then necessitate an increase in future meeting registration rates. Plus, staying in the hotel keeps you connected with all the activities and networking opportunities during the event. Please “help us help you” by booking your room at the hotel hosting the meeting and within the TSPP room block

Special TSCAP discounted room rates at the rate of \$209.00 are available to program registrants **BEFORE JUNE 16 or upon sell-out, whichever occurs first.** Make your hotel reservation today by using the **Booking Link:**
<https://reseze.net/servlet/SendPage?hotelid=1722&skipfirstpage=true&page=3619> or calling Moody Gardens Hotel’s Central Reservations at 1-888-388-8484, EXT 2 and referring to group name Texas Society of Child and Adolescent Psychiatry.

OPENING WELCOME RECEPTION WITH EXHIBITORS

Make plans to attend the complimentary Welcome Reception with Exhibitors on Friday evening, 6:30 pm - 8:30 pm, Moody I Ballroom, Moody Gardens Hotel. Visit

throughout the evening with your friends, colleagues and exhibitors in a fun-filled, relaxing atmosphere and be sure to stop by the exhibitors’ booths to complete your entry form for the special door prize drawings to be awarded on Saturday!

EXHIBITS

TSCAP’s Welcome Reception, Continental Breakfasts and Refreshment Breaks, will be held in the Moody I Ballroom of the Moody Gardens Hotel. Exhibits will be open throughout the evening, Friday and Saturday, and will provide you with information designed to enhance your practice and help improve the optimal delivery of medical care to your patients. In addition, there will be ‘job fair’ exhibitors who have employment opportunities for Psychiatrists in the State of Texas.

Welcome Reception

Friday - 6:30 - 8:30 pm

Continental Breakfast

Saturday - 7:30 am - 8:30 am

Refreshment Break & Door Prize Drawings

Saturday - 10:30 am - 10:50 am

Refreshment Break & Door Prize Drawings

Saturday - 11:50 am - 12:10 pm

Refreshment Break with Exhibitors and Door Prize Drawings

Saturday - 2:10 pm - 2:30 pm

Exhibitors Tear Down and Depart

Saturday - 3:00 pm - 5:00 pm

Refreshment Break (no door prize drawings)

Sunday – 11:15 am – 11:30 am, Lobby Foyer

CME SCIENTIFIC PROGRAM

The CME Scientific Program will be held on Saturday and Sunday in the Moody II Ballroom of the Moody Gardens Hotel.

FOR TSCAP REGISTRATION

visit
**[www.txpsych.org /
Conference & Events](http://www.txpsych.org/Conference&Events)**
or call
512-478-0605

ANNUAL MEETING BREAKFAST

The Annual TSCAP Business Meeting and Breakfast will be held Sunday, 7:45 am - 8:45 am in the Garden Cay room, located opposite the hotel lobby bar/registration desk, of the Moody Gardens Hotel. ■

PROGRAM AT A GLANCE

Friday, July 8

8:00 am-8:30 pm
8:00 am-2:00 pm
2:00 pm-5:00 pm
5:00 pm-6:30 pm
6:30 pm-8:30 pm

Registration
Exhibit Set-Up
Exhibit Vendor Set-Up
TSCAP Executive Committee Meeting
Welcome Reception with Exhibitors

Group Registration Desk, Moody Ballroom Foyer, Moody Gardens Hotel
Moody Ballroom 1, Moody Gardens Hotel
Moody Ballroom 1, Moody Gardens Hotel
Board Room, 9th Floor, Moody Gardens Hotel
Moody I Ballroom, Moody Gardens Hotel

Saturday, July 9 Six (6) AMA PRA Category 1 Credits™

7:00 am-5:00 pm
7:30 am-8:30 am
8:00 am-4:00 pm

Registration
Continental Breakfast with Exhibitors
Scientific Program
Note: For Saturday’s Program, to reduce expenses, refreshments will be set in one location, in the Exhibit Hall, Moody I Ballroom

Group Registration Desk, Moody Ballroom Foyer, Moody Gardens Hotel
Moody I Ballroom, Moody Gardens Hotel
Moody II Ballroom, Moody Gardens Hotel

10:30 am-10:50 am
11:50 am-12:10 pm
2:10 pm-2:30 pm
3:00 pm-5:00 pm

Refreshment Break and Door Prize Drawings
Refreshment Break and Door Prize Drawings
Refreshment Break and Door Prize Drawings
Exhibits Teardown / Depart

Moody I Ballroom, Moody Gardens Hotel
Moody I Ballroom, Moody Gardens Hotel
Moody I Ballroom, Moody Gardens Hotel
Moody I Ballroom, Moody Gardens Hotel

Sunday, July 10 Three (3) AMA PRA Category 1 Credits™

7:00 am - 2:00 pm
7:45 am - 8:45 am

Registration
TSCAP Annual Business Meeting and Breakfast
Open to All Attendees
See Registration Form for Payment Information

Group Registration Desk, Moody Ballroom Foyer, Moody Gardens Hotel
Garden Cay Room
*located opposite the hotel lobby bar/
registration desk of the Moody Gardens Hotel*

8:45 am - 12:45 pm
11:15 am - 11:30 am

Scientific Program
Refreshment Break

Moody II Ballroom, Moody Gardens Hotel
Moody Gardens II, Ballroom Foyer, Moody Gardens



Road to Recovery: Treatment and Prevention of Trauma in Child and Adolescents

S P E A K E R S

Danielle Busby, Ph.D.

Assistant Professor Pediatrics – Psychology
Baylor College of Medicine Houston, Texas
Vice President of Professional
Relations and Liaison Black Mental Wellness, Corp
Houston, Texas

Cody Dodd, Ph.D. ChAssistant Professor

Psychiatry and Behavioral Sciences
UTMB School of Medicine
Houston, Texas

Amy Garrett., Ph.D.

Director Neuroimaging Core for Dept of Psychiatry
Assistant Professor Department of
Radiology and Psychiatry
Long School of Medicine UT Health San Antonio
San Antonio, Texas

Kim Gushanas, Ph.D.

Asst Professor Psychiatry & Behavioral Sciences
UTMB School of Medicine
Galveston, Texas Group Behavior Therapist,
Psychologist
McLean OCD Institute Houston
Houston, Texas

Jennifer L. Hughes, Ph.D., M.P.H.

Psychologist and Clinical Scholar
Big Lots Behavioral Services,
Nationwide Children's Hospital
Associate Professor Department of
Psychiatry and Behavioral Health
The Ohio State University Adjunct Associate
Professor Department of Psychiatry
UT Southwestern Medical Center
Dallas, Texas

Urszula Kelley, M.D.

Chief of Service for Psychiatry Children's
Medical Center Plano, Texas
Professor
Department of Psychiatry
UT Southwestern Medical Center
Dallas, Texas

Claire Kirk, Ph.D.

Assistant Professor Psychiatry and
Behavioral Sciences
UTMB School of Medicine
Houston, Texas

Rene Olvera, M.D., M.P.H.

Professor and Vice Chairman
for Community Psychiatry
UTHSC San Antonio
Chief Medical Officer,
Center for Health Care Services
San Antonio, Texas

Luanne Southern, M.S.W.

Executive Director
Texas Child Mental Health Care Consortium
Houston, Texas

Laurel Williams, M.D.

Medical Director Centralized Operation Support
Hub, Psychiatry & Behavioral Sciences
Texas Child Mental Health Care Consortium
Professor Menninger Department
of Psychiatry & Behavioral Sciences
Baylor College of Medicine
Houston, Texas

S C I E N T I F I C P R O G R A M S C H E D U L E

Saturday, July 9, 2022

Six (6) *AMA PRA Category 1 Credits™*, with 2 of the Hours Designated for Medical Ethics/Professional Responsibility

8:00 am - 8:30 am

Welcome & Opening Remarks

8:30 am - 9:30 am

Neural Changes Accompanying Symptom Improvement During Trauma Focused Therapy

Amy S. Garrett, Ph.D.

Objectives:The learning objectives for this activity has been designed to address clinical competence. Upon conclusion of the activity participants should be able to:

- Identify brain networks associated with traumatic stress in youth
- Recognize changes in brain function that accompany symptom improvement during trauma-focused therapy for youth

9:30 am - 10:30 am

Adverse Childhood Experience and the Developing Brain – Rene L. Olvera, M.D., MPH

Objectives:The learning objectives for this activity has been designed to address clinical competence. Upon conclusion of the activity participants should be able to:

- Describe the impact of trauma on the stress response system.
- Identify impacts of early adverse life experiences on brain development.
- Describe how biological insults to brain development increase the risk of future violent behavior.

10:30 am - 10:50 am

Refreshment Break

10:50 am - 11:50 am

Addressing the Growing Epidemic of Child and Adolescent Suicide – Jennifer L. Hughes, PhD, MPH

Objectives:The learning objectives for this activity has been designed to address clinical competence. Upon conclusion of the activity participants should be able to:

- Identify risk factors and warning signs for child and adolescent suicide
- Describe sociocultural contributing factors affecting children and adolescents.
- Incorporate evidence based systematic methods of child and adolescent suicide assessment into clinical practice

11:50 am - 12:10 pm

Refreshment Break

12:10 pm - 2:10 pm

ETHICS: The Texas Child Mental Health Consortium: Where We've Been and Where We Are Going

Luanne Southern, MSW & Laurel Williams, M.D.

Objectives: The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Identify significant interactions between psychiatric medications and medications commonly used to control chronic pain. Modify treatment plans to safely address comorbid psychiatric illness and chronic pain.
- Coordinate care with clinicians commonly involved in treating comorbid conditions, such as primary care clinicians, pain specialists, physical therapists, etc.
- Adapt treatment plans based on specific patient characteristics (i.e. geriatric, substance use disorder, other medical comorbidity).

2:10 pm - 2:30 pm

Refreshment Break

2:30 pm - 3:30 pm

Attachment Disorganization: From Childhood Trauma to Subsequent Psychopathology

Urszula Kelley, M.D.

Objectives: The learning objectives for this activity has been designed to address clinical competence. Upon conclusion of the activity participants should be able to:

- Identify features of each classification of attachment
- Explain the origins and neurobiology of disorganized attachment
- Discuss clinical implications of attachment research

3:30 pm - 4:00 pm

Closing Remarks

Sunday, July 10, 2022

Three (3) *AMA PRA Category 1 Credits™*

8:45 am - 9:15 am

Welcome & Opening Remarks

9:15 am - 11:15 am

PANEL: Approaching Suspected Trauma in Children

Danielle Busby, Ph.D., Cody Dodd, Ph.D., Claire Kirk, Ph.D., & Kim Gushanas, Ph.D.

Objectives: The learning objectives for this activity has been designed to address clinical competence. Upon conclusion of the activity participants should be able to:

- Identify the ethical clinical first steps for a child who has been traumatized.
- Know the reporting requirements related to child victims and the contact information for reporting to those agencies. Be able to outline the recommendations and resources to caregivers of the child for ongoing treatment.

11:15 am - 11:30 am

Refreshment Break

11:30 am - 12:30 pm

Effects of Secondary-Trauma on Children and Adolescents – Kim Gushanas, Ph.D.

Objectives: The learning objectives for this activity has been designed to address clinical competence. Upon conclusion of the activity participants should be able to:

- Define secondary trauma in youth and identify sources and situations that lead to secondary trauma.
- Identify the effects of secondary trauma and how to address it clinically.

12:30 pm - 12:45 pm

Closing Remarks

TARGET AUDIENCE / PROGRAM OBJECTIVES

This live activity has been designed with didactic lectures supplemented with panel discussion, clinical vignettes, audiovisual presentations, direct discussion and case presentation and discussion in multiple educational sessions.

The program is designed to provide its' target audience of Child and Adolescent Psychiatrists, Adult Psychiatrists, Pediatricians and Primary Care Physicians with clinically relevant information to advance the physicians' competence and provide them with effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

Physicians encounter the effects of trauma in practice regularly. The barriers include being able to recognize the signs of trauma when it may be difficult for patients to express this, understanding the biological, psychological, sociologic and spiritual effects of trauma over time. Objectives are to improve recognition and treatment of youth who have experienced trauma. Identify and stimulate conversa-

tion and action around system and policy changes that may reduce trauma as well as improve treatment for those who have already experienced trauma.

IDENTIFIED PRACTICE GAPS / NEEDS ASSESSMENT

TSCAP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of the participants. Recognizing neurobiological, psychological, and cultural basis for risk to exposure to trauma throughout development and what interventions may prevent or ameliorate the effects of this trauma. Identifying who may be at risk, how to collect history. Gaps addressed will include understanding brain network responses to trauma therapy in youth; Identifying neurobiological processes and behavioral consequences of stress on early development; Improving clinician's competency in evaluation for and prevention of child and adolescent suicide in light of recent statistics that reveal a disturbing upward trend in this population; Making clinicians aware of the new state- wide programs to increase access to children's mental health services and to expand the children's mental health work force;

Understanding the origin and recognizing disorganized attachment in patients with a history of trauma; Identifying how best to approach suspected trauma in children and adolescents; Discussing the effects of secondary-trauma on children and adolescents.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of the Texas Society of Psychiatric Physicians and the Texas Society of Child and Adolescent Psychiatry. The Texas Society of Psychiatric Physicians is accredited by TMA to provide continuing education for physicians.

CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of nine (9) *AMA PRA Category 1 Credits™* Physicians should claim only the credit commensurate with the extent of their participation in the activity.

MEDICAL ETHICS AND/OR PROFESSIONAL RESPONSIBILITY STATEMENT

The Ethics Presentation: "ETHICS: The

Texas Child Mental Health Consortium: Where We've Been and Where We Are Going" has been designated by the Texas Society of Psychiatric Physicians for a total of two (2) credits of education in medical ethics and/or professional responsibility.

FACULTY AND PLANNERS DISCLOSURE POLICY

In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered to the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the education activity.

TSPP will disclose to learners the existence (or non-existence) of all relevant financial relationship(s) that the faculty and planners did (or did not) have with any ineligible companies concerned with the content of the educational presentation. Disclosure will occur prior to the presentation through written communication in the syllabus / handout materials.

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Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

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JOB BANK

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation's **JOB BANK** on its website at www.txpsych.org. The Federation's **JOB BANK** could be just what you have been looking for.

CALENDAR OF MEETINGS

MARCH

- 5 Texas Academy of Psychiatry Virtual CME Webinar**
"Risk Management Strategies: Minimizing Your Risk in 2022"
4 AMA PRA Category 1 Credits™
Open to All Members and Non-Members
Program and Registration in Newsletter and Online at www.txpsych.org / Academy
For More Information: 512/478-0605 or email tsppofc@aol.com

APRIL

- 21-24 Texas Society of Psychiatric Physicians & Texas Academy of Psychiatry Spring Meeting and Virtual CME Webinar:**
"Too Many Cooks: Resisting Unnecessary Polypharmacy"
4 AMA PRA Category 1 Credits™, with two of the Hours Accredited for Medical Ethics / Professional Responsibility
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MAY

- 21-25 APA Annual Convention**
New Orleans, LA
For More Information: www.psych.org

JULY

- 8-10 Texas Society Of Child And Adolescent Psychiatry LIVE-IN PERSON**
Annual Convention and CME Scientific Program
"Road to Recovery: Treatment and Prevention of Trauma in Children and Adolescents"
Open to All Members and Non-Members
9 AMA PRA Category 1 Credits™, with two of the Hours Accredited for Medical Ethics / Professional Responsibility
Program and Registration in Newsletter and Online at www.txpsych.org / TSCAP
For More Information: 512/478-0605

NOVEMBER

- TBD Texas Society of Psychiatric Physicians Annual Convention & CME Scientific Program**