Facebook group was established to foster conduct official TSPP business. The not affiliated with TSPP or to be used to is a personal networking opportunity and is fully increase membership of residents and RFM force. We will be having three panels in practice and transitioning into the work of psychiatry that we do not learn much connections between current psychiatry residents and fellows within the state of Texas, in whatever capacity they so choose. Our goal is to have resident representation from every program in Texas so that the Facebook group can serve as a place to network, ask questions, and provide support to one another as we go through this exciting, yet difficult, time in our training. Advocacy: This has been a particular topic of interest for this year’s RFMs. Thus, an RFM Advocacy Task Force was created. We had a good showing of RFMs at the 2021 Capitol Day and are continuing to brainstorm advocacy efforts outside of the legislative session. Another potential use of the Facebook group is the development of an RFM Advocacy Task Force with the purpose of collaborating on advocacy projects in hopes that more can be accomplished when we work together. We look forward to harnessing the passion for advocacy by RFMs to further improve the state of psychiatry for both physicians and our patients. For the RFM Fall Workshop, we listened carefully to our members’ recommendations and have decided to address an area of psychiatry that we do not learn much about in the academic setting—private practice and transitioning into the work force. We will be having three panels in break out rooms to learn about the following 1) The Ins and Outs of Private Practice, 2) Tips from Early Career Psychiatrists, and 3) How to Manage APPs. Our panels will be composed of RFMs from all over Texas and carefully chosen by the RFM Workshop Planning Task Force. We look forward to learning more about these under-represented topics to complement our training. We are honored to have the opportunity to serve as Chair and Co-Chair of the RFM committee. Our hope is that we will continue to foster mentorship, networking, and advocacy amongst all of our members, as we are the future leaders of psychiatry in Texas.
Invisible Scars: Adverse Childhood Events and Physician Wellness

VIRTUAL LIVE CME WEBINAR
Saturday, November 6 2021
Six (6) AMA PRA Category 1 Credits™, with 2 of the Hours Designated for Medical Ethics/Professional Responsibility

Scientific Program Schedule
Presented in Central Time Zone

8:45 am - 8:55 am  Log onto Virtual Webinar (Zoom) to be admitted to the CME Program, starts promptly at 9:00 am
9:00 am - 9:30 am  Opening Remarks and Welcome
9:30 am - 10:35 am  Psychodynamic Effects of Early Childhood Trauma: Perspectives from Analytical Psychology Work and Research
Michael Escamilla, MD
Objectives: The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
• Identify patterns of behavior, thought, and emotion typical of patients with childhood trauma.
• Improve ability to communicate the impact of childhood trauma on the diagnosis and treatment of the patient’s diagnosis.
• Describe how to create a comprehensive treatment plan that addresses a biopsychosocial conception of the patient’s illness.
• Identify how to provide or coordinate with mental health professionals to provide a psychosocial treatment to address the effects of trauma.
• Identify available efficient and reliable instruments and procedures to assess trauma-related symptoms and recovery from them.
10:35 am - 11:40 am  Effects of Childhood Trauma on Treatment and Prognosis of Adult Psychiatric Illness-- Charles Nemeroff, MD
Objectives: The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
• Identify signs, symptoms, and sequelae of childhood trauma in both children and adults.
• Incorporate practitioners from multiple disciplines to address therapeutic complications and comorbidities due to childhood trauma.
• Identify modifications to treatment plans that are needed in those with childhood trauma compared to those without trauma.
• Identify how childhood trauma modifies the prognosis in treating common mental illnesses.
11:40 am - 11:55 am  Break
11:55 am - 2:00 pm  ETHICS: Texas Physician Health Program – Susan Wynne, MD, Katherine McQueen, MD and Amy Swanholm, JD
Objectives: The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
• Identify reasons/criteria for referral to TX PHP. State the scope of monitoring available by TX PHP.
• Realize that TX PHP monitors only, and not treatment of participants. Identify the types of issues that can be monitored by TX PHP.
2:00 pm - 2:15 pm  Breaks
2:15 pm - 3:20 pm  Developmental Factors in Psychiatric Disorders – Marsal Sanches, MD, PhD
Objectives: The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
• Describe developmental influences on several psychiatric disorders.
• Discuss potential modifications and interventions for these negative influences on mental health.
3:20 pm - 4:25 pm  Psychotropic Medications and Seizure Disorders – D. Samba Reddy, PhD, RPH, FAAPS, FAAAS
Objectives: The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
• Outline seizure disorders across the lifespan
• Discuss clinical signs and symptoms differentiating seizures from PNES Discuss differential diagnoses of various seizure disorders
• Discuss medications used to treat seizures Discuss medication interaction risks of seizures
4:25 pm - 4:35 pm  Closing Remarks
TARGET AUDIENCE / PROGRAM OBJECTIVES

This virtual activity has been designed in accordance with the requirements of case examples followed by an interactive audience question and answer period to provide its’ primary target audience of Psychiatric Physicians, as well as other specialties of medicine, with the most up-to-date evidence-based data that can be translated into clinical practice. The program is designed to provide its’ target audience of Psychiatrists, as well as other medical specialties, with clinically relevant information to advance the physicians’ competence and provide them with effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgment of the information presented in the educational activity into their practice.

IDENTIFIED PRACTICE GAPS / NEEDS ASSESSMENT

TSPP identified educational needs and professional gaps from members, expressed needs and in medical literature and incorporated it into the CME activity to address the relevant educational needs concerning competency that underlie the professional practice gaps of the participants.

Early childhood trauma is an important determinant of chronicity and treatment outcomes of many mental illnesses. In particular, childhood trauma often reduces the efficacy of antidepressant medications in major depressive disorder. Research has shown that adding trauma-focused psychotherapy improves treatment outcomes in this population. This presentation will improve recognition of childhood trauma, identification of the psychological effects of trauma, selection of psychological issues to be addressed, and effectiveness of trauma therapy, in evaluation of recovery during treatment.

Childhood trauma complicates the presentation, treatment, and prognosis of many illnesses encountered in adult patients, including mood disorders, anxiety disorders, substance use disorders, and personality disorders. Effective diagnosis and treatment planning requires physicians to identify the presence of childhood trauma and the effects of trauma on the therapeutic relationship and treatment effectiveness and compliance.

Physicians treating patients with mental illness often neglect their own health. Texas Physician Health Program monitors physicians with impairment who would like to continue to practice medicine, offering encouragement to physicians and their colleagues to self-report, so that referral is not mandated by Texas Medical Board. It is challenging for clinicians to stay current on developmental influences on psychiatric disorders. There is a large body of evidence on developmental factors predisposing individuals to psychiatric disorders, some of which can be modified through counseling about healthy needs in patients.

medications used treat seizure disorders have some psychiatric indications and are at risk for interacting with mental health medications. This activity is designed to review the diagnosis and treatment of seizure disorders with emphasis on medications and their interaction risks with other psychiatric medications

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the Texas Society of Psychiatric Physicians. The Texas Society of Psychiatric Physicians is accredited by TMA to provide continuing education for physicians.

CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Virtual Live Activity for a maximum of six (6) AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ETHICS DESIGNATION STATEMENT

The Ethics Presentation: “Texas Physician Health Program” has been designated by the Texas Society of Psychiatric Physicians for a total of two (2) credits of education in medical ethics and/or professional responsibility.

FACULTY AND PLANNERS DISCLOSURE POLICY

In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the educational activity being delivered to the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the educational activity. TSPP will disclose to learners the existence (or non-existence) of all relevant financial relationships that the faculty and planners did (or did not) have with any commercial interest concerned with the content of the educational presentation. Disclosure will occur at the beginning of the Virtual CME Activity through verbal and written slide display.

REGISTRATION FEES

REGISTRATION FORM

APPROXIMATELY ONE WEEK PRIOR TO THE CME WEBINAR, YOU WILL RECEIVE AN EMAIL TO THE EMAIL ADDRESS PROVIDED IN YOUR REGISTRATION FORM WITH THE ZOOM MEETING ID AND LINK TO JOIN THE MEETING ON NOVEMBER 6. IF YOU DO NOT ALREADY HAVE THE FREE ZOOM ACCOUNT, PLEASE REGISTER IN THE ACTIVITY IN ORDER TO ACCESS THE CME. PLEASE REFER TO THE ZOOM MEETING SYLLABUS INSTRUCTIONS FOR ANY QUESTIONS.

REGISTRATION FEE SCHEDULE

METHOD OF PAYMENT:

Check check payable to Texas Society of Psychiatric Physicians

CANCELLATION POLICY: No REFUNDS given after November 1.

Cancellation Policy: No REFUNDS given after November 1.

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MEETING RSVP/LOG-IN INFORMATION

Emails have been sent out with links to RSVP for all meetings and events at the conference. Log-in information will be sent a minimum of one week before the conference to all who have RSVP’d, to the email address provided.

If you have yet to RSVP, you can do so online at: https://forms.gle/AL48RxiDjtFkTv4RY7

If you have questions or have changes to your meeting attendance please contact the TSPP office via email at tsppofc@aol.com or by phone at 512-478-0605.

GIVEBACK EVENT

Join Us for an Online Kendra Gives Back Party

Enter code: GIVEBACK-AIYMC

at check out and 20% of your purchase goes to the Texas Society of Psychiatric Physicians to support mental health advocacy, education, and quality in the state of Texas.

November 13-14th

KendraScott.com

SPECIAL EVENTS

FRIDAY

TEXAS ACADEMY OF PSYCHIATRY PROGRAM:
“The Effect of Legislative Affairs on Texas Psychiatrists and the Communities They Serve”
OPEN TO ALL ATTENDEES

All who attend will be entered to win a donated piece of jewelry from Kendra Scott!

Not a member of TAP? If you are already a member of TSPP or TSCAP you can join the TAP as a member for only $25.00 annually. Members in Training have free dues! (email tpssociety@aol.com for a TAP application to join.) Not yet interested in TAP membership? You can still register to attend the TAP program for FREE. Please email tpssociety@aol.com to register or indicate your registration on the online RSVP form. https://forms.gle/AL48RxiDjtFkTv4RY7

FRIDAY

NETWORKING HAPPY HOUR FOR MEDICAL STUDENTS AND RESIDENT-FELLOWS
The TSPP Resident-Fellow Members Section has arranged a special networking event for all TSPP, TSCAP and TAP members who are medical students and resident-fellows and members in training and their non-member peers on Friday, 6:00-7:00 pm via Zoom. All who attend will be entered to win a donated piece of jewelry from Kendra Scott!

Not a member of TAP? If you are already a member of TSPP or TSCAP you can join the TAP as a member for only $25.00 annually. Members in Training have free dues! (email txpsychiatry@aol.com for a TAP application to join.) Not yet interested in TAP membership? You can still register to attend the TAP program for FREE. Please email txpsychiatry@aol.com to register or indicate your registration on the online RSVP form. https://forms.gle/AL48RxiDjtFkTv4RY7

SATURDAY

PRESENTATION OF 2021 TSPP AWARDS
Saturday Evening TSPP will be hosting a virtual Awards Ceremony to honor the 2021 TSPP Awards Recipients for their outstanding contributions to Psychiatry. RSVP to show your appreciation for your colleagues and fellow TSPP members.
# Daily Schedule

**Thursday, November 11**
- 5:00 pm - 6:00 pm: Federation Delegate Assembly Meeting
- 6:05 pm - 7:05 pm: Foundation Board of Directors Meeting

**Friday, November 12**
- 8:30 am - 9:30 am: Chapter Leadership Forum Meeting
- 9:35 am - 10:35 am: Council on Leadership Committees
  - Ethics Committee – cancelled
  - Distinguished Fellowship Committee
  - Finance Committee
- 10:35 am - 11:05 am: Break – Message from Sponsor
- 11:05 am - 12:05 pm: Council on Education Committees
  - Continuing Medical Education Committee
  - Professional Practice Management Committee
- 12:10 pm - 1:10 pm: Texas Academy of Psychiatry Program
  - “The Effect of Legislative Affairs on Texas Psychiatrists and the Communities They Serve”
- 6:00 pm - 7:00 pm: Networking Happy Hour – Resident-Fellows, Medical Students, Members-in-Training, and their invited guests.

**Saturday, November 13**
- 8:30 am - 9:30 am: Council on Service Committees
  - Academic Psychiatry Committee
  - Children & Adolescents Psychiatry Committee – cancelled
  - Forensic Psychiatry Committee
  - Public Mental Health Services Committee
- 9:35 am - 10:35 am: Government Affairs Committee Meeting
- 10:35 am - 11:05 am: Break – Message from Sponsor
- 11:05 am - 12:05 pm: Resident-Fellow Early Career and Private Practice Workshop
  - Panels: 1) The Ins and Outs of Private Practice
  - 2) Tips from Early Career Psychiatrists, and
  - 3) How to Manage APPs.
- 12:10 pm - 1:10 pm: Resident-Fellow Section Committee Meeting
- 1:10 pm - 1:40 pm: Break
- 1:40 pm - 3:00 pm: TSPP, Foundation, TAP Annual Business Meetings
- 3:00 pm - 3:30 pm: Break
- 3:30 pm - 5:30 pm: TSPP 2021 Awards Ceremony

**Sunday, November 14**
- 8:30 am - 10:00 am: TSPP Executive Council Meeting
- 10:05 am - 11:05 am: TAP Board of Trustees Meeting
- 11:10 am - 12:10 pm: TSCAP Executive Committee Meeting

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## Award Recipients

**Distinguished Service Award**

The TSPP Distinguished Service Award was established in 1975 to recognize members who have made broad contributions to psychiatry over an extended period of time.

- Paula Dobbs-Wiggins, MD, DFAPA (Dallas)
- Daniel Gutierrez, MD (McAllen)
- Michelle Magid, MD (Austin)
- A. David Axelrad, MD, DLFAPA (Houston)

**Special Service Award**

The TSPP Special Service Award was established in 1975 to recognize persons who have rendered outstanding service to psychiatry and to persons served by psychiatry in the community.

- Daniel Gutierrez, MD (McAllen)
- Mustafa Husain, MD, FAPA (Colleyville)
- Michelle Magid, MD (Austin)
- Paula Dobbs-Wiggins, MD, DFAPA (Dallas)

**Psychiatric Excellence Award**

The TSPP Psychiatric Excellence Award was established in 1991 to recognize members who have demonstrated a sustained and unusual degree of excellence in psychiatric endeavors.

- Adam Brenner, MD (Dallas)
- Mrudula Rao, MD, DFAPA (San Antonio)

**TSPP Spencer Bayles Award**

The TSPP Spencer Bayles Award, named in memory of Dr. Spencer Bayles, was established in 2010 to recognize members for outstanding and consistent participation in TSPP activities.

- A. David Axelrad, MD, DLFAPA (Houston)
Foundation Funds Provide Valuable Education for the Public

J. Clay Sawyer, M.D., Chair, DLFAPA, Texas Foundation for Psychiatric Education and Research

First, I hope that everyone has registered for the upcoming TSPP Fall CME program, which will take place via Zoom on November 6. I also hope that everyone will register for, and actively participate in, the Annual Conference which will take place the following weekend (November 11 -14). As an added bonus to the Conference schedule, Kendra Scott jewelry (KendraScott.com) has donated three pieces of jewelry for door prizes during certain meeting/program times. They will also donate back to TSPP 20% of all sales proceeds during a 48-hour conference window. The code GIVEBACK-AIYMC must be used at checkout in order for the giveaway to occur. So, shop early for yourself, for gifts for others, etc., and support all of our organizations while you are doing so. For more information, see our website. Kendra Scott has been most generous in providing support to Texas psychiatry for many years now through their giveaway program, and we thank them! We also thank Debbie Giarratano for originally arranging this effort!

I should reiterate that all monies raised for the Texas Foundation for Psychiatric Education and Research (TFFER) go to help support organized psychiatry in Texas (the Texas Society of Psychiatric Physicians, the Texas Academy of Psychiatry, and the Texas Society for Child and Adolescent Psychiatry), that the vast majority of donations come from the members of these three organizations, and that donations have dropped significantly for more than a year. The necessary lack of in-person professional meetings due to the Covid pandemic undoubtedly played a large role in this precipitous drop in donations. Again, the resources of the Foundation help to provide education for the general public and for legislators at all levels of government—the more information provided, the less the chance that our patients will be taken advantage of by those who would attempt to act as physicians without undergoing, and successfully completing, the training which all physicians must complete (medical school, residency, and beyond) before we are deemed ready to take on the serious responsibilities of caring for patients in the highest professional manner. The Foundation’s educational objectives don’t stop there. Our resources are also used to help TSSP, for example, to annually solicit and evaluate Mental Illness Awareness Week (MIAW) activity requests from TSSP’s own statewide chapters, and we provide educational grants for those community chapter projects that are approved for funding. The Foundation recognizes the importance of TSSP’s CME programs, like the one on Mental Illness Awareness Week, which will take place via Zoom on November 6, which help all of us maintain our licensure. These CME programs are of high quality, have been historically well-received, and are vital to our mission of helping our physicians to continuously attain the highest possible standard of care through taking advantage of mastering the latest developments in our field.

Continuing to help educate elected officials about what constitutes a high standard of medical care (as well as correcting approaches that would have the opposite effect) is also a vital role for organized psychiatry in Texas. Whether scope of practice issues, admitting privileges, prescription pre-authorization, and many others, the involvement of all psychiatrists in Texas is essential for the success of these goals. If one cannot help in this endeavor in person, then a generous contribution to the Foundation can be highly effective, too. Please give, and give generously, to the Foundation so that all Texas psychiatrists will have the resources we need to continue to get these jobs done. We rely on all of the members of all of our organizations to support the organizations which accomplish so much for us all.

On a final note, the Foundation nominating committee will be meeting soon to propose a new candidate for Foundation chair and for additional members of the Foundation Board. I have enjoyed serving as chair and as a member of the Board over the years, and I want to thank everyone involved for allowing me to serve. I also want to thank John Bush and Debbie Giarratano for their continuous service to, and support of, Texas psychiatry for so many years!

Join Us for an Online Kendra Gives Back Party

Enter code: GIVEBACK-AIYMC at check out and 20% of your purchase goes to the Texas Foundation for Psychiatric Education and Research to support mental health advocacy, education, and quality in the state of Texas.

December 4-5th • KendraScott.com

WHY PRMS?

Our Foundation is Supporting the Psychiatric Specialty

Since 1986, PRMS has provided professional liability insurance for individual healthcare providers and group practices across the country, delivering customized insurance products, preeminent risk management services, and unparalleled claims and litigation expertise.

As the field of psychiatry evolves in the face of the COVID-19 pandemic, now more than ever, we’re here for our doctors with timely risk management support, updates, and the latest resources. Our psychiatry-specific expertise, paired with our long-standing ability to defend and support our clients, allows us to keep you covered — with more than an insurance policy.

More than an insurance policy

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The Texas Psychiatric Foundation

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When selecting a partner to protect you and your practice, consider the program that puts psychiatrists first. Contact us for a quote today!
Patient Advocacy is the Key

J. Clay Sawyer, M.D., DLFAPA, Chair, Texas Federation of Psychiatry

First, I hope that everyone has taken the opportunity to register for the upcoming TSSP Fall 2021 CME program which will take place via Zoom on Saturday, November 6; the Fall Committee and Business Meetings for all organizations and committees, including the Federation Assembly of Delegates, will take place the following weekend, November 13. The registration information has been sent out by email; this information is also available on the Federation website.

One added bonus to the conference meeting schedule: Kendra Scott jewelry (KendraScott.com) has not only donated three pieces of jewelry for door prizes during certain meeting program times, but they will also donate back to TSSP 20% of all sales proceeds during a 48-hour conference window. The code GIVEBACK-AIYMC must be used at checkout in order for the giveback to occur. So, shop early for yourself, for gifts for others, etc., and support all of our organizations while you are doing so. For more information, see our website (and also my Foundation column). Kendra Scott has been most generous in providing support to Texas psychiatry for many years now through their giveback program, and we thank them. We also thank Debbie Giaratano for originally arranging this effort!

Second, with regard to legislative efforts, we have joined TMA in signing on in support of a bill important to all physicians: reform of insurance company mandates for pre-authorization of all forms of medical service (including medication prescribing). The current system of hoops through which we all must jump has persisted for far too long and greatly interferes with our ability to precisely tailor the best care for each of our patients. It is our hope that this bill will help to reduce and to simplify this process. I wish to thank our lobbyist, Eric Woomer, for bringing this bill to the attention of the Federation during this current, and third, special session of the state legislature.

One of the basic tenets of the Federation is providing effective and timely patient advocacy, legislative and otherwise, because of our ongoing concerns for patient safety and care. As I have said before, nurses and psychologists all do tremendous and valuable work within the fields for which they are trained, but none are trained to be physicians; where we agree and when we share the same approach to these concerns, we gladly work in concert with both of these groups. However, the Federation has a responsibility to all of our patients to maintain that only those fully trained as physicians are qualified to bear the tremendous responsibilities involved in being a physician so as to be able to deliver the highest quality care to our patients.

On another front, it is unfortunate that the pandemic continues. I am appalled by a tiny but vocal minority on the part of a very few medical professionals who choose to propagate misinformation (lies) about the effectiveness of masks, about the vaccines, and about general approaches to dealing with the pandemic. I also am appalled by those work- ers in positions of direct care to our patients in hospitals and offices alike who not only speak out against vaccination but who also refuse to be vaccinated themselves. People in our fields are supposed to have studied science in general and immune theory in particular; they should not allow their political leanings and their personal feelings to interfere with what should be their most primary and overriding concern and purpose in their professional lives: CARE OF THE PATIENT! To do otherwise is blatantly selfish, and selfish motives which in any way adversely affect patients have no place in the field of medical care.

I must admit that I was gratified to learn recently that a physician in Oregon lost his license for propagating such lies and misinformation—I sincerely hope it happens to others who choose to follow this rotten and misguided path as well.

I reiterate that we, as physicians, must continue our leadership roles in this endeavor to end this pandemic by helping to bring to an end the misinformation and the poor decision-making so omnipresent online, and to continue to lobby for full vaccination for everyone as well as for appropriate precautions for dealing with the pandemic. It is our duty to do so.

On a final note, the Federation nominating committee will be meeting soon to propose new candidates for Vice President of Public Policy and for Federation Chair—Dr. Debra Akesson (currently the former) and I have reached term limits for these two offices. We have enjoyed serving in these roles over the years (especially advocating for our patients), and we want to thank everyone involved for allowing us to serve. We also want to thank John Bush and Debbie Garratano for their continuous service to, and support of, Texas psychiatry for so many years.
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CALENDAR OF MEETINGS

OCTOBER
18-30 AACAP 68th Annual Meeting – Virtual
Questions? Contact meetings@aacap.org

NOVEMBER
6 Texas Society of Psychiatric Physicians Virtual CME Program
Invisible Scars: Adverse Childhood Events and Physician Wellness
11-14 TSPP Annual Conference
13-14 TSPP Kendra Scott Donation Drive (see page 4 for info)

DECEMBER
4-5 Foundation Kendra Scott Donation Drive (see page 6 for info)

The Federation of Texas Psychiatry has furthered our mission to serve as a United Voice for Psychiatry by taking to Twitter! You can follow us on Twitter @FedTXPsych

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation’s JOB BANK on its website at www.txpsych.org. The Federation’s JOB BANK could be just what you have been looking for.