Texas Psychiatrist

Why be involved in TSPP?

Melissa Gail Inga Eshelman, MD, DFAPA, President, Texas Society of Psychiatric Physicians

hese last 2 months have been difficult for many Texans. At the beginning of August there were shootings with the loss of innocent lives in El Paso. This occurred again at the end of August in Midland-Odessa. Currently, there is flooding along the Texas Gulf Coast from Tropical Storm Imelda. Many Texans have been affected: those who tragically lost their lives, those who were injured, friends and family members, first responders, medical staff, etc. Undoubtedly, many Texas psychiatrists in these and other communities may have been known someone directly affected or perhaps been affected themselves. Many thanks to out Texas psychiatrists and other mental health professionals who are providing support and treatment to those psychologically affected.

I'd like to focus the remainder of this column on access to mental health care. In the September 6, 2019 issue of Psychiatric News, APA President Bruce Schwartz, MD wrote about the poor access to care for adolescent and young adults. This is the age when many psychiatric disorders emerge, yet mental health resources are limited. I resonated with this issue, as I am a psychiatrist who provides treatment to college students. There are not enough child and adolescent and general psychiatrists. Texas is known for our increasing populations growth, but this adds to the difficulty in providing good access to care. The nonprofit Mental Health America ranked Texas 49 out of 50 states and Washington, D.C. in 2018 for access to mental health care. The challenge in providing mental health treatment is even more limiting in rural areas and affects not only our youth, those with chronic mental illness, our geriatric population, individuals who are homeless and others.

The Federation of Texas, of which TSPP is a voting member organization, has done much work in advocating for public policy to address these issues. An example of a bill to increase access to care that was supported by the Federation was SB 10. This bill related to the creation of the Texas Mental Health Care Consortium to facilitate access to mental health care services through telehealth and the child psychiatry access network. Provisions of SB 10 were added to SB 11, which was signed into law by Governor Abbott. Another area of advocacy addressed support of bills that would increase the workforce. The State Physician Education Loan Repayment Program has been successful in improving access to care by encouraging physicians to pay off their medical loans by working in underserved areas in Texas. HB 2261 related to increasing the amount of money a physician could receive under the physician education loan repayment program by \$5,000 each year. This bill was signed by Governor Abbott and effective September 1, 2019.

In addition, TSPP is committed to providing CME education for our members on



Melissa Gail Inga Eshelman, MD, DFAPA

topics that will assist our treatment of individuals who are underserved. This includes upcoming presentations at our November meeting on treatment resistant depression, treatment of adolescents and young adults with psychiatric issues and smoking cessation in individuals with mental illness.

These are some actions, but so much more we need to do as we strive to make a difference for our patients, profession and communities. Please take care and I hope to see many of you in November at the TSPP Convention and Scientific Program.

Leadership. Advocacy. Community.

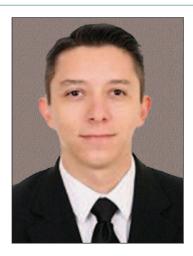
Ramon Aragon, M.D., Chair, RFM Section of the Texas Society of Psychiatric Physicians

s I was asked to reflect on the highlights of our organization and meetings from the Resident-Fellow Member (RFM) perspective, those were the words that came to mind. Medical organizations have traditionally been looked upon for guidance and support on issues that currently afflict or can potentially afflict our clinical practice. It is relatively easy to remain sheltered from these issues during our training years; however, it becomes increasingly important to become involved in activities and organizations that aim to improve the practice environment both for physicians and patients alike. TSPP provides a unique opportunity for residents and fellows training in Texas to experience the behind-the-scenes work towards advocating and maintaining a strong presence in the academic and legislative organizations in the state. The TSPP hosts a semiannual meeting where the RFM section holds a designated committee time to dis-

cuss issues specifically pertaining to our training status. This provides a forum for current trainees at various stages in their training to explore issues that are being presently addressed at different institutions throughout the state and brainstorm ideas and potential improvements to bring back to their individual programs.

As our training advances, we become progressively more conscientious of our own preferences and goals. The RFM section seeks to assist residents and fellows in framing their career path. We seek to collaborate avidly in committees within the organization which include Academic Psychiatry, Chapter Leadership, Government Affairs, and Public Mental Health Services. Our participation in these committees has grown and we continue to encourage this growth and activities. As RFM section members, we have participated in activities such as Capitol Day, in which legislators were collectively approached to discuss issues such as midlevel independent practice. This was a remarkable opportunity, in Dr. Rachel Zettl's (PGY-4 at UTSW) words: "There is nothing more powerful than using your expertise to advocate for those suffering from mental illness. Several groups of my fellow residents road down to Austin together and then grouped up by district. This allowed us to make a team effort of disseminating information. I was surprised how little our lawmakers knew about the plights of our patients, and was very excited about the interest they showed in learning about the current state of mental health care in Texas. It was such a great experience. If you get the chance to be a part of Capitol Day, I highly recommend it!"

We are all aware of the overwhelming need for Psychiatrists in our country, and of course, our state. This need is bound to prevail for the coming years and it is of utmost importance that we, as trainees, recognize that we are an essential part of the future of our specialty. We hope to continue to grow our section and its participation within the organization to continuously collaboration[AR1] with various committees. For instance, we have coordinated a joint-workshop for our upcoming fall meeting where the Academic Psychiatry committee will host, together with the RFM section, a session to discuss the impact of culture in the practice of psychiatry. This is a joint effort that we strive to build upon for future meetings. The RFM section is a wonderful opportunity for trainees to gain experience in leadership positions within our organizations. The semiannual meetings are also remarkable networking events in which we aim to provide the RFM section with numerous opportunities to interact with seasoned psychiatrists that are currently in a wide array of practice areas such as Forensic Psychiatry, Child and Adolescent, Private Outpatient, Substance Use Disorder, Academic Psychiatry, and Telepsychiatry among others.



Ramon Aragon, M.D.

TSPP RESIDENT-FELLOW MEMBER TRAVEL SCHOLARSHIP FUND
\square Yes, I want to make a donation!

INSIDE

2020 Application and Process for Distinguished Fellow Status7
After the Legislative Session2
Calendar8
Candidates Announced2
The Giving Season Has Arrived!3
TSPP Annual Convention and Scientific Program4-6
Your Foundation Contributions At Work

As the RFM chair, I invite current trainees and Program Directors to join our organization and continue working towards improving the practice of Psychiatry in our state.

AMOUNT
NAME AS IT APPEARS ON CARD
ADDRESS WHERE CREDIT CARD STATEMENT IS RECEIVED
CITY, ST, ZIP WHERE CREDIT CARD STATEMENT IS RECEIVED
CREDIT CARD # SECURITY CODE
Or by check, payable to Texas Society of
Psychiatric Physicians, 401 West 15th Street,
Suite #675, Austin, TX 78701. Do NOT make
check payable to RFM Scholarship Program
or it will be returned. You may write RFM
Scholarship in the Notes Section of Your Check.
Professional dues and/or Scholarship Fund
donations may not be claimed as charitable
contributions but may be deductible as ordi-
nary and necessary business expense, less
the estimated percentage of the dues used for
lobbying. Estimated lobbying expenses for
2018-19 are 10%.



After the Legislative Session

Eric Woomer, Federation of Texas Psychiatry Public Policy Consultant

s a general rule, the summer after a legislative session is typically a slow period, politically speaking. However, with a scandal in the Texas House of Representatives, the mass shootings in El Paso and Odessa, a flurry of activity on mental health issues, interim charges for House and Senate committees, and the usual comings and goings of the elected class, the summer of 2019 has truly been an exception to the rule!

Speaker of the Texas House Dennis Bonnen has been embroiled in one of the most notable Texas political scandals in recent memory, after he and one of his top lieutenants, Rep. Dustin Burrows (R-Lubbock) met with a far-right political operative, Michael Quinn Sullivan, in June. During that meeting, Bonnen and Burrows criticized leaders from Texas cities and counties and made several off-color remarks about their House colleagues, as well as discussed with Sullivan a list of ten Republican representatives that he could endeavor to defeat in their re-election primaries without facing repercussions from the Speaker's political team. After it was revealed that the meeting was secretly recorded by Sullivan, Speaker Bonnen announced he was not running for re-election to the legislature (thereby stepping down as leader of the House) and Rep. Burrows announced his resignation as chair of the House GOP caucus. The mechanics for filling a vacancy in the Speaker's chair when the House is not in session, and who that replacement would be, are still being discussed.

Governor Greg Abbott created a domestic terrorism task force following the recent gun violence in two West Texas communities, and also issued eight Executive Orders to further address the issue. The House and Senate established select committees to study mass violence and community safety, and to recommend possible solutions for next session. The committees held their first hearings in September, with more scheduled around the state during the remainder of 2019 and into 2020. Mental health has been a meaningful focus of discussion in both committees, especially As a general rule, the summer after a legislative session is typically a slow period... the summer of 2019 has truly been an exception to the rule!

held their first meeting in August. Dr. David Lakey, Chancellor for Health Affairs and the Chief Medical Officer at the University of Texas System, is the presiding officer for the Consortium, which is composed of 13 state-funded health related institutions, as well as representatives from the health and human services system, the Texas Higher Education Coordinating Board, Meadows Mental Health Policy Institute, the Hogg Foundation, and the Texas Council of Community Centers.

Ultimately, the Consortium will be creating a network of academic hubs to provide telemedicine-based consultation and training to pediatricians to assist with identifying mental health issues in children and adolescents. The Consortium is also addressing the workforce shortages in mental health professionals, especially in psychiatry, in part by funding a psychiatrist to function as academic medical directors at community mental health settings, as well as developing new resident opportunities and fellowships. The next meeting will be scheduled in the coming weeks. We will continue to monitor the activities of the Consortium and the development of the implementation plan.

The Federation worked steadily during the 86th legislature to look for ways to address mental health holds by Texas physicians and facilities. Senate Bill 862 by Sen. Joan Huffman included provisions sought by the Federation that required the creation of a Task Force under the leadership of the Texas Supreme Court to develop uniform rules and forms for emergency detentions, but we also hope to foster the creation of a software program that would let physicians and hospitals instantaneously communicate with a judge to issue a detention order in a manner that expedites and enhances due process. The Federation will participate in the work of the Task Force and development of recommendations to the Supreme Court.

committees prior to next session) to the Speaker and Lt. Governor. We anticipate the leadership will announce in the next few weeks what issues will be studied for the duration of the interim. Among the issues studied is sure to be prior authorizations, which have exploded in recent years, creating an administrative burden for doctors and a barrier to care for patients.

The House and Senate are required to name a Joint Committee on Prior Authorizations in the next 45 days. Four members of each body will be named, and will look for ways to reduce, streamline and/or eliminate prior authorizations. The Federation worked extensively on reducing prior authorizations for antipsychotics during the session, and partnered with TMA and other advocacy groups to further this effort. The Joint Committee will issue a report prior to next session.

All 150 House members are up for reelection in 2020, and 16 of the 31 Senators, but eight House members and one Senator have already announced they are vacating their seats, including Rep John Zerwas (R-Richmond), a physician and chair of the powerful House Appropriations Committee. Other notable legislators who



Eric Woomer

have announced their retirements include Rep. Dwayne Bohac (R-Houston), Rep. Jessica Farrar (D-Houston), Rep. Eric Johnson (D-Dallas), Rep. Rep. Jonathan Stickland (R-Bedford), Sen. Jose Rodriguez (D-El Paso), and Rep. Cesar Blanco (D-El Paso), who is running to replace Sen. Rodriguez, as well as Speaker Bonnen (R-Angleton). Given the scandal in the speaker's office and the proceedings related to the possible impeachment of President Donald Trump, it is very likely that Texas will see additional seats vacated or change parties. Democrats believe this is their best opportunity to gain a majority of seats in the Texas House, which has a current partisan split of 85 Republicans and 65 Democrats.

As always, we are pleased to provide legislative support to the Federation of Texas Psychiatry. We appreciate the opportunity to serve you and the House of Medicine, and are always ready to answer any questions or address any concerns you may have. Thank you for all you do for Texas!

Titus Harris Society Meeting "Eclecticism in Care; Past, Present and Future" January 23 – 25, 2020 Moody Gardens Hotel, Galveston

You are invited for a time of collegiality, warmth, and unique and excellent education

The Society honors Titus Harris MD, who founded the oldest Department of Psychiatry in Texas in 1926 at UTMB Galveston.

Early Bird Check-in begins Thurs. Jan. 23rd 6:00 – 8:00 pm Educational program 24th and 25th

Sessions on History, Child & Adolescent Treatment,

when the conversation delved into protective orders and red flag laws.

Created during the 86th Legislature, the Texas Children's Mental Health Care Consortium has now been appointed and Legislators in both chambers have now submitted their requests for interim charges (issues to be considered by various

Candidates Announced

Candidates for elective offices for the Texas Society of Psychiatric Physicians and the Texas Foundation for Psychiatric Education and Research have been announced and will be voted upon during the Annual Business Meeting on Saturday, November 9 at the TSPP Annual Convention at the Moody Gardens Hotel- Galveston.

The Nominating Committee composed of Joseph Penn, MD, Terry McMahon, MD and Daryl Knox, MD will present the following slate of candidates for consideration:

President-Elect, 2020-21, Michael R. Arambula, MD, Pharm.D, San Antonio

Secretary-Treasurer, 2020-21, Karen Dineen Wagner, MD, PhD, Galveston

APA Representative, Position 1, 2020-23, Michael R. Arambula, MD, Pharm.D, San Antonio

Councilor-at-Large, 2020-23, Richard Noel, MD, Houston

Current Issues, Student & Resident Research, Psychodynamic Psychotherapy, Neuromodulation, Psychopharmacology

Featured Speakers Include: UTMB Department of Psychiatry Faculty Presentations Jeffrey Geller, MD – APA President Elect Unique Friday evening lecture/musical performance Ed Nace, MD – Dallas, TX Mustafa Husain, MD – UT Southwestern Charles Nemeroff, MD – UT Dell Medical School @Austin

Registration Members: \$250, Nonmembers \$275, Residents \$75 **Register online at: titusharrissociety.com,** or contact Gina Fullen at 409-621-6386, ginavs316@gmail.com **Moody Gardens Reservations: 888-388-8484 \$179/night** You may call hotel and register for meeting now!

Texas Psychiatrist

The Giving Season Has Arrived!

J. Clay Sawyer, MD, Chairman, Texas Foundation for Psychiatric Education and Research

The Texas Foundation for Psychiatric Education and Research's 2019 Annual Campaign has officially begun. We welcome all contributions for this most worthy and useful cause. Contributions are deductible to the full extent of the law. To donate to the 2019 Annual Campaign, please complete the green payment coupon below and mail to TFPER, 401 West 15th Street, Suite #675, Austin, TX 78701.

Many of you know that the Foundation was formed in 1991 with the express purposes of helping to ensure access to quality psychiatric care, to combat the stigma and the discrimination which still exists regarding psychiatric care, to contribute to quality education programs in psychiatry to further patient care, and to improve treatment through innovative research. This campaign provides the resources required to pursue these goals.

TSPP members have contributed over 60% of all funds raised for the Foundation, with the Academy, individuals, businesses, other foundations, and other organizations making up the remainder. Over \$400,000 in charitable contributions has been raised since 1991, and nearly 140 grants totaling over \$275,000 have been awarded for such Foundation-relevant purposes as public education and advocacy (40%), professional education (57%), and research (3%).

For the past several years, the Foundation has also played an increasing role in contributing to TSPP's Annual Convention, which offers a high-quality Annual CME Program, and providing grants to TSPP Chapters for local MIAW activities. The Foundation is proud to be able to play a role in these outstanding endeavors and through your generous donations will be able to continue do so again well into the future. Please make note of the dates November 8-10 of the TSPP 63rd Annual Meeting and CME Program at the Moody Gardens Hotel-Galveston and plan to attend. Outstanding CME presentations are the norm for these meetings, and the Foundation is proud to be helping to sponsor TSPP's Annual Meeting again this year.



Continuing again with this year's Annual campaign, the Foundation is pleased to partner with Kendra Scott Jewelry to further boost donations to the Foundation. Kendra Scott - Designer, CEO & Philanthropist – is a loving mom, a driven entrepreneur, and a passionate

designer who believes the truest form of success is giving back in a meaningful way. Since she began her company, Kendra has lived by three core values: Family, Fashion and Philanthropy. She created a brand and culture that authentically values giving back and making a positive difference in the community, a goal and objective the Foundation has steadfastly maintained since its' inception. The Kendra Scott company maintains a focus on its customers and the causes close to their hearts, abiding by the mantra "What Matters to You, Matters to Us." So, plan to attend this year's Texas Society of Psychiatric Physicians' Annual Convention November 8-10, Moody Gardens Hotel-Galveston and support the Texas Foundation for Psychiatric Education and Research by starting your holiday shop-



J. Clay Sawyer, MD, DLFAPA

ping early. Visit the Foundation Exhibit Booth and Kendra Scott Jewelry display on Friday, November 8 and make your purchases. 20% of all Kendra Scott Jewelry sales at the convention will be donated to the Texas Foundation for Psychiatric Education and Research through the Kendra Gives Back program.

Thank you in advance for your support. I look forward to seeing you at the convention in November!

TEXAS FOUNDATION FOR PSYCHIATRIC EDUCATION AND RESEARCH

I am pleased to support the Foundation with a contribution of:	DONOR INFORMATION
$\square $50 \square $100 \square $250 \square $500 \square 1000	
□ \$	Name
□ I am pleased to commit a pledge of \$ payable on (date)	Address
□ Check in the Amount of \$	
Make Checks Payable to "Texas Foundation for Psychiatric Education and Research"	
Please Charge \$ To My: 🛛 VISA 🗌 MasterCard	
Credit Card #	
Exp. Date:	Telephone ()
3 Digit Code on Back of Card on Right of Signature Panel	
Name of Cardholder (as it appears on card	Contact me about a PLANNED GIFT.
	□ A Bequest
Signature	□ A Gift of Insurance
Zip Code where you receive your credit card statement	\Box A Charitable Trust
Texas Foundation for Psychiatric Education and Research • 401 West 1 Your contribution is tax deductible to the full extent of the la	

Your Foundation Contributions At Work

he Texas Foundation for Psychiatric Education and Research is pleased to provide grants to support the following TSPP Chapters' MIAW Activities in 2019. Note: All TSPP Chapters were invited to apply for a MIAW grant from the Foundation.

trators of middle school in the Southside of the city.

On October 8, 2019, the group conducted a Mental Health Program in the YMCA to highlight signs and symptoms of anxiety, PTSD, and depression and follow up with treatment options and resources for the purpose of emphasizing how mental health and physical health are interdependent. The program was targeted to families in nearby communities, YMCA staff and members in the Southeast side of the city. On October 9, 2019, the group conducted a Mental Health Program in the Southside of the city in Second Baptist Church to emphasize and highlight the importance of advocating for Mental Health and educating attendees about preventive measures and treatment method for mental illness. The targeted audience was the African American Congregation in Second Baptist Church.

Houston Psychological Association and Houston Community College - Department of Psychology to present a live depression screening event on October 10, 2019 at the Houston Community College, Southwest Campus where Psychiatrists, Fellows, the community. The church is located approximately 1 mile from Fair Park, an impoverished area of Dallas.

The theme of the symposium was "Mental Health: Navigating the Path to Liberation and Healing" and was intended to raise community awareness of the importance of good mental health and provide education about the many life challenges that may face those who have or will experience life trauma, especially trauma experienced in childhood. The symposium targeted community members, mental health providers and local agencies / service providers and provided an opportunity for networking among local agencies and service providers. Medical material was provided to the Dallas Morning News and the event was given a Facebook page and covered in Eventbrite. Sponsors / exhibitor included NTSPP, The Meadows Foundation, the Grant Halliburton Foundation, NAMI, Parkland Hospital, City of Dallas, Dallas County District Attorney's office and other participants.

BEXAR – SAN ANTONIO

The Bexar County Chapter (Bexar County Psychiatric Society) planned several events and partnered with NAMI, American Foundation for Suicide Prevention (AFCP), Menninger, Bexar County Psychological Society, YMCA, Second Baptist Church and Southside ISD).

On October 7, 2019, the movie "Angst - It Gets Better" was presented. The group assigned a moderator to facilitate discussion and shared guides for teachers, students, and peer-to-peer pamphlets in English and Spanish, anxiety tip sheets and commonly asked questions to emphasize Mental Health needs and educate attendees about prevention and treatment measures for mental illnesses. The targeted audience were parents, teachers and school adminis-

HOUSTON

The Houston Chapter (Houston Psychiatric Society) partnered with NAMI Houston,

confidential interviews.

Why Care? Was the theme of the activity noting physical ailments are obvious, ie a broken limb, but mental illness has many disguises. Know the signs to help yourself or someone else. The target audience were college students and community members, young adults 19-38. Appointments were not required. Media coverage included the community paper (Bellaire & Village Southwest), Community College Newspapers and Social Media Outlets (Facebook and Twitter).

NTSPP- DALLAS

The North Texas Chapter (North Texas Society of Psychiatric Physicians) planned a Mental Health Symposium sponsored by St. Luke's Community United Methodist Church to address mental health issues in

October/November 2019

Texas Psychiatrist

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS 63rd Annual Convention and Scientific Program

November 8-10, 2019 • Moody Gardens Hotel • Galveston

GENERAL ΙΝΕΟΚΜΑΤΙΟΝ

MEDICAL STUDENTS/RESIDENTS/

Medical Students, Residents and Fellows in

TSCAP or TAP have been invited to submit

the Friday Evening Welcome Reception and

a poster for presentation/display during

Saturday Breakfast and Refreshment

FRIDAY - SPECIAL PROGRAM FOR

posters with the presenters.

PSYCHIATRIC PRACTICE".

Breaks. Be sure to attend to discuss the

MEDICAL STUDENTS AND RESIDENT-

PM, FRIDAY, with the TSPP Academic

members on "IMPACT OF CULTURE IN

FRIDAY PM - UTMB DEPARTMENT OF

executive council and interested members'

PSYCHIATRY ALUMNI MEETING -

FRIDAY. The UTMB Department of Psychiatry Alumni has scheduled an

meeting on Friday 8:30 pm-10:00 pm

following the TSPP Welcome Reception.

FELLOW MEMBERS - the RFM Section has

planned a special joint workshop, 2:30-3:30

Psychiatry Committee for all TSPP/TSCAP/ TAP medical students and resident

Training who are members of APA/TSPP,

MEETING LOCATION

The TSPP 63rd Annual Convention and Scientific Program will be held at the beautiful Moody Gardens Hotel, Seven Hope Blvd., Galveston, Texas on November 8-10, 2019.

Moody Gardens boasts diverse Galveston attractions. Educational activities include its massive pyramids, with one focused on the rainforest and the other on ocean life. Moody Gardens also has Galveston's premier coastal golf course, 3D and 4D movie theaters, Discovery Museum, the Colonel Paddlewheel Board, Rope Course & Zip Line and seasonal Galveston Island attractions like the Festival of Lights.

HOTEL RESERVATIONS

To place a hotel reservation at the TSPP discounted room rate of \$142 please visit the Federation of Texas Psychiatry's website homepage www.txpsych.org and click on the link located beside the program information for TSPP, November 8-10 or call 1-888-388-8484 and refer to the Group Name: Texas Society of Psychiatric Physicians.

FRIDAY - TEXAS ACADEMY OF PSYCHIATRY PROGRAM - OPEN

TO ALL ATTENDEES - FREE for Texas Academy of Psychiatry Members / \$25 for TAP NON-Members. Not a member of TAP? If you are already a member of TSPP or TSCAP you can join the Texas Academy of Psychiatry as a Member for only \$25.00 (email TSPPofc@aol.com for a TAP application to join or go online at www.txpsych.org Academy to download an application). Not



interested in membership in TAP yet, you can still register and attend the TAP Program for \$25.00 Registration Fee – see registration form.

TEXAS ACADEMY OF PSYCHIATRY PROGRAM: "ASSISTED OUTPATIENT TREATMENT (AOT): Another Option for Patient Engagement" Assisted Outpatient Treatment(AOT) has been used successfully across the nation as another option to engage patients with complex mental health needs and poor treatment adherence into ongoing mental health treatment. This presentation will discuss the legal statutes regarding out patient civil commitment in Texas. Panelists from CMHC in Fort Worth, San Antonio and Houston will discuss their experience with this intervention and some of the outcomes achieved.

WARDS **DR. SPENCER BAYLES**

OUTSTANDING TSPP MEMBER AWARD

This award named in memory of Dr. Spencer Bayles was established in 2010 to recognize members for outstanding and consistent participation in TSPP activities. The award will be presented during TSPP's Annual Business Luncheon on Saturday, November 8 to please plan to attend and thank your fellow colleagues for their outstanding volunteer service.



(Abilene)



Melissa Deuter, MD (San Antonio)

FEDERATION OF TEXAS PSYCHIATRY -JOHN R BUSH LEADERSHIP **EXCELLENCE AWARD**

This award named for John R. Bush was established in 2016 to recognize psychiatrists who unselfishly provide outstanding leadership, over a sustained period of time, through organized psychiatry advancing the highest standards of

2019 Recipient:

MD, DFAPA

award will be presented during the Federation of Texas Psychiatry's luncheon on Saturday, November 10. Please plan to attend and thank your fellow colleague for his outstanding leadership through organized psychiatry.

DAILY SCHEDULE

Thursday, November 7

12:00 pm	Golf Outing – Pre-registered golfers meet in hotel lobby to leave for golf	.Hotel Lobby
0.00 mm 0.20 mm	-	
2:00 pm – 8:30 pm	RegistrationGroup Registration Desk,	South Foyer
6:00 pm – 8:00 pm	TSCAP Executive Committee	Board Room
7:00 pm– 8:00 pm	Chapter Leadership Forum Meeting	.Vine Room I
8:00 pm – 9:30 pm	Federation Delegate Assembly Meeting	Vine Room II

Friday, November 8

7:30 am – 8:30 pm	Registration
8:00 am – 9:00 am	Foundation Board of Directors Breakfast MeetingBoardroom
8:00 am – 12:00 pm	Exhibit Hall Set UpMoody I
8:30 am – 5:00 pm	Committee RefreshmentsEast Ballroom Foyer
9.00 am = 10.30 am	COUNCIL ON LEADERSHIP MEETINGS

AWARDS RECEPTION / BANQUET FELLOWS IN TRAINING POSTER SESSION

Saturday evening festivities begin with a complimentary wine and cheese reception for registrants attending the Awards Banquet honoring the 2019 TSPP Award Recipients for their outstanding contributions to Psychiatry. Register early to reserve a table for your group at this memorable evening!



Melissa Eshelman, MD, DFAPA (Austin)







Psychiatric Excellence Mark Kunik, MD, DFAPA (Bellaire/2018)

7:30 am – 4:30 pm



Eric Woomer (Austin)

5:00 pm – 6:00 pm Executive Council MeetingSalon FG 6:00 pm – 8:30 pm Welcome Reception with Exhibitors AND Kendra Scott Jewelry Trunk Show to Benefit the 6:00 pm - 8:30 pm Texas Foundation for Psychiatric Education and Research 20% of all sales will be donated to the Texas Foundation UTMB Dept of Psychiatry (Titus Harris Alumni) 8:30 pm – 10:00 pm Executive Council & Members meetinglvy Saturday November 9 7:30 am – 8:30 pm

Distinguished Service Fructuoso Irigoyen, MD, DLFAPA (McAllen)



Gary L. Malone, MD, DLFAPA (Fort Worth)



psychiatric practice and quality psychiatric care for patients. The

Debra Atkisson, (Fort Worth)

9:00 am – 10:30 am	COUNCIL ON LEADERSHIP MEETINGS	
	Ethics Committeelvy 1	8:15
	Distinguished Fellowship Committeelvy 2	0.10
	Finance CommitteeVine 1	
10:45 am – 12:15 pm	COUNCIL ON SERVICE MEETINGS	10:3
1	Academic Psychiatry Committeelvy 1	10
	Children & Adolescents CommitteeVine 1	11.7
	Forensic Psychiatry CommitteeVine 2	11:
	Public Mental Health Services Committee	10
12:00 pm – 5:00 pm	Exhibits AND Poster Presenters Session Set UpMoody I	12:1
12:30 pm – 1:30 pm	Committee Members' LuncheonGarden Cay	3:45
12:30 pm – 1:30 pm	TSPP Officer OrientationBoard Room	
1:30 pm – 2:00 pm	Texas Academy of Psychiatry Board of Trustees MeetingSalon H	4:30
1:30 pm – 2:20 pm	Resident-Fellow Section Committee MeetingSalon E	6:30
2:00 pm – 3:30 pm	Texas Academy of Psychiatry Program –	7:00
	"ASSISTED OUTPATIENT TREATMENT"	c
2:00 pm – 3:30 pm	COUNCIL ON EDUCATION MEETINGS	Su
	Continuing Medical Education Committeelvy 2	7:00
	Professional Practice Management CommitteeVine 1	8:00
2:30 pm – 3:30 pm	Resident Fellow Member Section and	8:15
	Academic Psychiatry Committee Workshop	0.1
	"IMPACT OF CULTURE IN PSYCHIATRIC PRACTICE"	
3:45 pm – 5:00 pm	COUNCIL ON ADVOCACY MEETING	0.20
	Government Affairs CommitteeSalon FG	9:30

7:30 am – 8:15 am	Complimentary Continental Breakfast in Exhibit Hall for Meeting Registrants and Paid GuestsMoody I
8:15 am – 5:00 pm	SCIENTIFIC PROGRAM "Working with Treatment Resistant Depression, Suicidal Patients and Alcohol and Tobacco Use Disorders
10:30 am – 10:50 am	Refreshment Break and Door Prize Drawings with Exhibitors and Poster SessionMoody I
11:50 am – 12:10 pm	Refreshment Break with Door Prize Drawings with Exhibitors and Poster SessionMoody II
12:10 pm – 1:30 pm	Lunch
3:45 pm – 4:05 pm	Refreshment Break and Door Prize Drawings with Exhibitors and Poster SessionMoody I
4:30 pm	Exhibits and Poster Session Closes
6:30 pm – 7:00 pm	Reception for Awards Banquet RegistrantsPreFunction, Floral Hall A
7:00 pm – 9:30 pm	Awards BanquetFloral Hall A
e 1. M 1	10

unday November 10

7:00 am – 2:00 pm	RegistrationGroup	o Registration Desk, South Foyer
	Complimentary Continental Breakfast for Meeting Registrants and Paid Guests	Moody II
-	SCIENTIFIC PROGRAM "Working with Treatmer Resistant Depression, Suicidal Patients and Alcol and Tobacco Use Disorders	hol
9:30 am – 9:45 am	Refreshment Break	South Ballroom Foyer

SCIENTIFIC PROGRAM

"Working with Treatment Resistant Depression, Suicidal Patients and Alcohol and Tobacco Use Disorders"

SATURDAY, NOVEMBER 9 (6 AMA PRA CATEGORY I CREDITS")

Scientific Program Opening Remarks Moody II 8:15-8:30 am TSPP President, Melissa Eshelman, MD, DFAPA TSPP CME Chair / Moderator: Jefferson Nelson, MD, DLFAPA

Treatment Resistant Depression, 8:30-10:30 am Psychopharmacology and

Professional practice gap: Treatment resistant depression is a prevalent problem with a negative societal individual impact. The condition is a leading cause of disability worldwide and results in large economic burdens for society. There are varying definitions of treatment resistant depression with differing guideline recommendations regarding pharmacotherapy and psychotherapy options. The purpose of the program is to inform the practicing clinician about the current scientific research for treatment resistant depression.

(Refs: Johnston KM, Powell LC, Anderson IM, Szabo S, Cline S. The burden of treatment-resistant depression: A systematic review of the economic and quality of life literature. J Affect Disord. 2019 Jan 1;242:195-210. doi: 10.1016/j.jad.2018.06.045. Epub 2018 Jun 27. Review.van Bronswijk S, Moopen N, Beijers L, Ruhe HG, Peeters F. Effectiveness of psychotherapy for treatment-resistant depression: a meta-analysis and meta-regression. Psychol Med. 2018 Aug 24:1-14. doi: 10.1017/S003329171800199X. Bayes AJ, Parker GB. Comparison of guidelines for the treatment of unipolar depression: a focus on pharmacotherapy and neurostimulation. Acta Psychiatr Scand. 2018 Jun;137(6):459-471. doi: 10.1111/acps.12878. Epub 2018 Mar 25. Review.)

Objectives: The learning objectives for this activity have been designed to address clinician Competence. Upon completion of this program, participants should be able to:

- 1. Discuss the recommended pharmacotherapy algorithms for treatment resistant depression.
- 2. Discuss the role of psychotherapy in treatment resistant depression.
- Describe when ECT or other interventions might be considered in the 3. course of treating depression.
- 10:30-11:50 am Refreshment BreakMoody I

10:50 - 11:50 am Essential Strategies for Effective Treatment of Adolescents and Young Adults with Depression, Anxiety, and SuicidalityMoody II Debra Atkisson, MD, DFAPA

Professional practice gap: Only 41% of the 3.1 million adolescents who experienced depression last year received treatment. Suicide is the 2nd leading cause of death in adolescents and young adults. College students are increasingly seeking mental health services. There is a need for more psychiatrists with the ability to work effectively with adolescents and young adults.

Objectives: The learning objectives for this activity have been designed to address clinician Competence. Upon conclusion of the activity participants should be able to:

- 1. Identify barriers to developing a working alliance with adolescent and young adult patients.
- 2. Competently engage with these patients using brief psychotherapy strategies so that treatment compliance, and therefore treatment outcomes will improve.
- Competently work with patients to accept and facilitate support form 3. families and other support systems, such as student health centers.

11:50am-12:10 pm	Refreshment Break	Moody I
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12:10-1:30 pm	TSPP Annual Business Meeting and LuncheonMoody I
1:45-3:45 pm	Treatment Resistant Depression, Current Status and Recommendations for Referral and Use of ECT, TMS,

and Other ProceduresMoody II Mustafa M. Husain, MD, FAPA

Professional practice gap: Despite advances in our understanding of depression therapy, many patients with depression remain unresponsive to treatment. As many as 50% of patients who have been treatment with an antidepressant do not respond. In fact, even after 2 antidepressant trials, 30% to 40% of patients do not report significant improvement in their symptoms. The presentation will address the issues in the treatment of the remaining non-responding patients, such as non-adherence, medication substitution, psychopharmacologic augmentation, psychoterhapy, somatic modalities such as ECT, VNS, rTMS, and light therapy.

Objectives: The learning objectives for this activity have been designed to address clinician Competence. Upon completion of this program, participants should be able to:

- 1. Use a complete diagnostic examination result to guide treatment approaches.
- Describe various treatment approaches' applications in relevant clinical

4:10-5:10 pm **Alcohol Use Disorders:** Engagement of Patients, Use of Medications, Harm ReductionMoody II

Thomas R. Kosten, MD Professional practice gap: Alcohol consumption is associated with 88,000 US deaths annually. Only 1 in 6 US adults report having been asked by a medical professional about drinking. Alcohol use disorder (AUD) is present in up to 14% of US adults in a 1 year period but less than 10% of these receive treatment. Four medications are approved by the FDA for AUD but less than 9% of those who may benefit receive a prescription.

Objectives: The learning objectives for this activity have been designed to address clinician Competence. Upon completion of this program, participants should be able to:

- Screen for and diagnose alcohol use disorders and make appropriate referrals for specialized treatment.
- 2. Determine which medication for alcohol use disorder is most appropriate for a given patient.
- Counsel patients on the risks of alcohol use that may cause harm to their 3. health but do not meet the criteria for an alcohol use disorder.
- 4:50-5:00pm Jefferson Nelson, MD, DLFAPA

SATURDAY, NOVEMBER 9 (6 AMA PRA CATEGORY I CREDITS")

8:00-10:30 am	Continental Breakfast for Scientific Program RegistrantsMoody II
8:15-8:30 am	Opening Remarks Moody II TSPP Melissa Eshelman, MD, DFAPA
	TSPP CME Chair / Moderator : Jefferson Nelson, MD, DLFAPA

Facilitating Tobacco Cessation 8:30-9:30 am in Patients with Mental IllnessMoody II Alison R. Jones, MD, FAPA

Professional practice gap: Rates of smoking are higher in patients with mental illness compared to the general population resulting in increased morbidity and mortality. Relapse rates are also higher following smoking cessation. Clinicians are often unprepared to work with patients on smoking cessation and may have concerns about potentially negative effects of medications for smoking cessation. Improving rates of smoking cessation in the mentally ill would have a major individual and public health benefit.

(References: Anthenelli RM, Benowitz NL, West R, St Aubin L, McRae T, Lawrence D, Ascher J, Russ C, Krishen A, Evins AE. Neuropsychiatric safety and efficacy of varenicline, bupropion, and nicotine patch in smokers with and without psychiatric disorders (EAGLES): a double-blind, randomised, placebo-controlled clinical trial.Lancet. 2016 Jun 18;387(10037):2507-20. doi: 10.1016/S0140-6736(16)30272-0. and Tidey JW, Miller ME. Smoking cessation and reduction in people with chronic mental illness.BMJ. 2015 Sep 21;351:h4065. doi: 10.1136/bmj.h4065.)

Objectives: The learning objectives for this activity have been designed to address clinician Competence. Upon completion of this program, participants should be able to: 1.

- Describe risks and benefits of medications to improve rates of smoking cessation.
- List the stages of change involved in behavior change.
- 3. Employ motivational interviewing techniques to enhance smoking cessation rates.

9:30-9:45 am

ETHICS: Working with Suicidal 9:50-11:50 am Patients, Ethical Dilemmas and Practical ConsiderationsMoody II Constance E. George, MD, MA Case Presentation + Discussant Melissa S. Deuter, MD, Discussant Sheila M. LoboPrabhu, MD, DFAPA, Discussant

Professional practice gap: Suicide rates in the US are increasing, especially in adolescents, young adults and middle aged persons. Suicide is a frequent cause of malpractice claims against psychiatrists but current suicide prediction models have little predictive value. Psychiatrists face ethical dilemmas treating suicidal patients

Objectives: The learning objectives for this activity have been designed to address clinician Competence. Upon completion of this program, participants should be able to:

- Identify key ethical questions that arise in working with different patients at 1. risk for suicide.
- 2. Identify strategies to address these ethical questions in specific patients, with differing illnesses, social supports, etc.
 - Identify and develop professional supports in the event a patient in the

SPEAKERS

Debra Atkisson, MD, DFAPA

Child and Adolescent, Adult Psychiatry Fort Worth, Texas

Physician Development Coach at TCU & UNTHSC School of Medicine Associate Professor at TCU & UNTHSC School of Medicine, Fort Worth, Texas

Melissa S. Deuter, MD

Out-Patient and Urgent Psychiatric Care Sigma Mental Health Urgent Care San Antonio & Boerne, Texas

Adjunct Assistant Professor, University of Texas Health Science Center at San Antonio Member, Bexar County Medical Society Women in Medicine Committee

Past President, Bexar County Psychiatric Society

Member, Executive Council, South Texas Physician Based Research Network

Member, Texas Society of Psychiatric Physicians Ethics Committee

Volunteer, Comal County School District

Constance E. George, MD, MA

General Adult Psychiatry, Private Practice, Neuropsychiatric Associates of Austin Psychiatrist, Inpatient Unit, Austin Lakes Hospital Austin, Texas

Member, Texas Society of Psychiatric Physicians **Ethics Committee**

Mustafa M. Husain, MD, FAPA

Professor of Psychiatry, Neurology & Medicine Vice Chair, Department of Psychiatry Lydia Bryant Distinguished Professor in Research Director, Neuromodulation Research & Therapeutic Program (NRTP) Dallas, Texas

NIH Funded Research, Principal Investigator for Multiple Neuromodulation/ ECT Grants

Clinical Research Expertise in TRD

Foundation (NARSAD/StanleyMedical Research

Institute) Funding for Research Industry Supported Clinical Research for TRD

Numerous (more than 200)

Publications/Reviews

Books Chapters

Editorial Board (Journal of ECT / American Journal of Geriatric Psychiatry)

NIH Grant Review

FDA Panel Expert

Secretary Elect for American Association for Geriatric Psychiatry (AAGP)

Alison R. Jones, MD, FAPA

Staff Psychiatrist, Substance Abuse Treatment Program, Austin VA Outpatient Clinic Central Texas Veterans Health Care System Austin, Texas

Clinical Assistant Professor of Psychiatry Department of Psychiatry, Dell Medical School at the University of Texas at Austin Founding Member & Former Presiding Officer of the Texas Physician Health Program Austin, Texas

Thomas R. Kosten, MD

JH Waggoner Chair and Professor of Psychiatry, Pharmacology, Immunology and Neuroscience Baylor College of Medicine, Houston, Texas Distinguished Professor of Psychiatry at Peking University

Professor of Epidemiology and Behavioral Health, MD Anderson Cancer Center

Former Professor, Yale University

Founding Vice Chair for Addiction Psychiatry American Board of Psychiatry and Neurology

Past President American Academy of Addiction Psychiatry and College on

Problems of Drug Dependence Distinguished Life Fellow in the American

- situations.
- Make appropriate decisions in choosing various treatment approaches and 3. its progression from one to the other.

3:45-4:05 pm **Refreshment Break**

CME PROGRAM GOAL / TARGET AUDIENCE

This live activity has been designed in a format consisting of case study presentations, lectures and direct discussion to provide its primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-todate, evidence-based data that can be translated into clinical practice.

Information and data will address new developments in treatments and new directions in research to address the professional practice gaps of the learners and advance the physicians' competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

The learning objectives for this activity have been designed to address clinician competence. psychiatrist's care completes suicide.

Jefferson Nelson, MD, DLFAPA

NEEDS ASSESSMENT

TSPP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of our participants.

ACCREDITATION STATEMENT

The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of nine (9) AMA PRA Category I Credit[™]. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

ETHICS DESIGNATION STATEMENT

The presentation entitled "Working with Suicidal Patients, Ethical Dilemmas and Practical Considerations" has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

FACULTY AND PLANNERS DISCLOSURE POLICY

The Texas Society of Psychiatric Physicians will disclose to participants the existence of any relevant financial relationships between faculty members, TSPP staff and members, who planned, authored, contributed to, and/or reviewed the content of this activity, and any commercial interest discussed in this educational activity. Disclosure will occur through written communication in the syllabus/handout material.

Psychiatric Association and American College of Neuropsychopharmacology Member, Various Substance Abuse Commissions for the National Academy of Sciences Federal Drug Administration

Department of Defense

Since 2001, based on an Annual Ranking by US News & World Report, Dr. Kosten has retained the distinction of 'Top Doc' in the field of Psychiatry... Rated in the top 10% of Addictions Medicine and top 1% of US Physicians nationwide

Current Editor, American Journal on Addictions Past Editor, The American Journal of Drug and Alcohol Abuse

Sheila M. LoboPrabhu, MD, DFAPA

Associate Professor, Psychiatry Menninger Department of Psychiatry and Behavioral Sciences, Baylor College of Medicine Houston, Texas

Staff Psychiatrist, Michael E. DeBakey V.A. Medical Center and MIRECC, Houston, Texas

Charles B. Nemeroff, MD, PhD, DLFAPA

Professor and Acting Chair, Dept. of Psychiatry Associate Chair for Research Director, Institute of Early Life Adversity Research Dell Medical School at Univ. of Texas at Austin Austin, Texas

October/November 2019



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	\$35	# Non-Member Physician	\$325
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#	No Chg	NAME:	
	•	# Non-Member RFM (Trainee)	\$50
Texas Academy of Psychiatry Program – Fr "Assisted Outpatient Treatment (AOT): Another Option for Patient Eng		# Non-Member Medical Students # Medical Students	\$20
# TAP Member	No Chg	Medical Students And Resident Members: If you present a poster,	\$15
# Non TAP Member	\$25	your registration fee for the Scientific Program AND Saturday Lunch is waived.	
Description w/ Exhibitons Fider		# Allied Health Professional	\$155
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# TSPP/ACADEMY/TSCAP Trainee Member/MS	\$20	If you require any special assistance to fully participate in this please contact TSPP at (512) 478-0605.	s conterence,
# TSPP/ACADEMY/TSCAP Trainee Non-Member/MS	\$35		
# Guest	\$35	Vegetarian Plate Requested (for lunch and/or dinner registration)	
Awards Banquet and Gala – Saturday		if requested prior to 10/1, otherwise there will be an additional fee	
# Former TSPP Award Recipient	No Chg	MY SPECIAL DIETARY NEEDS: (ie, Gluten Free or Lactose Free, etc)	
# Awards Banquet	\$45		
# Reserved Table for 8*	\$400		
* Name(s) for Reserved Table:		TOTAL REGISTRATION FEE	

2020 Application and Process for Distinguished Fellow Status

Mark Jacobs, MD, Chair, TSPP Distinguished Fellowship Committee

istinguished Fellowship status is awarded to outstanding psychiatrists who have made broad and significant contributions to the psychiatric profession and their communities, and is the highest membership honor the APA bestows upon members. Excellence, not mere competence, is the hallmark of an APA Distinguished Fellow.

Do I meet the requirements to apply for nomination to Distinguished Fellow status in APA?

If you have been a member of the American Psychiatric Association for at least eight consecutive years as a General Member or Fellow of APA, and are Board Certified by the ABPN, AOA, RCPSC, or an equivalent certification board, you have met the basic eligibility requirements for application for nomination to Distinguished Fellowship (DF) status in the APA. Letters of support from three current Distinguished Fellows or Distinguished Life Fellows must accompany a completed application form that demonstrates the nominee's excellence in at least five categories, with emphasis given to the two categories of involvement in the District Branch (TSPP), chapter and/or other components and activities of the APA. Other categories in which the nominee may demonstrate excellence are: involvement in other medical and professional organizations; participation in non-compensated mental health and medical activities of social significance; participation in community activities unrelated to income-producing activities; clinical contributions; administrative contributions; teaching contributions; scientific and scholarly publications.

Since Distinguished Fellowship is an APA honor, the TSPP Distinguished Fellowship Committee feels very strongly that participation in organized psychiatry is an extremely important component. Length and quality of service in the activities of the Chapter, District Branch, and APA are critical for nomination for Distinguished Fellowship status, as would be expected. The APA grants the District Branches wide latitude as to how to weigh the various sections of the application, and in the many years I have served on this committee, at least some credit has been required in these sections for a successful application. Other District Branches take a similar stance. Paraphrasing the APA application guidelines, involvement and participation in the APA and its component organizations could mean holding elected offices, committee work as a chair or committee member, newsletter work, website design/maintenance for the Chapter, political action / legislative committee oversight, or conducting special projects at the District Branch or Chapter level. Substantial committee work together with elected office or membership on the Executive Council for several years will usually qualify the nominee for higher credit in this category. No credit is given for membership alone in the APA and its District Branches and Chapters. Serving on APA Area Councils, the Assembly or Board of Trustees counts, as does holding elected office. Other examWho are the TSPP Distinguished Fellowship Committee Members / Chapter Representatives?

Melissa Eshelman, MD, Vice Chair, DFAPA Michael Arambula, MD, PharmD Edythe Harvey, MD, DLFAPA Mark S. Jacobs, MD, Chair, DLFAPA J. Clay Sawyer, MD, DLFAPA Carol North, MD, DLFAPA Terry McMahon, MD Fructuoso Irigoyen-Rascon, MD, DLFAPA Debra Atkisson, MD, DFAPA

ples of activities such as work on APA Councils, Committees, Task Forces, or editorial boards of APA publications would earn credit as well.

Historically, the local TSPP Chapter leadership and their representatives to TSPP identified and encouraged strong candidates to apply for Distinguished Fellow status. They served as mentors, assisting the applicant with developing and editing the application, assessing letters of recommendation, or suggesting activities or leadership opportunities that would strengthen a future application. When APA began soliciting online applications for Distinguished Fellow status directly from the membership two years ago, a great deal of confusion ensued. Members were not necessarily aware that TSPP still had to review all of the documentation and decide whether or not to nominate the member to APA for Distinguished Fellow status. Applicants sometimes uploaded supporting documents to APA, sometimes mailed or emailed them to TSPP, or, on occasion, did not submit them at all which resulted in an incomplete application that could not be considered. Communication from APA about the status of applications was often delayed or the information inaccurate. Hopefully, these process issues have now been resolved by APA.

If you are considering applying for Distinguished Fellowship status in 2020, first review all of the DFAPA requirements at *https://www.psychiatry.org/about-apa/ meet-our-organization/district-branches/ district-branch-resources/guide-apa-* Austin Chapter Rep Bexar Chapter Rep Galveston-Brazoria Chapter Rep Houston Chapter Rep Lone Star Chapter Rep / Waco North Texas Chapter Rep / Dallas Panhandle Chapter Rep / Dallas South Texas Chapter Rep / McAllen Tarrant Chapter Rep / Fort Worth

distinguished-fellowship/requirements in detail, and then, if you believe you meet the criteria, reach out to your Chapter Representative to the TSPP Distinguished Fellowship Committee to discuss your interest. If you don't have a local chapter representative, contact TSPP via email at tsppofc@aol.com, and one of our committee members will be designated to serve as your advisor. The committee will be distributing lists of members who meet basic eligibility requirements (board certification and length of membership) for the local Chapters to reference in their outreach efforts.

What is the 2020 timeline for Application and Nomination for Distinguished Fellowship status?

February 2020 – APA will open the link for online applications for Distinguished Fellow status.

On or Before March 30, 2020 – All Distinguished Fellow applications for nomination must be completed ONLINE via APA's link including uploading 3 required DF / DLF reference letters and any supporting documentation. Please note that incomplete applications or applications submitted after March 30 will not be considered until the following year.

April 2020 – TSPP's Distinguished Fellowship Committee will then review all completed applications and recommend approval of qualified applicants to the Executive Council at the TSPP Spring meeting, April 2020. After Executive Council approval, TSPP will submit to APA the



Mark Jacobs, MD, DLFAPA

names of members the District Branch (TSPP) has approved for nomination and consideration by the APA Membership Committee.

July-October, 2020 – The APA Membership Committee scores each application and makes recommendations to the Board of Trustees.

December 2020 – The APA Board of Trustees votes on the Membership Committee's recommendation and in late-December notifies the District Branch (TSPP) of their members elected to Distinguished Fellowship status.

What is Fellow status and How do I apply in 2020?

If you do not yet meet the criteria for Distinguished Fellowship, you may still apply for APA Fellow status. Fellow Status is an honor that reflects your dedication to the work of the APA and signifies your allegiance to the psychiatric profession. The requirements are only that you are a current APA General Member or Life Member in good standing and are certified by the ABPN, AOA, RCPSC, or an equivalent certification board. There is a 30-day review period for the District Branch (TSPP) to offer comments about the Fellowship candidate before approval by the APA Membership Committee in October and the APA Board of Trustees in December.

Application for Fellow status may be made online beginning January 1 for submission to APA by September 1 via the APA website at https://www.psychiatry.org/ join-apa/become-a-fellow

Good luck, and please do not hesitate to contact me (mjacobs@ghpa.net) if I can be of assistance.





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Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

EDITORIAL BOARD Federation Executive Committee

> **MANAGING EDITOR** Debbie Giarratano

CALENDAR OF MEETINGS



NOVEMBER

Texas Society of Psychiatric Physicians 8-10 63rd Annual Meeting and Scientific Program Moody Gardens Hotel, Galveston, Texas Registration: visit www.txpysch.org Hotel Reservations: \$142 on or before October 15 888-388-8484

Federation of Texas Psychiatry 401 West 15th Street, Suite 675 Austin, Texas 78701 (512) 478-0605/(512) 478-5223 (FAX) TxPsychiatry@aol.com (E-mail) http://www.txpsych.org (website)

JOB BANK

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation's JOB BANK on its website at www.txpsych.org. The Federation's JOB BANK could be just what you have been looking for.

APRIL 2020

Texas Society of Psychiatric Physicians and Texas Academy of Psychiatry Spring Meeting and CME Scientific Program (Site To Be Determined)

JULY 2020

17-19 Texas Society of Child and Adolescent Psychiatry **Annual Convention and CME Scientific Program** Moody Gardens Hotel, Galveston, Texas

NOVEMBER 2020

Texas Society of Psychiatric Physicians 64th Annual Convention and CME Scientific Program (Site to be Determined)

TEXAS PSYCHIATRIST