



Texas Society of Child and Adolescent Psychiatry

Annual Convention & Scientific Program

A Generation in Distress: Depression and Suicidality in the Teenage Years



**JULY 19-21, 2019
Westin Riverwalk Hotel
San Antonio, Texas**





TSCAP Annual Convention & Scientific Program

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GENERAL INFORMATION

MEETING LOCATION

TSCAP's Annual Convention and Scientific Program will be held at the Westin Riverwalk Hotel, recently honored as one of the World's Best Places to Stay by Conde Nast Traveler's acclaimed Gold List.

Located at 420 W. Market

Street, on the banks of the historic Riverwalk the Westin Riverwalk, San Antonio Hotel features a heated outdoor pool and WestinWORKOUT® Fitness Studio. The Woodhouse Day Spa® is an oasis-like spa that ensures rejuvenation. Savor authentic Italian cuisine and river views from the patio of Zocca Cuisine d'Italia located in the hotel or sample the delicious options at the hotel's café or pool bar. In addition, the Westin Riverwalk offers guests direct access to one of the most charming and beloved Texas destinations, the San Antonio Riverwalk. Whether you set out on foot or, by the water taxi that picks up outside of the hotel on the banks of the River, the hotel's location overlooking the Riverwalk invites you to explore the myriad restaurants, shops and entertainment venues that line the banks of the San Antonio River as it winds through downtown.

Wander a bit further and you'll discover rich sites of culture and the arts. Breathe in some Texas history at The Alamo and the Spanish Governor's Palace, stroll through Market Square and La Villita, San Antonio's historic arts village, or sip a cold microbrew at the Historic Pearl Brewery. Great family attractions, including the San Antonio Zoo and Six Flags Fiesta Texas, are just short trips from the hotel.

HOTEL RESERVATIONS / PARKING

Special TSCAP discounted room rates are available to program registrants BEFORE JUNE 18 or upon sell-out, whichever occurs first. Make your hotel reservation today by calling Central Reservations at 1-888-627-8396 or visit www.txpsych.org and click on the following link in the TSCAP Program Information:

<https://www.marriott.com/event-reservations/reservation-link.mi?id=1548103732990&key=GRP&app=resvlink>

TSCAP discounted room rates:

\$177 Traditional, City Side, Single or Double

\$207 Deluxe River Side Single or Double

Discounted valet parking available for TSCAP meeting registrants and guests July 19-21 at the rate of \$25.00, or a self-parking pay lot is available across from the hotel.



OPENING WELCOME RECEPTION WITH EXHIBITORS

Make plans to attend the complimentary festive Fiesta Welcome Reception with Exhibitors on Friday evening, 6:30 pm - 8:30 pm, Navarro B Room, Ballroom Level. Visit throughout the evening with your friends, colleagues and exhibitors in a fun-filled, relaxing atmosphere and complete your entry for the special door prize drawings to be awarded on Saturday!

EXHIBITS

TSCAP's Welcome Reception, Continental Breakfasts and Refreshment Breaks, will be held in the Navarro B Room, Ballroom Level of the Westin Riverwalk Hotel. Exhibits will be open throughout the evening, Friday, and all day Saturday and provide you with information designed to enhance your practice and help improve the optimal delivery of medical care to your patients. In addition, there will be 'job fair' exhibitors who have employment opportunities for Psychiatrists in the State of Texas.

Exhibitor Set-Up -- Friday, 2:00 - 5:00 pm

Welcome Reception -- Friday - 6:30 - 8:30 pm

Continental Breakfast

Saturday - 7:30 am - 8:30 am

Refreshment Break and Door Prize Drawings

Saturday - 10:30 am - 10:50 am

Kendra Scott Trunk Show Benefiting the Foundation

Refreshment Break and Door Prize Drawings

Saturday - 11:50 am - 12:10 pm

Kendra Scott Trunk Show Benefiting the Foundation

Refreshment Break

Saturday - 1:10 pm - 1:30 pm

with Exhibitors and Door Prize Drawings

Exhibitors Tear Down and Depart

Saturday - 3:00 pm - 4:00 pm

EXHIBITORS

American Professional Agency, Inc

GeneSight

Genomind

Meridell Achievement Center

Professional Risk Management Services, Inc.

San Marcos Treatment Center

Texas Foundation for Psychiatric Education and Research (Kendra Scott Trunk Show)

The Menninger Clinic

Tris Pharma, Inc.

UTMB Correctional Managed Care

ANNUAL MEETING BREAKFAST

The Annual TSCAP Business Meeting and Breakfast will be held Sunday, 7:45 am - 8:45 am in the Madero Room, Ballroom Level.



PROGRAM AT A GLANCE

Friday, July 19

9:30 am - 12:30 pm	Temporary Registration	Hotel Main Lobby
12:30 pm - 8:30 pm	Registration	Navarro Pre-Function
2:00 pm - 5:00 pm	Exhibit Set-Up	Navarro B, Ballroom Level
4:00 pm - 5:30 pm	TSCAP Executive Committee Meeting	Zapata - Ballroom Level
6:30 pm - 8:30 pm	Fiesta Welcome Reception with Exhibitors	Navarro B, Ballroom Level

Saturday, July 20

7:00 am - 4:30 pm	Registration	Navarro Pre-Function
7:30 am - 8:30 am	Continental Breakfast with Exhibitors	Navarro B, Ballroom Level
8:00 am - 2:45 pm	Scientific Program	Navarro A, Ballroom Level
<i>Note: For Saturday's Program, to reduce expenses, refreshments will be set in one location, in the Exhibit Hall, Navarro B</i>		
10:30 am - 10:50 am	Refreshment Break and Door Prize Drawings	Navarro B, Ballroom Level
Kendra Scott Trunk Show Benefiting the Foundation		
11:50 am - 12:10 pm	Refreshment Break and Door Prize Drawings	Navarro B, Ballroom Level
Kendra Scott Trunk Show Benefiting the Foundation		
1:10 pm - 1:30 pm	Refreshment Break and Door Prize Drawings	Navarro B, Ballroom Level
3:00 pm - 4:00 pm	Exhibits Teardown / Depart	Navarro B, Ballroom Level

Sunday, July 21

7:00 am - 1:00 pm	Registration	Navarro Pre-Function
7:45 am - 8:45 am	TSCAP Annual Business Meeting and Breakfast Open to All Attendees	Madero, Ballroom Level
8:45 am - 12:30 pm	Scientific Program	Navarro A, Ballroom Level
10:15 am - 10:30 am	Refreshment Break	Navarro Pre-Function



**Enjoy
San Antonio!**



“A Generation in Distress: Depression and Suicidality in the Teenage Years”

SCIENTIFIC PROGRAM SCHEDULE

Saturday, July 20 (5 Hours Category I CME Credit Hours™)

- 8:00 - 8:30 am** **Welcome & Opening Remarks**
- 8:30 - 9:30 am** **Depression Awareness, Screening and Treatment in Children and Adolescents**
KEYNOTE SPEAKER: Karen Dineen Wagner, MD, PhD
- Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
- Screen, identify, diagnose and treat depressed adolescents.
- 9:30 - 10:30 am** **Evidence Based Treatments in Suicidal Youth**
Jennnifer L. Hughes, PhD, MPH
- Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
- Identify different interventions and evidence based treatments for suicidal youth.
- 10:30 - 10:50 am** **Refreshment Break**
- 10:50 - 11:50 am** **Depression and Increased Suicide Rate in African American Children**
Napoleon B. Higgins, Jr., MD
- Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
- Discuss the increased suicide rate in African American children and identify the specific issues that racial and ethnic minority groups face.
- 11:50 - 12:10 pm** **Refreshment Break**
- 12:10 - 1:10 pm** **Resident Case Presentation and Faculty Discussant: The Therapy Cases That Weren't ...**
Ue Jin Kim, MD; James Stedman, PhD; Brigitte Bailey, MD
- Objective: The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
- Discuss most common reasons resulting in therapy appointment non-compliance.
 - Describe two approaches that may increase patient participation in resident lead psychotherapy.
 - Identify if patient/family preferences or bias influence therapy attendance
- 1:10 - 1:30 pm** **Refreshment Break**
- 1:30 - 2:30 pm** **The Use of Telepsychiatry in the Evaluation and Treatment of Adolescent Depression**
Manish Aligeti, MD, MHA
- Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
- Identify the clinical, legal, regulatory and ethical issues related to the use of telepsychiatry when evaluating and treating depressed adolescents.
- 2:30 - 2:45 pm** **Closing Remarks**

Sunday, July 21 (3 Hours Category I CME Credit Hours™)

- 8:45 - 9:15 am** **Welcome & Opening Remarks**
- 9:15 - 10:15 am** **Use of Service, Emotional Support and Therapy Animals**
Joseph Shotwell, MD
- Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
- Discuss the use of animal-assisted interventions in the treatment of child and adolescent psychiatric disorders.
- 10:15 - 10:30 am** **Refreshment Break**
- 10:30 - 11:30 pm** **ETHICS PANEL: Technology and its Effects on Development and Adolescent Relationships**
Social Media, Development and Identity Formation in Children and Adolescents
Tracy Asamoah, MD
- Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
- Identify the effects of social media on the physical, psychological, cognitive well-being and overall child and adolescent development, and discuss how social media can be beneficial or harmful to youth.
- Sexting and Teen Dating Violence**
Jeff R. Temple, PhD
- Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
- Identify the clinical, legal and ethical issues related to sexting, cyberbullying and teen dating violence
- 11:30 - 12:30 pm** **ETHICS: The Use of Special Education or Section 504 Services**
Anna Draker, M.S. Ed
- Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
- Discuss federal and state special education laws and to identify the different special education designations, the difference between Response to Intervention (Rtl), Section 504 Services and Special Education, and appropriate ways to advocate for school services for their patients.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of the Texas Society of Psychiatric Physicians and the Texas Society of Child and Adolescent Psychiatry. The Texas Society of Psychiatric Physicians is accredited by TMA to provide continuing education for physicians.

CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of eight (8) AMA PRA Category I Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ETHICS DESIGNATION STATEMENT

The presentations “Ethics Panel on Technology and its Effects on Development and Adolescent and Relationships The Use of Special Education or Section 504 Services” have been designated by the Texas

Society of Psychiatric Physicians for a total of two (2) credits of education in medical ethics and/or professional responsibility.

TARGET AUDIENCE/PROGRAM OBJECTIVES

This live activity has been designed with didactic lectures supplemented with clinical vignettes, audiovisual presentations, direct discussion and case presentation and discussion in multiple educational sessions.

The program is designed to provide its' target audience of Child and Adolescent Psychiatrists, Adult Psychiatrists, Pediatricians and Primary Care Physicians with clinically relevant information to advance the physicians' competence and provide them with effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

NEEDS ASSESSMENT

TSCAP has incorporated into this CME activity the relevant educational needs concerning competence

that underlie the professional practice gaps of the participants.

FACULTY AND PLANNERS DISCLOSURE POLICY

In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered to the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the education activity.

TSPP will disclose to learners the existence (or non-existence) of all relevant financial relationship(s) that the faculty and planners did (or did not) have with any commercial interest concerned with the content of the educational presentation.

Disclosure will occur prior to the presentation through written communication in the syllabus / handout materials.

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ABOUT THE SPEAKERS

Manish Aligeti, MD, MHA

Clinical Assistant Professor
Texas Tech University Health Sciences Center
Department of Child Psychiatry
Lubbock, TX
TSCAP/AACAP Delegate (2016-19)

Tracy Asamoah, MD

Child and Adolescent Psychiatrist
Private Practice
Austin, TX
TSCAP/AACAP Delegate (2018-21)
AACAP Media Committee, Member

Brigitte Bailey, MD

Program Director
Child and Adolescent Psychiatry
Director of Resident Diversity
Professor
UT Health SA Department of Psychiatry
Child and Adolescent Division
San Antonio, TX

Anna Draker, M.S. Ed

Assistant Director of Evaluation for
504 Compliance and Services
Department of Testing and Evaluation
Northside Independent School District
San Antonio, TX

Napoleon B. Higgins, Jr., MD

Past President
APA Caucus of Black Psychiatrists
Former President
Black Psychiatrists of America
Past Secretary/Treasurer
National Medical Association

Jennifer L. Hughes, PhD, MPH

Psychologist
Head of Risk & Resilience Network
Center for Depression Research and Clinical Care
Assistant Professor
UT Southwestern Medical Center
Dallas, TX

Ue Jin Kim, MD,

Chief Resident Child and Adolescent
Psychiatry Fellowship
UT Health
San Antonio, TX

Joseph Shotwell, MD

Assistant Professor
Department of Psychiatry and Behavioral Sciences
University of Texas Medical Branch
Galveston, TX

James Stedman, PhD

UT Health SA Department of Psychiatry
San Antonio, TX

Jeff R. Temple, PhD

Professor
Department of Obstetrics and Gynecology
Director of Behavioral Health and Research
University of Texas Medical Branch
Galveston, TX

Karen Dineen Wagner, MD, PhD

Professor and Chair
Department of Psychiatry and Behavioral Sciences
Titus Harris Chair
Harry K. Davis Professor
University of Texas Medical Branch
Galveston, TX
President
American Academy of Child and Adolescent Psychiatry



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MAIL... (pay by credit card or check)
Texas Society of Child and Adolescent Psychiatrists
401 West 15th Street, Suite 675, Austin, TX 78701
(The following options require credit card payment)
E-MAIL... TSCAPofc@aol.com
ONLINE ... <http://www.txpsych.org>
FAX ... (512) 478-5223

To remit payment online, complete this form and return to tscapofc@aol.com via email. An email invoice will be sent to you via Quickbooks for payment.

REGISTRATION

NAME	DEGREE		
MAILING ADDRESS	CITY	STATE	ZIP
TELEPHONE NUMBER	FAX NUMBER	E-MAIL	

Name(s) of Guest(s) Attending _____

SCIENTIFIC PROGRAM REGISTRATION (Includes Scientific Program, Saturday Lunch During Resident Case Presentation, Saturday & Sunday Refreshment Breaks).

	After June 18	
TSCAP Member Physician	\$215	_____
Non-Member Physician	\$270	_____
Spouse / Guest Claiming CME Credit	\$215	_____
Allied Health Professional / Spouse / Guest	\$200	_____
TSCAP Member Trainee	\$30	_____
Non-Member Trainee	\$50	_____
Medical Student	\$20	_____
Non-Member Medical Student	\$30	_____

SOCIAL EVENTS

Friday Welcome Reception

Name(s) Attending Reception: _____

Sunday Membership Business Breakfast

TSCAP Member	\$20	_____
Non-Members/Guests/Spouse/Child	\$25	_____

Name(s) Attending Breakfast: _____

MEETING SYLLABUS ORDER

<input type="checkbox"/> Online Meeting Syllabus	Free	
<input type="checkbox"/> Color Printed Copy	\$100	_____
<input type="checkbox"/> Black & White Copy	\$75	_____

Vegetarian Plate Requested. No additional fee if requested prior to June 18, otherwise there will be an additional fee of \$15.00.

If you require any special assistance to fully participate in this conference, please contact TSCAP via e-mail tscapofc@aol.com or 512/478-0605.

TOTAL REGISTRATION

PAYMENT INFORMATION

Check in the Amount of \$ _____ Make Checks Payable to Texas Society of Child and Adolescent Psychiatry

Please Charge \$ _____ To My: VISA MasterCard American Express

Credit Card # _____ Expiration Date: _____

3 or 4 Digit Security Code on Back of Card on Right of Signature Panel _____

Name of Cardholder (as it appears on card) _____

Signature _____

ADDRESS WHERE YOU RECEIVE YOUR CREDIT CARD STATEMENT (include address, city, state, zip): _____

CANCELLATIONS – Deadline for cancellation is June 18, 2019. In the event of cancellation, a full refund will be made if written notice is received in the TSCAP office by June 18, 2019, less a 25% handling charge. **NO REFUNDS WILL BE GIVEN AFTER June 18, 2019.**