

# Texas Psychiatrist



## Legislative Overview

Eric Woomer, Federation of Texas Psychiatry Public Policy Consultant

There is a tremendous volume of issues ongoing at the Texas capitol. I am pleased to share with you the activities that the Federation of Texas Psychiatry is undertaking for the benefit of the practice of psychiatry and your patients.

### ISSUES FACING PSYCHIATRY

I am currently tracking nearly 600 bills that affect psychiatry and the practice of medicine. Among the most critical:

**Psychological Prescribing:** Rep. Bill Zedler filed H.B. 1092, which has been referred to the House Public Health Subcommittee on Health Professions. The bill authorizes independent prescribing by psychologists, and at the upcoming hearing, subcommittee members will hear from psychiatrists about the danger that under-trained prescribers pose to patients with mental health issues. Currently, five states (Idaho, Iowa, New Mexico, Illinois, Louisiana) have psychological prescribing. Sen. Jose Rodriguez has filed S.B. 268, which has been referred to the Senate Committee on Health and Human Services, but has not yet been scheduled for a hearing. Defeating this legislation will be a top priority for the Federation, and we will be joining with organized medicine in that effort.

**Child & Adolescent Psychiatry Project:** Sen. Jane Nelson has filed S.B. 10, creating the Texas Mental Health Care Consortium. The legislation has passed out of the Senate and is in committee in the House. SB 10 creates a consortium of state medical schools to leverage their health and mental health expertise to consult with pediatricians and primary care providers to help them provide better care of Texas children with mental health needs, 75% of whom currently receive care in these settings. Inadequately treated mental health and substance abuse costs Texas local governments over \$2 billion a year in emergency room and justice system costs. The Federation has been a vocal supporter of this important legislation.

**Grants and Programs for Research in Psychiatry:** Rep. Senfronia Thompson has filed H.B. 10, which will establish the Child

**CAPITOL DAY**

The Federation had a terrific turnout at our Capitol Day on March 5th, 2019. Psychiatric physicians and psychiatric residents descended on the capitol, carrying our primary message of patient safety, graduate medical education, and collaborative care. This year, we joined with the House of Medicine on TMA First Tuesdays to share our message with legislators about the important role of physicians in the treatment of mental illness across the care spectrum. *More Photos on page 4*



and Adolescent Psychiatric Nursing Grant Program at the Higher Education Coordinating Board. The program will award grants to APRN programs at Texas universities to increase the number of enrollments and graduations of students who seek to become APRNs specializing in child and adolescent psychiatric nursing. The bill will also establish the Texas Behavioral Health Research Institute to provide funding to provide direct mental health care and treatment. The bill has already passed out of the House committee.

**Independent Practice for APRNs:** Rep. Stephanie Klick has filed H.B. 1792, which authorizes the Texas Nursing Board to authorize the independent practice of an advanced practice registered nurse who has practiced for at least 2,080 hours under the delegation of a physician. The bill expands the authority of nurses to ordering, performing, and interpreting diagnostic tests, formulating primary and differential medical diagnoses and advanced assessments, and prescribing medications. H.B. 1792 has been referred to the House Public Health Subcommittee on Health Professions, where a hearing is expected shortly. The Federation has taken an active role in opposing this legislation.

**ER Holds:** The Federation continues to work with the emergency room physicians and the Texas Hospital Association to safely secure patients who are determined to be a danger to themselves or others. Legislation on this important issue was vetoed in 2015, but we have identified new approaches

involving technology, additional funding, and an improved understanding of legal parameters between physicians, facilities, law enforcement and the judicial system.

**Death Penalty:** H.B. 1936 by Rep. Toni Rose amends the Code of Criminal Procedure to prohibit imposition of the death penalty on a defendant who, at the time of the commission of the capital offense, had a severe mental illness. The bill would establish procedures for a pre-trial hearing at which the defendant would have the opportunity to prove that he or she had a severe mental illness at the time of the offense and would allow the prosecution an opportunity to respond.

### RECENT ACTIVITY BY THE LEGISLATURE

The final week of March was capped off by the House's unanimous passage of its biennial budget bill. Votes on amendments to H.B. 1 went well into the night, with the final 149-0 vote being cast at 12:30 AM. The passage of the \$251 billion budget marks a major accomplishment for first-term Speaker of the House Dennis Bonnen, who has received praise from both sides of the



Eric Woomer

aisle for his work on the bill and the civil tone of debate. Highlights of the budget include a \$9 billion increase in state funding for public education, and a \$2 billion withdrawal from the Economic Stabilization (rainy day) Fund. Alongside the budget bill, the House also passed a \$9 billion supplemental budget for the 2018-2019 biennium, which includes funds related to Medicaid spending, Hurricane Harvey recovery, and teacher pensions.

Immediately following the passage of the House budget bill, the House Ways and Means Committee passed H.B. 2, the House version of property tax reform, at 1:00 AM. The legislation, which would require local governments to receive voter approval before increasing property taxes by more than 2.5%, passed by an 8-3 margin, with all Republicans and Democratic Vice Chair Ryan Guillen voting for it. H.B. 2 has had several amendments added, including exemptions for community colleges, emergency service districts, and hospital districts, as well as the option for local governments to 'bank' unused revenue growth for future increases.

Governor Abbott and Speaker Bonnen also have both pushed back on the need for a special session to pass property tax reform, in the wake of Lieutenant Governor Dan Patrick's mention of his willingness to participate in 'as many special sessions as it takes' to get the work done. As of now, both Abbott and Bonnen remain committed to completing all legislative business by sine die.

As always, it is our pleasure to represent the interest of psychiatric physicians in Texas and their patients before lawmakers and regulators in Austin. Please do not hesitate to contact me or Courtney Williamson in my office if you have questions or concerns. ■

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### TSPP/TAP Spring Meeting and CME Program

*"Treating Patients with Severe Mental Illness and Cognitive Impairment"*

APRIL 27, 2019  
Westin Austin at the Domain Hotel





Texas Society of Psychiatric Physicians & Texas Academy of Psychiatry

# Spring Committee Meetings and Continuing Medical Education Program:



## “Treating Patients with Severe Mental Illness and Cognitive Impairment”

April 26-28, 2019 • Westin Austin at the Domain Hotel, Austin, Texas

Register early and plan to attend the 2019 committee meetings and Joint Provider Spring CME Program of the Texas Society of Psychiatric Physicians and the Texas Academy of Psychiatry on April 27, 2019 at the Westin Austin at the Domain Hotel, 11301 Domain Drive, Austin, TX. Other organization meetings will be held April 26 and the TSPP Executive Council Meeting, April 28.

MEETING HIGHLIGHTS

- TSPP & TAP Joint Provider Spring CME Program (5 Hours of *Category I CME Credit™*) with 1 of the Hours Designated for Medical Ethics
- TSPP Committee Meetings – Open to all Members, including Residents and Fellows in Training
- Networking with Colleagues from Around the State of Texas
- Exhibits that offer Business Practice Tools, Malpractice Insurance and Employment Opportunities
- TSPP Government Affairs Committee & Luncheon Program
- Complimentary Refreshments & Reception
- TSPP Executive Council Meeting and Installation of Officers for 2019-20

MEETING LOCATION/INFORMATION

Located in the heart of The Domain, within one of Austin's premier destinations, the AAA 4-Diamond Award Winning Westin Austin at the Domain Hotel is centrally located among 1.3 million square feet of high-end shopping and local music, fine dining, an upscale movie theater featuring independent and major films, and jogging paths offering a taste of the calming greenery found nearby. Easy steps from the hotel door, or a complimentary Westin golf cart shuttle away, you will find Spa Reveil, an exclusive spa sanctuary dedicated to creating a memorable experience for every guest (Spa Reservations 1-512-339-7000), outstanding shopping choices including Neiman Marcus, Tiffany & Company, Louis Vuitton, Nordstroms, Dillards and numerous dining options such as Flemings, Jaspers, Kona Grill, Cru Wine and many others. Or, plan to remain in the hotel and enjoy fine dining in a relaxed atmosphere celebrating premium meat and seafood, great wine, and fresh produce and relax in the warm retreat of the lobby offering live music on most weekday afternoons.



EXHIBITS

Complimentary refreshments and snacks will be provided in Primrose Foyer of the Westin Austin at the Domain Hotel for registered attendees. Exhibits will be open throughout the day Saturday to provide you with information designed to enhance your practice and improve the optimal delivery of medical care to your patients. In addition there will be ‘job fair’ exhibitors who have employment opportunities for Psychiatrists in the State of Texas.

HOTEL RESERVATIONS

TSPP has negotiated a small block of rooms with a discounted room rate of \$189 for reservations placed **BEFORE APRIL 4**. To take advantage of this rate, visit the Federation of Texas Psychiatry's website at [www.txpsych.org](http://www.txpsych.org) and click on the URL link included in the announcement/information for the TSPP/TAP meeting:

<https://book.passkey.com/event/49719142/owner/3061945/home>

*\* Booking a room within the TSPP room block is an important way to support TSPP and TAP and helps to keep the overall meeting registration fee and costs as low as possible. Booking outside of the TSPP block, or at another hotel could expose TSPP to monetary charges for attrition. Plus, staying in the hotel keeps you connected with all the activities and networking opportunities during the event. Please help us help you by booking your room at the hotel hosting the meeting and within the TSPP room block.*

SPONSORS

Otsuka America Pharmaceuticals, Inc.  
The Harris Center for Mental Health & IDD

EXHIBITORS

BrainsWay, USA  
Constellation Behavioral Health  
MagVenture  
Neurocrine Biosciences, Inc.  
Otsuka America Pharmaceuticals, Inc.  
Professional Risk Management Services, Inc.  
Teva  
Texas Foundation for Psychiatric Education and Research  
Texas Health and Human Services Commission  
The Doctors Company  
The Harris Center for Mental Health & IDD  
UTMB Correctional Managed Care

PROGRAM SCHEDULE

FRIDAY, APRIL 26

4:00 pm - 10:00 pm	Temporary Registration Desk	.Bluebonnet Foyer
6:00 pm - 7:30 pm	Chapter Leadership Forum	.Bluebonnet
6:00 pm - 7:30 pm	TSCAP Executive Committee Meeting	.Wine Room
7:30 pm - 9:00 pm	Federation Delegate Assembly Meeting	.Bluebonnet

SATURDAY, APRIL 27

7:00 am - 9:00 pm	Registration	.Primrose Foyer
7:00 am - 9:00 am	TMS Decorator Exhibit Hall Set Up	.Primrose Foyer
7:30 am - 8:45 am	Foundation Board of Directors Breakfast Meeting	.Verbena B
8:00 am - 9:50 am	Continental Breakfast	.Primrose Foyer
9:00 am	Exhibits Set-Up	.Primrose Foyer
9:00 am - 10:30 am	<b>Council on Leadership Meetings:</b> Ethics Distinguished Fellowship Finance	.Camellia A Camellia B Plumeria A
	<b>Council on Education Meetings:</b> Continuing Medical Education Professional Practice Management	.Verbena A Plumeria B
10:30 am - 10:50 am	Refreshment Break / Visit with Exhibitors and Door Prize Drawings	.Primrose Foyer
10:50 am - 12:20 pm	<b>Council on Service Meetings:</b> Academic Psychiatry Children and Adolescents Psychiatry Forensic Psychiatry Public Mental Health Services	.Camellia A Camellia B Plumeria A Plumeria B
12:20 pm - 12:40 pm	Refreshment Break / Visit with Exhibitors and Door Prize Drawings	.Primrose Foyer
12:40 pm - 1:40 pm	Lunch (and Government Affairs Council on Advocacy Meeting)	.Primrose AB
1:40 pm - 2:30 pm	Texas Academy of Psychiatry Board of Directors Meeting	.Bluebonnet
1:40 pm - 2:30 pm	Resident Fellow Member in Training Section	.Verbena
2:30 pm - 8:00 pm	<b>CME SCIENTIFIC PROGRAM:</b> “Treating Patients with Severe Mental Illness and Cognitive Impairment”	.Primrose CD
2:30 pm - 3:30 pm	“Differentiating Mild Cognitive Impairment from Progressive Neurocognitive Disorders” John G. Tierney, MD	
3:30 pm - 4:30 pm	“Treatment Resistant Schizophrenia” Raymond Cho, MD, M.Sc	
4:30 pm - 4:50 pm	Refreshment Break / Visit with Exhibitors and Door Prize Drawings	.Primrose Foyer
4:50 pm - 5:50 pm	“Preventing Relapse in Chronic Schizophrenia” Dawn I. Velligan, PhD	
5:50 pm - 6:50 pm	“Safety Planning in Patients with Suicidal Ideation” Cynthia L. Hoyler, MD	
6:50 pm - 7:00 pm	Refreshment Break	.Primrose Foyer
7:00 pm - 8:00 pm	Dinner and Continuation of CME Program	
7:00 pm - 8:00 pm	“Decision Making Capacity in the Seriously Mentally Ill” (ethics) Michael R. Arambula, MD, PharmD	

SUNDAY, APRIL 28

8:00 am - 11:00 am	Registration	.Primrose Foyer
9:00 am - 11:00 am	Executive Council Meeting	.Lantana
	Continental Breakfast and Installation of Officers for 2019-20	

Texas Society of Psychiatric Physicians and Texas Academy of Psychiatry  
Spring Committee Meetings and Joint Provider Scientific Program  
Saturday, April 27, 2019 (5 Hours *Category 1 Credit™*)

“Treating Patients with Severe Mental Illness and Cognitive Impairment”

SCIENTIFIC PROGRAM

2:30 pm - 3:30 pm “Differentiating Mild Cognitive Impairment”  
John G. Tierney, MD

Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity, participants should be able to:

- Systematically evaluate middle-aged patients complaining of cognitive-behavioral changes.
- Discuss and Apply the first Practice Guidelines for Clinical Evaluation of Alzheimer’s Disease and Other Dementias for Primary and Specialty Care developed by the Alzheimer’s Association’s AADx-CPG Workgroup for the Clinical Evaluation of Cognitive Impairment Suspected to be due to AD/DRD

3:30 pm - 4:30 pm “Treatment Resistant Schizophrenia”  
Raymond Cho, MD, M.Sc

Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity, participants should be able to:

- Identify new treatment strategies and apply more effective combination of medications to treat the Chronically Mentally Ill patient population.

4:30 pm - 4:50 pm Refreshment Break / Visit with Exhibitors and Door Prize Drawings .....Primrose Foyer

4:50 pm - 5:50 pm “Preventing Relapse in Chronic Schizophrenia”  
Dawn I. Velligan, PhD

Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity, participants should be able to:

- Consider using screening questions to identify potential relapse in schizophrenia.
- Identify barriers and strategies to improve psychiatric follow up for patients with schizophrenia.
- Identify barriers and strategies to improve medication adherence in patients with schizophrenia.

5:50 pm - 6:50 pm “Safety Planning in Patients with Suicidal Ideation”  
Cynthia L. Hoyler, MD

Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity, participants should be able to:

- Describe and explain the key elements of a safety plan for patients with suicidal ideation.
- Develop a written, individualized safety plan for their patients with suicidal ideation in an office visit or in the ED setting.
- Implement procedures in their clinical practice to use a safety planning intervention with their patients with suicidal ideation.

6:50 pm - 7:00 pm Refreshment Break .....Primrose D

7:00 pm - 8:00 pm Dinner and Continuation of CME Program:  
“Decision Making Capacity in the Seriously Mentally Ill” (Ethics)  
Michael R. Arambula, MD, PharmD

Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity, participants should be able to:

- State the current criteria for determining decision making capacity.
- Describe the current laws impacting mental health treatment in those with limited capacity to make informed treatment decisions due to mental illness.
- Discuss how shared decision making might be used to improve care for those with severe mental illness.

ABOUT THE SPEAKERS

MICHAEL R. ARAMBULA, MD, PharmD

Private Practice  
General and Forensic Psychiatry,  
Clinical Pharmacology  
Adjunct Associate Professor,  
Dept. of Psychiatry  
The Univ. of Texas School of Medicine  
University of Texas Health Science Center  
Distinguished Life Fellow, APA  
Fellow, Federation of State Medical Boards  
Former President, Texas Medical Board  
San Antonio, TX

RAYMOND CHO, MD, M.Sc

Professor  
Department of Psychiatry  
Baylor College of Medicine  
DeBakey VA Medical Center  
Houston, TX

CYNTHIA L. HOYLER, MD

Medical Director  
Telemental Health Services  
Harlingen, TX

JOHN G. TIERNEY, MD

Private Practice in General, Adult and  
Geriatric Psychiatry  
Adjunct Professor of Psychiatry  
Department of Psychiatry  
University of Texas Health Science Center  
Medical School  
San Antonio, TX

DAWN I. VELLIGAN, PhD

Director  
Division of Community Recovery, Research  
and Training  
Henry B. Dielmann Chair  
Department of Psychiatry  
UT Health San Antonio  
San Antonio, TX

CME PROGRAM GOAL / TARGET AUDIENCE

This live activity has been designed in a lecture format with case examples followed by an interactive audience question and answer period to provide its’ primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice.

The information and data presented will address the professional practice gaps of the learners and advance the physician’s competence and improve their knowledge about the complex contributing factors in this patient population and introduce additional resources and new strategies to improve outcomes so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

IDENTIFIED PRACTICE GAPS / NEEDS ASSESSMENT:

TSPP identified educational needs and professional practice gaps from members expressed needs and in medical literature and incorporated it into the CME activity to address the relevant educational needs concerning competence that underlie the professional practice gaps of the participants.

The program will explore the systematic evaluation of people with progressive neurocognitive disorders versus mild cognitive impairment in the aging population. Despite more than two decades of advances in diagnostic criteria and technology, symptoms of Alzheimer’s disease and Related Dementia too often go unrecognized or are misattributed, causing delays in appropriate diagnoses and care that are both harmful and costly. First Practice Guidelines for Clinical Evaluation of Alzheimer’s Disease and Other Dementias for Primary and Specialty Care (Alzheimer’s Association International

Conference 2018; Neurology Advisor. July 23, 2018) The presentation will address the systematic guidelines for the evaluation of cognitive behavioral syndromes in the aging population.

Up to 30% of patients with treatment-resistant schizophrenia treated with clozapine have residual positive symptoms. Psychiatrists are looking for treatment strategies to improve treatment outcome in this chronically mentally ill patient population. The presentation will address how to access medication response in Treatment Resistant Schizophrenia and adjust treatment approach.

Contributing factors influencing relapse in chronic schizophrenia include non-adherence to medication, difficulty identify relapse and missed follow up appointments, among others. The presentation will address these and other common contributing factors to relapse into psychosis and possible strategies to improve outcomes. (The Welcome Basket Revisited: Testing the Feasibility of a Brief Peer Support Intervention to Facilitate Transition from Hospital to Community, Psychiatric Rehabilitation Journal, 2016, Vol. 39, No. 4, 335-342)

Suicide and suicidal behavior are major public health problems. The suicide rate in the US has steadily increased over the past 2 decades. There are few empirically supported brief intervention strategies to address the problem in various clinical settings. Safety planning intervention training for patients with suicidal ideation has been shown to lead to a reduction in suicidal behavior and to increased treatment engagement among suicidal patients. (Comparison of the Safety Planning Intervention With Follow-up vs Usual Care of Suicidal Patients Treated in the Emergency Department. JAMA Psychiatry. 2018;75(9):894-900. doi:10.1001/jamapsychiatry.2018.1776

There is limited research and varying practices for medical decision making by those with developmental disabilities or severe mental illness. The presentation will address ethical issues in the evaluation of capacity to make treatment decisions in patients with severe mental disabilities and ways to involve patients in shared decision making to the fullest extent possible. This topic directly impacts the clinical practices of psychiatrists. The social context in which the evaluation and treatment are being provided will be addressed during the presentation. (The MacArthur Competence Assessment Tools for assessing decision-making capacity in schizophrenia: A meta-analysis, <http://dx.doi.org/10.1016/j.schres.2016.11.020>; Shared treatment decision-making and empowerment-related outcomes in psychosis: systematic review and meta-analysis, The British Journal of Psychiatry (2016) 209, 23-28, doi: 10.1192/bjp.bp.114.158931; Medical Decision-Making for Adults Who Lack Decision-Making Capacity and a Surrogate: State of the Science American Journal of Hospice & Palliative Medicine 2018, Vol. 35(9) 1227-1234

OBJECTIVES

The learning objectives for this activity have been designed to address clinician competence and are listed under each presentation.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of the Texas Society of Psychiatric Physicians and the Texas Academy of Psychiatry. The Texas Society of Psychiatric Physicians is accredited by TMA to provide continuing medical education for physicians.

CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of five (5) *AMA PRA Category I Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ETHICS DESIGNATION STATEMENT

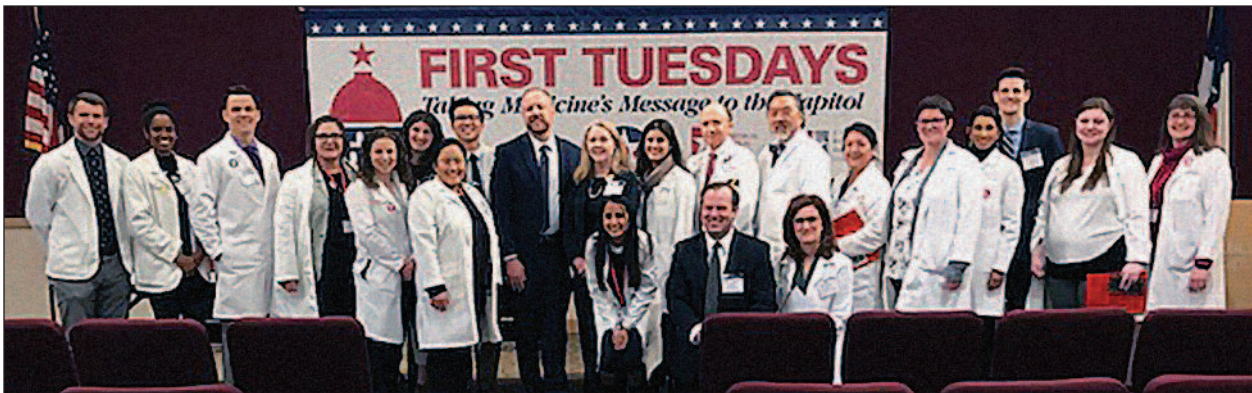
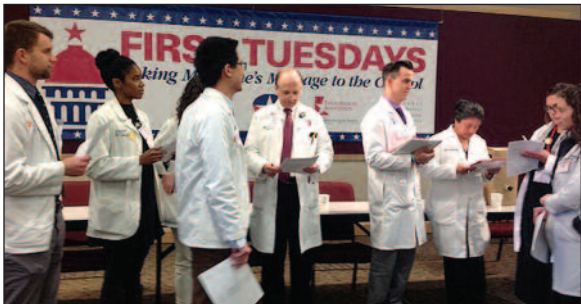
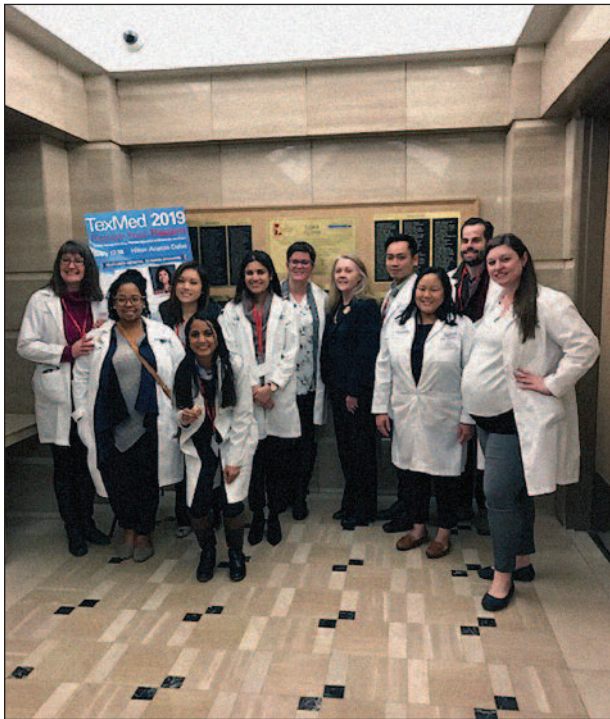
The presentation “Decision Making Capacity in the Seriously Mentally Ill” has been designated by the Texas Society of Psychiatric Physicians for one (1) hour of credit of education in medical ethics and/or professional responsibility.

FACULTY AND PLANNERS DISCLOSURE POLICY

In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered to the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the education activity. TSPP will disclose to learners the existence (or non-existence) of all relevant financial relationship(s) that the faculty and planners did (or did not) have with any commercial interest concerned with the content of the educational presentation.

Disclosure will occur prior to the presentation through written communication in the syllabus / handout materials.

CAPITOL DAY



TSPP RFM Travel Scholarship Fund Approved, Accepting Donations!

The TSPP Executive Council approved the establishment of a TSPP Resident-Fellow Member Travel Scholarship Fund for the purpose of reducing the cost of Residents' travel expenses to attend TSPP's meetings. Funding is to be provided by voluntary donations from the membership, with implementation to begin when a minimum operating budget of \$5,000 is established, and maintained semi-annually. The funds, once accumulated, will be used to reimburse one night's accomodation at the host hotel for TSPP Resident Members attending TSPP's meetings. Applications and criteria for funding will be announced and available to TSPP Resident Members once the scholarship funds have been raised. Help us to help build the TSPP RFM Travel Scholarship and reach our initial \$5,000 Goal!

**TSPP RESIDENT-FELLOW MEMBER TRAVEL SCHOLARSHIP FUND**

☐ Yes, I want to make a donation!

NAME AS IT APPEARS ON CARD


ADDRESS WHERE CREDIT CARD STATEMENT IS RECEIVED

CITY, ST, ZIP WHERE CREDIT CARD STATEMENT IS RECEIVED

CREDIT CARD # SECURITY CODE

Or by check, payable to **Texas Society of Psychiatric Physicians**, 401 West 15th Street, Suite #675, Austin, TX 78701. Do NOT make check payable to RFM Scholarship Program or it will be returned. You may write RFM Scholarship in the Notes Section of Your Check.


*Professional dues and/or Scholarship Fund donations may not be claimed as charitable contributions but may be deductible as ordinary and necessary business expense, less the estimated percentage of the dues used for lobbying. Estimated lobbying expenses for 2018-19 are 10%.*



Texas Society of Psychiatric Physicians and Texas Academy of Psychiatry

Spring Meeting & Continuing Medical Education Program

April 27, 2019, Austin, Texas



MAIL... (pay by credit card or check)

Texas Society of Psychiatric Physicians

401 West 15th Street, Suite 675, Austin, TX 78701

(The following options require credit card payment)

E-MAIL... TSPPofc@aol.com

ONLINE... http://www.txpsych.org

FAX... 512.478.5223

PHONE... 512.478.0605

To remit payment online, complete this form and return to tsppofc@aol.com via email and request an email invoice from Quickbooks Online.

REGISTRATION

NAME

E-MAIL ADDRESS FOR MEETING CONFIRMATION

Please check if you are a:

☐ APA Distinguished Life Fellow

☐ APA Distinguished Fellow

☐ APA Fellow

☐ APA Life Fellow

☐ APA Life Member

ADDRESS / CITY / STATE / ZIP:

PHONE/FAX

REGISTRATION FEE

☐ SATURDAY LUNCH

\$25.00

☐ CME PROGRAM, AND DINNER

TSPP / ACADEMY / TSCAP Member

\$155.00

RESIDENT-FELLOW IN TRAINING / TSPP / ACADEMY / TSCAP MEMBER

\$25.00\*\*

NON-MEMBER PHYSICIAN

\$185.00

NON-MEMBER RESIDENT-FELLOW PHYSICIAN, MEDICAL STUDENT

\$35.00

ALLIED HEALTH PROFESSIONAL

\$125.00

Name(s) for name badge:

SPOUSE / GUEST (no CME credit)

\$85.00

Name(s) for name badge:

\*\* NO CHARGE, if your Program Training Director registers for the CME Program.

Enter Program Director's name here:

MEETING SYLLABUS ORDER

☐ Meeting Syllabus in Color

\$155.00

☐ Meeting Syllabus in Black & White


\$125.00

☐ Online Meeting Syllabus

No Charge

☐ Vegetarian Plate Requested

\$15.00

 If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605.

Total Registration Fees

METHOD OF PAYMENT:

☐ Check in the Amount of \$ Make Checks Payable to Texas Society of Psychiatric Physicians

Please Charge \$ To My: ☐ VISA ☐ MasterCard ☐ American Express

Credit Card # Expiration Date:

3 or 4 Digit Code on Back of Card on Right of Signature Panel

Name of Cardholder (as it appears on card)

Signature

ADDRESS WHERE YOU RECEIVE YOUR CREDIT CARD STATEMENT (include address, city, state, zip):

CANCELLATION POLICY: In the event of cancellation, a full refund will be made if written notice is received in the TSPP office by March 27, 2019, less a 25% processing charge. NO REFUNDS will be given after March 27, 2019

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TEXAS PSYCHIATRIST

APRIL/MAY 2019



Texas Society of Child and Adolescent Psychiatry

# Annual Convention & Scientific Program

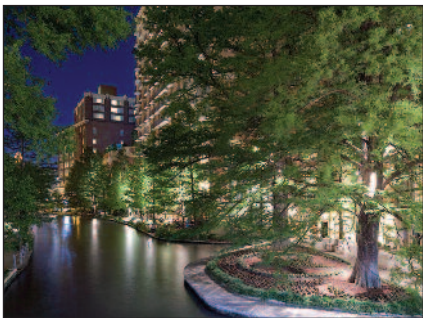
## A Generation in Distress: Depression and Suicidality in the Teenage Years

JULY 19-21, 2019 • Westin Riverwalk Hotel • San Antonio, Texas

### GENERAL INFORMATION

#### MEETING LOCATION

TSCAP's Annual Convention and Scientific Program will be held at the Westin Riverwalk Hotel, recently honored as one of the World's Best Places to Stay by Conde Nast Traveler's acclaimed Gold List. Located at 420 W. Market Street, on the banks of the historic Riverwalk the Westin Riverwalk, San Antonio Hotel features a heated outdoor pool and WestinWORKOUT® Fitness Studio. The Woodhouse Day Spa® is an oasis-like spa that ensures rejuvenation. Savor authentic Italian cuisine and river views from the patio of Zocca Cuisine d'Italia located in the hotel or sample the delicious options at the hotel's café or pool bar. In addition, the Westin Riverwalk offers guests direct access to one of the most charming and beloved Texas destinations, the San Antonio Riverwalk. Whether you set out on foot or, by the water taxi that picks up outside of the hotel on the banks of the River, the hotel's location overlooking the Riverwalk invites you to explore the myriad restaurants, shops and entertainment venues that line the banks of the San Antonio River as it winds through downtown.



Wander a bit further and you'll discover rich sites of culture and the arts. Breathe in some Texas history at The Alamo and the Spanish Governor's Palace, stroll through Market Square and La Villita, San Antonio's historic arts village, or sip a cold microbrew at the Historic Pearl Brewery. Great family attractions, including the San Antonio Zoo and Six Flags Fiesta Texas, are just short trips from the hotel.

#### HOTEL RESERVATIONS / PARKING

Special TSCAP discounted room rates are available to program registrants BEFORE JUNE 18 or upon sell-out, whichever occurs first. Make your hotel reservation today by calling Central Reservations at 1-888-627-8396 or visit [www.txpsych.org](http://www.txpsych.org) and click on the following link in the TSCAP Program Information:

<https://www.marriott.com/event-reservations/reservation-link.mi?id=1548103732990&key=GRP&app=resvlink>

TSCAP discounted room rates:  
\$177 Traditional, City Side, Single or Double  
\$207 Deluxe River Side Single or Double

Discounted valet parking available for TSCAP meeting registrants and guests July 19-21 at the rate of \$25.00, or a self-parking pay lot is available across from the hotel.

#### OPENING WELCOME RECEPTION WITH EXHIBITORS

Make plans to attend the complimentary festive Fiesta Welcome Reception with Exhibitors on Friday evening, 6:30 pm - 8:30 pm, Navarro B Room, Ballroom Level. Visit throughout the evening with your friends, colleagues and exhibitors in a fun-filled, relaxing atmosphere and complete your entry for the special door prize drawings to be awarded on Saturday!

#### EXHIBITS

TSCAP's Welcome Reception, Continental Breakfasts and Refreshment Breaks, will be held in the Navarro B Room, Ballroom Level of the Westin Riverwalk Hotel. Exhibits will be open throughout the evening, Friday, and all day Saturday and provide you with information designed to enhance your practice and help improve the optimal delivery of medical care to your patients. In addition, there will be 'job fair' exhibitors who have employment opportunities for Psychiatrists in the State of Texas.

Welcome Reception	Friday - 6:30 - 8:30 pm
Continental Breakfast	Saturday - 7:30 am - 8:30 am
Refreshment Break and Door Prize Drawings	Saturday - 10:30 am - 10:50 am
Refreshment Break and Door Prize Drawings	Saturday - 11:50 am - 12:10 pm
Refreshment Break with Exhibitors and Door Prize Drawings	Saturday - 1:10 pm - 1:30 pm
Exhibitors Tear Down and Depart	Saturday - 3:00 pm - 4:00 pm

#### ANNUAL MEETING BREAKFAST

The Annual TSCAP Business Meeting and Breakfast will be held Sunday, 7:45 am-8:45 am in the Madero Room, Ballroom Level.

#### EXHIBITORS

American Professional Agency, Inc  
Genomind  
Meridell Achievement Center  
Professional Risk Management Services, Inc.  
Tris Pharma, Inc.

### PROGRAM AT A GLANCE

#### Friday, July 19

12:00 pm - 8:30 pm	Temporary Registration . . . . . (Friday Only) Hotel Main Lobby
2:00 pm - 5:00 pm	Exhibit Set-Up . . . . . Navarro B, Ballroom Level
4:00 pm - 5:30 pm	TSCAP Executive Committee Meeting . . . . . Zapata - Ballroom Level
6:30 pm - 8:30 pm	Fiesta Welcome Reception with Exhibitors . . . . . Navarro B, Ballroom Level

#### Saturday, July 20

7:00 am - 4:30 pm	Registration . . . . . (New Location) Navarro Pre-Function
7:30 am - 8:30 am	Continental Breakfast with Exhibitors . . . . . Navarro B, Ballroom Level
8:00 am - 2:45 pm	Scientific Program . . . . . Navarro A, Ballroom Level
<i>Note: For Saturday's Program, to reduce expenses, refreshments will be set in one location, in the Exhibit Hall, Navarro B</i>	
10:30 am - 10:50 am	Refreshment Break and Door Prize Drawings . . . . . Navarro B, Ballroom Level
11:50 am - 12:10 pm	Refreshment Break and Door Prize Drawings . . . . . Navarro B, Ballroom Level
1:10 pm - 1:30 pm	Refreshment Break and Door Prize Drawings . . . . . Navarro B, Ballroom Level
3:00 pm - 4:00 pm	Exhibits Teardown / Depart . . . . . Navarro B, Ballroom Level

#### Sunday, July 21

7:00 am - 1:00 pm	Registration . . . . . Navarro Pre-Function
7:45 am - 8:45 am	TSCAP Annual Business Meeting and Breakfast Open to All Attendees . . . . . Madero, Ballroom Level
8:45 am - 12:30 pm	Scientific Program . . . . . Navarro A, Ballroom Level
10:15 am - 10:30 am	Refreshment Break . . . . . Navarro Pre-Function



### TSCAP Annual Convention & Scientific Program

*"A Generation in Distress:  
Depression and Suicidality in the Teenage Years"*  
July 19-21, 2019 • Westin Riverwalk Hotel, San Antonio, Texas

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#### REGISTRATION

NAME	DEGREE		
MAILING ADDRESS	CITY	STATE	ZIP
TELEPHONE NUMBER	FAX NUMBER	E-MAIL	

Name(s) of Guest(s) Attending \_\_\_\_\_

#### SCIENTIFIC PROGRAM REGISTRATION

(Includes Scientific Program, Saturday Lunch During Resident Case Presentation, Saturday & Sunday Refreshment Breaks).

	Before June 18	After June 18	
TSCAP Member Physician	\$195	\$215	_____
Non-Member Physician	\$250	\$270	_____
Spouse / Guest Claiming CME Credit	\$195	\$215	_____
Allied Health Professional / Spouse / Guest	\$180	\$200	_____
TSCAP Member Trainee	\$15	\$30	_____
Non-Member Trainee	\$25	\$50	_____
Medical Student	\$0	\$15	_____

#### SOCIAL EVENTS

☐ **Friday Welcome Reception**  
Name(s) Attending Reception: \_\_\_\_\_

☐ **Sunday Membership Business Breakfast**

TSCAP Member	\$15	\$20	_____
Non-Members/Guests/Spouse/Child	\$20	\$25	_____

Name(s) Attending Breakfast: \_\_\_\_\_

#### MEETING SYLLABUS ORDER

<input type="checkbox"/> Online Meeting Syllabus	Free	Free	_____
<input type="checkbox"/> Color Printed Copy	\$75	\$100	_____
<input type="checkbox"/> Black & White Copy	\$50	\$75	_____

☐ **Vegetarian Plate Requested.** No additional fee if requested prior to June 18, otherwise there will be an additional fee of \$15.00.

If you require any special assistance to fully participate in this conference, please contact TSCAP via e-mail [tscapof@aol.com](mailto:tscapof@aol.com) or 512/478-0605.

**TOTAL REGISTRATION**

#### PAYMENT INFORMATION

Check in the Amount of \$ \_\_\_\_\_ *Make Checks Payable to Texas Society of Child and Adolescent Psychiatry*  
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ADDRESS WHERE YOU RECEIVE YOUR CREDIT CARD STATEMENT (include address, city, state, zip): \_\_\_\_\_

**CANCELLATIONS**—Deadline for cancellation is June 18, 2019. In the event of cancellation, a full refund will be made if written notice is received in the TSCAP office by June 18, 2019, less a 25% handling charge. NO REFUNDS WILL BE GIVEN AFTER JUNE 18, 2019.



Texas Society of Child and Adolescent Psychiatry

# Annual Convention & Scientific Program

## A Generation in Distress: Depression and Suicidality in the Teenage Years

JULY 19-21, 2019 • Westin Riverwalk Hotel • San Antonio, Texas

### SCIENTIFIC PROGRAM SCHEDULE

#### Saturday, July 20 (5 Hours Category I CME Credit Hours™)

8:00 - 8:30 am	Welcome & Opening Remarks
8:30 - 9:30 am	<b>Depression Awareness, Screening and Treatment in Children and Adolescents</b> KEYNOTE SPEAKER: Karen Dineen Wagner, MD, PhD <i>Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:</i> <ul style="list-style-type: none"><li>Screen, identify, diagnose and treat depressed adolescents.</li></ul>
9:30 - 10:30 am	<b>Evidence Based Treatments in Suicidal Youth</b> Jennnifer L. Hughes, PhD, MPH <i>Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:</i> <ul style="list-style-type: none"><li>Identify different interventions and evidence based treatments for suicidal youth.</li></ul>
10:30 - 10:50 am	Refreshment Break
10:50 - 11:50 am	<b>Depression and Increased Suicide Rate in African American Children</b> Napoleon B. Higgins, Jr., MD <i>Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:</i> <ul style="list-style-type: none"><li>Discuss the increased suicide rate in African American children and identify the specific issues that racial and ethnic minority groups face.</li></ul>
11:50 - 12:10 pm	Refreshment Break
12:10 - 1:10 pm	<b>Resident Case Presentation and Faculty Discussant</b> Resident and Faculty Discussant TBD
1:10 - 1:30 pm	Refreshment Break
1:30 - 2:30 pm	<b>The Use of Telepsychiatry in the Evaluation and Treatment of Adolescent Depression</b> Manish Aligeti, MD, MHA <i>Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:</i> <ul style="list-style-type: none"><li>Identify the clinical, legal, regulatory and ethical issues related to the use of telepsychiatry when evaluating and treating depressed adolescents.</li></ul>
2:30 - 2:45 pm	Closing Remarks

#### Sunday, July 21 (3 Hours Category I CME Credit Hours™)

8:45 - 9:15 am	Welcome & Opening Remarks
9:15 - 10:15 am	<b>Use of Service, Emotional Support and Therapy Animals</b> Joseph Shotwell, MD <i>Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:</i> <ul style="list-style-type: none"><li>Discuss the use of animal-asisted interventions in the treatment of child and adolescent psychiatric disorders.</li></ul>
10:15 - 10:30 am	Refreshment Break
10:30 - 11:30 pm	<b>ETHICS PANEL: Technology and its Effects on Development and Adolescent Relationships</b>  <b>Social Media, Development and Identity Formation in Children and Adolescents</b> Tracy Asamoah, MD <i>Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:</i> <ul style="list-style-type: none"><li>Identify the effects of social media on the physical, psychological, cognitive well-being and overall child and adolescent development, and discuss how social media can be beneficial or harmful to youth.</li></ul>
	<b>Sexting and Teen Dating Violence</b> Jeff R. Temple, PhD <i>Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:</i> <ul style="list-style-type: none"><li>Identify the clinical, legal and ethical issues related to sexting, cyberbullying and teen dating violence</li></ul>
11:30 - 12:30 pm	<b>ETHICS: The Use of Special Education or Section 504 Services</b> Anna Draker, M.S. Ed <i>Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:</i> <ul style="list-style-type: none"><li>Discuss federal and state special education laws and to identify the different special education designations, the difference between Response to Intervention (Rtl), Section 504 Services and Special Education, and appropriate ways to advocate for school services for their patients.</li></ul>

#### ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of the Texas Society of Psychiatric Physicians and the Texas Society of Child and Adolescent Psychiatry. The Texas Society of Psychiatric Physicians is accredited by TMA to provide continuing education for physicians.

#### CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of eight (8) AMA PRA Category I Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### ETHICS DESIGNATION STATEMENT

The presentations "Ethics Panel on Technology and its Effects on Development and Adolescent and Relationships The Use of Special Education or Section 504 Services" have been designated by the Texas Society of Psychiatric Physicians for a total of two (2) credits of education in medical ethics and/or professional responsibility.

#### TARGET AUDIENCE/ PROGRAM OBJECTIVES

This live activity has been designed with didactic lectures supplemented with clinical vignettes, audiovisual presentations, direct discussion and case presentation and discussion in multiple educational sessions. The program is designed to provide its' target audience of Child and Adolescent Psychiatrists, Adult Psychiatrists, Pediatricians and Primary Care Physicians with clinically relevant information to advance the physicians' competence and provide them with effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

#### NEEDS ASSESSMENT

TSCAP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of the participants.

#### FACULTY AND PLANNERS DISCLOSURE POLICY

In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered to the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the education activity.

TSPP will disclose to learners the existence (or non-existence) of all relevant financial relationship(s) that the faculty and planners did (or did not) have with any commercial interest concerned with the content of the educational presentation.

Disclosure will occur prior to the presentation through written communication in the syllabus / handout materials.

### ABOUT THE SPEAKERS

#### Manish Aligeti, MD, MHA

Clinical Assistant Professor  
Texas Tech University Health Sciences Center  
Department of Child Psychiatry  
Lubbock, TX  
TSCAP/AACAP Delegate (2016-19)

#### Tracy Asamoah, MD

Child and Adolescent Psychiatrist  
Private Practice  
Austin, TX  
TSCAP/AACAP Delegate (2018-21)  
AACAP Media Committee, Member

#### Anna Draker, M.S. Ed

Assistant Director of Evaluation for 504 Compliance and Services  
Department of Testing and Evaluatoin  
Northside Independent School District  
San Antonio, TX

#### Napoleon B. Higgins, Jr., MD

Past President  
APA Caucus of Black Psychiatrists  
Former President  
Black Psychiatrists of America  
Past Secretary/Treasurer  
National Medical Association

#### Jennnifer L. Hughes, PhD, MPH

Psychologist  
Head of Risk & Resilience Network  
Center for Depression Research and Clinical Care  
Assistant Professor  
UT Southwestern Medical Center  
Dallas, TX

#### Joseph Shotwell, MD

Assistant Professor  
Department of Psychiatry and Behavioral Sciences  
University of Texas Medical Branch  
Galveston, TX

#### Jeff R. Temple, PhD

Professor  
Department of Obstetrics and Gynecology  
Director of Behavioral Health and Research  
University of Texas Medical Branch  
Galveston, TX

#### Karen Dineen Wagner, MD, PhD

Professor and Chair  
Department of Psychiatry and Behavioral Sciences  
Titus Harris Chair  
Harry K. Davis Professor  
University of Texas Medical Branch  
Galveston, TX  
Immediate Past President  
American Academy of Child and Adolescent Psychiatry



**T**he Texas Foundation for Psychiatric Education and Research concluded ANNUAL CAMPAIGN 2018 ON December 31 with excellent results thanks to the generous financial support of Texas Psychiatry, advocates and friends. Annual Campaign 2018 received \$14,534.00 in charitable contributions.

In 2018 the Foundation awarded grants for Chapter Activity MIAW events and TSPP educational programs supporting the purposes of the Foundation Public Education/Advocacy, Professional Education and Research.

To recognize the participation of individuals, corporations, organizations and foundations who support the Foundation, the Foundation established Donor Recognition Designations as follows:

Honors and recognizes friends of the Foundation who contribute or pledge a cumulative sum of \$10,000 or more.

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For Those that helped launch the Foundation into the 21st Century, the Foundation recognizes the donors who contributed at least \$2,000 from 1999-2003.

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Kevin Martin (P) 409-747-2694 (E) [kelmarti@utmb.edu](mailto:kelmarti@utmb.edu)

Mandy Berry (P) 409-747-2749 (E) [manberry@utmb.edu](mailto:manberry@utmb.edu)

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The Foundation proudly wishes to acknowledge the following donors who earned membership in the ANNUAL CAMPAIGN 2018 as Foundation Associates and Foundation Advocates:

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Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

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## CALENDAR OF MEETINGS

### APRIL

- 26-28 Texas Society of Psychiatric Physicians and Texas Academy of Psychiatry Spring Meeting and CME Program "Treating the Seriously Mentally Ill"**  
Westin Austin at the Domain Hotel, Austin, Texas  
Registration: Mailed and Posted Online at [www.txpsych.org](http://www.txpsych.org)  
Hotel Reservations: \$189 on or before April 4  
Reserve online at [www.txpsych.org](http://www.txpsych.org) or  
<https://book.passkey.com/event/49719142/owner/3061945/home>

### MAY

- 17-18 Texas Medical Association TEXMED Section on Psychiatry**  
Hilton Anatole Hotel, Dallas, Texas  
Registration: <https://www.texmed.org/TexMed/>
- 18-22 APA Annual Meeting**  
San Francisco, California

### JULY

- 19-21 Texas Society of Child and Adolescent Psychiatry Annual Meeting and Scientific Program – "A Generation in Distress: Depression and Suicidality in the Teenage Years"**  
Westin Riverwalk Hotel, San Antonio, Texas  
Registration: Coming Soon  
Hotel Reservations: \$177 City Side / \$207 River Side on or before June 18  
1-888-627-8396

### OCTOBER

- 14-19 American Academy of Child and Adolescent Psychiatry Annual Meeting**  
Hyatt Regency Chicago, Chicago, IL

### NOVEMBER

- 8-10 Texas Society of Psychiatric Physicians 63rd Annual Meeting and Scientific Program**  
Moody Gardens Hotel, Galveston, Texas  
Registration: Coming Soon  
Hotel Reservations: \$142 on or before October  
888-388-8484