



Texas Society of Child and Adolescent Psychiatry

Annual Convention & Scientific Program

Update in Child and Adolescent Psychiatric Care: Challenges and Innovations in Practice



JULY 27-29, 2018
Moody Gardens Hotel, Galveston, Texas





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GENERAL INFORMATION



MEETING LOCATION

TSCAP's Annual Convention and Scientific Program will be held at the Moody Gardens Hotel and Spa, Seven Hope Blvd., in Galveston. Surrounded by 242 acres of lush tropical garden landscaping and majestic pyramids, Moody Gardens Hotel, Spa and Convention Center is Galveston Island's premier meeting destination. Moody Gardens features:

- **Full Service Spa and Fitness Center**, complete with indoor lap pool.
- **Aquarium Pyramid** – Ten-story aquarium pyramid has ocean life from the South Atlantic, north Pacific, South Pacific, and Caribbean. This 1.5-million-gallon Moody Gardens aquarium teems with creatures, including tuxedo-clad penguins, seals, stingrays, sharks, and more. With new renovations recently completed, it has a new shine that adds to nature's awe.
- **Rainforest Pyramid** – Visit the rainforests of Asia, Africa, and the Americas. This large collection of rainforest animals and plants gives you a rare, up-close experience with endangered plants and animals. See Giant Amazon River Otters, Saki Monkeys, and Chinese Alligators. One of the truest replicas of a real rainforest, this pyramid is a must see.
- **Discovery Museum** – Dive into excitement at Nickelodeon's SpongeBob SubPants Adventure! On this wild and silly deep-sea submarine voyage, YOU choose the destination and YOU interact with your hapless captain -- Patrick Star! Plunge into a world of immersive 3D media, a torrent of special effects and a nonstop whirlwind of surprises! With an improvised, real time interaction with Patrick Star, and varying destinations, your adventure is never the same twice. Also in the Discovery Museum is the current exhibit, Da Vinci: The Exhibition. The exhibit is a hands-on examination of da Vinci's life, research and art featuring more than 60 fully-built, life-size inventions, more

than 20 fine art studies and dozens of stunning displays. Guests will learn the complex beginnings and lifetime achievements of da Vinci through his discoveries in art, engineering, flight, hydraulics, music, light and more.

- **3D and 4D Theaters** – Immerse yourself in the MG 3D Theater featuring the world's first giant-screen 4K 6-Primary Laser Projection System. Already with the largest screen in Texas and top-of-the-line surround sound system, this state-of-the-art 3D viewing experience gives guests the best viewing experience in the world. Engage all of your senses at our 4D theater! Enjoy 3D projection, audio and show control systems along with wind, seat sensors, leg ticklers, scent, misters and snow put you in the action
- **Colonel Paddlewheel Boat** – Live the high-life on an hour-long cruise aboard a replica of an 1800s paddlewheel boat. Dinner and private cruises are available.
- **Rope Course and Zip Line** – This unique seaside challenge has fun for all ages. The Sky Trail Ropes Course is the tallest steel rope course on the Gulf Coast, and the Sky Tykes Rope Course gives smaller kids their own course to explore. The Moody Gardens Zip Line races 60 feet in the air over Palm Beach and its lazy river.
- **Palm Beach Waterpark** - Enjoy a new lazy river, wave pool and tower slides. Sink your toes into white sand with palm trees, freshwater lagoons, splash pad, volleyball courts, aquatic playground and more.

In addition, Galveston Island offers:

Schlitterbahn Waterpark – a large waterpark within walking distance of Moody Gardens Hotel. Your stay in Galveston is not complete without a visit to Schlitterbahn's dozens of water attractions. With activities for kids and adults of all ages, Schlitterbahn is a quintessential family Gulf Coast destination. Among its many thrill rides, the park offers the Wolfpack, with three-person rafts that whirl down a giant tube chute. Slower rides at Schlitterbahn Galveston include Kristal River, a classic lazy river that winds through the Transportainment River System, which lets guests travel the whole park without leaving the water.

Galveston Island Historic Pleasure Pier – jutting out 1,000 feet over the surf at 25th Street, where the original Pleasure Pier stood from 1943 until it was destroyed by Hurricane Carla in 1961, the \$60 million project put a roller coaster and Ferris wheel over the Gulf of Mexico and features 16 rides, carnival games and souvenir shops, food vendors and the state's first Bubba Gump Shrimp Co. Designed to be a first-rate waterfront tourist spot on par with the Navy Pier in Chicago and Santa Monica Pier in Southern California it's an attraction not to be missed!

HOTEL RESERVATIONS / PARKING

Special TSCAP discounted room rates of \$199 are available to program registrants **BEFORE JULY 4 or upon sell-out, whichever occurs first.** Make your hotel reservation today by calling 1-888-388-8484 or visit www.txpsych.org and click on the link in the TSCAP Program information, or paste the following link in your browser:

<https://res.windsurfercrs.com/ibe/details.aspx?propertyid=14179&nights=1&checkin=07/27/2018&group=TSCAP718>

- TSCAP discounted room rates \$199
- Single-Quad Occupancy
- Self-Parking Complimentary
- Valet Parking \$20.00 for overnight

**Booking a room within the TSCAP room block is an important way to support TSCAP and helps to keep the overall meeting registration fee and costs as low as possible. Booking outside of the TSCAP block, or at another hotel could expose TSCAP to monetary charges for attrition. Plus, staying in the hotel keeps you connected with all the activities and networking opportunities during the event. Please help us help you by booking your room at the hotel hosting the meeting and within the TSCAP room block.*

OPENING WELCOME RECEPTION WITH EXHIBITORS

Make plans to attend the complimentary Welcome Reception with Exhibitors on Friday evening, 6:30 pm-8:30 pm, in the Moody 1 Ballroom, Moody Gardens Hotel. Visit throughout the evening with your friends, colleagues and exhibitors in a fun-filled, relaxing atmosphere and complete your entry for the special door prize drawings to be awarded on Saturday!

ASK THE EXPERT BOOTH

Dr. Christopher Thomas will be available during the refreshment breaks on Saturday at the 'Ask the Expert Booth' in the Exhibit Hall to answer questions you may have about Maintenance of Certification.

EXHIBITS

TSCAP's Welcome Reception, Continental Breakfasts and Refreshment Breaks, will be held in the Moody I Ballroom of the Moody Gardens

Hotel. Exhibits will be open throughout the evening, Friday, and all day Saturday and provide you with information designed to enhance your practice and help improve the optimal delivery of medical care to your patients. In addition, there will be 'job fair' exhibitors who have employment opportunities for Psychiatrists in the State of Texas.

- Welcome Reception – Friday, 6:30-8:30 pm
- Continental Breakfast – Saturday, 7:30 am-8:30 am
- Refreshment Break and Door Prize Drawings Saturday, 10:30 am-10:50 am
- Refreshment Break and Door Prize Drawings Saturday, 11:50 am-12:10 pm
- Refreshment Break with Exhibitors and Door Prize Drawings Saturday, 1:10 pm-1:30 pm
- Exhibitors Tear Down and Depart Saturday, 3:00 pm-4:00 pm

EXHIBITORS

- American Professional Agency, Inc.
- Clarity Child Guidance Center
- GeneSight
- Genomind
- Meridell Achievement Center
- Professional Risk Management Services, Inc. (PRMS)
- Rhodes Pharmaceuticals L.P.
- San Marcos Treatment Center
- Texas Foundation for Psychiatric Education and Research
- The Menninger Clinic
- Tris Pharma, Inc.
- UTMB CMC

ANNUAL MEETING BREAKFAST

The Annual TSCAP Business Meeting and Breakfast will be held Sunday, 7:45 am - 8:45 am in the Vine Room of the Moody Gardens Hotel.

 PROGRAM AT A GLANCE	
Friday, July 27	
12:00 pm - 8:30 pm	Registration Moody Gardens Ballroom Foyer
2:00 pm - 5:30 pm	Exhibit Set-UpMoody I
4:00 pm - 5:30 pm	TSCAP Executive Committee MeetingBoardroom
6:00 pm-8:30 pm	Kendra Scott Jewelry Trunk Show to benefit the Texas Foundation for Psychiatric Education and Research – 20% of all sales will be donated to the FoundationMoody I
6:30 pm - 8:30 pm	Welcome Reception with ExhibitorsMoody I
Saturday, July 28	
7:00 am - 4:30 pm	RegistrationMoody Gardens Ballroom Foyer
7:30 am - 8:30 am	Continental Breakfast with ExhibitorsMoody I
8:00 am - 3:45 pm	Scientific ProgramMoody II
<i>Note: For Saturday's Program, to reduce expenses, refreshments will be set in one location, in the Exhibit Hall, Moody I</i>	
10:30 am - 10:50 am	Refreshment Break and Door Prize DrawingsMoody I
<i>Visit with Dr. Christopher Thomas, 'Ask the Expert' Booth', about MOC Questions</i>	
11:50 am - 12:10 pm	Refreshment Break and Door Prize DrawingsMoody I
<i>Visit with Dr. Christopher Thomas, 'Ask the Expert' Booth', about MOC Questions</i>	
1:10 pm - 1:30 pm	Refreshment Break and Door Prize DrawingsMoody I
<i>Visit with Dr. Christopher Thomas, 'Ask the Expert' Booth', about MOC Questions</i>	
3:00 pm - 4:00 pm	Exhibits Teardown / DepartMoody I
Sunday, July 29	
7:00 am - 1:00 pm	RegistrationMoody Gardens Ballroom Foyer
7:45 am - 8:45 am	TSCAP Annual Business Meeting and Breakfast Open to All Attendees (see registration form)Vine Room
8:45 am - 12:30 pm	Scientific ProgramMoody II
10:15 am - 10:30 am	Refreshment BreakSouth Ballroom Foyer

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SCIENTIFIC PROGRAM SCHEDULE

Saturday, July 28 (5 Hours Category I CME Credit Hours)

8:00 - 8:30 am Welcome & Opening Remarks

8:30 - 9:30 am Challenges and Advocacy for Children of Military Services
Sharette Kirsten Gray, MD, FAPA

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Identify and discuss the unique challenges of children in military families.

9:30 - 10:30 am Current Management of Eating Disorders
Urszula B. Kelley, MD, CEDS-S

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Understand how to treat patients with eating disorders in an out-patient setting, where there are not in-patient facilities nearby.

10:30 - 10:50 am Refreshment Break

10:50 - 11:50 am Transitioning of Youth with Autism to Adulthood
Jane A. Ripperger-Suhler, MD

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Identify the unique challenges involved in treating patients, transitioning to adulthood.

11:50 - 12:10 pm Refreshment Break

12:10 - 1:10 pm Case Report on Patient with Autism Transitioning to Adulthood – Resident Case Presentation and Faculty Discussant
Naga (Babu) Bodapati, MD, Resident
Melissa DeFilippis, MD, Faculty Discussant

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Discuss the transition of care from child and adolescent provider to adult psychiatrist.
- Discuss autism beyond high school.
- Discuss planning of transition by the parents in collaboration with the patient Pediatrician and Psychiatrist.
- Recognize legal matters to consider during the transition.

1:10 - 1:30 pm Refreshment Break

1:30 - 2:30 pm Risks and Benefits of Commonly Used Complementary and Alternative Treatments with Patients
Steven R. Pliszka, MD

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Identify and discuss the risks and benefits of commonly used complementary and alternative treatments with patients.

2:30 - 2:45 pm Closing Remarks

Sunday, July 29 (3 Hours Category I CME Credit Hours)

8:45 - 9:15 am Welcome & Opening Remarks

9:15 - 10:15 am Technology Applications
Christopher R. Thomas, MD

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Identify and discuss apps and other electronic media resources with patients that may help them with mood-tracking, menstrual cycle tracking and relaxation techniques, among other resources.

10:15 - 10:30 am Refreshment Break

10:30 - 11:30 am ETHICS: Legal Issues When Supervising Advanced Nurse Practitioners and Their Role in the Practice of Child Psychiatry
Moira Wertheimer, Esq., RN, CPHRM, FASHRM

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Understand legal and record-keeping implications involved with supervising physician extenders.

11:30 am - 12:30 pm ETHICS: Use of Genetic Testing in the Practice of Child Psychiatry
Graham J. Emslie, MD

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Discuss whether or not genetic testing offers benefit to treating their patients.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of the Texas Society of Psychiatric Physicians and Texas Society of Child and Adolescent Psychiatry. The Texas Society of Psychiatric Physicians is accredited by TMA to provide continuing medical education for physicians.

CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of eight (8) AMA PRA Category I Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ETHICS DESIGNATION STATEMENT

The ethics presentations “Legal Issues When Supervising Advanced Nurse Practitioners and Their Role in the Practice of Child Psychiatry” and “Use of Genetic Testing in the Practice of Child Psychiatry” have

been designated by the Texas Society of Psychiatric Physicians for a total of two (2) credits of education in medical ethics and/or professional responsibility.

TARGET AUDIENCE/PROGRAM OBJECTIVES

This live activity has been designed with didactic lectures supplemented with clinical vignettes, audio-visual presentations, direct discussion and case presentation and discussion in multiple educational sessions.

The program is designed to provide its’ target audience of Child and Adolescent Psychiatrists, Adult Psychiatrists, Pediatricians and Primary Care Physicians with clinically relevant information to advance the physicians’ competence and provide them with effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgment of the information presented in the educational activity into their practice.

NEEDS ASSESSMENT

TSCAP has incorporated into this CME activity the relevant educational needs concerning competence

that underlie the professional practice gaps of the participants.

FACULTY AND PLANNERS DISCLOSURE POLICY

In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered to the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the education activity.

TSPP will disclose to learners the existence (or non-existence) of all relevant financial relationship(s) that the faculty and planners did (or did not) have with any commercial interest concerned with the content of the educational presentation.

Disclosure will occur prior to the presentation through written communication in the syllabus / handout materials.

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ABOUT THE SPEAKERS

Naga (Babu) Bodapati, MD

Fellowship – Child Psychiatry
University of Texas Medical Branch at Galveston
Galveston, Texas

Melissa DeFilippis, MD

Associate Professor
Department of Psychiatry
Director, Child and Adolescent Division
University of Texas Medical Branch at Galveston
Galveston, Texas

Graham J. Emslie, MD

Charles E. and Sarah M. Seay Chair in Child Psychiatry
Department of Psychiatry / Pediatrics
UT Southwestern Medical Center
Division Director
Children's Health
Dallas, TX

Sharette Kirsten Gray, MD, FAPA

Staff Psychiatrist
Domiciliary
Mental Health and Behavioral Medicine
Central Texas Veterans Health Care Center
Temple, Texas

Urszula B. Kelley, MD, CEDS-S

Professor of Psychiatry
UT Southwestern Medical Center
Division of Child and Adolescent Psychiatry
Chief of Psychiatric Services, CHST, Plano Campus
Plano, TX

Steven R. Pliszka, MD

Dielmann Distinguished Professor and
Chair of the Department of Psychiatry
University of Texas Health Science Center at San
Antonio
San Antonio, TX

Jane Ripperger-Suhler, MD

Assistant Professor of Psychiatry
Program Director, Child and Adolescent Psychiatry
Department of Psychiatry
Dell Medical School
The University of Texas at Austin
Austin, Texas

Christopher R. Thomas, MD

Robert L. Stubblefield Professor of Child Psychiatry
Assistant Dean for Graduate Medical Education
Director of Child Psychiatry Residency Training
University of Texas Medical Branch at Galveston
Galveston, TX

Moira Wertheimer, Esq., RN, CPHRM, FASHRM

Assistant Vice President
Healthcare and Psychiatric Risk Management Group
AWAC Services Company
Member Company of Allied World
Farmington, CT



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MAIL... (pay by credit card or check)
Texas Society of Child and Adolescent Psychiatrists
401 West 15th Street, Suite 675, Austin, TX 78701
(The following options require credit card payment)
E-MAIL... TSCAPofc@aol.com
ONLINE ... http://www.txpsych.org
FAX ... (512) 478-5223

To remit payment online, complete this form and return to tscapofc@aol.com via email. An email invoice will be sent to you via Quickbooks for payment.

REGISTRATION

NAME _____		DEGREE _____	
MAILING ADDRESS _____	CITY _____	STATE _____	ZIP _____
TELEPHONE NUMBER _____	FAX NUMBER _____	E-MAIL _____	

Name(s) of Guest(s) Attending _____

SCIENTIFIC PROGRAM REGISTRATION (Includes Scientific Program, Saturday Lunch During Resident Case Presentation, Saturday & Sunday Refreshment Breaks).

	<i>Before July 4</i>	<i>After July 4</i>	
TSCAP Member Physician	\$195	\$215	_____
Non-Member Physician	\$250	\$270	_____
Spouse / Guest Claiming CME Credit	\$195	\$215	_____
Allied Health Professional / Spouse / Guest	\$180	\$200	_____
TSCAP Member Trainee	\$15	\$30	_____
Non-Member Trainee	\$25	\$50	_____
Medical Student	\$0	\$15	_____

SOCIAL EVENTS

Friday Welcome Reception
Name(s) Attending Reception: _____

Sunday Membership Business Breakfast

TSCAP Member	\$15	\$20	_____
Non-Members/Guests/Spouse/Child	\$20	\$25	_____

Name(s) Attending Breakfast: _____

MEETING SYLLABUS ORDER

<input type="checkbox"/> Online Meeting Syllabus	Free	Free	_____
<input type="checkbox"/> Color Printed Copy	\$75	\$100	_____
<input type="checkbox"/> Black & White Copy	\$50	\$75	_____

Vegetarian Plate Requested. No additional fee if requested prior to July 4, otherwise there will be an additional fee of \$15.00.

If you require any special assistance to fully participate in this conference, please contact TSCAP via e-mail tscapofc@aol.com or 512/478-0605.

TOTAL REGISTRATION

PAYMENT INFORMATION

Check in the Amount of \$ _____ *Make Checks Payable to Texas Society of Child and Adolescent Psychiatry*

Please Charge \$ _____ To My: VISA MasterCard American Express

Credit Card # _____ Expiration Date: _____

3 or 4 Digit Security Code on Back of Card on Right of Signature Panel _____

Name of Cardholder (as it appears on card) _____

Signature _____

ADDRESS WHERE YOU RECEIVE YOUR CREDIT CARD STATEMENT (include address, city, state, zip): _____

CANCELLATIONS – Deadline for cancellation is July 4, 2018. In the event of cancellation, a full refund will be made if written notice is received in the TSCAP office by July 4, 2018, less a 25% handling charge. NO REFUNDS WILL BE GIVEN AFTER July 4, 2018.