

# Texas Psychiatrist



## Join Us at the TSCAP Annual Convention!

Nakia G. Scott, MD, President, Texas Society of Child and Adolescent Psychiatry

The Texas Society of Child and Adolescent Psychiatry 2018 Annual Convention and Scientific Program is July 27th -29th at the Moody Gardens Hotel in Galveston. Our theme this year is “Update in Child and Adolescent Psychiatric Care: Challenges and Innovations in Practice.” I encourage TSCAP members and nonmembers to register for the conference today.

Our experiences as child psychiatrists broaden with the evolution of our field. We are charged with expanding our knowledge in addressing the mental health needs of all children and adolescents. This conference includes a wide range of timely topics in child and adolescent psychiatry.

The Friday evening opening reception provides an opportunity to network with colleagues and the convention exhibitors. The Scientific Program begins Saturday morning with our keynote speaker, child psychiatrist Colonel (Ret) Sharette K Gray, M.D., FAPA, former Deputy Commander of Medical Services at Carl R Darnall Army Medical Center, who will provide greater insight into the unique challenges of working with children in military families. Urzula Kelley, M.D., Chief of Psychiatric Services, CHST, Plano Campus at UT Southwestern will provide an update on the

current management of eating disorders, followed by Jane Ripperger-Suhler, M.D., Child and Adolescent Psychiatry Training Director at Dell Medical School, who will discuss transitioning of youth with Autism to Adulthood. During lunch, Naga Bodapati, MD, Fellow, will present the Fellow Case Presentation, with Melissa DeFilippis, MD, serving as Faculty Discussant. Steven Pliszka, M.D., Chair of Psychiatry at the University of Texas Health Science Center at San Antonio will review the risks and benefits of commonly used complementary and alternative treatments.

Our scientific program Sunday morning begins with Christopher Thomas, M.D., Assistant Dean for Graduate Medical Education at UTMB. Dr. Thomas will review technology applications in practice. Moira Wertheimer, RN, JD, CPHRM, FASHRM will discuss the ethics of legal issues when supervising advanced nurse practitioners and physician assistants. Graham Emslie, M.D., Chair in Child Psychiatry at UT Southwestern Medical Center will address the ethics of using genetic tests in the practice of child psychiatry.

Please make note of a special offering at the conference this year. On Saturday, Christopher Thomas, M.D., Psychiatry

Director of the American Board of Psychiatry and Neurology will be available during breaks to field questions regarding maintenance of certification.

It has been a privilege to serve as the TSCAP President this year. I have been very blessed to work with this year's Executive Committee. Our organization would not be possible without the wisdom and administrative leadership of TSCAP Executive Director, Mrs. Debbie Giarratano. Mr. Eric Woormer, Federation of Texas Public Psychiatry Policy Advisor continues to keep us informed and does an exceptional job of advocating for our patients as well as Texas Psychiatrists. I appreciate all of the compassion and dedication that our members and staff have provided to our colleagues and our communities, especially during the aftermath of Hurricane Harvey.

TSCAP promotes the advancement of child and adolescent psychiatry and is dedicated to providing a forum for which we may engage with one another to facilitate the emotional wellbeing of children and adolescents. If you are not a member of TSCAP, please join.

I look forward to a wonderful weekend with everyone at the Annual Convention. ■



Nakia G. Scott, MD

### TSCAP Annual Convention & Scientific Program

*“Update in Child and Adolescent Psychiatric Care: Challenges and Innovations in Practice”*

July 27-29, 2018  
Moody Gardens Hotel • Galveston  
**Registration Form on page 2**



#### HOTEL RESERVATIONS

Special TSCAP discounted room rates of \$199 are available to program registrants **BEFORE JULY 4 or upon sell-out, whichever occurs first.** Make your hotel reservation today by calling 1-888-388-8484 or visit [www.txpsych.org](http://www.txpsych.org) and click on the link in the TSCAP Program information, or paste the following link in your browser:

<https://res.windsurfercrs.com/ibe/details.aspx?propertyid=14179&nights=1&checkout=07/27/2018&group=TSCAP718>

TSCAP discounted room rates \$199 Single-Quad Occupancy

## TSPP Resident Member Travel Scholarship Fund Approved and Now Accepting Donations!

The TSPP Executive Council approved the establishment of a TSPP Resident-Fellow Member Travel Scholarship Fund for the purpose of reducing the cost of Residents' travel expenses to attend TSPP's meetings. Funding is to be provided by voluntary donations from the membership, with implementation to begin when a minimum operating budget of \$5,000 is established, and maintained semi-annually. The funds, once accumulated, will be used to reimburse one night's accommodation at the host hotel for TSPP Resident Members attending TSPP's meetings. Applications and criteria for funding will be announced and available to TSPP Resident Members once the scholarship funds have been raised. Help us to help build the TSPP RFM Travel Scholarship and reach our initial \$5,000 Goal! ■

### TSPP RESIDENT-FELLOW MEMBER TRAVEL SCHOLARSHIP FUND

☐ Yes, I want to make a donation!

NAME AS IT APPEARS ON CARD

ADDRESS, CITY, ZIP WHERE CREDIT CARD STATEMENT IS RECEIVED

CREDIT CARD #

SECURITY CODE

Or by check, payable to **Texas Society of Psychiatric Physicians**, 401 West 15th Street, Suite #675, Austin, TX 78701. Do NOT make check payable to RFM Scholarship Program or it will be returned. You may write RFM Scholarship in the Notes Section of Your Check.

**Professional dues and/or Scholarship Fund donations may not be claimed as charitable contributions but may be deductible as ordinary and necessary business expense, less the estimated percentage of the dues used for lobbying. Estimated lobbying expenses for 2018-19 are 10%.**

### REGISTRATION NOW OPEN

## Texas Society of Psychiatric Physicians 62nd Annual Convention and Continuing Medical Education Program

*“Psychiatry and Public Health and Its Implications for Clinical Practice”*

November 9-11, 2018 • Omni Fort Worth • Fort Worth, Texas



#### HOTEL RESERVATION:

#### \$179 DISCOUNTED ROOM BLOCK NOW OPEN

RESERVE YOUR ROOM TODAY ONLINE at [www.txpsych.org](http://www.txpsych.org) and click on the link located beside the program information for TSPP, November 9-11 or call 1-800-THE-OMNI and refer to the Group Name: Texas Society of Psychiatric Physicians. Function: TSPP Annual Convention & Scientific Program.

**MEETING REGISTRATION: DISCOUNTED EARLY BIRD MEETING REGISTRATION AVAILABLE JUNE 1 UNTIL AUGUST 30.**

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# TSCAP Annual Convention & Scientific Program

## “Update in Child and Adolescent Psychiatric Care: Challenges and Innovations in Practice”

JULY 27-29, 2018 • Moody Gardens Hotel, Galveston, Texas

### GENERAL INFORMATION

#### MEETING LOCATION

TSCAP’s Annual Convention and Scientific Program will be held at the Moody Gardens Hotel and Spa, Seven Hope Blvd., in Galveston. Surrounded by 242 acres of lush tropical garden landscaping and majestic pyramids, Moody Gardens Hotel, Spa and Convention Center is Galveston Island’s premier meeting destination. Moody Gardens features:

- Full Service Spa and Fitness Center
- Aquarium Pyramid
- Rainforest Pyramid
- Discovery Museum
- 3D and 4D Theaters
- Colonel Paddlewheel Boat
- Rope Course and Zip Line
- Palm Beach Waterpark

In addition, Galveston Island offers:

- Schlitterbahn Waterpark
- Galveston Island Historic Pleasure Pier

#### OPENING WELCOME RECEPTION WITH EXHIBITORS

Make plans to attend the complimentary Welcome Reception with Exhibitors on Friday evening, 6:30 pm-8:30 pm, in the Moody 1 Ballroom, Moody Gardens Hotel. Visit throughout the evening with your friends, colleagues and exhibitors in a fun-filled, relaxing atmosphere and complete your entry for the special door prize drawings to be awarded on Saturday!

#### ASK THE EXPERT BOOTH

Dr. Christopher Thomas will be available during the refreshment breaks on Saturday at the ‘Ask the Expert Booth’ in the Exhibit Hall to answer questions you may have about Maintenance of Certification.

#### EXHIBITS

TSCAP’s Welcome Reception, Continental Breakfasts and Refreshment Breaks, will

be held in the Moody I Ballroom of the Moody Gardens Hotel. Exhibits will be open throughout the evening, Friday, and all day Saturday and provide you with information designed to enhance your practice and help improve the optimal delivery of medical care to your patients. In addition, there will be ‘job fair’ exhibitors who have employment opportunities for Psychiatrists in the State of Texas.

Welcome Reception – Friday, 6:30-8:30 pm

Continental Breakfast –  
Saturday, 7:30 am-8:30 am

Refreshment Break and Door Prize Drawings  
Saturday, 10:30 am-10:50 am

Refreshment Break and Door Prize Drawings  
Saturday, 11:50 am-12:10 pm

Refreshment Break with Exhibitors  
and Door Prize Drawings  
Saturday, 1:10 pm-1:30 pm

Exhibitors Tear Down and Depart  
Saturday, 3:00 pm-4:00 pm

#### ANNUAL MEETING BREAKFAST

The Annual TSCAP Business Meeting and Breakfast will be held Sunday, 7:45 am - 8:45 am in the Vine Room of the Moody Gardens Hotel.

#### EXHIBITORS

American Professional Agency, Inc.  
GeneSight  
Genomind  
Meridell Achievement Center  
Professional Risk Management  
Services, Inc. (PRMS)  
Rhodes Pharmaceuticals L.P.  
San Marcos Treatment Center  
Texas Foundation for  
Psychiatric Education and Research  
The Menninger Clinic  
Tris Pharma, Inc.  
UTMB CMC



## TSCAP Annual Convention & Scientific Program

“Update in Child and Adolescent Psychiatric Care: Challenges and Innovations in Practice”

JULY 27-29, 2018 • Moody Gardens Hotel, Galveston, Texas

### REGISTRATION

NAME	DEGREE		
MAILING ADDRESS	CITY	STATE	ZIP
TELEPHONE NUMBER	FAX NUMBER	E-MAIL	

Name(s) of Guest(s) Attending \_\_\_\_\_

### SCIENTIFIC PROGRAM REGISTRATION (Includes Scientific Program, Saturday Lunch During Resident Case Presentation, Saturday & Sunday Refreshment Breaks).

	Before July 4	After July 4
TSCAP Member Physician	\$195	\$215
Non-Member Physician	\$250	\$270
Spouse / Guest Claiming CME Credit	\$195	\$215
Allied Health Professional / Spouse / Guest	\$180	\$200
TSCAP Member Trainee	\$15	\$30
Non-Member Trainee	\$25	\$50
Medical Student	\$0	\$15

### SOCIAL EVENTS

☐ Friday Welcome Reception

Name(s) Attending Reception: \_\_\_\_\_

☐ Sunday Membership Business Breakfast


TSCAP Member	\$15	\$20
Non-Members/Guests/Spouse/Child	\$20	\$25

Name(s) Attending Breakfast: \_\_\_\_\_

### MEETING SYLLABUS ORDER

<input type="checkbox"/> Online Meeting Syllabus	Free	Free
<input type="checkbox"/> Color Printed Copy	\$75	\$100
<input type="checkbox"/> Black & White Copy	\$50	\$75

☐ Vegetarian Plate Requested. No additional fee if requested prior to July 4, otherwise there will be an additional fee of \$15.00.

 If you require any special assistance to fully participate in this conference, please contact TSCAP via e-mail [tscapofc@aol.com](mailto:tscapofc@aol.com) or 512/478-0605.

TOTAL REGISTRATION

### PAYMENT INFORMATION

Check in the Amount of \$ \_\_\_\_\_ Make Checks Payable to Texas Society of Child and Adolescent Psychiatry

Please Charge \$ \_\_\_\_\_ To My: ☐ VISA ☐ MasterCard ☐ American Express

Credit Card # \_\_\_\_\_ Expiration Date: \_\_\_\_\_

3 or 4 Digit Security Code on Back of Card on Right of Signature Panel \_\_\_\_\_

Name of Cardholder (as it appears on card) \_\_\_\_\_

Signature \_\_\_\_\_

ADDRESS WHERE YOU RECEIVE YOUR CREDIT CARD STATEMENT (include address, city, state, zip): \_\_\_\_\_

CANCELLATIONS – Deadline for cancellation is July 4, 2018. In the event of cancellation, a full refund will be made if written notice is received in the TSCAP office by July 4, 2018, less a 25% handling charge. NO REFUNDS WILL BE GIVEN AFTER July 4, 2018.

### HOTEL RESERVATIONS/PARKING

Special TSCAP discounted room rates of \$199 are available to program registrants **BEFORE JULY 4 or upon sell-out, whichever occurs first.**

Make your hotel reservation today by calling 1-888-388-8484 or visit [www.txpsych.org](http://www.txpsych.org) and click on the link in the TSCAP Program information, or paste the following link in your browser:

<https://res.windsurfercrs.com/ibe/details.aspx?propertyid=14179&nights=1&checkin=07/27/2018&group=TSCAP718>

TSCAP discounted room rates \$199  
Single-Quad Occupancy  
Self-Parking Complimentary  
Valet Parking \$20.00 for overnight

\* Booking a room within the TSCAP room block is an important way to support TSCAP and helps to keep the overall meeting registration fee and costs as low as possible. Booking outside of the TSCAP block, or at another hotel could expose TSCAP to monetary charges for attrition. Plus, staying in the hotel keeps you connected with all the activities and networking opportunities during the event. Please help us help you by booking your room at the hotel hosting the meeting and within the TSCAP room block.



PROGRAM AT A GLANCE

Friday, July 27

12:00 pm - 8:30 pm	Registration .....	Moody Gardens Ballroom Foyer
2:00 pm - 5:30 pm	Exhibit Set-Up .....	Moody I
4:00 pm - 5:30 pm	TSCAP Executive Committee Meeting .....	Boardroom
6:00 pm-8:30 pm	Kendra Scott Jewelry Trunk Show to benefit the Texas Foundation for Psychiatric Education and Research – 20% of all sales will be donated to the Foundation .....	Moody I
6:30 pm - 8:30 pm	Welcome Reception with Exhibitors .....	Moody I

Saturday, July 28

7:00 am - 4:30 pm	Registration .....	Moody Gardens Ballroom Foyer
7:30 am - 8:30 am	Continental Breakfast with Exhibitors .....	Moody I
8:00 am - 3:45 pm	Scientific Program .....	Moody II
	Note: For Saturday’s Program, to reduce expenses, refreshments will be set in one location, in the Exhibit Hall, Moody I	
10:30 am - 10:50 am	Refreshment Break and Door Prize Drawings .....	Moody I
	Visit with Dr. Christopher Thomas, ‘Ask the Expert’ Booth’, about MOC Questions	
11:50 am - 12:10 pm	Refreshment Break and Door Prize Drawings .....	Moody I
	Visit with Dr. Christopher Thomas, ‘Ask the Expert’ Booth’, about MOC Questions	
1:10 pm - 1:30 pm	Refreshment Break and Door Prize Drawings .....	Moody I
	Visit with Dr. Christopher Thomas, ‘Ask the Expert’ Booth’, about MOC Questions	
3:00 pm - 4:00 pm	Exhibits Teardown / Depart .....	Moody I

Sunday, July 29

7:00 am - 1:00 pm	Registration .....	Moody Gardens Ballroom Foyer
7:45 am - 8:45 am	TSCAP Annual Business Meeting and Breakfast – Open to All Attendees (see registration form) .....	Vine Room
8:45 am - 12:30 pm	Scientific Program .....	Moody II
10:15 am - 10:30 am	Refreshment Break .....	South Ballroom Foyer

“Update in Child and Adolescent Psychiatric Care: Challenges and Innovations in Practice”

SCIENTIFIC PROGRAM SCHEDULE

Saturday, July 28 (5 Hours Category I CME Credit Hours)

8:00 - 8:30 am	Welcome & Opening Remarks
8:30 - 9:30 am	Challenges and Advocacy for Children of Military Services Sharette Kirsten Gray, MD, FAPA
<b>Objective:</b> The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none"><li>Identify and discuss the unique challenges of children in military families.</li></ul>	
9:30 - 10:30 am	Current Management of Eating Disorders Urszula B. Kelley, MD, CEDS-S
<b>Objective:</b> The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none"><li>Understand how to treat patients with eating disorders in an out-patient setting, where there are not in-patient facilities nearby.</li></ul>	
10:30 - 10:50 am	Refreshment Break
10:50 - 11:50 am	Transitioning of Youth with Autism to Adulthood Jane A. Ripperger-Suhler, MD
<b>Objective:</b> The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none"><li>Identify the unique challenges involved in treating patients, transitioning to adulthood.</li></ul>	
11:50 - 12:10 pm	Refreshment Break
12:10 - 1:10 pm	Case Report on Patient with Autism Transitioning to Adulthood – Resident Case Pesentation and Faculty Discussant Naga (Babu) Bodapati, MD, Resident Melissa DeFilippis, MD, Faculty Discussant
<b>Objective:</b> The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none"><li>Discuss the transition of care from child and adolescent provider to adult psychiatrist.</li><li>Discuss autism beyond high school.</li><li>Discuss planning of transition by the parents in collaboration with the patient Pediatrician and Psychiatrist.</li><li>Recognize legal matters to consider during the transition.</li></ul>	
1:10 - 1:30 pm	Refreshment Break

1:30 - 2:30 pm	Risks and Benefits of Commonly Used Complementary and Alternative Treatments with Patients Steven R. Pliszka, MD
<b>Objective:</b> The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none"><li>Identify and discuss the risks and benefits of commonly used complementary and alternative treatments with patients.</li></ul>	
2:30 - 2:45 pm	Closing Remarks
<b>Sunday, July 29 (3 Hours Category I CME Credit Hours)</b>	
8:45 - 9:15 am	Welcome & Opening Remarks
9:15- 10:15 am	Technology Applications Christopher R. Thomas, MD
<b>Objective:</b> The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none"><li>Identify and discuss apps and other electronic media resources with patients that may help them with mood-tracking, menstrual cycle tracking and relaxation techniques, among other resources.</li></ul>	
10:15 - 10:30 am	Refreshment Break
10:30 - 11:30 am	ETHICS: Legal Issues When Supervising Advanced Nurse Practitioners and Their Role in the Practice of Child Psychiatry Moira Wertheimer, Esq., RN, CPHRM, FASHRM
<b>Objective:</b> The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none"><li>Understand legal and record-keeping implications involved with supervising physician extenders.</li></ul>	
11:30 am - 12:30 pm	ETHICS: Use of Genetic Testing in the Practice of Child Psychiatry Graham J. Emslie, MD
<b>Objective:</b> The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none"><li>Discuss whether or not genetic testing offers benefit to treating their patients.</li></ul>	

ABOUT THE SPEAKERS

**Naga (Babu) Bodapati, MD**  
Fellowship – Child Psychiatry  
Univ. of Texas Medical Branch at Galveston  
Galveston, Texas

**Melissa DeFilippis, MD**  
Associate Professor  
Department of Psychiatry  
Director, Child and Adolescent Division  
Univ. of Texas Medical Branch at Galveston  
Galveston, Texas

**Graham J. Emslie, MD**  
Charles E. and Sarah M. Seay Chair in Child Psychiatry  
Department of Psychiatry / Pediatrics  
UT Southwestern Medical Center  
Division Director – Children’s Health  
Dallas, TX

**Sharette Kirsten Gray, MD, FAPA**  
Staff Psychiatrist  
Domiciliary  
Mental Health and Behavioral Medicine  
Central Texas Veterans Health Care Center  
Temple, Texas

**Urszula B. Kelley, MD, CEDS-S**  
Professor of Psychiatry  
UT Southwestern Medical Center  
Div. of Child and Adolescent Psychiatry  
Chief of Psychiatric Services, CHST,  
Plano Campus  
Plano, TX

**Steven R. Pliszka, MD**  
Dielmann Distinguished Professor and  
Chair of the Department of Psychiatry  
UT Health Science Center at San Antonio  
San Antonio, TX

**Jane Ripperger-Suhler, MD**  
Assistant Professor of Psychiatry  
Program Director, Child and Adolescent Psychiatry,  
Department of Psychiatry, Dell Medical School  
The University of Texas at Austin  
Austin, Texas

**Christopher R. Thomas, MD**  
Robert L. Stubblefield Professor of Child Psychiatry  
Assistant Dean for Graduate Medical Education  
Director of Child Psychiatry Residency Training  
University of Texas Medical Branch at Galveston  
Galveston, TX

**Moira Wertheimer, Esq., RN, CPHRM, FASHRM**  
Assistant Vice President  
Healthcare and Psychiatric Risk Management Group  
AWAC Services Company  
Member Company of Allied World  
Farmington, CT

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of the Texas Society of Psychiatric Physicians and Texas Society of Child and Adolescent Psychiatry. The Texas Society of Psychiatric Physicians is accredited by TMA to provide continuing medical education for physicians.

CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of eight (8) *AMA PRA Category I Credits™* Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ETHICS DESIGNATION STATEMENT

The ethics presentations “Legal Issues When Supervising Advanced Nurse Practitioners and Their Role in the Practice of Child Psychiatry” and “Use of Genetic Testing in the Practice of Child Psychiatry” have been designated by the Texas Society of Psychiatric Physicians for a total of two (2) credits of education in medical ethics and/or professional responsibility.

TARGET AUDIENCE/PROGRAM OBJECTIVES

This live activity has been designed with didactic lectures supplemented with clinical vignettes, audiovisual presentations, direct discussion and case presentation and discussion in multiple educational sessions.

The program is designed to provide its’ target audience of Child and Adolescent Psychiatrists, Adult Psychiatrists, Pediatricians and Primary Care Physicians with clinically relevant information to advance the physicians’ competence and provide them with effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

**NEEDS ASSESSMENT**

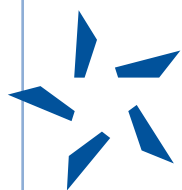
TSCAP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of the participants.

**FACULTY AND PLANNERS DISCLOSURE POLICY**

In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered to the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the education activity.

TSPP will disclose to learners the existence (or non-existence) of all relevant financial relationship(s) that the faculty and planners did (or did not) have with any commercial interest concerned with the content of the educational presentation.

Disclosure will occur prior to the presentation through written communication in the syllabus / handout materials.



# TSPP – Challenges and the Year Ahead

Joseph V. Penn, MD, President, Texas Society of Psychiatric Physicians

Hello, it is an honor to serve as your new TSPP President. I hope to carry the torch successfully and appreciate the smooth handoff from my predecessor, Dr. Terry McMahon, TSPP Immediate Past President. Dr. McMahon did a terrific job and deserves kudos and appreciation for his time, efforts, and leadership for our organization. I have big shoes to fill!

Who am I and what is my vision for our organization? I am a native Texan, bilingual, bicultural, and proud of my Hispanic heritage (my mother was from Monterrey, Mexico, Dad from San Marcos, Texas, so I am truly a Tex-Mex). I am triple trained and boarded (general, child and adolescent, and forensic psychiatry) and specialize in correctional health care. From 2008 to the present, I have served as the Director of mental health services for UTMB Correctional Managed Care (CMC). I am a Clinical Professor, UTMB Department of Psychiatry, Galveston, Texas. In this capacity, I oversee the provision of psychiatric, psychological and mental health services to approximately 80% (approximately 110,000 adult offenders) of the entire Texas state jail and state adult prison population (currently the largest state prison system in the US) housed within Texas Department of Criminal Justice (TDCJ) facilities statewide. Because TDCJ headquarters and their leadership are based out in Huntsville, Texas, my office is located in Conroe, Texas (north Houston area). I also oversee the delivery of psychiatric services to approximately 1500 youths housed statewide within state juvenile correctional institutional facilities (referred to as state schools) and halfway houses within the Texas Juvenile Justice Department (TJJD, previously known as the Texas Youth Commission). Lastly, I also oversee the delivery of psychiatric services to some Texas county jails. I have been involved with the National Commission on Correctional Health Care (NCCHC) at a national level regarding the development and revision of national policies and standards and with the accreditation of correctional health care delivery and services in jails, prisons, juvenile correctional facilities, and opioid treatment facilities. One of my presidential initiatives will be to increase knowledge and awareness of the mental health and substance abuse treatment needs of individuals who are incarcerated or have some criminal justice involvement.

As I write this article I am still trying to make sense of recent local and national tragic events that highlight the vital need for access to psychiatric care, continuity of care, funding parity, and decreased stigma for individuals who require psychiatry and mental health care.

One of the first duties that I completed as your new TSPP President was the organization of a day-long series of CME presentations on psychiatric specific topics at the recent TexMed Conference in San Antonio, Texas. Special kudos to Drs. Sheila LoboPrabhu, Richard Noel, Brigitte Bailey for tremendous presentations that made me proud to be a psychiatrist. As I prepared for my early afternoon presentation on “School Shootings and Targeted Violence: What Can or Should Be Done?” I received multiple texts, email messages, and phone calls from UTMB campus and colleagues regarding a school shooting at Santa Fe High School, Santa Fe, Texas earlier that morning. Numerous questions arise: What can we do to provide psychiatric and mental health services to those affected by these types of tragedies? Why is this still occurring? What can be done from a legislative and public health perspective to prevent future occurrences? What can be done to identify and intervene from a psychiatric perspective? What role and duties do we have in the risk assessment of individuals who may be at possible risk for targeted violence? These are obviously very challenging questions and deserve more time and space (which I am quickly running out of). Here are some timely resources:

<https://www.cstsonline.org/resources/resource-master-list/201805-santa-fe-high-school-shooting-disaster-response-and-recovery-resources>

There has been widespread media coverage of suicide following the deaths of fashion designer, Kate Spade, and celebrity chef and international traveler, Anthony Bourdain, as well as recent research from the Centers for Disease Control and Prevention (CDC) that concluded suicide rates have increased in the US over the past 20 years. These events highlight the critical public health importance related to suicide and the pressing need for more psychiatric and mental health services. As a child and adolescent psychiatrist, and past chair of the American Psychiatric Association (APA) Council on Children, Adolescents, and their Families, I have been particularly concerned regarding the issue of suicides by adolescents, college students, and young adults and the potential detrimental effects of media such as the Netflix television program “13 Reasons Why,” Season 2. More to follow on this important topic.

In closing I would like to emphasize that we need your membership, active participation, attendance at meetings, and involvement in TSPP. In January 2019 we will embark on a new State of Texas Legislative Session. A myriad of bills will be introduced, some good, some less good, and several that will directly impact the practice of psychiatry. Eric Woomer, Public Policy Analyst for the Federation of Texas Psychiatry, does a tremendous job and keeps TSPP central office and TSPP leadership aware of new political and legislative



Joseph V. Penn, MD

developments. Similar to past years we anticipate concerted efforts by psychologists to secure psychotropic medication prescribing rights. We also anticipate that nurse practitioners will likely seek independent practicing without any medical board mandated physician supervision/oversight, and no further physician prescriptive delegative authority agreements.

I look forward to the opportunity to meet you and work with you on our collective behalf, together with our TSPP executive leadership, committee chairs, residents and fellows, and with our TSPP Executive Director, Debbie Giarratano and her staff who do a fantastic job behind the scenes. Lastly, please make plans to attend the upcoming TSCAP meeting in July in Galveston and the Fall TSPP meeting in Fort Worth in November. Have an enjoyable and safe Summer. Take care of yourself, rest, renew, and recharge, and get ready to get more involved in TSPP! ■

## ROBUST RISK MANAGEMENT EDUCATION



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In California, d/b/a Transatlantic Professional Risk Management and Insurance Services.

## New Officers Installed

At the conclusion of the TSPP/TAP Spring Meeting in Austin during the weekend of April 13-15, four organizations of the Federation installed new officers for Fiscal Year 2018-19. Congratulations to All!

### Federation of Texas Psychiatry

**Chairman** – J. Clay Sawyer, MD, Waco

**Vice Chairman for Education** – Timothy Wolff, MD, Dallas

**Vice Chairman for Public Policy** – Debra Atkisson, MD, Ft Worth

**Secretary-Treasurer** – Lynda Parker, MD, Georgetown

**At Large Member** – Daniel Pearson, III, MD, Dallas

**At Large Member** – Leslie Secest, MD, Dallas

### Texas Society of Psychiatric Physicians

**President** – Joseph V. Penn, MD, Spring

**President-Elect** – Melissa Eshelman, MD, Austin

**Secretary-Treasurer** – Timothy Wolff, MD, Dallas

**Immediate Past President** – Terry McMahon, MD, Lubbock

### Texas Academy of Psychiatry

**President** – Debra Atkisson, MD, Fort Worth

**President-Elect** – Daryl Knox, MD, Houston

**Secretary-Treasurer** – Daniel Pearson, III, MD, Dallas

**Immediate Past President** – Stuart Crane, MD, Alpine

### Texas Foundation for Psychiatric Education and Research

**Chairman** – J. Clay Sawyer, MD, Waco

**Vice Chairman** – Richard L. Noel, MD, Houston

**Treasurer** – Gary L. Etter, MD, Fort Worth

**Secretary** – Arturo Rios, MD, Houston

### Texas Society of Child and Adolescent Psychiatry

TSCAP will install their new Officers during their Annual Convention, July 27-29, Moody Gardens Hotel, Galveston.



Joseph V. Penn, MD, of Spring (left) was installed as TSPP President and receives the Presidential Gavel from outgoing President (right) Terry C. McMahon, MD, Lubbock. Dr. McMahon was presented with a plaque in recognition of his outstanding service to TSPP.



J. Clay Sawyer, MD of Waco was installed as Federation Chairman and presents a plaque in recognition of outstanding service to outgoing Chair, Debra Atkisson, MD, Fort Worth

GENERAL INFORMATION

MEETING LOCATION

The TSPP 62nd Annual Convention and Scientific Program will be held in Fort Worth, a city rich in culture and history, at the Omni Fort Worth Hotel, 1300 Houston Street, conveniently located in the heart of Fort Worth's exciting downtown. The hotel is adjacent to the Fort Worth Convention Center and within walking distance, or via a quick ride outside the hotel's front doors, on Molley the Trolley, to the city's cultural

centers, restaurants and nightlife.

HOTEL RESERVATIONS

To place a hotel reservation at the TSPP discounted room rate of \$179 Single or Double Occupancy, **ON OR BEFORE SEPTEMBER 24**, please visit the Federation of Texas Psychiatry's website homepage [www.txpsych.org](http://www.txpsych.org) and click on the link located beside the program information for TSPP, November 9-11 or call 1-800-THE-

OMNI and refer to the Group Name: Texas Society of Psychiatric Physicians. Function: TSPP Annual Convention & Scientific Program.

**MEDICAL STUDENTS/RESIDENTS/ FELLOWS IN TRAINING POSTER SESSION**  
Medical Students, Residents and Fellows in

Training **who are members** of TSPP, TSCAP or TAP have been invited to submit a poster for presentation / display during the Friday Evening Welcome Reception and Saturday Continental Breakfast and Refreshment Breaks. Make plans to attend to view the posters and meet the presenters and discuss their presentation.

AWARDS

FEDERATION OF TEXAS PSYCHIATRY -  
JOHN R BUSH LEADERSHIP EXCELLENCE AWARD

This award named for John R. Bush was established in 2016 to recognize psychiatrists who unselfishly provide outstanding leadership, over a sustained period of time, through organized psychiatry advancing the highest standards of psychiatric practice and quality psychiatric care for patients. The award will be presented during the Federation of Texas Psychiatry's luncheon on Saturday, November 10. Please plan to attend and thank your fellow colleague for his outstanding leadership through organized psychiatry. This year's honoree is:



J. Clay Sawyer, MD (Waco)

DAILY SCHEDULE

<b>Thursday, November 8</b>			(ADDICTION, GERIATRIC, FORENSIC, CHILD AND ADOLESCENT, CONSULTATION/LIAISON – PRIVATE PRACTICE, INPATIENT)			Fort Worth Ballroom 4
12:00 pm	Golf Outing – Pre-registered golfers meet in hotel lobby to leave for golf	Hotel Lobby	3:45 pm – 5:00 pm	<b>COUNCIL ON ADVOCACY MEETING</b>		
2:00 pm – 8:00 pm	Temporary Registration	Sundance Foyer		Government Affairs Committee		Fort Worth Ballroom 1-3
6:00 pm - 7:00 pm	Titus Harris Executive Committee / Board Meeting	Sundance 4	5:30 pm – 6:30 pm	Executive Council Meeting		Fort Worth Ballroom 1-3
6:00 pm - 8:00 pm	TSCAP Executive Committee Meeting	Sundance 5	6:30 pm – 8:30 pm	Welcome Reception with Exhibitors AND Poster Session for Meeting Registrants and Paid Guests		Texas Ballroom F
7:00 pm– 8:00 pm	Chapter Leadership Forum Meeting	Sundance 6	8:30 pm – 10:30 pm	UTMB Dept of Psychiatry (Titus Harris Alumni) Dinner		Texas Ballroom F
7:30 pm – 9:30 pm	TSPP/TSCAP/TAP Medical Student and Resident Fellow Member Mixer	Black Angus Boardroom				
8:00 pm – 9:00 pm	Federation Delegate Assembly Meeting	Sundance 4				
<b>Friday, November 9</b>			<b>Saturday November 10</b>			
7:30 am – 8:30 pm	Registration Desk	Fort Worth Ballroom PreFunction	7:30 am – 8:30 pm	Registration Registration Desk		Fort Worth Ballroom PreFunction
8:00 am – 9:00 am	Foundation Board of Directors Breakfast	Meeting Sundance 3	7:30 am – 4:00 pm	Exhibits Open and Poster Session Texas		Ballroom F
8:00 am – 12:00 pm	Freeman Decorating Exhibit Hall Set Up	Texas Ballroom F	7:30 am – 8:15 am	Complimentary Continental Breakfast in Exhibit Hall for Meeting Registrants and Paid Guests		Texas Ballroom F
8:30 am – 5:00 pm	Committee Refreshments	Texas Ballroom Foyer F	8:15 am – 5:00 pm	SCIENTIFIC PROGRAM “Psychiatry and Public Health and Its Implications for Clinical Practice		Fort Worth Ballroom 1-4
9:00 am – 10:30 am	<b>COUNCIL ON LEADERSHIP MEETINGS</b> Ethics Committee Distinguished Fellowship Committee Finance Committee	Texas Ballroom G Texas Ballroom H Texas Ballroom I	10:00 am – 12:30 pm	Kendra Scott Jewelry Trunk Show to Benefit the Texas Foundation for Psychiatric Education and Research – 20% of all sales will be donated to the Texas Foundation for Psychiatric Education and Research		Texas Ballroom F
10:45 am – 12:15 pm	<b>COUNCIL ON SERVICE MEETINGS</b> Academic Psychiatry Committee Children & Adolescents Committee Forensic Psychiatry Committee Public Mental Health Services Committee	Texas Ballroom G Texas Ballroom H Texas Ballroom I Texas Ballroom J	10:30 am – 10:50 am	Refreshment Break and Door Prize Drawings with Exhibitors and Poster Session		Texas Ballroom F
12:00 pm – 5:00 pm	Exhibits AND Poster Session Set Up	Texas Ballroom F	11:50 am – 12:10 pm	Refreshment Break with Door Prize Drawings with Exhibitors and Poster Session		Texas Ballroom F
12:30 pm – 1:30 pm	RFM Section Workshop “UNDERSTANDING AND NAVIGATING EMPLOYMENT CONTRACTS, COMPENSATION PACKAGES AND HOW TO PREPARE FOR LICENSING AND CREDENTIALING	Fort Worth Ballroom 1-3	12:10 pm – 1:30 pm	Lunch		Texas Ballroom G-H
12:30 pm - 1:30 pm	Committee Members’ Luncheon Stockyards 1		2:30 pm – 2:50 pm	Refreshment Break and Door Prize Drawings with Exhibitors and Poster Session		Texas Ballroom F
1:30 pm – 2:00 pm	Texas Academy of Psychiatry Board of Trustees Meeting	Texas Ballroom I-J	4:00 pm	Exhibits and Poster Session Closes		Texas Ballroom F
1:30 pm – 2:20 pm	Resident-Fellow Section Committee Meeting	Fort Worth Ballroom 4	6:30 pm – 7:00 pm	Reception for Awards Banquet Registrants		Texas Ballroom G
2:00 pm – 3:30 pm	Texas Academy of Psychiatry Program – “Psychiatrists Role in Disaster Relief: Lessons Learned”	Texas Ballroom I-J	7:00 pm – 9:30 pm	Awards Banquet		Texas Ballroom H and I
2:00 pm – 3:30 pm	<b>COUNCIL ON EDUCATION MEETINGS</b> Continuing Medical Education Committee Professional Practice Management Committee	Texas Ballroom G Texas Ballroom H	<b>Sunday November 11</b>			
2:20 pm – 2:30 pm	RFM Section Refreshment Break	Texas Ballroom Foyer F	7:00 am – 2:00 pm	Registration Registration Desk		Fort Worth Ballroom PreFunction
2:30 pm – 3:30 pm	Resident Fellow Member Section and Academy Psychiatry Committee Workshop – “PSYCHIATRY SUB-SPECIALTIES – WORK EXPERIENCES AND TYPES OF PRACTICE”		8:00 am - 10:30 am	Complimentary Continental Breakfast for Meeting Registrants and Paid Guests		Fort Worth Ballroom 1-4
			8:15 am – 12:00 pm	SCIENTIFIC PROGRAM “Psychiatry and Public Health and Its Implications for Clinical Practice”		Fort Worth Ballroom 1-4
			9:30 am – 9:45 am	Refreshment Break		Foyer, Fort Worth Ballroom 1-4

SCIENTIFIC PROGRAM

“Psychiatry and Public Health and Its Implications for Clinical Practice”

SATURDAY, NOVEMBER 10 (6 AMA PRA CATEGORY I CREDITS™)			SUNDAY, NOVEMBER 11 (3 AMA PRA CATEGORY I CREDITS™)		
8:15 am -8:30 am	<b>Scientific Program Opening Remarks</b> TSPP President, Joseph V. Penn, MD, CCHP, FAPA TSPP CME Chair / Moderator: Matthew D. Jeffreys, MD, DFAPA	11:50-12:10 pm	<b>Refreshment Break</b> Texas Ballroom F	8:00 am-10:30 am	<b>Continental Breakfast for Scientific Program Registrants</b>
8:30 am -9:30 am	<b>Benzodiazepines: The Other Drug Epidemic</b> Sidarth Wakhlu, MD  Professional practice gap: Over-prescription of benzodiazepines by some physicians, including psychiatrists, especially among some older patients. Lack of knowledge regarding appropriate tapering strategies. The presentation will address the potential hazards of benzodiazepines and the appropriate use of benzodiazepines, dosing, duration and tapering or withdrawal strategies including counseling and education for patients.  Objectives: The learning objectives for this activity have been designed to address clinician Competence. Upon completion of this program, participants should be able to: <ul style="list-style-type: none"><li>Describe the clinically appropriate and inappropriate use of benzodiazepines in psychiatric practice.</li><li>Identify patients who may be appropriate for tapering or discontinuing benzodiazepines.</li><li>Discuss tapering strategies for patients on chronic benzodiazepines.</li></ul>	12:10-1:30 pm	<b>Business Meeting Lunch</b> Texas Ballroom G-H	8:15 am -8:30 am	<b>Opening Remarks</b> TSPP President, Joseph V. Penn, MD, CCHP, FAPA TSPP CME Chair / Moderator: Matthew D. Jeffreys, MD, DFAPA
9:30 am -10:30 am	<b>Lessons Learned from Treating Military, Veterans, and their Families</b> Major David M. Keller  Professional practice gap: Psychiatrists practice in many different settings. The presentation will inform participants about unique aspects of military culture and the identification and treatment of mental disorders in active duty military, veterans, and their families.  Objectives: The learning objectives for this activity have been designed to address clinician Competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none"><li>Identify resources and treatment options for active duty military members, their families, and Veterans.</li><li>Describe some of the unique aspects of military culture which may impact decisions to seek treatment.</li><li>List common psychiatric problems identified in active duty military members, their families, and Veterans</li></ul>	1:30-2:30 pm	<b>Mental Health Response to Mass Shootings</b> Carol North, MD, MPE, DFAPA  Professional practice gap: There are many mental health consequences and responses following exposure to mass shootings including acute stress disorder, PTSD, major depressive disorder, and worsening of pre-existing mental health conditions. Psychiatrists need to be competent in assessing risk factors and interventions during the disaster and following the disaster.  Objectives: The learning objectives for this activity have been designed to address clinician Competence. Upon completion of this program, participants should be able to: <ul style="list-style-type: none"><li>Recall mental health findings from research studies of mass shootings.</li><li>Define results of 4 consistently studied mass shooting incidents using structured diagnostic interviews.</li><li>Discuss recommendations for mental health response to mass shootings in the broader context of mental health response to disasters more generally.</li></ul>	8:30 am – 9:30 am	<b>Using Telephone Apps and Other Self-Help Technologies in Psychiatric Practice</b> Elizabeth Truong, MD  Professional practice gap: There are a growing list of options for the use of technology in psychiatry including telepsychiatry and self-help options such as phone applications. These interventions provide a spectrum of services for extending psychiatric care to underserved populations and increasing the convenience of care, but psychiatrists need to be informed of the potential risks and benefits of these options. The presentation will discuss the use of technology options in psychiatry to extend services.  Objectives: The learning objectives for this activity have been designed to address clinician Competence. Upon completion of this program, participants should be able to: <ul style="list-style-type: none"><li>Describe the continuum of technology options which can be incorporated into psychiatric practice.</li><li>Discuss how remote monitoring can reduce hospital re-admission rates and improve outcomes.</li><li>Describe the limitations of these technologies in psychiatric practice.</li></ul>
10:30 am -10:50 am	<b>Refreshment Break</b> Texas Ballroom F	2:30-2:50 pm	<b>Refreshment Break</b> Texas Ballroom F	9:30 am – 9:45 am	<b>Refreshment Break</b> Foyer, Fort Worth Ballroom 1-4
10:50 am -11:50 am	<b>Mental Health Response to Natural Disasters: Experience from Large Hurricane Evacuee Shelters</b> Fort Worth Ballroom 1-4 Carol North, MD, MPE, DFAPA  Professional practice gap: There are many mental health consequences following exposure to natural or manmade disasters. Common reactions include acute stress disorder, PTSD, major depressive disorder, and worsening of pre-existing mental health conditions. Psychiatrists need to be competent in assessing risk factors and interventions during the disaster and following the disaster. The presentation will help psychiatrists define their role in natural disasters and discuss the range of responses to natural disasters.  Objectives: The learning objectives for this activity have been designed to address clinician Competence. Upon completion of this program, participants should be able to: <ul style="list-style-type: none"><li>Identify the role of psychiatrists during the response to a natural disaster.</li><li>List risk factors for vulnerable populations during a disaster.</li><li>Differentiate between normal responses to disasters and potential psychiatric problems.</li></ul>	2:50-3:50 pm	<b>Remote Videoconferencing in Psychiatric Practice</b> Avrim Fishkind, MD  Professional Practice Gap: There are a growing list of options for the use of technology in psychiatry including telepsychiatry and self-help options. These interventions provide a spectrum of services for extending psychiatric care to under-served populations and increasing the convenience of care, but psychiatrists need to be informed of the potential risks and benefits of these options. The presentation will provide information for psychiatrists on establishing remote videoconferencing along with the applicable rules and laws.  Objectives: The learning objectives for this activity have been designed to address clinician Competence. Upon completion of this program, participants should be able to: <ul style="list-style-type: none"><li>Discuss the potential for remote videoconferencing to increase access to psychiatric services.</li><li>Review the current literature on the comparison of services delivered in-person vs. remote videoconferencing.</li><li>Describe current laws, regulations, and reimbursement issues related to remote videoconferencing services.</li></ul>	9:45 am -11:45 am	<b>The Science and Implications of Cannabinoid Receptors in Psychiatry</b> David Atkinson, MD  Professional practice gap: Current risks and potential beneficial research on cannabinoids in psychiatry.  Objectives: The learning objectives for this activity have been designed to address clinician Competence. Upon completion of this program, participants should be able to: <ul style="list-style-type: none"><li>Describe current research on the cannabinoid receptor and anxiety and other psychiatric disorders.</li><li>Discuss the potential risks and benefits of cannabis in psychiatric patients.</li><li>Discuss the legal and ethical concerns regarding patients using cannabis for self-medicating psychiatric symptoms.</li></ul>
		3:50-4:50 pm	<b>Preventing Physician Burnout</b> Sejal Mehta, MD, FAPA  Professional Practice Gap: Physician wellness, burnout and stress management are areas identified by expressed needs data. The activity is designed to help psychiatrists to identify and treat burnout in colleagues and themselves.  Objectives: The learning objectives for this activity have been designed to address clinician Competence. Upon completion of this program, participants should be able to: <ul style="list-style-type: none"><li>Increase awareness of burnout in self and others.</li><li>Identify ways of preventing and treating burnout.</li><li>Describe the process of addressing physician impairment.</li></ul>	11:45 am-12:00 pm	<b>Closing Remarks</b> Matthew D. Jeffreys, MD, DFAPA
		4:50-5:00	<b>Closing Remarks</b> Matthew D. Jeffreys, MD, DFAPA	<div>FOR REGISTRATION visit: www.txpsych.org</div>	

ABOUT THE SPEAKERS

**DAVID ATKINSON, MD**  
Medical Director of Teen Recovery Program  
Children’s Health  
Associate Professor of Psychiatry  
The University of Texas Southwestern  
Medical Center  
AAAP Youth and Adolescent Committee  
Chair  
Dallas, Texas

**AVRIM FISHKIND, MD**  
CEO JSA Health Telepsychiatry  
Houston, Texas

**MAJOR DAVID M KELLER**  
Brooke Army Medical Center  
San Antonio, Texas

**SEJAL MEHTA, MD, FAPA**  
Plano, Texas

**CAROL NORTH, MD, MPE, DFAPA**  
Medical Director, The Altshuler Center for  
Education & Research  
Metrocare Services  
The Nancy and Ray L. Hunt Chair in Crisis  
Psychiatry and Professor of Psychiatry  
Director, Division of Trauma & Disaster  
The University of Texas Southwestern  
Medical Center  
Dallas, Texas

**ELIZABETH TRUONG, MD**  
Chief Clinical Officer & Co-Founder  
Cloud 9  
Austin, Texas

**SIDARTH WAKHLU, MD, MBBS**  
Associate Professor  
Director, Addiction Psychiatry Training Program  
Medical Director, Substance Abuse Team  
VA North Texas Health Care System  
Paul M. Bass Administrative & Clinical Center  
Dallas, Texas

CME PROGRAM GOAL / TARGET AUDIENCE

This live activity has been designed in a format consisting of case study presentations, lectures and direct discussion to provide its primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice.

Information and data will address new developments in treatments and new directions in research to address the professional practice gaps of the learners and advance the physicians’ competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

The learning objectives for this activity have been designed to address clinician competence.

NEEDS ASSESSMENT

TSPP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of our participants.

ACCREDITATION STATEMENT

The Texas Society of Psychiatric Physicians is accredited by the Texas Medical

Association to provide continuing medical education for physicians.

CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of nine (9) *AMA PRA Category I Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

ETHICS DESIGNATION STATEMENT

The presentation entitled “The Science and Implications of Cannabinoid Receptors in Psychiatry” has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

FACULTY AND PLANNERS DISCLOSURE POLICY

The Texas Society of Psychiatric Physicians will disclose to participants the existence of any relevant financial relationships between faculty members, TSPP staff and members, who planned, authored, contributed to, and/or reviewed the content of this activity, and any commercial interest discussed in this educational activity. Disclosure will occur through written communication in the syllabus / handout material.

# CONGRATULATIONS!

This year APA's Poster Committee reviewed over 160 abstracts and chose the following four recipients, including one of TSPP's own members: **Pratikkumar Desai, MD, PhD**, University of Texas Health Science Center, Houston, Texas and **Monica Lynn Vega, MD**, University of Miami / Jackson Memorial Hospital, Miami, FL; **Colleen Leitner, MD**, University of Virginia and **Scott Murphy, MD**, Marshall Psychiatry, Huntington, WV.



TSPP APA Assembly Representatives Congratulate Texas' Award Winner Pratikkumar Desai, MD, MPH, from University of Texas Health Science Center, Houston



TSPP RFM Section Past Chair, Stephen Marcoux, MD, Captain, USAF, MC (left) and TSPP Representative to the APA Assembly, Debra Atkisson, MD Congratulate Prattikumar Desai, MD, PhD



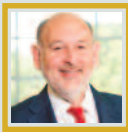
## IMMH2018 ★ SEPTEMBER 6-9 ★ DALLAS TX ★ HYATT REGENCY DALLAS

### Conference Overview

The Integrative Medicine for Mental Health Conference (IMMH) will give practitioners a holistic approach to successfully diagnose and treat underlying issues contributing to the manifestations of neurological, behavioral, and psychiatric disorders. Research has revealed that many disorders such as depression, bipolar disorder, anxiety, OCD, eating disorders, and autism spectrum disorders often have biomedical causes that contribute to symptoms, from nutritional deficiencies to chronic infections. Patients have better outcomes when these causes are addressed and treated through a combination of specialized testing and nutritional therapies, even in combination with traditional approaches. This year's conference will have more new speakers and new topics than ever before! **CME available!**

[WWW.IMMH2018.COM](http://WWW.IMMH2018.COM)

### Featured Speakers



**James Greenblatt, MD**  
★ Integrative and Orthomolecular Therapies for Eating Disorders



**Dale Bredesen, MD**  
★ The End of Alzheimer's: Uncovered Causes and Effective Treatment Strategies



**Arwen Podesta, MD**  
★ Hooked: Integrative Treatment Strategies for Addiction

Register by July 1 and  
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HEALTH SCIENCES CENTER  
School of Medicine

### CHAIR, DEPARTMENT OF PSYCHIATRY

Texas Tech University Health Sciences Center (TTUHSC) is seeking an experienced physician for the position of Chair of the Department of Psychiatry for the Lubbock campus. We are looking for an individual with proven leadership skills who enjoys direct patient care, teaching medical student and residents and inspires and energizes faculty and staff.

TTUHSC has a vibrant medical community and we take particular pride in our diverse and talented staff, compassionate clinicians, inter-disciplinary teams of talented providers, and dedicated teachers. TTUHSC has established itself as a leader in education and patient care and is building a top-ranked research environment with significant studies under way in areas of aging, cancer, reproduction, genetic diseases, rural health, and telemedicine. This position offers an exceptional opportunity to develop partnerships and will require strong communication skills, in order to maintain relationships with leaders of the Health Sciences Center, and our affiliated teaching hospitals, Covenant Medical Center and University Medical Center

The Chair of Psychiatry reports to the Dean of the School of Medicine of TTUHSC. The Chair will be responsible for the full scope of the academic and clinical activities of the department. The Department of Psychiatry provides a wide range of multidisciplinary patient care services. We are a physician led integrated system and the new Chair will help to define the Department's goals, lead others and do incredible work. The new Chair will be part of a Department that truly improves the lives of individuals and communities. At TTUHSC we take the opportunity to do something remarkable every single day. The Chair will work with seven physicians, 16 residents, four advanced practice providers as well as psychologists and counselors who divide their time between direct patient care and teaching.

The Search Committee will begin reviewing candidates immediately and will continue until the position is filled. For priority consideration, please apply by September 1st, 2018. Applications should include a detailed curriculum vitae and a letter of interest that highlight the applicant's personal vision and relevant leadership experience. To ensure full consideration, inquiries, nominations and applications should be submitted electronically in confidence, to:

**Sarah.Harris@ttuhsc.edu**  
Sarah Harris, FASPR,  
Director of Faculty Recruitment and Enrollment at TTUHSC

**Build your legacy with us:**

TTUHSC – School of Medicine: <https://www.ttuhsc.edu/medicine/>  
Texas Tech Physicians Clinics: <https://texastechphysicians.com/>  
TTUHSC Department of Psychiatry: <https://www.ttuhsc.edu/medicine/psychiatry/>

Applicants will be required to apply at the following link (14126BR):  
<https://jobs.ttuhsc.edu/departments-chairperson/job/8540528>

*As an EEO/AA employer, the Texas Tech University System and its components will not discriminate in our employment practices based on an applicant's race, ethnicity, color, religion, sex, sexual orientation, gender identity, national origin, age, disability, genetic information or status as a protected veteran.*

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The TEXAS PSYCHIATRIST is published 5 times a year in February, April, June, August, and October. Members of Federation member organizations are encouraged to submit articles for possible publication. Deadline for submitting copy to the Federation Executive Office is the first day of the publication month. Copy must be edited, acceptable for publication.

Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

#### EDITORIAL BOARD

Federation Executive Committee

#### MANAGING EDITOR

Debbie Giarratano

#### Federation of Texas Psychiatry

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Austin, Texas 78701

(512) 478-0605 / (512) 478-5223 (FAX)

TxPsychiatry@aol.com (E-mail)

<http://www.txpsych.org> (website)

## JOB BANK

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation's **JOB BANK** on its website at [www.txpsych.org](http://www.txpsych.org). The Federation's **JOB BANK** could be just what you have been looking for.

## CALENDAR OF MEETINGS



### 2018 TSCAP Annual Convention & Scientific Program

**July, 27-29, 2018**  
**Moody Gardens Hotel**  
**Galveston, Texas**

#### JULY

**27-29 Texas Society of Child and Adolescent Psychiatry Annual Meeting and Scientific Program**  
"Update in Child and Adolescent Psychiatric Care: Challenges and Innovations in Practice"  
Moody Gardens Hotel, Galveston, Texas  
Reservations: TSCAP Discounted Room Rate \$199 before July 4 or upon sell out, whichever occurs first. 1-888-388-8484 or <https://res.windsurfercrs.com/ibe/details.aspx?propertyid=14179&nights=1&checkin=07/27/2018&group=TSCAP718>  
For additional information: [www.txpsych.org](http://www.txpsych.org) or email [tscapofc@aol.com](mailto:tscapofc@aol.com)

#### NOVEMBER

**9-11 Texas Society of Psychiatric Physicians 62nd Annual Convention & Scientific Program**  
"Psychiatry and Public Health and Its Implications for Clinical Practice"  
Omni Fort Worth Hotel, Fort Worth  
Reservations: TSPP discounted room rate of \$179 Single or Double Occupancy, before September 24 – [www.txpsych.org](http://www.txpsych.org)  
Call 1-800-THE-OMNI and refer to Texas Society of Psychiatric Physicians, TSPP Annual Convention & Scientific Program.

#### APRIL 2019

**26-28 Texas Society of Psychiatric Physicians and Texas Academy of Psychiatry Spring Meeting and CME Program**  
Westin Austin at the Domain Hotel, Austin, Texas

**Federation of Texas Psychiatry**  
401 West 15th Street, Suite 675  
Austin, Texas 78701