

# Texas Psychiatrist



## Federation Comes Together for Relief Efforts

Debra Atkisson, M.D., DFAPA, Chair, Federation of Texas Psychiatry



Debra Atkisson, M.D., DFAPA

**A**ugust 25, 2017 Hurricane Harvey made landfall near Corpus Christi; by August 30 Houston was impacted. And all of us know the unprecedented event of flooding Houston sustained. All eyes were upon Houston as we watched the bravery of Texans helping Texans during this catastrophe. Physicians stepped up all across Texas, and other states, to give aid to Houston. Doctors worked in Houston hospitals, staying in the hospitals for days to care for patients in spite of knowing their own homes were most likely underwater. Relief efforts were organized in Texas cities; Austin, San Antonio, Dallas, and Fort Worth took in refugees and staffed facilities which included physician volunteers. Houston physicians mobilized within days of the flooding and staffed the George R. Brown Convention Center, at peak housing more than 10,000 people and the NRG Center more than 2,000 people, to help those impacted. Psychiatrist members assisted in those relief efforts in coordination with colleagues from our county medical societies and hospitals. And, the lessons learned from the Hurricane Katrina relief efforts helped tremendously in addressing Hurricane Harvey's aftermath as many had plans in place to assist those impacted.

The Federation of Texas Psychiatry kept members updated throughout the events happening by providing live online links to resources to assist the members, their practice, or others in need in securing services and disaster relief, in addition to providing coping and care services for their patients. The Federation's website [www.txpsych.org](http://www.txpsych.org), 'Hurricane Harvey and Texas Disaster Resources' will continue to be updated with

*The mental health fallout from Hurricane Harvey will present itself long after Houston is rebuilt from this trauma. We psychiatrists will be the people who will be asked to help those struggling – and we will step up to the challenge. Organized psychiatry is here to help all of us in these efforts.*

live links, information and resources available to now assist in both personal and professional disaster recovery efforts.

Texas Medical Association, one of the Federation of Texas Psychiatry's member organizations, also kept Texas doctors updated throughout the events happening. **The TMA website, [www.texmed.org](http://www.texmed.org) currently has information available for physicians whose practices were impacted in the hurricane area in which those doctors can apply for financial assistance to aid rebuilding their practice.**

The American Psychiatric Association, and the Louisiana District Branch, reached out to the Texas Society of Psychiatric Physicians with information about mental health assistance in disasters. In addition, APA approved awarding the Lindemann Grant to TSPP for use in helping to fund recovery efforts that TSPP is engaged in with the members.

The mental health fallout from Hurricane Harvey will present itself long after Houston is rebuilt from this trauma. We psychiatrists will be the people who will be asked to help those struggling – and we will step up to the challenge. Organized

psychiatry is here to help all of us in these efforts. The Federation of Texas Psychiatry's member organizations: Texas Society of Psychiatric Physicians (TSPP); Texas Society of Child and Adolescent Psychiatry (TSCAP); the Texas Academy of Psychiatry (TAP); Texas Foundation for Psychiatric Education and Research (TFPER) and our affiliate associations, Texas Medical Association (TMA) and Texas Osteopathic Medical Association (TOMA) will all stand

ready to help each member in his/her efforts. Of all times to be a member of organized psychiatry, this is the time to stand together and be a member.

Join us in San Antonio November 3-5 this year for the Texas Society of Psychiatric Physicians' 61st Annual Convention and Continuing Medical Education Program at the Hyatt Regency Hill Country Resort. We will have opportunities to work together in fellowship and learn about "New Innovations in Psychiatry." Visit [www.txpsych.org](http://www.txpsych.org) for a copy of the Annual Convention program and registration or telephone 512-478-0605. ■



**Federation of Texas Psychiatry  
TEXAS DISASTER RESOURCES  
[www.txpsych.org](http://www.txpsych.org)**

### Call for Proposals for CME Activity for the 2018 TSPP Spring or Annual Meeting

TSPP wants your input! The TSPP CME Committee will be selecting topics for the 2018 CME Spring Meeting and Annual Convention. Deadline to submit proposals for the TSPP 2018 CME activities is November 1, 2017. Only proposals that are complete and submitted on the CME Activity Worksheet will be considered by the TSPP CME Committee for presentation. You should have the following information ready before submitting the proposal:

**Topic/Title for Presentation  
Needs Assessment/Gap Analysis  
Gap Analysis References**

**Proposed Objectives  
Proposed Speakers  
Teaching Method**

**To download the CME Activity Worksheet, visit [www.txpsych.org](http://www.txpsych.org)**

## Texas Society of Psychiatric Physicians November 3-5, 2017

### 61st Annual Convention and Continuing Medical Education Program

Hyatt Regency Hill Country Hotel & Resort • 9800 Hyatt Resort Drive • San Antonio, Texas



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# The Giving Season Has Arrived!

J. Clay Sawyer, MD, Chairman, Texas Foundation for Psychiatric Education and Research

The Texas Foundation for Psychiatric Education and Research's 2017 Annual Campaign has officially begun. We welcome all contributions for this most worthy and useful cause. Contributions are deductible to the full extent of the law.

Many of you know that the Foundation was formed in 1991 with the express purposes of helping to ensure access to quality psychiatric care, to combat the stigma and the discrimination which still exists regarding psychiatric care, to contribute to quality education programs in psychiatry to further patient care, and to improve treatment through innovative research. This campaign provides the resources required to pursue these goals. TSPP members have contributed over

60% of all funds raised for the Foundation, with the Academy, individuals, businesses, other foundations, and other organizations making up the remainder. Over \$400,000 in charitable contributions has been raised since 1991, and nearly 140 grants totaling over \$275,000 have been awarded for such Foundation-relevant purposes as public education and advocacy (40%), professional education (57%), and research (3%).

For the past several years, the Foundation has also played an increasing role in contributing to TSPP's high-quality Annual CME Program and providing grants to TSPP Chapters for local MIAW activities. The Foundation is proud to be able to play a role in these outstanding endeavors and through

your generous donations will be able to continue to do so again well into the future.

As you can see, the Foundation benefits all of us in many ways. Let's keep a good thing going – please join us in contributing to this year's 2017 Annual Campaign.



**This campaign, the Foundation is pleased to announce the partnership with Kendra Scott Jewelry to further boost donations to the Foundation.** Kendra Scott – Designer, CEO & Philanthropist – is a loving mom, a driven entrepreneur, and a passionate designer who believes the truest



J. Clay Sawyer, MD

form of success is giving back in a meaningful way. Since she began her company, Kendra has lived by three core values: Family, Fashion and Philanthropy. She created a brand and culture that authentically values giving back and making a positive difference in the community, a goal and objective the Foundation has steadfastly maintained since its inception. The Kendra Scott company maintains a focus on its customers and the causes close to their hearts, abiding by the mantra “What Matters to You, Matters to Us.” So, plan to attend this year's Texas Society of Psychiatric Physicians' Annual Convention November 3-5, Hyatt Hill Country Resort and support the Texas Foundation for Psychiatric Education and Research by starting your holiday shopping early. Visit the Foundation Exhibit Booth and Kendra Scott Jewelry display on Saturday, November 4 and make your purchases. 20% of all Kendra Scott Jewelry sales at the convention will be donated to the Texas Foundation for Psychiatric Education and Research through the Kendra Gives Back program.

Thank you in advance for your support. I look forward to seeing you at the convention in November! ■

## TEXAS FOUNDATION FOR PSYCHIATRIC EDUCATION AND RESEARCH

I am pleased to support the Foundation with a contribution of:

☐ \$50   ☐ \$100   ☐ \$250   ☐ \$500   ☐ \$1000

☐ \$ \_\_\_\_\_

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☐ **Check** in the Amount of \$ \_\_\_\_\_

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### Contact me about a PLANNED GIFT.

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Texas Foundation for Psychiatric Education and Research • 401 West 15th Street, Suite 675, Austin, Texas 78701.  
Your contribution is tax deductible to the full extent of the law. Thank you for your support!

## Foundation's Annual Campaign Donations in 2016

### CHAIRMAN'S CLUB

Over \$10,000 in cumulative donations)

Anonymous  
John R. Bush  
Shirley E. Marks, MD  
Dr. and Mrs. Alex K. Munson  
Larry E. Tripp, MD  
Linnie Pierce Trust  
Linda J. Rhodes, MD

### FOUNDER'S CIRCLE

(Over \$2,500 or more during the first five Annual Campaigns)

Abbott Laboratories  
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### CLUB 2000 (Over \$2,500 during 1999-2003)

Abbott Laboratories  
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Dr. and Mrs. Larry Tripp  
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### FOUNDATION ASSOCIATES

(Over \$500 in 2016 Annual Campaign)

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Dr. and Mrs. Edward Reilly  
Arturo Rios, MD  
Kathleen Salvatore, MD  
J. Clay Sawyer, MD  
Leslie Secrest, MD  
James Shupe, MD

### FOUNDATION ADVOCATES

(Over \$100 in 2016 Annual Campaign)  
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ON OUR MINDS MONTHLY ON-DEMAND RISK UPDATE



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VICE PRESIDENT, RISK MANAGEMENT



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# Reflections on Communities: Professional and Otherwise

Terry McMahon, MD, DLFAPA, President, Texas Society of Psychiatric Physicians



Terry McMahon, MD, DLFAPA

A week or so ago I was looking at the most recent AARP magazine (please remember that the average age of a psychiatrist is 55) and noticed an article about this being the 50th anniversary of the '67 Summer of Love. Of course this brought back vague memories of the summer between my junior and senior years in high school. No, I did not embark on a cross-country trip from Oklahoma City to San Francisco that summer though I did make a brief visit to San Francisco 2 years later with some friends of mine when we took a cross-country jaunt and briefly experienced a facsimile of the summer of '67. While I did not directly experience the "happening" of that time, I do remember being struck then as well as now of the sense of community for which we as individuals seem to be in search.

As I fast forward from my reminiscences to the here and now, I reflect on the recent hurricane related events in Southeast Texas and Florida. In particular, I think it is noteworthy how individuals in the areas affected, and in particular our psychiatric colleagues, have responded to the needs of the individuals affected in such a dramatic way and how our colleagues in TSPP have responded to support the victims and those caring for them. However, I also suspect that our response to this event has been no less extraordinary than our response to previous such events or our ongoing efforts over time to serve our patients, our colleagues and our communities as we lend our professional expertise to enhance the lives of others. Hence, in our own and unique way as psychiatric

practitioners, we to seek to improve the places in which we live and work and derive a sense of satisfaction in doing so. Many of you have far more experience with such matters than I through your ongoing involvement with TSPP and can attest to our efforts over time in this regard. While I have spent my career working and practicing in an academic environment, my involvement with TSPP has helped me to be mindful of the diversity and vitality of our membership who practice and work in a variety of settings and each in our own way make a contribution day by day in doing so. I think now is a perfect time to reflect on what we have done, what we are currently doing, and what we will do in the future as individuals and a professional organization to promote our discipline and

the well-being of others whom we serve in our respective communities.

Here's to a good turnout at the TSPP 61st Annual Convention and Scientific Program "New Innovations in Psychiatry" at the Hyatt Hill Country Resort in San Antonio in November. I look forward to seeing many of you there! ■



## Helping Our Neighbors in Need

Nakia G. Scott, MD, President, Texas Society of Child and Adolescent Psychiatry

*"The greatest good is what we do for one another." - Mother Teresa*

This has been a particularly challenging time for many of our colleagues, patients, friends, and families. Thank

you to those who selflessly offered aid in whatever capacity you chose to do so. Members donated their time

working in Houston and Dallas convention centers. Many members donated money and others interfaced with local community and medical organizations to consolidate resources. TSCAP members continue to demonstrate resiliency and compassion in the recovery efforts.

Please visit the Federation of Texas Psychiatry website, [www.txpsych.org](http://www.txpsych.org) for information about disaster resources. Thank you to Mrs. Debbie Giarrantano, Executive Director of the Federation of Texas Psychiatry and her staff for

compiling and distributing this helpful information. ■



Nakia G. Scott, MD



**SAVE THE DATE!**  
**2018 TSCAP Annual Convention & Scientific Program**  
**July, 27-29, 2018**  
**Moody Gardens Hotel**  
**Galveston, Texas**

## Candidates Announced

Candidates for elective officers for the Texas Society of Psychiatric Physicians and the Texas Foundation for Psychiatric Education and Research have announced and will be voted on during the Annual Business Meeting on Saturday, November 4 at the TSPP Annual Convention, Hyatt Hill Country Resort, San Antonio.

The **TSPP Nominating Committee** consisting of Daryl Knox, MD, Chair; Daniel Pearson, III, MD and Mark Jacobs, MD, will present the following slate of candidates for consideration:

**President-Elect, 2018-19**  
Melissa Gail Inga Eshelman, MD  
Austin

**Secretary-Treasurer, 2018-19**  
Timothy K. Wolff, MD  
Dallas

**Re-Appointment of Assembly Representative, 2018-21**  
Debra Atkisson, MD  
Fort Worth

**Re-Appointment of Representative to APA Division of Government Affairs, 2018-21**  
Leslie H Secrest, MD  
Dallas

**Re-Appointment of Representative to APA Division of Public Affairs, 2018-21**  
Lynda M Parker, MD  
Georgetown

**Re-Appointment of Councilor at Large, 2018-21**  
Matthew D Jeffreys, MD  
San Antonio

The **Foundation Nominating Committee** composed of J. Clay Sawyer, MD; Gary Etter, MD and Richard Noel, MD will present the following slate of candidates for consideration:

**Elected Directors, 2017-2020**

**Re-Appointment of**  
Debra Atkisson, MD  
Fort Worth

**Re-Appointment of**  
Miriam Feaster  
Friendswood

**Re-Appointment of**  
Edward S. Furber, MD  
Fort Worth

**Re-Appointment of**  
Jefferson E. Nelson, MD  
Austin

**Re-Appointment of**  
Arturo Rios, MD  
Houston



### HereForTexas.com Provides New Mental Health Resource for Texans

Connecting Texans to information and resources for mental health and addiction is the primary focus of HereForTexas.com, a searchable online database of Texas mental health providers, organizations and community agencies.

This website features comprehensive information on mental health practitioners — including psychiatrists — as well as hospitals, clinics and programs dedicated to the treatment of psychiatric illnesses and addictions.

"We all know how difficult it is for a family or individual to know where to turn when faced with psychiatric illness or addiction," Dallas psychiatrist Ed Nace said. "By participating in HereForTexas.com, you are demonstrating professional responsiveness to the growing need for services. The psychiatrists and other clinicians listed are saying they care about and are willing to assist those seeking these vital services."

A collaborative partnership between Dallas nonprofit Grant Halliburton Foundation and North Texas Society of Psychiatric Physicians, HereForTexas.com was launched in 2015 to help connect those in need of mental health services with professionals who can provide those services.

Psychiatrists statewide are urged to join the 575+ professionals already listed on HereForTexas.com. It serves as a marketing tools for your practice with no charge or obligation, and the information can be updated at any time.

To sign up as a provider, visit **HereForTexas.com** and click on Provider Signup to get started. It takes only a few moments to submit information for inclusion in the database of providers. Questions? Contact James Bryant at [james@granthalliburton.org](mailto:james@granthalliburton.org) or 972-744-9790.



TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

61<sup>st</sup> Annual Convention and Scientific Program

New Innovations In Psychiatry

November 3-5, 2017 • Hyatt Hill Country Resort, San Antonio

GENERAL INFORMATION

MEETING LOCATION

The TSPP 61st Annual Convention and Scientific Program will be held in San Antonio, a city with warm weather, rich in culture and history. The meeting site selected for the members and guests enjoyment is the **Hyatt Regency Hill Country Resort and Spa**, a breathtaking property that offers luxurious accomoda-tions, 27 holes of Championship golf, a full service Spa, a 5-acre water oasis, seven dining options, complimentary self-parking and so much more! The hotel is located only 16 miles or 18 minutes from the historic San Antonio Riverwalk and San Antonio International Airport.

HOTEL RESERVATIONS

To place a hotel reservation at the TSPP discounted room rate of \$169 Single or Double Occupancy please visit the Federation of Texas Psychiatry’s website homepage [www.txpsych.org](http://www.txpsych.org) and click on the link located beside the program infor-mation for TSPP, November 3-5: <https://aws.passkey.com/go/TSPP2017> or telephone 800-233-1234.

Booking a room within the TSPP room block is an important way to support TSPP and helps to keep the overall meeting registration fee and costs as low as possible. Booking “outside of the TSPP block” or at another hotel could expose TSPP to monetary damages for hotel room block attrition. Plus, staying in the hotel keeps you connected with all the activities and networking opportunities during the event. Please “help us help you” by booking your room at the hotel hosting the meeting and within the TSPP room block.

As a special consideration for TSPP’s attendees, the \$30.00 daily resort fee has been waived and complimentary internet will be available in the guest rooms and meeting space. **The hotel cut-off date for discounted hotel room rates is October 12 or upon sell-out**, whichever occurs first.

Medical Students / Resident-Fellow Members Poster Session –

Medical Students, Residents and Fellows-in-Training who are **members** of TSPP, TSCAP or TAP have been invited to sub-mit a poster for presentation during the Friday Evening Welcome Reception and Saturday Continental Breakfast and Refreshment Breaks. Please attend the Welcome Reception, Continental Breakfast and Refreshment Breaks to view the posters and meet the presenters and discuss their presentation.

SPECIAL EVENTS

**TTHURSDAY – GOLF OUTING:** For con-vention attendees, guests and golf enthu-siasts arriving early, please indicate on the registration form if you are interested in playing an 18-hole round of golf at 1:00 pm. If so, additional information about the golf play and fees at the Hyatt Hill Country Golf Club will be emailed to you.

**THURSDAY – NETWORKING / SOCIAL MIXER FOR TSPP/TSCAP/TAP MEDICAL STUDENTS AND RESIDENT-FELLOW MEMBERS IN TRAINING:** The TSPP Resident-Fellow Members Section has arranged a special networking event for all TSPP, TSCAP and TAP medical students, residents and fellows in training on Thursday, 7:30-9:30 pm in the Kerrville Room, located close to Cactus Oak Tavern and Antlers Lodge. We hope you will make plans to register for this fun, informal get together!

**FRIDAY – TEXAS ACADEMY OF PSYCHIATRY PROGRAM – “PANEL ON BENZODIAZEPINE POLICY AND PRACTICE AT TEXAS COMMUNITY MENTAL HEALTH CENTERS”.** OPEN TO ALL ATTENDEES – Free for Texas Academy of Psychiatry Members / \$25 for TAP Non-Members\*

Texas Community Mental Health Centers maintain differing policies regarding benzodiazepine prescribing for ongoing care for those with persistent mental illness. A survey of responding centers will be presented. Also, a rationale and potential impacts of the decision to block or allow the use of benzodiazepines in this setting will be discussed. Alternative strategies used for both symptom control and protracted withdrawal by center physicians will be reviewed. We encourage physicians and other prescribers from both public and private settings to participate in this session as center policy decisions on prescribing benzodiazepines can impact broadly on community clinicians.

*\* Not a member of TAP? If you are already a member of TSPP or TSCAP you can join the Texas Academy of Psychiatry as a Member for only \$25.00 (email [TSPPoFc@aol.com](mailto:TSPPoFc@aol.com) for a TAP application to join). Not interested in membership in TAP yet, you can still register and attend the TAP Program for \$25.00 Registration Fee – see registration form.*

**FRIDAY – SPECIAL PROGRAM FOR MEDICAL STUDENTS AND RESIDENT-FELLOW MEMBERS ON MENTORSHIP:** The RFM Section will join with the Academic Psychiatry Committee on Friday, 2:30-3:30 pm, for a special session on mentorship. Residents, fellows in training, and medical students from across the state will discuss how their programs approach both personal and professional mentorship, and then participants will divide into small groups to consider ways to make the most of mentorship opportunities. Additionally, the group will consider how TSPP can be involved in mentorship activities at the local and state levels. Be sure to register

early for this complimentary program.

**FRIDAY - UTMB DEPARTMENT OF PSYCHIATRY ALUMNI MEETING.** The UTMB Department of Psychiatry Alumni (formerly known as the Titus Harris Society) has scheduled a dinner on Friday 8:30 pm – 10:00 pm following the TSPP Welcome Reception. For additional information and to register for the dinner, please contact Ms. Yvonne Boyington, 409-750-1937.

**SATURDAY – KENDRA SCOTT JEWELRY TRUNK SHOW TO BENEFIT THE TEXAS FOUNDATION FOR PSYCHIATRIC EDUCATION & RESEARCH,** 10:30 am – 12:30 pm, Grand Ballroom A-C, at the Foundation Exhibit Booth. As part of Kendra Scott’s Give Back Program, 20% of all sales will be donated to the Texas Foundation for Psychiatric Education and Research, so shop early and shop often – the holidays are just around the corner!

DAILY SCHEDULE

THURSDAY, NOVEMBER 2

12:30 pm	Golf Outing – Pre-registered golfers meet in hotel lobby to leave for golf at Hyatt Regency Golf Club . . . .	.Hotel Lobby
2:00 pm – 8:00 pm	Registration . . . . .	.South Atrium
7:00 pm– 8:00 pm	Chapter Leadership Forum Meeting . . . . .	.Bandera
7:30 pm – 9:30 pm	TSPP/TSCAP/TAP Medical Student and Resident Fellow Member Mixer . . . . .	.Kerrville
8:00 pm – 9:00 pm	Federation Delegate Assembly Meeting . . . . .	.Bandera

FRIDAY, NOVEMBER 3

7:30 am – 8:30 pm	Registration . . . . .	.Hill Country Ballroom Foyer
8:00 am – 9:00 am	Foundation Board of Directors Breakfast Meeting . . . . .	.Bandera
8:00 am – 12:00 pm	Freeman Decorating Exhibit Hall Set Up . . . . .	.Hill Country Ballroom A-C
9:00 am – 5:00 pm	Committee Refreshments . . . . .	.Hill Country Ballroom Foyer
9:00 am – 10:30 am	<b>COUNCIL ON LEADERSHIP MEETINGS</b> . . . . .	.Hill Country Ballroom D
	Ethics Committee, Distinguished Fellowship Committee, Finance Committee	
10:30 am – 10:45 am	Council on Leadership Reports	
	All committee members meet to hear reports from committees . . . . .	.Hill Country Ballroom D
10:45 am – 12:15 pm	<b>COUNCIL ON SERVICE MEETINGS</b> . . . . .	.Hill Country Ballroom D
	Children & Adolescents Committee, Forensic Psychiatry Committee, Public Mental Health Services Committee, Academic Psychiatry Committee	
12:15 pm – 12:30 pm	Council on Service Reports	
	All committee members meet to hear reports from committees . . . . .	.Hill Country Ballroom D
12:30 pm – 1:30 pm	Luncheon . . . . .	.Hill Country Ballroom G
12:30 pm – 5:00 pm	Exhibits AND Poster Session Set Up . . . . .	.Hill Country Ballroom A-C and Hill Country Ballroom Foyer
1:30 pm – 2:00 pm	Texas Academy of Psychiatry Board of Trustees Meeting . . . . .	.Hill Country Ballroom E
1:30 pm – 2:20 pm	Resident-Fellow Section Committee Meeting . . . . .	.Hill Country Ballroom F
2:00 pm – 3:30 pm	Texas Academy of Psychiatry Program – “ <b>PANEL ON BENZODIAZEPINE POLICY AND PRACTICE AT TEXAS COMMUNITY MENTAL HEALTH CENTERS</b> ” . . . . .	.Hill Country Ballroom E
	<b>COUNCIL ON EDUCATION</b> . . . . .	.Hill Country Ballroom D
	Continuing Medical Education Committee, Professional Practice Management Committee	
2:00 pm – 3:30 pm	RFM Section Refreshment Break . . . . .	.Hill Country Ballroom Foyer
2:20 pm – 2:30 pm	Resident Fellow Member In Training Section and Academic Psychiatry Committee Program “Mentorship” . .	.Hill Country Ballroom F
2:30 pm – 3:30 pm	Council on Education Reports	
	All committee members meet to hear reports from committees . . . . .	.Hill Country Ballroom D
3:45 pm – 5:00 pm	<b>COUNCIL ON ADVOCACY</b> (Government Affairs Committee) . . . . .	.Hill Country Ballroom G
5:30 pm – 6:30 pm	Executive Council Meeting . . . . .	.Hill Country Ballroom G
6:30 pm – 8:30 pm	Welcome Reception with Exhibitors AND Poster Session for Meeting Registrants and Paid Guests . . . . .	.Hill Country Ballroom A-C and Hill Country Ballroom Foyer
8:30 pm – 10:30 pm	UTMB Department of Psychiatry Alumni Dinner	

SATURDAY NOVEMBER 4

7:30 am – 8:30 pm	Registration . . . . .	.Hill Country Ballroom Foyer
7:30 am – 4:00 pm	Exhibits Open and Poster Session . . . . .	.Hill Country Ballroom A-C and Hill Country Ballroom Foyer
7:30 am – 8:15 am	Complimentary Continental Breakfast in Exhibit Hall for Meeting Registrants and Paid Guests . . . . .	.Hill Country Ballroom A-C
8:15 am – 5:00 pm	SCIENTIFIC PROGRAM “NEW INNOVATIONS IN PSYCHIATRY” . . . . .	.Hill Country Ballroom E-G
10:30 am – 10:50 am	Refreshment Break and Door Prize Drawings with Exhibitors and Poster Session . . . . .	.Hill Country Ballroom A-C and Hill Country Ballroom Foyer
10:30 am – 12:30 pm	Kendra Scott Jewelry Trunk Show to Benefit the Texas Foundation for Psychiatric Education and Research – 20% of all sales will be donated to the Texas Foundation for Psychiatric Education and Research . . . . .	.Hill Country Ballroom A-C
11:50 am – 12:10 pm	Refreshment Break with Door Prize Drawings with Exhibitors and Poster Session . . . . .	.Hill Country Ballroom A-C and Hill Country Ballroom Foyer
12:10 pm – 1:30 pm	Lunch . . . . .	.Hill Country Ballroom D
2:30 pm – 2:50 pm	Refreshment Break and Door Prize Drawings with Exhibitors and Poster Session . . . . .	.Hill Country Ballroom A-C and Hill Country Ballroom Foyer
3:00 pm	Exhibits Close	
6:30 pm – 7:00 pm	Reception for Awards Banquet Registrants . . . . .	.Courtyard Deck
7:00 pm – 9:00 pm	Awards Banquet . . . . .	.Hill Country Ballroom D

SUNDAY NOVEMBER 5

7:30 am – 2:00 pm	Registration . . . . .	.Hill Country Ballroom Foyer
8:00 am	Complimentary Continental Breakfast for Meeting Registrants and Paid Guests . . . . .	.Hill Country Ballroom E-G
8:15 am – 12:00 pm	SCIENTIFIC PROGRAM “NEW INNOVATIONS IN PSYCHIATRY” . . . . .	.Hill Country Ballroom E-G
9:30 am – 9:45 am	Refreshment Break . . . . .	.Hill Country Ballroom Foyer

# SCIENTIFIC PROGRAM

## New Innovations in Psychiatry

SATURDAY, NOVEMBER 4 (6 AMA PRA CATEGORY I CREDITS™)

8:15 am-8:30 am	Scientific Program Opening Remarks
8:30 am-9:30 am	Recovery After an Initial Schizophrenia Episode (RAISE) William B. Lawson, MD, PhD, DLFAPA
Professional practice gap: Choosing the best intervention models for treatment of first episode psychosis can be unclear to clinicians. The activity is designed to update clinicians on the latest treatment model for first episode psychosis. Objectives: <ul style="list-style-type: none"><li>Compare the outcomes for RAISE to usual care.</li><li>Increase understanding of the elements required for the best treatment of first episode psychosis used in the RAISE study.</li></ul>	
9:30 am-10:30 am	Treatment Approaches for Tardive Dyskinesia Leigh Anne Bains, MD William B. Lawson, MD, PhD, DLFAPA Susan K. Wynne, MD, FAPA
Professional practice gap: There is a need for clinicians to understand the best options for treating tardive dyskinesia which is a potentially serious and irreversible side effect of antipsychotic medications. The activity is designed to inform clinicians about the current approaches to the prevention and treatment of tardive dyskinesia. Objectives: <ul style="list-style-type: none"><li>Discuss the rates of tardive dyskinesia, monitoring, and prevention.</li><li>Discuss the role of valbenazine in the treatment of tardive dyskinesia.</li></ul>	
10:30 am-10:50 am	Refreshment Break
10:50 am-11:50 am	Ketamine and NMDA Receptor Activity and Psychiatric Disorders Jair C. Soares, MD, PhD, FAPA
Professional practice gap: Ketamine has been identified as a treatment option for refractory depression related to its effect on the NMDA receptor but its clinical application is unclear. The activity is designed to update clinicians on the current research and assessment of ketamine for treatment refractory depression. Objectives: <ul style="list-style-type: none"><li>Discuss the empirical evidence for ketamine in treatment refractory depression.</li><li>Identify the current limitations on the clinical use of ketamine.</li></ul>	
11:50 am-12:10 pm	Refreshment Break
12:10 pm-1:30 pm	Lunch
1:30 pm-2:30 pm	NMDA Receptor Activity Implications in Psychiatric Disorders Sanjay J. Mathew, MD
Professional practice gap: New evidence is emerging regarding the role of the NMDA receptor in the etiology and treatment of psychiatric disorders which may be unclear to clinicians. The activity is designed to update clinicians on the importance of the NMDA receptor in psychiatric disorders and new treatments. Objectives: <ul style="list-style-type: none"><li>Identify psychiatric disorders in which the NMDA receptor plays an important role.</li></ul>	
<ul style="list-style-type: none"><li>Discuss possible treatments which could be targeted to the NMDA receptor.</li></ul>	
2:30 pm-2:50 pm	Refreshment Break
2:50 pm-3:50 pm	Evaluating Evidence-Based Treatments in Psychiatry Michael A. Escamilla, MD, PhD
Professional practice gap: Clinicians must differentiate between different levels of scientific evidence when selecting treatments which can be difficult to evaluate. The activity is designed to improve clinicians’ ability to evaluate the evidence for differing treatments. Objectives: <ul style="list-style-type: none"><li>Describe the differing levels of research evidence supporting treatments.</li><li>Describe potential biases involved in treatment selection.</li></ul>	
3:50 pm-4:50 pm	Genetic Testing in Psychiatry Michael A. Escamilla, MD, PhD
Professional practice gap: There are an explosion of genetic studies in psychiatry, but their relevance to the clinician may be difficult to interpret. The activity is designed to provide an overview of genetic studies in psychiatry with a discussion of the limitations and potential of those studies relevant to clinician practices. Objectives: <ul style="list-style-type: none"><li>Discuss the interaction between genetic risk and environmental factors in the development of psychiatric disorders.</li><li>Describe the potential and limitations for the use of genetic testing in psychiatry including the use of genetic testing in pharmacotherapy selection.</li></ul>	
4:50 pm-5:00 pm	Closing Remarks

SUNDAY, NOVEMBER 5 (3 AMA PRA CATEGORY I CREDITS™)

8:15 am-8:30 am	Opening Remarks
8:30 am-9:30 am	Mindfulness in Psychiatric Practice Saundra Jain, MA, PsyD, LPC Michele A. Hauser, MD
Professional practice gap: Mindfulness techniques have been applied to a wide variety of mental and physical disorders, and the evidence supporting these techniques and practice of these techniques may not be fully understood by practicing clinicians. The activity is designed to increase clinicians’ awareness of the usefulness and implementation of mindfulness techniques. Objectives: <ul style="list-style-type: none"><li>Name specific psychiatric and medical conditions for which mindfulness has been an effective treatment.</li><li>Describe the essential elements of mindfulness.</li></ul>	
9:30 am-9:45 am	Refreshment Break
9:45 am-11:45 am	Ethics: The Battle Over Involuntary Psychiatric Care Annette L. Hanson, MD Dinah Miller, MD
Professional practice gap: Balancing ethical issues of justice and autonomy with public safety and treating suffering can be fraught with difficult decisions for the clinician. The activity is designed to enable clinicians to understand the historical context and current issues involved with involuntary psychiatric treatments and to consider some of the ethical dilemmas involved. Objectives: <ul style="list-style-type: none"><li>Discuss the historical context for involuntary treatment of psychiatric disorders.</li><li>Describe the ethical issues involved in making decisions about involuntary psychiatric treatment.</li></ul>	
11:45 am-12:00 pm	Closing Remarks

### CME PROGRAM GOAL / TARGET AUDIENCE

This live activity has been designed in a format consisting of case study presentations, lectures and direct discussion to provide its primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice. Information and data will address new developments in treatments and new directions in research to address the professional practice gaps of the learners and advance the physicians’ competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice. The learning objectives for this activity have been designed to address clinician competence.

### NEEDS ASSESSMENT

TSPP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of our participants.

### ACCREDITATION STATEMENT

The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

### CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of nine (9) *AMA PRA Category I Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

### ETHICS DESIGNATION STATEMENT

The presentation entitled “The Battle Over Involuntary Psychiatric Care” has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

### FACULTY AND PLANNERS DISCLOSURE POLICY

The Texas Society of Psychiatric Physicians will disclose to participants the existence of any relevant financial relationships between faculty members, TSPP staff and members, who planned, authored, contributed to, and/or reviewed the content of this activity, and any commercial interest discussed in this educational activity. Disclosure will occur through written communication in the syllabus / handout material.

## ABOUT THE SPEAKERS

<b>LEIGH ANNE BAINS, MD</b> Private Practice in Neurology in Fredericksburg and Kerrville, TX	<b>MICHAEL A ESCAMILLA, MD, PhD</b> Psychiatry Professor and Director Center of Emphasis in Neuroscience Department of Psychiatry Texas Tech University Health Sciences Center El Paso, TX	<b>ANNETTE L. HANSON, MD</b> Clinical Assistant Professor of Psychiatry University of Maryland School of Medicine Assistant Professor Johns Hopkins Medical Institute Director Fellowship in Forensic Psychiatry University of Maryland School of Medicine Co-Author of Committed: The Battle Over Involuntary Psychiatric Care Baltimore, MD
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<b>MICHELE A. HAUSER, MD</b> Private Practice in Psychiatry in Austin, TX Director of MBCT Austin	<b>SAUNDRA JAIN, MA, PsyD, LPC</b> Adjunct Clinical Affiliate University of Texas at Austin School of Nursing Austin, TX	<b>WILLIAM B. LAWSON, MD, PhD, DLFAPA</b> Associate Dean for Health Disparities Dell Medical School Austin, TX Director of Community Health Programs Sandra Joy Anderson Center Professor Huston-Tillotson University Director of Health Disparities Policy and Research Austin Travis County Integral Care Emeritus Professor of Psychiatry and Behavioral Sciences Howard University Editor-in-Chief: Journal of the National Medical Association
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<b>SANJAY J. MATHEW, MD</b> Marjorie Bintliff Johnson and Raleigh White Johnson, Jr. Chair for Research in Psychiatry Professor of Psychiatry & Behavioral Sciences Menninger Department of Psychiatry & Behavioral Sciences Baylor College of Medicine Staff Physician, Michael E. DeBakey VA Medical Center, Houston, Texas	<b>DINAH MILLER, MD</b> Private Practice in Psychiatry 20 Years Experience in 4 Community Psychiatry Programs in Greater Baltimore Area Including 15 Years at Johns Hopkins Community Psychiatry Program Past President, Maryland Psychiatric Society Columnist for Clinical Psychiatry News Co-Author of Shrink Rap: Three Psychiatrists Explain Their Work Co-Author of Committed: The Battle Over Involuntary Psychiatric Care Baltimore, MD
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<b>JAIR C. SOARES, MD, PhD, FAPA</b> Professor and Chairman Dept. of Psychiatry and Behavioral Sciences Pat R. Rutherford, Jr., Chair Dept. of Psychiatry and Behavioral Sciences Executive Director The University of Texas Harris County Psychiatric Center Director, UT Center of Excellence on Mood Disorders Houston, TX	<b>SUSAN K. WYNNE, MD, FAPA</b> Private Practice in Child, Adolescent and Adult Psychiatry in San Antonio, Kerrville and Fredericksburg, TX Associate Adjunct Professor of Psychiatry University of Texas Health Science Center at San Antonio Past President TSPP Bexar County Psychiatric Society Secretary-Treasurer Texas Society of Child and Adolescent Psychiatry San Antonio, Texas
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TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

# 61<sup>st</sup> Annual Convention and Scientific Program

## New Innovations In Psychiatry

November 3-5, 2017 • Hyatt Hill Country Resort, San Antonio

### AWARDS

#### TSPP AWARDS

##### AWARDS RECEPTION / BANQUET

Saturday evening's Awards Banquet is preceded by a complimentary wine and cheese reception for registrants attending the Awards Banquet honoring the 2017 TSPP Award Recipients for their outstanding contributions to Psychiatry. Register early to reserve a table with your friends and colleagues at this celebratory evening! This year's honorees are:



**Psychiatric Excellence**  
Rene L. Olvera, MD, MPH  
(San Antonio)



**Distinguished Service**  
Debra Atkisson, MD  
(Fort Worth)



**Distinguished Service**  
Brigitte Y. Bailey, MD  
(San Antonio)



**Special Service**  
Martha Leatherman, MD  
(San Antonio)



Ralph Hodges, MD  
(Dallas)

##### DR. SPENCER BAYLES OUTSTANDING TSPP MEMBER AWARD

This award named in memory of Dr. Spencer Bayles was established in 2010 to recognize members for outstanding and consistent participation in TSPP activities. The award will be presented during TSPP's Annual Business Luncheon on Saturday, November 4 so please plan to attend the lunch and thank your fellow colleague for his outstanding volunteer service. This year's honoree is:

#### TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

## 61<sup>ST</sup> ANNUAL CONVENTION & SCIENTIFIC PROGRAM

November 3-5, 2017  
Hyatt Regency Hill Country Hotel & Resort • San Antonio, Texas

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NAME(S) GUEST(S) ATTENDING (for name badges)

#### REGISTRATION FEES

Indicate the **NUMBER** of individuals who are registered for each event in the appropriate enrollment category listed below. Please note the enrollment fees are **PER PERSON** and your payment should reflect the proper fee for the number of individuals registered per event.

NUMBER ATTENDING EVENT

AFTER 10/1

##### Golf Outing – Thursday

# ☐ Please Send Me Additional Information.

##### Medical Student/Resident Mixer – Thursday

# ☐ No Charge

##### Lunch - Friday

# ☐ Lunch \$25

##### Resident Section Program /Academic Psychiatry Program for MS or Residents – Friday

# ☐ No Chg

##### Texas Academy of Psychiatry Program – Friday

"Panel on Benzodiazepine Policy and Practice at Texas Community Mental Health Centers"

# ☐ TAP Member No Chg

# ☐ Non TAP Member \$25

##### Reception w/ Exhibitors – Friday

# ☐ NOT Registered or Scientific Program \$50

# ☐ Registered for Scientific Program No Chg

##### Lunch – Saturday

# ☐ TSPP/ACADEMY/TSCAP Member \$35

# ☐ TSPP/ACADEMY/TSCAP Trainee Member \$20

# ☐ TSPP/ACADEMY/TSCAP Non-Member \$45

# ☐ TSPP/ACADEMY/TSCAP Trainee Non-Member \$35

# ☐ Guest \$35

##### Awards Banquet and Gala – Saturday

# ☐ Awards Banquet \$65

# ☐ Reserved Table for 10\* \$600

\* Name(s) for Reserved Table: \_\_\_\_\_

NUMBER ATTENDING EVENT

AFTER 10/1

##### SCIENTIFIC PROGRAM – Saturday and Sunday

Registration includes your online program syllabus, complimentary continental breakfast and AM / PM refreshment breaks.

# ☐ TSPP/ACADEMY/TSCAP Member \$275

# ☐ Non-Member Physician \$325

# ☐ TSPP/ACADEMY/TSCAP Trainee Member \$35

**\*\*If your Training Director, Associate or Assistant Program Director's registers for the Scientific Program, your Scientific Program Fee is \$0.00. Enter your Director's name below if they have registered for the Scientific Program:**  
NAME: \_\_\_\_\_

# ☐ Non-Member RFM (Trainee) \$50

# ☐ Medical Students \$15

**Medical Students and Resident Members:** If you present a poster, your registration fee for the Scientific Program AND Saturday Lunch is waived.

# ☐ Allied Health Professional \$155

# ☐ Spouse / Guest (No CME Credit) \$145

##### CME Meeting Syllabus Order

# ☐ Online Meeting Syllabus No Chg

# ☐ CME Meeting Syllabus In Black/White \$125

# ☐ CME Meeting Syllabus In Color \$155

If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605.

☐ **Vegetarian Plate Requested (for lunch and/or dinner registration). No additional fee if requested prior to 10/1, otherwise there will be an additional fee of \$15.00**  
**MY SPECIAL DIETARY NEEDS: (ie, Gluten Free or Lactose Free, etc)** \_\_\_\_\_

TOTAL REGISTRATION FEE

\$

#### FEDERATION AWARDS

##### JOHN R. BUSH LEADERSHIP EXCELLENCE AWARD

This award named for John R. Bush was established in 2016 to recognize psychiatrists who unselfishly provide outstanding leadership, over a sustained period of time, through organized psychiatry advancing the highest standards of psychiatric practice and quality psychiatric care for patients. The award will be presented during the Federation of Psychiatry's Luncheon on Saturday, November 4 so please plan to attend the lunch and thank your fellow colleague for his outstanding leadership through organized psychiatry.

This year's honoree is:



Conway L. McDanald, MD  
(Dallas)

### Sponsors and Exhibitors

Thank you to the following Sponsors and Exhibitors for their support of TSPP's Annual Convention

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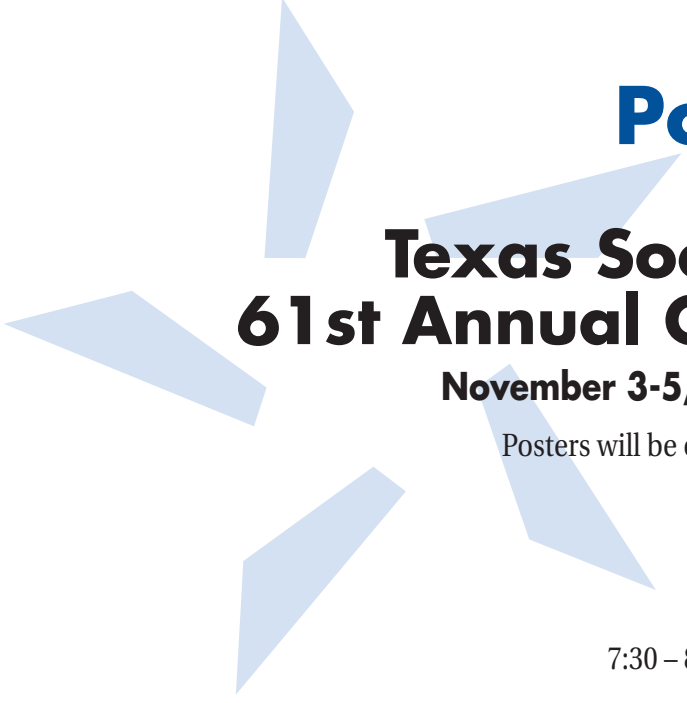
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# Poster Presentations

at the

## Texas Society of Psychiatric Physicians

### 61st Annual Convention and Scientific Program

November 3-5, 2017 • Hyatt Hill Country Resort, San Antonio, Texas

Posters will be on display during the following events at the Hyatt Hill Country Resort:

**FRIDAY, November 3**

Welcome Reception 6:30 – 8:30 pm

**SATURDAY, November 4**

Continental Breakfast and Refreshment Breaks

7:30 – 8:15 am; 10:30 – 10:50 am; 11:50 – 12:10 pm and 2:30 – 2:50 pm

**TEXAS TECH HEALTH SCIENCES CENTER SCHOOL OF MEDICINE, LUBBOCK**

“The Role of Modern Medicine in the Opioid Crisis”

Rabiya Noor (MS Medical Student)

Archana K. Ayyar (MS Medical Student)

**TEXAS TECH HEALTH SCIENCES CENTER SCHOOL OF MEDICINE, LUBBOCK**

“Fluoxetine Induced Weight Loss in a Patient with Gastric Bypass Surgery – A Case Report”

Quynh Pham (MS3 Medical Student )

Vivekananda R. Rachamalla, MD (PG3 Resident)

**TEXAS TECH HEALTH SCIENCES CENTER SCHOOL OF MEDICINE, LUBBOCK**

“Lesbians and Substance Use: Causes and Current Data”

Anastasia Ruiz, MD (PGY1 Resident)

Jennifer Phan, BS (MS3 Medical Student)

**TEXAS TECH UNIVERSITY HEALTH SCIENCES CENTER, LUBBOCK**

“Late Onset Mania Induced by Alcohol Withdrawal Seizure – A Case Report”

Jafreen Ahmed, MD, MPH (PGY3 Resident)

Marina Chavez, MD (Assistant Professor)

**TEXAS TECH UNIVERSITY HEALTH SCIENCES CENTER, LUBBOCK**

“Psychotropic Pharmacogenetics: Literature Review of Applications in Major Depressive Disorder Treatment”

Joon S. Choi (MS3 Medical Student)

Anastasia Ruiz, MD (PGY1 Resident)

**TEXAS TECH HEALTH SCIENCES CENTER, LUBBOCK**

“Associations Between Parental and Child Social Media Usage and its Effects on Child Health”

David Michaels (MS Medical Student)

Jane Gilmore (MS Medical Student)

**TEXAS TECH UNIVERSITY HEALTH SCIENCES CENTER, LUBBOCK**

“Risperdone via Gastrostomy in a Pediatric Patient with Autism Spectrum Disorder and Cerebral Palsy – A Discussion”

Robert L. Jameson, BS (MS3 Medical Student)

Vivekananda R. Rachamalla, MD (PG3 Resident)

**TEXAS TECH UNIVERSITY HEALTH SCIENCES CENTER, LUBBOCK**

**DEPARTMENT OF PSYCHIATRY**

“The Romanticism of Suicide”

Anastasia Ruiz, MD (PGY1 Resident)

Joy Le (MS Medical Student)

**UT AUSTIN DELL MEDICAL SCHOOL, AUSTIN**

**DEPARTMENT OF PSYCHIATRY**

“Using Large Doses of Loperamide for an Opioid High: A Case Study Report”

Sonia S. Popatia, MD (PGY2 Resident)

**UT AUSTIN DELL MEDICAL SCHOOL, AUSTIN**

**DEPARTMENT OF PSYCHIATRY**

“Efficacy of Ultrabrief Pulse, Right Unilateral ECT In Bipolar Mixed and Manic States”

Aysha Sabri, MD (PGY-V Fellow, Psychosomatic Medicine)

**TEXAS TECH UNIVERSITY HEALTH SCIENCES CENTER, LUBBOCK**

“Poly-Pharmacy Leading to Priapism in an HIV Patient: A CYP-450 Cascade”

Vinod Sharma, MD (PGY3 Resident)

Manish Aligeti, MD, MHA (Assistant Professor)

**TEXAS TECH HEALTH SCIENCES CENTER, LUBBOCK**

“Postpartum Depression: Identifying and Reducing Barriers to Care”

Justin P. Singer (MS Medical Student)

Sarah M. Wakefield, MD (Assistant Professor, Psychiatry)

Please make plans to attend and express your appreciation to the dedicated Medical Students and Resident Members that participated in this year’s Poster Session!

## CONGRATULATIONS!

The following TSPP members will achieve Life Status in January 2018:

**Distinguished Life Fellow**

Kenneth Arfa, MD, Houston

Joseph Arisco, MD, Flint

Katherine Cowan, MD, Houston

Aaron Fink, MD, Houston

Wayne Goodman, MD, Houston

Edythe Harvey, MD, Galveston

Karen Wagner, MD, Galveston

**Life Fellow**

Jaime Arbona, MD, El Paso

Vatsala Bhaskaran, MD, Houston

Letha Cole, MD, Austin

Esteban Gonzalez, MD, McAllen

Susan Hardesty, MD, Richmond

Martha Medrano, MD, San Antonio

Ivan Spector, MD, Houston

Patrick Young, MD, Dallas

**Life Member**

Michael Arambula, MD, San Antonio

J Brennan, MD, Dallas

Arthur Buswell, MD, Temple

Steven Eilers, MD, Austin

Carlos Estrada, MD, Corpus Christi

Lawrence Ginsberg, MD, Houston

Ranganath Habbu, MD, Colleyville

Keith Hallock, MD, Dallas

Faye Istanbooly, MD, Larue

Philip Korenman, MD, Plano

Rajeshkumar Patel, MD, Carrollton

Linda Rhodes, MD, San Antonio

Martin Schaffer, MD, Dallas

Stanley Self, MD, Flint

Christopher Ticknor, MD, San Antonio

Jocelyn Ulanday, MD, Pearland

Jaron Winston, MD, Austin



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The TEXAS PSYCHIATRIST is published 5 times a year in February, April, June, August, and October. Members of Federation member organizations are encouraged to submit articles for possible publication. Deadline for submitting copy to the Federation Executive Office is the first day of the publication month. Copy must be edited, acceptable for publication.

Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

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Debbie Giarratano

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TxPsychiatry@aol.com (E-mail)  
<http://www.txpsych.org> (website)

## JOB BANK

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation's **JOB BANK** on its website at [www.txpsych.org](http://www.txpsych.org). The Federation's **JOB BANK** could be just what you have been looking for.

## CALENDAR OF MEETINGS



### NOVEMBER

- 3-5 Texas Society of Psychiatric Physicians  
61st Annual Convention and CME Program**  
Hyatt Regency Hill Country Hotel & Resort  
9800 Hyatt Resort Drive, San Antonio, Texas  
Reservations: <https://aws.passkey.com/go/TSPP2017>  
or telephone (800) 233-1234  
For additional information: [www.txpsych.org](http://www.txpsych.org)  
or email [tsppofc@aol.com](mailto:tsppofc@aol.com)

*Happy  
Holidays*