Texas Psychiatrist

"We are 50 years strong

but need your support to shape

the landscape of child and adolescent

psychiatric care for the future."



Join The Family — Speak Up And Be Heard!

Brigitte Bailey, MD, President, Texas Society of Child and Adolescent Psychiatry

s my presidency is coming to a close, I struggled with a topic to write about. My interests span from residency education, abuse and trauma, community education, and providing quality of care to children in foster care and families with minimal resources.

Today I hope to increase the number of voices that stand for children, their families, and psychiatrists in the state of Texas. The Texas Society of Child and Adolescent Psychiatry (TSCAP) provides this voice. For I would be but a lone voice without organizations dedicated to child and adolescent psychiatry. TSCAP is not just a professional organization it is a family. Family can mean many things to different people. TSCAP was created in October 1966 and incorporated in 1967 as a nonprofit organization. It is a professional family that has dedicated 50 years to the care and treatment of mental illness in children and adolescents.

In this time of healthcare uncertainty, it is important to raise our voices in unity. United voices add power. Power to speak for a vulnerable population that is crying out in need but often unheard. TSCAP provides a forum for people to come together who share a common goal of strengthening mental health and wellbeing of children and adolescents and their families.

Children and their families face many challenges that can impact their mental health and wellbeing. They struggle with bullying, cyberbullying, trauma in all its various forms – military deployments, sexual trafficking of minors, family violence and abuse, community violence, and school violence – loss and bereavement, developmental issues such as gender dysphoria, parental mental illness and substance use, and economic hardships to name a few. Children and families are resilient but sometimes they need help. When they need help how easy is it to obtain and maintain quality assistance?

As I mentioned in my previous letter to members, we as child and adolescent psy-

chiatrists are faced with professional challenges in a rapidly changing healthcare environment. We are striving to be successful while maintaining wellness and preventing burnout.

Children, their families, and physicians share in the challenges presented by today's healthcare environment. TSCAP is an organization and family unit that has and will continue to step to the forefront and advocate for the needs of children and psychiatric physicians. It will also continue to provide a forum for education, collaboration, and networking to Texas psychiatric physicians.

I am encouraging all child and adolescent psychiatrists, fellows, residents, and medical students to become a member of TSCAP. We are 50 years strong but need your support to shape the landscape of child and adolescent psychiatric care for the future.

The benefits of membership include legislative representation, continuing medical education programs targeted specifically for Child Psychiatry, and the ability to suggest/request medical education topics at future meetings via the online Activity Development Worksheet. The membership

dues are \$175 General Member and \$0 for Residents plus your AACAP membership dues. Don't miss this opportunity to share in determining the future of child and adolescent psychiatry in Texas.

One of the privileges of being the President of TSCAP has been planning the Annual Convention and Scientific Program with the Executive Committee. This year our program is "What's on the Horizon" for child and adolescent psychiatry. Please join us and our families July 14-16, 2017 at the Hyatt Regency Austin Downtown Hotel for an exciting program. Registration is now open. Program and Registration Form on pages 2-3, or telephone 512-478-0605 to register.

I want to take this opportunity to thank our Executive Director Debbie Giarratano, formerly Sundberg, and her staff who continually push for administrative excellence. She and her staff are instrumental in the success of our organization and meetings. I also would like to thank Eric Woomer our Public Policy Consultant who represents our voices in the Texas Legislature.

I am grateful for the opportunity to have served as the 2016-2017 President of TSCAP.



Brigitte Bailey, MD

TSCAP Annual Convention & Scientific Program

"What's on the Horizon"

JULY 14-16, 2017 Hyatt Regency Hotel • Austin Registration Form on page 2



HOTEL RESERVATIONS

Special TSCAP discounted room rates are available to program registrants **BEFORE**JUNE 28 or upon sell-out, whichever occurs first. Make your hotel reservation today by calling Central Reservations at 1-888-421-1442 or visit www.txpsych.org and click on the following link in the TSCAP Program Information: https://resweb.passkey.com/go/GTSP2017

TSCAP discounted room rates: \$169 Single / Double Occupancy

REGISTRATION NOW OPEN

Texas Society of Psychiatric Physicians
61st Annual Convention and
Continuing Medical Education Program

"New Innovations in Psychiatry"

November 3-5, 2017 • Hyatt Hill Country Resort • 9800 Hyatt Resort Drive • San Antonio

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HOTEL RESERVATION:

\$169 DISCOUNTED ROOM BLOCK NOW OPEN

RESERVE YOUR ROOM TODAY ONLINE at www.txpsych.org and click on the HOTEL RESERVATION LINK for the November 3-5 TSPP meeting. https://aws.passkey.com/go/TSPP2017 or telephone 800-233-1234



MEETING REGISTRATION:

DISCOUNTED EARLY BIRD MEETING REGISTRATION AVAILABLE JUNE 1 UNTIL AUGUST 30.



Annual Convention & Scientific Program "What's on the Horizon"

JULY 14-16, 2017 • Hyatt Regency Hotel, Austin, Texas

GENERAL INFORMATION



MEETING LOCATION

TSCAP's Annual Convention and Scientific Program will be held at the Hyatt Regency Austin Downtown Hotel, 208 Barton Springs Road, Austin, TX 78704. Hyatt Regency resides in the most ideal spot in Austin. Set on the shores of Lady Bird Lake, the hotel combines the perfect blend of city life and resort calm with views only the Hyatt Regency Austin can offer. The location offers easy access to Austin's many entertainment districts, most notably South Congress, where you can find a taste of the original Austin and popular attractions within a short walk, drive or taxi ride such as Austin's famous 10.1 mile Hike & Bike Trail, Congress Avenue Bats, Downtown's 2nd Street and Warehouse Districts and Rainey Street, 6th Street and Red River's Entertainment Districts.

HOTEL RESERVATIONS

Special TSCAP discounted room rates are available to program registrants **BEFORE JUNE 28 or upon sell-out, whichever occurs first**. Make your hotel reservation today by calling Central Reservations at 1-888-421-1442 or visit www.txpsych.org and click on the following link in the TSCAP Program Information: https://resweb.passkey.com/go/GTSP2017

TSCAP discounted room rates: \$169 Single / Double Occupancy

Discounted rate for overnight self-parking \$15.00 per day and for daily self-parking \$10.00 per day.

OPENING WELCOME RECEPTION WITH EXHIBITORS

Make plans to attend the complimentary Welcome Reception with Exhibitors on Friday evening, 6:30 pm - 8:30 pm, in the Texas Ballroom IV-VII, Hyatt Regency Austin Downtown Hotel. Visit throughout the evening with your friends, colleagues and exhibitors in a fun-filled, relaxing atmosphere and complete your entry for the special door prize drawings to be awarded on Saturday!

EXHIBITS

TSCAP's Welcome Reception, Continental Breakfasts and Refreshment Breaks, will be held in the Texas Ballroom IV-VII of the Hyatt Regency Austin Downtown Hotel. Exhibits will be open throughout the evening, Friday, and all day Saturday and provide you with information designed to enhance your practice and help improve the optimal delivery of medical care to your patients. In addition, there will be 'job fair' exhibitors who have employment opportunities for Psychiatrists in the State of Texas.

EXHIBITORS

American Professional Agency, Inc.
Meridell Achievement Center
Professional Risk Management Services
San Marcos Treatment Center
Tris Pharma, Inc.
UTMB Correctional Managed Care

	PROGRAM AT A GLANCE	
Friday, July 14		
12:00 pm - 8:30 pm	Registration	Texas Ballroom Foyer
2:00 pm - 5:30 pm	Exhibit Set-Up	Texas Ballroom IV-VII
4:00 pm - 5:30 pm	TSCAP Executive Committee Meeting	Foothills 1, 17th Floor
6:30 pm - 8:30 pm	Fiesta Welcome Reception with Exhibitors	.Texas Ballroom IV-VII
Saturday, July 15		
7:00 am - 4:30 pm	Registration	Texas Ballroom Foyer
7:30 am - 8:00 am	Continental Breakfast with Exhibitors	.Texas Ballroom IV-VII
8:00 am - 3:45 pm	Scientific Program	Texas Ballroom I-III
	Note: For Saturday's Program, to reduce expenses, refreshments will be set in one location, in the Exhibit Hall, Texas Ballroom IV-VII	
10:30 am - 10:50 am	Refreshment Break and Door Prize Drawings	Texas Rallroom IV-VII
11:50 am - 12:10 pm	Refreshment Break and Door Prize Drawings	
1:10 pm - 1:30 pm	Refreshment Break and Door Prize Drawings	
3:00 pm - 4:00 pm	Exhibits Teardown / Depart	
Sunday, July 16		
7:00 am - 1:00 pm	Registration	Texas Ballroom Foyer
7:45 am - 8:45 am	TSCAP Annual Business Meeting and Breakfast	
	Open to All Attendees (see registration form)	
8:45 am - 12:30 pm	Scientific Program	
10:15 am - 10:30 am	Refreshment Break	.Texas Ballroom Foyer



Credit Card #_

TSCAP Annual Convention & Scientific Program

"What's on the Horizon"

JULY 14-16, 2017 Hyatt Regency Hotel, Austin, Texas Texas Society of Child and Adolescent Psychiatrists 401 West 15th Street, Suite 675, Austin, TX 78701 (The following options require credit card payment) E-MAIL ... TSCAPofc@aol.com
ONLINE ... http://www.txpsych.org
FAX ... (512) 478-5223

To remit payment online, complete this form and return to tscapofc@aol.com via email. An email invoice will be sent to you via Quickbooks for payment

REGISTRATION		Via G	luickbooks for payment.					
NAME	DEGREE							
MAILING ADDRESS CITY			STATE	ZIP				
TELEPHONE NUMBER FAX NU	JMBER		E-MAIL					
Name(s) of Guest(s) Attending								
SCIENTIFIC PROGRAM REGISTRATION (Include Saturdae)	es Scientific Program, Satu	rday Lunch During Res	ident Case Presentation,					
Saturation Saturation	Before June 28	After June 28						
TSCAP Member Physician	\$195	\$215						
Non-Member Physician	\$250	\$270						
Spouse / Guest Claiming CME Credit	\$195	\$215						
Allied Health Professional / Spouse / Guest	\$180	\$200						
TSCAP Member Trainee	\$15	\$30						
Non-Member Trainee	\$25	\$50						
Medical Student	\$0	\$15						
SOCIAL EVENTS								
☐ Friday Welcome Reception								
Name(s) Attending Reception:			_					
☐ Sunday Membership Business Breakfast								
TSCAP Member	\$15	\$20						
Non-Members/Guests/Spouse/Child	\$20	\$25						
Name(s) Attending Breakfast:	·							
MEETING SYLLABUS ORDER								
☐ Online Meeting Syllabus	Free	Free						
☐ Color Printed Copy	\$75	\$100						
☐ Black & White Copy	\$50	\$75						
☐ Vegetarian Plate Requested. No additional fee if requested prior to J	une 15, otherwise there wil	l be an additional fee of \$	15.00.					
If you require any special assistance to fully participate in this confere please contact TSCAP via e-mail tscapofc@aol.com or 512/478-0605.	nce,	TOTAL REGIST						
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CANCELLATIONS — Deadline for cancellation is June 28, 2017. In the event of cancellation, a full refund will be made if written notice is received in the TSCAP office by June 28, 2017, less a 25% handling charge.

ADDRESS WHERE YOU **RECEIVE** YOUR **CREDIT CARD STATEMENT** (include address, city, state, zip):_

3 or 4 Digit Security Code on Back of Card on Right of Signature Panel _____

Name of Cardholder (as it appears on card)_

NO REFUNDS WILL BE GIVEN AFTER June 28, 2017.



TSCAP Annual Convention & Scientific Program "What's on the Horizon"

JULY 14-16, 2017 • Hyatt Regency Hotel, Austin, Texas

SCIENTIFIC PROGRAM SCHEDULE

Saturday, July 15 (6 Hours Category I CME Credit Hours)

Welcome & Opening Remarks 8:00 - 8:30 am

"Recent Advances in Neuromodulation for 8:30 - 9:30 am **Child and Adolescent Psychiatric Disorders**"

Paul E. Croarkin, DO, MS

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: Identify methods in brain/nerve stimulation and applications to psychiatric disorders

9:30 - 10:30 am

Neuroimaging Panel

ADHD - Steven R. Pliszka, MD Mood Disorders - Rene L. Olvera, MD, MPH Anxiety/Focus on Treatment Effects - Amy S. Garrett, PhD

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: Describe neuroimaging techniques utilized in understanding ADHD, mood disorders, and anxiety

10:30 - 10:50 am Refreshment Break

10:50 - 11:50 am

"Trauma-and Bereavement-Informed interventions for Youth: The Essential Role of Evidence-Based Assessment"

Julie B. Kaplow, PhD, ABPP

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: Identify basic principles of trauma-informed/focused CBT

11:50 - 12:10 pm **Refreshment Break**

12:10 - 1:10 pm

Resident Case Presentation and Faculty Discussant Physician Wellness / Not Burnout

Carrie Barron, MD, Faculty Discussant and Resident TBD

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: Assess the state of wellness in physicians

1:10 - 1:30 pm

Refreshment Break

1:30 - 2:30 pm

Gender Dysphoria Issues

Patricia Kapunan, MD, MPH

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: Name two characteristics of gender dysphoria that are different in children vs.

adolescents and adults Identify two psychosocial issues related to gender dysphoria 2:30 - 3:30 pm

The Obesity Epidemic and Depression: **Underlying Mechanisms**

Rene L. Olvera, MD, MPH

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: Gain knowledge regarding the obesity epidemic and how it relates to depression.

- Have a greater understanding of the neurobiological pathways associated with obesity and depression.
- Gain knowledge regarding how the physiology of obesity may impact treatment.

3:30 - 3:45 pm **Closing Remarks**

.

Sunday, July 16 (3 Hours Category I CME Credit Hours)

8:45 - 9:15 am

Welcome & Opening Remarks

9:15 - 10:15 am

Wellness / Mind and Body (Yoga) / **Alternatives**

Edore Onigu-Otite, MD Adam Goldberg, MD

Refreshment Break

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: Define wellness

Identify alternative methods that enhance wellness in patients and physicians

10:15 - 10:30 am

10:30 - 11:30 am

ETHICS: Not Ready for Prime Time? Not "No" but "Not Yet" - Risks and Liability Anne Huben-Kearney, RN, BSN, MPA, CPHQ, CPHRM, CPPS

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

11:30 - 12:30 pm

ETHICS: What's on the Horizon with the **Texas Legislature? Legal Federal Court Impact** on Foster Care; Foster Care Mental Health Homes / Teams; Incentivizing Providers of **Mental Health Care**

Sarah M. Wakefield, MD

Educate providers working with the foster care system on recent legal and treatment trends

TARGET AUDIENCE/PROGRAM

Recognize professional risks and liability of emerging trends in the treatment of psychiatric disorders

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

ABOUT THE SPEAKERS

Carrie Barron, MD

Assistant Professor Department of Psychiatry Director of Creativity for Resilience Program Faculty Affiliate: Center for Health Communication Dell Medical School at The University of Texas at Austin Austin, Texas

Paul E. Croarkin, DO, MS

Associate Professor of Psychiatry Department of Psychiatry & Psychology Mayo Clinic Rochester, MN

Amy S. Garrett, PhD

Assistant Professor of Psychiatry Director, Neuroimaging Core University of Texas Health Science Center San Antonio, TX

Adam Goldberg, MD

1st Year Adult Psychiatry Resident **Baylor College of Medicine** Houston, Texas

Anne Huben-Kearney, RN, BSN, MPA, CPHO, CPHRM, CPPS

Assistant Vice President, Healthcare & Psychiatry Risk Management **AWAC Services Company** Member Company of Allied World Assurance Company Farmington, CT

Julie B. Kaplow, PhD, ABPP

Associate Professor Director, Trauma and Grief Center for Youth Director, Childhood Bereavement Resource Center Department of Psychiatry and Behavioral Sciences University of Texas Health Science Center at Houston Houston, TX

Patricia Kapunan, MD, MPH

MAJ, MC, USA Chief, Adolescent Medicine **Brooke Army Medical Center** San Antonio, TX

Rene L. Olvera, MD, MPH

START Center Genetic Research Professor

Division Chief, Child and Adolescent Psychiatry Departments of Psychiatry and Pediatrics

University of Texas Health Science Center San Antonio, TX

Edore Onigu-Otite, MD

Assistant Professor Department of Psychiatry & Behavioral Sciences **Baylor College of Medicine** Houston, Texas

Steven R. Pliszka, MD

Dielmann Distinguished Professor and Chair Department of Psychiatry

University of Texas Health Science Center San Antonio, TX

Sarah M. Wakefield, MD

Assistant Professor Texas Tech University Health Science Center School of Medicine Lubbock, TX

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of the Texas Society of Psychiatric Physicians and the Texas Society of Child and Adolescent Psychiatry. The Texas Society of Psychiatric Physicians is accredited by TMA to provide continuing education for physicians.

CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of nine (9) AMA PRA Category I Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ETHICS DESIGNATION STATEMENT

The ethics presentations "Not Ready for Prime Time? Not "No" but "Not Yet" and "What's on the Horizon with the Texas Legislature?" have been designated by the Texas Society of Psychiatric Physicians for a total of two (2) credits of education in medical ethics and/or professional responsibility.

OBJECTIVES

This live activity has been designed with didactic lectures supplemented with clinical vignettes, audiovisual presentations, direct discussion and case presentation and discussion in multiple educational sessions.

The program is designed to provide its'

target audience of Child and Adolescent Psychiatrists, Adult Psychiatrists, Pediatricians and Primary Care Physicians with clinically relevant information to advance the physicians' competence and provide them with effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

NEEDS ASSESSMENT

TSCAP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of the participants.

FACULTY AND PLANNERS DISCLOSURE POLICY

In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered ot the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the education activity.

TSPP will disclosure to learners the existence (or non-existence) of all relevant financial relationship(s) that the faculty and planners did (or did not) have with any commercial interest concerned with the content of the educational presentation.

Disclosure will occur prior to the presentation through written communication in the syllabus / handout materials.

REGISTRATION NOW OPEN

Texas Society of Psychiatric Physicians

61st Annual Convention and Continuing Medical Education Program

"New Innovations in Psychiatry"

November 3-5, 2017 • Hyatt Hill Country Resort • 9800 Hyatt Resort Drive • San Antonio

HOTEL RESERVATION:

\$169 DISCOUNTED ROOM BLOCK NOW OPEN

RESERVE YOUR ROOM TODAY
ONLINE at www.txpsych.org
and click on the
HOTEL RESERVATION LINK
for the November 3-5
TSPP meeting.
https://aws.passkey.com/go/
TSPP2017 or telephone
800-233-1234

"NEW INNOVATIONS IN PSYCHIATRY" CME PROGRAM TOPICS

- RECOVERY AFTER AND INITIAL SCHIZOPHRENIA EPISODE (RAISE)
- NEW MEDICATIONS TO TREAT TARDIVE DYSKENESIA
- GENETIC TESTING IN CLINICAL PRACTICE
- NMDA RECEPTOR ACTIVITY (KETAMINE) AND PSYCHIATRIC DISORDER
- EVALUATING EVIDENCE-BASED TREATMENT
- MINDFULNESS
- ETHICS: THE BATTLE OVER
 INVOLUNTARY PSYCHIATRIC CARE
 FEATURING AUTHORS
 OF "COMMITTED: THE BATTLE
 OVER INVOLUNTARY PSYCHIATRIC
 CARE"JOHNS HOPKINS
 PSYCHIATRISTS,
 DINAH MILLER, MD AND
 ANNETTE HANSON, MD

MEETING REGISTRATION:

E-MAIL

DISCOUNTED EARLY BIRD MEETING REGISTRATION AVAILABLE JUNE 1 UNTIL AUGUST 30.

61ST ANNUAL CONVENTION & SCIENTIFIC PROGRAM

November 3-5, 2017
Hyatt Regency Hill Country Hotel& Resort • San Antonio, Texas

MAIL... (pay by credit card or check)

Texas Society of Psychiatric Physicians

401 West 15th Street, Suite 675, Austin, TX 78701
(The following options require credit card payment)

E-MAIL.... TSPPofc@aol.com

ONLINE ... http://www.txpsych.org

FAX ... (512) 478-5223

To remit payment online, complete this form and return to tsppofc@aol.com via email. An email invoice will be sent to you via Quickbooks for payment.

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Medical Student/Resident Mixe	r — Thursda	у		# TSPP / ACADEMY	/ TSCAP Member	\$215	\$245	\$275
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exas Academy of Psychiaty Pro	_	,		Medical Students and Resident your registration fee for the Scientif	Members: If you present a post ic Program AND Saturday Lunch	ter, is waived.		
TAP Member Non TAP Member	No Chg	No Chg	No Chg	# Allied Health Pro		\$105	\$130	\$155
Non TAP Member	\$25	\$25	\$25	# Spouse / Guest (N		\$95	\$120	\$145
Reception w/ Exhibitors – Friday					•	773	7120	717.
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unch – Saturday					abus In Black/White	\$95	\$95	\$125
TSPP / ACADEMY / TSCAP Member	\$25	\$25	\$35	# CME Meeting Syll	abus In Color	\$125	\$125	\$155
TSPP / ACADEMY / TSCAP Trainee Member	1	\$15	\$20	If you require any su	pecial assistance to fully	participate in	this conference	١.
TSPP / ACADEMY / TSCAP Non-Member	\$35	\$35	\$45	If you require any splease contact TSPP	at (512) 478-0605.	par trespace iii	tins conference	,
TSPP / ACADEMY / TSCAP Trainee Non-Member	\$25	\$25	\$35	V v v startan Blata	D	I/ II		-1
Guest	\$25	\$25	\$35		Requested (for lunch if requested prior to			
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Reserved Table for 10*	\$400	\$400	\$600					
Name(s) for Reserved Table:	1	1	*					
				TOTAL REG	GISTRATION FEE	\$		
						+		

CANCELLATION POLICY: In the event of cancellation, a full refund will be made if written notice is received in the TSPP office by October 1, 2017, less a 25% processing charge. NO REFUNDS will be given after October 1, 2017

Make Checks Payable to Texas Society of Psychiatric Physicians

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New Officers Installed

At the conclusion of the TSPP/TAP Spring Meeting in Austin during the weekend of April 28-29, four organizations of the Federation installed new officers for fiscal year 2017-18. Congratulations!

Federation of Texas Psychiatry

Chairman – Debra Atkisson, MD, Fort Worth
Vice Chairman for Education – Timothy Wolff, MD, Dallas
Vice Chairman for Public Policy – J. Clay Sawyer, MD, Waco
Secretary-Treasurer – Lynda M. Parker, MD, Georgetown
Immediate Past Chairman – Regina K. Cavanaugh, MD, Temple
At Large Member – Daniel B. Pearson, III, MD, Dallas
At Large Member – Leslie H. Secrest, MD, Dallas

Texas Society of Psychiatric Physicians

President – Terry C. McMahon, MD, Lubbock President-Elect – Joseph Penn, MD, Spring Secretary-Treasurer – Melissa Eshelman, MD, Austin Immediate Past President – Daryl K. Knox, MD, Houston

Texas Academy of Psychiatry

☐ **Check** in the Amount of \$____

Name of Cardholder (as it appears on card)

3 or 4 Digit Code on Back of Card on Right of Signature Panel

ADDRESS WHERE YOU **RECEIVE** YOUR **CREDIT CARD STATEMENT** (include address, city, state, zip):

Please Charge \$____

President – Stuart D. Crane, MD, Alpine
President-Elect – Debra Atkisson, MD, Fort Worth
Secretary-Treasurer – Daryl K. Knox, MD, Houston
Immediate Past President – Lynda Parker, MD, Georgetown

Texas Foundation for Psychiatric Education and Research Chairman – J. Clay Sawyer, MD, Waco Vice Chairman – Richard L. Noel, MD, Houston Treasurer – Gary L. Etter, MD, Fort Worth Secretary – Arturo Rios, MD, Houston Immediate Past Chairman – Linda J. Rhodes, MD, San Antonio

Texas Society of Child and Adolescent Psychiatry

TSCAP will install their new Officers during the Annual Conventon, July 14-16 in Austin.



Terry C. McMahon, MD, of Lubbock (left) was installed as TSPP President and receives the Presidential Gavel from outgoing President (right) Daryl K. Knox, MD, Houston.



Expiration Date:

2017-18 President, Terry C. McMahon, MD of Lubbock and 2017-18 Secretary-Treasurer, Melissa Eshelman, MD of Austin were installed as TSPP Officers April 28-29 in Austin.



85th Legislature Summary Report

Eric Woomer, Federation of Texas Psychiatry Public Policy Consultant

he Texas Legislature has adjourned Sine Die for the 85th Regular Session. Mental health spending and programs were among the top priorities for lawmakers, and the Federation played a leadership role in securing the passage (and defeat!) of key bills dealing with behavioral health. Here is a summary of the top-line legislation & budget activity for 2017.

With respect to the budget, the legislature set aside \$3.5 billion in Medicaid funds and \$48.7 million in CHIP funds for estimated behavioral health related reimbursements over the 2018-19 biennium, and \$4 billion in funds for all non-Medicaid behavioral health services. This amount includes funding for inpatient client services at state and community hospitals, outpatient services provided through Local Mental Health Authorities, substance abuse treatment services, and more at agencies across the state. The \$4 billion set aside includes funding for several special projects related to mental and behavioral health, including:

- \$62.6 million to address waitlists for community mental health services for adults and children;
- \$69 million for provide grants to community entities for behavioral health services and expand access to peer supports for individuals with mental illnesses:
- \$10.3 million to increase bed capacity at the North Texas State Hospital Vernon Campus,
- \$24.8 million to maintain current inpatient bed and state hospital bed capacities:
- \$300 million for new construction and significant repair projects at state hospitals:
- \$66.3 million for immediate maintenance needs at state hospitals.

Among the key bills for the Federation, HB 10 by Rep. Price (Sen. Zaffirini) aims to deliver on the promise of mental health parity by expanding the Texas Department of Insurance's regulatory authority to include parity protections for all full insured plans, including both quantitative treatment limitations and non-quantitative treatment limitations. The bill puts the personnel infrastructure in place to help the Health and Human Services Commission field complaints regarding mental health parity and develop a strategic framework to implement and enforce parity require-

ments in Texas. This bill was part of the House of Representatives' broader efforts to increase access to mental health care across the state. The bill passed with wide bipartisan support and has been sent to the Governor. This bill was part of a package of bills that came out of the Select House Committee on Mental Health, and was a top priority for the Federation and many consumer groups. Passage of the bill is a highlight of the session for our team.

HB 14 by Rep. Murr (Sen. Nichols) relates to the carrying of handguns by license holders on the property of state hospitals. The bill would amend the Government Code and Health and Safety Code to authorize a state hospital to prohibit handgun license holders from carrying a handgun on the state hospital property upon the public posting of written notification of the prohibition. The bill would also create civil penalties for a handgun license holder who carries a handgun on the property of a state hospital at which written notice of the prohibition is provided. The bill died in the Senate - However, the provisions of the bill were amended to HB 435 by Rep. Ken King (Sen. Perry) which passed both chambers and has been sent to the Governor for further action. This legislation was a top priority for the Federation.

HB 306 by Rep. Minjarez and SB 179 by **Sen. Menendez** are identical companion bills that eventually came to be known as "David's Law," in memory of the 16-yearold David Molak who committed suicide after an Instagram taunt escalated into a series of profane messages and threats. The story was heartbreaking, and it lit a fire under lawmakers who strove to protect children from similar instances of cyber bullying in the future. The bill places criminal sanctions on electronically harassing or cyberbullying children under the age of eighteen with the intent of causing the victim to self-harm. The bill is comprehensive in its approach: it instructs schools on how to handle perpetrators, gives victims the option of relief through temporary restraining orders, and outlines proper criminal punishments. The bill passed both chambers with wide bipartisan support and its passage was tearfully celebrated. SB 179, the final version of the bill that the two chambers agreed on, has been sent to the

HB 337 by Rep. Collier (Sen. Menendez) relates to the continuation of certain public

benefits, including medical assistance benefits, for individuals after release from confinement in a county jail. The bill closes a loophole in eligibility for Medicaid while a person is confined in a county jail; will reduce recidivism; potentially save taxpayers approximately \$400m annually due to uncompensated care; and most importantly, provide continuity of care. The amends the Human Resource Code to suspend or terminate Medicaid eligibility for certain individuals confined in a county jail. The bill would require the Health and Human Services Commission (HHSC) to reinstate Medicaid eligibility within 48 hours after being notified if the individual's eligibility certification period is still active. The bill would permit an individual to remain eligible until the expiration of the period for which the individual was certified. The bill directs HHSC to implement the bill to the extent provided under federal law. The bill will be sent to the Governor for further action. This legislation has been pursued for several sessions, and had the strong support of medicine and various mental health consumer interests. It provides for a critical avenue of continuity of care that should be immensely helpful in terms of reducing recidivism and maintaining medication compliance.

HB 593 by Rep. Burrows and SB 1240 by Sen. Rodriguez would have granted prescriptive authority to psychologists who met certain specifications. Defeating this legislation was the top priority for the Federation. The authors of the bill had a personal connection to the issue - Rep. Burrows' neighbor is very active in the Texas Psychological Association, while Sen. Rodriguez' district borders New Mexico (where prescribing by psychologists is already legal) and he had several constituents who are psychologists and had practiced in both states. Our team met with both authors, House and Senate leadership, and key committee offices to ensure that the bill was not given a hearing. However, this legislation is part of a national effort on the part of the psychologists, and they were successful in passing it in other states. The Federation will need to remain vigilant and responsive to this topic in the future.

HB 1415 by Rep. Klick and its Senate companion SB 681 by Sen. Hancock would have significantly expanded the scope of practice of advanced practice registered nurses, allowing them to practice as licensed independent practitioners. The bill would have eliminated prescriptive authority agreements between nurse practitioners and physicians, contracts that are currently in place to protect patient safety. The bill also opened the door for future loosening of regulations by ensuring that nurse practitioners are only overseeing by the Texas Board of Nursing. Currently, they are overseen by both the Texas Board of Nursing and the Texas Medical Board. Both bills died quickly, SB 681 never even received a hearing and HB 1415 died in committee. Organized medicine opposed these bills and other similar measures, which are proposed every year as a means to increase access to health care. However, legislators responded to the concerns that the bills diluted the quality of care received.

HB 1600 by Rep. Thompson (Sen.



Eric Woomer

Watson) allows physicians to perform mental health screenings more than once per child (but no more than once per year) to help catch and treat mental health issues early. This helps address an issue with Medicaid that only reimbursed doctors for one screening every six years, between the ages of twelve and eighteen. The bill received initial opposition from the Scientologists and other fringe groups, but legislators saw the value of routine mental health screening for this population. The bill passed both chambers and has been sent to the Governor.

HB 1917 by Rep. Raymond (Sen. **Schwertner**) relates to contract requirements for prescription drug benefits provided by Medicaid managed care organizations. The bill delays the carve in for pharmacy benefits into Medicaid Managed Care until September 1, 2023. Furthermore, the bill looks to the Health and Human Services Commission to improve efficiencies in the Preferred Drug List program and reduce cost. The bill was sent to the Governor. This bill was a priority for many in the health care community while the health plans were supportive of carving in Medicaid prescription medications and the physic1an community was officially neutral, many consumer groups and pharmaceutical interests were strongly supportive of keeping the PDL carved out. This was a priority bill during the session for my team, but it remains to be seen what action the governor will take. Stay tuned.

HB 2478 by Rep. Davis would have required the Texas Higher Education Coordinating Board to establish and administer the Psychiatric Specialty Innovation Grant Program. This program would have awarded incentive payments to medical schools that administer innovative residency training programs designed to increase the number of physicians who would one day specialize in psychiatric care. The bill was reported favorably out of House Higher Education but it never got to receive a vote on the local calendar.

HB 2818 by Rep. Romero (Sen. Taylor) is a response to a Texas Supreme Court ruling that allowed marriage and family therapists' to make "diagnostic assessments of emotional, mental, and behavioral problems as part of their efforts to evaluate and remediate mental dysfunctions within the marriage and family setting." HB 2818 works that language into existing Texas law. It explicitly states that giving marriage and family therapists the power to "diagnose" under this definition does not expand their scope of practice because they are still forbidden from prescribing any form of medical treatment. After the court ruling affirming this approach, the bill was uncontroversial among lawmakers, passing on local calendars in both chambers before being sent to the Governor.

HB 2895 by Rep. Price (Sen. Seliger) aims to promote awareness of mental health

continued on page 6

Call for Proposals for CME Activity for the 2018 TSPP Spring or Annual Meeting

TSPP wants your input! The TSPP CME Committee will be selecting topics for the 2018 CME Spring Meeting and Annual Convention. Deadline to submit proposals for the TSPP 2018 CME activites is November 1, 2017. Only proposals that are complete and submitted on the CME Activity Worksheet will be considered by the TSPP CME Committee for presentation. You should have the following information ready before submitting the proposal:

Topic/Title for Presentation

Needs Assessment/Gap Analysis

Gap Analysis References

Proposed Objectives

Proposed Speakers

Teaching Method

To download the CME Activity Worksheet, visit www.txpsych.org

85th Legislature Summary Report continued from page 5

services on college campuses by requiring higher education institutions to place a conspicuous link on their website that directs students to this information. The bill was recently signed by the Governor and the law will go into effect on September 1, 2017.

HB 3080 by Rep. Rose prohibits the imposition of the death penalty on a defendant who, at the time of the capital offense, had severe mental illness. The bill died on the House calendar. The originally filed version was very troubling to the forensic psychiatry community, and our team worked with NAMI-Texas and legal interests to resolve its most problematic provisions. The Federation has offered to Rep. Rose our help in crafting legislation for 2019 that would resolve our remaining concerns.

HB 3083 by Rep. Price (Sen. Hinojosa) allows certain chemical dependency counselors to be eligible to participate in the Texas Mental Health Workforce Loan Repayment Program. It also includes instructions to alight the program with the National Health Service Corps program to draw down federal matching funds. This bill could potentially help lure individuals to the field of chemical dependency counseling, which would prove helpful in the ongoing country-wide battle against opioid addiction. The bill passed both chambers and has been sent to the Governor. It included a provision making LCDCs eligible only for surplus funding after other program participates are funded, should surplus funds available.

HB 3808 by Rep. Clardy (Sen. Menendez) allows licensed marriage and family therapists to participate in a program that provides student loan repayment assistance for certain mental health professionals who agree to practice in underserved areas. Like HB 3083, this assistance is contingent on the availability of surplus funding. A floor amendment added to the bill gives funding priority to psychiatrists, psychologists, advance practice registered nurses, licensed counselors and licensed clinical social workers. The bill passed both chambers and has been sent to the Governor.

HB 3885 by Rep. Coleman relates to employment of psychiatrists by certain private hospitals. The bill authorized private psychiatric, specialty and general acute care hospitals to directly employ up to five psychiatrists if certain conditions are met such as the hospital is in a health professional shortage area or serve a medically underserved population, as established in federal rules and the term of a psychiatrist's employment is limited to 10 years. The bill died on the House calendar. The Federation expressed reservations about this bill during testimony, but acknowledged the need for additional psychiatrists in Texas. The bill included a number of protections to ensure physician independence, but further erosion of the corporate practice of medicine deserves very thoughtful consideration.

SB 27 by Sen. Campbell (Rep. Blanco) relates to the mental health program for veterans. The legislation is the Help for Heroes Act, expands the availability of assistance of mental healthcare services to veterans. The Help for Texas Heroes Act is focused on reducing the suicide rate among our state's veteran population. The bill also provides for the University of Texas Health Science Center at San Antonio to establish a National Center for Warrior Resiliency to research issues and provide clinical care. The bill was sent to the Governor.

SB 292 by Sen. Huffman (Rep. Price) relates to the creation of a grant program to

reduce recidivism, arrest, and incarceration of individuals with mental illness. The bill requires HHSC to establish a program to provide grants to county-based community collaboratives for the purposes of reducing recidivism by, the frequency of arrests of, and incarceration of persons with mental

licensed and practicing in Texas.

SB 680 by Sen. Hancock (Rep. Greg Bonnen) relates to step therapy protocols required by a health benefit plan in connection with prescription drug coverage. The bill applies certain reforms relating to step therapy protocols required by a health ben-

The Federation played a leadership role in securing the passage (and defeat!) of key bills dealing with behavioral health

illness and reducing the total waiting time for forensic commitment of persons with mental illness to a state hospital. The bill authorizes a community collaborative to petition HHSC for a grant under the program only if the collaborative includes a county, a local mental health authority that operates in the county, and each hospital district, if any, located in the county and authorizes a collaborative to include other local entities designated by the collaborative's members. The bill requires HHSC to condition each grant provided to a community collaborative on the collaborative providing matching funds from non-state sources. The bill was based on a program established in Harris County, and was sent to the Governor. Reducing recidivism has been a priority for the Federation for some time, and this legislation offers a chance to further those efforts on a statewide scale.

SB 315 by Sen. Hinojosa (Rep. Burkett) relates to the continuation and functions of the Texas Medical Board. The bill addresses the Board's authority and oversight of pain management clinics. The bill provides for greater oversight of opiates and includes language from SB 584 relating opiate oversight and the Board's collaboration with the Texas Pharmacy Board to create risk litigation guidelines. However, the bill does not address the sunset date of the Board when it was sent to the Governor. As a result, pending further action in a special session, the Texas Medical Board is due to "sunset" next year. However, given the gravity of the Board's work and its impact on medicine, one can expect this issue to be re-addressed in a special session or, potentially, through administrative action.

SB 584 by Sen. West (Rep. Rose) seeks to address the steep increase in the number of deaths from opioid-related overdoses by establishing guidelines for the appropriate prescription of a medication that can help save a patient's life during an overdose, such as naloxone, alongside a patient's opioid prescription. The bill passed unanimously in both chambers and has been sent to the Governor.

SB 674 by Sen. Schwertner (Rep. Sarah **Davis**) relates to an expedited licensing process for certain physicians specializing in psychiatry. The bill provides for licensure for out of state psychiatrists providing that the physician meet all requirements and certifications. Rep. Burkett introduced an amendment that was adopted which contained several provisions from the Sunset bill of the Texas Medical Board: the biennial renewal for acupuncturists; remove the requirement of the affidavit showing proficiency in licensure; allows the denial for renewal applications when someone cannot safely to the job; reduces the times someone has to take the jurisprudence exam; and addresses requirements for chiropractors and podiatry boards. The bill was sent to the Governor, and could meaningfully help in getting psychiatrists

efit plan in connection with prescription drug coverage. SB 680 ensures step therapy protocols are reasonable and transparent; requires pharmacy benefit manager generally accepted clinical practice guidelines; allows physician exception to step therapy protocols; establishes exception timelines. The bill was signed by the Governor on May 28, 2017. Physician groups and pharmaceutical interests count this among the biggest wins of the session.

SB 1107 by Sen. Schwertner (Rep. Price) relates to telemedicine and telehealth services. This bill would amend the Occupations, Insurance, Health and Safety, and Government Codes relating to telemedicine and telehealth services. Under the provisions of the bill, the Texas Medical Board (TMB), Texas Board of Nursing (BON), Texas Physician Assistant Board, and Texas State Board of Pharmacy (TSBP) are required to adopt rules to determine a valid telemedicine prescription and publish frequently asked questions relating to a valid prescription on each respective agency website. The bill provides for a clear regulatory structure for telemedicine and telehealth services. The bill specifically exempted tele-psychiatry, because of the unique treatment of that medical practice in current law. The bill was signed by the Governor on May 27, 2017. This was a highpriority bill for organized medicine, and the final language reflected a compromise among the various parties, including the Texas Medical Association.

SB 1148 by Sen. Buckingham (Rep. Greg Bonnen) relates to the maintenance of certification by a physician or an applicant for a license to practice medicine in the state. The legislation sought to improve patient outcomes; improve access to care; and lower medical costs. The bill addresses the issue of maintenance of certification (MOC) mandates by stipulating a physician's initial board certification is sufficient to be considered a board-certified specialist in Texas for the purposes of licensure, employment, reimbursement, or admitting privileges. The bill prohibits the discrimination by health plans and hospitals on the basis of a MOC. Independent physicians may opt out by a majority vote and the bill does not apply medicals schools and national cancer institutions such as MD Anderson. It also allows hospitals the discretion to determine standards based on its own medical needs, workforce, and privilege standards. It does not disrupt any requirements under federal regulations such as CMS. This was a priority bill for the Texas Medical Association, but was strongly contested by the hospitals. Ultimately, a compromise was reached between the two factions, and the bill passed both chambers and was sent to the Governor. Our team worked diligently to secure its passage, alongside all of organized medicine.

SB 1326 by Sen. Zaffirini (Rep. Price) is an expansive bill that addresses how to

screen and assess defendants for mental health and competency. The bill establishes procedures for the early identification of defendants who may need these assessments by outlining steps on how to respond to written notices of mental illness and gives other forms of direction to magistrates attempting to perform early evaluations.

SB 1849 by Sen. Whitmire (Rep. Coleman), the "Sandra Bland Act," was initially supposed to be a sweeping package of police accountability and anti-racial profiling measures. The original version of the bill would have required law enforcement officials to submit to a higher burden of proof for stopping and searching vehicles and it would have banned arrests over offenses that are punishable by a fine. Unfortunately, a number of amendments stripped the bill of significant reforms ending in a final product that Bland's family members believe "painfully misses the mark." Nonetheless, the bill that was ultimately passed and sent to the Governor has some very good mental health language, despite its lack of greater criminal justice reform. The Federation actively supported the bill and appreciates Rep. Coleman & Sen. Whitmire for their leadership on this issue.

SB 2001 by Sen. Watson (Rep. Coleman) redefined the "practice of psychology" as the observation, description, diagnosis, evaluation, assessment, interpretation, or treatment of and intervention in human behavior through the application of education, training, methods, and procedures aimed to address mental health. The bill passed the Senate and was reported favorably out of House Public Health but it never received a House vote. The bill was then revived when it was amended into HB 3808, which passed both chambers.

The failure of the Texas Medical Board reauthorization legislation could mean that a special session is necessary. Presumably, some red-meat issues for the Republican base, such as the "bathroom bill" or property tax relief, could be included as well, as those bills did not pass during the regular session. It remains to be seen if - and when - Gov. Abbott calls a special session, which would last 30 days and pertain only to those issues he adds to the call. The Federation will remain active on TMB reauthorization and any other issues that deal with mental health and the practice of medicine. Meanwhile, as always, it is my pleasure to represent the Federation at the state capitol. I would also like to acknowledge the hard work of my legislative team -Courtney Williamson and Leilani Kelley - for their tireless work. They did an amazing job this session, and I am thrilled to be working with them. Please let us know if you have any questions or concerns.

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EXTENDED DEADLINE!! UNTIL JUNE 30

Loan Repayment Program for Mental Health Professionals

The 84th Texas Legislature authorized the Loan Repayment Program for Mental Health Professionals to encourage certain mental health professionals to provide services in designated Mental Health Professional Shortage Areas (MHPSAs). A total of \$2.125 million was appropriated for the program for the FY 2016-2017 biennium. This amount is sufficient to allow for financial commitments to approximately 100 providers for two years of loan repayment.

Eligible Practice Specialties

As defined in applicable sections of the Texas Occupations Code, the following mental health professionals may apply for enrollment in the program:

- Psychiatrists
- Psychologists
- Advanced practice nurses who are board certified in psychiatric or mental health nursing
- Licensed professional counselors
- · Licensed clinical social workers

NOTE: Licenses for interns are not considered unrestricted.

All providers, with the exception of those serving in the secure correctional facilities noted below, must serve persons enrolled in Medicaid or Children's Health Insurance Program (CHIP) or both. To meet the employment hours requirements for awards based on full-time service or prorated awards, no more than 25 percent of a provider's total employment hours per week may include hours providing mental health services via telemedicine. Both the provider's practice site and the site where the client is receiving telemedicine services must be located in MHPSAs.

Applicants must agree to provide five consecutive years of service in an eligible area, with the understanding that they will be released from the agreement if funding for continued loan repayment is not appropriated.

Application and Selection Process

The application deadline is Friday, June 30, 2017 at 5:00 PM CST. To complete an application, go to Loan Repayment Program for Mental Health Professionals application for enrollment.

For information on the priorities for ranking applications, please view Adopted Rules.

IMPORTANT

We estimate that the review and ranking process will require a minimum of three months after the application deadline.

We will be unable to provide information on the standing of individual applications until the ranking process has occurred.

We recommend that you refer to the web page at the end of this article for updates on the anticipated timetable for sending notifications to all applicants, in addition to any other program updates.

Loan Repayment Award Amounts

The following maximum aggregate award amounts are applicable over a period of five years if funds are available:

- \$160,000 for psychiatrists
- \$80,000 for psychologists and licensed clinical social workers and licensed professional counselors who hold doctoral degrees
- \$60,000 for advanced practice nurses
- \$40,000 for licensed clinical social workers and licensed professional counselors who do not hold doctoral degrees

The following percentages apply to each aggregate award amount for each year of service:

- 10% in year one
- 15% in year two
- 20% in year three
- 25% in year four
- 30% in year five

Therefore, maximum award amounts for the first year of service will be as follows:

- \$16,000 for psychiatrists
- \$8,000 for psychologists and licensed clinical social workers and licensed professional counselors who hold doctoral degrees
- \$6,000 for advanced practice nurses
- \$4,000 for licensed clinical social workers and licensed professional counselors

Interested mental health professionals may determine if a particular practice site is currently designated as a Mental HPSA by entering the address using the following federal search tool: Health Resources and Services Administration Shortage Areas.

For more information on the Loan

Repayment Program for Mental Health Professionals, please contact Texas Higher Education Coordinating Board. More in-depth information is available on the THECB website: http://www.hhloans.com/apps/financialaid/tofa.cfm?Kind=LRP and click on the Loan Repayment Program for

Mental Health Professionals link.





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Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

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Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation's **JOB BANK** on its website at www.txpsych.org. The Federation's JOB BANK could be just what you have been looking for.

CALENDAR OF MEETINGS



JULY

14-16 Texas Society of Child and Adolescent Psychiatry Annual Meeting and Scientific Program

"What's on the Horizon"

Hyatt Regency Austin, 208 Barton Springs Road, Austin, Texas Reservations: https://resweb.passkey.com/go/GTSP2017 or telephone (888) 421-1442 and refer to the group's meeting For additional information: www.txpsych.org or email tscapofc@aol.com



NOVEMBER

3-5 Texas Society of Psychiatric Physicians 61st Annual Convention and CME Program

Hyatt Regency Hill Country Hotel & Resort 9800 Hyatt Resort Drive, San Antonio, Texas Reservations: https://aws.passkey.com/go/TSPP2017 or telephone (800) 233-1234 For additional information: www.txpsych.org or email tsppofc@aol.com