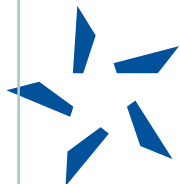


Texas Psychiatrist



Psychiatry... Where is it Headed

Terry McMahon, MD, President, Texas Society of Psychiatric Physicians



Terry McMahon, MD

From time to time I have the sense that I am not clear about what I am doing or where I am going. One thing I have learned to do when such is the case is to take a moment and think more about where I have been and the path I took to get to where I am today.

A year ago a colleague gave me a book that he thought I might enjoy entitled “Shrinks – The Untold Story of Psychiatry” by Jeffrey Lieberman, MD, Chair of Psychiatry at Columbia, with Ogi Ogas. Being beset as usual by numerous day-to-day demands that usually need to be done 5 minutes ago, the book sat on my desk for a period of several months before I took it with me while on vacation earlier this year. I was glad I did. In short, this story deals with the evolution of American psychiatry in the 20th Century and provides a very nice overview of how we got to where we are as a discipline and where we seem to be heading as a specialty. I remember in both medical school and residency having this sense that I was getting an excellent contemporary education in medicine and psychiatry, respectively, while always having a nagging sense of not being quite sure of how we came to be there as a profession and where we seemed to be heading. Reading Lieberman’s book was quite helpful in this regard. Also, as a reasonably good psychiatrist with a modicum of psychodynamic-training who likes to think there is no such thing as a coincidence, it was probably no accident that I read his book shortly before becoming President of TSPP for this year and thinking more about our future direction as an organization.

I think it was Mr. Charles Dickens in “A Tale of Two Cities” who coined the phrase something to the effect of “it was the best of times, it was the worst of times”. I sometimes think the phrase is as applicable to early 21st Century Psychiatry in Texas as it was to late 18th Century France. I suspect we are pretty much aware of the “worst of times” – there does not seem to be enough of “us”, parity in reimbursement still seems

at times like a mirage, state hospitals are in need of repair as we try to deal with an increasing number of patients who need competency restoration, many patients with comorbid substance use disorders have insufficient or no funding for treatment and there are only a limited number of places to which they can be referred, psychotropic medications seem to be quite expensive, obtaining insurance coverage for inpatient days and outpatient treatment can be very challenging, and utilizing EHR systems is most difficult without the requisite typing skills or proficiency with Dragon. However, there is also the “best of times” – the interest among US medical students for a career in psychiatry has markedly increased in the last several years, well-conceived studies and advances in neuroscience increasingly show us the way in conceptualizing the benefits of both pharmacotherapy and psychotherapy, the

ads in professional publications we see every day tell us how the public and our colleagues appreciate the need and desire for psychiatric services, newly developed models for providing integrative and collaborative care in primary care settings help us to expand the way we think of psychiatric service delivery, we have the strong support of our colleagues through organized medicine, and we ourselves have a strong organization with an excellent administrative staff and legislative team to assist us in making our case to our political representatives and the public at large.

It is my understanding that I have a Scotch-Irish background and have been told by an Irish acquaintance that my propensity for seeing the glass as half empty is accordingly quite in keeping with my heritage. However, while we most certainly have, as noted by Mr. Frost, “miles to go before we sleep”, I am also inclined to

see our glass as more than half full and, in closing, express my appreciation to this organization for giving me the opportunity to work with others in TSPP to advance the cause of our patients and our specialty. I hope to see you at the TSPP 61st Annual Convention and Scientific Program “New Innovations in Psychiatry”, November 3-5, at the Hyatt Hill Country Resort in San Antonio! ■

Texas Society of Psychiatric Physicians November 3-5, 2017 61st Annual Convention and Continuing Medical Education Program

Hyatt Regency Hill Country Hotel & Resort • 9800 Hyatt Resort Drive • San Antonio, Texas



INSIDE

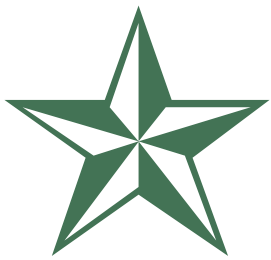
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Call for Proposals for CME Activity for the 2018 TSPP Spring or Annual Meeting

TSPP wants your input! The TSPP CME Committee will be selecting topics for the 2018 CME Spring Meeting and Annual Convention. Deadline to submit proposals for the TSPP 2018 CME activities is November 1, 2017. Only proposals that are complete and submitted on the CME Activity Worksheet will be considered by the TSPP CME Committee for presentation. You should have the following information ready before submitting the proposal:

- Topic/Title for Presentation
- Needs Assessment/Gap Analysis
- Gap Analysis References
- Proposed Objectives
- Proposed Speakers
- Teaching Method

To download the CME Activity Worksheet, visit www.txpsych.org



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American Academy of Child and Adolescent Psychiatry**
Visit www.aacap.org
to download a dual membership application or contact:
tscapofc@aol.com

Congratulations Area V RFM Members

Congratulations to the two Area V
Resident Fellow Members from Texas
who were among the winners of the Poster
Session at the recent American Psychiatric
Association meeting.

Huiqiong "Joan" Deng, MD, PhD

PGY3, Psychiatry

Medical School at the University of Texas
Health Science Center at Houston

Title of Poster: Moderation of
buprenorphine therapy efficacy for
cocaine dependence by variation of the
preprodynorphin gene

A brief summary of the poster: We found
that PDYN variation may identify patients
who are best suited to treatment with
naltrexone plus buprenorphine for cocaine
addiction pharmacotherapy.

CPT Dr. Joseph Mansfield, USARMY

1st year (intern) PGY 1

UT Health San Antonio

Title of Poster: Inpatient Psychiatric
Admission Rates in a U.S. Air Force Basic
Military Training Population

A brief summary of the poster: Tens of
thousands of young men and women each
year volunteer to serve their country in the
United States Air Force. Unfortunately
some of them are unable to due to mental
health concerns, leading to inpatient
psychiatric admission and eventual
discharge from service. This study reviewed
the national rate of inpatient psychiatric
admissions compared to the Air Force basic
trainee rate, which showed a 20% increase
in admissions. This review suggests a need
for further understanding of the cause of
this increased admission rate and ways to
help improve the resiliency of the service
recruits.



Shown with the two Area 5 Resident Fellow Member Poster
Winners (center), Joseph Mansfield, CPT and Joan Deng, MD, PhD:
TSPP RFM Section Past Chair, Stephen Marcoux, MD (left) and TSPP
Representative to the APA Assembly, Debra Atkisson, MD



Congratulations.... (from left to right) Samantha Saltz, MD;
Zelde Espinel, MD; Joseph Mansfield, CPT; Joan Deng, MD, PhD.

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TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

61st Annual Convention and Scientific Program

New Innovations In Psychiatry

November 3-5, 2017 • Hyatt Hill Country Resort, San Antonio

GENERAL INFORMATION

MEETING LOCATION

The TSPP 61st Annual Convention and Scientific Program will be held in San Antonio, a city with warm weather, rich in culture and history. The meeting site selected for the members and guests enjoyment is the **Hyatt Regency Hill Country Resort and Spa**, a breathtaking property that offers luxurious accommodations, 27 holes of Championship golf, a full service Spa, a 5-acre water oasis, seven dining options, complimentary self-parking and so much more! The hotel is located only 16 miles or 18 minutes from the historic San Antonio Riverwalk and San Antonio International Airport.

HOTEL RESERVATIONS

To place a hotel reservation at the TSPP discounted room rate of \$169 Single or Double Occupancy please visit the Federation of Texas Psychiatry's website homepage www.txpsych.org and click on the link located beside the program information for TSPP, November 3-5: <https://aws.passkey.com/go/TSPP2017> or telephone 800-233-1234.

Booking a room within the TSPP room block is an important way to support TSPP and helps to keep the overall meeting registration fee and costs as low as possible. Booking "outside of the TSPP block" or at another hotel could expose TSPP to monetary damages for hotel room block attrition. Plus, staying in the hotel keeps you connected with all the activities and networking opportunities during the event. Please "help us help you" by booking your room at the hotel hosting the meeting and within the TSPP room block.

As a special consideration for TSPP's attendees, the \$30.00 daily resort fee has been waived and complimentary internet will be available in the guest rooms and meeting space. **The hotel cut-off date for discounted hotel room rates is October 12 or upon sell-out**, whichever occurs first.

Medical Students / Resident-Fellow Members Poster Session – Medical Students, Residents and Fellows-in-Training who are **members** of TSPP, TSCAP or TAP have been invited to submit a poster for presentation during the Friday Evening Welcome Reception and Saturday Continental Breakfast and Refreshment Breaks. Please attend the Welcome Reception, Continental Breakfast and Refreshment Breaks to view the posters and meet the presenters and discuss their presentation.

SPECIAL EVENTS

THURSDAY – GOLF OUTING: For convention attendees, guests and golf enthusiasts arriving early, please indicate on the registration form if you are interested in playing an 18-hole round of golf at 1:00 pm. If so, additional information about the golf play and fees at the Hyatt Hill Country Golf Club will be emailed to you.

THURSDAY – NETWORKING / SOCIAL MIXER FOR TSPP/TSCAP/TAP MEDICAL STUDENTS AND RESIDENT-FELLOW MEMBERS IN TRAINING: The TSPP Resident-Fellow Members Section has arranged a special networking event for all TSPP, TSCAP and TAP medical students, residents and fellows in training on Thursday, 7:30-9:30 pm in the Kerrville Room, located close to Cactus Oak Tavern and Antlers Lodge. We hope you will make plans to register for this fun, informal get together!

FRIDAY – TEXAS ACADEMY OF PSYCHIATRY PROGRAM – "PANEL ON BENZODIAZEPINE POLICY AND PRACTICE AT TEXAS COMMUNITY MENTAL HEALTH CENTERS". OPEN TO ALL ATTENDEES – Free for Texas Academy of Psychiatry Members / \$25 for TAP Non-Members*

Texas Community Mental Health Centers maintain differing policies regarding benzodiazepine prescribing for ongoing care for those with persistent mental illness. A survey of responding centers will be presented. Also, a rationale and potential impacts of the decision to block or allow the use of benzodiazepines in this setting will be discussed. Alternative strategies used for both symptom control and protracted withdrawal by center physicians will be reviewed. We encourage physicians and other prescribers from both public and private settings to participate in this session as center policy decisions on prescribing benzodi-

azepines can impact broadly on community clinicians.

**Not a member of TAP? If you are already a member of TSPP or TSCAP you can join the Texas Academy of Psychiatry as a Member for only \$25.00 (email TSPPofc@aol.com for a TAP application to join). Not interested in membership in TAP yet, you can still register and attend the TAP Program for \$25.00 Registration Fee – see registration form.*

FRIDAY – SPECIAL PROGRAM FOR MEDICAL STUDENTS AND RESIDENT-FELLOW MEMBERS ON MENTORSHIP. The RFM Section will join with the Academic Psychiatry Committee on Friday, 2:30-3:30 pm, for a special session on mentorship. Residents, fellows in training, and medical students from across the state will discuss how their programs approach both personal and professional mentorship, and then participants will divide into small groups to consider ways to make the most of mentorship opportunities. Additionally, the group will consider how TSPP can be

involved in mentorship activities at the local and state levels. Be sure to register early for this complimentary program.

FRIDAY – UTMB DEPARTMENT OF PSYCHIATRY ALUMNI MEETING. The UTMB Department of Psychiatry Alumni (formerly known as the Titus Harris Society) has scheduled a dinner on Friday 8:30 pm – 10:00 pm following the TSPP Welcome Reception. For additional information and to register for the dinner, please contact Ms. Yvonne Boyington, 409-750-1937.

SATURDAY – KENDRA SCOTT JEWELRY TRUNK SHOW TO BENEFIT THE TEXAS FOUNDATION FOR PSYCHIATRIC EDUCATION & RESEARCH, 10:30 am – 12:30 pm, Grand Ballroom A-C, at the Foundation Exhibit Booth. As part of Kendra Scott's Give Back Program, 20% of all sales will be donated to the Texas Foundation for Psychiatric Education and Research, so shop early and shop often – the holidays are just around the corner!

DAILY SCHEDULE

THURSDAY, NOVEMBER 2

12:30 pm Golf Outing – Pre-registered golfers meet in hotel lobby to leave for golf at Hyatt Regency Golf Club .Hotel Lobby
2:00 pm – 8:00 pm Registration – South Atrium
7:30 pm – 9:30 pm TSPP/TSCAP/TAP Medical Student and Resident Fellow Member Mixer Kerrville
7:00 pm– 8:00 pm Chapter Leadership Forum Meeting Bandera
8:00 pm – 9:00 pm Federation Delegate Assembly Meeting Bandera

FRIDAY, NOVEMBER 3

7:30 am – 8:30 pm Registration Hill Country Foyer
8:00 am – 9:00 am Foundation Board of Directors Breakfast Meeting Bandera
8:00 am – 12:00 pm Freeman Decorating Exhibit Hall Set Up Hill Country A-C
9:00 am – 5:00 pm Committee Refreshments Hill Country Foyer
9:00 am – 10:30 am **COUNCIL ON LEADERSHIP MEETINGS** Hill Country D
Ethics Committee, Distinguished Fellowship Committee, Finance Committee
Council on Leadership Reports
All committee members meet to hear reports from committees
10:30 am – 10:45 am **COUNCIL ON SERVICE MEETINGS** Hill Country D
Children & Adolescents Committee, Forensic Psychiatry Committee, Public Mental Health Services Committee, Academic Psychiatry Committee
Council on Service Reports
All committee members meet to hear reports from committees
10:45 am – 12:15 pm Luncheon Rogers Wiseman Pavilion
12:15 pm – 12:30 pm Exhibits AND Poster Session Set Up Hill Country Ballroom A-C and Hill Country Ballroom Foyer
12:30 pm – 1:30 pm Texas Academy of Psychiatry Board of Trustees Meeting Hill Country E
12:30 pm – 5:00 pm Resident-Fellow Section Committee Meeting Hill Country F
1:30 pm – 2:00 pm Texas Academy of Psychiatry Program – "PANEL ON BENZODIAZEPINE POLICY AND PRACTICE AT TEXAS COMMUNITY MENTAL HEALTH CENTERS" Hill Country E
1:30 pm – 2:20 pm **COUNCIL ON EDUCATION** Hill Country D
2:00 pm – 3:30 pm Continuing Medical Education Committee, Professional Practice Management Committee
2:20 pm – 2:30 pm RFM Section Refreshment Break Hill Country Foyer
2:30 pm – 3:30 pm Resident Fellow Member In Training Section and Academic Psychiatry Committee Program "Mentorship" Hill Country F
3:30 pm – 3:45 pm Council on Education Reports
All committee members meet to hear reports from committees
3:45 pm – 5:00 pm **COUNCIL ON ADVOCACY** (Government Affairs Committee) Hill Country G
5:30 pm – 6:30 pm Executive Council Meeting Hill Country G
6:30 pm – 8:30 pm Welcome Reception with Exhibitors AND Poster Session for Meeting Registrants and Paid Guests Hill Country A-C and Hill Country Foyer
8:30 pm – 10:30 pm UTMB Department of Psychiatry Alumni Dinner

SATURDAY NOVEMBER 4

7:30 am – 8:30 pm Registration Hill Country Foyer
7:30 am – 4:00 pm Exhibits Open and Poster Session Hill Country A-C and Hill Country Ballroom Foyer
7:30 am – 8:15 am Complimentary Continental Breakfast in Exhibit Hall for Meeting Registrants and Paid Guests . Hill Country A-C
8:15 am – 5:00 pm SCIENTIFIC PROGRAM "NEW INNOVATIONS IN PSYCHIATRY" Hill Country Ballroom E-G
10:30 am – 10:50 am Refreshment Break and Door Prize Drawings with Exhibitors and Poster Session Hill Country A-C and Hill Country Ballroom Foyer
10:30 am – 12:30 pm Kendra Scott Jewelry Trunk Show to Benefit the Texas Foundation for Psychiatric Education and Research – 20% of all sales will be donated to the Texas Foundation for Psychiatric Education and Research Hill Country A-C
11:50 am – 12:10 pm Refreshment Break with Door Prize Drawings with Exhibitors and Poster Session Hill Country A-C and Hill Country Ballroom Foyer
12:10 pm – 1:30 pm Lunch Hill Country D
2:30 pm – 2:50 pm Refreshment Break and Door Prize Drawings with Exhibitors and Poster Session Hill Country A-C and Hill Country Ballroom Foyer
3:00 pm Exhibits Close
6:30 pm – 7:00 pm Reception for Awards Banquet Registrants Courtyard Deck
7:00 pm – 9:00 pm Awards Banquet Hill Country D

SUNDAY NOVEMBER 5

7:30 am – 2:00 pm Registration Hill Country Foyer
8:00 am Complimentary Continental Breakfast for Meeting Registrants and Paid Guests Hill Country Ballroom E-G
8:15 am – 12:00 pm SCIENTIFIC PROGRAM "NEW INNOVATIONS IN PSYCHIATRY" Hill Country Ballroom E-G
9:30 am – 9:45 am Refreshment Break Hill Country Foyer

SCIENTIFIC PROGRAM

New Innovations in Psychiatry

SATURDAY, NOVEMBER 4 (6 AMA PRA CATEGORY I CREDITS™)

8:15 am-8:30 am	Scientific Program Opening Remarks
8:30 am-9:30 am	Recovery After an Initial Schizophrenia Episode (RAISE) William B. Lawson, MD, PhD, DLFAPA
Professional practice gap: Choosing the best intervention models for treatment of first episode psychosis can be unclear to clinicians. The activity is designed to update clinicians on the latest treatment model for first episode psychosis. Objectives: <ul style="list-style-type: none">Compare the outcomes for RAISE to usual care.Increase understanding of the elements required for the best treatment of first episode psychosis used in the RAISE study.	
9:30 am-10:30 am	Treatment Approaches for Tardive Dyskinesia Leigh Anne Bains, MD William B. Lawson, MD, PhD, DLFAPA Susan K. Wynne, MD, FAPA
Professional practice gap: There is a need for clinicians to understand the best options for treating tardive dyskinesia which is a potentially serious and irreversible side effect of antipsychotic medications. The activity is designed to inform clinicians about the current approaches to the prevention and treatment of tardive dyskinesia. Objectives: <ul style="list-style-type: none">Discuss the rates of tardive dyskinesia, monitoring, and prevention.Discuss the role of valbenazine in the treatment of tardive dyskinesia.	
10:30 am-10:50 am	Refreshment Break
10:50 am-11:50 am	Ketamine and NMDA Receptor Activity and Psychiatric Disorders Jair C. Soares, MD, PhD, FAPA
Professional practice gap: Ketamine has been identified as a treatment option for refractory depression related to its effect on the NMDA receptor but its clinical application is unclear. The activity is designed to update clinicians on the current research and assessment of ketamine for treatment refractory depression. Objectives: <ul style="list-style-type: none">Discuss the empirical evidence for ketamine in treatment refractory depression.Identify the current limitations on the clinical use of ketamine.	
11:50 am-12:10 pm	Refreshment Break
12:10 pm-1:30 pm	Lunch
1:30 pm-2:30 pm	NMDA Receptor Activity Implications in Psychiatric Disorders Sanjay J. Mathew, MD
Professional practice gap: New evidence is emerging regarding the role of the NMDA receptor in the etiology and treatment of psychiatric disorders which may be unclear to clinicians. The activity is designed to update clinicians on the importance of the NMDA receptor in psychiatric disorders and new treatments. Objectives: <ul style="list-style-type: none">Identify psychiatric disorders in which the NMDA receptor plays an important role.Discuss possible treatments which could be targeted to the NMDA receptor.	
2:30 pm-2:50 pm	Refreshment Break
2:50 pm-3:50 pm	Evaluating Evidence-Based Treatments in Psychiatry Michael A. Escamilla, MD, PhD
Professional practice gap: Clinicians must differentiate between different levels of scientific evidence when selecting treatments which can be difficult to evaluate. The activity is designed to improve clinicians’ ability to evaluate the evidence for differing treatments. Objectives: <ul style="list-style-type: none">Describe the differing levels of research evidence supporting treatments.Describe potential biases involved in treatment selection.	
3:50 pm-4:50 pm	Genetic Testing in Psychiatry Michael A. Escamilla, MD, PhD
Professional practice gap: There are an explosion of genetic studies in psychiatry, but their relevance to the clinician may be difficult to interpret. The activity is designed to provide an overview of genetic studies in psychiatry with a discussion of the limitations and potential of those studies relevant to clinician practices. Objectives: <ul style="list-style-type: none">Discuss the interaction between genetic risk and environmental factors in the development of psychiatric disorders.Describe the potential and limitations for the use of genetic testing in psychiatry including the use of genetic testing in pharmacotherapy selection.	
4:50 pm-5:00 pm	Closing Remarks

SUNDAY, NOVEMBER 5 (3 AMA PRA CATEGORY I CREDITS™)

8:15 am-8:30 am	Opening Remarks
8:30 am-9:30 am	Mindfulness in Psychiatric Practice Saundra Jain, MA, PsyD, LPC Michele A. Hauser, MD
Professional practice gap: Mindfulness techniques have been applied to a wide variety of mental and physical disorders, and the evidence supporting these techniques and practice of these techniques may not be fully understood by practicing clinicians. The activity is designed to increase clinicians’ awareness of the usefulness and implementation of mindfulness techniques. Objectives: <ul style="list-style-type: none">Name specific psychiatric and medical conditions for which mindfulness has been an effective treatment.Describe the essential elements of mindfulness.	
9:30 am-9:45 am	Refreshment Break
9:45 am-11:45 am	Ethics: The Battle Over Involuntary Psychiatric Care Annette L. Hanson, MD Dinah Miller, MD
Professional practice gap: Balancing ethical issues of justice and autonomy with public safety and treating suffering can be fraught with difficult decisions for the clinician. The activity is designed to enable clinicians to understand the historical context and current issues involved with involuntary psychiatric treatments and to consider some of the ethical dilemmas involved. Objectives: <ul style="list-style-type: none">Discuss the historical context for involuntary treatment of psychiatric disorders.Describe the ethical issues involved in making decisions about involuntary psychiatric treatment.	
11:45 am-12:00 pm	Closing Remarks

CME PROGRAM GOAL / TARGET AUDIENCE

This live activity has been designed in a format consisting of case study presentations, lectures and direct discussion to provide its primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice. Information and data will address new developments in treatments and new directions in research to address the professional practice gaps of the learners and advance the physicians’ competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice. The learning objectives for this activity have been designed to address clinician competence.

NEEDS ASSESSMENT

TSPP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of our participants.

ACCREDITATION STATEMENT

The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of nine (9) *AMA PRA Category I Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

ETHICS DESIGNATION STATEMENT

The presentation entitled “The Battle Over Involuntary Psychiatric Care” has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

FACULTY AND PLANNERS DISCLOSURE POLICY

The Texas Society of Psychiatric Physicians will disclose to participants the existence of any relevant financial relationships between faculty members, TSPP staff and members, who planned, authored, contributed to, and/or reviewed the content of this activity, and any commercial interest discussed in this educational activity. Disclosure will occur through written communication in the syllabus / handout material.

ABOUT THE SPEAKERS

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University of Maryland School of Medicine
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TSPP Bexar County Psychiatric Society
Secretary-Treasurer
Texas Society of Child and Adolescent Psychiatry
San Antonio, Texas



TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

61st Annual Convention and Scientific Program

New Innovations In Psychiatry

November 3-5, 2017 • Hyatt Hill Country Resort, San Antonio

AWARDS

TSPP AWARDS

AWARDS RECEPTION / BANQUET

Saturday evening's Awards Banquet is preceded by a complimentary wine and cheese reception for registrants attending the Awards Banquet honoring the 2017 TSPP Award Recipients for their outstanding contributions to Psychiatry. Register early to reserve a table with your friends and colleagues at this celebratory evening! This year's honorees are:



Psychiatric Excellence
Rene L. Olvera, MD, MPH
(San Antonio)



Distinguished Service
Debra Atkisson, MD
(Fort Worth)



Distinguished Service
Brigitte Y. Bailey, MD
(San Antonio)



Special Service
Martha Leatherman, MD
(San Antonio)

DR. SPENCER BAYLES OUTSTANDING TSPP MEMBER AWARD

This award named in memory of Dr. Spencer Bayles was established in 2010 to recognize members for outstanding and consistent participation in TSPP activities. The award will be presented during TSPP's Annual Business Luncheon on Saturday, November 4 so please plan to attend the lunch and thank your fellow colleague for his outstanding volunteer service. This year's honoree is:

Ralph Hodges, MD
(Dallas)

DAVID PHARIS AWARD

The Davis Pharis Award will be presented in recognition of significant contributions to safety and quality inpatient care and outcomes in State Hospitals. This year's award will be presented during the TSPP Annual Business Luncheon on Saturday, November 4. Please attend and express your appreciation to the organization selected for this degree of excellence.

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

61ST ANNUAL CONVENTION & SCIENTIFIC PROGRAM

November 3-5, 2017
Hyatt Regency Hill Country Hotel & Resort • San Antonio, Texas

MAIL... (pay by credit card or check)
Texas Society of Psychiatric Physicians
401 West 15th Street, Suite 675, Austin, TX 78701
(The following options require credit card payment)
E-MAIL... TSPPofc@aol.com
ONLINE ... <http://www.txpsych.org>
FAX ... (512) 478-5223

To remit payment online, complete this form and return to tsppofc@aol.com via email. An email invoice will be sent to you via Quickbooks for payment.

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Please check if you are a: ☐ APA Fellow ☐ APA Distinguished Fellow ☐ APA Life Fellow ☐ APA Distinguished Life Fellow
ADDRESS _____ CITY _____ STATE _____ ZIP _____ PHONE _____
NAME(S) GUEST(S) ATTENDING (for name badges) _____

REGISTRATION FEES

Indicate the **NUMBER** of individuals who are registered for each event in the appropriate enrollment category listed below. Please note the enrollment fees are **PER PERSON** and your payment should reflect the proper fee for the number of individuals registered per event.

NUMBER ATTENDING EVENT	EARLY BIRD BEFORE 8/30	ADVANCE BEFORE 10/1	AFTER 10/1
Golf Outing – Thursday # <input type="checkbox"/> Please Send Me Additional Information.			
Medical Student/Resident Mixer – Thursday # <input type="checkbox"/> No Charge			
Lunch - Friday # <input type="checkbox"/> Lunch	\$20	\$20	\$25
Resident Section Program /Academic Psychiatry Program for MS or Residents – Friday # <input type="checkbox"/>	No Chg	No Chg	No Chg
Texas Academy of Psychiatry Program – Friday “Panel on Benzodiazepine Policy and Practice at Texas Community Mental Health Centers” # <input type="checkbox"/> TAP Member # <input type="checkbox"/> Non TAP Member	No Chg \$25	No Chg \$25	No Chg \$25
Reception w/ Exhibitors – Friday # <input type="checkbox"/> NOT Registered or Scientific Program # <input type="checkbox"/> Registered for Scientific Program	\$40 No Chg	\$40 No Chg	\$50 No Chg
Lunch – Saturday # <input type="checkbox"/> TSPP/ACADEMY/TSCAP Member # <input type="checkbox"/> TSPP/ACADEMY/TSCAP Trainee Member # <input type="checkbox"/> TSPP/ACADEMY/TSCAP Non-Member # <input type="checkbox"/> TSPP/ACADEMY/TSCAP Trainee Non-Member # <input type="checkbox"/> Guest	\$25 \$15 \$35 \$25 \$25	\$25 \$15 \$35 \$25 \$25	\$35 \$20 \$45 \$35 \$35
Awards Banquet and Gala – Saturday # <input type="checkbox"/> Awards Banquet # <input type="checkbox"/> Reserved Table for 10*	\$45 \$400	\$45 \$400	\$65 \$600

* Name(s) for Reserved Table: _____

NUMBER ATTENDING EVENT	EARLY BIRD BEFORE 8/30	ADVANCE BEFORE 10/1	AFTER 10/1
SCIENTIFIC PROGRAM – Saturday and Sunday Registration includes your online program syllabus, complimentary continental breakfast and AM / PM refreshment breaks. # <input type="checkbox"/> TSPP/ACADEMY/TSCAP Member # <input type="checkbox"/> Non-Member Physician # <input type="checkbox"/> TSPP/ACADEMY/TSCAP Trainee Member	\$215 \$265 \$25	\$245 \$295 \$35	\$275 \$325 \$35
**If your Training Director, Associate or Assistant Program Director registers for the Scientific Program, your Scientific Program Fee is \$0.00. Enter your Director's name below if they have registered for the Scientific Program: NAME: _____			
# <input type="checkbox"/> Non-Member RFM (Trainee) # <input type="checkbox"/> Medical Students	\$35 \$0	\$50 \$15	\$50 \$15
Medical Students and Resident Members: If you present a poster, your registration fee for the Scientific Program AND Saturday Lunch is waived. # <input type="checkbox"/> Allied Health Professional # <input type="checkbox"/> Spouse / Guest (No CME Credit)			
	\$105 \$95	\$130 \$120	\$155 \$145
CME Meeting Syllabus Order # <input type="checkbox"/> Online Meeting Syllabus # <input type="checkbox"/> CME Meeting Syllabus In Black/White # <input type="checkbox"/> CME Meeting Syllabus In Color	No Chg \$95 \$125	No Chg \$95 \$125	No Chg \$125 \$155
If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605. <input type="checkbox"/> Vegetarian Plate Requested (for lunch and/or dinner registration). No additional fee if requested prior to 10/1, otherwise there will be an additional fee of \$15.00 MY SPECIAL DIETARY NEEDS: (ie, Gluten Free or Lactose Free, etc) _____			
TOTAL REGISTRATION FEE	\$ _____		

FEDERATION AWARDS

JOHN R. BUSH

LEADERSHIP EXCELLENCE AWARD

This award named for John R. Bush was established in 2016 to recognize psychiatrists who unselfishly provide outstanding leadership, over a sustained period of time, through organized psychiatry advancing the highest standards of psychiatric practice and quality psychiatric care for patients. The award will be presented during the Federation of Psychiatry's Luncheon on Saturday, November 4 so please plan to attend the lunch and thank your fellow colleague for his outstanding leadership through organized psychiatry. This year's honoree is:



Conway L. McDonald, MD (Dallas)

Sponsors and Exhibitors

Thank you to the following Sponsors and Exhibitors for their support of TSPP's Annual Convention

SPONSORS

DIAMOND

Texas Foundation for Psychiatric Education and Research

EXHIBITORS

Professional Risk Management Services, Inc.

(Malpractice Insurance for Psychiatrists)

Staff Care, Inc.

(Recruitment / Locum Tenens)

EXHIBITOR SCHEDULE

Friday, November 3

6:30 pm - 8:30 pm –

Welcome Reception with Exhibitors

Saturday, November 4

7:30 am - 8:15 am – Complimentary Continental Breakfast in Exhibit Hall for CME Program Registrants and Paid Guests

10:30 am - 10:50 am – Refreshment Break and Door Prize Drawings with Exhibitors

10:30 am - 12:30 pm – Kendra Scott Jewelry Trunk Show to Benefit the Texas Foundation for Psychiatric Education and Research

11:50 am - 12:10 pm – Refreshment Break and Door Prize Drawings in Exhibit Hall for CME Program Registrants and Paid Guests

2:30 pm - 2:50 pm – Refreshment Break and Door Prize Drawings in Exhibit Hall for CME Program Registrants and Paid Guests



Reflecting on Success

Nakia G. Scott, MD, President, Texas Society of Child and Adolescent Psychiatry

Greetings Colleagues... We assume many roles as child and adolescent psychiatrists. Some of us may be called to research, exploring new frontiers in treatments. Many of us actively participate in public policy, navigating effective ways to advocate for our patients in state and federal government. We may have a passion to teach and guide the next generation of child psychiatrists. Perhaps one of our most important roles is that of healer.

I am grateful to Immediate Past President, Dr. Brigitte Bailey and the 2016-2017 TSCAP executive committee for creating such an informative program. Our meeting, "What's

on the Horizon" included rich discussion about physician wellness. It seems intuitive that self-reflection about one's emotional, spiritual, and physical health are important in effectively developing meaningful and effective relationships with our patients and their families. It can be challenging to prioritize our health when we often have multiple commitments. I appreciate that the importance of investing in our well-being was included in this year's program.

Our executive committee is actively planning next year's CME program, "Update in Child and Adolescent Psychiatric Care; Challenges and Innovations in Practice."

Our keynote speaker is Colonel Sharette K. Gray, M.D., the Deputy Commander of Medical Services at Carl R. Darnall Army Medical Center. I look forward to her discussion about the unique challenges of mental health needs of children in military families.

The success of TSCAP would not be possible without our Executive Director, Mrs. Debbie Giarrantano and her staff. I appreciate their organization, support, and guidance. Our membership is also very fortunate to benefit from the expertise and persistence of Mr. Eric Woomer, our Public Policy Consultant.



Nakia G. Scott, MD

I am grateful for the opportunity to serve as the 2017-2018 TSCAP President, and look forward to learning from and engaging with all of you. ■

TSCAP 2017 Annual Meeting – Another Big Hit!

The Texas Society of Child and Adolescent Psychiatry hosted its 2017 Annual Meeting and Scientific Program on July 15-16 at the Hyatt Regency Downtown Hotel in Austin, Texas. The Scientific Program "What's On the Horizon", as noted in Dr. Scott's column above, was very well received by the attendees with all of the speakers receiving excellent ratings and comments about the program and topics found to be "very diverse", "relevant", "timely" and members left feeling energized.

The Scientific Program provided 9 Hours of AMA PRA Category 1 Credits™ and offered clinically relevant information to apply in practice on the topics on:

Recent Advances in Neuromodulation for Child and Adolescent Psychiatric Disorders (Paul E. Croarkin, DO, MS)

Neuroimaging Panel: ADHD (Steven R. Pliszka, MD); **Mood Disorders** (Rene L. Olvera, MD, MPH); **Anxiety/Focus on Treatment Effects** (Amy S. Garrett, PhD)

Trauma and Bereavement-Informed Interventions for Youth: The Essential Role of Evidence-Based Assessment (Julie B. Kaplow, PhD, ABPP)

Resident-Case Presentation and Faculty Discussant: Physician Wellness / Not Burnout (Carrie Barron, MD, Faculty Discussant and (Meredith A. Okwesili, MD)

Gender Dysphoria Issues (Patricia Kapunan, MD, MPH)

The Obesity Epidemic and Depression: Underlying Mechanisms (Rene L. Olvera, MD, MPH)

Wellness / Mind and Body (Yoga) / Alternatives (Edore Onigu-Otite, MD and Adam Goldberg, MD)

ETHICS: Not Ready for Prime Time? Not "No" but "Not Yet" – Risks and Liability (Anne Huben-Kearney, RN, BSN, MPA, CPHQ, CPHRM, CPPS)

ETHICS: What's on the Horizon with the Texas Legislature? Legal Federal Court Impact on Foster Care; Foster Care Mental Health Homes / Teams; Incentivizing Providers of Mental Health Care (Sarah M. Wakefield, MD)

Thank you Dr. Bailey, the TSCAP Executive Committee and all of the speakers for making the Annual Meeting another success!



New Officers Installed at TSCAP Meeting

President – Nakia Scott, MD (2017-2018)

President-Elect – Catherine Karni, MD (2017-2018)

Secretary/Treasurer – Susan Wynne, MD (2017-2018)

Immediate Past President – Brigitte Y. Bailey, MD (2017-2018)

COUNCILORS

Benigno Fernandez, MD (2017-20)

James Norcross, MD (2016-18)

Dawnelle Schatte, MD (2016-19)

AACAP DELEGATES

Manish Aligeti, MD (2016-19)

Regina Cavanaugh, MD (2015-18)

Melissa DeFilippis, MD (2016-18)

R. Andrew Harper, MD (2017-20)

Dhaval Parikh, MD (2017-20)

Tiffany Thomure, MD (2015-18)

AACAP ALTERNATE DELEGATES

Tracy Asamoah, MD (2017-20)

Melissa DeFilippis, MD (2016-19)

Steven Pliszka, MD (2015-18) ■

Congratulations!



Newly installed TSCAP President, Dr. Nakia Scott, (right) presents a plaque to Brigitte Bailey, MD for her outstanding service as President during 2016-17.



2017-18 TSCAP Officers Congratulate Dr. Bailey on her Service as President in 2016-17. President-Elect, Catherine Karni, MD (left); TSP Immediate Past President, Brigitte Bailey, MD (2nd left); President, Nakia Scott, MD (3rd right); Secretary-Treasurer, Susan Wynne, MD



2017-18 Newly Elected Officers. TSCAP President, Nakia Scott, MD (center); President-Elect (Catherine Karni, MD (left) and Secretary-Treasurer, Susan Wynne, MD (right)



**SAVE THE DATE FOR THE TSCAP 2018 ANNUAL CONVENTION
July 27-29, 2018 Moody Gardens Hotel, Galveston**

Texas Academy of Psychiatry Recruitment Drive

Advocates for Patients and Quality Psychiatric Care

Help Strengthen the Voice of Psychiatry in Texas!

Membership is available to physicians with a current medical license without restrictions and who have a residency training certificate from an approved psychiatric residency program. Classes of membership include: Member-in-Training, General Member, Fellow (8 years of membership and/or recognized by APA as a Fellow or Distinguished Fellow), Retired Member, and Associate Member (a member in good standing with TSPP). All classes of members shall have voting privileges.

DUES

The Board of Directors establishes annual dues for its members. Current dues structure is as follows:

Member in Training	\$50.00
General Member	\$395.00
Fellow	\$395.00
Retired Member	\$150.00
Associate Member / TSPP/	
APA Member in Good Standing	\$25.00

Texas Academy of Psychiatry

The Texas Academy of Psychiatry was established in 2004 to provide psychiatrists with a choice of in organized psychiatry without a requirement of a dual membership in a national organization.

The purposes and objectives of the Academy are:

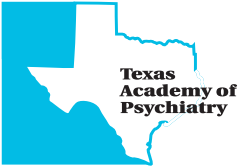
- A. to promote the common professional interests of its members;
- B. to improve the treatment, rehabilitation, and care of the mentally ill, the mentally retarded, and the emotionally disturbed;
- C. to advance the standards of all psychiatric services and facilities;
- D. to promote research, professional education in psychiatry and allied fields, and the prevention of psychiatric disabilities;
- E. to foster the cooperation of all who are concerned with the medical, psychological, social and legal aspects of mental health and illness;
- F. to make psychiatric knowledge available to other practitioners of medicine, to scientists, and to the public;
- G. to promote the best interests of patients and those actually or potentially making use of mental health services;
- H. to coordinate and work in concert with other state professional psychiatric associations on joint public and professional education projects and public policy advocacy; and,
- I. to advocate for its members.

We are growing!

Senior PsychCare

is expanding in our Texas Markets and we are currently seeking Geriatric Professionals to join our growing company. Senior PsychCare is a leading provider for geriatric Psychological and Psychiatric services. We believe in taking a multi-disciplinary team care approach while providing quality care and support. It is our pledge to continue to provide compassionate service, care, and treatment for the emotional, social, and psychological well-being of the elderly, their families, and caregivers. At this time we would like to invite all Geriatric professionals to help us continue our growth. For more information please contact us at 832-982-3961 or visit us at spchealth.com

Complete and return your membership application (also available online at www.txpsych.org – Academy – or telephone 512-478-0605 or email tsppofc@aol.com) and remit with your membership dues during the months of August / September and you will receive special Member Discounted rates for registration fees at the Texas Society of Psychiatric Physicians' Annual convention and Scientific Program, November 3-5, 2017 at the Hyatt Hill Country Resort and Spa, San Antonio. In addition, TAP members will receive FREE registration at the special Texas Academy of Psychiatry meeting scheduled for November 3 in San Antonio.



TEXAS ACADEMY OF PSYCHIATRY

401 West 15th Street, Suite 675, Austin, Texas 78701
Tele: 512/478-0605; Fax: 512/478-5223; Email: TXPsychiatry@aol.com

MEMBERSHIP APPLICATION

I am applying for membership in the Texas Academy of Psychiatry (Academy), as follows:

- ☐ **Member-in-Training:** I am a physician in a psychiatric residency training program approved by the Residency Review Committee for Psychiatry of the Accreditation Council for Graduate Medical Education, the Royal College of Physicians and Surgeons of Canada or the American Osteopathic Association. Annual Dues: \$30 first year, \$50.00 thereafter.
- ☐ **General Membership:** I am a physician who has completed acceptable psychiatry training (as approved by the Residency Review Committee for Psychiatry of the Accreditation Council for Graduate Medical Education or the American Osteopathic Association) and I have a valid license to practice medicine or I have an academic, research or governmental position that does not require licensure. Annual Dues: \$250 first year, \$395.00 thereafter.
- ☐ **Fellow:** I am a physician who has received the designation of Fellow or Distinguished Fellow from the American Psychiatric Association (APA). Year _____. Annual Dues: \$250 first year, \$395.00 thereafter.
- ☐ **Retired:** I am a physician who has fully retired from the practice of medicine. Year _____. Annual Dues: \$95 first year, \$150.00 thereafter.
- ☐ **Associate Membership:** I am a physician who is currently a member in good standing with the Texas Society of Psychiatric Physicians (TSPP), a District Branch of the American Psychiatric Association. Annual Dues: \$25.00.

1. CONTACT INFORMATION

Last Name	First Name	Middle Initial	Suffix	Degree
Mailing Address				
City		State		Zip
Telephone ()	Fax ()	Email		

2. DEMOGRAPHIC DATA

The following categories are for statistical purposes only.

Birthdate ____/____/____ Gender ☐ Female ☐ Male

3. LICENSURE and TRAINING

Are you licensed to practice medicine in Texas by the Texas Medical Board? ☐ Yes ☐ No Other _____

☐ I completed a residency training program in Psychiatry on _____ at _____

Signature _____ Date _____

Please return this application along with your dues payment to: TAP, 401 West 15th Street, Suite 675, Austin, TX 78701



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South Houston / Galveston, Texas

The University of Texas Medical Branch (UTMB) **Department of Psychiatry and Behavioral Sciences** is actively recruiting exceptional psychiatrists. Faculty opportunities are available in both inpatient and outpatient settings. Faculty responsibilities include: direct patient care, telemedicine clinics, resident supervision and medical student teaching. Outpatient clinical opportunities are available in a number of our community based primary care clinics in Galveston and Brazoria counties as well as our Psychiatry clinics in Webster and Galveston. All positions offer an exceptional salary based upon experience and academic ranking. An obtainable RVU based bonus program offers additional incentives of up to \$25K, exceptional benefits, state retirement program, relocation and more.

The South Houston/Galveston (I-45 corridor) area offers a mild, sub-tropical climate year-round, some of the most affordable and beautiful housing in the nation, excellent educational opportunities, abundant leisure and cultural activities and the advantages of a small town feel within 40 minutes of downtown Houston. For more information on these positions, please contact our faculty recruiter, Skott Harrington at: saharrin@utmb.edu **please be sure to attach an updated CV. Current Residents and Fellows are encouraged to apply!**

EOE/Minorities/Females/Vets/Disability

We've got you covered.

For over 40 years, we have provided psychiatrists with exceptional protection and personalized service. We offer comprehensive insurance coverage and superior risk management support through an "A" rated carrier. In addition to superior protection, our clients receive individual attention, underwriting expertise, and, where approved by states, premium discounts.

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The TEXAS PSYCHIATRIST is published 5 times a year in February, April, June, August, and October. Members of Federation member organizations are encouraged to submit articles for possible publication. Deadline for submitting copy to the Federation Executive Office is the first day of the publication month. Copy must be edited, acceptable for publication.

Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

EDITORIAL BOARD

Federation Executive Committee

MANAGING EDITOR

Debbie Giarratano

Federation of Texas Psychiatry

401 West 15th Street, Suite 675
Austin, Texas 78701

(512) 478-0605/(512) 478-5223 (FAX)
TxPsychiatry@aol.com (E-mail)
<http://www.txpsych.org> (website)

JOB BANK

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation's **JOB BANK** on its website at www.txpsych.org. The Federation's **JOB BANK** could be just what you have been looking for.

CALENDAR OF MEETINGS

OCTOBER

2-8 Mental Illness Awareness Week



NOVEMBER

**3-5 Texas Society of Psychiatric Physicians
61st Annual Convention and CME Program**
Hyatt Regency Hill Country Hotel & Resort
9800 Hyatt Resort Drive, San Antonio, Texas
Reservations: <https://aws.passkey.com/go/TSPP2017>
or telephone (800) 233-1234
For additional information: www.txpsych.org
or email tsppofc@aol.com