

Texas Psychiatrist



Organized Psychiatry Making a Difference: Working with the Legislature

Debra Atkisson, M.D., DFAPA, Chairman, Federation of Texas Psychiatry



Debra Atkisson, M.D., DFAPA

The Texas Legislature is holding committee meetings in preparation of upcoming bills for the next legislative session in 2017. Our lobbyist, Eric Woomer, continues to meet with committee members about mental health issues. All of us have areas of expertise and interest which may be important to share with our legislature when information is needed.

Recently the opportunity to share information occurred when a proposed bill — “David’s Law” by Senator Jose Menendez of San Antonio to establish deterrents for bullying — was introduced. Eric Woomer was contacted to help in providing psychiatric expertise, and contacted members of our Government Affairs Committee to assist.

The circumstances of David’s Law are heartbreaking. This proposed legislation came into effect after David Molak committed suicide after withstanding months of cyber-bullying so extreme that he changed schools, sought psychiatric

treatment, and became a recluse. His parents tried all avenues to get help for him. His older brother, a medical student, eloquently testified about the work done by his family to try to stop the aggression being perpetrated upon David but were unable to do so. Testimony was heard from another family who also lost their child to suicide in which cyber bullying occurred.

Bullying has reached proportions that none of us knew in school — because the Internet was not providing a venue for 24/7 bullying that is provided today. For that reason many of us who work with teens and children have become aware of the epidemic that is developing and disabling the development of our children. The National Center for Education Statistics reported in 2013 that 28% of students report experiencing bullying. Of those numbers, 11% report suicidal ideation and of those 50% attempt suicide. I have joined forces with four other professionals in the

areas of criminal justice, therapy, and teaching to pilot a program in a public school in central Texas to use mental health concepts to work towards eliminating bullying. Our pilot from last spring showed a 60% decrease in aggressive behaviors and improved classroom functioning — which we believe needs to occur at the kindergarten age level in order to plant the seeds to take hold which will eliminate the desire to be harmful to peers.

Principles for helping children with emotional self-regulation, tolerating and accepting differences among each other, and regarding their peers and themselves in a positive manner were used in the early elementary program we developed. We incorporated these concepts into lessons that also simultaneously addressed academic challenges. The teachers in the school were eager to use these exercises. The teachers grasped the use of mental health concepts to improve the interactions

between the children, which resulted in a large decrease in bullying and other disruptive behaviors.

Our legislators are not experts in mental health. They want information about what we know about causes of problems and ideas about solutions. And I believe they want to make Texas a better place. So whenever we can provide that information and are asked to come forward we should do our best to answer that call. Because all of us have areas of knowledge that can be used to help others — and make Texas a better place. ■



Eric Woomer

Session Looming, But Mental Health Issues Well Positioned

Eric Woomer, Federation of Texas Psychiatry Public Policy Consultant

Attention: Straus has said that he wants to help improve the embattled child welfare system and enhance the state’s approach to mental health illnesses. The challenge will be getting both chambers to agree on how best to address these issues, among many other priorities, particularly in a year where dollars may be tight due to slumping oil and gas revenues.

One of Straus’s top priorities is to improve Child Protective Services, the state’s embattled child welfare agency. Concerns about this agency have grown as the number of child abuse and death cases in Texas has risen, leaving children sleeping in state office buildings and prompting a judge to rule that the foster

care system here is “broken.”

Top state officials earlier this year named new leaders to the state agency that oversees CPS and said improving the system geared to help abused children will be a top priority for the 85th Legislature. And recently, a handful of CPS regional directors across the state were let go as the effort to revamp the agency continues.

The Speaker also expressed concerns that Texas’ mental health care system doesn’t have the capacity to handle all those who need help, leaving hundreds of people at a time on waiting lists — and without the services they desperately need — to gain access to help at aging mental health hospital facilities across the state.

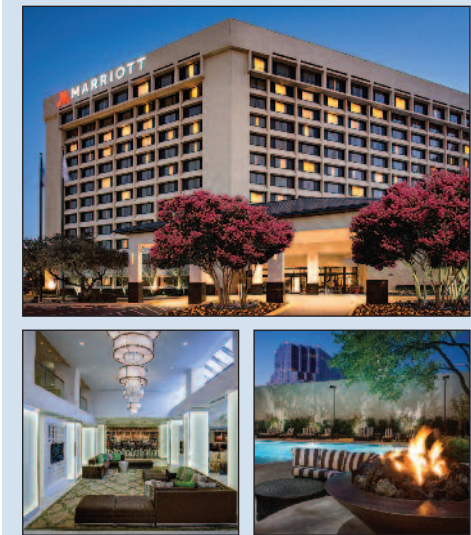
1115 Waiver Update: In December 2011, Texas received federal approval on a five year waiver preserving upper payment limits but allowing for an expansion of managed care. These 1115 Waivers were set to expire this year but the Texas Health and Human Services Commission (HHSC) requested an extension to continue the managed care initiatives authorized under the 1115 waivers. Recently, the Center for Medicare & Medicaid Services (CMS) has requested that HHSC resubmit this waiver renewal application but, due to extensive and time sensitive requirements, it would be difficult for the Commission to resubmit

See **Session** on page 3

As amazing as it is to say, the Texas Legislature is on the cusp of convening for another session. Bills will begin to be pre-filed in November of this year, and the Legislature will convene on the second Tuesday of January. Mental health issues will be prominently considered at that time, according to House Speaker Joe Straus’s priority list for the next legislative session. Foster Care and Mental Health to Get

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TSPP 60th Annual Convention and Scientific Program

November 11-13

Marriott Quorum by the Galleria Hotel • 14901 Dallas Parkway • Dallas, Texas

For Hotel Reservations:

800-228-9290 or 972-661-2800

(\$119.00 Room Rate Prior to October 26, 2016)

More information on pages 4–7

Visit the website

www.txpsych.org

for TSPP/TAP/TSCAP Special Discounted Meeting Registration Fees for this year’s Convention.



The Foundation’s 2016 Annual Campaign is Underway

J. Clay Sawyer, MD, Chairman, Texas Foundation for Psychiatric Education and Research



J. Clay Sawyer, MD

The giving season has arrived . . . or the Foundation's 2016 Annual Campaign. We welcome all contributions for this most worthy and useful cause. Contributions are deductible to the full extent of the law.

Many of you know that the Foundation was formed in 1991 with the express purposes of helping to ensure access to quality psychiatric care, to combat the stigma and the discrimination which still exists regarding psychiatric care, to contribute to quality education programs in psychiatry to further patient care, and to improve treatment through innovative research. This campaign will be our twenty-sixth for the resources required to pursue these goals.

TSPP members have contributed over 60% of all funds raised for the Foundation, with the Academy, individuals, businesses, other foundations, and other organizations making up the remainder. Over \$400,000 in charitable contributions has been raised since 1991, and nearly 140 grants totaling over \$275,000 have been awarded for such Foundation-relevant purposes as public education and advocacy (40%), professional education (57%), and research (3%).

For the past several years, the

Foundation has also played an increasing role in contributing to TSPP's high-quality Annual CME Program. TSPP was the first specialty medical organization in Texas to be accredited for CME and remains as one of only two that have that recognition today. The Foundation is proud to be able

to play a role in this outstanding endeavor. As you can see, the Foundation benefits all of us in many ways. Let's keep a good thing going — please join us in contributing to this campaign. 2016 donors will be recognized at the TSPP Annual Meeting in Dallas on November 11-13. With thanks in advance...

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Foundation’s Annual Campaign Donations in 2015

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TEXAS PSYCHIATRIST

OCTOBER/NOVEMBER 2016

Session Looming, But Mental Health Issues Well Positioned

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the application before spring of next year. The two organizations are currently in discussions on how best to move forward.

Budget Woes: Texas’ top elected officials have requested state agencies scale back their budget requests by 4% to rein in state spending for the 2018-2019 cycle. In a recent joint letter, Gov. Greg Abbott, Lt. Gov. Dan Patrick and Speaker Straus said agencies should propose the cuts as a “starting point for budget deliberations.”

However, the letter makes several exceptions to the cuts for some priorities for lawmakers heading into next session, which include funding for public schools and border security, as well as Child Protective Services and mental health resources. The exemptions also include public-employee pensions, Medicaid and dollars needed to meet debt service requirements for bond authorizations.

Mental Health Focus Continues: The House Mental Health Select committee has continued their series of meetings, which began at the start of 2015, taking on the prodigious task of bettering Texas mental health care. A number of organizations have lined up to suggest improvements and underline concerns while the committee listened, asked questions and will ultimately make recommendations for the legislative session that begins in January.

In each meeting, the committee has focused on one area of mental health reform, which have included adolescent mental health, crisis intervention, access to

care, the criminal justice system, health insurance coverage, veterans, homelessness and other topics. Legislators want to make sure Texans understand this committee is meant to lead to some change for the better in the frustrating mental health care system.

Reforming State MH Hospitals: State Sen. Kirk Watson has proposed creating an “MD Anderson of the brain” on the site of the Austin State Hospital, which has been plagued with staff shortages, crumbling facilities and a failure to meet federal health standards. The proposal comes at a time of uncertainty the state’s 10 psychiatric hospitals, as many advocates have called on the state to build new facilities, despite the enormous costs.

Watson would like to duplicate the success of the University of Texas’ MD Anderson Cancer Center by rebuilding the Austin State Hospital at its current site north of the University of Texas. His plan includes working with the University of Texas’ new Dell Medical School to bring treatment for patients, training and research.

Some state leaders, led in part by Dr. David Lakey, are suggesting that Texas partner with public universities and medical schools as a means of modernizing and remodeling the aging mental hospitals. Advocates hope such partnerships could be a cheaper alternative to completely rebuilding state hospitals, including the Austin campus, in a way that the fiscally conservative Legislature could find palatable.

Election Update: In political terms, things are shaping up to be interesting this fall, leading into next session. The partisan split in the Senate is expected to remain the same, with 20 Republicans and 11 Democrats. There will be at least three new senators, barring any upsets in the general election or other retirements, to include Bryan Hughes (SD 1), and Boris Miles (SD 13), who are the only ones on the general election ballot in their respective races. Dr. Dawn Buckingham (SD 24) is very likely to win the third seat, although she faces Virginia “Jennie Lou” Leeder in the general election in the heavily Republican seat.

The House of Representatives is harder to predict. Last session, there were 99 Republicans and 51 Democrats serving in the House, but presently, due to some retirements and special elections, there are 99 Rs, 50 Ds and one independent, Laura Thompson of San Antonio. Interestingly, Thompson will only serve in the Texas House for the remainder of the 84th Interim - she is not on the ballot for November, meaning that Democrat Barbara Gervin Hawkins will be running uncontested for a full term in that seat.

Overall, 15 House incumbents are not seeking reelection in November, and another six incumbents were defeated by primary opponents. You can expect the Democrats to gain a few seats this fall, because there are three particularly vulnerable Republican representatives that are

running in seats that, at least during a presidential election, are primarily Democratic - John Lujan (HD 118), Rick Galindo (HD 117), and Gilbert Peña (HD 144). They face strong opposition from well funded Democrats - Tomas Uresti, Philip Cortez, & Mary Ann Perez, respectively.

There are other strong Democrats running in traditionally weaker Republican districts, so Republicans may lose perhaps as many as five seats, meaning the partisan divide for next session should be a range of 95-98 Republicans and 52-55 Democrats. However, this outcomes hinges largely on turnout and the Trump/Clinton dynamic at the top of the ticket. If Trump performs poorly relative to Clinton and his lack of coattails endangers downballot Republicans,

Finally, there was a peculiar game of “musical chairs” taking place in the Houston area this year. Sen. Rodney Ellis was selected by the precinct captains in the region to replace deceased Harris County Commissioner El Franco Lee on the November Democratic ballot. His departure allowed Boris L. Miles (HD 146 - Houston) to be selected by his precinct captains to replace Ellis in the Senate race. Finally, attorney Shawn Theirry was selected to replace Miles on the ballot in HD 146.

As always, it is my pleasure to serve as your government affairs consultant. Please feel free to reach out to me or the Federation if you have questions or concerns about our activities. ■

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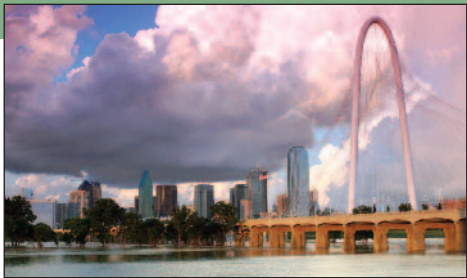
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TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS ANNUAL CONVENTION AND SCIENTIFIC PROGRAM

November 11-13, 2016 • Marriott Quorum by the Galleria Hotel • Dallas-Addison, Texas



THE EVOLUTION of PSYCHIATRY

Past Accomplishments and Future Endeavors

GENERAL INFORMATION



MEETING LOCATION / HOTEL RESERVATIONS

The TSPP 60th Anniversary Annual Convention & Scientific Program will be held at the newly renovated Addison Marriott Quorum hotel near the Dallas Galleria Shopping Center. The hotel is centrally located in the heart of Addison near premier restaurants, entertainment, & shopping. The hotel offers a complimentary shuttle to the Galleria every hour. A north Dallas landmark, the Addison, Texas hotel is close to the Village on the Parkway, Addison Circle Park, and Vitruvian Park. Designed to exceed your expectations, the hotel provides an array of amenities, world-class service and a fitness center. Relax and rejuvenate in the hotel's resort style outdoor pool and enjoy delicious dining in the on-site restaurant.

In addition to a significant reduction in the special guest room rate for TSPP Registrants, Attendees will receive:

- Complimentary internet in all meeting space
- Complimentary self-parking (\$15 per car, per night)
- Complimentary high speed internet access in all guestrooms (\$12.95 per room, per night)

SAVE ON YOUR REGISTRATION FEES!

This year's CME program offers even more CME Category I Credit Hours! And, if you register **BEFORE October 1** you will receive a reduction in your registration fees!

A special TSPP discounted room rate of **\$119.00** is available to program registrants for reservations placed **before October 26, or upon sell-out**, whichever occurs first. **Make your hotel reservation today by calling 1-800-228-9290 or 972-661-2800 and request the 'Texas Society of Psychiatric Physicians' Annual Convention rate.**

RESIDENT / TRAINEES POSTER SESSION

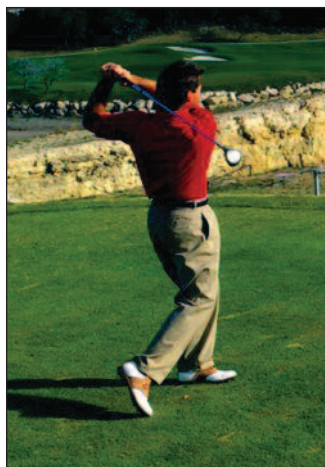
In order to familiarize Texas psychiatrists with the research efforts and achievements of their colleagues, the TSPP Continuing Medical Education Committee is soliciting scientific posters from TSPP and TSCAP Residents and Trainee Members.

The posters need not be especially made for this meeting. Posters presented at the APA or at other scientific meetings within the last year would be appropriate. TSPP's goal is to support collaborative interaction among the Texas researchers and also to familiarize the general membership about new advances made in the state. The deadline for poster applications is **October 15, 2017**. For a copy of the Poster Application Form, please visit www.txpsych.org or contact tsppofc@aol.com.

SPECIAL EVENTS

THURSDAY – GOLF OUTING:

For convention attendees, guests and golf enthusiasts arriving early, TSPP members are arranging a tee time for a group play. If you are interested in playing, please be sure to check the Golf Section box on the TSPP Registration Form and additional information will be emailed to you.



THURSDAY – NETWORKING / SOCIAL MIXER

FOR TSPP RESIDENT-FELLOW MEMBERS: The TSPP Resident-Fellow Members Section has arranged a special networking event for all TSPP, TSCAP and TAP medical students, residents and fellows in training on Thursday, 7:30-9:30 pm. To register for the Mixer, please complete the attached registration form.

FRIDAY – “CAREER LIFESTYLE: LOCUM TENENS” PROGRAM – TEXAS ACADEMY OF PSYCHIATRY:

Exploring alternatives to practice, the Texas Academy of Psychiatry will conduct a complimentary program on “Career Lifestyle: Locum Tenens” for TAP members on Friday. TAP Members, to register for this complimentary program and reserve your seat, to be held on Friday, 2:00-3:30 pm, please complete the registration form.

The program is **open to all TSPP and TSCAP members** and you may register for a nominal registration fee - see registration form. Or, if you are not a member of TAP, but are a member of TSPP or TSCAP, and would like to attend the program for free, you may join TAP as an Affiliate Member for \$25.00 and attend the program Free! For more information contact txpsychiatry@aol.com or visit the Federation's website at www.txpsych.org

FRIDAY – SPECIAL PROGRAMS FOR RESIDENTS – RESIDENT FELLOW SECTION PROGRAM AND ACADEMIC PSYCHIATRY PROGRAM FOR RESIDENTS ON “RESIDENT WELLNESS”:

The TSPP Resident-Fellow Member Section has planned a special program for all TSPP/TAP/ TSCAP Medical Students and Resident Members on Consultation/ Liaison Psychiatry, Psychosomatic Medicine and Update on Mental Health Policy” from 1:30 pm-2:30 pm to be followed by a program by the Academic Psychiatry Committee on “Resident Wellness” from 2:40 pm-3:30 pm. Register early and reserve your seat to attend these special programs.

UTMB DEPT OF PSYCHIATRY ALUMNI MEETING:

The UTMB Department of Psychiatry Alumni (formerly known as the Titus Harris Society) has scheduled a dinner on Friday 8:30 pm - 10:00 pm following the TSPP Welcome Reception. For additional information and to register for the dinner, contact Maria Villarreal at 409-771-4713.



TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

2 0 1 6

60TH ANNUAL CONVENTION AND SCIENTIFIC PROGRAM

November 11-13, 2016 • Marriott Quorum by the Galleria Hotel • Dallas-Addison, Texas

DAILY SCHEDULE

THURSDAY, NOVEMBER 10, 2016		SATURDAY, NOVEMBER 12, 2016	
12:00 Noon	Golf Outing at Dallas Golf Course	7:45 am - 8:15 am	Complimentary Continental Breakfast in Exhibit Hall for Meeting Registrants
2:00 pm - 8:00 pm	Registration Open	7:30 am - 8:30 pm	Registration Open
7:30 pm - 9:30 pm	TSPP Resident Fellow Member Networking/Social Mixer	7:30 am - 4:00 pm	Exhibits Open AND Poster Session
FRIDAY, NOVEMBER 11, 2016		8:15 am - 5:00 pm	Scientific Program “EVOLUTION OF PSYCHIATRY – PAST ACCOMPLISHMENTS AND FUTURE ENDEAVORS”
7:30 am - 8:30 pm	Registration Open	10:30 am - 10:50 am	Refreshment Break with Exhibitors AND Poster Session <i>Door Prize Drawings</i>
8:00 am - 9:00 am	Foundation Board of Directors Breakfast Meeting	11:50 am - 12:10 pm	Break
9:00 am - 5:00 pm	Committee / Council Meetings	12:10 pm - 1:30 pm	Lunch
9:00 am - 10:30 am	Council on Leadership <i>Ethics, Distinguished Fellowship, Finance</i>	2:30 pm - 2:50 pm	Refreshment Break with Exhibitors AND Poster Session <i>Door Prize Drawings</i>
10:45 am - 12:15 pm	Council on Service <i>Academic Psychiatry, Children & Adolescents, Forensic Psychiatry, Public Mental Health Services</i>	4:00 pm	Exhibits Close
12:00 pm - 5:00 pm	Exhibit AND Poster Session Set-Up	6:30 pm - 7:00 pm	Reception for Awards Banquet Attendees
12:15 pm - 1:30 pm	Luncheon / Program	7:00 pm - 9:00 pm	Awards Banquet
1:30 pm - 2:00 pm	Texas Academy of Psychiatry Board of Trustees	SUNDAY, NOVEMBER 13, 2016	
1:30 pm - 3:30 pm	TSPP Resident-Fellow Member (RFM) Section Program “CONSULTATION/LIAISON PSYCHIATRY, PSYCHOSOMATIC MEDICINE” and Academic Psychiatry Program for Residents “RESIDENT WELLNESS”	8:00 am	Complimentary Continental Breakfast for Meeting Registrants in Scientific Program Meeting Room
2:00 pm - 3:30 pm	“CAREER LIFESTYLE / LOCUM TENENS” Program Texas Academy of Psychiatry Members Complimentary, All Other Attendees \$25.00	8:15 am - 1:00 pm	Scientific Program “EVOLUTION OF PSYCHIATRY - PAST ACCOMPLISHMENTS AND FUTURE ENDEAVORS”
2:00 pm - 3:30 pm	Council on Education <i>Continuing Medical Education, Professional Practice Management</i>	10:30 am - 10:45 am	Refreshment Break
3:45 pm - 5:00 pm	Council on Advocacy <i>Government Affairs</i>	1:15 pm - 2:45 pm	Federation Delegate Assembly Meeting
5:30 pm - 6:30 pm	Executive Council Meeting		
6:30 pm - 8:30 pm	Welcome Reception with Exhibitors AND Poster Session		

AWARDS

AWARDS RECEPTION / BANQUET

Saturday evening's festivities begin with a complimentary wine and cheese reception for registrants attending the Awards Banquet honoring the 2016 TSPP Award Recipients for their outstanding contribution to Psychiatry. Register early to reserve a table for your friends at this memorable evening!

This year's honorees are:



DISTINGUISHED SERVICE
Patrick Holden, MD
(Posthumously)
San Antonio



PSYCHIATRIC EXCELLENCE
Carol S. North, MD
Dallas



SPECIAL SERVICE
Senator Charles Schwertner, MD
Georgetown



Katherine A. Cowan, MD
Houston



Jordan Yee, MD
Fort Worth

DR. SPENCER BAYLES OUTSTANDING TSPP MEMBER AWARD

This award named in memory of Dr. Spencer Bayles was established in 2010 to recognize members for outstanding and consistent participation in TSPP activities. The award will be presented during TSPP's Annual Business Luncheon on Saturday, November 12 so please plan to attend and thank your fellow colleague for his outstanding volunteer service. This year's recipients are:

DAVID PHARIS AWARD

The David Pharis Award will be presented by the Department of State Health Services and TSPP to recognize significant contributions to safety and quality inpatient care and outcomes in State Hospitals.

This year's award will be presented during TSPP's Annual Business Luncheon on Saturday, November 12. Please attend and express your appreciation to the organization selected for this degree of excellence.

THANK YOU

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EXHIBITORS

JSA Health Telepsychiatry
McLean Hospital
Professional Risk Management Services, Inc.
Staff Care
Strategic Behavioral Health
Texas Foundation for Psychiatric Education and Research
The Menninger Clinic
UTMB Correctional Managed Care

SCIENTIFIC PROGRAM

“Evolution Of Psychiatry – Past Accomplishments And Future Endeavors”

SCIENTIFIC PROGRAM SCHEDULE

SATURDAY, NOVEMBER 12

8:15 am-8:30 am	Opening Remarks	12:10 pm-1:30 pm	Lunch
8:30 am-10:30 am	EVOLUTION AND FUTURE DIRECTIONS IN PSYCHOPHARMACOLOGY AND TREATMENT OF ANXIETY DISORDERS Robert Hudak, MD Professional practice gap: Psychopharmacology approaches to the treatment of anxiety disorders are rapidly evolving. The speaker will discuss current psychopharmacology treatment of anxiety disorders. The activity is designed to improve knowledge of evolving treatment approaches for anxiety disorders which are cost-effective and efficacious. Objectives: <ol style="list-style-type: none">Describe the role of psychopharmacology in the treatment of anxiety disorders.Discuss DSM-5 differential diagnostic criteria for diagnosing anxiety disorders.Discuss why OCD was removed from the Anxiety Disorders Classifications	1:30 pm- 2:30 pm	PANEL: TEXAS RECOVERY TO PRACTICE IN PSYCHIATRY PROGRAM Michael Escamilla, MD, PhD John Kliewer, MD Juan M. Zavala, MD Professional practice gap: Psychiatric rehabilitation in the form of Recovery was developed as a means to address deficits in mental health services that focus mainly on pharmacological intervention. Recovery fosters independence by helping to develop skills for daily living, interpersonal interactions, education and employment in order to enhance a person's ability to live in the community successfully and to reach their full potential. Objectives: <ol style="list-style-type: none">Describe the basic principles of Recovery.Distinguish between a Recovery-oriented approach and a traditional approach to behavioral health care.Recognize that Recovery principles can be used to deliver integrated treatment for multiple issues in a variety of settings and circumstances.
10:30 am-10:50 am	Refreshment Break	2:30 pm-2:50 pm	Refreshment Break
10:50 am-11:50 am	EVOLUTION AND FUTURE DIRECTIONS IN THE TREATMENT OF NEUROINFLAMMATION – AN UNDERLYING MECHANISM OF DEPRESSION Marisa S. Toups, MD Professional practice gap: Neuroinflammation is known to be an underlying mechaism of depression. According to the WHO depression is one of the most prevalent serious brain disorders and the primary cause of disability in the world. There is a gap in knowledge of the mechanisms involved in neuroinflammation and depression and the specific triggers involved to avoid in neuroinflammation. Cell mediated immune response, inflammatory and oxidative stress pathways and their sequelae play a role in the pathophysiology of depression. The activity is designed to change competence by educating participants on the mechanisms involved in neuroinflammation and depression and the specific triggers involved to avoid in neuroinflammation. Objectives: <ol style="list-style-type: none">Describe the role and mechanism of inflammation and the relationship to depression.Discuss the application of the knowledge of inflammation in the treatment of depression and the inflammatory triggers to avoid in the treatment of depression.	2:50 pm-4:50 pm	EVOLUTION AND FUTURE DIRECTIONS IN PSYCHOPHARMACOLOGY AND NEWER MEDICATIONS / DRUG INTERACTIONS Stephen R. Saklad, Pharm.D, BCPP Professional practice gap: The professional practice gap being addressed is knowledge regarding potential drug-drug interactions between newly released psychotropic medications and commonly used medications in primary care settings. Polypharmacy may lead to adverse outcomes including increased morbidity and mortality, hospitalization, and decreased quality of life. The activity is designed to educate participants regarding common and potentially harmful medication interactions. Objectives: <ol style="list-style-type: none">Identify common drug-drug interactions between recently released psychotropic medications and commonly used medications in primary care.Describe presenting symptoms patient's experience with commonly seen psychotropic medication interactions.
11:50 am-12:10 pm	Refreshment Break	4:50 pm-5:00 pm	Closing Remarks

SUNDAY, NOVEMBER 13

8:15 am-8:30 am	Opening Remarks	10:30 am -10:45 am	Refreshment Break
8:30 am- 9:30 am	BOTULINUM TOXIN: TREATMENT OF DEPRESSION Michelle Magid, MD Professional practice gap: Many of the traditional treatment approaches for depression are either ineffective or unacceptable for some patients. There have been a small number of studies indicating the use of botulinum toxin may be an alternative means of treatment for some depressed patients. Though larger studies are needed, the use of botulinum toxin is emerging as a potential treatment modality for patients with major depressive disorder. The activity is designed to educate participants regarding the current literature on the use of botulinum toxin for the treatment of depression. Objectives: <ol style="list-style-type: none">Describe the somatic feedback loop hypothesized in the use of botulinum toxin for the treatment of depression.Identify the current status of the use of botulinum toxin for the treatment of depression.	10:45 am-12:45 pm	ETHICS: THE MAJOR FINDINGS OF MENTAL HEALTH LITERACY RESEARCH AND WHY THEY MATTER John Z. Sadler, MD Professional practice gap: Ethical practice and research in psychiatry continues to be challenging with emerging biotechnologies, funding challenges, and conflicting ethical principles. This presentation will discuss commonly encountered ethical challenges, prioritizing ethical principles, and how and when to seek ethics consultation in practice and research. The activity is designed to improve the knowledge of participants regarding commonly encountered misperceptions about psychiatry and how to overcome these barriers to care and seek ethical consultation when needed. Stigma about seeking treatment continues to be a major barrier to treatment, especially for some groups of patients. The presentation will enable psychiatrists to communicate more effectively with patients and other clinicians to decrease stigma and improve access to care At the end of this presentation, participants should be able to: <ol style="list-style-type: none">Describe the range of attitudes the public holds towards psychiatrists and psychiatry.Describe the major resistances to help-seeking in mental health.Describe the major foci of patient, and would-be patient education regarding mental health care, especially by psychiatristsDescribe the importance of ethical conduct and virtue in reducing bias against mental health help seeking.
9:30 am-10:30 am	EVOLUTION AND FUTURE DIRECTIONS IN THE PSYCHOPHARMACOLOGICAL TREATMENT OF PREGNANCY AND POSTPARTUM Lucy J. Puryear, MD Professional practice gap: This session addresses the risks and benefits of prescribing psychotropic medications during pregnancy. Recent literature has been conflicting at times regarding the relative safety of antidepressants during pregnancy and the potential outcomes for teratogenic effects and development. Other medications such as antipsychotics and mood stabilizers have differing levels of teratogenic effects and are often considered in the context of poorly controlled schizophrenia or bipolar illness in pregnancy. The activity is designed to enhance the knowledge of participants in the relative risks and benefits of psychotropic medication use in pregnancy, treatment alternatives, and the risk of uncontrolled psychosis and mood disorders. Objectives: <ol style="list-style-type: none">Describe the relative risks and benefits of psychotropic medications in the first, second, and third trimesters of pregnancy.Discuss alternative treatments of psychiatric disorders during pregnancy.	12:45 pm-1:00 pm	Closing Remarks

CME PROGRAM GOAL / TARGET AUDIENCE

This live activity has been designed in a format consisting of case study presentations, lectures and direct discussion to provide its primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice.

Information and data will address, new developments in treatments and new directions in research to address the professional practice gaps of the learners and advance the physicians’ competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

The learning objectives for this activity have been designed to address clinician competence.

NEEDS ASSESSMENT

TSPP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of our participants.

ACCREDITATION STATEMENT

The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of ten (10) *AMA PRA Category I Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ETHICS DESIGNATION STATEMENT

The presentation entitled “The Major Findings of Mental Health Literacy Research and Why They Matter” has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

FACULTY AND PLANNERS DISCLOSURE POLICY

The Texas Society of Psychiatric Physicians will disclose to participants the existence of any relevant financial relationships between faculty members, TSPP staff and members, who planned, authored, contributed to, and/or reviewed the content of this activity, and any commercial interest discussed in this educational activity. Disclosure will occur through written communication in the syllabus / handout material.

ABOUT THE SPEAKERS

MICHAEL ESCAMILLA, MD, PhD

Psychiatry Professor and Director
Center of Emphasis in Neurosciences
Department of Psychiatry
Texas Tech University Health Sciences Center
El Paso, TX

ROBERT HUDAK, MD

Associate Professor of Psychiatry
Department of Psychiatry
University of Pittsburgh
Pittsburgh, PA

JOHN KLIEWER, MD

Consultant
Department of Psychiatry
Texas Tech University Health Sciences Center
San Antonio, TX

Center of Emphasis in Neurosciences
Texas Tech University Health Science
Center El Paso
El Paso, TX

MICHELLE MAGID, MD

Clinical Associate Professor,
UT Austin Dell Medical School

Clinical Assistant Professor,
Texas A&M Health Science Center

Clinical Assistant Professor,
UT Medical Branch Galveston

Adult Psychiatry and Psychotherapy
Austin Psychcare, PA
Austin, TX

LUCY J. PURYEAR, MD

Medical Director
The Womens Place – Center for
Reproductive Psychiatry

Co-Director, The Menopause Center at
Texas Children’s Pavilion for Women

Maureen Hackett Endowed Chair
for Reproductive Psychiatry
Associate Professor of Obstetrics and
Gynecology
Baylor College of Medicine

Associate Professor of Psychiatry,
Menninger Department of Psychiatry
Baylor College of Medicine
Houston, TX



EXHIBITOR
SCHEDULE

Friday, November 11

6:30 pm - 8:30 pm – Welcome
Reception with Exhibitors

Saturday, November 12

7:45 am - 8:15 am – Continental
Breakfast with Exhibitors

10:30 am - 10:50 am – Refreshment
Break with Exhibitors

2:30 pm - 2:50 pm – Refreshment
Break with Exhibitors

4:00 pm – Exhibits Close

JOHN Z. SADLER, MD

The Daniel W. Foster, MD Professor of Medical
Ethics
Professor of Psychiatry and Clinical Sciences
UT Southwestern
Dallas, TX

STEPHEN R. SAKLAD,
PharmD, BCPP

Director, Psychiatric Pharmacy Program
Pharmacotherapy Education and Research
Center
UT Health Science Center
San Antonio, TX

Clinical Professor
College of Pharmacy
Pharmacotherapy Division
The University of Texas at Austin
Austin, TX

Adjoint Professor
School of Medicine
Pharmacotherapy Education and
Research Center
UT Health Science Center
San Antonio, TX

Clinical Pharmacologist
San Antonio State Hospital
Texas Department of State Health Services
San Antonio, TX

MARISA S. TOUPS, MD

Assistant Professor
UT Southwestern Medical Center
Dallas, TX

JUAN M. ZAVALA, MD

Assistant Professor
Texas Tech University Health Sciences Center
El Paso, TX

Psychiatrist
San Antonio, TX

SPECIAL ‘FREE’ CME SCIENTIFIC PROGRAM REGISTRATION OFFER FOR TSPP MEDICAL STUDENTS, RESIDENT-FELLOW (TRAINEE) MEMBERS AND TSCAP MEDICAL STUDENTS AND TRAINEE MEMBERS

TSPP is pleased to again offer the waiver of the Resident’s CME Scientific Program registration fee **IF the resident member’s Training Director, Associate or Assistant Program Director registers for the Scientific Program.** So all Trainees encourage your Training Director, Associate or Assistant Program Director to send in their registration form and then send in yours, with the name of your Training Director, Associate or Assistant Program Director noted, and then plan on attending the CME Scientific Program FREE!

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

60TH ANNUAL CONVENTION & SCIENTIFIC PROGRAM

November 11-13, 2016 • Marriott Quorum by the Galleria Hotel, Dallas-Addison, Texas

Please complete this form and return it with your check, money order or credit card information for your registration and event fees to the Texas Society of Psychiatric Physicians, 401 West 15th Street, Suite 675, Austin, Texas 78701 by October 1 to receive the discounted registration fee. Registration forms and payments by credit card may be faxed to TSPP at 512/478-5223.

NAME

E-MAIL

Please check if you are a: ☐ APA Fellow ☐ APA Distinguished Fellow ☐ APA Life Fellow ☐ APA Distinguished Life Fellow

ADDRESS

CITY

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ZIP

PHONE

NAME(S) GUEST(S) ATTENDING (for name badges)

REGISTRATION FEES

Indicate the **NUMBER** of individuals who are registered for each event in the appropriate enrollment category listed below. Please note the enrollment fees are **PER PERSON** and your payment should reflect the proper fee for the number of individuals registered per event.

NUMBER ATTENDING EVENT

ADVANCE BEFORE 10/1

AFTER 10/1

Golf Outing - Thursday
☐ Please Send Me Additional Information.

Medical Student/Resident Mixer - Thursday
☐ No Charge

Lunch - Friday
☐ Lunch\$20\$25

Resident Section Program / Academic Psychiatry Program for Residents - Friday
☐ Consultation/Liaison Psychiatry, Psychosomatic Medicine and Update on Mental Health PolicyNo ChgNo Chg
☐ Resident WellnessNo ChgNo Chg

Texas Academy of Psychiatry Program - Friday
☐ Career Lifestyle: Locum Tenens TAP MemberNo ChgNo Chg
☐ Non TAP Member\$25\$25

Reception w/ Exhibitors - Friday
☐ NOT Registered or Scientific Program\$40\$50
☐ Registered for Scientific ProgramNo ChgNo Chg

Lunch - Saturday
☐ TSPP / ACADEMY / TSCAP Member\$25\$35
☐ TSPP / ACADEMY / TSCAP Trainee Member\$15\$20
☐ TSPP / ACADEMY / TSCAP Non-Member\$35\$45
☐ TSPP / ACADEMY / TSCAP Trainee Non-Member\$25\$35
☐ Guest\$25\$35

Awards Banquet and Gala - Saturday
☐ Awards Banquet\$45\$65
☐ Reserved Table for 10*\$400\$600
* Name(s) for Reserved Table: _____

NUMBER ATTENDING EVENT

ADVANCE BEFORE 10/1

AFTER 10/1

SCIENTIFIC PROGRAM - Saturday and Sunday
☐ TSPP / ACADEMY / TSCAP Member\$245\$275
☐ Non-Member Physician\$295\$325
☐ TSPP / ACADEMY / TSCAP Trainee Member\$35\$35

***If your Training Director, Associate or Assistant Program Director's registers for the Scientific Program, your Scientific Program Fee is \$0.00. Enter your Director's name below if they have registered for the Scientific Program:
NAME: _____

☐ Non-Member RFM (Trainee)\$50\$50
☐ Medical Students\$15\$15

Medical Students and Resident Members: If you present a poster, your registration fee for the Scientific Program AND Saturday Lunch is waived.

☐ Allied Health Professional\$130\$155
☐ Spouse / Guest (No CME Credit)\$120\$145

CME Meeting Syllabus Order
☐ CME Meeting Syllabus In Black/White\$35\$45
☐ CME Meeting Syllabus In Color\$95\$125

☐ Vegetarian Plate Requested. No additional fee if requested prior to 10/1, otherwise there will be an additional fee of \$15.00
MY SPECIAL DIETARY NEEDS: (ie, Gluten Free or Lactose Free, etc) _____

WHEELCHAIR

If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605.

TOTAL REGISTRATION FEE

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To register by telephone there will be a \$7.50 convenience fee charged. To avoid this charge, you may fax (512-478-5223), scan and email (tsppofc@aol.com or mail to: TSPP, 401 West 15th Street, Suite #675, Austin, TX 78701 your registration form and payment.

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CANCELLATION POLICY: In the event of cancellation, a full refund will be made if written notice is received in the TSPP office by October 1, 2016, less a 25% processing charge. NO REFUNDS will be given after October 1, 2016

OCTOBER/NOVEMBER 2016

TEXAS PSYCHIATRIST

7

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401 West 15th Street, Suite 675
Austin, Texas 78701
(512) 478-0605/(512) 478-5223 (FAX)
TxPsychiatry@aol.com (E-mail)
<http://www.txpsych.org> (website)

Federation of Texas Psychiatry
401 West 15th Street, Suite 675
Austin, Texas 78701

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CALENDAR OF MEETINGS



NOVEMBER

- 11-13 Texas Society of Psychiatric Physicians
60th Annual Convention and CME Program**
Dallas/Addison Marriott Quorum by the Galleria Hotel,
14901 Dallas Parkway, Dallas
Reservations: 800-228-9290 or 972-661-2800 Prior to October 26
Room Rate \$119
For Additional Information: www.txpsych.org
or email tsppofc@aol.com

FEBRUARY

- 8 Mental Illness Awareness Coalition
Capitol Day**
Austin, Texas