



Texas Society of Child and Adolescent Psychiatry

Annual Convention and Scientific Program

"Navigating the Perils of Childhood"

July 22-24, 2016 • Westin Riverwalk Hotel • San Antonio, Texas





TSCAP Annual Convention & Scientific Program

“Navigating the Perils of Childhood”

July 22-24, 2016 • Westin Riverwalk Hotel • San Antonio, Texas

GENERAL INFORMATION

MEETING LOCATION

TSCAP’s Annual Convention and Scientific Program will be held at the Westin Riverwalk Hotel, recently honored as one of the World’s Best Places to Stay by Conde Nast Traveler’s acclaimed Gold List. Located at 420 W. Market Street, on the banks of the historic Riverwalk the Westin Riverwalk, San Antonio Hotel features an on-site restaurant, bar, coffee shop, Woodhouse Day Spa services, WestinWORKOUT® fitness center, and a full-service business center, as well as Westin’s Heavenly Bed® and Heavenly Bath® amenities in all of the luxurious guest rooms.

The Westin Riverwalk offers guests direct access to one of the most charming and beloved Texas destinations, the San Antonio Riverwalk. Whether you set out on foot or, by the water taxi that picks up outside of the hotel on the banks of the River, the hotel’s location overlooking the River Walk invites you to explore the myriad restaurants, shops and entertainment venues that line the banks of the San Antonio River as it winds through downtown.

Wander a bit further and you’ll discover rich sites of culture and the arts. Breathe in some Texas history at The Alamo and the Spanish Governor’s Palace, stroll through Market Square and La Villita, San Antonio’s historic arts village, or sip a cold microbrew at the Historic Pearl Brewery. The hotel is also within easy reach of the cutting-edge Blue Star Arts Complex.

HOTEL RESERVATIONS

Make your hotel reservation today by calling Central Reservations at 1-888-627-8396 or visit www.txpsych.org and click on the following link in the TSCAP Program Information:

<https://www.starwoodmeeting.com/StarGroupsWeb/res?id=1601145389&key=DA495CE>

Discounted valet parking available for TSCAP meeting registrants and guests July 20-24 at the rate of \$25.00, or a self-parking pay lot is available across from the hotel.

OPENING WELCOME RECEPTION WITH EXHIBITORS

Make plans to attend the complimentary festive Fiesta Welcome Reception with Exhibitors on Friday evening, 6:30 pm - 8:30 pm, Navarro B Room, Ballroom Level. Visit throughout the evening with your friends, colleagues and exhibitors in a fun-filled, relaxing atmosphere and complete your entry for the special door prize drawings to be awarded on Saturday!

EXHIBITS

TSCAP’s Welcome Reception, Continental Breakfasts and Refreshment Breaks, will be held in the Navarro B Room, Ballroom Level of the Westin Riverwalk Hotel. Exhibits will be open throughout the evening, Friday, and all day Saturday and provide you with information designed to enhance your practice and help improve the optimal delivery of medical care to your patients. In addition, there will be ‘job fair’ exhibitors who have employment opportunities for Psychiatrists in the State of Texas.

Welcome Reception – Friday - 6:30 - 8:30 pm

Continental Breakfast – Saturday - 7:30 am - 8:00 am

Refreshment Break and Door Prize Drawings

Saturday - 10:30 am - 10:50 am

Refreshment Break and Door Prize Drawings

Saturday - 11:50 am - 12:10 pm

Refreshment Break with Exhibitors and Door Prize Drawings

Saturday - 1:10 pm - 1:30 pm

Exhibitors Tear Down and Depart – Saturday - 3:00 pm - 4:00 pm

SPONSORS/EXHIBITORS

SPONSOR

Tris Pharma, Inc.

Sponsor Saturday Morning Continental Breakfast and Refreshments

EXHIBITORS

American Professional Agency, Inc.

Arbor Pharmaceuticals, Inc.

Cedar Crest Hospital & RTC

DSHS Waco Center for Youth

Jackson County Health & Human Services

Meridell Achievement Center

Professional Risk Management Services, Inc.

San Marcos Treatment Center

Texas Medicaid Wellness Program

Tris Pharma, Inc.

UTMB CMC

ANNUAL MEETING BREAKFAST

The Annual TSCAP Business Meeting and Breakfast will be held Sunday, 7:45 am - 8:45 am in the Navarro B Room, Ballroom Level.

PROGRAM AT A GLANCE

Friday, July 22

12:00 pm - 8:30 pm	Registration	(Friday Only) Hotel Lobby
1:00 pm - 5:30 pm	Exhibit Set-Up	Navarro B, Ballroom Level
4:00 pm - 5:30 pm	TSCAP Executive Committee Meeting	Zapata - Ballroom Level
6:30 pm - 8:30 pm	Fiesta Welcome Reception with Exhibitors	Navarro B, Ballroom Level

Saturday, July 23

7:00 am - 4:30 pm	Registration	(New Location) Navarro Pre-Function
7:30 am - 8:00 am	Continental Breakfast with Exhibitors	Navarro B, Ballroom Level
8:00 am - 2:45 pm	Scientific Program	Navarro A, Ballroom Level
10:30 am - 10:50 am	Refreshment Break and Door Prize Drawings	Navarro B, Ballroom Level
11:50 am - 12:10 pm	Refreshment Break and Door Prize Drawings	Navarro B, Ballroom Level
1:10 pm - 1:30 pm	Refreshment Break and Door Prize Drawings	Navarro B, Ballroom Level
3:00 pm - 4:00 pm	Exhibits Teardown / Depart	Navarro B, Ballroom Level

Sunday, July 24

7:00 am - 1:00 pm	Registration	Navarro Pre-Function
7:45 am - 8:45 am	TSCAP Annual Business Meeting and Breakfast	
	Open to All Attendees	Navarro B, Ballroom Level
8:45 am - 12:30 pm	Scientific Program	Navarro A, Ballroom Level
10:15 am - 10:30 am	Refreshment Break	Navarro Pre-Function

“Navigating the Perils of Childhood”

SCIENTIFIC PROGRAM SCHEDULE

Saturday, July 23 (5 Hours Category I CME Credit Hours)

8:00 - 8:30 am Welcome & Opening Remarks
8:30 - 9:30 am KEYNOTE: Sexting, Cyberbullying and Adolescent Health
Jeff R. Temple, Ph.D.

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Identify internet risks for children and adolescents.

9:30 - 10:30 am Psychopharmacology's Role in the Management of Autism
Melissa S. DeFilippis, M.D.

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Describe current practice pharmacologic recommendations for child and adolescents with autism.

10:30 - 10:50 am Refreshment Break
10:50 - 11:50 am Substance Abuse in Children and Adolescents – Electronic Cigarettes, Synthetics, Spice, Hookah Pipes, Etc.
David L. Atkinson, M.D.

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Evaluate potential impact of newer agents of potential abuse on Children and Adolescents.

11:50 - 12:10 pm Refreshment Break
12:10 - 1:10 pm Resident Case Presentation and Faculty Discussant: Co-therapy with a Complex Adoptive Family
Adina Campbell, MD and William Lee, MD
Faculty: Brigitte Bailey, MD

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Understand the importance of obtaining an accurate family history to improve outcomes
- List two attributes to be effective co-therapists with complex families

1:10 - 1:30 pm Refreshment Break
1:30 - 2:30 pm Sex-Trafficking of Domestic Minors
Brigitte Bailey, M.D.
Connie Zajicek, M.D.

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Assess the impact and need for treatment of minors exposed to sex-trafficking.

2:30 - 2:45 pm Closing Remarks

Sunday, July 24 (3 Hours Category I CME Credit Hours)

8:45 - 9:15 am Welcome & Opening Remarks

9:15 - 10:15 am ETHICS: Overcoming Barriers to Implementation in Telepsychiatry
Moira Wertheimer, Esq., RN, CPHRM

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Recognize ethical, policy and legal considerations when using telepsychiatry with patients.
- Understand professional, boundary and safety and security considerations as well as general standard of care issues when using telepsychiatry.
- Explore risk management and liability exposures when using telepsychiatry and identify risk mitigation strategies.

10:15 - 10:30 am Refreshment Break

10:30 - 11:30 am ETHICS: Providing Quality of Care to Children: Meeting Your Professional Responsibilities in the Face of Pre-Authorizations and Formulary Changes
Emilie Attwell Becker, M.D.

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Meet their professional responsibilities in the face of pre-authorization and formulary changes and establish ways to provide the best care for their patients despite insurance limitations.

11:30 - 12:30 pm Making Add-On Psychotherapy Really Mean Something
Joseph Blader, Ph.D.

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Identify ways to utilize psychotherapy during medication appointments

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of the Texas Society of Psychiatric Physicians and the Texas Society of Child and Adolescent Psychiatry. The Texas Society of Psychiatric Physicians is accredited by TMA to provide continuing education for physicians.

CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of eight (8) *AMA PRA Category I Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ETHICS DESIGNATION STATEMENT

The presentation “ETHICS: Overcoming Barriers to Implementation in Telepsychiatry” and the presentation “ETHICS: Providing Quality of Care to Children: Meeting Your Professional Responsibilities in the Face of Pre-Authorizations and Formulary Changes” have been designated by the Texas Society of Psychiatric

Physicians for a total of two (2) credits of education in medical ethics and/or professional responsibility.

TARGET AUDIENCE/ PROGRAM OBJECTIVES

This live activity has been designed with didactic lectures supplemented with clinical vignettes, audiovisual presentations, direct discussion and case presentation and discussion in multiple educational sessions.

The program is designed to provide its' target audience of Child and Adolescent Psychiatrists, Adult Psychiatrists, Pediatricians and Primary Care Physicians with clinically relevant information to advance the physicians' competence and provide them with effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

NEEDS ASSESSMENT

TSCAP has incorporated into this CME activity the relevant educational needs concerning compe-

tence that underlie the professional practice gaps of the participants.

FACULTY AND PLANNERS DISCLOSURE POLICY

In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered to the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the education activity.

TSPP will disclose to learners the existence (or non-existence) of all relevant financial relationship(s) that the faculty and planners did (or did not) have with any commercial interest concerned with the content of the educational presentation.

Disclosure will occur prior to the presentation through written communication in the syllabus / handout materials.

“Navigating the Perils of Childhood”

ABOUT THE SPEAKERS

David L. Atkinson, M.D.

Assistant Professor
Department of Psychiatry
UT Southwestern Medical Center
Dallas, Texas

Melissa S. DeFilippis, M.D.

Assistant Professor
Department of Psychiatry
Director, Child and Adolescent Division
UTMB Health
Galveston, Texas

Brigitte Bailey, M.D.

Program Director Child and Adolescent Psychiatry
Associate Professor
UTHSCSA Department of Psychiatry
Child and Adolescent Division
Medical Director,
KCI Childrens Shelter Residential Treatment Center, SAT
Co-Director of Psychiatric Services, Texas Youth Commission, SAT
Medical Staff, The University Hospital Systems
Faculty Physician, The Child Guidance Center
San Antonio, Texas

William Lee, MD

Child and Adolescent Psychiatry Resident - 2nd Year
UTHSCSA
San Antonio, Texas

Jeff R. Temple, Ph.D

Associate Professor and Psychologist
Director, Behavioral Health and Research
Department of OB/Gyn
UTMB Health
Galveston, Texas

Emilie Attwell Becker, M.D.

Mental Health Medical Director
Texas Medicaid and CHIP Program
Austin, Texas

Moira Wertheimer, Esq., RN, CPHRM

Assistant Vice President
Psychiatric Risk Management Group
AWAC Services Company
Member Company of Allied World
President
Connecticut Society of Healthcare Risk Management
Farmington, Connecticut

Joseph Blader, Ph.D

Meadows Foundation & Semp Russ Professor of Child Psychiatry
Departments of Psychiatry and Pediatrics
University of Texas Health Science Center at San Antonio
San Antonio, Texas

Connie Zajicek, M.D.

Adina Campbell, MD

Child and Adolescent Psychiatry Resident - 2nd Year
UTHSCSA
San Antonio, Texas

Assistant Professor of Psychiatry
Department of Psychiatry and Behavioral Sciences
UT Health
Child and Adolescent Division
Medical Staff, Harris County Psychiatric Center
Houston, Texas



TSCAP Annual Convention & Scientific Program

"Navigating the Perils of Childhood"

July 22-24, 2016
Westin Riverwalk Hotel • San Antonio, Texas

MAIL... (pay by credit card or check)
Texas Society of Child and Adolescent Psychiatrists
 401 West 15th Street, Suite 675, Austin, TX 78701
 (The following options require credit card payment)
E-MAIL... TSCAPofc@aol.com
ONLINE... http://www.txpsych.org

REGISTRATION

NAME _____ DEGREE _____

MAILING ADDRESS _____ CITY _____ STATE _____ ZIP _____

TELEPHONE NUMBER _____ FAX NUMBER _____ E-MAIL _____

Name(s) of Guest(s) Attending _____

SCIENTIFIC PROGRAM REGISTRATION (Includes Scientific Program, B/W Syllabus, Saturday Lunch During Resident Case Presentation, Saturday & Sunday Refreshment Breaks).

After June 14

TSCAP Member Physician	\$215	_____
Non-Member Physician	\$270	_____
Spouse / Guest Claiming CME Credit	\$215	_____
Allied Health Professional / Spouse / Guest	\$200	_____
TSCAP Member Trainee	\$30	_____
Non-Member Trainee	\$50	_____
Medical Student	\$15	_____

SOCIAL EVENTS

Friday Welcome Reception
 Name(s) Attending Reception: _____

Sunday Membership Business Breakfast

TSCAP Member	\$20	_____
Non-Members/Guests/Spouse/Child	\$25	_____

Name(s) Attending Breakfast: _____

MEETING SYLLABUS ORDER

Color Printed Copy \$100 _____

Black & White Copy FREE _____

Vegetarian Plate Requested. No additional fee if requested prior to June 15, otherwise there will be an additional fee of \$15.00.

If you require any special assistance to fully participate in this conference, please contact TSCAP via e-mail tscapofc@aol.com or 512/478-0605.

TOTAL REGISTRATION

PAYMENT INFORMATION

Check in the Amount of \$ _____ *Make Checks Payable to Texas Society of Child and Adolescent Psychiatry*

Please Charge \$ _____ To My: VISA MasterCard American Express

Credit Card # _____ Expiration Date: _____

3 or 4 Digit Security Code on Back of Card on Right of Signature Panel _____

Name of Cardholder (as it appears on card) _____

Signature _____

ADDRESS WHERE YOU RECEIVE YOUR CREDIT CARD STATEMENT (include address, city, state, zip): _____

CANCELLATIONS – Deadline for cancellation is June 14, 2016. In the event of cancellation, a full refund will be made if written notice is received in the TSCAP office by June 14, 2016, less a 25% handling charge. **NO REFUNDS WILL BE GIVEN AFTER June 14, 2016.**