

# Texas Psychiatrist



## Prescribing Authority, Super-Utilizer’s Part of National Dialogue

Eric Woomer, Federation of Texas Psychiatry Public Policy Consultant



Eric Woomer

Remarkably, there are less than 200 days before the start of the next Texas Legislature, in January of 2017. The Federation is hard at work during the interim on a number of issues that affect the practice of psychiatry. Here are some updates on a few issues that are consuming our attention:

### NON-PHYSICIAN PRESCRIBING

Last month, Iowa became the fourth state to give psychologists permission to write prescriptions roughly 100 psychotropic drugs. In order to be eligible to write prescriptions, a candidate must have a PhD in Psychology, a Masters in Pharmacology and supervision by a psychiatrist or physician.

Lawmakers and supporters of this expansion of a psychologist’s role argue that expanding access to prescription medications will help improve access to mental health care. Opponents argue that medications used to treat mental health issues come with side effects that can affect physical health, so it is important that whoever is prescribing is licensed in the practice of medicine with the requisite training in biomedical science so they can address any unforeseen side effects.

“When does it become dangerous?” asks Dr. Joyce Vista-Wayne, president of the Iowa Psychiatric Society. “It becomes dangerous when you don’t know what you don’t know.”

Hawaii lawmakers are also looking to pass a bill that would allow psychologists to prescribe medication if they undergo 400 hours of training, supervision of 100 patients and passing an exam created by the American Psychological Association.

According to the Hawaii Department of Health, more residents die by suicide than in car accidents. More Hawaii residents die by suicide than in car accidents. A dearth of mental health resources compounds the problem. Advocates of the bill argue that by giving psychologists prescription rights that they can fill the gap in services, especially in rural areas.

Opponents, including the American Psychiatric Association and the Hawaii Medical Association say the bill would put Hawaii residents with mental illness at serious risk.

Psychologists prescribing legislation was also recently considered in Indiana and Ohio, and all indications are that it will soon be considered in Idaho, California, North Dakota, Kentucky, New York, New Jersey, Vermont and Texas.

The Texas Nurses Association is presently working on a bill to allow Advanced Practice Registered Nurses the authority to prescribe independently of a physician’s delegation and supervision. They cite a Texas economic study that suggests that the total impact of APRN full practice for Texas could be in excess of \$16 billion and add 97,000 new jobs to Texas. They point to lower reimbursements for APRNs, reduced educational expenses, and increased access to care as positive benefits.

In recent years, the Texas Board of Nursing has received an increasing number of complaints about APRNs in pain clinics prescribing medications to patients in dangerous combinations or in amounts that pose a greater risk of harm than help, according to the agency’s “self evaluation” report filed with the Texas Sunset Advisory Commission in September. In fiscal years 2014 and 2015, the state nursing board’s legal department fielded 44 non-therapeutic prescription complaints. This trend has significantly strained the nursing board’s resources to prosecute effectively, the report said.

### NALOXONE

In 2010, overdose on prescription opioids led to more deaths than overdose on heroin by a large margin (16,651 to 3,036). Naloxone can quickly reverse the symptoms of an opioid or heroin overdose and save a person’s life. This year, Walgreens announced that they will make naloxone (known as Narcan), available over the counter in Walgreens pharmacies in 35 states and Washington, D.C. Walgreens hopes to curb the number of opioid overdose related deaths by increasing access to the lifesaving drug.

Walgreens is also installing medication disposal kiosks in more than 500 drugstores in 39 states and Washington, D.C. The disposal kiosks will allow anyone to freely and conveniently dispose their unwanted, unused, or expired prescriptions, decreasing the risk of prescription drugs ending up in the hands of someone they were not intended for.

### SUPER-UTILIZERS

In Texas, law enforcement officers are typically the first to respond to a person in a psychiatric crisis, even in the case of a non-criminal incident. Often, these people are

brought into emergency care and if there are not enough beds at the medical facility then they re-routed to a local jail. Neither the emergency medical facility nor the jail has the capacity to treat chronic mental health conditions, leading to a situation where people in psychiatric stress are routinely not getting appropriate treatment.

The high rate of recidivism in this population of “super-utilizers” places a large financial and operational strain on medical and criminal justice systems. Currently, there is a severe lack of adequate, ongoing intensive treatment and housing options available to super-utilizers. In the absence of access to appropriate treatment, these band-aid fixes are the only options available to this population in times of psychiatric crises.

In 2013, 40,000 super-utilizers lived in the state of Texas. 22,000 of these people lived under the 200% federal poverty guideline. The Texas Medicaid 1115 Transformation and Quality Improvement Waiver helped Texas expand the behavioral and mental health services available under their Medicaid programs. Medicaid-eligible adults now have access to crisis intervention, medical training and support, skills training, case management and psychosocial rehabilitative services.

### OTHER STATE APPROACHES TO SUPER-UTILIZERS

*Washington:* Many states suspend or terminate a person’s Medicaid benefits when they go to jail, making it difficult to get access to care once they are released. Washington did a study to explore whether enrolling people with severe mental illness in Medicaid before their release from prison would increase their use of community mental health services and reduce recidivism. They found increases in use of general medical services and community mental health services, but no reduction in criminal recidivism.

*Georgia:* Many states, including Texas, are exploring alternative court systems, like drug courts and mental health courts, that incorporate treatment located in the community. Georgia is also focusing on re-entry and training programs for inmates to get job certifications before they are released. These approaches have led to two charter schools being able to go into prisons to help inmates get a high school diploma rather than a GED, expanded drug courts with a goal of reducing recidivism and re-classified lesser offenders as “Children in Need of Services.”

*Maryland:* Sinai Hospital flagged 318 high utilizers, and in response, piloted a

care-coordination program that included coordinated medical care over several months in addition to assistance with transportation and finding access to community resources. One year into the three-year pilot they’ve eliminated 1,000 emergency visits and earned back their investment.

*Florida:* Miami-Dade county has one of the nation’s largest ratio of people living with mental illness in an urban community, and a recent report determined that those found guilty of a crime typically stay in jail four to eight times longer than people without mental illness who committed the same offense. In response, the county launched the Criminal Mental Health Project (CMHP) - a program that diverts people with mental illness away from the criminal justice system and into treatments provided in their communities. Those who choose or who are ordered to enter the CMHP receive a mental health treatment plan, temporary housing and other public assistance ranging from Medicaid to supplemental income depending on their qualifications. They are also assigned a peer specialist to help guide them through the program. Recidivism rates for CMHP participants has dropped from 75 percent to 20 percent a year in the county.

### ELECTION RESULTS

The May 24th runoff in Texas proved rough for incumbents. Two House GOP incumbents – Doug Miller of New Braunfels and Wayne Smith of Baytown – lost to challengers. In the Texas Senate, we saw Rep. Bryan Hughes defeated his House colleague David Simpson in SD1 and Abilene state Rep. Susan King was defeated by ophthalmologist Dr. Dawn Buckingham in SD24.

The contest that drew the most attention nationwide was at the State Board of Education. Candidate Mary Lou Bruner became notorious for her allegations that President Obama had worked as a gay prostitute. After the news went viral she was handily defeated by Lufkin school board president Kevin Ellis.

Please let the Federation know if you have any questions, concerns or comments about these or other issues facing the Texas Legislature. ■

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# TSCAP Annual Convention & Scientific Program

## “Navigating the Perils of Childhood”

July 22-24, 2016 • Westin Riverwalk Hotel • San Antonio, Texas

### GENERAL INFORMATION

#### MEETING LOCATION

TSCAP’s Annual Convention and Scientific Program will be held at the Westin Riverwalk Hotel, recently honored as one of the World’s Best Places to Stay by Conde Nast Traveler’s acclaimed Gold List. Located at 420 W. Market Street, on the banks of the historic Riverwalk the Westin Riverwalk, San Antonio Hotel features an on-site restaurant, bar, coffee shop, Woodhouse Day Spa services, Westin WORKOUT® fitness center, and a full-service business center, and Westin’s Heavenly Bed® and Heavenly Bath® amenities in all of the luxurious guest rooms.

The Westin Riverwalk offers guests direct access to one of the most charming and beloved Texas destinations, the San Antonio Riverwalk. Whether you set out on foot or, by the water taxi that picks up outside of the hotel on the banks of the River, the hotel’s location overlooking the River Walk invites you to explore the myriad restaurants, shops and entertainment venues that line the banks of the San Antonio River as it winds through downtown.

Wander a bit further and you’ll discover rich sites of culture and the arts. Breathe in some Texas history at The Alamo and the Spanish Governor’s Palace, stroll through Market Square and La Villita, San Antonio’s historic arts village, or sip a cold microbrew at the Historic Pearl Brewery. The hotel is also within easy reach of the cutting-edge Blue Star Arts Complex.

Great family attractions, including the San Antonio Zoo and Six Flags Fiesta Texas, are just short trips from the hotel.

#### HOTEL RESERVATIONS

Special TSCAP discounted room rates are available to program registrants **BEFORE JUNE 14** or upon **sell-out**, whichever occurs first. Make your hotel reservation today by calling Central Reservations at 1-888-627-8396 or visit [www.txpsych.org](http://www.txpsych.org) and click on the following link in the TSCAP Program Information:

<https://www.starwoodmeeting.com/StarGroupsWeb/res?id=1601145389&key=DA495CE>

TSCAP discounted room rates:

\$185 Traditional King City Side /  
\$199 Traditional Double-Doubles City Side

\$210 King Deluxe Riverside /  
\$224 Deluxe Double-Doubles Riverside

Discounted valet parking available for TSCAP meeting registrants and guests July 20-24 at the rate of \$25.00, or a self-parking pay lot is available across from the hotel.

#### OPENING WELCOME RECEPTION WITH EXHIBITORS

Make plans to attend the complimentary festive Fiesta Welcome Reception with Exhibitors on Friday evening, 6:30 pm - 8:30 pm, Navarro B Room, Ballroom Level. Visit throughout the evening with your friends, colleagues and exhibitors in a fun-filled, relaxing atmosphere and complete your entry for the special door prize drawings to be awarded on Saturday!

#### EXHIBITS

TSCAP’s Welcome Reception, Continental Breakfasts and Refreshment Breaks, will be held in the Navarro B Room, Ballroom Level of the Westin Riverwalk Hotel. Exhibits will be open throughout the evening, Friday, and all day Saturday and provide you with information designed to enhance your practice and help improve the optimal delivery of medical care to your patients. In addition, there will be ‘job fair’ exhibitors who have employment opportunities for Psychiatrists in the State of Texas.

Welcome Reception – Friday - 6:30 - 8:30 pm  
Continental Breakfast – Saturday - 7:30 am - 8:00 am  
Refreshment Break and Door Prize Drawings  
Saturday - 10:30 am - 10:50 am  
Refreshment Break and Door Prize Drawings  
Saturday - 11:50 am - 12:10 pm  
Refreshment Break with Exhibitors and  
Door Prize Drawings – Saturday - 1:10 pm - 1:30 pm  
Exhibitors Tear Down and Depart  
Saturday - 3:00 pm - 4:00 pm

#### EXHIBITORS

**American Professional Agency, Inc.**  
**Jackson County Health & Human Services**  
**Meridell Achievement Center**  
**Professional Risk Management Services, Inc.**  
**San Marcos Treatment Center**  
**Texas Medicaid Wellness Program**  
**UTMB CMC**

#### ANNUAL MEETING BREAKFAST

The Annual TSCAP Business Meeting and Breakfast will be held Sunday, 7:45 am - 8:45 am in the Navarro B Room, Ballroom Level.

### PROGRAM AT A GLANCE

#### Friday, July 22

12:00 pm - 8:30 pm Registration ..... (Friday Only) Hotel Lobby  
1:00 pm - 5:30 pm Exhibit Set-Up ..... Navarro B, Ballroom Level  
4:00 pm - 5:30 pm TSCAP Executive Committee Meeting ..... Zapata - Ballroom Level  
6:30 pm - 8:30 pm Fiesta Welcome Reception with Exhibitors ..... Navarro B, Ballroom Level

#### Saturday, July 23

7:00 am - 4:30 pm Registration ..... (New Location) Navarro Pre-Function  
7:30 am - 8:00 am Continental Breakfast with Exhibitors ..... Navarro B, Ballroom Level  
8:00 am - 2:45 pm Scientific Program ..... Navarro A, Ballroom Level  
10:30 am - 10:50 am Refreshment Break and Door Prize Drawings ..... Navarro B, Ballroom Level  
11:50 am - 12:10 pm Refreshment Break and Door Prize Drawings ..... Navarro B, Ballroom Level  
1:10 pm - 1:30 pm Refreshment Break and Door Prize Drawings ..... Navarro B, Ballroom Level  
3:00 pm - 4:00 pm Exhibits Teardown / Depart ..... Navarro B, Ballroom Level

#### Sunday, July 24

7:00 am - 1:00 pm Registration ..... Navarro Pre-Function  
7:45 am - 8:45 am TSCAP Annual Business Meeting and Breakfast  
Open to All Attendees ..... Navarro B, Ballroom Level  
8:45 am - 12:30 pm Scientific Program ..... Navarro A, Ballroom Level  
10:15 am - 10:30 am Refreshment Break ..... Navarro Pre-Function



## TSCAP Annual Convention & Scientific Program

### “Navigating the Perils of Childhood”

July 22-24, 2016  
Westin Riverwalk Hotel • San Antonio, Texas

**MAIL...** (pay by credit card or check)  
**Texas Society of Child and Adolescent Psychiatrists**  
**401 West 15th Street, Suite 675, Austin, TX 78701**  
(The following options require credit card payment)  
**E-MAIL...** [TSCAPofc@aol.com](mailto:TSCAPofc@aol.com)  
**ONLINE...** <http://www.txpsych.org>

### REGISTRATION

NAME	DEGREE		
MAILING ADDRESS	CITY	STATE	ZIP
TELEPHONE NUMBER	FAX NUMBER	E-MAIL	

Name(s) of Guest(s) Attending \_\_\_\_\_

### SCIENTIFIC PROGRAM REGISTRATION

(Includes Scientific Program, B/W Syllabus, **Saturday Lunch During Resident Case Presentation**, Saturday & Sunday Refreshment Breaks).

	Before June 14	After June 14	
TSCAP Member Physician	\$195	\$215	_____
Non-Member Physician	\$250	\$270	_____
Spouse / Guest Claiming CME Credit	\$195	\$215	_____
Allied Health Professional / Spouse / Guest	\$180	\$200	_____
TSCAP Member Trainee	\$15	\$30	_____
Non-Member Trainee	\$25	\$50	_____
Medical Student	\$0	\$15	_____

### SOCIAL EVENTS

☐ **Friday Welcome Reception**

Name(s) Attending Reception: \_\_\_\_\_

☐ **Sunday Membership Business Breakfast**

TSCAP Member	\$15	\$20	_____
Non-Members/Guests/Spouse/Child	\$20	\$25	_____

Name(s) Attending Breakfast: \_\_\_\_\_

### MEETING SYLLABUS ORDER

<input type="checkbox"/> Color Printed Copy	\$75	\$100	_____
<input type="checkbox"/> Black & White Copy	FREE	FREE	_____

☐ **Vegetarian Plate Requested. No additional fee if requested prior to June 15, otherwise there will be an additional fee of \$15.00.**

If you require any special assistance to fully participate in this conference, please contact TSCAP via e-mail [tscapofc@aol.com](mailto:tscapofc@aol.com) or 512/478-0605.

**TOTAL REGISTRATION**

### PAYMENT INFORMATION

**Check** in the Amount of \$\_\_\_\_\_ Make Checks Payable to Texas Society of Child and Adolescent Psychiatry

Please Charge \$\_\_\_\_\_ To My: ☐ **VISA** ☐ **MasterCard** ☐ **American Express**

Credit Card # \_\_\_\_\_ Expiration Date: \_\_\_\_\_

3 Digit Code on Back of Card on Right of Signature Panel \_\_\_\_\_

Name of Cardholder (as it appears on card) \_\_\_\_\_

Signature \_\_\_\_\_

**ADDRESS WHERE YOU RECEIVE YOUR CREDIT CARD STATEMENT** (include address, city, state, zip): \_\_\_\_\_

**CANCELLATIONS – Deadline for cancellation is June 14, 2016. In the event of cancellation, a full refund will be made if written notice is received in the TSCAP office by June 14, 2016, less a 25% handling charge. NO REFUNDS WILL BE GIVEN AFTER June 14, 2016.**





# TSCAP Annual Convention & Scientific Program

## “Navigating the Perils of Childhood”

July 22-24, 2016 • Westin Riverwalk Hotel • San Antonio, Texas

### SCIENTIFIC PROGRAM SCHEDULE

#### Saturday, July 23 (5 Hours Category I CME Credit Hours)

8:00 - 8:30 am	<b>Welcome &amp; Opening Remarks</b>
8:30 - 9:30 am	<b>KEYNOTE: Sexting, Cyberbullying and Adolescent Health</b> Jeff R. Temple, Ph.D
<b>Objective:</b> The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none"><li>Identify internet risks for children and adolescents.</li></ul>	
9:30 - 10:30 am	<b>Psychopharmacology’s Role in the Management of Autism</b> Melissa S. DeFilippis, M.D.
<b>Objective:</b> The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none"><li>Describe current practice pharmacologic recommendations for child and adolescents with autism.</li></ul>	
10:30 - 10:50 am	<b>Refreshment Break</b>
10:50 - 11:50 am	<b>Substance Abuse in Children and Adolescents - Electronic Cigarettes, Synthetics, Spice, Hookah Pipes, Etc.</b> David L. Atkinson, M.D.
<b>Objective:</b> The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none"><li>Evaluate potential impact of newer agents of potential abuse on Children and Adolescents.</li></ul>	
11:50 - 12:10 pm	<b>Refreshment Break</b>
12:10 - 1:10 pm	<b>Resident Case Presentation and Faculty Discussant: Co-therapy with a Complex Adoptive Family</b> Adina Campbell, MD William Lee, MD Faculty: Brigitte Bailey, MD
1:10 - 1:30 pm	<b>Refreshment Break</b>
1:30 - 2:30 pm	<b>Sex-Trafficking of Domestic Minors</b> Brigitte Bailey, M.D. Connie Zajicek, M.D.
<b>Objective:</b> The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none"><li>Assess the impact and need for treatment of minors exposed to sex-trafficking.</li></ul>	
2:30 - 2:45 pm	<b>Closing Remarks</b>

#### Sunday, July 24 (3 Hours Category I CME Credit Hours)

8:45 - 9:15 am	<b>Welcome &amp; Opening Remarks</b>
9:15 - 10:15 am	<b>ETHICS: Overcoming Barriers to Implementation in Telepsychiatry</b> Moira Wertheimer, Esq., RN, CPHRM
<b>Objective:</b> The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none"><li>Recognize ethical, policy and legal considerations when using telepsychiatry with patients.</li><li>Understand professional, boundary and safety and security considerations as well as general standard of care issues when using telepsychiatry.</li><li>Explore risk management and liability exposures when using telepsychiatry and identify risk mitigation strategies.</li></ul>	
10:15 - 10:30 am	<b>Refreshment Break</b>
10:30 - 11:30 am	<b>ETHICS: Providing Quality of Care to Children: Meeting Your Professional Responsibilities in the Face of Pre-Authorizations and Formulary Changes</b> Emilie Attwell Becker, M.D.
<b>Objective:</b> The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none"><li>Meet their professional responsibilities in the face of pre-authorization and formulary changes and establish ways to provide the best care for their patients despite insurance limitations.</li></ul>	
11:30 - 12:30 pm	<b>Making Add-On Psychotherapy Really Mean Something</b> Joseph Blader, Ph.D Meadows Foundation & Semp Russ Professor of Child Psychiatry Departments of Psychiatry and Pediatrics University of Texas Health Science Center at San Antonio San Antonio, Texas
<b>Objective:</b> The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none"><li>Identify ways to utilize psychotherapy during medication appointments</li></ul>	

### ABOUT THE SPEAKERS

#### David L. Atkinson, M.D.

Assistant Professor  
Department of Psychiatry  
UT Southwestern Medical Center  
Dallas, Texas

#### Brigitte Bailey, M.D.

Program Director Child and Adolescent Psychiatry  
Associate Professor  
UTHSCSA Department of Psychiatry  
Child and Adolescent Division  
Medical Director,  
KCI Childrens Shelter Residential Treatment Center, SAT  
Co-Director of Psychiatric Services, Texas Youth Commission, SAT  
Medical Staff, The University Hospital Systems  
Faculty Physician, The Child Guidance Center  
San Antonio, Texas

#### Emilie Attwell Becker, M.D.

Mental Health Medical Director  
Texas Medicaid and CHIP Program  
Austin, Texas

#### Joseph Blader, Ph.D

Meadows Foundation & Semp Russ Professor of Child Psychiatry  
Departments of Psychiatry and Pediatrics  
University of Texas Health Science Center at San Antonio  
San Antonio, Texas

#### Adina Campbell, MD

Child and Adolescent Psychiatry Resident - 2nd Year  
UTHSCSA  
San Antonio, Texas

#### Melissa S. DeFilippis, M.D.

Assistant Professor  
Department of Psychiatry  
Director, Child and Adolescent Division  
UTMB Health – Galveston, Texas

#### William Lee, MD

Child and Adolescent Psychiatry Resident - 2nd Year  
UTHSCSA  
San Antonio, Texas

#### Jeff R. Temple, Ph.D

Associate Professor and Psychologist  
Director, Behavioral Health and Research  
Department of OB/Gyn  
UTMB Health – Galveston, Texas

#### Moira Wertheimer, Esq., RN, CPHRM

Assistant Vice President  
Psychiatric Risk Management Group  
AWAC Services Company  
Member Company of Allied World  
President  
Connecticut Society of Healthcare Risk Management  
Farmington, Connecticut

#### Connie Zajicek, M.D.

Assistant Professor of Psychiatry  
Department of Psychiatry and Behavioral Sciences  
UT Health  
Child and Adolescent Division  
Medical Staff, Harris County Psychiatric Center  
Houston, Texas

#### ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of the Texas Society of Psychiatric Physicians and the Texas Society of Child and Adolescent Psychiatry. The Texas Society of Psychiatric Physicians is accredited by TMA to provide continuing education for physicians.

#### CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of eight (8) AMA PRA Category I Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### ETHICS DESIGNATION STATEMENT

The presentation “ETHICS: Overcoming Barriers to Implementation in Telepsychiatry” and the presentation “ETHICS: Providing Quality of Care to Children: Meeting Your Professional Responsibilities in the Face of Pre- Authorizations and Formulary Changes have been designated by the Texas Society of Psychiatric Physicians for a total of two (2) credits of education in medical ethics and/or professional responsibility.

#### TARGET AUDIENCE/ PROGRAM OBJECTIVES

This live activity has been designed with didactic lectures supplemented with clinical vignettes, audiovisual presentations, direct discussion and case presentation and discussion in multiple educational sessions.

The program is designed to provide its’ target audience of Child and Adolescent Psychiatrists, Adult Psychiatrists, Pediatricians and Primary Care Physicians with clinically relevant information to advance the physicians’ competence and provide them with effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

#### NEEDS ASSESSMENT

TSCAP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of the participants.

#### FACULTY AND PLANNERS DISCLOSURE POLICY

In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered ot the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the education activity.

TSPP will disclosure to learners the existence (or non-existence) of all relevant financial relationship(s) that the faculty and planners did (or did not) have with any commercial interest concerned with the content of the educational presentation.

Disclosure will occur prior to the presentation through written communication in the syllabus / handout materials.





New TSPP President Daryl K. Knox, MD (left) receives the President's gavel from outgoing President, Daniel Pearson, III, MD

Outgoing President Daniel Pearson, III, MD (right) receives plaque in honor of his service as President from incoming President Daryl K. Knox, MD



Newly Installed Officers for 2016-17, President Daryl K. Knox, MD (left); President-Elect Terry McMahon, MD (center) and Immediate Past President Daniel Pearson, III, MD (right).

## New Officers Installed

At the conclusion of the May 6-8 TSPP/TAP Spring Meeting at the Renaissance Austin Hotel in Austin, four organizations of the Federation installed new officers for fiscal year 2016-17. Congratulations!

**Federation of Texas Psychiatry**  
Chairman - Debra Atkisson, MD, Fort Worth  
Vice Chairman for Education - Brigitte Y. Bailey, MD, San Antonio  
Vice Chairman for Public Policy - J. Clay Sawyer, MD, Waco  
Secretary-Treasurer - Lynda Parker, MD, Georgetown

**Texas Society of Psychiatric Physicians**  
President - Daryl K. Knox, MD, Houston  
President-Elect - Terry C. McMahon, MD, Lubbock  
Secretary-Treasurer - Benigno J. Fernandez, MD, San Antonio  
Immediate Past President - Daniel Pearson, III, MD, Dallas

**Texas Academy of Psychiatry**  
President - Lynda M. Parker, MD, Georgetown  
President-Elect - Stuart D. Crane, MD, Alpine  
Secretary-Treasurer - Debra Atkisson, MD, Fort Worth  
Immediate Past President - Gary L. Etter, MD, Fort Worth

**Texas Foundation for Psychiatric Education and Research**  
Chairman - J. Clay Sawyer, MD, Waco  
Vice Chairman - Richard L. Noel, MD, Houston  
Treasurer - Gary L. Etter, MD, Fort Worth

Secretary - Arturo Rios, MD, Houston  
Immediate Past Chairman - Linda J. Rhodes, MD, San Antonio

The **Texas Society of Child and Adolescent Psychiatry** will install their new Officers during the TSCAP Annual Convention, July 22-24, at the Westin Riverwalk Hotel in San Antonio.

## Congratulations!



Stephen V. Marcoux, MD, Captain, USAF, MC, TSPP Resident Fellow Member Section Chairman, was elected APA Area 5 RFM Deputy Representative

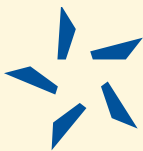
## Become a Fellow of the APA/TSPP

### Earn the FAPA Designation - Eligibility Requirements:

- Must be current APA/TSPP General Member or Life Member in Good Standing
- Certification by the ABPN, the Royal College of Physicians and Surgeons of Canada, or the American Osteopathic Association.
- 30 day review period for TSPP to offer comments about the Fellowship Candidate
- Approval by the APA Membership Committee in October
- Approval by the APA Board of Trustees in December
- Apply before September 1

For an application visit <https://www.psychiatry.org/join-apa/become-a-fellow>

### Not A Member Of Your State Medical Specialty Professional Society?



For membership in the **Texas Society of Psychiatric Physicians and American Psychiatric Association** Visit [www.psych.org](http://www.psych.org) to download a dual membership application or contact: [tspofc@aol.com](mailto:tspofc@aol.com)



**Texas Academy of Psychiatry** Visit [www.txpsych.org](http://www.txpsych.org) to download a membership application or contact [txpsychiatry@aol.com](mailto:txpsychiatry@aol.com)



For membership in the **Texas Society of Child and Adolescent Psychiatry and American Academy of Child and Adolescent Psychiatry** Visit [www.aacap.org](http://www.aacap.org) to download a dual membership application or Contact: [tscapofc@aol.com](mailto:tscapofc@aol.com)

## PSYCHIATRY-SPECIFIC COVERAGE

**PRMS®** psychiatry-specific medical professional liability insurance program protects you with an unrivaled network of services and a team of experts who understand your practice.



### PROTECTION

Rates and enhanced policy features designed for psychiatric risks.



### SUPPORT

Unparalleled risk management services and advice tailored to psychiatric issues and activities.



### DEFENSE

Expert litigation management by a defense panel with a proven track record in psychiatric litigation.

When selecting a partner to protect you and your practice, consider the program that puts psychiatrists first. **Contact us today.**

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Actual terms, coverages, conditions and exclusions may vary by state. Unlimited consent to settle does not extend to sexual misconduct.

Insurance coverage provided by Fair American Insurance and Reinsurance Company (NAIC 35157). FAIRCO is an authorized carrier in California, ID number 3175-7. [www.fairco.com](http://www.fairco.com)

In California, d/b/a Transatlantic Professional Risk Management and Insurance Services.





## TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

2 0 1 6

# 60<sup>TH</sup> ANNUAL CONVENTION AND SCIENTIFIC PROGRAM

November 11-13, 2016 • Marriott Quorum by the Galleria Hotel • Dallas-Addison, Texas

## GENERAL INFORMATION



### MEETING LOCATION / HOTEL RESERVATIONS

The TSPP 60th Anniversary Annual Convention & Scientific Program will be held at the newly renovated Addison Marriott Quorum hotel near the Dallas Galleria Shopping Center. The hotel is centrally located in the heart of Addison near premier restaurants, entertainment, & shopping. The hotel offers a complimentary shuttle to the Galleria every hour. A north Dallas landmark, the Addison, Texas hotel is close to the Village on the Parkway, Addison Circle Park, and Vitruvian Park. Designed to exceed your expectations, the hotel provides an array of amenities, world-class service and a fitness center. Relax and rejuvenate in the hotel's resort style outdoor pool and enjoy delicious dining in the on-site restaurant.

In addition to a significant reduction in the special guest room rate for TSPP Registrants, Attendees will receive:

- Complimentary internet in all meeting space
- Complimentary self-parking (\$15 per car, per night)
- Complimentary high speed internet access in all guestrooms (\$12.95 per room, per night)

A special TSPP discounted room rate of **\$119.00** is available to program registrants for reservations placed **before October 26, or upon sell-out**, whichever occurs first. **Make your hotel reservation today by calling 1-800-228-9290 or 972-661-2800 and request the "Texas Society of Psychiatric Physicians' Annual Convention rate."**

### MORE WAYS TO SAVE ON YOUR REGISTRATION FEES!

This year's CME program offers even more

#### SPECIAL 'FREE' CME SCIENTIFIC PROGRAM REGISTRATION OFFER FOR TSPP MEDICAL STUDENTS, RESIDENT-FELLOW (TRAINEE) MEMBERS AND TSCAP MEDICAL STUDENTS AND TRAINEE MEMBERS

TSPP is pleased to again offer the waiver of the Resident's CME Scientific Program registration fee **IF the resident member's Training Director, Associate or Assistant Program Director registers for the Scientific Program.** So all Trainees encourage your Training Director, Associate or Assistant Program Director to send in their registration form and then send in yours, with the name of your Training Director, Associate or Assistant Program Director noted, and then plan on attending the CME Scientific Program FREE!



## THE EVOLUTION of PSYCHIATRY

### Past Accomplishments and Future Endeavors

CME Category I Credit Hours! And, if you register early there are two dates for discounted registration rates available! Register using the Early Bird Registration Rate / Date, **BEFORE August 1** and receive the greatest savings! Or, register **BEFORE October 1** and receive a discount off of the regular registration fee, your choice of savings!

### RESIDENT / TRAINEES POSTER SESSION

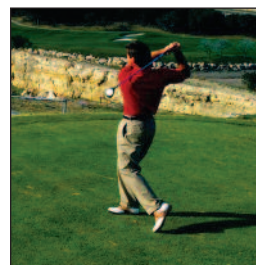
In order to familiarize Texas psychiatrists with the research efforts and achievements of their colleagues, the TSPP Continuing Medical Education Committee is soliciting scientific posters from TSPP and TSCAP Residents and Trainee Members.

The posters need not be especially made for this meeting. Posters presented at the APA or at other scientific meetings within the last year would be appropriate. TSPP's goal is to support collaborative interaction among the Texas researchers and also to familiarize the general membership about new advances made in the state. The deadline for poster applications is **October 15, 2017**. For a copy of the Poster Application Form, please visit [www.txpsych.org](http://www.txpsych.org) or contact [tsppofc@aol.com](mailto:tsppofc@aol.com).

### SPECIAL EVENTS

#### THURSDAY – GOLF OUTING:

For convention attendees, guests and golf enthusiasts arriving early, TSPP members are arranging a tee time for a group play. If you are interested in playing, please be sure to check the Golf Section box on the TSPP Registration Form and additional information will be emailed to you.



#### THURSDAY – NETWORKING / SOCIAL MIXER FOR TSPP RESIDENT-FELLOW MEMBERS:

The TSPP Resident-Fellow Members Section has arranged a special networking event for all TSPP, TSCAP and TAP medical students, residents and fellows in training on Thursday, 7:30-9:30 pm. To register for the Mixer, please complete the attached registration form.

**FRIDAY – "CAREER LIFESTYLE: LOCUM TENENS" PROGRAM – TEXAS ACADEMY OF PSYCHIATRY:** Exploring alternatives to practice, the Texas Academy of Psychiatry will conduct a complimentary program on **"Career Lifestyle: Locum Tenens"** for TAP

members on Friday. TAP Members, to register for this complimentary program and reserve your seat, to be held on Friday, 2:00-3:30 pm, please complete the registration form.

The program is **open to all TSPP and TSCAP members** and you may register for a nominal registration fee - see registration form. Or, if you are not a member of TAP, but are a member of TSPP or TSCAP, and would like to attend the program for free, you may join TAP as an Affiliate Member for \$25.00 and attend the program Free! For more information contact [txpsychiatry@aol.com](mailto:txpsychiatry@aol.com) or visit the Federation's website at [www.txpsych.org](http://www.txpsych.org)

#### FRIDAY – SPECIAL PROGRAMS FOR RESIDENTS – RESIDENT FELLOW SECTION PROGRAM AND ACADEMIC PSYCHIATRY PROGRAM FOR RESIDENTS ON "RESIDENT WELLNESS":

The TSPP Resident-Fellow Member Section has planned a special program for all TSPP/TAP/ TSCAP Medical Students and Resident Members on Consultation/ Liaison Psychiatry, Psychosomatic Medicine and Update on Mental Health Policy" from 1:30 pm–2:30 pm to be followed by a program by the Academic Psychiatry Committee on "Resident Wellness" from 2:40 pm – 3:30 pm. Register early and reserve your seat to attend these special programs.

#### UTMB DEPT OF PSYCHIATRY ALUMNI MEETING:

The UTMB Department of Psychiatry Alumni (formerly known as the Titus Harris Society) has scheduled a dinner on Friday 8:30 pm - 10:00 pm following the TSPP Welcome Reception.

For additional information and to register for the dinner, contact Maria Villarreal at 409-771-4713.

## DAILY SCHEDULE

### THURSDAY, NOVEMBER 10, 2016

12:00 Noon Golf Outing at Dallas Golf Course  
2:00 pm - 8:00 pm Registration Open  
7:30 pm - 9:30 pm TSPP Resident Fellow Member Networking/Social Mixer

### FRIDAY, NOVEMBER 11, 2016

7:30 am - 8:30 pm Registration Open  
8:00 am - 9:00 am Foundation Board of Directors Breakfast Meeting  
9:00 am - 5:00 pm Committee / Council Meetings  
9:00 am - 10:30 am **Council on Leadership**  
*Ethics, Distinguished Fellowship, Finance*  
10:45 am - 12:15 pm **Council on Service**  
*Academic Psychiatry, Children & Adolescents, Forensic Psychiatry, Public Mental Health Services*  
12:00 pm - 5:00 pm Exhibit AND Poster Session Set-Up  
12:15 pm - 1:30 pm Luncheon / Program  
1:30 pm - 2:00 pm Texas Academy of Psychiatry Board of Trustees  
1:30 pm - 3:30 pm TSPP Resident-Fellow Member (RFM) Section Program **"CONSULTATION/LIAISON PSYCHIATRY, PSYCHOSOMATIC MEDICINE"** and Academic Psychiatry Program for Residents **"RESIDENT WELLNESS"**  
2:00 pm - 3:30 pm **"CAREER LIFESTYLE / LOCUM TENENS"** Program  
Texas Academy of Psychiatry Members Complimentary, All Other Attendees \$25.00  
2:00 pm - 3:30 pm **Council on Education**  
*Continuing Medical Education, Professional Practice Management*  
3:45 pm - 5:00 pm **Council on Advocacy**  
*Government Affairs*  
5:30 pm - 6:30 pm Executive Council Meeting  
6:30 pm - 8:30 pm Welcome Reception with Exhibitors AND Poster Session

### SATURDAY, NOVEMBER 12, 2016

7:45 am - 8:15 am Complimentary Continental Breakfast in Exhibit Hall for Meeting Registrants  
7:30 am - 8:30 pm Registration Open  
7:30 am - 5:00 pm Exhibits Open AND Poster Session  
8:15 am - 5:00 pm **Scientific Program**  
**"EVOLUTION OF PSYCHIATRY – PAST ACCOMPLISHMENTS AND FUTURE ENDEAVORS"**  
10:30 am - 10:50 am Refreshment Break with Exhibitors AND Poster Session  
*Door Prize Drawings*  
11:50 am - 12:10 pm Break  
12:10 pm - 1:30 pm Lunch  
2:30 pm - 2:50 pm Refreshment Break with Exhibitors AND Poster Session  
*Door Prize Drawings*  
6:30 pm - 7:00 pm Reception for Awards Banquet Attendees  
7:00 pm - 9:00 pm Awards Banquet

### SUNDAY, NOVEMBER 13, 2016

8:00 am Complimentary Continental Breakfast for Meeting Registrants in Scientific Program Meeting Room  
8:15 am - 1:00 pm **Scientific Program**  
**"EVOLUTION OF PSYCHIATRY - PAST ACCOMPLISHMENTS AND FUTURE ENDEAVORS"**  
10:30 am - 10:45 am Refreshment Break  
1:15 pm - 2:45 pm Federation Delegate Assembly Meeting



SCIENTIFIC PROGRAM

“Evolution Of Psychiatry – Past Accomplishments And Future Endeavors”

SCIENTIFIC PROGRAM SCHEDULE

SATURDAY, NOVEMBER 12

SUNDAY, NOVEMBER 13

8:15 am-8:30 am	Opening Remarks
8:30 am-10:30 am	<b>EVOLUTION AND FUTURE DIRECTIONS IN PSYCHOPHARMACOLOGY AND TREATMENT OF ANXIETY DISORDERS</b> Speaker TBD  Professional practice gap: Psychopharmacology approaches to the treatment of anxiety disorders are rapidly evolving. The speaker will discuss current psychopharmacology treatment of anxiety disorders. The activity is designed to improve knowledge of evolving treatment approaches for anxiety disorders which are cost-effective and efficacious. Objectives: <ol style="list-style-type: none"><li>Describe the role of psychopharmacology in the treatment of anxiety disorders.</li><li>Discuss DSM-5 differential diagnostic criteria for diagnosing anxiety disorders.</li></ol>
10:30 am-10:50 am	Refreshment Break
10:50 am-11:50 am	<b>EVOLUTION AND FUTURE DIRECTIONS IN THE TREATMENT OF NEUROINFLAMMATION – AN UNDERLYING MECHANISM OF DEPRESSION</b> Marisa S. Toups, MD  Professional practice gap: Neuroinflammation is known to be an underlying mechaism of depression. According to the WHO depression is one of the most prevalent serious brain disorders and the primary cause of disability in the world. There is a gap in knowledge of the mechanisms involved in neuroinflammation and depression and the specific triggers involved to avoid in neuroinflammation. Cell mediated immune response, inflammatory and oxidative stress pathways and their sequelae play a role in the pathophysiology of depression. The activity is designed to change competence by educating participants on the mechanisms involved in neuroinflammation and depression and the specific triggers involved to avoid in neuroinflammation. Objectives: <ol style="list-style-type: none"><li>Describe the role and mechanism of inflammation and the relationship to depression.</li><li>Discuss the application of the knowledge of inflammation in the treatment of depression and the inflammatory triggers to avoid in the treatment of depression.</li></ol>
11:50 am-12:10 pm	Refreshment Break

12:10 pm-1:30 pm	Lunch
1:30 pm- 2:30 pm	<b>TEXAS RECOVERY TO PRACTICE IN PSYCHIATRY PROGRAM</b> Juan M. Zavala, MD  Professional practice gap: Psychiatric rehabilitation in the form of Recovery was developed as a means to address deficits in mental health services that focus mainly on pharmacological intervention. Recovery fosters independence by helping to develop skills for daily living, interpersonal interactions, education and employment in order to enhance a person's ability to live in the community successfully and to reach their full potential. Objectives: <ol style="list-style-type: none"><li>Describe the basic principles of Recovery.</li><li>Distinguish between a Recovery-oriented approach and a traditional approach to behavioral health care.</li><li>Recognize that Recovery principles can be used to deliver integrated treatment for multiple issues in a variety of settings and circumstances.</li></ol>
2:30 pm-2:50 pm	Refreshment Break
2:50 pm-4:50 pm	<b>EVOLUTION AND FUTURE DIRECTIONS OF PSYCHOPHARMACOLOGY &amp; NEWER MEDICAL MEDICATIONS/ DRUG INTERACTIONS</b> Speaker TBD  Professional practice gap: The professional practice gap being addressed is knowledge regarding potential drug-drug interactions between newly released psychotropic medications and commonly used medications in primary care settings. Polypharmacy may lead to adverse outcomes including increased morbidity and mortality, hospitalization, and decreased quality of life. The activity is designed to educate participants regarding common and potentially harmful medication interactions. Objectives: <ol style="list-style-type: none"><li>Identify common drug-drug interactions between recently released psychotropic medications and commonly used medications in primary care.</li><li>Describe presenting symptoms patient's experience with commonly seen psychotropic medication interactions.</li></ol>
4:50 pm-5:00 pm	Closing Remarks

8:15 am-8:30 am	Opening Remarks
8:30 am- 9:30 am	<b>BOTOX TREATMENT OF DEPRESSION</b> Michelle Magid, MD  Professional practice gap: Many of the traditional treatment approaches for depression are either ineffective or unacceptable for some patients. There have been a small number of studies indicating the use of botulinum toxin may be an alternative means of treatment for some depressed patients. Though larger studies are needed, the use of botulinum toxin is emerging as a potential treatment modality for patients with major depressive disorder. The activity is designed to educate participants regarding the current literature on the use of botulinum toxin for the treatment of depression. Objectives: <ol style="list-style-type: none"><li>Describe the somatic feedback loop hypothesized in the use of botulinum toxin for the treatment of depression.</li><li>Identify the current status of the use of botulinum toxin for the treatment of depression.</li></ol>
9:30 am-10:30 am	<b>EVOLUTION AND FUTURE DIRECTIONS IN THE PSYCHOPHARMACOLOGICAL TREATMENT OF PREGNANCY AND POSTPARTUM</b> Lucy J. Puryear, MD  Professional practice gap: This session addresses the risks and benefits of prescribing psychotropic medications during pregnancy. Recent literature has been conflicting at times regarding the relative safety of antidepressants during pregnancy and the potential outcomes for teratogenic effects and development. Other medications such as antipsychotics and mood stabilizers have differing levels of teratogenic effects and are often considered in the context of poorly controlled schizophrenia or bipolar illness in pregnancy. The activity is designed to enhance the knowledge of participants in the relative risks and benefits of psychotropic medication use in pregnancy, treatment alternatives, and the risk of uncontrolled psychosis and mood disorders. Objectives: <ol style="list-style-type: none"><li>Describe the relative risks and benefits of psychotropic medications in the first, second, and third trimesters of pregnancy.</li><li>Discuss alternative treatments of psychiatric disorders during pregnancy.</li></ol>
10:30 am -10:45 am	Refreshment Break
10:45 am-12:45 pm	<b>MENTAL HEALTH LITERACY AND WHY IT MATTERS</b> John Z. Sadler  Professional practice gap: Ethical practice and research in psychiatry continues to be challenging with emerging biotechnologies, funding challenges, and conflicting ethical principles. This presentation will discuss commonly encountered ethical challenges, prioritizing ethical principles, and how and when to seek ethics consultation in practice and research. The activity is designed to improve the knowledge of participants regarding commonly encountered conflicting ethical principles and how to seek ethical consultation when needed. Objectives: <ol style="list-style-type: none"><li>Describe the common ethical principles encountered in research and practice and how these principles may be in conflict with one another.</li><li>Identify sources of ethical consultation and when to seek consultation.</li></ol>
12:45 pm-1:00 pm	Closing Remarks

ACCREDITATION

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of ten (10) *AMA PRA Category I Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The presentation entitled “Mental Health Literacy and Why It Matters” has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

SCIENTIFIC PROGRAM GOALS / TARGET AUDIENCE / LEARNING OBJECTIVES

This live activity has been designed in a format consisting of case study presentations, lectures and direct discussion to provide its primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice.

Information and data will address, new developments in treatments and new directions in research to address the professional practice gaps of the learners and advance the physicians' competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

The learning objectives for this activity have been designed to address clinician competence.

NEEDS ASSESSMENT

TSPP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of our participants.

FACULTY AND STAFF DISCLOSURE POLICY

The Texas Society of Psychiatric Physicians will disclose to participants the existence of any relevant financial relationships between faculty members, TSPP staff and members, who planned, authored, contributed to, and/or reviewed the content of this activity, and any commercial interest discussed in this educational activity. Disclosure will occur through written communication in the syllabus / handout material.

ABOUT THE SPEAKERS

**MICHELLE MAGID, MD**  
Volunteer Faculty, Psychiatry Residency Program  
Clinical Associate Professor  
UT Texas A&M Health Science Center  
Adult Psychiatry & Psychotherapy  
Austin, TX

**LUCY J. PURYEAR, MD**  
Medical Director  
The Womens Place – Center for Reproductive Psychiatry  
Co-Director, The Menopause Center at Texas Children’s Pavilion for Women  
Maureen Hackett Endowed Chair for Reproductive Psychiatry  
Associate Professor of Obstetrics and Gynecology  
Baylor College of Medicine  
Associate Professor of Psychiatry, Menninger Department of Psychiatry  
Baylor College of Medicine  
Houston, TX

**JOHN Z. SADLER, MD**  
Daniel W. Foster, MD Professorship in Medical Ethics  
Department of Psychiatry, Department of Clinical Science  
UT Southwestern Medical Center  
Dallas, TX

**MARISA S. TOUPS, MD**  
Assistant Professor  
UT Southwestern Medical Center  
Dallas, TX

**JUAN M. ZAVALA, MD**  
Assistant Professor  
Texas Tech University Health Sciences Center at El Paso  
Psychiatrist, San Antonio, TX



TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

2 0 1 6

60<sup>TH</sup> ANNUAL CONVENTION AND SCIENTIFIC PROGRAM

November 11-13, 2016 • Marriott Quorum by the Galleria Hotel • Dallas-Addison, Texas

AWARDS

AWARDS RECEPTION / BANQUET

Saturday evening’s festivities begin with a complimentary wine and cheese reception for registrants attending the Awards Banquet honoring the 2016 TSPP Award Recipients for their outstanding contribution to Psychiatry. Register early to reserve a table for your friends at this memorable evening! This year’s honorees are:

**DISTINGUISHED SERVICE**  
Patrick Holden, MD (Posthumously)  
San Antonio

**PSYCHIATRIC EXCELLENCE**  
Carol S. North, MD  
Dallas

**SPECIAL SERVICE**  
The Honorable Charles Schwertner, MD  
Georgetown

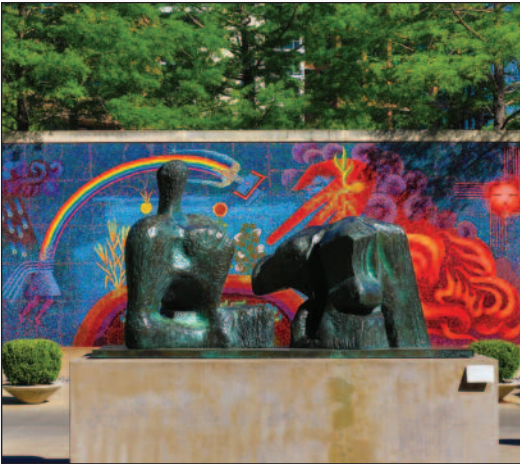
**DR. SPENCER BAYLES  
OUTSTANDING TSPP MEMBER AWARD**

This award named in memory of Dr. Spencer Bayles was established in 2010 to recognize members for outstanding and consistent participation in TSPP activities. The award will be presented during TSPP’s Annual Business Luncheon on Saturday, November 12 so please plan to attend and thank your fellow colleague for his outstanding volunteer service. This year’s recipients are:

**Katherine A. Cowan, MD**  
Houston

**Jordan Yee, MD**  
Fort Worth

**DAVID PHARIS AWARD**  
The David Pharis Award will be presented by the Department of State Health Services and TSPP to recognize significant contributions to safety and quality inpatient care and outcomes in State Hospitals.  
This year’s award will be presented during TSPP’s Annual Business Luncheon on Saturday, November 12. Please attend and express your appreciation to the organization selected for this degree of excellence.



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TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS  
60<sup>TH</sup> ANNUAL CONVENTION & SCIENTIFIC PROGRAM

November 11-13, 2016 • Marriott Quorum by the Galleria Hotel, Dallas-Addison, Texas

Please complete this form and return it with your check, money order or credit card information for your registration and event fees to the Texas Society of Psychiatric Physicians, 401 West 15th Street, Suite 675, Austin, Texas 78701 by October 1 to receive the discounted registration fee. Registration forms and payments by credit card may be faxed to TSPP at 512/478-5223.

NAME \_\_\_\_\_ E-MAIL \_\_\_\_\_

**Please check if you are a:**    ☐ APA Fellow    ☐ APA Distinguished Fellow    ☐ APA Life Fellow    ☐ APA Distinguished Life Fellow

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_ PHONE \_\_\_\_\_

NAME(S) GUEST(S) ATTENDING (for name badges) \_\_\_\_\_

REGISTRATION FEES

Indicate the **NUMBER** of individuals who are registered for each event in the appropriate enrollment category listed below. Please note the enrollment fees are **PER PERSON** and your payment should reflect the proper fee for the number of individuals registered per event.

NUMBER ATTENDING EVENT	EARLY BIRD BEFORE 8/1	ADVANCE BEFORE 10/1	AFTER 10/1
<b>Golf Outing - Thursday</b>			
# <input type="checkbox"/> Please Send Me Additional Information.			
<b>Medical Student/Resident Mixer - Thursday</b>			
# <input type="checkbox"/> No Charge			
<b>Lunch - Friday</b>			
# <input type="checkbox"/> Lunch	\$20	\$20	\$25
<b>Resident Section Program / Academic Psychiatry Program for Residents - Friday</b>			
# <input type="checkbox"/> Consultation/Liaison Psychiatry, Psychosomatic Medicine and Update on Mental Health Policy	No Chg	No Chg	No Chg
# <input type="checkbox"/> Resident Wellness	No Chg	No Chg	No Chg
<b>Texas Academy of Psychiatry Program - Friday</b>			
# <input type="checkbox"/> Career Lifestyle: Locum Tenens TAP Member	No Chg	No Chg	No Chg
Non TAP Member	\$25	\$25	\$25
<b>Reception w/ Exhibitors - Friday</b>			
# <input type="checkbox"/> NOT Registered or Scientific Program	\$40	\$40	\$50
# <input type="checkbox"/> Registered for Scientific Program	No Chg	No Chg	No Chg
<b>Lunch - Saturday</b>			
# <input type="checkbox"/> TSPP / ACADEMY / TSCAP Member	\$25	\$25	\$35
# <input type="checkbox"/> TSPP / ACADEMY / TSCAP Trainee Member	\$15	\$15	\$20
# <input type="checkbox"/> TSPP / ACADEMY / TSCAP Non-Member	\$35	\$35	\$45
# <input type="checkbox"/> TSPP / ACADEMY / TSCAP Trainee Non-Member	\$25	\$25	\$35
# <input type="checkbox"/> Guest	\$25	\$25	\$35
<b>Awards Banquet and Gala - Saturday</b>			
# <input type="checkbox"/> Awards Banquet	\$45	\$45	\$65
# <input type="checkbox"/> Reserved Table for 10*	\$400	\$400	\$600

\* Name(s) for Reserved Table: \_\_\_\_\_

NUMBER ATTENDING EVENT	EARLY BIRD BEFORE 8/1	ADVANCE BEFORE 10/1	AFTER 10/1
<b>SCIENTIFIC PROGRAM - Saturday and Sunday</b>			
# <input type="checkbox"/> TSPP / ACADEMY / TSCAP Member	\$215	\$245	\$275
# <input type="checkbox"/> Non-Member Physician	\$265	\$295	\$325
# <input type="checkbox"/> TSPP / ACADEMY / TSCAP Trainee Member	\$25	\$35	\$35
**If your Training Director, Associate or Assistant Program Director registers for the Scientific Program, your Scientific Program Fee is \$0.00. Enter your Director's name below if they have registered for the Scientific Program:			
# <input type="checkbox"/> Non-Member RFM (Trainee)	\$35	\$50	\$50
# <input type="checkbox"/> Medical Students	\$0	\$15	\$15
<b>Medical Students and Resident Members:</b> If you present a poster, your registration fee for the Scientific Program AND Saturday Lunch is waived.			
# <input type="checkbox"/> Allied Health Professional	\$105	\$130	\$155
# <input type="checkbox"/> Spouse / Guest (No CME Credit)	\$95	\$120	\$145
<b>CME Meeting Syllabus Order</b>			
# <input type="checkbox"/> CME Meeting Syllabus In Black/White	\$25	\$35	\$45
# <input type="checkbox"/> CME Meeting Syllabus In Color	\$70	\$95	\$125
NOTE: All CME program registrants will receive at No Additional Charge a black and white printed copy of the speakers' presentation. Due to the higher cost of color copying. If you wish to receive the syllabus in color you may purchase a color copy of the speakers' syllabus by checking the box and including the additional charge. The color copy will be provided to you upon check-in the day of the program.			
<input type="checkbox"/> <b>Vegetarian Plate Requested. No additional fee if requested prior to 10/1, otherwise there will be an additional fee of \$15.00</b>			
If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605.			
<b>TOTAL REGISTRATION FEE</b>	<b>\$</b> <span style="border: 1px solid black; padding: 5px; display: inline-block; width: 150px; height: 20px;"></span>		

To register by telephone there will be a \$7.50 convenience fee charged. To avoid this charge, you may fax (512-478-5223), scan and email (tsppofc@aol.com or mail to: TSPP, 401 West 15th Street, Suite #675, Austin, TX 78701 your registration form and payment.

METHOD OF PAYMENT:

☐ Check in the Amount of \$ \_\_\_\_\_ Make Checks Payable to Texas Society of Psychiatric Physicians  
Please Charge \$ \_\_\_\_\_ To My:    ☐ VISA    ☐ MasterCard    ☐ American Express  
Credit Card # \_\_\_\_\_ Expiration Date: \_\_\_\_\_  
3 Digit Code on Back of Card on Right of Signature Panel \_\_\_\_\_  
Name of Cardholder (as it appears on card) \_\_\_\_\_  
Signature \_\_\_\_\_  
ADDRESS WHERE YOU RECEIVE YOUR CREDIT CARD STATEMENT (include address, city, state, zip): \_\_\_\_\_

CANCELLATION POLICY: In the event of cancellation, a full refund will be made if written notice is received in the TSPP office by April 18, 2016, less a 25% processing charge. NO REFUNDS will be given after April 18, 2016



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The TEXAS PSYCHIATRIST is published 5 times a year in February, April, June, August, and October. Members of Federation member organizations are encouraged to submit articles for possible publication. Deadline for submitting copy to the Federation Executive Office is the first day of the publication month. Copy must be edited, acceptable for publication.

Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

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Debbie Sundberg

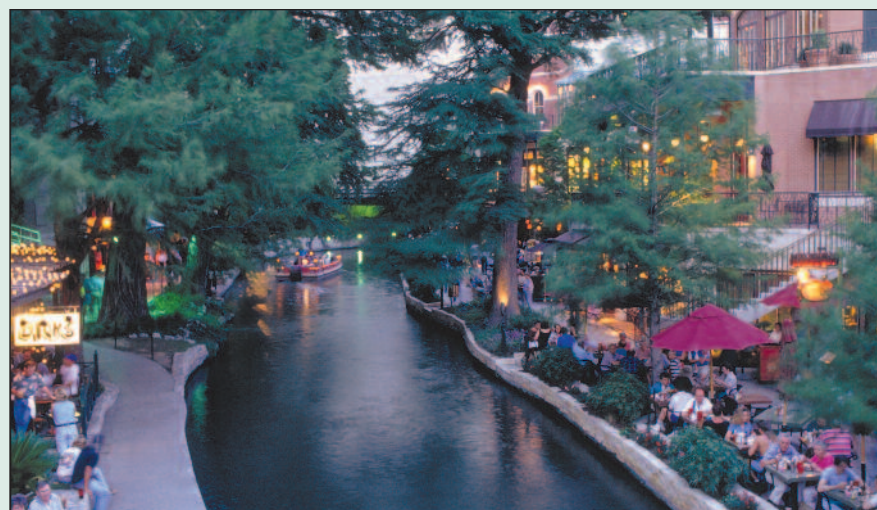
**Federation of Texas Psychiatry**  
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Austin, Texas 78701  
(512) 478-0605/(512) 478-5223 (FAX)  
[TxPsychiatry@aol.com](mailto:TxPsychiatry@aol.com) (E-mail)  
<http://www.txpsych.org> (website)

**Federation of Texas Psychiatry**  
401 West 15th Street, Suite 675  
Austin, Texas 78701

## JOB BANK

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation's **JOB BANK** on its website at [www.txpsych.org](http://www.txpsych.org). The Federation's **JOB BANK** could be just what you have been looking for.

## CALENDAR OF MEETINGS



### JULY

- 22-24 Texas Society of Child and Adolescent Psychiatry Annual Convention and CME Program**  
Westin Riverwalk Hotel, 420 West Market Street, San Antonio  
Reservations: 888-627-8396 Prior to June 14  
Room Rate: \$185 Traditional King City Side / \$199 Traditional Double Double City Side  
\$270 King Deluxe Riverside / \$224 Deluxe Double Double Riverside  
For Additional Information: [www.txpsych.org](http://www.txpsych.org) or email [tscapofc@aol.com](mailto:tscapofc@aol.com)

### NOVEMBER

- 11-13 Texas Society of Psychiatric Physicians 60th Annual Convention and CME Program**  
Dallas/Addison Marriott Quorum by the Galleria Hotel, 14901 Dallas Parkway, Dallas  
Reservations: 800-228-9290 or 972-661-2800 Prior to October 26  
Room Rate \$119  
For Additional Information: [www.txpsych.org](http://www.txpsych.org) or email [tsppofc@aol.com](mailto:tsppofc@aol.com)