Texas Psychiatrist



Foster Care Agency Reorganization Drives Mental Health Dialogue

Eric Woomer, Federation of Texas Psychiatry Public Policy Consultant

s usual, there continues to be significant activity surrounding mental health issues at the Texas Legislature. Here is a brief list of noteworthy topics that the Federation of Texas Psychiatry is tracking on behalf of the state's psychiatrists.

Last December, a federal judge found Texas' long-term foster care system unconstitutional and ordered a series of reforms. In March, two special masters were appointed to oversee the state's progress in implementing ordered changes. Also in March, the Department of Family & Protective Services Commissioner John Specia announced he would retire from the agency on May 31.

Specia, who has led the agency since late 2012, is a former family law judge and attorney who worked in cases related to foster care. In April, Gov. Greg Abbott appointed Hank Whitman, a former chief of the Texas Rangers, a state law enforcement agency, to replace Specia as the DFPS's new commissioner. The move suggests that Gov. Abbott sees a greater role for a law-enforcement perspective in managing the Texas foster care system and the other functions of DFPS.

News outlets reported that Texas foster care youth stayed an extra 768 days in psychiatric facilities partly because of the state's lack of placement homes for children. In 2009, the number of extra days spent was 10. A lack of capacity is "part of the problem," said a TxDFPS spokeswoman, saying that a child having mental health issues may go "into a psychiatric hospital and gets the help the child needs and it's time for the child to be released, and then we have no placement to place that child. The bottom line is we need more foster homes."

DFPS also issued the 2016 iteration of Psychotropic Medication Utilization Parameters for Children and Youth in Foster Care. These parameters are designed to provide physicians with the simplicity and flexibility needed in the pre-authorization approval process for treating young people in foster care with psychiatric issues.

A chart prepared by DFPS demonstrated

continued declines in the percentage of children in Texas foster care taking psychotropic medications for more than 60 days, class polypharmacy or taking five or more medications. Since 2004, these categories have seen reductions of 48%, 74% and 74%, respectively.

In April, members of the Texas Health and Human Services Transition Oversight Committee met to hear invited testimony and monitor progress of the state's health agency overhaul, approved by the Legislature in 2015. Key lawmakers pushed back on agency reorganization plans proposed by HHSC Commissioner Chris Traylor. Particularly, legislators were concerned about a potential division between Medicaid/CHIP eligibility and community services and the need for an integrated, one-stop entry point for clients.

Members of the Federation expressed apprehension about the proposed organizational charts that separates in-patient & community-based mental health services into separate silos, as well as had undefined roles for the medical directors of the various health care entities. HHSC was asked by lawmakers to return to the drawing board to modify their proposals.

Just recently, the Center for Medicaid and Medicare Services issued a new rule to promote parity in mental health services for Medicaid and CHIP recipients. The new standard requires states and plans ensure recipients have access to the same mental health and substance use disorder benefit and protections as private plans no later than 18 months after March 30th, 2016. The new coverage directive is expected to cost \$1 billion in federal and state funds and serve \$23 million Medicaid beneficiaries and 880,000 children receiving CHIP services.

In March, a new law signed by New

Mexico Governor Susana Martinez is meant to provider greater liability protection for Texas doctors treating New Mexico patients. The law assures Texas doctors they will be able to protect themselves through insurance from potential lawsuits from New Mexico patients. Recent litigation had undermined that certainty.

The House Select Committee on Mental Health continues to hold periodic hearings covering a full range of mental health issues. State mental health investment is a challenge to review because it is so broad, covering more than a dozen policy areas (including education, workforce, insurance, public health and criminal justice) and billions in state dollars.

According to Chairman Four Price, the Committee's challenge is to think about not only what's being spent, but also how to spend that money better, and what metrics might be used to signify quality. The priority issues the Committee is considering include workforce shortfalls and access issues, insurance parity, treatment of the veteran and homeless populations, and how the Texas public school systems recognize and address mental health issues.

Dr. Bill Streusand testified before the Select Committee in March about mental healthcare access, observing that with "eight thousand child psychiatrists but 15 million children who need us - the math will never work out." Dr. Streusand discussed the difficulties in treating mental illness outside of an integrated care setting because mental health was intrinsically related to physical health and development, adding, "it's like a symphony orchestra is substituting different instruments and different players while performing at the same time - that's how complex the brain is."

Discussing his frustration with insurance concerns you may have companies and bureaucratic red tape as the activities on your behalf.



Eric Woomer

main reasons he stopped taking private insurance, Dr. Streusand said that "wrestling with an insurance company for compensation" was a waste of time that could be spent on treatment and also avoided compelled prescriptions as well as treatment schedules which may not meet patient needs.

In 2016, changes to gun statutes have diminished the ability for state mental health hospitals to prohibit guns on their premises. The Federation has engaged more than a dozen key lawmakers and stakeholders, including statewide legislative leadership and gun rights advocates, to find a method to restore the ability of state hospitals to prohibit gun possession in restricted areas through signage and other means. Those discussions have been largely positive, and the Federation is committed to working with interested parties to pass needed legislation in 2017.

For a full list of election information, as well as a summary of recent committee hearings and calendar of upcoming legislative events, please visit my website, www.eric-woomer.com. As always, it is my pleasure to serve the Federation of Texas Psychiatry as your legislative consultant. Feel free to contact the Federation with any questions or concerns you may have about our legislative activities on your behalf.



Calendar8
Academy Spring Recruitment Drive $\dots 2$
Organized Psychiatry In Texas3
TSCAP Annual Convention and Scientific Program
TSPP May Meetings and Scientific Program





Spring Recruitment Drive

Advocates for Patients and Quality Psychiatric Care

Help Strengthen the Voice of Psychiatry in Texas!

Complete and return your membership application with your membership dues during the months of April/May and you will receive special Member Discounted rates for registration at the Texas Society of Psychiatric Physicians and Texas Academy of Psychiatry Joint Providership Continuing Medical Education Program May 7, 2016 at the Renaissance Austin Hotel in the Arboreum and the Texas Society of Psychiatric Physicians 60th Annual Convention November 11-13, 2016 at the Marriott Dallas/Addison Marriott Quorum by the Galleria. In addition, TAP members will receive FREE registration at the special Texas Academy of Psychiatry Workshop cheduled for November 11 in Dallas.

Membership is available to physicians with a current medical license without restrictions and who have a residency training certificate from an approved psychiatric residency program. Classes of membership include: Member-in-Training, General Member, Fellow (8 years of membership and/or recognized by APA as a Fellow or Distringuished Fellow), Retired Member, and Associate Member (a member in good standing with TSPP). All classs of members shall have voting privileges.

DUES

The Board of Directors establishes annual dues for its members. Current dues structure is as follows:

Member in Training	\$50.00
General Member\$	395.00
Fellow\$	395.00
Retired Member\$	150.00
Associate Member / TSPP/	
APA Member in Good Standing	\$25.00

The Academy is governed by a Board of Trustees. The Board for **FY 2015-16 includes:**

President

Gary Etter, MD, Fort Worth

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Texas Academy of Psychiatry

The Texas Academy of Psychiatry was established in 2004 to provide psychiatrists with a choice of membership in organized psychiatry without a requirement of a dual membership in a national organization.

The purposes and objectives of the Academy are:

- A. to promote the common professional interests of its members;
- B. to improve the treatment, rehabilitation, and care of the mentally ill, the mentally retarded, and the emotionally disturbed;
- C. to advance the standards of all psychiatric services and facilities;
- D. to promote research, professional education in psychiatry and allied fields, and the prevention of psychiatric disabilities;
- E. to foster the cooperation of all who are concerned with the medical, psychological, social and legal aspects of mental health and illness;
- F. to make psychiatric knowledge available to other practitioners of medicine, to scientists, and to the public;
- G. to promote the best interests of patients and those actually or potentially making use of mental health services;
- H. to coordinate and work in concert with other state professional psychiatric associations on joint public and professional education projects and public policy advocacy; and,
- I. to advocate for its members.



TEXAS ACADEMY OF PSYCHIATRY

401 West 15th Street, Suite 675, Austin, Texas 78701 Tele: 512/478-0605; Fax: 512/478-5223; Email: TXPsychiatry@aol.com

MEMBERSHIP APPLICATION

I am applying for membership in the Texas Academy of Psychiatry (Academy), as follows:

☐ Member-in-Training: I am a physician in a psychiatric residency training program approved by the Residency Review Committee for Psychiatry of the Accreditation Council for Graduate Medical Education, the Royal College of Physicians and Surgeons of Canada or the American Osteopathic Association. Annual Dues: \$30 first year, \$50.00 thereafter.

General Membership: I am a physician who has completed acceptable psychiatry training (as approved by the Residency
Review Committee for Psychiatry of the Accreditation Council for Graduate Medical Education or the American Osteopathic
Association) and I have a valid license to practice medicine or I have an academic, research or governmental position that does
not require licensure. Annual Dues: \$250 first year, \$395.00 thereafter.

D Fellow: I am a physician	who has received the designation of Fellow or Distinguished Fellow	from the American Psy	ychiatric
Association (APA). Year _	. Annual Dues: \$250 first year, \$395.00 thereafter.		
☐ Retired : I am a physician	who has fully retired from the practice of medicine. Year	. Annual Dues: \$95	first

year, \$150.00 thereafter.

☐ Associate Membership: I am a physician who is currently a member in good standing with the Texas Society of Psychiatric Physicians (TSPP), a District Branch of the American Psychiatric Association. Annual Dues: \$25.00.

CONTACT INFORMATION

Last Name	First Name	Middle Initial	Suffix	Degree
Mailing Address	City		State	Zip
Γelephone ()	Fax ()	Email		
3. LICENSURE and TRA	Gender □ Female □ Ma AINING dicine in Texas by the Texas Mea		Other	
☐ I completed a residency tra	ining program in Psychiatry on _	at		
Signature		Date		

Please return this application along with your dues payment to: TAP, 401 West 15th Street, Suite 675, Austin, TX 78701

Organized Psychiatry In Texas Description Of Organizations

FEDERATION OF TEXAS PSYCHIATRY (Federation)

A Texas non-profit corporation incorporated on July 1, 2004. It is an organization whose purpose is to unite and serve all Texas psychiatric organizations and to encourage membership in TSPP, the Academy and other psychiatric organizations. The Federation offers association management services to member organization.

organizations. The Federation offers association management services to member organizations, such as TSPP, the Academy, TSCAP and the Foundation, administered by the Federation's two employees. The Federation is independently governed by a Delegate Assembly composed of representatives of its member organizations. Currently, member organizations of the Federation include the Texas Society of Psychiatric Physicians, the Texas Academy of Psychiatry, the Texas Foundation for Psychiatric Education and Research, the Texas Society of Child and Adolescent Psychiatry, the Texas Osteopathic Medical Association and the Texas Medical Association. The Federation's member organizations represent over 40,000 physicians in Texas.

Officers FY 2015-2016:

Chairman – Debra Atkisson, MD, Fort Worth

Vice Chairman for Education – Brigitte Y. Bailey, MD, San Antonio

Vice Chairman for Public Policy – J. Clay Sawyer, MD, Waco

Secretary-Treasurer – Lynda M. Parker, MD, Georgetown

Immediate Past Chairman – Regina K. Cavanaugh, MD, Belton



A Texas non-profit corporation established in May 1956 and incorporated on March 18, 1963. It is a professional membership organization for physicians who practice psychiatry in the State of Texas. TSPP is a District Branch of the American Psychiatric Association, a national professional membership organization. TSPP is independently governed by an Executive Council composed of members of the organization. TSPP has approximately 1,200 members and receives its association management services from the Federation. TSPP is recognized by the Internal Revenue Service as a 501 (c)(6) organization.

Officers FY 2015-2016:

President

Daniel B. Pearson, III, MD, Dallas

President-Elect

Daryl K. Knox, MD, Houston

Secretary-Treasurer Terry C. McMahon, MD, Lubbock

Immediate Past President Mark S. Jacobs, MD, Houston

TEXAS SOCIETY OF CHILD AND ADOLESCENT PSYCHIATRY (TSCAP)



A Texas non-profit corporation established in October 1966 and incorporated in 1967. It is a professional membership organization for physicians who practice psychiatry in the State of Texas and who are dedicated to the care and treatment of mental illnesses in children and adolescents. TSCAP is a Regional Council of the American Academy of Child and Adolescent Psychiatry, a national professional membership organization. TSCAP is independently governed by an Executive Committee elected by members of the organization. TSCAP has approximately 500 members and receives its association management services from the Federation. TSCAP is recognized by the Internal Revenue Service as a 501 (c)(6) organization.

Officers FY 2015-2016:

President – Jodie Trello-Rishell, MD, Dallas

President-Elect -

Brigitte Y. Bailey, MD, San Antonio

Secretary/Treasurer -

Nakia G. Scott, MD, Georgetwon

Immediate Past President – Dawnelle Schatte, MD, Houston

TEXAS FOUNDATION FOR PSYCHIATRIC EDUCATION AND RESEARCH (Foundation)



Texas non-profit corporation incorporated on December 10, 1991. The Foundation was organized exclusively for charitable, educational and research purposes and is recognized by the Internal Revenue Service as a 501 (c)(3) organization.

The Foundation is independently governed by a Board of Directors and has approximately 1,240 members. The Foundation receives its management services from the Federation.

Officers FY 2015-2016:

Chairman -

J. Clay Sawyer, MD, Waco

Vice Chairman -

Richard L. Noel, MD, Houston

Treasurer – Gary Etter, MD, Fort Worth

Secretary – Arturo Rios, MD, Houston

Immed Boot Chairman, Linda L Bhodos

Immed. Past Chairman – Linda J. Rhodes, MD, San Antonio

> For More Information Federation of Texas Psychiatry 401 West 15th Street, Suite 675, Austin, Texas 78701

Not A Member Of Your State Medical Specialty Professional Society?

JOIN YOUR COLLEAGUES TODAY!

For membership in the

Texas Society of Psychiatric Physicians and American Psychiatric Association

Visit www.psych.org to download a dual membership application or Contact: www.tsppofc@aol.com

For membership in the

Texas Society of Child and Adolescent Psychiatry and American Academy of Child and Adolescent Psychiatry

Visit www.aacap.org to download a dual membership application or Contact: www.tscapofc@aol.com

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WE PROTECT YOU

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Our knowledgeable in-house risk managers have handled over 57,000 issues since 1997 on our helpline. WE DEFEND YOU

We have managed over 22,000
psychiatric claims – more than any

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PRMS has been dedicated to psychiatry for almost three decades. As a trusted partner to the profession, we are the largest provider of psychiatric professional liability insurance in the U.S. with an impressive 95% client retention rate.



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In California, d/b/a Transatlantic Professional Risk Management and Insurance Services

Texas Society of Psychiatric Physicians & Texas Academy of Psychiatry Spring Committee Meetings, Continuing Medical Education Program

"The Epidemic of Opioid and Alcohol Use Disorders in America Today: What You Need to Know to Understand, Identify, Assess and Treat (or Refer for Treatment) These Problems in Your Patients"

May 6-8, 2016 • Renaissance Austin Hotel at the Arboretum • Austin, Texas

egister early and plan to attend the 2016 committee meetings and Joint Provider Spring CME Program of the Texas Society of Psychiatric Physicians and the Texas Academy of Psychiatry on May 6-8 at the Renaissance Austin Hotel at the Arboretum, 9721 Arboretum Blvd., Austin, TX 78759.



MEETING LOCATION / INFORMATION

Located in Northwest Austin, the 4 Star Renaissance Austin Hotel is adjacent to the Arboretum at Great Hills, an upscale shopping center full of boutiques, galleries and restaurants all in a peaceful park-like setting with fountains and picnic areas. In addition, the hotel offers complimentary self-parking and is only minutes away from The Domain Shopping Center.

Take advantage of recreational opportunities offered, including an indoor pool, sauna and an outdoor pool.

MEETING HIGHLIGHTS

- TSPP & TAP Joint Provider Spring CME Program (5 Hours of Category I CME Credit) with 1 of the Hours Designated for Medical Ethics
- TSPP Committee Meetings Open to all Members, including Residents and Fellows in Training
- Networking with Colleagues from Around the State of Texas
- · Exhibits that offer Business Practice Tools and **Employment Opportunities**
- TSPP Government Affairs Committee & Luncheon Program
- Complimentary Refreshment Breakfast & Reception
- TSPP Executive Council Meeting and Installation of Officers for 2016-17

Complimentary refreshments and snacks will be provided in the Ballroom B Foyer of the Renaissance Austin Hotel for registered attendees. Exhibits will be open throughout the day Saturday to provide you with information designed to enhance your practice and improve the optimal delivery of medical care to your patients. In addition there will be 'job fair' exhibitors who have employment opportunities for Psychiatrists in the State of Texas.

EXHIBITORS PARTICIPATING TO DATE

American Professional Agency, Inc. Cedar Crest Hospital & RTC Correctional Managed Health Care – TTUHSC Cross Creek Hospital Genomind, Inc. McLean Hospital Professional Risk Management Services, Inc. Springstone Hospitals The Doctors Company UTMB CMC

HOTEL RESERVATIONS

TSPP has negotiated a small block of rooms with a discounted room rate of \$159. To take advantage of this rate, visit the Federation of Texas Psychiatry's website at www.txpsych.org and click on the URL link included in the announcement/information for the TSPP/TAP meeting https://resweb.passkey.com/ Resweb.do?mode=welcome_gi_new& groupID=54238277.

Or, telephone the toll free reservation number 800-468-3571 PRIOR TO April 18 and ask for the group name Texas Society of Psychiatric Physicians for reservations at the Renaissance Austin Hotel at the Arboretum. Discounted room rates are available until April 18, or upon sell-out, whichever occurs first.

	PROGRAM	2 C H F	DULE
FRIDAY, MAY 6 5:00 pm - 9:00 pm 6:00 pm - 7:30 pm	Registration	1:10 pm - 2:25 pm	Council on Education MeetingsBallroom B (Continuing Medical Education) 2:25 pm - 2:30 pm - Overview Report on Meetings
7:30 pm - 9:00 pm	Federation Delegate Assembly MtgBosque Room	1:10 pm - 2:25 pm	Professional Practice Management CmteFrio
7:30 pm - 10:30 pm	Resident-Fellow Member in Training Mixer TBD	1:10 pm - 2:30 pm	Resident Fellow Member in Training Section Concho
SATURDAY, MAY		2:30 pm - 8:20 pm	CME SCIENTIFIC PROGRAM: The Epidemic of Opioid and Alcohol Use Disorders in America
7:00 am - 9:00 pm	RegistrationLobby Registration		Today: What you need to know to understand,
7:00 am - 9:30 am	Exhibits Set-Up		identify, assess and treat (or refer for treatment)
7:30 am - 8:45 am	Foundation Board of Directors Breakfast Meeting	2:30 pm - 3:30 pm	these problems in your patients. Risk Management Considerations When
8:00 am - 9:50 am	Continental Breakfast	2.30 pm - 3.30 pm	Treating Opioid and Alcohol Use Disorders
8:30 am - 9:45 am	Council on Leadership Meetings		in Your Patients
	(Ethics, Distinguished Fellowship, Finance)		Moira Wertheimer, Esq., RN, CPHRM
	9:45 am - 9:50 am - Overview Report on Meetings	3:35 pm - 3:55 pm	Refreshment Break / Visit with Exhibitors and
8:30 am - 10:30 am	Meeting Space Contingency for OverflowConcho	4.00 nm 6.00 nm	Door Prize Drawings
9:30 am - 6:30 pm	Exhibits Open	4:00 pm - 6:00 pm	Panel on Opioid Use DisordersBallroom B Carlos Tirado, MD, MPH, FABAM, Moderator & Panelist
9:50 am - 10:10 am	Refreshment Break / Visit with Exhibitors and Door Prize Drawings		Bryon Adinoff, MD, Panelist; Alison R. Jones, MD, Panelist; William M. Loving, MD, Panelist
10:00 am - 12:00 pm	Meeting Space Contingency for OverflowConcho	6:00 pm - 6:20 pm	Refreshment Break
10:10 am - 11:35 am	Council on Service Meetings	6:20 pm	Dinner
	(Academic Psychiatry, Child and Adolescent Psychiatry, Forensic Psychiatry, Public Mental Health Services)	6:20 pm - 8:20 pm	Panel on Alcohol Use DisordersBallroom B
	11:35 am - 11:40 am - Overview Report on Meetings		Bryon Adinoff, MD, Moderator and Panelist
10:35 am - 12:00 pm	Professional Practice Management CmteFrio		Alison R. Jones, MD, Panelist; William M. Loving, MD, Panelist
	Refreshment Break / Visit with Exhibitors and		Carlos Tirado, MD, MPH, FABAM, Panelist
	Door Prize Drawings	SUNDAY, MAY 8	
12:10 pm - 1:10 pm	Council on Advocacy/Lunch Program Wedgwood Room	9:00 am - 11:00 am	Executive Council MeetingWedgwood Room
1:10 pm - 2:10 pm	Texas Academy of Psychiatry		Continental Breakfast and
	Board of Directors Meeting		Installation of Officers for 2016-17



Texas Society of Psychiatric Physicians and Texas Academy of Psychiatry

Spring Committee Meetings, Cantinuing Madical Education Program

... (pay by credit card or check) Texas Society of Psychiatric Physicians 401 West 15th Street, Suite 675, Austin, TX 78701 (The following options require credit card payment)

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Academy of Psychiatry	May 6-8, 2016	• Reno	iissance	Austin	Hot	el c	it the	e Aı	bo
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Academy of Psychiatry May 6-8, 2016 • Renaissance Austin Hotel at the	e Arboretum • Austin, Te	ONLINE http	orc@aoi.com ://www.txpsych.org
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REGISTRATION	Before April 18	After April 18	
LUNCH	\$20.00	\$25.00	
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☐ CME PROGRAM , AND DINNER SPP / ACADEMY / TSCAP Member	\$125.00	\$155.00	
IS OR RESIDENT-FELLOW IN TRAINING / TSPP ACADEMY / TSCAP MEMBER	\$123.00	\$25.00**	
ION-MEMBER PHYSICIAN	\$155.00	\$185.00	
ION-MEMBER RESIDENT-FELLOW PHYSICIAN	\$25.00	\$35.00	
LLIED HEALTH PROFESSIONAL	\$100.00	\$125.00	
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☐ Meeting Syllabus in Color	\$50.00	\$75.00	
Meeting Syllabus in Black & White	No Charge	No Charge	
☐ RESIDENT/FELLOW SECTION PROGRAM	No Charge	No Charge	
Vegetarian Plate Requested. No additional fee if requested prior to April 18 othe	rwise there will be an additional	fee of \$15.00	
If you require any special assistance to fully participate in			
If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605.			
To register by telephone there will be a \$7.50 convenience fee charged.	. To avoid this charge, you		
may fax (512-478-5223), scan and email (tsppofc@aol.com or mail t	to: TSPP, 401 West 15th	Total Deviatoration France	
Street, Suite #675, Austin, TX 78701 your registration form	n and payment.	Total Registration Fees	
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Name of Cardholder (as it appears on card)			
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ADDRESS WHERE YOU RECEIVE YOUR CREDIT CARD STATEMENT (include add			

CANCELLATION POLICY: In the event of cancellation, a full refund will be made if written notice is received in the TSPP office by April 18, 2016, less a 25% processing charge. NO REFUNDS will be given after April 18, 2016

TEXAS PSYCHIATRIST APRIL/MAY 2016 4

Texas Society of Psychiatric Physicians and Texas Academy of Psychiatry Spring Committee Meetings and Joint Provider Scientific Program

"The Epidemic of Opioid and Alcohol Use Disorders in America Today: What You Need to Know to Understand, Identify, Assess and Treat (or Refer for Treatment) These Problems in Your Patients"

SCIENTIFIC PROGRAM SCHEDULE

Saturday, May 7 (5 Hours Category 1 Credit)

2:30 pm - 3:30 pm ETHICS: Risk Management Considerations When Treating Opioid and Alcohol Use

Moira Wertheimer, Esq., RN, CPHRM

Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of this presentation participants should be able to:

- Recognize ethical, policy and legal considerations when treating patients with opioid abuse and alcohol use disorders.
- Explore risk management and liability exposures when treating this patient population and identify risk mitigation strategies.

 $3:\!35\ pm-3:\!55\ pm\ \ Refreshment\ Break\ /\ Visit\ with\ Exhibitors$

Carlos Tirado, MD, MPH, FABAM, Moderator and Panelist Bryon Adinoff, MD, Panelist Alison R. Jones, MD, Panelist William M. Loving, MD, Panelist

Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of this presentation participants should be able to:

- Identify patients with opioid abuse / dependence.
- · Identify patients at risk for opioid overdose.
- Identify medications useful in the treatment of addictions and demonstrate knowledge of potential improved outcomes of using these medications for addictions.
- Appropriately prescribe antidotes for opioid overdose for use at home, or other non-medical settings, if necessary.
- Appropriately refer patients for needed treatment of opioid abuse/ dependence and alcohol
 use disorders.

Bryon Adinoff, MD, Moderator and Panelist Alison R. Jones, MD, Panelist William M. Loving, MD, Panelist Carlos Tirado, MD, MPH, FABAM, Panelist

Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of this presentation participants should be able to:

- Identify patients with alcohol use disorders.
- Identify medications useful in the treatment of addictions and demonstrate knowledge of potential improved outcomes of using these medications for addictions.
- Appropriately refer patients for needed treatment of alcohol use disorders.

CME PROGRAM GOAL/TARGET AUDIENCE

This live activity has been designed in a lecture format with case examples and panel format followed by an interactive audience question and answer period to provide its' primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice.

The information and data presented will address the professional practice gaps of the learners and advance the physician's competence and improve their knowledge of potential pharmacotherapies for the treatment of addictions; recognize ethical, policy and legal considerations in their practice; explore risk management and liability exposures with patients and identify risk mitigation strategies in order to promote the best interests of their patients, and foster cooperation of all who are concerned with mental health and treatment so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

NEEDS ASSESSMENT

TSPP identified professional practice gaps in medical literature and incorporated this into the CME activity to address the relevant educational needs concerning competence that underlie the professional practice gaps of the participants.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of the Texas Society of Psychiatric Physicians and the Texas Academy of Psychiatry. The Texas Society of Psychiatric Physicians is accredited by TMA to provide continuing medical education for physicians.

CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of five (5) AMA PRA Category I $Credits^{\bowtie}$. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ETHICS DESIGNATION STATEMENT

The presentation "Risk Management Considerations When Treating Opioid and Alcohol Use Disorders in Your Patients" has been designated by the Texas Society of Psychiatric Physicians for one (1) credit of education in medical ethics and/or professional responsibility.

FACULTY AND PLANNERS DISCLOSURE POLICY

In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered to the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the education activity.

TSPP will disclosure to learners the existence (or non-existence) of all relevant financial relationship(s) that the faculty and planners did (or did not) have with any commercial interest concerned with the content of the educational presentation.

Disclosure will occur prior to the presentation through written communication in the syllabus / handout materials.

ABOUT THE SPEAKERS

BRYON ADINOFF, MD

Professor and Distinguished Professorship in Drug and Alcohol Abuse Research

Department of Psychiatry

University of Texas Southwestern Medical Center

Dallas, Texas

Chief of the Division on Addictions

University of Texas Southwestern Medical Center

Dallas, Texas

Staff Psychiatrist

VA North Texas Health Care System

Dallas, Texas

ALISON R. JONES, MD

Staff Psychiatrist

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Medical Director

Texas Star Recovery Program Private Practice, Psychiatry

Austin, Texas

Professor Texas A&M Health Science Center College of Medicine Bryan, Texas

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Consultant in Pharmaceutical Medicine
US World Meds

Medical Director and Director of Clinical Innovation,

The Right Step - Hill Country

Board Member and Chair of Clinical Advisory Panel

SIMS Foundation

Advisory Board Member

CareFlash

Assistant Professor

University of Texas Southwestern Medical Center

Austin, Texas

Program Consulting

The Betty Ford Foundation, Seton Family of Hospitals, Behavioral Health Group, Austin Community Care Collaborative and Travis County Austin, Texas

MOIRA WERTHEIMER, ESQ., RN, CPHRM

Assistant Vice President
Psychiatric Risk Management Group
AWAC Services Company
Member Company of Allied World
Farmington, Connecticut

President Connecticut Society of Healthcare Risk Managers



TSCAP Annual Convention & Scientific Program "Navigating the Perils of Childhood"

July 22-24, 2016 • Westin Riverwalk Hotel • San Antonio, Texas

GENERAL INFORMATION

MEETING LOCATION

TSCAP's Annual Convention and Scientific Program will be held at the Westin Riverwalk Hotel, recently honored as one of the World's Best Places to Stay by Conde Nast Traveler's acclaimed Gold List. Located at 420 W. Market Street, on the banks of the historic Riverwalk the Westin Riverwalk, San Antonio Hotel features an on-site restaurant, bar, coffee shop, Woodhouse Day Spa services, WestinWORKOUT® fitness center, and a full-service business center, as well as Westin's Heavenly Bed® and Heavenly Bath® amenities in all of the luxurious guest rooms.

The Westin Riverwalk offers guests direct access to one of the most charming and beloved Texas destinations, the San Antonio Riverwalk. Whether you set out on foot or, by the water taxi that picks up outside of the hotel on the banks of the River, the hotel's location overlooking the River Walk invites you to explore the myriad restaurants, shops and entertainment venues that line the banks of the San Antonio River as it winds through downtown.

Wander a bit further and you'll discover rich sites of culture and the arts. Breathe in some Texas history at The Alamo and the Spanish Governor's Palace, stroll through Market Square and La Villita, San Antonio's historic arts village, or sip a cold microbrew at the Historic Pearl Brewery. The hotel is also within easy reach of the cuttingedge Blue Star Arts Complex.

Great family attractions, including the San Antonio Zoo and Six Flags Fiesta Texas, are just short trips from the hotel.

HOTEL RESERVATIONS

Special TSCAP discounted room rates are available to program registrants **BEFORE JUNE 14 or upon** sell-out, whichever occurs first. Make your hotel reservation today by calling Central Reservations at 1-888-627-8396 or visit www.txpsych.org and click on the following link in the TSCAP Program Information:

https://www.starwoodmeeting.com/StarGroups Web/res?id=1601145389&key=DA495CE

TSCAP discounted room rates: \$185 Traditional King City Side / \$199 Traditional Double-Doubles City Side \$210 King Deluxe Riverside / \$224 Deluxe Double-Doubles Riverside

Discounted valet parking available for TSCAP meeting registrants and guests July 20-24 at the rate of \$25.00, or a self-parking pay lot is available across from the hotel.

OPENING WELCOME RECEPTION

WITH EXHIBITORS

Make plans to attend the complimentary festive Fiesta Welcome Reception with Exhibitors on Friday evening, 6:30 pm - 8:30 pm, Navarro B Room, Ballroom Level. Visit throughout the evening with your friends, colleagues and exhibitors in a fun-filled, relaxing atmosphere and complete your entry for the special door prize drawings to be awarded on Saturday!

TSCAP's Welcome Reception, Continental Breakfasts and Refreshment Breaks, will be held in the Navarro B Room, Ballroom Level of the Westin Riverwalk Hotel. Exhibits will be open throughout the evening, Friday, and all day Saturday and provide you with information designed to enhance your practice and help improve the optimal delivery of medical care to your patients. In addition, there will be 'job fair' exhibitors who have employment opportunities for Psychiatrists in the State of Texas.

> Welcome Reception Friday - 6:30 - 8:30 pm

Continental Breakfast Saturday - 7:30 am - 8:00 am

Refreshment Break and Door Prize Drawings Saturday - 10:30 am - 10:50 am

Refreshment Break and Door Prize Drawings Saturday - 11:50 am - 12:10 pm

> Refreshment Break with Exhibitors and Door Prize Drawings Saturday - 1:10 pm - 1:30 pm

Exhibitors Tear Down and Depart Saturday - 3:00 pm - 4:00 pm

ANNUAL MEETING BREAKFAST

The Annual TSCAP Business Meeting and Breakfast will be held Sunday, 7:45 am - 8:45 am in the Navarro B Room, Ballroom Level.

	PROGRAM AT A GLANCE
Friday, July 22 12:00 pm - 8:30 pm 1:00 pm - 5:30 pm 4:00 pm - 5:30 pm 6:30 pm - 8:30 pm	Registration
Saturday, July 23	
7:00 am - 4:30 pm	Registration (New Location) Navarro Pre-Function
7:30 am - 8:00 am	Continental Breakfast with Exhibitors
8:00 am - 2:45 pm	Scientific Program
	Program Refreshments Located in Exhibit Hall, Navarro B
10:30 am - 10:50 am	Refreshment Break and Door Prize Drawings
11:50 am - 12:10 pm	Refreshment Break and Door Prize Drawings
1:10 pm - 1:30 pm	Refreshment Break and Door Prize Drawings
3:00 pm - 4:00 pm	Exhibits Teardown / Depart
Sunday, July 24	
7:00 am - 1:00 pm	Registration
7:45 am - 8:45 am	TSCAP Annual Business Meeting and Breakfast
	Open to All Attendees
8:45 am - 12:30 pm	Scientific Program
10:15 am - 10:30 am	Refreshment Break



TSCAP Annual Convention & Scientific Program

"Navigating the Perils of Childhood" July 22-24, 2016

Westin Riverwalk Hotel • San Antonio, Texas

••• (pay by credit card or check) Texas Society of Child and Adolescent Psychiatrists 401 West 15th Street, Suite 675, Austin, TX 78701 (The following options require credit card payment) ... TSCAPofc@aol.com E... http://www.txpsych.org

REGISTRATION				
IAME		DEGREE		
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CIENTIFIC PROGRAM REGISTRATION (In	ncludes Scientific Program, B/W aturday & Sunday Refreshment E	Syllabus, Saturday Lunch During R Breaks).	tesident Case Presen	tation,
	Before June 14	After June 14		
SCAP Member Physician	\$195	\$215		
on-Member Physician	\$250	\$270		
pouse / Guest Claiming CME Credit	\$195	\$215		
llied Health Professional / Spouse / Guest	\$180	\$200		
SCAP Member Trainee	\$15	\$30		
on-Member Trainee	\$25	\$50		
Medical Student	\$0	\$15		
SOCIAL EVENTS				
☐ Friday Welcome Reception				
Name(s) Attending Reception:				
Sunday Membership Business Breakfast				
TSCAP Member	\$15	\$20		
Non-Members/Guests/Spouse/Child	\$20	\$25		······································
Name(s) Attending Breakfast:	•			
MEETING SYLLABUS ORDER				
☐ Color Printed Copy	\$75	\$100		
☐ Black & White Copy	FREE	FREE		
☐ Vegetarian Plate Requested. No additional fee if requested prio	orto June 15, otherwise there will	be an additional fee of \$15.00.		
If you require any special assistance to fully participate in this coplease contact TSCAP via e-mail tscapofc@aol.com or 512/478-		TOTAL REGISTRATION		
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CANCELLATIONS - Deadline for cancellation is June 14, 2016. In the event of cancellation, a full refund will be made if written notice is received in the TSCAP office by June 14, 2016, less a 25% handling charge.

NO REFUNDS WILL BE GIVEN AFTER June 14, 2016.



TSCAP Annual Convention & Scientific Program "Navigating the Perils of Childhood"

July 22-24, 2016 • Westin Riverwalk Hotel • San Antonio, Texas

SCIENTIFIC PROGRAM SCHEDULE

Saturday, July 23 (5 Hours Category I CME Credit Hours)

8:00 - 8:30 am Welcome & Opening Remarks
8:30 - 9:30 am KEYNOTE: Sexting, Cyberbullying and Adolescent Health
Jeff R. Temple, Ph.D

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

• Identify internet risks for children and adolescents.

9:30 - 10:30 am Psychopharmacology's Role in the Management of Autism Melissa S. DeFilippis, M.D.

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

 Describe current practice pharmacologic recommendations for child and adolescents with autism.

10:30 - 10:50 am Refreshment Break

10:50 - 11:50 am Substance Abuse in Children and Adolescents -

Electronic Cigarettes, Synthetics, Spice, Hookah Pipes, Etc.

David L. Atkinson, M.D.

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

 Evaluate potential impact of newer agents of potential abuse on Children and Adolescents.

11:50 - 12:10 pm Refreshment Break

12:10 - 1:10 pm Resident Case Presentation and Faculty Discussant:

Co-therapy with a Complex Adoptive Family

Adina Campbell, MD William Lee, MD Faculty: Brigitte Bailey, MD

1:10 - 1:30 pm Refreshment Break

1:30 - 2:30 pm Sex-Trafficking of Domestic Minors

Brigitte Bailey, M.D. Connie Zajicek, M.D.

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

cian competence. Upon conclusion of the activity participants should be able to:

Assess the impact and need for treatment of minors exposed to sex-trafficking.

2:30 - 2:45 pm Closing Remarks

Sunday, July 24 (3 Hours Category I CME Credit Hours)

8:45 - 9:15 am Welcome & Opening Remarks

9:15 - 10:15 am ETHICS: Overcoming Barriers to Implementation in Telepsychiatry

Moira Wertheimer, Esq., RN, CPHRM

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Recognize ethical, policy and legal considerations when using telepsychiatry with patients.
- Understand professional, boundary and safety and security considerations as well as general standard of care issues when using telepsychiatry.
- Explore risk management and liability exposures when using telepsychiatry and identify risk mitigation strategies.

10:15 - 10:30 am Refreshment Break

10:30 - 11:30 pm

ETHICS: Providing Quality of Care to Children: Meeting Your Professional Responsibilities in the Face of Pre-Authorizations and Formulary Changes

Emilie Attwell Becker, M.D.

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

Meet their professional responsibilities in the face of pre-authorization and formulary changes and establish ways to provide the best care for their patients despite insurance limitations.

11:30 - 12:30 pm

Making Add-On Psychotherapy Really Mean Something

Joseph Blader, Ph.D Meadows Foundation & Semp Russ Professor of Child Psychiatry Departments of Psychiatry and Pediatrics University of Texas Health Science Center at San Antonio San Antonio, Texas

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be

Identify ways to utilize psychotherapy during medication appointments

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of the Texas Society of Psychiatric Physicians and the Texas Society of Child and Adolescent Psychiatry. The Texas Society of Psychiatric Physicians is accredited by TMA to provide continuing education for physicians.

CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of eight (8) AMA PRA Category I Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ETHICS DESIGNATION STATEMENT

The presentation "ETHICS: Overcoming Barriers to Implementation in Telepsychiatry" and the presentation "ETHICS: Providing Quality of Care to Children: Meeting Your Professional Responsibilities in the Face of Pre-Authorizations and Formulary Changes have been designated by the Texas Society of Psychiatric Physicians for a total of two (2) credits of education in medical ethics and/or professional responsibility.

TARGET AUDIENCE/ PROGRAM OBJECTIVES

This live activity has been designed with didactic lectures supplemented with clinical vignettes, audiovisual presentations, direct discussion and case presentation and discussion in multiple educational sessions.

The program is designed to provide its' target audience of Child and Adolescent Psychiatrists, Adult Psychiatrists, Pediatricians and Primary Care Physicians with clinically relevant information to advance the physicians' competence and provide them with effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

NEEDS ASSESSMENT

TSCAP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of the participants.

FACULTY AND PLANNERS DISCLOSURE POLICY

In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered ot the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the education activity.

TSPP will disclosure to learners the existence (or non-existence) of all relevant financial relationship(s) that the faculty and planners did (or did not) have with any commercial interest concerned with the content of the educational presentation.

Disclosure will occur prior to the presentation through written communication in the syllabus / handout materials.

ABOUT THE SPEAKERS

David L. Atkinson, M.D.

Assistant Professor Department of Psychiatry UT Southwestern Medical Center Dallas, Texas

Brigitte Bailey, M.D.

Program Director Child and Adolescent Psychiatry
Associate Professor
UTHSCSA Department of Psychiatry
Child and Adolescent Division
Medical Director,

KCI Childrens Shelter Residential Treatment Center, SAT
Co-Director of Psychiatric Services, Texas Youth Commission, SAT
Medical Staff, The University Hospital Systems
Faculty Physician, The Child Guidance Center
San Antonio, Texas

Emilie Attwell Becker, M.D.

Mental Health Medical Director Texas Medicaid and CHIP Program Austin, Texas

Joseph Blader, Ph.D

Meadows Foundation & Semp Russ Professor of Child Psychiatry Departments of Psychiatry and Pediatrics University of Texas Health Science Center at San Antonio San Antonio, Texas

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Melissa S. DeFilippis, M.D.

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William Lee, MD

Child and Adolescent Psychiatry Resident - 2nd Year UTHSCSA San Antonio, Texas

Jeff R. Temple, Ph.D

Associate Professor and Psychologist Director, Behavioral Health and Research Department of OB/Gyn UTMB Health Galveston, Texas

Moira Wertheimer, Esq., RN, CPHRM

Assistant Vice President
Psychiatric Risk Management Group
AWAC Services Company
Member Company of Allied World

President Connecticut Society of Healthcare Risk Management Farmington, Connecticut

Connie Zajicek, M.D.

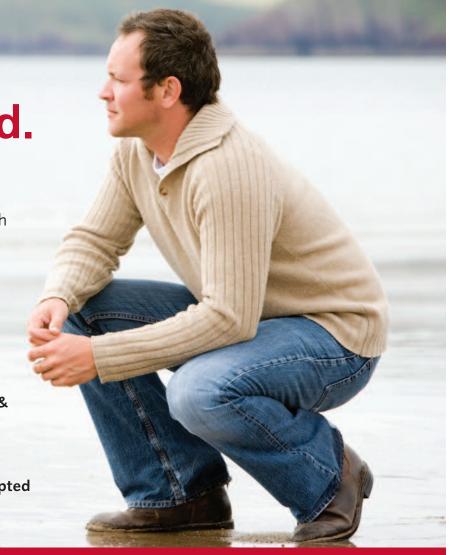
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The TEXAS PSYCHIATRIST is published 5 times a year in February, April, June, August, and October. Members of Federation member organizations are encouraged to submit articles for possible publication. Deadline for submitting copy to the Federation Executive Office is the first day of the publication month. Copy must be edited, acceptable for publication.

Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

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Federation Executive Committee

MANAGING EDITOR

Debbie Sundberg

Federation of Texas Psychiatry

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JOB BANK

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation's **JOB BANK** on its website at www.txpsych.org. The Federation's JOB BANK could be just what you have been looking for.

CALENDAR OF MEETINGS

MAY

6-8 Texas Society of Psychiatric Physicians and Texas Academy of Psychiatry

Spring Meeting and CME Program
Renaissance Austin Hotel, 9721 Arboretum Blvd., Austin
Reservations: 800-468-3571 Prior to April 18
Room Rate \$159
For Additional Information: www.txpsych.org
or email tsppofc@aol.com

JULY

22-24 Texas Society of Child and Adolescent Psychiatry Annual Convention and CME Program

Westin Riverwalk Hotel, 420 West Market Street, San Antonio Reservations: 888-627-8396 Prior to June 14 Room Rate: \$185 Traditional King City Side / \$199 Traditional Double Double City Side \$270 King Deluxe Riverside / \$224 Deluxe Double Double Riverside For Additional Information: www.txpsych.org or email tscapofc@aol.com

NOVEMBER

11-13 Texas Society of Psychiatric Physicians 60th Annual Convention and CME Program

Dallas/Addison Marriott Quorum by the Galleria Hotel, 14901 Dallas Parkway, Dallas Reservations: 800-228-9290 or 972-661-2800 Prior to October 26 Room Rate \$119 For Additional Information: www.txpsych.org or email tsppofc@aol.com