Texas Psychiatrist



Restructuring Governance in Healthcare Organizations

Leslie H. Secrest, MD, Chairman, Federation of Texas Psychiatry

he journey on the road to improving the health care delivery system should consider a stop at restructuring the governance for physicians employed by healthcare organizations. Two impressive facts in healthcare invite such a consideration. First, slightly more than 50% of all practicing physicians are employed by healthcare organizations. Second, hospitals with physician equity ownership routinely obtain higher scores on quality of care and patient satisfaction. How could the same results be obtained from organizations that cannot offer equity participation? Could the governance in a healthcare organization be structured in such a way that it would stimulate physician engagement, quality of care and patient satisfaction comparable to those organizations with equity ownership?

Obviously there could be many solutions to this dilemma. One solution might be the following concept. A hospital organization could serve as a template to envision a new governance structure that could be applied to other healthcare organizations. Currently most hospitals have a physician staff organization whose committees are responsible for credentialing, physician health and quality of care. The physician staff organization is lead by elected physician officers who give reports to the Board of Trustees and who interface with and report to the hospital Chief Executive Officer. In the past, physician engagement had been based on the hospital providing the specialized services physicians needed to care for their patients. The physicianpatient partnership (relationship) provided the strength from which physicians could engage the hospital administration regarding all the factors necessary for patient safety, quality of care, hospitality and patient and physician satisfaction. Historically, the physician-patient relationship implied continuity of patient care without any hand off or delegation of accountability to other physicians. Physician specialists and consultants were invited into the relationship to enrich the patient- physician relationship. Today, responsibility for continuity of patient care can be blurred by shifting and narrowing the definition of the patient-physician relationship. Such words as "medical

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home" and "continuity of care" would appear to represent the erosion, evolution and redefining of the patient- physician relationship. Restructuring the physician staff organization's governance will protect and define the physician-patient relationship and will increase the likelihood of superior physician, patient, management, and trustee engagement capable of producing excellence in safety, quality of care and satisfaction.

The Board of Trustees must progress towards instantaneous accountability to its stakeholders and the community it serves. The Board is accountable for the powers and authority it's delegates within the organization. As a group, the Board must assure itself and the community, that its membership have the necessary individuals and skills to oversee a complex healthcare organization. The new organization would have two separate and distinct structures, the Hospital Management and the Hospital Physician Organization each reporting directly to the Board and Trustees. The Board must decide on the appropriate delegation of authority and the method of accountability to management and physicians. Delegated authority may contain areas that are shared between the management and the physician organization. Other areas may be exclusive to management or physicians with advisory capacity from the other. Such an organization becomes more dynamic, more engaged, more effective and more hospitable. This defines boundaries, goals and expectations which facilitates partnering, negotiation and accountability in all components of the organization. Each person has the opportunity and expectation for engagement that defines the mission, vision, core beliefs and organizational

promise. Individual engagement assures processes that provides success. This governance will clearly define the physician-patient relationship and the critical contributions from other team members that make up a "holding environment" or cocoon that allows the patient to achieve the highest level of health possible.

This governance structure is not new but is beginning to be seen as an engagement process and structure that previously was only achieved by capital investment in an organization that purchased a percentage of the organization's authority, control, and accountability that is embedded in the Board of Trustees. The new structure allows unique partnering with strength and adaptability through the process of delegation, dialogue, negotiation and accountability with all stakeholders. The rewards from this type of engagement are excellent patient care, gracious hospitality, plus sustainable patient and employee satisfaction. The community, if given the venue, will engage and give its unique expressions of support, pride and gratitude. Structural change of direct reporting and accountability of the physician organization to the Board of Trustees is not capital intensive but requires the courage to be honest, to trust and to expect validation of how delegated authority is implemented.

Why should this transformation be of interest to psychiatrists other than those psychiatrists who are employed by an organization? To daily accomplish the processes suggested in this model will require a higher order of emotional risktaking. Separated powers and controls must operate together to deliver a dynamic vigorous effective organization. There are many other examples of the same



Leslie H. Secrest, MD

separation of powers and control. The federal government has Executive, Legislative, and Judicial branches that report directly and are responsible to the electorate. A model of an individual's psychological organization has included Ego, ID, and Super-ego. Consideration of these examples brings forth the awareness of the challenges and dynamics required to manage the emotional reactions to the inclusions and exclusions generated by the dynamic processes embedded in this type of delivery system.

The Journey to improving health and healthcare of communities should never have an end. Like a rising tide lifting the level of all boats, it is my hope that all of us, as members of our communities, will find a way to participate and facilitate this journey.

I am personally grateful for the opportunity afforded me to serve as Chairman of the Federation of Texas Psychiatry the past few years. The Federation brings together all psychiatric organizations under one umbrella and provides strength in numbers that is needed to attract attention to issues facing psychiatry and our patients. Join me in welcoming the new Officers of the Federation for FY 2011-12: Steven Pliszka, MD (TSCAP), Chairman; Stuart Crane, MD (Academy), Vice Chair for Education; Richard Noel, MD (TSPP), Vice Chair for Public Policy; and Arthur Farley, MD (Academy), Secretary/Treasurer.

CELEBRATE — REGISTER TODAY AND MAKE PLANS TO JOIN US

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS 55th Annual Convention & Scientific Program

November 11-13 • Westin Galleria Hotel, Dallas

(See Inside, Pages 4-6)

Save the Date!! On 11-11-11 TSPP's 55th Annual Convention & Scientific Program will be held at the beautiful Westin Galleria Hotel in Dallas, Texas. TSPP has arranged a special discounted room rate of \$159.00 (until October 20 or upon sell-out, whichever occurs first) for TSPP attendees. To place your room reservation at the Westin Galleria Dallas Hotel, call 1-888-627-8536.

In addition to an outstanding continuing medical education program designed to provide physicians' with the most up-to-date, evidence-based data that can be translated into clinical practice, the Exhibit Hall will feature exhibitors with additional tools and products to boost your practice and improve the delivery of health care to your patients...job opportunities; practice management and electronic medical record software; malpractice insurance companies; hospitals, treatment centers and pharmaceutical companies (see page 6 for a complete list of sponsors

and exhibitors supporting TSPP's $55 th \ Annual \ Convention).$

On Friday, TSPP's committees will meet concurrently throughout the day and are open to all members and non-members; the Professional Practice Management Luncheon will update psychiatrists on the "Psychiatrist's Value and Contribution to the New Accountable Care Organizations (ACOs) Model" – Register early to reserve your seat! Following the luncheon program, a special complimentary MIT/ECP program, "The Ins and Outs of Medical Malpractice Insurance – Professional Liability Coverage Made Easy" has been arranged on Friday to provide Residents and Fellows with the necessary information about securing professional liability coverage and transitioning into practice seamlessly. An open question and answer session will follow. Register Early! Rounding out the day will be the opening Welcome Reception with Exhibitors and feature complimentary hors douevres and refreshments for all Scientific Program registrants.



ach year each of us receives a statement from TSPP about the dues for the coming year. Most members remit their dues promptly without much hesitation. A few of us like me occasionally need a reminder from Debbie and John to pay up. Some members seem to have forgotten about the dues this past year. Paying your dues is more important than ever; I will explain the critical importance of dues later. But first, what do your dues buy you and your patients?

I know that some members have questioned the value of TSPP membership and wondered why they should pay the \$395 dues for general membership each year. Our dues account for less than one percent of the income for most of us yet they pay us back many times over in terms of sustaining and improving the quality of psychiatric care for our patients. Your dues pay for a staff that monitors organizations seeking to dilute, derail or damage health care for the most vulnerable persons in Texas - those with mental illness. Your dues pay for a lobbyist to track legislative actions instigated by these organizations and to educate legislators about the ramifications of such proposals on psychiatric care. As a result of the efforts of TSPP, numerous bad bills have been changed or killed, for example this year SB 47, requiring HHSC to develop rules to prohibit the administration of injectible psychoactive medications via a standing Pro Re Nata (PRN) order and HB 3531, as initially filed prohibiting the prescription of four or more medications of any kind concurrently to children in the foster care program. Your dues allowed the TSPP to kill or change many other illadvised pieces of legislation, thereby allowing you to practice medicine in the best manner possible. In the past your dues have kept non-medically trained persons from gaining the right to practice medicine without medical school and psychiatric residency education. That is incredibly important for the quality of care of your patients.

Your dues also pay for a staff that organizes the annual meeting. Your TSPP is one of the best sources for CME, providing a place where you can learn about the latest trends, get a refresher/update about important clinical issues, talk with peers about what is happening around Texas and get those all important ethics credits. Your TSPP was the first and still only one of two medical specialty organizations in the state that provides accredited Category 1 CME presentations. The AACME gave TSPP high praise during their last review of our CME program by granting TSPP "Accreditation with Commendation" and by extending that accreditation for 6 years, the maximum numbers of years permitted. You may not be aware that putting on the annual meeting requires an incredible amount of staff and committee effort beginning more than a year before the actual meeting. The requirements for maintaining certification require an assessment of educational needs, identification of goals to meet those

needs, selection of speakers to address the goals. The staff then requests objectives and questions from each speaker, again months in advance of the meeting. There are stringent requirements about what the speaker can say so staff and CME committee members must review the materials prior to the meeting. Staff also has to track down funding sources, arrange a venue for the meeting, set up the site before the meeting, monitor the meeting and close it down after we all head home.

This November, the TSPP will put on another outstanding CME program; for example Dr. Subroto Ghose will discuss the clinical applications of basic science to the care of persons with Schizophrenia, and Dr. Zahid Ahmad will give us an update on endocrine and metabolic issues for psychiatrists. You can read more details about the program in this issue of Texas Psychiatrist. These activities of TSPP, advocacy and annual meetings, are just two examples of the benefits to the members and their patients. So why are your dues so critical this year?

Eighty five percent of Texas Society of Psychiatric Physicians (TSPP) members, faithful and steady supporters of Texas psychiatry, paid their dues this year in a timely fashion, a fact for which I am very grateful. These members recognize that a professional organization does not work unless each person does his or her part. Dues make up about 70% of the income of the TSPP and are an essential source of income.



Patrick Holden, MD

The TSPP is a very lean organization so it depends on a steady flow of income in order to manage the day-to-day operational expenses. When that income does not come in, the organization has to make some very hard choices.

This year 200 members were substantially delinquent in paying their dues resulting in a short fall of \$50,000 by May. The TSPP/Federation staff dealt with this by cutting expenses to the bone, delaying payment on other expenses and taking a huge cut in salary starting in May. I and other TSPP officers contacted many of those who were delinquent and reminded them about the need to pay dues. I am pleased that over 80 members took care of business and paid their dues for the past year. Unfortunately \$30,000 worth of dues from the past year is still outstanding. I hope that those 120 members with outstanding dues will take care of business so we can restore some or all of the staff salaries and pay our other bills. I don't think our patients can afford to lose the advocacy and professional education that TSPP provides and that our dues buy. Please write that check today.

Congratulations....

Newly elected leaders for FY 2011-12 of the Federation's psychiatric organizations:

Texas Society of Psychiatric Physicians: President - **Patrick Holden, MD** (San Antonio); President-Elect - **Debra Atkisson, MD** (Fort Worth); and Secretary/Treasurer - **R. Andrew Harper, MD** (Houston).

Texas Academy of Psychiatry: President-J. Clay Sawyer, MD (Waco); President-Elect - Martha Leatherman, MD (San Antonio); and Secretary/ Treasurer -Robert Dobyns, MD (Austin).

Texas Society of Child and Adolescent Psychiatry: President- James Norcross, MD (Dallas); President-Elect - Thomas Matthews, MD (San Antonio); and Secretary/Treasurer - Rene Olvera, MD (San Antonio).

Texas Foundation for Psychiatric Education and Research: Chairman -**Linda Rhodes, MD** (San Antonio); Vice Chairman - **J. Clay Sawyer, MD** (Waco); Treasurer - **Arthur Farley, MD** (Austin/Houston); and Secretary -**Shirley Marks, MD** (McKinney).

Federation of Texas Psychiatry: Chairman - Steven Pliszka, MD (San Antonio); Vice Chair for Education - Stuart Crane, MD (Alpine); Vice Chair for Public Policy - Richard Noel, MD (Houston); and Secretary/Treasurer - Arthur Farley, MD (Austin/Houston).

The following TSPP/APA members will

achieve Life Status on January 1: Amina Abdulla, MD (Life Member); Anne Andersen, MD (Life Member); Marshall Bradshaw, MD (Life Inactive); Daniel Brener, MD (Distinguished Life Fellow); James Creed, MD (Life Member); Robert Fisher, MD (Life Inactive); Joseph Hamilton, MD (Life Inactive Fellow); Linda Hawkins, MD (Life Fellow); Robert Hazlewood, MD (Life Inactive); Vroni Hetherly, MD (Life Inactive Fellow); James Kreisle, MD (Distinguished Life Fellow); Breck Lebegue, MD (Distinguished Life Fellow); Michael Madigan, MD (Life Member); Harvey Martin, MD (Life Member); Enrique Mendia, MD (Life Member); David Ness, MD (Life Member); Son Nguyen, MD (Life Member); VR Polavarapu, MD (Life Member); Priscilla Ray, MD (Distinguished Life Fellow); Arturo Rios, MD (Life Member); Catherin Roberts, MD (Life Member); Cathey Roberts, MD (Life Member); Homero Sanchez, MD (Life Member); and, Daniel Walker, MD (Life Inactive).

WHY ARE YOU PAYING TOO MUCH FOR YOUR MALPRACTICE INSURANCE?

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As the endorsed Agent of the **Federation of Texas Psychiatry**, we work with many Insurers to get you the **lowest price for your malpractice** insurance.

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Annual Convention in Dallas for more details!

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It Takes a Physician J. Clay Sawyer, MD, President, Texas Academy of Psychiatry

elcome to my first column for the Texas Academy of Psychiatry. I am honored to have been elected as President of this important organization for the 2011-2012 business year. It is my hope that we can share many ideas and develop effective goals during my term.

I have chosen as a theme for my time in office for the Academy the concept that, as psychiatrists, we are all physicians first. As you may remember, I attempted to use this same theme for my year as President of the Texas Society of Psychiatric Physicians, 2004-2005. Unfortunately, that year was also the year of the Great Conflict with the Board of Trustees of the American Psychiatric Association over the formation both of the Academy and of the Federation of Texas Psychiatry.

Fortunately, those issues no longer apply, as the value of both organizations has been proven. My former state senator, Kip Averitt of McGregor, told me on the first anniversary of the Federation that forming this permanent coalition of medical organizations was the smartest move that we

could have made in furthering our legislative efforts. He went on to reveal that legislators may not always remember the message, but that they do always remember numbers. As a result, the Federation speaks with the voices of over 44,000 physicians in Texas when we advocate for our patients and our profession, rather than just with the backing of the 1,300-1,400 members of TSPP as was the case in the past. In fact, the Federation speaks with more voices than does the APA, with approximately 32,000 members nationwide. The Federation has been most effective in ensuring that our patients are not subjected to inappropriate treatment by non-physicians when such treatment would require the skills, the knowledge, and the experience that only a physician can provide.

Hence, the theme. Our devotion to our professional responsibilities requires us to maintain our knowledge and our skills for which all of us worked so diligently for the eight years of medical school and of residency training that our field requires. No other specialty has quite the expectation of

general medical knowledge that ours does. We have to know how the medications we prescribe interact with those prescribed by our non-psychiatry colleagues, how our medications can cause or magnify other medical problems, how other physiologic disorders can mimic the disorders we treat (and vice-versa). We cannot predict those problems without a knowledge of developments in other fields (especially new medications), and we cannot make appropriate referrals to other specialties if we disregard common pathologies and their treatment, skills for which we were all trained. Probably all of us have recognized Parkinson's disease in patients initially referred to us for evaluation for depression. And who hasn't referred at least one patient to an appropriate source for evaluation and treatment of "an itch under my right shoulder blade that I just can't reach"? (For any non-medicallytrained readers of this column, such a symptom can indicate an advanced disease process of the gall bladder).

We must always maintain our awareness that a person with multiple physiologic



J. Clay Sawyer, MD

processes is attached to every psychiatric disorder. It is up to us to be able to differentiate the "functional" from the "organic," as we were trained to do, to know how other conditions and medications can complicate what we are treating, and to know that we are treating the right disorder by ruling out other complicating factors. To do otherwise would mean that we would be offering our patients no better care than the psychologists and social workers in Louisiana and New Mexico who can now prescribe medication.

Well, we've covered both my theme for the year and the concept of the Federation fairly extensively. But what of the Academy?

More next time!

Implementation of the Parity Act

Paul Wick, MD, Chair, APA Work Group on Health Reform and Parity

sychiatry has worked for years to achieve parity in insurance benefits for our patients. The passage of the Mental Health Parity and Addiction Equity Act of 2008 (Parity Act) ranks as one of the most important pieces of legislation for psychiatrists and their patients. However, the implementation of the Parity Act is actively on-going and of interest to all of us.

The Parity Act generally requires that any health plan that offers mental health and/or substance use disorder coverage must provide coverage with no greater financial requirements (i.e. co-pays, annual deductibles, dollar limits) or treatment limitations than the requirements that the plan applies to substantial all medical/surgical benefits. Note that the law does not require employers to cover mental health or substance use treatment if they are not already offered.

The part of most interest in ongoing discussions is the so-called Non-Quantitative Treatment Limitations (NQTLs). These have to do with many areas of concern including medical management, preauthorization, formulary design, step therapy, visit limitations, out of network benefits, coding for services and what data is used to determine reimbursement. While the Parity Act clearly states that treatment limitation cannot be more restrictive than for medical/surgical conditions, clarity of these issues for federal policy makers is needed.

The Interim Final Rules (IFR) published in the Federal Registry states that the secretaries of Labor, Health and Human Services and Treasury share responsibilities for providing guidance to consumers, providers and state insurance agencies. The state insurance commissioners have power to enforce the Parity Act but the Federal agencies have final enforcement responsibilities. The Parity Implementation Coalition (PIC) which includes APA, AACAP, ASAM, advocacy groups and others interact regularly with the federal agencies to work out specific policy issues affecting our practices and patient care.

Thus far the following issues appear resolved under IFR. Plans are required to furnish information on plan benefits, restrictions and reasons for denial on request. The Parity Act was determined to apply to Medicaid managed care plans. Some health plans have modified their preauthorization procedures.

In New York, our psychiatric colleagues argued successfully that psychiatric patients are often in need of general medical evaluation and management and that by denying patients access to standard E/M services by allowing only use of CPT Psychiatry Section codes, essentially denies patients access to necessary medical treatment by psychiatric physicians. This was enacted into New York state law so that all physicians there have the right to use E/M

codes. Some insurers, as Blue Cross Blue Shield of Texas, have chosen to pay for E/M codes and services when appropriate. You should check with your patient's health plan if you determine E/M services are nec-

The APA Work Group on Health Reform and Parity and APA staff are actively monitoring and commenting on many areas related to the implementation of true parity for mental health and substance use disorders. APA and the PIC are working with federal agencies in the writing of the final rules. Many issues directly impact psychiatric practice and patient care. It is a given that health care will be managed, but the playing field must be level.

What can members do? I encourage all psychiatrists to use the website www.mentalhealthparitywatch.org and recommend it to your patients as concerns arise. There is a wealth of information, links, Q&As and tool kits that may assist patients and psychiatrists in resolving questions and filing complaints. The basics of dealing with complaints are to get the facts and write the insurance company. If not resolved, report the facts to the Texas Department of Insurance. Copies may be sent to the Federation of Texas Psychiatry office and filed on the website listed above with personal identifying data on patients omitted. If trends are observed, TSPP and APA can consider appropriate action.



Paul H. Wick, MD

I know that this takes more time out of your day, but as the Feds tell us, they have no case finders outside of patients and treating physicians. It takes advocacy for our patients to have true parity.

Palestine, TX Position

Seeking additional Psychiatrist in practice in or around Palestine, TX who would like to do some inpatient work as part of that practice on an adult psych unit and geropsych unit in Palestine, TX.

This is a great way to grow one's practice and increase revenue — excellent income potential here. Palestine is about an hour from Tyler and Waco.

Contact Terry B. Good at 1-804-684-5661, Fax #: 804-684-5663; terry.good@horizonhealth.com

EOE

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

55TH ANNUAL CONVENTION & SCIENTIFIC PROGRAM

"Toward Improving Psychiatric Practice: Healthy Minds and Bodies"

November 11-13, 2011 • Westin Galleria Hotel, Dallas, Texas

MEETING LOCATION

The 55th Anniversary Convention & Scientific Program will be held November 11-13, 2011 at the beautiful NEW Westin Galleria Hotel, 13340 Dallas Parkway, in Dallas, Texas. The hotel recently reopened after a stunning multi million dollar renovation and is completely renewed, beautiful and awaiting your stay! The hotel is conveniently located in North Dallas, with the attached Galleria Shopping and Entertainment Complex, with easy access to restaurants/shopping and complimentary self-parking.

MEETING RESERVATIONS

TSPP has reserved a small block of rooms and is pleased to offer a special discounted room rate of \$159.00 single/double available until October 20 or upon sell-out, whichever occurs first!

Place your hotel reservation as early as possible because the discounted rooms will sell out quickly and may not be available until the cut-off date. For hotel reservations call **1-888-627-8536** and refer to the group name: Texas Society of Psychiatric Physicians Annual Convention & Scientific Program.

COMMITTEE MEETINGS AND PRACTICE MANAGEMENT LUNCHEON

TSPPs committees are scheduled to meet on Friday from 9:00 am - 5:30 pm and all members are encouraged to save the date and attend the committees of their interest and participate in the discussion, deliberations and activities of their State organization, TSPP. Non-members are also invited to attend as Guests. Participation in the committee meetings is a great way to meet your colleagues from across the State of Texas and share suggestions and solutions to the delivery and improvement of patient care in Texas!

Committee preference forms will be sent out to TSPP members next month, so please review the list of committees and their charge, and return your form to TSPP for appointment.

The Professional Practice Committee has planned a special practice management luncheon program of interest to all Psychiatrists "Psychiatrist's Value and Contribution to the New Accountable Care Organizations (ACOs) Model", so please register and attend!

EXHIBIT AND SPONSOR OPPORTUNITIES TO SUPPORT TSPP 55TH ANNUAL CONVENTION

Exhibit and Sponsor Opportunities at the 55th Annual Convention (completely separate from the TSPP Accredited CME Activity) are available. Please visit the website www.txpsych.org to download an Application for Sponsorship of Social Activities and/or Exhibit Display or email tsppofc@aol.com for additional information.

Organizations are also encouraged to purchase a Reserved Table for 10 at the Annual Awards Banquet and Gala. Purchase includes recognition in the Advance Program, online and on-site with signage denoting your support and participation of TSPP's 55th Anniversary. Please see registration form for more details.

SPECIAL 'FREE' INCENTIVE OFFER FOR TSPP MEMBERS IN TRAINING

Once again, TSPP is pleased to offer the waiver/refund of the CME Scientific Program registration fee IF the member's Training Director registers for the Scientific Program. So all TSPP Members-in-Training encourage your Training Director to register and then send in your registration form, with the name of your Training Director noted, and then plan on attending the Scientific Program FREE! (Offer extended to TSPP and TSCAP Members-in-Training / Residents who are Members of TSPP and/or TSCAP).

SPECIAL EVENTS

GOLF

TSPP members are busy arranging a golf outing at one of Dallas' beautiful golf courses. All levels of players are encouraged to sign up for a relaxing and fun game of golf on Thursday,



November 10. Please check the box on the Registration Form if you are interested in playing and additional information regarding the golf fee, etc. will be sent to you as soon as the plans are finalized.

55th GALA RECEPTION WITH EXHIBITORS

All TSPP Annual Convention Registrants are invited to attend the complimentary Gala Reception commemorating TSPP's 55th Anniversary and opening the Annual Convention. The reception will be held on Friday evening and all registrants are invited to attend and enjoy complimentary hors d'oeuvres and beverages while visiting with your friends and colleagues from around the State!

Visit with the Exhibitors during the reception to learn more about job opportunities throughout the State of Texas and products and services to enhance your practice and improve patient care. And, as an added bonus, your visits will enable you to enter and participate in the many door prize drawings to be held throughout the meeting on Saturday — must be present to win!!

SATURDAY ANNUAL BUSINESS LUNCHEON AND AWARDS PRESENTATIONS —

Members and non-members are all invited to register and attend the luncheon on Saturday immediately preceding the morning session of the CME program. Award presentations will be made for the Dr. Spencer Bayles Outstanding TSPP Member Award and the David Pharis Award.

DR. SPENCER BAYLES OUTSTANDING TSPP

MEMBER AWARD — This award named in memory

of Dr. Spencer Bayles was established in 2010 to

consistent participation in TSPP activities. The

awards will be presented during TSPP's Annual

please plan to attend and thank your fellow

This year's award recipients are:

Business Luncheon on Saturday, November 13 so

colleagues for their outstanding volunteer service.

recognize members for outstanding and

A W A R D S

AWARDS RECEPTION, BANQUET AND GALA — We invite you to join us for the 2011 Awards Reception and Awards Banquet honoring this year's outstanding Award recipients, as well as all TSPP Past Presidents and former Award recipients. Immediately following the awards presentation, TSPP has planned a gala evening of entertainment, conversation and dancing. (See Registration Form for Purchasing Reserved Table(s) for your Group and/or Organization. NOTE: Reserved Table Fee includes recognition in the 55th Anniversary Program, online and in on-site signage.)



Former Award Recipients Attending TSPP's 50th Awards Gala

THIS YEAR'S AWARD RECIPIENTS ARE:



David F. Briones, MD El Paso Distinguished Service Award



Harris County Judge Ed Emmett Houston Special Service Award



Stuart C. Yudofsky, MD Houston Psychiatric Excellence Award



John L. Hall, MD Longview Psychiatric Excellence Award

W. Mitchell Jones, MD Lynda M. Parker, MD Amarillo Georgetown

DAVID PHARIS AWARD – The David Pharis Award will be presented by the Department of State Health Services and TSPP to the North Texas State Hospital's Recovery Model of Care Project to recognize their significant contributions to safety and quality inpatient care and outcomes in State Hospitals. This year's award will be presented during TSPP's Annual Business Luncheon on Saturday, November 12. Please attend and express your appreciation to the North Texas State Hospital selected for this degree of excellence.

TSPP COMMUNITY SERVICE AWARD TO U.S. CONGRESSMAN MICHAEL C. BURGESS, MD—

TSPP is pleased to present U.S. Congressman Michael C. Burgess, MD, 26th District of Texas with the TSPP Community Service Award on **Saturday**, **November 12 at 4:35 pm**. Congressman Burgess is also scheduled to participate in the CME program and present an "Update on Health Care Reform." Please plan to participate and join TSPP in expressing appreciation for his advocacy efforts for health care reform legislation.

IN RECOGNITION

The Texas Society of Psychiatric Physicians wishes to express its sincere gratitude to the following individuals and organizations for their support and celebration of TSPP's 55th Anniversary Annual Convention by purchasing a RESERVED table at the 55th Gala Awards Banquet.

Psychiatry Department, Presbyterian Hospital, Dallas
George D. Santos, M.D., Houston
Sundance Hospital, Arlington
University of North Texas Health Science Center, Fort Worth

TSPP Convention Registration Form See Page 6

4 TEXAS PSYCHIATRIST SEPTEMBER/OCTOBER 2011

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

SCIENTIFIC PROGRAM

"Toward Improving Psychiatric Practice: Healthy Minds and Bodies"

SCIENTIFIC PROGRAM SCHEDULE

SATURDAY, NOVEMBER 12

(7 Hours of Category I Credit)

8:00 am - 8:15 am Welcome and Introductions

8:15 am - 10:15 am **Schizophrenia: Clinical Applications of Basic Science**

Subroto Ghose, MD

Refreshment Break w/Exhibitors 10:15 am -10:35 am

A Discussion and Case Presentation of 10:35 am - 12:35 pm

Evidence-Based Psychotherapy

Marisa Toups, MD and Adam M. Brenner, MD

12:35 pm - 12:45 pm Refreshment Break w/Exhibitors

Annual Business Luncheon and Awards Presentations 12:45 pm - 2:15 pm

2:15 pm - 4:15 pm **Update on Endocrine and Metabolic Issues**

> for Psychiatrists Zahid Ahmad, MD

4:15 pm - 4:35 pm Refreshment Break

Presentation of TSPP Community Service Award 4:35 pm - 5:35 pm

> and Update on Health Care Reform U.S. Congressman Michael C. Burgess, MD —

26th District of Texas

5:35 pm - 5:50 pm **Closing Remarks**

SUNDAY, NOVEMBER 13 (4 Hours of Category I Credit)

8:00 am - 8:15 am Welcome and Introductions

8:15 am - 10:15 am **Understanding Eating Disorders**

> through Neuroimaging: A Biopsychosocial Approach Carrie J. McAdams, MD, PhD

10:20 am - 10:35 am Refreshment Break

10:35 am - 12:35 pm **Ethics: Physician Health and Competence:**

Overview of the Texas Physician Health Program

Alison R. Jones, MD and Bill Nemeth, MD

TPHP is a new confidential, non-disciplinary statewide program for physicians, physician assistants, acupuncturists and surgical assistants licensed by the Texas Medical Board. The program was created by Senate Bill 292 of the 81st Texas Legislature and is modeled on other states' programs and was a joint effort of the Texas Medical Association, the Texas Osteopathic Medical Association and the Texas Medical Board. The program is designed to protect the public by encouraging health professionals to seek assistance with drug or alcohol-related problems or mental or physical conditions that present a potentially dangerous limitation or inability to practice medicine with reasonable skill and safety.

SCIENTIFIC PROGRAM GOAL / TARGET AUDIENCE /LEARNING OBJECTIVES

This live activity has been designed in a format consisting of case study presentations, lectures and direct discussion to provide its' primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice.

Information and data will address ethics, new developments in treatment and new directions in research to address the professional practice gaps of the learners and advance the physician's competence and effective use of targeted skills so that they may develop strategies to apply the knowledge skills and judgement of the information presented in the educational activity into their practice.

The learning objectives for this activity have been designed to address clinician competence. Upon completion of this activity, participants should be able to:

- · Demonstrate increased knowledge regarding the pathogenesis of schizophrenia, endocrine and eating disorders to increase diagnostic skills and implement appropriate management strategies.
- Discuss potential effects of evidence-based psychotherapy and apply to clinical care.
- Demonstrate increased knowledge of health care legislation aimed at reducing health care costs, improving choices, reforming liability laws to put the needs of patients first, and ensuring there are enough doctors in the public and private sector to care for America's patients and veterans.
- Identify risk factors and seek assistance for drug or alcohol-related problems or physical or mental conditions that present a potentially dangerous limitation or inability to practice medicine with reasonable skill and safety.

NEEDS ASSESSMENT

TSPP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of our participants

ACCREDITATION STATEMENT

The Texas Society of Psychiatric Physicians designates this Live activity for a maximum of eleven (11) AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The presentation "Ethics: Physician Health and Competence: Overview of the Texas Physician Health Program" has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

FACULTY AND STAFF DISCLOSURE POLICY

The Texas Society of Psychiatric Physicians will disclose to participants the existence of any relevant financial relationships between faculty members, TSPP staff and members, who planned, authored, contributed to, and/or reviewed the content of this activity, and any commercial interest discussed in this educational activity. Disclosure will occur prior to the presentations) either through oral communication to the audience by the moderator or chair, or written communication in the syllabus or handout material.

ABOUT THE SPEAKERS

Zahid Ahmad, MD

Internal Medicine - Nutrition and Metabolic Diseases Center for Human Nutrition Division of Nutrition and Metabolic Diseases

UT Southwestern Medical Center

Dallas, TX

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Associate Professor Director of Residency Training **Director of Medical Student Education UT Southwestern Medical Center** Dallas, TX

U.S. Congressman Michael C. Burgess, MD

26th District of Texas

Member, House Energy and Commerce Committee Vice Chairman of the Subcommittee on Health Member, Oversight and Investigations Subcommittee Member, Energy & Power Subcommittee

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Medical Director Texas Physician Health Program

Marisa Toups, MD

UT Southwestern Medical Center Dallas, TX

DAILY SCHEDULE

THURSDAY, NOVEMBER 10

12:00 noon Golf Outing Arranged by Dallas Members 7:00 pm - 8:30 pm **Chapter Leadership Meeting** Galveston (2nd FI)

FRIDAY, NOVEMBER 11

7:00 am - 8:00 pm Registration / Information Dallas Foyer (3rd Fl) 7:00 am - 5:00 pm Exhibit Set-Up Dallas Ballroom II and III (3rd FI) 7:30 am - 8:55 am Foundation Board of Directors Breakfast Mtg Laredo (2nd FI) Dallas Prefunction Foyer (3rd Fl) 8:30 am - 4:00 pm **Hospitality for Committee Members** 9:00 am - 10:30 am **Council on Leadership Meetings** Dallas Ballroom I (3rd FI) (Ethics, Distinguished Fellowship, Finance, Strategic Planning) 10:30 am - 10:45 am Refreshment Break Dallas Prefunction Foyer (3rd FI)

10:45 am - 12:15 pm Council on Service Dallas Ballroom I (3rd FI) (Academic Psychiatry, Children & Adolescents Psychiatry, Forensic Psychiatry, Public Mental Health Services) 12:15 pm - 12:30 pm Dallas Prefunction Foyer (3rd Fl)

12:30 pm - 2:00 pm **Professional Practice Management Luncheon Program** Fort Worth I (3rd FI) "Psychiatrist's Value and Contribution to the New Accountable Care Organizations (ACOs) Model

Patrick Carter, MD, MBA, FAAFP

Medical Director for Care Coordination and Quality Improvement

Kelsev-Sevbold Clinic, Houston, TX Matt Feehery, LCDC, MBA

Chief Executive Officer of Prevention & Recovery Center and Behavioral Health Services

Memorial Hermann Healthcare System, Houston, TX

Conway McDanald, MD, DFAPA BCBS-HCSC

Vice President and Chief Medical Officer of Behavioral Health

Richardson, TX

ACOs are legal entities that are responsible for the cost, quality and care of a population of patients, ACOs are part of the Shared Savings Program of Medicare under the Affordable Care Act, which allows healthcare providers to pool together with or without a hospital or health plan organization to create an ACO. The Department of Health and Human Services has posted the preliminary rules that will define how key stakeholders will adopt the new ACO format in March; the finalized rules will be issued in late 2011. The ACO program will officially begin on January 1, 2012.

FRIDAY, NOVEMBER 11 CONTINUED

2:15 pm - 3:45 pm **Members In Training Program:** El Paso (2nd Fl) "The Ins and Outs of Medical Malpractice Insurance — Professional Liability Coverage Made Easy" and Open Forum for Q&A 2:15 pm - 3:45 pm Texas Academy of Psychiatry Board Meeting Waco (2nd FI) 2:15 pm - 3:45 pm Council on Education Meetings Dallas Ballroom I (3rd Fl) (Continuing Medical Education; Professional Practice Management) Rafrachment Brook Dallas Prefunction Foyer (3rd FI) 3:45 pm - 4:00 pm 4:00 pm - 5:30 pm Council on Advocacy Dallas Ballroom I (3rd FI) (Government Affairs) 5:30 pm - 7:00 pm **Executive Council** Austin Room (2nd FI) Dallas II and III (3rd FI) 7:00 pm - 9:00 pm 55th Anniversary Gala Reception with Exhibitors

SATURDAY, NOVEMBER 12

7:30 am - 7:00 pm Registration / Information Dallas Ballroom Foyer (3rd Fl) Continental Breakfast for Program Registrants with Exhibitors 7:00 am - 8:00 am Dallas II and III (3rd FI) 7:00 am - 4:35 pm Exhibits / Refreshments Dallas II and III (3rd FI) Fort Worth Ballroom (3rd Fl) 8:00 am - 5:50 pm **Scientific Program** 10:15 am - 10:35 am Refreshment Break and Door Prize Drawings with Exhibitors Dallas II and III (3rd FI) Annual Business Luncheon and Awards Presentation Dallas II and III (3rd FI) 12:35 pm - 2:15 pm Luncheon Registration - Open to All Dallas II and III (3rd FI) 4:15 pm - 4:35 pm Refreshment Break and Door Prize Drawings with Exhibitors Dallas II and III (3rd FI) 4:45 pm **Exhibits Tear Down and Depart** Dallas Ballroom Foyer (3rd Fl) **Annual Awards Reception** 6:30 pm - 7:00 pm Dallas Ballroom I (3rd Fl) 7:00 pm - 10:00 pm Awards Banquet and Gala

SUNDAY, NOVEMBER 13

Registration / Information 7:00 am - 1:00 pm Dallas Ballroom Foyer (3rd Fl) Continental Breakfast/Refreshments 7:30 am - 10:00 am Fort Worth Ballroom (3rd Fl) For Scientific Program Attendees Fort Worth Ballroom (3rd Fl) 8:00 am - 12:35 pm **Scientific Program** 10:20 am - 10:35 am Refreshment Break Fort Worth Ballroom Foyer (3rd FI)

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Please complete this form and return it with your check, money order or credit card information for your registration and event fees to the Texas Society of Psychiatric Physicians, 401 West 15th Street, Suite 675, Austin, Texas 78701 by October 1 to receive the discounted registration fee. Registration forms and payments by credit card may be faxed to TSPP at 512/478-5223.

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REGISTRATION

Indicate the **NUMBER** of individuals who are registered for each event in the appropriate enrollment category listed below. Please note the enrollment fees are **PER PERSON** and your payment should reflect the proper fee for the number of individuals registered per event.

NUMBER ATTENDING EVENT	
GOLF OUTING - Thursday #□ Please Send Me Additional Information.	
LUNCH PROGRAM - Friday	
# Lunch Program	\$25
MIT/ECP PROGRAM - Friday	
# MIT/ECP Program	No Chg
55th GALA RECEPTION W/EXHIBITORS - Friday	
# NOT Registered or Scientific Program	\$50
# Registered for Scientific Program	No Chg
LUNCH - Saturday	
# TSPP / ACADEMY / TSCAP Member	\$35
# TSPP / ACADEMY / TSCAP MIT Member	\$20
# TSPP / ACADEMY / TSCAP Non-Member	\$45
# TSPP / ACADEMY / TSCAP MIT Non-Member	\$35
#U Guest	\$35
AWARDS BANQUET AND GALA - Saturday	
# Awards Banquet	\$60
# Reserved Table for 10*	\$700
* Name(s) for Reserved Table:	
If you require any special assistance to fully participate in	

this conference, please contact TSPP at (512) 478-0605.

NUMBER	ATTENDING EVENT	
SCIE	NTIFIC PROGRAM - Saturday and Sunday	
#	TSPP / ACADEMY / TSCAP Member	\$250
#	Non-Member Physician	\$290
#	MIT TSPP / ACADEMY / TSCAP Member (**COMPLIMENTARY IF YOUR TRAINING DIRECTOR REGISTERS FOR THE ANNUAL CONVENTION & CME PROGRAM)	\$35
#	Non-Member MIT	\$50
#	Allied Health Professional	\$130
#	Spouse / Guest (No CME Credit)	\$120
#	Advocacy Organization (no CME Credit)	\$50
	Member's Training Program Director's Name registered to attend the stion & CME Program:	
CME	Meeting Syllabus Order	
#	CME Meeting Syllabus In Color	\$95
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provided to you upon check-in the day of the program.
color copy of the speakers' syllabus by checking the box and including the additional charge. The color copy will be
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November 11-13, 2011 Westin Galleria Hotel, Dallas







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November 9-11, 2012 **Moody Gardens Hotel, Galveston**









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Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation's **JOB BANK** on its website at www.txpsych.org. The Federation's JOB BANK could be just what you have been looking for.

CALENDAR OF MEETINGS

NOVEMBER

11-13 Texas Society of Psychiatric Physicians

55th Annual Convention & Scientific Program Westin Galleria Hotel, Dallas, TX \$159.00 Room Reservations:
1-888-627-8536 Prior to October 20 For program information, contact Debbie Sundberg, tsppofc@aol.com

APRIL 2012

20-22 Texas Society of Psychiatric Physicians & Texas Academy of Psychiatry

Spring 2012 CME Program & Committee Meetings Westin Austin at the Domain Hotel, Austin, TX \$149.00 Room Reservations:
1-800-937-8461 Prior to March 29
For program information,
contact Debbie Sundberg, tsppofc@aol.com

MAY 2012

18 Texas Medical Association

TEXMED Annual Meeting Section on Psychiatry Dallas, TX

JULY 2012

NOVEMBER 2012

18-22 Texas Society of Child and Adolescent Psychiatry

Annual Convention & Scientific Program Sheraton Arlington Hotel, Arlington, TX \$135 Room Reservations: 1-800-442-7275 For program information, contact Debbie Sundberg, tscapofc@aol.com

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9-11 Texas Society of Psychiatric Physicians

56th Annual Convention & Scientific Program Moody Gardens Hotel, Galveston, TX \$142 Room Reservations: 1-888-388-8484 For program information, contact Debbie Sundberg, tsppofc@aol.com

Federation of Texas P. 401 West 15th Street, Suite 6; Austin, Texas 78701

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