

Texas Psychiatrist

Advocacy • Education • Service • Fellowship • Leadership

TSPP's 54th Annual Convention and Scientific Program

November 12-14

Psychiatrists in Texas find value in the organized psychiatry membership (ie Texas Society of Psychiatric Physicians, Texas Academy of Psychiatry, Texas Society of Child and Adolescent Psychiatry) in many different ways. However, five major values of membership have been identified: Advocacy; Education; Service; Fellowship; and Leadership. Psychiatrists who attend and participate at TSPP's 54th Annual Convention and Scientific Program in San Antonio at the Westin La Cantera Resort on November 12-14 will experience all of the core values of membership.

Advocacy

The general election is coming in November and shortly thereafter, the Texas Legislature will convene for another 140-day session in January. During each legislative session, over 300 bills are filed that could impact the practice of psychiatry and the delivery of quality psychiatric care to patients. While the 2011 legislative session will be preoccupied with budget shortfalls and congressional redistricting following the 2010 census, psychiatry can expect another difficult and challenging session. Prior to the general election, psychiatrists are encouraged to become involved in the election process by meeting candidates, volunteering time to campaigns and giving money to worthy candidates. Forming relationships prior to the general election and the next legislative session will pay huge dividends during the session for psychiatry and patients. Learn more about the election

cycle and what to expect during the next legislative session, and how you can participate, by attending TSPP's Government Affairs Committee on Friday, November 12 from 3:30pm - 5:00 pm.

Education

TSPP has been accredited with commendation (a very rare achievement for any size organization) to be a provider of continuing medical education by the Texas Medical Association and the Accreditation Council for Continuing Medical Education. This high recognition of TSPP's commitment to quality continuing medical education is once again reflected in its Annual Scientific Program, which will be conducted on November 13-14 at the Westin La Cantera Resort.

The theme this year will be "Advances in Clinical Psychiatry" and focus on Schizophrenia, Dementia, Bipolar Depression, PTSD, Borderline Personality and Ethics. The program will offer 11 hours of Category 1 CME credit, including 2 hours of Ethics CME credits.

The CME Committee, led by Dr. Jefferson Nelson, has designed a truly exceptional continuing medical education activity that you will NOT want to miss. The program offers the most up-to-date, evidence-based, clinically-relevant information designed to meet the current needs in all of our clinical practices and advance our competence and effective use of targeted skills. The first day will begin with a presentation by **Dr. Robert Freedman**, recently published in the March, *American Journal of Psychiatry*, on "The Psychiatrist's Role in the Health of the Pregnant Mother and the Risk for Schizophrenia in her Offspring," and all of the research related to it. This will be followed by a dynamic Panel / Case Conference Presentation "Diagnostic Issues of Major Types of Dementia, Clinical Implications, Treatment Planning and Advice for Families" with renowned physicians, **Kevin F. Gray, MD**; **Donald R. Royall, MD** and **Paul E. Schulz, MD**. After the Business Meeting Luncheon, **Dr. Carol North** will present on "PTSD: A Clinical Diagnosis in Need of Revision." Dr. North is an international leader in shaping the science of disaster mental health epidemiology. She and her research team have studied nearly 3,000 survivors of major disasters and she developed the mental health training programs provided to several thousand New York City mental health professionals after the 9/11 terrorist attacks, whose training has subsequently expanded nationally. Closing out the day will be

Dr. Vivek Singh reporting the findings regarding "Clinical Implications of Recent Research on Bipolar Depression." Dr. Singh has a keen interest in the clinical, biological and phenomenological research of Bipolar Disorders. He has been involved in the development of a new rating scale in the assessment of this complex illness, the Bipolar Inventory of Symptom Scale (BISS) which is a more comprehensive scale to assess symptoms in this illness.

On Sunday, the scientific meeting continues with two presentations. **Dr. John M. Oldham**, President-Elect of the American Psychiatric Association and Senior Vice President and Chief of Staff at the Menninger Clinic in Houston, will address "Personality Disorders: Preserving the Past and Charting the Future." The origins of the DSM of Mental Disorders will be presented and how the personality disorders have been classified in each DSM edition. After a look at prevalence data, current controversies will be reviewed about how to classify these disorders. Proposed changes being considered for the PDs that are currently posted on the DSM5 website of the APA will be discussed. The final presentation gives us all the two hours of Ethics CME credit we need for our Texas medical license renewals. **Dr. Michael R. Arambula, MD** will present on "Informed Consent in Psychiatry: Focus on Medication Management" and provide information to effectively provide informed consent to patients concerning psychiatric treatment options.

In addition to the formal CME program, there will be a special program for Residents on exiting residency and establishing a practice on Friday at 1:30 pm.

Service

There are numerous ways a Texas psychiatrist can provide service to the profession of psychiatry, to patients and to the community through involvement in organized psychiatry. One important way is on Thursday and Friday, November 11-12. Texas psychiatrists will be engaged with five TSPP Councils (Advocacy, Education, Service, Fellowship and Leadership) encompassing 13 committees working on issues and opportunities. The committees include the Government Affairs, CME, MIT Section, Professional Practice Management, Academic Psychiatry, Children and Adolescents, Forensic Psychiatry, Public Mental Health, Chapter Leadership Forum, Ethics, Distinguished Fellowship, Finance and Strategic Planning.

Fellowship

During the Annual Convention, psychiatrists will have several opportunities to network and socialize with colleagues from all regions of Texas and from all types of practices. Life-time friendships are started and continued at these meetings. A special golf outing for members is scheduled for Thursday at the beautiful La Cantera Resort Golf Course. You do not want to miss the Welcome Reception with Exhibitors on Friday evening beginning at 6:30 pm. And enjoy the bountiful breaks and possibly take home a gift won during drawings conducted during breaks. And finally, cap off the Awards Banquet Saturday evening on the dance floor.

Leadership

Participation in organized psychiatry builds leaders for the profession. And during the TSPP Annual Convention, leaders are recognized. During the TSPP and Foundation Business Meeting Luncheon on Saturday (12:45-2:15 pm), the first ever Spencer Bayles Special Membership Acknowledgment will be presented to Horace DeFord, MD (Dallas), recognizing longstanding and consistent participation in TSPP activities. Also during the Business Meeting, the David Pharis Award for Excellence In Hospital Quality Improvement will be presented.

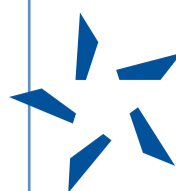
Saturday evening is always reserved for the TSPP Awards ceremony where we honor our own outstanding Psychiatrists. **Dr. Conway McDonald**, of Dallas, will receive the Distinguished Service Award for his years of service to TSPP and the field of psychiatric medicine. **Dr. Steven R. Pliszka**, of San Antonio, will receive the Psychiatric Excellence Award for his outstanding contributions and service as an educator, clinician, and medical administrator. Finally, **Dr. Carol S. North**, of Dallas, will receive the Special Service Award for her service and clinical contributions to psychiatry in disaster mental health.

So, whether a member or not, if you want to experience some of the values of organized psychiatry membership, please plan to attend TSPP's 54th Annual Convention and Scientific Program on November 12-14 in San Antonio at the Westin La Cantera Resort. We hope to see you in San Antonio in November!

For more information about the Annual Convention and Scientific Program, see pages 3-5.

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Medicare Needs a Fix

Richard Noel, MD, President, Texas Society of Psychiatric Physicians



Richard Noel MD

A 75 year old woman prepares for her yearly exam with her trusted neighborhood GP—the primary care physician that she has seen for over 25 years. The day before the appointment, his office calls her to cancel the appointment, explaining that he has opted out of Medicare! In a scene that is becoming more common throughout our country, my mother-in-law came face to face with the Medicare Crisis. I was able to refer her to a large primary care group practice close to my office; this group still accepts Medicare—for now—but they are already warning their patients that they might opt out unless Congress acts to prevent further Medicare cuts. Also in Houston, this past year a very large multispecialty group announced that it was no longer accepting new Medicare patients, unless they participated in this Clinic's Medicare Advantage Plan. In North Carolina, 120 physicians have opted out of Medicare this year.

These physicians, of course, are not merely callous, greedy doctors; they are simply trying to stay in practice. My mother-in-law's GP has been the quintessential 'Marcus Welby' type of primary care physician; for example, 15 years ago he personally made house calls to my in-laws in order to collect blood from my father-in-law, who was housebound due to weakness from his cancer treatment. This physician is also my own pcp; when I saw him last month for my annual exam, he

explained his dilemma: he had moved his office two blocks last year—and Medicare stopped paying him altogether! By the time this was cleared up, he decided the low payment and bureaucratic hassles were not conducive to staying in practice. I know two psychiatric colleagues in Houston who have faced similar ridiculously long delays in receiving payment from Medicare after they moved their practices.

For the past ten years Congress has played a 'game of chicken' with physicians over the issue of Medicare payment. Due to the fatally flawed SGR payment system, every year physicians have faced cuts in payment; every December, until the past two years, at the last possible moment Congress passed a temporary one year 'fix' that staved off projected cuts in payment. This year has seen the passage of four 'temporary fixes'—the latest one being the passage of HB 3962 ("The Preservation of Access to Care for Medicare Beneficiaries and Pension Relief Act of 2010") on June 24, which President Obama signed into law on June 25. This bill provides for a 2.2% raise, effective through November 30; then, unless Congress acts, physicians face a 23% cut in payment, which will raise to nearly 30% cut on January 1, 2011.

Lower payment, nonpayment if you move your office around the block, and the threat of "RAC's"—it's surprising that more physicians don't leave Medicare. It almost appears that

the Federal Government's solution to easing the Medicare Budget is to discourage physicians from participating! However, we all went into medicine to heal the sick; we have an aging population; plus many of our most severely psychiatrically ill patients are on Medicare, regardless of their age.

It seems that most reasonable people agree that the SGR payment system is flawed, but not enough members of Congress have demonstrated the political courage to overhaul SGR. The longer Congress takes to enact change, the more expensive the repair becomes. The AMA has estimated that had Congress acted 5 years ago, the 'SGR fix' would have cost \$49 billion over ten years. Now it is estimated that the 'SGR fix' would cost \$276 billion over 10 years; this figure could rise to \$500 billion within the next 5 years. This latest 6 month 'patch' will cost \$6.5 billion over ten years.

To be fair, designing a 'SGR fix' is not easy. It is difficult to devise a system that provides access to care for all, adequately compensates those that provide the care, allow for American ideals of freedom of choice in their medical care, while not 'breaking the bank.' One tempting set of targets for cuts are the Medicare Advantage Plans. While it can be argued that they do not provide the most cost-effective care for each Medicare beneficiary as far as CMS is concerned, when making cuts here one should consider the effects

of such cuts on the many seniors who rely on these programs (including my own parents as well as other seniors that I know).

Ultimately, it is up to our society to decide where we place our values. This is especially critical as the country implements health care reform. It is a hollow promise to say that we are providing 'access to care' if we are relying on inadequately funded programs such as Medicare & Medicaid to provide the 'access.' Physicians want to continue to help the sick—this is what we have devoted our lives to do—but we can't do that if our practices can't stay open. I urge you to work with organized medicine to let our Congress know that SGR must be fixed now! The AMA, APA, and TMA websites provide information on the efforts of our medical societies to help Congress understand the importance of this most important issue. ■

TSPP Advocacy Fund Receives Broad Support

Campaign to End on December 31

On January 1, 2010, TSPP launched an appeal for members to contribute \$100 each to the TSPP Advocacy Fund. As of September 13, 2010, almost 70% of members have already responded with their payment of \$100. TSPP's goal is to reach 100% participation by year-end. If you have not already given to the TSPP Advocacy Fund, TSPP would appreciate your support.

TSPP's Executive Council approved a one-time \$100 assessment in November to be applied to all members except for residents in 2010. The assessment even applies to inactive members and life status members who have earned the privilege of being "dues exempt." A similar action was taken by TSPP in the mid-1980's, which contributed significantly to

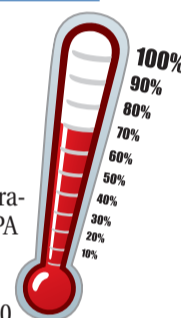
the establishment of TSPP's Advocacy Fund, a fund not included in TSPP's usual annual operating expenses. As provided for in TSPP's Bylaws, the Executive Council has the duty and responsibility of levying such dues and assessments. The governing body would not have made this second request for an assessment in over twenty years if it were not because of serious financial issues. The measure was also taken in lieu of a dues increase, which would be permanent and would be a requirement to maintain membership in TSPP, as well as the APA and Chapters because of joint membership requirements. While the Executive Council could have chosen to require payment of the \$100 assessment to maintain membership, the Executive

Council chose instead that payment of the assessment be voluntary and not be mandatory. However, there is an expectation that members will voluntarily be supportive of their professional association, even during difficult financial times for all.

TSPP's annual dues of \$395 for most members do not cover all that TSPP does. For example, over the past 5 years, dues income was only 71% of TSPP's operating budget. This means that if dues were to cover all that TSPP does, dues would need to be about \$535 instead of \$395. The Advocacy Fund and non-dues revenue generated by TSPP have allowed TSPP to maintain its dues structure constant for many years, avoiding dues increases for members to cover any operating

deficits. As a result, TSPP's dues are substantially less than other comparably-sized District Branches of the APA (ie Florida = \$510; Pennsylvania = \$420; and Washington DC = \$500).

So, a one-time investment of \$100 (\$8.33/month) in 2010 will replenish the Advocacy Fund, if all members participate. Below is a listing of members who have already supported the 2010 Advocacy Fund. The list also includes some non-members who have chosen to support this important program for Texas Psychiatry. If your name is not on the list, we hope that you will participate and help TSPP achieve 100% participation by December 31 when the final Advocacy Fund Honor Roll will be published. ■



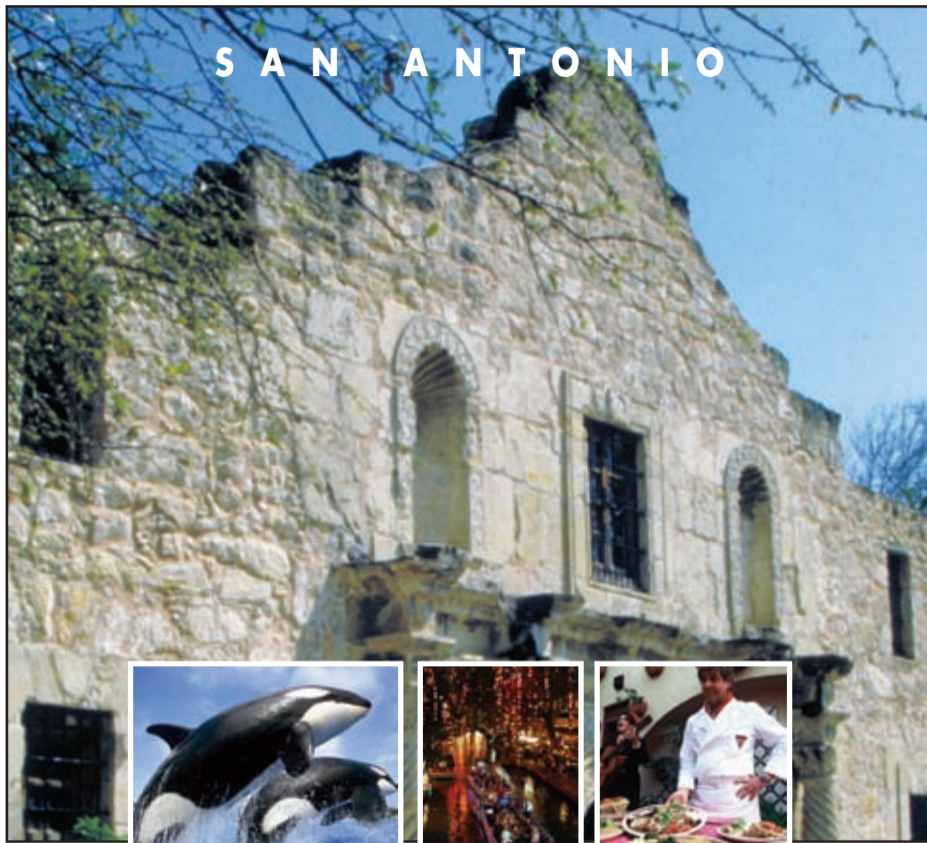
2010 Advocacy Fund Honor Roll

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|---|--|--|--|---|---|---|--|---|--|---|--|---|
| ACKERMAN, BM
ADINOFF, BH
ADKINS, CF
AILLON, GA
AL JURDI, RK
ALAM, S
ALEKSANDER, BG
ALEXANDER, GS
ALI, O
ALTSCHULER, MA
ALTSCHULER, K
ANAND, V
ANDERSEN, AE
AOUEILLE, III, B
ARAMBULA, MR
ARAUZO, AC
ARFA, KS
ARLINGHAUS, KA
ARUFFO, RN
ASAMOAH, T
ASGHAR-ALI, A
AVILES-ROIG, F
AXELRAD, AD
AZATIAN, A
BADHIWALA, SP
BAILLARGEON, JG
BAINS, LW
BAKER, JG
BALDERAS, TG
BANKS, K
BARON, JD
BARRETT, RM
BASHIR, KH
BASKIN, TG
BASU, MH
BAYLISS, JM
BEARD, LB
BEAVERS, WR
BECKER, EA
BECKER, PM
BECK, PF
BENNETT, BJ
BENTON, CL
BEVEN, GE
BEYER, A
BEYER, JR, DH
BHASKARAN, V
BICKHAM, JG
BILOLIKAR, S
BLACK, JL
BLAISDELL, G
BLANTON FLOWERS, CE | BLOTCKY, MJ
BODEA-BAROTHI, PS
BOHNN, JH
BOLAND, HL
BOLEY, JM
BONDURANT, WW
BOWDEN, CL
BRADSHAW, CM
BRANDON, TR
BRENER, DM
BRIMMER, II, RA
BRIONES, DF
BRIONES, JR, F
BROCK, KJ
BROWNLEE, JR, EN
BROWN, DW
BROWN, III, FW
BROWN, KA
BROWN, KS
BROWN, ML
BRYLOWSKI, A
BUCKINGHAM, JA
BURKETT, JH
BURKE, W
BURROWS, MS
BURRUSS, JW
BUSCH, G
BUSWELL, AL
BUTLER, PM
BUTTAR, GS
BUTTERMAN, JM
CAHILL, AJ
CAMBOR, CG
CANON, JR
CANTU, R
CARCHEDI, LR
CARDONA, ER
CARMONA, JJ
CARSON, D
CASEY, SB
CASSIDY, JW
CASSO, AG
CASTILLO, SH
CASTRO, R
CEPEDA, C
CHEN, CA
CHEN, FY
CHERRY, JS
CHILDERS, JR, CA
CIGARRA, J
CLAGHORN, JL
CLAYTON, LK
CLOUGH-STOKAN, DS
COHEN, IM | COLE, LB
COLLIER, RO
COMMODORE, MM
CONROY, N
COOKE, III, JC
COONS, RE
COOPER, EN
CORDELL, LJ
CORDES, JA
CORNETT, TA
COSTELLO, LE
COTA, FJ
COWAN, K
COX, JR, VM
CREAGER, GB
CREED, JB
CRESON, DL
CRISP-HAN, H
CROARKIN, PE
CROFT, HA
CROWSON, HA
CROWDER, JD
CRUMLEY, FE
CRUMPACKER, DW
CUMMINGS, RM
CZELUSTA, K-LT
DALE, JW
DALTON, GD
DANLY, DR
DAVIDSON, EJ
DAWES, MA
DAY, HK
DE LA TORRE, J
DEARDORFF, D
DEBORG, J
DEFORD, HA
DEFORSTER, EMC
DEFOY, WJ
DELGADO, PL
DEMOOR, TM
DENNEY, R
DENTINO, AN
DEUTER, M
DEV, D
DIVITA, G
DJOKOVIC, M
DODSON, JW
DOLLINGER, TR
DONACHIE, ND
DORFMAN, JF
DOTTER, JH
DOYLE, EJ
DRANETZ, DM | DRELL, WK
DUNN, MH
DURAND-HOLLIS, G
DYER, JT
EARTHMAN, BS
EBAUGH, JR, IA
EDDINS-FOLSENBERG, FF
EILERS, SG
EINSPRUCH, BC
EISENHAEUER, G
ELKIN, SR
ELLIOTT, III, B
EMERY, CR
EMORY, LE
ESCOBAR, CE
ESTRADA, C
GROMOV, II
GRUBER, NP
GUERRA, JR, C
GUTIERREZ, JA
GUTIERREZ, VA
FASON, FL
FEHR, BS
FERMO, JR, VM
FINN, AH
FISCHER, CH
HALL, JL
HANRETTA, AT
HANSEN, DB
HARDEN, RJ
HARE, JR, HP
HARFORD, MW
HARRISON, CD
HART, LP
HARVEY, EL
HAUSER, DE
HAUSER, LA
HAWKINS, LL
HAYES, SA
HEDDEN, EA
HENAO, S
HENAO, WW
HENDERSON, JB
HENDRICKSE, WA
HETHERLY, V
HICKS, PB
HILLMAN, FA
HIRSCHFELD, RMA
HODGES, RG
HOLCOMB, WL
GERBER, BM
GINSBERG, LD
GIORDANO, FL
GIRAY, N | GITTESS, FH
GLASS, GS
GLENN, TJ
GOEN, ML
GOEN, RR
GOFF, EW
GOGGIN, DA
GOLDEN, CZM
GONZALEZ, EA
GONZALEZ, M
GOODWIN, JP
GRABLE, KH
GRAHAM, GD
GRANADO, EG
GUYN, RW
GREEN, JH
GREWAL, R
CRISP-HAN, H
GRUBER, NP
GUERRA, JR, C
GUTIERREZ, JA
GUTIERREZ, VA
FASON, FL
HAGEMAN, JM
HAIDER, K
HALFANT, KA
HALLOCK, KR
HALL, JL
HANRETTA, AT
HANSEN, DB
HARDEN, RJ
HARE, JR, HP
HARFORD, MW
HARRISON, CD
HART, LP
HARVEY, EL
HAUSER, DE
HAUSER, LA
HAWKINS, LL
HAYES, SA
HEDDEN, EA
HENAO, S
HENAO, WW
HENDERSON, JB
HENDRICKSE, WA
HETHERLY, V
HICKS, PB
HILLMAN, FA
HIRSCHFELD, RMA
HODGES, RG
HOLCOMB, WL
GERBER, BM
GINSBERG, LD
GIORDANO, FL
GIRAY, N | HOPPER, KC
HORVATH, T
HOWE, DD
HOWE, DD
HO, OL
HUDDLESTON, JR, JE
HUDSON, KO
HUGG, TW
HUMPHREY, IL
HURD, CL
HUSSAIN, M
HUSSAIN, MM
IFESINACHUKWU, FA
ILLICH, MB
INGHAM, DA
ISHAM, AC
IYER, VI
JACOBS, MS
JAECKLE, RG
JAMESON, GK
JAMES, KD
JEFFREYS, MD
JENKINS, C
JOHNSON, CR
JOHNSON, DN
JOHNSON, PA
JOHNSON, SR
JOHNSTONE, EE
JOHN, EM
JONES, AR
JONES, MN
JONES, WM
JOSEPHS, J
KAMBLE, NV
KANE, JP
KAPOOR, V
KARAM-HAGE, M
KATIC, A
KAUFMAN, DA
KAY, DC
KELLER, WF
KELLY, UB
KELLY, MT
KHAN, AA
KHUSHALANI, AI
KIM, BC
KIM, HF
KIRBY, JF
KIRBY, WL
KIRKHAM, JE
KNIPSTEIN, RC
KNOX, DK
KOLI, M | KONYECSNI, WM
KORENMAN, PD
KOSTEN, TR
DYER, JT
KOTLA, KJ
KOWALSKI, DA
KOWALSKI, P
KOZEL, FA
KRAFT, JA
KRAMER, SJ
KREISLE, JR, JE
KRELL, TW
KROLL, GW
KUDISCH, AD
KUMAR, SR
KUMIK, ME
KUTNICK, J
LAHIRI, S
LANE, RB
LAWRENCE, LE
LAVENI, A
LEON, RL
LEVENTON, GS
LEVVA, JJ
LINDSEY, JN
LINEBACK, JR, WG
LIPPMAN, G
LITTLE, MS
LIVERMAN, RE
LOCKHART, JC
LOGAN, WM
LOMAX, II, JW
LOPEZ-LIRA, T
LOYA, A
LU, TC
LYMAN, RE
MACEDO, CA
MACIAS, CT
MADIGAN, MJ
MAGID, M
MALDONADO, JL
MALIK, N
MALKINA, S
MALLETT, MK
MALONE, GL
MANGIPUDI, MVS
MAO, AR
MARCELLUS, JE
MARKLE, RL
MARKS, SF
MARSH, L
MARSH, RW
MARTINEZ, C
MARTINEZ, ON
MARTINI, SR | MARTIN, HC
MARUVADA, UR
MATHWEES, PA
MATHREW, SP
MAXWELL, RH
MAY-DAVIS, R
MAYNARD, JJ
MAY, JM
MA, TT
MCCLAM, ML
MCDANALD, C
MCFERRIN, G
MCGOVERN, JR
MCGREGOR, JC
MCINTYRE, K
MCKELLAR, A
MCLAUGHLIN, DW
MCLAUGHLIN, DW
MCMAHON, TC
MCMANIS, SE
MCMILLAN, MF
MCREYNOLDS, EU
MCROBERTS, III, RL
MEDRAGNO, MA
MEEKER, W
MEEKER, W
MENDIA, E
MENDOZA, RV
MERCADO, M
MERNIN, GP
MIAN, M
MICHELSEN, SL
MIEARS, BA
MIESCH, ML
MIGNOSA, AM
MIKHAIL, AR
MILES, JJ
MILLER, AL
MILLER, GE
MILLER, H
MIRABI, M
MIRZA-GRUBER, M
MITCHELL, WH
MOELLER, MS
MOHL, PC
MONTGOMERY, JC
MOORE, RA
MOORE, RF
MOORE, WP
MOORE, WT
MORANVILLE, GL
MORRIS, JE
MORROW, K
MOSQUEDA, RA | MOY, CK
MUMMERT, D
MUNDY, SD
MUNSON, AK
MUNYON, WH
MUSGROVE, MICHAEL
MUZZOZODRUMMOND, S
MYERS, DA
NACE, EP
NASIR, M
NATI, CA
NEAVES, N
NECESSARY, SD
NELSON, JE
NGUYEN, MP
NGUYEN, SV
NOEL, RL
NORTH, CS
NOSS, MR
O'RY, JJ
OCHSNER, AL
OFOMATA, IR
OKAYI, G
OLIVERA, RL
ONUOHA, B
OROCOSKY, VC
ORSAK, CB
ORTIZ, LM
OSBORNE, AM
OSTERMEYER, B
PAGAN, JE
PALMER, JR, RE
PARIKH, AR
PARIKH, RR
PARKER, LM
PARKER, S
PARTIDA, AE
PASCOE, JD
PASCUA-LIM, EG
PATEL, BN
PATEL, H
PATEL, NS
PATEL, RP
PATE, JE
PATTERSON, GK
PEARSON, III, DB
PEARSON, JR, GT
PENN, JV
PERCHES, L
PERKINS, HA
PESKOFF, RB | PFEIFER, CM
PHAM, CV
PIEGARI, SS
PIERCE, LY
PINELL, OC
PIPKIN, ML
PITTMAN, MR
PLUSZKA, SR
PODARWITZ, AL
POLAVARAPU, VR
PONDER, SM
PRABHU, MR
PRELANIC, A
PRENZLAUER, SL
PURCELL, ND
QUINLAN, JD
QUINTANILLA, J
RAFFETY, M
RAHMAN, A
RAICHMAN, JA
RAJ, JM
RAMADAS, E
RAO, M
RAO, S
RAO, U
RASCO, SS
RAYASAM, K
RAY, P
REDDY, T
REDMOND, FC
REID, WH
REIFSLAGER, JR, WE
REILLY, EL
RESTREPO, MK
REZAI, M
RHODES, LJ
RICHMOND, LH
RIOS, A
RIPPERGER-SUHLER, JA
ROBERTS, CA
ROBERTS, CJ
ROBINSON, VR
ROCHE, SA
RODRIGUEZ, FJ
ROGENESS, GA
ROGERS, JA
ROOT, L
ROOT, WW
ROSENSTOCK, HA
ROSENTHAL, MR
ROSEN, DH
ROSKOS, SR
ROSS, CA | ROSS, CW
ROY, PK
RUBASHKIN, B
RUCINSKI, RJ
RUGGERO, PA
RUSH, JR, AJ
SAFARIMARYAK, S
SALAM, A
SALAZAR, G
SALVATORE, KA
SAMANIEGO, JR, HX
SANCHEZ, HR
SANTOS, GD
SARFRAZ, N
SAWYER, JC
SCARANO, VR
SCARDINA, RG
SCHAEFFER, MH
SCHAROLD, ML
SCHLEUSE, W
SCHMIDT, IEA
SCHNEIDER, GA
SCHOOLAR, JC
SCHOONMAKER, JB
SCHREIBER, OJ
SCHUBERT, MH
SCHUENEMEYER, A
SCHUSSLER, I
SCHWARTZ, MA
SCOTT, NG
SEATON, SL
SECRET, I
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54th Annual Convention & Scientific Program

“Advances in Clinical Psychiatry: Schizophrenia, Dementia, Bipolar Depression, PTSD, Borderline Personality and Ethics”

November 12-14, 2010 • Westin La Cantera Resort • San Antonio, Texas



MEETING REGISTRATION

See Registration Form or visit the website www.txpsych.org for TSPP/TAP's Special Discounted Meeting Registration Fees for this year's convention. The earlier you register, the greater the savings!

HOTEL RESERVATIONS

ALL MEMBERS AND NON-MEMBERS ARE INVITED TO JOIN US!! TSPP's 54th Annual Convention and Scientific Program will be held at the Westin La Cantera Hotel, 16641 La Cantera Parkway, San Antonio, Texas. For room reservations at the Westin La Cantera Hotel, call: 1-800-937-8461 **PRIOR TO OCTOBER 12** and ask for the **TSPP DISCOUNTED RATE OF \$165.00 AND WAIVED RESORT FEE**. All TSPP Annual Convention Registrants are invited to attend the complimentary Welcome Reception on Friday evening and encouraged to participate in the free drawings to be held throughout the weekend for several great prizes to be awarded through the weekend!!

TSPP MEMBERS IN TRAINING POSTER SESSION

All TSPP Members in Training members are also encouraged to submit a poster session for display in the TSPP Exhibit Hall during the Annual Convention. If interested in submitting an entry, please email tsppofc@aol.com.

WELCOME RECEPTION WITH EXHIBITORS

All TSPP Annual Convention Registrants are invited to attend the complimentary Welcome Reception on Friday evening and encouraged to participate in the free drawings to be held throughout the weekend for several great prizes to be awarded through the weekend!!

AWARDS RECEPTION / BANQUET AND EVENING OF ENTERTAINMENT

Saturday evening's festivities begin with a complimentary wine and cheese reception, followed by an elegant dinner and awards presentation and ceremony. After the awards ceremony, we invite everyone to stay and enjoy an evening of fun and entertainment!

GOLF OUTING

TSPP Members and Guests interested in playing a 'relaxing' game of golf on Thursday, November 11, at the beautiful Westin La Cantera golf course, please check the box on the registration form and additional information will be sent to you as the plans are finalized.

SPECIAL INCENTIVE OFFER FOR TSPP MEMBERS-IN-TRAINING AND TRAINING DIRECTORS

All TSPP Member-in-Training members and their Training Directors are encouraged to attend this year's Annual Convention for an excellent CME program and fellowship with colleagues!

As a Special Incentive this year, TSPP will waive/refund the Members-in-Training member's Scientific Program registration fee IF the member's Training Director registers for the Scientific Program. So Residents, encourage your Training Director to register and then send in your registration form, with the name of your program director noted, and then plan on attending the Scientific Program FREE!

CONGRATULATIONS to This Year's Honorees:



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DISTINGUISHED SERVICE AWARD



Steven R. Pliszka, MD
San Antonio
PSYCHIATRIC EXCELLENCE AWARD



Carol S. North, MD,
Dallas
SPECIAL SERVICE AWARD

PROGRAM AT A GLANCE

THURSDAY, NOVEMBER 11

12:00 PM - 5:00 PM **Golf Outing at La Cantera Resort Course**
4:00 PM - 8:00 PM **Registration**
4:30 PM - 6:00 PM **TSCAP Executive Committee**
6:30 PM - 7:30 PM **COUNCIL ON FELLOWSHIP**
Chapter Leadership Forum
7:30 PM - 9:00 PM **Federation Delegate Assembly**

FRIDAY, NOVEMBER 12

7:30 AM - 7:00 PM **Registration**
7:30 AM - 8:30 AM **Foundation Board of Directors**
8:30 AM - 10:00 AM **COUNCIL ON LEADERSHIP**
Ethics Committee
Distinguished Fellowship Committee
Finance Committee
Strategic Planning Committee
10:00 AM - 12:00 PM **COUNCIL ON SERVICE**
Academic Psychiatry Committee
Children & Adolescents Psychiatry Cmte
Forensic Psychiatry Committee
Public Mental Health Services Cmte
12:00 PM - 1:30 PM **PROGRAM LUNCHEON**
1:30 PM - 3:30 PM **Academy Board of Directors**
1:30 PM - 3:30 PM **COUNCIL ON EDUCATION**
CME Committee
MIT Section on Psychiatry
Professional Practice Management Committee

FRIDAY, NOVEMBER 12

3:30 PM - 5:00 PM **COUNCIL ON ADVOCACY**
Government Affairs Committee
5:00 PM - 6:30 PM **Executive Council Meeting**
6:30 PM - 8:30 PM **Welcome Reception w/ Exhibitors**

SATURDAY, NOVEMBER 13

7:00 AM - 7:45 AM **Complimentary Continental Breakfast w/Exhibitors**
7:00 AM - 7:00 PM **Registration**
7:00 AM - 5:00 PM **Exhibits**
8:00 AM - 5:50 PM **CME SCIENTIFIC PROGRAM**
10:15 AM - 10:35 AM **Refreshment Break w/Exhibitors/Door Prize Drawings**
12:45 PM - 2:15 PM **LUNCHEON**
TSPP & Texas Foundation Annual Business Meetings
4:15 PM - 4:35 PM **REFRESHMENT BREAK**
6:30 PM - 7:00 PM **AWARDS BANQUET RECEPTION**
7:00 PM - 11:15 PM **AWARDS BANQUET & EVENING OF ENTERTAINMENT**

SUNDAY, NOVEMBER 14

7:30 AM - 1:00 PM **REGISTRATION**
7:30 AM - 12:30 PM **Refreshment/Continental Breakfast for Meeting Registrants**
8:00 AM - 12:30 PM **CME SCIENTIFIC PROGRAM**
10:15 AM - 10:30 AM **REFRESHMENT BREAK**



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SCIENTIFIC PROGRAM

“Advances in Clinical Psychiatry: Schizophrenia, Dementia, Bipolar Depression, PTSD, Borderline Personality and Ethics”

SCIENTIFIC PROGRAM SCHEDULE

SATURDAY, NOVEMBER 13

8:00 AM - 8:15 AM

Welcome & Introductions

8:15 AM - 10:15 AM

The Psychiatrist's Role in the Health of the Pregnant Mother and the Risk for Schizophrenia in her Offspring

Robert Freedman, MD

Objectives: At the conclusion of the program participants will be able to demonstrate improved competence in counseling pregnant women regarding treatment options for psychiatric disorders with risks and benefits.

10:15 AM - 10:35 AM

Refreshment Break with Exhibitors

10:35 AM - 12:35 PM

Case Conference: Diagnostic Issues of Major Types of Dementia, Clinical Implications; Treatment Planning and Advice for Families

Kevin F. Gray, MD; Donald R. Royall, MD; Paul E. Schulz, MD

Objectives: At the conclusion of the program participants will be able to demonstrate competence in the diagnosis and treatment of dementia and related disorders.

12:35 PM - 12:45 PM

Break

12:45 PM - 2:15 PM

Annual Business Meeting Lunch

2:15 PM - 4:15 PM

PTSD: A Clinical Diagnosis in Need of Revision

Carol S. North, MD, MPE

Objectives: At the conclusion of the program participants will be able to demonstrate improved competence in the diagnosis and treatment of Post Traumatic Stress Disorder in adults and adolescents.

SATURDAY, NOVEMBER 13 cont.

4:15 PM - 4:35 PM

Refreshment Break

4:35 PM - 5:35 PM

Clinical Implications of Recent Research on Bipolar Depression

Vivek N. Singh, MD

Objectives: At the conclusion of the program participants will be able to demonstrate improved competence in the diagnosis and treatment of bipolar depression.

5:35 PM - 5:50 PM

Closing Remarks

SUNDAY, NOVEMBER 14

8:00 AM - 8:15 AM

Welcome And Introductions

8:15 AM - 10:15 AM

Personality Disorders: Preserving the Past and Charting the Future

John M. Oldham, MD, MS

Objectives: At the conclusion of the program participants will be able to demonstrate improved competence in the diagnosis and treatment of borderline personality disorder.

10:15 AM - 10:30 AM

Refreshment Break

10:30 AM - 12:30 PM

Ethics Topic: Informed Consent in Psychiatry, Focus on Medication Management

Michael R. Arambula, MD, R.Ph

Objectives: At the conclusion of the program participants will be able to demonstrate ability to effectively provide informed consent to patients concerning psychiatric treatment options.

12:30 PM - 12:45 PM

Closing Remarks

TARGET AUDIENCE / PROGRAM OBJECTIVES

This CME program is designed with didactic lectures, panel discussions and case study presentations in multiple educational sessions. The program is designed to provide its' primary target audience of Adult and Adolescent Psychiatrists, including the Child and Adolescent and Geriatric Psychiatrists that specialize in these areas, as well as other specialties of medicine, with high-quality, evidence-based, clinically-relevant information regarding ethics, new developments in treatment and new directions in research to address the professional practice gaps of the learners and advance the physicians' competence and effective use of targeted skills, thereby improving their diagnostic acumen; their ability to interpret medical information and treatment options to patients and their abilities to use evidence based medicine, so that they may develop strategies to apply the knowledge, skills and judgment of the information presented in the educational activity into their practice.

ACCREDITATION

The Texas Society of Psychiatric Physicians designates this educational activity for a maximum of eleven (11) AM A PRA Category I Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The presentation entitled “Informed Consent in Psychiatry, Focus on Medication Management” has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

ABOUT THE SPEAKERS

Michael R. Arambula, M.D., Pharm.D.

Private Practice, General and Forensic Psychiatry, Clinical Pharmacology
San Antonio, Texas

Clinical Associate Professor of Psychiatry and Interim Director
Forensic Psychiatry Fellowship Program
Department of Psychiatry
University of Texas Health Science Center at San Antonio
San Antonio, Texas
Consultant, Texas Department of Criminal Justice
Public Service, Texas Medical Board

Robert Freedman, M.D.

Editor, American Journal of Psychiatry
Professor, Department of Psychiatry and Pharmacology
Director, Schizophrenia Research Center
Chair, Department of Psychiatry
University of Colorado Health Sciences Center
Denver VA Medical Center
Denver, Colorado

Kevin Gray, M.D.

Private Practice, Geriatric Psychiatry and Psychiatry
Dallas, Texas
VA Medical Center Mental Health
Dallas, Texas
Assistant Professor
Department of Neurology
UT Southwestern Medical Center
Dallas, Texas

Carol S. North, M.D., MPE

Director of the Program in Trauma and Disaster
VA North Texas Health Care System
Dallas, Texas

The Nancy and Ray L. Hunt Chair in Crisis Psychiatry and Professor, Departments of Psychiatry and Surgery
Division of Emergency Medicine
Section on Homeland Security
The University of Texas Southwestern Medical Center
Dallas, Texas

John M. Oldham, M.D., MS

Senior Vice President and Chief of Staff
The Menninger Clinic
Houston, Texas

Professor and Executive Vice Chair
Menninger Department of Psychiatry and Behavioral Sciences
Baylor College of Medicine

President
American College of Psychiatrists
President-Elect
American Psychiatric Association

Donald R. Royall, M.D.

Professor, Department of Psychiatry
Professor, Department of Family & Community Medicine
Professor, Department of Clinical Pharmacology
Professor, Department of Medicine
Chief, Division of Aging & Geriatrics
University of Texas Health Science Center
San Antonio, Texas

Director of Research
Freedom House Foundation
San Antonio, Texas

Paul E. Schulz, M.D.

Associate Professor, Department of Neurology
Director, Dementia and Memory Disorders Program
The University of Texas Medical School of Houston
Houston, Texas

Vivek N. Singh, M.D.

Assistant Professor of Psychiatry and
Director of the Psychiatric Consultation Liaison Service
and Chairman of the Institutional Review Board
University of Texas Health Science Center
San Antonio, Texas

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS
54th Annual Convention and Scientific Program

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TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS
2010 ANNUAL CONVENTION & SCIENTIFIC PROGRAM

November 12-14, 2010 • Westin La Cantera Resort • San Antonio, Texas

Please complete this form and return it with your check, money order or credit card information for your registration and event fees to the Texas Society of Psychiatric Physicians, 401 West 15th Street, Suite 675, Austin, Texas 78701 by October 12 to receive the discounted registration fee. Registration forms and payments by credit card may be faxed to TSPP at 512/478-5223.

NAME _____ E-MAIL _____
 Please check if you are a: APA Fellow APA Distinguished Fellow APA Life Fellow APA Distinguished Life Fellow

ADDRESS _____ CITY _____ STATE _____ ZIP _____ PHONE _____

NAME(S) GUEST(S) ATTENDING (for name badges) _____

REGISTRATION FEES

Indicate the NUMBER of individuals who are registered for each event in the appropriate enrollment category listed below. Please note the enrollment fees are PER PERSON and your payment should reflect the proper fee for the number of individuals registered per event.

NUMBER ATTENDING EVENT	DISCOUNTED REGISTRATION BEFORE 10/12	AFTER 10/12	NUMBER ATTENDING EVENT	DISCOUNTED REGISTRATION BEFORE 10/12	AFTER 10/12
GOLF OUTING - Thursday # <input type="checkbox"/> Please Send Me Additional Information.			SCIENTIFIC PROGRAM - Saturday and Sunday		
LUNCH PROGRAM - Friday # <input type="checkbox"/> Lunch Program	\$20	\$25	# <input type="checkbox"/> TSPP/Academy Member	\$195	\$235
MIT/ECP PROGRAM - Friday # <input type="checkbox"/> MIT/ECP Program	No Chg	No Chg	# <input type="checkbox"/> MIT (TSPP/Academy)	\$25	\$35
WELCOME RECEPTION - Friday # <input type="checkbox"/> NOT Registered or Scientific Program # <input type="checkbox"/> Registered for Scientific Program	\$40	\$50	# <input type="checkbox"/> Non-Member Physician	\$235	\$290
BUSINESS MEETING LUNCH - Saturday # <input type="checkbox"/> TSPP/Academy Member # <input type="checkbox"/> MIT (TSPP/Academy) # <input type="checkbox"/> Guest	\$20	\$25	# <input type="checkbox"/> Non-Member MIT	\$35	\$50
AWARDS BANQUET - Saturday # <input type="checkbox"/> Awards Banquet # <input type="checkbox"/> Reserved Table for 10	\$35	\$55	# <input type="checkbox"/> Allied Health Professional	\$105	\$130
	\$350	\$550	# <input type="checkbox"/> Spouse	\$95	\$120
			# <input type="checkbox"/> Advocacy Organization	\$20	\$25
			CME Meeting Syllabus Order		
			# <input type="checkbox"/> CME Meeting Syllabus In Color	\$70	\$95
			# <input type="checkbox"/> CME Meeting Syllabus In Black/White	Free	Free
			NOTE: All CME program registrants will receive at No Additional Charge a black and white printed copy of the speakers' presentation. Due to the higher cost of color copying, IF you wish to receive the syllabus in color you may purchase a color copy of the speakers' syllabus by checking the box and including the additional charge. The color copy will be provided to you upon check-in the day of the program.		
			<input type="checkbox"/> Vegetarian Plate Requested. No additional fee if requested prior to 10/12, otherwise there will be an additional fee of \$15.00.		
			TOTAL REGISTRATION FEE	\$	

If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605.

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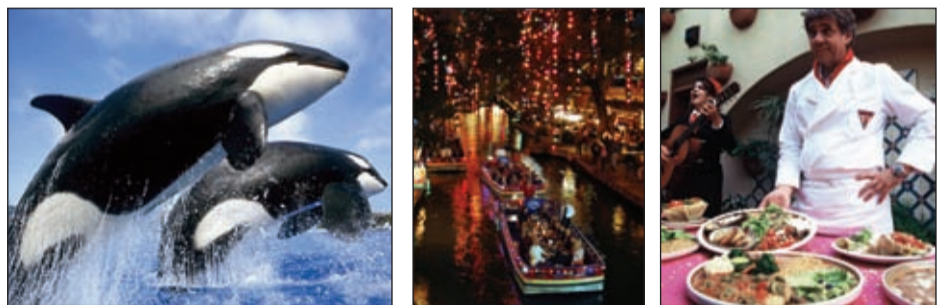
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CANCELLATIONS - Deadline for cancellation is October 12, 2009. In the event of cancellation, a full refund will be made if written notice is received in the TSPP office by October 12, 2010, less a 25% handling charge. NO REFUNDS WILL BE GIVEN AFTER OCTOBER 12, 2010. Individuals are responsible for their making and canceling, if warranted, their personal hotel room reservations.

RETURN TO:
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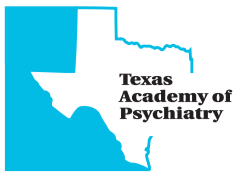
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Psychotropic Medications

Arthur J. Farley, MD, President, Texas Academy of Psychiatry



Arthur J. Farley, MD

Psychotropic medications and their usage again made the front page of The New York Times on September 2, 2010. The headline read "A Child's Ordeal Shows Risks of Psychosis Drugs for Young." The article outlines the story of Kyle Warren who at the age of eighteen months started taking a daily antipsychotic drug on the orders of his pediatrician "trying to quell the boy's severe temper tantrums."

What followed was the toddler's and his family's trek from doctor to doctor, from one diagnosis to another, involving even more medications. He was given diagnoses of Autism, bipolar disorder, ADHD, insomnia, and oppositional defiant disorder. Medications multiplied to match each diagnosis: the antipsychotic Risperdal, the antidepressant Prozac, two soporifics and one for attention-deficit disorder. By then, he was thirty-six months old.

The article in the Times describes him as sedated, drooling and overweight from the side effects of the antipsychotic medica-

tion. His mother described herself as "a person at her wit's end" when she resorted to drug treatment. She said "All I had was a medicated little boy. I didn't have my son. It's like you'd look into his eyes and you would just see blankness."

What followed in the article was a depiction of what we as child, adolescent and adult psychiatrists would want to happen to little Kyle and his mom. She took Kyle to Tulane University's program where he was weaned off his medications. Now, at age six, he is described as "rambunctious and much thinner." Tulane has a program that is aimed at helping low-income families who have mental health problems. Kyle now laughs easily and teases his family.

Data from a September, 2009, report by the Food and Drug Administration shows that a half of a million children and adolescents are placed on antipsychotic drugs; tens of thousands of children are in the preschool age range. A recent Columbia University study found a doubling of the

rate of prescribing antipsychotic drugs for privately insured 2 to 5 year olds from 2000 to 2007 with only 40 percent of them receiving a proper mental health assessment, violating practice standards from the American Academy of Child and Adolescent Psychiatry.

It is clear that poly-pharmacy coupled with poly-diagnoses is a nationwide dilemma for very young children and their parents. This reality is a challenge to all Texas psychiatrists to do what our colleagues at Tulane University did for Kyle and his family. ■

Congratulations....

The following TSPPI/APA members will reach Life Status membership status in January, 2011:

Distinguished Life Fellow:

James Buckingham, MD, Nacogdoches
Patricia Butler, MD, Houston
Mariame Cofresi-Aviles, MD, Houston
Barry Fenton, MD, Dallas
Glen Gabbard, MD, Houston
Jefferson Nelson, MD, Austin
James Rogers, MD, Austin
Alan Swann, MD, Houston
Jay Tarnow, MD, Houston

Life Fellow:

Malathi, Koli, MD, San Antonio

Life Member:

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Lynda Parker, MD, Georgetown
Herbert Perkins, MD, San Antonio
Chat Pham, MD, Arlington
Michael Rosenthal, MD, Dallas
Boris Rubashkin, MD, Houston
Robert Schwartz, MD, Dallas
Joseph Simpson, MD, San Antonio
Renu Thapar, MD, Houston
James Witschy, MD, Fort Worth

TSCAP Program Another Success

The Texas Society of Child and Adolescent Psychiatry conducted their Annual Meeting and Scientific Program on July 23-25 at Moody Gardens Hotel in Galveston. The CME program, "Addressing Substance Abuse in Child and Adolescent Psychiatry: Prevention, Diagnosis and Treatment" offered outstanding presentations to a near record breaking audience of child and adolescent psychiatrists. At the Annual Membership Meeting, Regina Cavanaugh, MD of Belton was installed as the TSCAP President for FY 2010-11 by outgoing President, Paul Croarkin, DO of Dallas.



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The TEXAS PSYCHIATRIST is published 6 times a year in January, March, May, July, September, and November. Members of Federation member organizations are encouraged to submit articles for possible publication. Deadline for submitting copy to the Federation Executive Office is the first day of the publication month. Copy must be edited, acceptable for publication.

Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

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Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation's **JOB BANK** on its website at www.txpsych.org. The Federation's **JOB BANK** could be just what you have been looking for.

CALENDAR OF MEETINGS

OCTOBER 2010

15-16 **Texas Medical Association Fall Conference**
Hyatt Regency Hotel, Austin, Texas

NOVEMBER 2010

12-14 **Texas Society of Psychiatric Physicians
54TH Annual Convention and Scientific Program
"Advances in Clinical Psychiatry: Schizophrenia, Bipolar Depression,
PTSD, Borderline Personality Disorder and Ethics"**
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JANUARY 2011

28-29 **Texas Medical Association Winter Conference**
AT&T Executive Education & Conference Center
Austin, Texas

FEBRUARY 2011

11-12 **Texas Osteopathic Medical Association
55th Annual Midwinter Conference & Legislative Symposium**
Westin Park Central Hotel
Dallas, Texas

APRIL 2011

8-9 **Texas Society of Psychiatric Physicians/
Texas Academy of Psychiatry
Spring CME Program and Committee Meetings**
Westin Galleria Hotel
Houston, Texas

MAY 2011

13-14 **Texas Medical Association
TexMed 2011**
Hyatt Regency Houston & George R. Brown Convention Center
Houston, Texas

JUNE 2011

16-18 **TOMA and TxACFP Joint Annual Convention**
The Fairmont Hotel, Dallas, Texas