

# Texas Psychiatrist

## Texas Select Committee on Health Care Education & Training

*The following is testimony delivered by R. Andrew Harper, MD on behalf of the Federation of Texas Psychiatry and the Texas Medical Association to the Texas Select Committee on Health Care Education and Training in September 2014.*

On behalf of more than 47,000 physician and medical student members of the Texas Medical Association and the Federation of Texas Psychiatry, I wish to respectfully submit comments for the select committee's consideration. We applaud Speaker Joe Strauss and our House leaders for creating a committee to focus on our state's health care education and training needs — a topic of critical importance to Texas and for Texans.

As you are well aware, our state has a great need for more health care professionals, but nowhere is the need more acute than in the area of psychiatric physicians.

When Texas ratios of physicians per 100,000 people, by specialty, are compared with U.S. totals, Texas outranks the United States in only four major specialties: aerospace medicine, medical genetics, transplant surgery, and colon and rectal surgery. Meanwhile, Texas ranks below the United States for the other 36 out of 40 medical specialties, with psychiatry having the lowest rate at only 58.2 percent of the U.S. ratio. Child/ adolescent psychiatry is also near the bottom of the rankings, at 68.7% of the U.S. ratio.

**Shortage of Psychiatric Physicians**  
Any meaningful effort to improve the recruitment of workforce is contingent upon adequate reimbursement and a culture that promotes appropriate roles, communication, and values mental health treatment. Currently, mental illness, and to a large degree, mental health treatment are too often seen as derogatory, stigmatizing, and coercive from both the patient and provider perspectives. Undue regulation of the practice of psychiatry and mental health services adds additional costs and decreases the availability of services. This is especially true in government and institutional settings as evidenced by chronic staffing challenges in State hospitals and the Veterans Administration.

Policymakers should be aware that while mental health parity is improving third party payment for mental health services, a growing number of psychiatrists are opting out of networks and instead using a cash model for their practices. In our view, Medicaid reimbursement rates are a deterrent for participation by behavioral health providers, and it would be immensely beneficial for this committee to give policy guidance to the legislature to improve the situation. Absent meaningfully increasing reimbursement rates for providers at all levels, efforts to increase the mental health workforce are going to be effective only in the margins, and not at addressing the heart of the problem.

**Expansion of Medical Education**  
Graduate medical education (GME) remains an important part of the answer to improve our health care workforce. In 2003 and 2011,

Texas endured state funding cuts for psychiatric residencies in state hospitals and funding cuts to GME. This has meant fewer residency-training slots for graduates who want to specialize in psychiatry, forcing them to move to other states for this training, where they most likely remain to practice. Thus, for the past decade, Texas has been investing in the expense of medical education of students who ultimately will live and practice in another state.

The 83rd Texas Legislature recognized the need to ensure more Texas medical school graduates have a fair chance to complete residency training in the state, and had the foresight to establish new grant programs with the specific goal of expanding GME capacity in the state. These programs received relatively modest funding, \$14.25 million and are in the early stages of implementation. Given the tremendous need for psychiatrists in the state, it is critically important that psychiatry residency programs have the resources they need to provide high-quality training, in order to compete with other medical specialties.

**Loan Repayment**  
Loan repayment programs are an innovative and effective way to recruit and retain mental health providers. At a time when so many physicians are carrying high levels of education-related debt, loan forgiveness, programs can not only encourage students to join the mental health provider workforce, but also improve geographic disparities in mental health services by incentivizing providers to practice in underserved areas and facilities. Establishing educational loan repayment programs for psychologists, LPCs, and LCSWs as well will help produce a broader pool of practicing mental health providers, better addressing Texas' acute mental health provider shortage.

**Telemedicine**  
Telemedicine is likely to improve access for some services when sufficient telecommunications infrastructure is in place. State policy and regulations will need refinement to address privacy, liability, record keeping, and payment. Recently, a significant challenge to the practice of telepsychiatry, so serious that it threatens its availability in large areas of the state, emerged about which this committee should be aware. Several medical providers in Texas have expressed concern with the Drug Enforcement Administration's (DEA's) enforcement of the Ryan Haight Online Pharmacy Consumer Protection Act, a federal law enacted in 2008.

Generally, no controlled substance that is a prescription drug may be delivered, distributed, or dispensed by means of the Internet without an in-person medical evaluation of the patient. This subsection of the statute, however, is not applicable to "the practice of telemedicine." Under federal law, the "practice of telemedicine" includes a relatively narrow set of telemedicine practices, and as a result, a telemedicine practice that is permissible under Texas law may not meet the federal definition of the "practice of telemedicine" in the DEA rule and the related statute.

In East Texas, regional agents of the DEA have strictly enforced provisions of the Ryan Haight Act against telemedicine providers. Specifically, the DEA has taken the position that a practitioner must conduct an in-person medical evaluation before prescribing a controlled substance via telemedicine, despite the fact that the Act does not apply to telemedicine if the telemedicine requirements are being met. Additionally, the DEA has taken the posi-

tion that during the telemedicine encounter, the patient must be in the physical presence of a practitioner with a DEA registration or physically located in a hospital or clinic with a DEA registration. If the patient is not in this setting, the telemedicine practitioner may not prescribe the patient a controlled substance. Although the affected Texas providers would concede that the Act does require registration of the site, many sites where telemedicine is currently being practiced are not able to obtain DEA registrations. Furthermore, because the DEA has not established the special registration process permitted by statute or identified additional permissible telemedicine practices in rule, telemedicine providers of legitimate services are left without a means to meet patient and community medical needs.

The current DEA position is significantly impacting initial access to care, disrupting continuity of care, and is imposing a barrier to provide services to both vulnerable and underserved populations by a variety of medical disciplines across the state of Texas. The Health and Human Service Commission, TMA, the Federation, the Texas Council, and other stakeholders are presently engaging with the DEA to resolve the problem, but the committee should be aware that until a mutually agreeable resolution is reached, the practice of telemedicine in Texas is very much in jeopardy.

**Lack of Diversity**  
The state should work with higher education and accreditation bodies to build the skills and capacity of the emerging mental health workforce — including primary care providers - to provide culturally appropriate and trauma informed services, and to be able to work collaboratively with families and other systems.

The Joint Admission Medical Program (JAMP) is a special program to support and encourage highly qualified, economically disadvantaged Texas-resident students pursuing a medical education. Since 2001, JAMP has been providing scholarships and summer stipends, mentoring and personal assistance to prepare for medical school, and hands-on experience through summer internships.

Funded through the Texas Higher Education Coordinating Board (THECB), JAMP is coordinated between all Texas medical schools and sixty-five undergraduate institutions. The program offers guaranteed admission to a Texas medical school if all requirements are met. Program funding has been cut in recent years due to budget constraints. However, thanks to improvements in the economy and legislative support, JAMP funding was restored but remains flat. There has not been sufficient funding to allow for the planned growth in the program.

**Insufficient Data to Inform Workforce Planning**  
There is currently an insufficient quantity and quality of data at the state and national level to fully inform workforce-planning initiatives. Utilization of active licensees from several licensing boards can be helpful, but does not define who is doing what — for example, which practitioners are in direct patient services versus administrative or business or academic practice. The state licensing boards should be urged to collect and update practice information in accordance with established minimum-data-set standards and to make that information available to the state's Health Professions Resource Center for analysis. The Committee should consider defining what "acceptable" geographic access would look like. In our view, merely reporting data by county or per capita does



R. Andrew Harper, MD

not adequately illustrate access issues. Additionally, workforce planning must consider the need for physicians with expertise in serving specialized populations, including very young children; the elderly; individuals with co-occurring substance abuse and mental disorders; co-occurring intellectual or developmental disabilities and mental disorders; and veterans.

**Child & Adolescent Mental Health, and Early Intervention**  
The state's juvenile population has unique mental illness needs, and identifying this population and adopting early intervention methodologies to address their issues deserves serious discussion in any policymaking effort regarding mental health workforce shortages.

Half of chronic mental disorders begin to manifest by age 14, but currently, treatment may be delayed until years after the initial onset of symptoms, allowing problems to become more entrenched and difficult and costly to treat. School counselors and nurses are strategically positioned to identify and address concerns in students early, reducing the number of children and youth who would otherwise require more specialized and costly mental health services if early interventions had not taken place.

Texas schools cite counseling as the most successful strategy to support students' mental health, but high counselor-to-student ratios and assignment of non-counseling related tasks severely limit their ability to provide prevention and early intervention services to students. For example, in 2004, Texas elementary school counselors spent less than a third of their time on behavioral health counseling; high school counselors spent only 12% of time on it (despite that risk for mental illness and suicide spike in adolescence). Moreover, districts are required to have but one school counselor for every 500 elementary school students, while the ratio recommended by the Texas Education Agency is at least one counselor for every 350 students.

**1115 Waiver Process**  
At present, the only way in which some areas of the state have mental health and/or substance abuse services are through the opportunities provided by the 1115 waiver. Due to the mental health and substance abuse workforce shortage in Texas, in each of the 20 Regional Healthcare Partnerships (RHPs) there are Delivery System Reform Incentive Payment (DSRIP) projects specifically seeking to increase the number of behavioral health providers in order to increase capacity and

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# Public Policy Update

Eric Woomer, Public Policy Consultant, Federation of Texas Psychiatry

The 84th Legislature is due to convene in Austin in January, 2015. Mental health issues continue to be hot topics and are sure to receive ample consideration during the 140-day regular session. Meanwhile, Gov. Rick Perry's departure means that the first major reshuffling of statewide elected officials will occur on Election Day in November. When combined with the substantial turnover in the Texas Senate and House of Representatives, it's clear that educating officeholders about issues facing the mental health medical community remains an ongoing priority. Here is a look at the issues the Federation of Texas Psychiatry is working on for the benefit of psychiatric physicians.

The Texas Sunset Commission has recommended that Texas legislators completely restructure how the state serves Texans' healthcare needs by consolidating five disparate yet related agencies into one, citing a need to centralize services and create a less expensive and more manageable system.

The agency's current organizational chart reflects the remains of a dozen agencies that were combined into five during the state's financial crisis in 2003. At the top is the Health and Human Services Commission (HHSC), comprising the executive commissioner and six deputy commissioners. Beneath are the Department of Family and Protective Services, the Department of Aging and Disability Services, the Department of State Health Services, the Department of Assistive and Rehabilitative Services and the Texas Office for the Prevention of Developmental Disabilities.

Considered but not recommended by the Sunset Commission staff was a proposal to create a stand-alone mental health agency with an independent commissioner, so that various mental health programs can be overseen by a single agency. Sunset staff also believes that HHSC is encumbered by 41 separate advisory committees, most of which were created by state statute to allow input from those affected by the state's health and

human services programs. The Sunset report recommends disbanding and removing them from state statute to allow the executive commissioner to select which committees should stay.

The proposed consolidation would save the state about \$1.7 million in fiscal year 2016, or about \$32.3 million over five years, the Sunset report says. Any potential overhaul is far away, as recommendations first need to be vetted and adopted by a panel of legislators and then sent to the entire Legislature for debate and approval.

Dr. Andrew Harper represented the Federation and the Texas Medical Association at a hearing of the House Select Committee on Health Education & Training on September 16th in Houston at the Medical Center. The hearing focused on the demand for health professionals around the state, looking for ways to increase the number of doctors and health professionals, and to better align public schools, colleges and universities with the needs of the health care profession.

Dr. Harper effectively testified about the need for the state to address the existing shortage of psychiatric physicians by addressing inadequate Medicaid reimbursements, expanding graduate medical education opportunities and loan repayment programs, resolving existing challenges to the practice of telepsychiatry, and the need for additional resources for child and adolescent psychiatry practices, including early recognition and intervention strategies. The presence of a psychiatrist at hearings of this nature cannot be overstated. The Federation appreciates Dr. Harper's willingness to share his perspective with the Legislature. (see related article)

In September, there was a meeting with HHSC staff, the Texas Medical Association, and the Drug Enforcement Agency (DEA) regarding enforcement of the Ryan Haight Act with respect to telepsychiatry in Texas. On balance, it was a good exchange of concerns, and the parties seem to have heard one another.

Nevertheless, the exemption process outlined by the Act has yet to be implemented in Texas, and there is limited information available about how other DEA offices are interpreting federal law. The DEA indicated that while they were not backing off their interpretation of the Act, they want to work with the interested parties and are not seeking to investigate legitimate telemedicine.

Telepsychiatry so far has been the hardest hit by DEA interpretation of the Act, with certain correction institutions and local mental health authorities are already curbing telemedicine activities. Other specialties and systems of care are being affected as well. A number of mutual action items were discussed with DEA as interim steps, but there may be a need for state legislation if telemedicine in Texas is to proceed uninterrupted. Providers in Texas need legal reassurance that they can continue in the delivery of controlled substances. The Federation will keep you abreast of these discussions as they occur.

The Texas Drug Utilization Review Board (DUR) continues to try to expand prior authorization requirements for psychotropic medications to young children. Initial clinical edits were proposed in April were proposed but pulled down by the DUR Board due to objections by the Federation. A new edit was proposed for consideration at the September Board meeting that retained the current prior authorization requirement for children under three, but created a separate authorization tier for aripiprazole and risperidone.

Fortunately, once again our message was heard. The proposed edit was rejected by the Board, and the HHSC staff has initiated meetings with the Federation, TMA and organized medicine to develop ways to give physicians a greater voice in proposed future edits. The first of those meetings took place in September, and was very productive. Moreover, the Sunset staff has recommended that HHSC eliminate the Pharmaceutical and Therapeutics Committee and transfer its func-



Eric Woomer

tions to the Drug Utilization Review Board to create a single entity to oversee these related responsibilities. The Federation will keep you abreast of its progress in these discussions.

State Rep. Brandon Creighton (R - Conroe) was elected to replace Sen. Tommy Williams in the Texas Senate in District 4 in a special election, and has now been sworn into office. Also, Sen. Robert Duncan has retired from the Texas Senate after more than 20 years to become the Chancellor of the Texas Tech University System. State Rep. Charles Perry of Lubbock was elected in a September 9th special election to finish the remainder of Sen. Duncan's four-year term.

Key statewide races show very little movement as Election Day approaches. Attorney General Greg Abbott (R) appears to maintain his lead over Sen. Wendy Davis (D) in the race to succeed Rick Perry as Texas Governor. Republican Sen. Dan Patrick continues to maintain his lead over Democrat Sen. Leticia Van de Putte for the Lt. Governor's seat, and GOP candidates Ken Paxton, Glen Hegar and George P. Bush all are expected to defeat their Democratic counterparts in the races for Attorney General, Comptroller and Land Commissioner, respectively.

As always, please feel free to contact the Federation with questions or concerns about any of these policy matters. We are working hard to represent your views at the Texas Legislature and the various state agencies, and your feedback is always welcome. ■

## Texas Select Committee on Health Care Education & Training

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access in their regions. Many RHPs, especially in the rural areas of Texas, are exploring the use of telemedicine to bring psychiatry services to the area regularly.

### Emphasis on Public vs. Private System

Too often, the maldistribution of the mental health workforce is described primarily with respect to underserved populations defined in terms of gender and ethnicity, as well as communities defined by their location, density and per-capita workers. However, the committee should also consider the distinctions between the public and private mental health workforces. It is our view that these are disparate workforces, each facing their own challenges and opportunities, and should not be considered in tandem.

The Texas Legislature is already taking steps to address the current inequities between the public and private mental health care systems in this state. House Bill 3793 requires DSHS to develop a plan to allocate outpatient mental health services and beds in state hospitals more equitably between civil and criminal patients. The bill provides for an advisory panel to assist the department in developing the plan, which has been meeting for several months, and has produced an initial plan to reduce the involvement of the criminal justice system in managing adults with the mental health disorders, and make additional beds available for civil commitments.

The committee should also be aware that the Health & Human Services Commission is poised to release a report mandated by the Legislature in 2013, due to the enactment of

H.B. 1023. That legislation charged HHSC to research and analyze the state's mental health workforce shortage, solicit comments from stakeholders, and review the causes and identify potential solutions to those shortages. While our organizations have some reserva-

tions about the report as a whole, we appreciate the agency's continued efforts to communicate with the physician community to improve the current situation and we look forward to reviewing the final report when it is released.

Thank you for the opportunity to provide comments for the select committee's consideration. TMA and the Federation wish you great success in fulfilling the committee's charge, and we stand ready to assist you in the coming months. ■

INSURANCE COVERAGE **DESIGNED FOR PSYCHIATRISTS**

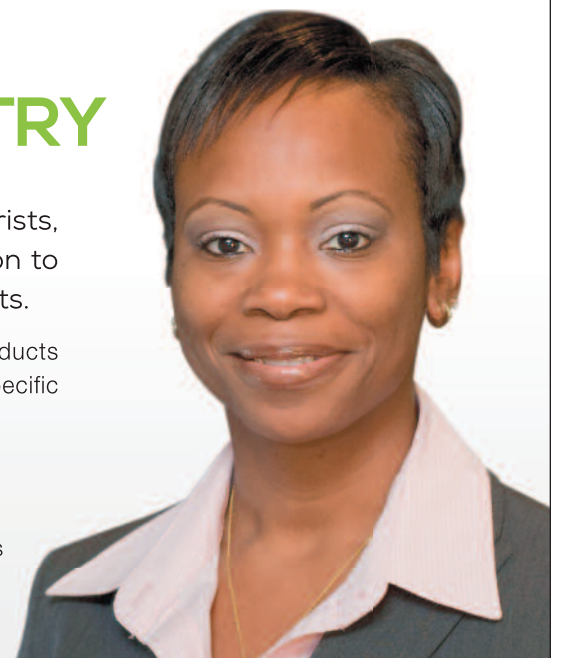
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# TSPP 58th Annual Convention & Scientific Program

## *“Applying Evidence Based Knowledge to Patient Centered Care”*

November 14-16, 2014 • Westin Park Central Hotel • Dallas, Texas

### WESTIN PARK CENTRAL HOTEL LOCATION

Located in the heart of North Dallas, the Westin Park Central Hotel stands at the gateway to the city's prime entertainment centers and is ideally located between two premier Dallas shopping destinations, North Park Central and The Galleria Dallas. 20 miles from Dallas/Fort Worth International Airport and 12 miles from Love Field Airport. Other attractions include the Ballpark in Arlington, Dallas Zoo, Hurricane Harbor, Six Flags, Cowboys Stadium, Cotton Bowl Stadium and the Texas State Fairgrounds. With complimentary shuttle transportation within a five mile radius guests can explore the Dallas area at their leisure. Or spend your day discovering downtown Dallas and the Dallas Arts District, filled with museums and cultural activities.

### DAILY SCHEDULE

#### THURSDAY, NOVEMBER 13, 2014

12:00 Noon Golf Outing at Dallas Golf Course  
2:00 pm - 8:00 pm Registration Open  
7:00 pm - 8:30 pm TSPP Chapter Leadership Meeting  
8:30 pm - 9:30 pm Federation Delegate Assembly Meeting

#### FRIDAY, NOVEMBER 14, 2014

7:30 am - 8:30 pm Registration Open  
7:30 am - 9:00 am Foundation Board of Directors Breakfast Meeting  
9:00 am - 5:00 pm Committee / Council Meetings  
9:00 am - 10:30 am **COUNCIL ON LEADERSHIP** – Ethics, Distinguished Fellowship, Finance, Strategic Planning  
10:45 am -12:15 pm **COUNCIL ON SERVICE** – Academic Psychiatry, Children & Adolescents, Forensic Psychiatry, Public Mental Health Services  
12:00 pm - 5:00 pm Exhibit AND Poster Session Set-Up  
12:15 pm - 1:30 pm **Lunch Program: “Psychiatric Pharmacogenomics: Introduction and Applications”**  
*Sponsored By AssureRX Health, Inc.*  
1:30 pm - 2:00 pm Texas Academy of Psychiatry Board of Trustees  
2:00 pm - 3:30 pm **COUNCIL ON EDUCATION** – CME, Professional Practice Management  
2:00 pm - 3:30 pm **TSPP Resident-Fellow Member (RFM) Section Program “Risk Management Considerations When Using Social Media and Technology in Psychiatry”**  
*Presented by Moira Wertheimer, B.S.N., JD*  
2:00 pm - 3:30 pm **SPECIAL Program for Academic Psychiatrists “An Updated Look at the Milestones Project of the Various Represented Psychiatry Residency Programs in the State of Texas”**  
*Presented by Timothy Wolff MD*  
2:00 pm - 3:30 pm **Texas Academy of Psychiatry Mini Workshop – “Understanding the roles and responsibilities in partnering with Advanced Practice Nurses in our psychiatric practice to enhance patient care and access to services”**  
*Presented by Lauren Parsons, MD*  
3:45 pm - 5:00 pm **COUNCIL ON ADVOCACY** – Government Affairs  
5:30 pm - 6:30 pm Executive Council Meeting  
6:30 pm - 8:30 pm Welcome Reception with Exhibitors AND Poster Session  
8:30 pm - 10:00 pm **UTMB Department of Psychiatry Alumni Dinner**  
*(formerly known as the Titus Harris Society)*

#### SATURDAY, NOVEMBER 15, 2014

7:45 am - 8:15 am Complimentary Continental Breakfast for Meeting Registrants  
7:30 am - 8:30 pm Registration Open  
7:30 am - 5:00 pm Exhibits Open AND Poster Session  
8:00 am - 5:20 pm Scientific Program  
10:30 am - 11:00 am Refreshment Break with Exhibitors AND Poster Session Door Prize Drawings  
12:00 pm - 1:30 pm Annual Business Meeting Lunch  
3:30 pm - 3:50 pm Refreshment Break with Exhibitors AND Poster Session Door Prize Drawings  
6:30 pm - 7:00 pm Reception for Awards Banquet Attendees  
7:00 pm - 9:00 pm Awards Banquet

#### SUNDAY, NOVEMBER 16, 2014

8:30 am - 12:25 pm Scientific Program  
10:00 am - 10:15 am Refreshment Break

### MEETING LOCATION/HOTEL RESERVATIONS

TSPP's 58th Annual Convention and Scientific Program will be held at the Westin Park Central Hotel, in the heart of North Dallas, at 12720 Merit Drive. 972-385-3000. A special TSPP discounted room rate of \$159 is available to program registrants for reservations placed **before October 17**. Make your hotel reservation today by calling **1-888-627-7032** and request the **“Texas Society of Psychiatric Physicians” Annual Convention Program rate**.

### UTMB DEPT OF PSYCHIATRY ALUMNI MEETING

The UTMB Department of Psychiatry Alumni (formerly known as the Titus Harris Society) have scheduled a dinner on Friday, 8:30 pm-10:00 pm, following the TSPP Welcome Reception. For additional information and to register for the dinner, contact Maria Villarreal at 409-771-4713.

### RESIDENT / TRAINEES POSTER SESSION

In order to familiarize Texas psychiatrists with the research efforts and achievements of their colleagues, the TSPP Continuing Medical Education Committee is soliciting scientific posters from TSPP and TSCAP Residents and Trainee Members.

The posters need not be especially made for this meeting. Posters presented at the APA or at other scientific meetings within the last year would be appropriate. TSPP's goal is to support collaborative interaction among the Texas researchers and also to familiarize the general membership about new advances made in the state. The deadline for poster applications is **October 20, 2014**. For a copy of the Poster Application Form, please visit [www.txpsych.org](http://www.txpsych.org) or contact [tsppofc@aol.com](mailto:tsppofc@aol.com).

### SPECIAL EVENTS

**THURSDAY GOLF OUTING** – Polish up on your golf game in an exciting location! For those convention attendees, guests and golf enthusiasts arriving early, TSPP members are arranging a tee time for a group play. If you are interested in playing, please be sure to check the Golf Section box on the TSPP Registration Form and additional information will be emailed to you.



**FRIDAY – ACADEMIC PSYCHIATRY PROGRAM** – The Academic Psychiatrists will be having a program tailored for the specific interests of this group. On the agenda for this meeting will be a getting-to-know-you exercise and then, an updated look at the Milestones Project\* at the various represented psychiatry residency programs in the state of Texas. Residency program directors, other academicians, and any TSPP members who are interested will look at what has worked so far and what areas have been more problematic. Dr. Timothy Wolff will lead this program and vows to make it interesting, relevant, and most importantly, fun! To register for this complimentary program and reserve your seat, to be held Friday, 2:00-3:30 pm, please complete the attached registration form.

\* Milestones are knowledge, skills, attitudes, and other attributes for each of the Accreditation Council for Graduate Medical Education (ACGME) competencies organized in a developmental framework from less to more advanced.

**FRIDAY – RESIDENT-FELLOW MEMBERS SECTION PROGRAM** – The TSPP Resident-Fellow Members Section (formerly Members-in-Training Section) has arranged a special program “Risk Management Considerations When Using Social Media and Technology in Psychiatry” and networking event **for all TSPP, TSCAP and Texas Academy of Psychiatry, medical students, residents, fellowship trainees and early career psychiatrists** on Friday, 2:00-3:30 pm. To register for this complimentary program and reserve your seat, please complete the attached registration form.

**FRIDAY – TEXAS ACADEMY OF PSYCHIATRY – MINI WORKSHOP** – The Texas Academy of Psychiatry will conduct another complimentary workshop entitled **“Understanding the roles and responsibilities in partnering with Advanced Practice Nurses in our psychiatric practice to enhance patient care and access to services.”** Dr. Lauren Parsons will present. To register for this complimentary program and reserve your seat, to be held on Friday, 2:00-3:30 pm, please complete the registration form..



# TSPP 58th Annual Convention & Scientific Program

## “Applying Evidence Based Knowledge to Patient Centered Care”

November 14-16, 2014 • Westin Park Central Hotel • Dallas, Texas

### AWARDS RECEPTION/BANQUET

Saturday evening's festivities begin with a complimentary wine and cheese reception for registrants attending the Awards Banquet honoring the 2014 TSPP Award Recipients for their outstanding contribution to Psychiatry. Register early to reserve a table for your friends at this memorable evening! This year's honorees include:



**DISTINGUISHED SERVICE AWARD**  
Emilie Attwell Becker, MD  
Austin



**DISTINGUISHED SERVICE AWARD**  
Leslie H. Secrest, MD  
Dallas



**PSYCHIATRIC EXCELLENCE AWARD**  
Benigno J. Fernandez, MD,  
San Antonio



**PSYCHIATRIC EXCELLENCE AWARD**  
Marie T. Kelly, MD,  
Fort Worth



**SPECIAL SERVICE AWARD**  
Susan Stone, MD,  
Rosanky  
(posthumous)

### DR. SPENCER BAYLES OUTSTANDING TSPP MEMBER AWARD

This award named in memory of Dr. Spencer Bayles was established in 2010 to recognize members for outstanding and consistent participation in TSPP activities. The award will be presented during TSPP's Annual Business Luncheon on Saturday, November 15 so please plan to attend and thank your fellow colleague for his outstanding volunteer service. This year's Award Recipients are:



Ted Krell, MD, Baytown



Gary Miller, MD, Houston



Linda Rhodes, MD, San Antonio

### COMMUNITY SERVICE AWARD

This award is to recognize legislators or public officials for their support and advocacy for psychiatry and persons with psychiatric illnesses. The award will be presented this year to Senator Joan Huffman from Houston during the CME program break.

### DAVID PHARIS AWARD

This year's award will be presented to **NORTH TEXAS STATE HOSPITAL** for their "Recovery Action Plan Tool Box" program. The award will be presented during TSPP's Annual Business Luncheon on Saturday, November 15. Please register for the lunch and express your appreciation to the North Texas State Hospital who was selected for this degree of excellence.

### SPECIAL 'FREE' REGISTRATION OFFER FOR TSPP MEDICAL STUDENTS, RESIDENT-FELLOW MEMBERS AND TSCAP MEDICAL STUDENTS AND TRAINEE MEMBERS

TSPP is pleased to again offer the waiver of the CME Scientific Program registration fee **IF the resident member's Training Director registers for the Scientific Program**. So all Trainees encourage your Training Director to register and then send in your registration form, with the name of your Training Director noted, and then plan on attending the CME Scientific Program FREE!

## TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS 58TH ANNUAL CONVENTION & SCIENTIFIC PROGRAM

November 14-16, 2014 ■ Westin Park Central Hotel ■ Dallas, Texas

Please complete this form and return it with your check, money order or credit card information for your registration and event fees to the Texas Society of Psychiatric Physicians, 401 West 15th Street, Suite 675, Austin, Texas 78701 by October 1 to receive the discounted registration fee. Registration forms and payments by credit card may be faxed to TSPP at 512/478-5223.

NAME	E-MAIL
<b>Please check if you are a:</b> <input type="checkbox"/> APA Fellow <input type="checkbox"/> APA Distinguished Fellow <input type="checkbox"/> APA Life Fellow <input type="checkbox"/> APA Distinguished Life Fellow	
ADDRESS	CITY
STATE	ZIP
PHONE	
NAME(S) GUEST(S) ATTENDING (for name badges)	

### REGISTRATION FEES

Indicate the **NUMBER** of individuals who are registered for each event in the appropriate enrollment category listed below. Please note the enrollment fees are **PER PERSON** and your payment should reflect the proper fee for the number of individuals registered per event.

NUMBER ATTENDING EVENT	NUMBER ATTENDING EVENT
<b>Golf Outing</b> - Thursday # <input type="checkbox"/> Please Send Me Additional Information.	<b>SCIENTIFIC PROGRAM</b> - Saturday and Sunday # <input type="checkbox"/> TSPP / ACADEMY / TSCAP Member \$245 # <input type="checkbox"/> Non-Member Physician \$295 # <input type="checkbox"/> TSPP / ACADEMY / TSCAP Trainee Member \$35 <small>(**Complimentary if your Training Director registers for the Annual Convention &amp; CME Program. Medical Students and Members in Training: If you present a poster, your registration fee for the Scientific Program and Saturday Luncheon are waived.)</small>
<b>Lunch Program</b> - Friday "Psychiatric Pharmacogenomics: Introduction and Applications" # <input type="checkbox"/> Lunch Program \$25	# <input type="checkbox"/> Non-Member RFM (Trainee) \$50 # <input type="checkbox"/> Medical Students \$15 # <input type="checkbox"/> Allied Health Professional \$130 # <input type="checkbox"/> Spouse / Guest (No CME Credit) \$120 # <input type="checkbox"/> Advocacy Organization (no CME Credit) \$50
<b>Academic Psychiatry Program</b> - Friday # <input type="checkbox"/> Academic Psychiatry Program No Chg	<b>** RFM Member's Training Program Director's Name registered to attend the Convention &amp; CME Program:</b>
<b>RFM (Resident Fellow Member-Trainee) Section Program</b> - Friday # <input type="checkbox"/> RFM/ECP Program No Chg	<b>CME Meeting Syllabus Order</b> # <input type="checkbox"/> CME Meeting Syllabus In Color \$95 # <input type="checkbox"/> CME Meeting Syllabus In Black/White Free <small>NOTE: All CME program registrants will receive at No Additional Charge a black and white printed copy of the speakers' presentation. Due to the higher cost of color copying, if you wish to receive the syllabus in color you may purchase a color copy of the speakers' syllabus by checking the box and including the additional charge. The color copy will be provided to you upon check-in the day of the program.</small>
<b>Texas Academy of Psychiatry Program</b> - Friday # <input type="checkbox"/> Texas Academy of Psychiatry Program No Chg	<input type="checkbox"/> <b>Vegetarian Plate Requested. No additional fee if requested prior to 10/1, otherwise there will be an additional fee of \$15.00</b>
<b>Reception w/ Exhibitors</b> - Friday # <input type="checkbox"/> NOT Registered or Scientific Program \$40 \$50 # <input type="checkbox"/> Registered for Scientific Program No Chg	<input type="checkbox"/> If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605.
<b>Lunch</b> - Saturday # <input type="checkbox"/> TSPP / ACADEMY / TSCAP Member \$35 # <input type="checkbox"/> TSPP / ACADEMY / TSCAP Trainee Member \$20 # <input type="checkbox"/> TSPP / ACADEMY / TSCAP Non-Member \$45 # <input type="checkbox"/> TSPP / ACADEMY / TSCAP Trainee Non-Member \$35 # <input type="checkbox"/> Guest \$35	<b>TOTAL REGISTRATION FEE</b> <span style="border: 1px solid black; padding: 2px;">\$</span>
<b>Awards Banquet and Gala</b> - Saturday # <input type="checkbox"/> Awards Banquet \$65 # <input type="checkbox"/> Reserved Table for 10* \$600 * Name(s) for Reserved Table: _____	<small>To register by telephone there will be a \$7.50 convenience fee charged. To avoid this charge, you may fax (512-478-5223), scan and email (tsppofc@aol.com) or mail to: TSPP, 401 West 15th Street, Suite #675, Austin, TX 78701 your registration form and payment.</small>

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**CANCELLATIONS** - Deadline for cancellation is October 1, 2014. In the event of cancellation, a full refund will be made if written notice is received in the TSPP office by October 1, 2014, less a 25% handling charge. NO REFUNDS WILL BE GIVEN AFTER OCTOBER 1, 2014. Individuals are responsible for their making and canceling, if warranted, their personal hotel room reservations.

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SCIENTIFIC PROGRAM

“Applying Evidence Based Knowledge to Patient Centered Care”

SCIENTIFIC PROGRAM SCHEDULE

SATURDAY, NOVEMBER 15

6 HOURS CATEGORY 1 CREDIT

8:00 - 8:30 am

Welcome and Introductions

8:30 - 10:30 am

**Update on Evidence for Newer Antipsychotics:  
Focus on Clinically Relevant Differences**  
Matthew J. Byerly, MD

Objectives – Following the completion of this activity the attendee will be able to:

- Describe the comparative effectiveness of antipsychotics including the most recently marketed agents.
- Describe the comparative side effects of antipsychotics, including the most recently marketed agents, and
- Discuss a logical approach for personalizing antipsychotic treatments with currently available medications.

10:30 - 10:50 am

Refreshment Break with Exhibitors and Poster Session/ Door Prize Drawing

10:50 - 11:00 am

Presentation of Community Service Award to Senator Joan Huffman

11:00 - 12:00 pm

**Healthcare Reform and the Psychiatric Practice**  
Debra Atkisson, MD, DFAPA

Objectives – Following the completion of this activity the attendee will be able to:

- Discuss the general implications of health reform for psychiatry practice.
- Understand the roles and opportunities for psychiatry in emerging integrated care delivery models.
- Discuss key practice management issues which are emerging as a result of the changing payer and delivery market, and utilize tools to secure additional materials and/or assistance from APA.

12:00 - 1:30 pm

Annual Business Meeting Lunch

1:30 - 2:30 pm

**Personality Disorders and DSM-5**  
John M. Oldham, MD, MS, DLFAPA

Objectives – Following the completion of this activity the attendee will be able to:

- Identify current concepts and controversies relevant to personality disorders (PDs)
- Specify the importance of genetic and neurobiological factors in borderline personality disorder (BPD)
- Recognize the proposed new model for personality disorders, located in Section III of DSM-5

2:30 - 3:30 pm

**Application of Evidence Based Knowledge in the Treatment of Depressive Disorders**  
Madhukar H. Trivedi, MD, DFAPA

Objectives – Following the completion of this activity the attendee will be able to:

- Discuss recent developments in pharmacological and non-pharmacological treatment for depression.
- Identify updates in the recent APA Guidelines for depression
- Discuss the role of measurement based care for depression.

3:30 - 3:50 pm

Refreshment Break with Exhibitors and Poster Session/ Door Prize Drawing

3:50 - 4:50 pm

**Motivational Interviewing:  
Preparing People for Change**  
Oscar G. Bukstein, MD

Objectives – Following the completion of this activity the attendee will be able to:

- Describe the importance of the spirit of motivational interviewing \* Identify key principles of motivational interviewing.
- Describe the elements of motivational interviewing as a brief intervention.

4:50 - 5:20 pm

Closing Remarks

SUNDAY, NOVEMBER 16

3 HOURS CATEGORY 1 CREDIT

8:30 - 9:00 am

Welcome and Introductions

9:00 - 10:00 am

**After the Unthinkable: Responding to Terrorism**  
Carol S. North, MD, DFAPA

Objectives – Following the completion of this activity the attendee will be able to:

- List the types and prevalence of specific psychiatric disorders reported in major studies of survivors of terrorism and disasters.
- Critically examine elements of diagnostic criteria for PTSD and significance of trauma exposure and symptom types in predicting mental health sequelae of terrorism.
- Differentiate symptoms and distress from psychopathology in response to terrorism and discuss the appropriate approach to these very different phenomena in a framework of emergency and medical response.

10:00 - 12:00 pm

**Ethics: Development and Application of Professionalism in Clinical Practice**  
Jeffrey P. Spike, PhD

Objectives – Following the completion of this activity the attendee will be able to:

- Discuss the methods of evaluating professionalism in medical practice.
- Identify scenarios that present challenges to professionalism in medical practice, and
- Develop skills to apply professionalism in clinical practice.

ABOUT THE SPEAKERS

Debra Atkisson, MD, DFAPA

Past President, Texas Society of Psychiatric Physicians

TSPP Representative to the American Psychiatric Association

Co-Medical Director, Soteria, LLC

Associate Clinical Faculty, University of North Texas

Health Science Center

Private Practice

Fort Worth, Texas

Oscar G. Bukstein, MD

Medical Director

Depelchin's Children Center

Houston, Texas

Matthew J. Byerly, MD

Associate Professor

Department of Psychiatry

UT Southwestern Medical Center

Dallas, Texas

Carol S. North, MD, DFAPA

Director, Program in Trauma and Disaster,

VA North Texas Health Care System

The Nancy and Ray L. Hunt Chair in Crisis Psychiatry

Professor of Psychiatry and Surgery/Division of Emergency Medicine

UT Southwestern Medical Center

Dallas, Texas

John M. Oldham, MD, MS, DLFAPA

Senior Vice President and Chief of Staff

The Menninger Clinic;

Barbara and Corbin Robertson Jr. Endowed Chair

for Personality Disorders,

Professor and Executive Vice Chair

Menninger Department of Psychiatry and Behavioral Sciences

Baylor College of Medicine

Houston, TX

Past President, American Psychiatric Association

Jeffrey P. Spike, PhD

Professor

John P. McGovern MD Center for Humanities and Ethics

Director of the Campus-Wide Ethics Program

The University of Texas Health Science Center at Houston

(UT Health)

Houston, TX

Madhukar H. Trivedi, MD, DFAPA

Betty Jo Hay Distinguished Chair in Mental Health

Department of Psychiatry

UT Southwestern Medical Center

Dallas, Texas

SCIENTIFIC PROGRAM GOALS/  
TARGET AUDIENCE/LEARNING OBJECTIVES

This live activity has been designed in a format consisting of case study presentations, lectures and direct discussion to provide its primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice.

Information and data will address, new developments in treatments and new directions in research to address the professional practice gaps of the learners and advance the physicians' competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

The learning objectives for this activity have been designed to address clinician competence.

ACCREDITATION

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of nine (9) *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The presentation entitled “Ethics: Development and Application of Professionalism in Clinical Practice” has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

TSPP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of our participants.



FACULTY AND STAFF DISCLOSURE POLICY

The Texas Society of Psychiatric Physicians will disclose to participants the existence of any relevant financial relationships between faculty members, TSPP staff and members, who planned, authored, contributed to, and/or reviewed the content of this activity, and any commercial interest discussed in this educational activity. Disclosure will occur through written communication in the syllabus / handout material.



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## JOB BANK

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation's **JOB BANK** on its website at [www.txpsych.org](http://www.txpsych.org). The Federation's JOB BANK could be just what you have been looking for.

## CALENDAR OF MEETINGS

### NOVEMBER

**14-16 Texas Society of Psychiatric Physicians  
58th Annual Convention  
and Scientific Program**  
Westin Park Central Hotel, Dallas  
Hotel Reservations: 1-888-627-7032



### Call for Proposals for CME Activity for the 2015 TSPP Spring or Annual Meeting

TSPP wants your input! The TSPP CME Committee will be selecting topics for the 2015 CME Spring Meeting and Annual Convention. Deadline to submit proposals for the TSPP 2015 CME activities is November 1, 2014. Only proposals that are complete and submitted on the CME Activity Worksheet will be considered by the TSPP CME Committee for presentation. You should have the following information ready before submitting the proposal:

<b>Topic/Title for Presentation</b>	<b>Proposed Objectives</b>
<b>Needs Assessment/Gap Analysis</b>	<b>Proposed Speakers</b>
<b>Gap Analysis References</b>	<b>Teaching Method</b>

**To download the CME Activity Worksheet, visit  
[www.txpsych.org](http://www.txpsych.org)**

## 2015

### APRIL

**24-26 Texas Society of Psychiatric Physicians and  
Texas Academy of Psychiatry Spring Meeting and CME Program**  
Westin Austin at the Domain Hotel, Austin  
Hotel Reservations: 1-800-228-3000  
\$154 Room Rate Prior to April 2, 2015

### JULY

**17-19 Texas Society of Child and Adolescent Psychiatry  
Annual Meeting and Scientific Program**  
Omni Hotel, Fort Worth  
\$170 Room Rate Prior to June 15, 2015