

Texas Psychiatrist



Texas Budget Outlook: How Bad Can Things Really Be???

Eric Woomer, Public Policy Consultant, Federation of Texas Psychiatry



Eric Woomer

Writing a two-year budget is one of the main tasks of the Texas Legislature. In 2013, the 83rd Legislature will consider a budget for the fiscal biennium of 2014-15. What does the future hold for Texas budget writers when lawmakers reconvene next January?

In 2011, Texas, like most other states, faced a considerable budget shortfall. The decline in state revenues and the costs of maintaining the current service levels yielded a budget gap of \$27 billion. To cover this shortfall, the initial proposed budget trimmed virtually every area of government, and mental health spending was no exception. Community MH spending faced a 20% cut (\$116 million); Children's MH care was cut by 19% (\$25 million); MH Crisis Intervention services were trimmed 6% (\$9 million), and Medicaid reimbursement rates for physicians were slashed by 10%.

Thankfully, our message about the importance of MH funding resonated with lawmakers, and the Legislature reinstated most of those cuts in the final budget. Medicaid reimbursement rate cuts were largely restored (from 10% across the board, to 1% for physicians, 3% for hospitals). The final bill returned to 2011 levels for MH hospitals, community-based MH services for adults & children and MH crisis intervention services. Lawmakers even found \$5 million for state psychiatric salaries and funneled \$10 million into competency restoration efforts at Harris County jail.

Other units of government were not so fortunate. Public education was cut more than \$3 billion and higher education was trimmed by more than a billion. Moreover, there were a series of budgetary sleights-of-hand to free up revenue – for instance, \$2 billion in public school aid was deferred to the next budget cycle, certain other payments were deferred, some taxes were collected early, and nearly \$5 billion was pulled from the “Rainy Day Fund.” These are truly “one-time” maneuvers because they cannot be used again without first

restoring the funding in the current cycle and “resetting” the clock.

In the end, the budget picture was a bloody mess. There was very little General Revenue (GR) left on the table. Medicaid was underfunded by nearly \$5 billion relative to expected costs. Public schools were underfunded, and due to the underperforming Franchise Tax, there was a “structural budget deficit” going forward in the billions of dollars.

Since then, most observers have felt that the state's fiscal outlook was not going to substantially improve, and that we would be faced with more poor choices, but with fewer “smoke and mirrors” at our disposal. Budget watchers were predicting that the “structural hole” in the budget would result in a \$9 billion GR shortfall, and that Medicaid caseload growth in our fast-growing yet poor state would range between \$3 to \$5 billion in the next biennium. Public school population growth may cost \$2 billion, and the price tag to maintain current services in our correctional facilities, retirement systems, etc., might add another \$1-\$2 billion to the tab.

In summary, the conventional wisdom suggested that Texans had run out of luck. Even after all the cuts of 2012-13, the state was still facing a \$5 billion hole in the current budget, and needing an additional \$18 billion to meet current services levels in the next budget. Texas, it was thought, was now in the same dire financial straits as California, Ohio, and Illinois.

However, sometimes things are not as bad as they seem. Or, what a difference a year makes!

According to Texas Comptroller of Public Accounts Susan Combs, the state's fiscal outlook is improving. Sales tax revenue is considerably up, as are auto sales taxes, franchise taxes and oil & natural gas severance taxes. A year ago, the CPA projected that the state's GR balance at the end of 2012 would be deeply in the red. However, her more recent projections anticipate an improvement of nearly \$5 billion in the cur-

rent biennium.

The revenue picture across the board is looking up. The recent growth in the general state tax picture, as well as with the franchise tax specifically, could mean that the “structural hole” in the budget is considerably smaller than the previously predicted \$9 billion – more like zero to \$3 billion.

Severance taxes are leading the charge. Projections for 2012 suggested a 16% increase in natural gas tax revenues, but a ten percent decline in oil severance taxes. However, the booming Eagle Ford and Barnett Shale plays have led to a huge boost in revenue – oil tax revenue is actually up 43%, natural gas 45%. Much of these revenues are deposited in the state's Rainy Day Fund, which may grow to more than \$10 billion at year's end.

Sales taxes are also pulling their weight. The 2012 sales tax growth projection was 5% (compared to the same month in the previous fiscal year). However, the state has exceeded those predictions by a wide margin – most months have seen double-digit growth.

All told, the state is enjoying GR growth at near-historic levels. If trends continue, we could see \$12-\$16 billion of surplus revenue, meaning the state could fully fund Medicaid for the current budget, undo some of the one-time budget-balancing tools used back in 2011, and have still sufficient funds to pay for the “normal” growth in the state budget.

All is well, right? In the words of the famous college football prognosticator Lee Corso, “Not so fast, my friend!”

Certain atypical budget pressures could pose significant hurdles for the 83rd Legislature. For one, full implementation of the Affordable Care Act is projected to take place in the next budget cycle, bringing with it increased Medicaid provider rates, increased enrollment, and a possible expansion of the program.

Additionally, another round of school finance litigation is winding its way through

the courts. If the state is ordered to increase its contribution to the school financing structure, it could result in billions in additional costs to the next cycle's budget.

Meanwhile, major budget players from both parties have called for an end to the longstanding practice of diverting “dedicated” streams of revenue. Currently, fees ranging from state parks entrance fees to “911” charges to System Benefit Fund charges on electricity bills are collected, but sit unspent in state accounts, used instead to certify that the state has sufficient revenue available to meet expenditures. Using these fees for their stated purpose would leave a budgetary void that would need to be filled by billions in GR dollars.

Lastly, in 2011, billions were cut from public and higher education, health & human services, criminal justice, etc. – leading to layoffs teacher layoffs, larger class sizes, and other unpopular outcomes. It is likely the Legislature will consider restoring many of these cuts, creating further pressure on GR resources.

It is too early to draw conclusions about available revenue or make predictions about the budget outlook. Moreover, with at least five freshman Senators and more than half of the House of Representatives in their first or second term (many with a “Tea Party” perspective on fiscal austerity), it is unlikely that we will see a significant expansion of state spending. However, if current trends continue, the budget picture looks manageable. And relative to the tough choices faced in 2011, “manageable” may be a victory in and of itself. ■

INSIDE

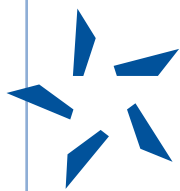
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TSPP Annual Convention and Scientific Program

November 9-11 • Moody Gardens • Galveston

See pages 4-7 for program and registration



Action versus Inaction

Debra Atkisson, MD, President, Texas Society of Psychiatric Physicians

This column is written in memory of Dr. Andrew Hopkins and Dr. Valerie Robinson.



Debra Atkisson, MD

Mental health affects everyone either positively or negatively. Just think about how we function every day - stable mental health is vital for daily functioning. Now think about those patients we have treated who were not mentally healthy and how not only their lives but the lives of their family, community, and workplace were impacted. Unfortunately many people do not realize the value of their mental health until the balance shifts and mental illness has occurred for them or someone close to them.

As psychiatrists we work every day with people who are struggling with mental illness. We are active in learning everything we can about our patients, their history, their familial genetic makeup, their previous level of functioning, and what changed for them to destabilize their functioning. Our mission is to help our patients become healthier and to improve or restore their level of functioning. I encourage you to stop for a moment and bring someone to mind who you have assisted in getting better. Remember the gratitude of that patient and your own feeling of gratitude for that patient's recovery. You were an ACTIVE participant in helping that patient.

Each person we work with is valuable and his recovery is important. That princi-

ple is an anchor for working with patients. That being said, I would like for us to take a step back and widen the lens through which we view mental health and think about communities. Many of us participate actively in our communities in some way to improve the mental health of our communities. We share our expertise on committees such as school agencies, crime victims councils, homeless shelters, and other groups who are trying to improve the functioning of people in their area. These local organizations provide valuable assistance to many people and help stabilize many lives. Our assistance to these organizations is another way we help mental health by helping the community as a whole.

An important way in which we can be active for the benefit of our patients and for the benefit of our communities is participation in organized psychiatry. Adding our collective experiences, information, and skills makes us a stronger force to improve mental health which benefits everyone. We will be meeting in November for our annual meeting in Galveston. Our committee meetings will be vital in preparing for the upcoming Texas legislative session which will convene in 2013. We all can remember the work that our organization does during this time to help those patients who can not

speak for themselves. We are their voice.

Two psychiatrists who left our midst this September after valiantly fighting cancer are Dr. Andrew Hopkins of Dallas and Dr. Valerie Robinson of Lubbock, formerly of Fort Worth. Words cannot give justice to the staggering loss of these two fine psychiatrists to their communities, their patients, their families and friends, and organized psychiatry.

Dr. Andrew Hopkins was a keen observer of patients and empathic to their struggles. He quietly cared for numerous patients at Presbyterian Hospital of Dallas and helped many people during their darkest times. His coworkers and staff members have commented on his caring work. Dr. Hopkins exhibited some of the best qualities in a psychiatrist: intellectual understanding, empathic caring, and a steadfast presence which provided comfort to patients and coworkers alike. Dr. Hopkins also aided organized psychiatry by adding his voice to the membership of TSPP. He was an active participant in his mental health community and is missed.

Dr. Valerie Robinson exemplified the definition of an active participant in her mental health communities. She helped many patients and families in her years of practicing general and child and adolescent

psychiatry. She taught medical students at Texas Tech University School of Medicine and mentored psychiatric residents. Her boundless enthusiasm and can-do spirit gave many children and their parents hope during hopeless moments. Her leadership in TSCAP as President and her selfless donation of her time to TSPP committees benefitted organized psychiatry's efforts to improve psychiatric practice in Texas.

I will miss these two outstanding psychiatrists as will many others in our organization. Both of these doctors believed in the importance of their work and the value of their patients' mental health. And they believed in adding their experience, wisdom, and voice to organized psychiatry to better the treatment of their patients. This November please join us by adding your voice and efforts to organized psychiatry. I hope to see you in Galveston. ■

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For membership in the
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For membership in the
**Texas Society of Child and Adolescent Psychiatry and
American Academy of Child and Adolescent Psychiatry**

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In Memoriam...

Andrew C. Hopkins, MD, Dallas

Valerie Robinson, MD, Lubbock

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An Opportunity to Participate

Annual Campaign 2012

NOW is the time for you to participate in the Texas Foundation for Psychiatric Education and Research's twenty-first Annual Campaign conducted each Fall to encourage charitable contributions to support the Foundation's goals: fighting stigma and discrimination; ensuring that patients have access to quality psychiatric treatment; and improving treatment through innovative research.

Foundation's Annual Campaign Goals

- A major focus of the Foundation is to educate the public and policymakers about mental illnesses with the goal of ending stigma and eradicating discriminatory practices that impose unnecessary barriers to accessing and receiving quality psychiatric care.
- The Annual Campaign encourages unrestricted charitable contributions to be allocated by the Foundation to programs in Texas that address the Foundation's goals of fighting stigma and discrimination against persons diagnosed with psychiatric disorders; ensuring that patients have access to quality psychiatric care;

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and improving treatment through innovative research.

From generous donations received, the Foundation has awarded 121 grants amounting to \$216,721 to support programs addressing its goals:

- Public Education/Advocacy - \$105,721 (49%)

- Professional Education - \$104,000 (48%)
- Research - \$7,000 (3%)

The Foundation's **Annual Campaign 2012** offers a unique opportunity for psychiatrists and others to allocate their charitable contributions to an organization led by psychiatrists and mental health advocates who make decisions regarding the funding of

programs that address the Foundation's goals.

Will you participate in this opportunity to help people diagnosed with psychiatric illnesses? Send your charitable donation today to: Texas Foundation for Psychiatric Education and Research, 401 West 15th Street, Suite 675, Austin, Texas 78701. ■



Take Care of Yourself Too!

Martha Leatherman, MD, President, Texas Academy of Psychiatry

Conference season is upon us. Texas Society of Psychiatric Physicians' Annual Meeting and Scientific Program takes place every year in November. It's a busy time of year—it's high conference season during which organizations hold their annual meetings during the fall. For many, there are the demands of holidays, families, and school activities. Why, with all these competing interests, should we make time to go to a professional society meeting in another city? One benefit of attending professional meetings such as the TSPP Annual Meeting and Scientific Program is continuing medical education credits (CMEs). TSPP has a distinguished history of providing excellent, timely, and useful scientific information to its members. But there are other ways of obtaining CME credits—why attend a meeting?

Well, ironically, one answer came to me while attending—a conference! I had the delightful experience of presenting at the Northern Plains Conference on Aging and Disability in Fargo, North Dakota. The keynote speaker, Paul Nussbaum, PhD, discussed ways in which we maintain cognitive health throughout our lives. As he discussed these principles, I realized that attendance at professional meetings can be important to busy physicians who, too often, neglect our own personal health.

Of course, as psychiatrists, we constantly tell our patients about the importance of caring for their health. We warn them of the hazards of smoking, the importance of taking their medications, the critical need to eat properly and have good routine medical care. But how well do we check our own (metaphorical) pulses? How well do we care for ourselves? Not very well, on my observation. Of course, you all know this, and the literature is replete with the need for physicians to be supported in order to avoid burnout, but beyond the usual "medical" advice (sleep, eat nutritiously, exercise, relax) about things we can do to protect our brains such as exercise and nutrition, the brain needs other kinds of care. Paul Nussbaum's presentation gave me some ideas about ways we can maintain our health that are not so obvious.

Here are some things he highlighted:

Mental Stimulation: the human brain thrives on exposure to novel and complex experiences. Yes, we can get CME credits online, but is that helpful for our own psy-

chological well-being? The opportunity to be in a different city, setting, learning environment, and social setting is good for us. It is important to put ourselves in situations that are different from how we live day to day. We also learn information better when we are shaken out of our usual routine. Now, you might be thinking, "I have plenty of mental stimulation just maintaining my practice, thank-you-very-much. I don't need another obligation!" Unfortunately, for many of us, the daily stress and chaos of our medical practices is a constant background noise. It is not novel, and is really not complex—it can become just an ongoing process of putting out brushfires. Mental stimulation of the sort that we need is invigorating and pleasurable—and we need it. A professional meeting such as those hosted by TSPP provides the perfect way for busy physicians to experience healthy mental stimulation as well as professional education.

Socialization: As psychiatrists, we should be the first to realize that isolation does not promote psychiatric health. Lack of socializa-

tion at any age can lead to depression, anxiety and poor performance. In elders, social isolation is associated with poor memory, poor performance, poor nutrition, and poor health outcomes. There are good reasons that social contact improves brain function, but remember—the human brain also thrives on novel experiences. Seeing the same friends, family, and colleagues, although providing social contact, does not provide a novel experience. Our brains need to do things that are not well-learned and rote.

It has long been my contention that after we leave residency or fellowship training, many of us enter a sort of professional solitary confinement. Some of us are in solo private practice, but even when we practice in a larger group, we don't usually have the academic experiences such as rounds, grand rounds, classes, and other planned times of professional socialization. In an increasingly technologized world, professional societies provide rare opportunities to socialize with colleagues, learn valuable material in a novel situation and environ-



Martha Leatherman, MD

ment, and, yes—recharge.

We pursued the art and science of medicine for various personal reasons. The practice of medicine has become increasingly complex. Organized psychiatry can provide ways that increase the satisfaction of medical practice, but more importantly, can offer you as a professional ways to make your professional practice a meaningful and energizing part of your life. ■

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- **Michelle Robinson**
Underwriter
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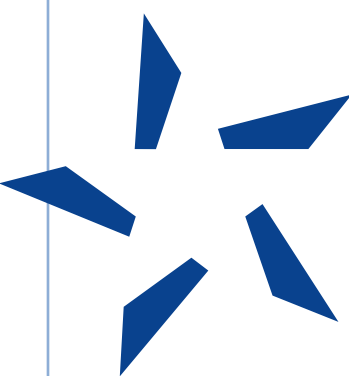


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TSPP 56th Annual Convention & Scientific Program

“Embracing the Future in Psychiatric Practice”
November 9-11, 2012 • Moody Gardens Hotel • Galveston, Texas



MEETING LOCATION

ALL MEMBERS AND NON-MEMBERS ARE INVITED TO JOIN US! TSPP's 56th Annual Convention and Scientific Program will be held at the Moody Gardens Resort and Spa, Seven Hope Blvd., Galveston, TX, 1-800-582-4673. Surrounded by 242 acres of breathtaking gardens and majestic pyramids, Moody Gardens Hotel, Spa and Convention Center is Galveston Island's premier meeting destination. Moody Gardens features:

- **Full Service Spa and Fitness Center**, complete with indoor lap pool.
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- **IMAX Ridefilm Theater** - Strap yourself in and dive, twist and turn as your seat mirrors every movement on a giant wrap-around screen with six-channel surround sound.
- AND, special activities for you during Convention time! **Festival of Lights** – One of the Gulf Coast's largest holiday lighting events at Moody Gardens!



HOTEL RESERVATIONS

A special TSPP discounted room rate of \$142 is available to program registrants on a space availability basis. **Make your hotel reservation today by calling 1-888-388-8484.**

SPECIAL REGISTRATION FEES FOR TSPP & TSCAP MITs

Special 'FREE' Incentive Offer for TSPP Members in Training. Once again, TSPP is pleased to offer the waiver/refund of the CME Scientific Program registration fee **IF the member's Training Director registers for the Scientific Program.** So all Members-in-Training encourage your Training Director to register and then send in your registration form, with the name of your Training Director noted, and then plan on attending the Scientific Program FREE! (Offer extended to TSPP and TSCAP Members-in-Training Residents and Fellows who are members of TSPP and/or TSCAP.

MIT POSTER SESSION

In order to familiarize Texas psychiatrists with the research efforts and achievements of their colleagues, the TSPP Continuing Medical Education Committee is soliciting scientific posters. The posters need not be especially made for this meeting. Posters presented at the APA or at other scientific meetings within the last year would be appropriate. TSPP's goal is to support collaborative interaction among the Texas researchers and also to familiarize the general membership about new advances made in the state. The deadline for poster applications is October 20, 2012. Please contact tsppofc@aol.com for a copy of the Poster Application Form.

SPECIAL EVENTS

THURSDAY GOLF OUTING — Polish up on your golf game in an exciting location! For those convention attendees, guests and golf enthusiasts arriving early, TSPP members are arranging a tee time for a group play. If you are interested in playing, please be sure to check the Golf Section box on the TSPP Registration Form.



TITUS HARRIS SOCIETY – All members of the Titus Harris Society are invited to a special reception to be held in conjunction with the TSPP Welcome Reception, Friday, 6:30-8:00 pm at the Moody Gardens Hotel. In addition TSPP extends a special invitation to the Titus Harris Society members to extend their weekend stay and attend the CME Program and other social activities. Titus Harris Society members will be identified by special ribbons on their convention name badges.

AWARDS

Saturday evening's festivities begin with a complimentary wine and cheese reception for registrants attending the Awards Banquet honoring the 2012 TSPP Award Recipients for their outstanding contribution to Psychiatry. Register early to reserve a table for your friends at this memorable evening! This year's honorees include:



John M. Oldham, MD
Houston
PSYCHIATRIC
EXCELLENCE AWARD



Vanita Halliburton
Dallas
SPECIAL SERVICE
AWARD



Judge Jan Krockner,
Houston
SPECIAL SERVICE
AWARD

DR. SPENCER BAYLES OUTSTANDING TSPP MEMBER AWARD



This award named in memory of Dr. Spencer Bayles was established in 2010 to recognize members for outstanding and consistent participation in TSPP activities. The award will be presented during TSPP's Annual Business Luncheon on Saturday, November 10 so please plan to attend and thank your fellow colleague for his outstanding volunteer service. This year's Award Recipient is **Milton Altschuler, MD, Houston**

DAVID PHARIS AWARD

The David Pharis Award will be presented by the Department of State Health Services and TSPP to recognize significant contributions to safety and quality inpatient care and outcomes in State Hospitals. This year's award will be presented during TSPP's Annual Business Luncheon on Saturday, November 10. Please attend and express your appreciation to the organization selected for this degree of excellence.

COMMITTEE/GOVERNANCE SCHEDULE

ALL MEETINGS WILL BE HELD AT THE MOODY GARDENS HOTEL

THURSDAY, NOVEMBER 8

6:30 pm-7:30 pm
7:30 pm- 9:00 pm

Council

Council on Fellowship

Committee/Organization

Federation Delegate Assembly
Chapter Leadership Forum

Leadership

Chair - Richard Noel, MD
Chair - Debra Atkisson, MD

FRIDAY, NOVEMBER 9

7:30 am-8:55 am
9:00 am- 10:30 am

Council on Leadership

Foundation Board of Directors
Constitution & Bylaws Cmte (Not Meeting)
Ethics Committee
Distinguished Fellowship Committee
Finance Committee
Nominating Committee (Not Meeting)
Strategic Planning Committee

Chair - Linda Rhodes, MD
Chair - Terry McMahon, MD
Chair - Daniel Pearson, III, MD
Chair - Patrick Holden, MD
Chair - Mark Jacobs, MD
Chair - Patrick Holden, MD
Chair - Clay Sawyer, MD

10:45 am- 12:15 pm

Council on Service

Academic Psychiatry Committee
Children & Adolescents Committee
Forensic Psychiatry Committee
Public Mental Health Services Cmte
TX Academy of Psychiatry Board of Trustees

Chair - Scott Winter, MD
Chair - Brigitte Bailey, MD
Chair - Ed Furber, MD
Chair - Daryl Knox, MD
President- Martha Leatherman, MD

1:30 pm-3:00 pm
2:00pm - 3:30 pm

Council on Education

CME Committee
MIT Section
Professional Practice Management Cmte
Government Affairs Committee
TSPP Executive Council

Chair - Gary Etter, MD
Chair - Noor Jarun, DO
Chair - Mark Jacobs, MD
Chair - Leslie Secrest, MD
President - Debra Atkisson, MD

3:45 pm- 5:00 pm
5:30 pm-6:30 pm

Council on Advocacy

SATURDAY, NOVEMBER 10

6:00 pm-7:00 pm

TSCAP Executive Committee

President - Thomas Matthews, MD

DAILY SCHEDULE

THURSDAY, NOVEMBER 8

| | |
|-------------------|--|
| 12:00 Noon | Golf Outing at Moody Gardens Golf Course |
| 2:00 pm - 8:00 pm | Registration Open |
| 5:30 pm - 6:30 pm | Titus Harris Society Executive Meeting |
| 6:30 pm - 7:30 pm | Federation Delegate Assembly Meeting |
| 7:30 pm - 9:00 pm | TSPP Chapter Leadership Meeting |

FRIDAY, NOVEMBER 9

| | |
|--------------------|---|
| 7:30 am - 8:30 pm | Registration Open |
| 7:30 am - 9:00 am | Foundation Board of Directors Breakfast Meeting |
| 9:00 am - 5:00 pm | Committee Meetings Committee Meeting Hospitality Break |
| 12:00 pm - 5:00 pm | Exhibit AND Poster Session Set-Up |
| 12:00 pm - 1:30 pm | Membership Luncheon / Program |
| 1:30 pm - 3:00 pm | Texas Academy of Psychiatry Board of Trustees |
| 2:00 pm - 3:30 pm | MIT / ECP Program |
| 5:15 PM - 6:30 PM | Executive Council Meeting |
| 6:30 pm - 8:00 pm | Titus Harris Society Reception |
| 6:30 pm - 8:00 pm | Welcome Reception with Exhibitors AND Poster Session |

SATURDAY, NOVEMBER 10

| | |
|---------------------|---|
| 7:45 am - 8:15 am | Complimentary Continental Breakfast for Meeting Registrants |
| 7:30 am - 8:30 pm | Registration Open |
| 7:30 am - 5:00 pm | Exhibits Open AND Poster Session |
| 8:00 am - 6:00 pm | Scientific Program |
| 10:30 am - 11:00 am | Refreshment Break with Exhibitors AND Poster Session Door Prize Drawings |
| 1:00 pm - 2:30 pm | Annual Business Meeting Lunch |
| 4:00 pm - 4:20 pm | Refreshment Break with Exhibitors AND Poster Session Door Prize Drawings |
| 6:00 pm - 7:00 pm | TSCAP Executive Committee Meeting |
| 6:30 pm - 7:00 pm | Reception for Awards Banquet Attendees |
| 7:00 pm | Awards Banquet |

SUNDAY, NOVEMBER 11

| | |
|---------------------|--------------------|
| 8:00 am - 1:25 pm | Scientific Program |
| 10:30 am - 11:00 am | Refreshment Break |

TSPP COUNCIL and
COMMITTEE LEADERSHIP
FY 2012-13

COUNCIL ON ADVOCACY
(Facilitator: George Santos, MD)

GOVERNMENT AFFAIRS
Chair: Leslie Sercrest, MD

COUNCIL ON EDUCATION
(Facilitator: Ed Nace, MD)

CME
Chair: Gary Etter, MD
V Chair: Patrick Holden, MD
V Chair: Les Secrest, MD
Consultant: Jefferson Nelson, MD

MIT SECTION
Chair: Noor Jarun, DO
Consultant: Adam Brenner, MD
Consultant: Terry McMahon, MD

PROFESSIONAL PRACTICE MANAGEMENT
Chair: Mark Jacobs, MD
V Chair: Lynda Parker, MD
V Chair: Gary Miller, MD

COUNCIL ON SERVICE
(Facilitator: Ed Furber, MD)

ACADEMIC PSYCHIATRY
Chair: Scott Winter, MD
V Chair: Tim Wolff, MD

CHILDREN & ADOLESCENTS
Chair: Brigitte Bailey, MD
V Chair: Benigno Fernandez, MD

FORENSIC PSYCHIATRY
Chair: Edward Furber, MD
V Chair: Joseph Penn, MD

PUBLIC MENTAL HEALTH SERVICES
Chair: Daryl Knox, MD
V Chair: Sheila Loboprabhu, MD

COUNCIL ON FELLOWSHIP
(Facilitator: Matthew Jeffreys, MD)

CHAPTER LEADERSHIP FORUM
Chair: Debra Atkisson, MD
Vice Chair: R. Andrew Harper, MD

COUNCIL ON LEADERSHIP
(Facilitator: Richard Noel, MD)

CONSTITUTION & BYLAWS
Chair: Terry McMahon, MD

ETHICS
Chair: Daniel Pearson, III, MD
V Chair: Marie Kelly, MD
V Chair: Lynda Parker, MD
Consultant: Milton Altschuler, MD

DISTINGUISHED FELLOWSHIP
Chair: Patrick Holden, MD
V Chair: Mark Jacobs, MD

FINANCE
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Chair: Patrick Holden, MD
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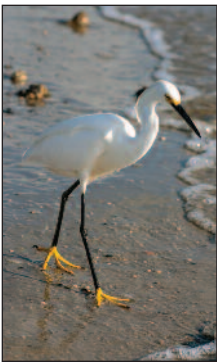
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G A L V E S T O N I S L A N D



SCIENTIFIC PROGRAM

“Embracing the Future in Psychiatric Practice”

SCIENTIFIC PROGRAM SCHEDULE

SATURDAY, NOVEMBER 10, 2012

7 HOURS CATEGORY 1 CREDIT

| | |
|-------------------|---|
| 8:00 - 8:30 am | Welcome and Introductions |
| 8:30 - 10:30 am | Substance Use Disorders – Current Concepts in Research and Treatment <i>Edgar Nace, MD, DLFAPA</i> Office-Based Treatment Approaches for Substance Abuse <i>Thomas R. Kosten, MD, DFAPA</i> Cutting-Edge Research in Substance Abuse: Pharmacogenetics for Alcohol & Cocaine and Vaccines for Addictions <i>Bryon H. Adinoff, MD</i> Neuroimaging Techniques |
| 10:30 - 11:00 am | Refreshment Break w/ Exhibitors and Poster Session |
| 11:00 - 1:00 pm | Evidence Based Treatment of PTSD in Combat Veterans <i>Matthew Jeffreys, MD</i> <i>Alan L. Peterson, PhD, ABPP</i> <i>Kevin S. Beasley, LCSW</i> |
| 1:00 pm - 2:30 pm | Lunch / Business Meeting |
| 2:30 pm - 4:00 pm | Update in Internal Medicine for Psychiatrists: The Current Medical Literature <i>Monique V. Yohanan, MD, MPH</i> |
| 4:00 pm - 4:20 pm | Refreshment Break w/ Exhibitors and Poster Session |
| 4:20 pm - 5:50 pm | Healthcare Legislation and Public Mental Health Funding: What Does the Future Hold for Psychiatry? <i>Emilie A. Becker, MD, DFAPA</i> <i>Daryl K. Knox, MD, DFAPA</i> <i>Conway L. McDanald, MD, DFAPA</i> <i>Richard L. Noel, MD, DFAPA</i> |
| 5:50 pm - 6:00 pm | Closing Remarks |

SUNDAY, NOVEMBER 11, 2012

4 HOURS CATEGORY 1 CREDIT

| | |
|---------------------|---|
| 8:30 am - 9:00 am | Welcome and Introductions |
| 9:00 am - 11:00 am | Social Media: Effects on Patients, Physicians and the Practice of Medicine <i>Keith Whitworth, MAMFC, MARE, PhD</i> |
| 11:00 am - 11:15 am | Refreshment Break |
| 11:15 am - 1:15 pm | Competence for What? Ethical Assessment of Decision-Making Capacity” <i>William H. Reid, MD, MPH, DFAPA, FACP, FRCP</i> |
| 1:15 - 1:25 pm | Closing Remarks |

SCIENTIFIC PROGRAM GOAL/TARGET AUDIENCE/LEARNING OBJECTIVES

This live activity has been designed in a format consisting of case study presentations, lectures and direct discussion to provide its' primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice.

Information and data will address, new developments in treatment and new directions in research to address the professional practice gaps of the learners and advance the physician's competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of this presentation participants should be able to achieve the following objectives and have increased competence in:

- the assessment and treatment of substance use disorders in adults and adolescents.
- the assessment and treatment of PTSD in combat veterans
- the assessment and treatment of patients with comorbid general medical and psychiatric disorders
- the use of social media to understand and communicate with patients and colleagues in professional and ethical ways
- the assessment and understanding of patients' roles and capacities in making decisions, including the components of various consent processes and patients' accurately conveying information about their symptoms and risk (such as suicide risk).
- understanding the effects of legislative and regulatory changes on the practice of Psychiatry and patient care.

NEEDS ASSESSMENT

TSPP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of our participants.

FACULTY AND STAFF DISCLOSURE POLICY

The Texas Society of Psychiatric Physicians will disclose to participants the existence of any relevant financial relationships between faculty members, TSPP staff and members, who planned, authored, contributed to, and/or reviewed the content of this activity, and any commercial interest discussed in this educational activity. Disclosure will occur prior to the presentations either through oral communication to the audience by the moderator or chair, or written communication in the syllabus or handout material.

ACCREDITATION

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of eleven (11) *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The presentation “ETHICS: Competence for What? Ethical Assessment of Decision-Making Capacity” has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

ABOUT THE SPEAKERS

Bryon H. Adinoff, MD

Professor and Distinguished Professorship of Alcohol and Drug Abuse Research
Department of Psychiatry
Chief of the Division on Addictions
UT Southwestern Medical Center
Staff Psychiatrist at the VA North Texas Health Care System
Dallas, Texas

Published over 100 Articles and Chapters on the Biology and Treatment of Addiction
Research funded by National Institute on Alcohol Abuse and Alcoholism (NIAAA), the National Institute of Drug Abuse (NIDA) and the Department of Veterans Affairs

Kevin S. Beasley, LCSW

Licensed Clinical Social Worker at the
Veteran Affairs Posttraumatic Stress Disorder Clinical Team
Department of Veterans Affairs
San Antonio, Texas
Formerly with the Department of Defense Specializing in
Marital Therapy with Couples / Families Dealing with Domestic Violence

Emilie A. Becker, MD, DFAPA

Medical Director, Clinical Behavioral Health
Mental Health and Substance Abuse Services Division
Department of State Health Services
Austin, Texas

Matthew Jeffreys, MD

Medical Director
Post Traumatic Stress Disorders Clinical Team
for the South Texas Veterans Healthcare System and
Associate Professor in the Department of Psychiatry
University of Texas Health Sciences Center
San Antonio, Texas

Daryl K. Knox, MD, DFAPA

Medical Director
Comprehensive Psychiatric Emergency Program (CPEP)
MHMRA of Harris County
Houston, Texas

Thomas R. Kosten, MD, DFAPA

Professor, Departments of Psychiatry and Neuroscience
Baylor College of Medicine
Former Professor and Chief of Psychiatry at Yale University and VA Connecticut
Research Director of the VA National Substance Use Disorders
Quality Enhancement Research Institute (QUERI) Based at the Houston VA
Founder of the Division of Substance Abuse at Baylor and Yale,
Directing their NIH Medications Development Center for Substance Abuse
Supported by a Research Scientist Award from NIH since 1987
Former Congressional Fellow in the House of Representatives and
Visiting Professor in Germany, Spain, Greece, China and Canada
Founding Vice Chair for Added Qualifications in Addiction
Psychiatry of the American Board of Psychiatry and Neurology
Houston, Texas

Conway L. McDanald, MD, DFAPA

BCBS-HCSC
Vice President and Chief Medical Officer of Behavioral Health
Richardson, Texas

Edgar P. Nace, MD, DLFAPA

Clinical Professor of Psychiatry
UT Southwestern Medical School
Medical Director
Turtle Creek Recovery Center
Dallas, Texas

Richard L. Noel, MD, DFAPA

Richard L. Noel, MD, DFAPA
Clinical Assistant Professor of Psychiatry
University of Texas Health Science Center at Houston
Medical Director
Intracare North Hospital
Private Practice of Psychiatry with Alternative Services Network
TSPP Delegate to the TMA Interspecialty Society Committee
Houston, Texas

Alan L. Peterson, PhD

Clinical Health Psychologist
Professor, Department of Psychiatry
Chief, Division of Behavioral Medicine
University of Texas Health Sciences Center at San Antonio
Deputy Chair for Military Collaborations
Director of the STRONG STAR Multi-Disciplinary PTSD Research Consortium
San Antonio, Texas

William H. Reid, MD, MPH, DFAPA, FACP, FRCP

Forensic Psychiatry Consultant
Clinical Professor of Psychiatry, Texas Tech University Health Sciences Center
Adjunct Professor of Psychiatry, University of Texas Health Science Center, San Antonio
Adjunct Professor of Psychiatry, Texas A&M University College of Medicine
Clinical Faculty, Austin Psychiatry Residency Program of the UT Southwestern Medical Center
Horseshoe Bay, Texas

Keith Whitworth, MAMFC, MARE, PhD

Sociology Instructor, Texas Christian University
Department of Sociology
Specializing in Two Areas: Sustainability and the Social Impacts of Technology
He has been featured on CNN, NPR, and Television and Radio Stations Across the Nation
for his expertise on how technology is impacting the American Culture
Fort Worth, Texas

Monique V. Yohanan, MD, MPH

Palo Alto, California

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

56TH ANNUAL CONVENTION & SCIENTIFIC PROGRAM

November 9-11, 2012 ■ Moody Gardens Hotel, Galveston, Texas

Please complete this form and return it with your check, money order or credit card information for your registration and event fees to the Texas Society of Psychiatric Physicians, 401 West 15th Street, Suite 675, Austin, Texas 78701 by October 1 to receive the discounted registration fee. Registration forms and payments by credit card may be faxed to TSPP at 512/478-5223.

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E-MAIL

Please check if you are a: ☐ APA Fellow ☐ APA Distinguished Fellow ☐ APA Life Fellow ☐ APA Distinguished Life Fellow

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NAME(S) GUEST(S) ATTENDING (for name badges)

REGISTRATION FEES

Indicate the **NUMBER** of individuals who are registered for each event in the appropriate enrollment category listed below. Please note the enrollment fees are **PER PERSON** and your payment should reflect the proper fee for the number of individuals registered per event.

| NUMBER ATTENDING EVENT | DISCOUNTED REGISTRATION BEFORE 10/1 | AFTER 10/1 |
|---|---|---------------|
| GOLF OUTING - Thursday | | |
| <input type="checkbox"/> Please Send Me Additional Information. | | |
| LUNCH PROGRAM - Friday | | |
| <input type="checkbox"/> Lunch Program | \$20 | \$25 |
| MIT/ECP PROGRAM - Friday | | |
| <input type="checkbox"/> MIT/ECP Program | No Chg | No Chg |
| RECEPTION W/EXHIBITORS - Friday | | |
| <input type="checkbox"/> NOT Registered or Scientific Program | \$40 | \$50 |
| <input type="checkbox"/> Registered for Scientific Program | No Chg | No Chg |
| LUNCH - Saturday | | |
| <input type="checkbox"/> TSPP / ACADEMY / TSCAP Member | \$25 | \$35 |
| <input type="checkbox"/> TSPP / ACADEMY / TSCAP MIT Member | \$15 | \$20 |
| <input type="checkbox"/> TSPP / ACADEMY / TSCAP Non-Member | \$35 | \$45 |
| <input type="checkbox"/> TSPP / ACADEMY / TSCAP MIT Non-Member | \$25 | \$35 |
| <input type="checkbox"/> Guest | \$25 | \$35 |
| AWARDS BANQUET AND GALA - Saturday | | |
| <input type="checkbox"/> Awards Banquet | \$40 | \$60 |
| <input type="checkbox"/> Reserved Table for 10* | \$400 | \$600 |
| * Name(s) for Reserved Table: _____ | | |

If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605.

| NUMBER ATTENDING EVENT | DISCOUNTED REGISTRATION BEFORE 10/1 | AFTER 10/1 |
|--|---|---------------|
| SCIENTIFIC PROGRAM - Saturday and Sunday | | |
| <input type="checkbox"/> TSPP / ACADEMY / TSCAP Member | \$225 | \$250 |
| <input type="checkbox"/> Non-Member Physician | \$250 | \$290 |
| <input type="checkbox"/> MIT TSPP / ACADEMY / TSCAP Member (**COMPLIMENTARY IF YOUR TRAINING DIRECTOR REGISTERS FOR THE ANNUAL CONVENTION & CME PROGRAM) | \$25 | \$35 |
| <input type="checkbox"/> Non-Member MIT | \$35 | \$50 |
| <input type="checkbox"/> Allied Health Professional | \$105 | \$130 |
| <input type="checkbox"/> Spouse / Guest (No CME Credit) | \$95 | \$120 |
| <input type="checkbox"/> Advocacy Organization (no CME Credit) | \$35 | \$50 |
| ** MIT Member's Training Program Director's Name registered to attend the Convention & CME Program: _____ | | |
| CME Meeting Syllabus Order | | |
| <input type="checkbox"/> CME Meeting Syllabus In Color | \$70 | \$95 |
| <input type="checkbox"/> CME Meeting Syllabus In Black/White | Free | Free |
| NOTE: All CME program registrants will receive at No Additional Charge a black and white printed copy of the speakers' presentation. Due to the higher cost of color copying, IF you wish to receive the syllabus in color you may purchase a color copy of the speakers' syllabus by checking the box and including the additional charge. The color copy will be provided to you upon check-in the day of the program. | | |
| <input type="checkbox"/> Vegetarian Plate Requested. No additional fee if requested prior to 10/1, otherwise there will be an additional fee of \$15.00 | | |

TOTAL REGISTRATION FEE

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CANCELLATIONS – Deadline for cancellation is October 1, 2012. In the event of cancellation, a full refund will be made if written notice is received in the TSPP office by October 1, 2012, less a 25% handling charge. NO REFUNDS WILL BE GIVEN AFTER OCTOBER 1, 2012. Individuals are responsible for their making and canceling, if warranted, their personal hotel room reservations.

RETURN TO:
TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS, 401 WEST 15TH STREET, SUITE #675, AUSTIN, TX 78701
PHONE (512) 478-0605 • FAX (512) 478-5223 • EMAIL tsppofc@aol.com

The Pleasure Pier is Now Open!

The **Galveston Island Historic Pleasure Pier** opened Memorial Day Weekend and juts out 1,000 feet over the surf at 25th Street, where the original Pleasure Pier stood from 1943 until it was destroyed by Hurricane Carla in 1961. More recently, it was the site of the Flagship, an over-the-water hotel built in 1965 that was demolished after 2008's Hurricane Ike.

The \$60 million project puts a roller coaster and Ferris wheel over the Gulf of Mexico and features 16 rides, carnival games and souvenir shops. Food vendors offer sausage-on-a-stick and other tourist favorites. And it houses the state's first **Bubba Gump Shrimp Co.**

Pleasure Pier is designed to be a first-rate waterfront tourist spot on par with the Navy Pier in Chicago and Santa Monica Pier in Southern California *so bring your friends and family and make it a fun-filled year-end retreat!*



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Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

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<http://www.txpsych.org> (website)

Federation of Texas Psychiatry
401 West 15th Street, Suite 675
Austin, Texas 78701

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Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation's **JOB BANK** on its website at www.txpsych.org. The Federation's **JOB BANK** could be just what you have been looking for.

CALENDAR OF MEETINGS

NOVEMBER 2012

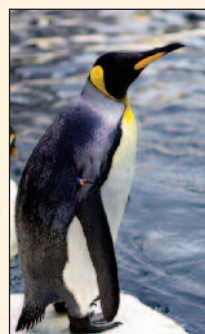
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- 19-21 Texas Society of Psychiatric Physicians**
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Westin Austin at the Domain Hotel
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JULY 2013

- 26-28 Texas Society of Child and Adolescent Psychiatry**
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**56th Annual Convention
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