

# Texas Psychiatrist

## Stay On Top of Your Game – Attend the TSPP Annual Scientific Program in Galveston

Jefferson E. Nelson, MD, Chair, TSPP CME Committee

In case you haven't noticed Continuing Medical Education is changing rapidly and radically. The ACCME (Accreditation Council on Continuing Medical Education) has mandated that accredited CME Providers must produce programs that demonstrate and document they have produced changes in physicians practices, physicians competence, and/or patient outcomes! The Texas Society of Psychiatric Physicians has demonstrated our ability to do this and we have been re-accredited for another 4 years to provide our own brand of practical clinical information to Texas psychiatrists.

This year's Annual Scientific Program "Clinical Updates for Implementing Change in Your Practice", November 14-15, at Moody Gardens Hotel, Galveston, is designed to address the professional practice gaps and advance the physicians' competence and effective use of targeted skills. Updates on the Diagnosis and Treatment of Bipolar Disorder in Adults, and Adolescents, will be presented by Robert M.A. Hirschfeld, MD, Professor and Chair of the Department of Psychiatry and Behavioral Sciences at the University of Texas Medical Branch, and Karen Dineen Wagner, MD, PhD, Vice Chair of the Department of Psychiatry and Behavioral Sciences and Director of the Division of Child and Adolescent Psychiatry at the University of Texas Medical Branch. Both Drs. Hirschfeld and Wagner are internationally known for their work in mood disorders and their presentations will clarify the diagnostic and treatment questions in current clinical practice. Is Bipolar Disorder over-

diagnosed or under-diagnosed? Which mood stabilizer is best for which patient? Should you use antidepressants when treating Bipolar Depression? What is the evidence for change in your practice in these situations?

The TSPP CME Sub-Committee awarded Elena Ivleva, MD, PhD, the 2009 TSPP Resident Paper Competition Winner, for her paper "Gray and White Brain Matter Volumetric Intermediate Phenotypes Across the Psychosis Spectrum". Dr. Ivleva is a PGY-II Psychiatry Resident at the University of Texas Southwestern Medical Center in Dallas. Her presentation of the winning paper will present a brief overview of the research and enable participants to have an improved understanding regarding the categorization of psychotic illnesses into schizophrenic and affective psychoses and the growing body of research that does not support this dichotomous conceptualization of psychosis and suggests that psychosis spectrum disorders present a continuum with at least partially overlapping neurophysiological mechanisms and genetics.

Dr Philip Becker from Dallas, President of Sleep Medicine Associates of Texas, PA, Director and Medical Director of Sleep Medicine Institute, Presbyterian Hospital of Dallas and Program Director for the Sleep Medicine Fellowship at UT Southwestern will present the program on Sleep and Psychiatric Disorders: Evidence Based Practice. Key questions such as: When are sedative/hypnotics contraindicated? What are the clinical criteria that insurance companies cannot refuse, ethically, to accept when referring patients for sleep medicine

evaluations? When is CBT the best therapy for the patient with insomnia? The answers to these and other questions will advance your competence and effective use of targeted skills so that you may develop strategies to apply the knowledge, skills and judgment of the information presented into improving outcomes in patients with sleep disorders.

Psychiatrists still need to know Internal Medicine, at least some of the key points. Randall Urban, MD, Professor and Chair of the Department of Medicine at the University of Texas Medical Branch, and his associate, Manisha Chandalia, MD will present Essentials of the Evaluation and Treatment of Thyroid Disorders and Diabetes: What Every Psychiatrist Should Know and Use in Practice. How often should the psychiatrist check thyroid function, fasting glucose, HbA1c in their patients on psychotropic meds? When is it appropriate for the psychiatrist to prescribe T3 or T4? When is an endocrinology referral essential? Our patients need us to understand these problems; we often see them much more frequently than any other physician; when will our monitoring these parameters improve our patients health?

Clinical decisions must be made with less than clear evidence at times. How can we discern the best course of action based on limited evidence in the medical literature?

Pedro L. Delgado, MD, Professor and Chair of the Department of Psychiatry, Associate Dean for Faculty Development and Professionalism at the University of Texas Health Science Center, San Antonio, and his colleague Mauricio Tohen, MD,



Jefferson E. Nelson, MD

DrPh, MBA, Professor, Department of Psychiatry at UTHSCSA will address these issues. Their presentation: Effective Appraisal of the Medical Literature-Using understanding of study design, levels of evidence, and conflicts of interest in clinical decision-making, will attempt to answer these questions, improve physicians choices of treatment options, and advance their competence and effective use of targeted skills, thus improving outcomes for patients. TSPP has designated this presentation for two (2) hours of education in medical ethics and/or professional responsibility.

We hope you will attend this exciting program, participate actively, and help us contribute to improving psychiatric care for all our patients. The TSPP 53rd Annual Convention and Scientific Program and Registration is available online at [www.txpsych.org](http://www.txpsych.org), complete and mail or fax your registration and payment to 512-478-5223, or telephone your registration in by calling 512-478-0605. ■

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## TSPP Annual Convention and Scientific Program

November 13-15 • Galveston

See pages 4,5,8  
for program and registration



# A Chorus on Conflicts

George D. Santos, MD, President, Texas Society of Psychiatric Physicians



George D. Santos, MD

Lately, it is hard not to join the growing chorus of concern over potential physician conflicts of interest. Although an uncomfortable subject, I think we have to openly deal with these issues as an organization. Obviously, there are many perspectives and the concept of a conflict when a physician serves a dual role, patient advocate versus another possibly financial interest, may present themselves in a variety of settings. The financial relationship between a physician or physician organization and the pharmaceutical industry has garnered the most attention lately. Sensational investigations of iconic names such as Dr. Nemeroff and Dr. Biederman have led to a spotlight on how physicians interact with the pharmaceutical industry.

Honestly, these are reasonable questions to consider as we practice medicine and interact with our partners in the pharmaceutical industry, but their contributions should not be overlooked. Their work in developing life-changing medications cannot be overstated as one of the most critical developments in psychiatric treatment. These medications have given hope to patients who decades ago had none and has made possible the ability of so many patients to live full and productive lives in their own communities instead of in institutions.

We have to also admit, however, that we

are frequently burdened with questions about undue influence by these companies on our clinical decisions. It is asked if our decisions regarding medication prescriptions are influenced by some financial benefit received from a pharmaceutical company. This question ranges from concerns over a promotional pen, a meal delivered to an office, a meal given in a restaurant, speaking honoraria for talks given on behalf of a company, to the potential impact of industry dollars on the direction and nature of research. Physician organizations have tended to respond by restricting any and all such interactions. That appears to me to be overly broad and reactive. I do believe, however, we have to be willing to consider the nature of these interactions and honestly assess any impact they may have on our clinical work.

The fact is even the appearance of undue industry influence must be considered as we proceed as individuals and as an organization of physicians. This is true not only when we interact with authorities, such as the Legislature, but more importantly as we treat our patients. There are so many settings in which we interact with the pharmaceutical industry. Sales representatives visit our offices, and they have very clear data on our individual prescribing practices. Honestly, they are there to sell their product. In truth, the invitations to

industry-sponsored "educational" dinners have decreased, but they are still frequent. Many physicians augment their income working on a pharmaceutical company's "speakers bureau." Different companies have different policies regarding whose information slides get presented. Some companies provide all of the slides and others allow the physicians to give a more independent presentation. You decide which is the more common setting. The fact is for some physicians these physician-led presentations can serve a real educational role. There are physicians who give only the occasional presentation, but there are a few who give many more and earn substantial income from these activities. Can we really make the case these interactions have no impact on prescribing practices? Many are very skeptical. A more basic question is "Do our patients have the right to know if their physician is a paid spokesman for a particular medication or medical device?" This is an uncomfortable subject for many. It is, however, important to consider the reality that even the appearance of a conflict of interest creates doubt. It should be dealt with directly and openly.

Pharmaceutical companies have increasingly gone to community-based physicians, as opposed to academic settings, to conduct research. How many of these protocols are developed primarily to advance medical knowledge as compared to impact prescribing practices? In many circumstances, it is not clear to what degree those physicians are trained to conduct clinical research and there may be substan-

tial financial factors involved in enrolling patients and in conducting the protocols. This may call into question the nature of "evidence" as it is used for "evidence based medicine," as well as issues of physician influence over the patients enrolled in research.

I suggest that as an organization we should open a dialogue to explore these issues and consider adopting "best practice" guidelines for interactions with pharmaceutical and medical device companies which complement those from other organizations. As an example, AACAP has posted information on this issue. They suggest four A's: Awareness of conflicts of interest; Assessment of the conflict of interest; Acknowledgement of the conflict of interest; Actions to manage or eliminate the conflict. I suggest it is time for us to come to consensus on guiding principles, with patient interest as the paramount principle, on this topic.

I hope you will come to this year's fall TSPP meeting to join in the conversation. ■

## MEMBERSHIP CHANGES

### TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

The following membership applications have been approved by the TSPP Executive Committee and have been transmitted to the APA.

#### Member in Training Status:

Dhoke, Sheetal, MD, Lubbock  
Islam, Sadaf, MD, Houston  
Lynch, Mechibelle, MD, Friendswood  
Michaud, Christine, MD, Houston

### TEXAS ACADEMY OF PSYCHIATRY

The following membership applications have been approved for enrollment in the Academy.

#### New Members

Cohen, Melvin L., MD, San Antonio  
Gilfillan, Sandra, DO, Houston  
Hernandez, Jose M., MD, Kerrville  
Kalter, Robert L., MD, San Antonio  
Littlejohn, Jr., Lake, MD, Marshall  
Reading, William, MD, Stafford

## Medical Malpractice Insurance

*Are you paying too much?*

The Federation of Texas Psychiatry in cooperation with Cunningham Group is offering Texas psychiatrists free premium indications. Prices have come down during the past year — one insurer dropped its rates 48 percent.

Let Cunningham Group shop the market for you and reduce your premium.

Go to the Cunningham website ([www.cg-ins.com](http://www.cg-ins.com)) and complete the Medical Malpractice Premium Indication Short Form to receive your premium indication.

**Cunningham Group**

Professional Liability Insurance Services  
Phone 512-336-5336 • Fax 512-336-7121

## UTMB Correctional Managed Care

### WANTED: HIGH QUALITY PSYCHIATRISTS

UTMB-CMC employs Psychiatrists at multiple adult and juvenile facilities all over Texas. We are heavy utilizers of telepsychiatry using state of the art technology and an electronic medical record.

We are a correctional healthcare system that is setting the standard for others. Correctional Managed Care is among the world's leaders in telemedicine and electronic medical record applications. Innovative programs, creative solutions and participation in Baldrige/Texas Quality Foundation efforts further define our organization and help lead us toward performance excellence.

#### Current Opportunities Available

**DALLAS:** Staff Psychiatrist – Telemedicine Center (Hutchins Jail)  
**AUSTIN:** Staff Psychiatrist- Telemedicine Center  
**BROWNWOOD:** Staff Psychiatrist – Texas Youth Commission  
**CORSICANA:** Staff Psychiatrist – Texas Youth Commission  
**Positions also available for psychiatric PA and Nurse Practitioners:**  
**TYLER:** Skyview Inpatient Psychiatric Hospital (Rusk, TX)  
**DALLAS:** Telemedicine Center (Hutchins Jail)  
**AUSTIN:** Telemedicine Center

#### Compare our Benefits with other Organizations

- ★ Relocation allowance
- ★ 5 days paid CME leave
- ★ Biannual CMC conferences
- ★ Flexible schedules
- ★ Professional liability coverage
- ★ Paid vacation, holidays and sick leave
- ★ State retirement plan in ORP or TRS with State contributions
- ★ \$2000 CME stipend per fiscal year
- ★ Competitive salaries
- ★ M-F work schedule-day shift
- ★ Limited on-call rotation
- ★ Comprehensive medical coverage

Correctional practice eliminates many of the "headaches" of community practice such as dealing with insurance companies including Medicare and Medicaid, malpractice insurance problems.

To learn more about our organization visit: [www.utmb.edu/cmc](http://www.utmb.edu/cmc)  
To Apply contact Debie Dansbe 281-269-6700 or 866-900-2622  
or email resume: [dsdansbe@utmb.edu](mailto:dsdansbe@utmb.edu)

UTMB is an EO/AA Employer M/F/D/V





# The Value of TSCAP and AACAP Dual Membership

Paul Croarkin, DO, President, Texas Society of Child and Adolescent Psychiatry

“Never doubt that a small group of committed people can change the world. Indeed it is the only thing that ever has.”

- Margaret Mead

In recent months there has been some confusion regarding membership requirements for the Texas Society of Child and Adolescent Psychiatry (TSCAP) and the American Academy of Child and Adolescent Psychiatry (AACAP). This has primarily involved the dual membership requirement in both organizations. I urge all TSCAP members and Texas child psychiatrists to access and review AACAP bylaws (available on the web: <http://www.aacap.org/galleries/Aboutus/Bylaws09.pdf>).

Specifically note the following requirement regarding the application for new membership in AACAP:

“After January 1, 1990 all new General, Fellow, or Trainee Members of the Academy must be members in good standing of the regional organization in their locality of practice, where one exists, and/or application for membership must be submitted jointly to the said regional organization and the national organization. Acceptance to Academy membership of new applicants is contingent, in part, on acceptance to membership by a regional organization, and continuing membership in a regional organization is a requirement for continuing membership.”

For AACAP members in Texas, this obligation is fulfilled by active participation in and annual dues payments to both associations. It is moving to note that a good number of Texas child and adolescent psychiatrists who joined prior to the 1990s stay active in both organizations. As a more junior physician, I would like to express heartfelt respect and gratitude for this. We value your ongoing dedication and contribution to TSCAP. Your involvement is crucial in maintaining a healthy regional organization and providing peer support for developing colleagues in Texas.

Otherwise, I hope it is evident that this responsibility is a necessity for all of us. We practice in a state that historically ranks 46-49th in the nation among mental health-care spending. There also appears to be ongoing, abundant interest in proposing legislation which impacts the well-being of our patients and how we deliver care. The future is uncertain but most likely involves ever increasing demands (both in volume and acuity) of care with dwindling resources. Consequently, it is important that we work together to maintain a strong state professional organization focused on advocating for our patients, improving the quality of

care, and advancing our field in Texas. Joining TSCAP, paying dues, and attending our annual meeting are great places to start. Please consider doing more than this as well.

Next year’s annual meeting and scientific program entitled “Addressing Substance Abuse in Child and Adolescent Psychiatry: Prevention, Diagnosis and Treatment” will take place at Moody Garden Hotel, in Galveston, Texas from July 24 to July 25, 2010. The TSCAP executive committee has initiated development of this meeting early to ensure that this is an exceptional scientific program and an enjoyable opportunity to connect with colleagues throughout Texas. Our keynote speaker, Oscar Bukstein MD MPH from the University of Pittsburgh Medical Center will present “Best Practices for the Assessment and Treatment of Adolescents with Substance Use Disorder.” Continuing with the theme of the scientific program, other speakers will include Steven Pliszka MD from the University of Texas Health Science Center at San Antonio who will discuss the treatment of ADHD in the context of substance abuse and Christopher Thomas MD from the University of Texas Medical Branch Galveston who will discuss the legal and ethical challenges involved in treating substance



Paul Croarkin, DO

use disorders in children and adolescents. Moody Gardens has been a favorite destination for our membership in the past and provides a splendid environment for recreation and family time. Make plans now to attend this exciting conference next summer.

On that note, we all have two opportunities to enjoy Galveston and Moody Gardens this year. TSPP will host its Scientific Program on November 14 and 15, 2009 in the same location. This conference is another valuable CME opportunity and will include a lecture from Karen Dineen Wagner, MD, PhD “Update on the Diagnosis and Treatment of Bipolar Disorder in Adolescents.” Moreover, please join me in congratulating R. Andrew Harper MD (TSCAP’s immediate past president) who will receive the Psychiatric Excellence Award at the November TSPP Awards Reception and Banquet.

As always, please stay in touch with your concerns and ideas regarding TSCAP and our upcoming annual meeting. ■



## Has Health Care Reform Lost It’s Way?

Leslie H. Secrest, MD, Chairman, Federation of Texas Psychiatry

Health Care Reform continues to be the focus of the Federal Legislative process and continues to command the attention of the American tax payer. As one might expect, the financial requirements of the House of Representatives’ concept of health reform, House Bill 3200, is an increase in excess of 1.2 trillion dollars over ten years to the 2.4 trillion already spent on health care each year. A trillion is a compact word that doesn’t sound peculiar or special the more it is used. Before long it is easy to think it is only a trillion. However, trillion takes on new emotions and meaning when the word is played with a little different format. The dictionary says that trillion is a cardinal number followed by twelve zeros. Can that be correct, twelve zeros? Lets count; three zeros for the hundreds, three zeros for the thousands, three zeros for the millions, and three zeros for the billions. Yes indeed there are twelve zeros following the one. Now that is spread over 10 years which would make a new number one hundred billion which doesn’t roll off the tongue quite so smoothly. It is again one followed by eleven zeros. The financing of health care appears to be a major factor that defines what health care will be as soon as we put on our tax payer hat. The enormity of the cost and the enormity of the revenue the economy must generate pulls and demands our attention. Anxiety takes center stage as health care continues to consume ever increasing amounts

of the gross domestic product. It does not require a degree in finance to realize that along with other areas of national importance; the supply of ones followed by twelve zeros is not limitless. The anxiety of the tax payer is dramatically expressed in the town hall meetings held by members of Congress in their districts. As gross domestic product changes from an abstract concept to how many dollars will come out of my take home pay and limit what can be purchased, it is clear that each health care dollar must become more productive. Obviously, increase productivity of the health care delivery system will not be able to offset the need for one hundred billion new dollars each year. The continuity of care will require further management as the utilization of health care resources will be limited by available funding. As technology evolves and is readily available, the cost of tests and instrumentation should decrease but not to the degree hoped by our legislators.

Although the health care reform debate has been anxiety provoking to all, it has caused us to address many issues previously ignored. The strategic planning must give preventive medicine and public health issues a longer prospective of ten to twenty years before benefits will be realized from current implementation and dollars spent. It is obvious that the health care work force needed in ten years must be recruited and trained now.

The training started now will need ten to fifteen years before the wisdom and efficiency of the trainee will be appreciated. End of life issues are starting to be understood by larger segments of the population as there are indications that individuals are starting to consider how end of life issues would apply to them. Although the political process believes that speed and urgency is the only way legislation can be passed, it is clear that the direction and the goals required in health care reform will require structural changes to the delivery system and those changes move at a different, slower rate.

As the health care debate continues to evolve, the political process would appear to have begun to engage the election cycle. The importance of the election cycle may be taking on such major significance that what is in the best interest of the Nation’s health system and the individual citizen may appear to take a secondary position that is overshadowed by the election process. Could Congress be losing its focus on its job, passing timely and effective legislation? How well a legislator accomplishes this goal and communicates effectively the majority opinion or the minority opinion will ultimately be reflected in the election process.

Health Care Reform legislation continues to evolve. It is important that each of us communicates to our legislator in the House or the Senate our concerns and suggest solu-



Leslie H. Secrest, MD

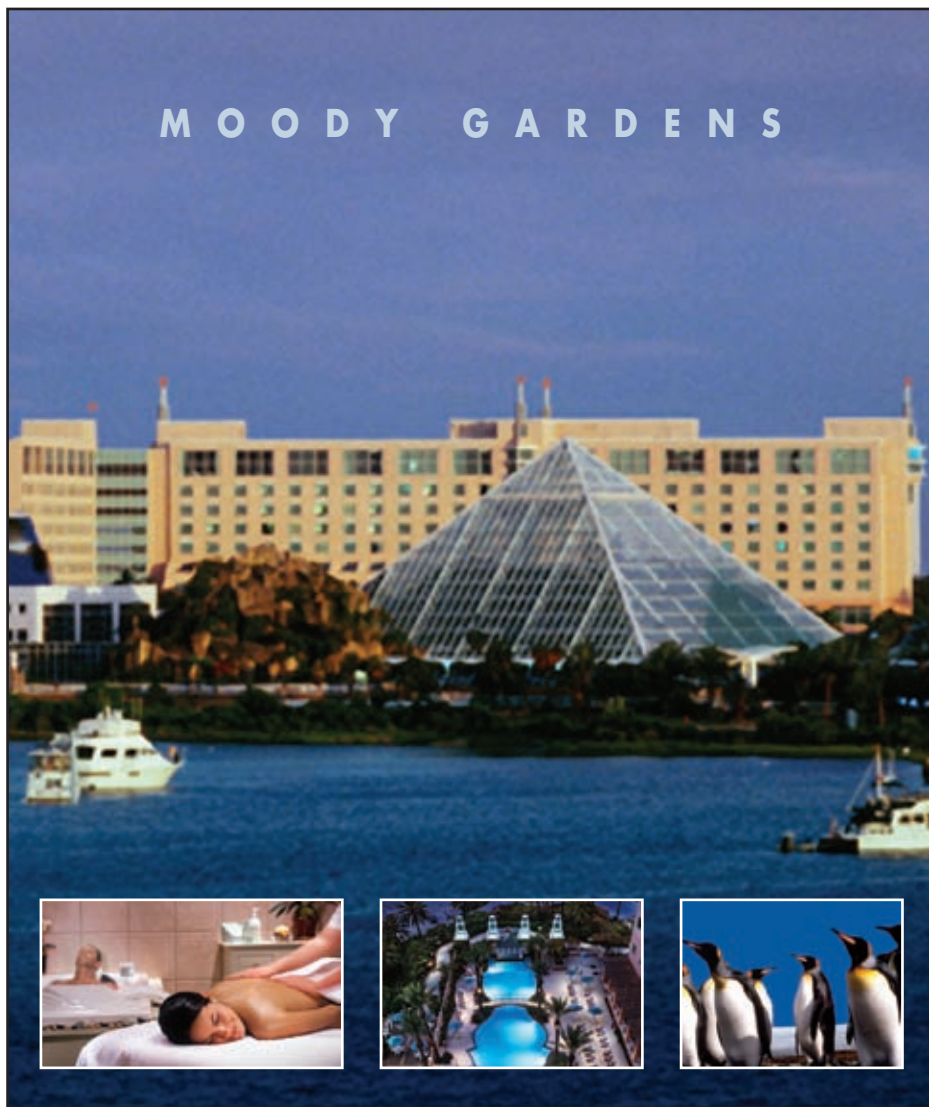
tions. Our Legislators need to hear from us as there is no stronger voice than the physician, patient, tax payer, and voter expressing his or her thoughts. All Legislators think about the physicians in their district when a physician takes time to speak. If individual psychiatrists in a district are silent, your Legislator is disadvantaged as he or she does not have the reference point that your comments provide. This is the time to visit with the congressional staff assigned to the district office. They need your thoughts as reference points. You do make a difference when you speak as an individual, when you are silent your Legislator is in the dark. Health care reform is evolving and our voices as individuals, as voters, as tax payers, as patients, and as psychiatrists is needed to provide reference points and grounding for your Senators and your Representative. Call them, e-mail them, send them letters and most importantly pay their district office a visit. Health care reform needs your voice in addition to the voice of organized medicine. ■



# 53rd Annual Convention & Scientific Program

## “Clinical Updates For Implementing Change In Your Practice”

Moody Gardens Hotel • Galveston, Texas • November 13-15, 2009



### MEETING REGISTRATION

See Registration Form or visit the website [www.txpsych.org](http://www.txpsych.org) for TSPP / TAP's Special Discounted Meeting Registration Fees for this year's convention. The earlier you register, the greater the savings!

### HOTEL RESERVATIONS

ALL MEMBERS AND NON-MEMBERS ARE INVITED TO JOIN US!! TSPP's 53rd Annual Convention and Scientific Program will be held at the Moody Gardens Resort and Spa, Seven Hope Blvd., Galveston, 1-800-582-4673. A special TSPP discounted room rate of \$142 is available to TSPP program registrants before October 21, 2009 or upon sell-out whichever occurs first. **Make your hotel reservation today by calling 1-888-388-8484.**

Surrounded by 242 acres of breathtaking gardens and majestic pyramids, Moody Gardens Hotel, Spa and Convention Center is Galveston Island's premier meeting destination. Moody Gardens features:

- Full Service Spa and Fitness Center, complete with indoor lap pool
- Rain Forest Pyramid – a ten story pyramid featuring primitive rainforests with plants and exotic fish and animals.
- Discovery Pyramid – Experience mysteries of science with traveling and interactive exhibits.
- Aquarium Pyramid – Oceans of the world are represented in a 1.5 million gallon aquarium teeming with creatures from penguins to stingrays, sharks and more.
- IMAX 3D Theater – Be a part of the action at the IMAX 3D Theater featuring amazing 3D and 2D films on a giant six-story screen.
- IMAX Ridefilm Theater – Strap yourself in an dive, twist and turn as your seat mirrors every movement on a giant wrap-around screen with six-channel surround sound.
- AND, special activities for you during Convention time! Festival of Lights – One of the Gulf Coast's largest holiday lighting events at Moody Gardens!

### THURSDAY GOLF OUTING

Polish up on your golf game!! For those convention attendees, guests and golf enthusiasts arriving early, TSPP members are arranging a tee time for a group play. If you are interested in playing, please be sure to check the Golf section of the TSPP registration form.

### TITUS HARRIS SOCIETY

All members of the Titus Harris Society are invited to a special Reunion Reception to be held in conjunction with the TSPP Welcome Reception, Friday, 6:30 - 8:00 pm at the Moody Gardens Hotel. In addition, TSPP extends a special invitation to the Titus Harris Society members to extend their weekend stay and attend the CME program and other social activities. Titus Harris Society members will be identified by special ribbons on their convention name badges. (See program registration form for additional information)

### AWARDS RECEPTION/BANQUET

Saturday evening's festivities begin with a complimentary wine and cheese reception before the Awards Banquet honoring the 2009 TSPP Award Recipients for their outstanding contributions to Psychiatry. Register early to reserve a table for your organization and friends at this memorable and entertaining evening! This year's honorees include:



**Distinguished Service Award**  
J. Clay Sawyer, M.D.  
Waco



**Psychiatric Excellence Award**  
R. Andrew Harper, M.D.  
Houston



**Psychiatric Excellence Award**  
James E. Kreisle, M.D.  
Austin

## PROGRAM AT A GLANCE

### THURSDAY, NOVEMBER 12

|                   |  |
|-------------------|--|
| 12:00 pm          | Golf Outing at Moody Gardens Golf Course         |
| 2:00 pm - 8:00 pm | Registration Open                                |
| 5:30 pm - 6:30 pm | Titus Harris Society Executive Meeting           |
| 6:00 pm - 7:30 pm | Chapter Leadership Forum                         |
| 7:30 pm           | Federation Delegate Assembly Reception & Meeting |

### FRIDAY, NOVEMBER 13

|                    |   |
|--------------------|---|
| 7:30 am - 8:30 pm  | Registration Open   |
| 7:30 am - 9:00 am  | Foundation Board of Directors Breakfast Meeting                             |
| 8:00 am - 5:00 pm  | Committee Meetings  |
|                    | Committee Meeting Hospitality Break   |
|                    | <b>SPONSORED BY PADRE BEHAVIORAL HOSPITAL</b>                               |
| 12:00 pm - 5:00 pm | Exhibit Set-Up  |
| 12:00 pm - 1:30 pm | Membership Luncheon / Program   |
|                    | <b>SPONSORED BY POLYCOM</b>   |
| 3:30 pm - 5:30 pm  | MIT / ECP Program – “Establishing a Medical Practice”                       |
| 5:00 pm - 6:30 pm  | Executive Council Meeting   |
| 6:30 pm - 8:00 pm  | Titus Harris Society Reunion Reception                                      |
| 6:30 pm - 8:00 pm  | Welcome Reception with Exhibitors   |
|                    | <b>SPONSORED BY TEXAS FOUNDATION FOR PSYCHIATRIC EDUCATION AND RESEARCH</b> |

### SATURDAY, NOVEMBER 14

|                     |   |
|---------------------|---|
| 7:00 am - 7:45 am   | Complimentary Continental Breakfast for Meeting Registrants |
| 7:00 am - 8:00 pm   | Registration Open   |
| 7:30 am - 5:00 pm   | Exhibits  |
| 8:15 am - 4:45 pm   | Scientific Program  |
| 10:15 am - 10:30 am | Refreshment Break with Exhibitors / Door Prize Drawings     |
| 12:00 pm - 1:30 pm  | Annual Business Meeting Lunch                               |
| 2:30 pm - 2:45 pm   | Break   |
| 5:00 pm - 6:30 pm   | TSCAP Executive Committee Meeting                           |
| 6:30 pm - 7:00 pm   | Awards Banquet Reception                                    |
| 7:00 pm             | Awards Banquet  |

### SUNDAY, NOVEMBER 15

|                     |                    |
|---------------------|--------------------|
| 7:00 am - 1:00 pm   | Registration Open  |
| 8:15 am - 12:45 pm  | Scientific Program |
| 10:30 am - 10:45 am | Break              |

## RESERVE YOUR ROOM

### Moody Gardens Resort and Spa, Galveston

Hotel Reservations – **1-888-388-8484**

*Mention TSPP to receive the discounted room rate*

## Moody Gardens

### Fun, Fun, Fun!





# SCIENTIFIC PROGRAM

## “Clinical Updates For Implementing Change In Your Practice”

### SCIENTIFIC PROGRAM SCHEDULE

#### Saturday, November 14

8:15 am

Welcome and Introductions

8:45 am - 10:15 am

**Update on the Diagnosis and Treatment of Bipolar Disorder in Adults**

Robert Hirschfeld, M.D.

*Objectives:* Upon completion of this presentation, participants will be able to demonstrate improved competence in diagnosis of bipolar disorder in adults

10:15 am - 10:30 am

Refreshment Break with Exhibitors / Door Prize Drawings

10:30 am - 12:00 pm

**Update on the Diagnosis and Treatment of Bipolar Disorder in Adolescents**

Karen Dineen Wagner, M.D., Ph.D.

*Objectives:* Upon completion of this presentation, participants will be able to demonstrate improved competence in diagnosis of bipolar in adolescents.

12:00 pm - 1:30 pm

Annual Business Meeting Lunch

1:30 pm - 2:30 pm

**Resident Paper Competition Winning Paper – Brief Overview of the Research: “Gray and White Brain Matter Volumetric Intermediate Phenotypes Across the Psychosis Spectrum”**

Elena I. Ivleva, M.D., Ph.D.

*Objectives:* Upon completion of this presentation, participants will have an improved understanding regarding the categorization of psychotic illnesses into schizophrenic and affective psychoses and the growing body of research that does not support this dichotomous conceptualization of psychosis and suggests that psychosis spectrum disorders present a continuum with at least partially overlapping neurophysiological mechanisms and genetics.

2:30 pm - 2:45 pm

Break

2:45 pm - 4:45 pm

**Sleep and Psychiatric Disorders: Evidence Based Practice**

Philip M. Becker, M.D.

*Objectives:* Upon completion of this presentation, participants will be able to demonstrate improved competence in the assessment of sleep disorders and the appropriate prescription of sedative medications.

#### Sunday, November 15

8:15 am

Welcome and Introductions

8:30 am - 9:30 am

**Essentials of the Evaluation and Treatment of Thyroid Disorders: What Every Psychiatrist Should Know and Use in Practice**

Randall J. Urban, MD

*Objectives:* Upon completion of this presentation, participants will be able to demonstrate improved competence in appropriate screening and referral of psychiatric patients with suspected diabetes, hypothyroidism and hypertension.

9:30 am - 10:30 am

**Essentials of the Evaluation and Treatment of Diabetes: What Every Psychiatrist Should Know and Use in Practice**

Manisha S. Chandalia, MD

*Objectives:* Upon completion of this presentation, participants will be able to demonstrate improved competence in appropriate screening and referral of psychiatric patients with suspected diabetes, hypothyroidism, and hypertension.

10:30 am - 10:45 am

Break

10:45 am - 12:45 pm

**Effective Appraisal of the Medical Literature – Using understanding of study design, levels of evidence, and conflicts of interest in clinical decision-making.**

Panel: Pedro L. Delgado, MD; Mauricio Tohen, MD, DrPh, MBA

*Objectives:* Upon completion of this presentation, participants will be able to demonstrate ability to effectively use the medical literature to make appropriate decisions to optimize patient outcomes.

### TARGET AUDIENCE / PROGRAM OBJECTIVES

This CME program is designed with didactic lectures, panel discussions and case study presentations in multiple educational sessions. The program is designed to provide its' primary target audience of Psychiatrists, as well as other specialties of medicine, with high-quality, evidence-based, clinically-relevant information regarding ethics, new developments in treatment and new directions in research to address the professional practice gaps of the learners and advance the physicians' competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgment of the information presented in the educational activity into their practice.

### ACCREDITATION

The Texas Society of Psychiatric Physicians designates this educational activity for a maximum of ten (10) *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The presentation entitled “Effective Appraisal of the Medical Literature” has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

### ABOUT THE SPEAKERS

#### Philip M. Becker, M.D.

President, Sleep Medicine Associates of Texas, P.A.

Director and Medical Director Sleep Medicine Institute Presbyterian Hospital of Dallas

Clinical Professor Department of Psychiatry University of Texas Southwestern Medical Center

Program Director Sleep Medicine Fellowship Department of Psychiatry University of Texas Southwestern Medical Center Dallas, Texas

#### Manisha S. Chandalia, MBBS, M.D.

Associate Professor Internal Medicine Division of Endocrinology and Metabolism

University of Texas Medical Branch Galveston, Texas

#### Pedro L. Delgado, M.D.

Dielmann Professor and Chairman Department of Psychiatry

Associate Dean for Faculty Development and Professionalism

School of Medicine University of Texas Health Science Center at San Antonio San Antonio, Texas

#### Robert M.A. Hirschfeld, M.D.

Titus H. Harris Chair Harry K. Davis Professor Professor and Chairperson Department of Psychiatry and Behavioral Sciences

University of Texas Medical Branch Galveston, Texas

#### Elena Ivleva, M.D., Ph.D.

RESIDENT PAPER COMPETITION WINNER Psychiatry Resident PGY-II

University of Texas Southwestern Medical Center Dallas, Texas

#### Mauricio Tohen, MD, DrPh, MBA

Endowed Krus Professor Department of Psychiatry

University of Texas Health Science Center at San Antonio San Antonio, Texas

#### Randall J. Urban, M.D.

Edward Randall and Edward Randall, Jr. Distinguished Chair in Internal Medicine

Professor and Chair Department of Internal Medicine

University of Texas Medical Branch Galveston, Texas

#### Karen Dineen Wagner, M.D., Ph.D.

Marie B. Gale Professor and Vice Chair Department of Psychiatry and Behavioral Sciences

Director, Division of Child and Adolescent Psychiatry

University of Texas Medical Branch Galveston, Texas

### EDUCATIONAL GRANTS

TSPP expresses appreciation to the following organization for providing an independent educational grant in support of the scientific educational program.

AstraZeneca  
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### TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

## 2009 ANNUAL CONVENTION & SCIENTIFIC PROGRAM

November 13-15, 2009 • Moody Gardens Hotel • Galveston, Texas

Please complete this form and return it with your check, money order or credit card information for your registration and event fees to the Texas Society of Psychiatric Physicians, 401 West 15th Street, Suite 675, Austin, Texas 78701 by October 12 to receive the discounted registration fee. Registration forms and payments by credit card may be faxed to TSPP at 512/478-5223.


NAME \_\_\_\_\_ E-MAIL \_\_\_\_\_  
Please check if you are a:  APA Fellow  APA Distinguished Fellow  Titus Harris Society Member

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NAME(S) GUEST(S) ATTENDING (for name badges)

### REGISTRATION FEES

Indicate the NUMBER of individuals who are registered for each event in the appropriate enrollment category listed below. Please note the enrollment fees are PER PERSON and your payment should reflect the proper fee for the number of individuals registered per event.

| NUMBER ATTENDING EVENT  | DISCOUNTED REGISTRATION 6/12 - 10/12 | AFTER 10/12 | NUMBER ATTENDING EVENT                                | DISCOUNTED REGISTRATION 6/12 - 10/12 | AFTER 10/12 |
|---|--------------------------------------|-------------|---|--------------------------------------|-------------|
| <b>GOLF OUTING</b> - Thursday   |                                      |             | <b>BUSINESS MEETING LUNCH</b> - Saturday              |                                      |             |
| # <input type="checkbox"/> Please Send Me Additional Information.   |                                      |             | # <input type="checkbox"/> TSPP/Academy Member        | \$20                                 | \$25        |
| <b>LUNCH PROGRAM</b> - Friday   |                                      |             | # <input type="checkbox"/> MIT (TSPP/Academy)         | \$15                                 | \$20        |
| # <input type="checkbox"/> Lunch Program  | \$20                                 | \$25        | # <input type="checkbox"/> Guest                      | \$20                                 | \$25        |
| <b>MIT/ECP PROGRAM</b> - Friday   |                                      |             | <b>AWARDS BANQUET</b> - Saturday                      |                                      |             |
| # <input type="checkbox"/> MIT/ECP Program  | No Chg                               | No Chg      | # <input type="checkbox"/> Awards Banquet Reception   | No Chg                               | No Chg      |
| <b>TITUS HARRIS SOCIETY REUNION RECEPTION</b> - Friday  |                                      |             | # <input type="checkbox"/> Awards Banquet             | \$35                                 | \$55        |
| # <input type="checkbox"/> NOT Registered or Scientific Program   | \$40                                 | \$50        | # <input type="checkbox"/> Reserved Table for 10      | \$350                                | \$550       |
| # <input type="checkbox"/> Registered for Scientific Program  | No Chg                               | No Chg      | <b>SCIENTIFIC PROGRAM</b> - Saturday and Sunday       |                                      |             |
| <b>WELCOME RECEPTION</b> - Friday   |                                      |             | # <input type="checkbox"/> TSPP/Academy Member        | \$195                                | \$235       |
| # <input type="checkbox"/> NOT Registered or Scientific Program   | \$40                                 | \$50        | # <input type="checkbox"/> MIT (TSPP/Academy)         | \$25                                 | \$35        |
| # <input type="checkbox"/> Registered for Scientific Program  | No Chg                               | No Chg      | # <input type="checkbox"/> Non-Member Physician       | \$235                                | \$290       |
| <input type="checkbox"/> Vegetarian Plate Requested. No additional fee if requested prior to 10/12, otherwise there will be an additional fee of \$15.00.   |                                      |             | # <input type="checkbox"/> Non-Member MIT             | \$35                                 | \$50        |
|  If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605. |                                      |             | # <input type="checkbox"/> Allied Health Professional | \$105                                | \$130       |
|   |                                      |             | # <input type="checkbox"/> Spouse                     | \$95                                 | \$120       |
|   |                                      |             | # <input type="checkbox"/> Advocacy Organization      | \$20                                 | \$25        |

TOTAL REGISTRATION FEE

\$

### PAYMENT INFORMATION

Check in the Amount of \$ \_\_\_\_\_ Make Checks Payable to Texas Society of Psychiatric Physicians

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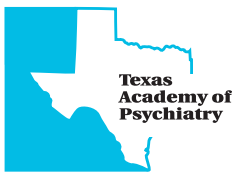
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CANCELLATIONS - Deadline for cancellation is October 12, 2009. In the event of cancellation, a full refund will be made if written notice is received in the TSPP office by October 12, 2009, less a 25% handling charge. NO REFUNDS WILL BE GIVEN AFTER OCTOBER 12, 2009. Individuals are responsible for their making and canceling, if warranted, their personal hotel room reservations.

RETURN TO:

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS, 401 WEST 15TH STREET, SUITE #675, AUSTIN, TX 78701; PHONE (512) 478-0605 FAX (512) 478-5223





# Fall And Mental Illness Awareness

Arthur J. Farley, MD, President, Texas Academy of Psychiatry



Arthur J. Farley, MD

As our sweltering summer heat gives way to the more pleasant autumn weather, our local psychiatric societies have completed plans for Mental Illness Awareness Week. Over the past many years, Texas Society for Psychiatric Physicians has collaborated with consumers of our services. Now, under the umbrella organization of the Federation, we have increased our professional numbers, thereby allowing our organization to have greater impact on our legislators in our efforts to educate them about how to best serve patients in Texas. The President of TSPP recently gave an insightful, captivating talk to the Houston Psychiatric Society, using video material

from the Texas Legislative Hearings during the most recent session in Austin. He sat through hours of testimony from numerous speakers who were anti-psychiatry and adversarial. They reminded me of the days when The Church of Scientology picketed TSPP meetings in Dallas and Corpus Christi with signs stating that "psychiatry kills!"

I left his excellent talk feeling enormous respect for Dr. Santos' valor and persistence. The opposition was twelve or thirteen to one at the hearing for the particular bill in question. I also felt some useful guilt and plan to delegate more time to work shoulder to shoulder with him in the future. Another important individual came to

mind vis-a-vis mental health issues and our community in Harris County. Betsy Schwartz is President and C.E.O. of Mental Health America of Greater Houston (MHA).

Betsy's MHA was asked to convene a work group by Houston's Mayor Bill White and Harris County's Judge Ed Emmett because one in five veterans of Operation Enduring Freedom (OEF) and Operation Iraqi Freedom (OIF) meet criteria for depression or Post Traumatic Stress Disorder (PTSD), yet only half of them received mental healthcare. Betsy's MHA work group made three excellent recommendations: first, to increase access to psychiatric care; second, to increase family

advocacy and peer support; and third, to increase outreach and public awareness.

I am certain Betsy would welcome our input as we all need to work towards solutions to address our military service members and their families. Contact me if you wish to add your ideas to this valuable project. ■

## APA Honors Texas Congressman with Highest Award in Advocacy

On September 30th, 2009, the American Psychiatric Association presented Lloyd Doggett, U.S. Representative from the 25th district of Texas, the Jacob K. Javits Award for Public Service to honor his achievements for Americans suffering from mental illness and their access to appropriate psychiatric medication.

Representative Doggett used his coveted seat on the House Committee on Ways and Means, which has jurisdiction over Medicare Part D, to introduce and shepherd into law two measures related to coverage of psychiatric medication. These include the long sought Part D coverage of benzodiazepines, contained in his Prescription Drug Savings for our Seniors Act, and a requirement that Part D cover 'all or substantially all' medications of antipsychotic antidepressant classes, embodied in his Medicare Part D Drug Class Protection Act. "Medicare patients need these critical protections in coverage to avoid interruption in care and to remain functional," according to past APA President Carolyn Robinowitz, M.D., who presented the award. "Disruptions in psychiatric medication coverage may lead to job loss or reduced productivity, hospitalization, and other costly and avoidable consequences."

Representative Doggett was also a strong supporter of mental health parity legislation during the 110th Congress, a struggle that eventually led to passage of the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act. He has recently urged the Obama Administration to issue regulations implementing parity before the statutory deadline passes. If guidance for implementation of parity is not received in advance of the 2010 plan year then many aspects of the legislation will be left to interpretation by insurers.

Established in 1986, the Jacob K. Javits Public Service Award honors the legacy of a U.S. Senator from New York, Jacob K. Javits. First elected in 1956, Senator Javits served for 24 years, using his position on the then-Labor and Public Welfare Committee to spearhead health legislation, achieving

multiple successes on behalf of the mentally ill and on substance abuse issues. The Javits Award is given annually, alternately to a state public servant and a federal public servant. Members of the APA Council on Advocacy and Government Relations and staff from APA Advocacy nominate officials to be discussed at the APA September Components Meeting. A recommendation for the Javits Award is then made and passed on to the APA Board of Trustees for their approval. Presenting the Javits Award gives APA the opportunity to showcase the work honorees provide on behalf of consumers and psychiatric physicians. ■



U.S. Representative Lloyd Doggett receives Jacob K. Javits Award for Public Service from APA Past President Carolyn Robinowitz, M.D.

### Notable past recipients of the Jacob K. Javits Public Service Award include:

- California Assemblyman Jim Beall
- U.S. Representative Lloyd Doggett (D-TX)
- NJ State Senate President Richard J. Codey
- U.S. Senator Gordon Smith (R-OR)
- New York Attorney General Eliot Spitzer
- U.S. Senator Harry Reid (D-NV)
- Connecticut Attorney General Richard Blumenthal
- U.S. Representative Charles Norwood (R-GA)
- California Assembly Member Helen Thomson
- U.S. Representative Benjamin Cardin (D-MD)
- Texas Representative Garnet Coleman
- U.S. Senator Paul Wellstone (D-MN)
- New York Senator Nicholas Spano
- U.S. Representative Marge Roukema (R-NJ)
- Louisiana Representative Jerry Thomas
- U.S. Representative Mike Kopetski (D-OR)
- Minnesota Representative Gloria Segal
- U.S. Senator Pete Domenici (R-NM)
- North Carolina Senator Kenneth Royal
- U.S. Representative Silvio Conte (R-MA)
- California Assemblyman Bruce Bronzan

### THANK YOU TSPP MEMBERS!

TSPP expresses sincere appreciation to all of the members who have signed up to participate on TSPP's 14 active committees and are devoting their time and energy to TSPP's activities! TSPP is YOUR organization and needs your expertise and involvement!

As a reminder, TSPP's committees will be meeting in conjunction with the TSPP 53rd Annual Convention on Friday, November 13 from 9:00 am - 5:00 pm at Moody Gardens Hotel, Galveston. Haven't registered for a committee yet?? Please register today and plan to attend the committee meetings of interest to you on Friday, and stay for the Annual Convention's activities and Scientific Program on the weekend! Committees will be meeting in an interactive format in the ballroom to enable members to 'float' from one committee to another and learn more about TSPP's numerous activities and business. Following the committee meetings is the official kick-off welcome reception for TSPP, TAP and Titus Harris Society members (Reception is complimentary for scientific program registrants). Annual Convention Program and Registration is available online at [www.txpsych.org](http://www.txpsych.org) or email [tsppofc@aol.com](mailto:tsppofc@aol.com) or call 512-478-0605.

**NOT A MEMBER OF TSPP and APA?? Join Today!**  
Membership applications are available online at [www.psych.org](http://www.psych.org)

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# TSPP Elections 2009

Nominations for TSPP elective offices will be finalized at the Annual Business Meeting on November 14, 2009 in Galveston at the Moody Gardens Hotel during the TSPP 53rd Annual Convention and Scientific Program.

The Nominating Committee, composed of Martha Leatherman, MD, Bill Reid, MD and Leslie Secrest, MD submit the following slate of candidates for consideration:

**President-Elect, 2010-2011**

Patrick Holden, MD (San Antonio)

**Secretary-Treasurer, 2010-2011**

Debra A. Kowalski, MD (Fort Worth)

**APA Representative, 2010-2013**

Re-appointment of

A. David Axelrad, MD (Houston)

**Councilor-at-Large, 2010-2013**

Edward S. Furber, MD (Fort Worth)

Following the finalization of the slate of candidates during the TSPP Annual Business Meeting on November 14, 2009, elections will be governed by the TSPP Bylaws, Chapter Nine, as follows:

*Section II. At the annual business meeting, the nominees for office recommended by the Nominating committee, the nominees for office submitted by the Chapters, and the nominees submitted by written petition signed by at least 20 voting members, shall be presented to the entire voting membership present. Additional nominations may be made from the floor by any voting members.*

*Section III. The election of officers shall be conducted by mail ballot whenever more than one slate of officers is nominated. The ballot shall list in alphabetical order, as candidates for office all members nominating in accordance with the Constitution and Bylaws. The ballot shall not in any way indicate the particular process by which the candidate was nominated. If no nominations are made by the Chapters, by petition, or from the floor, the slate submitted by the Nominating Committee will be considered to be elected by acclamation by those members at the annual business meeting.*

*Section IV. In contested elections, the ballots shall be mailed to all voting members*

**Elective positions are currently held by the following members:**

**Officers 2009-2010:**

President – George D. Santos, MD (Houston)  
 President-Elect – Richard L. Noel, MD (Houston)  
 Secretary-Treasurer – Patrick Holden, MD (San Antonio)  
 Immediate Past President – Martha E. Leatherman, MD (San Antonio)

**APA Representatives:**

A. David Axelrad, MD, Houston (2007-2010)  
 Priscilla Ray, MD, Houston (2009-2012)  
 J. Clay Sawyer, MD, Waco (2008-2011)

**Councilors:**

Patrick Holden, MD, San Antonio (2007-2010)  
 Martha E. Leatherman, MD, San Antonio (2009-2012)  
 Lynda M. Parker, MD, Georgetown (2008-2011)  
 Franklin D. Redmond, MD, San Antonio (2009-2012)  
 William H. Reid, MD, Horseshoe Bay (2008-2011)  
 Leslie H. Secrest, MD, Dallas (2007-2010)

**Representative to the APA Division of Government Relations:**

Leslie H. Secrest, MD, Dallas (2009-2012)

**Representative to APA Division of Public Affairs:**

Debra A. Kowalski, MD, Fort Worth (2009-2012)

*within seven (7) days after the Annual Business Meeting. The ballots must be returned within thirty (30) days following the Annual Business Meeting...*

*As stipulated in Section V-VIII, the ballots*

*will be tallied and reported as a regularly scheduled meeting of the Executive Council and the certificate election results announced by mail to the entire membership following the Executive Council meeting. ■*



## Candidates for Foundation Board Announced

Elections to be Conducted at Annual Meeting

The Nominating Committee of the Texas Foundation for Psychiatric Education and Research, composed of Clay Sawyer, MD, Gary Etter, MD and Art Farley, MD, will submit the following slate of candidates for positions on the Foundation's Board of Directors at the Foundation's Annual Membership Meeting on November 14 in Galveston during the TSPP Annual Meeting and Scientific Program:

**Three Year Terms (May 2010-May 2013)**

Re-appointment of Paul Wick, MD (Tyler)

Re-appointment of Larry Tripp, MD (Dallas)

Re-appointment of Harry K. Davis, MD (Galveston)

Re-appointment of Linda Rhodes, MD (San Antonio)

Appointment of Gail Eisenhauer, MD (Temple)

Elections for these positions will be conducted at the Foundation Annual Membership Meeting at the Moody Gardens Hotel in Galveston on November 14, 2009 during the TSPP/Foundation Annual Business Meeting. Foundation members, which include all TSPP members in good standing, may submit names of candidates for the position of Foundation Director by submitting a petition signed by at least 20 members. Nominations may also be entertained from the floor during the Annual Membership Meeting. If there is a contested election, the election will be conducted by mail ballot in accordance with the Bylaws of the Foundation. Otherwise, the election will be conducted at the Annual Membership Meeting.

The Foundation's Board of Directors are charged with supervising, managing and controlling all of the policies, activities and

affairs of the Foundation. There may be as many as 25 individuals holding a position of Director. There are three classes of Directors.

Designated Directors are persons serving on the Board by virtue of positions they may hold in organized medicine or among mental health advocacy organizations (ie President-Elect of TSPP, Secretary-Treasurer of TSPP, Immediate Past President of TSPP, President of the NAMI Texas, Chairman of the Mental Health America in Texas, and President of the Depression and Bipolar Support Alliance - Texas). There are currently 6 Designated Directors: Connie Wilson, PhD (MHAT), Patti Haynes (NAMI), Marilyn Nolan (DBSA), Martha Leatherman, MD (TSPP), Bill Reid, MD (TSPP) and Richard Noel, MD (TSPP).

Honorary Directors are elected by the Board and are individuals who have

demonstrated sustained support of the Foundation's mission. Honorary Directors include: Hal Harlason (Austin), Alex Munson, MD (Georgetown), Grace Jameson, MD (Galveston) and Edward Reilly, MD (Houston).

The Board may be composed of not less than 12 Elected Directors. Elected Directors are elected by the membership of the Foundation to serve three year terms on the Board. At least 3 Elected Directors must be Past Presidents of TSPP. Current Elected Directors include David Briones, MD, Jacque' Collier, Harry Davis, MD, Gary Etter, MD, Arthur Farley, MD (Treasurer), Miriam Feaster (Secretary), Charles Gaitz, MD, Shirley F. Marks, MD, Conway L. McDanald, MD, Mohsen Mirabi, MD, Edgar Nace, MD, Jefferson Nelson, MD, Linda Rhodes, MD, Clay Sawyer, MD, Larry Tripp, MD, and Paul Wick, MD. ■

## An Opportunity to Participate Annual Campaign 2009

The Texas Foundation for Psychiatric Education and Research is launching its sixteenth Annual Campaign conducted each Fall to encourage charitable contributions to support the Foundation's goals: fighting stigma and discrimination; ensuring that patients have access to quality psychiatric treatment; and improving treatment through innovative research.

**The Foundation's Annual Campaign Goals**

- A major focus of the Foundation is to educate the public and policymakers about mental illnesses with the goal of ending stigma and eradicating discriminatory practices that impose unnecessary barriers to accessing and receiving quality psychiatric care.
- The Annual Campaign encourages unrestricted charitable contributions to be allocated by the Foundation to programs in Texas that address the Foundation's goals of fighting stigma and discrimination against persons diagnosed with psychiatric disorders; ensuring that patients have access to quality psychiatric care; and improving treatment through innovative research.

**The Foundation's Grants**

The Foundation during its 18 years of operation has awarded 102 grants amounting to \$174,446 to support programs addressing its goals by various Texas organizations.

Historically, about 90% of funds contributed to the Foundation have been available to directly support

programs in Texas, as the Foundation's administrative costs consist of only about 10% of expenditures.

The Foundation's Annual Campaign 2009 offers a unique opportunity for psychiatrists and others to allocate their charitable contributions to an organization led by psychiatrists and mental health advocates who make decisions regarding the

funding of programs that address the Foundation's goals.

**Will you participate in this opportunity to help people diagnosed with psychiatric illnesses? Send your charitable donation today to: Texas Foundation for Psychiatric Education and Research, 401 West 15th Street, Suite 675, Austin, Texas 78701. ■**

### TEXAS FOUNDATION FOR PSYCHIATRIC EDUCATION AND RESEARCH

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# Annual Convention

November 13-15, 2009 • Moody Gardens Hotel • Galveston, Texas

*Special thanks to the following Sponsors and Exhibitors of the TSPP Annual Convention*

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## MEETING REGISTRATION

See Registration Form on page 5

or visit the website [www.txpsych.org](http://www.txpsych.org) for

**TSPP Special Discounted Meeting Registration Fees**

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Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

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Federation Executive Committee

#### MANAGING EDITORS

John R. Bush

Debbie Sundberg

#### Federation of Texas Psychiatry

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Austin, Texas 78701

(512) 478-0605 / (512) 478-5223 (FAX)

TxPsychiatry@aol.com (E-mail)

<http://www.txpsych.org> (website)

## CALENDAR OF MEETINGS

### NOVEMBER 2009

**13-15 Texas Society of Psychiatric Physicians 53rd Annual Convention & Scientific Program - Galveston's Back and Better Than Ever - Lots of Fun Activities Planned - Register Early!!**

Moody Gardens Hotel, Galveston, Texas

TSPP Discounted Room Rate \$142 / Hotel Reservations

Until October 8 or Upon Sell-Out, whichever occurs first /

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### APRIL 2010

**17-18 Texas Society of Psychiatric Physicians  
Spring Meeting and CME Program**

Westin Austin at the Domain (NEW!)

TSPP Discounted Room Rate \$145

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### JULY 2010

**23-25 Texas Society of Child and Adolescent Psychiatry  
Annual Meeting and Scientific Program**

"Addressing Substance Abuse in Child and Adolescent Psychiatry:  
Prevention, Diagnosis and Treatment"

Moody Gardens Hotel, Galveston, Texas

### NOVEMBER 2010

**12-14 Texas Society of Psychiatric Physicians  
54th Annual Convention & Scientific Program**

Westin La Cantera Hotel, San Antonio, Texas

Federation of Texas Psychiatry  
401 West 15th Street, Suite 675  
Austin, Texas 78701

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Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation's **JOB BANK** on its website at [www.txpsych.org](http://www.txpsych.org).

The Federation's **JOB BANK** could be just what you have been looking for.