

Texas Psychiatrist

They're Back!!!

John R. Bush, Executive Director, Federation of Texas Psychiatry

A Warning Sign

On October 20, three representatives of the Texas Psychological Association provided testimony to the County Affairs Committee in McAllen promoting their desire to have the Texas Legislature grant prescribing privileges to psychologists in our State. The House Committee was conducting a hearing on their interim charge to study urban and rural county-level health care delivery models for indigent health care that emphasize community-based care to improve the continuity and quality of care.

The psychologists who testified, among the same small but vocal group of psychology leaders who led efforts in 2001 and 2003 to pass psychology prescribing legislation in Texas, claimed that having psychologists prescribe medications would solve problems with access to mental health care in rural areas. They failed to point out however, that physicians and psychiatrists are much better represented in rural areas than psychologists.

This testimony represents an early warning signal for what can be expected in the next session of the Texas Legislature, which convenes January 11 for 140 days.

Texas Psychiatry Has Met the Challenge

Psychiatry has been here before. In 2001, following successful efforts in Louisiana and New Mexico to gain prescribing privileges by legislative fiat, the Texas Psychological Association had their prescribing bill filed by Senator Ken Armbrister, D-Victoria (SB 818). In 2003, the psychologists' prescribing bill was filed by Rep. Rick Noriega, D-Houston (HB 3451). In both instances, these legislative initiatives failed because of very active involvement and participation by psychiatrists in Texas. Will Texas Psychiatry rise to the challenge again in 2011?

The Upcoming Legislative Session

The 2011 Texas Legislature faces daunting challenges. The largest will be developing a state budget to overcome a massive projected deficit of about \$18 billion. All agencies are facing potential budget cuts. Texas Psychiatry will be working hard to preserve and enhance funding for public mental health services and residency training

programs in Texas. Many project that the budget will not be passed until several special sessions following the regular session. The Legislature will also be addressing Congressional redistricting based upon 2010 census data, which will be released to the Legislature in March. Passing legislative initiatives will become secondary in the minds of most legislators to the preservation of favorable district boundaries.

If history is any indicator, Texas Psychiatry will be working on over 300 bills during the session that could affect the practice of psychiatry and the delivery of quality psychiatric care. Texas Psychiatry will again be called upon to defeat legislative efforts to ban, limit or place barriers to quality psychiatric care and protect the erosion of the patient-physician relationship.

Of course, Texas Psychiatry will allocate its resources to defeating any bill to grant prescribing privileges to psychologists. Texas Psychiatrists and mental health advocates should convey to Legislators why psychology prescribing is not good medicine and poses as a threat to patient safety. Several reasons include:

- Psychologists play an important role in the treatment of mental illnesses. Psychiatrists often refer patients to psychologists for psychological testing and talk therapy.
- Any psychologist who wishes to prescribe medications should receive the education and training needed to safely prescribe medications—medical school and medical residency training. Many psychiatrists currently licenced to practice medicine were first trained as psychologists prior to entering medical school. We welcome psychologists who wish to apply for medical school—our state could use more psychiatrists.
- We, and others (eg, all medical specialty associations, mental health advocacy organizations, most psychologists, and our patients etc), oppose the legislative initiative of psychologists to prescribe medications, not because this is a turf issue as asserted by psychologists, but instead, because of safety and quality of care concerns.
- It is the norm for a patient to receive treatment from two or more healthcare professionals. A patient may have broken bones treated by an orthopedic surgeon, but the patient's rehabilitation will be managed by a rehabilitation therapist, for example. Both apply their expertise to the quality treatment of the patient.
- Access to psychiatric care will be improved when there is no discrimination in healthcare plans or managed care practices and there is adequate funding for public mental health services. The number of psychiatrists in Texas is not the "access problem." Nor is geographic distribution necessarily a problem. Physicians are located in all but 20 counties. There are more psychiatrists in Texas than psychologists licensed to pro-



vide clinical care and psychiatrists are located in 17 more counties than psychologists.

- Psychologists' prescribing will increase costs to the State and to patients. For example, 1) new procedures and oversight will be needed by State agencies to administer prescriptive authority for non-physician psychologists; 2) more prescribers means more prescriptions being written, impacting a state budget already burdened by the escalating cost of medications; and 3) malpractice premiums will increase and will be passed on to patients.
- Is safety of Texans assured by psychologists taking a 300 hour correspondence course on prescribing, treating up to 100 patients and taking an exam established and administered by their national trade organization? Or, does Texas want to maintain its high standards of medical education and training which includes over 7,000 hours of medical school, treating thousands of patients in residency with close medical supervision in clinical settings, and taking examinations administered by prominent national and state scientific/medical organizations?

A Call to Action

Between now and January 11, involvement in the political process by Texas Psychiatrists is essential to assure legislative victories in May 2011. Following the General Election and prior to the start of the Legislative Session in January, call on your legislator, form a relationship and become his/her medical resource in his/her district. During the next 60 days, legislators will have time to visit with you and give you their attention. After January 11, with thousands of bills circulating in the Capitol, legislators will rely on information provided by trusted constituents from their district that have formed relationships prior to the session. Please accept this challenge and advocate for quality psychiatric care for citizens in Texas diagnosed with psychiatric illnesses.

Capitol Day

After you have renewed or formed your relationship with your legislator during the next two months, plan to come to Austin on February 17 and participate in the Federation's Capitol Day. The Federation, joined by its advocacy partners, NAMI

Texas, DBSA Texas and MHA Texas, will once again sponsor a day for mental health advocates to assemble in Austin, learn about key issues, be coached on communicating effectively with legislators, attending a rally on the Capitol steps and making calls on legislators to advocate for quality patient care. Place the date on your calendar and plan to attend and participate!

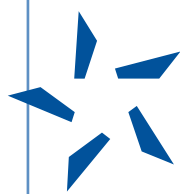
Why should I be active in the political process?

Twelve reasons, just to mention a few.....

1. [On the New Mexico victory by psychologists] To me, the bottom line is we developed relationships with legislators. We educated them about psychology and we made friends with them in some cases. - Mario Marquez, PhD, New Mexico Psychological Association
 2. Just because you do not take an interest in politics doesn't mean politics won't take an interest in you. - Pericles
 3. One of the penalties for refusing to participate in politics is that you end up being governed by your inferiors. - Plato
 4. Those who do not do politics will be done in by politics. - French Proverb
 5. All politics are based on the indifference of the majority. - James Reston
 6. I believe there's something out there watching over us. Unfortunately, it's the government. - Woody Allen
 7. If I seem to take part in politics, it is only because politics encircles us today like the coil of a snake from which one cannot get out, no matter how much one tries. I wish therefore to wrestle with the snake. - Mahatma Gandhi
 8. In politics, stupidity is not a handicap. - Napoleon
 9. No man's life, liberty or property are safe while the legislature is in session. - Judge Gideon J. Tucker
 10. In politics, familiarity doesn't breed contempt. It breeds votes. - Paul Lazarsfeld
 11. In politics, an organized minority is a political majority. - Jesse Jackson
 12. All politics is local. - Tip O'Neill
- Become an advocate. Get involved. And, participate as a member of Texas Psychiatry (Texas Society of Psychiatric Physicians, Texas Academy of Psychiatry and Texas Society of Child and Adolescent Psychiatry). Your voice is needed! ■

INSIDE

| | |
|---|-----|
| Annual Campaign 2010 | 6 |
| Calendar | 6 |
| Candidates for Foundation Board Announced | 2 |
| Editors | 6 |
| Eric Woomeer Retained as Lobbyist | 2 |
| Job Bank | 6 |
| TSPP Annual Convention and Scientific Program | 3-5 |
| TSPP Elections 2010 | 2 |



TSPP Elections 2010

Nominations for TSPP elective offices will be finalized at the Annual Business Meeting on November 14, 2010 in San Antonio at the Westin La Cantera Resort during the TSPP Annual Convention and Scientific Program. The Nominating Committee, composed of George Santos, MD, Bill Reid, MD and Leslie Secrest submit the following slate of candidates for consideration:

President-Elect, 2011-2012

Debra Kowalski, MD
(Fort Worth)

Secretary-Treasurer, 2010-2011

Andrew Harper, MD
(Houston)

APA Representative, 2011-2014

Re-appointment of Clay Sawyer, MD
(Waco)

Councilor-at-Large, 2011-2014

Edgar Nace, MD
(Dallas)

Following the finalization of the slate of candidates during the TSPP Annual Business Meeting on November 14, elec-

tions will be governed by the TSPP Bylaws, Chapter Nine, as follows:

Section II. At the annual business meeting, the nominees for office recommended by the Nominating Committee, the nominees for office submitted by the Chapters, and the nominees submitted by written petition signed by at least 20 voting members, shall be presented to the entire voting membership present. Additional nominations may be made from the floor by any voting members.

Section III. The election of officers shall be conducted by mail ballot whenever more than one slate of officers is nominated. The ballot shall list in alphabetical order, as candidates for office all members nominated in accordance with the Constitution and Bylaws. The ballot shall not in any way indicate the particular process by which the candidate was nominated. If no nominations are made by the Chapters, by petition, or from the floor, the slate submitted by the Nominating Committee will be considered to be elected

by acclamation by those members at the annual business meeting.

Section IV. In contested elections, the ballots shall be mailed to all voting members within seven (7) days after the Annual Business Meeting. The ballots must be returned within thirty (30) days following the Annual Business Meeting....

As stipulated in Section V-VIII, the ballots will be tallied and reported at a regularly scheduled meeting of the Executive Council and the certified election results announced by mail to the entire membership following the Executive Council meeting.

Elective positions are currently held by the following members:

Officers 2010-2011:

- President
Richard Noel, MD (Houston)
- President-Elect
Patrick Holden, MD (San Antonio)
- Secretary-Treasurer
Debra Kowalski, MD (Fort Worth)
- Immediate Past President
George Santos, MD (Houston)

APA Representatives:

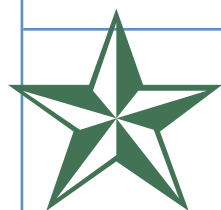
- A. David Axelrad, MD, Houston (2010-2013)
- Priscilla Ray, MD, Houston (2009-2012)
- J. Clay Sawyer, MD, Waco (2008-2011)

Councilors:

- Edward Furber, MD (2010-2013)
- Lynda Parker, MD, Georgetown (2008-2011)
- Franklin D. Redmond, MD, San Antonio (2009-2012)
- William H. Reid, MD, Horseshoe Bay (2008-2011)
- George D. Santos, MD, Houston (2010-2013)
- Leslie H. Secrest, MD, Dallas (2009-2012)

Representative to the APA Division of Government Relations:
Leslie H. Secrest, MD, Dallas (2009-2012)

Representative to the APA Division of Public Affairs:
Debra Kowalski, MD, Fort Worth (2009-2012)



Candidates for Foundation Board Announced

Elections to be Conducted at Annual Meeting

The Nominating Committee of the Texas Foundation for Psychiatric Education and Research, composed of Clay Sawyer, MD, Gary Etter, MD and Miriam Feaster will submit the following slate of candidates for positions on the Foundation's Board of Directors at the Foundation's Annual Membership Meeting on November 12 in San Antonio during the TSPP Annual Meeting and Scientific Program:

Three Year Terms (May 2011-May 2014)

- Re-appointment of Arthur Farley, MD (Houston/Austin)
- Re-appointment of Miriam Feaster (Friendswood)

- Re-appointment of Jefferson Nelson, MD (Austin)
- Appointment of Edward Furber, MD (Fort Worth), succeeding David Briones, MD
- Appointment of Robert Leon, MD (San Antonio), succeeding Charles Gaitz, MD
- Appointment of Arturo Rios, MD (Bellaire), succeeding Jacqué Collier

Elections for these positions will be conducted at the Foundation Annual Membership Meeting at the Moody Gardens Hotel in Galveston on November 14, 2009 during the TSPP/Foundation Annual Business Meeting. Foundation

members, which include all TSPP members in good standing, may submit names of candidates for the position of Foundation Director by submitting a petition signed by at least 20 members. Nominations may also be entertained from the floor during the Annual Membership Meeting. If there is a contested election, the election will be conducted by mail ballot in accordance with the Bylaws of the Foundation. Otherwise, the election will be conducted at the Annual Membership Meeting.

The Foundation's Board of Directors are charged with supervising, managing and controlling all of the policies, activities and

affairs of the Foundation. There may be as many as 25 individuals holding a position of Director. There are three classes of Directors.

The Board may be composed of not less than 12 Elected Directors. Elected Directors are elected by the membership of the Foundation to serve three year terms on the Board. At least 3 Elected Directors must be Past Presidents of TSPP. Current Elected Directors include: David Briones, MD, Harry Davis, MD, Gary Etter, MD, Arthur Farley, MD (Treasurer), Miriam Feaster, Charles Gaitz, MD, Shirley F. Marks, MD (Secretary), Conway L. McDonald, MD, Mohsen Mirabi, MD, Edgar Nace, MD, Jefferson Nelson, MD, Linda Rhodes, MD (Chairman), Clay Sawyer, MD (Vice Chairman), Larry Tripp, MD, and Paul Wick, MD.

Designated Directors are persons serving on the Board by virtue of positions they may hold in organized medicine or among mental health advocacy organizations (ie President-Elect of TSPP, Secretary-Treasurer of TSPP, Immediate Past President of TSPP, President of the NAMI Texas, Chairman of the Mental Health America in Texas, and President of the Depression and Bipolar Support Alliance - Texas). There are currently 6 Designated Directors: Connie Wilson, PhD (MHAT), John Dornheim (NAMI), Marilyn Nolan (DBSA), Patrick Holden, MD (TSPP), George Santos, MD (TSPP) and Debra Kowalski, MD (TSPP).

Honorary Directors are elected by the Board and are individuals who have demonstrated sustained support of the Foundation's mission. Honorary Directors include: Hal Harlason (Austin), Alex Munson, MD (Georgetown), Grace Jameson, MD (Galveston) and Edward Reilly, MD (Houston).

Eric Woomer Retained as Lobbyist

After a comprehensive selection process involving 6 highly qualified candidates, the Federation has selected Eric Woomer to serve as its public policy consultant. Eric will represent the Federation and its members, the Texas Society of Psychiatric Physicians, the Texas Academy of Psychiatry and the Texas Society of Child and Adolescent Psychiatry, at all levels of state government, advise the Federation on legislative tactics and strategies, and help implement grass roots activities to supplement the Federation's efforts.

Eric Woomer has more than two decades of experience in Texas state government. As a legislative staffer, Eric has worked with leaders of both political parties, offering counsel and guiding legislative activities for three state senators. He has served as press secretary to a senior member of Congress and has considerable experience writing newsletters, speeches, and testimony and coordinating media strategies. As a lobbyist, he has provided political strategies for Fortune 500 companies and led efforts to enact legislative and regulatory changes benefitting his clients. His knowledge and know-how has allowed him to shepherd legislative efforts large and small, simple and complex, on matters as diverse as the state budget, energy, natural resources, taxation and healthcare.

Eric was born in Malawi, Africa, while his parents served in the Peace Corp. A 1988 National Merit Scholar, Eric received his BA degree in Government from the University of Texas in 1993. In 2002, he obtained his masters Degree in Public Affairs from the University of Texas' Lyndon Baines Johnson School of Public Affairs and received the LBJ Award for Academic Excellence, presented annually by former First Lady, Lady Bird Johnson.



Eric Woomer

54th Annual Convention & Scientific Program

“Advances in Clinical Psychiatry: Schizophrenia, Dementia, Bipolar Depression, PTSD, Borderline Personality and Ethics”

November 12-14, 2010 • Westin La Cantera Resort • San Antonio, Texas



PROGRAM AT A GLANCE

THURSDAY, NOVEMBER 11

12:00 PM - 5:00 PM **Golf Outing at La Cantera Resort Course**
 4:00 PM - 8:00 PM **Registration**
 4:30 PM - 6:00 PM **TSCAP Executive Committee**
 6:30 PM - 7:30 PM **COUNCIL ON FELLOWSHIP**
 Chapter Leadership Forum
 7:30 PM - 9:00 PM **Federation Delegate Assembly**

FRIDAY, NOVEMBER 12

7:30 AM - 7:00 PM **Registration**
 7:30 AM - 8:30 AM **Foundation Board of Directors**
 8:30 AM - 10:00 AM **COUNCIL ON LEADERSHIP**
 Ethics Committee
 Distinguished Fellowship Committee
 Finance Committee
 Strategic Planning Committee
 10:00 AM - 12:00 PM **COUNCIL ON SERVICE**
 Academic Psychiatry Committee
 Children & Adolescents Psychiatry Cmte
 Forensic Psychiatry Committee
 Public Mental Health Services Cmte
 12:00 PM - 1:30 PM **PRACTICE MANAGEMENT LUNCH PROGRAM - NON CME**
Navigating Perilous Waters - RAC Audits
Carol Murray, RHIA, CPHRM,
Risk Management, The Doctors Company
 1:30 PM - 3:30 PM **Academy Board of Directors**
 1:30 PM - 3:30 PM **COUNCIL ON EDUCATION**
 CME Committee
 MIT Section on Psychiatry
 Professional Practice Management Committee
 3:30 PM - 5:00 PM **COUNCIL ON ADVOCACY**
 Government Affairs Committee
 5:00 PM - 6:30 PM **Executive Council Meeting**
 6:30 PM - 8:30 PM **Welcome Reception w/ Exhibitors**
Sponsored by Texas Foundation for Psychiatric Education & Research

SATURDAY, NOVEMBER 13

7:00 AM - 7:45 AM **Continental Breakfast with Exhibitors**
Sponsored by Clarity Child Guidance Center, San Antonio
 7:00 AM - 7:00 PM **Registration**
 7:00 AM - 5:00 PM **Exhibits**
 8:00 AM - 5:50 PM **CME SCIENTIFIC PROGRAM**
 10:15 AM - 10:35 AM **Refreshment Break with Exhibitors**
Sponsored by Somaxon Pharmaceuticals
 12:45 PM - 2:15 PM **LUNCHEON**
 TSPP & Texas Foundation Annual Business Meetings
 • **Presentation of David Pharis Award** to Big Spring State Hospital
 • **Presentation of the Spencer Bayles Outstanding TSPM Member** to Horace DeFord, MD, Dallas
 4:15 PM - 4:35 PM **REFRESHMENT BREAK**
 6:30 PM - 7:00 PM **AWARDS BANQUET RECEPTION**
 7:00 PM - 11:15 PM **AWARDS BANQUET & EVENING OF ENTERTAINMENT**

SUNDAY, NOVEMBER 14

7:30 AM - 1:00 PM **REGISTRATION**
 7:30 AM - 12:30 PM **Refreshment/Continental Breakfast for Meeting Registrants**
 8:00 AM - 12:30 PM **CME SCIENTIFIC PROGRAM**
 10:15 AM - 10:30 AM **REFRESHMENT BREAK**

MEETING REGISTRATION

See Registration Form or visit the website www.txpsych.org

HOTEL RESERVATIONS

TSPP's 54th Annual Convention and Scientific Program will be held at the Westin La Cantera Hotel, 16641 La Cantera Parkway, San Antonio, Texas. For room reservations at the Westin La Cantera Hotel, call 1-800-937-8461 **(UNTIL TSPM ROOM BLOCK SELL-OUT)** and ask for the **TSPM DISCOUNTED RATE OF \$165.00 AND WAIVED RESORT FEE.**

GOLF OUTING

TSPP Members and Guests interested in playing a 'relaxing' game of golf on Thursday, November 11, at the beautiful Westin La Cantera golf course, please check the box on the registration form and additional information will be sent to you as the plans are finalized.

SPECIAL INCENTIVE OFFER FOR TSPM MEMBERS-IN-TRAINING AND TRAINING DIRECTORS

TSPP will waive/refund the Members-in-Training member's Scientific Program registration fee IF the member's Training Director registers for the Scientific Program. So Residents, encourage your Training Director to register and then send in your registration form, with the name of your program director noted, and then plan on attending the Scientific Program FREE!

WELCOME RECEPTION WITH EXHIBITORS

All TSPP Annual Convention Registrants are invited to attend the complimentary Welcome Reception on Friday evening and encouraged to participate in the free drawings to be held throughout the weekend for several great prizes to be awarded through the weekend!!

AWARDS RECEPTION / BANQUET AND EVENING OF ENTERTAINMENT

Saturday evening's festivities begin with a complimentary wine and cheese reception, followed by an elegant dinner and awards presentation and ceremony. After the awards ceremony, we invite everyone to stay and enjoy an evening of fun and entertainment!

CONGRATULATIONS to This Year's Honorees:



Conway McDonald, MD
Dallas
DISTINGUISHED SERVICE AWARD



Steven R. Pliszka, MD
San Antonio
PSYCHIATRIC EXCELLENCE AWARD



Carol S. North, MD,
Dallas
SPECIAL SERVICE AWARD

DAVID PHARIS AWARD

The David Pharis Award is presented by the Department of State Health Services and TSPP to recognize significant contributions to safety and quality inpatient care and outcomes in State Hospitals. This year's recipient is Big Springs State Hospital.

SPENCER BAYLES OUTSTANDING TSPM MEMBER

This initial award named in memory of Dr. Spencer Bayles is given in recognition for outstanding and consistent participation in TSPP activities. This year's recipient is Horace DeFord, MD, Dallas



Horace DeFord, MD



RESERVE YOUR ROOM

Westin La Cantera Hotel

1-800-937-8461

Ask for the TSPM DISCOUNTED RATE OF \$165.00 AND WAIVED RESORT FEE

SCIENTIFIC PROGRAM

“Advances in Clinical Psychiatry: Schizophrenia, Dementia, Bipolar Depression, PTSD, Borderline Personality and Ethics”

SCIENTIFIC PROGRAM SCHEDULE

SATURDAY, NOVEMBER 13

8:00 AM - 8:15 AM

Welcome & Introductions

8:15 AM - 10:15 AM

The Psychiatrist’s Role in the Health of the Pregnant Mother and the Risk for Schizophrenia in her Offspring

Robert Freedman, MD

Objectives: At the conclusion of the program participants will be able to demonstrate improved competence in counseling pregnant women regarding treatment options for psychiatric disorders with risks and benefits.

10:15 AM - 10:35 AM

Refreshment Break with Exhibitors

10:35 AM - 12:35 PM

Case Conference: Diagnostic Issues of Major Types of Dementia, Clinical Implications; Treatment Planning and Advice for Families

Kevin F. Gray, MD; Donald R. Royall, MD; Paul E. Schulz, MD

Objectives: At the conclusion of the program participants will be able to demonstrate competence in the diagnosis and treatment of dementia and related disorders.

12:35 PM - 12:45 PM

Break

12:45 PM - 2:15 PM

Annual Business Meeting Lunch

2:15 PM - 4:15 PM

PTSD: A Clinical Diagnosis in Need of Revision

Carol S. North, MD, MPE

Objectives: At the conclusion of the program participants will be able to demonstrate improved competence in the diagnosis and treatment of Post Traumatic Stress Disorder in adults and adolescents.

SATURDAY, NOVEMBER 13 cont.

4:15 PM - 4:35 PM

Refreshment Break

4:35 PM - 5:35 PM

Clinical Implications of Recent Research in Bipolar Depression

Vivek N. Singh, MD

Objectives: At the conclusion of the program participants will be able to demonstrate improved competence in the diagnosis and treatment of bipolar depression.

5:35 PM - 5:50 PM

Closing Remarks

SUNDAY, NOVEMBER 14

8:00 AM - 8:15 AM

Welcome And Introductions

8:15 AM - 10:15 AM

Personality Disorders: Preserving the Past and Charting the Future

John M. Oldham, MD, MS

Objectives: At the conclusion of the program participants will be able to demonstrate improved competence in the diagnosis and treatment of borderline personality disorder.

10:15 AM - 10:30 AM

Refreshment Break

10:30 AM - 12:30 PM

Ethics Topic: Informed Consent in Psychiatry, Focus on Medication Management

Michael R. Arambula, MD, Pharm.D.

Objectives: At the conclusion of the program participants will be able to demonstrate ability to effectively provide informed consent to patients concerning psychiatric treatment options.

12:30 PM - 12:45 PM

Closing Remarks

TARGET AUDIENCE / PROGRAM OBJECTIVES

This CME program is designed with didactic lectures, panel discussions and case study presentations in multiple educational sessions. The program is designed to provide its' primary target audience of Adult and Adolescent Psychiatrists, including the Child and Adolescent and Geriatric Psychiatrists that specialize in these areas, as well as other specialties of medicine, with high-quality, evidence-based, clinically-relevant information regarding ethics, new developments in treatment and new directions in research to address the professional practice gaps of the learners and advance the physicians' competence and effective use of targeted skills, thereby improving their diagnostic acumen; their ability to interpret medical information and treatment options to patients and their abilities to use evidence based medicine, so that they may develop strategies to apply the knowledge, skills and judgment of the information presented in the educational activity into their practice.

ACCREDITATION

The Texas Society of Psychiatric Physicians designates this educational activity for a maximum of eleven (11) *AMA PRA Category I Credits*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The presentation entitled “Informed Consent in Psychiatry, Focus on Medication Management” has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

ABOUT THE SPEAKERS

Michael R. Arambula, M.D., Pharm.D.

Private Practice, General and Forensic Psychiatry, Clinical Pharmacology
San Antonio, Texas

Clinical Associate Professor of Psychiatry and Interim Director

Forensic Psychiatry Fellowship Program

Department of Psychiatry

University of Texas Health Science Center at San Antonio
San Antonio, Texas

Consultant, Texas Department of Criminal Justice

Public Service, Texas Medical Board

Robert Freedman, M.D.

Editor, *American Journal of Psychiatry*

Professor, Department of Psychiatry and Pharmacology

Director, Schizophrenia Research Center

Chair, Department of Psychiatry

University of Colorado Health Sciences Center

Denver VA Medical Center

Denver, Colorado

Kevin Gray, M.D.

Private Practice, Geriatric Psychiatry and Psychiatry
Dallas, Texas

VA Medical Center Mental Health – Dallas, Texas

Assistant Professor

Department of Neurology

UT Southwestern Medical Center

Dallas, Texas

Carol S. North, M.D., MPE

Director of the Program in Trauma and Disaster
VA North Texas Health Care System
Dallas, Texas

The Nancy and Ray L. Hunt Chair in Crisis Psychiatry and

Professor, Departments of Psychiatry and Surgery

Division of Emergency Medicine

Section on Homeland Security

The University of Texas Southwestern Medical Center

Dallas, Texas

John M. Oldham, M.D., MS

Senior Vice President and Chief of Staff

The Menninger Clinic

Houston, Texas

Professor and Executive Vice Chair

Menninger Department of Psychiatry and Behavioral

Sciences

Baylor College of Medicine

President

American College of Psychiatrists

President-Elect

American Psychiatric Association

Donald R. Royall, M.D.

Professor, Department of Psychiatry

Professor, Department of Family & Community Medicine

Professor, Department of Clinical Pharmacology

Professor, Department of Medicine

Chief, Division of Aging & Geriatrics

University of Texas Health Science Center

San Antonio, Texas

Director of Research

Freedom House Foundation

San Antonio, Texas

Paul E. Schulz, M.D.

Associate Professor, Department of Neurology

Director, Dementia and Memory Disorders Program

The University of Texas Medical School of Houston

Houston, Texas

Vivek N. Singh, M.D.

Assistant Professor of Psychiatry and

Director of the Psychiatric Consultation Liaison Service

and Chairman of the Institutional Review Board

University of Texas Health Science Center

San Antonio, Texas

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS
54th Annual Convention and Scientific Program

November 12-14, 2010 • Westin La Cantera Resort • San Antonio, Texas

Special thanks to the following Sponsors
 and Exhibitors of the TSPP Annual
 Convention

DIAMOND

**Texas Foundation for Psychiatric
 Education and Research**

GOLD

**Clarity Child Guidance Center,
 San Antonio**
 (Child & Adolescent Psychiatric Care, Acute,
 Residential, Partial, Outpatient and MD Group)
Neuronetics, Inc.
 (NeuroStar TMS Therapy)
Somaxon Pharmaceuticals

EXHIBITORS

American Professional Agency, Inc.
 (Liability Insurance)
Chickasaw Nation Industries, Inc.
 (Psychiatry Positions Available in Texas)
Clarity Child Guidance Center, San Antonio
 (Child & Adolescent Psychiatric Care, Acute,
 Residential, Partial, Outpatient and MD Group)
Cunningham Group
 (Insurance)
**Janssen, Division of Ortho-McNeil-Janssen
 Pharmaceuticals, Inc.**
Lilly USA
Neuronetics, Inc.
 (NeuroStar TMS Therapy)
Novartis Pharmaceuticals
San Marcos Treatment Center, San Marcos
 (Psychiatric Residential Treatment Center for
 Adolescents)
Sanofi-Aventis
Somaxon Pharmaceuticals
Sunovion Pharmaceuticals, Inc.
Texas Health Presbyterian Hospital, Dallas
 (General Inpatient Psychiatry)
UNT Health Science Center at Fort Worth
 (Psychiatry Positions Available)
US Army Medicine Civilian Corps
 (Civilian Medical Job Opportunities)
UTMB-CMC, Galveston
 (Recruitment)

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

2010 ANNUAL CONVENTION & SCIENTIFIC PROGRAM

November 12-14, 2010 • Westin La Cantera Resort • San Antonio, Texas

Please complete this form and return it with your check, money order or credit card information for your registration and event fees to the Texas Society of Psychiatric Physicians, 401 West 15th Street, Suite 675, Austin, Texas 78701 by October 12 to receive the discounted registration fee. Registration forms and payments by credit card may be faxed to TSPP at 512/478-5223.

NAME _____ E-MAIL _____
Please check if you are a: APA Fellow APA Distinguished Fellow APA Life Fellow APA Distinguished Life Fellow

ADDRESS _____ CITY _____ STATE _____ ZIP _____ PHONE _____

NAME(S) _____ GUEST(S) ATTENDING (for name badges) _____

REGISTRATION FEES

Indicate the **NUMBER** of individuals who are registered for each event in the appropriate enrollment category listed below. Please note the enrollment fees are **PER PERSON** and your payment should reflect the proper fee for the number of individuals registered per event.

| | |
|--|---|
| <p>NUMBER ATTENDING EVENT</p> <p>GOLF OUTING - Thursday # <input type="checkbox"/> Please Send Me Additional Information.</p> <p>LUNCH PROGRAM - Friday # <input type="checkbox"/> Lunch Program \$25</p> <p>MIT/ECP PROGRAM - Friday # <input type="checkbox"/> MIT/ECP Program No Chg</p> <p>WELCOME RECEPTION - Friday # <input type="checkbox"/> NOT Registered or Scientific Program \$50 # <input type="checkbox"/> Registered for Scientific Program No Chg</p> <p>BUSINESS MEETING LUNCH - Saturday # <input type="checkbox"/> TSPP/Academy Member \$25 # <input type="checkbox"/> MIT (TSPP/Academy) \$20 # <input type="checkbox"/> Guest \$25</p> <p>AWARDS BANQUET - Saturday # <input type="checkbox"/> Awards Banquet \$55 # <input type="checkbox"/> Reserved Table for 10 \$550</p> | <p>NUMBER ATTENDING EVENT</p> <p>SCIENTIFIC PROGRAM - Saturday and Sunday</p> <p># <input type="checkbox"/> TSPP/Academy Member \$235 # <input type="checkbox"/> MIT (TSPP/Academy) \$35 # <input type="checkbox"/> Non-Member Physician \$290 # <input type="checkbox"/> Non-Member MIT \$50 # <input type="checkbox"/> Allied Health Professional \$130 # <input type="checkbox"/> Spouse (Physician Claiming CME Credit) \$235 # <input type="checkbox"/> Spouse \$120 # <input type="checkbox"/> Advocacy Organization \$25</p> <p>CME Meeting Syllabus Order</p> <p># <input type="checkbox"/> CME Meeting Syllabus In Color \$95 # <input type="checkbox"/> CME Meeting Syllabus In Black/White Free</p> <p>NOTE: All CME program registrants will receive at No Additional Charge a black and white printed copy of the speakers' presentation. Due to the higher cost of color copying, IF you wish to receive the syllabus in color you may purchase a color copy of the speakers' syllabus by checking the box and including the additional charge. The color copy will be provided to you upon check-in the day of the program.</p> <p><input type="checkbox"/> Vegetarian Plate Requested. No additional fee if requested prior to 10/12, otherwise there will be an additional fee of \$15.00.</p> <p>TOTAL REGISTRATION FEE \$ </p> |
|--|---|



If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605.

PAYMENT INFORMATION

Check in the Amount of \$ _____ Make Checks Payable to Texas Society of Psychiatric Physicians
 Please Charge \$ _____ To My: VISA MasterCard American Express
 Credit Card # _____ Expiration Date: _____
 3 Digit Code on Back of Card on Right of Signature Panel _____
 Name of Cardholder (as it appears on card) _____
 Signature _____
 Address where you receive your credit card statement (include address, city, state, zip) _____

CANCELLATIONS - Deadline for cancellation is October 12, 2009. In the event of cancellation, a full refund will be made if written notice is received in the TSPP office by October 12, 2010, less a 25% handling charge. NO REFUNDS WILL BE GIVEN AFTER OCTOBER 12, 2010. Individuals are responsible for their making and canceling, if warranted, their personal hotel room reservations.

RETURN TO:
 TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS, 401 WEST 15TH STREET, SUITE #675,
 AUSTIN, TX 78701; PHONE (512) 478-0605 FAX (512) 478-5223

★ ★ ★ ★ ★ ★ ★ ★ ★ ★
SAVE THE DATE

**Next Year's
 Scientific Program &
 55th Annual Convention**
 Westin Galleria Hotel
 Dallas, Texas
 November 10-13, 2011

**Are You Worried About RAC Audits?
 Is Your Malpractice Insurance Too Expensive?**

CUNNINGHAM GROUP HAS THE SOLUTION!

MediKey: This program offers Billing Errors & Omissions Insurance for allegations of Medicare/Medicaid Fraud and Abuse which includes the liability that arises from RAC Audits and goes beyond just defending you to include **Indemnity Coverage!**
Medical Malpractice Insurance: As the endorsed Agent of the Federation of Texas Psychiatry, we work with many Insurers to get you the **lowest price for your malpractice insurance.** Cunningham Group is a leading "independent" agent specializing in malpractice insurance for over thirty (30) years.

**Cunningham
 Group**

Contact us toll free at 1-866-336-2884,
 or by email at cdetrinch@cg-ins.com

10901 Country Knoll, Austin, TX 78750

■ Toll Free 866-336-2884 ■ Ph 512-336-5336 ■ FAX 512-336-7121

www.cg-ins.com



An Opportunity to Participate Annual Campaign 2010

The Texas Foundation for Psychiatric Education and Research is launching its nineteenth Annual Campaign conducted each Fall to encourage charitable contributions to support the Foundation's goals: fighting stigma and discrimination; ensuring that patients have access to quality psychiatric treatment; and improving treatment through innovative research.

The Foundation's Annual Campaign Goals

- A major focus of the Foundation is to educate the public and policymakers about mental illnesses with the goal of ending stigma and eradicating discriminatory practices that impose unnecessary barriers to accessing and receiving quality psychiatric care.
- The Annual Campaign encourages unrestricted charitable contributions to be allocated by the Foundation to programs in Texas that address the Foundation's goals of fighting stigma and discrimination against persons diagnosed with psychiatric disorders; ensuring that patients have access to quality psychiatric care; and improving treatment through innovative research.

The Foundation during its 18 years of oper-

ation has awarded 116 grants amounting to \$204,471 to support programs addressing its goals by various Texas organizations, as follows:

- Public Education/Advocacy – \$102,471 (50%)
- Professional Education – \$95,000 (47%)
- Research – \$7,000 (3%)

Historically, about 90% of funds contributed

to the Foundation have been available to directly support programs in Texas, as the Foundation's administrative costs consist of only about 10% of expenditures.

The Foundation's Annual Campaign 2010 offers a unique opportunity for psychiatrists and others to allocate their charitable contributions to an organization led by psychiatrists and mental health advo-

cates who make decisions regarding the funding of programs that address the Foundation's goals.

Will you participate in this opportunity to help people diagnosed with psychiatric illnesses? Send your charitable donation today to: Texas Foundation for Psychiatric Education and Research, 401 West 15th Street, Suite 675, Austin, Texas 78701. ■

TEXAS FOUNDATION FOR PSYCHIATRIC EDUCATION AND RESEARCH

I am pleased to support the Foundation with a contribution of:

\$50 \$100 \$250 \$500 \$1000 \$ _____

I am pleased to commit a pledge of \$ _____

payable on (date) _____

Check in the Amount of \$ _____

Make Checks Payable to "Texas Foundation for Psychiatric Education and Research"

Please Charge \$ _____ To My: VISA MasterCard

Credit Card # _____ Exp. Date: _____

3 Digit Code on Back of Card on Right of Signature Panel _____

Name of Cardholder (as it appears on card) _____

Signature _____

Zip Code where you receive your credit card statement _____

DONOR INFORMATION

Name _____

Address _____

Telephone () _____

Contact me about a PLANNED GIFT.

A Bequest

A Gift of Insurance

A Charitable Trust

Texas Foundation for Psychiatric Education and Research • 401 West 15th Street, Suite 675, Austin, Texas 78701.
Your contribution is tax deductible to the full extent of the law. Thank you for your support!

PRSRT STD
U.S. Postage
PAID
AUSTIN, TX
Permit No. 525

The TEXAS PSYCHIATRIST is published 6 times a year in January, March, May, July, September, and November. Members of Federation member organizations are encouraged to submit articles for possible publication. Deadline for submitting copy to the Federation Executive Office is the first day of the publication month. Copy must be edited, acceptable for publication.

Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

EDITORIAL BOARD

Federation Executive Committee

MANAGING EDITORS

John R. Bush
Debbie Sundberg

Federation of Texas Psychiatry

401 West 15th Street, Suite 675
Austin, Texas 78701
(512) 478-0605 / (512) 478-5223 (FAX)
TxPsychiatry@aol.com (E-mail)
http://www.txpsych.org (website)

Federation of Texas Psychiatry
401 West 15th Street, Suite 675
Austin, Texas 78701

RETURN SERVICE REQUESTED

CALENDAR OF MEETINGS

NOVEMBER 2010

12-14 Texas Society of Psychiatric Physicians
54TH Annual Convention and Scientific Program
"Advances in Clinical Psychiatry: Schizophrenia, Bipolar Depression, PTSD, Borderline Personality Disorder and Ethics"
Westin La Cantera Hotel, San Antonio, Texas
TSPP Discounted Room rate \$165 and waived Resort Fee!
Hotel Reservations Until October 12 or Upon Sell-Out, whichever occurs first (1/800-937-8461)
For additional information: website www.txpsych.org;
email tspopfca@aol.com; or telephone 512/478-0605

JANUARY 2011

28-29 Texas Medical Association
Winter Conference
AT&T Executive Education & Conference Center
Austin, Texas

FEBRUARY 2011

11-12 Texas Osteopathic Medical Association
55th Annual Midwinter Conference & Legislative Symposium
Westin Park Central Hotel
Dallas, Texas

17 Capitol Day

APRIL 2011

**8-9 Texas Society of Psychiatric Physicians/
Texas Academy of Psychiatry**
Spring CME Program and Committee Meetings
Westin Galleria Hotel
Houston, Texas

MAY 2011

13-14 Texas Medical Association
TexMed 2011
Hyatt Regency Houston & George R. Brown Convention Center
Houston, Texas

JUNE 2011

16-18 TOMA and TxACFP Joint Annual Convention
The Fairmont Hotel
Dallas, Texas

JOB BANK

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation's **JOB BANK** on its website at www.txpsych.org. The Federation's **JOB BANK** could be just what you have been looking for.