# Texas Psychiatrist

# **2009 Legislation Summary**

John R. Bush, Executive Director, Federation of Texas Psychiatry

uring the course of the 81st Texas Legislature from January to June, 2009, the Federation of Texas Psychiatry tracked 294 bills that had the potential of affecting the practice of psychiatry. Seventeen percent of the bills were passed and became law, as follows:

Although some bills were filed that would have harmed patients and the practice of psychiatry, none were passed. Overall, psychiatry had a very successful legislative session.

The Federation's success during the Session can be attributed to several factors: psychiatrists who have responded to the Federation's program of visiting with legislators and candidates during the election cycle, providing important education about psychiatric issues and forming relationships; psychiatrists who interrupted their busy schedules to come to Austin during the Session to provide testimony on key bills; psychiatrists who reviewed bills and provided input that resulted in lobbying strategy; psychiatrists who responded to legislative alerts and contacted legislators; and psychiatrists who attended Capitol Day along with coalition partners (Depression and Bipolar Support Alliance, NAMI Texas and Mental Health America of Texas) to send a strong and united message to legislators. The Federation's success may also be attributed to the "strength in numbers," (ie, representing over 40,000 physicians in Texas) and "united voice for psychiatry" afforded by the Federation's affiliated organizations: Texas Society of Psychiatric Physicians, Texas Academy of Psychiatry, Texas Society of Child and Adolescent Psychiatry, Texas Osteopathic Medical Association, and the Texas Medical

The following is a summary of some of the Federation-tracked bills that passed and became law:

#### **CHILDREN**

HB 2163 (S. Turner/C. Uresti) - The Health and Human Services Commission shall conduct a study to determine the appropriateness and safety of providing antipsychotic and neuroleptic medication through the Medicaid vendor program to children under 16 years of age.

#### HB 1630 (E. Naishtat/K. Watson) -

Requires that children must be assessed by the Texas Youth Commission and the Texas Juvenile Probation Commission for eligibility for the child health plan program prior to release.

SB 187 (R. Deuell/E. Lucio III) - Provides for a Medicaid buy-in program for children with disabilities whose family incomes do not exceed 300% of the applicable federal poverty level.

#### NSIDE

A Period of Opportunity2
Academy Growth a Priority
Membership Changes2
Physician Leadership Needed for Health Care Reform3
TSCAP Annual Meeting and Scientific Program
TSPP Annual Meeting and Scientific Program

#### **MENTAL HEALTH**

HB 1067 (E. Naishtat/J. Nelson) - Allows for the reporting of suicide data that does not name the deceased individual. Reported suicide data may be used for suicide prevention purposes.

HB 2303 (V. Truitt/C. Uresti) - Includes within the scope of services that may be rendered by a community center the treatment of persons with developmental dis-

SB 1325 (J. Nelson/F. Corte) - Requires the Department of State Health Services to develop a mental health intervention program for military veterans and to include in the program peer-to-peer counseling.

#### **ECONOMIC**

SB 1 (S. Ogden/J. Pitts)- The General Appropriations bill. A total of \$85.1 million in new funds was appropriated for community mental health funding for 2010-2011, including \$56.2 million for the crisis mental health strategy, \$7.9 million for the adult mental health strategy and \$5.6 million for the children mental health strategy.

HB 1342 (J. Menendez/C. Harris) Beginning September 1, 2013, physicians will be required to use information technology that interfaces with health benefit plans (copayments, coinsurance, applicable deductibles, benefits and services, etc).

HB 1888 (J. Davis/R. Duncan)-Establishes ground rules for a health benefit plan to follow in ranking physicians, classifying physicians into tiers based on performance, or publishing physician specific information.

#### **ALLIED HEALTH**

SB 1291 (L. Van de Putte/T. Martinez

**Fischer**) - Removes statutory language that health insurance policies "may" require a physician's recommendation in order for an enrollee to see a licensed professional counselor or a marriage and family therapist.

SB 381 (Van de Putte/C. Hopson)-Permits a physician to delegate authority to a pharmacist to prescribe dangerous drugs in a hospital, hospital-based clinic or academic health care institution.

SB 532 (D. Patrick/G. Coleman)-

Broadens delegation of prescribing of controlled substances by a physician to physician assistants and advance nurse practitioners by increasing the number of persons allowed for delegation from 3 to 4, by allowing for the refilling of prescriptions, and to increase the period for the prescription from 30 days to 60 days. It also expands from 60 miles to 75 miles the distance a physician assistant or advanced practiced nurse may be supervised by delegating physician. Also, the time required for a delegating physician to be on-site with an advanced practice nurse or physician assistant is reduced from 20% to 10%.

#### **OTHER - CORPORATE PRACTICE OF MEDICINE**

SB 1705 (R. West/J. Pitts) - Allows the Dallas County Hospital District to employ physicians. Employment contracts may not exceed 4 years. Each employed physician shall report to the chief medical officer. This legislation may not be construed as authorizing the Dallas County Hospital District to supervise or control the practice of medi-

#### **OTHER - TEXAS MEDICAL BOARD**

HB 732 (W. Hartnett/J. Huffman) - In the annual update of a physician's profile, the Board must remove any record of a formal complaint if the complaint was dismissed more than 5 years before the date of the update and the complaint was dismissed as baseless, unfounded, or no action was taken against a physician's license as a result of the complaint.

SB 292 (J. Nelson/S. King) - Each license holder shall submit to the Texas Medial Board telephone numbers, fax numbers and email addresses that the Board may use to contact the license holder in an emergency.

#### Bills that Failed to Pass

Perhaps, the bills that failed to pass may be more news-worthy, as follows:

#### Children

HB 3127 (S. Turner) - Prohibits the administration of a psychoactive or psychotropic medication to a child younger than 11 years of age if the medication is not listed as approved for use with a person of the child's age. The list of acceptable medications will include psychoactive or psychotropic medications approved by the FDA.

HB 3662 (S. Turner) - If a child in the managing conservatorship of the state is prescribed three or more psychotropic drugs, the state will refer the child's case to HHSC to be reviewed by a physician to determine whether or not the child medical treatment is consistent with standards of care for a patient diagnosed with the child's mental disorder or documented symptoms.

#### **Mental Health**

SB 750 (J. Zaffirini) - Addresses consent procedures for psychoactive medications in residential care facilities.

SB 1627 (J. Wentworth) - Requires that all patients committed to temporary or extended inpatient health services provide fingerprints for retention by the bureau of identification and records. Also requires the collection of a DNA sample from persons found manifestly dangerous in an order the person to extended mental health services or is committed to a maximum security unit.

SB 1665 (J. Wentworth) - Allows a judge to find a person who is committed for extended mental health services as "manifestly dangerous" if the judge or jury finds

Tracked **Priority 1 Priority 2** Priority 3 Passed into Law Category **Mental Health** 33 0 31 24% 8 19% **Allied Health** 16 13 0 3 3 0% **Substance Abuse** 0 4 0 4 0 28 25 2 11% Legal 1 3 Children 42 3 32 7 10 24% 76 2 64 10 9% **Economic** 7 3 19% Other 95 62 30 18 **TOTAL** 294 12 231 51 49 17%



the proposed patient is likely to cause serious harm to others. It also establishes procedures for post-commitment treatment and supervision of persons with mental illness who are found to be manifestly dan-

SB 2247 (J. Zaffirini) - Prohibits a health care practitioner from issuing a prescription drug order for a PRN psychoactive medication administered by injection to a person who is in a residential treatment center unless the drug is administered in a psychiatric emergency or under court order.

HB 1150 (S. Thompson)/ SB 168 (R. Ellis)-Changes the standard not guilty by reason of insanity from "did not know that the conduct was wrong," to "did not appreciate that the conduct was legally or morally wrong."

**SB 1626 (J. Wentworth)** - A professional is required to report to a law enforcement agency any threat a patient communicates against a reasonably identifiable person if the professional determines in good faith that disclosure of the threat is necessary to protect the health or safety of a person.

SB 1623 (J. Wentworth) - Establishes a procedure to provide "federal prohibited person" information to the FBI for use with the National Instant Criminal Background Check System. "Federal prohibited person" includes persons ordered by a court to receive inpatient mental health services.

#### **Economic**

SB 1257 (K. Averitt)/HB 2750 (C. Eiland)-TMA's centerpiece for its health insurance reform agenda. Provides accountability and transparency in the way health insurance companies conduct business.

SB 586 (J. Carona)/HB 1442 (K. Hancock)- Health insurers may not prohibit, penalize, terminate or restrict a preferred provider from communicating with a patient about the availability of out-of-network providers for the provision of the insured's medical or health care services.

#### **Allied Health**

HB 3465 (J. Keffer)- Includes in the definition of "practitioner," licensed allied health professions in Texas of psychology, professional counselors and chiropractors and licensed by other states and Canada, such licenses allowing for the prescribing of dangerous drugs.

HB 696 (R.Orr)/SB 680 (G. Hegar)-Replaces physician-delegated model of care with an open-ended and loosely structured "prescriptive authority agreement" between a physician and a advanced practice nurse or physician assistant. There are no requirements for supervision and unclear responsibilities for the Texas Medical Board.

HB 858 (J. Laubenberg)/SB 484 (R. **Deuell**)- Requires a psychological associate to practice under the supervision of a psy-



ow more than ever, change is in on the horizon. We have had historic national and regional elections, and the potential for major healthcare reform has never been greater. It is in times like these that organized medicine can play its greatest role. These periods of opportunity bring to the forefront the need for mutual collaboration, fellowship, and proactive advocacy. With this as a backdrop, I find myself thinking about TSPP in this next year. What role can we play in a process of reform? What are the needs of our members and potential members that deserve renewed attention? It will fall on us as an organization of informed professionals to take a leadership role in educating the community and our political leaders as any reform process moves forward. We have to take the time to advocate for our patients and for the ability to practice and deliver quality medical care. If we do not make the effort, you have to know there are other groups that will take our absence as their opportunity to advance their own agendas. At the same time, we need to grow our organization and adapt to

current needs of our members and potential members. I think we have to explore new ways to assess and meet the needs of new psychiatrists emerging from training and developing new public, academic, or private practices in our communities.

I want to commend Martha Leatherman for her service as President of TSPP this last year and for her ongoing efforts in managing our Government Affairs Committee. She was on fire at the Federation-sponsored Capitol Day in Austin. I would not be surprised if we see her on her own political stump in the future. Her dedication and energy is what we need in our society.

As this year gets underway, we have to assess our own organizations and work to improve the effectiveness of the APA and TSPP. I am sure there are many who ask, "Why even join?" I have become convinced over the years that if it were not for organized medicine we would be practicing in a much harsher world and our patients would have a more desperate time finding the help they need. There are groups that we all know that constantly work to limit a citizen's

access to quality mental healthcare. They work to place barriers, restrict, and even outlaw psychiatric treatments. Other groups want to lower the qualifications needed to practice medicine. Their voices never go away. Neither should ours.

TSPP provides the successful structure to meet those community and political demands. It is only with the diligent work of John Bush, Executive Director, Debbie Sundberg, Assistant Director, and our lobbyist Steve Bresnen, and those members who volunteer time and effort to come to Austin to testify that we keep those misguided forces at bay.

Politics is always local and we must stay informed and involved. Can you imagine where we would be if TSPP had not succeeded in its political efforts? Many of us could not offer many treatments to patients. You may need government approval to write a prescription to a psychotic child. You may not find an available hospital when you treat a suicidal patient who is not safe on his or her own. You may be called in to stabilize a patient who has been poorly treated by a



George D. Santos, MD

non-physician. Then the liability for that patient's care is laid at your feet.

It is only through our educated, organized, and populous voice that we can convince Legislators to maintain appropriate quality standards and to protect a patient's access to care. Please consider investing some time in this area. Join us in developing ongoing relationships with your legislators. They need to know who you are and your availability as a knowledgeable resource for current and accurate information.



# **Academy Growth a Priority**

Arthur J. Farley, MD, President, Texas Academy of Psychiatry

s your incoming President of the Texas Academy of Psychiatry, I want to extend my thanks to Dr. Stuart Crane for his thoughtfulness and energy during his presidency. The Academy, a member of the Federation of Texas Psychiatry, shares many goals with the Federation. Our major focus will be to bring in new members into the Texas Academy. In our wonderfully large State of Texas, there are hundreds of physicians who are practicing psychiatry who have not found their way into any aspect of our Federation of Texas Psychiatry. Many of these colleagues may be close friends or teachers we have known and loved. Many

of them are working with patients and families who do not have the choice of choosing their doctors. Many of them work in the public sector with patients who resist care and whose families no longer have contact with them.

During the past months, I have made calls to individuals outlining the many benefits offered to us and to our patients in Texas. Our active, successful work educating Texas Legislatures about our patients' needs is one of the paramount efforts of the Academy and our Federation. It is critical to have as many psychiatrists as we possibly can because *numbers* count. I remem-

ber the rich experiences I had as President of the Texas Society of Psychiatric Physicians when I contacted colleagues who had dropped out of TSPP or had not joined. There were many rewarding telephone chats with many psychiatrists from all over the Lone Star State. One of the most pleasurable encounters was with one of our present leaders of TSPP, Dr. Martha Leatherman. Martha still recalls to me that conversation and her recollection has bolstered my offers to get in touch with as many colleagues as I possibly can.

One factor in this present effort as President of the Texas Academy of Psychiatry will come as no surprise to readers. It is money. Financial difficulties have hit all of us, especially those of us who work in nonprofit or public facilities. Some of us can no longer pay membership dues to multiple organizations. Members of the Academy pay dues only to our State organization. Also, I plan to work with all of those former or potential members to work on the realities of our economic downturn so that membership is feasible.

Over the past two decades, I have worked at a nonprofit school for children and their parents. These students have been expelled from two to six schools; they are on two to six medications; they have



Arthur J. Farley, MD

two to six diagnoses with almost as many professionals trying to help them. My experiences have been incredibly rewarding; however, the school does not have the resources to pay me for all of the time spent with teachers and the time spent helping parents begin to understand the complex needs of their children. The personal reward for the "pro bono" work I do reminds me of my many friends in the public sector or in training programs for limited fees and salaries. We need to pay attention to some of the economic realities confronting us. We need to make sensible consideration of these issues so that adjustments can be made to potential members of the Texas Academy of Psychiatry. My focus throughout that time of my Presidency will be on adding new members to our fold. If any of you readers have ideas that might help me in this goal, let me know. It will be greatly appreciated.

#### **MEMBERSHIP CHANGES**

#### TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

The following membership applications have been approved by the TSPP Executive Committee and have been transmitted to the APA.

#### Member in Training

Beachkofsky, Jessica, MD, San Antonio Bejjani, Carla, MD, Houston Chang, YuFang MD, Austin Gallien, Brandy, MD, Dallas Gandhi, Samita, MD, Houston Karnik, Anita, MD, Temple Michels, Luke, MD, San Antonio

Milone, Jennifer, MD, Houston Morrow, Kyle, MD, Temple Rush, James A. IV, MD, Temple Syed, Hozair, MD, Houston Womack, Rosalyn, MD, San Antonio Zapata, Mari-Ethel, MD, San Antonio

#### **General Member**

Bashir, Kauser, MD, Woodlands (Reinstatement) Mathis, Charles, MD, DeSoto Williams, Solomon, MD, Temple (Reinstatement)

# **Medical Malpractice Insurance**

Are you paying too much?

The Federation of Texas Psychiatry in cooperation with Cunningham Group is offering Texas psychiatrists free premium indications. Prices have come down during the past year — one insurer dropped its rates 48 percent.

Let Cunningham Group shop the market for you and reduce your premium.

Go to the Cunningham website (www.cg-ins.com) and complete the Medical Malpractice Premium Indication Short Form to receive your premium indication.

#### Cunningham Group

Professional Liability Insurance Services Phone 512-336-5336 • Fax 512-336-7121

#### 2009 Legislation Summary

continued from page 1

chologist in order to practice psychology. **HB 2023 (J. Laubenberg)**- Establishes criteria under which a psychologist may delegate authority.

# Other - Corporate Practice of Medicine

**SB 1500 (R. Duncan)**- Allows hospitals in counties of 50,000 or less population to employ physicians and retain all or part of the professional income generated by the physician for medical services provided at the hospital.

#### Other- Texas Medical Board

**HB 3816 (F. Brown)**- Proposes significant changes in the operation and procedures of

the Texas Medical Board, including: 1) creation of an advisory panel to receive and investigate complaints concerning the operations and disciplinary actions taken by the Board; 2) a person filing a complaint against a physician must swear under oath to the truth of the statements in the complaint; 3) a physician who is subject of a complaint is to receive a copy of the complaint without redaction; 4) the physician who is subject of the complaint is to be given the identity and qualifications of each expert physician who reviewed the complaint; and 5) the Board may not require a physician to practice medicine in any particular manner.

For details about specific bills, please visit http://www.legis.state.tx.us



# Physician Leadership Needed for Health Care Reform

Leslie H. Secrest, MD, Chairman, Federation of Texas Psychiatry

y first article as Chairman of the Federation of Texas Psychiatry is the result of struggling to understand the directions of Health Care Reform and trying to conceptualize what should be included in any legislation. It is obvious the opportunities to modify the legislation will be limited at best. Bewilderment is a common emotion when looking for specific guidance about the health care reform initiative. The tragedy is the time line may impair producing the best possible legislation.

With the conclusion of the Texas Legislative Session and the Legislative activities of Congress and the Executive Branch, the importance of the election cycle is clearly evident. Recently in the Texas House, the concern about the next election cycle was clear with the proposed legislation requiring documentation of a voter's identity and the efforts used by those opposed to make sure it did not pass the House even with the forfeiture of other worthy legislation. At the federal level, the perceived mandate of the election cycle for Health Care Reform has everyone's attention, concern and anxiety. The election cycle always dictates future legislation and policy.

Health care reform becomes a complex issue but the need for reform is driven by many factors that were not in place when previously undertaken and derailed by factors embodied in the advertisement of Harry's and Louise's conversation around the kitchen table. Even without political mandates and legislation, the economic and financial factors in health care would eventually demand reform. The Obama Administration's goal for Health Care Reform is clear, affordable quality health care for all Americans.

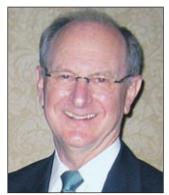
Two factors which the Obama
Administration use to justify immediate reform focuses initially on 45 million uninsured and 25 million underinsured
Americans followed by the accelerating cost of health care. Currently 16.6% of the Gross Domestic Product is dedicated to health care. Health care spending is currently growing faster than the gross domestic product. For example, for 2009, spending is anticipated to increase 5.5 percent and to know one's surprise the gross domestic product is anticipated to decrease 0.2 percent. It is estimated that health care spending in 2018 will be 4.4 trillion dollars.

As many have pointed out, the increase in health care spending represents health care successes and advances at its best and health care failures at its worse. The merits of success and failures can be discussed endlessly with plenty of responsibility for every citizen. The movement for quality improvement and patient safety will hopefully reduce variability in health care and drive the focus on preventing disease as the measure of success and treating disease as the measure of failure. Such a shift to prevention is hoped to decrease the overall cost of treating disease and improve everyone's health.

The Senate Finance Committee has produced three reports that may indicate some of the issues to be addressed in health care legislation. On April 29, 2009 a report entitled "Transforming the Health Care Delivery System: Proposals to Improve Patient Care and Reduce Health Care Costs" was released. On May 14, 2009 the committee released its second report "Expanding Health Care Coverage: Proposals to Provide Affordable Coverage to All Americans." On May 20, 2009 the committee published a report entitled "Financing Comprehensive Health Care Reform: Proposed Health System Savings and Revenue Options." President Obama has frequently pointed out his time table for passage of the legislation is July 31. The President's recent letter to Senator Edward Kennedy and Senator Max Baucus released by the White House office of the Press Secretary is a clear summary of the President's goals and aspirations for Health Care Reform. His urgency for legislation is based on rising health care costs. Rising cost has produced partners in reform that had been previous adversaries of reform, "... hospitals, physicians, and health insurers, labor and business, Democrats and Republicans." He continues by stating his goal, "At this historic juncture, we share the goal of quality, affordable health care for all Americans. But I want to stress that reform cannot mean focusing on expanded coverage alone. Indeed, without a serious, sustained effort to reduce the growth rate of health care costs, affordable health care coverage will remain out of reach." The President outlines his "...core belief that Americans should have better choices for health insurance." His position on health insurance is clear that there can be private health insurance and a public plan with "a

health insurance exchange" a market place where health plans can be compared. The President notes all health plans "should include an affordable basic benefit package that includes prevention, and protection against catastrophic costs." Operating along side of private health insurance plans would be a public health insurance plan that would provide a better range of choices, a more competitive market place and "keep insurance companies honest." The President acknowledged the Senators' desire to have every American responsible for having health insurance coverage but asserts that health care must be affordable, gaps and lapses in coverage must be addressed and there must be waivers for hardship, and exemptions for small business. He goes on to outline the need to have health care "deficit neutral." This effort would include cutting spending by reducing overpayments and address payment accuracy by cutting waste, fraud and abuse. He would encourage physicians to form 'accountable care organizations' to improve quality of care. He asserts that increased revenue could be obtained from a change in the tax law to generate \$326 Billion over 10 years. His last proposal, with a major delegation of power and responsibility, is to make the Medicare Payment Advisory Commission's recommendations on cost reductions binding unless opposed by a joint resolution of Congress. He concludes his letter with the desire to have Congress complete Health Care Reform with legislation to be signed by October.

As the Senate Finance Committee Reports and the President's letter demonstrates, the changes to health care delivery will be significant. The financial constraints that are ahead will not support the operation of the current delivery system. To successfully change the delivery system other changes must occur. The social attitude about life style choices must change. Conditions that are preventable but drive a health burden such as obesity, substance abuse must be addressed. Society also must change its approach to end of life issues. The legal system as it currently interacts with health care is no longer affordable. The legal system cannot be the reviewer for health care quality as the process is expensive, slow and doesn't always produce clear results that are based on science. The repetitive administrative



Leslie H. Secrest, MD

processes that are imbedded in health care cannot be sustained. As pointed out in the Senate Finance Committee documents, the cost to use new technology contributes to the rapidly increasing total cost. However, the access to new technology is not addressed unless it is deferred to the Medicare Payment Advisory Commission. Limiting access to Resources in most circles might be referred to as "Rationing Care." Appropriate inclusion and exclusion criteria to health resources must be developed and the responsibility for such measures must be born by society. The election cycle and the legislative process becomes the avenue by which society can express its desires and responsibility. Unfortunately the legal system is often thought to carry the responsibility to define and monitor who has access and to express the will of the people.

Physician leadership is required of all physicians. The legislative time table is designed to allow little time to comment or to influence the legislation. Downloading the Senate Finance Reports and reading areas that are important to you as well as studying the President's letter to Senators Kennedy and Baucus is critical. Once the documents are reviewed, contact your Senators' and your Representative's offices, in their district or in Washington, DC and communicate your concerns and suggestions for the best possible legislation. Individual physicians must take leadership and speak as individuals as well as collectively through organized medicine such as our Federation partners the TMA & TOMA as well as the AMA and the specialty societies. All comments and suggestions are very important. Silence means consent to all elements of any proposed health care legislation. The voice of physicians and their patients must be expressed to have a high quality, effective, accessible, and financially sustainable health care delivery system.

# **Continuing Education 1-day Seminars for Mental Health**

#### **Psychopharmacology Update:**

What You Must Know About

Presented By: ROBERT M. JULIEN, MD, PhD

- Recognize the necessity of combining psychological and pharmacological therapies in the treatment of many mental health disorders
- Differentiate each antidepressant drug by actions, side effects, and clinical uses
- Identify the use of mood stabilizers to treat personality and aggressive disorders as well as bipolar disorder, substance abuse disorders, and chronic pain
- Distinguish traditional and "atypical" antipsychotic agents
- Understand the rationale for the use of mood stabilizers and atypical antipsychotic agents in the treatment of PTSD, BPD, and aggressive disorders

DALLAS - July 9 WACO - July 10

# A Multi-Faceted, Cognitive-Behavioral Therapy Approach to Trauma and PTSD:

Facilitating Imagery Transformation, Self Empowerment and Adaptive Meaning

Presented By: MERVIN R. SMUCKER, PhD

- Conduct a trauma assessment designed to find the best "treatment fit" for each patient's specific trauma characteristics
- Apply a multi-faceted CBT approach that combines varying degrees of exposure, cognitive restructuring, adaptive imagery and stabilization interventions
- Transform re-traumatizing flashbacks into nonthreatening memories
- threatening memories
   Enhance self-empowerment and adaptive meaning
- Methodically address treatment roadblocks and failures
- Significantly increase your overall treatment success with trauma victims

AUSTIN - July 15 SAN ANTONIO - July 16 HOUSTON - July 17

#### **Motivational Interviewing:**

Overcoming Client Resistance to Change

Presented By: MICHAEL WILES, M.Ed., LPC, Psychometrist

- Examine Motivational Interviewing strategies and techniques
- Determine how to overcome the client's resistance to change and enhance the client's intrinsic motivation
- Examine how to use MI to overcome substance abuse, eating disorders, medication compliance, dual diagnosis and more
- Identify and overcome the "traps" that hinder
- effectiveness Compare MI to other types of brief therapy models
- Outline effective opening strategies that prepare the client for change
- Discuss the proper use of reflective listening

DALLAS - August 11 WACO - August 12

Enter Discount Code DSCFTP for \$10 off your registration to any of these events.



For more information on these seminars, please call 800-397-0180 or visit our website at www.CrossCountryEducation.com



# Texas Society of Child and Adolescent Psychiatry 2009 Annual Meeting and Scientific Program

"Bipolar Disorder in Children and Adolescents: Diagnostic and Treatment Dilemmas"

July 24-26, 2009 • Omni Fort Worth Hotel • 1300 Houston Street • Fort Worth, Texas

#### GENERAL NFORMAT

#### LOCATION/HOTEL **RESERVATIONS**

All events will take place at the Omni Fort Worth Hotel, 1300 Houston Street, in downtown Fort Worth, 817/535-6664. A special TSCAP discounted room rate of \$175 single or double occupancy is available to TSCAP program registrants before July 2 or upon sell-out whichever occurs first. Make your hotel reservation today by calling 1-800-843-6664.

# OPENING WELCOME RECEPTION WITH EXHIBITORS

#### **OPENING WELCOME RECEPTION WITH EXHIBITORS**

A special Welcome Reception for all TSCAP attendees and their guests has been planned to kick off the weekend's meeting and activities. The reception will be held Friday, July 24, 6:30 - 8:30 pm in the Texas Ballroom at the Omni Hotel.

#### SPONSORS/EXHIBITORS

Special Thanks to the following Sponsors and Exhibitors confirmed to date:

> **Bristol-Myers Squibb Exhibitor**

Cedar Crest Hospital & RTC, Belton **Exhibitor** 

Laurel Ridge Treatment Center, San Antonio

Sponsor of the Friday Evening Welcome Reception and Exhibitor

Meridell Achievement Center, **Liberty Hill** Exhibitor

**Ortho-McNeil-Janssen CNS Exhibitor** 

**Texas NeuroRehab Center &** The Oaks Treatment Center, Austin **Exhibitor** 

#### **EXHIBITS**

TSCAP's Welcome Reception, Continental Breakfasts and Refreshment Breaks will be held in the Texas Ballroom of the Omni Hotel. Please make plans on visiting with the exhibitors during the following hours:

> Friday, 6:30 pm - 8:30 pm Welcome Reception

Saturday, 7:30 am - 8:10 am Continental Breakfast

Saturday, 10:30 am - 10:50 am Refreshment Break

Saturday, 12:20 pm - 12:30 pm Refreshment Break

Saturday, 1:30 pm - 1:45 pm Refreshment Break

Saturday, 3:15 pm - 4:15 pm Final Visits with Exhibitors

Saturday, 4:15 pm - 5:00 pm Exhibitors Tear Down and Depart

#### ANNUAL BUSINESS MEETING BREAKFAS

The Annual TSCAP Business Meeting will be held Sunday 8:00 am - 9:00 am in the Sundance Room of the Omni Hotel. All members are encouraged to RSVP in advance and attend.

#### PROGRAM AT A GLANCE

#### Friday, July 24

1:00 pm - 5:30 pm Exhibit Set-Up

4:00 pm - 5:30 pm

**TSCAP Executive** 

**Committee Meeting** 

6:30 pm - 8:30 pm Welcome Reception Texas Ballroom

with Exhibitors

Stockyards 1

Texas Ballroom

#### Saturday, July 25

7:30 am - 8:10 am Continental Breakfast

Texas Ballroom w/Exhibitors

8:15 am - 3:15 pm

Scientific Program Fort Worth Ballroom

10:30 am - 10:50 am Refreshment Break

12:20 pm - 12:30 pm

Refreshment Break Texas Ballroom

1:30 pm - 1:45 pm

Refreshment Break Texas Ballroom

3:15 pm - 4:15 pm

Final Visit with Exhibitors Texas Ballroom

#### Sunday, July 26

8:00 am - 9:00 am

**TSCAP Annual Business** Sundance 1 Meeting Breakfast RSVP / Registration Required in Advance

9:00 am - 12:30 pm

Scientific Program Fort Worth Ballroom

10:15 am - 10:30 am

Refreshment Break

Fort Worth Ballroom Foyer

## **Texas Society of Child and Adolescent Psychiatry** 2009 Annual Meeting and Scientific Program

"Bipolar Disorder in Children and Adolescents: Diagnostic and Treatment Dilemmas"

July 24-26, 2009 • Omni Fort Worth Hotel • 1300 Houston Street • Fort Worth, Texas

REGISTRATION

NAME		DEGREE		
MAILING ADDRESS	CITY		STATE	ZIP
TELEPHONE NUMBER		FAX NUMBER		
E-MAIL				
SCIENTIFIC PROGRAM REGISTRAT	ION			
(includes Scientific Program & Syllabus, Saturday continental bre	akfast; Saturday & Sund	ay refreshment breaks)		
	Before July 2	After July 2		
TSCAP Member Physician	\$195	\$215		
Non-Member Physician	\$250	\$270		
Allied Health Professional / Spouse / Guest	\$180	\$200		
TSCAP Member Trainee / Medical Student	No Fee	\$30		
Non-Member Trainee / Medical Student	\$30	\$50		
SOCIAL EVENTS				
Friday Welcome Reception				
☐ Friday Welcome Reception				
Names Attending Reception:				
□ Sunday Membership Business Breakfast				
TSCAP Members	No Charge	\$20		
Non-Members / Guests	\$20	\$25		
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If you require any special assistance to fully participate in this conference, please contact TSCAP via e-mail tscapofc@aol.com or 512/478-0605.		TOTAL REGISTRATION		
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#### LOCATION, LOCATION, LOCATION!! **FORT WORTH - Cowboys and Culture**

Sundance Square is Downtown Fort Worth's Entertainment and Shopping District here you will find an



entertainment destination to satisfy every one. Also located in Sundance Square, **Bass** Performance Hall is the permanent home to the Fort Worth Symphony Orchestra, Texas Ballet Theater, Fort Worth Opera, and the Van Cliburn International Piano Competition and Cliburn Concerts.

Step back in time and visit the Fort Worth **Historic Stockyards**, National Historic District, a one of a kind location with many unique attractions. It is the only place in the United States that has a daily cattle drive!



The oldest zoo in Texas, the Fort Worth Zoo was founded in 1909 with one lion, two bear clubs, an alligator, a

coyote, a peacock and a few rabbits. From those humble beginnings, the zoo has grown into a nationally ranked facility, housing more than 5000 native and exotic animals.



# Texas Society of Child and Adolescent Psychiatry 2009 Annual Meeting and Scientific Program

"Bipolar Disorder in Children and Adolescents: Diagnostic and Treatment Dilemmas"

July 24-26, 2009 • Omni Fort Worth Hotel • 1300 Houston Street • Fort Worth, Texas

#### OGR

#### SCIENTIFIC PROGRAM SCHEDULE

#### **SATURDAY, JULY 25**

Scientific Program. Saturday - 6 hours Category I Credit

8:15 am - 8:30 am

Welcome and Opening Remarks

Fort Worth Ballroom

8:30 am - 10:30 am

Neuroimaging of Bipolar Disorder in Children and Adolescents: New Frontiers

Fort Worth Ballroom

Melissa P. DelBello, M.D., M.S., University of Cincinnati College of Medicine, Cincinnati, Ohio

At the conclusion of the presentation, attendees will be able to:

- Understand the different neuroimaging modalities used in research with children and adolescents with bipolar disorder. • Discuss the neuroanatomical regions thought to be involved
- in the pathopsysiology of bipolar disorder. • Discuss how psychotropic medication may affect brain
- functioning in children and adolescents with bipolar disorder. Texas Ballroom

10:30 am - 10:50 am 10:50 am - 12:20 pm Refreshment Break in Exhibit Hall **Update on Medication Treatments for** 

Fort Worth Ballroom

Bipolar Disorder in Children Rene L. Olvera, MD, MPH, UTHSCSA, San Antonio, Texas

At the conclusion of the presentation, attendees will be able to:

- Have an increased knowledge of the evidence base for pharmacological treatment of bipolar disorder in children and adolescents.
- Assess risk benefit ratio of medication treatment for bipolar disorder in youth.

12:20 pm - 12:30 pm 12:30 pm - 1:30 pm

Refreshment Break in Exhibit Hall **Child and Adolescent Psychiatry** 

Texas Ballroom

**Fellow Case Presentation** 

Neesha Desai, M.D., Fellow Presenter,

Fort Worth Ballroom

UT Southwestern Medical Center at Dallas, Dallas, Texas

Kirti Saxena, M.D., Faculty Discussant, UT Southwestern Medical

Center at Dallas, Dallas, Texas

- *At the conclusion of the presentation:* • Physicians will demonstrate an improved understanding of the diagnostic challenges and comorbidities of bipolar disorder in children and adolescents through a detailed discussion of a case presentation.
- Participants will display increased competence in designing a comprehensive biopsychosocial treatment plan for child and adolescent bipolar disorder.

1:30 pm - 1:45 pm 1:45 pm - 3:15 pm

Refreshment Break in Exhibit Hall

Texas Ballroom

Cognitive Behavioral Interventions for Children and Adolescents with Bipolar Disorder -**Relapse Prevention** 

Fort Worth Ballroom

Monica Ramirez Basco, Ph.D., UT Arlington & UTSWMC, Dallas, Texas

*At the conclusion of the presentation:* 

- Participants will display enhanced competence in utilizing or incorporating psychosocial interventions such as Cognitive Behavioral Therapy into broader biopsychosocial treatment plans for children and adolescents with bipolar disorder.
- Physicians will show evidence of increased understanding and the ability to discuss the role of basic CBT techniques for relapse prevention in children and adolescents with bipolar disorder.

#### **SUNDAY, JULY 26**

Scientific Program. Sunday - 3 hours Category I Credit

9:00 am - 9:15 am

Welcome and Opening Remarks

Fort Worth Ballroom

9:15 am - 10:15 am

Role of the Advocacy Organization in Depression and Bipolar Support in Texas

Fort Worth Ballroom

Glenn D. Urbach, DBSA Greater Houston, Houston, Texas

At the conclusion of the presentation, participants will:

• Have the knowledge to refer patients to advocacy peer support groups and understand what peer support consists of.

10:15 am - 10:30 am 10:30 am - 12:30 pm Refreshment Break

Fort Worth Ballroom Foyer

Panel Discussion: Impact of Pharmaceutical Research and Manufacturers of America (PhRMA)

Code on our Clinical Practice Fort Worth Ballroom Pedro L. Delgado, M.D., UTHSCSA, San Antonio, Texas

Matthew Brams, MD, Houston, Texas John Z. Sadler, M.D., UT Southwestern, Dallas, Texas

At the conclusion of the presentation, participants will be able to:

• Understand the clinically relevant information about recent changes in the PhRMA Code in order to advance their understanding and appreciation of the Code and thereby allow them to develop strategies to deal more ably in their daily practice with the changes.

# SCIENTIFIC PROGRAM CONTINUING MEDICAL EDUCATION ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Texas Medical Association (TMA) through the Joint Sponsorship of the Texas Society of Psychiatric Physicians and the Texas Society of Child and Adolescent Psychiatry. The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The Texas Society of Psychiatric Physicians designates this educational activity for a maximum of nine (9) AMA PRA Category 1 Credits.™ Participants should only claim credit commensurate with the extent of their participation in the activity.

The presentation "Panel Discussion: Impact of Pharmaceutical Research and Manufacturers of America (PhRMA) Code on our Clinical Practice" has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

#### TARGET AUDIENCE/PROGRAM GOALS & OBJECTIVES

This CME program is designed with didactic lectures supplemented with audiovisual presentation and direct discussion, panel discussion and a case study presentation in multiple educational sessions. The program is designed to provide its' primary target audience of Child and Adolescent Psychiatrists, General Psychiatrists and other specialties of medicine in the State of Texas, with clinically-relevant information to advance the physician's competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgment of the information presented in the educational activity into their practice.

#### SCIENTIFIC PROGRAM SPEAKERS

#### Monica Ramirez Basco, Ph.D.

Clinical Psychologist Assistant Professor of Psychology University of Texas at Arlington Clinical Associate Professor of Psychiatry University of Texas Southwestern Medical Center at Dallas

#### Matthew Brams, M.D.

Houston, Texas

#### Melissa P. DelBello, M.D., M.S.

Associate Professor of Psychiatry and Pediatrics Vice-Chair of Clinical Research Department of Psychiatry University of Cincinnati College of Medicine Cincinnati, Ohio

#### Pedro L. Delgado, M.D.

Dielmann Professor and Chairman Department of Psychiatry Associate Dean for Faculty Development and Professionalism School of Medicine University of Texas Health Science Center at San Antonio San Antonio, Texas

#### Neesha Desai, M.D.

UT Southwestern Medical Center at Dallas Child Psychiatry Fellow (PGY-4) Dallas, Texas

#### Rene L. Olvera, MD, MPH

Associate Professor with Tenure The University of Texas Health Science Center at San Antonio Department of Psychiatry San Antonio, Texas

#### John Z. Sadler, M.D.

Daniel W. Foster Professor of Medical Ethics Professor of Psychiatry & Clinical Sciences Distinguished Teaching Professor Chief, Division of Ethics and Health Policy Department of Clinical Sciences Chief, Division of Ethics Department of Psychiatry Co-Editor: Philosophy, Psychiatry & Psychology UT Southwestern

#### Dallas, Texas Kirti Saxena, M.D.

UT Southwestern Medical Center at Dallas **Assistant Professor of Psychiatry** Associate Director of Child and Adolescent Psychiatry **Outpatient Clinic** Dallas, Texas

#### Glenn D. Urbach

**Executive Director DBSA Greater Houston** Houston, Texas

This Program has been supported in part by an **Educational Grant from Bristol-Myers Squibb** 

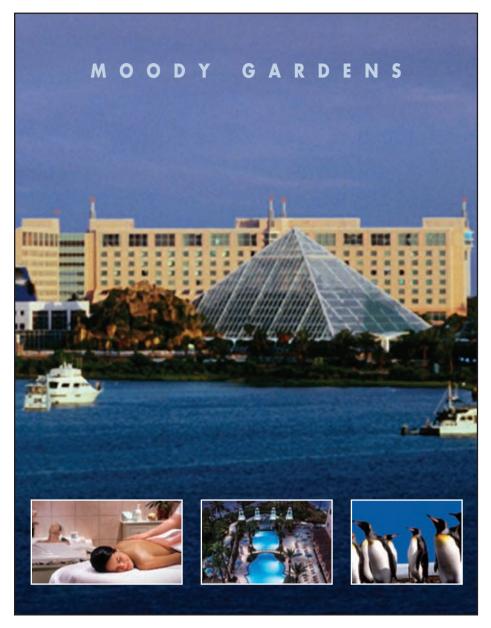
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#### TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

# **53rd Annual Convention & Scientific Program**

# "Clinical Updates For Implementing Change In Your Practice"

Moody Gardens Hotel • Galveston, Texas • November 13-15, 2009



#### GLANCE **PROGRAM**

#### **THURSDAY, NOVEMBER 12**

Golf Outing at Moody Gardens Golf Course 12:00 pm 7:30 pm Federation Delegate Assembly Reception & Meeting

#### FRIDAY, NOVEMBER 13

7:30 am - 7:00 pm **Registration Open** 

7:30 am - 9:00 am Foundation Board of Directors Breakfast Meeting

8:00 am - 5:00 pm Committee Meetings 12:00 pm - 5:00 pm Exhibit Set-Up

12:00 pm - 1:30 pm Membership Luncheon / Program

SPONSORED BY POLYCOM

MIT / ECP Program – "Establishing a Medical Practice" 3:30 pm - 5:30 pm

**Executive Council Meeting** 5:00 pm - 6:30 pm

6:00 pm - 8:00 pm Titus Harris Society Reunion Reception 6:00 pm - 8:00 pm Welcome Reception with Exhibitors

SPONSORED BY TEXAS FOUNDATION FOR PSYCHIATRIC EDUCATION AND RESEARCH

#### SATURDAY, NOVEMBER 14

7:00 am - 7:45 am Complimentary Continental Breakfast

for Meeting Registrants

**Registration Open** 7:00 am - 7:00 pm

7:30 am - 5:00 pm **Exhibits** 

8:15 am - 4:45 pm Scientific Program

10:15 am - 10:30 am Refreshment Break with Exhibitors / Door Prize

Drawings

12:00 pm - 1:30 pm Annual Business Meeting Lunch

2:30 pm - 2:45 pm Break 6:00 pm - 6:30 pm Reception 7:00 pm **Awards Banquet** 

#### **SUNDAY, NOVEMBER 15**

8:15 am - 12:45 pm Scientific Program

10:30 am - 10:45 am Break

#### MEETING REGISTRATION

See Registration Form or visit the website www.txpsych.org for TSPP / TAP's Special Discounted Meeting Registration Fees for this year's convention. The earlier you register, the greater the savings!

#### HOTEL RESERVATIONS

ALL MEMBERS AND NON-MEMBERS ARE INVITED TO JOIN US!! TSPP's 53rd Annual Convention and Scientific Program will be held at the Moody Gardens Resort and Spa, Seven Hope Blvd., Galveston, 1-800-582-4673. A special TSPP discounted room rate of \$142 is available to TSPP program registrants before October 21, 2009 or upon sell-out whichever occurs first. Make your hotel reservation today by calling 1-888-388-8484.

Surrounded by 242 acres of breathtaking gardens and majestic pyramids, Moody Gardens Hotel, Spa and Convention Center is Galveston Island's premier meeting destination. Moody Gardens features:

- Full Service Spa and Fitness Center, complete with indoor lap pool
- Rain Forest Pyramid a ten story pyramid featuring primitive rainforests with plants and exotic fish and animals.
- Discovery Pyramid Experience mysteries of science with traveling and interactive exhibits.
- $A quarium\ Pyramid-Oceans\ of\ the\ world$ are represented in a 1.5 million gallon aquarium teeming with creatures from penguins to stingrays, sharks and more.
- IMAX 3D Theater Be a part of the action at the IMAX 3D Theater featuring amazing 3D and 2D films on a giant six-story
- IMAX Ridefilm Theater Strap yourself in an dive, twist and turn as your seat mirrors every movement on a giant wraparound screen with six-channel surround sound.
- AND, special activities for you during Convention time! Festival of Lights – One of the Gulf Coast's largest holiday lighting events at Moody Gardens!

#### THURSDAY GOLF OUTING

Polish up on your golf game!! For those convention attendees, guests and golf enthusiasts arriving early, TSPP members are arranging a tee time for a group play. If you are interested in playing, please be sure to check the Golf section of the TSPP registration form.

#### TITUS HARRIS SOCIETY

All members of the Titus Harris Society are invited to a special Reunion Reception to be held in conjunction with the TSPP Welcome Reception, Friday, 6:00 - 8:00 pm at the Moody Gardens Hotel. In addition, TSPP extends a special invitation to the Titus Harris Society members to extend their weekend stay and attend the CME program and other social activities. Titus Harris Society members will be identified by special ribbons on their convention name badges. (See program registration form for additional information)

#### AWARDS RECEPTION/BANQUET

Saturday evening's festivities begin with a complimentary wine and cheese reception before the Awards Banquet honoring the 2009 TSPP Award Recipients for their outstanding contributions to Psychiatry. Register early to reserve a table for your organization and friends at this memorable and entertaining evening! This year's honorees include:

> Distinguished Service **Award** J. Clay Sawyer, M.D. – Waco

**Psychiatric Excellence** 

**Award** R. Andrew Harper, M.D. – Houston

**Psychiatric Excellence Award** James E. Kreisle, M.D. - Austin

#### RESERVE YOUR ROOM

Moody Gardens Resort and Spa, Galveston Hotel Reservations - 1-888-388-8484

Mention TSPP to receive the discounted room rate

# **Moody Gardens**

Fun, Fun, Fun!











#### SCIENTIFIC PROGRAM

#### "Clinical Updates For Implementing Change In Your Practice"

#### SCIENTIFIC PROGRAM SCHEDULE

#### Saturday, November 14

8:15 am

**Welcome and Introductions** 

8:45 am - 10:15 am

Update on the Diagnosis and

Treatment of Bipolar Disorder in Adults

Robert Hirschfeld, M.D.

Objectives: Upon completion of this presentation, participants will be able to demonstrate improved competence in diagnosis of bipolar disorder in adults

10:15 am - 10:30 am

Refreshment Break with Exhibitors / Door Prize Drawings

10:30 am - 12:00 pm

Update on the Diagnosis and

Treatment of Bipolar Disorder in Adolescents

Karen Dineen Wagner, M.D., Ph.D

Objectives: Upon completion of this presentation, participants will be able to demonstrate improved competence in diagnosis of bipolar in adolescents.

12:00 pm - 1:30 pm **Annual Business Meeting Lunch** 

1:30 pm - 2:30 pm

**Resident Paper Competition Winning Paper** 

To be Determined

2:30 pm - 2:45 pm

**Break** 

2:45 pm - 4:45 pm

Sleep and Psychiatric Disorders: Evidence Based Practice Philip M. Becker, M.D.

Objectives: Upon completion of this presentation, participants will be able to demonstrate improved competence in the assessment of sleep disorders and the appropriate prescription of sedative medications.

#### Sunday, November 15

8:15 am

**Welcome and Introductions** 

8:30 am - 9:30 am

**Essentials of the Evaluation and Treatment of Thyroid** Disorders: What Every Psychiatrist Should Know and **Use in Practice** 

Randall J. Urban, MD

Objectives: Upon completion of this presentation, participants will be able to demonstrate improved competence in appropriate screening and referral of psychiatric patients with suspected diabetes, hypothyroidism and hypertension.

9:30 am - 10:30 am

**Essentials of the Evaluation and Treatment of Diabetes:** What Every Psychiatrist Should Know and Use in Practice Manisha S. Chandalia, MD

Objectives: Upon completion of this presentation, participants will be able to demonstrate improved competence in appropriate screening and referral of psychiatric patients with suspected diabetes, hypothyroidism, and hypertension.

10:30 am - 10:45 am Break

10:45 am - 12:45 pm

Effective Appraisal of the Medical Literature -Using understanding of study design, levels of evidence, and conflicts of interest in clinical decision-making.

Panel: Pedro L. Delgado, MD; Mauricio Tohen, MD, DrPh, MBA

Objectives: Upon completion of this presentation, participants will be able to demonstrate ability to effectively use the medical literature to make appropriate decisions to optimize patient outcomes.

#### TARGET AUDIENCE / PROGRAM OBJECTIVES

This CME program is designed with didactic lectures, panel discussions and case study presentations in multiple educational sessions. The program is designed to provide its' primary target audience of Psychiatrists, as well as other specialties of medicine, with high-quality, evidence-based, clinicallyrelevant information regarding ethics, new developments in treatment and new directions in research to address the professional practice gaps of the learners and advance the physicians' competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgment of the information presented in the educational activity into their practice.

#### ACCREDITATION

The Texas Society of Psychiatric Physicians designates this educational activity for a maximum of ten (10) AMA PRA Category 1  $\textit{Credits}^{\text{\tiny{TM}}}$ . Physicians should only claim credit commensurate with the extent of their participation in the activity.

The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The presentation entitled "Effective Appraisal of the Medical Literature" has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

Texas Society of Psychiatric Physicians

#### 2009 ANNUAL CONVENTION & SCIENTIFIC PROGRAM

November 13-15, 2009 • Moody Gardens Hotel • Galveston, Texas

Please complete this form and return it with your check, money order or credit card information for your registration and event fees to the Texas Society of Psychiatric Physicians, 401 West 15th Street, Suite 675, Austin, Texas 78701 by October 12 to receive the discounted registration fee. Registration forms and payments by credit card may be faxed to TSPP at 512/478-5223.

Please check if you are a: APA Fellow APA Distinguished Fellow Titus Harris Society Member						
ADDRESS CITY		STATE	ZI	P PHONE		
NAME(S) GUEST(S) ATTENDING (for name badges)						
R E	GIS	T R A	TIC	ON FEES		
Indicate the <b>NUMBER</b> of individuals who are the enrollment fees are <b>PER PERSON</b> and you						
NUMBER ATTENDING EVENT	DISCOUNTED REGISTRATION 6/12 - 10/12		NUMBE	R ATTENDING EVENT	DISCOUNTED REGISTRATION 6/12 - 10/12	AFTER
GOLF OUTING - Thursday #☐ Please Send Me Additional Information.			#	INESS MEETING LUNCH - Saturday TSPP/Academy Member	\$20	\$25
<b>LUNCH PROGRAM</b> - Friday #□ Lunch Program	\$20	\$25	#	MIT (TSPP/Academy) Guest	\$1 <i>5</i> \$20	\$20 \$25
MIT/ECP PROGRAM - Friday # MIT/ECP Program	No Chg	No Chg	# #	ARDS BANQUET - Saturday  Awards Banquet Reception  Awards Banquet	No Chg \$35	No Cho
TITUS HARRIS SOCIETY REUNION RECE # NOT Registered or Scientific Program	PTION - Fride	ay \$50		Reserved Table for 10  NTIFIC PROGRAM - Saturday and Su		\$550
# Registered for Scientific Program	No Chg	No Chg	#	TSPP/Academy Member MIT (TSPP/Academy)	\$195 \$25	\$235 \$35
WELCOME RECEPTION - Friday  #□ NOT Registered or Scientific Program  #□ Registered for Scientific Program	\$40 No Chg	\$50 No Chg	#	Non-Member Physician Non-Member MIT Allied Health Professional Spouse	\$235 \$35 \$105 \$95	\$290 \$50 \$130 \$120
□ Vegetarian Plate Requested. No additional			#	Advocacy Organization	\$20	\$25

If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605.	TOTAL REGISTRATION FEE \$				
PAYMENT INFORMATION					
☐ Check in the Amount of \$ Make Checks Payable to Texas Society of Psychiatric Physicians  Please Charge \$ To My: ☐ VISA ☐ MasterCard ☐ American Express					
Credit Card #	Expiration Date:				
3 Digit Code on Back of Card on Right of Signature Panel					
Name of Cardholder (as it appears on card)					
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Address where you receive your credit card statement (include address, city, state, zip)					
CANCELLATIONS – Deadline for cancellation is October 12, 2009. In the event of cancellation, a full refund will be made if written notice is received in the TSPP office by October 12, 2009, less a 25% handling charge. NO REFUNDS WILL BE GIVEN AFTER OCTOBER 12, 2009.					

RETURN TO:

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS, 401 WEST 15TH STREET, SUITE #675, AUSTIN, TX 78701; PHONE (512) 478-0605 FAX (512) 478-5223

#### **ABOUT THE SPEAKERS**

#### Philip M. Becker, M.D.

President and Founding Partner of Sleep Medicine Associates of Texas, P.A. Medical Director for the Sleep Medicine Institute at Presbyterian Hospital, Dallas Clinical Professor in the Department of Psychiatry University of Texas Southwestern Medical Center Dallas, Texas

#### Manisha S. Chandalia, MBBS, M.D.

Associate Professor

Internal Medicine Division of Endocrinology and Metabolism University of Texas Medical Branch Galveston, Texas

#### Pedro L. Delgado, M.D.

Dielmann Professor and Chairman Department of Psychiatry

Associate Dean for Faculty Development and Professionalism School of Medicine

University of Texas Health Science Center at San Antonio San Antonio, Texas

#### Robert M.A. Hirschfeld, M.D.

Chair, Department of Psychiatry & Behavioral Sciences University of Texas Medical Branch Galveston, Texas

#### Mauricio Tohen, MD, DrPh, MBA

**Endowed Krus Professor** Department of Psychiatry

University of Texas Health Science Center at San Antonio San Antonio, Texas

#### Randall J. Urban, M.D.

Professor, Chief, Endocrinology Division and Director, Endocrinology Fellowship Program **Endocrinology and Starks Diabetes Center** University of Texas Medical Branch Galveston, Texas

#### Karen Dineen Wagner, M.D., Ph.D.

Marie B. Gale Centennial Professor and Vice Chair Department of Psychiatry & Behavioral Sciences Director, Division of Child and Adolescent Psychiatry University of Texas Medical Branch Galveston, Texas

#### EDUCATIONAL GRANTS

 $TSPP\ expresses\ appreciation\ to\ the\ following\ organization\ for\ providing\ an$ independent educational grant in support of the scientific educational program.

7

AstraZeneca

#### TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

# **Annual Convention & Scientific Program**

## "Improving Psychiatric Care and Enhancing Patient Outcomes"

November 13-15, 2009 • Moody Gardens Hotel • Galveston, Texas

Special thanks to the following Sponsors and Exhibitors confirmed to date

#### **SPONSORS**

#### DIAMOND

#### **Texas Foundation for Psychiatric Education and Research**

Sponsor of the Friday Welcome Reception and MIT / ECP Program

#### **PLATINUM**

#### **Polycom**

Sponsor of the Friday Membership Luncheon Program

#### MEETING REGISTRATION

See Registration Form on page 7 or visit the website www.txpsych.org for TSPP Special Discounted Meeting Registration Fees for this year's convention. The earlier you register, the greater the savings!

The TEXAS PSYCHIATRIST is published 6 times a year in February, April, June, August, October and December. Members of Federation member organizations are encouraged to submit articles for possible publication. Deadline for submitting copy to the Federation Executive Office is the first day of the publication month. Copy must be edited, acceptable for publication.

Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

#### **EDITORIAL BOARD**

**Federation Executive Committee** 

#### **MANAGING EDITORS**

John R. Bush Debbie Sundberg

#### **Federation of Texas Psychiatry**

401 West 15th Street, Suite 675 Austin, Texas 78701 (512) 478-0605/(512) 478-5223 (FAX) TxPsychiatry@aol.com (E-mail) http://www.txpsych.org (website)

# **JOB BANK**

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation's JOB BANK on its website at www.txpsych.org. The Federation's JOB BANK could be just what you have been looking for.

#### **EXHIBITORS**

#### **AstraZeneca**

**Bristol-Myers Squibb** 

**Cunningham Group (Malpractice Insurance)** 

**Eli Lilly** 

Janssen

Laurel Ridge Treatment Center, San Antonio

Neuronetics, Inc.

Pamlab, LLC

**Polycom** 

Southwest Mental Health Center, San Antonio

Spirit Lodge, Spicewood

**Texas Foundation for Psychiatric Education and Research** 

#### CALENDAR OF MEETINGS

#### **JULY**

Texas Society of Child & Adolescent Psychiatry Annual Meeting & Scientific Program "Bipolar Disorder in Children and Adolescents: Diagnostic and Treatment Dilemmas"

Omni Fort Worth Hotel, Fort Worth, Texas

TSCAP Discounted Room Rate \$175 / Hotel Reservations Until July 2 or Upon Sell-Out, whichever occurs first / 1-800-843-6664 For additional information please visit www.txpsych.org or call 512-478-0605

#### **SEPTEMBER**

#### **TMA Fall Conference**

Hyatt Regency Hotel, Austin For additional information please visit www.texmed.org or contact TMA at 1-512-370-1300 or 1-800-880-1300.

#### **NOVEMBER**

Texas Society of Psychiatric Physicians 53rd Annual Convention & Scientific Program - Galveston's Back and Better Than Ever - Lots of Fun Activities Planned - Register Early!!

Moody Gardens Hotel, Galveston, Texas

TSPP Discounted Room Rate \$142 / Hotel Reservations

Until October 8 or Upon Sell-Out, whichever occurs first /

1-888-388-8484

For Additional Program Information / Registration 1-512-478-0605 or email tsppofc@aol.com

#### **APRIL 2010**

**Texas Society of Psychiatric Physicians Spring Meeting and CME Program** 

Westin Austin at the Domain (NEW!)

TSPP Discounted Room Rate \$145

For additional information 512-478-0605 or email tsppofc@aol.com

Federation of Texas Ps) 401 West 15th Street, Suite 675 Austin, Texas 78701

RETURN SERVICE REQU