



Texas Society of Psychiatric Physicians NEWSLETTER

JUNE / JULY 2004

A Call to Action

First New Mexico. Then Louisiana. Will Texas be Next?

John R. Bush, Executive Director

“Those who do not do politics will be done in by politics.”— French proverb

Since the mid-1980's, a minority element of organized psychology have religiously worked to gain prescribing privileges through legislative means. In Brent Pollitt's article entitled "Fool's Gold: Psychologists Using Disingenuous Reasoning to Mislead Legislatures into Granting Psychologists Prescriptive Authority," published in the American Journal of Law and Medicine (Vol. 29 No. 4 2003), the author states:

"Psychologists seeking prescriptive authority appear blinded by their own self-interest associated with prescribing medication, willing to distort and totally disregard a multitude of opposing facts, placing patients at harm. Most disturbing about this debate is the unwillingness on the part of the psychologists seeking prescriptive authority to acknowledge a safety issue even exists."

The author concludes: "While the lack of available psychopharmaceutical treatment is a serious concern for all healthcare professionals, patient safety must remain paramount. Increased availability of harmful, substandard treatment is not the solution. The crux of the problem centers on what constitutes satisfactory education and training to grant prescriptive authority. Lowering this standard to allow psychologists to prescribe poses too great a risk to patient safety."

Despite opposition to psychologists prescribing privileges posed by psychiatry and other physicians, by psychologists including the Committee Against Medicalizing Psychology,

and by patient and advocacy organizations including NAMI and the Depression and Bipolar Support Alliance, the New Mexico Legislature in March 2002 and Louisiana Legislature in May 2004 passed bills granting psychologists prescribing privileges. These legislative successes bear out Jesse Jackson's declaration: "In politics, an organized minority is a political majority."

The results achieved by psychologists in our neighboring states emboldens their resolve to achieve the same result in Texas. Will Texas be next? The past president of the Texas Psychological Association has stated that prescribing privileges for psychologists in Texas is inevitable.

The Texas Society of Psychiatric Physicians has twice convincingly defeated psychology's attempt to legislatively gain prescribing privileges in Texas...in 2001 and 2003. Organized psychology will again file their prescribing bill in the Texas Legislature in January 2005 and will vigorously pursue its passage.

The barrier to psychology's success in Texas in 2005 will be the same barrier that prevented their legislative efforts 2001 and 2003...the Texas Society of Psychiatric Physicians and its coalition partners from organized medicine, individual practicing psychologists and mental health advocacy organizations.

Psychologists' arguments for prescribing privileges given in New Mexico, Louisiana, Texas and numerous other states where similar bills have been filed, have included the following: 1) psychologists' education and clinical

training better qualify them to diagnose and treat mental illness in comparison with primary care physicians; 2) the Department of Defense Psychopharmacology Demonstration Project (PDP) demonstrated non-physician psychologists can prescribe psychotropic medications safely; 3) the recommended post-doctoral training requirements adequately prepare psychologists to safely prescribe psychotropic medications; 4) this privilege will increase availability of mental health services, especially in rural areas; and 5) this privilege will result in an overall reduction in medical expenses, because patients will visit only one healthcare provider instead of two – one for psychotherapy and one for medication.

These are all examples justifying the title of Mr. Pollitt's article, "Fool's Gold: Psychologists Using Disingenuous Reasoning to Mislead Legislatures into Granting Psychologists Prescriptive Authority." Each of these points may be easily rebutted by facts, science, and medical experience.

If this is so, why did the legislators in New Mexico and Louisiana approve bills granting psychologists prescribing privileges? Facts, science and medical experience are only weapons used to rebut the reasons given by psychologists justifying prescribing privileges. But the battle ground is politics. Using facts, science and medical experience in the political arena, TSPP will once again lead an aggressive campaign to prevent legislation that will establish substandard levels of care for persons with psychiatric illnesses in our state.... "care" that endangers the safety and welfare of patients.

Every member of TSPP can offer numerous facts, scientific evidence and practical medical experience to discredit the ill-conceived initiative to allow psychologists to prescribe medications to patients. But, is every member of TSPP prepared to engage in the critical stage of the battle...the battle in the political arena?

To begin to answer this question, every TSPP member must accept the fact that the battle is already underway. The battle began in Texas in 2001 when psychologists first introduced their prescribing bill. If Texas psychiatrists and our coalition partners wait until January 2005 to enter the battle, when the psychologists make their third attempt to pass their bill, the chances for their success increases. We can not afford to wait. Every psychiatrist must begin today, and continue through the General Election in November, to proactively form relationships with their legislators.

Commenting on their legislative victory in New Mexico, a leader of their state psychology organization, Mario Marquez, PhD, said: "To me, the bottom line is we developed relation-



JOHN R. BUSH

ships with legislators. We educated them about psychology and we made friends with them in some cases."

The psychologists in New Mexico, and perhaps Louisiana, clearly understood the importance of engaging in battle in the political arena and forming relationships with their legislators. They followed the advice of Paul Lazarsfeld: "In politics, familiarity doesn't breed contempt. It breeds votes."

To launch our initiative in the political arena, TSPP will be forming Political Advocacy Committees in each Chapter in the next few weeks to help coordinate crucial grassroots political activities, recognizing the wisdom of former Speaker Tip O'Neill's adage: "All

continued on page 3

Why should I be active in the political process?

12 reasons, just to mention a few.....

1. [On the New Mexico victory by psychologists] To me, the bottom line is we developed relationships with legislators. We educated them about psychology and we made friends with them in some cases. — *Mario Marquez, PhD, New Mexico Psychological Association*
2. Just because you do not take an interest in politics doesn't mean politics won't take an interest in you. — *Pericles*
3. One of the penalties for refusing to participate in politics is that you end up being governed by your inferiors. — *Plato*
4. Those who do not do politics will be done in by politics. — *French Proverb*
5. All politics are based on the indifference of the majority. — *James Reston*
6. I believe there's something out there watching over us. Unfortunately, it's the government. — *Woody Allen*
7. If I seem to take part in politics, it is only because politics encircles us today like the coil of a snake from which one cannot get out, no matter how much one tries. I wish therefore to wrestle with the snake. — *Mabatma Gandbi*
8. In politics, stupidity is not a handicap. — *Napoleon*
9. No man's life, liberty or property are safe while the legislature is in session. — *Judge Gideon J. Tucker*
10. In politics, familiarity doesn't breed contempt. It breeds votes. — *Paul Lazarsfeld*
11. In politics, an organized minority is a political majority. — *Jesse Jackson*
12. All politics is local. — *Tip O'Neill*

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It Takes a Physician...

After returning from a recent vacation trip to Northwest Arkansas (beautiful scenery, a relaxing cabin on a mountain summit, wonderful restaurants in and near Eureka Springs), I began perusing my now-voluminous e-mail account. I ran across a most interesting entry on the APA listserv entitled, "Surgical Psychiatrist." This article was written by Christopher D. Bojrab, MD, of the Indiana Medical Group in Indianapolis. Dr. Bojrab has graciously given TSPP permission to reprint this work — it follows in its entirety. Please read on:



J. CLAY SAWYER, MD
President

Following on the heels of Louisiana's decision to grant prescriptive authority to psychologists, Chris Bojrab, MD has started a grass roots movement that would permit psychiatrists to perform neurosurgical procedures. Citing increasing difficulties in accessing quality neurosurgical care, especially in rural areas which are underserved, Dr. Bojrab believes that properly trained psychiatrists could safely and effectively perform operations for the treatment of tumors, aneurysms, subdural hematomas, refractory seizure disorders and other conditions that have traditionally been treated by physicians who spend seven to nine years in specialized training after

medical school. "Psychiatrists are practically neurosurgeons already" states Dr. Bojrab, "I mean, I did sit in on a couple of procedures while in medical school." Dr. Bojrab went on to say "You know, the right side of the brain controls the left side of the body, the left side of the brain controls the right side of the body. . . . Jeez, how hard can it be? It's not like its brain surgery or something. . . er, well, OK it is exactly like brain surgery. But it is not rocket science, yeah, that's it. . . its not rocket science" When asked about what type of additional training would be necessary to adequately prepare a psychiatrist to function as a neurosurgeon Dr. Bojrab

commented "Lets see, the California School of professional psychology offers a masters in psychopharmacology in 25.6 hours which meets the American Psychological Association's level III training standard. Louisiana apparently is of the opinion that such training would qualify a psychologist for the title "medical psychologist" allowing them to function as a psychiatrist who has spent approximately 26,000 hours of training during medical school and residency. By extrapolation, using this 1:1000 ratio, I am confident that a psychiatrist could be trained as a "surgical psychiatrist" in roughly 15 hours. I mean, come on now, at least we already went to medical school. Its not like we're starting from scratch." "This is about what is best for patients" commented Dr. Bojrab. "The fact that it would also throw some serious Benjamin's our way is really a side issue and never even entered our minds." Responding to critics who have called his plan "ill-conceive," "irrational," "financially motivated," or "self-serving," Dr. Bojrab replies "Those guys are just seeing this as a guild issue. They have to wake up to the reality that this is a new time in the practice of medicine. It's called legislation instead of education. . . . ride the wave or be swept away by it!" Unfortunately, Dr. Bojrab was unavailable for additional comments when his plane (which was being flown by a flight attendant who thought it would be "way cool to fly jets" and received her "piloting attendant" license at a weekend "resort course" during a layover in the Bahamas) went down somewhere over the eastern United States.

nizations have included in their reasoning many ill-advised statements as to why they should be granted prescribing privileges, including increasing their market share and increasing their income. They try to draw the specious argument that patients would have greater access to care (quality of care is never mentioned) in underserved areas while ignoring the fact that psychologists and psychiatrists practice in essentially the same geographic areas. The arrogant contempt that these leaders appear to demonstrate for the safety of all patients and for the quality of care these patients rightfully expect boggles the mind. And yet...they have successfully used these arguments to convince lay legislators to enact such prescribing privileges in both New Mexico and in Louisiana. The new law in Louisiana apparently allows masters-level therapists to become "medical psychologists," as well!

Evidence exists that these leaders do not represent the majority views of their memberships. Our membership, however, has clearly given TSPP the charge to prevent such arguments from ever gaining momentum in Texas law. To that end, I encourage one and all to attend the annual TSPP Leadership Conference this August — details appear elsewhere in this issue. Learn how to effectively articulate our message on behalf of our patients to our legislators so as to prevent non-physicians from practicing medicine without the rigorous training, and the license, to do so.

(If you have read this far, please e-mail TSPP at TSPPofc@aol.com so that your name may be entered in a drawing for a door prize at the Annual Meeting this November in San Antonio! You must be present to win.)

Let Dr. Bojrab's fine treatise serve both to remind us of the potential dangers ahead and to encourage us to refocus our efforts. Let's not allow "legislation instead of education" to become the path to any kind of medical practice. As leaders in the medical field, it is our responsibility, and our duty to our patients, to work to educate our own lay legislators so that such catastrophic developments never mar the landscape of Texas medicine.



I was most impressed with Dr. Bojrab's tongue-in-cheek commentary on recent developments regarding the issue of prescribing privileges for psychologists. His humorous statements both parallel and accurately reflect the shallow and self-serving nature of the arguments presented by the leadership of the Texas Psychological Association and by the leadership of the American Psychological Association. The leaders of both of these orga-

MEMBERSHIP CHANGES

NEW MEMBERS

The following membership applications have been approved by the Executive Committee and have been transmitted to the APA.

MEMBER IN TRAINING

Bingman, Jana, MD
Lastowski, Lisa, MD

GENERAL MEMBER

Bashir, Kauser, MD
Collier, Robert O., MD
Dhingra, Davinder, MD
Love, David, MD
Minirth, Franklin, MD
Shogren, Dawn, MD
Way, Mary, MD

MIT ADVANCEMENT TO GENERAL MEMBER

Arene, Ifeoma, MD
Wakhlu, Sidarth, MD

GENERAL MEMBER TO INACTIVE

Lawn, Beryl, MD

TRANSFERS FROM OTHER DISTRICT BRANCHES

Canon, Javier, MD
Chirieac, Liana, MD
Faubion, Matthew, MD
Knox, Daryl, MD
Preda, Adrian, MD
Renaghan, Thomas, MD
Rose, Robert M., MD
Sherman, Laura, MD
Weathers, J. Don, MD

I N M E M O R I A M

Sydney Bergen Morrison, MD
Waco, Texas

Mental Illness Awareness Week - 2004

Planning should be underway in each TSPP Chapter for Mental Illness Awareness Week 2004, the first week in October. The purpose of MIAW is to increase the public's understanding of mental illnesses and psychiatric treatments. MIAW provides an annual opportunity to address three primary goals: 1) to encourage psychiatrists to collaborate with mental health advocacy organizations in the planning and implementation of MIAW activities; 2) to produce a variety of educational outreach programs to reach as

broad an audience as possible; and 3) to involve community leaders, policymakers, educators, clergy, the media etc. in delivering positive and informative messages about psychiatric illnesses.

Again this year, the Texas Foundation for Psychiatric Education and Research will provide grants to TSPP Chapters to help underwrite the expenses of MIAW activities. Each Chapter President will receive information about funds available for each Chapter as well as grant application forms. To apply for these

MIAW grants, Chapter Presidents should submit the Chapter's grant request to the Foundation prior to August 1. A Foundation Grants Review Committee will evaluate grant requests and will forward funding recommendations to the Foundation's Executive Committee for final approval. An important consideration in determining funding amounts will be the level of participation by psychiatrists in MIAW activities. Funds will be distributed to Chapter Presidents by September 15. As a condition of accepting a grant from the

Foundation, a Chapter receiving a grant is expected to submit a brief written report about its MIAW activities to the Foundation by November 1.

Mental Illness Awareness Week is an excellent opportunity to educate the public about mental illnesses and to foster working relations with patient advocacy groups in each community. TSPP and the Foundation encourages all Chapters to participate this year.



First New Mexico. Then Louisiana. Will Texas be Next?

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Politics is Local." The purpose of all political activities will be to encourage members to form relationships with their legislators – one on one. Activities may include meetings with legislators in their District Offices, inviting legislators and candidates to speak at Chapter meetings, volunteering to help in elections from putting up yard signs to distributing literature, and financially supporting candidates.

In addition to participation in these grassroots activities, there are other measures you can undertake to help and participate:

1. If you are interested in participating in TSPPs grassroots activities, please contact the TSPP Office.
2. If you already have a relationship with a legislator, please let the TSPP Office know.
3. If you know of psychologists in your community who oppose prescribing privileges, ask for their assistance and let TSPP know how to contact them.
4. If you are not already involved with our allies, the mental health advocacy organizations, please become involved and help inform

them about the requirements needed to safely and effectively prescribe medications.

5. If you have not yet made plans to attend TSPPs Leadership Conference on August 7-8 in San Antonio at the Hyatt Regency Hill Country Resort, please do so today! With our Coalition partners, we will all benefit from the informative and inspiring program that will be presented by Joel Roberts.

Please become involved now in TSPPs political advocacy activities in preparation for the 2005 Texas Legislative Session, keeping in mind the

old French proverb: "Those who do not do politics will be done in by politics." With your active participation in the political process, Texas will not succumb to accepting substandard and potentially harmful levels of medical care for the citizens of our State who seek treatment for psychiatric illnesses, as has been the case in two adjoining states.



TSPP Action Paper Approved

On May 2, 2004, the APA Assembly approved an Action Paper submitted by TSPP requesting that APA study and consider changing the governance structure of the APA to allow for the Assembly to be the governing body of the organization instead of the Board of Trustees.

Action Paper

Subject: Review of APA Governance

Intent: Increase membership, decrease unnecessary expenses and have costs correlate with function.

Problem: The APA needs to attract and keep members and cut costs. APA membership across the country is not increasing on any sustained basis - despite increasing numbers of psychiatrists - and in most places, is declining. The most commonly cited reason for drops is financial. We cannot afford superfluous or unnecessary expenses.

The Assembly has no governance authority; this resides with the Board of Trustees. As an example, a recent legal opinion notes that, while the APA Bylaws state that District Branches shall be established, continued or dissociated according to the Procedural Code of the Assembly, the Board of Trustees may *unilaterally* create or dissociate a District Branch, thus even defining the membership of the Assembly. A review of the Action Papers presented at this Assembly (Spring 2004) meeting reveals that ten of the eighteen papers involve issues of governance, possibly reflecting frustration among Assembly members that the only thing over which we perceive having authority is our own governance. We cannot afford \$780,000 each year of our members' dues for meetings of a large body which is only advisory. Other medical organizations, e.g. The American Medical Association, have working models in which their Assembly-like bodies are the policy-making bodies for the organizations.

Alternatives:

1. Continue the status quo, expecting ever-increasing costs, increasing dues and declining membership.
2. Change the APA Bylaws to abolish the Assembly.
3. Change the APA Bylaws to make the Assembly the policy-making body.
4. Ask the Board of Trustees and the Assembly Executive Committee to
 - a) coordinate (or appoint a committee to coordinate) with liaisons to other professional organizations, a review of the structure of those organizations
 - b) investigate the effectiveness of a model with the Assembly as the policy-making body of the APA, and
 - c) provide the Fall 2004 Assembly with a report.

Recommendation: Option 4

Implementation: To the Board of Trustees.

Estimated Cost: Unknown

Submitted by: Priscilla Ray, MD, A. David Axelrad, MD, J. Clay Sawyer, MD
Representatives, Texas Society of Psychiatric Physicians

Endorsed by: Executive Committee, Texas Society of Psychiatric Physicians,
March 8, 2004
Executive Council, Texas Society of Psychiatric Physicians,
April 4, 2004

Strategic Goal: Advocating for Profession

CALL FOR ENTRIES

2004

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

RESIDENT PAPER COMPETITION

Papers are now being accepted for the 2004 Residents' Paper Competition! Entries must be an original work produced by a resident member of TSPP while in residency training. The paper may be a piece of original research, literature review or discussion on a topic of interest to psychiatrists and should be 10-12 type-written, double-spaced pages (excluding references). In the case of multiple author papers, the resident must be the one who has done the bulk of the research and writing. A statement to this effect must accompany the paper from the co-authors.

The winner will be announced in advance, and the paper presented at the November 13-14, 2004 TSPP Annual Convention and Scientific Program at the Omni Hotel in San Antonio, Texas. All papers entered in the competition will be recognized at the meeting. The winner will receive a certificate presented in recognition of the presentation, as well as a \$250 honorarium and waiver of the scientific program registration fee and one night's hotel accommodation at the host hotel. Runners-up will be invited to present their papers as posters, the poster session to be held Friday, Saturday and Sunday, November 12-14 during the hours of the welcome reception and scientific program. Residents submitting papers will be notified of the judges' decision no later than September 30.

The 2004 Scientific Program, will address the following:

- Borderline Personality Disorders
- Bipolar Disorders
- Child & Adolescent Issues
- Obsessive Compulsive Disorder
- Psychiatric Aspects of Fibromyalgia

SEND TWO COPIES
OF YOUR MANUSCRIPT TO:

Texas Society of Psychiatric Physicians
401 West 15th Street, Suite 675
Austin, Texas 78701

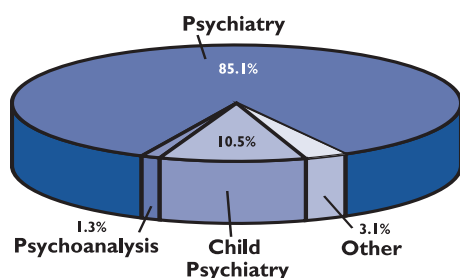
**DEADLINE FOR SUBMISSION OF
PAPERS IS AUGUST 1, 2004**

A Profile of Psychiatry in Texas

According to data from the Texas State Board of Medical Examiners as of January 2004, 2,723 physicians were licensed to practice medicine who reported their specialty (primary or secondary) as psychiatry, child psychiatry or psychoanalysis. Of the total psychiatrists licensed by the Board, 2,109 practice in Texas (77.5%).

The distribution of Texas psychiatrists by primary specialty is: Psychiatry (85.1%), Child Psychiatry (10.5%), Psychoanalysis (1.3%), and Other (3.1%).

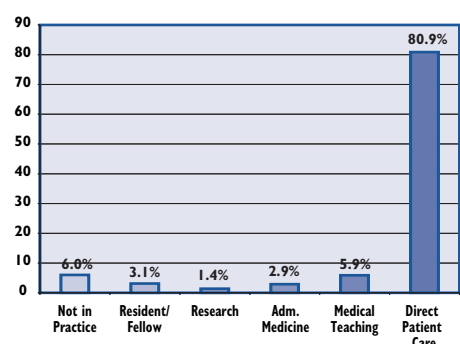
Distribution by Primary Specialty



Practice Information

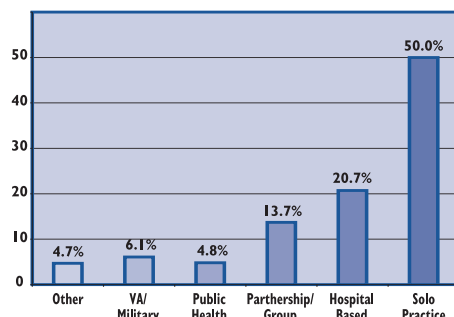
Considering Practice Type, 80.9% of Texas psychiatrists provide Direct Patient Care, while 5.9% are in Medical Teaching, and 2.9% report their practice type as Administrative Medicine.

Practice Type



The Practice Setting for most psychiatrists is solo practice (50%), followed by hospital based (20.7%) and partnership/group (13.7%).

Practice Setting



Over 70% of psychiatrists report practice time over 40 hours per week:

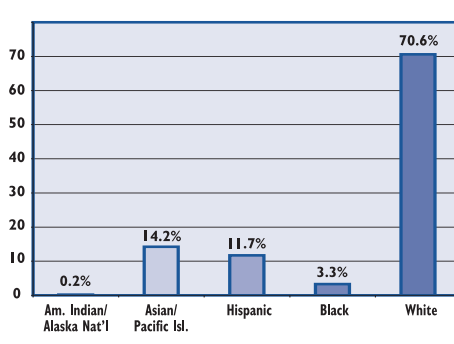
Practice Time	Percent
40+ hours/wk	72.5%
20-39 hours/wk	16.0%
11-19 hours/week	5.1%
1-10 hours/wk	6.4%

Demographics

The allocation of Texas psychiatrists by gender is 65.7% male and 34.3% female.

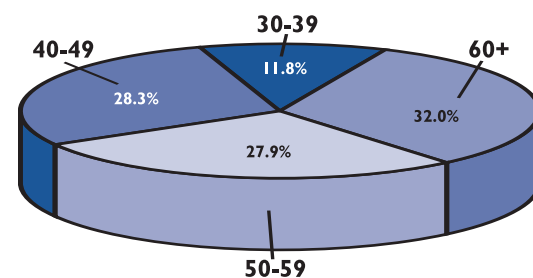
The following is the distribution of Texas psychiatrists by ethnicity:

Ethnicity



Age of Texas Psychiatrists

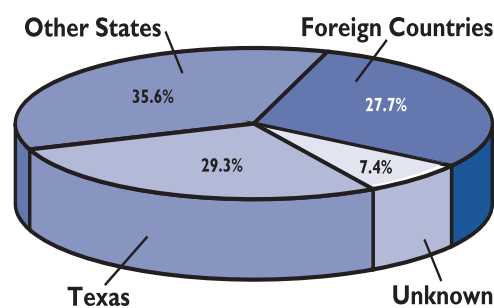
Almost 60% of Texas psychiatrists are 50 years of age or older:



Place of Birth

Place of Birth

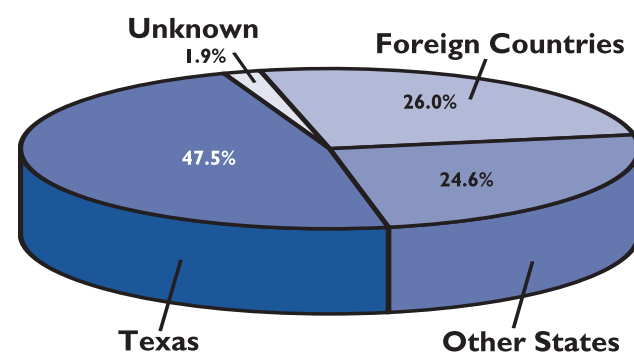
Origins of psychiatrists practicing in Texas is diverse. Only 29.3% were born in Texas, while 45 other states and the District of Columbia have contributed 35.6% of psychiatrists. Psychiatrists born in 75 foreign countries constitute 27.7% of practicing psychiatrists in Texas.



Education

Almost 50% of Texas psychiatrists attended medical school in our state.

Location of Medical School



UTMB has provided most of the psychiatrists who attended medical school in Texas, followed by UT Southwestern, UT Houston and UT San Antonio.

Medical School	Number	Percent
Baylor	114	11.4%
Texas A&M	32	3.2%
Texas Tech	39	3.9%
U of North Texas	35	3.5%
UTMB	331	33.0%
UT Houston	144	14.4%
UT San Antonio	141	14.1%
UT Southwestern	166	16.6%

Residential Rehabilitative Services for Children

The Texas Health and Human Services Commission has announced its intent to submit an amendment to the Texas State Plan for Medical Assistance, under Title XIX of the Social Security Act. This purpose of this amendment is to provide for residential rehabilitative behavioral health services for children. Residential Rehabilitative Behavioral Health Services are those services determined to be necessary for the treatment of a condition identified through an EPSDT screen and recommended by a licensed practitioner of the healing arts as medically necessary to reduce a child's disability resulting from serious emotional/behavioral disorders and to restore or maintain the child at his/her best possible functioning level in the community. These behavioral health services are provided in residential child care facilities licensed by the State of Texas and certified under requirements adopted by the single state agency.

The proposed amendment is to be effective June 1, 2004 and is expected to increase the amount of federal matching funds to the state. The proposed amendment is estimated to result in increased annual aggregate expenditures of \$5,527,612 with increased federal matching funds of \$3,350,962 for state fiscal year 2004, and \$33,198,873 with increased federal matching

funds of \$20,208,154 for state fiscal year 2005.

To obtain copies of the proposed amendment, interested parties may contact Carolyn Pratt by mail at Rate Analysis Department,

Texas Health and Human Services Commission, 1100 W. 49th Street, H-400, Austin, Texas 78756-3199 or by telephone at (512) 491-1359. Copies of the proposal will

also be made available for public review at the local offices of the Texas Department of Human Services.

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TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS 2004 Annual Convention & Scientific Program: “Beyond Essentials: Excellence in Texas Psychiatry”

November 12-14, 2004 • Omni Hotel • San Antonio, Texas

MEETING LOCATION

The Annual Convention and Scientific Program will be held November 12-14, 2004 at the Omni Hotel, 9821 Colonnade Blvd., San Antonio, Texas. Overlooking the rolling Texas hill country, this 19-story AAA Four Diamond hotel is close to the area's most exciting sites and attractions San Antonio offers.

TSPP has negotiated an extremely reasonable rate of \$95.00 for convention attendees. Hotel reservations may be made by referring to the Group and Meeting Name and calling the Omni San Antonio Hotel at 1-210-691-8888 or by calling Central Reservations at 1-800-THE-OMNI prior to the cut-off date of October 12.



ANNUAL BUSINESS MEETING AND LUNCHEON

Plan to join your colleagues on Saturday at the TSPP Annual Business Meeting and Luncheon. The luncheon will feature the election of Officers for 2005-2006. The Foundation Annual Business Meeting will update members on the progress of its' charitable activities.

SOCIAL ACTIVITIES

The convention will officially open with a complimentary wine and cheese reception in the Exhibit Hall for convention registrants and their spouse/guest on Friday evening. Saturday evening TSPP will provide shuttle buses from the Omni Hotel to the Riverwalk area for a festive reception at one of San Antonio's

historic spots, followed by a leisurely evening enjoying Riverwalk's many attractions.

ACCREDITATION

The Texas Society of Psychiatric Physicians designates this educational activity for a maximum of ten (10) Category 1 credits toward the AMA Physician's Recognition Award. Each physician should claim only those credits that he/she actually spent in the activity.

The presentation "Ethics Update" has been designated by the Texas Society of Psychiatric Physicians for 1 hour of education in medical ethics and/or professional responsibility. The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

2004 Annual Convention Contributors/ Exhibit Hall: TSPP is pleased to recognize the following confirmed contributors and unrestricted educational grants to the 2004 Annual Convention and Scientific Program:

PLATINUM

Abbott Laboratories
AstraZeneca Pharmaceuticals
GlaxoSmithKline
Texas Foundation for
Psychiatric Education and Research

SILVER

The Psychiatrists' Program
American Psychiatric Publishing, Inc.

SCIENTIFIC PROGRAM AGENDA

Saturday, November 13

9:00 am - 10:30 am

Treating Borderline Personality Disorder in Public Services

Presenter: Elizabeth F. Weinberg, MD
Co-Presenters: A. John Sargent, III, MD and Avrim B. Fishkind, MD

11:00 am - 12:30 pm

New Patient Oriented Research Findings in Bipolar Disorders: Maintenance Treatment: Illness Course and Specific Drug Efficacy

Presenter: Charles L. Bowden, MD

Imaging the Hippocampus, Amygdale and Prefrontal Cortex in Bipolar Disorder in Adolescents and Adults

Co-Presenter: Jair C. Soares, MD

Mixed States in Bipolar Disorders: How to Classify and Treat

Co-Presenter: Vivek Singh, MD

2:00 pm - 3:30 pm

Case Presentations: Treatment of Severe Mood Lability and Aggression in Adolescents in the Juvenile Justice System

Presenter: Brigitte Y. Bailey, MD
Co-Presenters: Anne T. Lopez, PhD and Steven R. Pliszka, MD

4:00 pm - 5:30 pm

Stereotactic Functional Neurosurgery for Severely Disabling, Medically Intractable Psychiatric Disorders

Presenter: Terrence S. Early, MD
Co-Presenter: Haring J. W. Nauta, MD, PhD

Sunday, November 14

8:15 am - 9:15 am

Resident Paper Competition Winner (Speaker/Title/ Objectives Pending Selection of Resident Paper Winner in August)

9:15 am - 10:15 am

Ethical Considerations in Privacy for Couples, Families and Groups: Split Alliances, Dual Duties, and Trust

J. Ray Hays, PhD, JD

10:30 am - 12:30 pm

Fibromyalgia Syndrome: Diagnosis, Pathogenesis and Management

I. Jon Russell, MD, PhD

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS 2004 ANNUAL CONVENTION & SCIENTIFIC PROGRAM

November 12-14, 2004 • Omni Hotel, San Antonio, Texas

Please complete this form and return it with your check, money order or credit card information for your registration and event fees to the Texas Society of Psychiatric Physicians, 401 West 15th Street, Suite #675, Austin, Texas 78701 by **October 24** to receive the discounted registration fee. Registration forms and payments by credit card may be FAXED to TSPP at 512/478-5223.

NAME _____ E-MAIL _____
ADDRESS _____ CITY _____ STATE _____ ZIP _____ PHONE _____
NAME(S) SPOUSE/GUEST(S) ATTENDING (for name badges) _____

REGISTRATION FEES

Indicate the **NUMBER** of individuals who are registered for each event in the appropriate enrollment category listed below. Please note the enrollment fees are **PER PERSON** and your payment should reflect the proper fee for the number of individuals registered per event.

NUMBER ATTENDING EVENT	DISCOUNTED REGISTRATION (If postmarked before 10/24)	AFTER 10/24	NUMBER ATTENDING EVENT	DISCOUNTED REGISTRATION (If postmarked before 10/24)	AFTER 10/24
WELCOME RECEPTION - Friday Evening			COMMITTEE MEMBER LUNCHEON		
# <input type="checkbox"/> NOT Registered for Scientific Program	\$40	\$50	# <input type="checkbox"/> Committee Member Luncheon – Friday	\$15	\$20
# <input type="checkbox"/> Registered for Scientific Program TSPP Members/Non-Members/ Spouse/Guest	No Chg	No Chg	TSPP AWARDS BANQUET – Friday Evening		
SCIENTIFIC PROGRAM - Saturday and Sunday			# <input type="checkbox"/> Awards Presentations/Banquet	\$25	\$35
# <input type="checkbox"/> TSPP Member	\$190	\$235	ANNUAL BUSINESS MEETING LUNCHEON		
# <input type="checkbox"/> TSPP MIT/Medical Student	\$25	\$35	# <input type="checkbox"/> Annual Business Meeting and Luncheon – Saturday	\$15	\$20
# <input type="checkbox"/> Non-Member	\$235	\$290	TSPP RIVERWALK RECEPTION – Saturday Evening		
# <input type="checkbox"/> Non-Member MIT/Medical Student	\$35	\$50	# <input type="checkbox"/> Riverwalk Reception	\$15	\$25
# <input type="checkbox"/> Allied Health Professional	\$105	\$130	TOTAL REGISTRATION FEE ENCLOSED \$ <input style="width: 100px; height: 20px;" type="text"/>		
# <input type="checkbox"/> Spouse	\$95	\$120			
# <input type="checkbox"/> Advocacy Organization Leadership	\$35	\$50			



If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605.

METHOD OF PAYMENT - Make checks payable to "Texas Society of Psychiatric Physicians"

Method of Payment

Check VISA MasterCard **Credit Card #** _____ **Exp. Date** _____

Name of Cardholder (as it appears on card) _____

Signature _____

Credit Card Billing Address _____
ADDRESS _____ CITY _____ STATE _____ ZIP _____

CANCELLATION POLICY: In the event of cancellation, a full refund will be made if **written notice is received in the TSPP office by October 24, 2004, less a 25% handling charge. No refunds will be given after October 24, 2004.**

Return to: TSPP • 401 West 15th Street, Suite #675 • Austin, TX 78701 • (512) 478-0605 • FAX (512) 478-5223

Together, We Do Make a Difference!

TSPPs Mental Illness Awareness Coalition Summer Leadership Conference

Make plans to attend "Together, We Do Make a Difference!" TSPPs Leadership Conference August 7-8, 2004 in San Antonio! On August 7, join leaders of the Mental Health Association in Texas, NAMI Texas, Texas Depression and Bipolar Support Alliance, Texas Mental Health Consumers, Texas Medical Association and the Texas Society of Psychiatric Physicians as we join forces once again to participate in a media training program conducted by Joel Roberts and plan for the 2005 Texas Legislative Session. On the morning of August 8, TSPP members will convene for a strategic planning meeting.

The conference will be conducted at the Hyatt Regency Hill Country Resort. Discover the warm, rough-hewn, casual traditions of a Texas ranch house just a stone's throw from downtown San Antonio. A rolling landscape welcomes you to this 200-acre wooded retreat inspired by the essence of the Texas Hill Country. For fun in the sun, there's a four-acre water park. Drift along a 950-foot Ramblin' River, or dive into one of two swimming pools separated by a cascading waterfall. Enjoy golf

on an 18-hole Arthur Hills masterpiece, tennis of pampering in a spacious health club with sauna, massage and salon. You're just minutes from the Alamo, Six Flags Fiesta Texas and SeaWorld of Texas. Take in a rodeo or hop in the saddle at a local dude ranch. You'll find it all at Hyatt Regency Hill Country Resort. A great location for a conference and family weekend. Call the hotel (210/647-1234) by July 6 to make your reservations and take advantage of TSPPs discounted room rate of \$179 single/double per night.

Joel Roberts is back by popular demand and will conduct his media training seminar, "Advocating with Impact from CNN to Capitol Hill." A former ABC radio talk show host in Los Angeles, Joel has provided media training to mental health advocates and psychiatrists throughout the country. He has provided training on two previous occasions to TSPP members, prompting evaluations such as: "This was by far the most valuable educational experience on patient advocacy and influencing public policy that I have had in all my training. I sincerely wish every psychiatrist in the state/country

could have this experience;" "Focused my ability to present information concisely and hopefully effectively. Encouraged my involvement in media for public information on mental health issues;" and, "An important wake-up call coupled with empowering information. Excellent training and materials enhanced by Joel's humor and sensitivity to the different tempera-

ments. Socratic method encouraged critical thinking. Interactive mode built camaraderie. Practical advice for dealing with the media, lay legislators, and public quite valuable. Well worth the time and expense to come."

Make your reservations today. Bring your family and plan to have an educational and fun experience.



REGISTRATION FORM

Registration Deadline: August 1, 2004 ★ Hotel Deadline: July 6, 2004

Please mail or fax Registration with payment to:
TSPP, 401 West 15th St. #675, Austin, TX 78701; 512/478-5223 (fax)

REGISTRATION INFORMATION

Attendee(s): _____

Address: _____ City: _____ ST _____ Zip _____

Affiliated with: MHA NAMI DBSA TMHC TSPP Other _____

Work Phone: _____ Fax: _____ Email: _____

Total number attending: _____

REGISTRATION FEES

- No. _____ Physicians @ \$45 each
- _____ Resident Physicians, Allied Health Professionals, Spouses @ \$25 each
- _____ Coalition Partners @ \$20 each

TOTAL DUE: \$ _____

PAYMENT INFORMATION

Enclosed is a check for \$ _____ Make checks payable to Texas Society of Psychiatric Physicians

Please charge my credit card: (check one)

MasterCard Visa

Account #: _____ Expiration Date: _____

Cardholder Name: _____

Signature: _____

SCHEDULE

Saturday, August 7 (For all Coalition Partners)

"Advocating with Impact from CNN to Capitol Hill"

- 9:30 am Interactive Media Training with Joel Roberts
- 12:00 pm Luncheon Program Featuring, Eduardo Sanchez, MD, MPH (invited), Commissioner, Dept. Of State Health Services
- 2:00 pm Advocating for Legislative Priorities: Interviews with Joel Roberts
- 4:00 pm Adjourn
- 6:30 pm Reception

Sunday, August 8 (For TSPP Members)

"Organized Psychiatry: Effective Advocacy for Our Patients"

- 9:15 am "Good Morning Texas" with Joel Roberts
- 10:30 am Chapter Reports: The Vital Grassroots
- 11:00 am Political Advocacy
- 11:15 am Restructuring Organized Psychiatry In Texas
- 12:00 pm Adjourn

Deputies Named to New Department of State Health Services

Health and Human Services Executive Commissioner Albert Hawkins recently announced the selection of Dr. Nick Curry as Deputy Commissioner for Public Health and Regulatory Programs and Dr. Dave Wanser as Deputy Commissioner of Behavioral and Community Health at the new Department of State Health Services.

Dr. Curry is currently Executive Deputy Commissioner for the Texas Department of Health (TDH). At TDH, Dr. Curry oversees programs ranging from licensing and certification to disease prevention and control, health disparities, bioterrorism and emergency preparedness plans, epidemiology, environmental health. He also oversees the TDH laboratory, which is one of the largest in the world.

Dr. Curry is board certified in public health, general preventive medicine and quality assurance. Before becoming Executive Deputy

Commissioner at TDH in 2003, Dr. Curry was public health Region 1 director in Lubbock. He also has been chief of clinical services for the Houston Department of Health and Human Services and director of the Tarrant County and Fort Worth Health departments. He received his medical degree from Baylor College of Medicine in Houston.

Dr. Wanser has served as the Executive Director of the Texas Commission on Alcohol and Drug Abuse since 2001 and is chair of the statewide Drug Demand Reduction Advisory Committee. He also spent 14 years at the Texas

Department of Mental Health and Mental Retardation, where he was director of the NorthSTAR Behavioral Health Program and director of behavioral health services. Wanser is first vice-president of the Board of Directors of the National Association of State Substance Abuse Directors. He received his Ph.D. in psychology from the University of Oklahoma.

The selection of Drs. Curry and Wanser complete the appointments to the two Deputy Commissioner positions at the Department of State Health Services. Both Deputies will report to the Commissioner of the Department,

Eduardo Sanchez, MD, MPH.

House Bill 2292 from the 78th Texas Legislature mandated a fundamental transformation of health and human services in Texas by consolidating 12 existing agencies into four departments under the oversight of HHSC. The Department of State Health Services consolidates functions from the Texas Department of Health, the Texas Department of Mental Health and Mental Retardation, and the Texas Commission on Alcohol and Drug Abuse. The Department of State Health Services will begin consolidated operations on September 1.



Christian Psychiatrist.

Multi-specialty private practice in Florence, SC dedicated to providing the best of mental health care integrated with the truths of the Christian faith seeks strong generalist to do outpatient work in busy practice of three clinical psychologists and one counselor. Less than 10% managed care. This is a dream job for someone who wants to practice from a position of faith (as appropriate) and be very busy very quickly. Contact Dr. Avie Rainwater at 843/667-4949.

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If you have your malpractice insurance through The Psychiatrists' Program you can rest assured. With a simple toll-free call, a risk manager can assist you with the immediate steps you need to take to protect your practice.

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TSPP Awards Banquet

The TSPP Past President's Council invites all members to attend the TSPP Awards Banquet to help honor the recipients of TSPP Awards, scheduled for Friday, November 12, 2004 at 7:00 pm at the Omni Hotel in San Antonio. The Convention Welcome Reception with Contributors will precede the banquet from 6:00 - 7:00 pm. Reservations for the Awards Banquet may be made by completing and returning the registration materials for the 2004 TSPP Annual Conference and Scientific Program, "Beyond Essentials: Excellence in Texas Psychiatry," which has been mailed to all members and is available on TSPP's website at www.txpsych.org.

The Awards Banquet honor 9 individuals this year:

The **TSPP Distinguished Service Award**, established in 1975 to recognize individuals for sustained contributions to psychiatry, will be presented to **Charles L. Bowden, MD** (San Antonio) and **Jefferson E. Nelson, MD** (Austin).

Former recipients of the Distinguished Service Award include: *Irvin M. Cohen, MD (Houston/1975), Arlin Cooper, MD (El Paso/1976), Shannon Gwin, MD (Corpus Christi/1976), Walter Reifslager, MD (Austin/1980), William Langston, Jr., MD (Longview/1982), Stuart Nemir, MD (Austin/1986), Howard Crow, MD*



CHARLES L. BOWDEN, MD



JEFFERSON E. NELSON, MD

(Gilmer/1988), Hunter Harris, MD (Houston/1988), Spencer Bayles, MD (Houston/1989), Frank Schuster, MD (El Paso/1989), Beverly Sutton, MD (Austin/1990), Irvin Kraft, MD (Houston/1993), Perry Talkington, MD (Dallas/1993), Jerry M. Lewis, MD (Dallas/1994), Pedro Ruiz, MD (Houston/1994), W. Robert Beavers, MD (Dallas/1995), Thomas Paschal Clarke, MD (Houston/1995), Victor J. Weiss, MD (San Antonio/1995), T. Grady Baskin, MD (Tyler/1996), Robert Stubblefield, MD (Houston/1996), James L. Knoll, III, MD (Dallas/1997), Grace K. Jameson, MD (Galveston/1998), Rege S. Stewart, MD (Dallas/1998), Harris M. Hauser, MD (Houston/1999), William P. Moore, MD (Houston/1999), Robert G. Denney, MD (Fort Worth/2000), Priscilla Ray, MD (Houston/2000), Larry E. Tripp, MD (Dallas/2000), Tracy R. Gordy, MD (Austin/2001), Paul H. Wick, MD (Tyler/2001), Robert L. Williams, MD (Houston/2001), Alex K. Munson, MD (Georgetown/Lubbock/2002), Robert L. Zapalac, MD (Austin/2002), Arthur J. Farley, MD (Houston/Austin/2003), and Edgar P. Nace, MD (Dallas/2003).

The **TSPP Psychiatric Excellence Award**, established in 1991 to recognize individuals who have demonstrated sustained excellence in psychiatry, will be presented to **Mae F. McMillan, MD** (Houston), **David H. Rosen, MD** (College Station) and **John C. Sparks, MD** (San Antonio).

Former recipients of the Psychiatric Excellence Award include *Betsy Comstock, MD (Houston/1993), Dorothy Cato, MD*



MAE F. MCMILLAN, MD

(Houston/1994), James W. Maas, MD (San Antonio/1994), Robert L. Leon, MD (San Antonio/1995), Harlan Crank, MD (Austin/1995), Joseph Schoolar, MD (Houston/1995), A. John Rush, MD (Dallas/1995), Kenneth Z. Altsbuler, MD (Dallas/1996), KD Charalampos, MD (Houston/1996), Donald R. Seidel, MD (San Antonio/1996), Charles L. Bowden, MD, (San Antonio/1997), Charles M. Gaitz, MD (Houston/1997), Myron F. Weiner, MD (Dallas/1997), William E. Fann, MD (Houston/1999), Edward L. Reilly, MD (Houston/1999), David A. Waller, MD (Dallas/1999), Robert W. Gwynn, MD (Houston/2000), Keith H. Johansen, MD (Dallas/2000), James W. Lomax, MD (Houston/2000), George A. Constant, MD (Victoria/2001), Ignacio Magana, MD (McAllen/2001), Mobsen Mirabi, MD (Houston/2001), John Sadler, MD (Dallas/2001), Roy V. Varner, MD (Houston/2001), Edward S. Furber, MD (Fort Worth/2002), Margo K. Restrepo, MD (Houston/2002), Madbukar Trivedi, MD (Dallas/2002) and Parviz Malek-Ahmadi, MD (Lubbock/2003).

The **TSPP Special Service Award**, created in 1975 to recognize outstanding service to community and to psychiatry, will be presented to **Jerry and Betty Fulenwider** (San



DAVID H. ROSEN, MD



JOHN C. SPARKS, MD



JERRY AND BETTY FULENWIDER

Antonio), **Terresa L. Stallworth, MD** (San Antonio) and **Senator Leticia Van de Putte** (San Antonio).

Former recipients of the award include *E. Ivan Bruce, MD (Galveston/1975), Holland Mitchell, MD (Waco/1977), James Peden, MD (Dallas/1982), James Black, MD (Dallas/1986), Frankie Williams (Vernon/1988), Dennis Jones (Austin/1991), Helen Trammell Carlton (Houston/1993), Pete Palasota, MD (Abilene/1993), Agnes V. Whitley, MD (Dallas/1993), Helen Jacobson (San Antonio/1994), Miriam Feaster (Friendswood/1995), Byron L. Howard, MD (Dallas/1995), Jacqueline Shannon (San Angelo/1995), Earl Campbell (Austin/1996), Kathy Cronkite (Austin/1996), Norma Henry (San Antonio/1996), Anne R. Race, MD (Dallas/1996), and Joel S. Feiner, MD (Dallas/1997), Jules H. Bobm, MD (Houston/1999), Hal H. Haralson (Austin/1999), Joe Lovelace (Dallas/1999), Peter A. Olsson, MD (Houston/1999), James Swinney (Grapevine/1999), The Hon. Garnet F. Coleman (Houston/2000), Roy Fanoni, MD (Dallas/2000), David M. Keedy, MD (San Antonio/2000), Steven B. Schnee, PhD (Houston/2000), Adib R. Mikhail, MD (Houston/2001), Jane Preston, MD (Houston/2001), and The Hon. Mike Moncrief (Fort Worth).*



TERRESA L. STALLWORTH, MD



SENATOR LETICIA VAN DE PUTTE

Please plan to attend the TSPP Awards Banquet and help us honor these deserving individuals.



CALENDAR OF MEETINGS

AUGUST 2004

7-8 **TSPP Summer Leadership Conference**
"Together, We Do Make a Difference!"
Hyatt Regency Hill Country Resort
San Antonio, TX
800-233-1234

NOVEMBER 2004

3-6 **Learning Disabilities Association Annual Conference**
"Yesterday, Today, Tomorrow"
Renaissance Austin Hotel
Austin, TX
512/458-8234

12-14 **TSPP Annual Convention and Scientific Program**
"Beyond Essentials: Excellence in Texas Psychiatry"
Omni Hotel
9821 Colonnade Blvd.
San Antonio, TX
210-691-8888

DAILY SCHEDULE

FRIDAY, NOVEMBER 12

7:00 am - 8:00 pm Registration/Information
8:00 am - 5:00 pm Committee Meetings
2:30 pm - 5:00 pm Exhibits Set-Up
6:00 pm - 7:00 pm Exhibits Opening/Welcome Reception with Contributors
7:00 pm Annual Awards Banquet

SATURDAY, NOVEMBER 13

7:00 am - 7:00 pm Registration/Information
7:30 am - 8:30 am Continental Breakfast for Program Registrants w/Exhibitors
7:00 am - 4:00 pm Exhibits
8:45 am - 5:30 pm Scientific Program
4:00 pm Exhibits Tear Down/Depart
10:30 am - 11:00 am Refreshment Break
12:30 pm - 2:00 pm Annual Business Meeting/Luncheon
5:30 pm - 7:00 pm Executive Council Mtg
7:00 pm Board Buses for Riverwalk Reception

SUNDAY, NOVEMBER 14

7:30 am - 1:00 pm Registration/Information
8:00 am - 12:30 pm Scientific Program
10:15 am - 10:30 am Refreshment Break

TSPP MEMBER INFORMATION UPDATE

NAME _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____
() ()
TELEPHONE _____ FAX _____ E-MAIL _____

Send your update information to:

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS
401 West 15th Street, Suite 675
Austin, Texas 78701
512/478-5223 (fax)/TSPPofc@aol.com (E-mail)

The TSPP NEWSLETTER is published 5 times a year for its membership in February, April, June, August, and October. **Members are encouraged to submit articles for possible publication.** Deadline for submitting copy to the TSPP Executive Office is the first day of the publication month.

Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

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