Every Psychiatrist Makes a Difference

Debra Akissian, MD, President, Texas Society of Psychiatric Physicians

The Texas Society of Psychiatric Physicians is a group of psychiatrists working together to promote and improve psychiatric practice in our state. We come together twice a year to discuss areas of mental health and develop ways to better help Texans who struggle with mental health concerns. From our dialogue with each other we often develop ideas which assist other agencies and patients in their quest to get better.

We learn valuable information from each other and from the educational components (continuing medical education) provided at our meetings.

Our membership is comprised of psychiatric physicians who impact people, agencies, and communities daily by their work and expertise. Many of these doctors go quietly about their work; often only their patients or agencies where they consult or volunteer their expertise realize their contributions. But our communities would definitely notice our absence.

I recently attended the APA meeting in Philadelphia where I had the opportunity to talk to psychiatrists across the country and Canada. Each of those psychiatrists were actively working to improve mental health care in their areas. And each had stories to tell about patient experiences. Dr. Clay Sawyer of Waco reflected on his years of practice. He talked about a letter he had received from a patient with chronic severe mental illness who he had treated for many years. She had enclosed a photo of her family and told him in the letter that he had saved her many times and made her family possible. She expressed her gratitude for the difference he had made in her life and the life of her family members by his care and assistance over those years. All of us can remember those patient experiences and those in other medical specialties who also make a difference in many patients’ educations. I know he has made a major difference in many physician’s educations and those in other medical specialties who were supervised on hospital consultation-liaison services. And all of us can name a psychiatrist who advised and mentored us. These psychiatrists made a difference in our lives, helping us make differences in the lives of others in the future.

Many psychiatrists make a difference with their work in agencies, where they assist other clinicians to improve clinical practice by delving into and analyzing data to educate all of us and help develop guidelines. Dr. Emilie Becker of Austin, the Behavioral Medical Director of DSHS, is a Texas Psychiatrist who does just that. She provides guidance to the psychiatric state hospitals, the community health centers, and provides a broader consultation role to state agencies. She has analyzed data from Texas public sectors and has published her findings in a number of reports which has aided practice parameters in the public sector in our state. And looking back at the importance of integration of mental health and physical health issues, her recent publication related to the mortality of public mental health clients treated in Texas showed that in addition to the direct effects of suicide these clients also had a higher mortality rate from chronic medical conditions. Shining a light upon data like this reinforces the importance of our work and can help us be better doctors. Psychiatrists like Dr. Becker make a difference.

Every two years the Texas Legislature meets. And every two years bills are developed in committees related to psychiatric practice in our state. Some of these bills could cause a negative impact by limiting our ability to practice medicine. Without knowledgeable psychiatrists who are willing to take time away from their work and families in order to travel to Austin to testify; a number of these bills no doubt would have passed. Dr. George Santos of Houston and Dr. Martha Leatherman of San Antonio are two psychiatrists who have given their time to travel to Austin to testify (often on short notice) before committees numerous times. Their expertise has been invaluable in educating legislators which has benefited patients in Texas. Dr. Santos and Dr. Leatherman have made a difference in the practice of psychiatry in Texas.

I am honored and humbled to be a psychiatrist practicing in Texas. I hope to get to know more of the many psychiatrists in Texas who make a difference every day in the lives of patients, agencies, and communities. And TSPP is the agency which provides the forum for us to meet, learn from each other, and strengthen our efforts to continue making differences every day. There is a place at TSPP for every psychiatrist in our state. And it is never too late to join in our cause. Let’s work together for Texas Psychiatry and be the voice for our patients.

Debra Akissian, MD
Storm Clouds on the Horizon
Eric Woomer, Public Policy Consultant, Federation of Texas Psychiatry

The summer months of off-season years are typically the slowest time at the State Capitol. Like most Texans, legislators typically have increased family obligations during summer months, particularly in between the primary and general elections that take place during even numbered years.

However, this year is proving to be a notable exception. Every member of the House and Senate is running for re-election this year, and due to redistricting, the primary was pushed back from March to late May, with runoffs scheduled for July. Mental health issues are commanding a tremendous amount of attention this summer season, and some of it is not necessarily good.

Senate NHS Hearing
Dr. Daryl Knox, Chair of the TSPP’s Public Mental Health Services Committee, appeared on behalf of the Federation at a May 8th hearing of the Senate Health and Human Services Committee, which has undertaken a soup-to-soup review of the public mental health system in Texas. Dr. Knox conveyed the Federation’s perspective that the public mental health system is chronically underfunded, ranking dead last in annual per capita state mental health spending at $39 per person, compared to the national average of $122.

Additionally, 50-80% of patients with chronic mental illness, especially those between 20 and 40 years of age, have some degree of substance abuse that impacts the course and effective treatment of the psychiatric illness. It is important that funding for mental health are also allowed to be used for substance abuse treatment.

A key part of the solution to these problems involves developing an adequate workforce to provide access to the system for these patients, but the State of Texas is not meeting the challenge. The total number of psychiatrists practicing in Texas has grown 23% in the last 15 years, 80% of whom provide direct patient care, but this pace of growth has not kept up with the growth in the state’s population. Presently, there are fewer than six psychiatrists for each 100,000 Texans, a number that has been somewhat steadily declining since 1992. The national average is closer to eleven per 100,000, putting Texas near the very bottom among medical subspecialties.

Addressing these problems will require some creativity. A few suggestions: Allowing state mental hospitals and local mental health authorities funding to create residency training rotations within their facilities will allow medical schools to expand their residency training sites as well as expose resident psychiatrist to careers in the public sector.

The state should continue to look at ways to maximize federal dollars drawn down through the 1115 waiver and DSIBB funding pools to fund GME programs. Using these funds, the state could reinstitute loan forgiveness programs that were terminated during the last round of budget cuts. Participation could be tied to residency programs or part-time fellowships within forensic commitment facilities. Perhaps inventive partnerships between the state and local units of government could defray potential General Revenue impacts.

Electrotherapy & Scientology
The Austin American-Statesman has published a series of articles that are critical of electrotherapy treatments that took place at the North Texas State Hospital. Generally, the criticism is less about the effectiveness or appropriateness of the treatment, and more about whether the patients were adequately informed of potential side effects, as well as whether subsequent publication of research and findings associated with the treatment was done in a manner consistent with administrative protocols.

In June, the doctor in question resigned after the disclosure of a reportedly unprofessional videotape and allegations that he was performing at least some of these procedures against the will of the patient.

Much of the reporting on the part of the Statesman has been rather sensationalistic, and the articles quote extensively from the Citizens Council on Human Rights (CCHR), a front group for the Church of Scientology, as well as Disability Rights (formerly Advocacy, Inc.). Rebuttals are largely provided only by a spokesman for DSIBB, as the psychiatrist providing the therapy has declined comment.

The Federation’s concern is that the sensationalistic style of the Statesman articles undermines psychiatry as a whole, and electrotherapy in particular. It gives credence to the perspective of the Scientologists, without disclosing who is truly behind the CCHR, which could lead to adverse legislative efforts to eliminate cranial electrotherapy stimulation in certain settings.

TSSP to Implement New Dues Policies for 2013
This fall, TSPP will begin implementing two new dues policies that will provide members with an opportunity to pre-pay and lock in their TSPP membership dues rate for 3 years and / or participate in a special dues recognition program beginning with dues for 2013. Members may choose to make a “Lump Sum Payment” covering a three year period. For instance, General Members whose annual dues are $395 may submit a Lump Sum Payment of $1,185 which pays dues for three years. This will protect the member from any possible dues increases during the Lump Sum three year period and could possibly offer some members tax benefits. If you are interested in participating in the lump sum program for 2013-2015 please contact TSPP at 512-478-0605 or email tsppofc@aol.com to request a 3 year lump sum dues statement.

Dues statements for 2013 will include an opportunity for members to be recognized as members of the “Extra Mile Club.” Members who pay $50 above their regular dues rate will be recognized as “Supporting Member.” A “Sustaining Member” will be members who contribute $100 above their dues rate. Members of the “Extra Mile Club” will be recognized in the Texas Psychiatric newsletter and at the TSPP Annual Business meeting. The dues policy for members who achieve “Life Status” will change in 2013.

In Memoriam...
Grace K. Jameson, MD, Galveston
John B. King, MD, San Antonio

STG International is seeking a Psychiatrist to work in the Houston or Pearsall, Texas Immigration Detention Facilities to help provide health care services to undocumented migrants detained by U.S. Immigration and Customs Enforcement (ICE).

Candidates must be board certified/eligible in Psychiatry, hold an active Texas license, be a US citizen, and able to pass a background check. EOE.

If you or someone you know is interested visit www.stginternational.com for position description and to apply

Contact Gregory Hart
gregory.hart@stginternational.com
571-393-0161 – phone
571-255-6534 – fax

SOURCING THE HUMAN MISSION

Psychiatrist Employment Opportunities

WE OFFER
• Starting salary at $199k annually
• Full Benefits Package
• Paid Malpractice Insurance
• Paid Vacation & Federal Holidays
• 401(K) with company match
• No nights or weekends
• $5,000 Bonus

Contact: Eric Woomer, Public Policy Consultant, Federation of Texas Psychiatry 6/29/12 9:06 AM Page 2
I’ll Miss My Friends...

Martha Leatherman, MD, President, Texas Academy of Psychiatry

G

reeting! I must confess to you that I failed to attend my installation as President of the Texas Academy of Psychiatry last April. You see, the end of my older son’s childhood is approaching with the speed of light (at least it seems to me). I have been consumed with preparations for his graduation from high school as well as helping him plan the next phase of his life, and at the same time ushering my other children through their various end-of-year demands. Consequently, it was all I had blemish on so many of the other things that needed my attention, including being present at the April Texas Academy of Psychiatry meeting.

Now, I am not at all special or unusual in regard to juggling family and professional demands. We all have busy lives and multi-
ple responsibilities, so I don’t see my lapse as deserving of excuse, but it did make me reflect on the role of the Texas Academy of Psychiatry in the lives of its members. You see, in the midst of all of this, my son expressed an almost universal plaint, “Mom, I’ll miss my friends!” As I tried to help him learn to navigate this particular passage in his life, I was thinking of my own graduation and how much I missed my friends after graduation. For the practicing psychiatrist who has graduated, there are many ways to get CME credits, keep abreast of current practice trends and support advocacy efforts. We can do these things online, by reading, and by donating money to the Academy’s two research organizations. We all know that lack is the means to personally connect with our colleagues. Burnout among physicians is rampant as our practices become more “corporatized.” In this age of fragmented personal relationships, Facebook, online groups, and “virtual” associations lack the same intimacy as sitting down face-to-face with a friend over dinner or a cup of coffee. Meeting attendance can be a way to reconnect by allowing us to leave our normal routines, look at our lives from a different perspective, and meet up with people with whom we have much in common. Membership in the Academy offers us the opportunity to be with our colleagues—many of whom have become friends—while we learn together, work on common goals, share professional news, rejoin and sometimes mourn together.

I hope you will join me and your other friends in the Texas Academy of Psychiatry. Membership is easy, cost effective, and goes a great return on investment. It also helps keep you from missing your friends!

Storm Clouds on the Horizon continued from page 2

Scope of Practice
The Coalition for Nurses in Advance Practice (CNAP) has announced a legislative agenda to broaden APRN prescriptive authority under a “collaborative agreement” model. In summary, CNAP would replace the current site-based model with one which allows an APRN to prescribe if that APRN is credentialed by the Texas Board of Nursing as qualified to prescribe, and has a collaborative prescriptive authority agreement with a physician or physician group.

It is true that Texas faces a shortage of primary care physicians as well as psychiatrists, and that APRNs play a major role in our health care delivery system. Increased utilization of health information technology – electronic medical records, telemedicine, etc. – could provide enhanced collaboration and communication between physicians and APRNs. Nevertheless, most physicians have significant concerns about encroachment into the independent practice of medicine.

Because the current statutory requirements for site-based prescriptive authority are more than 20 years old, perhaps efficiencies could be gained by a comprehensive review of the law. However, any proposed changes would need to preserve quality of care by defining an appropriate number of APRN’s a physician can collaborate with or supervise, the appropriate distance between a collaborating/supervising physician and the APRN, registration of collaboration agreements with the Texas Medical Board, and other protective measures. As always, “the devil is in the details.”

Election Update
There was a mixed bag in Texas primary election results on May 29th. Among the key outcomes:

- The major only subject of discussion with respect to state-wide elections was whether Lt. Gov. David Dewhurst could win without a runoff in his race to succeed the retiring U.S. Senate Kay Bailey Hutchison, who was eliminated.

- The summer run-off is definitely not something Gov. Dewhurst is taking for granted.

- The Texas Senate will move decidedly to the right in 2013. Four Senators declined to run for re-election, and their replacements are all more conservative than their predecessors. Rep.sku Kelly Hancock (65%) easily bested Todd Smith (35%) in Senate District 9, and GOP Candidate Larry Taylor (58%) won easily in SD11. In a surprise, Elizabeth Ames Jones failed to make the runoff. Instead, GOP incumbent Jeff Wentworth (55%) won without a runoff in his re-election bid against multiple Tea Party candidates, while Republican incumbent Chuck Hupp (47%) was defeated in a runoff against Travis Clardy (46%).

- House Education Chairman Rob Eiserer (43%) was defeated by Steve Toth (50%) in a surprise in this Woodlands area seat, and popular House Licensing Chair Mike “Tuffy” Hamilton (43%) was defeated by James White (50%) in this heated Republican primary in southeast Texas. Craig Goldman (54%) defeated TMA-backed Susan Todd (35%) in the GOP primary for an open seat in Fort Worth, and Pensions Chair Vicki Triant (44%) was unseated by challenger Giovanni Capriglioni (58%) in a surprise in this Fort Worth area race.

Your Participation
The Federation encourages every psychiatrist to become acquainted with their House representative and Senator or those campaigning to replace an incumbent. Call their local offices and ask to help, like asking to pickup a yard sign. When you pickup the yard sign or bumper sticker at their office, introduce yourself as a psychiatrist in their District who is willing to serve as a resource on mental health issues. And, if you wish, make a contribution to the campaign.

Measures like these will help build a relationship with the legislator which will be invaluable when the Session starts in January.

Get Involved...NOW!
Texas Society of Child and Adolescent Psychiatry

Annual Convention and Scientific Program

Attention Deficit Hyperactivity Disorder: Where Are We Now?

July 20-22, 2012 • Sheraton Arlington Hotel • Arlington, Texas

G E N E R A L  I N F O R M A T I O N

LOCATION / HOTEL RESERVATIONS

All events will take place at the Sheraton Arlington Hotel (formerly known as Seven Seas Water-Themed Amusement Park) 1000 Convention Center Drive, Arlington, Texas, in the heart of the Arlington entertainment district. The ‘savings’ are adding up and due to the special, negotiated TSCAP Convention Rate of only $135 (current Corporate Rate is $269), the hotel rooms are guaranteed to sell out quickly! The discounted rate will be available for TSCAP attendees who place their hotel reservation BEFORE July 7, 2012 or upon sell-out, whichever occurs first. Hotel rooms will sell out quickly so please make your hotel reservation as early as possible by calling 1-800-442-7275.

The Sheraton Arlington Hotel offers on-site experiences for all ages:

- Rangers Ballpark in Arlington
- The Rangers Hall of Fame Museum
- Six Flags Over Texas Amusement Park
- Dive-In Movie Nights by the Pool
- Outdoor Pool & Spa with lush landscaping, lawns and waterfall
- Fitness Center, Jogging Paths and Trails, The Links at Waterchase Golf Course

OPENING WELCOME RECEPTION WITH EXHIBITORS

Check in early and join your friends and colleagues at the complimentary Welcome Reception for all TSCAP attendees! The welcome reception will be held Friday evening, July 20. Visit throughout the evening with your friends, colleagues and exhibitors in a relaxing atmosphere and become eligible for special door prize drawings to be awarded on Saturday!

EXHIBITORS

American Professional Agency, Inc.
Clarity Child Guidance Center
Merrell Achievement Center
Noven Therapeutics
Professional Risk Management Services
San Marcos Treatment Center
Shoinogi, Inc.
Texas Medicaid Wellness Program
Texas NeuroRehab Center
The Menninger Clinic

Register your Friends and Family... and Join your TSCAP Colleagues on a VIP Guided Tour of the Dallas Cowboys Stadium Saturday, July 21, 3:30 pm, $20.00 per person for adults, children and seniors.

TOUR HIGHLIGHTS / ACCESS TO:

- Press Box
- Luxury Suite
- Cotton Bowl Offices
- Dr. Pepper Deck
- Stadium Clubs
- Stadium Artwork
- And free range of the field/level
- FREE B&W Photo of each person
- Cowboys and Cheerleaders Locker Rooms

PAYMENT INFORMATION

CHEQUES – Make payable to Texas Society of Child and Adolescent Psychiatry

CREDIT CARDS – All cards accepted

DEADLINES:

- June 1, 2012 – Early bird registration deadline
- June 22, 2012 – On-line registration ends
- July 7, 2012 – Cut-off date for room reservations

P R O G R A M  A T  A  G L A N C E

Friday, July 20
1:00 pm - 5:00 pm
Exhibit Set-Up
Hall of Fame
Tea Room

5:00 pm - 6:30 pm
TSCAP Executive Committee Meeting
Welcome Reception with Exhibitors

Saturday, July 21
7:30 am - 8:10 am
Continental Breakfast with Exhibitors
Hall of Fame
Champions I & II

9:15 am - 2:30 pm
Scientific Program
Hall of Fame
Champions I & II

10:15 am - 12:10 pm
Refresher Break
Hall of Fame
Champions I & II

1:15 pm - 3:30 pm
Exhibitors Tear Down and Depart — Saturday — 1:00 pm - 3:00 pm

Sunday, July 22
8:00 am - 9:00 am
TSCAP Annual Business Meeting
Welcome Reception with Exhibitors
Hall of Fame
Champions I & II

9:00 am - 12:30 pm
Exhibit Tear Down and Depart — 8:00 am - 12:30 pm
Hall of Fame
Champions I & II

10:15 am - 12:10 pm
Refresher Break
Hall of Fame
Champions I & II

REGISTRATION

TELEPHONE FAX NUMBER E-MAIL
MAILING ADDRESS CITY STATE ZIP

NAME DEGREE

EXHIBITS

TSCAP’s Welcome Reception, Continental Breakfasts and Refreshment Breaks, will be held in the Hall of Fame Ballroom in the Sheraton Arlington Hotel. Please make plans to visit with the exhibitors during the Friday Welcome Reception AND enter to win the drawings for door prizes to be awarded throughout the day on Saturday. Exhibit hours:

Welcome Reception — Friday - 6:30 pm - 8:00 pm
Continental Breakfast — Saturday - 7:30 am - 8:10 am
Refreshment Break — Saturday - 10:30 am - 10:50 am
Refreshment Break — Saturday - 11:50 am - 12:10 pm
Refreshment Break — Saturday - 1:10 pm - 1:30 pm
Exhibitors Tear Down and Depart — Saturday — 1:00 pm - 3:00 pm

ANNUAL MEETING BREAKFAST

The Annual TSCAP Business Meeting will be held Sunday, 8:00 am - 9:00 am in the World Series I & II Room. All members are encouraged to register and attend.

TXPSYCHIATRIST June/July 2012 • TEXAS PSYCHIATRIST • 4
Texas Society of Child and Adolescent Psychiatry

Annual Convention and Scientific Program

Attention Deficit Hyperactivity Disorder: Where Are We Now?

SCIENTIFIC PROGRAM SCHEDULE

Saturday, July 21 (5 Hours Category 1 Credit)
8:15 am-10:30 am WELCOME AND OPENING REMARKS
8:30 am-10:30 am KEYNOTE SPEAKER: Applying Cognitive and Social Neuroscience to Child Psychiatry
PETER S. JENSEN, M.D.
Professor of Psychiatry and Vice Chair, Research
Department of Psychiatry & Psychology
Mayo Clinic
Rochester, Minnesota

Dr. Peter Jensen established the REACH Institute in May 2006, following service as a Founding Director of the Center for the Advancement of Children’s Mental Health at Columbia University. Before joining Columbia as the Raunier Professor of Child Psychiatry (2000-2007), he was Associate Director of Child and Adolescent Research at the National Institute of Mental Health (NIMH). While at NIMH (1989-2000), Dr. Jensen was the lead NIMH investigator on the landmark study of Multimodal Treatment of ADHD (“The MTA Study”), as well as investigator on other national multi-site studies. In addition to his leadership of the REACH Institute, Dr. Jensen is Professor of Psychiatry and the Vice Chair for Research, Department of Psychiatry and Psychology, at the Mayo Clinic in Rochester, Minnesota.

A world-renowned Child Psychiatrist, Dr. Jensen is a passionate advocate for children with emotional and behavioral disorders and their families. His major work and research interests include identifying, disseminating, and implementing evidence-based mental health treatments.

OBJECTIVES: At the conclusion of the presentation, participants will be able to:
- Describe current research in Attention Deficit Hyperactivity Disorder in children and adolescents and how it relates to cutting edge treatment approaches
- Define Cognitive Neuroscience and how present knowledge defines the understanding of Attention Deficit Hyperactivity Disorder
- Discuss the impact of the latest research in Attention Deficit Hyperactivity Disorder in children and adolescents and where future opportunities may lead us

10:30 am-10:50 am Refreshment Break in Exhibit Hall

10:50 am-11:50 am THE NEUROBIOLOGY OF ATTENTION DEFICIT HYPERACTIVITY DISORDER
STEVEN R. PROCKA, M.D.
Professor and Chief
Division of Child and Adolescent Psychiatry
The University of Texas Health Science Center at Houston
Houston, Texas

OBJECTIVES: At the conclusion of the presentation, participants will be able to:
- Describe the neuroanatomy and neurophysiology of the developing brain in children and adolescents
- Describe the differences in the neuroanatomy and neurophysiology associated with Attention Deficit Hyperactivity Disorder
- Discuss the impact that the current knowledge of neurobiology in children and adolescents has on current treatment strategies in Attention Deficit Hyperactivity Disorder

11:50 am-12:10 pm Refreshment Break in Exhibit Hall

12:10 pm-1:10 pm RESIDENT / FACULTY CLINICAL CASE PRESENTATION
DIFFERENTIATING ATTENTION DEFICIT HYPERACTIVITY DISORDER FROM BIPOLAR DISORDER
KERTI SWEENEY, M.D.
Associate Professor of Psychiatry
Department of Psychiatry
Division of Child and Adolescent Psychiatry
The University of Texas Southwestern Medical Center at Dallas
Dallas, Texas

OBJECTIVES: At the conclusion of the presentation, participants will be able to:
- Describe the neuroanatomy and neurophysiology of the developing brain in children and adolescents
- Describe the differences in the neuroanatomy and neurophysiology associated with Attention Deficit Hyperactivity Disorder
- Discuss the impact that the current knowledge of neurobiology in children and adolescents has on current treatment strategies in Attention Deficit Hyperactivity Disorder

Sunday, July 22 (3 Hours Category 1 Credit)
9:15 am-10:15 am DIAGNOSIS AND TREATMENT OF ADHD IN YOUNG ADULTS: Go, Ye meets the Age of Inattentive or Hyperactive Children Not Quite Grown Up?
C. Preston Wiles, M.D.
Professor
Drs. Anne and George Race Professor of Student Psychiatry
The University of Texas Southwestern Medical Center
Dallas, Texas

OBJECTIVES: At the conclusion of the presentation, participants will be able to:
- Use appropriate diagnostic assessment tools and procedures in assessing for ADHD in young adults
- Identify the important comorbid conditions that cluster with or mimic ADHD
- Identify how to assess levels of impairment in different domains
- Implement standard and novel treatments pharmacologically for ADHD

10:15 am-10:30 am Refreshment Break

10:30 am-11:30 am ETHICS:
CONTROVERSY IN THE USE OF PSYCHOPHARMACOLOGY IN CHILDREN
JOHN Z. SADLER, M.D.
Professor
Daniel W. Foster, M.D., Professor in Medical Ethics
Director of the Program in Ethics in Science & Medicine
Chief of the Division of Ethics in the Department of Psychiatry and Chief of the Division of Ethics & Health Policy in the Department of Clinical Sciences
The University of Texas Southwestern Medical Center at Dallas
Dallas, Texas

OBJECTIVES: At the conclusion of the presentation, participants will be able to:
- Describe the ethical issues and controversies and the social stigma in the diagnosis of mental illness in children and adolescents
- Describe the ethical controversies in the use of psychopharmacology in children and adolescents
- Discuss the public issues with the increased awareness of mental illness and the use of psychopharmacology in children and adolescents

11:30 pm-12:30 pm ETHICS:
THE ETHICS OF COGNITIVE ENHANCEMENT
FABRISE LABROUX, PHD, MD
Assistant Professor of Clinical Sciences & Psychiatry
Division of Ethics and Health Policy
Department of Clinical Sciences
Dallas, Texas

OBJECTIVES: At the conclusion of the presentation, participants will be able to:
- Describe the ethical issues associated with cognitive enhancement
- Define cognitive enhancement and its impact on society
- Describe the impact of cognitive enhancement and the controversy associated with strategies that could be used in developing children and adolescents

CME ACCREDITATION
This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Texas Medical Association (TMA) through the Joint Sponsorship of the Texas Society of Psychiatric Physicians and the Texas Society of Child and Adolescent Psychiatry. The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians. The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of eight (8) AMA PRA Category 1 Credits. Participants should claim only the credit commensurate with the extent of their participation in the activity.

The presentations entitled "Controversies in the Use of Psychopharmacology in Children" and "The Ethics of Cognitive Enhancement" have each been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

TARGET AUDIENCE / PROGRAM OBJECTIVES
This live activity has been designed with didactic lectures supplemented with audiovisual presentation and direct discussion, panel discussion and a case study presentation in multiple educational sessions. The program is designed to provide its primary target audience of Child and Adolescent Psychiatrists, General Psychiatrists, and other specialists of medicine in the State of Texas, with clinically-relevant information to advance the physician’s competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgment of the information presented in the educational activity into their practice.

NEEDS ASSESSMENT
TSCAP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of our participants.

FACULTY AND STAFF DISCLOSURE POLICY
The Texas Society of Child and Adolescent Psychiatry will disclose to participants the existence of any relevant financial relationships between faculty members, TSCAP and TSCAP staff and members, who planned, authored, contributed to, and/or reviewed the content of this activity, and any commercial interest discussed in this educational activity. Disclosure will occur prior to the presentations through written communication in the syllabus or handout material and through oral communication to the audience by the moderator or chair.
**MEETING LOCATION**

ALL MEMBERS AND NON-MEMBERS ARE INVITED TO JOIN US! TSPP's 56th Annual Convention and Scientific Program will be held at the Moody Gardens Resort and Spa, Seven Hope Blvd., Galveston, TX, 1-800-582-4673. Surrounded by 242 acres of breathtaking gardens and majestic pyramids, Moody Gardens Hotel, Spa and Convention Center is Galveston Island's premier meeting destination. Moody Gardens features:

- **Full Service Spa and Fitness Center**, complete with indoor lap pool.
- **Aquarium Pyramid** - Oceans of the world are represented in a 1.5 million gallon aquarium teeming with creatures from penguins to stingrays, sharks and more.
- **IMAX 3D Theater** - Be a part of the action in the IMAX 3D Theater featuring amazing 3D and 2D films on a giant six-story screen.
- **IMAX Ridefilm Theater** - Strap yourself in and dive, twist and turn as your seat mirrors every movement on a giant wrap-around screen with six-channel surround sound.
- AND, special activities for you during Convention time! Festival of Lights - One of the Gulf Coast’s largest holiday lighting events at Moody Gardens!

**HOTEL RESERVATIONS**

A special TSPP discounted room rate of $142 is available to program registrants on a space availability basis. Make your hotel reservation today by calling 1-888-388-8484.

**SPECIAL REGISTRATION FEES FOR TSPP & TSCAP MITS**

Special ‘FREE’ Incentive Offer for TSPP Members in Training. Once again, TSPP is pleased to offer the waiver/refund of the CME Scientific Program registration fee IF the member’s Training Director registers for the Scientific Program. So all Members-in-Training encourage your Training Director to register and then send in your registration form, with the name of your Training Director noted, and then plan on attending the Scientific Program FREE! (Offer extended to TSPP and TSCAP Members-in-Training Residents and Fellows who are members of TSPP and/or TSCAP.

**MIT POSTER SESSION**

In order to familiarize Texas psychiatrists with the research efforts and achievements of their colleagues, the TSPP Continuing Medical Education Committee is soliciting scientific posters.

The posters need not be especially made for this meeting. Posters presented at the APA or at other scientific meetings within the last year would be appropriate. TSPP’s goal is to support collaborative interaction among the Texas researchers and also to familiarize the general membership about new advances made in the state. The deadline for poster applications is October 20, 2012. Please contact tsppofc@aol.com for a copy of the Poster Application Form.

**SPECIAL EVENTS**

**THURSDAY GOLF OUTING** — Polish up on your golf game in an exciting location. For those convention attendees, guests and golf enthusiasts arriving early, TSPP members are arranging a tee time for a group play. If you are interested in playing, please be sure to check the Golf Section box on the TSPP Registration Form.

**TITUS HARRIS SOCIETY** — All members of the Titus Harris Society are invited to a special reception to be held in conjunction with the TSPP Welcome Reception, Fridays, 6:30-8:00 pm at the Moody Gardens Hotel. In addition TSPP extends a special invitation to the Titus Harris Society members to extend their weekend stay and attend the CME Program and other social activities. Titus Harris Society members will be identified by special ribbons on their convention name badges.

**MEETING REGISTRATION**

Visit the website www.txpsych.org for TSPP / TAP’S Special Discounted Meeting Registration Fees for this year’s convention. The earlier you register, the greater the savings!

**AWARDS**

Saturday evening’s festivities begin with a complimentary wine and cheese reception for registrants attending the Awards Banquet honoring the 2012 TSPP Award Recipients for their outstanding contribution to Psychiatry. Register early to reserve a table for your friends at this memorable evening! This year’s honorees include:

- **John M. Oldham, MD, Houston**
  - **PSYCHIATRIC EXCELLENCE AWARD**

- **Vanita Halliburton, Dallas**
  - **SPECIAL SERVICE AWARD**

- **Judge Jan Krocker, Houston**
  - **SPECIAL SERVICE AWARD**

**DR. SPENCER BAYLES OUTSTANDING TSPP MEMBER AWARD**

This award named in memory of Dr. Spencer Bayles was established in 2010 to recognize members for outstanding and consistent participation in TSPP activities. The award will be presented during TSPP’s Annual Business Luncheon on Saturday, November 10 so please plan to attend and thank your fellow colleague for his outstanding volunteer service. This year’s Award Recipient is Milton Altschuler, MD, Houston

**DAVID PHARIS AWARD**

The David Pharis Award will be presented by the Department of State Health Services and TSPP to recognize significant contributions to safety and quality inpatient care and outcomes in State Hospitals. This year’s award will be presented during TSPP’s Annual Business Luncheon on Saturday, November 10. Please attend and express your appreciation to the organization selected for this degree of excellence.

**DAILY SCHEDULE**

**THURSDAY, NOVEMBER 8**

- 12:00 Noon - Golf Outing at Moody Gardens Golf Course
- 2:00 pm - 8:00 pm - Registration Open
- 5:30 pm - 6:30 pm - Titus Harris Society Executive Meeting
- 7:00 pm - 8:30 pm - TSPP Chapter Leadership Meeting
- 7:30 pm - Federation Delegate Assembly Meeting

**FRIDAY, NOVEMBER 9**

- 7:30 am - 8:30 pm - Registration Open
- 7:30 am - 9:00 am - Foundation Board of Directors Breakfast Meeting
- 9:00 am - 5:00 pm - Committee Meetings / Committee Meeting Hospitality Break
- 12:00 pm - 5:00 pm - Exhibit AND Poster Session Set-Up
- 12:00 pm - 1:30 pm - Membership Luncheon / Program
- 1:30 pm - 3:30 pm - Texas Academy of Psychiatry Board of Trustees
- 3:30 pm - 5:00 pm - MIT / ECP Program
- 5:00 pm - 6:30 pm - Executive Council Meeting
- 6:30 pm - 8:00 pm - Titus Harris Society Reception
- 6:30 pm - 8:00 pm - Welcome Reception with Exhibitors AND Poster Session

**SATURDAY, NOVEMBER 10**

- 7:45 am - 8:15 am - Complimentary Continental Breakfast for Meeting Registrants
- 7:30 am - 8:30 pm - Registration Open
- 7:30 am - 5:00 pm - Exhibits Open AND Poster Session
- 8:00 am - 6:00 pm - Scientific Program
- 10:30 am - 11:00 am - Refreshment Break with Exhibitors AND Poster Session Door Prize Drawings
- 1:00 pm - 2:30 pm - Annual Business Meeting Luncheon
- 4:00 pm - 4:20 pm - Refreshment Break with Exhibitors AND Poster Session Door Prize Drawings
- 6:00 pm - 7:00 pm - TSCAP Executive Committee Meeting
- 6:30 pm - 7:00 pm - Reception for Awards Banquet Attendees
- 7:00 pm - Awards Banquet

**SUNDAY, NOVEMBER 11**

- 8:00 am - 1:25 am - Scientific Program
- 10:30 am - 11:00 am - Refreshment Break
The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of 8 AMA PRA Category 1 Credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**NEEDS ASSESSMENT**

TSP has incorporated into this CME activity the relevant educational needs concerning the professional practice gaps of our participants.

**FACULTY AND STAFF DISCLOSURE POLICY**

The Texas Society of Psychiatric Physicians will disclose to participants the existence of any relevant financial relationships between faculty members, TSPP staff and members, who planned, authored, and/or reviewed the content of this educational activity. Disclosure will occur prior to the presentations either through oral communication or written communication in the syllabus or handout material.

**ACCREDITATION**

The Texas Society of Psychiatric Physicians has been granted approval by the Texas Medical Association to provide continuing medical education for physicians.

The presentation 'ETHICS: Competence for What? Variety, Ethics and Necessity in Competency Assessment' has been designated by the Texas Society of Psychiatric Physicians for (2) hours of education in medical ethics and/or professional responsibility.

**THE SCIENTIFIC PROGRAM GOAL/TARGET AUDIENCE/LEARNING OBJECTIVES**

This live activity has been designed in a format consisting of case study presentations, lectures and direct discussion to provide its primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice.

Information and data will address, new developments in treatment and new directions in research to address the professional practice gaps of the learners and advance the physician's knowledge, skills and judgement of the information presented in the educational activity into clinical practice.

The learning objectives for this activity have been designed to address clinician competence. Upon completion of this presentation all participants should be able to:

- The assessment and treatment of substance use disorders in adults and adolescents.
- The assessment of treatment of PTSD in combat veterans.
- The assessment and treatment of patients with comorbid general medical and psychiatric disorders.
- The use of social media to understand and communicate with patients and colleagues in professional and ethical ways.
- The assessment and understanding of patients’ roles and capacities in making decisions, including the components of various consent processes and patients’ accurately conveying information about their symptoms and risk (such as suicide risk).
- Understanding the effects of legislative and regulatory changes on the practice of Psychiatry.
- The assessment and treatment of substance use disorders in adults and adolescents.
- The assessment and treatment of patients with comorbid general medical and psychiatric disorders.
- The use of social media to understand and communicate with patients and colleagues in professional and ethical ways.
- The assessment and understanding of patients’ roles and capacities in making decisions, including the components of various consent processes and patients’ accurately conveying information about their symptoms and risk (such as suicide risk).
- Understanding the effects of legislative and regulatory changes on the practice of Psychiatry.

**SCIENTIFIC PROGRAM SCHEDULE**

**SATURDAY, NOVEMBER 10, 2012**

8:00 - 8:30 am Welcome and Introductions / Pre-Test

8:30 - 10:50 am Substance Use Disorders - Current Concepts in Research and Treatment

Edward Nace, MD, DFAPA
- Office-Based Treatment Approaches for Substance Abuse

Thomas R. Kostern, MD, DFAPA
- Cutting-Edge Research in Substance Abuse: Pharmacogenetics for Alcohol & Cocaine and Vaccines for Addictions

Bryan H. Adinoff, MD
- Neuroimaging Techniques

10:50 - 1:10 pm Refreshment Break w/ Exhibitors and Poster Session

11:00 - 1:00 pm Evidence Based Treatment of PTSD in Combat Veterans

Matthew Jeffreys, MD
- State of the Art Evidence Based Treatment, PE, CPT, Meds, etc.

Alan L. Peterson, PhD, ABPP, Kevin S. Bresnay, LCWS
- Lunch / Business Meeting

2:30 pm - 4:00 pm Update in Internal Medicine for Psychiatrists: The Current Medical Literature

Monique V. Yohanan, MD, MPH
- Physicians and the Practice of Medicine

Keith Whitworth, MAMFC, MARE, PhD
- Current Concepts in Research and Treatment

Lezlie L. Secret, MD, DFAPA
- Richard L. Noel, MD, DFAPA
- Conway L. McDonald, MD, DFAPA
- Emilee A. Becker, MD, DFAPA

5:56 pm - 6:00 pm Post Test

**SUNDAY, NOVEMBER 11, 2012**

8:30 am - 9:00 am Welcome and Introductions / Pre-Test

9:00 am - 11:00 am Social Media: Effects on Patients, Physicians and the Practice of Medicine

Keith Whitworth, MAMFC, MARE, PhD

11:00 am - 11:15 am Refreshment Break

11:15 am - 1:15 pm Competence for What? Ethical Assessment of Decision-Making Capacity

William H. Reid, MD, MPH, DFAPA, FACP, FACP

1:15 - 2:25 pm Post Test
THE TEXAS PSYCHIATRIST is published 5 times a year in February, April, June, August, and October. Members of Federation member organizations are encouraged to submit articles for possible publication. Deadline for submitting copy to the Federation Executive Office is the first day of the publication month. Copy must be edited, acceptable for publication.

Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

EDITORIAL BOARD
Federation Executive Committee
MANAGING EDITORS
John R. Bush
Debbie Sundberg

Federation of Texas Psychiatry
401 West 15th Street, Suite 675
Austin, Texas 78701
(512) 478-0605/(512) 478-5223 (FAX)
TxPsychiatry@aol.com (E-mail)
http://www.txpsych.org (website)

The TEXAS PSYCHIATRIST is published 5 times a year in February, April, June, August, and October. Members of Federation member organizations are encouraged to submit articles for possible publication. Deadline for submitting copy to the Federation Executive Office is the first day of the publication month. Copy must be edited, acceptable for publication.

Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

EDITORIAL BOARD
Federation Executive Committee
MANAGING EDITORS
John R. Bush
Debbie Sundberg

Federation of Texas Psychiatry
401 West 15th Street, Suite 675
Austin, Texas 78701
(512) 478-0605/(512) 478-5223 (FAX)
TxPsychiatry@aol.com (E-mail)
http://www.txpsych.org (website)

Join your colleagues who have chosen to be represented by our professional team and our program which is endorsed by the two most prominent associations in your profession – the American Psychiatric Association and the American Academy of Child and Adolescent Psychiatry.

As an Allied World policyholder you will benefit from the experience of an internationally recognized Risk Management Team who will guide you through the ever-changing exposures that you may encounter in your Psychiatric practice. Our Risk Management team is available to our insureds 24 hours a day, seven days a week or through our Hotline.

Please call us at 1-877-740-1777 or visit us at APAMalpractice.com to learn more.

CALENDAR OF MEETINGS

JULY 2012
20-22 Texas Society of Child and Adolescent Psychiatry
2012 Summer Conference and Scientific Program
“Attention Deficit Hyperactivity Disorder: Where Are We Now?”
Sheraton Arlington Hotel
Arlington, Texas

OCTOBER 2012
5-6 Texas Medical Association
Fall Conference
AT&T Conference Center
Austin, Texas

NOVEMBER 2012
9-11 Texas Society of Psychiatric Physicians
2012 Annual Convention and Scientific Program
“Embracing the Future in Psychiatric Practice”
Moody Gardens Hotel
Galveston, Texas

 THERE ARE GOOD REASONS AMERICAN PROFESSIONAL AGENCY IS A LEADER IN PROVIDING MALPRACTICE INSURANCE FORPSYCHIATRISTS

HERE ARE TWO OF THEM.

JOB BANK

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation’s JOB BANK on its website at www.txpsych.org. The Federation’s JOB BANK could be just what you have been looking for.

SAVE THE DATE
Texas Society of Psychiatric Physicians
56th Annual Convention & Scientific Program
November 9-11
Moody Gardens Hotel • Galveston