

# Texas Psychiatrist

## Capitol Day 2015

**“No man’s life, liberty or property are safe while the legislature is in session.”**

**Judge Gideon J. Tucker**

The Texas Legislature is now in session. During the 140-day session, the 181 legislators will file over 6,000 bills. Generally, about 300 filed bills could affect the practice of psychiatry in Texas.

Member organizations of the Federation, including the Texas Society of Psychiatric Physicians, the Texas Academy of Psychiatry and the Texas Society of Child and Adolescent Psychiatry, urge you to become involved in the political and legislative process to ensure that quality psychiatric care and patient safety are preserved and protected.

You can begin this involvement by attending and participating in the activities of CAPITOL DAY on Thursday, February 19, 2015. CAPITOL DAY, sponsored by the Mental Illness Awareness Coalition (Depression and Bipolar Support Alliance of Texas, Mental Health America of Texas, NAMI Texas and the Federation of Texas Psychiatry).

Attendance will afford you the opportunity to participate in several activities on February 19 to advocate for your patients and profession. CAPITOL DAY will begin with activities at the Schmidt-Jones Family Life Center, First United Methodist Church, Great Hall on the 2nd floor (1300 Lavaca, one block west of the Capitol). The schedule includes the following activities:

**10:00 am - 11:45 am: Advocacy Workshop**- receive briefings on key legislative issues and tips on effective legislative advocacy.

**11:45 am - 12:15 pm: Box Lunch** – enjoy a brief lunch with friends.

**12:30 pm - 1:15 pm: Rally on the South steps of the Capitol** – participate in rally to draw public attention to important legislation for persons with mental illnesses in Texas.

**1:15 pm - 3:30 pm: Visits with members of the Legislature** – visit members of the Legislature in teams of advocates to encourage support of needed legislation.

**3:30 pm - 4:30 pm: Reception** – Wrap-up your visit to the Capitol with refreshments and sharing of your experience.



For additional information about CAPITOL DAY, including registration information, please visit the Federation's website, [www.txpsych.org](http://www.txpsych.org).

Come to CAPITOL DAY on February 19 prepared to learn and to have a very fulfilling and fun experience.) ■

*“Just because you do not take an interest in politics doesn't mean that politics won't take an interest in you.”* Pericles



## They're Back!!!!

Eric Woomer, Public Policy Consultant, Federation of Texas Psychiatry

The 84th session of the Texas Legislature was kicked off at noon on Tuesday, January 13, 2015. As prescribed by the Constitution, the regular session of the legislature will last for 140 days. The last day of the session will be June 1, 2015.

2014 was an historic election year in Texas because of the record number of open statewide seats (with no incumbent). The seven new Statewide officials are: Greg Abbott replacing Governor Rick Perry; Dan Patrick replacing Lt. Governor David Dewhurst; Ken Paxton replacing Attorney General Greg Abbott; Glenn Hegar replacing Comptroller Susan Combs; Sid Miller replacing Agriculture Commissioner Todd Staples; George P. Bush replacing Land Commissioner Jerry Patterson; and Ryan Sitton replacing Railroad Commissioner Barry Smitherman

Eight new Senate members were sworn in to office, and after the special election run-off in Senate District 26 to replace Senator Leticia Van de Putte (D-San Antonio) who is resigning to run for Mayor of San Antonio, there will be 9 new members in the Texas Senate. In 2013, the Senate had 19 Republicans and 12 Democrats. This session, there will be 20 Republicans and 11 Democrats. The partisan numbers will not

change because both candidates in the Senate District 26 run-off are Democrats.

The 8 new members are: District 2 – Bob Hall (R-Center), District 4 – Brandon Creighton (R- Conroe), District 7 – Paul Bettencourt (R-Houston), District 8 – Van Taylor (R-Plano), District 10 - Konni Burton (R-Colleyville), District 16 - Don Huffines (R-Dallas), District 18 - Lois Kolkhorst (R-Brenham), and District 28 - Charles Perry (R-Lubbock).

Twenty-four new House members were sworn into the Texas House of Representatives. One member, Rodney Anderson (R-Grand Prairie) returned to the House after a two-year absence. Three additional new members will be added to the House after special election run-offs in House districts 13, 17, and 123 (the run-off dates have not yet been determined). In 2013, the Texas House had 95 Republicans and 55 Democrats. This session, there will be 98 Republicans and 51 Democrats (that totals 149 - because district 123 involves a special election run-off with candidates from both major parties). Run-off candidates in House Districts 13 and 17 are all Republican.

The 24 new House members are: District 1 - Gary VanDeaver (R-New Boston) District 4 - Stuart Spitzer (R-Kauffman) District 10 - John Wray (R-Waxahachie) District 15 - Mark Keough (R-The Woodlands) District 16 - Will Metcalf (R-Conroe) District 21 - Dade Phelan (R-Beaumont) District 23 - Wayne Faircloth (R-Dickinson) District 50 - Celia Israel (D- Austin) District 53 - Andrew S. Murr (R-Junction) District 55 - Molly White (R-Belton) District 58 - DeWayne Burns (R-Cleburne) District 66 - Matt Shaheen (R-Plano) District 76 - Cesar Blanco (D-El Paso) District 81 - Brooks Landgraf (R-Odessa) District 83 - Dustin Burrows (R- Lubbock) District 90 - Ramon Romero, Jr. (D-Fort Worth) District 94 - Tony Tinderholt (R- Arlington) District 102 - Linda Koop (R-Dallas) District 108 - Morgan Meyer (R-Dallas) District 115 - Matt Rinaldi (R-Irving)

District 117 - Rick Galindo (R-San Antonio) District 129 - Dennis Paul (R-Houston) District 132 - Mike Schofield (R-Katy) and District 144 - Gilbert Pena (R- Pasadena).

The first order of business after the swearing in was election of the Speaker of the House. There was a contested race for House Speaker for the first time since 1975. Rep. Joe Straus (R-San Antonio) was challenged for Speaker by Rep. Scott Turner (R-Frisco), a Tea Party favorite. By a record vote of 127 to 19, Joe Straus coasted to re-election as Speaker of the House.

Speaker Joe Straus announced the Legislative Budget Board's release of the House's two-year state budget plan. It would spend \$202.4 billion during the 2016-2017 budget cycle, up from an estimated \$202.1 billion in the current cycle, an increase of 0.2%. The plan would appropriate \$98.8 billion in General Revenue, up from \$95.2 billion last session.

The budget expands graduate medical education in order to begin addressing shortages of medical professionals in Texas, and maintains expansions in mental health services from the current budget and commits additional dollars to mental health care for veterans.

The contracting scandal around the no-bid contract with Austin technology company 21CT for Medicaid fraud detection continues to wreak havoc around the Texas Health & Human Services Commission. Multiple Commission employees have lost their jobs over the scandal. Now, Sen. John Whitmire (D-Houston) sent a letter to HHSC Commissioner Dr. Kyle Janek, calling for his resignation. Senator Whitmire's letter said, “I believe it is abundantly clear that you have conflicted yourself out of being capable of running this crucially important state agency. I have conferred with many of my colleagues and others in state government and believe there is a growing consensus that you no longer have the credibility to fix the numerous conflicts of



Eric Woomer

interest, broken policies, and potential violations of the law that have occurred during your leadership of the agency.”

Senator Charles Schwertner (R-Georgetown) filed legislation to help expand the ranks of Texas’ mental health professionals and improve access to mental health services. Schwertner's SB 239 would offer student loan repayment assistance for psychiatrists, psychologists, licensed professional counselors, psychiatric mental health advanced practice nurses, and clinical social workers who agree to provide direct care to underserved Texans.

The shortage of mental health professionals represents one of the state's most serious healthcare challenges, as identified by both Governor-Elect Greg Abbott's Healthy Texas plan and the Interim Report of the Senate Committee on Health and Human Services.

“Helping those who struggle with mental illness is an issue very near and dear to my heart,” said Schwertner. “As someone whose mother spent over 25 years as a nurse in our state's mental health system, I know firsthand what impact a dedicated mental health professional can have on the life of someone suffering from mental illness.”

The Federation will be monitoring each of these issues with the concerns of psychiatry in mind. Please let us know of any questions, comments or concerns you may have. We welcome your involvement in the legislative process, and look forward to a successful session in 2015. ■

## INSIDE

|  |     |
|--|-----|
| Calendar .....                                       | 8   |
| Congratulations .....                                | 6   |
| Foundation Thank You for Support ....                | 7   |
| Editors .....  | 8   |
| TSCAP Annual Convention and Scientific Program ..... | 4-5 |
| TSPP Annual Convention and Scientific Program .....  | 6   |
| TSPP Spring CME Program .....                        | 2-3 |





Texas Society of Psychiatric Physicians & Texas Academy of Psychiatry

Spring Committee Meetings, Continuing Medical Education Program

April 24-26, 2015 • Westin Austin at the Domain Hotel • Austin, Texas

Register early and plan to attend the 2015 Committee Meetings and Joint Provider Spring CME Program of the Texas Society of Psychiatric Physicians and the Texas Academy of Psychiatry on April 24-26 at the Westin Austin at the Domain Hotel in Austin, Texas, 11301 Domain Drive, Austin.



**MEETING LOCATION / INFORMATION**  
Located in the heart of The Domain, within one of Austin's premier destinations, the AAA 4- Diamond Award Winning Westin Austin at the Domain Hotel is centrally located amongst 1.3 million square feet of high-end shopping and local music, fine dining, an upscale movie theater featuring independent and major films, and jogging paths offering a taste of the calming greenery found nearby.

- MEETING HIGHLIGHTS**
- TSPP & TAP Spring CME Program (5 Hours of Category 1 CME Credit with 1 of the Hours Designated for Medical Ethics)
  - TSPP Committee Meetings – Open to all members, including Residents and Fellows in Training
  - Networking with Colleagues from Around the State of Texas
  - Exhibits that Offer Business Practice Tools and Employment Opportunities
  - TSPP Government Affairs Committee & Luncheon Program
  - Complimentary Reception
  - TSPP Executive Council Meeting and Installation of Officers for 2015-16

**EXHIBITS**  
Complimentary refreshments and snacks will be provided in the Camellia and Primrose Foyer for registered attendees. Exhibits will be open throughout the day Saturday to provide you with information designed to enhance your practice and improve the delivery of medical care to your patients. In addition there will be 'job fair' exhibitors who have employment opportunities for Psychiatrists in the State of Texas.

- PARTICIPATING EXHIBITORS AND SPONSORS CONFIRMED TO DATE:**
- EXHIBITORS**  
American Professional Agency, Inc.  
Professional Risk Management Services, Inc.  
Texas Foundation for Psychiatric Education & Research  
The Doctors Company  
UTMB CMC
- GOLD SPONSOR**  
Signature Texas

**HOTEL RESERVATIONS**  
**IMPORTANT!!** Austin has several events occurring this weekend (Austin Food & Wine Festival, Paleo F(X) Conference; Austin Auto Show) so rooms will go quickly! TSPP has negotiated a small block of rooms with a discounted room rate of **\$154.00**, a discount of over \$200-\$400 off of the website reservation rate! To take advantage of this rate, please call **1-800-228-3000** (PRIOR TO APRIL 2) and ask for the group name 'Texas Society of Psychiatric Physicians' for reservations at the Westin Austin at the Domain Hotel in Austin. **Discounted room rates are available until APRIL 2 or upon sell-out, whichever occurs first .**



| P R O G R A M   S C H E D U L E |   |
|---------------------------------|---|
| <b>FRIDAY, APRIL 24</b>         |   |
| 6:00 pm - 7:30 pm               | TSCAP Executive Committee Meeting .....Bluebonnet   |
| 7:30 pm - 9:00 pm               | Federation Delegate Assembly Meeting .....Bluebonnet  |
| <b>SATURDAY, APRIL 25</b>       |   |
| 7:30 am - 9:00 pm               | Registration .....Primrose Foyer  |
| 7:00 am - 8:30 am               | Foundation Board of Directors Breakfast Mtg .....Camellia A   |
| 8:30 am - 9:50 am               | Council on Leadership Meetings .....Primrose D<br>(Ethics, Distinguished Fellowship, Finance, Strategic Planning)   |
| 9:00 am - 10:30 am              | Meeting Space Contingencies .....Verbena A, Verbena B, Plumeria B   |
| 9:30 am - 6:30 pm               | Exhibits .....Primrose Foyer  |
| 9:50 am - 10:10 am              | Refreshment Break .....Primrose Foyer   |
| 10:10 am - 11:40 am             | Council on Service Meetings .....Primrose D<br>(Academic Psychiatry, Children & Adolescents Psychiatry, Forensic Psychiatry, Public Mental Health Services) |
| 11:40 am - 12:00 pm             | Refreshment Break .....Primrose Foyer   |
| 12:00 pm - 1:00 pm              | Council on Advocacy / Lunch Program .....Primrose C<br>(Government Affairs)   |
| 1:00 pm - 2:00 pm               | Texas Academy of Psychiatry Board of Directors Meeting ....Verbena B  |
| 1:00 pm - 2:30 pm               | <b>Resident/Fellow Section Program</b> .....Verbena A   |
| 1:00 pm - 2:30 pm               | Council on Education Meetings .....Primrose D<br>(Continuing Medical Education, Professional Practice Management)   |
| 2:30 pm - 8:35 pm               | <b>CME SCIENTIFIC PROGRAM</b> .....Primrose ABC   |
| 3:45 pm - 4:15 pm               | Refreshment Break .....Primrose Foyer   |
| 6:15 pm - 6:35 pm               | Refreshment Break .....Primrose Foyer   |
| <b>SUNDAY, APRIL 26</b>         |   |
| 7:30 am - 9:00 am               | 2015-16 Officer Orientation .....Camellia A   |
| 9:00 am - 12:00 pm              | Executive Council Meeting, Continental Breakfast .....Primrose D<br>and Installation of Officers for 2015-16  |

Texas Society of Psychiatric Physicians and Texas Academy of Psychiatry

Spring Committee Meetings, Continuing Medical Education Program

April 24-26, 2015 • Westin Austin at the Domain Hotel • Austin, Texas

REGISTRATION

NAME

E-MAIL ADDRESS FOR MEETING CONFIRMATION

ADDRESS / CITY / STATE / ZIP:

PHONE/FAX

REGISTRATION FEE SCHEDULE

|  | Before Apr. 2                      | After Apr. 2                       |   | Before Apr. 2                     | After Apr. 2                       |
|--|------------------------------------|------------------------------------|---|-----------------------------------|------------------------------------|
| <b>COUNCIL ON ADVOCACY/PROGRAM LUNCH</b>   | <input type="checkbox"/> \$20.00   | <input type="checkbox"/> \$25.00   | <b>CME PROGRAM</b>  |                                   |                                    |
| <b>MEETING SYLLABUS ORDER</b>  |                                    |                                    | TSPP / ACADEMY / TSCAP Member   | <input type="checkbox"/> \$115.00 | <input type="checkbox"/> \$145.00  |
| Meeting Syllabus in Color  | <input type="checkbox"/> \$30.00   | <input type="checkbox"/> \$50.00   | MS or Resident Fellow in Training / TSPP  |                                   |                                    |
| Meeting Syllabus in Black & White  | <input type="checkbox"/> No Charge | <input type="checkbox"/> No Charge | ACADEMY / TSCAP Member  | <input type="checkbox"/> \$15.00  | <input type="checkbox"/> \$25.00** |
| <b>Note: Registration fee for the CME Program includes 3 presentations, reception and dinner.</b>  |                                    |                                    | Non-Member Physician  | <input type="checkbox"/> \$155.00 | <input type="checkbox"/> \$185.00  |
| <input type="checkbox"/> <b>Vegetarian Plate Requested.</b> No additional fee if requested <b>prior to March 13</b> , otherwise there will be an additional fee of \$15.00   |                                    |                                    | Non-Member Resident Fellow Physician  | <input type="checkbox"/> \$25.00  | <input type="checkbox"/> \$35.00   |
| <b>To register by telephone there will be a \$7.50 convenience fee charged. To avoid this charge, you may fax (512-478-5223), scan and email (tsppofc@aol.com or mail to: TSPP, 401 West 15th Street, Suite #675, Austin, TX 78701 your registration form and payment.</b> |                                    |                                    | Allied Health Professional  | <input type="checkbox"/> \$75.00  | <input type="checkbox"/> \$115.00  |
|  |                                    |                                    | Name for name badge:  |                                   |                                    |
|  |                                    |                                    | Spouse / Guest (no CME credit)  | <input type="checkbox"/> \$55.00  | <input type="checkbox"/> \$75.00   |
|  |                                    |                                    | Name for name badge:  |                                   |                                    |
|  |                                    |                                    | Advocacy Organization (no CME credit)   | <input type="checkbox"/> \$55.00  | <input type="checkbox"/> \$75.00   |
|  |                                    |                                    | <b>** NO CHARGE, if your Program Training Director registers for the CME Program. Enter Program Director's name here:</b> |                                   |                                    |
|  |                                    |                                    | <b>Total Registration Fees</b>  |                                   |                                    |

If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605.

METHOD OF PAYMENT:

☐ Check in the Amount of \$\_\_\_\_\_ Make Checks Payable to Texas Society of Psychiatric Physicians

Please Charge \$\_\_\_\_\_ To My: ☐ VISA ☐ MasterCard ☐ American Express Credit Card # \_\_\_\_\_

Expiration Date: \_\_\_\_\_ 3 Digit Code on Back of Card on Right of Signature Panel \_\_\_\_\_

Name of Cardholder (as it appears on card) \_\_\_\_\_

Signature \_\_\_\_\_

Zip code where you **RECEIVE** your credit card statement: \_\_\_\_\_

CANCELLATION POLICY: In the event of cancellation, a full refund will be made if written notice is received in the TSPP office by April 2, 2015, less a 25% processing charge. NO REFUNDS will be given after April 2, 2015

RETURN TO: TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS, 401 WEST 15TH STREET, SUITE #675, AUSTIN, TX 78701;  
PHONE (512) 478-0605 FAX (512) 478-5223 EMAIL TSPPOfc@aol.com



Texas Society of Psychiatric Physicians & Texas Academy of Psychiatry

Continuing Medical Education Program

“Psychiatric Masquerades of Medical Illness”

Saturday, April 25, 2015 • Westin Austin at the Domain Hotel • Austin, Texas

|                   |  |
|-------------------|--|
| 2:30 pm - 3:30 pm | <b>ETHICS: Risk Management and Behavioral Health</b> .....Primrose ABC   |
|                   | <b>Moira Wertheimer, RN, JD, CPHRM</b>   |
|                   | Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity participants should be able to:  |
|                   | <ul style="list-style-type: none"><li>• Identify behavioral health patient population demographics.</li><li>• Explore common claims against psychiatrists and other behavioral health providers.</li><li>• Discuss current trends in litigation against psychiatrists.</li><li>• Explore issues with documentation and its impact on lawsuits</li><li>• Identify risk reduction strategies.</li></ul>              |
| 3:45 pm - 4:15 pm | <b>Refreshment Break</b> .....Primrose Foyer   |
| 4:15 pm - 5:15 pm | <b>Psychiatric Masquerades of Medical Illness: Anti-NMDA Encephalitis</b> .....Primrose ABC  |
|                   | <b>M. Justin Coffey, MD, FAPA</b>  |
|                   | Objectives: The learning objectives for this activity have been designed to address clinician Competence. Upon conclusion of the activity participants should be able to:  |
|                   | <ul style="list-style-type: none"><li>• Recall the neuropsychiatric presentation and course of anti- NMDA encephalitis.</li><li>• Identify the clinical management and outcomes of anti-NMDA encephalitis and develop strategies to apply the knowledge in practice.</li></ul>   |
| 5:15 pm - 6:15 pm | <b>Psychiatric Masquerades of Medical Illness: Anxiety in Cardiac Patients: The Vexing Overlap</b> .....Primrose ABC   |
|                   | <b>Cheryl Person, MD</b>   |
|                   | Objectives: The learning objectives for this activity have been designed to address clinician Competence. Upon conclusion of the activity participants should be able to:  |
|                   | <ul style="list-style-type: none"><li>• Recognize the epidemiology of anxiety in cardiac patients.</li><li>• Identify treatment and prognosis of anxiety disorders in patients with cardiac disease and develop practical solutions for working with cardiac patients</li></ul>  |
| 6:15 PM - 6:35 PM | <b>Refreshment Break</b> .....Primrose Foyer   |
| 6:35 PM - 7:35 PM | <b>Psychiatric Masquerades of Medical Illness: Neuropsychiatric Scurvy: A New Old Example of Malnutrition in Mental Illness</b> .....Primrose ABC  |
|                   | <b>Thomas M. Brown, MD</b>   |
|                   | Objectives: The learning objectives for this activity have been designed to address clinician Competence. Upon conclusion of the activity participants should be able to:  |
|                   | <ul style="list-style-type: none"><li>• Recognize the high prevalence of malnutrition and vitamin deficiencies in the population and identify strategies to apply the knowledge in practice.</li><li>• Recall the presentation of neuropsychiatric scurvy and identify the causes and treatment of neuropsychiatric scurvy to develop new strategies to apply the knowledge and judgement in practice.</li></ul>   |
| 7:35 PM - 8:35 PM | <b>Psychiatric Masquerades of Medical Illness: Approach to the Management and Treatment of Delirium</b> .....Primrose ABC  |
|                   | <b>Michael P. Rafferty, MD</b>   |
|                   | Objectives: The learning objectives for this activity have been designed to address clinician Competence. Upon conclusion of the activity participants should be able to:  |
|                   | <ul style="list-style-type: none"><li>• Recognize signs and symptoms and diagnostic issues in delirium.</li><li>• Recognize risks and precipitating factors.</li><li>• Recall updated pathophysiology of delirium.</li><li>• Identify choices of assessment tools.</li><li>• Create a differential diagnosis</li><li>• Understand principles of management and choose appropriate psychopharmacotherapy.</li></ul> |

ABOUT THE SPEAKERS

THOMAS M. BROWN, MD

Director  
Psychosomatics Service  
Audie L. Murphy Memorial VAMC  
Author,  
*Psychiatric Side Effects of Prescription  
and Over-the-Counter Medications*  
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M. JUSTIN COFFEY, MD, FAPA

Medical Director, Neurostimulation Program  
Medical Director, Clinical Informatics  
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Medical Director, Neuropsychiatry Clinic  
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MICHAEL P. RAFFERTY, MD

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University of Texas Southwestern Medical Center  
Lead Psychiatrist for Mental Health Consultation-Liaison Team  
Veterans Affairs North Texas Health Care System  
Dallas, Texas

MOIRA WERTHEIMER, RN, JD, CPHRM

President Elect,  
Connecticut Society of Healthcare Risk Management  
Assistant Vice President  
Healthcare Risk Management  
AWAC Services Company  
Farmington, Connecticut

CME PROGRAM GOAL / TARGET AUDIENCE

This live activity has been designed in a format consisting of presentations and direct discussion to provide its’ primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice.

The information and data presented will address the professional practice gaps of the learners and advance the physician's competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

NEEDS ASSESSMENT

TSPP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of our participants.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Texas Medical Association (TMA) through the joint providership of the Texas Society of Psychiatric Physicians and the Texas Academy of Psychiatry. The Texas Society of Psychiatric Physicians is accredited by TMA to provide continuing medical education for physicians.

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of five (5) *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The presentation “Risk Management and Behavioral Health”, has been designated by Texas Society of Psychiatric Physicians for one (1) credit of education in medical ethics and/or professional responsibility.



FACULTY AND STAFF DISCLOSURE POLICY

The Texas Society of Psychiatric Physicians will disclose to participants the existence of any relevant financial relationships between faculty members, TSPP staff and members, who planned, authored, contributed to, and/or reviewed the content of this activity, and any commercial interest discussed in this educational activity. Disclosure will occur prior to the presentations through oral communication to the audience by the moderator or chair, and written communication in the syllabus or hand-out material.



# TSCAP Annual Convention & Scientific Program

“Maximizing Your Impact: Doing More With Less”

July 17-19, 2015 • Omni Fort Worth Hotel • Fort Worth, TX



## GENERAL INFORMATION

### MEETING LOCATION / HOTEL RESERVATIONS

TSCAP's Annual Convention and Scientific Program will be held at the beautiful Omni Fort Worth Hotel, 1300 Houston Street, in downtown Fort Worth. A special TSCAP discounted room rate of \$170.00 is available to program registrants **until JUNE 15 or upon sellout, whichever occurs first!!** Make your hotel reservation today by calling **1-800-THE-OMNI (1-800-843-6664)** or visit:

<http://www.omnihotels.com/FindAHotel/FortWorth/MeetingFacilities/TexasSocietyofChildandAdolescentPsychiatry7.aspx>



And, be sure to enroll online at [www.omniselectguest.com](http://www.omniselectguest.com) to become a member of the Omni Select Guest program and receive complimentary benefits during your stay!

### OMNI FORT WORTH AMENITIES

Located across the street from the beautiful Fort Worth Water Gardens, the Omni Fort Worth Hotel offers the “Omni Sensational Kids Program” with special amenities for children staying at the hotel; in addition, the hotel features a state-of-the-art fitness center and full-service health club; heated outdoor swimming pool and outdoor whirlpool; revitalizing spa featuring steam/inhalation room; sauna and luxurious massage treatments, scenic hiking, walking, jogging and biking paths located nearby along the Trinity River. Or, take a ride on the trolley and enjoy beautiful Sundance Square Plaza and live entertainment. Fort



Worth, the 16th-largest city in the United States is one of “America’s Most Livable Communities.” Today, Fort Worth, Texas is a thriving center of culture, cowboys and commerce. Visitors are often surprised by everything Fort Worth has to offer: the Historic Stockyards, remarkable museums, a dazzling downtown area, Texas Motor Speedway, spectacular annual events and a lot more. With activities and amenities for everyone, Fort Worth and the Omni Hotel is the perfect location for TSCAP’s 2015 Annual Meeting!



### MEETING REGISTRATION

The earlier you register, the greater the savings on meeting registration AND hotel reservations! To take advantage of the **Special Discounted Registration Fees**, please remit your meeting registration **PRIOR TO JUNE 15**. If paying by credit card you may fax your meeting registration form to 512-478-5223. A confirmation of your registration will be sent IF you include your email address.

### OPENING WELCOME RECEPTION WITH EXHIBITORS

Check in early and join your friends and colleagues at the complimentary Welcome Reception for all TSCAP attendees! The welcome reception will be held Friday evening, July 17. Visit throughout the evening with your friends, colleagues and exhibitors in a relaxing atmosphere and become eligible for special door prize drawings to be awarded on Saturday!

### MEETING SYLLABUS IN COLOR

All CME program registrants will receive at No Additional Charge a black and white printed copy of the speakers’ presentation. Due to the higher cost of color copying, IF you wish to receive the syllabus in color you may purchase a color copy of the speakers’ syllabus by checking the box on the Registration Form and including the additional charge. The color copy will be provided to you upon check-in the day of the program.

## PROGRAM AT A GLANCE

### Friday, July 17

1:00 pm - 5:30 pm  
4:00 pm - 5:30 pm  
6:30 pm - 8:30 pm

Exhibit Set-Up ..... Fort Worth Ballroom 1-4  
TSCAP Executive Cmte Mtg ..... Stockyards 2  
Welcome Reception w/Exhibitors ..... Fort Worth Ballroom 1-4

### Saturday, July 18

7:30 am - 8:10 am  
8:00 am - 3:45 pm  
10:30 am - 10:50 am  
11:50 am - 12:10 pm  
12:10 pm - 1:10 pm  
1:10 pm - 1:30 pm  
3:00 pm - 4:00 pm

Continental Breakfast w/Exhibitors ..... Fort Worth Ballroom 1-4  
CME Program ..... Fort Worth Ballroom 5-8  
Refreshment Break ..... Fort Worth Ballroom 1-4  
Refreshment Break ..... Fort Worth Ballroom 1-4  
Lunch / Resident Case Presentation ..... Fort Worth Ballroom 5-8  
Refreshment Break ..... Fort Worth Ballroom 1-4  
Exhibits Teardown / Depart ..... Fort Worth Ballroom 1-4

### Sunday, July 19

7:45 am - 8:45 am  
8:45 am - 12:30 pm  
11:15 am - 11:30 am

TSCAP Annual Business Meeting / Breakfast ..... Stockyards 2  
CME Program ..... Fort Worth Ballroom 5-8  
Refreshment Break ..... Fort Worth Ballroom Foyer

### EXHIBITS

TSCAP’s Welcome Reception, Continental Breakfasts and Refreshment Breaks, will be held in Fort Worth Ballroom 1-4, Omni Fort Worth Hotel. Please make plans to visit with the Exhibitors during the Friday Welcome Reception AND enter to win the drawings for door prizes to be awarded throughout the day on Saturday. Exhibit hours:

Welcome Reception - Friday - 6:30 pm - 8:30 pm  
Continental Breakfast - Saturday - 7:30 am - 8:10 am  
Refreshment Break - Saturday - 10:30 am - 10:50 am  
Refreshment Break - Saturday - 11:50 am - 12:10 pm  
Refreshment Break - Saturday - 1:10 pm - 1:30 pm  
Exhibitors Tear Down and Depart - Saturday - 3:00 pm - 4:00 pm

### ANNUAL MEETING BREAKFAST

The Annual TSCAP Business Meeting and Breakfast will be held Sunday, 7:45 am - 8:45 am in the Stockyards 2 Room, Omni Fort Worth Hotel. Open to all attendees. Register early and plan to attend!



Texas Society of Child and Adolescent Psychiatry

## Annual Convention & Scientific Program

“Maximizing Your Impact: Doing More With Less”

July 17-19, 2015 • Omni Fort Worth Hotel • Fort Worth, TX

## REGISTRATION

|                               |            |        |     |
|-------------------------------|------------|--------|-----|
| NAME                          | DEGREE     |        |     |
| MAILING ADDRESS               | CITY       | STATE  | ZIP |
| TELEPHONE NUMBER              | FAX NUMBER | E-MAIL |     |
| Name(s) of Guest(s) Attending |            |        |     |

### SCIENTIFIC PROGRAM REGISTRATION (Includes Scientific Program, B/W Syllabus, Saturday lunch, Saturday & Sunday Refreshment Breaks).

|   | Before June 15 | After June 15 |  |
|---|----------------|---------------|--|
| TSCAP Member Physician                      | \$195          | \$215         |  |
| Non-Member Physician                        | \$250          | \$270         |  |
| Spouse / Guest Claiming CME Credit          | \$195          | \$215         |  |
| Allied Health Professional / Spouse / Guest | \$180          | \$200         |  |
| TSCAP Member Trainee                        | \$15           | \$30          |  |
| Non-Member Trainee                          | \$25           | \$50          |  |
| Medical Student                             | \$0            | \$15          |  |

### SOCIAL EVENTS

☐ Friday Welcome Reception

Name(s) Attending Reception:

☐ Sunday Membership Business Breakfast

TSCAP Member

\$15

\$20

Non-Members/Guests/Spouse/Child

\$20

\$25

Name(s) Attending Breakfast:

### MEETING SYLLABUS ORDER

☐ Color Printed Copy

\$75

\$100

☐ Black & White Copy

FREE

FREE

☐ Vegetarian Plate Requested. No additional fee if requested prior to June 15, otherwise there will be an additional fee of \$15.00.



If you require any special assistance to fully participate in this conference, please contact TSCAP via e-mail [tscapofc@aol.com](mailto:tscapofc@aol.com) or 512/478-0605.

TOTAL REGISTRATION

## PAYMENT INFORMATION

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**CANCELLATIONS – Deadline for cancellation is June 15, 2015. In the event of cancellation, a full refund will be made if written notice is received in the TSCAP office by June 15, 2015, less a 25% handling charge. NO REFUNDS WILL BE GIVEN AFTER June 15, 2015.**

**RETURN TO:** TEXAS SOCIETY OF CHILD AND ADOLESCENT PSYCHIATRY,  
401 WEST 15TH STREET, SUITE #675, AUSTIN, TX 78701; PHONE (512) 478-0605 • FAX (512) 478-5223



# “Maximizing Your Impact: Doing More With Less”

## CME PROGRAM SCHEDULE

### Saturday, July 18 (5 Hours of Category 1 CME Credit)

|                  |   |
|------------------|---|
| 8:00 - 8:30 am   | Welcome & Opening Remarks   |
| 8:30 - 9:30 am   | <b>KEYNOTE: Maximizing Treatment of Depressive Disorders in Youth</b><br><i>Karen Dineen Wagner, MD, PhD</i>                      |
| 9:30 - 10:30 am  | <b>Behavioral Health Integration</b><br><i>Octavio N. Martinez, Jr., MD, MPH, MBA, FAPA</i>                                       |
| 10:30 - 10:50 am | Refreshment Break   |
| 10:50 - 11:50 am | <b>The Philosophy of Integrative Child Psychiatry</b><br><i>Scott Shannon, MD, ABIHM</i>  |
| 11:50 - 12:10 pm | Refreshment Break   |
| 12:10 - 1:10 pm  | <b>Resident Case Presentation</b><br><i>Maria Lopez-Rosario, MD, Psychiatry Fellow</i><br><i>Meredith Chapman, MD, Discussant</i> |
| 1:10 - 2:30 pm   | Refreshment Break   |
| 1:30 - 3:30 pm   | <b>Collaboration of Psychiatrists and Primary Care Practitioners</b><br><i>Steven R. Pliszka, MD</i>                              |
| 3:30 - 3:45 pm   | Closing Remarks   |

### Sunday, July 19 (3 Hours of Category 1 CME Credit)

|                  |   |
|------------------|---|
| 8:45 - 9:15 am   | Welcome & Opening Remarks   |
| 9:15 - 11:15 am  | <b>ETHICS: Supervisory, Consultative and Collaborative Relationships: Liability Concerns with Split Treatment</b><br><i>Moira Wertheimer, RN, JD, CPHRM</i> |
| 11:15 - 11:30 am | Refreshment Break   |
| 11:30 - 12:30 pm | <b>ABPN – How to Fit MOC into Practice</b><br><i>Laurel Williams, DO, BS</i>  |

## SCIENTIFIC PROGRAM SPEAKERS

### MEREDITH CHAPMAN, MD

Medical Director  
Consultation/Liaison Service  
Children's Medical Center  
Assistant Professor  
University of Texas Southwestern Medical Center  
Dallas, Texas

### MARIA LOPEZ-ROSARIO, MD

Child and Adolescent Psychiatry Fellow  
University of Texas Southwestern Medical Center  
Dallas, Texas

### OCTAVIO N. MARTINEZ, JR., MD, MPH, MBA, FAPA

Executive Director, Hogg Foundation for Mental Health  
Associate Vice President, Division of Diversity and Community Engagement at University of Texas at Austin  
Clinical Professor, University of Texas at Austin School of Social Work  
Adjunct Professor, Department of Psychiatry  
University of Texas Health Science Center at San Antonio School of Medicine  
Member, Institute of Medicine's Committee on the Governance and Financing of Graduate Medical Education  
Former Member, Institute of Medicine's Roundtable on the Promotion of Health Equity and the Elimination of Health Disparities  
Former Member, IOM's Committee on the Mental Health Workforce for Geriatric Populations  
Chair, Board of the National Hispanic Council on Aging  
Chair, Board of the Meadows Mental Health Policy Institute  
Committee Chair, Texas Health and Human Services Commission - Behavioral Health Integration Advisory Committee  
Commissioner, Supreme Court of Texas Permanent Judicial Commission for Children, Youth and Families  
Member, University of Texas, University Charter School Advisory Board  
Member, Board of Directors for Grantmakers in Health  
Member, Editorial Board for Home Health Care Services Quarterly Journal  
Austin, Texas

### STEVEN R. PLISZKA, MD

Professor and Interim Vice Chair  
Chief, Division of Child and Adolescent Psychiatry  
University of Texas Health Science Center at San Antonio  
San Antonio, Texas

### SCOTT SHANNON, MD, ABIHM

Assistant Clinical Professor of Psychiatry,  
Integrative Health Clinic  
University of Colorado Children's Hospital, Denver  
Founding Member, American Holistic Medical Association  
President, American Holistic Medical Association 2000-2001  
President, American Board of Integrative Holistic Medicine 2011-2013  
Editor / Author, Handbook of Complementary and Alternative Treatments in Mental Health,  
Academic Press, 2002  
Author, Please Don't Label My Child, Rodale Press, 2007  
Author, Mental Health for the Whole Child: Moving Young Clients from Disease & Disorder to Balance & Wellness,  
W.W. Norton & Company, 2013  
Author, Parenting the Whole Child: A Holistic Child Psychiatrist Offers Practical Wisdom on Behavior, Brain Health, Nutrition, Exercise, Family Life, Peer Relationships, School Life, Trauma, Medication and More,  
W.W. Norton & Company, 2014  
Private Practice, Fort Collins, Colorado

### KAREN DINEEN WAGNER, MD PHD

Marie B. Gale Centennial Professor and Vice Chair  
Director of Child and Adolescent Psychiatry  
Department of Psychiatry and Behavioral Sciences  
University of Texas Medical Branch at Galveston  
Child and Adolescent Psychiatry  
Columnist for Psychiatric Times  
Galveston, Texas

### MOIRA WERTHEIMER, RN, JD, CPHRM

President Elect, Connecticut Society of Healthcare Risk Management  
Assistant Vice President  
Healthcare Risk Management  
AWAC Services Company  
Farmington, Connecticut

### LAUREL WILLIAMS, DO, BS

Associate Professor  
Menninger Department of Psychiatry & Behavioral Sciences  
Director, Baylor Child & Adolescent Psychiatry Clinic  
Associate Professor TCH – Clinical Care Center  
Director of Residency Training, Child & Adolescent Psychiatry Fellowship  
Baylor College of Medicine  
Houston, Texas

### ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Texas Medical Association (TMA) through the Joint Providership of the Texas Society of Psychiatric Physicians and the Texas Society of Child and Adolescent Psychiatry.

The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of eight (8) *AMA PRA Category I Credits™*. Participants should claim only the credit commensurate with the extent of their participation in the activity.

The presentation entitled “ETHICS: Supervisory, Consultative and Collaborative Relationships: Liability Concerns with Split Treatment ” has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

### TARGET AUDIENCE / PROGRAM OBJECTIVES

This live activity has been designed with didactic lectures supplemented with clinical vignettes, audiovisual presentation, direct discussion, panel discussion and a case study presentation in multiple educational sessions. The program is designed to provide its’ primary target audience of Child and Adolescent Psychiatrists, General Psychiatrists and other specialties of medicine in the State of Texas, with clinically-relevant information to advance the physician's competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgment of the information presented in the educational activity into their practice.

At the conclusion of this activity, participants should be able to:

- Describe diagnostic strategies and current best practice recommendations for treatment of children and adolescents with depressive disorders
- Critique treatment benefits of integrated Medicaid behavioral health services, including targeted case management, mental health rehabilitative services and physical health services
- Evaluate potential benefits of integrating complementary and alternative treatments into mental health practice
- Assess the benefits and risks of collaboration with primary care practitioners for mental health delivery
- Recognize supervisory, consultative and collaborative relationships and liability issues involved
- Establish strategies to efficiently complete the ABPN requirements for Maintenance of Certification

### NEEDS ASSESSMENT

TSCAP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of our participants.

### FACULTY AND STAFF DISCLOSURE POLICY

The Texas Society of Child and Adolescent Psychiatry will disclose to participants the existence of any relevant financial relationships between faculty members, TSPP staff and members, who planned, authored, contributed to, and/or reviewed the content of this activity, and any commercial interest discussed in this educational activity.

Disclosure will occur prior to the presentations through written communication in the syllabus or handout material and through oral communication to the audience by the moderator or chair.



**SAVE THE DATE AND REGISTER EARLY!!**

Program and Registration Forms will be mailed and available online in July.



## It's Island Time For TSPP 59th Annual Convention and Scientific Program

**NOVEMBER 19-22, 2015 • MOODY GARDENS HOTEL**

In addition to an outstanding continuing medical education program, adventure & fun await at the 'New' Moody Gardens Hotel. The spectacular over-20 million dollar hotel renovation is now complete and there are now even more fun-filled activities for everyone to enjoy on-site! TSPP has arranged an incredibly low discounted room rate of \$142 and rooms will go very quickly so be sure to place your hotel reservations as soon as possible by calling 888-388-8484!

Following is a preview of the exciting events that are awaiting Annual Convention attendees:

Opening at Moody Gardens for the first time in 2014, and just in time for TSPP's 2015 Annual Convention is a new frosty addition to the magic of the 2015 holiday festivities.. ICE LAND..the only holiday ice exhibition featuring a vast and amazing display of magnificent ice creations carved from 900 tons of ice on the Gulf Coast! And everyone will enjoy the 14th Annual Festival of Lights featuring over one million lights and the area's only outdoor skating rink and thrilling Arctic Ice Slide! All of this is in addition to the full service salon and spa, Texas size outdoor heated pool, championship golf at Moody Gardens Golf Course, the Aquarium, Rainforest and Discovery Museum Pyramids, the FIVE-TIER Sky Trail Ropes Course, Zip Line over Palm Beach and the Colonel Paddlewheel Boat!



### Congratulations!

TSPP and APA recognize the following members who achieved 50 Year Membership Status in 2015:

Doyle I. Carson, MD, Dallas  
Cecil A. Childers, MD, Corpus Christi  
Normabelle Conroy, MD, Kerrville  
Emilio J. Dominguez, MD, San Antonio  
David C. Kay, MD, Houston  
Edward L. Reilly, MD, Houston  
Lewis H. Richmond, MD, San Antonio  
Robert M. Rose, MD, Galveston

TSPP and APA recognize the following members who achieved Life Status in 2015:

#### DISTINGUISHED LIFE FELLOWS

Baer Max Ackerman, MD - Plano  
Philip M. Becker, MD - Dallas  
Gary L. Etter, MD - Fort Worth  
James S. Ezelle, MD - Bellaire  
Francisco Fernandez, MD - Harlingen  
Kathleen A. Gallentine, MD - Houston  
Fructuoso Irigoyen-Rascon, MD - McAllen  
Daryl K. Knox, MD - Houston  
Gary L. Malone, MD - Grapevine  
Daniel B. Pearson, III, MD - Dallas  
William H. Tullis, MD - Austin  
Mitchell A. Young, MD - Houston

#### LIFE FELLOWS

David H. Beyer, Jr., MD - Waco  
Elma G. Granado, MD - Fort Worth  
Thomas Horvath, MD - Houston  
Guy K. Patterson, MD - Houston  
Jorge A. Raichman, MD - Houston  
Robert L. Woodham, MD - Houston

#### LIFE MEMBERS

Jeffrey Glass, MD - Dallas  
Victor A. Gutierrez, MD - Plainview  
Satyajeet Lahiri, MD - Rusk  
Umamaheswara R. Maruvada, MD - Corpus Christi  
Bharat N. Patel, MD - Carrollton  
Carol A. Tamminga, MD - Dallas  
Stephen A. Tew, MD - Houston

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The TEXAS PSYCHIATRIST is published 5 times a year in February, April, June, August, and October. Members of Federation member organizations are encouraged to submit articles for possible publication. Deadline for submitting copy to the Federation Executive Office is the first day of the publication month. Copy must be edited, acceptable for publication.

Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

#### **EDITORIAL BOARD**

Federation Executive Committee

#### **MANAGING EDITORS**

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**Federation of Texas Psychiatry**  
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(512) 478-0605 / (512) 478-5223 (FAX)  
TxPsychiatry@aol.com (E-mail)  
<http://www.txpsych.org> (website)

## **CALENDAR OF MEETINGS**

### **FEBRUARY**

- 19 Mental Illness Awareness Coalition “Capitol Day”**  
Schmidt-Jones Family Life Center, Austin, Texas  
Rally on the Capitol Steps  
For Information: [tsppofc@aol.com](mailto:tsppofc@aol.com)

### **APRIL**

- 25-26 Texas Society of Psychiatric Physicians**  
Texas Academy of Psychiatry  
Spring Meeting & CME Program  
Westin Austin at the Domain Hotel, Austin  
Reservations: \$154 PRIOR TO April 2  
For Reservations Call: 1-800-937-8461

### **MAY**

- 1 Section on Psychiatry Program / TEXMED**  
Austin Convention Center  
For Information: [www.texmed.org](http://www.texmed.org)

### **JULY**

- 17-19 Texas Society of Child and Adolescent Psychiatry**  
Annual Meeting & CME Program  
Omni Hotel, Fort Worth  
Reservations: \$170 PRIOR to June 15  
For Reservations Call: 1-800-THE-OMNI

### **NOVEMBER**

- 19-22 Texas Society of Psychiatric Physicians**  
Annual Convention & CME Program  
Moody Gardens Hotel, Galveston  
Reservations: \$142 PRIOR to October 27  
Reservations: 1-888-388-8484

## **JOB BANK**

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation's **JOB BANK** on its website at [www.txpsych.org](http://www.txpsych.org). The Federation's **JOB BANK** could be just what you have been looking for.

**Federation of Texas Psychiatry**  
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