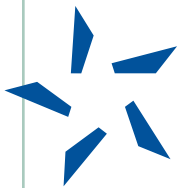


Texas Psychiatrist



TSPP'S 59th Annual Convention and Scientific Program

Daniel B. Pearson, III, MD, President, Texas Society of Psychiatric Physicians

I am looking forward to the 59th Annual Convention and Scientific Program of the Texas Society of Psychiatric Physicians to be held November 19-22, 2015 at the Moody Gardens Hotel in Galveston, Texas. And, I hope you will join us. In addition to an outstanding CME program, adventure and fun await you at the "New" Moody Gardens Hotel. The spectacular \$20+ million renovation is now complete and there are even more fun-filled activities for everyone to enjoy onsite! TSPP has arranged an incredibly low discounted room rate of \$142 and rooms will go very quickly, so be sure to place your hotel reservations as soon as possible by calling 888-388-8484.

CME PROGRAM SUMMARY

The CME Program's focus will be on applying evidence based knowledge to patient centered care. This will provide much needed new information regarding advances in these areas that can be translated into clinical practice. This year's topics include:

- Treatment Options for Treatment Resistant Affective Disorders

- The Science Behind the Orexin Signaling System and its Role in Controlling Wakefulness and the Science Behind the Pre-Clinical Discovery and Clinical Development Program of Suvorexant
- Update on Acute and Long Term Treatment for Bipolar Disorder in Adults
- Bipolar Disorder / Mood Dysregulation Disorder in Children and Adolescents
- Case Studies on Newer Imaging Techniques to Differentiate Between Complex Neuropsychiatric Disorders
- Current Treatment Modalities and/or Clinical Management of Older Patients with Psychiatric and Behavioral Symptoms
- ETHICS: Risk Management: Overcoming Barriers to Implementation in Telepsychiatry

In addition to the outstanding CME scientific program on Saturday and Sunday, this year's Annual Convention has many exciting activities and complimentary educational programs that are going to be held on Friday. You'll be among the first to enjoy Moody Gardens' holiday events that will

provide fun-filled activities for you and your friends and family to enjoy during the meeting dates. All of this, without ever leaving the meeting site!! So, be sure to place your hotel reservation early and send in your meeting registration to TSPP to take advantage of the NEW tier of discounted registration fees!

MOODY GARDENS ICELAND

Opening November 14, 2015 - January 10, 2015

A skilled team of internationally-acclaimed professional ice carvers from Harbin, China will dive into 900 tons of ice and transform them into majestic marvels featuring a variety of scenes. Chilled and held at a temperature of 9 degrees, you can witness these works of art as Galveston makes its holiday transformation into a Winter Wonder Island.

MOODY GARDENS FESTIVAL OF LIGHTS

Opening November 14, 2015 - January 10, 2015

As one of the largest holiday celebrations in the region, Festival of Lights has become a holiday tradition for families and groups alike. Enjoy more than 1 million lights



Daniel B. Pearson, III, MD

within 100 sound-enhanced animated light displays and nightly live entertainment. You can also skate around on the area's only outdoor ice skating rink (bring your own skates or rentals available for \$7), or try out the new Arctic Ice Slide or take pictures with Santa.

Enclosed in the newsletter are additional details about the Annual Convention and Scientific Program. Please take time to look over the information and reserve the date and send your registrations in early to take advantage of cost savings discounts. I look forward to welcoming you to TSPP's 59th Annual Convention in Galveston. ■

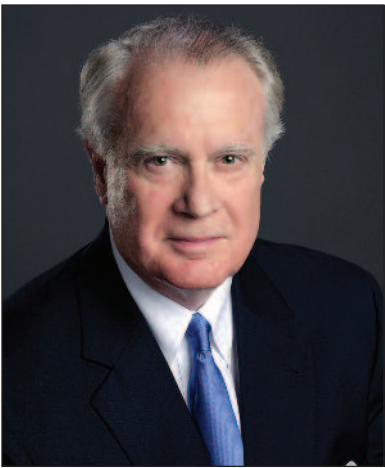


Bush to Retire: Sundberg Named Executive Director

Debra Atkisson, MD, Chairman, Federation of Texas Psychiatry

The Executive Committee of the Federation of Texas Psychiatry met in Fort Worth on July 17 to discuss and take action on a significant matter important to all of Texas Psychiatry – the retirement of our Executive Director John Bush.

Mr. Bush will have served Texas Psychiatry for 26 years on his upcoming retirement date of February 15, 2016. He began working with the Texas Society of Psychiatric Physicians in 1990 in the position of Executive Director, two years after TSPP became a free-standing organization. He has continued with us as we have restructured and reorganized into the Federation of Psychiatry. In addition to TSPP, Mr. Bush serves as Executive Director of the Texas Society of Child and Adolescent Psychiatry, the Texas Foundation for Psychiatric Education and Research, the Texas Academy of Psychiatry and the Federation of Texas Psychiatry (he planned, organized and incorporated the three former organizations during his tenure). This



John R. Bush

year the Federation celebrates a tenth birthday as the organization which represents over 50,000 physicians of member organizations. We have become "the United Voice for Psychiatry in Texas." Our organizations have shown success in building growth in membership in organized psychiatry, conducting quality CME for Texas psychiatrists and providing strong leadership during our legislative sessions. Other District Branches of the APA have asked us to discuss how we have developed a model which has been effective. John Bush has been instrumental in developing the successful model we have today.

John's dedication and passion for the advancement of organized psychiatry has been noted by the emphasis on three core values: providing effective advocacy programs to protect patients and enhance the profession of psychiatry; providing high quality continuing medical education to assist us in managing our patients' illnesses;



Debbie Sundberg

and providing a collegial and hospitable setting for members from all regions and practice settings to engage in fellowship. In order to be successful in these ventures, we have had an effective Executive Director who has established highly efficient management operations and executed policy established by members – John Bush.

We reluctantly accepted Mr. Bush's announced retirement. He has considered the interests of organized psychiatry in Texas by working with us to develop a plan for our organizations to move forward. After meeting with Mr. Bush, the Federation Executive Committee submitted an offer to Debbie Sundberg, our current Assistant Director, to become our Executive Director upon Mr. Bush's retirement.

We are delighted that Ms. Sundberg has accepted this position and is actively working to develop an administrative structure to continue to support our endeavors. Ms.

Sundberg has been our Assistant Director for Administration since 1987 and was the first staff member employed when TSPP became a free-standing organization. She was instrumental in obtaining TSPP's Accreditation for Continuing Medical Education and thereafter maintaining the organization's accreditation status as a Full Accredited Provider of CME. Debbie has effectively managed the outstanding continuing medical education programs for the Texas Society of Psychiatric Physicians, the Texas Society of Child and Adolescent Psychiatry, the Texas Academy of Psychiatry and excelled in planning and executing our successful meetings. She has been instrumental in developing crucial non-dues revenue for all of our organizations, in addition to providing the administration of the organizations' ethics, distinguished fellowship awards and membership credentialing. As we move forward, Debbie will continue to manage the organizations' continuing medical education programs and accreditation status, meeting planning and arrangements and development of non-dues revenue, in addition to providing oversight of the organizations' operations as Executive Director. The organizations' legislative activities will continue to have the highly effectively representation of Mr. Eric Woomer as the Federation of Texas Psychiatry's lobbyist.

Texas Psychiatry has a strong foundation upon which to continue to build. As we reflect upon our past growth, we also anticipate positive changes upon the horizon. Thank you John Bush for helping us grow into the strong position we are in today. ■

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TSCAP 2015 Annual Meeting: Another Success

The Texas Society of Child and Adolescent Psychiatry hosted its 2015 Annual Meeting and Scientific Program on July 17-19, 2015 at the Omni Hotel in Fort Worth. The Scientific Program, “Maximizing Your Impact: Doing More With Less,” provided 9 AMA PRA Category I Credits™. TSCAP is grateful for the many psychiatrists for attending, who heard excellent presentations by a faculty composed of: Meredith Chapman, MD, Maria Lopez-Rosario, MD, Octavio N. Martinez, Jr., MD, Steven R. Pliszka, MD, Cynthia W. Santos, MD, Scott Shannon, MD, Karen Dineen Wagner, MD, PhD and Moira Wertheimer, RN, JD.



New TSCAP President, Jodie Trello-Rishell, MD (left) presents a plaque expressing appreciation for service as President to Dawnelle Schatte, MD, President during 2015-16.

New Officers Elected at TSCAP Annual Meeting

During the Annual Business Meeting conducted during the Convention, TSCAP Officers and leaders were announced as follows:

OFFICERS

- President**
Jodie Trello-Rishell, MD (2015-16)
- President-Elect**
Brigitte Y. Bailey, MD (2015-16)
- Secretary/Treasurer**
Nakia Scott, MD (2015-16)
- Immediate Past President**
Dawnelle Schatte, MD (2015-16)

COUNCILORS

- Regina Cavanaugh, MD (2015-16)
- Karen D. Wagner, MD, PhD (2014-17)
- Urszula B. Kelley, MD (2013-16)

AACAP DELEGATES

- Brigitte Y. Bailey, MD (2013-16)
- Tiffany Thomure, MD (2015-18)
- Regina Cavanaugh, MD (2015-18)
- Nakia Scott, MD (2013-16)
- Benigno J. Fernandez, MD (2014-17)
- Karen Dineen Wagner, MD, PhD (2015-18)
- R. Andrew Harper, MD (2014-17)

AACAP ALTERNATE DELEGATES

- Manish Aligeti, MD (2013-16)
- Steven Pliszka, MD (2015-18)
- Dhaval H. Parikh, MD (2014-17)

Comprehensive Mental Health Reform

We are reminded daily that our mental health system is broken. This is not an abstract problem affecting someone else in another town or city. If this issue isn't in your family, it is likely in your neighborhood. One out of 5 adults will experience a mental health problem in a given year, an event that can be triggered by an unexpected job loss, a divorce, a physical illness, or any other major life event. Sadly, our nation is not equipped to treat people when they most need it. Yet, there is a spark of hope coming from Capitol Hill.

Just a few weeks ago, Sens. Chris Murphy (D-Conn.) and Bill Cassidy (R.-La.) introduced the Mental Health Reform Act of 2015. The Senate legislation echoes the Helping Families in Mental Health Crisis Act (H.R. 2646), a comprehensive mental health bill reintroduced weeks earlier by U.S. Reps. Tim Murphy (R-Pa.) and Eddie Bernice Johnson (D-Texas). Lawmakers on both sides of the aisle are coming together because they recognize it's time for a new approach.

Mental health reform is desperately needed: every day individuals and their families are struggling with mental health crises, many of which are preventable. The numbers are staggering and unacceptable. Fourteen million Americans suffer from serious mental illness, but 40% of them receive no treatment. The trend is seen in every state, including ours. In 1955, there was one public psychiatric bed for every 300 people. By 2004, as states moved away from funding state mental hospitals, there was one psychiatric bed for every 3,000 persons. The result: our jails and prisons are now becoming our de facto mental health facilities. In Arizona and Nevada, for instance, there are 10 times more mentally ill people in jails and prisons than in hospitals.

Bipartisan legislation in the House and Senate would address these problems by ensuring better coordination of federal mental health resources, more strongly monitoring and enforcing the existing mental health parity law, establishing a national plan to boost the mental health workforce, and increasing research funding for the National Institute of Mental Health. If enacted, these provisions and others in the two bills will help patients and

families struggling with serious mental illness, but who lack access to needed care.

Our nation's last big effort to comprehensively reform the mental health system was over 50 years ago, with

President Kennedy's Community Mental Health Act in 1963. It's a new century, and it's vital that our political leaders seize this rare opportunity. Patients, families and communities can't afford to wait any longer.

WHAT YOUR CURRENT POLICY MIGHT BE LACKING:

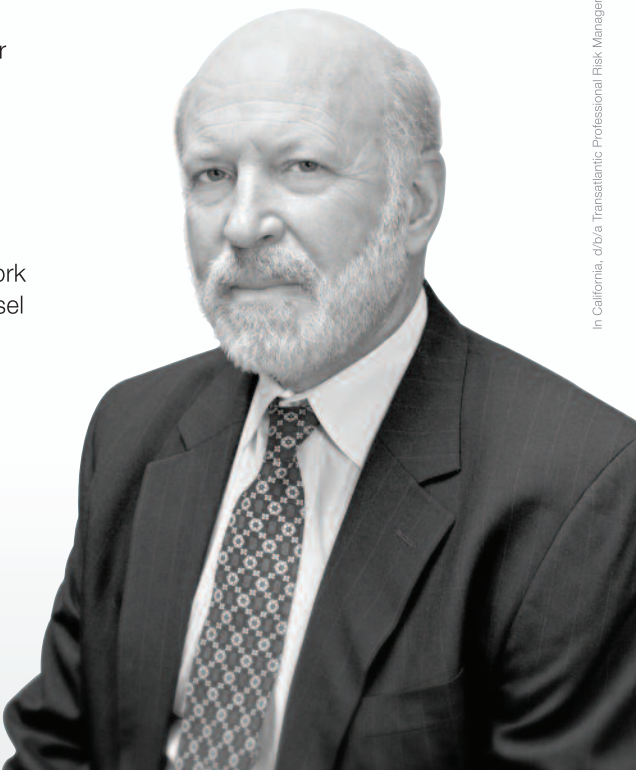
A STRONG DEFENSE

Of course we hope you'll never need our claims expertise, but if you ever report a claim, PRMS will be with you every step of the way.

Whether you need legal guidance for an adverse event or a robust full-court defense for a lawsuit, our experts will work closely with you and your defense counsel to vigorously protect you.

View our 2014 claims results at PsychProgram.com/Claims and see for yourself how our strong defense can work for you.

Dave Torrans, II
Senior Litigation Specialist



In California, d/b/a Transatlantic Professional Risk Management and Insurance Services.

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SAVE THE DATES!



AACAP MEMBER REGISTRATION OPENS ONLINE: AUGUST 3, 2015
GENERAL REGISTRATION OPENS ONLINE: AUGUST 10, 2015
EARLY BIRD REGISTRATION DEADLINE: SEPTEMBER 15, 2015

AMERICAN ACADEMY OF
CHILD & ADOLESCENT
PSYCHIATRY

WWW.AACAP.ORG



AACAP'S 62ND
ANNUAL MEETING
OCTOBER 26-31, 2015 • SAN ANTONIO, TX
HENRY B. GONZALEZ CONVENTION CENTER
& GRAND HYATT SAN ANTONIO



WITH THE SPECIAL PARTICIPATION OF
ASOCIACIÓN MEXICANA DE PSIQUIATRÍA INFANTIL, A.C.



Boris Birmaher, MD
Program Chair



Steven R. Pliszka, MD
Local Arrangements Chair



Rene Luis Olvera, MD, MPH
Local Arrangements Chair



VISIT WWW.AACAP.ORG/ANNUALMEETING/2015
FOR THE LATEST ANNUAL MEETING INFORMATION!





TSPP 59th Annual Convention & Scientific Program

“Evolving Treatment And Treatment Delivery For Psychiatric Illness”

November 19-22, 2015 • Moody Gardens Hotel, Galveston, Texas

MEETING LOCATION/HOTEL RESERVATIONS

The 20 million dollar renovation is complete and TSPP's 59th Annual Convention and Scientific Program will be held at the all new Moody Gardens Hotel and Spa, One Hope Blvd., in Galveston, Texas. The Hotel masand Spa is set among 242 acres of botanical beauty and accented by magnificent pyramids that contain a living rainforest, a Texas-sized aquarium and a Giant Screen 3-D Theatre. And, just in time for our convention, even more new attractions will begin opening for the holiday season... the Festival of Lights, Ice Sculptures / Exhibit, and special holiday treats for all ages!



Moody Gardens and Galveston Island –
A Magical Time of Year.

A special TSPP discounted room rate of **\$142** is available to program registrants for reservations placed **before October 27, or upon sell-out**, whichever occurs first. **Make your hotel reservation today by calling 1-888-388-8484 and request the ‘Texas Society of Psychiatric Physicians’ Annual Convention rate.**

RESIDENT / TRAINEES POSTER SESSION

In order to familiarize Texas psychiatrists with the research efforts and achievements of their colleagues, the TSPP Continuing Medical Education Committee is soliciting scientific posters from TSPP and TSCAP Residents and Trainee Members.

The posters need not be especially made for this meeting. Posters presented at the APA or at other scientific meetings within the last year would be appropriate. TSPP's goal is to support collaborative interaction among the Texas researchers and also to familiarize the general membership about new advances made in the state. The deadline for poster applications is **October 21, 2015**. For a copy of the Poster Application Form, please visit www.txpsych.org or contact tsppofc@aol.com.

MEDICAL STUDENT / RESIDENTS SOCIAL MIXER

The TSPP Resident-Fellow Members Section has planned a special social mixer for all medical students and residents / fellows in training to kick off the Annual Convention. Please complete a registration form and plan to meet in the Moody Gardens Hotel lobby at 7:00 pm.

SPECIAL EVENTS

THURSDAY GOLF OUTING – Polish up on your golf game in a seaside location! The course highlights its' unique seaside tropical feel with 18 holes meandering through upland and lowland native areas, natural wetlands habitat of beautiful Sydnor Bayou and over 500 palm trees. For those convention attendees, guests and golf enthusiasts arriving early, TSPP members are arranging a tee time for a group play. If you are interested in playing, please be sure to check the Golf Section box on the TSPP Registration Form and additional information will be emailed to you.

THURSDAY – MEDICAL STUDENTS, RESIDENT-FELLOW MEMBERS MIXER
The TSPP Resident-Fellow Members Section (formerly Members-in-Training Section) has arranged a special social mixer for all medical students and resident-fellow members in training. Please plan to meet in the Moody Gardens Hotel lobby at 7:00 pm. To register to attend the mixer, please complete the attached registration form.

SPECIAL EVENTS

FRIDAY – RESIDENT-FELLOW MEMBERS SECTION PROGRAM – The TSPP Resident-Fellow Members Section (formerly Members-in-Training Section) has arranged a special program on **Community Psychiatry** presented by Dr. Camis Milam for all TSPP and TSCAP, medical students, residents and fellows in training on Friday, 2-3:30 pm in the Ivy Room of the Moody Gardens Hotel. To register for this complimentary program and reserve your seat, please complete the attached registration form.

FRIDAY – ACADEMIC PSYCHIATRY PROGRAM – The Academic Psychiatrists will be having a program tailored for the specific interests of this group on Friday, 2-3:30 pm in the Vine 2 Room of the Moody Gardens Hotel. The program is titled: ***Evolving Evaluations of Psychiatry Residents: Milestones* and More***, to be co-led by Drs. Tim Wolff (UT Southwestern) and Corinna Keenmon (Baylor College of Medicine). This program will have introductory remarks about the represented programs, then allow for faculty from the different psychiatry residency programs to discuss their successes and challenges of the evaluation process. Non-academicians will also be welcome to sit in to get an idea of current residency training. To register for this complimentary program and reserve your seat, please complete the attached registration form.

* Milestones are knowledge, skills, attitudes, and other attributes for each of the Accreditation Council for Graduate Medical Education (ACGME) competencies organized in a developmental framework from less to more advanced.

FRIDAY – TEXAS ACADEMY OF PSYCHIATRY – MINI WORKSHOP – The Texas Academy of Psychiatry will conduct another complimentary workshop entitled ***Common Sense Approaches to Black Box Warnings and Caregivers in Geriatric Psychiatry*** presented by Dr. Shealyn Bauder Cyr on Friday, 2-3:30 pm. To register to attend, please complete the attached registration form.

FRIDAY – UTMB DEPT OF PSYCHIATRY ALUMNI DINNER MEETING – The UTMB Department of Psychiatry Alumni (formerly known as the Titus Harris Society) has scheduled a dinner on Friday 8:30 pm - 10:00 pm following the TSPP Welcome Reception. For additional information and to register for the dinner, contact Maria Villarreal at 409-771-4713.

AWARDS

AWARDS RECEPTION / BANQUET – Saturday evening's festivities begin with a complimentary wine and cheese reception for registrants attending the Awards Banquet honoring the 2015 TSPP Award Recipients for their outstanding contribution to Psychiatry. Register early to reserve a table for your friends at this memorable evening! **This year's honorees are:**

PSYCHIATRIC EXCELLENCE



Michael R. Arambula, MD
San Antonio

DISTINGUISHED SERVICE



Octavio N. Martinez, Jr., MD
Helotes

SPECIAL SERVICE



Richard L. Noel, MD
Houston



Carol A. Nati, MD
Fort Worth

DR. SPENCER BAYLES OUTSTANDING TSPP MEMBER AWARD – This award named in memory of Dr. Spencer Bayles was established in 2010 to recognize members for outstanding and consistent participation in TSPP activities. The award will be presented during TSPP's Annual Business Luncheon on Saturday, November 21 so please plan to attend and thank your fellow colleagues for their outstanding volunteer service. **This year's honorees are:**



William W. Bondurant, III, MD
Galveston



Meena B. Vyas, MD
Dallas

DAVID PHARIS AWARD – The David Pharis Award will be presented by the Department of State Health Services and TSPP to recognize significant contributions to safety and quality inpatient care and outcomes in State Hospitals.

This year's award will be presented to the **North Texas State Hospital for the “West End Plan”**, a project for a single individual served by the Maximum Security Unit of the North Texas State Hospital who required an extraordinary and unprecedented level of care to provide for his safety and the safety of others around him.

The award will be presented during TSPP's Annual Business Luncheon on Saturday, November 21. Please attend and express your appreciation to the North Texas State Hospital for this degree of excellence.

TSPP 59th Annual Convention & Scientific Program

“Evolving Treatment And Treatment Delivery For Psychiatric Illness”

November 19-22, 2015 • Moody Gardens Hotel, Galveston, Texas

DAILY SCHEDULE

THURSDAY, NOVEMBER 19, 2015

12:00 Noon	Golf Outing at Dallas Golf Course
2:00 pm - 8:00 pm	Registration Open
7:00 pm	Medical Students, Resident-Fellow Mixer
7:00 pm - 8:30 pm	TSPP Chapter Leadership Meeting
8:30 pm - 9:30 pm	Federation Delegate Assembly Meeting

FRIDAY, NOVEMBER 20, 2015

7:30 am - 8:30 pm	Registration Open
7:30 am - 9:00 am	Foundation Board of Directors Breakfast Meeting
9:00 am - 5:00 pm	Committee / Council Meetings
9:00 am - 10:30 am	Council on Leadership <i>Ethics, Distinguished Fellowship, Finance, Strategic Planning</i>
10:45 am -12:15 pm	Council on Service <i>Academic Psychiatry, Children & Adolescents, Forensic Psychiatry, Public Mental Health Services</i>
12:00 pm - 5:00 pm	Exhibit AND Poster Session Set-Up
12:15 pm - 1:30 pm	Membership Luncheon / Program
1:30 pm - 2:00 pm	Texas Academy of Psychiatry Board of Trustees
2:00 pm - 3:30 pm	Council on Education <i>CME, Professional Practice Management</i>
2:00 pm - 3:30 pm	TSPP Resident-Fellow Member (RFM) Section Program – “Community Psychiatry”
2:00 pm - 3:30 pm	Texas Academy of Psychiatry Mini-Workshop “Common Sense Approaches to Black Box Warnings and Caregivers in Geriatric Psychiatry”
2:00 pm - 3:30 pm	Academic Psychiatry Program “Evolving Evaluations of Psychiatry Residents: Milestones and More”

3:45 pm - 5:00 pm	Council on Advocacy – Government Affairs
5:30 pm - 6:30 pm	Executive Council Meeting
6:30 pm - 8:30 pm	Welcome Reception with Exhibitors AND Poster Session
8:30 pm - 10:00 pm	UTMB Department of Psychiatry Alumni (Titus Harris Society) Dinner Meeting

SATURDAY, NOVEMBER 21, 2015

7:45 am - 8:15 am	Complimentary Continental Breakfast in Exhibit Hall for Meeting Registrants
7:30 am - 8:30 pm	Registration Open
7:30 am - 5:00 pm	Exhibits Open AND Poster Session
8:15 am - 5:00 pm	Scientific Program
10:30 am - 10:50 am	Refreshment Break with Exhibitors AND Poster Session Door Prize Drawings
11:50 am - 12:10 pm	Refreshment Break with Exhibitors AND Poster Session Door Prize Drawings
12:10 pm - 1:30 pm	Annual Business Meeting Lunch
2:30 pm - 2:50 pm	Refreshment Break with Exhibitors AND Poster Session Door Prize Drawings
6:30 pm - 7:00 pm	Reception for Awards Banquet Attendees
7:00 pm - 9:00 pm	Awards Banquet

SUNDAY, NOVEMBER 22, 2015

8:00 am	Complimentary Continental Breakfast for Meeting Registrants in Scientific Program Meeting Room
8:15 am - 12:45 pm	Scientific Program
10:30 am - 10:45 am	Refreshment Break

SPONSORS AND EXHIBITORS

Thank You

TO THE FOLLOWING SPONSORS AND EXHIBITORS FOR THEIR SUPPORT OF TSPP’S ANNUAL CONVENTION!

SPONSORS

PLATINUM

Texas Foundation for Psychiatric Education and Research

EXHIBITORS

American Professional Agency, Inc.
Cunningham Group
Hospital Corporation of America (HCA)
Professional Risk Management Services
Staff Care
Sun Behavioral Houston

EXHIBITOR SCHEDULE

Friday, November 20

6:30 pm - 8:30 pm
Welcome Reception with Exhibitors

Saturday, November 21

10:30 am - 10:50 am
Refreshment Break with Exhibitors

11:50 am - 12:10 pm
Refreshment Break with Exhibitors

2:30 pm - 2:50 pm
Refreshment Break with Exhibitors

TSPP Resurveyed and Awarded Accreditation for CME

The Texas Society of Psychiatric Physicians has been resurveyed by Texas Medical Association (TMA) and awarded Accreditation for four years as a provider of continuing medical education (CME) for physicians. TMA accreditation seeks to assure both physicians and the public that CME activities sponsored by Texas

Society of Psychiatric Physicians meet the high standards of the accreditation requirements and policies as adopted by TMA. TMA rigorously evaluates the overall CME programs of Texas organizations according to national criteria adopted by the Accreditation Council for Continuing Medical Education (ACCME).

CONGRATULATIONS!

The following TSPP members will achieve Life Status in January 2016:

Distinguished Life Fellow
Wendy Burke, MD, Diana C. Edward Coffey, MD, Houston Joseph Gaspari, MD, Dallas Conway McDanald, MD, Dallas Gretchen Megowen, MD, Dallas Nestor Praderio, MD, Aransas Pass John Sadler, MD, Dallas Larry Shadid, MD, Dallas Melanie Suhr, MD, Houston Jordan Yee, MD, Fort Worth

Life Fellow
John Cassidy, MD, Houston

Jack Chelebian, MD, Corpus Christi Joel Holiner, MD, Dallas Ruth Netscher, MD, Sugar Land Nurun Shah, MD, Houston

Life Member
Michael Brophy, MD, Bedford Harold Cronson, MD, Dallas Carlos Escobar, MD, San Angelo Arnold Mech, MD, Plano Richard Palmer, MD, Houston Jhansi Raj, MD, Fort Worth Tarakumar Reddy, MD, Colleyville Seth Silverman, MD, Houston

TSPP 59th Annual Convention & Scientific Program

November 19-22, 2015 • Moody Gardens Hotel, Galveston, Texas

SCIENTIFIC PROGRAM SCHEDULE

“Evolving Treatment And Treatment Delivery For Psychiatric Illness”

SATURDAY, NOVEMBER 21 6 Hours Category I Credit

8:15 - 8:30 am	Opening Remarks
8:30 - 10:30 am	Treatment Options for Treatment Resistant Affective Disorders: Brain Stimulation TherapiesMustafa M. Husain, MD Bipolar DisorderJair C. Soares, MD

PROFESSIONAL PRACTICE GAP: Review current and best practice treatment options available for Treatment Resistant Depression (TRAD).

The activity is designed to change competence by educating participants on the various treatments available.

OBJECTIVES: At the end of this session, participants should be able to:

- Identify Treatment Resistant Affective Disorders.
- Identify and describe differences between ECT, TMS, VNS, DBS for the treatment of TRAD.
- Outline new and traditional treatment options for TRAD and assign to which patient type (ie, acute) they're most appropriate.

10:30-10:50 am	Refreshment Break with Exhibitors and Poster Session Door Prize Drawings
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10:50-11:50 am	The Science Behind the Orexin Signaling System and its Role in Controlling Wakefulness John J. Renger, PhD
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PROFESSIONAL PRACTICE GAP: Recent studies have implicated the orexin system as a critical regulator of sleep/wake states. (NIH 2009) This has resulted in the FDA approving a unique medication to treat individuals with insomnia (2014). This medication with a unique mode of action unlike prior hypnotics has presented a major gap in knowledge to clinicians.

This activity is designed to change competence by educating participants of the orexin system.

OBJECTIVES: At the end of this session, participants should be able to:

- Understand the biology of the orexin neuropeptide system in controlling wake and sleep.
- Understand the differences in the scientific rationales for why GABA modulating drugs work in causing sleep compared with how orexin receptor antagonists function.
- Describe the biological differences of targeting the GABA system with agonists versus using antagonists to reduce wakefulness by targeting the orexin system.

11:50 - 12:10 pm	Refreshment Break with Exhibitors and Poster Session
12:10 - 1:30 pm	Lunch
1:30 - 2:30 pm	The Science Behind the Pre-Clinical Discovery and Clinical Development Program of Belsomra (Suvorexant) John J. Renger, PhD

PROFESSIONAL PRACTICE GAP: Recent studies have implicated the orexin system as a critical regulator of sleep/wake states. (NIH 2009) This has resulted in the FDA approving a unique medication to treat individuals with insomnia (2014). This medication with a unique mode of action unlike prior hypnotics has presented a major gap in knowledge to clinicians.

This activity is designed to change competence and performance by improving the clinicians' clinical skills and providing updated guidelines for the treatment of sleep disorders.

OBJECTIVES: At the end of this session, participants should be able to:

- Understand the preclinical safety, translational medicine, and formulation studies that were done to support early clinical development.
- Gain an understanding of the extent of the full clinical program that supported the filing and approval of Belsomra (suvorexant) and will receive a balanced overview of the efficacy, tolerability, and safety endpoints that were achieved in clinical studies.

2:30 - 2:50 pm	Refreshment Break with Exhibitors and Poster Session Door Prize Drawings
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2:50 - 3:50 pm	Update on Acute and Long Term Treatment for Bipolar Disorder in Adults Robert M.A. Hirschfeld, MD
----------------	--

PROFESSIONAL PRACTICE GAP: Updating the clinician on current best practices for pharmacotherapy in the treatment of bipolar disorder and monitoring for potential side effects such as metabolic syndrome.

This activity is designed to change competence by moving prescribing to evidence based treatment based upon the current research in the field and improving patient outcomes.

OBJECTIVES: At the end of this session, participants should be able to:

- Identify recommended pharmacotherapy and side effects for the acute manic or hypomanic phase of bipolar disorder.
- Identify recommended pharmacotherapy and side effects for the acute depressive phase of bipolar disorder.
- Identify recommended maintenance pharmacotherapy and monitoring for bipolar disorder

3:50 - 4:50 pm	Bipolar Disorder / Mood Dysregulation Disorder in Children and Adolescents Karen Dineen Wagner, MD, PhD
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PROFESSIONAL PRACTICE GAP: Updating the clinician on current best practices for pharmacotherapy in the treatment of bipolar disorder and monitoring for potential side effects such as metabolic syndrome.

This activity is designed to change competence by moving prescribing to evidence based treatment based upon the current research in the field and improving patient outcomes.

OBJECTIVES: At the end of this session, participants should be able to:

- Describe the course of pediatric bipolar disorder.
- Explain effective treatments for bipolar disorder in children and adolescents.
- Describe the diagnosis and course of illness of disruptive mood dysregulation disorder.

4:50 - 5:00 pm	Closing Remarks
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SCIENTIFIC PROGRAM GOALS/TARGET AUDIENCE/LEARNING OBJECTIVES

This live activity has been designed in a format consisting of case study presentations, lectures and direct discussion to provide its primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice.

Information and data will address, new developments in treatments and new directions in research to address the professional practice gaps of the learners and advance the physicians' competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

The learning objectives for this activity have been designed to address clinician competence.

NEEDS ASSESSMENT

TSPP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of our participants.

SUNDAY, NOVEMBER 22 4 Hours Category I Credit

8:15 - 8:30 am	Opening Remarks
8:30-9:30 am	Case Studies on Newer Imaging Techniques to Differentiate Between Complex Neuropsychiatric Disorders Paul E. Schulz, MD

PROFESSIONAL PRACTICE GAP: There is a huge increase expected in the number of Alzheimers / Neurocognitive Disease patients nationwide with the aging of the baby boomers. There is a lot of research in this area of investigation, imaging and treatment. Practitioners need to be well versed in current and possible future treatment options in this field in order to adequately serve the aging population.

The activity is designed to change competence by improving the knowledge of neurotransmitters, neuroimaging and treatment modalities in neurocognitive disease and improving clinical detection skills for neurocognitive disease.

OBJECTIVES: At the end of this session, participants should be able to:

- Discuss advances in neuroimaging and treatment modalities in neurocognitive disease.
- Distinguish between different tests for the early detection of neurocognitive disease.

9:30 - 10:30 am	Current Treatment Modalities and/or Clinical Management of Older Patients with Psychiatric and Behavioral Symptoms Mark E. Kunik, MD, MPH
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PROFESSIONAL PRACTICE GAP: There is a huge increase expected in the number of Alzheimers / Neurocognitive Disease patients nationwide with the aging of the baby boomers. There is a lot of research in this area of investigation, imaging and treatment. Practitioners need to be well versed in current and possible future treatment options in this field in order to adequately serve the aging population.

The activity is designed to change competence by improving knowledge in the treatment of behavioral problems in patients with neurocognitive disease.

OBJECTIVES: At the end of this session, participants should be able to:

- Describe three common underlying causes of behavioral problems in persons with neurocognitive disease.
- Describe three non-pharmacologic approaches to behavioral problems in persons with neurocognitive disease.
- Describe a rationale pharmacologic treatment strategy for behavioral problems in persons with neurocognitive disease.
- Know how to best leverage the Alzheimer Association and other community resources to help caregivers address behavioral problems in persons with neurocognitive disease.

10:30 - 10:45 am	Refreshment Break
10:45 - 12:45 am	ETHICS: Risk Management: Overcoming Barriers to Implementaton in Telepsychiatry Avrim Fishkind, MD & Moira Wertheimer, RN, JD, CPHRM

PROFESSIONAL PRACTICE GAP: Telemedicine is becoming an ever increasing treatment delivery system for psychiatry and has also presented unique ethical questions in medicine. The Texas Medical Board is considering how the state should regulate doctor patient relationships in cyberspace and has required physicians to have a face to face visit with patients.(Texas Tribune 2/15) This has resulted in a knowledge gap for psychiatrists.

This activity is designed to change competence by improving the knowledge of utilizing telepsychiatry in practice.

OBJECTIVES: At the end of this session, participants should be able to:

- Understand the ethical domains in the use of telepsychiatry and Recognize ethical, policy and legal considerations when using telepsychiatry with patients.
- Establish parameters that make the use of telepsychiatry ethical and Understand professional, boundary and safety and security considerations as well as general standard of care issues when using telepsychiatry
- Compare the use of telepsychiatry with Face to Face psychiatry
- Prepare attendees for the legal issues in implementing telepsychiatry
- Explore risk management and liability exposures when using telepsychiatry and identify risk mitigation strategies.
- Discuss case examples involving adult and minor patients.

12:45 - 1:00 pm	Closing Remarks
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ACCREDITATION STATEMENT

The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of ten (10) *AMA PRA Category I Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ETHICS DESIGNATION STATEMENT

The presentation, “Ethics: Risk Management: Overcoming Barriers to Implementation in Telepsychiatry,” has been designated by the Texas Society of Psychiatric Physicians for two (2) credits of education in medical ethics and/or professional responsibility.

FACULTY AND PLANNERS DISCLOSURE POLICY

In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities prior to the education activity being delivered to the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the education activity.

TSPP will disclose to learners the existence (or non-existence) of all relevant financial relationship(s) that the faculty and planners did (or did not) have with any commercial interest concerned with the content of the education presentation.

Disclosure will occur prior to the presentation through written communication in the syllabus / handout materials or through oral communication to the audience by the moderator or chair.

SCIENTIFIC PROGRAM SPEAKERS

Avrim Fishkind, MD
President
Chief Medical Officer of JSA
Health Telepsychiatry
Houston, Texas
Past President of the American
Association for Emergency
Psychiatry

Robert M. A. Hirschfeld, MD
Titus H. Harris Chair
Harry K. Davis Professor
Professor and Chairperson
Department of Psychiatry
University of Texas Medical Branch
Galveston, Texas

Mustafa M. Husain, MD
Professor of Psychiatry,
Neurology & Neuroscience
Vice Chair, Department of
Psychiatry
Chief, Neurostimulation Research
& Therapeutics Division
UT-Southwestern Medical Center
Dallas, Texas

Mark E. Kunik, MD, MPH
Director
VA South Central Mental Illness
Research, Education, &
Clinical Center (MIRECC)
Special Fellowship in
Advanced Psychiatry
& Psychology
Professor
Department of Psychiatry
Baylor College of Medicine
Houston, Texas

John J. Renger, PhD
Executive Director
Neuroscience Early Discovery
at Merck Sharp & Dohme
Merck Research Laboratories
West Point, Pennsylvania

Paul E. Schulz, MD
Professor
Department of Neurology
Director
Dementia and Memory Disorders
The University of Texas Health
Sciences Center
at Houston
Houston, Texas

Jair C. Soares, MD, PhD
Professor and Chairman
Pat R. Rutherford, Jr. Chair in
Psychiatry
Department of Psychiatry and
Behavioral Sciences
Executive Director, UT Harris
County
Psychiatric Center
Director, UT Center of Excellence
on Mood Disorders
UT Health School of Medicine
Houston, Texas

Karen Dineen Wagner, MD, PhD
Marie B. Gale Centennial
Professor
and Vice Chair
Director of the Division of Child
and Adolescent Psychiatry
Department of Psychiatry and
Behavioral Sciences
University of Texas Medical
Branch at Galveston
Columnist for Psychiatric Times
Galveston, Texas

Moira Wertheimer, RN, JD, CPHRM
President-Elect
Connecticut Society of Healthcare
Risk Management
Assistant Vice President
Healthcare Risk Management
AWAC Services Company
Farmington, Connecticut

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TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

59TH ANNUAL CONVENTION & SCIENTIFIC PROGRAM

November 19-22, 2015 • Moody Gardens Hotel, Galveston, Texas

Please complete this form and return it with your check, money order or credit card information for your registration and event fees to the Texas Society of Psychiatric Physicians, 401 West 15th Street, Suite 675, Austin, Texas 78701 by October 1 to receive the discounted registration fee. Registration forms and payments by credit card may be faxed to TSPP at 512/478-5223.

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Please check if you are a: ☐ **APA Fellow** ☐ **APA Distinguished Fellow** ☐ **APA Life Fellow** ☐ **APA Distinguished Life Fellow**

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Indicate the **NUMBER** of individuals who are registered for each event in the appropriate enrollment category listed below.
Please note the enrollment fees are **PER PERSON** and your payment should reflect the proper fee for the number of individuals registered per event.

NUMBER ATTENDING EVENT	ADVANCE BEFORE 10/1	AFTER 10/1
Golf Outing - Thursday		
# <input type="checkbox"/> Please Send Me Additional Information.		
Medical Student/Resident Mixer - Thursday		
# <input type="checkbox"/> No Charge		
Lunch Program - Friday		
# <input type="checkbox"/> Lunch Program	\$20	\$25
Academic Psychiatry Program - Friday		
# <input type="checkbox"/> Academic Psychiatry Program	No Chg	No Chg
RFM (Resident Fellow Member-Trainee) Section Program - Friday		
# <input type="checkbox"/> RFM/ECP Program	No Chg	No Chg
Texas Academy of Psychiatry Program - Friday		
# <input type="checkbox"/> Texas Academy of Psychiatry Program	No Chg	No Chg
Reception w/ Exhibitors - Friday		
# <input type="checkbox"/> NOT Registered or Scientific Program	\$40	\$50
# <input type="checkbox"/> Registered for Scientific Program	No Chg	No Chg
Lunch - Saturday		
# <input type="checkbox"/> TSPP / ACADEMY / TSCAP Member	\$25	\$35
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# <input type="checkbox"/> TSPP / ACADEMY / TSCAP Trainee Non-Member	\$25	\$35
# <input type="checkbox"/> Guest	\$25	\$35
Awards Banquet and Gala - Saturday		
# <input type="checkbox"/> Awards Banquet	\$45	\$65
# <input type="checkbox"/> Reserved Table for 10*	\$400	\$600
* Name(s) for Reserved Table: _____		

NUMBER ATTENDING EVENT	ADVANCE BEFORE 10/1	AFTER 10/1
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# <input type="checkbox"/> TSPP / ACADEMY / TSCAP Member	\$245	\$275
# <input type="checkbox"/> Non-Member Physician	\$295	\$325
# <input type="checkbox"/> TSPP / ACADEMY / TSCAP Trainee Member	\$35	\$35
(**)Complimentary if your Training Director registers for the Annual Convention & CME Program. Medical Students and Members in Training: If you present a poster, your registration fee for the Scientific Program and Saturday luncheon are waived.)		
# <input type="checkbox"/> Non-Member RFM (Trainee)	\$50	\$50
# <input type="checkbox"/> Medical Students	\$15	\$15
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# <input type="checkbox"/> Spouse / Guest (No CME Credit)	\$120	\$145
** RFM Member's Training Program Director's Name registered to attend the Convention & CME Program: _____		
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# <input type="checkbox"/> CME Meeting Syllabus In Color	\$95	\$125
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<input type="checkbox"/> Vegetarian Plate Requested. No additional fee if requested prior to 10/1, otherwise there will be an additional fee of \$15.00		
 If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605.		
TOTAL REGISTRATION FEE		<div>\$</div>
To register by telephone there will be a \$7.50 convenience fee charged. To avoid this charge, you may fax (512-478-5223), scan and email (tsppofc@aol.com or mail to: TSPP, 401 West 15th Street, Suite #675, Austin, TX 78701 your registration form and payment.		

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CALENDAR OF MEETINGS

TSPP Annual Convention & CME Program



Moody Gardens Hotel, Galveston • November 19-22

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NOVEMBER

19-22 Texas Society of Psychiatric Physicians
Annual Convention & CME Program
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APRIL

22-24 Texas Society of Psychiatric Physicians & Texas Academy of Psychiatry
Spring Committee Meetings & CME Program
Site TBD

JULY

22-24 Texas Society of Child and Adolescent Psychiatry
Annual Convention & Scientific Program
Westin Riverwalk Hotel
Reservations: City-Side \$185 King / \$199 Double-Doubles
River-Side: \$210 King / \$224 Double-Doubles
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NOVEMBER

11-13 Texas Society of Psychiatric Physicians
60TH ANNUAL CONVENTION & CME PROGRAM
Site TBD

Federation of Texas Psychiatry
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