

Texas Psychiatrist

50th Anniversary

Congratulations TSPP

Pedro Ruiz, MD, President, American Psychiatric Association

TSPP has distinguished itself over the years by organizing excellent Continuing Medical Education (CME) programs, especially during the yearly TSPP Annual Meeting, as well as in other TSPP scientific events.



Pedro Ruiz, MD

As a President of the American Psychiatric Association (APA) who is also a member of the Texas Society of Psychiatric Physicians (TSPP), it gives me special pleasure to recognize the 50th Anniversary of TSPP. TSPP is one of the oldest and largest of the District Branches within the APA family. TSPP contributions to the profession and field at large over the years has been significant and effective; particularly, in the legislative area and advocacy. As a member of TSPP for 25 years, I feel proud and fulfilled by the achievements of TSPP over the years. Undoubtedly, TSPP has been one of the most active and effective District Branches within the APA.

The history of joint efforts between TSPP and the APA on behalf of our patients, the profession and the field of psychiatry has been quite meritorious and extensive. These days, with the challenges faced by the profession, it is imperative that this collaboration be strengthened to its maxi-

mum. Our patients need it, and we must provide it to them. For instance, managed care continues to place barriers in the psychiatric care delivery system and, thus, patients are devoid of high quality of care and full access to care; psychologists continue to act against the needs of our patients and in so doing could endanger their well being; governmental agencies have not as yet decided to provide full and comprehensive parity of care between psychiatric and non-psychiatric services; over 46 million of Americans are denied the opportunity to have full access to psychiatric and medical services because they can not afford to have medical insurance coverage; many other millions are underinsured; of course, the poor and disadvantaged are the ones who are more affected by this national disgrace, although all sectors and/or groups within society are affected by this unfortunate situation; thousands of

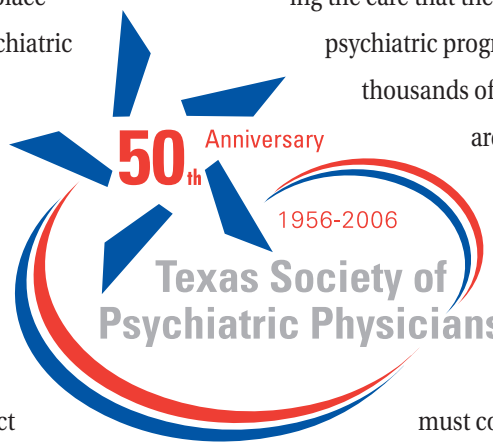
mentally ill patients are currently in our nation's prison systems rather than receiving the care that they humanly deserve in psychiatric programs and facilities; thousands of mentally ill homeless are living under bridges and highways, thus, depicting inhumane care at its worse. Undoubtedly, TSPP and the APA must continue to fully collaborate in all aspects of patient care, particularly in the areas of "access, parity and inhumane care." These goals and objectives are the foundation of my APA Presidential year, and I wish to reach out to all APA District Branches to achieve these humane and noble patient-oriented plans.

TSPP has also distinguished itself over the years by organizing excellent Continuing Medical Education (CME) programs, especially during the yearly TSPP Annual Meeting, as well as in other TSPP scientific events. I have attended and participated in several of TSPP Annual Meetings, and have always felt good about the scientific level of the CME programs

and related presentations in these conventions. Ethics and advocacy have always been high priority areas in the activities of TSPP.

Reflecting on the outstanding contributions of members of TSPP such as: Hamilton Ford, MD, Robert Stubblefield, MD, William Cantrell, MD, Perry Talkington, MD, Pete Palasota, MD, Irvin M. Cohen, MD, Spencer Bayles, MD, Tracy R. Gordy, MD, Myron F. Weiner, MD, Paul H. Wick, MD, Doyle I. Carson, MD, Edward L. Reilly, MD, Charles L. Bowden, MD, Bernard Gerber, MD, all of who were TSPP Presidents, as well as many other TSPP leaders and members, makes me feel very proud of being a member of TSPP.

Finally, I also wish to take this opportunity to congratulate each and every member of TSPP in the occasion of the 50th Anniversary of TSPP. Let's continue to advocate for better patient care; particularly, in the areas of access, parity and humane care. Our profession and field need it, but our patients need it even more. ■



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Texas Society of Psychiatric Physicians Scientific Program

“Update 2006: Advances in the Clinical Management of Psychiatric Disorders”

November 4-5, 2006 • Westin Hotel, Dallas, Texas

Registration Information • Scientific Program Schedule • 50th Anniversary Gala

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Political Advocacy: An Opportunity We All Must Experience

Leslie H. Secrest, MD, President, Texas Society of Psychiatric Physicians

The next ninety days will bring the membership of TSPP a great opportunity to be successful in and prepared for the next legislative session. August brings the beginning of the election cycle. Most consider Labor Day the official beginning of serious campaigning for elected office whether local, state or federal. At a fund raiser in Dallas hosted by local Congressmen, I realized that most of the time we are in need of our legislators particularly when we would like to shape public policy. However during the election cycle, candidates for office need us and are appreciative of anything we can do for them. My attention was drawn to a conversation about the need and the importance of having enough volunteers to impact a state representative race or affect a congressional race in Waco. Suddenly the most prized possession was a data base filled with willing volunteers capable of walking in neighborhoods delivering literature and talking to prospective voters. Money is important but nothing becomes more important than people talking to people particularly in closely contested races. Nothing drives a closer bond between a candidate and a volunteer than the willingness to enthusiastically give that which is

most precious and limited in supply, our time, energy and courage to support a campaign. This donation will always be appreciated and remembered.

Needless to say most of us don't have enough money to make our financial support stand out from other donors. However our sweat and energy will stand out and be forever a part of a candidate's fond memories of their race irrespective of the outcome. When it comes time to shape public policy, what more could any of us ask for than to visit our legislator and his staff and be associated with positive relationships and memories forged during a campaign? Suddenly public policy is easily presented and is easily received. In the coming legislative session, there will be many issues that affect our patients and our ability to deliver psychiatric care. We will need all our collective relationships in the legislature to shape public policy and influence agency rule making that implements a policy passed by the Legislature.

We can all get started creating that election cycle bond by picking out a legislative race whether tightly contested or not or whether in your legislative district or not. Next, call the candidates office and ask for

the name and number of the campaign manager. Call the campaign manager and ask what you can do and when you can do something for them. Next and importantly, do the task. If it is an event where the candidate stops to see how the activity is going, make sure you introduce yourself as a physician and a psychiatrist. If it is an activity where the candidate is not present, make sure that you attend and then meet the candidate and introduce yourself and tell the candidate what you have been doing for the campaign. This is not rocket science but it builds solid relationships and will give back to each of us much more than we could ever anticipate. If you want to feel satisfaction and inclusion spend an afternoon handing out campaign literature, or walking a precinct delivering literature to homes, or manning a phone bank or volunteering where needed.

To prepare us for the legislative session, TSPP and our partners in the Federation of Texas Psychiatry hosted an Advocacy and Leadership Conference in San Antonio on August 12-13 at the Westin La Cantera Resort. I hope that many of you attended. The program was conducted by Joel Roberts, a nationally recognized communi-



Leslie H. Secrest, MD

cations expert. Joel was exciting and a lot of fun as he taught us to make an impact with the relationships we develop in the election cycle. As usual, we were joined by our partners in the Mental Illness Awareness Coalition (Depression and Bipolar Support Alliance of Texas, Mental Health Association in Texas, NAMI Texas, Texas Mental Health Consumers, Texas Academy of Psychiatry and the Texas Medical Association).

Our ability to affect public policy is created and solidified during the election cycle. Ask your favorite candidate what you can do for him/her between now and November. I hope each of you will take this challenge and have a lot of fun in the process. It is my hope that you will work in a campaign and tell others about your experience. And, I hope to visit with you about your experiences in November during our Fiftieth Anniversary celebration at the Westin Galleria Hotel in Dallas. ■



From the Federation...

J. Clay Sawyer, MD, Chairman, Federation of Texas Psychiatry

I want to welcome one and all to this, the third year of operations for the Federation of Texas Psychiatry. This organization of organizations has been successful beyond expectation, and I thank my predecessor, Conway McDanald, MD, for his efforts in bringing about this remarkable accomplishment. Conway courageously became the first chairman of the Federation in 2004, a time of uncertainty and turmoil regarding the control of the future of organized psychiatry in Texas. Today, the Federation counts as its member organizations the Texas Society of Psychiatric Physicians, the Texas Society of Child and Adolescent Psychiatry, the Texas Academy of Psychiatry, the Texas Foundation for Psychiatric Education and Research, the Texas Osteopathic Medical Association, and the Texas Medical Association.

As a result, the Federation now speaks for quality psychiatric care in Texas with the backing of the over 46,000 physicians of its member organizations. Having a voice this large has already helped greatly in approaching the Texas Legislature on behalf of psychiatrists and our patients. Having a voice this large will enable us to more effectively aid our colleagues in other fields of medicine with their battles for quality medical care. Having a voice this large affords us our best chance at continuing to ensure that non-physicians will not be able to endanger the health of the citizens of Texas by attempting to assume the roles of physicians without the training that all physicians must undergo.

During the past few weeks, I have had the opportunity to speak with two of my Waco-area legislators, Senator Kip Averitt (R) and

Representative Jim Dunnam (D). Senator Averitt spoke a few summers ago at one of our Leadership Conferences; Representative Dunnam is the Chairman of the House Democratic Caucus. Both have supported our efforts over the years, especially with regard to preventing psychologists from gaining prescribing privileges. Both have offered their help to us without fail when we have needed it. Both have related to me how highly they regard the Federation, how well it is recognized in the Legislature, and how great is the respect commanded by an organization of its size and stature. *Both have stated to me that the formation of the Federation was the single best step we could have taken to enhance our ability to communicate effectively with all members of the legislature.*

By the time this column is published, the 2006 Advocacy and Leadership Conference will have taken place. Learning how to approach members of the legislature, including my own, and learning how to communicate with them effectively, was directly influenced and enhanced by participating in our Advocacy and Leadership Conferences. Joel Roberts, a media expert from California, accepted the offer of returning to Texas to lead the 2006 Conference, as he has done so effectively in the past. He is an outstanding talent and presence, and affords TSPP members and other physicians, as well as the many members of our allied organizations, a special opportunity to improve the effectiveness of our advocacy efforts.

Remember, it takes an effort from all of us to maintain the effectiveness we have real-

ized in the past. Without this hard work and dedication (especially including that of our Federation staff, John Bush and Debbie Sundberg), psychologists even now would be admitting to hospitals and prescribing medications. Texans deserve better, and it's up to us to deliver. ■



J. Clay Sawyer, MD



Commissioner Texas Department of State Health Services

The Texas Health and Human Services Commission is currently recruiting candidates interested in leading the Texas Department of State Health Services (DSHS), one of five state agencies included in the state health and human services system.

The Commissioner will ensure service delivery that provides a comprehensive array of public health, medical care, mental health and substance abuse services so that all Texans may live and work in safe, healthy communities. This position oversees programs that address prevention and treatment of mental illness and substance abuse, disease prevention and bioterrorism preparedness, family and community health services, environmental and consumer safety, regulatory services, and the state public health laboratory.

Headquartered in Austin Texas. M.D./D.O. preferred. Annual salary range \$106,692 to not exceed \$175,000. Completed State of Texas applications for employment will be accepted through September 29, 2006.

For more information about DSHS and its programs and services, visit the department website at www.dshs.state.tx.us.

Interested candidates may view the full job description and apply on-line at <https://accesshr.hhsc.state.tx.us>. The Commissioner position is listed under "hot jobs."

EOE Affirmative Action Employer

First New Mexico. Then Louisiana. Will Texas be Next?

John R. Bush, Executive Director, Federation of Texas Psychiatry

“Those who do not do politics will be done in by politics.”

— French proverb

Since the mid-1980's, a minority element of organized psychology has religiously worked to gain prescribing privileges through legislative means. In Brent Pollitt's article entitled "Fool's Gold: Psychologists Using Disingenuous Reasoning to Mislead Legislatures into Granting Psychologists Prescriptive Authority," published in the American Journal of Law and Medicine (Vol. 29 No. 4 2003), the author states: "Psychologists seeking prescriptive authority appear blinded by their own self-interest associated with prescribing medication, willing to distort and totally disregard a multitude of opposing facts, placing patients at harm. Most disturbing about this debate is the unwillingness on the part of the psychologists seeking prescriptive authority to acknowledge a safety issue even exists."

The author concludes: "While the lack of available psychopharmaceutical treatment is a serious concern for all healthcare professionals, patient safety must remain paramount. Increased availability of harmful, substandard treatment is not the solution. The crux of the problem centers on what constitutes satisfactory education and training to grant prescriptive authority. Lowering this standard to allow psychologists to prescribe poses too great a risk to patient safety."

Despite opposition to psychologists prescribing privileges posed by psychiatry and other physicians, by psychologists including the Committee Against Medicalizing Psychology, and by patient and advocacy organizations including NAMI and the Depression and Bipolar Support Alliance, the New Mexico Legislature in March 2002 and Louisiana Legislature in May 2004 passed bills granting psychologists prescribing privileges. These legislative successes bear out Jesse Jackson's declaration: "In politics, an organized minority is a political majority."

The results achieved by psychologists in our neighboring states emboldens their resolve to achieve the same result in Texas. Will Texas be next? The past president of the Texas Psychological Association has stated that prescribing privileges for psychologists in Texas is inevitable.

Texas psychiatry has convincingly defeated psychology's attempt to legislatively gain prescribing privileges in Texas three times...in 2001, in 2003 and in 2005. Organized psychology will again file their prescribing bill in the Texas Legislature in January 2007 and will vigorously pursue its passage.

The barrier to psychology's success in Texas in 2007 will be the same barrier that prevented their legislative efforts 2001, 2003 and 2005...the Federation of Texas Psychiatry and its member organizations (Texas Academy of Psychiatry, Texas Foundation for Psychiatric Education and Research, Texas Society of Child and Adolescent Psychiatry, Texas Society of Psychiatric Physicians, Texas Osteopathic Medical Association and the Texas Medical Association) and its coalition partners from organized medicine, individual practicing psychologists and mental health advocacy organizations.

Psychologists' arguments for prescribing

privileges given in New Mexico, Louisiana, Texas and numerous other states where similar bills have been filed, have included the following: 1) psychologists' education and clinical training better qualify them to diagnose and treat mental illness in comparison with primary care physicians; 2) the Department of Defense Psychopharmacology Demonstration Project (PDP) demonstrated non-physician psychologists can prescribe psychotropic medications safely; 3) the recommended post-doctoral training requirements adequately prepare psychologists to safely prescribe psychotropic medications; 4) this privilege will increase availability of mental health services, especially in rural areas; and 5) this privilege will result in an overall reduction in medical expenses, because patients will visit only one healthcare provider instead of two – one for psychotherapy and one for medication.

These are all examples of why Mr. Pollitt entitled his article, "Fool's Gold: Psychologists Using Disingenuous Reasoning to Mislead Legislatures into Granting Psychologists Prescriptive Authority." Each of these points may be easily rebutted by facts, science, and medical experience.

If this is so, why did the legislators in New Mexico and Louisiana approve bills granting psychologists prescribing privileges? Facts, science and medical experience are only weapons used to rebut the reasons given by psychologists justifying prescribing privileges. But the battle ground is politics.

Every Texas psychiatrist can offer numerous facts, scientific evidence and practical medical experience to discredit the ill-conceived initiative to allow psychologists to prescribe medications to patients. But, is this enough? Didn't psychiatrists in New Mexico and Louisiana make the same arguments?

One must realize that the debate is being waged in the political arena. In the political arena, RELATIONSHIPS often trump the best of arguments.

Every Texas psychiatrist must recognize that the battle is already underway. The battle began in Texas in 2001 when psychologists first introduced their prescribing bill. If Texas psychiatrists and coalition partners wait until January 2007 to enter the battle, when the psychologists make their fourth attempt to pass their bill, the chances for psychology's success increases. We can not afford to wait. Every psychiatrist must begin today, and continue through the General Election in November, to proactively form RELATIONSHIPS with their legislators.

Commenting on their legislative victory in New Mexico, a leader of their state psychology organization, Mario Marquez, PhD, said: "To me, the bottom line is we developed relationships with legislators. We educated them about psychology and we made friends with them in some cases."

The psychologists in New Mexico, and perhaps Louisiana, clearly understood the importance of engaging in battle in the political arena and forming relationships with their legislators. They followed the advice of Paul Lazarsfeld: "In politics, familiarity doesn't breed contempt. It breeds votes."



To launch our initiative in the political arena, the Federation is announcing its Political Advocacy Task Force to coordinate crucial grassroots political activities, recognizing the wisdom of former Speaker Tip O'Neill's adage: "All Politics is Local." The purpose of all political activities will be to encourage psychiatrists to form relationships with their legislators – one on one. A goal of the Political Advocacy Task Force is for every member of the Texas Legislature to know by name a psychiatrist in his/her District.

How can psychiatrists participate? Activities may include:

- contacting a legislator or candidate and meeting with them in their District Offices;
- discussing issues with the staff of the legislator or candidate;
- inviting legislators and candidates to speak at Chapter meetings or other meetings of psychiatrists;
- volunteering to help in elections from putting up yard signs to distributing literature, and financially supporting candidates. Your volunteerism will never be forgotten by the legislator/candidate.

In addition to participation in these grassroots activities, there are other measures you can undertake to help and participate:

1. If you are interested in participating in the Federation's grassroots activities, please contact the Federation Office.
2. If you already have a relationship with a legislator, please let the Federation Office know.
3. If you know of psychologists in your com-

munity who oppose prescribing privileges, ask for their assistance and let the Federation know how to contact them.

4. If you are not already involved with our allies, the mental health advocacy organizations, please become involved and help inform them about the requirements needed to safely and effectively prescribe medications.

In December, the Federation will mail to every psychiatrist a "Key Contact Form" which will ask each psychiatrist to identify legislators they know. This information will become vital during the Legislative Session when votes are being taken.

For a listing of 2006 candidates for the Texas Legislature, go to the Federation's website, www.txpsych.org, select the tab "Public Policy," and then click on "Texas Senate Races 2006" and "Texas House Races 2006."

You don't know who your legislator is? Just go to the Federation's website, www.txpsych.org, select the tab "Public Policy," and click on "Locate Your Legislator." And then, simply enter your address.

Please become involved now in the Federation's political advocacy activities in preparation for the 2007 Texas Legislative Session, keeping in mind the old French proverb: "Those who do not do politics will be done in by politics." With your active participation in the political process, Texas will not succumb to accepting substandard and potentially harmful levels of medical care for the citizens of our State who seek treatment for psychiatric illnesses, as has been the case in two adjoining states. ■

Why should I be active in the political process? 12 reasons, just to mention a few.....

1. All politics is local. – Tip O'Neill
2. Just because you do not take an interest in politics doesn't mean politics won't take an interest in you. – Pericles
3. One of the penalties for refusing to participate in politics is that you end up being governed by your inferiors. – Plato
4. Those who do not do politics will be done in by politics. – French Proverb
5. All politics are based on the indifference of the majority. – James Reston
6. I believe there's something out there watching over us. Unfortunately, it's the government. – Woody Allen
7. If I seem to take part in politics, it is only because politics encircles us today like the coil of a snake from which one cannot get out, no matter how much one tries. I wish therefore to wrestle with the snake. – Mahatma Gandhi
8. In politics, stupidity is not a handicap. - Napoleon
9. No man's life, liberty or property are safe while the legislature is in session. - Judge Gideon J. Tucker
10. In politics, familiarity doesn't breed contempt. It breeds votes. – Paul Lazarsfeld
11. In politics, an organized minority is a political majority. – Jesse Jackson
12. [On the New Mexico victory by psychologists] To me, the bottom line is we developed relationships with legislators. We educated them about psychology and we made friends with them in some cases. - Mario Marquez, PhD, New Mexico Psychological Association



Texas Society of Psychiatric Physicians 2006 Annual Convention and Scientific Program

Welcome Reception

You will enjoy visiting with your colleagues and friends from all areas of Texas at the TSPP Welcome Reception, the first social event on Friday evening, November 3 beginning at 6:30 pm. There will also be an opportunity to visit with Exhibitors to learn more about products and services and to thank Exhibitors for their support of TSPP.

Also, a poster session chronicling the history of TSPP and Texas Psychiatry will be available for viewing.

Westin Galleria Hotel

Located within the impressive Galleria (13340 Dallas Parkway), the Westin Galleria Dallas offers instant access to more than 200 exclusive shops, restaurants and entertainment options. Settle into your luxuriously appointed accommodations. Dine, or relax with a drink and catch the big game at Options Restaurant and Bar. Step outside and you're in the Galleria, the best shopping experience in Texas. Stroll down to Saks Fifth Avenue or start your wish list at Tiffany & Company.

The award-winning Westin is renowned for its luxurious guest rooms and for helping you manage your travel needs. Enjoy the extensive meeting facilities and comprehensive services at the business center. Guests also appreciate the on-site car-rental agency.

At the Westin Galleria Dallas, every guest room features a coffee maker, 2 dual-line telephones with data ports and satellite television with movies on command.

To receive TSPP's discounted room rate of \$139, you must register with the Westin Galleria Hotel by October 12 by calling 972/934-9494 or 888/627-8536. Refer to the Group and Meeting Name: Texas Society of Psychiatric Physicians' 2006 Annual Convention.

History of Texas Psychiatry

Over the years, Dan Creson, MD of Houston has video taped interviews with the pioneers and leaders of Texas Psychiatry. Dr. Creson will present highlights from these video interviews which will reflect on the development and growth of psychiatry in Texas. You will not want to miss his historical presentation during the Membership Luncheon on Saturday, November 4 at 12:00 noon.

Special Programs for MIT Members

The Member-in-Training Section is planning a special program for members entitled, "How to Set Up a Successful Private Practice with Minimal Pain and Terror," William C. Streusand, MD, Austin, presenter. The program will be conducted on Friday, November 3.

Following the Welcome Reception on Friday evening, the MIT Section is planning an "After Hours Social" for members and their families.

Annual Business Meeting

The Annual Business Meetings of TSPP and the Texas Foundation for Psychiatric Education and Research will

be conducted at the conclusion of the Scientific Program on Sunday. During the luncheon program, members will be entertained by a visual presentation of photos taken during the many events of the Annual Convention. Each registrant will receive a DVD of the presentation as a memento of the 2006 TSPP Annual Convention and 50th Anniversary Gala.

Scientific Program Accreditation

The Texas Society of Psychiatric Physicians designates this educational activity for a maximum of ten *AMA PRA Category 1 Credits*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The presentation "Medical, Legal, and Ethical Issues in Serious Brain Injuries and Severe Mental Illnesses" has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility. ■

50th Anniversary Gala

A highlight of the festivities during the 2006 Annual Convention will be a special 50th Anniversary Gala Dinner. This black tie optional dinner will be held on Saturday, November 4, beginning at 7:15 pm. The dinner will be preceded by a reception beginning at 6:30 pm. TSPP's members including Past Presidents and previous Award Recipients will all be recognized for their contributions to TSPP. Following the presentation of an anniversary cake and champagne, the evening will continue with musical entertainment and dancing. Please join us for a festive and memorable celebration of TSPP!

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS 50TH ANNIVERSARY CONVENTION & SCIENTIFIC PROGRAM

November 3-5, 2006 • Westin Galleria Hotel, Dallas, Texas

Please complete this form and return it with your check, money order or credit card information for your registration and event fees to the Texas Society of Psychiatric Physicians, 401 West 15th Street, Suite 675, Austin, Texas 78701 by October 12 to receive the discounted registration fee. Registration forms and payments by credit card may be faxed to TSPP at 512/478-5223.

NAME _____	E-MAIL _____
ADDRESS _____	CITY _____ STATE _____ ZIP _____ PHONE _____
NAME(S) GUEST(S) ATTENDING (for name badges) _____	

REGISTRATION FEES

Indicate the **NUMBER** of individuals who are registered for each event in the appropriate enrollment category listed below. Please note the enrollment fees are **PER PERSON** and your payment should reflect the proper fee for the number of individuals registered per event.

NUMBER ATTENDING EVENT	DISCOUNTED REGISTRATION (if postmarked before 10/12)	AFTER 10/12	NUMBER ATTENDING EVENT	DISCOUNTED REGISTRATION (if postmarked before 10/12)	AFTER 10/12
MEMBER LUNCHEON - Friday			SCIENTIFIC PROGRAM - Saturday and Sunday		
# <input type="checkbox"/> Member Luncheon	\$15	\$20	# <input type="checkbox"/> TSPP/Academy Member	\$190	\$235
MIT / ECP PROGRAM - Friday			# <input type="checkbox"/> MIT (TSPP/Academy)	\$25	\$35
# <input type="checkbox"/> MIT/ECP Program	No Chg	No Chg	# <input type="checkbox"/> Non-Member Physician	\$235	\$290
WELCOME RECEPTION - Friday Evening			# <input type="checkbox"/> Non-Member MIT	\$35	\$50
# <input type="checkbox"/> NOT Registered for Scientific Program	\$40	\$50	# <input type="checkbox"/> Allied Health Professional	\$105	\$130
# <input type="checkbox"/> Registered for Scientific Program	No Chg	No Chg	# <input type="checkbox"/> Spouse	\$96	\$120
PROGRAM LUNCH Profiles of Texas Psychiatry - Saturday			# <input type="checkbox"/> Advocacy Organization	\$15	\$20
# <input type="checkbox"/> Program Luncheon	\$15	\$20	TOTAL REGISTRATION FEE \$ 		
50th ANNIVERSARY BANQUET Saturday Evening/ Black Tie Optional			If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605.		
# <input type="checkbox"/> 50th Anniversary Gala Dinner	\$35	\$55	<input type="checkbox"/> Vegetarian Plate Requested. No additional fee if requested prior to 10/12, otherwise there will be an additional fee of \$15.00.		
ANNUAL BUSINESS LUNCHEON - Sunday					
# <input type="checkbox"/> Annual Business Luncheon	\$15	\$20			

METHOD OF PAYMENT

Check - Make checks payable to "Texas Society of Psychiatric Physicians"

VISA **MasterCard** **AMEX** Credit Card # _____ Exp. Date _____

Name of Cardholder (as it appears on card) _____

Signature _____

Credit Card Billing Address _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

CANCELLATION POLICY: In the event of cancellation, a full refund will be made if **written notice is received in the TSPP office by October 12, 2006, less a 25% handling charge. No refunds will be given after October 12, 2006.**

Return to: TSPP • 401 West 15th Street, Suite #675 • Austin, TX 78701 • (512) 478-0605 • FAX (512) 478-5223

The Texas Society of Psychiatric Physicians is pleased to recognize the following confirmed contributors and educational grants to the 2006 Annual Convention and Scientific Program:

DIAMOND

Abbott Laboratories
Bristol-Myers Squibb
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Texas Foundation for Psychiatric Education and Research
Wyeth Pharmaceuticals

PLATINUM

AstraZeneca Pharmaceuticals LP

GOLD

Sanofi Aventis

SILVER

Takeda Pharmaceuticals
Depression and Bipolar Support Alliance of Texas



Texas Society of Psychiatric Physicians
2006 Annual Convention and Scientific Program

D A I L Y S C H E D U L E

Thursday, November 2

2:00 PM Golf Outing Arranged by Dallas Members

Friday, November 3

7:30 AM - 8:00 PM	Registration / Information	Galleria Foyer
7:30 AM - 8:55 AM	Foundation Board of Directors Breakfast Mtg	Ellis
8:00 AM - 5:00 PM	DBSA Texas 1st Annual Conference "Transformations"	Governors
8:30 AM - 4:00 PM	Committee Hospitality Complimentary Refreshments & Light Hors D'oeuvres For Cmte Mbrs	Johnson 2
9:00 AM - 10:30 AM	Socioeconomics Academic Psychiatry Finance Physician Advocacy	Dallas Collin Johnson 1 Fannin
10:30 AM - 12:00 PM	Professional Practices Fellowship Strategic Planning & Coordinating Texas Academy of Psychiatry Membership	Dallas Fannin Johnson 1 Collin
12:00 PM - 1:30 PM	Federation of Texas Psychiatry Delegate Assembly Lunch Mtg Committee / Member Luncheon	Ellis Galleria 3
1:30 PM - 3:00 PM	Public Mental Health Services Ethics Constitution & Bylaws	Dallas Fannin Collin
3:00 PM - 4:30 PM	Continuing Medical Education Forensic Psychiatry Children and Adolescents Members in Training/ECP Program: "How to Set Up a Successful Private Practice with Minimal Pain and Terror" William C. Streusand, MD, Austin, Presenter	Fannin Dallas Collin Johnson 1

4:35 PM - 6:00 PM	Government Affairs	Johnson 1 & 2
6:30 PM - 8:00 PM	Welcome Reception w/Exhibitors	Galleria 2 & 3
8:00 PM -	Members in Training After-Hours Social Arranged by MIT Members	

Saturday, November 4

7:00 AM - 6:00 PM	Registration / Information	Galleria Foyer
7:30 AM - 8:30 AM	Complimentary Continental Breakfast for Program Registrants With Exhibitors	Galleria 2 & 3
8:30 AM - 5:00 PM	Scientific Program	Preston Ballroom
10:15 AM - 10:30 AM	Refreshment Break with Exhibitors	Galleria 2 & 3
12:00 PM - 1:30 PM	History of Texas Psychiatry Luncheon Program Daniel Creson, MD, Houston, Presenter	Galleria 2 & 3
2:00 PM	Exhibits Tear Down / Depart	
2:30 PM - 2:45 PM	Refreshment Break	Preston Foyer
5:00 PM - 6:30 PM	Executive Council	Johnson 1 & 2
6:30 PM - 7:00 PM	50th Anniversary Gala Reception	Governors
7:15 PM - 12:00 AM	50th Anniversary Gala Banquet with Entertainment	Galleria 3

Sunday, November 5

7:30 AM - 1:00 PM	Registration / Information	
7:30 AM - 9:00 AM	Complimentary Continental Breakfast for Program Registrants	Preston Foyer
8:00 AM - 12:30 PM	Scientific Program	Preston Ballroom
10:15 AM - 10:30 AM	Refreshment Break	Preston Foyer
12:30 PM - 2:00 PM	Annual Business Meeting Luncheon & DVD Presentation	Galleria 3

SCIENTIFIC PROGRAM SPEAKERS

Jonathan R.T. Davidson, MD

Professor, Dept of Psychiatry and Behavioral Sciences
 Duke University Medical Center South
 Durham, North Carolina

Robert L. Fine, MD, FACP

Director, Office of Clinical Ethics
 Baylor Health Care System
 Director, Palliative Care Consultation Service
 Baylor University Medical Center
 Dallas, Texas

Urszula B. Kelley, MD

Clinical Director, Eating Disorders Program
 Presbyterian Hospital
 Dallas, Texas

Edgar P. Nace, MD

Clinical Professor of Psychiatry
 University of Texas Southwestern Medical School
 Dallas, Texas

A. John Rush, MD

Vice Chair for the Department of Clinical Sciences
 Betty Jo Hay Distinguished Chair in Mental Health
 Rosewood Corporation Chair in Biomedical Science
 Professor of Psychiatry
 University of Texas Southwestern Medical Center
 Dallas, Texas

Trisha Suppes, PhD, MD

Associate Professor of Psychiatry
 Director, Bipolar Disorders Clinic & Research Program
 UT Southwestern Medical School
 Dallas, Texas

Resident Paper Competition Winner

To be determined following selection by CME Committee ■

SCIENTIFIC PROGRAM SCHEDULE

SATURDAY, November 4, 2006

(Six Hours Total Category I Credit)

8:30am-8:45am	Opening Remarks
8:45am-10:15am	Post Traumatic Stress Disorder: The Latest Developments <i>Jonathan R. T. Davidson, M.D., Duke University, North Carolina</i>
10:15am-10:30am	Refreshment Break
10:30am-12:00pm	The Current Essentials in Diagnosing Bipolar Disorder Today <i>Trisha Suppes, PhD, MD, UT Southwestern, Dallas, TX</i>
12:00pm-1:30pm	Program Luncheon with Exhibitors Profiles of Psychiatry in Texas <i>Daniel L. Creson, MD, Houston, TX</i>
1:30pm-2:30pm	Resident Paper Competition Winner
2:30pm-2:45 pm	Refreshment Break
2:45pm-3:45 pm	Alcohol and Substance Abuse: Realistic Treatment Options and Pitfalls to Avoid <i>Edgar P. Nace, MD, UT Southwestern, Dallas, TX</i>
3:45pm-4:45pm	Obesity in our Child and Adult Patients <i>Urszula B. Kelley, MD, Presbyterian Hospital, Dallas, TX</i>
4:45pm-5:00pm	Closing Remarks

SUNDAY, November 5, 2006

(Four Hours Total Category I Credit)

8:00am-8:15am	Opening Remarks
8:15am-10:15am	Medical, Legal, and Ethical Issues in Serious Brain Injuries and Severe Mental Illnesses <i>Lecture for Ethics Credit: Robert L. Fine, M.D., Baylor Health Care System, Dallas, TX</i>
10:15am-10:30am	Refreshment Break
10:30am-12:30pm	Toward the Optimal Treatment of Depression <i>A. John Rush, MD, UT Southwestern Medical Center, Dallas, TX</i>

**SCIENTIFIC PROGRAM TARGET
AUDIENCE AND PROGRAM
OBJECTIVES**

This CME program is proudly sponsored by the Texas Society of Psychiatric Physicians on the occasion of the Society's fiftieth anniversary of service to psychiatrists and their patients. Designed in a format consisting of lectures and direct discussion, the program is designed to provide its' primary target audience of Psychiatrists, as well as other specialties of medicine with clinically-relevant information regarding ethics, new developments in treatment, and new directions in research.

At the conclusion of the program, CME participants will be able to explore, to describe, and to discuss the following areas and topics:

- Causes of PTSD, with an improved ability to accurately diagnose and to implement appropriate treatment
- The diagnosis, prognosis, and current effective treatments for bipolar disorder.
- Evaluation and treatment of alcohol abuse and abuse of other substances, with emphasis on realistic treatment outcomes.
- Recognition of obesity in child and adulthood and effective means of intervention.
- The various classes of coma and the implications of each on treatment and prognosis.
- Dealing with ethical dilemmas faced by the families, and the physicians, of patients in coma.
- Current strategies for achieving symptom remission and recovery in major depression.

Quality Patient Care at Stake in the 2007 Texas Legislature

Darren Whitehurst, Director of Public Affairs, Texas Medical Association

Physicians are trapped in a health care financing system driven by cutting expenditures today with little care about how it will impact patient care tomorrow. Virtually every private sector and governmental health program has contributed to the dilemma. This situation will only get worse as Texas' uninsured population continues to grow, straining the state coffers even more.

We must begin to align the practice of medicine with the politics of medicine. Never before has medicine had to confront so many economic, practice viability, and patient care challenges at one time.

For the past year, TMA has worked hard to develop sound political strategies that focus on patient care. We have

worked with physician leaders in ad hoc committees on the issues of scope, managed care, Medicaid/CHIP, and responsible physician ownership. Each committee strongly agreed that patient care must not be compromised. We will remain vigilant and encourage legislators to look for long-term solutions that protect the health of all Texans.

When the health plans and hospitals and limited-license practitioners make economic arguments, we will focus on patient care. When employers and state budget writers talk about the high cost of employee benefits and Medicaid expenses, we will talk about the return on investment from quality patient care.

TMA is prepared to deal with the challenges and opportunities of the 2007

Texas Legislature. Among the issues that medicine is expected to take an active role during next session include:

- **Taxes:** The passage of the new business activity tax during the special session will require modifications to ensure that physician practices are treated fairly and that they reflect the unique nature of services that physicians are delivering to patients.
- **Medicaid/CHIP:** Texas is seeing a continual erosion in the number of physicians, both primary care and specialists, that are willing to treat this population. Rates were reduced by 2.5 percent in 2003 and many physicians are being paid less in 2006 than they were in 1993. TMA will work to restore the cuts, and ensure that Medicaid and



Darren Whitehurst

CHIP patients have appropriate access to medical care.

- **Patient Safety:** Increased scrutiny is being placed on health care providers regarding the delivery of services and the quality of care. TMA will take a leadership role in ensuring that Texas patients are receiving the highest quality of care and that the Texas Medical Board is pursuing efforts to improve patient safety.
- **Scope of Practice:** Every year, at least one allied health provider group looks to expand the array of services they perform on patients in Texas. TMA is working to perform an in-depth analysis of the training, experience, and expertise of limited license providers. This research will help us better assess and make recommendations regarding their legal scope of practice and ensure that patient safety is not compromised.
- **Medical Liability Reform:** The successes during the 78th Legislature and the passage of Proposition 12 have resulted in improved access to care and significant decreases in medical liability rates across the state. New physicians are coming into the state. However, recent articles in newspapers across the state appear to be early skirmishes by opponents to either water down or minimize the reforms during the upcoming legislative session.
- **Managed Care and Insurance:** The 79th Legislature included proposals that would have prohibited out-of-network physicians from billing a patient for the fees that the patient's health plan would not pay. TMA proposals will ensure that health plans are required to maintain adequate networks, and how physicians can better educate patients and employers on this complex issue. Other issues related to appropriate regulation of health insurance contracts and ensuring patients are protected will be included in a legislative package.
- **Graduate Medical Education:** Reductions in GME funding are threatening to seriously damage the medical pipeline in Texas. Even though some additional funding was achieved last session, a 2005 TMA study showed that nearly two-thirds of the medical students that went out of state to complete their medical training were interested in remaining in Texas but could not find the appropriate slot. Since a majority of medical residents practice close to the area where they complete their graduate training, the state has a vested interest in supporting increased funding. ■

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Scenes from the TSCAP Summer Meeting

The Texas Society of Child and Adolescent Psychiatry (TSCAP) conducted its 2006 Summer Meeting in Corpus Christi on July 28-30. The conference faculty, composed of Martin J. Drell, MD, Steven R. Pliszka, MD, Paul Croarkin, DO, Tyler Wooten, MD, Graham J. Emslie, MD and Thomas McGovern, Ed.D, LPC, LMFT, made interesting and informative presentations, that were well received by a larger than expected audience of child and adolescent psychiatrists. During the Membership Business Meeting, TSCAP Officers for 2006-2007 were installed, as follows: President - Steven R. Pliszka, MD; President-Elect - Benigno Fernandez, MD; Secretary/Treasurer - R. Andrew Harper, MD; Immediate Past President - Patrick Holden, MD; Councilors - Kira Carey, MD, Regina Cavanaugh, MD and Corinne Fribley, MD; AACAP Delegates: Jerry W. Dodson, MD, Larry Stone, MD and Valerie Robinson, MD; and AACAP Alternate Delegates: Alice R. Mao, MD, J. Byron Stone, MD and Karen Dineen Wagner, MD, PhD. ■



Patrick Holden, MD (left) receives a plaque recognizing his service as President in 2005-06, presented by Steven R. Pliszka, MD



Dr. Graham Emslie and family



Benigno Fernandez, MD (left) and Graham Rogeness, MD



Dr. and Mrs. Jaime Quintanilla (left) with Dr. and Mrs. Allen Cahill



Tyler Wooten, MD and Regina Cavanaugh, MD visit with an exhibitor.

National Provider Identifier (NPI) — Get Yours Now

Starting on May 23, 2007, your National Provider Identifier (NPI) will be the only identifier that most health plans, both public and private, will use to identify you in all standard transactions such as claims, coordination of benefits transactions, enrollment in health plan networks, etc. (Smaller health entities will have until May 23, 2008 to start using the NPI.) Mandated by the Health Insurance Portability and Accountability Act of 1996, the NPI will replace the current UPIN (Uniform Provider Identification Number), used under Medicare, and any other identifying numbers currently assigned by insurers. It will function much

like a Social Security Number for health care providers. The NPI will be yours for life and will never expire or be recycled and assigned to another provider. The only time it could be changed would be in the case of identity theft.

So, How Do I Apply for an NPI?

NPIs are issued through the National Plan and Provider Enumeration System (NPPES), which can be accessed online at <https://nppes.cms.hhs.gov/NPPES/Welcome.do>. You can fill the form out online or print out a copy and do it by hand. The information asked for is pretty standard. For individual providers, they want to

know: name; SSN (or ITIN if you're not eligible for an SSN); date of birth; country of birth; state of birth (if born in US); gender; mailing address; practice location address and phone number; taxonomy (for psychiatrist, the code is 2084P0800X, but there's a popup box that will provide this if you fill out the form online); state license information; and a contact person's name, phone number, and e-mail address (this can be you or someone who works for you). If you don't have access to a computer and want a paper form to fill out, you can have one sent to you by calling 1-800-465-3203.

Once I Get My NPI, Can I Start Using It Right Away?

You can start using your NPI as soon as it's issued to you, but until October 1, 2006, Medicare wants you to include your old UPIN on any claims you submit as well. Starting October 2, 2006, you can submit claims just using your NPI if you'd like to. And starting on May 23, 2007, and going into the future, Medicare, Medicaid, and other large health systems will only accept the NPI (as stated in the introduction, smaller plans have another year to start using it). CMS has designated a webpage to the NPI at <http://www.cms.hhs.gov/NationalProvIdentStand/>. You can go there for all the latest information. ■

MEMBERSHIP CHANGES

Texas Society of Psychiatric Physicians New Members

The following membership applications have been approved by the TSPP Executive Committee and have been transmitted to the APA.

Member in Training

Baker, Olen C., MD, Belton
Balfour, Margaret E., MD, Dallas
Green, Casey, MD, Fort Worth
Ketema, Daniel, MD, Austin
Lallande, Beverly J., MD, Houston
Liu, Xiaoqing, MD, Houston
Meisamy, Lili, DO, Fort Worth
Nathu, Prakash, MD, Temple

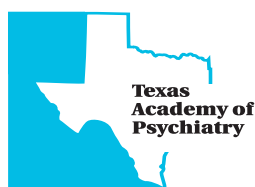
Pennington, Melissa K., MD, Fort Worth
Pugh, Mark H., MD, Galveston
Starling, Kelley, MD (reinstatement), San Antonio
Vazquez, Jose J., MD, Arlington

Member in Training to General Member Status

Herndon, Paul T., MD (reinstatement), Manchaca
Venkatesh, Athi, MD, Kingwood

Texas Academy of Psychiatry New Member

Etter, Gary L., MD, Fort Worth



Texas Academy of Psychiatry Participate and Benefit...

Affiliation with a professional psychiatric organization affords psychiatrists an opportunity to benefit the profession and patients, while receiving benefits such as information and knowledge to help improve their practice, advocacy that will impact public policy and networking/fellowship with colleagues. Membership in the Texas Academy of Psychiatry provides all of those benefits and more.

The Academy is a young and growing organization. As a member organization of the Federation of Texas Psychiatry, the Academy participates in activities of other member organizations, including CME programs and legislative advocacy pro-

grams. Members of the Academy are not required to be members of any other professional psychiatric association.

Therefore, Academy involvement and participation impacts Texas Psychiatry directly. The Academy is the professional home for psychiatrists who want to make a difference in Texas for patients and the profession. Plans are underway for the Academy's programs in 2007 and your input as a member is essential.

For more information about membership in the Academy, contact our office at 512/478-0605 or visit the Academy on the Federation's website, www.txpsych.org. ■

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Advocacy and Leadership Conference – 2006

The Federation of Texas Psychiatry hosted the 2006 Advocacy and Leadership Conference for the Mental Illness Awareness Coalition on August 12 at the Westin La Cantera Resort in San Antonio. The Mental Illness Awareness Coalition, composed of the Depression and Bipolar Support Alliance of Texas, Mental Health Association in Texas, NAMI Texas, Texas Mental Health Consumers, Federation of Texas Psychiatry, Texas Academy of Psychiatry, Texas Medical Association and the Texas Society of Psychiatric Physicians, have had annual conferences since 1996 featuring programs on association strategic planning, developing legislative agendas, developing media and communications skills and legislative advocacy. The 2006 Conference, "Together, We Do Make a Difference: Advocating with Impact," focused on sharpening communications skills to be more effective in advocacy activities. The communications program was presented by Joel Roberts, a



Mike Halligan, Executive Director of the Texas Mental Health Consumers, makes a point (left) as Matthew Levine, MD, Universal City (Texas Academy of Psychiatry) and Joel Roberts look on.

nationally recognized communications specialist from Los Angeles. Dave Wanser, PhD, Deputy Commissioner for Behavioral and Community Health with the Texas Department of State Health Services, was the featured speaker during the Conference luncheon program. The Conference, attended by 100 physicians and advocates, was a highly successful conference, with attendees unanimously requesting that the



Federation Executive Director John Bush (center) with good sports Heidi and Joel Roberts, displaying their UT National Championship regalia.

annual conference be continued in the future. Written comments about the conference included: "Joel's presentation and teaching were just outstanding!"; "I learned very much. Joel Roberts has a special talent for imparting information."; "Joel is dynamic."; "Joel Roberts was amazing! Thank you!"; "I have been to 5 different sessions with Joel Roberts and have learned new things at each session." ■



Martha Leatherman, MD, San Antonio (Vice Chair for Public Policy, Federation of Texas Psychiatry) summarizing the Federation's legislative agenda.



Helene Alphonso, MD, Euless (TSPP) demonstrating her black belt moves with Joel Roberts.



Robin Peyson (Executive Director of NAMI Texas), Andrea Hinckson (Mental Health Association Houston), and Eileen Rosen (Executive Director of DBSA Texas) practice their advocacy messages.



Ken Arfa, MD, Houston, (TSPP) with Joel Roberts (right)



Dave Wanser, PhD, updated the Coalition on initiatives being undertaken by the Department of State Health Services.

CALENDAR OF MEETINGS

SEPTEMBER

- 29-30 2006 TMA Fall Conference**
Setting Medicine's Agenda
Hyatt Regency Hotel
Austin, TX
For more information, www.texmed.org

NOVEMBER

- 3-5 TSPP's 50TH ANNIVERSARY GALA**
Annual Convention & CME Scientific Program
Westin Galleria Hotel, Dallas, TX
\$139 Room Rate Prior to October 12 / 972/934-9494 or 1/888/627-8536 Refer to the group and meeting name (Texas Society of Psychiatric Physicians 2006 Annual Convention)
For more information, contact: Debbie Sundberg 512/478-0605
- 3 TSPP Committee Meetings**
Member Luncheon
Executive Council Meeting
Welcome Reception with Exhibitors
- 4 TSPP Scientific Program**
Member Luncheon/Profiles of Texas Psychiatry
50th Anniversary Gala Banquet
- 5 TSPP Scientific Program**
Annual Business Meeting



FEDERATION OF TEXAS PSYCHIATRY

The Federation was established on July 1, 2004 with the following purposes:

- to promote the common professional interests of psychiatrists;
- to facilitate the coordination of and work in concert with state professional psychiatric associations and state professional subspecialty psychiatric associations, to unify programs that advance public and professional education and advocacy for psychiatry and persons with psychiatric illnesses;
- to provide centralized services to state professional psychiatric associations and state professional subspecialty psychiatric associations;
- to make psychiatric knowledge available to other practitioners of medicine, to scientists, and to the public; and,
- to promote the best interests of patients and those actually or potentially making use of mental health services.

The TEXAS PSYCHIATRIST is published 5 times a year in February, April, June, August, and October. Members of Federation member organizations are encouraged to submit articles for possible publication. Deadline for submitting copy to the Federation Executive Office is the first day of the publication month. Copy must be edited, acceptable for publication.

Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

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