Texas Psychiatrist



Galveston Hosts the TSPP 53rd Annual Convention and Scientific Program

George D. Santos, MD, President, Texas Society of Psychiatric Physicians

alveston has arisen, dried off, and is ready to host TSPP's 53rd Annual Convention and Scientific Program. It will be held at the Moody Gardens Hotel and Resort from November 13 through November 15. I want to encourage everyone to attend and support TSPP and the Federation. The theme this year will be "Clinical Updates for Implementing Change in your Clinical Practice." We will offer ten hours of category 1 CME, including 2 hours of Ethics CME credits. As usual, TSPP committees will conduct business on Friday, and there will also be a special program for Residents on exiting residency and establishing a practice. This year we will join with the Titus Harris Society and cohost a reunion reception for their Society and for TSPP members on Friday, November 13. This gives us all an opportunity to network and to catch up with colleagues from near and far.

Saturday brings the formal educational scientific meeting and our CME Committee has designed it to meet current needs in all of our clinical practices. The day will begin with a review, given by Dr. Robert

Hirschfeld, on an "Update on the Diagnosis and Treatment of Bipolar Diagnosis in Adults." This will be followed by Dr. Karen Wagner presenting an "Update on the Diagnosis and Treatment of Bipolar Disorder in Adolescents." After the annual business meeting, we will have a presentation from the Psychiatry Resident winner of our MIT scientific paper competition. The afternoon will continue with a presentation from Dr. Philip Becker. He will discuss "Sleep and Psychiatric Disorders: Evidence Based Practice."

Of course, Saturday evening is always reserved for our annual awards ceremony where we honor our own. Dr. J. Clay Sawyer, of Waco, will receive the Distinguished Service Award for his years of service to TSPP and the field of psychiatric medicine. Dr. R. Andrew Harper, of Houston, will receive the Psychiatric Excellence Award for his outstanding abilities and service as an educator, clinician, and medical administrator. Finally, Dr. James E. Kreisle, of Austin, will receive the Psychiatric Excellence Award for his service and clinical contributions to psychiatry.

On Sunday, our scientific meeting continues with two presentations. Dr. Randall Urban will deliver the first. He will discuss "Essentials of the Evaluation and Treatment of Diabetes: What Every Psychiatrist Should Know and Use in Practice." This topic has obviously become part of our everyday concern in treating patients with newer generations of medications and concerns over metabolic syndrome risks. Dr. Manisha Chandali will discuss the "Essentials of the Evaluaton and Treatment of Diabtetes." The final presentation on Sunday gives us all the two hours of Ethics CME credit we need for our Texas medical license renewals. This will be a panel discussion and presentation on "Effective Appraisal of the Medical Literature-Using Understanding of Study Design, Levels of Evidence, and Conflicts of Interest in Clinical Decision-Making." This is an important issue as we critically assess studies presented to us in publications and brought to our offices by pharmaceutical representatives. It is essential as we evaluate the evidence of "evidence-based" medicine initiatives. Plus, we get two hours of ethics credit!



George D. Santos, MD

Please make every effort to register early and attend our annual scientific meeting. It supports TSPP as an organization and brings colleagues together providing opportunities for fellowship and networking. It is a time when new physicians and graduating Residents can meet colleagues from all over the State and develop new contacts and mentors as they begin new careers. The meeting is also a time when we honor our own for their distinguished accomplishments. Galveston and the Moody Gardens Hotel and Resort are renewed and ready to host our membership. This will definitely be a family weekend with activities available for all. I look forward to seeing everyone in Galveston in November.

Special Invitation to UTMB Graduates and Members of the Titus Harris Society

Richard L. Noel, M.D., Immediate Past President, Titus Harris Society and President-Elect, TSPP

urricane Ike led to the cancellation of the Titus Harris Society Annual Meeting this past Spring, but fortunately we still have the opportunity to meet in

APA'S 100% Club for
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Galveston this year, at the TSPP Annual Convention and Scientific Program at Moody Gardens Hotel, November 13 - 15, 2009.

Dr. Hirschfeld will be giving his latest update on the diagnosis and treatment of bipolar disorder in adults, and Dr. Karen Wagner will be giving her latest update on the diagnosis and treatment of bipolar disorder in adolescents. Their updates are always informative, with the latest information, presenting information that can be used in our clinics when we go home the next day. In addition, there will be lectures on other medical topics that affect our psychiatric patients, including Dr. Philip Becker's presentation on Sleep Disorders, Dr. Randall Urban's presentation on Thyroid Disorders, and Dr. Manisha Chandalia's presentation on Diabetes. In addition, there will be a two hour ethics presentation led by Drs. Pedro Delgado and Mauricio Tohen on effective appraisal of the medical literature; in addition to providing important information for our use in treating our patients, it also meets the state ethics requirement.

In addition to the scientific program, there are of course several opportunities for socializing, starting with a special reception for the litus Harris Society on Friday evening (November 13) at 6:00 p.m. If you are able to arrive in Galveston on Thursday, there will be a golf outing at the Moody Gardens golf course. On Saturday evening, November 14, there will be the TSPP Annual Awards Banquet; our fellow Titus Harris Society member, Dr. Clay Sawyer will be receiving the Distinguished Service Award at this banquet, along with Drs. Andrew Harper (Houston) and James Kreisle (Austin) for Psychiatric Excellence.

As most of you are familiar, the Moody Gardens complex in Galveston offers much to see and do, including the Rainforest Pyramid, Aquarium Pyramid, and IMAX Theatre. Moody Gardens is a perfect place to bring your family.

My family and I always look forward to the Annual Titus Harris Society meeting in



Richard L. Noel, MD

the Spring; we were greatly disappointed when the meeting was cancelled this year due to the aftermath of Hurricane Ike. Fortunately, the TSPP meeting in November will allow us an opportunity to visit with fellow Titus Harris Society members in 2009 after all. The Titus Harris Society meeting in the Spring and the TSPP meeting in the Fall are two meetings I never miss; I am looking forward to attending this 'combination' of the two meetings this year. I hope to see you there.

TSPP Achieves CME Accreditation... Again!

SPP underwent a rigorous re-accreditation process in 2009 with the Texas Medical Association (TMA) and the Accreditation Council for Continuing Medical Education (ACCME), to continue TSPP's ability to be a provider of continuing medical education activities. The process included compiling a 500+ page Self-Study Report covering the past 4 years of CME activities and a CME accreditation site survey and interview.

In July, the TMA announced its decision, awarding TSPP another four year Full accreditation term. TSPP was also given an opportunity to submit a progress report in January, 2010 to change the status to Accreditation with Commendation, which would extend TSPP's accreditation period to a six year term. Only 6-8% of medical associations offering CME credit attain the sta-

tus of Accreditation with Commendation.

TSPP, in 1987, was the first medical specialty organization in Texas to achieve CME accreditation by TMA/ACCME and today is only one of two medical specialty societies holding this honor and recognition.

This decision confirms again the strengths of TSPP's continuing medical education program.

Pictured at the CME accreditation site survey in June (left to right): Leslie Secrest, MD, CME Committee Vice Chair, Jefferson Nelson, MD, CME Committee Chair, Fred Bishop, MD, TMA/ACCME surveyor, Armin Weinberg, PhD, TMA/ ACCME surveyor, Billie Dalrymple, TMA Director of CME, and Debbie Sundberg, TSPP Assistant Director. (Not pictured: John Bush, TSPP Executive Director)



An Opportunity to Participate Annual Campaign 2009

The Texas Foundation for Psychiatric Education and Research is launching its sixteenth Annual Campaign conducted each Fall to encourage charitable contributions to support the Foundation's goals: fighting stigma and discrimination; ensuring that patients have access to quality psychiatric treatment; and improving treatment through innovative research.

The Foundation's Annual Campaign Goals

- A major focus of the Foundation is to educate the public and policymakers about mental illnesses with the goal of ending stigma and eradicating discriminatory practices that impose unnecessary barriers to accessing and receiving quality psychiatric care.
- The Annual Campaign encourages unre-

stricted charitable contributions to be allocated by the Foundation to programs in Texas that address the Foundation's goals of fighting stigma and discrimination against persons diagnosed with psychiatric disorders; ensuring that patients have access to quality psychiatric care; and improving treatment through innovative research.

The Foundation's Grants

The Foundation during its 18 years of operation has awarded 102 grants amounting to \$174,446 to support programs addressing its goals by various Texas organizations.

Historically, about 90% of funds contributed to the Foundation have been available to directly support programs in Texas, as the Foundation's administrative costs consist of only about 10% of expenditures.

The Foundation's Annual Campaign 2009 offers a unique opportunity for psychiatrists and others to allocate their charitable contributions to an organization led by psychiatrists and mental health advocates who make decisions regarding the

funding of programs that address the Foundation's goals.

Will you participate in this opportunity to help people diagnosed with psychiatric illnesses? Send your charitable donation today to: Texas Foundation for Psychiatric Education and Research, 401 West 15th Street, Suite 675, Austin, Texas 78701.

Congratulations....

During recent Spring and Summer meetings, new leadership was inducted for the upcoming year:

Texas Society of Psychiatric Physicians: George D. Santos, MD, President; Richard Noel, MD, President-Elect; and Patrick Holden, MD, Secretary-Treasurer.

Texas Academy of Psychiatry: Arthur Farley, MD, President; and Robert Dobyns, MD, Secretary-Treasurer.

Texas Society of Child and Adolescent Psychiatry: Paul Croarkin, DO, President; Regina Cavanaugh, MD, President-Elect; and James Norcross, MD, Secretary/Treasurer.

Texas Foundation for Psychiatric Education and Research: Linda Rhodes, MD, Chairman; Mohsen Mirabi, MD, Vice Chairman; Arthur Farley, MD, Treasurer, and Miriam Feaster, Secretary.

Federation of Texas Psychiatry: Leslie Secrest, MD, Chairman; Steven Pliszka, MD, Vice Chair for Education; Richard Noel, MD, Vice Chair for Public Policy; and Andrew Harper, MD, Secretary/Treasurer.

Effective January 1, 2010, the following TSPP members will achieve Life Status: Distinguished Life Fellows: Ranjit Chacko, MD, Bernard Gerber, MD, Madeline Harford, MD, Patrick Holden, MD, and Alan Craig Swann, MD; Life Fellows: Anthony Machi, MD, and Pedro Ruggero, MD; Life Members: Franklin Minirth, MD, Oscar Perez, MD, Vasantha Orocofsky, MD, Jaseem Pasha, MD and Clay Ross, MD.

Federation Chairman Lauren Parsons, MD (left) receives a plaque from Incoming Chairman Leslie Secrest, MD expressing appreciation for her service and dedication.

Incoming TSPP President, George Santos, MD, receives the President's Gavel from TSPP President, Martha Leatherman. MD.

MEMBERSHIP CHANGES

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

The following membership applications have been approved by the TSPP Executive Committee and have been transmitted to the APA.

Member in Training

Aoshima-Kilroy, Cristin, MD, Houston Arora, Garima, MD, Houston Atri, Ashutosh, MD, Houston Balfanz, Phillip, MD, Dallas Bodaghi, Mahdieh, MD, Fort Worth Bradshaw, Bascom, MD, San Antonio Chee, Christopher, DO, Dallas Chong, Edward, MD, Temple Clark, Edward, MD, Dallas Contreras, Valeria, MD Houston Dai, Stephen, MD, Austin

General Member

Jain, Ashok, MD, Sugar Land

Ellis, Amy, MD, Galveston Gilchrist, Ashley, MD, Houston Isaac, Marrisa, MD, Austin Jefee Bahloul, Hussam, MD, Dallas Lopez, Liliana, MD, Houston Lynx, Matthew, MD, Dallas Nguyen, Tu-Lan, MD, Houston Stanlake, Melissa, MD, Galveston Starks, Steven, MD, Houston Swicegood, Erica, MD, Fort Worth Vega, Linesse, MD, Hurst Warren, Matthew, MD, Dallas

Moreland, Scott, MD, Sugar Land

Medical Malpractice Insurance Are you paying too much?

The Federation of Texas Psychiatry in cooperation with Cunningham Group is offering Texas psychiatrists free premium indications. Prices have come down during the past year — one insurer dropped its rates 48 percent.

Let Cunningham Group shop the market for you and reduce your premium.

Go to the Cunningham website (www.cg-ins.com) and complete the Medical Malpractice Premium Indication Short Form to receive your premium indication.

Cunningham Group

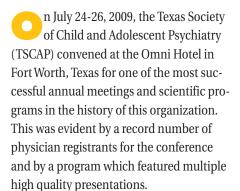
Professional Liability Insurance Services Phone 512-336-5336 • Fax 512-336-7121 TSCAP Outgoing President, Andrew Harper, MD (right) receives a plaque recognizing his distinguished service from Incoming President, Paul Croarkin, DO.





TSCAP Meeting Sets Record Attendance

Paul Croarkin, DO, President, Texas Society of Child and Adolescent Psychiatry



On Saturday, July 25, 2009 we were very

fortunate to have Melissa P. DelBello, MD, MS from the University of Cincinnati College of Medicine, Cincinnati, Ohio kick off the day as our keynote speaker with a lecture entitled "Neuroimaging of Bipolar Disorder in Children and Adolescents: New Frontiers." Dr. DelBello reviewed the latest cutting edge research in structural neuroimaging, diffusion tensor imaging (DTI), functional magnetic resonance imaging (fMRI), and magnetic resonances spectroscopy (MRS). She provided a practical framework for understanding what these neuroimaging modalities are used for, how these tools work, and the clinical relevance of recent neuorimaging data in children and adolescents with bipolar disorder. This was followed by another excellent presentation "Update on Medication Treatments for Bipolar Disorder in Children" by Rene L. Olvera, MD, MPH from the University of Texas Health Science Center at San Antonio, Texas. Dr. Olvera's extensive experience as a researcher and clinician made this particularly valuable as he discussed the challenges of utilizing evidence based approaches for the psychopharmacological treatment of bipolar disorder in children and adolescents. The day continued with a working lunch and case presentation from Neesha Desai, MD, a child and adolescent psychiatry fellow from UT Southwestern Medical Center Dallas and faculty discussant, Kirti Saxena, MD also from UT Southwestern Medical Center Dallas. This case involved a youngster with bipolar disorder who had a complex treatment history including adverse responses to SSRIs. A lively discussion highlighted the importance of biopsychosocial treatment planning and the many inherent challenges of pharmacologically addressing depressive symptomatology in this population. The first day of the scientific program concluded with Monica Ramirez Basco, PhD from UT Arlington and UT Southwestern Medical Center Dallas, an expert in Cognitive Behavioral Therapy interventions for adolescents who has written and studied this topic extensively. Her presentation, "Cognitive Behavioral Interventions for Children and Adolescents with Bipolar Disorder-Relapse Prevention" provided powerful insights on integrating psychotherapeutic interventions into the practice of child and adolescent psychiatry and underscored the importance of incorporating evidence based psychotherapy into treatment planning for children and adolescents with bipolar disorder.

On Sunday, the final day of the scientific program, Glenn D. Urbach, from the

Depression Bipolar Support Alliance (DBSA) of Greater Houston, discussed the "Role of the Advocacy Organization in Depression and Bipolar Support in Texas." This was an information rich yet practical discussion on how to access advocacy support groups and local resources to maximize functioning, quality of life, and relapse prevention for patients with mood disorders and other serious mental illnesses. The program concluded on Sunday with an ethics panel discussion entitled, "The Impact of Pharmaceutical Research and Manufacturers of America (PhRMA) Code on our Clinical Practice." John Z. Sadler, MD, the Daniel W. Foster Professor of Medical Ethics and Professor of Psychiatry and Clinical Sciences from UT Southwestern Medical Center Dallas, reviewed the background, complex ethical issues, and notable changes in the PhRMA code. Pedro L. Delgado, MD, the Dielmann Professor and Chairman of the Department of Psychiatry and Associate Dean for Faculty Development and Professionalism, School of Medicine, University of Texas Health Science Center at San Antonio, focused on the history of public concern regarding scientific misconduct in psychiatry and proactive approaches to managing conflict of interest and restoring public trust to our profession.

During this July, 2009 meeting the TSCAP Executive Committee also had a productive session. One important focus dealt with a systematic, comprehensive response to HB 2163 (S. Turner/C. Uresti) to ensure our organization advocates for the well being of all children and adolescents in Texas. This bill tasks the Health and Human Services Commission with conducting a study to determine "the appropriateness and safety of providing antipsychotics and neuroleptic medication through the Medicaid vendor program to children under 16 years of age." TSCAP will be very active in monitoring this study through Steve Bresnen, lobbyist for the Federation of Texas Psychiatry. The committee would also like to give a special thanks to Patrick Holden, MD who continues to carefully review and update TSCAP's bylaws.

Finally, the TSCAP Executive Committee laid a foundation for next year's annual meeting and scientific program entitled, "Addressing Substance Abuse in Child and Adolescent Psychiatry: Prevention, Diagnosis and Treatment," which will be held at Moody Gardens Hotel, Galveston, Texas from July 24 to July 25, 2010. Current plans for speakers include Oscar Bukstein, MD from the University of Pittsburgh Medical Center and our very own Steven Pliszka, MD from the University of Texas Health Science Center at San Antonio. The ethics seminar next summer will focus on interactions with impaired providers and colleagues. Please, mark your calendars and plan on joining us for this exciting meeting in Galveston. Substance use disorders often originate early in life but present pervasive problems for our patients throughout their lifecycles and challenges for all mental

health clinicians. Therefore, TSCAP extends a warm invitation to all TSPP and Academy members and clinicians in Texas to take part in this upcoming annual meeting.

In closing I would like to express gratitude to all the speakers, planners, and those who attended TSCAP's 2009 Annual Meeting and Scientific Program. I am delighted to have the opportunity to serve you and TSCAP this year as President. We are all very fortunate to have a hearty organized psychiatry presence in Texas through TSPP, the Federation of Texas Psychiatry, the Texas Academy of Psychiatry, and the Texas Society of Child and Adolescent Psychiatry. This provides immense benefits in advocacy



Paul Croarkin, DO

for our patients, advancing our profession, maximizing the quality of psychiatric care in Texas, and fellowship. Please get and stay involved to ensure the health of these organizations. This can involve simply joining, attending annual meetings, staying in touch with state leadership regarding your concerns, serving on committees, advocacy, and serving in a leadership capacity.

Scenes from the TSCAP Meeting









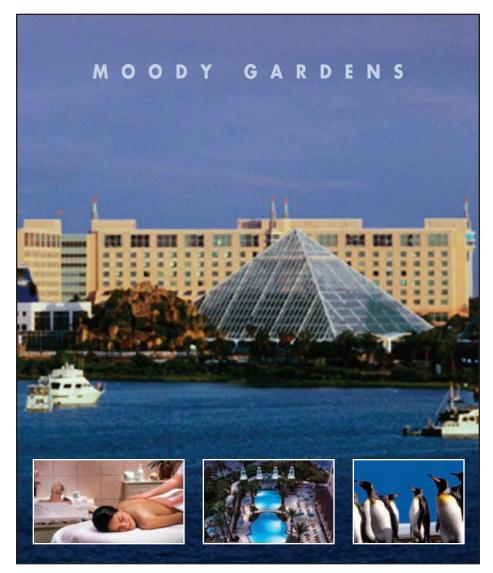


TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

53rd Annual Convention & Scientific Program

"Clinical Updates For Implementing Change In Your Practice"

Moody Gardens Hotel • Galveston, Texas • November 13-15, 2009



PROGRAM AT GLANCE

THURSDAY, NOVEMBER 12

12:00 pm Golf Outing at Moody Gardens Golf Course 7:30 pm Federation Delegate Assembly Reception & Meeting

FRIDAY, NOVEMBER 13

7:30 am - 7:00 pm Registration Open

7:30 am - 9:00 am Foundation Board of Directors Breakfast Meeting

8:00 am - 5:00 pm Committee Meetings

Committe Meeting Hospitality Break

SPONSORED BY PADRE BEHAVIORAL HOSPITAL

12:00 pm - 5:00 pm Exhibit Set-Up

12:00 pm - 1:30 pm Membership Luncheon / Program

SPONSORED BY POLYCOM

3:30 pm - 5:30 pm MIT / ECP Program – "Establishing a Medical Practice"

Executive Council Meeting 5:00 pm - 6:30 pm

Titus Harris Society Reunion Reception 6:00 pm - 8:00 pm Welcome Reception with Exhibitors 6:00 pm - 8:00 pm

> SPONSORED BY TEXAS FOUNDATION FOR PSYCHIATRIC EDUCATION AND RESEARCH

SATURDAY, NOVEMBER 14

7:00 am - 7:45 am Complimentary Continental Breakfast

for Meeting Registrants

7:00 am - 7:00 pm Registration Open

7:30 am - 5:00 pm **Exhibits**

8:15 am - 4:45 pm Scientific Program

10:15 am - 10:30 am Refreshment Break with Exhibitors / Door Prize

Drawings

12:00 pm - 1:30 pm Annual Business Meeting Lunch

2:30 pm - 2:45 pm

5:00 pm - 6:30 pm TSCAP Executive Committee Meeting

Awards Banquet Reception 6:30 pm - 7:00 pm

7:00 pm **Awards Banquet**

SUNDAY, NOVEMBER 15

8:15 am - 12:45 pm Scientific Program

10:30 am - 10:45 am Break

MEETING REGISTRATION

See Registration Form or visit the website www.txpsych.org for TSPP / TAP's Special Discounted Meeting Registration Fees for this year's convention. The earlier you register, the greater the savings!

HOTEL RESERVATIONS

ALL MEMBERS AND NON-MEMBERS ARE INVITED TO JOIN US!! TSPP's 53rd Annual Convention and Scientific Program will be held at the Moody Gardens Resort and Spa, Seven Hope Blvd., Galveston, 1-800-582-4673. A special TSPP discounted room rate of \$142 is available to TSPP program registrants before October 21, 2009 or upon sell-out whichever occurs first. Make your hotel reservation today by calling 1-888-388-8484.

Surrounded by 242 acres of breathtaking gardens and majestic pyramids, Moody Gardens Hotel, Spa and Convention Center is Galveston Island's premier meeting destination. Moody Gardens features:

- Full Service Spa and Fitness Center, complete with indoor lap pool
- Rain Forest Pyramid a ten story pyramid featuring primitive rainforests with plants and exotic fish and animals.
- Discovery Pyramid Experience mysteries of science with traveling and interactive exhibits.
- Aquarium Pyramid Oceans of the world are represented in a 1.5 million gallon aquarium teeming with creatures from penguins to stingrays, sharks and more.
- IMAX 3D Theater Be a part of the action at the IMAX 3D Theater featuring amazing 3D and 2D films on a giant six-story
- IMAX Ridefilm Theater Strap yourself in an dive, twist and turn as your seat mirrors every movement on a giant wraparound screen with six-channel surround sound.
- AND, special activities for you during Convention time! Festival of Lights - One of the Gulf Coast's largest holiday lighting events at Moody Gardens!

THURSDAY GOLF OUTING

Polish up on your golf game!! For those convention attendees, guests and golf enthusiasts arriving early, TSPP members are arranging a tee time for a group play. If you are interested in playing, please be sure to check the Golf section of the TSPP registration form.

TITUS HARRIS SOCIETY

All members of the Titus Harris Society are invited to a special Reunion Reception to be held in conjunction with the TSPP Welcome Reception, Friday, 6:00 - 8:00 pm at the Moody Gardens Hotel. In addition, TSPP extends a special invitation to the Titus Harris Society members to extend their weekend stay and attend the CME program and other social activities. Titus Harris Society members will be identified by special ribbons on their convention name badges. (See program registration form for additional information)

AWARDS RECEPTION/BANQUET

Saturday evening's festivities begin with a complimentary wine and cheese reception before the Awards Banquet honoring the 2009 TSPP Award Recipients for their outstanding contributions to Psychiatry. Register early to reserve a table for your organization and friends at this memorable and entertaining evening! This year's honorees include:

Distinguished Service Award

J. Clay Sawyer, M.D. - Waco

Psychiatric Excellence Award

R. Andrew Harper, M.D. - Houston

Psychiatric Excellence Award

James E. Kreisle, M.D. – Austin

RESERVE YOUR ROOM

Moody Gardens Resort and Spa, Galveston Hotel Reservations - 1-888-388-8484

Mention TSPP to receive the discounted room rate

Moody Gardens

Fun, Fun, Fun!















SCIENTIFIC PROGRAM

"Clinical Updates For Implementing Change In Your Practice"

SCIENTIFIC PROGRAM SCHEDULE

Saturday, November 14

8:15 am

Welcome and Introductions

8:45 am - 10:15 am

Update on the Diagnosis and

Treatment of Bipolar Disorder in Adults

Robert Hirschfeld, M.D.

Objectives: Upon completion of this presentation, participants will be able to demonstrate improved competence in diagnosis of bipolar disorder in adults

10:15 am - 10:30 am

Refreshment Break with Exhibitors / Door Prize Drawings

10:30 am - 12:00 pm

Update on the Diagnosis and

Treatment of Bipolar Disorder in Adolescents

Karen Dineen Wagner, M.D., Ph.D

Objectives: Upon completion of this presentation, participants will be able to demonstrate improved competence in diagnosis of bipolar in adolescents.

12:00 pm - 1:30 pm Annual Business Meeting Lunch

1:30 pm - 2:30 pm

Resident Paper Competition Winning Paper

To be Determined

2:30 pm - 2:45 pm

Break

2:45 pm - 4:45 pm

Sleep and Psychiatric Disorders: Evidence Based Practice *Philip M. Becker, M.D.*

Objectives: Upon completion of this presentation, participants will be able to demonstrate improved competence in the assessment of sleep disorders and the appropriate prescription of sedative medications.

Sunday, November 15

8:15 am

Welcome and Introductions

8:30 am - 9:30 am

Essentials of the Evaluation and Treatment of Thyroid Disorders: What Every Psychiatrist Should Know and Use in Practice

Randall J. Urban, MD

Objectives: Upon completion of this presentation, participants will be able to demonstrate improved competence in appropriate screening and referral of psychiatric patients with suspected diabetes, hypothyroidism and hypertension.

9:30 am - 10:30 am

Essentials of the Evaluation and Treatment of Diabetes: What Every Psychiatrist Should Know and Use in Practice Manisha S. Chandalia, MD

Objectives: Upon completion of this presentation, participants will be able to demonstrate improved competence in appropriate screening and referral of psychiatric patients with suspected diabetes, hypothyroidism, and hypertension.

10:30 am - 10:45 am Break

10:45 am - 12:45 pm

Effective Appraisal of the Medical Literature – Using understanding of study design, levels of evidence, and conflicts of interest in clinical decision-making.

Panel: Pedro L. Delgado, MD; Mauricio Tohen, MD, DrPh, MBA

Objectives: Upon completion of this presentation, participants will be able to demonstrate ability to effectively use the medical literature to make appropriate decisions to optimize patient outcomes.

TARGET AUDIENCE / PROGRAM OBJECTIVES

This CME program is designed with didactic lectures, panel discussions and case study presentations in multiple educational sessions. The program is designed to provide its' primary target audience of Psychiatrists, as well as other specialties of medicine, with high-quality, evidence-based, clinicallyrelevant information regarding ethics, new developments in treatment and new directions in research to address the professional practice gaps of the learners and advance the physicians' competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgment of the information presented in the educational activity into their practice.

ACCREDITATION

The Texas Society of Psychiatric Physicians designates this educational activity for a maximum of ten (10) *AMA PRA Category 1 Credits*TM. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The presentation entitled "Effective Appraisal of the Medical Literature" has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

2009 ANNUAL CONVENTION & SCIENTIFIC PROGRAM

November 13-15, 2009 • Moody Gardens Hotel • Galveston, Texas

Please complete this form and return it with your check, money order or credit card information for your registration and event fees to the Texas Society of Psychiatric Physicians, 401 West 15th Street, Suite 675, Austin, Texas 78701 by October 12 to receive the discounted registration fee. Registration forms and payments by credit card may be faxed to TSPP at 512/478-5223.

Please check if you are a:	☐ APA Fellow ☐ A	APA Distinguished Fellow	☐ Titus Harris Society Memb	er
ADDRESS	CITY	STATE Z	ZIP PHONE	
NAME(S) GUEST(S) ATTENDING (for	name badges)			

R E G I S T R A T I O N F E E S
Indicate the **NUMBER** of individuals who are registered for each event in the appropriate enrollment category listed below. Please note the enrollment fees are **PER PERSON** and your payment should reflect the proper fee for the number of individuals registered per event

NUMBER ATTENDING EVENT	DISCOUNTED REGISTRATION 6/12 - 10/12	
GOLF OUTING - Thursday # Please Send Me Additional Information.		
LUNCH PROGRAM - Friday # Lunch Program	\$20	\$25
MIT/ECP PROGRAM - Friday # MIT/ECP Program	No Chg	No Chg
TITUS HARRIS SOCIETY REUNION RECEP # NOT Registered or Scientific Program Registered for Scientific Program	PTION - Fride \$40 No Chg	\$50
WELCOME RECEPTION - Friday #□ NOT Registered or Scientific Program #□ Registered for Scientific Program	\$40 No Chg	\$50 No Chg
☐ Vegetarian Plate Requested. No additional to 10/12, otherwise there will be an addition If you require any special assistance to furthis conference, please contact TSPP at (5	al fee of \$15 illy participa	.00. te in

NUMBER ATTENDING EVENT	DISCOUNTED REGISTRATION 6/12 - 10/12	AFTER 10/12
BUSINESS MEETING LUNCH - Saturday		
# TSPP/Academy Member	\$20	\$25
# MIT (TSPP/Academy)	\$15	\$20
# Guest	\$20	\$25
AWARDS BANQUET - Saturday		
# Awards Banquet Reception	No Chg	No Cho
# Awards Banguet	\$35	\$55
Reserved Table for 10	\$350	\$550
SCIENTIFIC PROGRAM - Saturday and Si	unday	
# TSPP/Academy Member	[*] \$195	\$235
# MIT (TSPP/Academy)	\$25	\$35
# Non-Member Physician	\$235	\$290
# Non-Member MIT	\$35	\$50
# Allied Health Professional	\$105	\$130
# Spouse	\$95	\$120
# Advocacy Organization	\$20	\$25

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☐ Check in the Amount of \$ Make Checks Payable to Texas Society of Psychiatric Physicians Please Charge \$ To My: ☐ VISA ☐ MasterCard ☐ American Express	
Credit Card #	Expiration Date:
3 Digit Code on Back of Card on Right of Signature Panel	
Name of Cardholder (as it appears on card)	
Signature	
Address where you receive your credit card statement (include address, city, state, zip)	

CANCELLATIONS – Deadline for cancellation is October 12, 2009. In the event of cancellation, a full refund will be made if written notice is received in the TSPP office by October 12, 2009, less a 25% handling charge. NO REFUNDS WILL BE GIVEN AFTER OCTOBER 12, 2009. Individuals are responsible for their making and canceling, if warranted, their personal hotel room reservations.

RETURN TO:

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS, 401 WEST 15TH STREET, SUITE #675, AUSTIN, TX 78701; PHONE (512) 478-0605 FAX (512) 478-5223

ABOUT THE SPEAKERS

Philip M. Becker, M.D.

President and Founding Partner of Sleep Medicine Associates of Texas, P.A. Medical Director for the Sleep Medicine Institute at Presbyterian Hospital, Dallas Clinical Professor in the Department of Psychiatry University of Texas Southwestern Medical Center Dallas, Texas

Manisha S. Chandalia, MBBS, M.D.

Associate Professor

Internal Medicine Division of Endocrinology and Metabolism University of Texas Medical Branch Galveston, Texas

Pedro L. Delgado, M.D.

Dielmann Professor and Chairman Department of Psychiatry

Associate Dean for Faculty Development and Professionalism School of Medicine

University of Texas Health Science Center at San Antonio San Antonio, Texas

Robert M.A. Hirschfeld, M.D.

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Karen Dineen Wagner, M.D., Ph.D.

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EDUCATIONAL GRANTS

TSPP expresses appreciation to the following organization for providing an independent educational grant in support of the scientific educational program.

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AstraZeneca

Spotlight on our Residency Training Programs:

UT Southwestern Medical Center, Child and Adolescent Psychiatry Fellowship

The Child and Adolescent Psychiatry
Residency Program is an integral
part of the University Texas Southwestern
Medical School, Children's Medical
Center in Dallas, and the Dallas psychiatric community.

The mission of our program is to develop child and adolescent psychiatrists with broad clinical and professional competence. We place great emphasis on developmental factors, both biopsychosocial, and psychodynamic. Fellows also receive training in environmental factors, such as cross-cultural issues, family systems and behavioral concepts. The program offers extensive didactic and clinical training in psychodynamics.

We are one of a small number of sites able to offer cognitive and behavioral therapy research support. The division of Child and Adolescent Psychiatry has recently been awarded one of eight NIMH funded sites in the U.S. These Research Units for Pediatric Psychopharmacology and Psychosocial Interventions reflect the field's recognition of our faculty as world leaders in psychopharmacology and psychosocial interventions. Faculty research interests include mood disorders, anxiety disorders, sleep disorders, neuro-imaging, ADHD, eating disorders, and developmental disorders. Research opportunities in clinical and basic science are available for all fellows. Fellows are encouraged to participate in these trials or develop research of their own.

Graduates of the University of Texas Southwestern Child and Adolescent Psychiatry program have entered private practice, research, faculty positions, inpatient and outpatient medical directorships (in both the public and private sector), and Psychoanalytic Training.

UT Southwestern Medical Center at Dallas is the sponsoring institution for the Child and Adolescent Psychiatry Fellowship. UT Southwestern is internationally recognized for its strong clinical, research and educational excellence.

Outstanding faculty members include 4 Nobel Laureates - more than any other medical school in the world - 15 members of the National Academy of Sciences, 15 members of the Institute of Medicine, 12 members of the American

Academy of Arts and Sciences, and 40 presidents of national research and clinical specialty organizations. Child Psychiatry faculty and staff are board members, presidents and chairs of state, national and multi-national organizations.

All clinical rotations in the first year of the fellowship occur at Children's Medical Center Dallas. It is the only academic healthcare facility in North Texas dedicated exclusively to the comprehensive care of children from birth to age 18. Fellows complete rotations in the Day Treatment Program, Consult / Liaison Service, and Outpatient Psychiatry Clinic. Fellows also complete a full 4 month rotation in Inpatient Psychiatry. Children's Medical Center is the only hospital in Texas that offers full inpatient services to children under the age of 4. Many psychiatry faculty members have been published in national journals, including the Journal for the American Academy of Child and Adolescent Psychiatry and have presented new findings in bipolar disorder, innovations in treatment of ADHD, MDD, and eating disorders. Consult / Liaison faculty have presented a poster at a national meeting tracking quality assurance practices to enhance fellow learning.

The Children's Medical Center pediatric healthcare system devotes itself solely to caring for the complex medical needs of children. The hospital is ranked among the nation's top 10 hospitals by U.S. News & World Report, and its nursing services rank in the top 5 percent of the nation's hospitals for nursing excellence. Children's is the state's only pediatric hospital with Level 1 Trauma status and one of only 15 in the United States able to care for severe traumatic injuries in children. Through its academic affiliation with UT Southwestern Medical Center, Children's medical staff conducts research that is instrumental in developing treatments, therapies, and greater understanding of pediatric diseases. The hospital trains more than 200 pediatric residents and fellows annually. Children's is the eighth largest pediatric healthcare provider in the country with 483 licensed beds, two full-service campuses and 10 outpatient sites.

CURRENT FACULTY

Graham Emslie, MD

Professor and Chief, Child and Adolescent Psychiatry

Paul Croarkin, DO

Assistant Professor, Director of Training

Corinne Fribley, MD

Assistant Professor, Assistant Medical Director Children's Medical Center Consult/Liaison Service

Libby Kay, LCSW-ACP

Faculty Associate

Catherine Karni, MD

Associate Professor, Medical Director, Children's Medical Center Outpatient Clinic

Urszula Kelley, MD

Associate Professor, Medical Director, Children's Medical Center Psychiatry Services, Plano Legacy Campus

Jane Miles, MD

Assistant Professor, Children's Medical Center Consult / Liaison Service

James Norcross, MD

Associate Professor, Medical Director, Children's Medical Center Day Treatment Clinic

Uma Rao, MD

Professor, Director, the Bob Smith M.D. Center for Research in Pediatric Psychiatry, UT Southwestern Medical Center

Kathlene Trello-Rishel, MD

Assistant Professor, Medical Director, Children's Medical Center Consult / Liaison Service

Stephanie Setliff, MD

Assistant Professor, Medical Director, Children's Medical Center Inpatient Clinic

Kirti Saxena, MD

Assistant Professor, Assistant Medical Director Children's Medical Center Outpatient Clinic

Rongrong Tao, MD, PhD

Assistant Professor, Children's Medical Center, Clinical Research

Tyler Wooten, MD

Assistant Professor, Assistant Medical Director, Children's Medical Center Inpatient Service

For more information please contact:

Emily Clark

Education Coordinator 5323 Harry Hines Blvd Dallas, Texas 75390-8589 (214) 648-5302 FAX (214) 648-5229 emily.clark@utsouthwestern.edu www.UTSouthwestern.edu

Paul Croarkin, D.O.

Training Director (214) 456-4224 paul.croarkin@utsouthwestern.edu The Federation of Texas Psychiatry has invited each Residency Training Program in Texas to submit an article about their program for publication in the Texas Psychiatrist. Residency training programs should submit their articles in hard copy or electronic format to the Federation of Texas Psychiatry, 401 West 15, Suite 675, Austin, Texas 78701; TxPsychiatry@aol.com.

Has Your Training Program Qualified for the APA 100% Club Yet?

The APA membership department mailed out a member recruitment packet at the end of June to all of the U.S. and Canadian general psychiatry residency training programs. The packet included Member-in-Training membership brochures/applications and information on the benefits of joining the APA 100% Club.

The APA 100% Club was established to

encourage residents throughout the United States and Canada to join APA and to do so with other trainees in their programs. 100% Club members receive special recognition from the APA, including a major textbook of their choice from American Psychiatric Publishing, Inc. (APPI), the training program receives a recognition plaque and is featured in *Psychiatric News* with

a residency group photo, and each resident receives a *free* online subscription to *FOCUS* and the annual *FOCUS Self-Assessment* examination.

In order to qualify for 100% Club Membership, the training program will need to enroll all of its residents in APA membership and also have current residents renew their memberships *no later than October 31, 2009.* (Please note that

2009 membership dues for renewing members must be paid by October 31st or their memberships will be dropped, which would disqualify the training program from 100% Club membership.)

If you have any questions, please contact Louise Martin with the Membership Development Department of APA at lmartin@psych.org or 888-357-7924, ext. 7367.



The Academy: An Alternative for Your Professional Home in Texas

Arthur J. Farley, MD, President, Texas Academy of Psychiatry

hat can we do to bring more Texas psychiatrists into the fold of the Texas Academy of Psychiatry?

Last July, I had an opportunity to give a commencement speech at a gathering of young psychiatric residents and child fellows, their teachers, and their families. I found myself thinking about my own experiences at such important occasions in the past. My eighth grade graduation from a small parochial school in Bellaire, Texas, called Holy Ghost School, came to mind. Like a ghost, Sister Edith, the speaker at our graduation, loomed in front of me. She had a booming, authoritative voice. Her speech prepared us for becoming freshman in the school ahead of us - High School! We all listened intently. She helped us move on. The next teacher who came to my mind was a dynamo from medical school days at the University of Texas Medical Branch in Galveston. Dr. Raymond Blount was someone who one listened to with intensity and feeling. To catch our inattention in lectures, he would flash "Playboy Bunnies" on the screen during anatomy lectures. On occasions, he would shout expletives when his students tossed "hot" coins down to his lectern. He used the money to add to his vast collection of anatomical specimens. He would frighten us with his exhortations, "Look to your left! Look to your right! Some of those people will not be at UTMB next year!" You are absolutely right if you think that Dr. Blount got most of us to pay attention and really listen. I was aware that some of his antics were considered sexist and obnoxious to the minority of women in my class, but we all learned to listen!

I bet most of my readers are wondering why I am writing about Sister Edith and Dr. Raymond Blount. Why? Well, it is because I am hoping that those of you who read this will listen to my plea to join our organization, the Texas Academy of Psychiatry. We are all under the umbrella of the Federation of Texas Psychiatry, an organization of organizations which includes the Texas Society of Psychiatric Physicians, the Texas Society of

MEMBERSHIP INCENTIVE PROGRAM

The Texas Academy of Psychiatry is launching through this newsletter its **Membership Incentive Program** which will offer members, including new members, opportunities to earn and win special prizes.

New Member Program: New members (ie, MIT, General, Fellow or Retired) accepted into membership by the Academy between August 1 and November 1, 2009, will be eligible for a drawing for a \$500 gift card at a retail store chosen by the new member.

Member-Get-a-Member Program:

Academy members of any membership classification who are listed as "Referring Academy Member" on an eligible psychiatrist's membership application will earn credits toward the following Incentives:

3 New Members Accepted (\$300 gift card);
6 New Members Accepted (\$600 gift card);
10 New Members accepted (\$900 gift card).
"New Members" must be either General,
Fellow or Retired members. Gift cards will be issued from the retail store chosen by the member who has earned incentives.

Child and Adolescent Psychiatry, the Texas Foundation for Psychiatric Education and Research, the Texas Osteopathic Medical Association, and the Texas Medical Association. Please, if you have any questions about the Academy, do not hesitate to call, email (txPsychiatry@aol.com), or snail-mail me at the Academy.



Arthur J. Farley, MD



TEXAS ACADEMY OF PSYCHIATRY

401 West 15th Street, Suite 675, Austin, Texas 78701 Tele: 512/478-0605; Fax: 512/478-5223; Email: TXPsychiatry@aol.com

MEMBERSHIP APPLICATION

I am applying for membership in the Texas Academy of Psychiatry (Academy), as follows:

☐ Member-in-Training: I am a physician in a psychiatric residency training program approved by the Residency Review Committee for Psychiatry of the Accreditation Council for Graduate Medical Education, the Royal College of Physicians and Surgeons of Canada or the American Osteopathic Association. Annual Dues: \$30 first year, \$50.00 thereafter.

General Membership: I am a physician who has completed acceptable psychiatry training (as approved by the Residency Review Committee for Psychiatry of the Accreditation Council for Graduate Medical Education or the American Osteopathic Association) and I have a valid license to practice medicine or I have an academic, research or governmental position that does not require licensure. Annual Dues: \$250 first year, \$395.00 thereafter.

☐ Fellow: I am a physician who has received the designation of Fellow or Distinguished Fellow from the American Psychiatric Association (APA). Year _______. Annual Dues: \$250 first year, \$395.00 thereafter.

□ Retired: I am a physician who has fully retired from the practice of medicine. Year ______. Annual Dues: \$95 first year, \$150.00 thereafter.

☐ Associate Membership: I am a physician who is currently a member in good standing with the Texas Society of Psychiatric Physicians (TSPP), a District Branch of the American Psychiatric Association. Annual Dues: \$25.00.

Last Name	First Name	Middle Initial	Suffix	Degree
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ATTENTION PSYCHIATRISTS
CIVILIAN LONG TERM CONTRACT

OPPORTUNITIES AVAILABLE AT THE FOLLOWING MILITARY TREATMENT FACILITIES

Little Rock Air Force Base in Arkansas Kirtland Air Force Base in New Mexico Offutt Air Force Base in Nebraska William Beaumont Army Medical Center in Texas

Great opportunity to work for your country as a civilian and help take care of our military families.

Applied to: opportunities@ahsg.us or fax: 610-524-0948

www.americanhospital.us

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

Annual Convention & Scientific Program

"Clinical Updates For Implementing Change In Your Practice"

November 13-15, 2009 • Moody Gardens Hotel • Galveston, Texas

Special thanks to the following Sponsors and Exhibitors confirmed to date

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Sponsor of the Friday Welcome Reception and MIT / ECP Program

PLATINUM

Polycom

Sponsor of the Friday Membership Luncheon Program

GOLD

Padre Behavioral Hospital

Sponsor of the Friday Committee Meeting Hospitality Break

MEETING REGISTRATION

See Registration Form on page 5
or visit the website www.txpsych.org for
TSPP Special Discounted Meeting Registration Fees
for this year's convention.
The earlier you register, the greater the savings!

EXHIBITORS

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The TEXAS PSYCHIATRIST is published 6 times a year in February, April, June, August, October and December. Members of Federation member organizations are encouraged to submit articles for possible publication. Deadline for submitting copy to the Federation Executive Office is the first day of the publication month. Copy must be edited, acceptable for publication.

Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

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Federation of Texas Psychiatry

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CALENDAR OF MEETINGS

SEPTEMBER 2009

4-5 TMA Fall Conference

Hyatt Regency Hotel, Austin For additional information please visit www.texmed.org or contact TMA at 1-512-370-1300 or 1-800-880-1300.

NOVEMBER 2009

13-15 Texas Society of Psychiatric Physicians 53rd Annual Convention & Scientific Program - Galveston's Back and Better Than Ever - Lots of Fun Activities Planned - Register Early!!

Moody Gardens Hotel, Galveston, Texas

TSPP Discounted Room Rate \$142 / Hotel Reservations

Until October 8 or Upon Sell-Out, whichever occurs first / 1-888-388-8484

For Additional Program Information / Registration

1-512-478-0605 or email tsppofc@aol.com

APRIL 2010

17-18 Texas Society of Psychiatric Physicians

Spring Meeting and CME Program

Westin Austin at the Domain (NEW!)

TSPP Discounted Room Rate \$145

For additional information 512-478-0605 or email tsppofc@aol.com

JULY 2010

23-25 Texas Society of Child and Adolesent Psychiatry
Annual Meeting and Scientific Program
Moody Gardens Hotel, Galveston, Texas

Schiatry

401 West 15th Street, Suite 675 Austin, Texas 78701 RETURN SERVICE REQUESTED

JOB BANK

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation's **JOB BANK** on its website at www.txpsych.org.

The Federation's JOB BANK could be just what you have been looking for.