

Texas Psychiatrist



Legislative Update

Eric Woomer, Public Policy Consultant, Federation of Texas Psychiatry

Your state legislators in Austin continue to tweak (and in some cases, disrupt!) the laws and regulations governing the practice of psychiatry in Texas. The Federation is actively monitoring a variety of issues that impact mental health care in this state, and we welcome the opportunity to update you. If you have any questions or concerns about these items, please don't hesitate to contact the Federation.

Medicare Cuts

The last Federation newsletter discussed one of the negative outcomes of the 82nd Legislature — a mandate to implement "Medicare equalization" rules that eliminate Medicaid payments for the Medicare Part B co-insurance and deductibles for dual-eligible patients, if making the payment would result in the state paying more than the Medicaid allowable for the same service. This change would result in a 20% payment reduction on physicians treating our state's most vulnerable population.

The Federation, along with the Texas Medical Association and other medical societies, met with State Medicaid Director Billy Millwee in early January 2012, to investigate ways to minimize the impact of these new rules. As a result of these discussions, HHSC decided to rescind these cuts for psychiatry, and restore full payment as of June 1, 2012. This is a significant victory for the treatment of mental health, as the new rules would have severely reduced the availability of psychiatric services for dual eligible Texans.

State Hospital Privatization

In 2011, the Texas Legislature passed Rider 63 as a part of the state budget, which directed the Department of State Health Services (DSHS) to pursue privatization of one of the state mental health hospitals. The goal of this effort is to trim 10% from the state's cost of operating a state mental hospital without compromising patient care.

A draft Request for Proposal has now been completed and will be issued in the near future. So far, five entities have indicated their interest in competing for this

contract — MHM Services, GeoCare, El Paso MHMR, Liberty Healthcare, and Vodastra Solutions. The interest level among these entities varied, as did the state hospital they would prefer to manage.

According to the RFP, the Texas Health & Human Services Commission (HHSC) will evaluate proposals based on the following best value criteria, listed in order of precedence:

- Qualifications and experience
- Standards and requirements for Patient Care
- Reporting and oversight requirements
- Facility operations and support services
- Required 10 percent savings
- Transition plans
- Administration and staffing plans
- Contract Terms and Duration
- Patient Rights procedures
- Plans for partnering with external stakeholders, mental health advocacy groups

Additional information about the RFP and the state's timeline for this process can be found at <http://www.dshs.state.tx.us/mhsa/privatization/>. Please contact the Federation if you have any questions or concerns.

Travis County Ruling of Forensic Confinement

In January, a state district judge concluded that the state routinely violates the constitutional rights of mentally incompetent prisoners by forcing them to stay in jail for up to six months before moving them to psychiatric hospitals. The judge ruled that DSHS must start moving forensic commitments to state psychiatric hospitals within 21 days of receiving a judge's order. Over the past two years, the average prisoner spent six months in jail waiting for a hospital bed, and an average of 400 inmates were waiting at any given time for one of the 800 hospital beds set aside for forensic patients.

The ruling stems from a 2007 lawsuit filed by Disability Rights Texas, which claimed that keeping incompetent pretrial criminal defendants confined in county jail for unreasonable periods of time violates the detainees' due process rights as guaranteed by the Texas Constitution. A final order that would specifically spell out how DSHS should proceed has not been issued. DSHS is appealing the ruling, but has indicated that they are developing plans to comply with the final order. There is no timetable for when the changes might be instituted.

Mental Health Code Project

In 2010, the DSHS Continuity of Care Task Force released a report that included, among other items, a recommendation to undertake a full-scale revision of the Texas Mental Health Code. The Hogg Foundation for Mental Health awarded a two-year public policy grant to Texas Appleseed and

Disability Rights Texas to make recommendations about changes to the Code. Texas Appleseed contracted with Dr. Susan Stone, a psychiatrist and attorney, to facilitate the process.

More than forty-three public meetings were held, and more than 5,000 individuals participated in the process to develop these recommendations. Feedback was solicited from consumers, family members, mental health professionals, hospital administrators, lawyers, advocates and many others.

The Mental Health Code Project has recently released a draft report, which is available for review and comment. Among the key recommendations:

- Clarify the preference for voluntary services over involuntary interventions, even when the individual was originally hospitalized involuntarily, and later requests voluntary services
- Carefully examine ways to define "community centers," "facility administrator," "general hospital," "inpatient mental health facility," "local mental health authorities," "community centers" and "mental health facilities."
- Clarify that the age of consent for mental health services in Texas is for both inpatient and outpatient mental health services is 16. Children under the age of 16 should not be involuntarily committed unless required by other State law or DSHS Rules.
- No change to Emergency Detention Time Periods.
- Develop standardized forms and manuals to clarify the application of emergency detention criteria and



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processes across the state.

- Include provisions in the Emergency Detention Section of the Mental Health Code to allow a temporary 4 hour hold in an Emergency Department or other Mental Health Facility, to allow activating processes for Emergency Detention or Orders of Protective Custody.
- Clarification that involuntary final commitment and medication hearings can be held within 72 hours of emergency detention, with agreement of all parties.
- Electroconvulsive Therapy can only be performed without the consent of the individual, if a judge determines, based upon two certificates of medical examination, that:
 - 1) The patient is unconscious, unable to communicate or is a minor whose parents or guardians are not available;
 - 2) is suffering from what reasonably appears to be a life-threatening

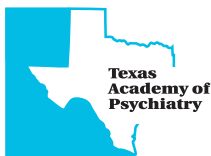
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Patrick Holden, MD presents the TSPP President's gavel to incoming TSPP President, Debra Atkisson, MD of Fort Worth.



It Takes a Physician

J. Clay Sawyer, MD, President, Texas Academy of Psychiatry

It is difficult for me to realize that I am now writing my last column as President of the Texas Academy of Psychiatry. The year has raced by, but it has been a good year for the Academy. Membership has increased 38.1% for the year, outstanding by anyone's method of measure. More importantly, however, this level of growth illustrates well the fact that there are many non-affiliated physicians in Texas in the practice of psychiatry who desire, *and who deserve*, to have their voices heard. The need for an organization such as the Academy is as clear today as it was when the Academy was first organized in 2004.

My past columns have presented in detail the importance not only of joining organized medicine, but also of becoming involved in various ways so as to ensure that one's voice is heard and to enable physicians to assert concerns and desires with regard to advocating for patients and advocating for the profession, the two major goals of any medical organization that is truly doing its job. The Academy does this job well, both as an individual organization and as a member organization of the Federation of Texas Psychiatry. As I have illustrated in earlier columns, the striking success of the Federation is well-recognized and well-documented. The practice of Psychiatry in Texas would be far different today were it not for the multiple and successful legislative approaches and interventions undertaken by the Federation since its inception in 2004. The Federation is poised for continued success, too, thanks to the increasing strength of one of our associate organizations, the Texas Medical Association. The TMA now has roughly

46,000 member physicians, which means that over 84% of all Texas Physicians belong. Someone once said that there is strength in numbers—the Federation certainly has the numbers, but the numbers ultimately mean little without member involvement. Much effort is required to represent the interests of physicians and our patients—involved physicians are the best means of expounding upon these interests, for who knows more about patient care, and ensuring good patient care, than we?

I talked with many of the roughly one hundred involved physicians present at the April CME and TSPP/TAP Spring Committee Meetings April 20-22 in Austin. For the most part, they are the leaders representing physicians throughout Texas. However, I also saw many new faces at these meetings, and I was happy to see that more physicians are asserting their opportunities to become involved and to have a voice in the process. The Academy also is known for its involved physicians—three of them will be our leaders for the next year, beginning on May 1. Martha Leatherman, MD, our current President-elect, will become President; Robert Dobyns, MD, was nominated and elected to become our new President-elect; and, Tushar Desai, MD, was nominated and elected to become our new Secretary-Treasurer. The Academy is grateful to all three of these physicians for their willingness to become (and to remain) involved. With regard to remaining involved, Dr. Leatherman led the TSPP Government Affairs committee most effectively for many years, served as TSPP President for 2008-2009, and may well have a future role ahead of her as Chair of the Federation. In other

business at the Academy's Board of Trustees meeting on April 21, we recommended that all Academy members consider volunteering to become ex-officio (non-voting) attendees at TSCAP and TSPP committee meetings so as to learn more about the processes involved in effectively formulating and implementing appropriate policy. We also wanted to remind TSPP members that they can become associate members (as I am) of the Academy for only \$25 per year.

In closing, always remember that it takes a physician to be a psychiatrist; that membership in, and involvement with, organized medicine is vitally important and is truly worth the effort; and, that an organization is only as strong as its members are involved. I encourage each and every non-

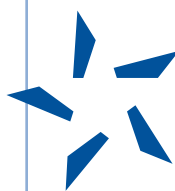


J. Clay Sawyer, MD

affiliated physician in Texas in the practice of psychiatry to be an effective member of any or all of the psychiatric organizations available. Sixteen new physician members took advantage of the value of joining the Academy over the past year. Won't you, too? ■



Pictured are three Past Presidents of the Texas Academy of Psychiatry (l to r): Stuart Crane, MD (2008-09), J. Clay Sawyer, MD (2011-12), and Lauren Parsons, MD (2007-08).



Your Participation is Important

Patrick Holden, MD, President, Texas Society of Psychiatric Physicians

I want to touch on an issue that has a serious impact on our profession. It is related to an editorial Dr. Clay Sawyer wrote in the last issue of the Texas Psychiatrist; in that piece Dr. Sawyer stressed the need for all of us to be members and to actively participate in our professional organizations like TSPP, APA and TAP.

This issue concerns the ABPN re-certification requirements. As many of you know, the Board requires that, as part of re-certification, the psychiatrist complete the Performance in Practice (PIP) portion; this entails obtaining feedback from patients and peers about the psychiatrist's care. Furthermore, it requires three cycles of patient feedback, each cycle consisting of soliciting input from five patients implementing a plan of improvement then re-surveying those or five other patients to determine changes in the quality of care. While the intent of the requirement is admirable the value of the actual exercise is unknown and potentially harmful. These requirements could significantly influence doctor-patient relationships, physician peer relationships and, most concerning, permit non-physicians to influence physician re-cer-

tification. Finally these requirements for data collection and tracking are quite onerous.

How is this related to the TSPP and the APA? TSPP members working with the Area V APA Council developed an Action Paper requesting the ABPN delay implementation of this requirement; this is being forwarded through the APA to the Board of Trustees. It is the TSPP and APA that speak for psychiatrists on these state and national issues.

Many of you know that membership in TSPP has declined over the past few years. This is due to many factors including the requirement for dual membership in APA and concerns about the APA. While the APA is not perfect, it does represent our interests at the national level. If we fail to support the APA by our membership then we cannot be members of TSPP. Our patients need the TSPP to protect the practice of psychiatric care from those forces that would interfere with and limit the quality of care. If you know someone who is not a member of TSPP, ask them to remember who fought the battle to allow them to prescribe ECT for adults, atypical anti-psychotics for kids, etc. Remind them that it is

only by banding together that they can continue to practice medicine the way it should be practiced. Ask them to take a leap of faith; by joining APA and TSPP they can be members of one of the best district branches in the country.

The Spring committee meetings of the TSPP have just been concluded. This and the fall meeting are the times when TSPP members gather to share concerns and raise issues central to our profession. Attendance at the committee meetings, open to all, guarantees that your voice is heard by your professional organization. If you don't come and speak up at these meetings, TSPP won't know what is on your mind. If you are not a member, become one. Truly, there is strength in numbers.

As I leave this office in the competent hands of the upcoming officers, I want to thank several groups of people. Thanks to Drs. Debra Atkisson and Andrew Harper for all their support over the past year; joined by Dr. Mark Jacobs, they will make this a stronger organization. The CME committee led by Dr. Jef Nelson has worked tirelessly to develop great CME programs over the



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years and continues to put together outstanding programs for the coming year. Space does not permit me to single out the other eleven committees for specific recognition but they all have worked very hard this year and deserve our collective thanks. Eric Woormer has been a real asset to the TSPP as a very dedicated and highly effective lobbyist. Finally, a huge thanks to Debbie Sundberg and John Bush for all the work they do behind the scenes; some of you know that during the meetings, their day begins before we get up in the morning and ends long after we go to bed at night. We couldn't do it without them. ■

Legislative Update

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- catatonia;*
- 3) *immediate treatment is necessary to preserve life or health;*
 - 4) *there is not sufficient time to obtain a guardianship;*
 - 5) *all other alternatives have been exhausted;*
 - 6) *there is no advanced directive or knowledge that the person would refuse ECT, and;*
 - 7) *court-ordered ECT would be limited to three treatments under the specific court order.*

Additionally, there were suggestions to include stronger references in the Code regarding restraint and seclusion, but general consensus was that sufficient progress has been made statewide, and that this is not a statutory issue.

The draft report and additional information can be found at www.texasappleseed.net/index.php?option=com_content&view=article&id=130:mental-health&catid=3:projects&Itemid=280

Senate Health & Human Services Committee Hearing — May, 2012

State Senator Jane Nelson, Chair of the Senate Committee on Health & Human Services has scheduled a public hearing in Austin on May 9th at 9 a.m. in the Senate Chamber. The Committee's charge for this hearing is to review the state's public mental health system and make recommendations to improve access, service utilization, patient outcomes and system efficiencies. The Committee will study current service delivery models for outpatient and inpatient care, funding levels, financing methodologies, services provided, and available community-based alternatives to hospitalization.

Additionally, the Committee will look to other states for best practices or models that may be successful in Texas, as well as review and recommend "best value" practices that the state's public mental health system may implement to maximize the use of federal, state, and local funds.

The Federation will provide testimony offering our perspective on what is working

well in the public mental health system, and where change needs to occur. If you have questions or suggestions for issues that need to be discussed, please contact the Federation.

Behavioral Health System Review

In 2011, the state legislature directed DSHS to undertake a review of the state's behavioral health system, which is now conducted by the Public Consulting Group (PCG) and will involve a review of the programmatic structure of the system, to include the identification of various provider types delivering services, service delivery mechanisms, service offerings, and the various populations receiving services throughout the behavioral system.

PCG will also review the financial structure of the current behavioral health system, as well as a review of other states' systems to identify potential options for Texas to improve their service delivery system. When concluded, PCG will issue a comprehensive report to DSHS on the current state of the public behavioral health system in Texas and recommendations to improve access, service utilization, patient outcomes, and system efficiencies.

In January 2012, a series of stakeholder meetings were hosted by PCG to provide an overview of the engagement and to gather stakeholder input on the current behavioral health system. As the final reports are developed and circulated, stakeholders will be encouraged to provide feedback on topics including, but not limited to, access to services, service delivery models, current service array, and funding for services.

Additional information about this process can be found at the following website: <http://www.dshs.state.tx.us/mhsa/mhsa-analysis.aspx>

Political

The courts have now approved district boundaries for 2012 for U.S. Congress as well as the Texas House of Representatives and the Texas State Senate. The filing deadlines are now closed, and the ballots are set.

The Republican and Democratic Primaries will be held on Tuesday, May 29th. Runoff elections will be held on Tuesday, July 31st. These dates are more than two months later than previously scheduled, as a result of the legal processes associated with approval of district boundaries. All 36 Congressional, 31 State Senate and 150 State House seats will be on the ballot in 2012.

It is critically important to be engaged this election season. The state budget outlook has not demonstrably improved — in fact, the budget cuts facing the state in 2013 may be even more significant than those suffered in 2011. As an example, HHSC Commissioner Tom Suehs has publicly speculated that the state Medicaid Program may need up to \$15-\$17 billion in additional revenue.

In light of these circumstances, there are several key races that could affect the practice of medicine in Texas, either because the incumbent has been a "friendly" or knowledgeable legislator, or, in the case of an open seat, because the race features candidates that have a track record of supporting organized medicine in the past.

The Texas Medical Association Political Action Committee (TEXPAC) has made a number of key endorsements that are worth nothing in the following primary races (TEXPAC-endorsed candidate in bold):

Senate:

- **Rep. Charles Schwernter** (R-Georgetown), a practicing physician running for the state senate, squares off against Ben Bius (R-Huntsville) in Senate District 5, to succeed the retiring Steve Ogden;
- **Sen. Craig Estes** (R-Witchita Falls) faces a tough primary battle against Jim Herblin (R-Prosper), a CPA from Collin County in S.D. 30;
- **Sen. Robert Duncan** (R-Lubbock) faces a primary challenge for S.D. 28 from E.M. Garza (R-Wolfforth), a U.S. Army veteran who works for Wal-Mart Transportation, Inc.;
- **Sen. Jeff Wentworth** (R-San Antonio) faces two strong primary opponents in

former Texas Railroad Commissioner Elizabeth Ames Jones (R-San Antonio) and physician Dr. Donna Campbell (R—New Braunfels) in S.D. 25. Wentworth has a distinguished legislative record and earned TEXPAC's endorsement, but has of late filed bills that were strongly opposed by mental health advocates;

House of Representatives

- **Rep. Lance Gooden** (R-Terrell) earned a TEXPAC endorsement over his GOP challenger, Dr. Stuart Spitzer (R-Kaufman) in House District 4;
- **Rep. Jim Pitts** (R-Waxahachie) serves as chair of the House Appropriations Committee, a key post with respect to the state budget. He faced three "Tea Party" challengers in the May primary for H.D. 10;
- **Bennett Ratliff**, an engineer from Coppell and son of former Lt. Gov. Bill Ratliff, is running in a crowded primary for House District 115. He earned the TEXPAC endorsement over well-funded Irving optometrist Steve Nguyen in the race for H.D. 115;
- **Dr. Greg Bonnen**, a practicing physician from Friendswood and brother of sitting State Rep. Dennis Bonnen, received the TEXPAC endorsement in a three-person field for the GOP nomination for H.D. 24;
- **Sonal Bhuchar** (R-Friendswood) is facing three opponents in a crowded Republican field for H.D. 26. A physical therapist and wife of a physician, Mrs. Bhuchar served as President of the Fort Bend ISD Board of Trustees;
- **Susan Todd** (R-Fort Worth), a past-president of the TMA Medical Alliance and the Tarrant County Medical Alliance, received the TEXPAC endorsement over Craig Goldman (R-Fort Worth) in the race for H.D. 97;
- **Rep. Diane Patrick** (R-Arlington) faces a primary challenge to her re-election bid for H.D. 94 from Trina Lanza, an Arlington Advance Nurse Practitioner and "Tea Party" supporter.

If you have questions about these races or any others this primary season, including which candidates have received the TEXPAC endorsement, please contact the Federation to ask how you can get involved. ■



Thank You! Annual Campaign 2011

Linda J. Rhodes, MD, Chairman, Texas Foundation for Psychiatric Education and Research

The Texas Foundation for Psychiatric Education and Research concluded its 2011 Annual Campaign on December 31, 2011 with the largest amount of donations in five years. This accomplishment is especially meaningful because of the difficult financial times for many of us. The Foundation especially wants to recognize its donors who qualified for its Foundation Associates (donations of \$500 or more) and Foundation Advocates (donations of \$100-\$499):

FOUNDATION ASSOCIATES- 2011

Stephen K. Brannan, MD
John R. Bush
Debra Atkisson, MD
Dexion Foundation
Robert Harden, MD

Grace K. Jameson, MD
Shirley F. Marks, MD
Linda J. Rhodes, MD
Arturo Rios, MD
Priscilla E. Sierk, DO
Paul H. Wick, MD

FOUNDATION ADVOCATES - 2011

T. Grady Baskin, MD
David F. Briones, MD
Regina Cavanaugh, MD
Beth Chambers, MD
Robert G. Denney, MD
Boyce Elliott, III, MD
Gary L. Etter, MD
Dr. & Mrs. Arthur Farley
Keith & Miriam Feaster
Edward S. Furber, MD
Kathleen A. Gallentine, MD

Bernard M. Gerber, MD
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Adib R. Mikhail, MD
Dr. & Mrs. Alex Munson
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Dr. & Mrs. Jefferson Nelson
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Lilia Maria Ortiz, MD
Susanna Parker, MD
Joseph V. Penn, MD
Laura Perches, MD
Nestor H. Praderio, MD
Dr. & Mrs. Edward Reilly



Linda J. Rhodes, MD

J. Clay Sawyer, MD
William Schleuse, MD
Leslie H. Secrest, MD
Marilyn J. Vache, MD

Please make plans now to include the Texas Foundation for Psychiatric Education and Research in your charitable giving for 2012. ■



Texas Society of Child and Adolescent Psychiatry

Annual Convention and Scientific Program

Attention Deficit Hyperactivity Disorder: Where Are We Now?

July 20-22, 2012 • Sheraton Arlington Hotel • Arlington, Texas

GENERAL INFORMATION

LOCATION / HOTEL RESERVATIONS

All events will take place at the Sheraton Arlington Hotel (formerly known as Seven Seas Water-Themed Amusement Park) 1500 Convention Center Drive, Arlington, Texas, in the heart of the Arlington entertainment district.

The hotel is located off of I-30 and offers Complimentary shuttle service to and from DFW International Airport; Complimentary transportation within 3 mile radius of the hotel to attractions, local shopping and restaurants; Complimentary self-parking with valet offered as an option, and Compliments of TSCAP, Complimentary high-speed internet in all guest rooms!

The 'savings' are adding up and due to the special, negotiated TSCAP Convention Rate of only **\$135** (current Corporate Rate is \$269), the hotel rooms are guaranteed to sell out quickly! The discounted rate will be available for TSCAP attendees who place their hotel reservation **BEFORE June 27, 2012 or upon sell-out, whichever occurs first.** Hotel rooms will sell out quickly so please make your hotel reservation as early as possible by calling **1-800-442-7275**.

The Sheraton Arlington Hotel offers on-site experiences for all ages:

- * Rangers Ballpark in Arlington
- * The Rangers Hall of Fame Museum
- * Cowboy Stadium
- * Hurricane Harbor Water Park
- * Six Flags Over Texas Amusement Park
- * Dive-In Movie Nights by the Pool
- * Outdoor Pool and Spa with lush landscaping, lagoons and waterfall
- * Fitness Center, Jogging Paths and Trails, The Links at Waterchase Golf Course

MEETING REGISTRATION

The earlier you register, the greater the savings on meeting registration AND hotel reservations! To take advantage of the Special Discounted Registration Fees, please remit your meeting registration PRIOR TO JUNE 27. If paying by credit card you may fax your meeting registration form to 512-478-5223. A confirmation of your registration will be sent IF you include your email address.

OPENING WELCOME RECEPTION WITH EXHIBITORS

Check in early and join your friends and colleagues at the complimentary Welcome Reception for all TSCAP attendees! The welcome reception will be held Friday evening, July 20. Visit throughout the evening with your friends, colleagues and exhibitors in a relaxing atmosphere and become eligible for special door prize drawings to be awarded on Saturday!

MEETING SYLLABUS IN COLOR

All CME program registrants will receive at No Additional Charge a black and white printed copy of the speakers' presentation (if color copy is submitted by speaker). Due to the higher cost of color copying, IF you wish to receive the syllabus in color you may purchase a color copy of the speakers' syllabus by checking the box on the Registration Form and including the additional charge. The color copy will be provided to you upon check-in the day of the program.

EXHIBITORS

Texas NeuroRehab Center

EXHIBITS

TSCAP's Welcome Reception, Continental Breakfasts and Refreshment Breaks, will be held in the Hall of Fame Ballroom in the Sheraton Arlington Hotel. Please make plans to visit with the Exhibitors during the Friday Welcome Reception AND enter to win the drawings for door prizes to be awarded throughout the day on Saturday. Exhibit hours:

- Welcome Reception— Friday - 6:30 pm - 8:30 pm
- Continental Breakfast — Saturday - 7:30 am - 8:10 am
- Refreshment Break — Saturday - 10:30 am - 10:50 am
- Refreshment Break — Saturday - 11:50 am - 12:10 pm
- Refreshment Break — Saturday - 1:10 pm - 1:30 pm
- Exhibitors Tear Down and Depart — Saturday - 2:00 pm - 3:00 pm

ANNUAL MEETING BREAKFAST

The Annual TSCAP Business Meeting will be held Sunday, 8:00 am - 9:00 am in the World Series I & II Room. All members are encouraged to register and attend.

PROGRAM AT A GLANCE

Friday, July 20		
1:00 pm - 5:30 pm	Exhibit Set-Up	Hall of Fame
4:00 pm - 5:30 pm	TSCAP Executive Committee Meeting	Yacht Club
6:30 pm - 8:30 pm	Welcome Reception with Exhibitors	Hall of Fame
Saturday, July 21		
7:30 am - 8:10 am	Continental Breakfast with Exhibitors	Hall of Fame
8:15 am - 2:30 pm	Scientific Program	Champions II & III
10:30 am - 10:50 am	Refreshment Break	Hall of Fame
11:50 am - 12:10 pm	Refreshment Break	Hall of Fame
1:10 pm - 1:30 pm	Refreshment Break & Final Visit with Exhibitors	Hall of Fame
Sunday, July 22		
8:00 am - 9:00 am	TSCAP Annual Business Meeting Breakfast	World Series 1 & II
9:00 am - 12:30 pm	Scientific Program	Champions II & III
10:15 am - 10:30 am	Refreshment Break	Champions Foyer



Texas Society of Child and Adolescent Psychiatry

Annual Convention & Scientific Program

Attention Deficit Hyperactivity Disorder: Where Are We Now?

July 20-22, 2012 • Sheraton Arlington Hotel • Arlington, Texas

REGISTRATION

NAME	DEGREE
MAILING ADDRESS	CITY
STATE	ZIP
TELEPHONE NUMBER	FAX NUMBER
E-MAIL	

SCIENTIFIC PROGRAM REGISTRATION

(includes Scientific Program & Syllabus, Saturday continental breakfast; Saturday & Sunday refreshment breaks)

	Before June 27	After June 27	
TSCAP Member Physician	\$195	\$215	_____
Non-Member Physician	\$250	\$270	_____
Spouse / Guest Claiming CME Credit	\$195	\$215	_____
Allied Health Professional / Spouse / Guest	\$180	\$200	_____
TSCAP Member Trainee	\$15	\$30	_____
Non-Member Trainee	\$25	\$50	_____
Medical Student	\$0	\$15	_____

SOCIAL EVENTS

Friday Welcome Reception

☐ Friday Welcome Reception

Name(s) Attending Reception: _____

☐ Sunday Membership Business Breakfast

TSCAP Member

\$15

\$20

Non-Members/Guests/Spouse/Child

\$20

\$25

Name(s) Attending Breakfast: _____

MEETING SYLLABUS ORDER

☐ Color Printed Copy

\$50.00

\$75.00

☐ Black & White Copy

FREE

FREE

Color copy will be provided on-site at the Registration Desk the day of the meeting for those that have remitted payment in advance. B & W copy will be provided on-site at the program at no Add'l Charge.

☐ Vegetarian Plate Requested. No additional fee if requested prior to June 27, otherwise there will be an additional fee of \$15.00.

TOTAL REGISTRATION



If you require any special assistance to fully participate in this conference, please contact TSCAP via e-mail tscapofc@aol.com or 512/478-0605.

PAYMENT INFORMATION

☐ Check in the Amount of \$ _____ Make Checks Payable to Texas Society of Child and Adolescent Psychiatry

Please Charge \$ _____ To My: ☐ VISA ☐ MasterCard ☐ American Express

Credit Card # _____ Expiration Date: _____

3 Digit Code on Back of Card on Right of Signature Panel _____

Name of Cardholder (as it appears on card) _____

Signature _____

Address where you RECEIVE your credit card statement (include address, city, state, zip) _____

CANCELLATIONS – Deadline for cancellation is June 27, 2012. In the event of cancellation, a full refund will be made if written notice is received in the TSCAP office by June 27, 2012, less a 25% handling charge. NO REFUNDS WILL BE GIVEN AFTER June 27, 2012.

RETURN TO: TEXAS SOCIETY OF CHILD AND ADOLESCENT PSYCHIATRY,
401 WEST 15TH STREET, SUITE #675, AUSTIN, TX 78701; PHONE (512) 478-0605 • FAX (512) 478-5223



Texas Society of Child and Adolescent Psychiatry

Annual Convention and Scientific Program

Attention Deficit Hyperactivity Disorder: Where Are We Now?

SCIENTIFIC PROGRAM SCHEDULE

Saturday, July 21 (5 Hours Category 1 Credit)

8:15 am-8:30 am Welcome and Opening Remarks

8:30 am-10:30 am **KEYNOTE SPEAKER:**
Applying Cognitive and Social Neuroscience to Child Psychiatry
Peter S. Jensen, M.D.
Professor of Psychiatry and Vice Chair, Research
Department of Psychiatry & Psychology
Mayo Clinic
Rochester, Minnesota

Dr. Peter Jensen established the REACH Institute in May 2006, following service as Founding Director of the Center for the Advancement of Children’s Mental Health at Columbia University. Before joining Columbia as its Ruane Professor of Child Psychiatry (2000-2007), he was Associate Director of Child and Adolescent Research at the National Institute of Mental Health (NIMH). While at NIMH (1989-2000), Dr. Jensen was the lead NIMH Investigator on the landmark study of Multimodal Treatment of ADHD (“The MTA Study”), as well as investigator on other national multi-site studies. In addition to his leadership of the REACH Institute, Dr. Jensen is Professor of Psychiatry and the Vice-Chair for Research, Department of Psychiatry and Psychology, at the Mayo Clinic in Rochester, Minnesota.

A world-renowned Child Psychiatrist, Dr. Jensen is a passionate advocate for children with emotional and behavioral disorders and their families. His major work and research interests include identifying, disseminating, and implementing evidence-based mental health treatments.

OBJECTIVES: At the conclusion of the presentation, participants will be able to:

- Describe current research in Attention Deficit Hyperactivity Disorder in children and adolescents and how it relates to cutting edge treatment approaches
- Define Cognitive Neuroscience and how present knowledge defines the understanding of Attention Deficit Hyperactivity Disorder
- Discuss the impact of the latest research in Attention Deficit Hyperactivity Disorder in children and adolescents and where future opportunities may lead us

10:30 am-10:50 am Refreshment Break in Exhibit Hall

10:50 am-11:50 am **The Neurobiology of Attention Deficit Hyperactivity Disorder**
Steven R. Pliszka, M.D.
Professor and Chief
Division of Child and Adolescent Psychiatry
Department of Psychiatry
The University of Texas Health Science Center
San Antonio, Texas

OBJECTIVES: At the conclusion of the presentation, participants will be able to:

- Describe the neuroanatomy and neurophysiology of the developing brain in children and adolescents
- Describe the differences in the neuroanatomy and neurophysiology associated with Attention Deficit Hyperactivity Disorder
- Discuss the impact that the current knowledge of neurobiology in children and adolescents has on current treatment strategies in Attention Deficit Hyperactivity Disorder

11:50 am-12:10 pm Refreshment Break in Exhibit Hall

12:10 pm-1:10 pm **Resident / Faculty Clinical Case Presentation**
Differentiating Attention Deficit Hyperactivity Disorder from Bipolar Disorder
Kirti Saxena, M.D.
Associate Professor of Psychiatry
Department of Psychiatry
Division of Child / Adolescent Psychiatry
The University of Texas Health Science Center at Houston
Houston, Texas

German Corso, M.D.
Child Psychiatry Fellow
The University of Texas Southwestern Medical Center at Dallas
Dallas, Texas

OBJECTIVES: At the conclusion of the presentation, participants will be able to:

- Describe the neuroanatomy and neurophysiology of the developing brain in children and adolescents
- Describe the differences in the neuroanatomy and neurophysiology associated with Attention Deficit Hyperactivity Disorder
- Discuss the impact that the current knowledge of neurobiology in children and adolescents has on current treatment strategies in Attention Deficit Hyperactivity Disorder

1:10 pm-1:30 pm Refreshment Break in Exhibit Hall

1:30 pm-2:30 pm **The Impact of Learning Disorders on Students with Attention Deficit Hyperactivity Disorder**
Peter L. Stavinoha, PhD
Professor, Psychology / Psychiatry
University of Texas Southwestern Medical Center
Manager, Psychological Services (Neuropsychology)
Children’s Medical Center of Dallas
Dallas, Texas

OBJECTIVES: At the conclusion of the presentation, participants will be able to:

- Define the diagnosis of Learning Disorder and discuss the similarities in presentation of a child or adolescent who may have a Learning Disorder or Attention Deficit Hyperactivity Disorder
- Discuss when a clinician should make a referral for psychological testing
- Discuss the impact of Learning Disorders on the education of a child or adolescent and discuss recommendations for school accommodations to promote academic success

Sunday, July 22 (3 Hours Category 1 Credit)

9:15 am-10:15 am **Sleep and Attention Deficit Hyperactivity Disorder**
Graham J. Emslie, M.D.
Professor of Psychiatry/Pediatrics
Charles E. and Sarah M. Seay Chair in Child Psychiatry
Director, Division of Child and Adolescent Psychiatry
University of Texas Southwestern Medical Center and
Children’s Medical Center of Dallas
Dallas, Texas

OBJECTIVES: At the conclusion of the presentation, participants will be able to:

- Understand the basic sleep-wake patterns in children and adolescents
- Recognize normal versus pathological sleep disturbances in children and adolescents
- Understand how Attention Deficit Hyperactivity Disorder can affect sleep patterns in children and adolescents

10:15 am-10:30 am Refreshment Break

10:30 am-11:30 pm **ETHICS:**
Controversies in the Use of Psychopharmacology in Children
John Z. Sadler, M.D.
Professor
Daniel W. Foster, M.D., Professorship in Medical Ethics
Director of the Program in Ethics in Science & Medicine
Chief of the Division of Ethics in the Department of Psychiatry
and Chief of the Division of Ethics & Health Policy in the
Department of Clinical Sciences
The University of Texas Southwestern Medical Center at Dallas
Dallas, Texas

OBJECTIVES: At the conclusion of the presentation, participants will be able to:

- Describe the ethical issues and controversies and the social stigma in the diagnosis of mental illness in children and adolescents
- Describe the ethical controversies in the use of psychopharmacology in children and adolescents
- Discuss the public issues with the increased awareness of mental illness and the use of psychopharmacology in children and adolescents

11:30 pm-12:30 pm **ETHICS:**
The Ethics of Cognitive Enhancement
Fabrice Jotterand, Ph.D, MA
Assistant Professor of Clinical Sciences & Psychiatry
Division of Ethics and Health Policy
Department of Clinical Sciences
Division of Ethics
Department of Psychiatry
The University of Texas Southwestern Medical Center at Dallas
Dallas, Texas

OBJECTIVES: At the conclusion of the presentation, participants will be able to:

- Describe the ethical issues associated with cognitive enhancement
- Define cognitive enhancement and its impact on society
- Describe the impact of cognitive enhancement and the controversy associated with strategies that could be used in developing children and adolescents

CME ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Texas Medical Association (TMA) through the Joint Sponsorship of the Texas Society of Psychiatric Physicians and the Texas Society of Child and Adolescent Psychiatry. The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of eight (8) *AMA PRA Category I Credits™*. Participants should claim only the credit commensurate with the extent of their participation in the activity.

The presentations entitled “Controversies in the Use of Psychopharmacology in Children” and “The Ethics of Cognitive Enhancement” have each been designated by the Texas Society of Psychiatric Physicians for one (1) hour of education in medical ethics and/or professional responsibility.

TARGET AUDIENCE / PROGRAM OBJECTIVES

This live activity has been designed with didactic lectures supplemented with audiovisual presentation and direct discussion, panel discussion and a case study presentation in multiple educational sessions. The program is designed to provide its’ primary target audience of Child and Adolescent Psychiatrists, General Psychiatrists and other specialties of medicine in the State of Texas, with clinically-relevant information to advance the physician’s competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgment of the information presented in the educational activity into their practice.

NEEDS ASSESSMENT

TSCAP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of our participants.

FACULTY AND STAFF DISCLOSURE POLICY

The Texas Society of Child and Adolescent Psychiatry will disclose to participants the existence of any relevant financial relationships between faculty members, TSCAP and TSPP staff and members, who planned, authored, contributed to, and/or reviewed the content of this activity, and any commercial interest discussed in this educational activity. Disclosure will occur prior to the presentations through written communication in the syllabus or handout material and through oral communication to the audience by the moderator or chair.

TSPP 56th Annual Convention & Scientific Program

“Embracing the Future in Psychiatric Practice”

November 9-11, 2012 • Moody Gardens Hotel • Galveston, Texas



MEETING LOCATION/ HOTEL RESERVATIONS

ALL MEMBERS AND NON-MEMBERS ARE INVITED TO JOIN US! TSPP's 56th Annual Convention and Scientific Program will be held at the Moody Gardens Resort and Spa, Seven Hope Blvd., Galveston, TX, 1-800-582-4673. A special TSPP discounted room rate of \$142 is available to program registrants on a space availability basis. **Make your hotel reservation today by calling 1-888-388-8484.**

MOODY GARDENS HOTEL/ RESORT AMENITIES

Surrounded by 242 acres of breathtaking gardens and majestic pyramids, Moody Gardens Hotel, Spa and Convention Center is Galveston Island's premier meeting destination. Moody Gardens features:

- Full Service Spa and Fitness Center, complete with indoor lap pool.
- Aquarium Pyramid – Oceans of the world are represented in a 1.5 million gallon aquarium teeming with creatures from penguins to stingrays, sharks and more.
- IMAX 3D Theater – Be a part of the action at the IMAX 3D Theater featuring amazing 3D and 2D films on a giant six-story screen.
- IMAX Ridefilm Theater – Strap yourself in and dive, twist and turn as your seat mirrors every movement on a giant wrap-around screen with six-channel surround sound.
- AND, special activities for you during Convention time! Festival of Lights – One of the Gulf Coast's largest holiday lighting events at Moody Gardens!



And NEW to Galveston is the Galveston Island Historic Pleasure Pier!!

Opening Memorial Day weekend, the **Galveston Island Historic Pleasure Pier** will jut out 1,000 feet over the surf at 25th Street, where the original Pleasure Pier stood from 1943 until it was destroyed by Hurricane Carla in 1961. More recently, it was the site of the Flagship, an over-the-water hotel built in 1965 that was demolished after 2008's Hurricane Ike.

The \$60 million project will put a roller coaster and Ferris wheel over the Gulf of Mexico and feature 16 rides, carnival games and souvenir shops. Food vendors will offer sausage-on-a-stick and other tourist favorites. And it will house the state's first **Bubba Gump Shrimp Co.**

Pleasure Pier is designed to be a first-rate waterfront tourist spot on par with the Navy Pier in Chicago and Santa Monica Pier in Southern California *so bring your friends and family and make it a fun-filled year-end retreat!*

SPECIAL REGISTRATION FEES FOR TSPP AND TSCAP MITs

Special 'FREE' Incentive Offer for TSPP Members in Training. Once again, TSPP is pleased to offer the waiver/refund of the CME Scientific Program registration fee **IF the member's Training Director registers for the Scientific Program.** So all Members-in-Training encourage your Training Director to register and then send in your registration form, with the name of your Training Director noted, and then plan on attending the Scientific Program FREE! (Offer extended to TSPP and TSCAP Members-in-Training Residents and Fellows who are members of TSPP and/or TSCAP.

MIT POSTER SESSION

In order to familiarize Texas psychiatrists with the research efforts and achievements of their colleagues, the TSPP Continuing Medical Education Committee is soliciting scientific posters.

The posters need not be especially made for this meeting. Posters presented at the APA or at other scientific meetings within the last year would be appropriate. TSPP's goal is to support collaborative interaction among the Texas researchers and also to familiarize the general membership about new advances made in the state. The deadline for poster applications is Oct. 20, 2012. Please contact tsppofc@aol.com for a copy of the Poster Application Form.

SPECIAL EVENTS

THURSDAY GOLF OUTING — Polish up on your golf game in an exciting location! For those convention attendees, guests and golf enthusiasts arriving early, TSPP members are arranging a tee time for a group play. If you are interested in playing, please be sure to check the Golf Section box on the TSPP Registration Form.

AWARDS

TITUS HARRIS SOCIETY — All members of the Titus Harris Society are invited to a special reception to be held in conjunction with the TSPP Welcome Reception, Friday, 6:30-8:00 pm at the Moody Gardens Hotel. In addition TSPP extends a special invitation to the Titus Harris Society members to extend their weekend stay and attend the CME Program and other social activities. Titus Harris Society members will be identified by special ribbons on their convention name badges.

AWARDS RECEPTION/ BANQUET

Saturday evening's festivities begin with a complimentary wine and cheese reception for registrants attending the Awards Banquet honoring the 2012 TSPP Award Recipients for their outstanding contribution to Psychiatry. Register early to reserve a table for your friends at this memorable evening!

AWARD RECIPIENTS

This year's honorees include:

John M. Oldham, MD, Houston
PSYCHIATRIC EXCELLENCE AWARD

Vanita Haliburton, Dallas
SPECIAL SERVICE AWARD

Judge Jan Krock, Houston
SPECIAL SERVICE AWARD

DR. SPENCER BAYLES
OUTSTANDING TSPP MEMBER AWARD

This award named in memory of Dr. Spencer Bayles was established in 2010 to recognize members for outstanding and consistent participation in TSPP activities. The award will be presented during TSPP's Annual

Business Luncheon on Saturday, November 10 so please plan to attend and thank your fellow colleague for his outstanding volunteer service. This year's Award Recipient is **Milton Altschuler, MD, Houston**

DAVID PHARIS AWARD

The David Pharis Award will be presented by the Department of State Health Services and TSPP to recognize significant contributions to safety and quality inpatient care and outcomes in State Hospitals. This year's award will be presented during TSPP's Annual Business Luncheon on Saturday, November 10. Please attend and express your appreciation to the organization selected for this degree of excellence.

DAILY SCHEDULE

THURSDAY, NOVEMBER 8

12:00 Noon	Golf Outing at Moody Gardens Golf Course
2:00 pm - 8:00 pm	Registration Open
5:30 pm - 6:30 pm	Titus Harris Society Executive Meeting
7:00 pm - 8:30 pm	TSPP Chapter Leadership Meeting
7:30 pm	Federation Delegate Assembly Meeting

FRIDAY, NOVEMBER 9

7:30 am - 8:30 pm	Registration Open
7:30 am - 9:00 am Meeting	Foundation Board of Directors Breakfast
9:00 am - 5:00 pm	Committee Meetings Committee Meeting Hospitality Break
12:00 pm - 5:00 pm	Exhibit AND Poster Session Set-Up
12:00 pm - 1:30 pm	Membership Luncheon / Program
1:30 pm - 3:30 pm	Texas Academy of Psychiatry Board of Trustees
3:30 pm - 5:00 pm	MIT / ECP Program
5:00 pm - 6:30 pm	Executive Council Meeting
6:30 pm - 8:00 pm	Titus Harris Society Reception
6:30 pm - 8:00 pm	Welcome Reception with Exhibitors AND Poster Session

SATURDAY, NOVEMBER 10

7:45 am - 8:15 am	Complimentary Continental Breakfast for Meeting Registrants
7:30 am - 8:30 pm	Registration Open
7:30 am - 5:00 pm	Exhibits Open AND Poster Session
8:00 am - 6:00 pm	Scientific Program
10:30 am - 11:00 am	Refreshment Break with Exhibitors AND Poster Session Door Prize Drawings
1:00 pm - 2:30 pm	Annual Business Meeting Lunch
4:00 pm - 4:20 pm	Refreshment Break with Exhibitors AND Poster Session Door Prize Drawings
6:00 pm - 7:00 pm	TSCAP Executive Committee Meeting
6:30 pm - 7:00 pm	Reception for Awards Banquet Attendees
7:00 pm	Awards Banquet

SUNDAY, NOVEMBER 11

8:00 am - 1:25 am	Scientific Program
10:30 am - 11:00 am	Refreshment Break

MEETING REGISTRATION

Visit the website www.txpsych.org for

TSPP / TAP's Special Discounted Meeting Registration Fees for this year's convention. *The earlier you register, the greater the savings!*

SCIENTIFIC PROGRAM

“Embracing the Future in Psychiatric Practice”

SCIENTIFIC PROGRAM SCHEDULE

SATURDAY, NOVEMBER 10, 2012 7 HOURS CATEGORY 1 CREDIT	
8:00 - 8:30 am	Welcome and Introductions
8:30 - 10:30 am	Substance Use Disorders – Current Concepts in Research and Treatment <i>Edgar Nace, MD, DLFAPA</i> Office-Based Treatment Approaches for Substance Abuse <i>Thomas R. Kosten, MD, DFAPA</i> Cutting-Edge Research in Substance Abuse: Pharmacogenetics for Alcohol & Cocaine and Vaccines for Addictions <i>Byron H. Adinoff, MD</i> Neuroimaging Techniques
10:30 - 11:00 am	Refreshment Break w/ Exhibitors and Poster Session
11:00 - 1:00 pm	Evidence Based Treatment of PTSD in Combat Veterans <i>Matthew Jeffreys, MD</i> State of the Art Evidence Based Treatment, PE, CPT, Meds, Etc. <i>Alan Peterson, PhD</i> <i>Kevin S. Beasley, LCSW</i>
1:00 pm - 2:30 pm	Lunch / Business Meeting
2:30 pm - 4:00 pm	Update in Internal Medicine for Psychiatrists: The Current Medical Literature <i>Monique V. Yohanan, MD, MPH</i>
4:00 pm - 4:20 pm	Refreshment Break w/ Exhibitors and Poster Session
4:20 pm - 5:50 pm	Healthcare Legislation, DSM V, ICD-10 and Public Mental Health Funding: What does the future hold for Psychiatry? <i>Leslie H. Secrest, MD, DLFAPA</i> <i>Richard Noel, MD, DFAPA</i> <i>Conway McDonald, MD, DFAPA</i> <i>Emilie A. Becker, MD, DFAPA</i>
SUNDAY, NOVEMBER 11, 2012 4 HOURS CATEGORY 1 CREDIT	
8:30 am - 9:00 am	Welcome and Introductions
9:00 am - 11:00 am	Social Media: Effects on Patients, Physicians, and the Practice of Medicine <i>Keith Whitworth, MAMFC, MARE, PhD</i>
11:00 am - 11:15 am	Refreshment Break
11:15 am - 1:15 pm	ETHICS: Competence for What? Variety, Ethics and Nuance in Competency Assessment <i>William H. Reid, MD, MPH, DFAPA, FACP, FRCP</i>

SCIENTIFIC PROGRAM GOAL/TARGET AUDIENCE/LEARNING OBJECTIVES

This live activity has been designed in a format consisting of case study presentations, lectures and direct discussion to provide its' primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice.

Information and data will address, new developments in treatment and new directions in research to address the professional practice gaps of the learners and advance the physician's competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of this presentation participants should be able to achieve the following objectives and have increased competence in:

- the assessment and treatment of substance use disorders in adults and adolescents.
- the assessment and treatment of PTSD in combat veterans
- the assessment and treatment of patients with comorbid general medical and psychiatric disorders
- the use of social media to understand and communicate with patients and colleagues in professional and ethical ways
- the assessment of patients capacity for decision making and patient centered approaches to sharing the process
- understanding the effects of legislative and regulatory changes on the practice of psychiatry and patient care.

NEEDS ASSESSMENT

TSPP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of our participants.

FACULTY AND STAFF DISCLOSURE POLICY

The Texas Society of Psychiatric Physicians will disclose to participants the existence of any relevant financial relationships between faculty members, TSPP staff and members, who planned, authored, contributed to, and/or reviewed the content of this activity, and any commercial interest discussed in this educational activity. Disclosure will occur prior to the presentations either through oral communication to the audience by the moderator or chair, or written communication in the syllabus or handout material.

ACCREDITATION

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of eleven (11) *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The presentation”ETHICS: Competence for What? Variety, Ethics and Nuance in Competency Assessment” has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

ABOUT THE SPEAKERS

Byron H. Adinoff, MD
Professor and Distinguished Professorship of Alcohol and Drug Abuse Research
Department of Psychiatry
Chief of the Division on Addictions
UT Southwestern Medical Center
Staff Psychiatrist at the VA North Texas Health Care System
Dallas, Texas
Published over 100 Articles and Chapters on the Biology and Treatment of Addiction
Research funded by National Institute on Alcohol Abuse and Alcoholism (NIAAA), the National Institute of Drug Abuse (NIDA) and the Department of Veterans Affairs

Kevin S. Beasley, LCSW
Licensed Clinical Social Worker at the
Veteran Affairs Posttraumatic Stress Disorder Clinical Team
Department of Veterans Affairs
San Antonio, Texas
Formerly with the Department of Defense Specializing in
Marital Therapy with Couples / Families Dealing with Domestic Violence

Emilie A. Becker, MD, DFAPA
Medical Director, Clinical Behavioral Health
Mental Health and Substance Abuse Services Division
Department of State Health Services
Austin, Texas

Matthew Jeffreys, MD
Medical Director
Post Traumatic Stress Disorders Clinical Team
for the South Texas Veterans Healthcare System and
Assistant Professor in the Department of Psychiatry
University of Texas Health Sciences Center
San Antonio, Texas

Thomas R. Kosten, MD, DFAPA
Professor, Departments of Psychiatry and Neuroscience
Baylor College of Medicine
Former Professor and Chief of Psychiatry at Yale University and VA Connecticut
Research Director of the VA National Substance Use Disorders
Quality Enhancement Research Institute (QUERI) Based at the Houston VA
Founder of the Division of Substance Abuse at Baylor and Yale,
Directing their NIH Medications Development Center for Substance Abuse
Supported by a Research Scientist Award from NIH since 1987
Former Congressional Fellow in the House of Representatives and
Visiting Professor in Germany, Spain, Greece, China and Canada
Founding Vice Chair for Added Qualifications in Addiction Psychiatry
of the American Board of Psychiatry and Neurology
Houston, Texas

Conway McDonald, MD, DFAPA
BCBS-HCSC
Vice President and Chief Medical Officer of Behavioral Health
Richardson, Texas

Edgar P. Nace, MD, DLFAPA
Clinical Professor of Psychiatry
UT Southwestern Medical School
Medical Director
Turtle Creek Recovery Center
Dallas, Texas

Richard L. Noel, MD, DFAPA
Clinical Assistant Professor of Psychiatry
University of Texas Health Science Center at Houston
Medical Director
Intracare North Hospital
Private Practice of Psychiatry with Alternative Services Network
TSPP Delegate to the TMA Interspecialty Society Committee
Houston, Texas

Alan L. Peterson, PhD
Clinical Health Psychologist
Professor, Department of Psychiatry
Chief, Division of Behavioral Medicine
University of Texas Health Sciences Center at San Antonio
Deputy Chair for Military Collaborations
Director of the STRONG STAR Multi-Disciplinary PTSD Research Consortium
San Antonio, Texas

William H. Reid, MD, MPH, DFAPA, FACP, FRCP
Forensic Psychiatry Consultant
Clinical Professor of Psychiatry, Texas Tech University Health Sciences Center
Adjunct Professor of Psychiatry, University of Texas Health Science Center, San Antonio
Adjunct Professor of Psychiatry, Texas A&M University College of Medicine
Clinical Faculty, Austin Psychiatry Residency Program
of the UT Southwestern Medical Center
Horseshoe Bay, Texas

Leslie H. Secrest, MD, DLFAPA
Chairman, Department of Psychiatry
Presbyterian Hospital
Associate Professor, Department of Psychiatry
UT Southwestern Medical Center
Dallas, Texas

Keith Whitworth, MAMFC, MARE, PhD
Sociology Instructor, Texas Christian University
Department of Sociology
Specializing in Two Areas: Sustainability and the Social Impacts of Technology
He has been featured on CNN, NPR, and Television and Radio Stations Across the
Nation for his expertise on how technology is impacting the American Culture
Fort Worth, Texas

Monique V. Yohanan, MD, MPH
Physician Editor, Epocrates
Palo Alto, California



May is Mental Health Month

Openness by Friends, Family, Celebrities Reduces Stigma of Mental Illness

May is Mental Health Month – a time to raise awareness about mental health conditions and the importance of mental wellness for all. This year's theme is social connectedness, emphasizing the important role of social relationships in maintaining and improving mental health.

There are many ways of creating connections that support mental health:

- Get connected to family and friends to feel close and supported.
- Get connected to your community to feel a sense of belonging and purpose.
- Get connected to professional help to feel better when you're stressed and having trouble coping.

More information and resources for Mental Health Month available from the

Mental Health America.

Stigma associated with mental illnesses continues, though more than a third of Americans surveyed on behalf of the American Psychiatric Association (APA) said that, in their view, stigma has declined, and openness about personal experiences by friends, family and public figures was influential.

Increased openness about personal experience with mental illnesses on the part of friends and family members was identified by most respondents (79 percent) as at least moderately influential in reducing the stigma sometimes associated with mental illnesses, according to the online survey conducted for the APA by Harris Interactive among 2,285 adults age 18 and

older.* Other factors at least moderately influential are:

- the increase in the amount of mental health information available online, 75 percent
 - accurate portrayals of mental illnesses on television and in movies, 72 percent
 - public figures or celebrities talking about their experiences with mental illnesses, 71 percent
 - social networking sites related to the topic of mental illnesses, 61 percent
- When asked how concerned they are about the possibility that they would ever

be diagnosed with a mental disorder, 38 percent were at least somewhat concerned while 48 percent said they were at least somewhat concerned for a family member.

Two-thirds of Americans surveyed agree that people with mental illnesses can get better.

The APA conducted the survey as part of its Healthy Minds. Healthy Lives. campaign, which was established to improve understanding of mental illnesses, psychiatry and successful treatment options, as well as to reduce the stigma sometimes associated with seeking mental health care. ■

* This survey was conducted online within the U.S. by Harris Interactive on behalf of the American Psychiatric Association from April 14-16, 2010 among 2,285 adults ages 18 and older. This online survey is not based on a probability sample and therefore no estimate of theoretical sampling error can be calculated.

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The TEXAS PSYCHIATRIST is published 5 times a year in February, April, June, August, and October. Members of Federation member organizations are encouraged to submit articles for possible publication. Deadline for submitting copy to the Federation Executive Office is the first day of the publication month. Copy must be edited, acceptable for publication.

Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

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RETURN SERVICE REQUESTED

JOB BANK

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation's **JOB BANK** on its website at www.txpsych.org. The Federation's **JOB BANK** could be just what you have been looking for.

CALENDAR OF MEETINGS

MAY 2012

18-19 Texas Medical Association

TexMed 2012
Sheraton Dallas
Dallas, Texas

Section on Psychiatry
Friday, May 18

JULY 2012

20-22 Texas Society of Child and Adolescent Psychiatry

2012 Summer Conference and Scientific Program
"Attention Deficit Hyperactivity Disorder: Where Are We Now?"
Sheraton Arlington Hotel
Arlington, Texas

OCTOBER 2012

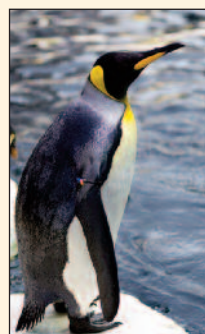
5-6 Texas Medical Association

Fall Conference
AT&T Conference Center
Austin, Texas

NOVEMBER 2012

9-11 Texas Society of Psychiatric Physicians

2012 Annual Convention and Scientific Program
"Embracing the Future in Psychiatric Practice"
Moody Gardens Hotel
Galveston, Texas



SAVE THE DATE

Texas Society of Psychiatric Physicians

56th Annual Convention & Scientific Program

November 9-11
Moody Gardens Hotel • Galveston