

Texas Psychiatrist

Caring for Patients in a Time of Change

William H. Fleming III, MD, President, Texas Medical Association

The health system reform bill is now law. While the legal and political wrangling will go on for years, the physicians of Texas remain committed to our patients. We want to keep what's good and fix what's broken in our health care system.

Frankly, we cannot allow our political views or the new law to get in the way of what medical care is all about: physicians caring for our patients. Patients and their doctors must work together to take advantage of this change. We cannot waste this opportunity to improve the access and care we provide to our patients. We also must keep a constant eye out for opportunities to improve the new law.

We have begun a massive new education campaign to help Texas physicians and their practices survive and thrive in this new environment. Our patients depend on that. And lucky for them, no organization is better prepared to help doctors in the post-health-reform jungle than the Texas Medical Association (TMA).

Because of its immense size and scope, the new law contains many provisions that neither we nor our patients fully under-

stand yet. We've asked some of the best health care minds in the state to give us a complete analysis. Right now, here are three good things about the new law soon to happen — and three things the physicians of TMA already know must change.

Three Good Things

1. Prevention is covered. Health plans must cover services like vaccinations and screening tests without charging a copay or deductible. Flu shots, childhood immunizations, and cancer screenings will keep us all in better health. And, in the end, they keep down the cost of medical care.
2. Uninsured Texans with current illnesses are covered. A new insurance pool will allow the uninsured to buy coverage if they have a preexisting condition. It will allow uninsured Texans— even cancer survivors or those with chronic illnesses like diabetes or high blood pressure — to get the coverage they need. They will be able to receive care and ensure their health doesn't get even worse.
3. Coverage should be easier to understand. Volumes of legal jargon from the health plans are replaced with summaries and

simple labels. No more wondering if certain services or treatments are covered or if you can afford the copay or deductible.

Three Things That Must Change

1. We remain terribly concerned about the Medicare system. Medicare is the largest government health plan we have right now. It is the foundation for many of the changes the new law will bring. The current system is forcing some doctors to make a horrible choice to stop seeing Medicare patients if they want to keep their practices open in order to see any patients at all. We must work together to stop the Medicare meltdown.
2. We need to protect the patient-doctor relationship from outside interference. No government agency and no insurance company should come between patients and their doctors. As the bureaucrats work to implement this new law, we promise to fight to ensure doctors and patients can make health care decisions that are best for our patients.
3. We need to protect Texas' health care liability reforms. In 2003, Texas voters adopted important medical liability reforms for our state. These changes have made it easier for sick and injured Texans to get the care they need. Dozens of rural



William H. Fleming III, MD

and medically underserved parts of the state now enjoy the services of high-risk specialists, such as emergency physicians and obstetricians. Physicians who once turned away high-risk patients for fear of a lawsuit are now expanding their practices and offering new, life-saving treatments. We need to make sure nothing in the new law takes away the tremendous progress we've made in Texas.

Since 1853, the physicians of TMA have worked to improve the health of all Texans. Medicine has changed tremendously over those 157 years. The health reform law is just the most recent change, and we now must move forward to ensure that it benefits our patients. ■

Commissioner's Roundtable

For decades, members have met on a regular basis with the Commissioner of the Texas Department of Mental Health and Mental Retardation, and now the Texas Department of State Health Services. These regular meetings have encouraged a productive dialogue between psychiatry and the state agency responsible for public mental health. Pictured at a recent meeting of the Commissioner's Roundtable are (left to right): Joseph Burkett, MD, Co-Chair, TSPP Public Mental Health Services Committee; Daryl Knox, MD, Co-Chair, TSPP Public Mental Health Services

Committee; Mike Maples, DSHS Division for Mental Health and Substance Abuse Services; David Lakey, MD, DSHS

Commissioner; Emilie Becker, MD, DSHS Medical Director for Behavioral Health; Les Secrest, MD, Chairman, Federation of Texas

Psychiatry; and Paul Croarkin, DO, President, Texas Society of Child and Adolescent Psychiatry. ■



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Save the Date!

November 12-14, 2010
54th Annual Convention and Scientific Program
“Advances in Clinical Psychiatry: Schizophrenia, Bipolar Depression, PTSD, Borderline Personality and Ethics”
Westin La Cantera Hotel, San Antonio, Texas

**WESTIN LA CANTERA HOTEL RESERVATIONS:
 1-800-937-8461 @ TSPP DISCOUNTED RATE
 OF \$165.00 AND WAIVED RESORT FEE**



Polypharmacy and Child and Adolescent Psychiatric Patients

Arthur J. Farley, MD, President, Texas Academy of Psychiatry



Arthur J. Farley, MD

Following up on Paul Croarkin, DO's, excellent article, "Antipsychotics and Young Children" in the February/March, 2010, Texas Psychiatrist, Dr. Croarkin has heightened our awareness of House Bill 2163 (81st Legislature, Regular Session, 2009) which mandated that the Texas Health and Human Services Commission (HHSC) shall perform a study and submit a report in 2010 regarding the "appropriateness and safety of providing antipsychotic medications through the Medicaid vendor drug program to children younger than 16 years of age." The review is to consider the various factors relevant to that issue.

The involvement of government bodies in the psychiatric care of patients is not new to Texas psychiatry. The *RAJ vs. the Commissioner of Texas Mental Health and Mental Retardation (TxMHMR)* was my own introduction to this phenomena. This case was under the auspices of Federal District Judge Barefoot Sanders. The court ruled in favor of RAJ, the initials of a State Hospital patient. There were many factors

in question regarding patient care emerging from the lack of individualized treatment plans for patients to the practice of polypharmacy in TxMHMR State facilities treating adult inpatients. Various efforts went into the attempt of TxMHMR to ameliorate the problems facing patients. Finally, Judge Sanders directed David Pharis, MSW, to implement a sophisticated plan designed to improve the entire system. I participated with a team of professionals including psychologists, social workers, nurses, specialists in Internal Medicine and psychiatrists. The "Judge's Team" interfaced with the TxMHMR team and teams from the Texas State Hospitals. Each team also had a Consumer Advocate on board representing patients and their interests. Compliance with goals stipulated by Federal District Judge Barefoot Sanders was the goal.

Over time, the teams worked together identifying areas in each State Hospital where there was "room for improvement" in patient care. My own team's experience was shared by others and the gradual move

toward "improved care" for indigent mentally ill in Texas was accomplished. The reduction of the use of polypharmacy was one of the major improvements. The lay people on our team characterized this as "the removal of chemical straight jackets." Of course, our teams were also looking at over use and/or abuse of "seclusion and restraints" which was another of the multiple issues Judge Sanders ordered us to examine and to improve as the need arose.

Just like my colleague Dr. Croarkin, I often wondered why this task came our way. I remember when John Bush contacted me to be on the Judge's Team because a Federal court had found patient care in our State Hospitals lacking. Now pediatricians and child/adolescent psychiatrists face a wake-up call from the Texas Health and Human Services Commission. It is painful to have a Commission looking over our shoulder or, worse, telling us what to do. But there is something amiss. As Clinical Director of a therapeutic school for children ages 5-15, I discover that 90% of

the children come to us on psychotropic medications. The number of different psychotropic medications taken by children as young as five ranges from a minimum of two to a maximum of eight. Often, these medications include more than one modern antipsychotic drug. Parents report they believe the antipsychotic medication "will take the edge off." While it is lamentable to report polypharmacy among children who, with appropriate care, have been able to reduce or eliminate the use of antipsychotic drugs, our experience underlines the need for vigilance in providing state of the art care for all children, including those the HHSC study is intended to protect. ■

Congratulations.....

TSPP member, **John M. Oldham, MD** was elected President-Elect by members of the American Psychiatric Association. Dr. Oldham is Senior Vice President and Chief of Staff at The Menninger Clinic and a

Professor of Psychiatry at Baylor College of Medicine in Houston.

Beginning in May 2010, Dr. Oldham will serve as President-Elect for one year and will take office as the APA's 138th President in May 2011. He has held a variety of APA leadership positions, including chair of the Council on Research and Quality Care, chair of APA's Scientific Program Committee for three years, member of the Board of Directors of American Psychiatric Publishing, Inc., and APA representative on the AMA Physicians Consortium for Performance Improvement.

Dr. Oldham has been in private practice for almost 30 years. He is editor of the *Journal of Psychiatric Practice* and President-Elect of the American College of Psychiatrists. He has previously worked as a residency training director, chair of two departments of psychiatry, director of the New York State Psychiatric Institute, and chief medical officer of the New York State Office of Mental Health.

Dr. Oldham completed his medical training at Baylor College of Medicine and his psychiatric residency training at Columbia University College of Physicians and Surgeons and the New York State Psychiatric Institute. He also completed psychoanalytic training at the Columbia Psychoanalytic Center.

At the conclusion of its meeting on April 18, the TSPP Executive Council installed its new Officers for FY 2010-2011: President – **Richard Noel, MD** (Houston); President-

Elect – **Patrick Holden, MD** (San Antonio); and Secretary/Treasurer – **Debra Kowalski, MD** (Fort Worth).

New Officers for the Texas Foundation for Psychiatric Education and Research for FY 2010-2011 elected by the Board of Directors on April 17 include: Chairman – **Linda Rhodes, MD** (San Antonio); Vice Chairman – **Clay Sawyer, MD** (Waco); Treasurer – **Arthur Farley, MD** (Houston/Austin); and Secretary – **Shirley Marks, MD** (Waco). ■

San Antonio, Dallas, Houston, Ft. Worth and Austin

Immediate openings for full or part-time physicians to provide direct geriatric patient care, supervision of NP's, PA's, Additional geriatric training available

Flexible hours PT - \$75-\$125/hr, FT - \$200,000 + Bonus

Benefits, CME leave, 3weeks vacation, and insurance. www.seniorpsychiatry.com

Email resumes or CV to mcampos@seniorpsychiatry.com

Call John Croley 713-850-0049 for more information.

Medical Malpractice Insurance

Are you paying too much?

The **Federation of Texas Psychiatry** in cooperation with **Cunningham Group** is offering Texas psychiatrists free premium indications. Prices have come down during the past year — one insurer dropped its rates 48 percent.

Let **Cunningham Group** shop the market for you and reduce your premium.

Go to the **Cunningham website (www.cg-ins.com)** and complete the **Medical Malpractice Premium Indication Short Form** to receive your premium indication.

Cunningham Group

**Professional Liability Insurance Services
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MEMBERSHIP CHANGES

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

The following membership applications have been approved by the TSPP Executive Committee and have been transmitted to the APA.

Member in Training

Baez-Cabrera, Luis, MD (Reinstatement, former Med Student) San Antonio
Choice, Tanisha, MD (Reinstatement, former Med Student) Dallas
Findley, Jonathan, MD (Reinstatement, former Med Student) San Antonio
Frazier, Leah, MD (Reinstatement, former Med Student) San Antonio
Gupta, Namita, MD (Reinstatement, former Med Student) Temple
Hollinsworth, Jeffrey, MD Helotes
Iglesias, Evelia, MD El Paso

General Member

Evans, Jason, MD Harlingen
Garcia-Pittman, Erica, MD Austin
Golden, Christina, MD Lakehills
Hsu, Lukuang Lynette, MD Austin

Transfer to TSPP

Bhatti, Farrukh, MD (GM) Fort Worth
Dimitrov, Dimitre, MD, PhD (GM) San Antonio
DuBois, Holly, MD (GM) San Antonio
Fermo, John, MD (MIT) Houston
Gajwani, Prashant, MD (GM) Houston
Murthy, Smitha, MD (MT) Austin

Isa, Ameena, MD Lubbock
Khan, Sawsan Yamin Ali, MD Houston
Labay-Kamara, Umaru, MD Lubbock
Lassiter, Paulette, MD San Antonio
Lee, Warren, MD Dallas
Mansourkhani, Shiva, MD El Paso
Ribeiro, Monique, MD San Antonio
Webb, Jadon, MD Dallas
Webster, Cecil, MD Houston
Willis, Faetma, MD Plano

Malik, Nitin, MD Austin
Meeker, William, MD Plano
Schubert, Max, MD Waco

Poplar, Stephen, MD (GM) Irving
Predanic, Aneta, MD (GM) Irving
Quinlan, Julia, DO (GM) San Antonio
Shorter, Daryl, MD (GM) Houston
Thompson, Jessica, MD (GM) Austin



Please Join Us in Galveston this Summer

Paul Croarkin, DO, President, Texas Society of Child and Adolescent Psychiatry



Paul Croarkin, DO

Substance use disorders are a pernicious problem for many of the patients we treat. Relevant, research has advanced our knowledge regarding the epidemiology, differential diagnosis, comorbidity, pathophysiology, and treatment approach for these disorders. However, in clinical practice often these disorders go unrecognized and receive suboptimal treatment thereby leading to adverse emotional, social, legal, and neurobiologic consequences for afflicted youth.

To tackle this issue, TSCAP's Annual Meeting and Scientific Program "Addressing Substance Abuse in Child and Adolescent Psychiatry: Prevention, Diagnosis, and Treatment" will focus on augmenting our collective knowledge base and clinical skills in this area. The program will be conducted in Galveston at the Moody Gardens

Hotel on July 23-25.

Our keynote address on Saturday, "Best Practices for the Assessment and Treatment of Adolescents with Substance Use Disorders," will be presented by a national expert in this area, Oscar G. Bukstein, M.D., MPH. This will be followed by a presentation from Steven R. Pliszka, MD regarding the optimal treatment of ADHD in patients with comorbid substance abuse. Our annual fellow case presentation "Working with an Adolescent with Substance Abuse: Focus on More Factors" will be presented by Peter Ly, MD and Dawnelle J. Schatte, MD. Louis M. Jordan LCSW, LCDC a therapist and long-time director of substance abuse treatment centers will discuss Attachment Disorders and Substance Use Disorders. Ms. Jordan has over 20 years experience in treating individuals and fami-

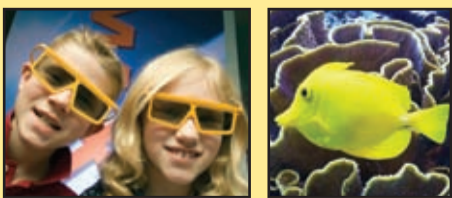
lies impacted by substance use disorders and is a nationally recognized speaker who has made multiple appearances on television programs such as the Oprah Winfrey Show.

Sunday's presentations include a review of evidenced-based psychosocial interventions for adolescents with substance abuse. The program will culminate with the our annual ethics session which this year is entitled "Ethical and Legal Issues in the Treatment of Children and Adolescents with Substance Abuse" presented by Christopher R. Thomas, MD, a national expert in child and adolescent forensic psychiatry. Please make arrangements to attend now and do not miss this important education event.

All TSPP and TAP members are warmly invited and encouraged to attend this

meeting as it is relevant to those who treat young adults or family members impacted by substance use disorders as well. This is also a great time of year to come to Moody Gardens to catch up with colleagues, enjoy ample family time, spend time in Galveston, and to "recharge your batteries" for the year ahead. Please encourage students and trainees from your communities to attend as well as this is a great chance for networking and mentoring. ■

Moody Gardens Fun and Relaxation in the Sun!



Texas Society of Child and Adolescent Psychiatry 2010 Annual Meeting and Scientific Program "Addressing Substance Abuse in Child and Adolescent Psychiatry: Prevention, Diagnosis and Treatment"

July 23-25, 2010 • Moody Gardens Hotel • Galveston, Texas

REGISTRATION

NAME	DEGREE		
MAILING ADDRESS	CITY	STATE	ZIP
TELEPHONE NUMBER	FAX NUMBER		
E-MAIL			

SCIENTIFIC PROGRAM REGISTRATION

(includes Scientific Program & Syllabus, Saturday continental breakfast; Saturday & Sunday refreshment breaks)

	Before July 1	After July 1	
TSCAP Member Physician	\$195	\$215	_____
Non-Member Physician	\$250	\$270	_____
Allied Health Professional / Spouse / Guest	\$180	\$200	_____
TSCAP Member Trainee / Medical Student	No Fee	\$30	_____
Non-Member Trainee / Medical Student	\$30	\$50	_____

SOCIAL EVENTS

Friday Welcome Reception

Friday Welcome Reception

Name(s) Attending Reception: _____

Sunday Membership Business Breakfast

	No Charge	\$20	
TSCAP Member			_____
Non-Members/Guests/Spouse/Child	\$20	\$25	_____

Name(s) Attending Breakfast: _____

MEETING SYLLABUS ORDER

<input type="checkbox"/> Color Printed Copy	\$50.00	\$75.00	_____
<input type="checkbox"/> Black & White Copy	FREE	FREE	_____

Color copy will be provided on-site at the Registration Desk the day of the meeting for those that have remitted payment in advance. B & W copy will be provided on-site at the program at no Add'l Charge.

If you require any special assistance to fully participate in this conference, please contact TSCAP via e-mail tscapofc@aol.com or 512/478-0605.

TOTAL REGISTRATION

PAYMENT INFORMATION

Check in the Amount of \$_____ Make Checks Payable to Texas Society of Child and Adolescent Psychiatry

Please Charge \$_____ To My: VISA MasterCard American Express

Credit Card # _____ Expiration Date: _____

3 Digit Code on Back of Card on Right of Signature Panel _____

Name of Cardholder (as it appears on card) _____

Signature _____

Address where you receive your credit card statement (include address, city, state, zip) _____

CANCELLATIONS – Deadline for cancellation is July 1, 2010. In the event of cancellation, a full refund will be made if written notice is received in the TSCAP office by July 1, 2010, less a 25% handling charge. NO REFUNDS WILL BE GIVEN AFTER JULY 1, 2010.

RETURN TO: TEXAS SOCIETY OF CHILD AND ADOLESCENT PSYCHIATRY,
401 WEST 15TH STREET, SUITE #675, AUSTIN, TX 78701; PHONE (512) 478-0605 • FAX (512) 478-5223



Texas Society of Child and Adolescent Psychiatry 2010 Annual Meeting and Scientific Program

"Addressing Substance Abuse in Child and Adolescent Psychiatry: Prevention, Diagnosis and Treatment"

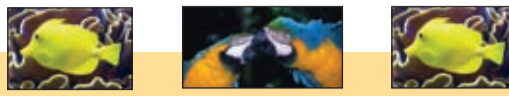
July 23-25, 2010 • Moody Gardens Hotel • Galveston, Texas

LOCATION / HOTEL RESERVATIONS

All events will take place at the Moody Gardens Hotel, Seven Hope Blvd., Galveston, Texas. 409-741-8484 or 800-582-4673. A special TSCAP discounted single-quad room rate of \$189 is available to TSCAP program registrants before June 27, 2010 or upon sell-out whichever occurs first. **Hotel rooms will sell out quickly so please make your hotel reservation as early as possible by calling 1-888-388-8484.**

Surrounded by 242 acres of breathtaking gardens and majestic pyramids, Moody Gardens Hotel, Spa and Convention Center is Galveston's premier meeting destination. Moody Gardens features:

- Full Service Spa and Fitness Center, complete with indoor lap pool
- Rain Forest Pyramid – a ten story pyramid featuring primitive rainforests with plants and exotic fish and animals.
- Discovery Pyramid – Experience mysteries of science with traveling and interactive exhibits.
- Aquarium Pyramid – Oceans of the world are represented in a 1.5 million gallon aquarium teeming with creatures from penguins to stingrays, sharks and more.
- IMAX 3D Theater – Be a part of the action at the IMAX 3D Theater featuring amazing 3D and 2D films on a giant six-story screen.



PROGRAM AT A GLANCE

Friday, July 23

1:00 pm - 5:30 pm Exhibit Set-Up
4:00 pm - 5:30 pm TSCAP Executive Committee Meeting
6:30 pm - 8:30 pm Welcome Reception with Exhibitors

Saturday, July 24

7:30 am - 8:10 am Continental Breakfast w/ Exhibitors
8:15 am - 2:30 pm Scientific Program
10:30 am - 10:50 am Refreshment Break
11:50 am - 12:10 pm Refreshment Break
1:10 pm - 1:30 pm Refreshment Break & Final Visit with Exhibitors

Sunday, July 25

8:00 am - 9:00 am TSCAP Annual Business Meeting Breakfast
9:00 am - 12:30 pm Scientific Program
10:15 am - 10:30 am Refreshment Break

OPENING WELCOME RECEPTION WITH EXHIBITORS

Check in early and join your friends and colleagues for a special complimentary Welcome Reception for all TSCAP attendees! Visit with the exhibitors in a relaxing atmosphere and become eligible for special door prize drawings to be awarded throughout the meeting!

MEETING SYLLABUS IN COLOR

All CME program registrants will receive at No Additional Charge a black and white printed copy of the speakers' presentation (if copy is submitted by speaker). Due to the higher cost of color copying, IF you wish to receive the syllabus in color you may purchase a color copy of the speakers' syllabus

by checking the box on the Registration Form and including the additional charge. The color copy will be provided to you upon check-in the day of the program.

SPONSORS

Clarity Child Guidance Center, San Antonio

EXHIBITORS

Special Thanks to the following Exhibitors who are supporting the TSCAP Annual Meeting!

Cedar Crest Hospital & RTC, Belton

Clarity Child Guidance Center, San Antonio

Janssen

Laurel Ridge Treatment Center, San Antonio

Meridell Achievement Center, Liberty Hill

San Marcos Treatment Center

Texas NeuroRehab Center, Austin

ANNUAL MEETING BREAKFAST

The Annual TSCAP Business Meeting will be held Sunday, 8:00 am - 9:00 am in the Floral Hall A1 Room. All members are encouraged to register and attend. ■

SCIENTIFIC PROGRAM SCHEDULE

SATURDAY, JULY 24 (5 HOURS CATEGORY 1 CREDIT)

8:15 am-8:30 am **Welcome and Opening Remarks**
8:30 am-10:30 am **Best Practices for the Assessment and Treatment of Adolescents with Substance Use Disorders**
Oscar G. Bukstein, M.D., M.P.H.

- OBJECTIVES:** At the conclusion of the program, participants will be able to:
- Describe the presentation of substance abuse and dependence in children and adolescents.
 - Discuss the age related diagnostic issues for substance use disorders in children and adolescents.
 - Display the ability to discuss screening and prevention practices in their daily clinical work.
 - Apply current psychopharmacologic options for treating children and adolescents with substance use disorders.
 - Demonstrate increased competency, comfort, proficiency in the diagnosis and management of comorbid Axis I disorders such as Major Depressive Disorder, Bipolar Disorder, ADHD.
 - Apply current psychosocial approaches to addressing substance abuse and dependence in children and adolescents.
 - Display the capacity to develop sophisticated, comprehensive biopsychosocial treatment plans for children and adolescents with substance use disorders.

10:30 am-10:50 am **Refreshment Break in Exhibit Hall**
10:50 am-11:50 am **Treatment of ADHD in Patients with Substance Abuse Problems: Balancing Risks and Benefits**
Steven R. Pliszka, M.D.

- OBJECTIVES:** At the conclusion of the program, participants will be able to:
- Understand current biological and psychosocial data in children and adolescents with substance use disorders.
 - Discuss the impact of substance use disorders on comorbid psychiatric illnesses (such as ADHD, Mood Disorders, and Anxiety Disorders).
 - Discuss the psychopharmacological treatment of ADHD in the patient with a history of substance abuse.

11:50 am-12:10 pm **Refreshment Break in Exhibit Hall**
12:10 pm-1:10 pm **Resident / Faculty Clinical Case Presentation Working with an Adolescent with Substance Abuse: Focus on More Factors**
Peter Ly, M.D. and Dawnelle J. Schatte, M.D.

- OBJECTIVES:** At the conclusion of the program, participants will be able to:
- Recognize early signs and symptoms of substance in adolescents.
 - Discuss the use of motivational interviewing in the treatment of substance abuse in adolescent.
 - Identify motivational factors leading to adolescent substance abuse.
 - Devise and apply developmentally appropriate treatment interventions for adolescent substance abuse.
 - Demonstrate increased competency, comfort, proficiency in the diagnosis and management of comorbid Axis I disorders such as Major Depressive Disorder, Bipolar Disorder, ADHD.

1:10 pm-1:30 pm **Refreshment Break in Exhibit Hall**

1:30 pm-2:30 pm **What is the Relationship Between Attachment Disorders and Substance Use Disorders?**
Lois M. Jordan, LCSW, LCDC

- OBJECTIVES:** At the conclusion of the program, participants will be able to:
- Understand the developmental relational patterns and relevant psychosocial factors associated with substance use disorders.
 - Demonstrate the ability to discuss relational factors associated with new and ongoing substance use disorders and apply the ability to integrate this awareness into clinical practice to optimize the mental health treatment of patients with substance use disorders.

SUNDAY, JULY 25 (3 HOURS CATEGORY 1)

8:00 am-9:00 am **TSCAP Annual Business Meeting Breakfast**

9:00 am-9:15 am **Scientific Program Welcome and Opening Remarks**

9:15 am-10:15 am **Evidence-Based Psychosocial Interventions for Adolescent Substance Abuse**
Joy M. Schmitz, Ph.D.

- OBJECTIVES:** At the conclusion of the program, participants will be able to:
- Understand and apply evidenced-based treatments (EBT) tailored for adolescents with substance use disorders (SUD).
 - Understand and apply key elements of specific psychosocial treatments shown to be efficacious in treating adolescents with SUD, including behavioral therapy, cognitive-behavioral therapy, contingency management, motivational enhancement therapy, and family-based interventions.
 - Discuss challenges in the dissemination of EBT for adolescent SUD.

10:15 am-10:30 am **Refreshment Break**

10:30 am-12:30 pm **Ethical and Legal Issues in the Treatment of Children and Adolescents with Substance Abuse**
Christopher R. Thomas, M.D.

- OBJECTIVES:** At the conclusion of the program, participants will be able to:
- Discuss ethical issues in the diagnosis and treatment of substance abuse in children and adolescents.
 - Discuss legal requirements in the diagnosis and treatment of substance abuse in children and adolescents
 - Display the capacity to develop sophisticated, comprehensive biopsychosocial treatment plans for children and adolescents with substance use disorders.

PROGRAM SPEAKERS

Oscar G. Bukstein, M.D., M.P.H.
Professor of Psychiatry,
University of Pittsburgh

Medical Director, Adolescent
Substance Abuse, Treatment Program
Western Psychiatric Institute and Clinic
Medical Director, ADHD Specialty Program
Western Psychiatric Institute and Clinic
Pittsburgh, PA

Lois M. Jordan, LCSW, LCDC
Owner and Program Director
Solutions Outpatient Services, Intensive
Evening Outpatient Treatment Program for
Alcohol/Drugs and other Addictive Disorders
Former Executive Director of the
Chemical Awareness Council
Past Board Member of the Greater Dallas
Council on Alcohol and Drug Abuse
Dallas, TX

Peter Ly, M.D.
Child and Adolescent Psychiatry Fellow
The University of Texas Health Science
Center at Houston Medical School
Department of Psychiatry
and Behavioral Sciences
Houston, TX

Steven R. Pliszka, M.D.
Professor and Vice Chair
Chief, Division of
Child and Adolescent Psychiatry
Department of Psychiatry
The University of Texas Health Science Center
San Antonio, TX

Dawnelle J. Schatte, M.D.
Assistant Professor
Department of Psychiatry
UT Health at Harris County Psychiatric Center
Houston, TX

Joy M. Schmitz, Ph.D.
Professor
Department of Psychiatry and
Behavioral Sciences
University of Texas Medical School at Houston
Houston, TX

Christopher R. Thomas, M.D.
Robert L. Stubblefield Professor
of Child Psychiatry
Director, Child & Adolescent Psychiatry
Residency Training
Department of Psychiatry
& Behavioral Sciences
University of Texas Medical Branch
at Galveston
Galveston, TX

CME ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Texas Medical Association (TMA) through the Joint Sponsorship of the Texas Society of Psychiatric Physicians and the Texas Society of Child and Adolescent Psychiatry. The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The Texas Society of Psychiatric Physicians designates this educational activity for a maximum of eight (8) *AMA PRA Category I Credits*. Participants should only claim credit commensurate with the extent of their participation in the activity.

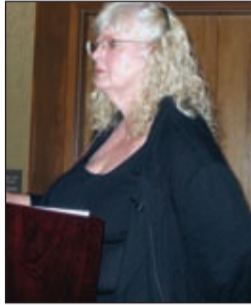
The presentation "Ethical and Legal Issues in the Treatment of Children and Adolescents with Substance Abuse" has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

TARGET AUDIENCE/PROGRAM GOALS & OBJECTIVES

This CME program is designed with didactic lectures supplemented with audiovisual presentation and direct discussion, panel discussion and a case study presentation in multiple educational sessions. The program is designed to provide its primary target audience of Child and Adolescent Psychiatrists, General Psychiatrists and other specialties of medicine in the State of Texas, with clinically-relevant information to advance the physician's competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgment of the information presented in the educational activity into their practice.

Scenes from the TSPP/TAP Spring CME Program

The Texas Society of Psychiatric Physicians and the Texas Academy of Psychiatry joined together to present a CME program on April 17, 2010 at the Westin Hotel at the Domain in Austin. The CME program featured two speakers: Carol Murray, RHIA, CPHRM, "The Stimulus Bill and the 'Free' Electronic Medical Record/Avoiding Risk Issues;" and Michael Alan Schwartz, MD, "Psychopharmacology: Using the Evidence to Optimize Treatment." If you wish to receive audio CDs of these presentations, complete the attached form and return it to TSPP. In addition, TSPPs Councils and Committees met during the weekend meeting.



TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS • TEXAS ACADEMY OF PSYCHIATRY Spring Continuing Medical Education Program SATURDAY, APRIL 17 • WESTIN AUSTIN AT THE DOMAIN HOTEL CME PROGRAM ON CD ORDER FORM

REGISTERED - ATTENDED MEETING:

_____ @ \$35.00

- INCLUDES CD/AUDIO OF CME PROGRAM: Carol Murray, RHIA, CPHRM
- The Stimulus Bill and the 'Free' Electronic Medical Record / Avoiding Risk Issues Michael Alan Schwartz, MD
- Psychopharmacology: Using the Evidence to Optimize Treatment
- SHIPPING & HANDLING

NOT REGISTERED - DID NOT ATTEND MEETING:

_____ @ \$125.00

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CALENDAR OF MEETINGS

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22-26 American Psychiatric Association Annual Meeting
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For additional information visit www.psych.org

JULY

23-25 Texas Society of Child & Adolescent Psychiatry Annual Meeting & Scientific Program "Addressing Substance Abuse in Child and Adolescent Psychiatry: Prevention, Diagnosis and Treatment"
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NOVEMBER

12-14 Texas Society of Psychiatric Physicians 54th Annual Convention & Scientific Program "Advances in Clinical Psychiatry: Schizophrenia, Bipolar Depression, PTSD, Borderline Personality and Ethics"
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