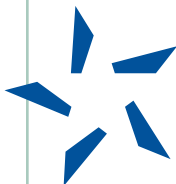


Texas Psychiatrist



What’s In It for Me?

Debra Atkisson, MD, President, Texas Society of Psychiatric Physicians

Psychiatry is an area of medicine which attracts compassionate, altruistic people. We want to help others who are struggling and assist them in functioning at their best. Trained in medicine , psychotherapy, family and group dynamics we are equipped to understand both the individual who is psychiatrically ill and the environmental forces upon him. That being said, psychiatrists wish to be judicious with their time and resources both in their practice setting and in their personal lives. Any expenditure of time and resources has to be measured as to whether it is a good investment. The question to be asked is “What’s in it for me?”

Participation in organized Psychiatry in Texas provides many benefits and can occur through different forums. The Federation of Texas Psychiatry offers membership through TSPP (the Texas Society of Psychiatric Physicians) as well as the Texas Academy of Psychiatry. Through these organizations psychiatrists can receive a number of benefits which makes participation worthwhile. Let’s take a look at these benefits: continuing medical education, advocacy for psychiatric practice in our state, and fellowship with other psychiatrists.

The breadth of information related to mental health is astonishing over the last twenty-five years. Our understanding of the brain has grown leaps and bounds but we realize just how much we still do not know. Continuing medical education is essential

for us to keep abreast of the knowledge that is being disseminated and TSPP provides us with that excellent medical education. This November in Galveston we have the opportunity to avail ourselves to presentations which will enlighten us about a variety of topics. For the 56th annual meeting at the newly-refurbished Moody Gardens in Galveston, a number of interesting topics will be presented. From a review of internal medicine for the psychiatrist, substance abuse treatment, comprehensive multi-disciplinary treatment for PTSD, social media and it’s effects to healthcare legislation, we will walk away feeling well-informed. Our understanding of multiple forces upon our practice of psychiatry will be strengthened. We will also earn 11 hours of the required 12 hours of Category I CME including hours which meet our ethics requirements. Indeed, this meeting is a great value for your time and money.

Advocacy for the practice of psychiatric medicine in Texas is vitally important for our patients who often cannot advocate for themselves. Our ability to help our patients hinges on OUR participation in the process which includes both public education and legislative education. Many of our fellow psychiatrists volunteer their time to speak in forums to help the public understand the importance of mental health treatment. I remember such a forum in Fort Worth where Drs. Joe Burkett, Gary Etter, Carol Nati, Alan Podawiltz, and Scott Winter gave up their Saturday to provide a panel discus-

sion about mental health in Fort Worth. And I know psychiatrists all over the state speak to agencies and provide media information to improve understanding about mental health. The legislature is another arena where we need to provide education. Misunderstanding of mental illness and treatment occurs everywhere and the legislature is no exception. We psychiatrists have been fortunate to have well-informed articulate spokesmen such as Drs. George Santos and Les Secrest represent us before the legislature. Eric Woomer, our lobbyist, does a fabulous job tracking mental health bills in Texas and quickly notifies TSPP to plan strategies to stop potentially harmful legislation. All of these efforts works together to make the practice of psychiatry benefit our patients by allowing us to use the information we have to treat patients without prohibitive restrictions. Our patients win here and so do we. The efforts of our members help us - another reason to support organized psychiatry in Texas. Another item that is “in it for me”.

Psychiatrists are people who give a lot of themselves but have the same needs as other people. All of us need interaction with people with whom we resonate and who stimulate us to make us think. Psychiatry is a field in which a practitioner can become isolated from other doctors. Organized psychiatry offers a place for every psychiatrist. Dr. Leatherman talked in her last column about missing friends by not attending meetings. I think about the many perspec-



Debra Atkisson, MD

tives I have heard from colleagues at TSPP committee meetings over the years. These comments have encouraged me to think and have benefitted my practice of medicine. Making connections with other psychiatrists brings to us the benefit of being able to consult with peers about our practice setting. Some psychiatrists have learned about new job opportunities by attending these meetings. Other psychiatrists have had the opportunity of being mentored through processes such as applying for fellowship in APA and being walked through that process by Dr. Patrick Holden. Networking with peers both for new perspectives and job opportunities is another benefit from belonging to TSPP.

So what’s in it for me? Continuing education, advocacy, networking, seeing old friends and making new ones is in it for all of us. All you have to do to get something back from organized psychiatry is to come and participate. I hope to see you in November in Galveston. ■

Why Should I Be Active in the Political Process?

State elections are coming in November followed by the Legislative Session in January. During the 140 day Legislative session, the 181 members of the Texas Legislature will file over 6,000 bills. Generally, about 300 of these bills could affect your practice and your patients. As

Judge Gideon Tucker once said: “No man’s life, liberty or property are safe while the legislature is in session.” To prepare for the Legislative Session, every Psychiatrist in Texas should become involved in the political process. Why? The Top Ten Reasons Psychiatrists should become involved in the political process:

10. All politics is local. – Tip O’Neill; 9. Just because you do not take an interest in politics doesn’t mean politics won’t take an interest in you. – Pericles; 8. One of the penalties for refusing to participate in politics is that you end up being governed by your inferiors. – Plato; 7. Those who do not do politics will be done in by politics. – French Proverb; 6. All politics are based on the indifference of the majority. – James Reston; 5. I believe there’s something out there watching over us. Unfortunately, it’s the government. – Woody Allen; 4. If I seem to take part in politics, it is only because politics encircles us today like the coil of a snake from which one cannot get out, no matter how much one tries. I wish therefore to wrestle with the snake. –

Mahatma Gandhi; 3. In politics, familiarity doesn’t breed contempt. It breeds votes. – Paul Lazarsfeld; 2. In politics, an organized minority is a political majority. – Jesse Jackson; and, 1. [On the New Mexico victory by psychologists to gain prescription privi-

leges] To me, the bottom line is we developed relationships with legislators. We educated them about psychology and we made friends with them in some cases – Mario Marquez, PhD, New Mexico Psychological Association ■

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TSPP Annual Convention and Scientific Program

November 9-11
Galveston

See pages 5-7 for program and registration



Washington vs Austin — Who Wins?

Richard L. Noel, MD, Chairman, Federation of Texas Psychiatry

The Supreme Court's June Ruling on the ACA (aka "Obama Care") and our Governor's response is contributing to an ongoing battle—and patients and doctors are likely to be the casualties. The Supreme Court has ruled that ACA can continue, although with some exceptions. One important exception is that states are allowed to opt out of the Medicaid Expansion. While states reasonably worry about how they will pay for their part of this expansion, Washington (ie all of us in the USA) is suppose to pay for the first three years of this expansion. This theoretically should be a good thing, except that with fewer than 31% of Texas Doctors accepting Medicaid, the expansion is ephemeral in its practicality; the expansion in the population who qualifies for Medicaid benefits does not help much if there are not the doctors to take care of these patients. For those of us who work in hospitals, accepting Medicaid is a must—at least if you take care of children, as a large portion of children's

admission to an average suburban psychiatric hospital are on Medicaid. However, if a doctor is to keep his/her clinic open, he/she must limit the number of Medicaid patients the clinic can treat. It appears to be easy for our political leaders to proudly thump their chests and say no to more 'Federal Government Intrusion.' Of course, that battle was lost over forty-five years ago; unless a hospital takes no Medicare/Medicaid, the hospital is of course already subject to CMS rulings (and more importantly, the interpretation of these rulings by local inspectors). A major problem with a state's refusal to participate in the Medicaid Expansion is that this leaves many more uninsured patients receiving treatment at our hospitals; with EMTALA still in place, a hospital, of course, can't refuse to treat them. The payment of 'Disproportionate Share' Funds to hospitals has helped, in a very small way, to mitigate this loss. However, the ACA assumes that the Medicaid (and general insurance)

expansion will take place; thus, under the ACA, federal government payment of these 'Dispro' funds will diminish drastically. This will place even more financial pressure on our hospitals and public health systems. This is not to say that there is an easy solution. However, our government leaders need to know about the consequences of their actions. Funding of healthcare can be somewhat analogous to the basic law of conservation of matter: Austin might 'save money' by not expanding Medicaid, but my local property taxes might go up to fund the hospital district; my personal income goes down by having to treat even more unfunded patients at the hospital; hospitals are more likely to fail—leaving an access problem for everyone, including those who pay for their own care (either through private insurance or 'cash'). Even for the majority of psychiatrists who conduct a strictly outpatient practice have a stake in keeping our hospitals (whether public or private) viable. In the meantime, our



Richard L. Noel MD

Federal Income Tax dollars go to support all the other states who have expanded their Medicaid programs. In the coming year, as the ACA continues to be implemented (or not) and our Legislature convenes in January, it is ever more important to work with our organized medical societies (ie the Federation of Texas Psychiatry and the Texas Medical Association) to help our elected leaders craft responsible answers to these vexing problems. ■



An Opportunity to Participate Annual Campaign 2012

NOW is the time for you to participate in the Texas Foundation for Psychiatric Education and Research's twenty-first Annual Campaign conducted each Fall to encourage charitable contributions to support the Foundation's goals: fighting stigma and discrimination; ensuring that patients have access to quality psychiatric treatment; and improving treatment through innovative research.

The Foundation's Annual Campaign Goals

- A major focus of the Foundation is to educate the public and policymakers about mental illnesses with the goal of ending stigma and eradicating discriminatory practices that impose unnecessary barriers to accessing and receiving quality psychiatric care.
- The Annual Campaign encourages unrestricted charitable contributions to be allocated by the Foundation to programs in Texas that address the Foundation's goals of fighting stigma and discrimination against persons diagnosed with psychiatric disorders; ensuring that patients have access to quality psychiatric care; and improving treatment through innovative research.

From generous donations received, the Foundation has awarded 121 grants

TEXAS FOUNDATION FOR PSYCHIATRIC EDUCATION AND RESEARCH

I am pleased to support the Foundation with a contribution of:

☐ \$50 ☐ \$100 ☐ \$250 ☐ \$500 ☐ \$1000 ☐ \$_____

☐ *I am pleased to commit a pledge of \$ _____ payable on (date) _____*

☐ **Check** in the Amount of \$ _____

Make Checks Payable to "Texas Foundation for Psychiatric Education and Research"

Please Charge \$ _____ To My: ☐ **VISA** ☐ **MasterCard**

Credit Card # _____ Exp. Date: _____

3 Digit Code on Back of Card on Right of Signature Panel _____

Name of Cardholder (as it appears on card) _____

Signature _____

Zip Code where you receive your credit card statement _____

Texas Foundation for Psychiatric Education and Research • 401 West 15th Street, Suite 675, Austin, Texas 78701.
Your contribution is tax deductible to the full extent of the law. Thank you for your support!

DONOR INFORMATION

Name _____

Address _____

Telephone () _____

Contact me about a PLANNED GIFT.

☐ A Bequest

☐ A Gift of Insurance

☐ A Charitable Trust

amounting to \$216,721 to support programs addressing its goals:

- Public Education/Advocacy - \$105,721 (49%)
- Professional Education - \$104,000 (48%)
- Research - \$7,000 (3%)

The Foundation's **Annual Campaign 2012**

offers a unique opportunity for psychiatrists and others to allocate their charitable contributions to an organization led by psychiatrists and mental health advocates who make decisions regarding the funding of programs that address the Foundation's goals.

Will you participate in this opportunity to help people diagnosed with psychiatric illnesses? Send your charitable donation today to: Texas Foundation for Psychiatric Education and Research, 401 West 15th Street, Suite 675, Austin, Texas 78701. ■

TSPP to Implement New Dues Policies for 2013

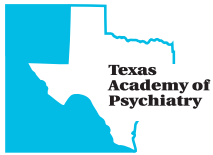
This Fall, TSPP will begin implementing some new dues policies to help members and to help maintain the financial viability of the organization. Beginning with dues for 2013, members may choose to

make a "Lump Sum Payment" covering a three year period. For instance, General Members whose annual dues are \$395 could submit a Lump Sum Payment of \$1,185 which pays dues for three years. This will protect the member from any possible dues increases during the Lump Sum three-year period and could possibly offer some members tax benefits. Dues statements for 2013 will include an opportunity for members to be recognized

as members of the "Extra Mile Club." Members who pay \$50 above their regular dues rate will be recognized as "Supporting Member." A "Sustaining Member" will be members who contribute \$100 above their dues rate. Members of the "Extra Mile Club" will be recognized in the Texas Psychiatrist newsletter and at the TSPP Annual Business meeting. The dues policy for members who achieve "Life Status" will change in 2013.

When a TSPP member earns the status of "Life" member (ie Life Member, Life Fellow, Distinguished Life Fellow etc), the member's dues will be reduced 33% for the first five years of "Life" status. After five years, the "Life" member's dues will be reduced 66% from the regular dues rate until the member informs TSPP that he/she has retired from practice, after which, the "Life" member's dues will be reduced to \$50 annually. ■

In Memoriam...
Deanna D. Emerson, MD, Houston
Jerry M. Lewis, Jr., MD, Dallas



It's a Marathon, Not a Sprint

Martha Leatherman, MD, President, Texas Academy of Psychiatry



Martha Leatherman, MD

Look at all the problems facing medicine in general and psychiatry in particular, and I am tempted to just go in my office, see patients and let someone else deal with it. Funding problems, access problems, regulatory problems, loss of professional standing, non-physician prescribing, the list goes on and on. Then I realize—we can't be engaged in a sprint. We are running a marathon. When I was a young physician then, I thought that sprinting was the thing. Wow! It's exciting, there's adrenaline, it's short, and then there's this great victory lap. Now I'm older and realize that ultimately, what we do is much more akin to a marathon. Here are some similarities.

1. **A marathon is all about endurance.** As a non-athletic, dumpy woman in my 40s, I decided to run a marathon. I thought it was probably a crazy idea, but so was medical school. Everyone said that the marathon is all in the head, and I didn't understand that at all. I mean—you have to run the thing! It took me about two years total to train and complete the marathon, and when I had successfully completed it, I realized all those people were right. I was a different person because a marathon is really about putting one foot in front of the other, over and over and over again, and the only

way to do that is to develop a new level of perseverance. Day after day, week after week, mile after mile—when it's cold, when it's hot, when you're sick, when you're tired, and when you don't have time. It's forcing yourself to keep putting one foot in front of the other.

Similarly, our work in the legislative arena is not about a single stroke of brilliant testimony on the floor of the Texas Senate that mesmerize everyone and convinces them of the rightness of our cause. No—it's slowly, painstakingly sifting through upcoming bills looking for things that will threaten our patients, it's volunteering at campaign offices, it's building relationships with legislators and staffers that will allow dialogue if there's an important bill coming up. It's one metaphorical foot in front of the other.

2. **A marathon is something to which you must commit yourself.** In order to complete my marathons, I had to sit down with my calendar and with my family and make a commitment to spending a designated amount of time training, resting, and preparing. Anyone who does marathons will tell you that you must schedule your training time since life always interferes with your best inten-

tions. You have to know that no matter what, you have your training scheduled because missing one long run on the way to the big day is bad, but missing two or three can mean the difference between completing the race and getting picked up by the dreaded bus with all the other stragglers.

If we want to make a difference in the way psychiatric patients receive care in this world, we will need to make a commitment. The commitment can be on any number of levels. For example, you can commit to financially supporting certain candidates. You can commit to coming to meetings of organized psychiatry and serving on a committee. You can commit to developing a relationship with your legislator or working on his/her campaign. But you won't do it if you only have a vague hope. You have to make the commitment.

3. **You need help to run a marathon.** Well, maybe there are some special people who don't, but most of us need some sort of community. I was part of an online discussion group and had a running club I met up with on those hot, hot mornings at 5:00 am, because if I hadn't been accountable to them, I would have stayed in bed. I needed my family support. I

remember one 27-mile run that I had to finish before 8:00 am, which meant that I had to start the run on the treadmill—in our bedroom, by our bed, where my post-call husband was sleeping—at 3:30 am. My children didn't complain about riding in the car with me after I had run 15 miles in the heat, and my family would drive to bring me water in the middle of long runs.

The Texas Academy of Psychiatry provides community that is essential in working with the tough legislative issues we have faced, and will continue to face. In cooperation with the Federation of Texas Psychiatry, which includes the Texas Society of Psychiatric Physicians and the Texas Medical Association, our voice is amplified, and our work is easier.

I hope you will join us, because the race really does need to be run, and if this old lady can do it, you can! ■



TSCAP Annual Meeting a Big Success!

The Texas Society of Child and Adolescent Psychiatry conducted its 2012 Annual Meeting in Arlington on July 20-22, 2012 at the Sheraton Arlington Hotel. The CME Program, "Attention Deficit Hyperactivity Disorder: Where Are We Now?", attracted the second largest number of CME registrants in the organization's history. The seven CME presentations conducted by an outstanding faculty composed of Peter Jensen, MD, Steven Pliszka, MD, Kirti Saxena, MD, German Corso, MD, Peter Stavinoha, PhD, Preston Wiles, MD, John Sadler, MD and Fabrice Jotterand, PhD were well received. TSCAP pilot-tested an audience response system which streamlined the CME evaluation process.

During the Annual Membership Meeting on July 22, new officers for FY 2012-13 were elected, including: President-Elect: Rene L. Olvera, MD and Secretary/Treasurer: Dawnelle Schatte, MD. At the conclusion of the meeting, James Norcross, MD passed the President's gavel to incoming President, Thomas Matthews, MD. TSCAP leadership for 2012-13 consists of: President: Thomas Matthews, MD; President-Elect: Rene



After the first day of CME programs, members were taken on a VIP guided tour of Dallas Cowboys Stadium. Pictured (l to r): Executive Director John Bush, Assistant Director Debbie Sundberg and TSCAP President James Norcross.

Olvera, MD; Secretary/Treasurer: Dawnelle Schatte, MD; Immediate Past President: James Norcross, MD; Councilors: Brigitte Bailey, MD, Urszula Kelley, MD and Kirti Saxena, MD; AACAP Delegates: Brigitte Bailey, MD, Regina Cavanaugh, MD, Benigno

Fernandez, MD, Andrew Harper, MD, Urzula Kelley, MD, Valerie Robinson, MD, Jodie Trello-Rishel, MD and Karen Wagner, MD; and, AACAP Alternate Delegates: Lucille Gotanco, MD, Steven Pliszka, MD, Kirti Saxena, MD, and Nakia Scott.



Past President Regina Cavanaugh, MD (right) acknowledges the contributions of TSCAP's President during FY 2012-13, James Norcross, MD.

Save the Date!

Make plans now to attend TSCAP's 2013 Annual Meeting in Galveston on July 26-28, 2013 at the Moody Gardens Hotel. ■



Legislative Update

Eric Woomer, Public Policy Consultant, Federation of Texas Psychiatry

Leadership Changes at HHSC

Gov. Rick Perry has appointed former state Sen. Kyle Janek, MD to head the Texas Health and Human Services Commission (HHSC). He also named veteran state employee Chris Traylor the agency's deputy commissioner. Both appointments are effective in September.

Sen. Janek, a Republican, represented a suburban area around Houston in the Texas House from 1995 to 2003 and in the state Senate from 2003 until 2008. Since leaving the Legislature, he has also worked as a lobbyist representing medical malpractice insurance interests and the American Cancer Society. He is an anesthesiologist and director of anesthesia services at Lakeway Regional Medical Center.

Mr. Traylor served as commissioner of the Texas Department of Aging and Disability Services since 2010. Both men are well known to the Federation and we look forward to having a very positive relationship with them

DFPS – Monitoring Psychotropic Medications in Foster Care Population

The Department of Family & Protective Services (DFPS) is in the process of updating the Psychotropic Medication Utilization Parameters for Foster Children. These parameters are best practice guidelines for use of psychotropic medication for young Texans, which were first released in February 2005, and updated in January 2007 and December 2010.

The Parameters include general principles for optimal practice, reference material, and a listing of commonly used psychotropic medications with dosage ranges and indications for use in children. STAR Health conducts ongoing oversight of the psychotropic medication regimens of children to ensure the medication practices are in compliance with the Parameters.

The process is producing very positive benefits. A 2012 study of interstate trends in psychotropic use among Medicaid-enrolled children in foster care between 2004 and 2007 showed that antipsychotic prescribing was escalating in 45 states, and declining in only two, including Texas. The same study looked at polypharmacy and found 18 states on the increase and 19 declining, with Texas among the declining states. The numbers for Texas: 36% decrease in 60 days+ of psychotropic meds, 68% decrease of class polypharmacy, and 70% decrease of 5 or more meds polypharmacy.

Affordable Care Act Implementation

A higher portion of Texans lack coverage than residents of any other state. A Texas Medicaid expansion would generate \$100

billion in federal money for the state over a decade and furnish coverage to an estimated 2 million Texans. Nonetheless, Gov. Rick Perry says he will block measures expanding health insurance to millions in his state, because doing so “would be like adding a thousand people to the Titanic.”

Meanwhile, the same day, WellPoint Inc. disclosed an agreement to buy Texas's biggest Medicaid managed care company, Amerigroup, for \$4.9 billion. WellPoint seems to be betting that once the headlines die down, every hospital in Texas will look at the Governor to encourage the state to accept the infusion of money from the

health care system into one based on quality outcomes instead of paying set fees for medical services.

Contra to the posture adopted by Gov. Perry, Comm. Suehs in his testimony also referenced the possibility of “tweaking” the transformational waiver or even consider a separate waiver to create an avenue for expansion to expand the Medicaid population to cover childless adults earning up to about a third more than the federal poverty level. Comm. Suehs also mentioned the possibility of using money from the transformational waiver to provide some level of premium subsidy.

It was a bloody night for incumbents and “establishment” candidates in the Texas primary runoffs. Insurgent candidates won so many races that the word “upset” is perhaps unfairly applied.

federal government to offset the cost of uncompensated care.

Political observers believe insurers will join hospitals and patient advocates to fight for Medicaid expansion. HHSC recently slashed estimates of what Medicaid expansion would cost the state by 40 percent, undercutting those who say Texas can't afford it. The old estimate was \$26 billion to \$27 billion over a decade; the new one is \$15 billion to \$16 billion.

1115 Waiver

HHSC Commissioner Tom Suehs indicated to lawmakers that behind the scenes negotiations among hospitals on how to split money from the new Medicaid transformational 1115 waiver have forward momentum.

Comm. Suehs told the House County Affairs Committee that the private hospitals are concerned that the public hospitals will end up with the lion's share of funding from the waiver due to their position as the entities transferring the local matching money that would leverage a much larger sum of federal aid. The publics, in turn, have countered that the privates are being shortsighted because the waiver is supposed to supplant a key source of funding for hospitals that is going away after the Legislature decided to expand the use of HMO-style managed care within the state's Medicaid program.

The waiver has the potential to bring down \$30 billion in federal money over five years to help pay for uncompensated care as well as to provide increasing funding for new programs that would transform the

Provider of Last Resort – 1915(b) MH Waiver

The Chair asked the Executive Commissioner to update the subcommittee on 1915b MH waiver. The Executive Commissioner stated that we have submitted a waiver around rehabilitation services and selective contracting with the community centers. It is clear that CMS will not approve the waiver so he will pause the waiver and allow the legislature time to evaluate the PCG report and make a determination about the future of the waiver. He stated that he does not want to withdraw the waiver, but will pause it. He further stated that the issues around the waiver can be impacted by the ACA since community mental health will be in that benefits package.

Treatment Waiting Lists

The state's waiting list for community treatment has grown to about 9,500 people, with a wait time averaging a few months. The waiting list for children is about 297 children. Meanwhile, a growing number of forensic patients are taking more of the hospital service slots. DSHS has been trying to reduce the forensic waiting list to provide other options including outpatient competency restoration.

To address the forensic issues, DSHS is contracting with Montgomery County to provide inpatient mental health care in a hundred-bed facility. The legislature appropriated \$30 million last session for the operation of that facility. DSHS will also be adding 100 beds to the system and convert beds at Rusk State Hospital for



Eric Woomer

maximum security beds. Forty beds will be added to the Vernon campus and transitional forensic beds are being developed to serve the less violent.

Election Update

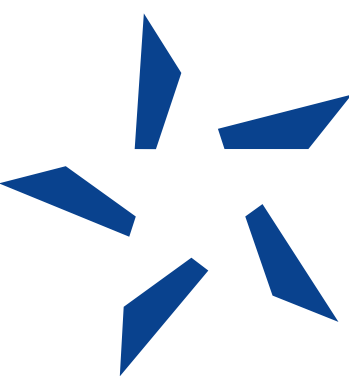
It was a bloody night for incumbents and “establishment” candidates in the Texas primary runoffs. Insurgent candidates won so many races that the word “upset” is perhaps unfairly applied. It may be too soon to call 2012 a seismic shift in Texas politics, but it has the potential to be another significant year, with potentially far-reaching consequences, particularly on matters of state budget and public school finance.

In the night's bell cow race for United States Senate, former State Solicitor General Ted Cruz defeated sitting Lt. Governor David Dewhurst in the GOP primary to replace the outgoing Kay Bailey Hutchison, by a 56-44% margin. Cruz will square off in November against former State Rep. Paul Sadler, himself a 63-37% winner in the Democratic primary against retired educator Grady Yarbrough.

In the state Senate, longtime San Antonio GOP Senator Jeff Wentworth was trounced 66-34% by Donna Campbell, a physician residing in New Braunfels.

The Texas House of Representatives saw several incumbents fall in their primaries. Rep. Chuck Hopson, a Democrat turned Republican and chair of the House General Investigating & Ethics Committee, was defeated in his re-election effort 51-49% by Travis Clardy in House District 11. Sid Miller, Chair of the Homeland Security & Public Safety Committee and author of the controversial “pre-abortion sonogram” bill last session lost to J.D. Sheffield 55-45% in the Republican primary for House District 59. In the Houston area, Dr. Greg Bonnen, a surgeon and brother to sitting State Rep. Dennis Bonnen defeated Ryan Sitton 58-42% in the Republican primary for House District 24.

Watch for additional analysis in the near future, including perspectives on Lt. Gov. Dewhurst's prospects for leading the Texas Senate for the next two years, the impact of the Dewhurst loss on Gov. Rick Perry's chances for successful re-election in 2014, and what the Primary's results could mean for the 83rd Legislature in 2013. ■



TSPP 56th Annual Convention & Scientific Program

“Embracing the Future in Psychiatric Practice”
November 9-11, 2012 • Moody Gardens Hotel • Galveston, Texas



MEETING LOCATION

ALL MEMBERS AND NON-MEMBERS ARE INVITED TO JOIN US! TSPP's 56th Annual Convention and Scientific Program will be held at the Moody Gardens Resort and Spa, Seven Hope Blvd., Galveston, TX, 1-800-582-4673. Surrounded by 242 acres of breathtaking gardens and majestic pyramids, Moody Gardens Hotel, Spa and Convention Center is Galveston Island's premier meeting destination. Moody Gardens features:

- **Full Service Spa and Fitness Center**, complete with indoor lap pool.
- **Aquarium Pyramid** - Oceans of the world are represented in a 1.5 million gallon aquarium teeming with creatures from penguins to stingrays, sharks and more.
- **IMAX 3D Theater** - Be a part of the action at the IMAX 3D Theater featuring amazing 3D and 2D films on a giant six-story screen.
- **IMAX Ridefilm Theater** - Strap yourself in and dive, twist and turn as your seat mirrors every movement on a giant wrap-around screen with six-channel surround sound.
- **AND**, special activities for you during Convention time! **Festival of Lights** – One of the Gulf Coast's largest holiday lighting events at Moody Gardens!



HOTEL RESERVATIONS

A special TSPP discounted room rate of \$142 is available to program registrants on a space availability basis. **Make your hotel reservation today by calling 1-888-388-8484.**

SPECIAL REGISTRATION FEES FOR TSPP & TSCAP MITs

Special 'FREE' Incentive Offer for TSPP and TSCAP Members in Training. Once again, TSPP is pleased to offer the waiver/refund of the CME Scientific Program registration fee **IF the member's Training Director registers for the Scientific Program**. So all Members-in-Training encourage your Training Director to register and then send in your registration form, with the name of your Training Director noted, and then plan on attending the Scientific Program FREE! (Offer extended to TSPP and TSCAP Members-in-Training Residents and Fellows who are members of TSPP and/or TSCAP.

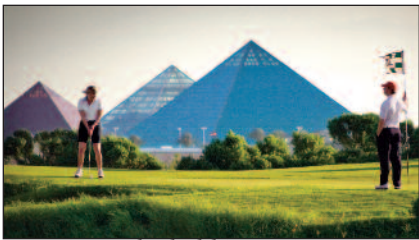
MIT POSTER SESSION

In order to familiarize Texas psychiatrists with the research efforts and achievements of their colleagues, the TSPP Continuing Medical Education Committee is soliciting scientific posters.

The posters need not be especially made for this meeting. Posters presented at the APA or at other scientific meetings within the last year would be appropriate. TSPP's goal is to support collaborative interaction among the Texas researchers and also to familiarize the general membership about new advances made in the state. The deadline for poster applications is October 20, 2012. Please contact tsppofc@aol.com for a copy of the Poster Application Form.

SPECIAL EVENTS

THURSDAY GOLF OUTING — Polish up on your golf game in an exciting location! For those convention attendees, guests and golf enthusiasts arriving early, TSPP members are arranging a tee time for a group play. If you are interested in playing, please be sure to check the Golf Section box on the TSPP Registration Form.



TITUS HARRIS SOCIETY – All members of the Titus Harris Society are invited to a special reception to be held in conjunction with the TSPP Welcome Reception, Friday, 6:30-8:00 pm at the Moody Gardens Hotel. In addition TSPP extends a special invitation to the Titus Harris Society members to extend their weekend stay and attend the CME Program and other social activities. Titus Harris Society members will be identified by special ribbons on their convention name badges.

MEETING REGISTRATION

Fill out the Registration Form on page 7 or visit the website www.txpsych.org for **TSPP/TAP/TSCAP's Special Discounted Meeting Registration Fees** for this year's convention. *The earlier you register, the greater the savings!*

AWARDS

Saturday evening's festivities begin with a complimentary wine and cheese reception for registrants attending the Awards Banquet honoring the 2012 TSPP Award Recipients for their outstanding contribution to Psychiatry. Register early to reserve a table for your friends at this memorable evening! This year's honorees include:



John M. Oldham, MD
Houston
PSYCHIATRIC
EXCELLENCE AWARD



Vanita Halliburton
Dallas
SPECIAL SERVICE
AWARD



Judge Jan Krockner,
Houston
SPECIAL SERVICE
AWARD

DR. SPENCER BAYLES OUTSTANDING TSPP MEMBER AWARD



This award named in memory of Dr. Spencer Bayles was established in 2010 to recognize members for outstanding and consistent participation in TSPP activities. The award will be presented during TSPP's Annual Business Luncheon on Saturday, November 10 so please plan to attend and thank your fellow colleague for his outstanding volunteer service. This year's Award Recipient is **Milton Altschuler, MD, Houston**

DAVID PHARIS AWARD

The David Pharis Award will be presented by the Department of State Health Services and TSPP to recognize significant contributions to safety and quality inpatient care and outcomes in State Hospitals. This year's award will be presented during TSPP's Annual Business Luncheon on Saturday, November 10. Please attend and express your appreciation to the organization selected for this degree of excellence.

DAILY SCHEDULE

THURSDAY, NOVEMBER 8

12:00 Noon Golf Outing at Moody Gardens Golf Course
2:00 pm - 8:00 pm Registration Open
5:30 pm - 6:30 pm Titus Harris Society Executive Meeting
7:00 pm - 8:30 pm TSPP Chapter Leadership Meeting
7:30 pm Federation Delegate Assembly Meeting

FRIDAY, NOVEMBER 9

7:30 am - 8:30 pm Registration Open
7:30 am - 9:00 am Foundation Board of Directors Breakfast Meeting
9:00 am - 5:00 pm Committee Meetings
Committee Meeting Hospitality Break
12:00 pm - 5:00 pm Exhibit AND Poster Session Set-Up
12:00 pm - 1:30 pm Membership Luncheon / Program
1:30 pm - 3:30 pm Texas Academy of Psychiatry Board of Trustees
3:30 pm - 5:00 pm MIT / ECP Program
5:00 pm - 6:30 pm Executive Council Meeting
6:30 pm - 8:00 pm Titus Harris Society Reception
6:30 pm - 8:00 pm Welcome Reception with Exhibitors AND Poster Session

SATURDAY, NOVEMBER 10

7:45 am - 8:15 am Complimentary Continental Breakfast for Meeting Registrants
7:30 am - 8:30 pm Registration Open
7:30 am - 5:00 pm Exhibits Open AND Poster Session
8:00 am - 6:00 pm Scientific Program
10:30 am - 11:00 am Refreshment Break with Exhibitors AND Poster Session Door Prize Drawings
Annual Business Meeting Lunch
Refreshment Break with Exhibitors AND Poster Session Door Prize Drawings
TSCAP Executive Committee Meeting
Reception for Awards Banquet Attendees
Awards Banquet

SUNDAY, NOVEMBER 11

8:00 am - 1:25 am Scientific Program
10:30 am - 11:00 am Refreshment Break

GALVESTON ISLAND



SCIENTIFIC PROGRAM

“Embracing the Future in Psychiatric Practice”

SCIENTIFIC PROGRAM SCHEDULE	
SATURDAY, NOVEMBER 10, 2012 7 HOURS CATEGORY 1 CREDIT	
8:00 - 8:30 am	Welcome and Introductions
8:30 - 10:30 am	Substance Use Disorders – Current Concepts in Research and Treatment <i>Edgar Nace, MD, DLFAPA</i> Office-Based Treatment Approaches for Substance Abuse <i>Thomas R. Kosten, MD, DFAPA</i> Cutting-Edge Research in Substance Abuse: Pharmacogenetics for Alcohol & Cocaine and Vaccines for Addictions <i>Bryon H. Adinoff, MD</i> Neuroimaging Techniques
10:30 - 11:00 am	Refreshment Break w/ Exhibitors and Poster Session
11:00 - 1:00 pm	Evidence Based Treatment of PTSD in Combat Veterans <i>Matthew Jeffreys, MD</i> State of the Art Evidence Based Treatment, PE, CPT, Meds, Etc. <i>Alan L. Peterson, PhD, ABPP; Kevin S. Beasley, LCSW</i>
1:00 pm - 2:30 pm	Lunch / Business Meeting
2:30 pm - 4:00 pm	Update in Internal Medicine for Psychiatrists: The Current Medical Literature <i>Monique V. Yohanan, MD, MPH</i>
4:00 pm - 4:20 pm	Refreshment Break w/ Exhibitors and Poster Session
4:20 pm - 5:50 pm	Healthcare Legislation, DSM V, ICD-10 and Public Mental Health Funding: What Does the Future Hold for Psychiatry? <i>Leslie H. Secrest, MD, DLFAPA</i> <i>Richard L. Noel, MD, DFAPA</i> <i>Conway L. McDonald, MD, DFAPA</i> <i>Emilie A. Becker, MD, DFAPA</i>
5:50 pm - 6:00 pm	Closing Remarks
SUNDAY, NOVEMBER 11, 2012 4 HOURS CATEGORY 1 CREDIT	
8:30 am - 9:00 am	Welcome and Introductions
9:00 am - 11:00 am	Social Media: Effects on Patients, Physicians and the Practice of Medicine <i>Keith Whitworth, MAMFC, MARE, PhD</i>
11:00 am - 11:15 am	Refreshment Break
11:15 am - 1:15 pm	Competence for What? Ethical Assessment of Decision-Making Capacity” <i>William H. Reid, MD, MPH, DFAPA, FACP, FRCP</i>
1:15 - 1:25 pm	Closing Remarks

SCIENTIFIC PROGRAM GOAL/TARGET AUDIENCE/LEARNING OBJECTIVES

This live activity has been designed in a format consisting of case study presentations, lectures and direct discussion to provide its' primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice.

Information and data will address, new developments in treatment and new directions in research to address the professional practice gaps of the learners and advance the physician's competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of this presentation participants should be able to achieve the following objectives and have increased competence in:

- the assessment and treatment of substance use disorders in adults and adolescents.
- the assessment and treatment of PTSD in combat veterans
- the assessment and treatment of patients with comorbid general medical and psychiatric disorders
- the use of social media to understand and communicate with patients and colleagues in professional and ethical ways
- the assessment and understanding of patients’ roles and capacities in making decisions, including the components of various consent processes and patients’ accurately conveying information about their symptoms and risk (such as suicide risk).
- understanding the effects of legislative and regulatory changes on the practice of Psychiatry and patient care.

NEEDS ASSESSMENT

TSPP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of our participants.

FACULTY AND STAFF DISCLOSURE POLICY

The Texas Society of Psychiatric Physicians will disclose to participants the existence of any relevant financial relationships between faculty members, TSPP staff and members, who planned, authored, contributed to, and/or reviewed the content of this activity, and any commercial interest discussed in this educational activity. Disclosure will occur prior to the presentations either through oral communication to the audience by the moderator or chair, or written communication in the syllabus or handout material.

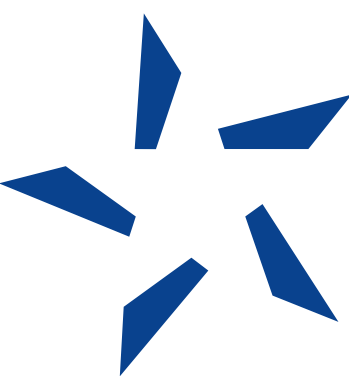
ACCREDITATION

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of eleven (11) *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The presentation “ETHICS: Competence for What? Ethical Assessment of Decision-Making Capacity” has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

ABOUT THE SPEAKERS
Bryon H. Adinoff, MD Professor and Distinguished Professorship of Alcohol and Drug Abuse Research Department of Psychiatry Chief of the Division on Addictions UT Southwestern Medical Center Staff Psychiatrist at the VA North Texas Health Care System Dallas, Texas Published over 100 Articles and Chapters on the Biology and Treatment of Addiction Research funded by National Institute on Alcohol Abuse and Alcoholism (NIAAA), the National Institute of Drug Abuse (NIDA) and the Department of Veterans Affairs
Kevin S. Beasley, LCSW Licensed Clinical Social Worker at the Veteran Affairs Posttraumatic Stress Disorder Clinical Team Department of Veterans Affairs San Antonio, Texas Formerly with the Department of Defense Specializing in Marital Therapy with Couples / Families Dealing with Domestic Violence
Emilie A. Becker, MD, DFAPA Medical Director, Clinical Behavioral Health Mental Health and Substance Abuse Services Division Department of State Health Services Austin, Texas
Matthew Jeffreys, MD Medical Director Post Traumatic Stress Disorders Clinical Team for the South Texas Veterans Healthcare System and Associate Professor in the Department of Psychiatry University of Texas Health Sciences Center San Antonio, Texas
Thomas R. Kosten, MD, DFAPA Professor, Departments of Psychiatry and Neuroscience Baylor College of Medicine Former Professor and Chief of Psychiatry at Yale University and VA Connecticut Research Director of the VA National Substance Use Disorders Quality Enhancement Research Institute (QUERI) Based at the Houston VA Founder of the Division of Substance Abuse at Baylor and Yale, Directing their NIH Medications Development Center for Substance Abuse Supported by a Research Scientist Award from NIH since 1987 Former Congressional Fellow in the House of Representatives and Visiting Professor in Germany, Spain, Greece, China and Canada Founding Vice Chair for Added Qualifications in Addiction Psychiatry of the American Board of Psychiatry and Neurology Houston, Texas
Conway L. McDonald, MD, DFAPA BCBS-HCSC Vice President and Chief Medical Officer of Behavioral Health Richardson, Texas
Edgar P. Nace, MD, DLFAPA Clinical Professor of Psychiatry UT Southwestern Medical School Medical Director Turtle Creek Recovery Center Dallas, Texas
Richard L. Noel, MD, DFAPA Richard L. Noel, MD, DFAPA Clinical Assistant Professor of Psychiatry University of Texas Health Science Center at Houston Medical Director Intracare North Hospital Private Practice of Psychiatry with Alternative Services Network TSPP Delegate to the TMA Interspecialty Society Committee Houston, Texas
Alan L. Peterson, PhD Clinical Health Psychologist Professor, Department of Psychiatry Chief, Division of Behavioral Medicine University of Texas Health Sciences Center at San Antonio Deputy Chair for Military Collaborations Director of the STRONG STAR Multi-Disciplinary PTSD Research Consortium San Antonio, Texas
William H. Reid, MD, MPH, DFAPA, FACP, FRCP Forensic Psychiatry Consultant Clinical Professor of Psychiatry, Texas Tech University Health Sciences Center Adjunct Professor of Psychiatry, University of Texas Health Science Center, San Antonio Adjunct Professor of Psychiatry, Texas A&M University College of Medicine Clinical Faculty, Austin Psychiatry Residency Program of the UT Southwestern Medical Center Horseshoe Bay, Texas
Leslie H. Secrest, MD, DLFAPA Chairman, Department of Psychiatry Presbyterian Hospital Associate Professor, Department of Psychiatry UT Southwestern Medical Center Dallas, Texas
Keith Whitworth, MAMFC, MARE, PhD Sociology Instructor, Texas Christian University Department of Sociology Specializing in Two Areas: Sustainability and the Social Impacts of Technology He has been featured on CNN, NPR, and Television and Radio Stations Across the Nation for his expertise on how technology is impacting the American Culture Fort Worth, Texas
Monique V. Yohanan, MD, MPH Palo Alto, California



TSPP 56th Annual Convention & Scientific Program

“Embracing the Future in Psychiatric Practice”

November 9-11, 2012 • Moody Gardens Hotel • Galveston, Texas



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The Pleasure Pier is Now Open!

The Galveston Island Historic Pleasure Pier opened Memorial Day Weekend and juts out 1,000 feet over the surf at 25th Street, where the original Pleasure Pier stood from 1943 until it was destroyed by Hurricane Carla in 1961. More recently, it was the site of the Flagship, an over-the-water hotel built in 1965 that was demolished after 2008's Hurricane Ike.

The \$60 million project puts a roller coaster and Ferris wheel over the Gulf of Mexico and features 16 rides, carnival games and souvenir shops. Food vendors offer sausage-on-a-stick and other tourist favorites. And it houses the state's first Bubba Gump Shrimp Co.

Pleasure Pier is designed to be a first-rate waterfront tourist spot on par with the Navy Pier in Chicago and Santa Monica Pier in Southern California *so bring your friends and family and make it a fun-filled year-end retreat!*



TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

56TH ANNUAL CONVENTION & SCIENTIFIC PROGRAM

November 9-11, 2012 ■ Moody Gardens Hotel, Galveston, Texas

Please complete this form and return it with your check, money order or credit card information for your registration and event fees to the Texas Society of Psychiatric Physicians, 401 West 15th Street, Suite 675, Austin, Texas 78701 by October 1 to receive the discounted registration fee. Registration forms and payments by credit card may be faxed to TSPP at 512/478-5223.

NAME

E-MAIL

Please check if you are a: ☐ APA Fellow ☐ APA Distinguished Fellow ☐ APA Life Fellow ☐ APA Distinguished Life Fellow

ADDRESS

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STATE

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PHONE

NAME(S) GUEST(S) ATTENDING (for name badges)

REGISTRATION FEES

Indicate the **NUMBER** of individuals who are registered for each event in the appropriate enrollment category listed below. Please note the enrollment fees are **PER PERSON** and your payment should reflect the proper fee for the number of individuals registered per event.

NUMBER ATTENDING EVENT	DISCOUNTED REGISTRATION BEFORE 10/1	AFTER 10/1	NUMBER ATTENDING EVENT	DISCOUNTED REGISTRATION BEFORE 10/1	AFTER 10/1
GOLF OUTING - Thursday			SCIENTIFIC PROGRAM - Saturday and Sunday		
# <input type="checkbox"/> Please Send Me Additional Information.			# <input type="checkbox"/> TSPP / ACADEMY / TSCAP Member	\$225	\$250
LUNCH PROGRAM - Friday			# <input type="checkbox"/> Non-Member Physician	\$250	\$290
# <input type="checkbox"/> Lunch Program	\$20	\$25	# <input type="checkbox"/> MIT TSPP / ACADEMY / TSCAP Member	\$25	\$35
MIT/ECP PROGRAM - Friday			(**COMPLIMENTARY IF YOUR TRAINING DIRECTOR REGISTERS FOR THE ANNUAL CONVENTION & CME PROGRAM)		
# <input type="checkbox"/> MIT/ECP Program	No Chg	No Chg	# <input type="checkbox"/> Non-Member MIT	\$35	\$50
RECEPTION W/EXHIBITORS - Friday			# <input type="checkbox"/> Allied Health Professional	\$105	\$130
# <input type="checkbox"/> NOT Registered or Scientific Program	\$40	\$50	# <input type="checkbox"/> Spouse / Guest (No CME Credit)	\$95	\$120
# <input type="checkbox"/> Registered for Scientific Program	No Chg	No Chg	# <input type="checkbox"/> Advocacy Organization (no CME Credit)	\$35	\$50
LUNCH - Saturday			** MIT Member's Training Program Director's Name registered to attend the Convention & CME Program: _____		
# <input type="checkbox"/> TSPP / ACADEMY / TSCAP Member	\$25	\$35	CME Meeting Syllabus Order		
# <input type="checkbox"/> TSPP / ACADEMY / TSCAP MIT Member	\$15	\$20	# <input type="checkbox"/> CME Meeting Syllabus In Color	\$70	\$95
# <input type="checkbox"/> TSPP / ACADEMY / TSCAP Non-Member	\$35	\$45	# <input type="checkbox"/> CME Meeting Syllabus In Black/White	Free	Free
# <input type="checkbox"/> TSPP / ACADEMY / TSCAP MIT Non-Member	\$25	\$35	NOTE: All CME program registrants will receive at No Additional Charge a black and white printed copy of the speakers' presentation. Due to the higher cost of color copying, If you wish to receive the syllabus in color you may purchase a color copy of the speakers' syllabus by checking the box and including the additional charge. The color copy will be provided to you upon check-in the day of the program.		
# <input type="checkbox"/> Guest	\$25	\$35	<input type="checkbox"/> Vegetarian Plate Requested. No additional fee if requested prior to 10/1, otherwise there will be an additional fee of \$15.00		
AWARDS BANQUET AND GALA - Saturday			TOTAL REGISTRATION FEE \$		
# <input type="checkbox"/> Awards Banquet	\$40	\$60			
# <input type="checkbox"/> Reserved Table for 10*	\$400	\$600			
* Name(s) for Reserved Table: _____					
If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605.					

PAYMENT INFORMATION

☐ Check in the Amount of \$ _____ Make Checks Payable to Texas Society of Psychiatric Physicians

Please Charge \$ _____ To My: ☐ VISA ☐ MasterCard ☐ American Express

Credit Card # _____ Expiration Date: _____

3 Digit Code on Back of Card on Right of Signature Panel _____

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CANCELLATIONS – Deadline for cancellation is October 1, 2012. In the event of cancellation, a full refund will be made if written notice is received in the TSPP office by October 1, 2012, less a 25% handling charge. NO REFUNDS WILL BE GIVEN AFTER OCTOBER 1, 2012. Individuals are responsible for their making and canceling, if warranted, their personal hotel room reservations.

RETURN TO:
TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS, 401 WEST 15TH STREET, SUITE #675, AUSTIN, TX 78701
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Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

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<http://www.txpsych.org> (website)

Federation of Texas Psychiatry
401 West 15th Street, Suite 675
Austin, Texas 78701

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CALENDAR OF MEETINGS

OCTOBER 2012

5-6 Texas Medical Association
Fall Conference
AT&T Conference Center
Austin, Texas

NOVEMBER 2012

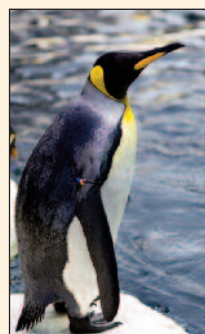
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"Embracing the Future in Psychiatric Practice"
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For Hotel Reservations 1-888-388-8484 @ \$142.00 TSPP Group Rate
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APRIL 2013

19-21 Texas Society of Psychiatric Physicians
Texas Academy of Psychiatry
Spring Meeting and Scientific Program
Westin Austin at the Domain Hotel
Austin, Texas
For Hotel Reservations: 1-800-937-8461 @ \$149.00 TSPP Group Rate
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JOB BANK

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation's **JOB BANK** on its website at www.txpsych.org. The Federation's **JOB BANK** could be just what you have been looking for.



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Texas Society of Psychiatric Physicians

**56th Annual Convention
& Scientific Program**

November 9-11
Moody Gardens Hotel • Galveston