

Texas Psychiatrist



Greetings from the Federation of Texas Psychiatry

J. Clay Sawyer, M.D., Chair, Federation of Texas Psychiatry



J. Clay Sawyer, MD, DLFAPA

My primary goal for this column is to remind everyone to attend the TSPP Annual Meeting and CME Program this November in Ft. Worth. TSPP, a member organization of the Federation, is one of only two medical professional specialty organizations in Texas fully accredited to provide CME programming, and one of the few APA District Branches to provide this service to its members. It is a very cost-effective means of meeting CME requirements for Texas licensure, something all physicians

(including psychiatrists) must do each year. And that brings up another point: the fact that we, as psychiatrists, are physicians first and must maintain our medical licensure in order to continue to practice. As I said in my last column, we must never forget this fact. *We are physicians trained to differentiate among, to diagnose, and to treat medical disorders (which includes psychiatric disorders). The ability to rule out other medical disorders in order to provide the*

highest possible quality of medical care makes us unique among all mental health professionals. There are those who would have the general public believe that we are essentially nothing more than fancy psychologists who can write prescriptions. Nothing could be further from the truth. We are physicians who treat medical disorders and who have chosen to focus our practices on a particular subset of medical disorders: psychiatric disorders. So, let's continue to do our part by keep-

ing up with our medical education in general and our psychiatric education in particular. Only by doing so can we continue to provide the quality of care which we owe our patients. See you in November in Ft. Worth! ■



Challenges and Opportunities for Texas Psychiatry: 2019 is Coming

By Debra Atkisson, M.D., DFAPA, Vice Chair for Public Policy



Debra Atkisson, M.D., DFAPA

January 8 marks the first day of the 86th Legislature. And when they meet we Texas psychiatric physicians must come forward to educate our elected officials about what is needed and what we do for Texans who suffer from mental disorders. We are so fortunate in having Debbie Giarratano and Eric Woomeer organize meetings with the representatives and senators who can most impact decisions affecting our ability to provide treatment. Many bills have been introduced over the years which could have restricted our ability to help those who need us. We have stepped forward which has kept bills detrimental to practice from becoming our state law. And we have suggested solutions to problems such as psychiatric workforce which has led to legislation passing which encourages psychiatric physicians to practice here. We have a challenge to psychiatric practice this term that will be one of the most serious we have ever experienced. And we have an opportunity to improve practice in this state that is one of the greatest chances we have had. **Our challenge** – to remain as the leaders of the team for psychiatric treatment. The bill for Nurse Practitioners to have fully independent medical practice – yes, to have the same privilege to practice medicine that we physicians have – will be re-introduced. In 2017 this bill did not pass; but the author of

this bill is bringing it back. I just looked at the webpage for www.texasnp.org, which is the Texas Nurse Practitioner webpage and read the following. “Getting pearls of legislative wisdom at this morning’s Legislative Update session. Last year we built an unprecedented Coalition in support of Full Practice Authority. Next year, we know we’ll be even bigger and better because removing barriers to NPs is just good common sense and good for patients.” What are these “barriers”? Working with physicians to treat patients is the “barrier” that is being referenced. In other words, after doing an on-line training program with very little direct patient supervision the newly minted NP can open his or her practice and represent themselves as being equivalent to a physician who has spent eight or more years in school and residency to treat patients. This bill is BAD for Texas patients. But we have a major uphill battle due to the organized Goliath of the Texas Nursing Association, Texas Nurse Practitioner Association, and the Texas Hospital Association. **Our opportunity** – to introduce innovative approaches to improve access for mental

health treatment through Integrative Behavioral health efforts and technology (telemedicine). We CAN vastly improve both mental health treatment and medical treatment by using the collaborative care model which has shown substantive improvements in chronic medical illnesses AND improvement in mental health outcomes for mental health disorders. The APA’s committee on Integrated Care has studied processes and outcomes and these approaches are being used successfully in other states. The APA Position Statement on Integrated Care, approved in 2016, lists the five core principles of effective integrated care. The first position states “Team-based: Care is patient-centered and is provided by teams using shared care plans. Effective teams in the primary care setting include at a minimum primary care providers, behavioral care managers, and psychiatric consultants.” Psychiatrists are integral to this treatment approach which expands availability of mental health care. We have the expertise not only in treatment of psychiatric conditions but also in the leadership of teams for effective patient treatment.

So make plans to join us in early 2019 for the Federation of Texas Psychiatry’s Legislative Day in Austin for physicians. The Texas Academy of Psychiatry, the Texas Society of Psychiatric Physicians and the Texas Society of Child and Adolescent Psychiatry will also join the other members of the Federation of Texas Psychiatry including the Texas Medical Association to do our best to rise to the challenges and present the opportunities for innovation in psychiatric practice. Texas patients depend on us to meet these challenges. We CAN do it! Mark your calendar and join practicing psychiatrists, psychiatric residents, and medical students to stand tall for Texas patients.

TSPP Resident Member Travel Scholarship Fund Approved and Now Accepting Donations!

INSIDE

2018 Legislative Update	2
2019 Application and Process for Distinguished Fellow Status	7
Calendar	8
Candidates Announced	2
Helping Our Children	2
The Giving Season Has Arrived!	3
TSPP Annual Convention and Scientific Program	4-6
Your Foundation Contributions	3

The TSPP Executive Council approved the establishment of a TSPP Resident-Fellow Member Travel Scholarship Fund for the purpose of reducing the cost of Residents’ travel expenses to attend TSPP’s meetings. Funding is to be provided by voluntary donations from the membership, with implementation to begin when a minimum operating budget of \$5,000 is established, and maintained semi-annually. The funds, once accumulated, will be used to reimburse one night’s accommodation at the host hotel for TSPP Resident Members attending TSPP’s meetings. Applications and criteria for funding will be announced and available to TSPP Resident Members once the scholarship funds have been raised. Help us to help build the TSPP RFM Travel Scholarship and reach our initial \$5,000 Goal! ■

TSPP RESIDENT-FELLOW MEMBER TRAVEL SCHOLARSHIP FUND

☐ Yes, I want to make a donation!

NAME AS IT APPEARS ON CARD

ADDRESS, CITY, ZIP WHERE CREDIT CARD STATEMENT IS RECEIVED

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Or by check, payable to Texas Society of Psychiatric Physicians, 401 West 15th Street, Suite #675, Austin, TX 78701. Do NOT make check payable to RFM Scholarship Program or it will be returned. You may write RFM Scholarship in the Notes Section of Your Check.

Professional dues and/or Scholarship Fund donations may not be claimed as charitable contributions but may be deductible as ordinary and necessary business expense, less the estimated percentage of the dues used for lobbying. Estimated lobbying expenses for 2018-19 are 10%.



2018 Legislative Update

Eric Woomer, Federation of Texas Psychiatry Public Policy Consultant

As always, mental health treatment and funding remains a hot topic, commanding much attention during the legislative interim. Here are a few headline activities in which we are participating on behalf of the Federation of Texas Psychiatry and its member organizations:

ELECTIONS

This year's general election is to be held on November 6, 2018. Every major statewide office is on the ballot, as is one U.S. Senate race, every Texas House of Representative seat, and half of the Texas Senate. Notable contested races include incumbent U.S. Senator Ted Cruz squaring off against Democratic nominee U.S. Rep. Beto O'Rourke in a race that is much tighter than a casual observer might guess. Gov. Gregg Abbott has a commanding lead over his Democratic rival Lupe Valdez, and most Texas statewide offices are likely to remain in Republican hands.

OVERALL LEGISLATIVE OUTLOOK

At this moment, seven candidates have officially filed: Drew Darby (R – San Angelo), Four Price (R – Amarillo), Travis Clardy (R – Nacogdoches), Phil King (R-Weatherford), John Zerwas (R-Richmond), Tan Parker (R-Flower Mound), and Eric Johnson (D-Dallas). The House Speaker assigns committees, committee chairs, and has significant influence over which bills will be heard on the floor.

In a July 11 letter to state leadership, Comptroller Glenn Hegar predicted the state will have \$110.17 billion in General Revenue-Related (GR-R) funds available for general purpose spending for the 2018-19 biennium. This does not account for any 2018-19 sup-

plemental appropriations the Legislature may make, but there are positive signs regarding Medicaid as well, with the supplemental appropriations obligation expected to be in the range of \$4B (not the \$8B originally anticipated).

KEY ISSUES

APRN independent practice: This is expected to be among the hottest issues facing the House of Medicine in 2019. Prominent legislators continue to advocate for fully independent practice authority for APRNs, and the effort has been joined by a range of meaningful advocacy organizations. Additional ideas have been floated regarding limited prescribing authority, independently or under delegation, but the broader legislative effort will get a lot of attention from lawmakers.

Psychological Prescribing: Currently, five states (Idaho, Iowa, New Mexico, Illinois, Louisiana) have psychological prescribing. In 2017, bills were defeated in Texas, West Virginia and Hawaii. In 2018, bills have been filed in five additional states: Ohio, Pennsylvania, New Jersey, Vermont, and New York. Looking ahead to 2019, we anticipate Texas, Minnesota, Oregon, Kentucky, West Virginia, and Florida to introduce legislation.

Mental Health Loan Repayment Program: The Loan Repayment Program for Mental Health Professionals offers repayment assistance to mental health professionals providing services to Medicaid or CHIP participants in mental health shortage areas. In FY 18-19, twelve psychiatrists were awarded funds from appropriations totaling \$2.1m. The Physician Education Loan Repayment Program offers repayment assistance under similar eligibility requirements but does not

require an applicant to provide services related to mental health. In FY 18-19, 48 psychiatrists were awarded loan funds from appropriations totaling \$26m. We are looking for ways to increase the number of child and adolescent psychiatrists under this program.

Psychiatrist Supply: DSHS has recently issued a pair of reports projecting the supply and demand for primary care physicians and psychiatrists. The October 2017 study indicated a modest shortfall, but the June, 2018 report was based on a modified methodology, and predicts that the shortage of psychiatrists in Texas is likely to grow from 1,067 in 2017 to 1,208 in 2030, an increase of 12 percent. Regionally, North Texas is expected to face the greatest shortage. Lacking 425 in 2030.

Collaborative Care Under Texas Medicaid: We have continued to meet with members and staff with the Senate Health and Human Services and House Public Health on collaborative care based on the University of Washington's model. The model provides immediate access to care for patients presenting in the primary care setting with either substance abuse or behavioral/mental health issues through telepsychiatry.

Child & Adolescent Psychiatry Project (CPAP): Sen. Jane Nelson (R – Flower Mound), chair of the Senate Finance Committee, has announced her intention to pursue legislation creating a consortium to help coordinate state mental health initiatives across Texas' health-related institutions of higher education, and establish a Child Psychiatry Access Program (CPAP). This program will allow pediatricians to consult with psychiatry hubs at Texas medical schools, providing psychiatry consultations and spe-



Eric Woomer

cialized care coordination and supports to pediatric primary care providers using telemedicine. It is based on a Massachusetts model that has been operational for several years.

Governor Abbott's School and Firearm Safety Action Plan: The Santa Fe High School shooting in Houston pushed the lawmakers seriously consider the issues underlying recurring school violence in the state. Gov. Abbott held three roundtables in an effort to craft new policies that could harden schools against gun violence. This summer, Abbott unveiled the "School and Firearm Safety Action Plan," which places a major emphasis on mental health. The Federation is working to educate lawmakers about the importance of access to mental health care in schools, and the Governor's plan includes making mental health services available through telemedicine, increasing mental health training, providing schools with behavioral threat assessment programs, and improving the mental health crisis response infrastructure.

As always, it is our pleasure to represent the interest of psychiatric physicians in Texas and their patients before lawmakers and regulators in Austin. Please do not hesitate to contact me if you have questions or concerns. Thanks for all the work you do on behalf of the State of Texas! ■



Helping Our Children

Catherine Karni, M.D., President, Texas Society of Child and Adolescent Psychiatry

Fall is just around the corner and schools are back in full session. For some children, this is an exciting time—a time to learn, to achieve, and to meet new and old friends. For others, the academic and social stress push them to feel anxious, depressed, and even suicidal. According to the CDC, U.S. suicide rates spiked by 25 percent from 1999 to 2016, while 25 states had suicide rate increases of more than 30 percent. This is especially true for our youth

of 10 to 24-year-olds, for whom suicide is the second leading cause of death after unintentional injury. Especially concerning is that more than half of those who die by suicide do not have a known mental health condition.

World Suicide Prevention Day was September 10, and September was National Suicide Prevention Month. Throughout the month of September, several events were held to promote awareness and suicide pre-

vention. Information and resources are available at the American Academy of Child and Adolescent Psychiatry (aacap.org/SuicideResourceCenter) and the Texas Health and Human Services (dshs.texas.gov/TexasSuicidePrevention) websites. TSCAP's next meeting will also focus on depression and suicidality in the teenage years. Please save the date for the TSCAP 2019 Annual Convention, to be held July 19 to 21 in San Antonio. ■



Catherine Karni, MD, DFAACAP

Candidates Announced

Candidates for elective offices for the Texas Society of Psychiatric Physicians and the Texas Foundation for Psychiatric Education and Research have been announced and will be voted upon during the Annual Business Meeting on Saturday, November 11 at the TSPP Annual Convention at the Omni Fort Worth Hotel in Fort Worth.

The TSPP Nominating Committee, composed of Terry McMahon, MD, Daryl Knox, MD and Daniel Pearson, III, MD will present the following slate of candidates for consideration:

- President-Elect, 2019-20:** Timothy Wolff, MD, DLFAPA, Dallas
- Secretary-Treasurer, 2019-20:** Brigitte Bailey, MD, San Antonio
- APA Representative, 2019-22:** Re-appointment, A. David Axelrad, MD, DLFAPA, Bellaire
- APA Representative, 2019-22:** Re-appointment, Daryl Knox, MD, DLFAPA, Houston
- Councilor-at-Large, 2019-22:** Re-appointment, Esteban Gonzalez, MD, LFAPA, McAllen
- Councilor-at-Large, 2017-20:** Appoint Richard Noel, MD, DFAPA, Houston to fill unexpired term of Edgar Nace, MD, DLFAPA

The Foundation Nominating Committee, composed of Gary Etter, MD, Richard Noel, MD and Clay Sawyer, MD will present the following slate of candidates for consideration:

- Elected Directors, 2019-2022**
- Re-Appointment of Lynda Parker, MD, LAPA, Georgetown
- Re-appointment of Bernard Gerber, MD, DLFAPA, Houston
- Appointment of Mark Jacobs, MD, DLFAPA, Houston, to replace expiring term of Linda Rhodes, MD
- Appointment of Daryl Knox, MD, DLFAPA, Houston, to replace expiring term of Priscilla Sierk, DO
- Re-appointment of Leslie Secrest, MD, DLFAPA, Dallas
- Honorary Members, 2019-22**
- Re-appointment of Alex Munson, MD, LAPA, Georgetown
- Re-appointment of Larry Tripp, MD, DLFAPA, Mesquite
- Re-appointment of Paul Wick, MD, DLFAPA, Tyler



The Giving Season Has Arrived!

J. Clay Sawyer, MD, Chairman, Texas Foundation for Psychiatric Education and Research



J. Clay Sawyer, MD, DLFAPA

The Texas Foundation for Psychiatric Education and Research's 2018 Annual Campaign has officially begun. We welcome all contributions for this most worthy and useful cause. Contributions are deductible to the full extent of the law. To donate to the 2018 Annual Campaign, please complete the green payment coupon below and mail to TFPER, 401 West 15th Street, Suite #675, Austin, TX 78701.

Many of you know that the Foundation was formed in 1991 with the express purposes of helping to ensure access to quality psychiatric care, to combat the stigma and the discrimination which still exists regarding psychiatric care, to contribute to quality education programs in psychiatry to further patient care, and to improve treatment through innovative research. This campaign provides the resources required to pursue these goals.

TSPP members have contributed over 60% of all funds raised for the Foundation, with the Academy, individuals, businesses, other foundations, and other organizations making up the remainder. Over \$400,000 in charitable contributions has been raised since 1991, and nearly 140 grants totaling over \$275,000 have been awarded for such Foundation-relevant purposes as public education and advocacy (40%), professional education (57%), and research (3%).

For the past several years, the Foundation has also played an increasing role in contributing to TSPP's Annual Convention, which offers a high-quality Annual CME Program, and providing grants to TSPP Chapters for local MIAW activities. The Foundation is proud to be able to play a role in these outstanding endeavors and through your generous donations will be able to continue do so again well into the future. Please make note of the dates November 9-11 of the TSPP 62nd Annual Meeting and CME Program at the Omni Fort Worth Hotel and plan to attend. Outstanding CME presentations are the norm for these meetings, and the Foundation is proud to be helping to sponsor TSPP's Annual Meeting again this year.

Continuing again with this year's Annual campaign, the Foundation is pleased to partner with Kendra Scott Jewelry to further boost donations to the Foundation. Kendra Scott - Designer, CEO & Philanthropist - is a



KENDRA SCOTT

loving mom, a driven entrepreneur, and a passionate designer who believes the truest form of success is giving back in a meaningful way. Since she began her company, Kendra has lived by three core values: Family, Fashion and Philanthropy. She created a brand and culture that authentically values giving back and making a positive difference in the community, a goal and

objective the Foundation has steadfastly maintained since its' inception. The Kendra Scott company maintains a focus on its customers and the causes close to their hearts, abiding by the mantra "What Matters to You, Matters to Us." So, plan to attend this year's Texas Society of Psychiatric Physicians' Annual Convention November 9-11, Omni Fort Worth Hotel and support the Texas Foundation for Psychiatric Education and Research by starting your holiday shopping early. Visit the Foundation Exhibit Booth and Kendra Scott Jewelry display on Saturday, November 9 and make your purchases. 20% of all Kendra Scott Jewelry sales at the convention will be donated to the Texas Foundation for

Psychiatric Education and Research through the Kendra Gives Back program.

Thank you in advance for your support. I look forward to seeing you at the convention in November! ■



TEXAS FOUNDATION FOR PSYCHIATRIC EDUCATION AND RESEARCH

I am pleased to support the Foundation with a contribution of:

☐ \$50 ☐ \$100 ☐ \$250 ☐ \$500 ☐ \$1000

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Your contribution is tax deductible to the full extent of the law. Thank you for your support!



Your Foundation Contributions At Work

The Texas Foundation for Psychiatric Education and Research is pleased to provide grants to support the following TSPP Chapters' MIAW Activities in 2018. Note: All TSPP Chapters were invited to apply for a MIAW grant from the Foundation.

GALVESTON-BRAZORIA CHAPTER

The Galveston-Brazoria Chapter's "Recognize & Publicize" campaign will target college students, with possibly some faculty, aimed to teach how to recognize signs of distress, know who to contact, and reach out. The chapter will contact local colleges to set up a lunch seminar to present briefly to students the signs/symptoms of crisis (e.g. suicidality) and mental illness (e.g. depression).

Seminars will include free, limited lunch and distribution of cards with local national mental health resource contacts (e.g. national suicide hotline, college counseling center, nearby hospitals and ER's, etc.)

HOUSTON

The Houston Chapter will conduct a Depression Screening Event, Thursday, October 11, 2018 at the Houston Community College, Southwest Campus where Psychiatrists, Fellows and licensed psychologists will perform the confidential interviews. The theme of the activity is 'Depression comes in many forms and wears many masks. Educate yourself on the signs and symptoms to treat yourself

or care for a suffering individual'.

NTSPP-DALLAS

The North Texas Chapter has planned an evening mental illness awareness program at Paul Quinn College for the entire student body, faculty and administration. There will be an informational dinner for administrators, local mental health professionals, psychiatry residents, and NTSPP Psychiatrists. Following the dinner, there will be a program, which will include view of psychiatric care from the PQ administrators, a presentation about care of students with psychiatric problems and breakout small groups with faculty and students facilitated by mental health professionals, including

the Psychiatrists to discuss stigma and issues.

TARRANT-FORT WORTH

The Tarrant Chapter's MIAW project is: 'Coordination of all mental health agencies and Psychiatrists to disseminate information to the public about mental illness and treatment'. The Chapter will coordinate efforts with residents, medical students and Psychiatrists to develop public service messages and educational articles for the public about the treatability of mental illness as well as measures to recognize mental illness. In addition articles about wellness in mental health and how to access help will be developed with the theme "Mental illness is recognizable and treatable and help is out there". ■



62nd Annual Convention and Scientific Program

November 9-11, 2018 • Omni Fort Worth Hotel, Fort Worth, Texas

GENERAL
INFORMATION



MEETING LOCATION

The TSPP 62nd Annual Convention and Scientific Program will be held in Fort Worth, a city rich in culture and history, at the Omni Fort Worth Hotel, 1300 Houston Street, conveniently located in the heart of Fort Worth's exciting downtown. The hotel is adjacent to the Fort Worth Convention Center and within walking distance, or via a quick ride outside the hotel's front doors, on Molley the Trolley, to the city's cultural centers, restaurants and nightlife.

SPECIAL REMINDER

Booking a room within the TSPP room block is an important way to help keep the overall meeting registration fee and costs as low as possible. Booking “outside of the TSPP block” or at another hotel could expose TSPP to monetary damages for hotel room block attrition which may then necessitate an increase in future meeting registration rates. Plus, staying in the hotel keeps you connected with all the activities and networking opportunities during the event. Please “help us help you” by booking your room at the hotel hosting the meeting and within the TSPP room block. As a special consideration for TSPP’s attendees, the Omni will provide:

- complimentary wireless internet in the guestrooms and lobby space
- complimentary 24 hour access to fitness center for all registered guests.
- 10% discount off of hotel valet parking.

HOTEL RESERVATIONS

To place a hotel reservation at the TSPP discounted room rate of \$179 Single or Double Occupancy, **ON OR BEFORE OCTOBER 1**, please visit the Federation of Texas Psychiatry's website homepage www.txpsych.org and click on the link located beside the program information for TSPP, November 9-11 or call 1-800-THE-OMNI and refer to the Group Name: Texas Society of Psychiatric Physicians. Function: TSPP Annual Convention & Scientific Program.

<https://www.omnihotels.com/hotels/fort-worth/meetings/texas-society-psychiatric-physicians>

MEDICAL STUDENTS/RESIDENTS/
FELLOWS IN TRAINING POSTER SESSION

Medical Students, Residents and Fellows in Training **who are members** of TSPP, TSCAP or TAP have been invited to submit a poster for presentation / display during the Friday Evening Welcome Reception and Saturday Continental Breakfast and Refreshment Breaks. Make plans to attend to view the posters and meet the presenters and discuss their presentation. ■

SPECIAL EVENTS

THURSDAY – GOLF OUTING: For convention attendees, guests and golf enthusiasts arriving early, please indicate on the registration form if you are interested in playing a round of golf at 1:00 pm. Additional information about the golf play and fees will be emailed to you.

THURSDAY EVENING – NETWORKING / SOCIAL MIXER FOR TSPP/TSCAP/TAP MEDICAL STUDENTS AND RESIDENT-FELLOW MEMBERS IN TRAINING – The TSPP Resident-Fellow Members Section has arranged a special networking event for all TSPP, TSCAP and TAP members who are medical students, residents and fellows in training members on Thursday, 7:30-9:30 pm in the Black Angus Boardroom. Make plans to register for this fun, informal get together!

FRIDAY – TEXAS ACADEMY OF PSYCHIATRY PROGRAM – “PSYCHIATRISTS’ ROLE IN DISASTER RELIEF: LESSONS LEARNED” – OPEN TO ALL ATTENDEES – FREE for Texas Academy of Psychiatry Members / \$25 for TAP NON-Members. Not a member of TAP? If you are already a member of TSPP or TSCAP you can join the Texas Academy of Psychiatry as a Member for only \$25.00 (email TSPPofc@aol.com for a TAP application to join). Not interested in membership in TAP yet, you can still register and attend the TAP Program for \$25.00 Registration Fee – see registration form.



FRIDAY – SPECIAL PROGRAM FOR MEDICAL STUDENTS AND RESIDENT-FELLOW MEMBERS – The RFM Section has planned a special joint workshop, 2:30-3:30 PM, Friday, with the TSPP Academic Psychiatry Committee for all TSPP/TSCAP/ TAP medical students and resident members on *“Psychiatry Sub-Specialties – Work Experiences And Types of Practice (Addiction, Geriatric, Forensic, Child and Adolescent, Consultation/Liaison, Private Practice, Inpatient).*



KENDRA SCOTT

SATURDAY AM – KENDRA SCOTT JEWELRY TRUNK SHOW TO BENEFIT THE TEXAS FOUNDATION FOR PSYCHIATRIC EDUCATION & RESEARCH, 10:00 am-12:30 pm, Texas Ballroom F, at the Foundation Exhibit Booth. As part of Kendra Scott's Give Back Program, 20% of all sales will be donated to the Texas Foundation for Psychiatric Education and Research, so shop early and shop often – the holidays are just around the corner!

DAILY SCHEDULE

Thursday, November 8

12:00 pm	Golf Outing – Pre-registered golfers meet in hotel lobby to leave for golf	.Hotel Lobby
2:00 pm – 8:00 pm	Temporary Registration	.Sundance Foyer
6:00 pm - 7:00 pm	Titus Harris Executive Committee / Board Meeting	.Sundance 4
6:00 pm - 8:00 pm	TSCAP Executive Committee Meeting	.Sundance 5
7:00 pm– 8:00 pm	Chapter Leadership Forum Meeting	.Sundance 6
7:30 pm – 9:30 pm	TSPP/TSCAP/TAP Medical Student and Resident Fellow Member Mixer	.Black Angus Boardroom
8:00 pm – 9:00 pm	Federation Delegate Assembly Meeting	.Sundance 4

Friday, November 9

7:30 am – 8:30 pm	Registration Desk	.Fort Worth Ballroom PreFunction
8:00 am – 9:00 am	Foundation Board of Directors Breakfast	.Meeting Sundance 3
8:00 am – 12:00 pm	Decorator Exhibit Hall Set Up	.Texas Ballroom F
8:30 am – 5:00 pm	Committee Refreshments	.Texas Ballroom Foyer F
9:00 am – 10:30 am	COUNCIL ON LEADERSHIP MEETINGS	
	Ethics Committee	.Texas Ballroom G
	Distinguished Fellowship Committee	.Texas Ballroom H
	Finance Committee	.Texas Ballroom I
10:45 am – 12:15 pm	COUNCIL ON SERVICE MEETINGS	
	Academic Psychiatry Committee	.Texas Ballroom G
	Children & Adolescents Committee	.Texas Ballroom H
	Forensic Psychiatry Committee	.Texas Ballroom I
	Public Mental Health Services Committee	.Texas Ballroom J
12:00 pm – 5:00 pm	Exhibits AND Poster Session Set Up	.Texas Ballroom F
12:30 pm - 1:30 pm	Committee Members’ Luncheon	.Stockyards 1
1:30 pm – 3:00 pm	COUNCIL ON EDUCATION MEETING	
	Continuing Medical Education Committee	.Texas Ballroom G
1:30 pm – 2:00 pm	Texas Academy of Psychiatry Board of Trustees Meeting	.Texas Ballroom I-J
1:30 pm – 2:20 pm	Resident-Fellow Section Committee Meeting	.Fort Worth Ballroom 4
2:00 pm – 3:30 pm	TEXAS ACADEMY OF PSYCHIATRY PROGRAM “Psychiatrists Role in Disaster Relief: Lessons Learned”	.Texas Ballroom I-J
2:00 pm – 3:30 pm	COUNCIL ON EDUCATION MEETING	
	Professional Practice Management Committee	.Texas Ballroom H
2:20 pm – 2:30 pm	RFM Section Refreshment Break	.Texas Ballroom Foyer F
2:30 pm – 3:30 pm	RESIDENT FELLOW MEMBER SECTION AND ACADEMIC PSYCHIATRY COMMITTEE WORKSHOP – “Psychiatry Sub-Specialties – Work Experiences and Types of Practice” (Addiction, Geriatric, Forensic, Child And Adolescent, Consultation/Liaison – Private Practice, Inpatient)	.Fort Worth Ballroom 4
3:45 pm – 5:00 pm	COUNCIL ON ADVOCACY MEETING	
	Government Affairs Committee	.Fort Worth Ballroom 1-3
5:30 pm – 6:30 pm	Executive Council Meeting	.Fort Worth Ballroom 1-3
6:30 pm – 8:30 pm	Welcome Reception with Exhibitors AND Poster Session for Meeting Registrants and Paid Guests	.Texas Ballroom F

Saturday November 10

7:30 am – 8:30 pm	Registration Desk	.Fort Worth Ballroom PreFunction
7:30 am – 4:00 pm	Exhibits Open and Poster Session	.Texas Ballroom F
7:30 am – 8:15 am	Complimentary Continental Breakfast in Exhibit Hall for Meeting Registrants and Paid Guests	.Texas Ballroom F
8:15 am – 5:00 pm	SCIENTIFIC PROGRAM “Psychiatry and Public Health and Its Implications for Clinical Practice”	.Fort Worth Ballroom 1-4
10:00 am – 12:30 pm	Kendra Scott Jewelry Trunk Show to Benefit the Texas Foundation for Psychiatric Education and Research – 20% of all sales will be donated to the Texas Foundation for Psychiatric Education and Research	.Texas Ballroom F
10:30 am – 10:50 am	Refreshment Break and Door Prize Drawings with Exhibitors and Poster Session	.Texas Ballroom F
11:50 am – 12:10 pm	Refreshment Break with Door Prize Drawings with Exhibitors and Poster Session	.Texas Ballroom F
12:10 pm – 1:30 pm	Lunch	.Texas Ballroom G-H
2:30 pm – 2:50 pm	Refreshment Break and Door Prize Drawings with Exhibitors and Poster Session	.Texas Ballroom F
4:00 pm	Exhibits and Poster Session Closes	.Texas Ballroom F
6:30 pm – 7:00 pm	Reception for Awards Banquet Registrants	.Texas Ballroom G
7:00 pm – 9:30 pm	Awards Banquet	.Texas Ballroom H and I

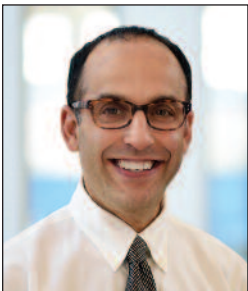
Sunday November 11

7:00 am – 2:00 pm	Registration Desk	.Fort Worth Ballroom PreFunction
8:00 am - 10:30 am	Complimentary Continental Breakfast for Meeting Registrants and Paid Guests	.Fort Worth Ballroom 1-4
8:15 am – 12:00 pm	SCIENTIFIC PROGRAM “Psychiatry and Public Health and Its Implications for Clinical Practice”	.Fort Worth Ballroom 1-4
9:30 am – 9:45 am	Refreshment Break	.Foyer, Fort Worth Ballroom 1-4

A W A R D S

AWARDS RECEPTION / BANQUET

Saturday evening festivities begin with a complimentary wine and cheese reception for registrants attending the Awards Banquet honoring the 2018 TSPP Award Recipients for their outstanding contributions to Psychiatry. Register early to reserve a table for your gorup at this memorable evening! This year's honorees are:



Psychiatric Excellence
Mark Kunik, MD, DFAPA (Bellaire)



Psychiatric Excellence
Michael M. Stone, MD, FAPA (Galveston)



Special Service
Kevin Gray, MD (Dallas)



Distinguished Service
Debra Atkisson, MD, DFAPA (Fort Worth)



Special Service
Martha Leatherman, MD (San Antonio)

TSPP 2017 Awards
to be Presented to
Drs. Debra Atkission and
Martha Leatherman
(Recipients Were Unable
to Attend in 2017)



J. Clay Sawyer, MD, DLFAPA (Waco)

FEDERATION OF TEXAS PSYCHIATRY -
JOHN R BUSH LEADERSHIP EXCELLENCE AWARD

This award named for John R. Bush was established in 2016 to recognize psychiatrists who unselfishly provide outstanding leadership, over a sustained period of time, through organized psychiatry advancing the highest standards of psychiatric practice and quality psychiatric care for patients. The award will be presented during the Federation of Texas Psychiatry's luncheon on Saturday, November 10. Please plan to attend and thank your fellow colleague for his outstanding leadership through organized psychiatry. This year's honoree is:

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EXHIBIT SCHEDULE

Texas Ballroom F

Friday, November 9

12:00 pm – 5:00 pm

Exhibits AND Poster Session Set Up

Saturday, November 10

7:30 am – 4:00 pm

Exhibits Open and Poster Session

7:30 am – 8:15 am

Continental Breakfast

10:30 am – 10:50m

Refreshment Break and
Door Prize Drawings with Exhibitors
and Poster Session

11:50 am – 12:10pm

Refreshment Break and
Door Prize Drawings with Exhibitors
and Poster Session

2:30 pm – 2:50pm

Refreshment Break and
Door Prize Drawings with Exhibitors
and Poster Session

4:00pm

Exhibits and Poster Session Closes

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

62ND ANNUAL
CONVENTION & SCIENTIFIC PROGRAM

November 9-11, 2018
Omni Fort Worth Hotel, Fort Worth, Texas

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STATE	ZIP
PHONE	

REGISTRATION FEES

Indicate the **NUMBER** of individuals who are registered for each event in the appropriate enrollment category listed below. Please note the enrollment fees are **PER PERSON** and your payment should reflect the proper fee for the number of individuals registered per event.

NUMBER ATTENDING EVENT	ADVANCE BEFORE 10/1	AFTER 10/1
Golf Outing – Thursday # <input type="checkbox"/> Please Send Me Additional Information.		
Medical Student/Resident Mixer – Thursday # <input type="checkbox"/> No Charge	No Chg	No Chg
Committee Attendee Lunch – Friday # <input type="checkbox"/> Lunch	\$25	\$35
RESIDENT SECTION WORKSHOP RFM and Academic Psychiatry Joint Workshop <i>Sub-Specialties – Work Experiences and Types of Practice</i> # <input type="checkbox"/>	No Chg	No Chg

Texas Academy of Psychiatry Program – Friday <i>Psychiatrists' Role In Disaster Relief: Lessons Learned</i>		
# <input type="checkbox"/> TAP Member	No Chg	No Chg
# <input type="checkbox"/> Non TAP Member	\$25	\$25
Reception w/ Exhibitors – Friday		
# <input type="checkbox"/> NOT Registered or Scientific Program	\$40	\$50
# <input type="checkbox"/> Registered for Scientific Program	No Chg	No Chg
Lunch – Saturday		
# <input type="checkbox"/> TSPP/ACADEMY/TSCAP Member	\$25	\$35
# <input type="checkbox"/> TSPP/ACADEMY/TSCAP Non-Member	\$35	\$45
# <input type="checkbox"/> TSPP/ACADEMY/TSCAP Trainee Member/MS	\$15	\$20
# <input type="checkbox"/> TSPP/ACADEMY/TSCAP Trainee Non-Member/MS	\$25	\$35
# <input type="checkbox"/> Guest	\$25	\$35
Awards Banquet and Gala – Saturday		
# <input type="checkbox"/> Awards Banquet	\$45	\$65
# <input type="checkbox"/> Reserved Table for 10*	\$400	\$600

* Name(s) for Reserved Table: _____

NUMBER ATTENDING EVENT	ADVANCE BEFORE 10/1	AFTER 10/1
SCIENTIFIC PROGRAM – Saturday and Sunday Registration includes your online program syllabus, complimentary continental breakfast and AM / PM refreshment breaks.		
# <input type="checkbox"/> TSPP/ACADEMY/TSCAP Member	\$245	\$275
# <input type="checkbox"/> Non-Member Physician	\$295	\$325
# <input type="checkbox"/> TSPP/ACADEMY/TSCAP Trainee Member	\$35	\$35
**If your Training Director, Associate or Assistant Program Director's registers for the Scientific Program, your Scientific Program Fee is \$0.00. Enter your Director's name below if they have registered for the Scientific Program: NAME: _____		
# <input type="checkbox"/> Non-Member RFM (Trainee)	\$50	\$50
# <input type="checkbox"/> Non-Member Medical Students	\$20	\$20
# <input type="checkbox"/> Medical Students	\$15	\$15
Medical Students and Resident Members: If you present a poster, your registration fee for the Scientific Program AND Saturday Lunch is waived.		
# <input type="checkbox"/> Allied Health Professional	\$130	\$155
# <input type="checkbox"/> Spouse / Guest (No CME Credit)	\$120	\$145

CME Meeting Syllabus Order		
# <input type="checkbox"/> Online Meeting Syllabus	No Chg	No Chg
# <input type="checkbox"/> CME Meeting Syllabus In Black/White	\$95	\$125
# <input type="checkbox"/> CME Meeting Syllabus In Color	\$125	\$155

If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605.

☐ **Vegetarian Plate Requested (for lunch and/or dinner registration). No additional fee if requested prior to 10/1, otherwise there will be an additional fee of \$15.00**
MY SPECIAL DIETARY NEEDS: (ie, Gluten Free or Lactose Free, etc) _____

TOTAL REGISTRATION FEE **\$** _____

METHOD OF PAYMENT:
☐ Check in the Amount of \$_____ *Make Checks Payable to Texas Society of Psychiatric Physicians*
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CANCELLATION POLICY: In the event of cancellation, a full refund will be made if written notice is received in the TSPP office by October 1, 2018, less a 25% processing charge. NO REFUNDS will be given after October 1, 2018

SCIENTIFIC PROGRAM

“Psychiatry and Public Health and Its Implications for Clinical Practice”

SATURDAY, NOVEMBER 10 (6 AMA PRA CATEGORY I CREDITS™)			SUNDAY, NOVEMBER 11 (3 AMA PRA CATEGORY I CREDITS™)		
8:15 am -8:30 am	Scientific Program Opening Remarks TSPP President, Joseph V. Penn, MD, CCHP, FAPA TSPP CME Chair / Moderator: Matthew D. Jeffreys, MD, DFAPA	11:50-12:10 pm	Refreshment Break Texas Ballroom F	8:00 am-10:30 am	Continental Breakfast for Scientific Program Registrants
8:30 am -9:30 am	Benzodiazepines: The Other Drug Epidemic Sidarth Wakhlu, MD, MBBS Professional practice gap: Over-prescription of benzodiazepines by some physicians, including psychiatrists, especially among some older patients. Lack of knowledge regarding appropriate tapering strategies. The presentation will address the potential hazards of benzodiazepines and the appropriate use of benzodiazepines, dosing, duration and tapering or withdrawal strategies including counseling and education for patients. Objectives: The learning objectives for this activity have been designed to address clinician Competence. Upon completion of this program, participants should be able to: <ul style="list-style-type: none">Describe the clinically appropriate and inappropriate use of benzodiazepines in psychiatric practice.Identify patients who may be appropriate for tapering or discontinuing benzodiazepines.Discuss tapering strategies for patients on chronic benzodiazepines.	12:10-1:30 pm	Business Meeting Lunch Texas Ballroom G-H	8:15 am -8:30 am	Opening Remarks TSPP President, Joseph V. Penn, MD, CCHP, FAPA TSPP CME Chair / Moderator: Matthew D. Jeffreys, MD, DFAPA
9:30 am -10:30 am	Lessons Learned from Treating Military, Veterans, and their Families Lieutenant Colonel David M. Keller, DO Professional practice gap: Psychiatrists practice in many different settings. The presentation will inform participants about unique aspects of military culture and the identification and treatment of mental disorders in active duty military, veterans, and their families. Objectives: The learning objectives for this activity have been designed to address clinician Competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none">Identify resources and treatment options for active duty military members, their families, and Veterans.Describe some of the unique aspects of military culture which may impact decisions to seek treatment.List common psychiatric problems identified in active duty military members, their families, and Veterans	1:30-2:30 pm	Mental Health Response to Mass Shootings Carol North, MD, MPE, DFAPA Professional practice gap: There are many mental health consequences and responses following exposure to mass shootings including acute stress disorder, PTSD, major depressive disorder, and worsening of pre-existing mental health conditions. Psychiatrists need to be competent in assessing risk factors and interventions during the disaster and following the disaster. Objectives: The learning objectives for this activity have been designed to address clinician Competence. Upon completion of this program, participants should be able to: <ul style="list-style-type: none">Recall mental health findings from research studies of mass shootings.Define results of 4 consistently studied mass shooting incidents using structured diagnostic interviews.Discuss recommendations for mental health response to mass shootings in the broader context of mental health response to disasters more generally.	8:30 am – 9:30 am	Using Mobile Apps and Other Self-Help Technologies in Psychiatric Practice Elizabeth Truong, MD Professional practice gap: There are a growing list of options for the use of technology in psychiatry including telepsychiatry and self-help options such as phone applications. These interventions provide a spectrum of services for extending psychiatric care to underserved populations and increasing the convenience of care, but psychiatrists need to be informed of the potential risks and benefits of these options. The presentation will discuss the use of technology options in psychiatry to extend services. Objectives: The learning objectives for this activity have been designed to address clinician Competence. Upon completion of this program, participants should be able to: <ul style="list-style-type: none">Describe the continuum of technology options which can be incorporated into psychiatric practice.Discuss how remote monitoring can reduce hospital re-admission rates and improve outcomes.Describe the limitations of these technologies in psychiatric practice.
10:30 am -10:50 am	Refreshment Break Texas Ballroom F	2:30-2:50 pm	Refreshment Break Texas Ballroom F	9:30 am – 9:45 am	Refreshment Break Foyer, Fort Worth Ballroom 1-4
10:50 am -11:50 am	Mental Health Response to Natural Disasters: Experience from Large Hurricane Evacuee Shelters Carol North, MD, MPE, DFAPA Professional practice gap: There are many mental health consequences following exposure to natural or manmade disasters. Common reactions include acute stress disorder, PTSD, major depressive disorder, and worsening of pre-existing mental health conditions. Psychiatrists need to be competent in assessing risk factors and interventions during the disaster and following the disaster. The presentation will help psychiatrists define their role in natural disasters and discuss the range of responses to natural disasters. Objectives: The learning objectives for this activity have been designed to address clinician Competence. Upon completion of this program, participants should be able to: <ul style="list-style-type: none">Identify the role of psychiatrists during the response to a natural disaster.List risk factors for vulnerable populations during a disaster.Differentiate between normal responses to disasters and potential psychiatric problems.	2:50-3:50 pm	Remote Videoconferencing in Psychiatric Practice Avrim Fishkind, MD Professional Practice Gap: There are a growing list of options for the use of technology in psychiatry including telepsychiatry and self-help options. These interventions provide a spectrum of services for extending psychiatric care to under-served populations and increasing the convenience of care, but psychiatrists need to be informed of the potential risks and benefits of these options. The presentation will provide information for psychiatrists on establishing remote videoconferencing along with the applicable rules and laws. Objectives: The learning objectives for this activity have been designed to address clinician Competence. Upon completion of this program, participants should be able to: <ul style="list-style-type: none">Discuss the potential for remote videoconferencing to increase access to psychiatric services.Review the current literature on the comparison of services delivered in-person vs. remote videoconferencing.Describe current laws, regulations, and reimbursement issues related to remote videoconferencing services.	9:45 am -11:45 am	The Science and Implications of Cannabinoid Receptors in Psychiatry David Atkinson, MD Professional practice gap: Current risks and potential beneficial research on cannabinoids in psychiatry. Objectives: The learning objectives for this activity have been designed to address clinician Competence. Upon completion of this program, participants should be able to: <ul style="list-style-type: none">Describe current research on the cannabinoid receptor and anxiety and other psychiatric disorders.Discuss the potential risks and benefits of cannabis in psychiatric patients.Discuss the legal and ethical concerns regarding patients using cannabis for self-medicating psychiatric symptoms.
		3:50-4:50 pm	Preventing Physician Burnout Sejal Mehta, MD, FAPA Professional Practice Gap: Physician wellness, burnout and stress management are areas identified by expressed needs data. The activity is designed to help psychiatrists to identify and treat burnout in colleagues and themselves. Objectives: The learning objectives for this activity have been designed to address clinician Competence. Upon completion of this program, participants should be able to: <ul style="list-style-type: none">Increase awareness of burnout in self and others.Identify ways of preventing and treating burnout.Describe the process of addressing physician impairment.	11:45 am-12:00 pm	Closing Remarks Matthew D. Jeffreys, MD, DFAPA
		4:50-5:00	Closing Remarks Matthew D. Jeffreys, MD, DFAPA		

ABOUT THE SPEAKERS

DAVID ATKINSON, MD
Medical Director of Teen Recovery Program
Children's Health
Associate Professor of Psychiatry
The University of Texas Southwestern Medical Center
AAP Youth & Adolescent Committee Chair
Dallas, Texas

AVRIM FISHKIND, MD
CEO JSA Health Telepsychiatry
Houston, Texas

DAVID M. KELLER, D.O.
Lieutenant Colonel, United States Army
Adult & Child/Adolescent Psychiatrist
Brooke Army Medical Center
San Antonio, Texas

SEJAL MEHTA, MD, FAPA
Medical Director, BHC
Medical Director, Millwood Hospital
Chair, IMG Section, TMA
Vice-Chair, PHWC, TMA
President-Elect, TIPS
Treasurer, CFCMS
President, Psychiatric Medical Assoc., PA
Plano, Texas

CAROL NORTH, MD, MPE, DFAPA
Medical Director, The Altshuler Center for Education & Research
Metrocare Services
The Nancy and Ray L. Hunt Chair in Crisis Psychiatry and
Professor of Psychiatry
Director, Division of Trauma & Disaster
The University of Texas Southwestern Medical Center
Dallas, Texas

ELIZABETH TRUONG, MD
Chief Clinical Officer & Co-Founder
Cloud 9
Austin, Texas

SIDARTH WAKHLU, MD, MBBS
Professor of Psychiatry
Distinguished Teaching Professor
Associate Director Addiction Division
Addiction Psychiatry Fellowship Director
University of Texas Southwestern Medical Center
Dallas, Texas

CME PROGRAM GOAL / TARGET AUDIENCE
This live activity has been designed in a format consisting of case study presentations, lectures and direct discussion to provide its primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice.

Information and data will address new developments in treatments and new directions in research to address the professional practice gaps of the learners and advance the physicians’ competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

The learning objectives for this activity have been designed to address clinician competence.

NEEDS ASSESSMENT
TSPP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of our participants.

ACCREDITATION STATEMENT
The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

CREDIT STATEMENT
The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of nine (9) *AMA PRA Category I Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

ETHICS DESIGNATION STATEMENT
The presentation entitled “The Science and Implications of Cannabinoid Receptors in Psychiatry” has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

FACULTY AND PLANNERS DISCLOSURE POLICY
The Texas Society of Psychiatric Physicians will disclose to participants the existence of any relevant financial relationships between faculty members, TSPP staff and members, who planned, authored, contributed to, and/or reviewed the content of this activity, and any commercial interest discussed in this educational activity. Disclosure will occur through written communication in the syllabus / handout material.

2019 Application and Process for Distinguished Fellow Status

Mark Jacobs, MD, Chair, TSPP Distinguished Fellowship Committee

Distinguished Fellowship status is awarded to outstanding psychiatrists who have made broad and significant contributions to the psychiatric profession and their communities, and is the highest membership honor the APA bestows upon members. Excellence, not mere competence, is the hallmark of an APA Distinguished Fellow.

Do I meet the requirements to apply for nomination to Distinguished Fellow status in APA?

If you have been a member of the American Psychiatric Association for at least eight consecutive years as a General Member or Fellow of APA, and are Board Certified by the ABPN, AOA, RCPSC, or an equivalent certification board, you have met the basic eligibility requirements for application for nomination to Distinguished Fellowship (DF) status in the APA. Letters of support from three current Distinguished Fellows or Distinguished Life Fellows must accompany a completed application form that demonstrates the nominee's excellence in at least five categories, with emphasis given to the two categories of involvement in the District Branch (TSPP), chapter and/or other components and activities of the APA. Other categories in which the nominee may demonstrate excellence are: involvement in other medical and professional organizations; participation in non-compensated mental health and medical activities of social significance; participation in community activities unrelated to income-producing activities; clinical contributions; administrative contributions; teaching contributions; scientific and scholarly publications.

Since Distinguished Fellowship is an APA honor, the TSPP Distinguished Fellowship Committee feels very strongly that participation in organized psychiatry is an extremely important component. Length and quality of service in the activities of the Chapter, District Branch, and APA are critical for nomination for Distinguished Fellowship status, as would be expected. The APA grants the District Branches wide latitude as to how to weigh the various sections of the application, and in the many years I have served on this committee, at least some credit has been required in these sections for a successful application. Other District Branches take a similar stance. Paraphrasing the APA application guidelines, involvement and participation in the APA and its component organizations could mean holding elected offices, committee work as a chair or committee member, newsletter work, website design/maintenance for the Chapter, political action / legislative committee oversight, or conducting special projects at the District Branch or Chapter level. Substantial committee work together with elected office or membership on the Executive Council for several years will usually qualify the nominee for higher credit in this category. No credit is given for membership alone in the APA and its District Branches and Chapters. Serving on APA Area Councils, the Assembly or Board of Trustees counts, as does holding elected office. Other examples of activities

Who are the TSPP Distinguished Fellowship Committee Members / Chapter Representatives?			
Melissa Eshelman, MD, Vice Chair, DFAPA	Austin Chapter Rep		
Edythe Harvey, MD, DLFAPA	Galveston-Brazoria Chapter Rep		
Mark S. Jacobs, MD, Chair, DLFAPA	Houston Chapter Rep		
J. Clay Sawyer, MD, DLFAPA	Lone Star Chapter Rep / Waco		
Carol North, MD, DLFAPA	North Texas Chapter Rep/ Dallas		
Fructuoso Irigoyen-Rascon, MD, DLFAPA	South Texas Chapter Rep / McAllen		
Debra Atkisson, MD, DFAPA	Tarrant Chapter Rep / Fort Worth		

such as work on APA Councils, Committees, Task Forces, or editorial boards of APA publications would earn credit as well.

Historically, the local TSPP Chapter leadership and their representatives to TSPP identified and encouraged strong candidates to apply for Distinguished Fellow status. They served as mentors, assisting the applicant with developing and editing the application, assessing letters of recommendation, or suggesting activities or leadership opportunities that would strengthen a future application. When APA began soliciting online applications for Distinguished Fellow status directly from the membership two years ago, a great deal of confusion ensued. Members were not necessarily aware that TSPP still had to review all of the documentation and decide whether or not to nominate the member to APA for Distinguished Fellow status. Applicants sometimes uploaded supporting documents to APA, sometimes mailed or emailed them to TSPP, or, on occasion, did not submit them at all which resulted in an incomplete application that could not be considered. Communication from APA about the status of applications was often delayed or the information inaccurate. Hopefully, these process issues have now been resolved by APA.

If you are considering applying for Distinguished Fellowship status in 2019, first review all of the DFAPA requirements at <https://www.psychiatry.org/about-apa/meet-our-organization/district-branches/district-branch-resources/guide-apa-distinguished-fellowship/requirements> in

detail, and then, if you believe you meet the criteria, reach out to your Chapter Representative to the TSPP Distinguished Fellowship Committee to discuss your interest. If you don't have a local chapter representative, contact TSPP via email at tsppofc@aol.com, and one of our committee members will be designated to serve as your advisor. At the TSPP Annual Meeting next month in Ft. Worth, the committee will be distributing lists of members who meet basic eligibility requirements (board certification and length of membership) for the local Chapters to reference in their outreach efforts.

What is the 2019 timeline for Application and Nomination for Distinguished Fellowship status?

January 2019 – APA will open the link for online applications for Distinguished Fellow status.

On or Before March 30, 2019 – All Distinguished Fellow applications for nomination must be completed ONLINE via APA's link including uploading 3 required DF / DLF reference letters and any supporting documentation. Please note that incomplete applications or applications submitted after March 30 will not be considered until the following year.

April 28, 2019 – TSPP's Distinguished Fellowship Committee will then review all completed applications and recommend approval of qualified applicants to the Executive Council at the TSPP Spring meeting, April 28, 2019. After Executive Council approval, TSPP will submit to APA the



Mark Jacobs, MD, DLFAPA

names of members the District Branch (TSPP) has approved for nomination and consideration by the APA Membership Committee.

July-October, 2019 – The APA Membership Committee scores each application and makes recommendations to the Board of Trustees.

December 2019 – The APA Board of Trustees votes on the Membership Committee's recommendation and in late-December notifies the District Branch (TSPP) of their members elected to Distinguished Fellowship status.

What is Fellow status and How do I apply in 2019?

If you do not yet meet the criteria for Distinguished Fellowship, you may still apply for APA Fellow status. Fellow Status is an honor that reflects your dedication to the work of the APA and signifies your allegiance to the psychiatric profession. The requirements are only that you are a current APA General Member or Life Member in good standing and are certified by the ABPN, AOA, RCPSC, or an equivalent certification board. There is a 30-day review period for the District Branch (TSPP) to offer comments about the Fellowship candidate before approval by the APA Membership Committee in October and the APA Board of Trustees in December.

Application for Fellow status may be made online beginning January 1 for submission to APA by September 1 via the APA website at <https://www.psychiatry.org/join-apa/become-a-fellow>

Good luck, and please do not hesitate to contact me ([mjacobsg@ghpa.net](mailto:mjacobs@ghpa.net)) if I can be of assistance. ■

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OCTOBER/NOVEMBER 2018

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Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

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Federation of Texas Psychiatry

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TxPsychiatry@aol.com (E-mail)
<http://www.txpsych.org> (website)

JOB BANK

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation's **JOB BANK** on its website at www.txpsych.org. The Federation's **JOB BANK** could be just what you have been looking for.

CALENDAR OF MEETINGS



Sundance Square • Fort Worth

NOVEMBER

- 9-11 Texas Society of Psychiatric Physicians
62nd Annual Convention & Scientific Program**
"Psychiatry and Public Health and Its Implications for Clinical Practice"
Omni Fort Worth Hotel, Fort Worth
Reservations: TSPP discounted room rate of \$179 Single or Double Occupancy, before October 1 – www.txpsych.org
Call 1-800-THE-OMNI and refer to Texas Society of Psychiatric Physicians, TSPP Annual Convention & Scientific Program or visit online: <https://www.omnihotels.com/hotels/fort-worth/meetings/texas-society-psychiatric-physicians>

APRIL 2019

- 26-28 Texas Society of Psychiatric Physicians
and Texas Academy of Psychiatry
Spring Meeting and CME Program**
Westin Austin at the Domain Hotel, Austin, Texas

JULY 2019

- 19-21 Texas Society of Child and Adolescent Psychiatry
Annual Convention and Scientific Program**
Westin Riverwalk Hotel, San Antonio, Texas

NOVEMBER 2019

- 8-10 Texas Society of Psychiatric Physicians
Annual Convention and Scientific Program**
Moody Gardens Hotel, Galveston, Texas

**Happy
Holidays**
BEST WISHES !