

# Texas Psychiatrist



## Please Come to Austin for Mental Illness Awareness Day – February 8th

Eric Woomer, Federation of Texas Psychiatry Public Policy Consultant



Eric Woomer

The Federation of Texas Psychiatry is ready to hit the ground running for the January 10th start of the 85th session of the Texas Legislature. Recent events have indicated that this legislative session could present an unprecedented opportunity to reform the way we manage mental health care in Texas. The House Select Committee on Mental Health released a report in January with their findings from interim meetings, warning that the mental care health system "is absolutely one of the most critical areas of concerns" facing the state.

The committee asserted that if Texans fail "to adequately invest and earnestly address the issues now, we do so at our own peril because the societal, medical and criminal justice costs alone will be extremely high." House Speaker Joe Straus took the recommendations to heart, suggesting that "the opportunity to improve our mental health system this year is real and it's important." The committee advocated many of the Federation's major

priorities as potential ways to implement reform, including investing in jail diversion programs, increasing the capacity of state hospitals and promoting early intervention programs in grade schools.

The Federation is ready to capitalize on the rare opportunity the 85th Legislature represents but we will need your help. Forecasts for this year's budget have been gloomy at best. State agencies have been warned to cull their spending in anticipation of a blanket 4% reduction in available funding as lawmakers grapple with tighter purse strings. The legislative desire to reform the mental health system in Texas is here, but we will have to make a major push to ensure that the Federation's initiatives are a fiscal priority.

The Mental Illness Awareness Coalition, which includes the Federation of Texas Psychiatry, NAMI Texas, Mental Health America of Texas and DBSA Texas, plans to raise visibility for mental health funding and policy support by co-hosting the Mental Illness Awareness Capitol Day Rally

and Advocacy Training on February 8th from 10am to 4pm at the Schmidt-Jones Family Life Center on 1300 Lavaca Street in Austin.

This biannual event brings hundreds of psychiatrists, families, and mental health advocates from around the state to Austin for advocacy training, a rally on the south steps of the Texas State Capitol, and visits with legislative offices. The Federation joins a small but influential group of mental health stakeholder organizations – dubbed the 'Mental Illness Awareness Coalition' – in making this event happen by chartering buses to transport supporters, fundraising, booking speakers, promoting the event, and more.

The Mental Illness Awareness Capitol Day Rally and Advocacy Training will be held during the first sixty days of session, raising awareness of the importance of Federation priorities before bills hit the floor for a vote. This event depends on the participation of stakeholders, so physician attendance will be crucial to Capitol Day's

success. A robust presence will indicate to the Legislature that investment in the state's healthcare workforce remains a top priority, and that quality patient care and mental health parity still need lawmaker attention.

Together, Federation of Texas Psychiatry' physicians can wield their influence at this event to secure funding that will benefit our patients across Texas.

Please support the Federation as well as your patients and your profession, and hold your representatives accountable. ■

RESERVE YOUR PLACE TODAY  
the registration page is found at:  
<https://www.eventbrite.com/e/mental-health-day-at-the-texas-state-capitol-tickets-29170414495?ref=estw>



### Let's Move on Mental Health

February 8th, 10am-4pm

Schmidt-Jones Family Life Center  
1300 Lavaca Street, Austin, Texas

#### SCHEDULE

10:00 am	Welcome and Check In
10:15 am	Legislators Welcome
10:30 am	Issue Briefing and Advocacy Training
11:45 am	Box Lunch (included)
12:30 pm	Rally on the South Steps of the Capitol
1:15 pm	Meet with your Legislators
3:30 pm	Closing Reception
4:00 pm	Adjourn

## INSIDE

Calendar .....	8
Congratulations .....	2
Online Dues Accepted .....	3
Scenes from the TSPP Convention ....	3
Thank You for Your Support .....	2
TSAP Annual Convention & Scientific Program ...	6-7
TSPP Spring Meeting and CME Program .....	4-5

### TSPP/TAP Spring Meeting and CME Program "Suicide: Risk Assessment, Prevention and Liability"

#### Hotel Reservations:

Westin Austin at the Domain Hotel  
<https://www.starwoodmeeting.com/Book/springmeetingcommitteesCMEprograms>  
or telephone 888-625-4988







# Thank You for Your Support

J. Clay Sawyer, MD, Chairman, Texas Foundation for Psychiatric Education and Research

The Texas Foundation for Psychiatric Education and Research concluded ANNUAL CAMPAIGN 2016 on December 31 with excellent results thanks to the generous financial support of Texas Psychiatry, advocates and friends. Annual Campaign 2016 received \$9,830 in charitable contributions, increasing the Foundation's total charitable contributions received since 1993 to \$439,232.

**Grants**

Through 2016 the Foundation has awarded 139 grants amounting to \$288,371 supporting the following purposes of the Foundation: Public Education / Advocacy, Professional Education and Research.

**Donor Recognition**

To recognize the participation of individuals, corporations, organizations and foundations who support the Foundation, the Foundation established Donor Recognition Designations, as follows:

**Chairman's Club:** Honors and recognizes friends of the Foundation who contribute or pledge a cumulative sum of \$10,000 or more.

**Founder's Circle:** Honors and recognizes donors who contributed a cumulative sum of \$2,500 or more during the first five Annual Campaigns.

**Club 2000:** For those that helped launch the Foundation into the 21st Century, the Foundation recognizes the donors who contributed at least \$2,000 from 1999-2003.

**Foundation Associates:** Recognizes friends who donate \$500 or more during an Annual Campaign.

**Foundation Advocates:** Recognizes contributors who donate \$100 or more during an Annual Campaign.

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**THANK YOU ANNUAL CAMPAIGN DONORS**

The Foundation proudly wishes to acknowledge the following donors who earned membership in the ANNUAL CAMPAIGN 2016 as Foundation Associates and Foundation Advocates:

**FOUNDATION ASSOCIATES:**

Debra Atkisson, MD  
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Lynda Parker, MD  
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Kathleen Salvatore, MD  
J. Clay Sawyer, MD  
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*Your contribution is tax deductible to the full extent of the law. Thank you for your support!*

## C O N G R A T U L A T I O N S !

**TSPP AND APA MEMBERS WHO ACHIEVED LIFE STATUS IN 2017**

**DISTINGUISHED LIFE FELLOWS:**

James Baker, MD  
Efrain Bleiberg, MD  
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J. Clay Sawyer, MD  
Alana Spiwak, MD

**LIFE FELLOWS:**

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Alan Koenigsberg, MD  
Luisa Lohner, MD  
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Colin Ross, MD  
Jerri Sethna, MD  
William Skiba, MD  
Joe Treadaway, MD  
Vernon Walling, MD

**NEWLY ELECTED 2017 TSPP AND APA FELLOWS**

**FELLOWS:**

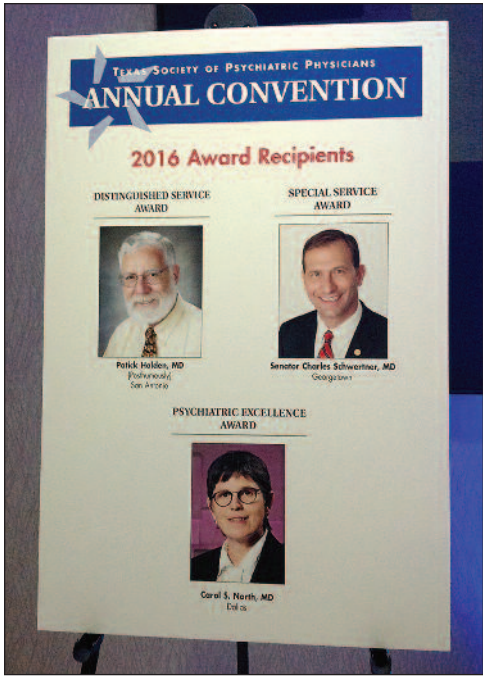
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Pedro Ruiz, MD  
Gerald Schneider, MD  
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Larry Tripp, MD



# Scenes from the TSPP Convention



TSPP Awards



TSPP Awards



TSPP President, Dr. Daryl Knox (center) with Award Recipients Dr. Carol North for Psychiatric Excellence (left) and Mrs. Patrick Holden for Distinguished Service Recipient, Dr. Patrick Holden (right)



Dr. Katherine Cowan,  
Recipient of the Dr. Spencer Bayles Award



TSPP President, Dr. Daryl Knox (left) Presenting Special Service Award to Senator Charles Schwertner (center) with Federation of Texas Psychiatry President, Dr. Debra Atkisson (right)



Dr. Jordan Yee (4th left), Recipient of the Dr. Spencer Bayles Award, and family



North Texas State Hospital  
Award Recipients of the David Pharis Award



TSPP Scientific Program



Training Director, Dr. Tim Wolff, and TSPP Resident Fellow Members



Psychiatric Excellence Award Recipient, Dr. Carol North (Center), and NTSPP Chapter President, Dr. Leonora Stephens (3rd Left) and members

2017 TSPP  
MEMBERSHIP DUES  
DUE January 1, 2017

ONLINE DUES PAYMENTS  
NOW ACCEPTED

TSPP is now accepting online membership dues payments! If you would like to remit your membership dues payment online via credit card, please send an email to [tsp-pofc@aol.com](mailto:tsp-pofc@aol.com) and you will receive an email from QuickBooks with an attached invoice and link to make your payment.

Or, you may remit your payment via mail (401 West 15th Street, Suite #675, Austin, TX 78701), email [tsp-pofc@aol.com](mailto:tsp-pofc@aol.com), fax 512-478-5223 or telephone 512-478-0605.

Thank you for being a member! We appreciate your support and participation in your State medical specialty society!

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VOTE IN APA ELECTION!

Visit [www.psychorg](http://www.psychorg) for details. Voting Deadline – January 31.

FEBRUARY/MARCH 2017

TEXAS PSYCHIATRIST

3



Texas Society of Psychiatric Physicians & Texas Academy of Psychiatry

# Spring Committee Meetings and Joint Provider Continuing Medical Education Program: “Suicide: Risk Assessment, Prevention and Liability”

April 29-30, 2017 • Westin Austin at the Domain Hotel, Austin, Texas

Register early and plan to attend the 2017 committee meetings and Joint Provider Spring CME Program of the Texas Society of Psychiatric Physicians and the Texas Academy of Psychiatry on April 29-30, 2017 at the Westin Austin at the Domain Hotel, 11301 Domain Drive, Austin, TX.

MEETING LOCATION / INFORMATION



Located in the heart of The Domain, within one of Austin's premier destinations, the AAA 4-Diamond Award Winning Westin Austin at the Domain Hotel is centrally located among 1.3 million square feet of high-end shopping and local music, fine dining, an upscale movie theater featuring independent and major films, and jogging paths offering a taste of the calming greenery found nearby. Easy steps from the hotel door, or a complimentary Westin golf cart shuttle away, you will find Spa Revel, an exclusive spa sanctuary dedicated to creating a memorable experience for every guest (Spa Reservations 1-512-339-7000), outstanding shopping choices including Neiman Marcus, Tiffany & Company, Louis Vuitton, Nordstroms, Dillards and numerous dining options such as Flemings, Jaspers, Kona Grill, Cru Wine and many others. Or, plan to remain in the hotel and enjoy fine dining in a relaxed atmosphere celebrating premium meat and seafood, great wine, and fresh produce and relax in the warm retreat of the lobby offering live music on most weekday afternoons.

MEETING HIGHLIGHTS

- TSPP & TAP Joint Provider Spring CME Program (6 Hours of Category I CME Credit) with 2 of the Hours Designated for Medical Ethics
- TSPP Committee Meetings – Open to all Members, including Residents and Fellows in Training
- Networking with Colleagues from Around the State of Texas
- Exhibits that offer Business Practice Tools and Employment Opportunities
- TSPP Government Affairs Committee & Luncheon Program
- Complimentary Refreshments & Reception
- TSPP Executive Council Meeting and Installation of Officers for 2017-18

HOTEL RESERVATIONS

TSPP has negotiated a small block of rooms with a discounted room rate of \$199 for reservations placed BEFORE April 6. To take advantage of this rate, visit the Federation of Texas Psychiatry's website at [www.txpsych.org](http://www.txpsych.org) and click on the URL link included in the announcement/information for the TSPP/TAP meeting: <https://www.starwoodmeeting.com/Book/springmeetingcommitteesCMEprograms> or call 866-961-2858.

EXHIBITS

Complimentary refreshments and snacks will be provided in Primrose D of the Westin Austin at the Domain Hotel for registered attendees. Exhibits will be open throughout the day Saturday to provide you with information designed to enhance your practice and improve the optimal delivery of medical care to your patients. In addition there will be ‘job fair’ exhibitors who have employment opportunities for Psychiatrists in the State of Texas.

P R O G R A M   S C H E D U L E		
<b>FRIDAY, APRIL 28</b> 4:00 pm - 10:00 pm 6:00 pm - 7:30 pm 7:30 pm - 9:00 pm	Temporary Registration Desk . . . . . <i>Bluebonnet Foyer</i> Chapter Leadership Forum . . . . . <i>Bluebonnet</i> Federation Delegate Assembly Meeting . . . <i>Bluebonnet</i>	<b>2:30 pm - 9:00 pm</b>  <b>2:30 pm - 4:30 pm</b>
<b>SATURDAY, APRIL 29</b> 7:00 am - 9:00 pm 7:30 am - 8:45 am  9:00 am - 9:50 am 9:00 am - 10:30 am   8:30 am - 9:30 am 8:30 am - 7:00 pm 10:30 am - 10:50 am  10:50 am - 12:20 pm   12:20 pm - 12:40 pm  12:40 pm -2:00 pm 1:40 pm - 2:30 pm  1:40 pm - 2:30 pm	Registration . . . . . <i>Primrose D Foyer</i> Foundation Board of Directors Breakfast Meeting . . . . . <i>Verbena B</i> Continental Breakfast . . . . . Council on Leadership Meetings Ethics . . . . . <i>Camellia A</i> Distinguished Fellowship . . . . . <i>Camellia B</i> Finance . . . . . <i>Plumeria A</i> Council on Education Meetings Continuing Medical Education . . . . . <i>Verbena A</i> Professional Practice Management . . . . . <i>Plumeria B</i> Exhibits Set-Up . . . . . <i>Primrose D</i> Exhibits / Hospitality Room . . . . . <i>Primrose D</i> Refreshment Break / Visit with Exhibitors and Door Prize Drawings . . . . . <i>Primrose D</i> Council on Service Meetings Academic Psychiatry . . . . . <i>Camellia A</i> Child and Adolescent Psychiatry . . . . . <i>Camellia B</i> Forensic Psychiatry . . . . . <i>Plumeria A</i> Public Mental Health Services . . . . . <i>Plumeria B</i> Refreshment Break / Visit with Exhibitors and Door Prize Drawings . . . . . <i>Primrose D</i> Council on Advocacy / Lunch Program . . . . . <i>Lantana</i> Texas Academy of Psychiatry Board of Directors Meeting . . . . . <i>Bluebonnet</i> Resident Fellow Member in Training Section . . . <i>Verbena</i>	<b>4:30 pm - 4:50 pm</b>  <b>4:50 pm - 6:50 pm</b>     <b>6:50 pm - 7:00 pm</b> <b>7:00 pm - 9:00 pm</b>
<b>SUNDAY, APRIL 30</b>		
9:00 am - 11:00 am		CME SCIENTIFIC PROGRAM: “Suicide: Risk Assessment, Prevention and Liability” . . . . . <i>Primrose C</i> <b>Panel on Suicide: Epidemiology, Risk Assessment and Predictability</b> Epidemiology of Suicide – Joseph V. Penn, MD, CCHP, FAPA Suicide Risk Assessment – Elizabeth C. Conti, PhD Addressing and Modifying Suicide Risk Factors – Christopher B. Ticknor, MD <b>Refreshment Break / Visit with Exhibitors and Door Prize Drawings . . . . . Primrose D</b> <b>Panel on Suicide: Suicide Risk and Liability Issues</b> Case Presentation on Suicide Risk in Physicians – Sheila M. Loboprabhu, MD, FAPA Liability Issues in Caring for Other Professionals – William H. Reid, MD, MPH, DFAPA, FACP, FRCP(E) Discussions of Important Points in these two presentations – Moira Wertheimer, ESQ., RN, CPHRM <b>Refreshment Break . . . . . Primrose D</b> <b>Dinner / Panel on Suicide: Physician Standards of Care and Liability Risk Management</b> Physician Standards of Care in Treating Suicidal Patients – Speaker TBD Liability and Documentation Issues in Caring for Suicidal Patients – Moira Wertheimer, ESQ., RN, CPHRM
Executive Council Meeting . . . . . <i>Lantana</i> Continental Breakfast and Installation of Officers for 2017-18		



Texas Society of Psychiatric Physicians and Texas Academy of Psychiatry

## Spring Committee Meetings, Joint Provider Continuing Medical Education Program

April 29-30, 2017 • Westin Austin at the Domain Hotel, Austin, Texas

**MAIL....** (pay by credit card or check)  
**Texas Society of Psychiatric Physicians**  
401 West 15th Street, Suite 675, Austin, TX 78701  
(The following options require credit card payment)  
**E-MAIL....** [TSPPofc@aol.com](mailto:TSPPofc@aol.com)  
**ONLINE....** <http://www.txpsych.org>

To remit payment online, complete this form and return to [tsppofc@aol.com](mailto:tsppofc@aol.com) via email. An email invoice will be sent to you via Quickbooks for payment.

NAME

Please check if you are a: ☐ APA Fellow ☐ APA Distinguished Fellow ☐ APA Distinguished Life Fellow ☐ APA Life Member ☐ APA Life Fellow

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REGISTRATION FEE SCHEDULE – APRIL 29, 2017

	Before April 6	After April 6	
<input type="checkbox"/> LUNCH	\$20.00	\$25.00	_____
<input type="checkbox"/> CME PROGRAM , AND DINNER			
TSPP / ACADEMY / TSCAP Member	\$125.00	\$155.00	_____
MS OR RESIDENT-FELLOW IN TRAINING / TSPP ACADEMY / TSCAP MEMBER	\$15.00	\$25.00**	_____
NON-MEMBER PHYSICIAN	\$155.00	\$185.00	_____
NON-MEMBER RESIDENT-FELLOW PHYSICIAN, MS	\$25.00	\$35.00	_____
ALLIED HEALTH PROFESSIONAL	\$100.00	\$125.00	_____
Name(s) for name badge: _____			
SPOUSE / GUEST (no CME credit)	\$65.00	\$85.00	_____
Name(s) for name badge: _____			
** NO CHARGE, if your Program Training Director registers for the CME Program.			
Enter Program Director's name here: _____			

MEETING SYLLABUS ORDER

<input type="checkbox"/> Meeting Syllabus in Color	\$50.00	\$75.00	_____
<input type="checkbox"/> Meeting Syllabus in Black & White	\$30.00	\$55.00	_____
<input type="checkbox"/> Online Meeting Syllabus	No Charge	No Charge	_____

☐ Vegetarian Plate Requested.  
No additional fee if requested prior to April 6 otherwise there will be an additional fee of \$15.00

 If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605.

To register by telephone there will be a \$7.50 convenience fee charged. To avoid this charge, you may fax (512-478-5223), scan and email ([tsppofc@aol.com](mailto:tsppofc@aol.com)) or mail to: TSPP, 401 West 15th Street, Suite #675, Austin, TX 78701 your registration form and payment.

Total Registration Fees

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CANCELLATION POLICY: In the event of cancellation, a full refund will be made if written notice is received in the TSPP office by April 6, 2017, less a 25% processing charge. NO REFUNDS will be given after April 6, 2017

4

TEXAS PSYCHIATRIST

FEBRUARY/MARCH 2017

Texas Society of Psychiatric Physicians and Texas Academy of Psychiatry  
Spring Committee Meetings and Joint Provider Scientific Program

Saturday, April 29 (6 Hours Category 1 Credit)

“Suicide: Risk Assessment, Prevention and Liability”

SCIENTIFIC PROGRAM SCHEDULE

Saturday, April 29 (6 Hours Category 1 Credit)

2:30 pm - 4:30 pm	<b>Panel on Suicide: Epidemiology, Risk Assessment and Predictability</b> ..... <i>Primrose C</i> Epidemiology of Suicide – Joseph V. Penn, MD, CCHP, FAPA Suicide Risk Assessment – Elizabeth C. Conti, PhD Addressing and Modifying Suicide Risk Factors – Christopher B. Ticknor, MD
4:30 pm - 4:50 pm	<b>Refreshment Break / Visit with Exhibitors and Door Prize Drawings</b> ..... <i>Primrose D</i>
4:50 pm - 6:50 pm	<b>Panel on Suicide: Assessment and Prevention</b> Case Presentation on Suicide Risk in Physicians – Sheila M. Loboprabhu, MD, FAPA Liability Issues in Caring for Other Professionals – William H. Reid, MD, MPH, DFAPA, FACP, FRCP(E) Discussions of Important Points in these two presentations – Moira Wertheimer, ESQ., RN, CPHRM
6:50 pm - 7:00 pm	<b>Refreshment Break</b> ..... <i>Primrose D</i>
7:00 pm - 9:00 pm	<b>Dinner and Panel on Suicide: Liability Risk Management</b> Ethics – Physician Standards of Care in Treating Suicidal Patients – Speaker TBD Ethics – Liability and Documentation Issues in Caring for Suicidal Patients – Moira Wertheimer, ESQ., RN, CPHRM

ABOUT THE SPEAKERS

ELIZABETH C. CONTI, PhD

Postdoctoral Research Fellow and Licensed Psychologist  
Michael E. DeBakey VA Medical Center  
Center for Innovations in Quality, Effectiveness and Safety  
Houston, Texas

SHEILA M. LOBOPRABHU, MD, FAPA

Associate Professor  
Menninger Department of Psychiatry and Behavioral Sciences  
Baylor College of Medicine  
Houston, Texas  
  
Staff Psychiatrist  
Michael E. DeBakey VA Medical Center and MIRECC  
Houston, Texas

JOSEPH V. PENN, MD, CCHP, FAPA

Director, Mental Health Services  
UTMB Correctional Managed Care  
Conroe, Texas  
  
Clinical Professor, Department of Psychiatry  
University of Texas Medical Branch  
Galveston, Texas

WILLIAM H. REID, MD, MPH, DFAPA, FACP, FRCP(E)

Clinical Professor of Psychiatry  
Texas Tech University Health Sciences Center  
  
Clinical Professor of Psychiatry  
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Connecticut Society of Healthcare Risk Managers

CME PROGRAM GOAL/TARGET AUDIENCE

This live activity has been designed in a lecture format with case examples and panel format followed by an interactive audience question and answer period to provide its' primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice.

The information and data presented will address the professional practice gaps of the learners and advance the physician's competence and improve their knowledge of 1) the most effective interventions to be taken, and provide education, so that physicians become better able to detect in themselves and their colleague symptoms of physician depression; 2) encourage physicians to engage in early intervention/reporting and access to treatment for the physician's / colleague's depression; 3) prevent suicide by the physician and provide safe patient care and 4) increase the use of screening tools in clinical practice settings so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

IDENTIFIED PRACTICE GAPS / NEEDS ASSESSMENT

TSPP identified professional practice gaps in medical literature and incorporated this into the CME activity to address the relevant educational needs concerning competence that underlie the professional practice gaps of the participants. Physicians have a very large suicide rate. About 400 US physicians die by suicide every year. Physician depression and suicide affects patient safety and provision of good clinical care. Physicians often do not self report their depression due to fears about licensing concerns. Early detection and treatment of physician depression may prevent suicide and improve the clinical care offered by the physician.

Multiple suicide prevention strategies have been discussed in the literature, but it is unclear from the current research the most effective intervention methods to prevent suicide. Limiting access to lethal means and education of primary care providers about recognizing and treating depression are two promising areas of study.

The proposed program will review the current state of the science and recommend specific techniques for the individual practitioner to consider and apply. Additionally, implementation of strategies to manage and detect suicidal risk such as increased use of screening tools in clinical practice settings may also provide metrics that can be evaluated to manage and detect suicidal risk.

OBJECTIVES

The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of this presentation participants should be able to:

- to identify and recognize symptoms of physician depression.
- to list steps for early detection of physician depression.
- to describe a physician's ethical reporting responsibility for his/her own depression or depression in a colleague.
- to list resources on how to get the physician intervention and care for depression
- to describe strategies for suicide prevention and implement suicide prevention strategies based upon the current knowledge base.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of the Texas Society of Psychiatric Physicians and the Texas Academy of Psychiatry. The Texas Society of Psychiatric Physicians is accredited by TMA to provide continuing medical education for physicians.

CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of six (6) *AMA PRA Category I Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ETHICS DESIGNATION STATEMENT

The presentations “Physician Standards of Care in Treating Suicidal Patients” and “Liability and Documentation Issues in Caring for Suicidal Patients” has been designated by the Texas Society of Psychiatric Physicians for two (2) credit of education in medical ethics and/or professional responsibility.

FACULTY AND PLANNERS DISCLOSURE POLICY

In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered to the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the education activity.

TSPP will disclose to learners the existence (or non-existence) of all relevant financial relationship(s) that the faculty and planners did (or did not) have with any commercial interest concerned with the content of the educational presentation.

Disclosure will occur prior to the presentation through written communication in the syllabus / handout materials.





# Annual Convention & Scientific Program

## “What’s on the Horizon”

JULY 14-16, 2017 • Hyatt Regency Hotel, Austin, Texas

### GENERAL INFORMATION

#### Dear Colleagues,

It is a joy to be a child and adolescent psychiatrist. Every day brings rewards and challenges. Our field is rapidly advancing with new innovations in biotechnology, changing risks and liabilities, integration of revised DSM criteria, and expansion of traditional and alternative treatment options. We are also faced with challenges in providing quality and timely psychiatric care. Challenges that include decreased access to care, increase in administrative and financial burdens, and minimal growth in our specialty to name a few. These challenges may be different for each of us, but their impact on our identity as a physician and on our health and wellness can be profound.

I am encouraging members and nonmembers to attend our annual July conference “What’s On The Horizon?” at the Hyatt Regency Austin Downtown Hotel in Austin, TX. This conference will address trending topics in child and adolescent psychiatry. Write your prescription for wellness. Come and enjoy learning while relaxing with your colleagues and family.

TSCAP is a family that is supportive in good and bad times. It is an organization that is dedicated to providing a forum for education, collaboration, and networking to Texas psychiatric physicians. If you are not a member please join. TSCAP does a lot with a little, but more would enhance its mission.



I look forward to seeing everyone.

**Brigitte Bailey, MD**  
President

#### MEETING LOCATION

TSCAP’s Annual Convention and Scientific Program will be held at the Hyatt Regency Austin Downtown Hotel, 208 Barton Springs Road, Austin, TX 78704. Hyatt Regency resides in the most ideal spot in Austin. Set on the shores of Lady Bird Lake, the hotel combines the perfect blend of city life and resort calm with views only the Hyatt Regency Austin can offer. The location offers easy access to Austin’s many entertainment districts, most notably South Congress, where you can find a taste of the original Austin and popular attractions within a short walk, drive or taxi ride such as Austin’s famous 10.1 mile Hike & Bike Trail, Congress Avenue Bats, Downtown’s 2nd Street and Warehouse Districts and Rainey Street, 6th Street and Red River’s Entertainment Districts.



#### HOTEL RESERVATIONS

Special TSCAP discounted room rates are available to program registrants **BEFORE JUNE 28 or upon sell-out, whichever occurs first.** Make your hotel reservation today by calling Central Reservations at 1-888-421-1442 or visit [www.txpsych.org](http://www.txpsych.org) and click on the following link in the TSCAP Program Information: <https://resweb.passkey.com/go/GTSP2017>

TSCAP discounted room rates:  
\$169 Single / Double Occupancy

Discounted rate for overnight self-parking \$15.00 per day and for daily self-parking \$10.00 per day.

#### OPENING WELCOME RECEPTION WITH EXHIBITORS

Make plans to attend the complimentary Welcome Reception with Exhibitors on Friday evening, 6:30 pm - 8:30 pm, in the Texas Ballroom IV-VII, Hyatt Regency Austin Downtown Hotel. Visit throughout the evening with your friends, colleagues and exhibitors in a fun-filled, relaxing atmosphere and complete your entry for the special door prize drawings to be awarded on Saturday!

#### EXHIBITS

TSCAP’s Welcome Reception, Continental Breakfasts and Refreshment Breaks, will be held in the Texas Ballroom IV-VII of the Hyatt Regency Austin Downtown Hotel. Exhibits will be open throughout the evening, Friday, and all day Saturday and provide you with information designed to enhance your practice and help improve the optimal delivery of medical care to your patients. In addition, there will be ‘job fair’ exhibitors who have employment opportunities for Psychiatrists in the State of Texas.

### PROGRAM AT A GLANCE

#### Friday, July 14

12:00 pm - 8:30 pm	Registration .....	Texas Ballroom Foyer
2:00 pm - 5:30 pm	Exhibit Set-Up .....	Texas Ballroom IV-VII
4:00 pm - 5:30 pm	TSCAP Executive Committee Meeting .....	Foothills 1, 17th Floor
6:30 pm - 8:30 pm	Fiesta Welcome Reception with Exhibitors .....	Texas Ballroom IV-VII

#### Saturday, July 15

7:00 am - 4:30 pm	Registration .....	Texas Ballroom Foyer
7:30 am - 8:00 am	Continental Breakfast with Exhibitors .....	Texas Ballroom IV-VII
8:00 am - 3:45 pm	Scientific Program .....	Texas Ballroom I-III
Note: For Saturday’s Program, to reduce expenses, refreshments will be set in one location, in the Exhibit Hall, Texas Ballroom IV-VII		
10:30 am - 10:50 am	Refreshment Break and Door Prize Drawings .....	Texas Ballroom IV-VII
11:50 am - 12:10 pm	Refreshment Break and Door Prize Drawings .....	Texas Ballroom IV-VII
1:10 pm - 1:30 pm	Refreshment Break and Door Prize Drawings .....	Texas Ballroom IV-VII
3:00 pm - 4:00 pm	Exhibits Teardown / Depart .....	Texas Ballroom IV-VII

#### Sunday, July 16

7:00 am - 1:00 pm	Registration .....	Texas Ballroom Foyer
7:45 am - 8:45 am	TSCAP Annual Business Meeting and Breakfast Open to All Attendees (see registration form) .....	Texas Ballroom V-VII
8:45 am - 12:30 pm	Scientific Program .....	Texas Ballroom I-III
10:15 am - 10:30 am	Refreshment Break .....	Texas Ballroom Foyer



## TSCAP Annual Convention & Scientific Program

### “What’s on the Horizon”

JULY 14-16, 2017  
Hyatt Regency Hotel, Austin, Texas

### REGISTRATION

NAME	DEGREE		
MAILING ADDRESS	CITY	STATE	ZIP
TELEPHONE NUMBER	FAX NUMBER	E-MAIL	

Name(s) of Guest(s) Attending \_\_\_\_\_

### SCIENTIFIC PROGRAM REGISTRATION

(Includes Scientific Program, **Saturday Lunch During Resident Case Presentation**, Saturday & Sunday Refreshment Breaks).

	After June 28	After June 28	
TSCAP Member Physician	\$195	\$215	_____
Non-Member Physician	\$250	\$270	_____
Spouse / Guest Claiming CME Credit	\$195	\$215	_____
Allied Health Professional / Spouse / Guest	\$180	\$200	_____
TSCAP Member Trainee	\$15	\$30	_____
Non-Member Trainee	\$25	\$50	_____
Medical Student	\$0	\$15	_____

### SOCIAL EVENTS

☐ **Friday Welcome Reception**

Name(s) Attending Reception: \_\_\_\_\_

☐ **Sunday Membership Business Breakfast**

TSCAP Member	\$15	\$20	_____
Non-Members/Guests/Spouse/Child	\$20	\$25	_____

Name(s) Attending Breakfast: \_\_\_\_\_

### MEETING SYLLABUS ORDER

<input type="checkbox"/> Color Printed Copy	\$75	\$100	_____
<input type="checkbox"/> Black & White Copy	\$50	\$75	_____
<input type="checkbox"/> Online Meeting Syllabus	Free	Free	_____

☐ **Vegetarian Plate Requested. No additional fee if requested prior to June 15, otherwise there will be an additional fee of \$15.00.**

If you require any special assistance to fully participate in this conference, please contact TSCAP via e-mail [tscapofc@aol.com](mailto:tscapofc@aol.com) or 512/478-0605.

**TOTAL REGISTRATION**

### PAYMENT INFORMATION

Check in the Amount of \$ \_\_\_\_\_ Make Checks Payable to Texas Society of Child and Adolescent Psychiatry

Please Charge \$ \_\_\_\_\_ To My: ☐ VISA ☐ MasterCard ☐ American Express

Credit Card # \_\_\_\_\_ Expiration Date: \_\_\_\_\_

3 or 4 Digit Security Code on Back of Card on Right of Signature Panel \_\_\_\_\_

Name of Cardholder (as it appears on card) \_\_\_\_\_

Signature \_\_\_\_\_

ADDRESS WHERE YOU RECEIVE YOUR CREDIT CARD STATEMENT (include address, city, state, zip): \_\_\_\_\_

**CANCELLATIONS –** Deadline for cancellation is June 28, 2017. In the event of cancellation, a full refund will be made if written notice is received in the TSCAP office by June 28, 2017, less a 25% handling charge. NO REFUNDS WILL BE GIVEN AFTER June 28, 2017.



# TSCAP Annual Convention & Scientific Program

## “What’s on the Horizon”

JULY 14-16, 2017 • Hyatt Regency Hotel, Austin, Texas

### SCIENTIFIC PROGRAM SCHEDULE

#### Saturday, July 15 (6 Hours Category I CME Credit Hours)

8:00 - 8:30 am	Welcome & Opening Remarks
8:30 - 9:30 am	<b>"Recent Advances in Neuromodulation for Child and Adolescent Psychiatric Disorders"</b> Paul E. Croarkin, DO, MS
<b>Objective:</b> The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none"><li>Identify methods in brain/nerve stimulation and applications to psychiatric disorders</li></ul>	
9:30 - 10:30 am	<b>Neuroimaging Panel</b> ADHD – Steven R. Pliszka, MD Mood Disorders – Rene L. Olvera, MD, MPH Anxiety/Focus on Treatment Effects – Amy S. Garrett, PhD
<b>Objective:</b> The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none"><li>Describe neuroimaging techniques utilized in understanding ADHD, mood disorders, and anxiety</li></ul>	
10:30 - 10:50 am	Refreshment Break
10:50 - 11:50 am	<b>“Trauma-and Bereavement-Informed interventions for Youth: The Essential Role of Evidence-Based Assessment"</b> Julie B. Kaplow, PhD, ABPP
<b>Objective:</b> The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none"><li>Identify basic principles of trauma-informed/focused CBT</li></ul>	
11:50 - 12:10 pm	Refreshment Break
12:10 - 1:10 pm	<b>Resident Case Presentation and Faculty Discussant Physician Wellness / Not Burnout</b> Resident and Faculty Discussant TBD
<b>Objective:</b> The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none"><li>Assess the state of wellness in physicians</li></ul>	
1:10 - 1:30 pm	Refreshment Break
1:30 - 2:30 pm	<b>Gender Dysphoria Issues</b> Speaker TBD
<b>Objective:</b> The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none"><li>Name two characteristics of gender dysphoria that are different in children vs. adolescents and adults</li><li>Identify two psychosocial issues related to gender dysphoria</li></ul>	

2:30 - 3:30 pm	<b>The Obesity Epidemic and Depression: Underlying Mechanisms</b> Rene L. Olvera, MD, MPH
<b>Objective:</b> The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none"><li>Gain knowledge regarding the obesity epidemic and how it relates to depression.</li><li>Have a greater understanding of the neurobiological pathways associated with obesity and depression.</li><li>Gain knowledge regarding how the physiology of obesity may impact treatment.</li></ul>	
3:30 - 3:45 pm	Closing Remarks
<b>Sunday, July 16 (3 Hours Category I CME Credit Hours)</b>	
8:45 - 9:15 am	Welcome & Opening Remarks
9:15 - 10:15 am	<b>Wellness / Mind and Body (Yoga) / Alternatives</b> Kirti Saxena, MD
<b>Objective:</b> The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none"><li>Define wellness</li><li>Identify alternative methods that enhance wellness in patients and physicians</li></ul>	
10:15 - 10:30 am	Refreshment Break
10:30 - 11:30 pm	<b>ETHICS: Not Ready for Prime Time? Not “No” but “Not Yet” - Risks and Liability</b> Speaker TBD
<b>Objective:</b> The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none"><li>Recognize professional risks and liability of emerging trends in the treatment of psychiatric disorders</li></ul>	
11:30 - 12:30 pm	<b>ETHICS: What’s on the Horizon with the Texas Legislature? Legal Federal Court Impact on Foster Care; Foster Care Mental Health Homes / Teams; Incentivizing Providers of Mental Health Care</b> Sarah M. Wakefield, MD
<b>Objective:</b> The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none"><li>Educate providers working with the foster care system on recent legal and treatment trends</li></ul>	

### ABOUT THE SPEAKERS

#### Paul E. Croarkin, DO, MS

Assistant Professor of Psychiatry  
Department of Psychiatry & Psychology  
Mayo Clinic  
Rochester, MN

#### Amy S. Garrett, PhD

Assistant Professor of Psychiatry  
Director, Neuroimaging Core  
Co-Chair, RII Utilization Review Committee  
University of Texas Health Science Center  
San Antonio, Texas

#### Julie B. Kaplow, PhD, ABPP

Associate Professor  
Director, Trauma and Grief Center for Youth  
Director, Childhood Bereavement Resource Center  
Department of Psychiatry and Behavioral Sciences  
University of Texas Health Science Center at Houston  
Houston, TX

#### Rene L. Olvera, MD, MPH

START Center Genetic Research Professor  
Division Chief, Child and Adolescent Psychiatry  
Departments of Psychiatry and Pediatrics  
University of Texas Health Science Center at San Antonio  
San Antonio, Texas

#### Steven R. Pliszka, MD

Steven R. Pliszka, MD  
Dielmann Distinguished Professor and Chair  
Department of Psychiatry  
University of Texas Health Science Center at San Antonio  
San Antonio, Texas

#### Kirti Saxena, MD

Associate Professor  
Psychiatry & Behavioral Science  
University of Texas Medical School, Houston  
Houston, TX

#### Sarah M. Wakefield, MD

Assistant Professor  
Texas Tech University Health Science Center  
School of Medicine  
Lubbock, TX

#### ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of the Texas Society of Psychiatric Physicians and the Texas Society of Child and Adolescent Psychiatry. The Texas Society of Psychiatric Physicians is accredited by TMA to provide continuing education for physicians.

#### CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of nine (9) *AMA PRA Category I Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### ETHICS DESIGNATION STATEMENT

The ethics presentations “Not Ready for Prime Time? Not “No” but “Not Yet” and “What’s on the Horizon with the Texas Legislature?” have been designated by the Texas Society of Psychiatric Physicians for a total of two (2) credits of education in medical ethics and/or professional responsibility.

#### TARGET AUDIENCE/ PROGRAM OBJECTIVES

This live activity has been designed with didactic lectures supplemented with clinical vignettes, audiovisual presentations, direct discussion and case presentation and discussion in multiple educational sessions.

The program is designed to provide its’ target audience of Child and Adolescent Psychiatrists, Adult Psychiatrists, Pediatricians and Primary Care Physicians with clinically relevant information to advance the physicians’ competence and provide them with effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

#### NEEDS ASSESSMENT

TSCAP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of the participants.

#### FACULTY AND PLANNERS DISCLOSURE POLICY

In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered ot the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the education activity.

TSPP will disclosure to learners the existence (or non-existence) of all relevant financial relationship(s) that the faculty and planners did (or did not) have with any commercial interest concerned with the content of the educational presentation.

Disclosure will occur prior to the presentation through written communication in the syllabus / handout materials.



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The TEXAS PSYCHIATRIST is published 5 times a year in February, April, June, August, and October. Members of Federation member organizations are encouraged to submit articles for possible publication. Deadline for submitting copy to the Federation Executive Office is the first day of the publication month. Copy must be edited, acceptable for publication.

Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

#### EDITORIAL BOARD

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#### MANAGING EDITOR

Debbie Sundberg

#### Federation of Texas Psychiatry

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<http://www.txpsych.org> (website)

## JOB BANK

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation's **JOB BANK** on its website at [www.txpsych.org](http://www.txpsych.org). The Federation's JOB BANK could be just what you have been looking for.

## CALENDAR OF MEETINGS

### JANUARY

- 1-31 American Psychiatric Association**  
VOTE IN APA ELECTIONS – Deadline to Vote January 31  
For additional information: [www.psych.org](http://www.psych.org)

### FEBRUARY

- 8 Mental Illness Awareness Coalition**  
Mental Illness Awareness Day  
Capitol Day Rally and Advocacy Training  
Schmidt-Jones Family Life Center  
1300 Lavaca Street, Austin, Texas  
For additional information and registration:  
<https://www.eventbrite.com/e/mental-health-day-at-the-texas-state-capitol-tickets-29170414495?ref=estw>

### APRIL

- 29-30 Texas Society of Psychiatric Physicians and Texas Academy of Psychiatry**  
**Spring Committee Meetings and Joint Provider CME Program**  
"Suicide: Risk Assessment, Prevention and Liability"  
Westin Austin at the Domain Hotel, 11301 Domain Drive, Austin, Texas  
Reservations: <https://www.starwoodmeeting.com/Book/springmeetingcommitteesCMEprograms>  
For additional information: [www.txpsych.org](http://www.txpsych.org) or email [tsppofc@aol.com](mailto:tsppofc@aol.com) or telephone 888-625-4988

### MAY

- 5-6 Texas Medical Association 'TEXMED'**  
5 - Section on Psychiatry Program  
Marriott Marquis and George R. Brown Convention Center, Houston, Texas  
For additional information: [www.texmed.org](http://www.texmed.org)

### JULY

- 14-16 Texas Society of Child and Adolescent Psychiatry Annual Meeting and Scientific Program**  
"What's on the Horizon"  
Hyatt Regency Austin, 208 Barton Springs Road, Austin, Texas  
Reservations: <https://resweb.passkey.com/go/GTSP2017> or telephone (888) 421-1442 and refer to the group's meeting  
For additional information: [www.txpsych.org](http://www.txpsych.org) or email [tscapofc@aol.com](mailto:tscapofc@aol.com)

### NOVEMBER

- 3-5 Texas Society of Psychiatric Physicians 61st Annual Convention and CME Program**  
Hyatt Regency Hill Country Hotel & Resort  
9800 Hyatt Resort Drive, San Antonio, Texas  
Reservations: <https://aws.passkey.com/go/TSPP2017> or telephone (800) 233-1234  
For additional information: [www.txpsych.org](http://www.txpsych.org) or email [tsppofc@aol.com](mailto:tsppofc@aol.com)