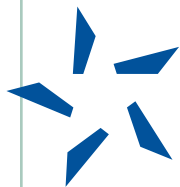


Texas Psychiatrist



Challenge and Opportunity, Your Voice Matters!

Daryl K. Knox, MD, DLFAPA, President, Texas Society of Psychiatric Physicians

As we approach the coming year, upcoming events such as the 85th Texas Legislative Session which meets in January and the national Presidential elections in November, have the potential to affect our practice and the type of care our patients receive. On the state legislative front, funding for public mental health, the shortage of psychiatrists and scope of practice challenges from non-physician mental health professionals will most assuredly resurface. The question of what is next for Texas with our high rate of uninsured citizens and the decision not to expand Medicaid will need to be addressed.

Will there be a “Texas Solution” put forth to expand Medicaid coverage? If no decision is made on Medicaid our public system could face the double whammy of loss of 1115A Medicaid waiver Delivery System Reform Incentive Payments (DSRIP) and diminished capacity to collect third party revenue from an ever expanding uninsured patient base. DSRIP funds currently finance over \$2 billion dollars’ worth of health care initiatives across the state, almost a quarter of these funds are for behavioral health care projects. The five year waiver is due to expire in December 2017 unless an extension is granted by the federal government.

Although MH funding has fared well in the past few legislative sessions, Texas still ranks at or near the bottom of the fifty states in overall mental health care spending. However in this session lawmakers face significantly reduced surplus tax revenue due to the downturn in the oil and gas industry.

The national Presidential election will impact the above in major ways. Depending on which party wins the election either the Affordable Care Act (ACA) will be dismantled or continued. Will another health care plan replace the ACA, or will we revert back to the previous healthcare system? The regulation of medical practice could increase or decrease depending on the outcome of the presidential and congressional races.

Increasingly the state public mental health system is becoming more and more of a forensic system whereby forensic com-

mitments have outpaced civil commitments to our state hospitals. In our larger counties the county jails serve more people with Mental Illness than our state hospitals combined. This situation has diverted spending in many counties from more community based resources to jail based services favoring treatment for patients who are incarcerated, at the expense of mental health treatment services in the community.

Inpatient hospital beds are in short supply resulting in overcrowded hospital emergency departments of patients with mental illness boarding in these facilities often for days awaiting an inpatient psychiatric bed. This overcrowding of creates a public health crisis in that it delays care for other medical emergencies needing attention as well.

There is also a lack of short, intermediate and long term residential care facilities that afford a protective environment along with supportive therapeutic and psychiatric interventions. This lack of residential beds contributes to overuse of hospital beds as a less restrictive treatment level alternative does not exist. This situation is especially true for children and families who may not require hospital care but are unable to safely return home

In addition to the above, the way in which psychiatrists deliver care is also changing. The Collaborative Care Model (CCM) is becoming more the preferred model in which psychiatrists will deliver care in the private practice setting. We will become more consultants to primary care physicians and medical care systems with service being delivered in combined psychiatric primary care settings. Although the reimbursement for the psychiatrists practicing within this model has not been totally worked out, many Community Mental Health Centers, (CMHC) have established some forms of co-location and CCM initiatives. Many of our psychiatric training programs offer CCM rotations as a part of residency training.

These challenges are enough to discourage even the most optimistic among us. However where there are challenges there are also opportunities. What a great time to become involved in TSPP!! If you are not already a member of TSPP and APA and wish to join, please visit www.psych.org and download a membership application. Becoming a dues paying member gives our profession strength in numbers which gives us more clout in the legislature for passage of bills that ensure quality care of our patients and protect the professional practice of psychiatry. Our TSPP staff and legislative liaisons work very closely with the Texas Medical Association who have been

quite supportive of our initiatives as they align with the interests of all physicians. During the legislative session Our TSPP staff monitors all legislative bills pertaining to psychiatric practice and patient care. TSPP arranges for members to provide input to legislative committees and also talk with bill sponsors often resulting in the bill being rewritten or tweaked to a more favorable outcome.

TSPP membership also gives the opportunity for our members to serve on one of its many committees that encompass education, practice and service. Your voice and influence on these committees can lead to significant improvements on both the local and national level as action items are developed to influence change at the local and national level through the APA. If you have not already completed and returned your TSPP Committee Preference Form please do so prior to August 30. Additional copies of the form may be obtained by emailing tsppofc@aol.com – request your form today!

TSPP membership provides the opportunity to meet and get to know colleagues from across the state to exchange ideas and experiences. CME activities at both the Spring and Fall meetings will keep you updated on new treatment developments and research findings. This year marks TSPP’s 60th Annual Convention and Scientific Program, November 11-13, at the Marriott Quorum Hotel in Dallas, so please don’t miss it! The CME program “The Evolution of Psychiatry: Past



Daryl K. Knox, MD, DLFAPA

Accomplishments and Future Endeavors” will provide you with the information and knowledge required to develop new strategies to apply in your practice and improve patient care in Texas. Topics include: Developments in Pharmacology and Treatment of Anxiety Disorders; Neuro-inflammation-An Underlying Mechanism of Depression; Texas Recovery to Practice in Psychiatry Program; Psychopharmacology and Newer Medications / Drug Interactions; Botulinum Toxin: Treatment of Depression; Psychopharmacological Treatment of Pregnancy and Postpartum and The Major Findings of Mental Health Literacy Research and Why They Matter”.

I encourage you all to get involved, not only as dues paying members but also as participant members lending your voice and perspective to our profession. We can stand by on the sidelines and let changes and challenges overwhelm us, or we can get it out in front of them to shape them into something more palatable to us all. I look forward to meeting more of you at our TSPP events this coming year. ■



TSPP 60th Annual Convention and Scientific Program November 11-13

Marriott Quorum by the Galleria Hotel • 14901 Dallas Parkway • Dallas, Texas

For Hotel Reservations:
800-228-9290 or 972-661-2800
(\$119.00 Room Rate Prior to October 26, 2016)

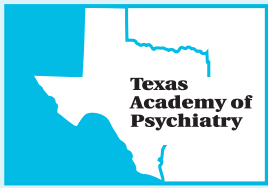
More information on pages 4-7

Visit the website
www.txpsych.org

for TSPP/TAP/TSCAP Special Discounted Meeting Registration Fees for this year's Convention.

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Texas Academy of Psychiatry Program

“Career Lifestyle: Locum Tenens”

Exploring alternatives to practice, the Texas Academy of Psychiatry has planned a complimentary program for TAP members (\$25.00 for non-TAP members) on Friday, November 11, 2016 in conjunction with the TSPP 60th Annual Convention and Scientific Program.

The program promises to offer a lively, informative and interactive presentation by a panel of physician members actively

participating in locum tenens positions and representatives from several of the major locum tenens companies.

TSPP/TSCAP members may join the Texas Academy of Psychiatry as a Member for \$25.00 (membership applications are available online at www.txpsych.org) and your program registration fee is free! Non-member physicians may join for pro-rated 2016 membership dues of \$197.50.



PROGRAM REGISTRATION

“Career Lifestyle: Locum Tenens”

Friday, November 11, 2016 • 2:00-3:30 pm
Marriott Quorum by the Galleria Hotel, Dallas

- ☐ TAP MemberNo Charge
- ☐ Non Member\$25

METHOD OF PAYMENT

☐ Check in the Amount of \$_____

Make Checks Payable to Texas Academy of Psychiatry
Mail to TAP, 401 West 15th Street, Suite #675, Austin, TX 78701 or fax to 512-478-5223.

Please Charge \$_____ To My: ☐ VISA ☐ MasterCard ☐ American Express

Credit Card # _____

Expiration Date: _____

3 Digit Code on Back of Card on Right of Signature Panel _____

Name of Cardholder (as it appears on card) _____

Signature _____

ADDRESS WHERE YOU RECEIVE YOUR CREDIT CARD STATEMENT (include address, city, state, zip):

CANCELLATION POLICY:
In the event of cancellation, a full refund will be made if written notice is received in the TAP office by October 1, 2016, less a 25% processing charge.

Register early to reserve your seat!

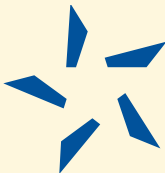
TO APPLY FOR MEMBERSHIP
visit www.txpsych.org
and download an application form

TSCAP/TSPP members
may join for \$25.00,
non-members \$395.00

Not a Member of Your State Medical Specialty Professional Society? Join Your Colleagues Today!



For membership in the
Texas Academy of Psychiatry
Visit www.txpsych.org to download a membership application or contact txpsychiatry@aol.com



For membership in the
Texas Society of Psychiatric Physicians and American Psychiatric Association
Visit www.psych.org to download a dual membership application or contact: tsppofc@aol.com



For membership in the
Texas Society of Child and Adolescent Psychiatry and American Academy of Child and Adolescent Psychiatry
Visit www.aacap.org to download a dual membership application or Contact: tscapofc@aol.com

Texas Academy of Psychiatry

2016-17 Officers

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Lynda Parker, MD, Georgetown
- President-Elect**
Stuart Crane, MD, Alpine
- Secretary-Treasurer**
Debra Atkisson, MD, Fort Worth
- Past President (15-16)**
Gary Etter, MD
- Past President (14-15)**
Conway McDanald, MD, Dallas
- Past President (12-13)**
Martha Leatherman, MD, San Antonio
- Past President (11-12)**
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Stuart D. Crane, MD, Alpine
- Past President (07-08)**
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- Past President (05-07)**
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TSCAP 2016 Annual Meeting: Another Success

The Texas Society of Child and Adolescent Psychiatry hosted its 2016 Annual Meeting and Scientific Program on July 22-24 at the Westin Riverwalk Hotel in San Antonio. The Scientific Program "Navigating the Perils of Childhood" provided 8 AMA PRA Category 1 CreditsTM and offered clinically relevant information to apply in practice on the topics of Sexting, Cyberbullying and Adolescent Health (Jeff R. Temple, PhD); Psychopharmacology's Role in the Management of Autism (Melissa S. DeFilippis, MD); Substance Abuse in Children and Adolescents (David L. Atkinson, MD); Co-Therapy with a Complex Adoptive Family (Adina Campbell, MD); William Lee, MD and Brigitte Bailey, MD); Sex-Trafficking of Domestic Minors (Brigitte Bailey, MD and Connie Zajicek, MD); Overcoming Barriers to Implementation in Telepsychiatry (Moir Wertheimer, Esq., RN, CPHRM); Providing Quality of Care to Children: Meeting your Professional Responsibilities in the

Comments from members attending the scientific program:

Very captivating and interactive lectures.

Excellent program!

Relevant and practical!

Ethics sessions are always greatly appreciated!

Excellent topics that are current and pertinent to child psychiatry.

Great venue!

Face of Pre-Authorizations and Formulary Changes (Emilie Attwell Becker, MD) and Making Add on Psychotherapy Really Mean Something (Joseph Blader, PhD). Thank you to all of the speakers for making the Annual Meeting a success!



New TSCAP President, Brigitte Y. Bailey, MD, (right) presents a plaque to Jodie Trello-Rishel, MD for her outstanding service as President during 2015-16.

New Officers Elected at TSCAP Annual Meeting

OFFICERS

President

Brigitte Y. Bailey, MD (2016-17)

President-Elect

Nakia Scott, MD (2016-17)

Secretary-Treasurer

Catherine Karni, MD (2016-17)

Immediate Past President

Jodie Trello-Rishel, MD (2016-17)

COUNCILORS

James Norcross, MD (2016-18)

Dawnelle Schatte, MD (2016-19)

Karen Dineen Wagner, MD, PhD (2014-17)

AACAP DELEGATES

Manish Aligeti, MD (2016-19)

Regina Cavanaugh, MD (2015-18)

Benigno J. Fernandez, MD (2014-17)

R. Andrew Harper, MD (2014-17)

Racquel Reid, MD (2-16-19)

Tiffany Thomure, MD (2015-18)

Karen Dineen Wagner, MD, PhD (2015-18)

AACAP ALTERNATE DELEGATES

Melissa DeFilippis, MD (2016-19)

Dhaval H. Parikh, MD (2014-17)

Steven Pliszka, MD (2015-18)



Newly Elected Officers, TSCAP President, Brigitte Y. Bailey, MD (left) and TSCAP President-Elect, Nakia Scott, MD (right) express their appreciation to Past President, Jodie Trello-Rishel, MD (center) for her outstanding service in 2015-16

SAVE THE DATE for the TSCAP 2017 and 2018 Annual Conventions

JULY 14-16
Hyatt Regency Austin Downtown
On the Shores of Lady Bird Lake

JULY 27-29
Moody Gardens Hotel
Galveston

BECOME A FELLOW OF THE APA

Are You Ready to Take the Next Step
in Your Psychiatric Career?

Earn the FAPA Designation

► Why Become an APA Fellow?

- Fellow status is an honor that reflects your dedication to the field of psychiatry and signifies your allegiance to the profession.
- You are recognized by your colleagues in the Association as a member of a very select group.
- All newly appointed Fellows are publicly recognized at the Convocation of Distinguished Fellows, held every year during APA's Annual Meeting.
- You receive a lapel pin in recognition of your status.
- Annual dues rates for General Members and Fellows are the same.

► What are the Eligibility Requirements?

- Must be a current APA General Member or Life Member in good standing.
- Certification by the American Board of Psychiatry and Neurology, the Royal College of Physicians and Surgeons of Canada, or the American Osteopathic Association.
- 30-day review period for the district branch to offer comments about the Fellowship candidate.
- Approval by the APA Membership Committee in October.
- Approval by the APA Board of Trustees in December.

► How Do I Apply?

If you meet all the requirements, complete the Fellowship application on the reverse side.

All applications must be submitted to the American Psychiatric Association by September 1st.



American Psychiatric Association | Membership Department
1000 Wilson Blvd, Suite 1825 | Arlington, VA 22209-3901 | Phone: 703.907.7300
Toll Free: 888.357.7924 | Fax: 703.907.1085 | membership@psych.org

REMINDER to TSPP MEMBERS

Apply for APA Fellow Status Before September 1

FOR ADDITIONAL INFORMATION
VISIT:

<https://www.psychiatry.org/join-apa/become-a-fellow>

60TH

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS ANNUAL CONVENTION AND SCIENTIFIC PROGRAM

November 11-13, 2016 • Marriott Quorum by the Galleria Hotel • Dallas-Addison, Texas



THE EVOLUTION of PSYCHIATRY

Past Accomplishments and Future Endeavors

GENERAL INFORMATION

MEETING LOCATION / HOTEL RESERVATIONS

The TSPP 60th Anniversary Annual Convention & Scientific Program will be held at the newly renovated Addison Marriott Quorum hotel near the Dallas Galleria Shopping Center. The hotel is centrally located in the heart of Addison near premier



restaurants, entertainment, & shopping. The hotel offers a complimentary shuttle to the Galleria every hour. A north Dallas landmark, the Addison, Texas hotel is close to the Village on the Parkway, Addison Circle Park, and Vitruvian Park. Designed to exceed your expectations, the hotel provides an array of amenities, world-class service and a fitness center. Relax and rejuvenate in the hotel's resort style outdoor pool and enjoy delicious dining in the on-site restaurant.

In addition to a significant reduction in the special guest room rate for TSPP Registrants, Attendees will receive:

- Complimentary internet in all meeting space
- Complimentary self-parking (\$15 per car, per night)
- Complimentary high speed internet access in all guestrooms (\$12.95 per room, per night)

MORE WAYS TO SAVE ON YOUR REGISTRATION FEES!

This year's CME program offers even more CME Category I Credit Hours! And, if you register early there are two dates for discounted registration rates available! Register using the Early Bird Registration Rate / Date, **BEFORE August 30** and receive the greatest savings!

Or, register **BEFORE October 1** and receive a discount off of the regular registration fee, your choice of savings!

A special TSPP discounted room rate of **\$119.00** is available to program registrants for reservations placed **before October 26, or upon sell-out**, whichever occurs first.

Make your hotel reservation today by calling 1-800-228-9290 or 972-661-2800 and request the 'Texas Society of Psychiatric Physicians' Annual Convention rate.

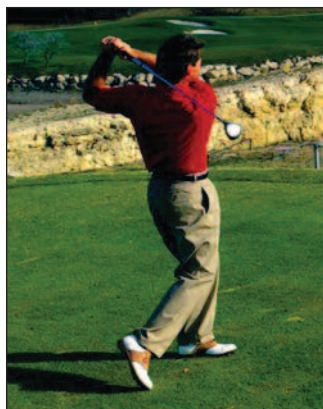
RESIDENT / TRAINEES POSTER SESSION

In order to familiarize Texas psychiatrists with the research efforts and achievements of their colleagues, the TSPP Continuing Medical Education Committee is soliciting scientific posters from TSPP and TSCAP Residents and Trainee Members.

The posters need not be especially made for this meeting. Posters presented at the APA or at other scientific meetings within the last year would be appropriate. TSPP's goal is to support collaborative interaction among the Texas researchers and also to familiarize the general membership about new advances made in the state. The deadline for poster applications is **October 15, 2017**. For a copy of the Poster Application Form, please visit www.txpsych.org or contact tsppofc@aol.com.

SPECIAL EVENTS

THURSDAY – GOLF OUTING: For convention attendees, guests and golf enthusiasts arriving early, TSPP members are arranging a tee time for a group play. If you are interested in playing, please be sure to check the Golf Section box on the TSPP Registration Form and additional information will be emailed to you.



THURSDAY – NETWORKING / SOCIAL MIXER FOR TSPP RESIDENT-FELLOW MEMBERS: The TSPP Resident-Fellow Members Section has arranged a special networking event for all TSPP, TSCAP and TAP medical students, residents and fellows in training on Thursday, 7:30-9:30 pm. To register for the Mixer, please complete the attached registration form.

FRIDAY – “CAREER LIFESTYLE: LOCUM TENENS” PROGRAM – TEXAS ACADEMY OF PSYCHIATRY: Exploring alternatives to practice, the Texas Academy of Psychiatry will conduct a complimentary program on “Career Lifestyle: Locum Tenens” for TAP members on Friday. TAP Members, to register for this complimentary program and reserve your seat, to be held on Friday, 2:00-3:30 pm, please complete the registration form.

The program is **open to all TSPP and TSCAP members** and you may register for a nominal registration fee — see registration form. Or, if you are not a member of TAP, but are a member of TSPP or TSCAP, and would like to attend the program for free, you may join TAP as an Affiliate Member for \$25.00 and attend the program Free! For more information contact txpsychiatry@aol.com or visit the Federation's website at www.txpsych.org

FRIDAY – SPECIAL PROGRAMS FOR RESIDENTS – RESIDENT FELLOW SECTION PROGRAM AND ACADEMIC PSYCHIATRY PROGRAM FOR RESIDENTS ON “RESIDENT WELLNESS”: The TSPP Resident-Fellow Member Section has planned a special program for all TSPP/TAP/ TSCAP Medical Students and Resident Members on Consultation/ Liaison Psychiatry, Psychosomatic Medicine and Update on Mental Health Policy” from 1:30 pm-2:30 pm to be followed by a program by the Academic Psychiatry Committee on “Resident Wellness” from 2:40 pm-3:30 pm. Register early and reserve your seat to attend these special programs.

UTMB DEPT OF PSYCHIATRY ALUMNI MEETING: The UTMB Department of Psychiatry Alumni (formerly known as the Titus Harris Society) has scheduled a dinner on Friday 8:30 pm - 10:00 pm following the TSPP Welcome Reception. For additional information and to register for the dinner, contact Maria Villarreal at 409-771-4713.



TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

2 0 1 6

60TH ANNUAL CONVENTION AND SCIENTIFIC PROGRAM

November 11-13, 2016 • Marriott Quorum by the Galleria Hotel • Dallas-Addison, Texas

D A I L Y S C H E D U L E

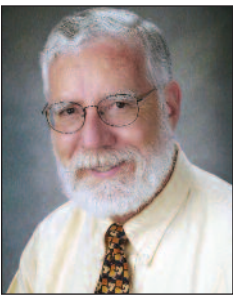
THURSDAY, NOVEMBER 10, 2016		SATURDAY, NOVEMBER 12, 2016	
12:00 Noon	Golf Outing at Dallas Golf Course	7:45 am - 8:15 am	Complimentary Continental Breakfast in Exhibit Hall for Meeting Registrants
2:00 pm - 8:00 pm	Registration Open	7:30 am - 8:30 pm	Registration Open
7:30 pm - 9:30 pm	TSPP Resident Fellow Member Networking/Social Mixer	7:30 am - 5:00 pm	Exhibits Open AND Poster Session
FRIDAY, NOVEMBER 11, 2016		8:15 am - 5:00 pm	Scientific Program “EVOLUTION OF PSYCHIATRY – PAST ACCOMPLISHMENTS AND FUTURE ENDEAVORS”
7:30 am - 8:30 pm	Registration Open	10:30 am - 10:50 am	Refreshment Break with Exhibitors AND Poster Session <i>Door Prize Drawings</i>
8:00 am - 9:00 am	Foundation Board of Directors Breakfast Meeting	11:50 am - 12:10 pm	Break
9:00 am - 5:00 pm	Committee / Council Meetings	12:10 pm - 1:30 pm	Lunch
9:00 am - 10:30 am	Council on Leadership <i>Ethics, Distinguished Fellowship, Finance</i>	2:30 pm - 2:50 pm	Refreshment Break with Exhibitors AND Poster Session <i>Door Prize Drawings</i>
10:45 am -12:15 pm	Council on Service <i>Academic Psychiatry, Children & Adolescents, Forensic Psychiatry, Public Mental Health Services</i>	6:30 pm - 7:00 pm	Reception for Awards Banquet Attendees
12:00 pm - 5:00 pm	Exhibit AND Poster Session Set-Up	7:00 pm - 9:00 pm	Awards Banquet
12:15 pm - 1:30 pm	Luncheon / Program	SUNDAY, NOVEMBER 13, 2016	
1:30 pm - 2:00 pm	Texas Academy of Psychiatry Board of Trustees	8:00 am	Complimentary Continental Breakfast for Meeting Registrants in Scientific Program Meeting Room
1:30 pm - 3:30 pm	TSPP Resident-Fellow Member (RFM) Section Program “CONSULTATION/LIAISON PSYCHIATRY, PSYCHOSOMATIC MEDICINE” and Academic Psychiatry Program for Residents “RESIDENT WELLNESS”	8:15 am - 1:00 pm	Scientific Program “EVOLUTION OF PSYCHIATRY - PAST ACCOMPLISHMENTS AND FUTURE ENDEAVORS”
2:00 pm - 3:30 pm	“CAREER LIFESTYLE / LOCUM TENENS” Program Texas Academy of Psychiatry Members Complimentary, All Other Attendees \$25.00	10:30 am - 10:45 am	Refreshment Break
2:00 pm - 3:30 pm	Council on Education <i>Continuing Medical Education, Professional Practice Management</i>	1:15 pm - 2:45 pm	Federation Delegate Assembly Meeting
3:45 pm - 5:00 pm	Council on Advocacy <i>Government Affairs</i>		
5:30 pm - 6:30 pm	Executive Council Meeting		
6:30 pm - 8:30 pm	Welcome Reception with Exhibitors AND Poster Session		

A W A R D S

AWARDS RECEPTION / BANQUET

Saturday evening’s festivities begin with a complimentary wine and cheese reception for registrants attending the Awards Banquet honoring the 2016 TSPP Award Recipients for their outstanding contribution to Psychiatry. Register early to reserve a table for your friends at this memorable evening!

This year’s honorees are:



DISTINGUISHED SERVICE

Patrick Holden, MD
(Posthumously)
San Antonio



PSYCHIATRIC EXCELLENCE

Carol S. North, MD
Dallas



SPECIAL SERVICE

Senator Charles Schwertner, MD
Georgetown

DR. SPENCER BAYLES OUTSTANDING TSPP MEMBER AWARD

This award named in memory of Dr. Spencer Bayles was established in 2010 to recognize members for outstanding and consistent participation in TSPP activities. The award will be presented during TSPP’s Annual Business Luncheon on Saturday, November 12 so please plan to attend and thank your fellow colleague for his outstanding volunteer service. This year’s recipients are:



Katherine A. Cowan, MD
Houston



Jordan Yee, MD
Fort Worth

DAVID PHARIS AWARD

The David Pharis Award will be presented by the Department of State Health Services and TSPP to recognize significant contributions to safety and quality inpatient care and outcomes in State Hospitals.

This year’s award will be presented during TSPP’s Annual Business Luncheon on Saturday, November 12. Please attend and express your appreciation to the organization selected for this degree of excellence.

T H A N K Y O U

TO THE FOLLOWING SPONSORS AND EXHIBITORS FOR THEIR SUPPORT OF TSPP’S ANNUAL CONVENTION!

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The Menninger Clinic
UTMB Correctional
Managed Care

SCIENTIFIC PROGRAM

“Evolution Of Psychiatry – Past Accomplishments And Future Endeavors”

SCIENTIFIC PROGRAM SCHEDULE

SATURDAY, NOVEMBER 12

8:15 am-8:30 am	Opening Remarks	12:10 pm-1:30 pm	Lunch
8:30 am-10:30 am	EVOLUTION AND FUTURE DIRECTIONS IN PSYCHOPHARMACOLOGY AND TREATMENT OF ANXIETY DISORDERS Robert Hudak, MD Professional practice gap: Psychopharmacology approaches to the treatment of anxiety disorders are rapidly evolving. The speaker will discuss current psychopharmacology treatment of anxiety disorders. The activity is designed to improve knowledge of evolving treatment approaches for anxiety disorders which are cost-effective and efficacious. Objectives: <ol style="list-style-type: none">Describe the role of psychopharmacology in the treatment of anxiety disorders.Discuss DSM-5 differential diagnostic criteria for diagnosing anxiety disorders.Discuss why OCD was removed from the Anxiety Disorders Classifications	1:30 pm- 2:30 pm	PANEL: TEXAS RECOVERY TO PRACTICE IN PSYCHIATRY PROGRAM Michael Escamilla, MD, PhD John Kliewer, MD Juan M. Zavala, MD Professional practice gap: Psychiatric rehabilitation in the form of Recovery was developed as a means to address deficits in mental health services that focus mainly on pharmacological intervention. Recovery fosters independence by helping to develop skills for daily living, interpersonal interactions, education and employment in order to enhance a person's ability to live in the community successfully and to reach their full potential. Objectives: <ol style="list-style-type: none">Describe the basic principles of Recovery.Distinguish between a Recovery-oriented approach and a traditional approach to behavioral health care.Recognize that Recovery principles can be used to deliver integrated treatment for multiple issues in a variety of settings and circumstances.
10:30 am-10:50 am	Refreshment Break	2:30 pm-2:50 pm	Refreshment Break
10:50 am-11:50 am	EVOLUTION AND FUTURE DIRECTIONS IN THE TREATMENT OF NEUROINFLAMMATION – AN UNDERLYING MECHANISM OF DEPRESSION Marisa S. Toups, MD Professional practice gap: Neuroinflammation is known to be an underlying mechaism of depression. According to the WHO depression is one of the most prevalent serious brain disorders and the primary cause of disability in the world. There is a gap in knowledge of the mechanisms involved in neuroinflammation and depression and the specific triggers involved to avoid in neuroinflammation. Cell mediated immune response, inflammatory and oxidative stress pathways and their sequelae play a role in the pathophysiology of depression. The activity is designed to change competence by educating participants on the mechanisms involved in neuroinflammation and depression and the specific triggers involved to avoid in neuroinflammation. Objectives: <ol style="list-style-type: none">Describe the role and mechanism of inflammation and the relationship to depression.Discuss the application of the knowledge of inflammation in the treatment of depression and the inflammatory triggers to avoid in the treatment of depression.	2:50 pm-4:50 pm	EVOLUTION AND FUTURE DIRECTIONS IN PSYCHOPHARMACOLOGY AND NEWER MEDICATIONS / DRUG INTERACTIONS Stephen R. Saklad, Pharm.D, BCPP Professional practice gap: The professional practice gap being addressed is knowledge regarding potential drug-drug interactions between newly released psychotropic medications and commonly used medications in primary care settings. Polypharmacy may lead to adverse outcomes including increased morbidity and mortality, hospitalization, and decreased quality of life. The activity is designed to educate participants regarding common and potentially harmful medication interactions. Objectives: <ol style="list-style-type: none">Identify common drug-drug interactions between recently released psychotropic medications and commonly used medications in primary care.Describe presenting symptoms patient's experience with commonly seen psychotropic medication interactions.
11:50 am-12:10 pm	Refreshment Break	4:50 pm-5:00 pm	Closing Remarks

SUNDAY, NOVEMBER 13

8:15 am-8:30 am	Opening Remarks	10:30 am -10:45 am	Refreshment Break
8:30 am- 9:30 am	BOTULINUM TOXIN: TREATMENT OF DEPRESSION Michelle Magid, MD Professional practice gap: Many of the traditional treatment approaches for depression are either ineffective or unacceptable for some patients. There have been a small number of studies indicating the use of botulinum toxin may be an alternative means of treatment for some depressed patients. Though larger studies are needed, the use of botulinum toxin is emerging as a potential treatment modality for patients with major depressive disorder. The activity is designed to educate participants regarding the current literature on the use of botulinum toxin for the treatment of depression. Objectives: <ol style="list-style-type: none">Describe the somatic feedback loop hypothesized in the use of botulinum toxin for the treatment of depression.Identify the current status of the use of botulinum toxin for the treatment of depression.	10:45 am-12:45 pm	ETHICS: THE MAJOR FINDINGS OF MENTAL HEALTH LITERACY RESEARCH AND WHY THEY MATTER John Z. Sadler, MD Professional practice gap: Ethical practice and research in psychiatry continues to be challenging with emerging biotechnologies, funding challenges, and conflicting ethical principles. This presentation will discuss commonly encountered ethical challenges, prioritizing ethical principles, and how and when to seek ethics consultation in practice and research. The activity is designed to improve the knowledge of participants regarding commonly encountered misperceptions about psychiatry and how to overcome these barriers to care and seek ethical consultation when needed. Stigma about seeking treatment continues to be a major barrier to treatment, especially for some groups of patients. The presentation will enable psychiatrists to communicate more effectively with patients and other clinicians to decrease stigma and improve access to care At the end of this presentation, participants should be able to: <ol style="list-style-type: none">Describe the range of attitudes the public holds towards psychiatrists and psychiatry.Describe the major resistances to help-seeking in mental health.Describe the major foci of patient, and would-be patient education regarding mental health care, especially by psychiatristsDescribe the importance of ethical conduct and virtue in reducing bias against mental health help seeking.
9:30 am-10:30 am	EVOLUTION AND FUTURE DIRECTIONS IN THE PSYCHOPHARMACOLOGICAL TREATMENT OF PREGNANCY AND POSTPARTUM Lucy J. Puryear, MD Professional practice gap: This session addresses the risks and benefits of prescribing psychotropic medications during pregnancy. Recent literature has been conflicting at times regarding the relative safety of antidepressants during pregnancy and the potential outcomes for teratogenic effects and development. Other medications such as antipsychotics and mood stabilizers have differing levels of teratogenic effects and are often considered in the context of poorly controlled schizophrenia or bipolar illness in pregnancy. The activity is designed to enhance the knowledge of participants in the relative risks and benefits of psychotropic medication use in pregnancy, treatment alternatives, and the risk of uncontrolled psychosis and mood disorders. Objectives: <ol style="list-style-type: none">Describe the relative risks and benefits of psychotropic medications in the first, second, and third trimesters of pregnancy.Discuss alternative treatments of psychiatric disorders during pregnancy.	12:45 pm-1:00 pm	Closing Remarks

CME PROGRAM GOAL / TARGET AUDIENCE

This live activity has been designed in a format consisting of case study presentations, lectures and direct discussion to provide its primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice.

Information and data will address, new developments in treatments and new directions in research to address the professional practice gaps of the learners and advance the physicians’ competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

The learning objectives for this activity have been designed to address clinician competence.

NEEDS ASSESSMENT

TSPP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of our participants.

ACCREDITATION STATEMENT

The Texas Society of Psychiatric Physicians is accredited by the Texas Medical Association to provide continuing medical education for physicians.

CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of ten (10) *AMA PRA Category I Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ETHICS DESIGNATION STATEMENT

The presentation entitled “The Major Findings of Mental Health Literacy Research and Why They Matter” has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

FACULTY AND PLANNERS DISCLOSURE POLICY

The Texas Society of Psychiatric Physicians will disclose to participants the existence of any relevant financial relationships between faculty members, TSPP staff and members, who planned, authored, contributed to, and/or reviewed the content of this activity, and any commercial interest discussed in this educational activity. Disclosure will occur through written communication in the syllabus / handout material.

ABOUT THE SPEAKERS

MICHAEL ESCAMILLA, MD, PhD

Psychiatry Professor and Director
Center of Emphasis in Neurosciences
Department of Psychiatry
Texas Tech University Health Sciences Center
El Paso, TX

ROBERT HUDAK, MD

Associate Professor of Psychiatry
Department of Psychiatry
University of Pittsburgh
Pittsburgh, PA

JOHN KIEWER, MD

Consultant
Department of Psychiatry
Texas Tech University Health Sciences Center
San Antonio, TX
Center of Emphasis in Neurosciences
Texas Tech University Health Science
Center El Paso
El Paso, TX

MICHELLE MAGID, MD

Clinical Associate Professor,
UT Austin Dell Medical School

Clinical Assistant Professor,
Texas A&M Health Science Center

Clinical Assistant Professor,
UT Medical Branch Galveston

Adult Psychiatry and Psychotherapy
Austin Psychcare, PA
Austin, TX

LUCY J. PURYEAR, MD

Medical Director
The Womens Place – Center for
Reproductive Psychiatry

Co-Director, The Menopause Center
at Texas Children’s Pavilion for Women

Maureen Hackett Endowed Chair
for Reproductive Psychiatry
Associate Professor of Obstetrics and
Gynecology
Baylor College of Medicine

Associate Professor of Psychiatry,
Menninger Department of Psychiatry
Baylor College of Medicine
Houston, TX



EXHIBITOR
SCHEDULE

Friday
November 11
6:30 pm – 8:30 pm
Welcome Reception
with Exhibitors

Saturday
November 12
10:30 am – 10:50 am
Refreshment Break
with Exhibitors
2:30 pm – 2:50 pm
Refreshment Break
with Exhibitors

JOHN Z. SADLER, MD

The Daniel W. Foster, MD
Professor of Medical Ethics
Professor of Psychiatry and Clinical Sciences
UT Southwestern
Dallas, TX

STEPHEN R. SAKLAD, PharmD, BCPP

Director, Psychiatric Pharmacy Program
Pharmacotherapy Education
and Research Center
UT Health Science Center
San Antonio, TX

Clinical Professor
College of Pharmacy
Pharmacotherapy Division
The University of Texas at Austin
Austin, TX

Adjoint Professor
School of Medicine
Pharmacotherapy Education and Research Center
UT Health Science Center
San Antonio, TX

Clinical Pharmacologist
San Antonio State Hospital
Texas Department of State Health Services
San Antonio, TX

MARISA S. TOUPS, MD

Assistant Professor
UT Southwestern Medical Center
Dallas, TX

JUAN M. ZAVALA, MD
Assistant Professor
Texas Tech University Health Sciences Center
El Paso, TX

Psychiatrist
San Antonio, TX

SPECIAL ‘FREE’ CME SCIENTIFIC PROGRAM REGISTRATION OFFER FOR TSPP MEDICAL STUDENTS, RESIDENT-FELLOW (TRAINEE) MEMBERS AND TSCAP MEDICAL STUDENTS AND TRAINEE MEMBERS

TSPP is pleased to again offer the waiver of the Resident’s CME Scientific Program registration fee **IF the resident member’s Training Director, Associate or Assistant Program Director registers for the Scientific Program.** So all Trainees encourage your Training Director, Associate or Assistant Program Director to send in their registration form and then send in yours, with the name of your Training Director, Associate or Assistant Program Director noted, and then plan on attending the CME Scientific Program FREE!

TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS

60TH ANNUAL CONVENTION & SCIENTIFIC PROGRAM

November 11-13, 2016 • Marriott Quorum by the Galleria Hotel, Dallas-Addison, Texas

Please complete this form and return it with your check, money order or credit card information for your registration and event fees to the Texas Society of Psychiatric Physicians, 401 West 15th Street, Suite 675, Austin, Texas 78701 by October 1 to receive the discounted registration fee. Registration forms and payments by credit card may be faxed to TSPP at 512/478-5223.

NAME

E-MAIL

Please check if you are a: ☐ APA Fellow ☐ APA Distinguished Fellow ☐ APA Life Fellow ☐ APA Distinguished Life Fellow

ADDRESS

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STATE

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NAME(S) GUEST(S) ATTENDING (for name badges)

REGISTRATION FEES

Indicate the **NUMBER** of individuals who are registered for each event in the appropriate enrollment category listed below. Please note the enrollment fees are **PER PERSON** and your payment should reflect the proper fee for the number of individuals registered per event.

NUMBER ATTENDING EVENT	EARLY BIRD BEFORE 8/30	ADVANCE BEFORE 10/1	AFTER 10/1
Golf Outing - Thursday			
# <input type="checkbox"/> Please Send Me Additional Information.			
Medical Student/Resident Mixer - Thursday			
# <input type="checkbox"/> No Charge			
Lunch - Friday			
# <input type="checkbox"/> Lunch	\$20	\$20	\$25
Resident Section Program / Academic Psychiatry Program for Residents - Friday			
# <input type="checkbox"/> Consultation/Liaison Psychiatry, Psychosomatic Medicine and Update on Mental Health Policy	No Chg	No Chg	No Chg
# <input type="checkbox"/> Resident Wellness	No Chg	No Chg	No Chg
Texas Academy of Psychiatry Program - Friday			
# <input type="checkbox"/> Career Lifestyle: Locum Tenens TAP Member	No Chg	No Chg	No Chg
# <input type="checkbox"/> Non TAP Member	\$25	\$25	\$25
Reception w/ Exhibitors - Friday			
# <input type="checkbox"/> NOT Registered or Scientific Program	\$40	\$40	\$50
# <input type="checkbox"/> Registered for Scientific Program	No Chg	No Chg	No Chg
Lunch - Saturday			
# <input type="checkbox"/> TSPP / ACADEMY / TSCAP Member	\$25	\$25	\$35
# <input type="checkbox"/> TSPP / ACADEMY / TSCAP Trainee Member	\$15	\$15	\$20
# <input type="checkbox"/> TSPP / ACADEMY / TSCAP Non-Member	\$35	\$35	\$45
# <input type="checkbox"/> TSPP / ACADEMY / TSCAP Trainee Non-Member	\$25	\$25	\$35
# <input type="checkbox"/> Guest	\$25	\$25	\$35
Awards Banquet and Gala - Saturday			
# <input type="checkbox"/> Awards Banquet	\$45	\$45	\$65
# <input type="checkbox"/> Reserved Table for 10*	\$400	\$400	\$600

SCIENTIFIC PROGRAM - Saturday and Sunday

NUMBER ATTENDING EVENT	EARLY BIRD BEFORE 8/30	ADVANCE BEFORE 10/1	AFTER 10/1
# <input type="checkbox"/> TSPP / ACADEMY / TSCAP Member	\$215	\$245	\$275
# <input type="checkbox"/> Non-Member Physician	\$265	\$295	\$325
# <input type="checkbox"/> TSPP / ACADEMY / TSCAP Trainee Member	\$25	\$35	\$35

***If your Training Director, Associate or Assistant Program Director's registers for the Scientific Program, your Scientific Program Fee is \$0.00. Enter your Director's name below if they have registered for the Scientific Program:
NAME:

# <input type="checkbox"/> Non-Member RFM (Trainee)	\$35	\$50	\$50
# <input type="checkbox"/> Medical Students	\$0	\$15	\$15

Medical Students and Resident Members: If you present a poster, your registration fee for the Scientific Program AND Saturday Lunch is waived.


# <input type="checkbox"/> Allied Health Professional	\$105	\$130	\$155
# <input type="checkbox"/> Spouse / Guest (No CME Credit)	\$95	\$120	\$145

CME Meeting Syllabus Order

# <input type="checkbox"/> CME Meeting Syllabus In Black/White	\$25	\$35	\$45
# <input type="checkbox"/> CME Meeting Syllabus In Color	\$70	\$95	\$125

NOTE: All CME program registrants will receive at No Additional Charge a black and white printed copy of the speakers' presentation. Due to the higher cost of color copying, If you wish to receive the syllabus in color you may purchase a color copy of the speakers' syllabus by checking the box and including the additional charge. The color copy will be provided to you upon check-in the day of the program.

☐ Vegetarian Plate Requested. No additional fee if requested prior to 10/1, otherwise there will be an additional fee of \$15.00
MY SPECIAL DIETARY NEEDS: (ie, Gluten Free or Lactose Free, etc)

 If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605.

TOTAL REGISTRATION FEE \$

To register by telephone there will be a \$7.50 convenience fee charged. To avoid this charge, you may fax (512-478-5223), scan and email (tsppofc@aol.com or mail to: TSPP, 401 West 15th Street, Suite #675, Austin, TX 78701 your registration form and payment.

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CANCELLATION POLICY: In the event of cancellation, a full refund will be made if written notice is received in the TSPP office by October 1, 2016, less a 25% processing charge. NO REFUNDS will be given after October 1, 2016

AUGUST/SEPTEMBER 2016

TEXAS PSYCHIATRIST

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Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

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401 West 15th Street, Suite 675
Austin, Texas 78701
(512) 478-0605/(512) 478-5223 (FAX)
TxPsychiatry@aol.com (E-mail)
<http://www.txpsych.org> (website)

Federation of Texas Psychiatry
401 West 15th Street, Suite 675
Austin, Texas 78701

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Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation's **JOB BANK** on its website at www.txpsych.org. The Federation's JOB BANK could be just what you have been looking for.

CALENDAR OF MEETINGS



NOVEMBER

- 11-13 Texas Society of Psychiatric Physicians
60th Annual Convention and CME Program**
Dallas/Addison Marriott Quorum by the Galleria Hotel,
14901 Dallas Parkway, Dallas
Reservations: 800-228-9290 or 972-661-2800 Prior to October 26
Room Rate \$119
For Additional Information: www.txpsych.org
or email tsppofc@aol.com

FEBRUARY

- 8 Mental Illness Awareness Coalition
Capitol Day**
Austin, Texas