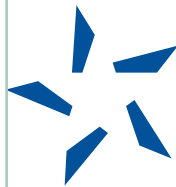


Texas Psychiatrist



Life in the Gray Zone

Daryl K. Knox, MD, DLFAPA, President, Texas Society of Psychiatric Physicians

I am always amazed at how quickly time flies. At the end of April, I pass on the duties of TSPP President to Dr. Terry McMahon. What an eventful year! Significant changes in national leadership and direction for our country move forward at a rapid pace. These changes have unleashed anxiety and worry for some of us as well as excitement and anticipation for others depending on which side of the political spectrum we fall. Unfortunately the polarization on how to approach national problems such as healthcare, national security, taxes, and poverty threatens to destroy the practice of informed debate, the civility of respect for differing opinions and perspectives. I often notice a hesitancy to speak freely about our political opinions in certain social situations for fear or concern that such discussion will eventually spiral out of control. I suppose that has always been the case with the adage that we avoid discussing religion and poli-

tics in social settings.

Many of you have experienced some of this anxiety over shifting national priorities in your interaction with patients. Anxiety regarding the uncertainty of government, the economy and healthcare is rampant. However most issues are not always black and white. Most things lie in the gray zone with many unknowns and unintended consequences no matter which path is taken. As Psychiatrists we often dwell in the gray zones of problems and issues as we guide our patients to acceptance of uncertainty as a viable acceptance of reality. Also as Psychiatrists we often suppress our own personal opinions as we treat patients who span the political spectrum. It is my hope that as Psychiatrists we may be that force that nudges society to a more therapeutic and adaptive way to handle conflict and disagreement.

This is also a legislative year in Texas. The legislature is in session with a number

of bills many with implications for our practice and care of our patients. Scope of practice challenges continue from Psychologists prescribing to independent practice for Advanced Practice Nurse professionals. The state budget is poised to cut funding to many programs due to budget deficits, although funding for mental health may be spared as legislators on both sides of the aisle recognize the need to more adequately fund mental health treatment and supports. Eric Woomer, our lobbyist, continues to do an outstanding job of conveying our priorities and concerns to legislators and tracking bills that may negatively impact our practice and patient care. We work closely with our colleagues in the Texas Medical Association (TMA) who provide strength in numbers and influence on many of the issues affecting medical and mental health care.

I have enjoyed my term as President. I have learned a great deal about TSPP. It is a



Daryl K. Knox, MD, DLFAPA

wonderful organization with many talented, dedicated professionals from all over this great state. I appreciate getting to know many more of you. Debbie Sundberg, our Executive Director continues to do an excellent job in handling the day to day administrative and organizational tasks essential to our success. I hope to see you all at our Spring Committee meetings and CME focusing on Suicide Risk Assessment, Prevention and Liability April 29-30 in Austin. ■

Texas Society of Psychiatric Physicians November 3-5, 2017 1st Annual Convention and Continuing Medical Education Program

Hyatt Regency Hill Country Hotel & Resort • 9800 Hyatt Resort Drive • San Antonio, Texas



Call for Proposals for CME Activity for the 2018 TSPP Spring or Annual Meeting

TSPP wants your input! The TSPP CME Committee will be selecting topics for the 2018 CME Spring Meeting and Annual Convention. Deadline to submit proposals for the TSPP 2018 CME activities is November 1, 2017. Only proposals that are complete and submitted on the CME Activity Worksheet will be considered by the TSPP CME Committee for presentation. You should have the following information ready before submitting the proposal:

Topic/Title for Presentation
Needs Assessment/Gap Analysis
Gap Analysis References
Proposed Objectives
Proposed Speakers
Teaching Method

**To download the
CME Activity Worksheet, visit
www.txpsych.org**

INSIDE

85th Legislature Progress Report	3
Calendar	8
Scenes from The Mental Illness Awareness Day	2
TFPER 2017 Annual Campaign	2
TSCAP Annual Convention & Scientific Program ...	6-7
TSPP Spring Meeting and CME Program	4-5

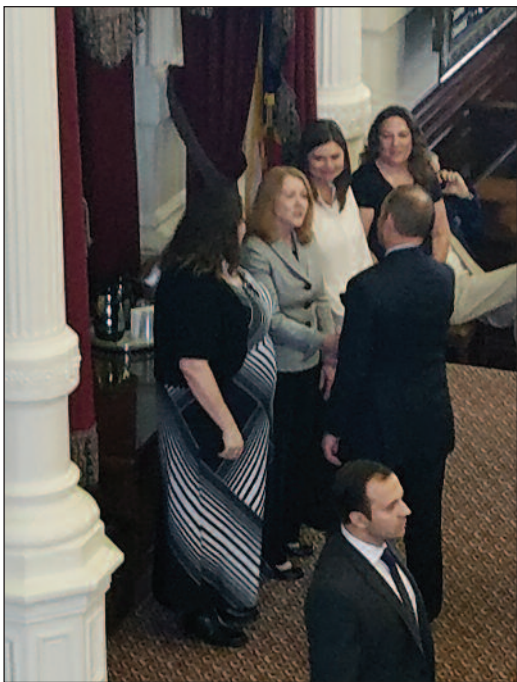
TSPP/TAP Spring Meeting and CME Program “Suicide: Risk Assessment, Prevention and Liability”

Hotel Reservations:
Westin Austin at the Domain Hotel
<https://www.starwoodmeeting.com/Book/springmeetingcommitteesCMEprograms>
or telephone 888-625-4988



Scenes from the Mental Illness Awareness Day February 8

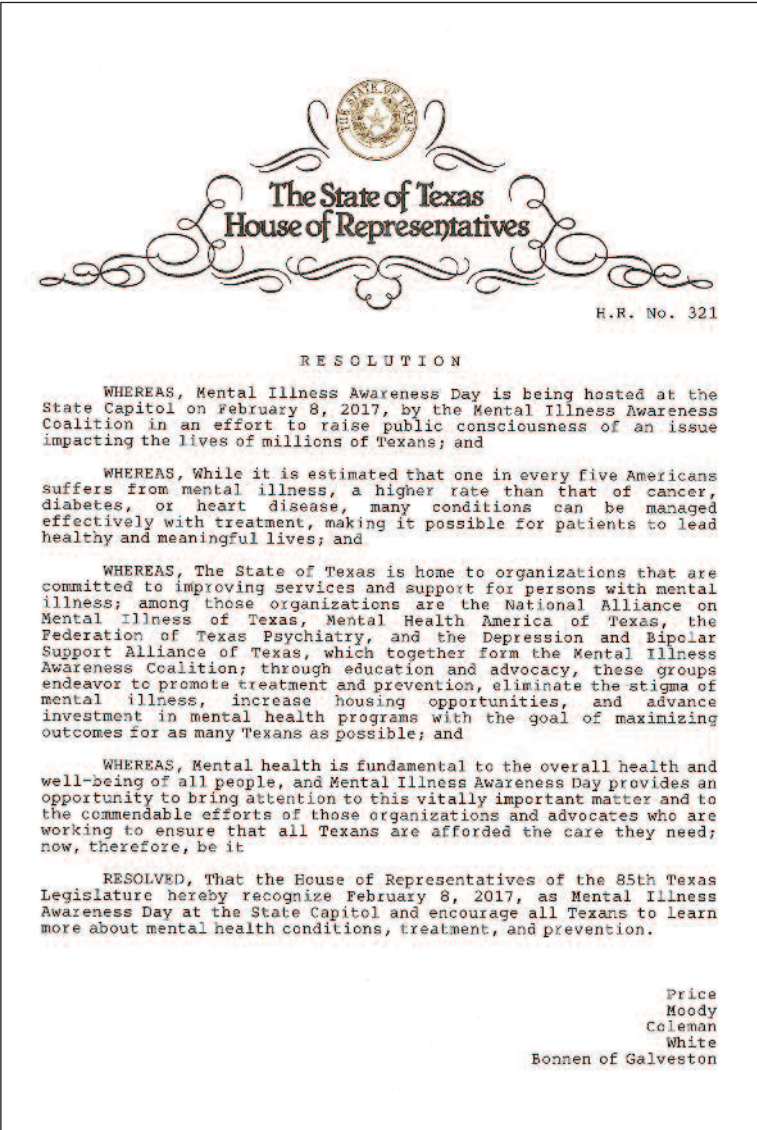
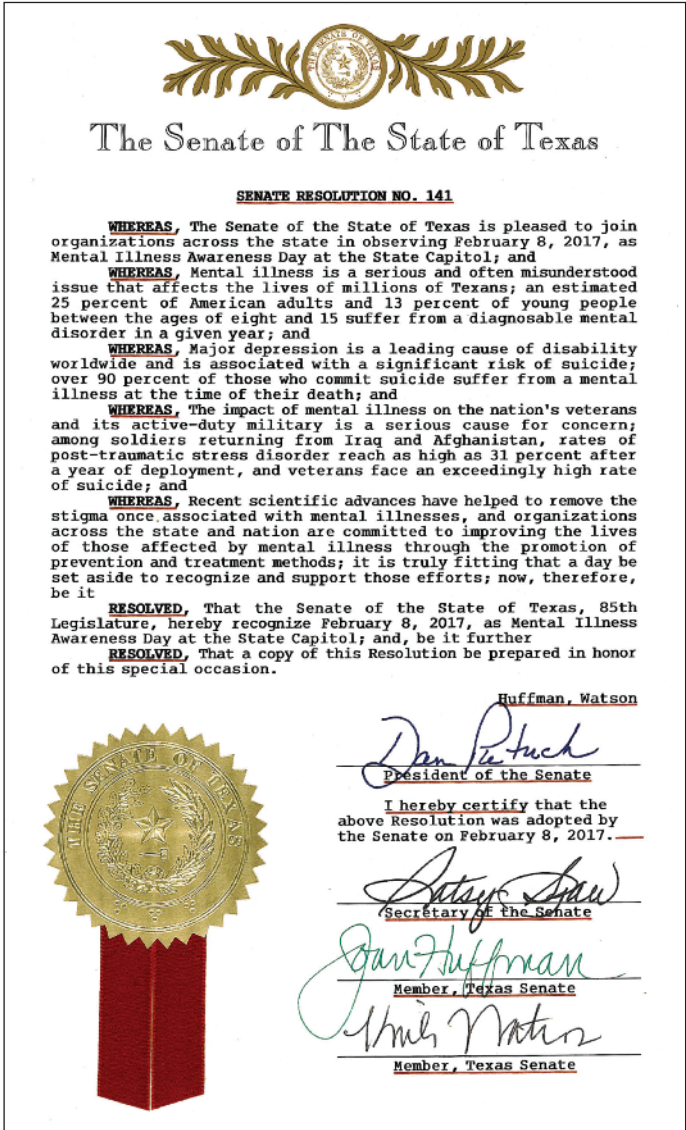
The Federation of Texas Psychiatry's 2017 Mental Illness Awareness Day was once again a huge success bringing hundreds of Psychiatrists, families and mental health advocates from around the state to Austin for advocacy training, a rally on the south steps of the Texas State Capitol, and visits with legislative offices. Together with members of the Mental Illness Awareness Coalition's Partners the Federation helped raise visibility for mental health funding and policy support. ■



A Special Thank You to all of the TSPP, TSCAP and Academy Members who took time away from their practice and training to attend the rally and help raise awareness for mental illness.

Signing and Presentation of the Resolutions in the House and Senate

Thank you Dr. Debra Atkisson, President, Federation of Texas Psychiatry and Eric Woomer, Public Policy Analyst, Federation of Texas Psychiatry for all of your extraordinary efforts in making Mental Illness Awareness Day a success!



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85th Legislature Progress Report

Eric Woomer, Federation of Texas Psychiatry Public Policy Consultant



March 21st marked the 70th day of the 85th Legislature – the halfway point for the 2017 regular session. I am pleased to provide some context of the work done thus far:

More than 4200 House bills and 2200 Senate bills have been filed. This is ahead of the pace of the previous session in 2015. Legislators are now immersed in the hard work of hearing bills in committee, debating and amending on the floor, and repeating the process in the other chamber. *Nonetheless, while the meat of the session is still to come, in my 30+ years of working in this process, I have never seen it move so slowly.* Bill referrals to committee are behind the curve, and both chambers are slower than typical in terms of taking up legislation. While there is still time to secure the passage of priority bills, a key part of the strategy at this juncture will be to identify possible amendment vehicles in case the process bogs down.

Budgets have been worked through the subcommittee and workgroup process, and the House and Senate spending plans have each passed their respective chambers. On March 28th, the Texas Senate unanimously approved a two-year budget in excess of \$218 billion. The plan will spend \$106.3 billion in state revenue, which is a significant bump from the \$103.6 billion budget originally filed, and much closer to the House version.

The Senate budget will yank about \$1.8 billion in state funds from education coffers, but use local property taxes and other revenue to make up the difference. Overall, it will boost public school funding by \$4.6 billion compared to the prior budget.

Meanwhile, on April 6th, after fifteen hours of deliberation, the Texas House of Representatives passed a \$218.2 billion budget with a 131-16 vote, which included tapping the Rainy Day Fund to achieve a \$109 billion total in state funds. The most notable change restored some funding to a Texas Medicaid program that provides therapy to children with disabilities by stripping funds from the Texas Enterprise Fund, which is overseen by the governor to lure employers to Texas. The House and Senate will now have to reconcile their versions of

the budgets through a conference committee. Each chamber will appoint five members, and the budget will be re-written by those ten lawmakers, before being returned to both chambers for final votes, perhaps in early May.

Several other high priority bills have had

The Senate has been active as well. SB 27 by Sen. Donna Campbell, dealing with mental health programs for veterans, was passed by the Senate and has been received in the House. Three cyber bullying bills by Sen. Jose Menendez – SBs 179, 180 and 181 – are scheduled to be voted out of

passed by the Senate and has been received in the House.

My team and I are tracking more than 900 House bill and 600 Senate bills across a spectrum of policy matters for all clients, including more than 370 bills that would impact the Texas Federation of Psychiatry as they make their way through committee and on to the floor.

Rest assured that my team and I are 100% focused on the task at hand. We are pleased to provide weekly reports and updates as needed, but as always, feel free to reach out to me directly with any questions or concerns you may have. ■

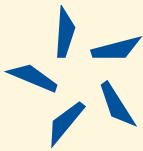
Nonetheless, while the meat of the session is still to come, in my 30+ years of working in this process, I have never seen it move so slowly.

actions over the past month. HB 10, a mental health parity bill proposed by Rep. Four Price, passed the House this week and has been received in the Senate. Its identical companion bill, SB 860 by Sen. Judith Zaffirini, was heard in Senate Business and Commerce. Several other House bills related to insurance coverage are in the process of being considered by their committees with favorable outlooks, including bills reforming the practice of step therapy and curbing non-medical switching by health plans.

Other Federation priorities include HB 14, by Rep. Andrew Murr, that will restore state psychiatric hospitals’ power to ban handguns from their premises. This bill was reported favorably from the House Committee on Public Health and now awaits a vote on the House Floor. I am also monitoring HB 3885 by Rep. Garnet Coleman, that provides certain hospitals greater authority to directly employ psychiatrists, under certain circumstances. And of course, I am working diligently to keep legislation permitting prescribing by psychologists from being voted out of committee.

committee in the next several weeks, and Sen. Charles Schwertner filed legislation that would expedite the licensing process for certain psychiatric physicians. It was

Not A Member Of Your State Medical Specialty Professional Society?



For membership in the **Texas Society of Psychiatric Physicians and American Psychiatric Association** Visit www.psych.org to download a dual membership application or contact: tsppofc@aol.com



Texas Academy of Psychiatry Visit www.txpsych.org to download a membership application or contact txpsychiatry@aol.com



For membership in the **Texas Society of Child and Adolescent Psychiatry and American Academy of Child and Adolescent Psychiatry** Visit www.aacap.org to download a dual membership application or Contact: tscapofc@aol.com

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Texas Society of Psychiatric Physicians & Texas Academy of Psychiatry

Spring Committee Meetings and Joint Provider Continuing Medical Education Program: “Suicide: Risk Assessment, Prevention and Liability”

April 29-30, 2017 • Westin Austin at the Domain Hotel, Austin, Texas

Register early and plan to attend the 2017 committee meetings and Joint Provider Spring CME Program of the Texas Society of Psychiatric Physicians and the Texas Academy of Psychiatry on April 29-30, 2017 at the Westin Austin at the Domain Hotel, 11301 Domain Drive, Austin, TX.

MEETING LOCATION / INFORMATION



Located in the heart of The Domain, within one of Austin's premier destinations, the AAA 4-Diamond Award Winning Westin Austin at the Domain Hotel is centrally located among 1.3 million square feet of high-end shopping and local music, fine dining, an upscale movie theater featuring independent and major films, and jogging paths offering a taste of the calming greenery found nearby. Easy steps from the hotel door, or a complimentary Westin golf cart shuttle away, you will find Spa Revel, an exclusive spa sanctuary dedicated to creating a memorable experience for every guest (Spa Reservations 1-512-339-7000), outstanding shopping choices and numerous dining options. Or, remain in the hotel and enjoy fine dining celebrating premium meat and seafood, great wine, and fresh produce and relax in the warm retreat of the lobby offering live music on most weekday afternoons.

MEETING HIGHLIGHTS

- TSPP & TAP Joint Provider Spring CME Program (6 Hours of Category I CME Credit) with 2 of the Hours Designated for Medical Ethics
- TSPP Committee Meetings – Open to all Members, including Residents and Fellows in Training
- Networking with Colleagues from Around the State of Texas
- Exhibits that offer Business Practice Tools and Employment Opportunities
- TSPP Government Affairs Committee & Luncheon Program
- Complimentary Refreshments & Reception
- TSPP Executive Council Meeting and Installation of Officers for 2017-18

HOTEL RESERVATIONS

TSPP has negotiated a small block of rooms with a discounted room rate of \$199 for reservations placed BEFORE April 6. To take advantage of this rate, visit the Federation of Texas Psychiatry's website at www.txpsych.org and click on the URL link included in the announcement/information for the TSPP/TAP meeting: <https://www.starwoodmeeting.com/Book/springmeetingcommitteesCMEprograms> or call 866-961-2858.

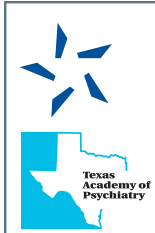
EXHIBITS

Complimentary refreshments and snacks will be provided in Primrose D of the Westin Austin at the Domain Hotel for registered attendees. Exhibits will be open throughout the day Saturday providing information designed to enhance your practice and improve the optimal delivery of medical care to your patients. In addition there will be ‘job fair’ exhibitors who have employment opportunities for Psychiatrists in the State of Texas.

EXHIBITORS

American Professional Agency, Inc.
Assurex Health
MagVenture
NeuroStar
Professional Risk Management Services, Inc
The Doctors Company
UTMB Correctional Managed Care

P R O G R A M S C H E D U L E			
FRIDAY, APRIL 28		2:30 pm - 9:00 pm	CME SCIENTIFIC PROGRAM: “Suicide: Risk Assessment, Prevention and Liability”Primrose C
4:00 pm - 10:00 pm	Temporary Registration Desk Bluebonnet Foyer	2:30 pm - 4:30 pm	Panel on Suicide: Epidemiology, Risk Assessment and Predictability Epidemiology of Suicide – Joseph V. Penn, MD, CCHP,
6:00 pm - 7:30 pm	Chapter Leadership Forum Bluebonnet	FAPA	Suicide Risk Assessment – Elizabeth C. Conti, PhD Addressing and Modifying Suicide Risk Factors – Christopher B. Ticknor, MD
7:30 pm - 9:00 pm	Federation Delegate Assembly Meeting Bluebonnet	4:30 pm - 4:50 pm	Refreshment Break / Visit with Exhibitors and Door Prize Drawings Primrose D
SATURDAY, APRIL 29		4:50 pm - 6:50 pm	Panel on Suicide: Suicide Risk and Liability Issues Case Presentation on Suicide Risk in Physicians – Sheila M. Loboprabhu, MD, FAPA
7:00 am - 9:00 pm	Registration Primrose D Foyer	6:50 pm - 7:00 pm	Liability Issues in Psychiatric Care of Other Professionals – William H. Reid, MD, MPH, DFAPA, FACP, FRCP(E)
7:30 am - 8:45 am	Foundation Board of Directors	7:00 pm - 9:00 pm	Discussions of Important Points in these two presentations – Moira Wertheimer, ESQ., RN, CPHRM
9:00 am - 9:50 am	Breakfast Meeting Verbena B	SUNDAY, APRIL 30	
9:00 am - 10:30 am	Continental Breakfast	9:00 am - 11:00 am	Executive Council MeetingLantana
	Council on Leadership Meetings		Continental Breakfast and Installation of Officers for 2017-18
	Ethics Camellia A		
	Distinguished Fellowship Camellia B		
	Finance Plumeria A		
	Council on Education Meetings		
	Continuing Medical Education Verbena A		
	Professional Practice Management Plumeria B		
8:30 am - 9:30 am	Exhibits Set-Up Primrose D		
8:30 am - 7:00 pm	Exhibits / Hospitality RoomPrimrose D		
10:30 am - 10:50 am	Refreshment Break / Visit with Exhibitors and Door Prize Drawings Primrose D		
10:50 am-12:20 pm	Council on Service Meetings		
	Academic Psychiatry Camellia A		
	Child and Adolescent Psychiatry Camellia B		
	Forensic Psychiatry Plumeria A		
	Public Mental Health ServicesPlumeria B		
12:20 pm-12:40 pm	Refreshment Break / Visit with Exhibitors and Door Prize Drawings Primrose D		
12:40 pm -2:00 pm	Council on Advocacy / Lunch Program Lantana		
1:40 pm - 2:30 pm	Texas Academy of Psychiatry		
1:40 pm - 2:30 pm	Board of Directors MeetingBluebonnet		
	Resident Fellow Member in Training Section Verbena		



Texas Society of Psychiatric Physicians and Texas Academy of Psychiatry

Spring Committee Meetings, Joint Provider Continuing Medical Education Program

April 29-30, 2017 • Westin Austin at the Domain Hotel, Austin, Texas

REGISTRATION

NAME _____ E-MAIL ADDRESS FOR MEETING CONFIRMATION _____

Please check if you are a: ☐ APA Fellow ☐ APA Distinguished Fellow ☐ APA Distinguished Life Fellow ☐ APA Life Member ☐ APA Life Fellow

ADDRESS / CITY / STATE / ZIP: _____

PHONE/FAX _____

REGISTRATION FEE SCHEDULE – APRIL 29, 2017

<input type="checkbox"/> LUNCH	After April 6	
	\$25.00	_____
<input type="checkbox"/> CME PROGRAM , AND DINNER		
TSPP / ACADEMY / TSCAP Member	\$155.00	_____
MS OR RESIDENT-FELLOW IN TRAINING / TSPP ACADEMY / TSCAP MEMBER	\$25.00**	_____
NON-MEMBER PHYSICIAN	\$185.00	_____
NON-MEMBER RESIDENT-FELLOW PHYSICIAN, MS	\$35.00	_____
ALLIED HEALTH PROFESSIONAL	\$125.00	_____
Name(s) for name badge: _____		
SPOUSE / GUEST (no CME credit)	\$85.00	_____
Name(s) for name badge: _____		
** NO CHARGE, if your Program Training Director registers for the CME Program.		
Enter Program Director's name here: _____		

MEETING SYLLABUS ORDER

<input type="checkbox"/> Meeting Syllabus in Color	\$75.00	_____
<input type="checkbox"/> Meeting Syllabus in Black & White	\$55.00	_____
<input type="checkbox"/> Online Meeting Syllabus	No Charge	_____
<input type="checkbox"/> Vegetarian Plate Requested.		
No additional fee if requested prior to April 6 otherwise there will be an additional fee of \$15.00		

To register by telephone there will be a \$7.50 convenience fee charged. To avoid this charge, you may fax (512-478-5223), scan and email (tsppofc@aol.com or mail to: TSPP, 401 West 15th Street, Suite #675, Austin, TX 78701 your registration form and payment.

Total Registration Fees

METHOD OF PAYMENT:

☐ Check in the Amount of \$_____ Make Checks Payable to Texas Society of Psychiatric Physicians

Please Charge \$_____ To My: ☐ VISA ☐ MasterCard ☐ American Express

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3 or 4 Digit Code on Back of Card on Right of Signature Panel _____

Name of Cardholder (as it appears on card) _____

Signature _____

ADDRESS WHERE YOU RECEIVE YOUR CREDIT CARD STATEMENT (include address, city, state, zip): _____

CANCELLATION POLICY: In the event of cancellation, a full refund will be made if written notice is received in the TSPP office by April 6, 2017, less a 25% processing charge. NO REFUNDS will be given after April 6, 2017

4

TEXAS PSYCHIATRIST

APRIL/MAY 2017

Texas Society of Psychiatric Physicians and Texas Academy of Psychiatry
Spring Committee Meetings and Joint Provider Scientific Program

Saturday, April 29 (6 Hours Category 1 Credit)

“Suicide: Risk Assessment, Prevention and Liability”

SCIENTIFIC PROGRAM SCHEDULE

Saturday, April 29 (6 Hours Category 1 Credit)

2:30 pm - 4:30 pm	Panel on Suicide: Epidemiology, Risk Assessment and Predictability <i>Primrose C</i> Epidemiology of Suicide – Joseph V. Penn, MD, CCHP, FAPA Suicide Risk Assessment – Elizabeth C. Conti, PhD Addressing and Modifying Suicide Risk Factors – Christopher B. Ticknor, MD
4:30 pm - 4:50 pm	Refreshment Break / Visit with Exhibitors and Door Prize Drawings <i>Primrose D</i>
4:50 pm - 6:50 pm	Panel on Suicide: Assessment and Prevention Case Presentation on Suicide Risk in Physicians – Sheila M. Loboprabhu, MD, FAPA Liability Issues in Psychiatric Care of Other Professionals – William H. Reid, MD, MPH, DFAPA, FACP, FRCP(E) Discussions of Important Points in these two presentations – Moira Wertheimer, ESQ., RN, CPHRM
6:50 pm - 7:00 pm	Refreshment Break <i>Primrose D</i>
7:00 pm - 9:00 pm	Dinner and Panel on Suicide: Liability Risk Management Ethics – Suicide Risk Awareness – Assessment, Management, and Documentation for Clinicians – William H. Reid, MD, MPH, DFAPA, FACP, FRCP(E) Ethics – Liability and Documentation Issues in Caring for Suicidal Patients – Moira Wertheimer, ESQ., RN, CPHRM

ABOUT THE SPEAKERS

ELIZABETH C. CONTI, PhD

Instructor

Department of Psychiatry and Behavioral Sciences
Baylor College of Medicine

Postdoctoral Research Fellow and Licensed Psychologist
Michael E. DeBakey VA Medical Center

Center for Innovations in Quality, Effectiveness and Safety
Houston, Texas

SHEILA M. LOBOPRABHU, MD, FAPA

Associate Professor

Menninger Department of Psychiatry and Behavioral Sciences
Baylor College of Medicine
Houston, Texas

Staff Psychiatrist

Michael E. DeBakey VA Medical Center and MIRECC
Houston, Texas

JOSEPH V. PENN, MD, CCHP, FAPA

Director, Mental Health Services
UTMB Correctional Managed Care

Clinical Professor, Department of Psychiatry
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Galveston, Texas

WILLIAM H. REID, MD, MPH, DFAPA, FACP, FRCP(E)

Clinical Professor of Psychiatry
Texas Tech University Health Sciences Center

Clinical Professor of Psychiatry
University of Texas Dell Medical Center
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Forensic Psychiatry Consultant
Horseshoe Bay, Texas

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Associate Adjunct Professor of Psychiatry

The University of Texas Health Science Center San Antonio
and Private Practice of Psychiatry
Forensic Psychiatry Consultant
San Antonio, Texas

MOIRA WERTHEIMER, ESQ., RN, CPHRM

Assistant Vice President
Psychiatric Risk Management Group
AWAC Services Company
Member Company of Allied World
Farmington, Connecticut

President

Connecticut Society of Healthcare Risk Managers

CME PROGRAM GOAL/TARGET AUDIENCE

This live activity has been designed in a lecture format with case examples and panel format followed by an interactive audience question and answer period to provide its' primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice.

The information and data presented will address the professional practice gaps of the learners and advance the physician's competence and improve their knowledge of 1) the most effective interventions to be taken, and provide education, so that physicians become better able to detect in themselves and their colleague symptoms of physician depression; 2) encourage physicians to engage in early intervention/reporting and access to treatment for the physician's / colleague's depression; 3) prevent suicide by the physician and provide safe patient care and 4) increase the use of screening tools in clinical practice settings so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

IDENTIFIED PRACTICE GAPS / NEEDS ASSESSMENT

TSPP identified professional practice gaps in medical literature and incorporated this into the CME activity to address the relevant educational needs concerning competence that underlie the professional practice gaps of the participants. Physicians have a very large suicide rate. About 400 US physicians die by suicide every year. Physician depression and suicide affects patient safety and provision of good clinical care. Physicians often do not self report their depression due to fears about licensing concerns. Early detection and treatment of physician depression may prevent suicide and improve the clinical care offered by the physician.

Multiple suicide prevention strategies have been discussed in the literature, but it is unclear from the current research the most effective intervention methods to prevent suicide. Limiting access to lethal means and education of primary care providers about recognizing and treating depression are two promising areas of study.

The proposed program will review the current state of the science and recommend specific techniques for the individual practitioner to consider and apply. Additionally, implementation of strategies to manage and detect suicidal risk such as increased use of screening tools in clinical practice settings may also provide metrics that can be evaluated to manage and detect suicidal risk.

OBJECTIVES

The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of this presentation participants should be able to:

- to identify and recognize symptoms of physician depression.
- to list steps for early detection of physician depression.
- to describe a physician's ethical reporting responsibility for his/her own depression or depression in a colleague.
- to list resources on how to get the physician intervention and care for depression
- to describe strategies for suicide prevention and implement suicide prevention strategies based upon the current knowledge base.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of the Texas Society of Psychiatric Physicians and the Texas Academy of Psychiatry. The Texas Society of Psychiatric Physicians is accredited by TMA to provide continuing medical education for physicians.

CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of six (6) *AMA PRA Category I Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ETHICS DESIGNATION STATEMENT

The presentations “Physician Standards of Care in Treating Suicidal Patients” and “Liability and Documentation Issues in Caring for Suicidal Patients” has been designated by the Texas Society of Psychiatric Physicians for two (2) credit of education in medical ethics and/or professional responsibility.

FACULTY AND PLANNERS DISCLOSURE POLICY

In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered to the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the education activity.

TSPP will disclose to learners the existence (or non-existence) of all relevant financial relationship(s) that the faculty and planners did (or did not) have with any commercial interest concerned with the content of the educational presentation.

Disclosure will occur prior to the presentation through written communication in the syllabus / handout materials.



Annual Convention & Scientific Program

“What’s on the Horizon”

JULY 14-16, 2017 • Hyatt Regency Hotel, Austin, Texas

GENERAL INFORMATION

Dear Colleagues,

It is a joy to be a child and adolescent psychiatrist. Every day brings rewards and challenges. Our field is rapidly advancing with new innovations in biotechnology, changing risks and liabilities, integration of revised DSM criteria, and expansion of traditional and alternative treatment options. We are also faced with challenges in providing quality and timely psychiatric care. Challenges that include decreased access to care, increase in administrative and financial burdens, and minimal growth in our specialty to name a few. These challenges may be different for each of us, but their impact on our identity as a physician and on our health and wellness can be profound.

I am encouraging members and nonmembers to attend our annual July conference “What’s On The Horizon?” at the Hyatt Regency Austin Downtown Hotel in Austin, TX. This conference will address trending topics in child and adolescent psychiatry. Write your prescription for wellness. Come and enjoy learning while relaxing with your colleagues and family.

TSCAP is a family that is supportive in good and bad times. It is an organization that is dedicated to providing a forum for education, collaboration, and networking to Texas psychiatric physicians. If you are not a member please join. TSCAP does a lot with a little, but more would enhance its mission.

I look forward to seeing everyone.

Brigitte Bailey, MD
President



MEETING LOCATION

TSCAP’s Annual Convention and Scientific Program will be held at the Hyatt Regency Austin Downtown Hotel, 208 Barton Springs Road, Austin, TX 78704. Hyatt Regency resides in the most ideal spot in Austin. Set on the shores of Lady Bird Lake, the hotel combines the perfect blend of city life and resort calm with views only the Hyatt Regency Austin can offer. The location offers easy access to Austin’s many entertainment districts, most notably South Congress, where you can find a taste of the original Austin and popular attractions within a short walk, drive or taxi ride such as Austin’s famous 10.1 mile Hike & Bike Trail, Congress Avenue Bats, Downtown’s 2nd Street and Warehouse Districts and Rainey Street, 6th Street and Red River’s Entertainment Districts.



HOTEL RESERVATIONS

Special TSCAP discounted room rates are available to program registrants **BEFORE JUNE 28 or upon sell-out, whichever occurs first.** Make your hotel reservation today by calling Central Reservations at 1-888-421-1442 or visit www.txpsych.org and click on the following link in the TSCAP Program Information: <https://resweb.passkey.com/go/GTSP2017>

TSCAP discounted room rates: \$169 Single / Double Occupancy
Discounted rate for overnight self-parking \$15.00 per day and for daily self-parking \$10.00 per day.

OPENING WELCOME RECEPTION WITH EXHIBITORS

Make plans to attend the complimentary Welcome Reception with Exhibitors on Friday evening, 6:30 pm - 8:30 pm, in the Texas Ballroom IV-VII, Hyatt Regency Austin Downtown Hotel. Visit throughout the evening with your friends, colleagues and exhibitors in a fun-filled, relaxing atmosphere and complete your entry for the special door prize drawings to be awarded on Saturday!

EXHIBITS

TSCAP’s Welcome Reception, Continental Breakfasts and Refreshment Breaks, will be held in the Texas Ballroom IV-VII of the Hyatt Regency Austin Downtown Hotel. Exhibits will be open throughout the evening, Friday, and all day Saturday and provide you with information designed to enhance your practice and help improve the optimal delivery of medical care to your patients. In addition, there will be ‘job fair’ exhibitors who have employment opportunities for Psychiatrists in the State of Texas.

EXHIBITORS

Professional Risk Management Services
San Marcos Treatment Center
Tris Pharma, Inc.

PROGRAM AT A GLANCE

Friday, July 14

12:00 pm - 8:30 pm	Registration	Texas Ballroom Foyer
2:00 pm - 5:30 pm	Exhibit Set-Up	Texas Ballroom IV-VII
4:00 pm - 5:30 pm	TSCAP Executive Committee Meeting	Foothills 1, 17th Floor
6:30 pm - 8:30 pm	Fiesta Welcome Reception with Exhibitors	Texas Ballroom IV-VII

Saturday, July 15

7:00 am - 4:30 pm	Registration	Texas Ballroom Foyer
7:30 am - 8:00 am	Continental Breakfast with Exhibitors	Texas Ballroom IV-VII
8:00 am - 3:45 pm	Scientific Program	Texas Ballroom I-III
<i>Note: For Saturday’s Program, to reduce expenses, refreshments will be set in one location, in the Exhibit Hall, Texas Ballroom IV-VII</i>		
10:30 am - 10:50 am	Refreshment Break and Door Prize Drawings	Texas Ballroom IV-VII
11:50 am - 12:10 pm	Refreshment Break and Door Prize Drawings	Texas Ballroom IV-VII
1:10 pm - 1:30 pm	Refreshment Break and Door Prize Drawings	Texas Ballroom IV-VII
3:00 pm - 4:00 pm	Exhibits Teardown / Depart	Texas Ballroom IV-VII

Sunday, July 16

7:00 am - 1:00 pm	Registration	Texas Ballroom Foyer
7:45 am - 8:45 am	TSCAP Annual Business Meeting and Breakfast Open to All Attendees (see registration form)	Texas Ballroom V-VII
8:45 am - 12:30 pm	Scientific Program	Texas Ballroom I-III
10:15 am - 10:30 am	Refreshment Break	Texas Ballroom Foyer



TSCAP Annual Convention & Scientific Program

“What’s on the Horizon”

JULY 14-16, 2017
Hyatt Regency Hotel, Austin, Texas

REGISTRATION

NAME	DEGREE		
MAILING ADDRESS	CITY	STATE	ZIP
TELEPHONE NUMBER	FAX NUMBER	E-MAIL	

Name(s) of Guest(s) Attending _____

SCIENTIFIC PROGRAM REGISTRATION

(Includes Scientific Program, **Saturday Lunch During Resident Case Presentation**, Saturday & Sunday Refreshment Breaks).

	After June 28	After June 28	
TSCAP Member Physician	\$195	\$215	_____
Non-Member Physician	\$250	\$270	_____
Spouse / Guest Claiming CME Credit	\$195	\$215	_____
Allied Health Professional / Spouse / Guest	\$180	\$200	_____
TSCAP Member Trainee	\$15	\$30	_____
Non-Member Trainee	\$25	\$50	_____
Medical Student	\$0	\$15	_____

SOCIAL EVENTS

☐ **Friday Welcome Reception**

Name(s) Attending Reception: _____

☐ **Sunday Membership Business Breakfast**

TSCAP Member	\$15	\$20	_____
Non-Members/Guests/Spouse/Child	\$20	\$25	_____

Name(s) Attending Breakfast: _____

MEETING SYLLABUS ORDER

<input type="checkbox"/> Color Printed Copy	\$75	\$100	_____
<input type="checkbox"/> Black & White Copy	\$50	\$75	_____
<input type="checkbox"/> Online Meeting Syllabus	Free	Free	_____

☐ **Vegetarian Plate Requested. No additional fee if requested prior to June 15, otherwise there will be an additional fee of \$15.00.**

If you require any special assistance to fully participate in this conference, please contact TSCAP via e-mail tscapofc@aol.com or 512/478-0605.

TOTAL REGISTRATION

PAYMENT INFORMATION

Check in the Amount of \$ _____ Make Checks Payable to Texas Society of Child and Adolescent Psychiatry

Please Charge \$ _____ To My: ☐ VISA ☐ MasterCard ☐ American Express

Credit Card # _____ Expiration Date: _____

3 or 4 Digit Security Code on Back of Card on Right of Signature Panel _____

Name of Cardholder (as it appears on card) _____

Signature _____

ADDRESS WHERE YOU RECEIVE YOUR CREDIT CARD STATEMENT (include address, city, state, zip): _____

CANCELLATIONS – Deadline for cancellation is June 28, 2017. In the event of cancellation, a full refund will be made if written notice is received in the TSCAP office by June 28, 2017, less a 25% handling charge. NO REFUNDS WILL BE GIVEN AFTER June 28, 2017.



TSCAP Annual Convention & Scientific Program

“What’s on the Horizon”

JULY 14-16, 2017 • Hyatt Regency Hotel, Austin, Texas

SCIENTIFIC PROGRAM SCHEDULE

Saturday, July 15 (6 Hours Category I CME Credit Hours)

8:00 - 8:30 am	Welcome & Opening Remarks
8:30 - 9:30 am	"Recent Advances in Neuromodulation for Child and Adolescent Psychiatric Disorders" Paul E. Croarkin, DO, MS
Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none">Identify methods in brain/nerve stimulation and applications to psychiatric disorders	
9:30 - 10:30 am	Neuroimaging Panel ADHD – Steven R. Pliszka, MD Mood Disorders – Rene L. Olvera, MD, MPH Anxiety/Focus on Treatment Effects – Amy S. Garrett, PhD
Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none">Describe neuroimaging techniques utilized in understanding ADHD, mood disorders, and anxiety	
10:30 - 10:50 am	Refreshment Break
10:50 - 11:50 am	“Trauma-and Bereavement-Informed interventions for Youth: The Essential Role of Evidence-Based Assessment” Julie B. Kaplow, PhD, ABPP
Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none">Identify basic principles of trauma-informed/focused CBT	
11:50 - 12:10 pm	Refreshment Break
12:10 - 1:10 pm	Resident Case Presentation and Faculty Discussant Physician Wellness / Not Burnout Resident and Faculty Discussant TBD
Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none">Assess the state of wellness in physicians	
1:10 - 1:30 pm	Refreshment Break
1:30 - 2:30 pm	Gender Dysphoria Issues Speaker TBD
Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none">Name two characteristics of gender dysphoria that are different in children vs. adolescents and adultsIdentify two psychosocial issues related to gender dysphoria	

2:30 - 3:30 pm	The Obesity Epidemic and Depression: Underlying Mechanisms Rene L. Olvera, MD, MPH
Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none">Gain knowledge regarding the obesity epidemic and how it relates to depression.Have a greater understanding of the neurobiological pathways associated with obesity and depression.Gain knowledge regarding how the physiology of obesity may impact treatment.	
3:30 - 3:45 pm	Closing Remarks



Sunday, July 16 (3 Hours Category I CME Credit Hours)

8:45 - 9:15 am	Welcome & Opening Remarks
9:15 - 10:15 am	Wellness / Mind and Body (Yoga) / Alternatives Kirti Saxena, MD
Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none">Define wellnessIdentify alternative methods that enhance wellness in patients and physicians	
10:15 - 10:30 am	Refreshment Break
10:30 - 11:30 pm	ETHICS: Not Ready for Prime Time? Not “No” but “Not Yet” - Risks and Liability Speaker TBD
Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none">Recognize professional risks and liability of emerging trends in the treatment of psychiatric disorders	
11:30 - 12:30 pm	ETHICS: What’s on the Horizon with the Texas Legislature? Legal Federal Court Impact on Foster Care; Foster Care Mental Health Homes / Teams; Incentivizing Providers of Mental Health Care Sarah M. Wakefield, MD
Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to: <ul style="list-style-type: none">Educate providers working with the foster care system on recent legal and treatment trends	

ABOUT THE SPEAKERS

Paul E. Croarkin, DO, MS Assistant Professor of Psychiatry Department of Psychiatry & Psychology Mayo Clinic Rochester, MN	Steven R. Pliszka, MD Steven R. Pliszka, MD Dielmann Distinguished Professor and Chair Department of Psychiatry University of Texas Health Science Center at San Antonio San Antonio, Texas
Amy S. Garrett, PhD Assistant Professor of Psychiatry Director, Neuroimaging Core Co-Chair, RII Utilization Review Committee University of Texas Health Science Center San Antonio, Texas	Kirti Saxena, MD Associate Professor Psychiatry & Behavioral Science University of Texas Medical School, Houston Houston, TX
Julie B. Kaplow, PhD, ABPP Associate Professor Director, Trauma and Grief Center for Youth Director, Childhood Bereavement Resource Center Department of Psychiatry and Behavioral Sciences University of Texas Health Science Center at Houston Houston, TX	Sarah M. Wakefield, MD Assistant Professor Texas Tech University Health Science Center School of Medicine Lubbock, TX
Rene L. Olvera, MD, MPH START Center Genetic Research Professor Division Chief, Child and Adolescent Psychiatry Departments of Psychiatry and Pediatrics University of Texas Health Science Center at San Antonio San Antonio, Texas	

Steven R. Pliszka, MD Steven R. Pliszka, MD Dielmann Distinguished Professor and Chair Department of Psychiatry University of Texas Health Science Center at San Antonio San Antonio, Texas	Steven R. Pliszka, MD Steven R. Pliszka, MD Dielmann Distinguished Professor and Chair Department of Psychiatry University of Texas Health Science Center at San Antonio San Antonio, Texas
Kirti Saxena, MD Associate Professor Psychiatry & Behavioral Science University of Texas Medical School, Houston Houston, TX	Kirti Saxena, MD Associate Professor Psychiatry & Behavioral Science University of Texas Medical School, Houston Houston, TX
Sarah M. Wakefield, MD Assistant Professor Texas Tech University Health Science Center School of Medicine Lubbock, TX	Sarah M. Wakefield, MD Assistant Professor Texas Tech University Health Science Center School of Medicine Lubbock, TX

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of the Texas Society of Psychiatric Physicians and the Texas Society of Child and Adolescent Psychiatry. The Texas Society of Psychiatric Physicians is accredited by TMA to provide continuing education for physicians.

CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of nine (9) *AMA PRA Category I Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ETHICS DESIGNATION STATEMENT

The ethics presentations “Not Ready for Prime Time? Not “No” but “Not Yet” and “What’s on the Horizon with the Texas Legislature?” have been designated by the Texas Society of Psychiatric Physicians for a total of two (2) credits of education in medical ethics and/or professional responsibility.

TARGET AUDIENCE/ PROGRAM OBJECTIVES

This live activity has been designed with didactic lectures supplemented with clinical vignettes, audiovisual presentations, direct discussion and case presentation and discussion in multiple educational sessions.

The program is designed to provide its’ target audience of Child and Adolescent Psychiatrists, Adult Psychiatrists, Pediatricians and Primary Care Physicians with clinically relevant information to advance the physicians’ competence and provide them with effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

NEEDS ASSESSMENT

TSCAP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of the participants.

FACULTY AND PLANNERS DISCLOSURE POLICY

In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered at the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the education activity.

TSPP will disclosure to learners the existence (or non-existence) of all relevant financial relationship(s) that the faculty and planners did (or did not) have with any commercial interest concerned with the content of the educational presentation.

Disclosure will occur prior to the presentation through written communication in the syllabus / handout materials.

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The TEXAS PSYCHIATRIST is published 5 times a year in February, April, June, August, and October. Members of Federation member organizations are encouraged to submit articles for possible publication. Deadline for submitting copy to the Federation Executive Office is the first day of the publication month. Copy must be edited, acceptable for publication.

Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

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MANAGING EDITOR

Debbie Sundberg

Federation of Texas Psychiatry

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TxPsychiatry@aol.com (E-mail)

<http://www.txpsych.org> (website)

CALENDAR OF MEETINGS

APRIL

29-30

Texas Society of Psychiatric Physicians and Texas Academy of Psychiatry Spring Committee Meetings and Joint Provider CME Program
"Suicide: Risk Assessment, Prevention and Liability"
Westin Austin at the Domain Hotel, 11301 Domain Drive, Austin, Texas
Reservations: <https://www.starwoodmeeting.com/Book/springmeetingcommitteesCMEprograms>
For additional information: www.txpsych.org or email tsppofc@aol.com or telephone 888-625-4988

MAY

5-6

Texas Medical Association 'TEXMED'
5 - Section on Psychiatry Program
Marriott Marquis and George R. Brown Convention Center, Houston, Texas
For additional information: www.texmed.org

JULY

14-16

Texas Society of Child and Adolescent Psychiatry Annual Meeting and Scientific Program
"What's on the Horizon"
Hyatt Regency Austin, 208 Barton Springs Road, Austin, Texas
Reservations: <https://resweb.passkey.com/go/GTSP2017>
or telephone (888) 421-1442 and refer to the group's meeting
For additional information: www.txpsych.org or email tscapofc@aol.com

NOVEMBER

3-5

Texas Society of Psychiatric Physicians 61st Annual Convention and CME Program
Hyatt Regency Hill Country Hotel & Resort
9800 Hyatt Resort Drive, San Antonio, Texas
Reservations: <https://aws.passkey.com/go/TSPP2017>
or telephone (800) 233-1234
For additional information: www.txpsych.org or email tsppofc@aol.com

JOB BANK

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation's **JOB BANK** on its website at www.txpsych.org. The Federation's JOB BANK could be just what you have been looking for.

Federation of Texas Psychiatry
401 West 15th Street, Suite 675
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