

Texas Psychiatrist



Join Me for TSCAP’s Virtual Program

Susan Wynne, MD, President, Texas Society of Child and Adolescent Psychiatry



Susan Wynne, MD

Please join me in attending the very first virtual Texas Society of Child and Adolescent Psychiatry Scientific Program. The title of this year’s program is “Mood Dysregulation and Evolving Modalities in the Delivery of Psychiatric Care.” With changes in the way we learn, this is a unique opportunity to obtain Continuing Medical Education (CME) and to interact with your colleagues in the comfort of your home during the COVID-19 era. This meeting will be held on Saturday, July 18, 2020 from 9 AM to 4:20PM. Keynote

speaker James McGough, MD from UCLA will speak on Disruptive Mood Dysregulation Disorder and will update us on research and understanding of this relatively new diagnosis. Walter Meyer, MD will inform us about the very pertinent topic of Transgender and Gender Dysphoria. Other topics include Mental Health Urgent Care, University Student Health Psychiatric Services and an update from Texas Child Mental Health Care Consortium. Each speaker or speakers will answer questions submitted by attendees at the end of

his/her lecture. At the conclusion of this program, you can earn six (6) hours of Category I CME, which includes one (1) hour of Ethics CME, claiming credit for those lectures to which you listened. Registration fees have been reduced and the cost of CME credit is very affordable.

Please share news of this innovative CME opportunity with your colleagues. The Scientific Program Schedule and Registration are included in this Newsletter and additional program information has been emailed to you and is available online

at www.txpsych.org. I look forward to your participation in this cutting-edge CME event. ■



Texas Society of Child and Adolescent Psychiatry “Mood Dysregulation and Evolving Modalities in the Delivery of Psychiatric Care”

VIRTUAL LIVE CME WEBINAR JULY 18, 2020

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SCIENTIFIC PROGRAM SCHEDULE

Saturday, July 18 (6 Hours Category I CME Credit Hours™)

9:00 am-9:30 am Opening Remarks and Welcome

9:30 am-10:30 am Disruptive Mood Dysregulation Disorder

KEYNOTE SPEAKER: James J. McGough, MD

Objectives: The learning objectives for this activity has been designed to address clinician competence.

Upon conclusion of the activity participants should be able to:

- Identify aggression in DMDD
- Increase knowledge of current research on DMDD
- Identify pharmacological treatment of target symptoms of DMDD
- Identify differences and similarities between Bipolar DO, ADHD and DMDD

10:30 am-11:30 am How to Treat Children with DMDD – Medications and Psychotherapy – Resident Case Presentation and Faculty Discussant

Sonia Popatia, MD (Resident) and Dana B. Bradley, MD (Faculty Discussant)

Objectives: The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Accurately diagnose DMDD in Children and Adolescents
- Identify known pharmacologic treatments of aggresssion associated with DMDD
- Diagnose Comorbid Disorders with DMDD

11:30 am-11:40 am Break

11:40 am-12:40 pm Mental Health Urgent Care Panel

Phillip Balfanz, MD, MBA and Melissa Deuter, MD

Objectives: The learning objectives for this activity has been designed to address clinician competence.

Upon conclusion of the activity participants should be able to:

- Describe mental health urgent care model in private practice setting.
- Discuss the delivery of care in the urgent care model, its advantages and disadvantages, and identify specific issues that psychiatrists may face.

12:40 pm-12:50 pm Break

12:50 pm-1:50 pm ETHICS: Transgender and Gender Dysphoria

Walter J. Meyer, III, MD

Objectives: The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Identify and improve the clinical competency in understanding ethical issues involving transgender patients.
- Identify and discuss best practices for Transgender youth/teens and hormone therapy (when/why/how to refer)
- Discuss how Transgender Youth Issues are being addressed in mental health settings.

1:50 pm - 2:00 pm Break

2:00 pm-3:00 pm PANEL: Texas Child Mental Health Care Consortium and Preliminary Data/ Engagement

Sarah Wakefield, MD, Melissa DeFilippis, MD, Nhung Thi-Vien Tran, MD

Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Describe the goals of the Texas Child Mental Health Care Consortium (TCMHCC).
- Discuss the Child Psychiatry Access Network (CPAN) and how pediatric healthcare providers can access it.
- Discuss the goals and components of Texas Child Health Access Through Telemedicine (TCHATT).

3:00 pm-4:00 pm University / Student Health Psychiatric Services

Melissa Eshelman, MD

Objectives: The learning objectives for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:

- Understand special diagnostic challenges of college student mental health treatment and limits of treatment: number of visits, availability of psychiatrists, psychologists, masters-level mental health practitioners.
- Identify different interventions and evidence based treatments in delivering care to college students.
- Discuss confidentiality issues pertaining to the interface between the university and the college student.

4:00 pm-4:20 pm Closing Remarks



Virtual CME

Mood Dysregulation and Evolving Modalities in the Delivery of Psychiatric Care

To Register: Complete the Registration Form on page 2 or Register online at <http://www.txpsych.org>

TSCAP Executive Committee 2019-2020

OFFICERS

President

Susan Wynne, MD (2019-20)

President-Elect

Melissa DeFilippis, MD (2019-20)

Secretary/Treasurer

Philip Balfanz, MD (2019-20)

Immediate Past President

Catherine Karni, MD (2019-20)

COUNCILORS

Benigno Fernandez, MD (2017-20)

James Norcross, MD (2018-21)

Mrudula Rao, MD (2019-21)

AACAP DELEGATES

Tracy Asamoah, MD (2018-21)

Tushar Desai, MD (2019-22)

Andrew Diederich, MD (2019-22)

Sharette Gray, MD (2018-21)

R. Andrew Harper, MD (2017-20)

Meghna Joshi, MD (2018-21)

Dhaval Parikh, MD (2017-20)

Steven Pliszka, MD (2018-21)

Jane Ripperger-Suhler, MD (2018-21)

AACAP ALTERNATE DELEGATES

Regina Cavanaugh, MD (2018-21)

Lisa Falls, MD (2018-21)

Joseph Shotwell, MD (2018-21)



Texas Society of Child and Adolescent Psychiatry VIRTUAL LIVE CME WEBINAR Saturday, July 18

MAIL... (pay by credit card or check)

Texas Society of Child and Adolescent Physicians
401 West 15th Street, Suite 675, Austin, TX 78701

(The following options require credit card payment)

E-MAIL... tscapofc@aol.com

ONLINE... http://www.txpsych.org

FAX...

512.478.5223

PHONE...

512.478.0605

To remit payment online, complete this form and return to tscapofc@aol.com via email and request an email invoice from Quickbooks Online.

REGISTRATION FORM

When your registration payment has been processed, about one week prior to the meeting, you will receive an email invite at the email address provided on your registration form with a link to join the meeting, the unique Meeting ID # and information for joining the meeting on Saturday, July 18. It is **IMPORTANT** that the email address you list on the Registration Form is the email you will use to participate on the Zoom Meeting or Zoom will not recognize and allow you to log into the meeting. If you do not already have Zoom loaded on your device with the email address you provide on your Registration Form, you will not be able to access the program. Please refer to the Zoom Guide attachment for instructions to access the meeting. The program will begin promptly at 9:00 am so please log on about 5-10 minutes prior to 9:00 am. Thank you for registering!

LAST NAME	FIRST NAME	CREDENTIALS (MD/DO, PA, NP, AHP, SPECIFY OTHER CREDENTIALS)	
SPECIALTY		EMAIL ADDRESS	
MAILING ADDRESS		CITY	STATE ZIP
PHONE		FAX	

PARTICIPATION POLICY – The Texas Society of Psychiatric Physicians' policy is to promote an environment of mutual respect, well-being, and collegiality at its meetings. TSPP values and benefits from the diverse opinions its members hold on the issues with which the Society and the psychiatric profession are confronted. All individuals participating in the (live or virtual) meetings agree to conduct themselves in a manner appropriate for health care professionals. This includes respect for the intellectual property of others, proper display and use of meeting badges, and the avoidance of aggressive or inappropriate behavior towards others. Individuals participating in TSPP sponsored meetings agree to listen respectfully to all views presented, be courteous to others regardless of whether you agree or disagree with the views presented, and to exhibit the professionalism and collegiality expected of psychiatrists. If an individual believes that these rules have been violated or acceptable social decorum has otherwise been breached, he or she shall contact TSPP staff to help with the situation. TSPP reserves the right to remove meeting access rights of any individual violating this policy and will not provide a refund. By registering for this meeting, you agree to abide by the Participation Policy as described above.

REGISTRATION FEE SCHEDULE

<input type="checkbox"/> TSCAP / TSPP / Academy Member	\$110	
<input type="checkbox"/> Non-Member Physician	\$140	
<input type="checkbox"/> Allied Health Professional	\$90	
<input type="checkbox"/> Trainee Member / Medical Student Member	\$10	
<input type="checkbox"/> Non-Member Trainee / Medical Student	\$20	

MEETING SYLLABUS ORDER

<input type="checkbox"/> Online Meeting Syllabus	Free	
<input type="checkbox"/> Color Printed Copy	\$155	
<input type="checkbox"/> Black & White Copy	\$125	

TOTAL REGISTRATION

PAYMENT INFORMATION

Check in the Amount of \$_____ *Make Checks Payable to Texas Society of Child and Adolescent Psychiatry*

Please Charge \$_____ To My: ☐ **VISA** ☐ **MasterCard** ☐ **American Express**

Credit Card # _____ Expiration Date: _____

3 or 4 Digit Security Code on Back of Card on Right of Signature Panel _____

Name of Cardholder (as it appears on card) _____

Signature _____

ADDRESS WHERE YOU RECEIVE YOUR CREDIT CARD STATEMENT (include address, city, state, zip): _____

Cancellation Policy: No REFUNDS given after July 1



Helping During Stressful Times

Our current state of affairs resonates with the therapeutic journeys we have all observed in our patients. Patients often come to us with something on their mind. The fact that it just won't go away carries clinical significance. We know their struggle means something – that our patient's unconscious efforts to repress their discomfort still seeps through the cracks of their awareness as if it needs to be heard. We come to recognize that change usually evolves from a state of internal discomfort to relieve that very discomfort – where a careful and thoughtful examination of preconceived notions and personal responsibility and empathic considerations of others can be carefully disentangled and tweaked and reassembled to facilitate the

emergence of more hope in our patients. Personal growth and change in our patients has rarely been a painless endeavor. The same can be said when families were in some form of disarray due to external stress and interpersonal conflicts and they sought professional assistance. As trained psychiatrists, we can never fully appreciate what a family in crisis has been going through. We rely on their self-report to help us better understand their individual and collective experiences. We don't have a magic wand. We don't have a magic pill. We can't simply tell our patients what the solution to their problem is. Instead, our training teaches us that during the course of thoughtful and genuine communications with our patients, that sufficient informa-

tion will rise to the top so that together, we can arrive at a suitable remedy for their discomfort. Of course, we all know that very little if anything will ever be heard during a loud, emotionally charged verbal exchange filled with accusations. People stop listening when it is too heated and too loud. Stress cuts across all slices of life and yet, at the same time we've learned that it's shape and form and feel differs from one person to the next. We can't begin to know how stress affects each and every patient that we will see, but we can listen to them and better understand their pain; and together, we can better manage it. Our training has taught us to set aside our personal views before we listen to our patient in order to facilitate a peculiar, uplifting

clinical phenomenon which usually occurs during therapy: our patients have the answers to their dilemmas, and amidst personal growth and change, they leave the session with confidence and hope for a better tomorrow. Now more than ever, as a world struggling with life in the time of a pandemic and as a nation struggling with issues of division, our patients and our citizens need us to listen to them. APA and AACAP have developed many helpful resources that are available to us and our patients that address stress and trauma and serve as helpful resources in our present time of need. The Federation of Texas Psychiatry website also has resources to assist all psychiatrists as we work to do what we do best, listen and serve our patients. ■



Navigating the COVID Landscape

J. Clay Sawyer, M.D., Chair, Texas Federation of Psychiatry

This issue of our Federation newsletter finds us continuing to address a dangerous and rapidly-evolving pandemic. Physicians, hospitals, and allied health professionals the world over are feeling overwhelmed, under-equipped, and anxious not only about the future but also about the present. With neither vaccines nor proven medications available, supportive measures for patients who are already ill and preventive measures for “flattening the curve” remain the order of the day. The fact that no definitive answers yet exist, and that this situation is likely to continue for an as-yet undetermined length of time, constitute a new reality in our daily lives.

However, dealing with reality is what we as physicians, and especially we as psychiatrists, are trained to help people to do.

Dealing with reality involves gathering, and understanding, as much information

as possible about the problem (after, of course, recognizing that a problem exists). The time to point fingers or to ascertain fault with regard to the causes of this pandemic and the responses to it need to be left for a later time—the reality is that the problem is here and that we must deal with it as best we can now.

We must follow CDC and NIH guidelines in dealing with this new reality. We must accept this premise for ourselves and we must also educate both our patients and our political entities about the wisdom of relying on good science and of the necessity for doing so. Any attempt to return to “normalcy” before our best scientific guidelines indicate that it is at least relatively safe to try could very well result in a reawakening of the spread of this virus and a worsening of even the current situation. I don't know of anyone who would consciously like to

see the appearance of this scenario. We must continue to accept the choices necessary to fight the further spread of COVID-19. We have sequestered ourselves, we have learned to don masks and gloves when out in public places, we have learned to shop online for groceries, and we have learned to use Zoom and other technologies in order to safely keep in touch with each other. We have learned to accept the cancellations and the postponements of meetings, of concerts, of movies, of school events (including classroom time itself), and of many other events. We must continue to do these things in order to enhance our survival. But, we must also remain optimistic about the future. Hope for the future will help all of us to find the answers that we will need to move on beyond this pandemic once adequate tests, effective vaccines, and



J. Clay Sawyer, M.D.

pertinent treatments are found and come into universal usage. Such discoveries have been made before with other pandemics and other tragedies.

I have no doubt that new discoveries will be made which help to end this tragedy, too. ■



Hope Is Not Canceled

By Timothy W. Wolff, MD, President, Texas Society of Psychiatry Physicians

Earlier this spring, I was strolling along in my neighborhood, contemplating life in the times of COVID 19, and saw a sign in a neighbor's yard that noted “Hope is not canceled.” That is right, hope is not canceled. In fact, hope is one of the most important virtues that we still have. And, I hope by the time this article is in print, that the pandemic angst has melted further and our confidence about the future has been properly buoyed.

As the new president of the Texas Society of Psychiatric Physicians (TSPP), I am honored to be able to take the helm of an organization that has weathered plenty of adversity since its inception in the 1950's. My gratitude is quite high for my many predecessors including Melissa Eshelman who has just passed the gavel to me. I am also grateful to Debbie Giarratano, our Executive Director who has done so much, for so long, for this organization.

The TSPP continues with purpose. The spring meeting had excellent virtual attendance with a fabulous CME program – a great credit to the leadership, CME com-

mittee, and speakers. TSPP membership itself remains very important. Psychiatry and our patients need you to continue to belong, consider joining, or considering rejoining the TSPP and other professional organizations. We need your participation, your voice, and – yes – your money too. If you have any questions about value, I wish to assuage your concern. The TSPP is about advocacy for patients, promoting psychiatry, developing leadership, building alliances, distributing pertinent news, educating, and promoting your personal development and comradery with interesting, fun meetings (even when they are virtual!). If you have some issues with positions, I say better to be the loyal opposition from within than an opposing voice from without. If you are silent, you are unlikely to be heard at all.

We are all dealing with the extraordinary challenges of COVID-19. Organizations and individuals have had to deal with plenty of adversity in the past. We have endured weather disasters, wars, financial downturns, terrorism, and losses from epi-

demics. We have been down, scared, threatened, and anxious but we did not falter. Each sentinel event changed us. We drew strength from each other, gathered ourselves, and improved ways to take care of ourselves and our patients. In the face of pandemic adversity, we are showing strength again.

These past months, many of us have changed the way we do the business of psychiatry through telephone visits, tele-psychiatry, virtual meetings, and increased use of electronic prescriptions. We have adapted as best we can, and our patients have followed suit. While we have lamented the lack of seeing our patients in person, we have become impressed with a virtual way that is more protective. For example, at the Parkland outpatient clinic, our patient contact rate has been significantly better – the convenience of the tele-psychiatry has overcome the burdens of getting oneself to the clinic.

However, to be sure, our practices have been affected negatively—less business, overhead and personnel problems, the loss



Timothy W. Wolff, MD

of the full essence of a person by not being in the room with them, and facing an unpredictable future. While some people may come out of this unscathed, many will be affected in varying ways—including and perhaps especially those in the medical fields – including us.

When it is all said and done, the physician's duties same in regular or exceptional times. We vow to try to do no harm. We treat others as we wish to be treated. We seek truth. We try to lessen others' pain and suffering. And, we continue to give our patients hope – because hope is never canceled.

I look forward to this year and having you be a part of a special, challenging time. ■



Committee Preferences 2020-21

THANK YOU for your continued membership and strengthening the voice of Psychiatry in Texas! TSPP's mission is to develop the highest quality of comprehensive psychiatric care for patients, families, and communities and your individual membership helps collectively accomplish that goal by enabling TSPP to continue to provide quality CME programs and a strong legislative voice for Psychiatry.

Your personal involvement in TSPP's activities also helps to shape the future of Psychiatry. With this in mind, TSPP invites you to serve on committees this year by selecting from the list in the preference form, the committees you have an interest in (Please try to limit your selection to one Committee per Council listing to avoid potential meeting conflicts). Participation in committees also provides an opportunity to informally network with your colleagues from around the State and share issues and concerns about your practice, patient care, legislative matters and medical education.

To make your selection and submit your

committee preferences, complete Name/ Address/Email and place an "X" in the appropriate committee columns and email to tsppofc@aol.com, fax to 512-478-5223 or mail it to TSPP, 401 West 15th St., Ste 675, Austin, Texas 78701. Your selections must be received by TSPP by July 31. Your preferences will be considered by TSPP President Timothy Wolff, MD when he begins making appointments. Appointments are generally for 3 years. Confirmation of committee appointments will be mailed in August. Information about each of the committee's charges is listed below the committee preference form.

Committees will meet virtually in November 2020 and most likely, May 2021, until all of the COVID-19 health and safety issues have been resolved. If you have any questions please do not hesitate to contact our office via email tsppofc@aol.com or leave a telephone message at 512-478-0605 for a return call.

Debbie Giarratano
Executive Director

COMMITTEE CHARGES 2020-21

COUNCIL ON ADVOCACY

GOVERNMENT AFFAIRS: To monitor present and proposed legislation and regulation at all government levels that could affect services to psychiatric patients; to attempt to ensure such legislation is in conformity with the principles of scientific care; to propose needed legislation or regulation, in liaison with other interested groups when appropriate, that would benefit psychiatric patients and the psychiatric profession in its efforts to treat patients effectively; and, to monitor court developments affecting patients and members.

COUNCIL ON EDUCATION

CONTINUING MEDICAL EDUCATION: To develop the Scientific Program for the Texas Society of Psychiatric Physicians' Annual Meeting in accordance with the Essentials as outlined in the Texas Medical Association's CME Guidelines, after receiving approval both from the Executive Council and the Finance Committee for particular plans; and, to assist the President-Elect in the development of the Scientific Program for the Texas Medical Association Section on Psychiatry.

PROFESSIONAL PRACTICE MANAGEMENT: To review clinical practice issues affecting members in any practice setting (eg regulations, reimbursement, technology, office procedure, etc) and propose educational programs and policies to improve the delivery of care to patients and

to enhance the practice of psychiatry. As needed, review and update existing practice guidelines and develop new guidelines for the practice of psychiatry.

RESIDENT-FELLOW MEMBER SECTION: To review the needs and concerns of members-in-training as seen by the residents to facilitate more resident involvement with appropriate TSPP Committees; and, to provide a forum for members-in-training for collegial sharing of mutual concerns and ideas.

COUNCIL ON SERVICE

ACADEMIC PSYCHIATRY: To provide a forum for psychiatrists employed by academic centers to network and to share information of mutual interest and concern about their academic settings.

CHILDREN & ADOLESCENTS: To monitor developments in the field of child and adolescent psychiatry, in both the private and public sectors, and to inform the membership of issues and policies affecting the care and treatment of children and adolescents.

PUBLIC MENTAL HEALTH SERVICES: To review the effectiveness of the organization of clinical services, and the funding for public mental health services administered and/or provided by State and local public agencies; and, to assess the authority, roles, and functions of psychiatrists in public mental health services.

FORENSIC PSYCHIATRY: To review the

Committee Preferences 2020-21				
NAME _____				
ADDRESS _____		CITY _____	STATE _____	ZIP _____
EMAIL _____				
COUNCILS & COMMITTEES 2020-21	Current Member	Request Reappointment	Wish to Resign	Request New Appointment
COUNCIL ON ADVOCACY				
Government Affairs				
COUNCIL ON EDUCATION				
Continuing Medical Education				
Resident-Fellow Member Section				
Professional Practice Management				
COUNCIL ON SERVICE				
Academic Psychiatry				
Children & Adolescents				
Forensic Psychiatry				
Public Mental Health Services				
COUNCIL ON FELLOWSHIP				
Chapter Leadership Forum (1)				
COUNCIL ON LEADERSHIP				
Constitution & Bylaws (2)				
Ethics (2)				
Distinguished Fellowship (2)				
Finance				
Nominating (3)				
(1) Chapter Officers and Representatives (2) Appointed by Chapter (3) Past Presidents				

legal aspects of civil, criminal, correctional and legislative issues that affect patients and the practice of psychiatry.

COUNCIL ON FELLOWSHIP

CHAPTER LEADERSHIP FORUM: To provide a forum for Chapter leaders to meet and discuss issues of mutual interest regarding Chapter operations.

COUNCIL ON LEADERSHIP

CONSTITUTION & BYLAWS: To prepare, as necessary, changes in the Constitution and Bylaws as mandated, either by vote within the Society or changes in APA

structure which affect the District Branch structure as well; to review the Constitution and Bylaws and submit recommendations for possible improvement of the current document.

ETHICS: To undertake the confidential investigation of complaints of unethical behavior or practices against Texas Society of Psychiatric Physicians' members in accordance with APA procedures approved by the Assembly and the Board of Trustees.

DISTINGUISHED FELLOWSHIP: To coordinate all nominations for advancement of Distinguished Fellowship in the American Psychiatric Association and make recommendations to the Executive Council regarding Fellowship recommendations.

FINANCE: To prepare an annual operating budget, taking into account previous years' income and expenses, and requests from individual committees and other components; to review requests from members regarding dues adjustments and recommend appropriate actions to the Executive Council; to oversee and advise on investment strategies for reserve funds; to present financial statements; to make recommendations to the Executive Council and the membership as to the financial needs of the Society; and to develop strategies to recruit and retain members.

NOMINATING: To recommend a slate of officers to the membership at the annual meeting as per Chapter VI, Section VI of the TSPP Bylaws; to screen nominations for the Distinguished Service Award, the Special Service Award, and the Psychiatric Excellence Award and other awards approved by the Executive Council, and to make recommendations in regard to these matters to the Executive Council. ■

PRACTICING TELEPSYCHIATRY?

As the practice of psychiatry intersects more with technology through the use of telemedicine, you can count on PRMS® to protect your practice. Our psychiatric professional liability policy includes coverage for telepsychiatry at no additional cost, as well as many other preeminent program benefits including:

- A national program with comprehensive coverage that protects you when licensed to treat patients in other states
- A nationwide defense network comprised of attorneys experienced in psychiatric litigation throughout the country
- A Risk Management Consultation Service helpline which allows you to speak directly with our knowledgeable team about all of your telepsychiatry-related questions (and all other topics)
- Access to hundreds of risk management resources from our in-house team of experts

JUSTIN POPE, JD
ASSOCIATE RISK MANAGER



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Actual terms, coverages, conditions and exclusions may vary by state. Insurance coverage provided by Fair American Insurance and Reinsurance Company (NAIC 35157). FAIRCO is an authorized carrier in California, ID number 3715-7. www.fairco.com.

Organized Psychiatry in Texas Description of Organizations

FEDERATION OF TEXAS PSYCHIATRY (Federation)



A Texas non-profit corporation incorporated on July 1, 2004. It is an organization whose purpose is to unite and serve all Texas psychiatric organizations and to encourage membership in TSPP, the Academy and other psychiatric organizations. The Federation offers association management services to member organizations, such as TSPP, the Academy, TSCAP and the Foundation, administered by the Federation's two employees. The Federation is independently governed by a Delegate Assembly composed of representatives of its member organizations. Currently, member organizations of the Federation include the Texas Society of Psychiatric Physicians, the Texas Academy of Psychiatry, the Texas Foundation for Psychiatric Education and Research, the Texas Society of Child and Adolescent Psychiatry, the Texas Osteopathic Medical Association and the Texas Medical Association. The Federation's member organizations represent over 55,000 physicians in Texas.



TEXAS FOUNDATION FOR PSYCHIATRIC EDUCATION AND RESEARCH (Foundation)

Texas non-profit corporation incorporated on December 10, 1991. The Foundation was organized exclusively for charitable, educational and research purposes and is recognized by the Internal Revenue Service as a 501 (c)(3) organization. The Foundation is independently governed by a Board of Directors and has approximately 1450 members. The Foundation receives its management services from the Federation.



TEXAS SOCIETY OF PSYCHIATRIC PHYSICIANS (TSPP)

A Texas non-profit corporation established in May 1956 and incorporated on March 18, 1963. It is a professional membership organization for physicians who practice psychiatry in the State of Texas. TSPP is a District Branch of the American Psychiatric Association, a national professional membership organization. TSPP is independently governed by an Executive Council composed of members of the organization. TSPP has approximately 1450 members and receives its association management services from the Federation. TSPP is recognized by the Internal Revenue Service as a 501 (c)(6) organization.



TEXAS SOCIETY OF CHILD AND ADOLESCENT PSYCHIATRY (TSCAP)

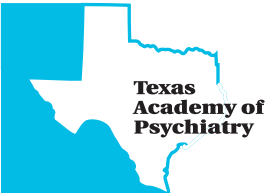
A Texas non-profit corporation established in October 1966 and incorporated in 1967. It is a professional membership organization for physicians who practice psychiatry in the State of Texas and who are dedicated to the care and treatment of mental illnesses in children and adolescents. TSCAP is a Regional Council of the American Academy of Child and Adolescent Psychiatry, a national professional membership organization. TSCAP is independently governed by an Executive Committee elected by members of the organization. TSCAP has approximately 560 members and receives its association management services from the Federation. TSCAP is recognized by the Internal Revenue Service as a 501 (c)(6) organization.

Not a Member of Your State Medical Specialty Professional Society?

JOIN YOUR COLLEAGUES TODAY!

For membership in the Texas Society of Psychiatric Physicians and American Psychiatric Association Visit www.psych.org to download a dual membership application or Contact: www.tsppofc@aol.com

For membership in the Texas Society of Child and Adolescent Psychiatry and American Academy of Child and Adolescent Psychiatry Visit www.aacap.org to download a dual membership application or contact: www.tscapofc@aol.com



Summer Recruitment Drive

Advocates for Patients and Quality Psychiatric Care

Help Strengthen the Voice of Psychiatry in Texas!

Texas Academy of Psychiatry

The Texas Academy of Psychiatry was established in 2004 to provide psychiatrists with a choice of membership in organized psychiatry without a requirement of a dual membership in a national organization.

The purposes and objectives of the Academy are:

- A. to promote the common professional interests of its members;
- B. to improve the treatment, rehabilitation, and care of the mentally ill, the mentally retarded, and the emotionally disturbed;
- C. to advance the standards of all psychiatric services and facilities;
- D. to promote research, professional education in psychiatry and allied fields, and the prevention of psychiatric disabilities;
- E. to foster the cooperation of all who are concerned with the medical, psychological, social and legal aspects of mental health and illness;
- F. to make psychiatric knowledge available to other practitioners of medicine, to scientists, and to the public;
- G. to promote the best interests of patients and those actually or potentially making use of mental health services;
- H. to coordinate and work in concert with other state professional psychiatric associations on joint public and professional education projects and public policy advocacy; and,
- I. to advocate for its members.

Membership is available to physicians with a current medical license without restrictions and who have a residency training certificate from an approved psychiatric residency program. Classes of membership include: Member-in-Training, General Member, Fellow (8 years of membership and/or recognized by APA as a Fellow or Distinguished Fellow), Retired Member, and Associate Member (a member in good standing with TSPP). All class of members shall have voting privileges.



TEXAS ACADEMY OF PSYCHIATRY

401 West 15th Street, Suite 675, Austin, Texas 78701
Tele: 512/478-0605; Fax: 512/478-5223; Email: TXPsychiatry@aol.com

MEMBERSHIP APPLICATION

I am applying for membership in the Texas Academy of Psychiatry (Academy), as follows:

- ☐ **Member-in-Training:** I am a physician in a psychiatric residency training program approved by the Residency Review Committee for Psychiatry of the Accreditation Council for Graduate Medical Education, the Royal College of Physicians and Surgeons of Canada or the American Osteopathic Association. Annual Dues: \$30 first year, \$50.00 thereafter.
- ☐ **General Membership:** I am a physician who has completed acceptable psychiatry training (as approved by the Residency Review Committee for Psychiatry of the Accreditation Council for Graduate Medical Education or the American Osteopathic Association) and I have a valid license to practice medicine or I have an academic, research or governmental position that does not require licensure. Annual Dues: \$250 first year, \$395.00 thereafter.
- ☐ **Fellow:** I am a physician who has received the designation of Fellow or Distinguished Fellow from the American Psychiatric Association (APA). Year _____. Annual Dues: \$250 first year, \$395.00 thereafter.
- ☐ **Retired:** I am a physician who has fully retired from the practice of medicine. Year _____. Annual Dues: \$95 first year, \$150.00 thereafter.
- ☐ **Associate Membership:** I am a physician who is currently a member in good standing with the Texas Society of Psychiatric Physicians (TSPP), a District Branch of the American Psychiatric Association and/or the Texas Society of Child and Adolescent Psychiatry (TSCAP) a Regional Council of the American Academy of Child and Adolescent Psychiatry. Annual Dues: \$25.00.

1. CONTACT INFORMATION

Last Name	First Name	Middle Initial	Suffix	Degree
<hr/>				
Mailing Address		City	State	Zip
<hr/>				
Telephone (____) _____		Fax (____) _____	Email _____	

2. DEMOGRAPHIC DATA The following categories are for statistical purposes only.

Birthdate ____/____/____ Gender ☐ Female ☐ Male

3. LICENSURE and TRAINING

Are you licensed to practice medicine in Texas by the Texas Medical Board? ☐ Yes ☐ No Other _____

☐ I completed a residency training program in Psychiatry on _____ at _____.

Signature _____ Date _____

Please return this application along with your dues payment to: TAP, 401 West 15th Street, Suite 675, Austin, TX 78701

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<http://www.txpsych.org> (website)

JOB BANK

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation's **JOB BANK** on its website at www.txpsych.org. The Federation's **JOB BANK** could be just what you have been looking for.

CALENDAR OF MEETINGS

Due to the ongoing COVID-19 pandemic, to protect the health and safety of our members and guests attending our meetings, TSPP / TSCAP / TAP have decided to hold all remaining 2020 meetings virtually, and will not meet in person

JULY

- 18** **Texas Society of Child and Adolescent Psychiatry**
VIRTUAL Annual CME Program
For Registration and Program Information
Visit www.txpsych.org

OCTOBER

- 19-24** **American Academy of Child and Adolescent Psychiatry**
67th Annual Meeting
San Diego, CA
At this time, AACAP is still planning to hold the 67th Annual Meeting in San Diego. Member and staff leaders continue to monitor developments on COVID-19 to make adjustments or contingencies, as needed. Any changes to the meeting will be posted on www.aacap.org and will be communicated to members and other stakeholders.

NOVEMBER

- TBD** **Texas Society of Psychiatric Physicians**
VIRTUAL Annual Meeting & CME Program