



**Texas Society of Psychiatric Physicians & Texas Academy of Psychiatry**  
**Spring Committee Meetings and**  
**Joint Provider**  
**Continuing Medical Education Program:**  
***“Suicide: Risk Assessment, Prevention and Liability”***  
April 29-30, 2017 • Westin Austin at the Domain Hotel, Austin, Texas





# Spring Committee Meetings and Joint Provider Continuing Medical Education Program: "Suicide: Risk Assessment, Prevention and Liability"

April 29-30, 2017 • Westin Austin at the Domain Hotel, Austin, Texas

Register early and plan to attend the 2017 committee meetings and Joint Provider Spring CME Program of the Texas Society of Psychiatric Physicians and the Texas Academy of Psychiatry on April 29-30, 2017 at the Westin Austin at the Domain Hotel, 11301 Domain Drive, Austin, TX.

## MEETING LOCATION / INFORMATION

Located in the heart of The Domain, within one of Austin's premier destinations, the AAA 4-Diamond Award Winning Westin Austin at the Domain Hotel is centrally located among 1.3 million square feet of high-end shopping and local music, fine dining, an upscale movie theater featuring independent and major films, and jogging paths offering a taste of the calming greenery found nearby. Easy steps from the hotel door, or a complimentary Westin golf cart shuttle away, you will find Spa Reveil, an exclusive spa sanctuary dedicated to creating a memorable experience for every guest (Spa Reservations 1-512-339-7000), outstanding shopping choices and numerous dining options. Or, remain in the hotel and enjoy fine dining celebrating premium meat and seafood, great wine, and fresh produce and relax in the warm retreat of the lobby offering live music on most weekday afternoons.

## HOTEL RESERVATIONS

TSPP has negotiated a small block of rooms with a discounted room rate of \$199 for reservations placed BEFORE April 6. To take advantage of this rate, visit the Federation of Texas Psychiatry's website at [www.txpsych.org](http://www.txpsych.org) and click on the URL link included in the announcement/information for the TSPP/TAP meeting: <https://www.starwoodmeeting.com/Book/springmeetingcommitteesCMEprograms> or call 866-961-2858.

## MEETING HIGHLIGHTS

- TSPP & TAP Joint Provider Spring CME Program (6 Hours of Category I CME Credit) with 2 of the Hours Designated for Medical Ethics
- TSPP Committee Meetings – Open to all Members, including Residents and Fellows in Training
- Networking with Colleagues from Around the State of Texas
- Exhibits that offer Business Practice Tools and Employment Opportunities
- TSPP Government Affairs Committee & Luncheon Program
- Complimentary Refreshments & Reception
- TSPP Executive Council Meeting and Installation of Officers for 2017-18

## EXHIBITS

Complimentary refreshments and snacks will be provided in Primrose D of the Westin Austin at the Domain Hotel for registered attendees. Exhibits will be open throughout the day Saturday providing information designed to enhance your practice and improve the optimal delivery of medical care to your patients. In addition there will be 'job fair' exhibitors who have employment opportunities for Psychiatrists in the State of Texas.

## EXHIBITORS

American Professional Agency, Inc.  
Assurex Health  
MagVenture  
NeuroStar

Professional Risk Management Services, Inc  
The Doctors Company  
UTMB Correctional Managed Care

## PROGRAM SCHEDULE

### FRIDAY, APRIL 28

4:00 pm - 10:00 pm	Temporary Registration Desk . . . . .	Bluebonnet Foyer
6:00 pm - 7:30 pm	Chapter Leadership Forum . . . . .	Bluebonnet
7:30 pm - 9:00 pm	Federation Delegate Assembly Meeting . . . . .	Bluebonnet

### SATURDAY, APRIL 29

7:00 am - 9:00 pm	Registration . . . . .	Primrose D Foyer
7:30 am - 8:45 am	Foundation Board of Directors Breakfast Meeting . . . . .	Verbena B
9:00 am - 9:50 am	Continental Breakfast	
9:00 am - 10:30 am	Council on Leadership Meetings Ethics . . . . .	Camellia A
	Distinguished Fellowship . . . . .	Camellia B
	Finance . . . . .	Plumeria A
	Council on Education Meetings Continuing Medical Education . . . . .	Verbena A
	Professional Practice Management . . . . .	Plumeria B
8:30 am - 9:30 am	Exhibits Set-Up . . . . .	Primrose D
8:30 am - 7:00 pm	Exhibits / Hospitality Room . . . . .	Primrose D
10:30 am - 10:50 am	Refreshment Break / Visit with Exhibitors and Door Prize Drawings . . . . .	Primrose D
10:50 am - 12:20 pm	Council on Service Meetings Academic Psychiatry . . . . .	Camellia A
	Child and Adolescent Psychiatry . . . . .	Camellia B
	Forensic Psychiatry . . . . .	Plumeria A
	Public Mental Health Services . . . . .	Plumeria B
12:20 pm - 12:40 pm	Refreshment Break / Visit with Exhibitors and Door Prize Drawings . . . . .	Primrose D
12:40 pm - 2:00 pm	Council on Advocacy / Lunch Program . . . . .	Lantana
1:40 pm - 2:30 pm	Texas Academy of Psychiatry Board of Directors Meeting . . . . .	Bluebonnet
1:40 pm - 2:30 pm	Resident Fellow Member in Training Section . . . . .	Verbena
<b>2:30 pm - 9:00 pm</b>	<b>CME SCIENTIFIC PROGRAM:</b> <b>"Suicide: Risk Assessment, Prevention and Liability"</b> . . . . .	Primrose C
2:30 pm - 4:30 pm	<b>Panel on Suicide: Epidemiology, Risk Assessment and Predictability</b> Epidemiology of Suicide – Joseph V. Penn, MD, CCHP, FAPA Suicide Risk Assessment – Elizabeth C. Conti, PhD Addressing and Modifying Suicide Risk Factors – Christopher B. Ticknor, MD	
4:30 pm - 4:50 pm	<b>Refreshment Break / Visit with Exhibitors and Door Prize Drawings . . . . .</b>	Primrose D
4:50 pm - 6:50 pm	<b>Panel on Suicide: Suicide Risk and Liability Issues</b> Case Presentation on Suicide Risk in Physicians – Sheila M. Loboprabhu, MD, FAPA Liability Issues in Psychiatric Care of Other Professionals – William H. Reid, MD, MPH, DFAPA, FACP, FRCP(E) Discussions of Important Points in these two presentations – Moira Wertheimer, ESQ., RN, CPHRM	
6:50 pm - 7:00 pm	<b>Refreshment Break . . . . .</b>	Primrose D
7:00 pm - 9:00 pm	<b>Dinner / Panel on Suicide: Physician Standards of Care and Liability Risk Management</b> Ethics – Suicide Risk Awareness – Assessment, Management, and Documentation for Clinicians – William H. Reid, MD, MPH, DFAPA, FACP, FRCP(E) Liability and Documentation Issues in Caring for Suicidal Patients – Moira Wertheimer, ESQ., RN, CPHRM	

### SUNDAY, APRIL 30

9:00 am - 11:00 am	Executive Council Meeting . . . . .	Lantana
	Continental Breakfast and Installation of Officers for 2017-18	

# Texas Society of Psychiatric Physicians and Texas Academy of Psychiatry Spring Committee Meetings and Joint Provider Scientific Program

Saturday, April 29 (6 Hours Category 1 Credit)

## “Suicide: Risk Assessment, Prevention and Liability”

### SCIENTIFIC PROGRAM SCHEDULE

#### Saturday, April 29 (6 Hours Category 1 Credit)

**2:30 pm - 4:30 pm Panel on Suicide: Epidemiology, Risk Assessment and Predictability** . . . . . *Primrose C*

Epidemiology of Suicide –  
Joseph V. Penn, MD, CCHP, FAPA  
Suicide Risk Assessment –  
Elizabeth C. Conti, PhD  
Addressing and Modifying Suicide Risk Factors –  
Christopher B. Ticknor, MD

**4:30 pm - 4:50 pm Refreshment Break / Visit with Exhibitors and Door Prize Drawings** . . . . . *Primrose D*

**4:50 pm - 6:50 pm Panel on Suicide: Assessment and Prevention**  
Case Presentation on Suicide Risk in Physicians – Sheila M. Loboprabhu, MD, FAPA  
Liability Issues in Psychiatric Care of Other Professionals –  
William H. Reid, MD, MPH, DFAPA, FACP, FRCP(E)  
Discussions of Important Points in these two presentations –  
Moira Wertheimer, ESQ., RN, CPHRM

**6:50 pm - 7:00 pm Refreshment Break** . . . . . *Primrose D*

**7:00 pm - 9:00 pm Dinner and Panel on Suicide: Liability Risk Management**  
Ethics – Suicide Risk Awareness – Assessment, Management, and Documentation for Clinicians –  
William H. Reid, MD, MPH, DFAPA, FACP, FRCP(E)  
Ethics – Liability and Documentation Issues in Caring for Suicidal Patients –  
Moira Wertheimer, ESQ., RN, CPHRM

#### CME PROGRAM GOAL/TARGET AUDIENCE

This live activity has been designed in a lecture format with case examples and panel format followed by an interactive audience question and answer period to provide its' primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice.

The information and data presented will address the professional practice gaps of the learners and advance the physician's competence and improve their knowledge of 1) the most effective interventions to be taken, and provide education, so that physicians become better able to detect in themselves and their colleague symptoms of physician depression; 2) encourage physicians to engage in early intervention/reporting and access to treatment for the physician's / colleague's depression; 3) prevent suicide by the physician and provide safe patient care and 4) increase the use of screening tools in clinical practice settings so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

#### IDENTIFIED PRACTICE GAPS / NEEDS ASSESSMENT

TSPP identified professional practice gaps in medical literature and incorporated this into the CME activity to address the relevant educational needs concerning competence that underlie the professional practice gaps of the participants. Physicians have a very large suicide rate. About 400 US physicians die by suicide every year. Physician depression and suicide affects patient safety and provision of good clinical care. Physicians often do not self report their depression due to fears about licensing concerns. Early detection and treatment of physician depression may prevent suicide and improve the clinical care offered by the physician.

Multiple suicide prevention strategies have been discussed in the literature, but it is unclear from the current research the most effective intervention methods to prevent suicide. Limiting access to lethal means and education of primary care providers about recognizing and treating depression are two promising areas of study.

The proposed program will review the current state of the science and recommend specific techniques for the individual practitioner to consider and apply. Additionally, implementation of strategies to manage and detect suicidal risk such as increased use of screening tools in clinical practice settings may also provide metrics that can be evaluated to manage and detect suicidal risk.

#### OBJECTIVES

The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of this presentation participants should be able to:

- to identify and recognize symptoms of physician depression.
- to list steps for early detection of physician depression.
- to describe a physician's ethical reporting responsibility for his/her own depression or depression in a colleague.
- to list resources on how to get the physician intervention and care for depression
- to describe strategies for suicide prevention and implement suicide prevention strategies based upon the current knowledge base.

#### ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of the Texas Society of Psychiatric Physicians and the Texas Academy of Psychiatry. The Texas Society of Psychiatric Physicians is accredited by TMA to provide continuing medical education for physicians.

#### CREDIT STATEMENT

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of six (6) *AMA PRA Category I Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### ETHICS DESIGNATION STATEMENT

The presentations “Physician Standards of Care in Treating Suicidal Patients” and “Liability and Documentation Issues in Caring for Suicidal Patients” has been designated by the Texas Society of Psychiatric Physicians for two (2) credit of education in medical ethics and/or professional responsibility.

#### FACULTY AND PLANNERS DISCLOSURE POLICY

In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered to the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the education activity.

TSPP will disclose to learners the existence (or non-existence) of all relevant financial relationship(s) that the faculty and planners did (or did not) have with any commercial interest concerned with the content of the educational presentation.

Disclosure will occur prior to the presentation through written communication in the syllabus / handout materials.

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**ABOUT THE SPEAKERS**

**ELIZABETH C. CONTI, PhD**

Instructor  
Department of Psychiatry and Behavioral Sciences  
Baylor College of Medicine  
Postdoctoral Research Fellow and Licensed Psychologist  
Michael E. DeBakey VA Medical Center  
Center for Innovations in Quality, Effectiveness and Safety  
Houston, Texas

**SHEILA M. LOBOPRABHU, MD, FAPA**

Associate Professor  
Menninger Department of Psychiatry and Behavioral Sciences  
Baylor College of Medicine  
Houston, Texas  
Staff Psychiatrist  
Michael E. DeBakey VA Medical Center and MIRECC  
Houston, Texas

**JOSEPH V. PENN, MD, CCHP, FAPA**

Director, Mental Health Services  
UTMB Correctional Managed Care  
Clinical Professor, Department of Psychiatry  
University of Texas Medical Branch  
Galveston, Texas

**WILLIAM H. REID, MD, MPH, DFAPA, FACP, FRCP(E)**

Clinical Professor of Psychiatry  
Texas Tech University Health Sciences Center  
Clinical Professor of Psychiatry  
University of Texas Dell Medical Center  
Austin, Texas  
Forensic Psychiatry Consultant  
Horseshoe Bay, Texas

**CHRISTOPHER B. TICKNOR, MD**

Associate Adjunct Professor of Psychiatry  
The University of Texas Health Science Center San Antonio  
and Private Practice of Psychiatry  
Forensic Psychiatry Consultant  
San Antonio, Texas

**MOIRA WERTHEIMER, ESQ., RN, CPHRM**

Assistant Vice President  
Psychiatric Risk Management Group  
AWAC Services Company  
Member Company of Allied World  
Farmington, Connecticut  
President  
Connecticut Society of Healthcare Risk Managers



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**MAIL...** (pay by credit card or check)  
 Texas Society of Psychiatric Physicians  
 401 West 15th Street, Suite 675, Austin, TX 78701  
 (The following options require credit card payment)  
**E-MAIL...** TSPPOfc@aol.com  
**ONLINE...** http://www.txpsych.org

To remit payment online, complete this form and return to tspopfca@aol.com via email. An email invoice will be sent to you via Quickbooks for payment.

**REGISTRATION**

NAME \_\_\_\_\_ E-MAIL ADDRESS FOR MEETING CONFIRMATION \_\_\_\_\_

Please check if you are a:  APA Fellow  APA Distinguished Fellow  APA Distinguished Life Fellow  APA Life Member  APA Life Fellow

ADDRESS / CITY / STATE / ZIP: \_\_\_\_\_

PHONE/FAX \_\_\_\_\_

**REGISTRATION FEE SCHEDULE – APRIL 29, 2017**

	<i>Before April 6</i>	<i>After April 6</i>	
<input type="checkbox"/> <b>LUNCH</b>	\$20.00	\$25.00	_____
<input type="checkbox"/> <b>CME PROGRAM , AND DINNER</b>			
TSPP / ACADEMY / TSCAP Member	\$125.00	\$155.00	_____
MS OR RESIDENT-FELLOW IN TRAINING / TSPP ACADEMY / TSCAP MEMBER	\$15.00	\$25.00**	_____
NON-MEMBER PHYSICIAN	\$155.00	\$185.00	_____
NON-MEMBER RESIDENT-FELLOW PHYSICIAN, MS	\$25.00	\$35.00	_____
ALLIED HEALTH PROFESSIONAL	\$100.00	\$125.00	_____
<b>Name(s) for name badge:</b> _____			
SPOUSE / GUEST (no CME credit)	\$65.00	\$85.00	_____
<b>Name(s) for name badge:</b> _____			

\*\* NO CHARGE, if your Program Training Director registers for the CME Program.

**Enter Program Director's name here:** \_\_\_\_\_

**MEETING SYLLABUS ORDER**

<input type="checkbox"/> Meeting Syllabus in Color	\$50.00	\$75.00	_____
<input type="checkbox"/> Meeting Syllabus in Black & White	\$30.00	\$55.00	_____
<input type="checkbox"/> Online Meeting Syllabus	No Charge	No Charge	_____

**Vegetarian Plate Requested.**  
 No additional fee if requested prior to April 6 otherwise there will be an additional fee of \$15.00

If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605.

**To register by telephone there will be a \$7.50 convenience fee charged. To avoid this charge, you may fax (512-478-5223), scan and email (tspopfca@aol.com or mail to: TSPP, 401 West 15th Street, Suite #675, Austin, TX 78701 your registration form and payment.**

**Total Registration Fees**

**METHOD OF PAYMENT:**

Check in the Amount of \$ \_\_\_\_\_ *Make Checks Payable to Texas Society of Psychiatric Physicians*

Please Charge \$ \_\_\_\_\_ To My:  VISA  MasterCard  American Express

Credit Card # \_\_\_\_\_ Expiration Date: \_\_\_\_\_

3 or 4 Digit Code on Back of Card on Right of Signature Panel \_\_\_\_\_

Name of Cardholder (as it appears on card) \_\_\_\_\_

Signature \_\_\_\_\_

ADDRESS WHERE YOU RECEIVE YOUR CREDIT CARD STATEMENT (include address, city, state, zip): \_\_\_\_\_

CANCELLATION POLICY: In the event of cancellation, a full refund will be made if written notice is received in the TSPP office by April 6, 2017, less a 25% processing charge. NO REFUNDS will be given after April 6, 2017