



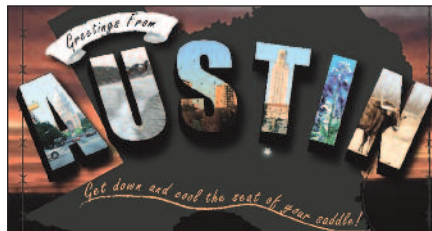
Texas Society of Psychiatric Physicians & Texas Academy of Psychiatry  
**Spring Committee Meetings and  
Continuing Medical Education Program**

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**Treating Patients with  
Severe Mental Illness  
and Cognitive Impairment**

**April 26-28, 2019  
Westin Austin at the Domain Hotel  
Austin, Texas**





# Spring Committee Meetings and Continuing Medical Education Program:

## "Treating Patients with Severe Mental Illness and Cognitive Impairment"

April 26-28, 2019 • Westin Austin at the Domain Hotel, Austin, Texas

**R**egister early and plan to attend the 2019 committee meetings and Joint Provider Spring CME Program of the Texas Society of Psychiatric Physicians and the Texas Academy of Psychiatry on April 27, 2019 at the Westin Austin at the Domain Hotel, 11301 Domain Drive, Austin, TX. Other organization meetings will be held April 26 and the TSPP Executive Council Meeting, April 28.

### MEETING HIGHLIGHTS

- TSPP & TAP Joint Provider Spring CME Program (5 Hours of *Category I CME Credit*<sup>TM</sup>) with 1 of the Hours Designated for Medical Ethics
- TSPP Committee Meetings - Open to all Members, including Residents and Fellows in Training
- Networking with Colleagues from Around the State of Texas
- Exhibits that offer Business Practice Tools, Malpractice Insurance and Employment Opportunities
- TSPP Government Affairs Committee & Luncheon Program
- Complimentary Refreshments & Reception
- TSPP Executive Council Meeting and Installation of Officers for 2019-20

### MEETING LOCATION / INFORMATION

Located in the heart of The Domain, within one of Austin's premier destinations, the AAA 4-Diamond Award Winning Westin Austin at the Domain Hotel is centrally located among 1.3 million square feet of high-end shopping and local music, fine dining, an upscale movie theater featuring independent and major films, and jogging paths offering a taste of the calming greenery found nearby. Easy steps from the hotel door, or a complimentary Westin golf cart shuttle away, you will find Spa Reveil, an exclusive spa sanctuary dedicated to creating a memorable experience for every guest (Spa Reservations 1-512-339-7000), outstanding shopping choices including Neiman Marcus, Tiffany & Company, Louis Vuitton, Nordstroms, Dillard's and numerous dining options such as Flemings, Jaspers, Kona Grill, Cru Wine and many others. Or, plan to remain in the hotel and enjoy fine dining in a relaxed atmosphere celebrating premium meat and seafood, great wine, and fresh produce and relax in the warm retreat of the lobby offering live music on most weekday afternoons.



### HOTEL RESERVATIONS

TSPP has negotiated a small block of rooms with a discounted room rate of \$189 for reservations placed **BEFORE APRIL 4**. To take advantage of this rate, visit the Federation of Texas Psychiatry's website at [www.txpsych.org](http://www.txpsych.org) and click on the URL link included in the announcement/information for the TSPP/TAP meeting:

<https://book.passkey.com/event/49719142/owner/3061945/home>

*\* Booking a room within the TSPP room block is an important way to support TSPP and TAP and helps to keep the overall meeting registration fee and costs as low as possible. Booking outside of the TSPP block, or at another hotel could expose TSPP to monetary charges for attrition. Plus, staying in the hotel keeps you connected with all the activities and networking opportunities during the event. Please help us help you by booking your room at the hotel hosting the meeting and within the TSPP room block.*

### EXHIBITS

Complimentary refreshments and snacks will be provided in Primrose Foyer of the Westin Austin at the Domain Hotel for registered attendees. Exhibits will be open throughout the day Saturday to provide you with information designed to enhance your practice and improve the optimal delivery of medical care to your patients. In addition there will be 'job fair' exhibitors who have employment opportunities for Psychiatrists in the State of Texas.

### SPONSORS

Otsuka America Pharmaceuticals, Inc.  
The Harris Center for Mental Health & IDD

### EXHIBITORS

BrainsWay, USA  
Constellation Behavioral Health  
MagVenture  
Neurocrine Biosciences, Inc.  
Otsuka America Pharmaceuticals, Inc.  
Professional Risk Management Services, Inc.  
Teva  
Texas Foundation for Psychiatric Education and Research  
Texas Health and Human Services Commission  
The Doctors Company  
The Harris Center for Mental Health & IDD  
UTMB Correctional Managed Care



# Spring Committee Meetings and Continuing Medical Education Program:

## "Treating Patients with Severe Mental Illness and Cognitive Impairment"

April 26-28, 2019 • Westin Austin at the Domain Hotel, Austin, Texas

### PROGRAM SCHEDULE

#### FRIDAY, APRIL 26

4:00 pm - 10:00 pm	Temporary Registration Desk	.Bluebonnet Foyer
6:00 pm - 7:30 pm	Chapter Leadership Forum	.Bluebonnet
6:00 pm - 7:30 pm	TSCAP Executive Committee Meeting	.Wine Room
7:30 pm - 9:00 pm	Federation Delegate Assembly Meeting	.Bluebonnet

#### SATURDAY, APRIL 27

7:00 am - 9:00 pm	Registration	.Primrose Foyer
7:00 am - 9:00 am	TMS Decorator Exhibit Hall Set Up	.Primrose Foyer
7:30 am - 8:45 am	Foundation Board of Directors Breakfast Meeting	.Verbena B
8:00 am - 9:50 am	Continental Breakfast	.Primrose Foyer
9:00 am	Exhibits Set-Up	.Primrose Foyer
9:00 am - 10:30 am	<b>Council on Leadership Meetings:</b>	
	Ethics	.Camellia A
	Distinguished Fellowship	.Camellia B
	Finance	.Plumeria A
	<b>Council on Education Meetings:</b>	
	Continuing Medical Education	.Verbena A
	Professional Practice Management	.Plumeria B
10:30 am - 10:50 am	Refreshment Break / Visit with Exhibitors and Door Prize Drawings	.Primrose Foyer
10:50 am - 12:20 pm	<b>Council on Service Meetings:</b>	
	Academic Psychiatry	.Camellia A
	Children and Adolescents Psychiatry	.Camellia B
	Forensic Psychiatry	.Plumeria A
	Public Mental Health Services	.Plumeria B
12:20 pm - 12:40 pm	Refreshment Break / Visit with Exhibitors and Door Prize Drawings	.Primrose Foyer
12:40 pm - 1:40 pm	Lunch (and Government Affairs Council on Advocacy Meeting)	.Primrose AB
1:40 pm - 2:30 pm	Texas Academy of Psychiatry Board of Directors Meeting	.Bluebonnet
1:40 pm - 2:30 pm	Resident Fellow Member in Training Section	.Verbena
<b>2:30 pm - 8:00 pm</b>	<b>CME SCIENTIFIC PROGRAM: "Treating Patients with Severe Mental Illness and Cognitive Impairment"</b>	.Primrose CD
2:30 pm - 3:30 pm	<b>"Differentiating Mild Cognitive Impairment from Progressive Neurocognitive Disorders"</b>	
	John G. Tierney, MD	
3:30 pm - 4:30 pm	<b>"Treatment Resistant Schizophrenia"</b>	
	Raymond Cho, MD, M.Sc	
4:30 pm - 4:50 pm	Refreshment Break / Visit with Exhibitors and Door Prize Drawings	.Primrose Foyer
4:50 pm - 5:50 pm	<b>"Preventing Relapse in Chronic Schizophrenia"</b>	
	Dawn I. Velligan, PhD	
5:50 pm - 6:50 pm	<b>"Safety Planning in Patients with Suicidal Ideation"</b>	
	Cynthia L. Hoyler, MD	
6:50 pm - 7:00 pm	Refreshment Break	.Primrose Foyer
7:00 pm - 8:00 pm	Dinner and Continuation of CME Program	
7:00 pm - 8:00 pm	<b>"Decision Making Capacity in the Seriously Mentally Ill" (ethics)</b>	
	Michael R. Arambula, MD, PharmD	

#### SUNDAY, APRIL 28

8:00 am - 11:00 am	Registration	.Primrose Foyer
9:00 am - 11:00 am	Executive Council Meeting	.Lantana
	Continental Breakfast and Installation of Officers for 2019-20	

# Texas Society of Psychiatric Physicians and Texas Academy of Psychiatry Spring Committee Meetings and Joint Provider Scientific Program

Saturday, April 27, 2019 (5 Hours Category 1 Credit™)

## “Treating Patients with Severe Mental Illness and Cognitive Impairment”

### 2:30 pm - 3:30 pm “Differentiating Mild Cognitive Impairment John G. Tierney, MD

Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity, participants should be able to:

- Systematically evaluate middle-aged patients complaining of cognitive-behavioral changes.
- Discuss and Apply the first Practice Guidelines for Clinical Evaluation of Alzheimer’s Disease and Other Dementias for Primary and Specialty Care developed by the Alzheimer’s Association’s AADx-CPG Workgroup for the Clinical Evaluation of Cognitive Impairment Suspected to be due to AD/DRD

### 3:30 pm - 4:30 pm “Treatment Resistant Schizophrenia” Raymond Cho, MD, M.Sc

Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity, participants should be able to:

- Identify new treatment strategies and apply more effective combination of medications to treat the Chronically Mentally Ill patient population.

### 4:30 pm - 4:50 pm Refreshment Break / Visit with Exhibitors and Door Prize Drawings ..... Primrose Foyer

### 4:50 pm - 5:50 pm “Preventing Relapse in Chronic Schizophrenia” Dawn I. Velligan, PhD

Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity, participants should be able to:

- Consider using screening questions to identify potential relapse in schizophrenia.

- Identify barriers and strategies to improve psychiatric follow up for patients with schizophrenia.
- Identify barriers and strategies to improve medication adherence in patients with schizophrenia.

### 5:50 pm - 6:50 pm “Safety Planning in Patients with Suicidal Ideation” Cynthia L. Hoyler, MD

Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity, participants should be able to:

- Describe and explain the key elements of a safety plan for patients with suicidal ideation.
- Develop a written, individualized safety plan for their patients with suicidal ideation in an office visit or in the ED setting.
- Implement procedures in their clinical practice to use a safety planning intervention with their patients with suicidal ideation. ....

### 6:50 pm - 7:00 pm Refreshment Break ..... Primrose D

### 7:00 pm - 8:00 pm Dinner and Continuation of CME Program: “Decision Making Capacity in the Seriously Mentally Ill” (Ethics) Michael R. Arambula, MD, PharmD

Objectives: The learning objectives for this activity have been designed to address clinician competence. Upon conclusion of the activity, participants should be able to:

- State the current criteria for determining decision making capacity.
- Describe the current laws impacting mental health treatment in those with limited capacity to make informed treatment decisions due to mental illness.
- Discuss how shared decision making might be used to improve care for those with severe mental illness.

## ABOUT THE SPEAKERS

### MICHAEL R. ARAMBULA, MD, PharmD

Private Practice  
General and Forensic Psychiatry,  
Clinical Pharmacology

Adjunct Associate Professor, Dept. of Psychiatry  
The University of Texas School of Medicine  
University of Texas Health Science Center  
Distinguished Life Fellow, APA  
Fellow, Federation of State Medical Boards  
Former President, Texas Medical Board  
San Antonio, TX

### RAYMOND CHO, MD, M.Sc

Professor  
Department of Psychiatry  
Baylor College of Medicine  
DeBakey VA Medical Center  
Houston, TX

### CYNTHIA L. HOYLER, MD

Medical Director  
Telemental Health Services  
Harlingen, TX

### JOHN G. TIERNEY, MD

Private Practice in General, Adult and Geriatric Psychiatry  
Adjunct Professor of Psychiatry  
Department of Psychiatry  
University of Texas Health Science Center Medical School  
San Antonio, TX

### DAWN I. VELLIGAN, PhD

Director  
Division of Community Recovery, Research and Training  
Henry B. Dielmann Chair  
Department of Psychiatry  
UT Health San Antonio  
San Antonio, TX

# Texas Society of Psychiatric Physicians and Texas Academy of Psychiatry Spring Committee Meetings and Joint Provider Scientific Program

Saturday, April 27, 2019 (5 Hours Category 1 Credit™)

## “Treating Patients with Severe Mental Illness and Cognitive Impairment”

### **CME PROGRAM GOAL / TARGET AUDIENCE**

This live activity has been designed in a lecture format with case examples followed by an interactive audience question and answer period to provide its' primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice.

The information and data presented will address the professional practice gaps of the learners and advance the physician's competence and improve their knowledge about the complex contributing factors in this patient population and introduce additional resources and new strategies to improve outcomes so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

### **IDENTIFIED PRACTICE GAPS / NEEDS ASSESSMENT:**

TSPP identified educational needs and professional practice gaps from members expressed needs and in medical literature and incorporated it into the CME activity to address the relevant educational needs concerning competence that underlie the professional practice gaps of the participants.

The program will explore the systematic evaluation of people with progressive neurocognitive disorders versus mild cognitive impairment in the aging population. Despite more than two decades of advances in diagnostic criteria and technology, symptoms of Alzheimer's disease and Related Dementia too often go unrecognized or are misattributed, causing delays in appropriate diagnoses and care that are both harmful and costly. First Practice Guidelines for Clinical Evaluation of Alzheimer's Disease and Other Dementias for Primary and Specialty Care (Alzheimer's Association International Conference 2018; Neurology Advisor. July 23, 2018) The presentation will address the systematic guidelines for the evaluation of cognitive behavioral syndromes in the aging population.

Up to 30% of patients with treatment-resistant schizophrenia treated with clozapine have residual positive symptoms. Psychiatrists are looking for treatment strategies to improve treatment outcome in this chronically mentally ill patient population. The presentation will address how to access medication response in Treatment Resistant Schizophrenia and adjust treatment approach.

Contributing factors influencing relapse in chronic schizophrenia include non-adherence to medication, difficulty identify relapse and missed follow up appointments, among others. The presentation will address these and other common contributing factors to relapse into psychosis and possible strategies to improve outcomes. (The Welcome Basket Revisited: Testing the Feasibility of a Brief Peer Support Intervention to Facilitate Transition from Hospital to Community, Psychiatric Rehabilitation Journal, 2016, Vol. 39, No. 4, 335-342)

Suicide and suicidal behavior are major public health problems. The suicide rate in the US has steadily increased over the past 2 decades. There are few empirically supported brief intervention strategies to address the problem in various clinical settings. Safety planning intervention training for patients with suicidal ideation has been shown to lead to a reduction in suicidal behavior and to increased treatment engagement among suicidal patients. (Comparison of the Safety Planning Intervention With Follow-up vs Usual Care of Suicidal Patients Treated in the Emergency Department. JAMA Psychiatry. 2018;75(9):894-900. doi:10.1001/jamapsychiatry.2018.1776

There is limited research and varying practices for medical decision

making by those with developmental disabilities or severe mental illness. The presentation will address ethical issues in the evaluation of capacity to make treatment decisions in patients with severe mental disabilities and ways to involve patients in shared decision making to the fullest extent possible. This topic directly impacts the clinical practices of psychiatrists. The social context in which the evaluation and treatment are being provided will be addressed during the presentation. (The MacArthur Competence Assessment Tools for assessing decision-making capacity in schizophrenia: A meta-analysis, <http://dx.doi.org/10.1016/j.schres.2016.11.020>;

Shared treatment decision-making and empowerment-related outcomes in psychosis: systematic review and meta-analysis, The British Journal of Psychiatry (2016) 209, 23-28, doi: 10.1192/bjp.bp.114.158931; Medical Decision-Making for Adults Who Lack Decision-Making Capacity and a Surrogate: State of the Science American Journal of Hospice & Palliative Medicine 2018, Vol. 35(9) 1227-1234

### **OBJECTIVES**

The learning objectives for this activity have been designed to address clinician competence and are listed under each presentation.

### **ACCREDITATION STATEMENT**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of the Texas Society of Psychiatric Physicians and the Texas Academy of Psychiatry. The Texas Society of Psychiatric Physicians is accredited by TMA to provide continuing medical education for physicians.

### **CREDIT STATEMENT**

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of five (5) *AMA PRA Category I Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **ETHICS DESIGNATION STATEMENT**

The presentation “Decision Making Capacity in the Seriously Mentally Ill” has been designated by the Texas Society of Psychiatric Physicians for one (1) hour of credit of education in medical ethics and/or professional responsibility.

### **FACULTY AND PLANNERS DISCLOSURE POLICY**

In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered to the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the education activity.

TSPP will disclose to learners the existence (or non-existence) of all relevant financial relationship(s) that the faculty and planners did (or did not) have with any commercial interest concerned with the content of the educational presentation.

Disclosure will occur prior to the presentation through written communication in the syllabus / handout materials.



# Texas Society of Psychiatric Physicians and Texas Academy of Psychiatry Spring Meeting & Continuing Medical Education Program



April 27, 2019, Austin, Texas

**MAIL...** (pay by credit card or check)  
Texas Society of Psychiatric Physicians  
401 West 15th Street, Suite 675, Austin, TX 78701

(The following options require credit card payment)  
**E-MAIL...** TSPPOfc@aol.com  
**ONLINE...** http://www.txpsych.org  
**FAX...** 512.478.5223  
**PHONE...** 512.478.0605

To remit payment online, complete this form and return to tsppofc@aol.com via email and request an email invoice from Quickbooks Online.

## REGISTRATION

NAME \_\_\_\_\_ E-MAIL ADDRESS FOR MEETING CONFIRMATION \_\_\_\_\_

Please check if you are a:  APA Distinguished Life Fellow  APA Distinguished Fellow  APA Fellow  APA Life Fellow  APA Life Member

ADDRESS / CITY / STATE / ZIP: \_\_\_\_\_

PHONE/FAX \_\_\_\_\_

### REGISTRATION FEE

**AFTER MARCH 27**

<input type="checkbox"/> SATURDAY LUNCH	\$25.00	_____
<input type="checkbox"/> CME PROGRAM, AND DINNER		
TSPP / ACADEMY / TSCAP Member	\$155.00	_____
RESIDENT-FELLOW IN TRAINING / TSPP / ACADEMY / TSCAP MEMBER	\$25.00**	_____
NON-MEMBER PHYSICIAN	\$185.00	_____
NON-MEMBER RESIDENT-FELLOW PHYSICIAN, MEDICAL STUDENT	\$35.00	_____
ALLIED HEALTH PROFESSIONAL	\$125.00	_____
<b>Name(s) for name badge:</b> _____		
SPOUSE / GUEST (no CME credit)	\$85.00	_____
<b>Name(s) for name badge:</b> _____		

\*\* NO CHARGE, if your Program Training Director registers for the CME Program.

**Enter Program Director's name here:** \_\_\_\_\_

### MEETING SYLLABUS ORDER

<input type="checkbox"/> Meeting Syllabus in Color	\$155.00	_____
<input type="checkbox"/> Meeting Syllabus in Black & White	\$125.00	_____
<input type="checkbox"/> Online Meeting Syllabus	No Charge	_____
<input type="checkbox"/> <b>Vegetarian Plate Requested</b>	\$15.00	_____

If you require any special assistance to fully participate in this conference, please contact TSPP at (512) 478-0605.

**Total Registration Fees**

### METHOD OF PAYMENT:

Check in the Amount of \$ \_\_\_\_\_ *Make Checks Payable to Texas Society of Psychiatric Physicians*

Please Charge \$ \_\_\_\_\_ To My:  VISA  MasterCard  American Express

Credit Card # \_\_\_\_\_ Expiration Date: \_\_\_\_\_

3 or 4 Digit Code on Back of Card on Right of Signature Panel \_\_\_\_\_

Name of Cardholder (as it appears on card) \_\_\_\_\_

Signature \_\_\_\_\_

**ADDRESS WHERE YOU RECEIVE YOUR CREDIT CARD STATEMENT** (include address, city, state, zip): \_\_\_\_\_

CANCELLATION POLICY: In the event of cancellation, a full refund will be made if written notice is received in the TSPP office by March 27, 2019, less a 25% processing charge. NO REFUNDS will be given after March 27, 2019