Texas Society of Child and Adolescent Psychiatry

Annual Convention & Scientific Program

Update in Child and Adolescent Psychiatric Care: Challenges and Innovations in Practice

JULY 27-29, 2018
Moody Gardens Hotel, Galveston, Texas
than 20 fine art studies and dozens of stunning displays. Guests will learn the complex beginnings and lifetime achievements of da Vinci through his discoveries in art, engineering, flight, hydraulics, music, light and more.

- **3D and 4D Theaters** – Immerse yourself in the MG 3D Theater featuring the world’s first giant-screen 4K 6-Primary Laser Projection System. Already with the largest screen in Texas and top-of-the-line surround sound system, this state-of-the-art 3D viewing experience gives guests the best viewing experience in the world. Engage all of your senses at our 4D theater! Enjoy 3D projection, audio and show control systems along with wind, seat sensors, leg ticklers, scent, misters and snow put you in the action.

- **Colonel Paddlewheel Boat** – Live the high-life on an hour-long cruise aboard a replica of an 1800s paddlewheel boat. Dinner and private cruises are available.

- **Rope Course and Zip Line** – This unique seaside challenge has fun for all ages. The Sky Trail Ropes Course is the tallest steel rope course on the Gulf Coast, and the Sky Tykes Rope Course gives smaller kids their own course to explore. The Moody Gardens Zip Line races 60 feet in the air over Palm Beach and its lazy river.

- **Palm Beach Waterpark** – Enjoy a new lazy river, wave pool and tower slides. Sink your toes into white sand with palm trees, freshwater lagoons, splash pad, volleyball courts, aquatic playground and more.

In addition, Galveston Island offers:

- **Schlitterbahn Waterpark** – a large waterpark within walking distance of Moody Gardens Hotel. Your stay in Galveston is not complete without a visit to Schlitterbahn’s dozens of water attractions. With activities for kids and adults of all ages, Schlitterbahn is a quintessential family Gulf Coast destination. Among its many thrill rides, the park offers the Wolfpack, with three-person rafts that whirl down a giant tube chute. Slower rides at Schlitterbahn Galveston include Kristal River, a classic lazy river that winds through the Transportainment River System, which lets guests travel the whole park without leaving the water.

- **Galveston Island Historic Pleasure Pier** – jutting out 1,000 feet over the surf at 25th Street, where the original Pleasure Pier stood from 1943 until it was destroyed by Hurricane Carla in 1961, the $60 million project put a roller coaster and Ferris wheel over the Gulf of Mexico and features 16 rides, carnival games and souvenir shops, food vendors and the state’s first Bubba Gump Shrimp Co. Designed to be a first-rate waterfront tourist spot on par with the Navy Pier in Chicago and Santa Monica Pier in Southern California it’s an attraction not to be missed!
HOTEL RESERVATIONS / PARKING
Special TSCAP discounted room rates of $199 are available to program registrants BEFORE JULY 4 or upon sell-out, whichever occurs first. Make your hotel reservation today by calling 1-888-388-8484 or visit www.tpsych.org and click on the link in the TSCAP Program information, or paste the following link in your browser: https://res.windsurfercrs.com/ibe/details.aspx?propertyid=14179&nighhts=1&checkin=07/27/2018&group=TSCAP718

TSCAP discounted room rates $199
Single-Quad Occupancy
Self-Parking Complimentary
Valet Parking $20.00 for overnight

* Booking a room within the TSCAP room block is an important way to support TSCAP and helps to keep the overall meeting registration fee and costs as low as possible. Booking outside of the TSCAP block, or at another hotel could expose TSCAP to monetary charges for attrition. Plus, staying in the hotel keeps you connected with all the activities and networking opportunities during the event. Please help us help you by booking your room at the hotel hosting the meeting and within the TSCAP room block.

OPENING WELCOME RECEPTION WITH EXHIBITORS
Make plans to attend the complimentary Welcome Reception with Exhibitors on Friday evening, 6:30 pm-8:30 pm, in the Moody 1 Ballroom, Moody Gardens Hotel. Visit throughout the evening with your friends, colleagues and exhibitors in a fun-filled, relaxing atmosphere and complete your entry for the special door prize drawings to be awarded on Saturday!

ASK THE EXPERT BOOTH
Dr. Christopher Thomas will be available during the refreshment breaks on Saturday at the 'Ask the Expert Booth' in the Exhibit Hall to answer questions you may have about Maintenance of Certification.

EXHIBITS
TSCAP's Welcome Reception, Continental Breakfasts and Refreshment Breaks, will be held in the Moody 1 Ballroom of the Moody Gardens Hotel. Exhibits will be open throughout the evening, Friday, and all day Saturday and provide you with information designed to enhance your practice and help improve the optimal delivery of medical care to your patients. In addition, there will be ‘job fair’ exhibitors who have employment opportunities for Psychiatrists in the State of Texas.

Welcome Reception – Friday, 6:30-8:30 pm
Continental Breakfast – Saturday, 7:30 am-8:30 am
Refreshment Break and Door Prize Drawings Saturday, 10:30 am-10:50 am
Refreshment Break and Door Prize Drawings Saturday, 11:50 am-12:10 pm
Refreshment Break with Exhibitors and Door Prize Drawings Saturday, 1:10 pm-1:30 pm
Exhibitors Tear Down and Depart Saturday, 3:00 pm-4:00 pm

EXHIBITORS
American Professional Agency, Inc. Rhodes Pharmaceuticals L.P.
Clarity Child Guidance Center San Marcos Treatment Center
GeneSight Texas Foundation for Psychiatric Education and Research
Genomind The Menninger Clinic
Meridell Achievement Center Tris Pharma, Inc.
Professional Risk Management Services, Inc. (PRMS) UTMB CMC

ANNUAL MEETING BREAKFAST
The Annual TSCAP Business Meeting and Breakfast will be held Sunday, 7:45 am - 8:45 am in the Vine Room of the Moody Gardens Hotel.

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<thead>
<tr>
<th>7:45 am - 8:45 am</th>
<th>TSCAP Annual Business Meeting and Breakfast</th>
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<tr>
<td>Open to All Attendees (see registration form)</td>
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<tr>
<td>8:45 am - 12:30 pm</td>
<td>Scientific Program</td>
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<td>South Ballroom Foyer</td>
<td>Vine Room</td>
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PROGRAM AT A GLANCE

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Saturday, July 28

8:00 - 8:30 am Welcome & Opening Remarks

8:30 - 9:30 am Challenges and Advocacy for Children of Military Services
Sharete Kirsten Gray, MD, FAPA
Objective: The learning objective for this activity has been designed to address clinician competence. Upon completion of the activity participants should be able to:

- Identify and discuss the unique challenges of children in military families.

9:30 - 10:30 am Current Management of Eating Disorders
Urszula B. Kelley, MD, CEDS-S
Objective: The learning objective for this activity has been designed to address clinician competence. Upon completion of the activity participants should be able to:

- Understand how to treat patients with eating disorders in an out-patient setting, where there are no in-patient facilities nearby.

10:30 - 10:50 am Refreshment Break

10:50 - 11:50 am Transitioning of Youth with Autism to Adulthood
Jane A. Ripperger-Suhler, MD
Objective: The learning objective for this activity has been designed to address clinician competence. Upon completion of the activity participants should be able to:

- Identify the unique challenges involved in treating patients, transitioning to adulthood.

11:50 - 12:10 pm Refreshment Break

12:10 - 1:10 pm Case Report on Patient with Autism Transitioning to Adulthood – Resident Case Presentation and Faculty Discussant
Naga (Babu) Bodapati, MD, Resident
Melissa DeFilippis, MD, Faculty Discussant
Objective: The learning objective for this activity has been designed to address clinician competence. Upon completion of the activity participants should be able to:

- Discuss the transition of care from child and adolescent provider to adult psychiatrist.
- Discuss autism beyond high school.
- Discuss planning of transition by the parents in collaboration with the patient, Pediatrician and Psychiatrist.
- Recognize legal matters to consider during the transition.

1:10 - 1:30 pm Refreshment Break

1:30 - 2:30 pm Risks and Benefits of Commonly Used Complementary and Alternative Treatments with Patients
Steven R. Pliszka, MD
Objective: The learning objective for this activity has been designed to address clinician competence. Upon completion of the activity participants should be able to:

- Identify and discuss the risks and benefits of commonly used complementary and alternative treatments with patients.

2:30 - 2:45 pm Closing Remarks

Sunday, July 29

8:45 - 9:15 am Welcome & Opening Remarks

9:15 - 10:15 am Technology Applications
Christopher R. Thomas, MD
Objective: The learning objective for this activity has been designed to address clinician competence. Upon completion of the activity participants should be able to:

- Identify and discuss apps and other electronic media resources with patients that may help them with mood-tracking, menstrual cycle tracking and relaxation techniques, among other resources.

10:15 - 10:30 am Refreshment Break

10:30 - 11:30 am ETHICS: Legal Issues When Supervising Advanced Nurse Practitioners and Their Role in the Practice of Child Psychiatry
Moira Wertheimer, Esq., RN, CPHRM, FASHRM
Objective: The learning objective for this activity has been designed to address clinician competence. Upon completion of the activity participants should be able to:

- Understand legal and record-keeping implications involved with supervising physician extenders.

11:30 am - 12:30 pm ETHICS: Use of Genetic Testing in the Practice of Child Psychiatry
Graham J. Emmsle, MD
Objective: The learning objective for this activity has been designed to address clinician competence. Upon completion of the activity participants should be able to:

- Discuss whether or not genetic testing offers benefit to treating their patients.

ACCREDITATION STATEMENT
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of the Texas Society of Pediatric Physicians and Texas Society of Child and Adolescent Psychiatry. The Texas Society of Pediatric Physicians is accredited by TMA to provide continuing medical education for physicians.

CREDIT STATEMENT
The Texas Society of Pediatric Physicians designates this Live Activity for a maximum of eight (8) AMA PRA Category 1 Credits™ Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ETHICS DESIGNATION STATEMENT
The ethics presentations “Legal Issues When Supervising Advanced Nurse Practitioners and Their Role in the Practice of Child Psychiatry” and “Use of Genetic Testing in the Practice of Child Psychiatry” have been designated by the Texas Society of Psychiatric Physicians for a total of two (2) credits of education in medical ethics and/or professional responsibility.

TARGET AUDIENCE/PROGRAM OBJECTIVES
This live activity has been designed with didactic lectures supplemented with clinical vignettes, audiovisual presentations, direct discussion and case presentation and discussion in multiple educational sessions. The program is designed to provide its’ target audience of Child and Adolescent Psychiatrists, Adult Psychiatrists, Pediatricians and Primary Care Physicians with clinically relevant information to advance the physicians’ competence and provide them with effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

NEEDS ASSESSMENT
TSCAP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of the participants.

FACULTY AND PLANNERS DISCLOSURE POLICY
In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered to the learners, the Texas Society of Pediatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the educational activity.
TSP will disclose to learners the existence (or non-existence) of all relevant financial relationship(s) that the faculty and planners did (or did not) have with any commercial interest concerned with the content of the educational presentation.
Disclosure will occur prior to the presentation through written communication in the syllabus / handout materials.
“Update in Child and Adolescent Psychiatric Care: Challenges and Innovations in Practice”

ABOUT THE SPEAKERS

Naga (Babu) Bodapati, MD
Fellowship – Child Psychiatry
University of Texas Medical Branch at Galveston
Galveston, Texas

Melissa DeFilippis, MD
Associate Professor
Department of Psychiatry
Director, Child and Adolescent Division
University of Texas Medical Branch at Galveston
Galveston, Texas

Graham J. Emslie, MD
Charles E. and Sarah M. Seay Chair in Child Psychiatry
Department of Psychiatry / Pediatrics
UT Southwestern Medical Center
Division Director
Children’s Health
Dallas, TX

Sharette Kirsten Gray, MD, FAPA
Staff Psychiatrist
Domiciliary
Mental Health and Behavioral Medicine
Central Texas Veterans Health Care Center
Temple, Texas

Urszula B. Kelley, MD, CEDS-S
Professor of Psychiatry
UT Southwestern Medical Center
Division of Child and Adolescent Psychiatry
Chief of Psychiatric Services, CHST, Plano Campus
Plano, TX

Steven R. Pliszka, MD
Dielmann Distinguished Professor and
Chair of the Department of Psychiatry
University of Texas Health Science Center at San Antonio
San Antonio, TX

Jane Ripperger-Suhler, MD
Assistant Professor of Psychiatry
Program Director, Child and Adolescent Psychiatry
Department of Psychiatry
Dell Medical School
The University of Texas at Austin
Austin, Texas

Christopher R. Thomas, MD
Robert L. Stubblefield Professor of Child Psychiatry
Assistant Dean for Graduate Medical Education
Director of Child Psychiatry Residency Training
University of Texas Medical Branch at Galveston
Galveston, TX

Moira Wertheimer, Esq., RN, CPHRM, FASHRM
Assistant Vice President
Healthcare and Psychiatric Risk Management Group
AWAC Services Company
Member Company of Allied World
Farmington, CT
REGISTRATION

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Name(s) of Guest(s) Attending

SCIENTIFIC PROGRAM REGISTRATION

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SOCIAL EVENTS

- Friday Welcome Reception
- Sunday Membership Business Breakfast

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<tr>
<td>TSCAP Member</td>
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<tr>
<td>Non-Members/Guests/Spouse/Child</td>
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MEETING SYLLABUS ORDER

- Online Meeting Syllabus
- Color Printed Copy
- Black & White Copy

- Vegetarian Plate Requested. Additional fee of $15.00 if requested prior to July 4.

If you require any special assistance to fully participate in this conference, please contact TSCAP via e-mail tscapofc@aol.com or 512/478-0605.

TOTAL REGISTRATION

PAYMENT INFORMATION

Check in the Amount of $___________________________ Make Checks Payable to Texas Society of Child and Adolescent Psychiatry

Please Charge $___________________________ To My: ☐ VISA ☐ MasterCard ☐ American Express

Credit Card #: _____________________________ Expiration Date: _____________________________

3 or 4 Digit Security Code on Back of Card on Right of Signature Panel _____________________________

Name of Cardholder (as it appears on card) _____________________________________________________________________________

Signature _____________________________________________________________________________________________________________

ADDRESS WHERE YOU RECEIVE YOUR CREDIT CARD STATEMENT (include address, city, state, zip): _____________________________________________________________________________

CANCELLATIONS – Deadline for cancellation is July 4, 2018. In the event of cancellation, a full refund will be made if written notice is received in the TSCAP office by July 4, 2018, less a 25% handling charge. NO REFUNDS WILL BE GIVEN AFTER July 4, 2018.