The TSPP Executive Council approved the establishment of the TSPP Resident-Fellow Member Travel Scholarship Fund for the purpose of reducing the cost of Residents’ travel expenses to attend TSPP’s meetings. Funding is to be provided by voluntary donations from the membership, with implementation to begin when a minimum operating budget of $5,000 is established, and maintained semi-annually. The funds, once accumulated, will be used to reimburse one night’s accommodation at the host hotel for TSPP Resident Members attending TSPP’s meetings. Applications and criteria for funding will be announced and available to TSPP Resident Members once the scholarship funds have been raised. Help us to help build the TSPP RFM Travel Scholarship and reach our initial $5,000 goal!

TSCAP Annual Convention & Scientific Program
“Update in Child and Adolescent Psychiatric Care: Challenges and Innovations in Practice”
July 27-29, 2018
Moody Gardens Hotel • Galveston
Registration Form on page 2

REGISTRATION NOW OPEN
Texas Society of Psychiatric Physicians
62nd Annual Convention and Continuing Medical Education Program
“Psychiatry and Public Health and Its Implications for Clinical Practice”
November 9–11, 2018 • Omni Fort Worth • Fort Worth, Texas

HOTEL RESERVATION:
$179 DISCOUNTED ROOM BLOCK NOW OPEN
RESERVE YOUR ROOM TODAY ONLINE at www.bpsych.org and click on the link located beside the program information.
TSPP 62nd Annual Convention and Scientific Program November 9-11 or call 1-888-886-6484 or visit www.bpsych.org and click on the link in the TSCAP Program information, or paste the following link in your browser:

TSCAP Annual Convention & Scientific Program

Nakia G. Scott, MD, President, Texas Society of Child and Adolescent Psychiatry
MEETING LOCATION
TSCAP’s Annual Convention and Scientific Program will be held at the Moody Gardens Hotel and Spa, Seven Hope Blvd., in Galveston. Surrounded by 242 acres of lush tropical garden landscaping and majestic pyramids, Moody Gardens Hotel, Spa and Convention Center is Galveston Island’s premier meeting destination. Moody Gardens features:
• Full Service Spa and Fitness Center
• Aquarium Pyramid
• Rainforest Pyramid
• Discovery Museum
• 3D and 4D Theaters
• Colonel Paddlewheel Boat
• Rope Course and Zip Line
• Schlitterbahn Waterpark
In addition, Galveston Island offers:
• Palm Beach Waterpark
• Colonel Paddlewheel Boat
• Rainforest Pyramid
• Aquarium Pyramid

Opening Welcome Reception with Exhibitors
Make plans to attend the complimentary Welcome Reception with Exhibitors on Friday evening, 6:30 pm-8:30 pm, in the Moody 1 Ballroom, Moody Gardens Hotel. Visit throughout the evening with your friends, colleagues and exhibitors in a fun-filled, relaxing atmosphere and complete your entry for the special door prize drawings to be awarded on Saturday!

Ask the Expert Booth
Dr. Christopher Thomas will be available during the refreshment breaks on Saturday at the Ask the Expert Booth in the Exhibit Hall to answer questions you may have about Maintenance of Certification.

Exhibits
TSCAP’s Welcome Reception, Continental Breakfasts and Refreshment Breaks, will be held in the Moody 1 Ballroom of the Moody Gardens Hotel. Exhibits will be open throughout the evening, Friday, and all day Saturday and provide you with information designed to enhance your practice and help improve the optimal delivery of medical care to your patients. In addition, there will be ‘job fair’ exhibitors who have employment opportunities for Psychiatrists in the State of Texas.

Welcome Reception – Friday, 6:30-8:30 pm
Continental Breakfast – Saturday, 7:30 am-8:30 am

Refreshment Break and Door Prize Drawings
Saturday, 10:30 am-10:50 am
Refreshment Break and Door Prize Drawings
Saturday, 11:50 am-12:10 pm
Refreshment Break with Exhibitors
Door Prize Drawings
Saturday, 11:00 pm-3:00 pm
Exhibitors Tear Down and Depart
Saturday, 3:00 pm-4:00 pm

Annual Meeting Breakfast
The Annual TSCAP Business Meeting and Breakfast will be held Sunday, 7:45 am-8:45 am in the Vine Room of the Moody Gardens Hotel.

GENERAL INFORMATION

REGISTRATION

NAME
MAILING ADDRESS CITY STATE ZIP

DEGREE

PREFERRED PHONE FAX NUMBER E-MAIL

NAME(S) OF GUEST(S) ATTENDING

SCIENTIFIC PROGRAM REGISTRATION

(refund of $50 after July 4)

TSCAP MEMBER
TSCAP MEMBER PHYSICIAN $195 $215
TSCAP NON-MEMBER PHYSICIAN $220 $240
TSCAP MEMBER SPouse/GUEST $195 $215
TSCAP NON-MEMBER SPouse/GUEST $220 $240

TSCAP MEMBER TRAINEE $15 $30
TSCAP NON-MEMBER TRAINEE $25 $50
MEDICAL STUDENT $0 $15

SPECIAL EVENTS

FRIDAY WELCOME RECEPTION

NAME(S) ATTENDING BREAKFAST:

MEETING SYLLABUS ORDER

LUNCH DURING RESIDENT CASE PRESENTATION

SATURDAY LUNCH DURING RESIDENT CASE PRESENTATION

SATURDAY 10:30 AM - 10:50 AM

EXHIBITORS

American Professional Agency, Inc.
GeneSight
Gamomind
Merrell Achievement Center
Professional Risk Management Services, Inc. (PRMSS)
Rhodes Pharmaceuticals L.P.
San Marcos Treatment Center
Texas Foundation for Psychiatric Education and Research
The Menninger Clinic
Tris Pharma, Inc.
UTMB CMC
**Friday, July 27**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:00 pm - 1:00 pm</td>
<td>Registration</td>
</tr>
<tr>
<td>2:00 pm - 5:30 pm</td>
<td>Exhibit Set-Up</td>
</tr>
<tr>
<td>4:00 pm - 5:30 pm</td>
<td>TSCAP Executive Committee Meeting</td>
</tr>
<tr>
<td>6:00 pm - 8:30 pm</td>
<td>Kendall Scott Jewelry Trunk Show to benefit the Texas Foundation for Pediatric Education and Research</td>
</tr>
<tr>
<td>6:30 pm - 8:30 pm</td>
<td>Welcome Reception with Exhibitors</td>
</tr>
</tbody>
</table>

**Saturday, July 28**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 am - 4:30 pm</td>
<td>Registration</td>
</tr>
<tr>
<td>7:30 am - 8:30 am</td>
<td>Continental Breakfast with Exhibitors</td>
</tr>
<tr>
<td>8:00 am - 3:45 pm</td>
<td>Scientific Program</td>
</tr>
<tr>
<td>Note: For Saturday's Program, to reduce expenses, refreshments will be set in one location, in the Exhibit Hall, Moody I</td>
<td></td>
</tr>
<tr>
<td>10:30 am - 10:50 am</td>
<td>Refreshment Break and Door Prize Drawings</td>
</tr>
<tr>
<td>Visit with Dr. Christopher Thomas, “Ask the Expert Booth”, about MOQ Questions</td>
<td>Moody I</td>
</tr>
<tr>
<td>11:00 am - 12:10 pm</td>
<td>Refreshment Break and Door Prize Drawings</td>
</tr>
<tr>
<td>Visit with Dr. Christopher Thomas, “Ask the Expert Booth”, about MOQ Questions</td>
<td>Moody I</td>
</tr>
<tr>
<td>1:00 pm - 1:30 pm</td>
<td>Refreshment Break and Door Prize Drawings</td>
</tr>
<tr>
<td>Visit with Dr. Christopher Thomas, “Ask the Expert Booth”, about MOQ Questions</td>
<td>Moody I</td>
</tr>
<tr>
<td>3:00 pm - 4:00 pm</td>
<td>Exhibits Teardown / Depart</td>
</tr>
</tbody>
</table>

**Sunday, July 29**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 am - 1:00 pm</td>
<td>Registration</td>
</tr>
<tr>
<td>7:45 am - 8:45 am</td>
<td>TSCAP Annual Business Meeting and Breakfast — Open to All Attendees (see registration form)</td>
</tr>
<tr>
<td>8:45 am - 12:30 pm</td>
<td>Scientific Program</td>
</tr>
<tr>
<td>10:15 am - 10:30 am</td>
<td>Refreshment Break</td>
</tr>
</tbody>
</table>

**“Update in Child and Adolescent Psychiatric Care: Challenges and Innovations in Practice”**

**Scientific Program Schedule**

**Saturday, July 28 (5 Hours CME Credits Hour)**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 am - 8:30 am</td>
<td>Welcome &amp; Opening Remarks</td>
</tr>
<tr>
<td>8:30 am - 9:30 am</td>
<td>Challenges and Advocacy for Children of Military Services</td>
</tr>
<tr>
<td>Objective: The learning objective for this activity has been designed to address clinician competence. Upon completion of the activity participants should be able to:</td>
<td></td>
</tr>
<tr>
<td>• Discuss the transition of care from child and adolescent provider to adult clinician.</td>
<td></td>
</tr>
<tr>
<td>9:30 am - 10:30 am</td>
<td>Current Management of Eating Disorders</td>
</tr>
<tr>
<td>Objective: The learning objective for this activity has been designed to address clinician competence. Upon completion of the activity participants should be able to:</td>
<td></td>
</tr>
<tr>
<td>• Understand how to treat patients with eating disorders in an out-patient setting, where there are no in-patient facilities nearby.</td>
<td></td>
</tr>
<tr>
<td>10:30 am - 10:50 am</td>
<td>Refreshment Break</td>
</tr>
<tr>
<td>10:50 am - 11:50 am</td>
<td>Transitioning of Youth with Autism to Adulthood</td>
</tr>
<tr>
<td>Objective: The learning objective for this activity has been designed to address clinician competence. Upon completion of the activity participants should be able to:</td>
<td></td>
</tr>
<tr>
<td>• Identify the unique challenges involved in treating patients, transitioning to adulthood</td>
<td></td>
</tr>
<tr>
<td>11:50 am - 12:10 pm</td>
<td>Refreshment Break</td>
</tr>
<tr>
<td>12:10 pm - 1:10 pm</td>
<td>Case Report on Patient with Autism Transitioning to Adulthood - Resident Case Presentation and Faculty Discussant</td>
</tr>
<tr>
<td>Objective: The learning objective for this activity has been designed to address clinician competence. Upon completion of the activity participants should be able to:</td>
<td></td>
</tr>
<tr>
<td>• Discuss the translation of care from child and adolescent provider to adult psychiatrist.</td>
<td></td>
</tr>
<tr>
<td>• Discuss autism beyond high school.</td>
<td></td>
</tr>
<tr>
<td>• Discuss planning of transition by the parents in collaboration with the patient Psychiatrician and Psychiatrist.</td>
<td></td>
</tr>
<tr>
<td>• Recognize legal matters to consider during the transition.</td>
<td></td>
</tr>
<tr>
<td>1:10 pm - 1:30 pm</td>
<td>Refreshment Break</td>
</tr>
<tr>
<td>1:30 pm - 2:30 pm</td>
<td>Risks and Benefits of Commonly Used Complementary and Alternative Treatments with Patients</td>
</tr>
<tr>
<td>Objective: The learning objective for this activity has been designed to address clinician competence. Upon completion of the activity participants should be able to:</td>
<td></td>
</tr>
<tr>
<td>• Identify and discuss the risks and benefits of commonly used complementary and alternative treatments with patients.</td>
<td></td>
</tr>
<tr>
<td>2:30 pm - 4:05 pm</td>
<td>Closing Remarks</td>
</tr>
</tbody>
</table>

**Sunday, July 29 (5 Hours CME Credits Hour)**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:45 am - 9:15 am</td>
<td>Welcome &amp; Opening Remarks</td>
</tr>
<tr>
<td>9:15 am - 10:15 am</td>
<td>Technology Applications</td>
</tr>
<tr>
<td>Objective: The learning objective for this activity has been designed to address clinician competence. Upon completion of the activity participants should be able to:</td>
<td></td>
</tr>
<tr>
<td>• Identify and discuss apps and other electronic media resources with patients that may help them with mood-tracking, menstrual cycle tracking and relaxation techniques, among other resources.</td>
<td></td>
</tr>
<tr>
<td>10:15 am - 10:30 am</td>
<td>Refreshment Break</td>
</tr>
<tr>
<td>10:30 am - 11:00 am</td>
<td>ETHICS: Legal Issues When Supervising Advanced Nurse Practitioners and Their Role in the Practice of Child Psychiatry</td>
</tr>
<tr>
<td>Objective: The learning objective for this activity has been designed to address clinician competence. Upon completion of the activity participants should be able to:</td>
<td></td>
</tr>
<tr>
<td>• Understand legal and record-keeping implications involved with supervising physician assistants.</td>
<td></td>
</tr>
<tr>
<td>• Understand and record keeping implications involved with supervising physician assistants.</td>
<td></td>
</tr>
<tr>
<td>11:30 am - 12:30 pm</td>
<td>ETHICS: Use of Genetic Testing in the Practice of Child Psychiatry</td>
</tr>
<tr>
<td>Objective: The learning objective for this activity has been designed to address clinician competence. Upon completion of the activity participants should be able to:</td>
<td></td>
</tr>
<tr>
<td>• Discuss whether or not genetic testing offer benefit to treating patients.</td>
<td></td>
</tr>
</tbody>
</table>

**ACCREDITATION STATEMENT**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providence of the Texas Society of Psychiatric Physicians and Texas Society of Child and Adolescent Psychiatry. The Texas Society of Psychiatric Physicians is accredited by TMA to provide continuing medical education for physicians.

**CREDIT STATEMENT**

The ethics presentations “Legal Issues When Supervising Advanced Nurse Practitioners and Their Role in the Practice of Child Psychiatry” and “Use of Genetic Testing in the Practice of Child Psychiatry” will be designated by the Texas Society of Psychiatric Physicians for a total of (2) credits in education in medical ethics and/or professional responsibility.

**TARGET AUDIENCE/PROGRAM OBJECTIVES**

This active has been developed with didactic lectures supplemented with clinical vignettes, audiovisual presentations, direct discussion and case presentation and discussion in multiple educational sessions.

The program is designed to provide its target audience of Child and Adolescent Psychiatrists, Adult Psychiatrists, Pediatricians and Primary Care Physicians with clinically relevant information to address the physicians’ competence and provide them with effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

**NEEDS ASSESSMENT**

TSCAP has incorporated into this CME activity the relevant needs concerning competence that underlie the professional practice gaps of the participants.

**FACULTY AND PLANNERS**

Disclosures do not have any material commercial interest from anyone who was in a position to control the content of the education activity. TFP shall disclose to learners the existence (or non-existence) of all relevant financial relationship(s) that the faculty and planners did (or did not) have with any commercial interest concerned with the content of the educational presentation.

Disclosure will occur prior to the presentation through written communication in the syllabus/ handout materials.

**ABOUT THE SPEAKERS**

Naga (Babu) Bodapati, MD  Fellowship - Child Psychiatry  University of Texas Medical Branch at Galveston  Galveston, Texas

Melissa DeFilippis, MD  Associate Professor  Department of Psychiatry  Director, Child and Adolescent Division  University of Texas Medical Branch at Galveston  Galveston, Texas

Graham I. Emelie, MD  Charles E. and Sarah M. Sevy Chair in Child Psychiatry  Department of Psychiatry / Pediatrics  UT Southwestern Medical Center  Division Director – Children’s Health Dallas, TX

Shariette Kirsten Gray, MD, FAPA  Staff Psychiatrist: Domiciliary  Mental Health and Behavioral Medicine  Central Texas Veterans Health Care Center  Temple, Texas

Ursula B. Kelley, MD, CEDS-S  Professor of Psychiatry  UT Southwestern Medical Center  Director of Child and Adolescent Psychiatry  Chief of Psychiatric Services, CHST, Plano Campus  Plano, TX

Steven R. Pliska, MD  Distinquished Professor and Chair of the Department of Psychiatry  UT Health Science Center at San Antonio  San Antonio, TX

Jane Christopher-Suhler, MD  Assistant Professor of Psychiatry  Program Director, Child and Adolescent Psychiatry, Department of Psychiatry, Dell Medical School  The University of Texas at Austin  Austin, Texas

Christopher R. Thomas, MD  Robert L. Stubbendeck Professor of Child Psychiatry  Assistant Dean for Graduate Medical Education  Director of Child Psychiatry Residency Training  University of Texas Medical Branch at Galveston  Galveston, TX

Moira Wertheimer, Esq., RN, CPHRM, FASHRM  Assistant Vice President  Healthcare and Psychological Risk Management Group  AWAC Services Company  Member Company of Allied World  Farnumming, CT
Hello, it is an honor to serve as your new TSPP President. I hope to carry the torch successfully and appreciate the smooth handoff from my predecessor, Dr. Terry McMahon, TSPP Immediate Past President. Dr. McMahon did a terrific job and deserves kudos and appreciation for his time, efforts, and leadership for our organization. I have big shoes to fill!

Who am I and what is my vision for our organizations? I am a native Texan, bilingual, and proud of my Hispanic heritage. My mother was from Monterey, Mexico. Dad from San Marcos, Texas, so I am truly a Tex-Mex. I am triple trained and board certified (general and child adolescent, and forensic psychiatry) and specialize in correctional health care. From 2008 to the present, I have served as the Director of mental health services for UTMB Correctional Managed Care (CMC) as a Clinical Professor, UTMB Department of Psychiatry, Galveston, Texas. In this capacity, I oversee the provision of psychiatric, psychological and mental health services to approximately 110,000 adult offenders of the entire Texas state jail and state adult prison population (currently the largest state prison system in the US) housed in Texas Department of Criminal Justice (TDCJ) facilities statewide. Because TDCJ headquarters and their leadership are based out in Huntsville, Texas, my office is located in Conroe, Texas (north Houston area). I also oversee the delivery of psychiatric services to approximately 1500 youth housed statewide within state juvenile correctional institutional facilities (referred to as state schools) and halfway houses within the Texas Juvenile Justice Department (TJJD), previously known as the Texas Youth Commission). Lastly, I also oversee the delivery of psychiatric services to some Texas county jails. I have been involved with the National Commission on Correctional Health Care (NCCHC) at a national level regarding the development and revision of national policies and standards and with the accreditation of correctional health care delivery and services in jails, prisons, juvenile correctional facilities, and opioid treatment facilities. One of my presidential initiatives will be to increase knowledge and awareness of the mental health and substance abuse treatment needs of individuals who are incarcerated or have some criminal justice involvement.

As I write this article I am still trying to make sense of recent local and national tragic events that highlight the vital need for access to psychiatric care, continuity of care, funding parity, and decreased stigma for individuals who require psychiatry and mental health care.

One of the first duties that I completed as your new TSPP President was the organization of a day-long series of CME presentations on psychiatric specific topics at the recent TexMed Conf. I am in San Antonio, Texas. Special kudos to Drs. Sheila LoboPrabhu, Richard Noel, Brigitte Bailey for tremendous presentations that made me proud to be a psychiatrist. As I prepared for my early afternoon presentation on “School Shootings and Targeted Violence: What Can or Should Be Done?” I received multiple texts, email messages, and phone calls from UTMB campus and colleagues regarding a school shooting at Santa Fe High School, Santa Fe, Texas earlier that morning. Numerous questions arise: What can we do to provide psychiatric and mental health services to those affected by these types of tragedies? Why is this still occurring? What can be done from a legislative and public health perspective to prevent future occurrences? What can be done to identify and intervene from a psychiatric perspective? What role and duties do we have in the risk assessment of individuals who may be at possible risk for targeted violence? These are obviously very challenging questions and deserve more time and space (which I am quickly running out of). Here are some timely resources: https://www.cstsonline.org/resources/shipmasterlist/201805-santa-fe-high-school-shooting-disaster-response-and-recovery-resources

There has been widespread media coverage of suicide following the deaths of fashion designer, Kate Spade, and celebrity chef and international traveler, Anthony Bourdain, as well as recent research from the Centers for Disease Control and Prevention (CDC) that concluded suicide rates have increased in the US over the past 20 years. These events highlight the critical public health importance related to suicide and the pressing need for more psychiatric and mental health services. As a child and adolescent psychiatrist, past chair of the American Psychiatric Association (APA) Council on Children, Adolescents, and their Families, I have been particularly concerned regarding the rise in suicides by adolescents, college students, and young adults and the potential detrimental effects of media such as the Netflix television program “13 Reasons Why.” Season 2. More to follow on this important topic.

In closing I would like to emphasize that we need our membership, active participation, attendance at meetings, and involvement in TSPP. In January 2019 we will embark on a new State of Texas Legislative Session. A myriad of bills will be introduced, some good, some less good, and several that will directly impact the practice of psychiatry. Eric Woomer, Public Policy Analyst for the Federation of Texas Psychiatric Physicians, does a tremendous job and keeps TSPP central office and TSPP leadership aware of new political and legislative developments. Similar to past years we anticipate concerted efforts by psychologists to secure psychotropic medication prescribing rights. We also anticipate that nurse practitioners will likely seek independent practice without any medical board mandated physician supervision/oversight, and no further physician prescriber deleigate authority agreements.

I look forward to the opportunity to meet you and work with you on our collective behalf, together with our TSPP executive leadership, committee chairs, residents and fellows, and with our TSPP Executive Director, Debbie Giarratano and her staff who do a fantastic job behind the scenes. Lastly, please make plans to attend the upcoming TSACP meeting in July in Galveston and the Fall TSPP meeting in Fort Worth in November. Have an enjoyable and safe Summer. Take care of yourself, rest, renew, and recharge, and get ready to get more involved in TSPP.

New Officers Installed

At the conclusion of the TSPP/TAP Spring Meeting in Austin during the weekend of April 13-15, four organizations of the Federation installed new officers for Fiscal Year 2018-19. Congratulations to all! All officials for all organizations were installed on Friday, April 13th, 2018.

**Federation of Texas Psychiatric Physicians**

- **Immediate Past President** – Terry McMahon, MD, Lubbock
- **Immediate Past President** – J. Clay Sawyer, MD, Waco
- **President-Elect** – Melissa Gehman, MD, Austin
- **Chairman** – J. Clay Sawyer, MD, Waco
- **Vice Chairman of Education** – Timothy Wolff, MD, Dallas
- **Vice Chairman of Public Policy** – Debra Akisson, MD, Ft. Worth
- **Secretary-Treasurer** – Lynda Parker, MD, Georgetown

**Texas Academy of Psychiatry**

- **Immediate Past President** – Stuart Crane, MD, Alpine
- **President** – Debra Akisson, MD, Fort Worth
- **President-Elect** – Darryl Knox, MD, Houston
- **Vice Chairman –” Consulation Service”** – Dan Freeney, MD, Austin

**Texas Society of Child and Adolescent Psychiatry**

- **President** – Terry McMahon, MD, Lubbock
- **Vice Chairman – Treasurers** – Timothy Wolff, MD, Dallas

Joseph P. Penn, MD, of Spring (left) was installed as TSPP President and receives the Presidential Gavel from outgoing President (right) Terry C. McMahon, MD, Lubbock. Dr. McMahon was presented with a plaque in recognition of his outstanding service to TSPP.

J. Clay Sawyer, MD of Waco was installed as Federation Chairman and presents a plaque in recognition of outstanding service to outgoing Chair, Debra Akisson, MD, Fort Worth.

Joseph V. Penn, MD, President, Texas Society of Psychiatric Physicians
FEDERATION OF TEXAS PSYCHIATRY -
JOHN R BUSH LEADERSHIP EXCELLENCE AWARD

This award named for John R. Bush was established in 2016 to recognize psychiatrists who unselfishly provide outstanding leadership, over a sustained period of time, through organized psychiatry advancing the highest standards of psychiatric practice and quality psychiatric care for patients. The award will be presented during the Federation of Texas Psychiatry’s luncheon on Saturday, November 10. Please plan to attend and thank your fellow colleague for his outstanding leadership through organized psychiatry.

This year’s honoree is:

J. Clay Sawyer, MD (Waco)
**SATURDAY, NOVEMBER 10**

**SCIENTIFIC PROGRAM**

“Psychiatry and Public Health and Its Implications for Clinical Practice”

**Program Schedule**

8:15 am - 8:30 am
Scientific Program Opening Remarks
TSPP President, Joseph V. Penn, MD, MCHP, FAPA
TSPP CME Chair / Moderator:
Matthew D. Jeffreys, MD, FAPA

8:30 am - 8:45 am
Benzodiazepines: Lessons Learned from Treating Mass Shootings
Sidarth Wakhlu, MD

9:00 am - 11:00 am

**Mental Health Response to Natural Disasters: Experience from Large Hurricane Evacuee Shelters**
Fort Worth Ballroom 1-4
Carol North, MD, MPE, DAPA

**Professional Practice gap: There are many mental health consequences following exposure to natural or manmade disasters. Common reactions include acute stress disorder, PTSD, major depressive disorder, and worsening of pre-existing mental health conditions. Psychiatrists need to be competent in assessing risk factors and interventions during the disaster and following the disaster.**

Objectives: The learning objectives for this activity have been addressed to address clinician competence. Upon completion of this program, participants should be able to:
- Recall mental health findings from research studies of mass shootings.
- Define results of a consistently studied mass shootings incidence using structured diagnostic interviews.
- Discuss recommendations for mental health response to mass shootings in the broader context of mental health response to disasters more generally.

2:30-2:50 pm
**Refresher Break**
Texas Ballroom F

2:50-3:50 pm
**Remote Videoconferencing in Psychiatric Practice**
Avrim Fishkind, MD

**Professional Practice gap: There are a growing list of options for the use of technology in psychiatry including telepsychiatry and self-help options such as phone applications. These interventions provide a spectrum of services for extending psychiatric care to under-served populations and increasing the convenience of care, but psychiatrists need to be informed of the potential risks and benefits of these options. The presentation will provide information for psychiatrists on establishing remote videoconferencing along with the applicable rules and laws.**

Objectives: The learning objectives for this activity have been addressed to address clinician competence. Upon completion of this program, participants should be able to:
- Discuss potential for remote videoconferencing to increase access to psychiatric services.
- Review the current literature on the comparison of services delivered in-person vs. remote videoconferencing.
- Discuss current laws, regulations, and reimbursement issues related to remote videoconferencing services.

3:50-4:50 pm
**Preventing Physician Burnout**
Sejal Mehta, MD, FAPA

**Professional Practice gap: Physician wellness, burnout and stress management are areas of concern for the expressed needs data. The activity is designed to help psychiatrists to identify and treat burnout in colleagues and themselves.**

Objectives: The learning objectives for this activity have been addressed to address clinician competence. Upon completion of this program, participants should be able to:
- Increase awareness of burnout in self and others.
- Identify ways of preventing and treating burnout.
- Describe the process of addressing physician impairment.

4:50-5:00 pm
**Closing Remarks**
Matthew D. Jeffreys, MD, FAPA

**CME PROGRAM GOAL / TARGET AUDIENCE**

The activity has been designed in a format consisting of case studies, lectures and direct discussion to provide its primary target audience of Psychiatrists, as well as other specialties of medicine with the most up-to-date, evidence-based data that can be translated into clinical practice. Information and data will add new developments in treatments and new directions in research to address the professional practice gaps of the learners and advance the physicians’ competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

The learning objectives for this activity have been addressed to address clinician competence.

**NEEDS ASSESSMENT**

TSPP has incorporated into this CME activity the relevant professional needs concerning competence that underlie the professional practice gaps of our participants.

**ACCREDITATION STATEMENT**

The Texas Society of Psychiatrists is accredited by the Texas Medical Association to provide continuing medical education for physicians.

**CREDIT STATEMENT**

The Texas Society of Psychiatrists designates this Live Activity for a maximum of nine (9) AMA PRA Category 1 Credits TM.

CME and educational delivery systems that claim the credit must be commensurate with the extent of their participation in this activity.

**ETHICS DESIGNATION STATEMENT**

The presentation entitled “The Science and Implications of Cannabis Receptors in Psychiatric Practice” has been designated by the Texas Society of Psychiatrists for physicians for (2) hours of education in medical ethics and for professional responsibility.

**FACULTY AND PLANNERS DISCLOSURE POLICY**

The Texas Society of Psychiatrists will disclose to participants the existence of any relevant financial relationships between faculty members, TSPP staff and members, who planned, authored, contributed to, and/or reviewed the content of this activity, and any compensation or other remuneration received as a result of their participation in this educational activity.

Disclosure will occur through written communication in the syllabus / handout material.
CONGRATULATIONS!

This year APA’s Poster Committee reviewed over 160 abstracts and chose the following four recipients, including one of TSPP’s own members: Pratikumar Desai, MD, PhD, University of Texas Health Science Center, Houston, Texas and Monica Lynn Vega, MD, University of Miami / Jackson Memorial Hospital, Miami, FL. Colleen Leitner, MD, University of Virginia and Scott Murphy, MD, Marshall Psychiatry, Huntington, WV.

TSPP APA Assembly Representatives Congratulate Texas’ Award Winner Pratikumar Desai, MD, MPH, from University of Texas Health Science Center, Houston

TSPP RFPM Section Past Chair, Stephen Marcoux, MD, Captain, USAF, MC [Jeff] and TSPP Representative to the APA Assembly, Debra Akison, MD Congratulate Pratikumar Desai, MD, PhD

Register by July 1 and SAVE $100!

Use promo code TXPSYCH50 to save an additional $50!

SAVE $100!

Featured Speakers

- James Greenblatt, MD
- Integrative and Orthomolecular Therapies for Eating Disorders

- Chris Brodman, MD
- The End of Alzheimer’s Uncovered Causes and Effective Treatment Strategies

- Arwen Podesta, MD
- Hooked: Integrative Treatment Strategies for Addiction

9TH ANNUAL INTEGRATIVE MEDICINE FOR MENTAL HEALTH CONFERENCE

IMMH2018 September 6-9 Dallas TX Hyatt Regency Dallas

Conference Overview

The Integrative Medicine for Mental Health Conference (IMMH) will give practitioners a holistic approach to successfully diagnose and treat underlying issues contributing to the manifestations of neurological, behavioral, and psychiatric disorders. Research has revealed that many disorders such as depression, bipolar disorder, anxiety, OCD, eating disorders, and autism spectrum disorders often have biomedical causes that contribute to symptoms, from nutritional deficiencies to chronic infections. Patients have better outcomes when these causes are addressed and treated through a combination of specialized testing and nutritional therapies, even in combination with traditional approaches. This year’s conference will have more new speakers and new topics than ever before! CME available!

WWW.IMMH2018.COM

JUNE/JULY 2018

TEXAS TECH UNIVERSITY HEALTH SCIENCES CENTER

CHAIR, DEPARTMENT OF PSYCHIATRY

Texas Tech University Health Sciences Center (TTUHSC) is seeking an experienced physician for the position of Chair of the Department of Psychiatry for the Lubbock campus. We are looking for an individual with proven leadership skills who enjoys direct patient care, teaching medical student and residents and inspires and energizes faculty and staff. TTUHSC has a vibrant medical community and we take particular pride in our diverse and talented staff, compassionate clinicians, inter-disciplinary teams of talented providers, and dedicated teachers. TTUHSC has established itself as a leader in education and patient care and is building a top-ranked research environment with significant studies under way in areas of aging, cancer, reproduction, genetic diseases, rural health, and telemedicine. This position offers an exceptional opportunity to develop partnerships and will require strong communication skills, in order to maintain relationships with leaders of the Health Sciences Center, and our affiliated teaching hospitals, Covenant Medical Center and University Medical Center.

The Chair of Psychiatry reports to the Dean of the School of Medicine of TTUHSC. The Chair will be responsible for the full scope of the academic and clinical activities of the department. The Department of Psychiatry provides a wide range of multidisciplinary patient care services. We are a physician led integrated system and the new Chair will help to define the Department’s goals, lead others and do incredible work. The new Chair will be part of a Department that truly improves the lives of individuals and communities. At TTUHSC we take the opportunity to do something remarkable every single day. The Chair will work with seven physicians, 16 residents, four advanced practice providers as well as psychologists and counselors who divide their time between direct patient care and teaching.

The Search Committee will begin reviewing candidates immediately and will continue until the position is filled. For priority consideration, please apply by September 1st, 2018. Applications should include a detailed curriculum vitae and a letter of interest that highlight the applicant’s personal vision and relevant leadership experience. To ensure full consideration, inquiries, nominations and applications should be submitted electronically in confidence, to:

Sarah.Harris@ttuhsc.edu
Sarah Harris, FASPR, Director of Faculty Recruitment and Enrollment at TTUHSC

Build your legacy with us:

TTUHSC – School of Medicine: https://www.ttuhsc.edu/medicine/
Texas Tech Physicians Clinics: https://texastechphysicians.com/
TTUHSC Department of Psychiatry: https://www.ttuhsc.edu/medicine/psychiatry/

Applicants will be required to apply at the following link (14126BH):
https://jobs.ttuhsc.edu/department-chairperson/job/8540528

As an EEO/AA employer, the Texas Tech University System and its components will not discriminate in our employment practices based on an applicant’s race, ethnicity, color, religion, sex, sexual orientation, gender identity, national origin, age, disability, genetic information or status as a protected veteran.

As an EEO/AA employer, the Texas Tech University System and its components will not discriminate in our employment practices based on an applicant’s race, ethnicity, color, religion, sex, sexual orientation, gender identity, national origin, age, disability, genetic information or status as a protected veteran.
We’ve got you covered.

For over 40 years, we have provided psychiatrists with exceptional protection and personalized service. We offer comprehensive insurance coverage and superior risk management support through an “A” rated carrier. In addition to superior protection, our clients receive individual attention, underwriting expertise, and, where approved by states, premium discounts.

Endorsed by the American Psychiatric Association, our Professional Liability Program Provides:

- Risk Management Hotline 24/7 should an emergency arise
- Insuring Company rated “A” (Excellent) by A.M. Best
- Telepsychiatry, ECT Coverage & Forensic Psychiatric Services are included
- Many discounts, including Claims-Free, New Business & No Surcharge for Claims (subject to state approval)
- Interest-free quarterly payments/credit cards accepted

Visit us at apamalpractice.com or call 877.740.1777 to learn more.

American Professional Agency, Inc.

LEADERS IN PSYCHIATRIC MEDICAL LIABILITY INSURANCE

The TEXAS PSYCHIATRIST is published 5 times a year in February, April, June, August, and October. Members of Federation member organizations are encouraged to submit articles for possible publication. Deadline for submitting copy to the Federation Executive Office is the first day of the publication month. Copy must be edited, acceptable for publication.

Display advertising is available and publication is determined on a case by case basis by the Editorial Board. The Editorial Board reserves the sole right to accept or reject any submitted advertising copy.

EDITORIAL BOARD
Federation Executive Committee

MANAGING EDITOR
Debbie Giarratano

Federation of Texas Psychiatry
401 West 15th Street, Suite 675
Austin, Texas 78701
(512) 478-0605/(512) 478-5223 (FAX)
TxPsychiatry@aol.com (E-mail)
http://www.txpsych.org (website)

JOB BANK

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation’s JOB BANK on its website at www.txpsych.org. The Federation's JOB BANK could be just what you have been looking for.

CALENDAR OF MEETINGS

2018 TSCAP Annual Convention & Scientific Program
July, 27-29, 2018
Moody Gardens Hotel
Galveston, Texas

JULY
27-29 Texas Society of Child and Adolescent Psychiatry Annual Meeting and Scientific Program
“Update in Child and Adolescent Psychiatric Care: Challenges and Innovations in Practice”
Moody Gardens Hotel, Galveston, Texas
For additional information: www.txpsych.org or email tscapofc@aol.com

NOVEMBER
9-11 Texas Society of Psychiatric Physicians 62nd Annual Convention & Scientific Program
“Psychiatry and Public Health and Its Implications for Clinical Practice”
Omni Fort Worth Hotel, Fort Worth
Reservations: TSPP Discounted Room Rate of $179 Single or Double Occupancy, before September 24 – www.txpsych.org
Call 1-800-THE-OMNI and refer to Texas Society of Psychiatric Physicians, TSPP Annual Convention & Scientific Program.

APRIL 2019
26-28 Texas Society of Psychiatric Physicians and Texas Academy of Psychiatry Spring Meeting and CME Program
Westin Austin at the Domain Hotel, Austin, Texas