Psychologists prescribing legislation was also recently considered in Indiana and Ohio, and all indications are that it will soon be considered in Idaho, California, North Dakota, Kentucky, New York, New Jersey, Vermont and Texas.

The Texas Nurses Association is presently working on a bill to allow Advanced Practice Registered Nurses the authority to prescribe independently of a physician’s delegation and supervision. They cite a Texas economic study that suggests that the total impact of APNR full practice for Texas could be in excess of $16 billion and add 97,000 new jobs to Texas. They point to lower reimbursements for APNRs, reduced educational expenses, and increased access to care as positive benefits.

In recent years, the Texas Board of Nursing has received an increasing number of complaints about APNRs in pain clinics prescribing medications to patients in dangerous combinations or in amounts that pose a greater risk of harm than help, according to the agency’s “self evaluation” report filed with the Texas Sunset Advisory Commission in September. In fiscal years 2014 and 2015, the state nursing board’s legal department fielded 44 non-therapeutic prescription complaints. This trend has significantly strained the nursing board’s resources to prosecute effectively, the report said.

NHALOZENE
In 2010, overdose on prescription opioids led to more deaths than overdose on heroin by a large margin (16,651 to 3,006). Naloxone can quickly reverse the symptoms of an opioid or heroin overdose and save a person’s life. This year, Walgreens announced that they will make naloxone (known as Naran), available over the counter in Walgreens pharmacies in 35 states and Washington, D.C. Walgreens hopes to curb the number of opioid overdose related deaths by increasing access to the lifesaving drug.

Walgreens is also installing medication disposal kiosks in more than 500 drugstores in 39 states and Washington, D.C. The disposal kiosks will allow anyone to freely and conveniently dispose of their unwanted, unused, or expired prescriptions, decreasing the risk of prescription drugs ending up in the hands of someone they were not intended for.

SUPER-UTILIZERS
In Texas, law enforcement officers are typically the first to respond to a person in a psychiatric crisis, even in the case of a non-criminal incident. Often, these people are brought into emergency care and if there are not enough beds at the medical facility then they re-routed to a local jail. Neither the emergency medical facility nor the jail has the capacity to treat chronic mental health conditions, leading to a situation where people in psychiatric stress are routinely not getting appropriate treatment.

The high rate of recidivism in this population of “super-utilizers” places a large financial and operational strain on medical and criminal justice systems. Currently, there is a severe lack of adequate, ongoing intensive treatment and housing options available to super-utilizers. In the absence of access to appropriate treatment, these band-aid fixes are the only options available to this population in times of psychiatric crises.

In 2013, 40,000 super-utilizers lived in the state of Texas. 22,006 of these people lived under the 300% federal poverty guideline. The Texas Medicaid 1115 Transformation and Quality Improvement Waiver helped Texas expand the behavioral and mental health services available under their Medicaid programs. Medicaid-eligible adults now have access to crisis intervention, medical training and support, skills training, case management and psychosocial rehabilitative services.

OTHER STATE APPROACHES TO SUPER-UTILIZERS
Washington: Many states suspend or terminate a person’s Medicaid benefits when they go to jail, making it difficult to get access to care once they are released. Washington did a study to explore whether enrolling people with severe mental illness in Medicaid before their release from prison would increase their use of community mental health services and reduce recidivism. They found increases in use of general medical services and community mental health services, but no reduction in criminal recidivism.

Georgia: Many states, including Texas, are exploring alternative court systems, like drug courts and mental health courts, that incorporate treatment located in the community. Georgia is also focusing on re-entry and training programs for inmates to get job certifications before they are released. These approaches have led to two charter schools being able to go into prisons to help inmates get a high school diploma rather than a GED, expanded drug courts with a goal of reducing recidivism and re-classified lesser offenders as “Children in Need of Services.”

Maryland: Sinai Hospital flagged 318 high utilizers, and in response, piloted a care-coordination program that included coordinated medical care over several months in addition to assistance with transportation and finding access to community resources. One year into the three-year pilot they’ve eliminated 1,600 emergency visits and earned back their investment.

Florida: Miami-Dade county has one of the nation’s largest ratio of people living with mental illness in an urban community, and a recent report determined that those found guilty of a crime typically stay in jail four to eight times longer than people without mental illness who committed the same offense. In response, the county launched the Criminal Mental Health Project (CMHP) - a program that diverts people with mental illness away from the criminal justice system and into treatments provided in their communities. Those who choose or who are ordered to enter the CMHP receive a mental health treatment plan, temporary housing and other public assistance ranging from Medicaid to supplemental income depending on their qualifications. They are also assigned a peer specialist to help guide them through the program. Recidivism rates for CMHP participants has dropped from 75 percent to 20 percent a year in the county.

ELECTION RESULTS
The May 24th runoff in Texas proved rough for incumbents. Two House GOP incumbents – Doug Miller of New Braunfels and Wayne Smith of Baytown – lost to challengers. In the Texas Senate, we saw Rep. Bryan Hughes defeat his House colleague David Simpson in SD1 and Abilene state Rep. Susan King was defeated by ophthalmologist Dr. Dawn Buckingham in SD24. The contest that drew the most attention nationwide was at the State Board of Education. Candidate Mary Lou Bruner became notorious for her allegations that President Obama had worked as a gay prostitute. After the news went viral she was handily defeated by Lufkin school board president Kevin Ellis.

Please let the Federation know if you have any questions, concerns or comments about these or other issues facing the Texas Legislature.
TSCAP Annual Convention & Scientific Program
“Navigating the Perils of Childhood”
July 22-24, 2016 • Westin Riverwalk Hotel • San Antonio, Texas

GENERAL INFORMATION

MEETING LOCATION
TSCAP’s Annual Convention and Scientific Program will be held at the Westin Riverwalk Hotel, recently honored as one of the World’s Best Places to Stay by Conde Nast Traveler’s acclaimed Gold List. Located at 120 W. Market Street, on the banks of the historic Riverwalk the Westin Riverwalk, San Antonio Hotel features an on-site restaurant, bar, coffee shop, Woodhouse Day Spa services, Westin WORKOUT® fitness center, and a full-service business center, and Westin’s Heavenly Bed® amenities in all of the luxurious guest rooms. The Westin Riverwalk offers guests direct access to one of the most charming and beloved Texas destinations, the San Antonio Riverwalk. Whether you set out on foot or, by the water taxis that pick up out of the hotel on the banks of the River, the hotel’s location overlooking the River Walk invites you to explore the myriad shops, restaurants, and entertainment venues that line the banks of the San Antonio River as it winds through downtown.

Wander a bit further and you’ll discover rich sites of culture and the arts. Breathe in some Texas history at The Alamo and the Spanish Governor’s Palace, stroll through Market Square and La Villita, San Antonio’s historic arts village, or sip a cold microbrew at the Historic Pearl Brewery. The hotel is also within easy reach of the cutting-edge Blue Star Arts Complex.

Great family attractions, including the San Antonio Zoo and Six Flags Fiesta Texas, are just short trips from the hotel.

HOTEL RESERVATIONS
Special TSCAP discounted room rates are available to program registrants BEFORE JUNE 14 upon sell-out, whichever occurs first. Make your hotel reservation today by calling Central Reservations at 1-888-627-8936 or visit www.tscap.org and click on the following link in the TSCAP Program Information: http://www.starwoodmeeting.com/StarGroups. Web/ids=16011438986&key=DA0995C

TSCAP discounted room rates:
$185 Traditional King City Side / $199 Traditional Double-Doubles City Side
$210 King Deluxe Riverside / $224 Deluxe Double-Doubles Riverside

Discounted valet parking available for TSCAP meeting registrants and guests July 20-24 at the rate of $25.00, or a self-parking lot is available across from the hotel.

OPENING WELCOME RECEPTION WITH EXHIBITORS
Make plans to attend the complimentary Fiesta Welcome Reception with Exhibitors on Friday evening, 6:30 pm - 8:30 pm, Navarro B Room, Ballroom Level. Visit throughout the evening with your friends, colleagues and exhibitors in a fun-filled, relaxing atmosphere and complete your entry for the special door prize drawings to be awarded on Saturday!

EXHIBITS
TSCAP’s Welcome Reception, Continental Breakfasts and Refreshment Breaks, will be held in the Navarro B Room, Ballroom Level of the Westin Riverwalk Hotel. Exhibits will be open throughout the evening Friday, and all day Saturday and provide you with information designed to enhance your practice and help improve the overall delivery of medical care to your patients. In addition, there will be "job fair" exhibitors who have employment opportunities for Psychiatrists in the State of Texas.

Welcome Reception – Friday 6:30 – 8:30 pm
Continental Breakfast – Saturday 7:30 am - 8:00 am
Refreshment Break and Door Prize Drawings – Saturday 10:30 am - 10:50 am
Refreshment Break and Door Prize Drawings – Saturday 11:30 am - 12:10 pm
Refreshment Break with Exhibitors and Door Prize Drawings – Saturday 1:10 pm - 1:30 pm
Exhibit Hall Tour by Texas Child and Adolescent Psychiatry – Saturday 3:00 pm - 4:00 pm

EXHIBITORS
American Professional Agency, Inc.
Jackson County Health & Human Services Meridian Achievement Center
Professional Risk Management Services, Inc.
San Marcos Treatment Center
Texas Medicaid Wellness Program

ANNUAL MEETING BREAKFAST
The Annual TSCAP Business Meeting and Breakfast will be held Sunday, 7:45 am - 8:45 am in the Navarro B Room, Ballroom Level.

REGISTRATION

Check the box in the Amount of $, Make Checks payable to Texas Society of Child and Adolescent Psychiatry

Charge to: □ VISA □ MasterCard □ American Express
Credit Card #: ___________________________ Expiration Date: ____________

If you require any special accommodations to fully participate in this conference, please contact TSCAP’s mailing office at 312-419-8900.

TOTAL REGISTRATION

PAGES 411-412

MAIL... (pay by credit card or check)
Texas Society of Child and Adolescent Psychiatrists
3010 35th Street, Suite 671, Austin, TX 78705
(please provide credit card information)
ONLINE... http://www.tscap.org

If you require any special accommodations to fully participate in this conference, please contact TSCAP’s mailing office at 312-419-8900.

CANCELLATIONS – Deadline for cancellations is June 14, 2016. In the event of cancellation, a full refund will be made if written notice is received in the TSCAP office by June 14, 2016, less a 25% handling charge. No refunds thereafter, June 16, 2016.
S C I E N T I F I C  P R O G R A M  S C H E D U L E

Saturday, July 23 (5 Hours Category I CME Credit Hours)
8:00 - 8:30 am Welcome & Opening Remarks
8:30 - 9:30 am KEYNOTE: Sexting, Cyberbullying and Adolescent Health
Jeff R. Temple, Ph.D.
Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
• Identify internet risks for children and adolescents.
9:30 - 10:30 am Psychopharmacology’s Role in the Management of Autism
Melissa S. DeFilippis, M.D.
Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
• Describe current practice pharmacologic recommendations for child and adolescents with autism.
10:30 - 10:50 am Refreshment Break
David L. Atkinson, M.D.
Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
• Explore risk management and liability exposures when using telepsychiatry with patients.
11:50 - 12:10 pm Refreshment Break
12:10 - 1:10 pm Resident Case Presentation and Faculty Discussant: Co-therapy with a Complex Adoptive Family
Adina Campbell, MD
William Lee, MD
Faculty: Brigitte Bailey, M.D.
1:10 - 1:30 pm Refreshment Break
1:30 - 2:30 pm Sex Trafficking of Domestic Minors
Brigitte Bailey, M.D.
Connie Zajicek, M.D.
Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
• Assess the impact and need for treatment of men involved in sex trafficking.
2:30 - 2:45 pm Closing Remarks

Sunday, July 24 (3 Hours Category I CME Credit Hours)
8:45 - 9:15 am Welcome & Opening Remarks
9:15 - 10:15 am ETHICS: Overcoming Barriers to Implementation in Telepsychiatry
Moira Wertheimer, Esq., RN, CPHRM
Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
• Recognize ethical, policy and legal considerations when using telepsychiatry with patients.
• Understand professional boundary and safety and security considerations as well as general standard of care issues when using telepsychiatry.
• Explore risk management and liability exposures when using telepsychiatry and identify risk mitigation strategies.
10:15 - 10:30 am Refreshment Break
10:30 - 11:30 am ETHICS: Providing Quality of Care to Children: Meeting Your Professional Responsibilities in the Face of Pre-Authorizations and Formulary Changes
Emile Attwell Becker, M.D.
Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
• Effect their professional responsibilities in the face of pre-authorization and formulary changes and establish ways to provide the best care for their patients despite insurance limitations.
11:30 - 12:30 pm Making Add-On Psychotherapy Really Mean Something
Joseph Blader, Ph.D.
Meadows Foundation & Semps Russ Professor of Child Psychiatry
Departments of Psychiatry and Pediatrics
University of Texas Health Science Center at San Antonio
San Antonio, Texas
Objective: The learning objective for this activity has been designed to address clinician competence. Upon conclusion of the activity participants should be able to:
• Identify ways to utilize psychotherapy during medication appointments

ACCREDITATION STATEMENT
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of the Texas Society of Psychiatric Physicians and the Texas Society of Child and Adolescent Psychiatry. The Texas Society of Psychiatric Physicians is accredited by TMA to provide continuing education for physicians.

CREDIT STATEMENT
The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of eight (8) AMA PRA Category I Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ETHICS DESIGNATION STATEMENT
The presentation ‘ETHICS: Overcoming Barriers to Implementation in Telepsychiatry’ and the presentation ‘ETHICS: Providing Quality of Care to Children: Meeting Your Professional Responsibilities in the Face of Pre-Authorizations and Formulary Changes have been designated by the Texas Society of Psychiatric Physicians for a total of two (2) credits of education in medical ethics and/or professional responsibility.

TARGET AUDIENCE/PROGRAM OBJECTIVES
This live activity has been designed with didactic lectures supplemented with clinical vignettes, audiosvisual presentations, direct discussion and case presentation and discussion in multiple educational sessions. The program is designed to provide its’ target audience of Child and Adolescent Psychiatrists, Adult Psychiatrists, Pediatrics and Primary Care Physicians with clinically relevant information to advance the physicians’ competence and provide them with effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

NEEDS ASSESSMENT
TSCP has incorporated into this CME activity the relevant educational needs concerning the practical professional gaps of the participants.

FACULTY AND PLANNERS DISCLOSURE POLICY
In compliance with the ACCME/TMA Standards for Commercial Support of CME, to assure balance, independence, objectivity and scientific rigor in all of its CME activities, prior to the education activity being delivered to the learners, the Texas Society of Psychiatric Physicians implemented a mechanism to identify and resolve personal conflicts of interest from everyone who was in a position to control the content of the education activity. TSP will disclose to learners the existence (or non-existence) of all relevant financial relationships that the faculty and planners did (or did not) have with any commercial interest concerned with the content of the educational presentation. Disclosure will occur prior to the presentation through written communication in the syllabus/ handout materials.

ABOUT THE SPEAKERS

David L. Atkinson, M.D.
Assistant Professor
Department of Psychiatry
UT Southwestern Medical Center
Dallas, Texas
Brigitte Bailey, M.D.
Program Director Child and Adolescent Psychiatry
Associate Professor
UTHSCSA Department of Psychiatry
Child and Adolescent Division
Medical Director
KCI Childrens Shelter Research and Treatment Center, SAT
Co-Director of Psychiatric Services, Texas Youth Commission, SAT
Medical Staff, The University Hospital Systems
Faculty Physician, The Child Guidance Center
San Antonio, Texas
Emilie Attwell Becker, M.D.
Mental Health Medical Director
Texas Medicaid and CHIP Program
Austin, Texas
Joseph Blader, Ph.D.
Meadows Foundation & Semps Russ Professor of Child Psychiatry
Departments of Psychiatry and Pediatrics
University of Texas Health Science Center at San Antonio
San Antonio, Texas
Adina Campbell, MD
Child and Adolescent Psychiatry Resident - 2nd Year
UTHSCSA
San Antonio, Texas
Melissa S. DeFilippis, M.D.
Assistant Professor
Department of Psychiatry
Director, Child and Adolescent Division
UTHMB Health – Galveston, Texas
William Lee, MD
Child and Adolescent Psychiatry Resident - 2nd Year
UTHSCSA
San Antonio, Texas
Jeff R. Temple, Ph.D.
Associate Professor and Psychologist
Director, Behavioral Health and Research
Department of OB/Gyn
UTHMB Health – Galveston, Texas
Moira Wertheimer, Esq., RN, CPHRM
Assistant Vice President
Psychiatric Risk Management Group
BHCOE Services Company
Member Company of Allied World
President
Connecticut Society of Healthcare Risk Management
Farmington, Connecticut
Connie Zajicek, M.D.
Assistant Professor of Psychiatry
Department of Psychiatry and Behavioral Sciences
UTHMB
Child and Adolescent Division
Medical Staff, Harris County Psychiatric Center
Houston, Texas
Congratulations!

Stephen V. Marcoux, MD, Captain, USAF, MC, TSPP Resident Fellow, Member Section Chairman, was elected APA Area 5 RFM Deputy Representative.

Become a Fellow of the APA/TSSP

Earn the FA PA Designation - Eligibility Requirements:

1. Must be current APA/TSSP General Member or Life Member in Good Standing
2. Certification by the ABP, the Royal College of Physicians and Surgeons of Canada, or the American Osteopathic Association.
3. 30-day review period for TSSP to offer comments about the Fellowship Candidate
4. Approval by the APA Membership Committee in October
5. Approval by the APA Board of Trustees in December
6. Apply before September 1

For an application visit https://www.psychiatry.org/join-apa/become-a-fellow

Not A Member Of Your State Medical Specialty Professional Society?

For membership in the
Texas Society of Psychiatrists Physicians and American Psychiatric Association
Visit www.psych.org to download a dual membership application or contact: tspofc@aol.com

Texas Academy of Psychiatry
Visit www.txpsych.org to download a membership application or contact tppsychiatry@aol.com

For membership in the
Texas Society of Child and Adolescent Psychiatry and American Academy of Child and Adolescent Psychiatry
Visit www.aacap.org to download a dual membership application or contact: tscapo@aol.com

New Officers Installed

At the conclusion of the May 6-8 TSSP/TAP Spring Meeting at the Renaissance Austin Hotel in Austin, four organizations of the Federation installed new officers for fiscal year 2016-17. Congratulations!

Federation of Texas Psychiatry
Chairman - Debra Atkinson, MD, Fort Worth
Vice Chairman for Education - Brigitte V. Bailey, MD, San Antonio
Vice Chairman for Public Policy - J. Clay Sawyer, MD, Waco
Secretary-Treasurer - Lynda Parker, MD, Georgetown

Texas Society of Psychiatric Physicians
President - Daryl K. Knox, MD, Houston
President-Elect - Terry C. McMahon, MD, Lubbock
Secretary-Treasurer - Beningo J. Fernandez, MD, San Antonio
Immediate Past President - Daniel Pearson, III, MD, Dallas

Texas Academy of Psychiatry
President - Lynda M. Parker, MD, Georgetown
President-Elect - Stuart D. Crane, MD, Alpine
Secretary-Treasurer - Debra Atkinson, MD, Fort Worth
Immediate Past President - Gary L. Euter, MD, Fort Worth

Texas Foundation for Psychiatric Education and Research
Chairman - J. Clay Sawyer, MD, Waco
Vice Chairman - Richard L. Noel, MD, Houston
Treasurer - Gary L. Euter, MD, Fort Worth

The Texas Society of Child and Adolescent Psychiatry will install their new Officers during the TSCAP Annual Convention, July 22-24, at the Westin Riverwalk Hotel in San Antonio.

New TSPP President Daryl K. Knox, MD (left) receives the President’s gavel from outgoing President, Daniel Pearson, III, MD

Outgoing President Daniel Pearson, III, MD (right) receives plaque in honor of his service as President from incoming President Daryl K. Knox, MD

Newly Installed Officers for 2016-17, President Daryl K. Knox, MD (left); President-Elect Terry McMahon, MD (center) and Immediate Past President Daniel Parson, III, MD (right).

Newly Installed Officers

Newly Installed Officers for 2016-17, President Daryl K. Knox, MD (left); President-Elect Terry McMahon, MD (center) and Immediate Past President Daniel Parson, III, MD (right).

PSYCHIATRY–SPECIFIC COVERAGE

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In California, exclusively through Professional Risk Management and Insurance Services, Inc.

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June/July 2016

Texas Psychiatrist
THE EVOLUTION of PSYCHIATRY
Past Accomplishments and Future Endeavors

SPECIAL EVENTS
THURSDAY – GOLF OUTING:
For convention attendees, golf and golf enthusiasts arriving early, TSSP members are arranging a tee-time for a group play. If you are interested in playing, please be sure to check the Golf Section box on the TSSP Registration Form and additional information will be emailed to you.

THURSDAY – NETWORKING / SOCIAL MIXER FOR TSSP RESIDENT-FELLOW MEMBERS: The TSSP Resident-Fellow Members Section has arranged a special networking event for all TSSP, TSCAP Medical Students and Residents members on Friday.

FRIDAY – “CAREER LIFESTYLE: LOCUM TENENS” PROGRAM – TEXAS ACADEMY OF PSYCHIATRY: Exploring alternatives to practice, the Texas Academy of Psychiatry will conduct a complimentary program on “Career Lifestyle: Locum Tenens” for TAP members on Friday. TAP Members, to register for this complimentary program and reserve your seat, to be held on Friday, 2:00-3:30 pm, please complete the registration form.

The program is open to all TSSP and TSCAP members and you may register for a nominal registration fee - see registration form. Or, if you are not a member of TAP, but are a member of TSSP or TSCAP, and would like to attend the program, you may join TAP as an Affiliate Member for $25.00 and attend the program free! For more information contact tpspsychiatry@att.com or visit the TAP website at www.txpsych.org.

FRIDAY – SPECIAL PROGRAMS FOR RESIDENTS – RESIDENT FELLOW SECTION PROGRAM AND ACADEMIC PSYCHIATRY PROGRAM FOR RESIDENTS ON “RESIDENT WELLNESS”: The TSSP Resident-Fellow Member Section has planned a special program for all TSSP/TAP TSCAP Medical Students and Residents members on Consultation/Liaison Psychiatry, Psychosomatic Medicine and Update on Mental Health Policy from 1:30 pm-2:30 pm to be followed by a program by the Academic Psychiatry Committee on “Resident Wellness” from 2:40 pm – 3:30 pm. Register early and reserve your seat to attend these special programs.

UTMB DEPT OF PSYCHIATRY ALUMNI MEETING: The UTMB Department of Psychiatry Alumni (formerly known as the Titus Harris Society) has scheduled a dinner on Friday 8:30 pm - 10:00 pm following the TSSP Welcome Reception.

For additional information and to register for the dinner, contact Maria Villarreal at 409-771-4713.

JUNE/ JULY 2016
TEXAS PSYCHIATRIST 5
SCIENTIFIC PROGRAM

“Evolution Of Psychiatry – Past Accomplishments And Future Endeavors”

SCIENTIFIC PROGRAM SCHEDULE

SATURDAY, NOVEMBER 12

8:15 am -8:30 am Opening Remarks

8:30 am -10:30 am EVOLUTION AND FUTURE DIRECTIONS IN PSYCHOPHARMACOLOGY AND TREATMENT OF ANXIETY DISORDERS

Speakers TBD

Professional practice gap: Psychopharmacology approaches to the treatment of anxiety disorders are rapidly evolving. The speaker will discuss current psychopharmacology treatment of anxiety disorders. The activity is designed to improve knowledge of evolving treatment approaches for anxiety disorders which are cost-effective and efficacious.

Objectives:
1. Describe the role of psychopharmacology in the treatment of anxiety disorders.
2. Discuss DSM-5 differential diagnostic criteria for diagnosing anxiety disorders.

10:30 am -10:30 am Refreshment Break

10:50 am -11:50 am EVOLUTION AND FUTURE DIRECTIONS IN THE TREATMENT OF NEUROINFLAMMATION – AN UNDERLYING MECHANISM OF DEPRESSION

Marisa S. Toups, MD

Professional practice gap: Neuroinflammation is known to be an underlying mechanism of depression. According to the WHO, depression is one of the most prevalent serious brain disorders and the primary cause of disability in the world. There is a gap in knowledge of the mechanisms involved in neuroinflammation and depression and the specific triggers involved to avoid in neuroinflammation. Cell-mediated immune response, inflammatory and autonomic stress pathways and their regular play a role in the pathophysiology of depression.

The activity is designed to change the competence of educating participants on the mechanisms involved in neuroinflammation and depression and the specific triggers involved to avoid in neuroinflammation.

Objectives:
1. Describe the role and mechanism of inflammation and the relationship to depression.
2. Discuss the application of the knowledge of inflammation in the treatment of depression and the inflammatory triggers involved to avoid in the treatment of depression.

11:50 am -12:10 pm Refreshment Break

12:10 pm -1:30 pm Lunch

1:30 pm -2:30 pm TEXAS RECOVERY TO PRACTICE IN PSYCHIATRY PROGRAM

Joan M. Zavala, MD

Professional practice gap: Psychiatric rehabilitation in the form of Recovery was developed as a means to address deficits in mental health services that focus mainly on pharmaceutical intervention. Recovery focuses independently by helping to develop skills for daily living, interpersonal interactions, education and employment in order to enhance a person’s ability to live in the community successfully and to reach their full potential.

Objectives:
1. Describe the basic principles of Recovery.
2. Discuss a Recovery-oriented approach and a traditional approach to behavioral health care.
3. Recognize that Recovery principles can be used to deliver integrated treatment for multiple issues in a variety of settings and circumstances.

2:30 pm -2:50 pm Refreshment Break

2:50 pm -4:50 pm EVOLUTION AND FUTURE DIRECTIONS IN PSYCHOPHARMACOLOGY & NEWER MEDICATIONS/DRUG INTERACTIONS

Speaker TBD

Professional practice gap: The professional practice gap being addressed is knowledge regarding potential drug-drug interactions between newly released psychotropic medications and commonly used medications in primary care settings. Polypharmacy may lead to adverse outcomes including increased morbidity and mortality, hospitalization, and decreased quality of life.

The activity is designed to educate participants regarding common and potentially harmful medication interactions.

Objectives:
1. Identify common drug-drug interactions between recently released psychotropic medications and commonly used medications in primary care.
2. Describe presenting symptoms patients’ experience with commonly seen psychotropic medication interactions.

4:50 pm -5:00 pm Closing Remarks

SUNDAY, NOVEMBER 13

8:15 am -8:30 am Opening Remarks

8:30 am -9:30 am BOTOTO TREATMENT OF DEPRESSION – MICHELLE MAGID, MD

Professional practice gap: Many of the traditional treatment approaches for depression are either ineffective or unacceptable for some patients. There have been a small number of studies indicating the use of botulinum toxin may be an alternative means of treatment for some depressed patients. Though larger studies are needed, the use of botulinum toxin is emerging as a potential treatment modality for patients with major depressive disorder. The activity is designed to educate participants regarding the current literature on the use of botulinum toxin for the treatment of depression.

Objectives:
1. Describe the evidence that led to the use of botulinum toxin for the treatment of depression.
2. Identify the current status of the use of botulinum toxin for the treatment of depression.

9:30 am -10:30 am EVOLUTION AND FUTURE DIRECTIONS IN THE PSYCHOPHARMACOLOGICAL TREATMENT OF PREGNANCY AND POSTPARTUM

Lucy J. Puryear, MD

Professional practice gap: This session addresses the risks and benefits of prescribing psychotropic medications during pregnancy. Recent literature has been conflicting at times regarding the relative safety of antidepressants during pregnancy and the potential outcomes for teratogenic effects and development. Other medications such as antipsychotics and mood stabilizers have differing levels of teratogenic effects and are often considered in the context of poorly controlled schizophrenia or bipolar illness in pregnancy. The activity is designed to enhance the knowledge of participants in the relative risks and benefits of psychotropic medication use in pregnancy, treatment alternatives, and the risk of uncontrolled psychosis and mood disorders.

Objectives:
1. Describe the relative risks and benefits of psychotropic medications in the first, second, and third trimesters of pregnancy.
2. Discuss alternative treatments of psychiatric disorders during pregnancy.

10:30 am -10:45 am Refreshment Break

10:45 am -12:45 pm MENTAL HEALTH LITERACY AND WHY IT MATTERS

John Z. Sadler, MD

Professional practice gap: Ethical practice and research in psychiatry continue to be challenging with emerging biotechnologies, funding challenges, and conflicting ethical principles. This presentation will discuss commonly encountered ethical challenges, prioritizing ethical principles, and how and when to seek ethical consultation in practice and research.

The activity is designed to improve the knowledge of participants regarding commonly encountered ethical challenges and how to seek ethical consultation when needed.

Objectives:
1. Describe the common ethical principles encountered in research and practice and how these principles may conflict with one another.
2. Identify sources of ethical consultation and where to seek consultation.

12:45 pm -1:00 pm Closing Remarks

ACCREDITATION

The Texas Society of Psychiatric Physicians designates this Live Activity for a maximum of ten (10) AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The presentation entitled “Mental Health Literacy and Why It Matters” has been designated by the Texas Society of Psychiatric Physicians for two (2) hours of education in medical ethics and/or professional responsibility.

SCIENTIFIC PROGRAM GOALS / TARGET AUDIENCE / LEARNING OBJECTIVES

This live activity has been designed in a format consisting of case study presentations, lectures and direct discussion to provide its primary target audience of Psychiatrists, as well as other specialties of medicine, with the most up-to-date, evidence-based data that can be translated into clinical practice.

Information and data will address, new developments in treatments and new directions in research to address the professional practice gaps of the learners and advance the physicians’ competence and effective use of targeted skills so that they may develop strategies to apply the knowledge, skills and judgement of the information presented in the educational activity into their practice.

The learning objectives for this activity have been designed to address clinician competence.

NEEDS ASSESSMENT

TSPP has incorporated into this CME activity the relevant educational needs concerning competence that underlie the professional practice gaps of our participants.

FACULTY AND STAFF DISCLOSURE POLICY

The Texas Society of Psychiatric Physicians will disclose to participants the existence of any relevant financial relationships between faculty members, TSPP staff and members, who planned, authored, contributed to, and/or reviewed the content of this activity, and any commercial interest discussed in this educational activity. Disclosure will occur through written communication in the syllabus / handout material.

ABOUT THE SPEAKERS

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Volunteer Faculty, Psychiatry Residency Program
Clinical Associate Professor
UT Texas A&M Health Science Center
Adult Psychiatry & Psychotherapy
Austin, TX

LUCY J. PURYEAR, MD

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The Wom en’s Place – Center for Reproductive Psychiatry
Co-Director, The Menopause Center at Texas Children’s Pavilion for Women
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JUNE/JULY 2016

TEXAS PSYCHIATRY
Texas Society of Psychiatric Physicians

60TH ANNUAL CONVENTION AND SCIENTIFIC PROGRAM

November 11-13, 2016 • Marriott Quorum by the Galleria Hotel • Dallas-Addison, Texas

Awards

Dr. Spencer Bayles
Outstanding TSPP Member Award

This award named in memory of Dr. Spencer Bayles was established in 2010 to recognize members for outstanding and consistent participation in TSPP activities. The award will be presented during TSPP’s Annual Business Luncheon on Saturday, November 12 so please plan to attend and thank your fellow colleague for his outstanding volunteer service. This year’s recipient are:

Katherine A. Cowan, MD
Houston
Jordan Yee, MD
Fort Worth

David Pharis Award
The David Pharis award will be presented by the Department of State Health Services and TSPP to recognize significant contributions to safety and quality inpatient care and outcomes in State Hospitals. This year’s award will be presented during TSPP’s Annual Business Luncheon on Saturday, November 12. Please attend and express your appreciation to the organization selected for this degree of excellence.

Methods of Payment:

1. Check in the amount of $________________________
2. Make check payable to Texas Society of Psychiatric Physicians
3. Charge to VISA MasterCard American Express

R egistration Fees

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Texas Society of Psychiatric Physicians

60th Annual Convention & Scientific Program

November 11-13, 2016 • Marriott Quorum by the Galleria Hotel, Dallas-Addison, Texas

Please complete and return it with your check, money order or credit card information for your registration and event fees to the Texas Society of Psychiatric Physicians, 401 West 15th Street, Suite 675, Austin, Texas 78701 by October 1 to receive the discounted registration fee. Registration forms and payments by credit card may be faxed to TSPP at 512/478-5223.

Method of Payment:

1. Check in the amount of $________________________
2. Make check payable to Texas Society of Psychiatric Physicians
3. Charge to VISA MasterCard American Express

Discounts: Early bird advance after August 1, before October 1, before October 1

Supplies: Each individual will receive a sincere thank you for their participation in the conference.

Cancellation Policy: In the event of cancellation, a full refund will be made if written notice is received in the TSPP office by April 18, 2016, less a 25% processing charge. No refunds will be given after April 18, 2016.

Failure to Distinguish: For all questions, please contact TSPP at 512/478-8801.

Full Payment Due by October 1

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CALENDAR OF MEETINGS

JULY
22-24 Texas Society of Child and Adolescent Psychiatry
Annual Convention and CME Program
Westin Riverwalk Hotel, 420 West Market Street, San Antonio
Reservations: 818-627-8396 Prior to June 14
Room Rate: $180 Traditional King City Side / $199 Traditional Double Double City Side
$270 King Deluxe Riverside / $224 Deluxe Double Double Riverside
For Additional Information: www.txpsych.org
or email tscapofc@aol.com

NOVEMBER
11-13 Texas Society of Psychiatric Physicians
60th Annual Convention and CME Program
Dallas/Addison Marriott Quorum by the Galleria Hotel,
14901 Dallas Parkway, Dallas
Reservations: 800-228-9290 or 972-661-2800 Prior to October 26
Room Rate $119
For Additional Information: www.txpsych.org
or email tsppofc@aol.com

JOB BANK

Whether you are looking for career opportunities or you are recruiting to fill a position in your organization, you will want to check out the Federation’s JOB BANK on its website at www.tpsych.org. The Federation’s JOB BANK could be just what you have been looking for.